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1 **Effects of memory biases on variability of temperature reconstructions**

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ABSTRACT

13 Quantifying past climate variation and attributing its causes improves our
14 understanding of the natural variability of the climate system. Tree-ring based
15 proxies have provided skilfull and highly resolved reconstructions of temper-
16 ature and hydroclimate of the last Millennium. However, like all proxies, they
17 are subject to uncertainties, arising from varying data quality, coverage and
18 reconstruction methodology. Previous studies have suggested that biological-
19 based memory processes could cause spectral biases in climate reconstruc-
20 tions. This study determines the effects of such biases on reconstructed tem-
21 perature variability and the resultant implications for detection and attribu-
22 tion studies. We find that introducing persistent memory, reflecting the spec-
23 tral properties of tree-ring data, can change the variability of pseudo proxy
24 reconstructions compared to the surrogate climate and resolve model-proxy-
25 discrepancies. This is especially the case for proxies based on ring-width data.
26 Such memory inflates the difference between the Medieval Climate Anomaly
27 and the Little Ice Age, and suppresses and extends the cooling in response to
28 volcanic eruptions. When accounting for memory effects climate model data
29 can reproduce long-term cooling after volcanic eruptions as seen in proxy re-
30 constructions. Results of detection and attribution studies show that signals
31 in reconstructions as well as residual unforced variability are consistent with
32 those in climate models when the model fingerprints reflect autoregressive
33 memory as found in tree-rings.

34 **1. Introduction**

35 Long-term climate reconstructions from natural climate archives provide the basis for quanti-
36 fying the full amount of natural climate variability and attributing variations to external forcings
37 or chaotic internal fluctuations. While tree-rings provide annually resolved and precisely dated
38 climate signal (Stokes and Smiley (1968)) and correlate well with observed temperature and pre-
39 cipitation records (Fritts (1976)), they are subject to a wide range of uncertainties (e.g. Fritts
40 (1976); Esper et al. (2004); Jones et al. (2009); Cook and Pederson (2010); Frank et al. (2010a)).
41 Here we focus on investigating the impacts of spectral biases on temperature reconstructions from
42 tree-rings, specifically impacts on low-frequency variability and response to volcanic forcing, and
43 their implications for detection and attribution studies.

44 It is well known that physiological processes within a tree can affect the climate signal and
45 induce a biological-based memory signal (Fritts (1976); Schulman et al. (1956); Matalas (1962);
46 Vaganov et al. (2010)). Fritts (1976) suggests that the storage of sugar and hormones as well as the
47 growth of leaves (needles), roots and fruits could affect the persistence of the climate signal from
48 one year to the next. Many studies have found that data based on ring width (RW) as a proxy for
49 past temperature and precipitation contains more autocorrelation and long-term memory than data
50 derived from maximum latewood density (MXD) (Esper et al. (2015); Franke et al. (2013); Zhang
51 et al. (2015b); Anchukaitis et al. (2012); Krakauer and Randerson (2003); Helama et al. (2009)).
52 It should, however, be noted that it is not clear why MXD data do not portray similar persistent
53 properties as RW. It was observed that RW underestimates and temporally extends the response to
54 volcanic eruptions compared to MXD (Frank et al. (2010a); D'Arrigo et al. (2013); Anchukaitis
55 et al. (2012); Esper et al. (2015)). Franke et al. (2013) found that RW temperature records are
56 strongly red biased compared to observations, whereas the spectral characteristics of MXD data

57 are in better agreement with observations, although they still seem biased regarding their ratio
58 of low- to high-frequency variability. Furthermore, they found that these biases propagate into
59 climate field reconstructions, which display significantly more memory than observations. Zhang
60 et al. (2015b) conducted pseudo proxy experiments in which they increased the memory in pre-
61 cipitation data from climate models for China. They observed that increased local scale memory
62 propagated into the pseudo proxy reconstruction. This modified the climate variability, with addi-
63 tional trends at certain intervals and an overall changed frequency spectrum.

64 Detection and attribution studies aim to quantify the response to external forcings in reconstruc-
65 tions and have shown that particularly volcanism, but also greenhouse gases have a detectable
66 influence on climate reconstructions of the last Millennium (Hegerl et al. (2007); Schurer et al.
67 (2013a,b)). However, previous studies have not taken reconstruction method, data availability or
68 specific proxy biases into account. Here we use pseudo proxy methods to derive fingerprints of
69 external forcings accounting for spectral biases in the proxy reconstructions.

70 Pseudo proxy experiments (PPEs, Smerdon (2011)) have provided valuable insight on effects of
71 reconstruction methods, calibration, coverage and noise properties on proxy reconstructions. Such
72 experiments involve proxy-network-like data sampling from climate model output and applying
73 proxy methods to derive reconstructions which can be tested in the virtual reality of the model
74 climate. Many pseudo proxy studies have addressed data coverage, location, calibration method
75 and influences of different noise models (e.g. Von Storch (2004); Bürger et al. (2006); Hegerl
76 et al. (2007); Von Storch et al. (2008); Lee et al. (2008); Christiansen et al. (2009); Neukom et al.
77 (2014)). It was found that the addition of noise is one of the most important factors influencing the
78 performance of the different reconstruction methods. Von Storch et al. (2008) showed that adding

79 noise to pseudo proxy data can suppress low-frequency variance of temperature anomalies in the
80 pseudo proxy reconstructions as a consequence of regression during calibration.

81 In this article, we investigate potential biases in large-scale temperature reconstructions that are
82 related to biological effects in tree-ring proxies. First we introduce our temperature datasets (sec-
83 tion 2), followed by methods for pseudo proxy experiments, data analyses and detection and attri-
84 bution in section 3. Our results are shown in section 4, where we compare the spectral properties
85 of observational and proxy data to find a suitable statistical model for pseudo proxy experiments.
86 Based on this we focus on suitable memory models and evaluate the performance of pseudo proxy
87 reconstructions. Lastly, we analyze their implications on detection and attribution analyses. We
88 discuss our results in section 5.

89 **2. Data**

90 *a. Tree-ring data*

91 We use tree-ring data provided by the Northern Hemisphere Tree-Ring Network Development
92 (N-TREND) consortium as published by Wilson et al. (2016); Anchukaitis et al. (2017). This
93 consortium is the result of a collective strategy by the dendroclimatology community to improve
94 large-scale summer temperature reconstructions. The dataset consists of 54 tree-ring chronolo-
95 gies and local reconstructions, which are selected from previously published reconstructions (Ta-
96 ble S1). Thus, the data includes informed judgments of the original authors for the most robust
97 temperature estimates for each particular location. The individual records use different tree-ring
98 parameters as temperature proxies, including 11 records derived from ring width (RW), 18 records
99 from maximum latewood density (MXD) and 25 mixed records (MIX). The mixed records consist
100 of combinations of local, regional and grid point reconstructions derived from RW, MXD and blue

101 intensity (BI) data. BI is a relatively new method to dendroclimatology and provides similar proxy
102 climate information to MXD (see Campbell et al. (2007); Björklund et al. (2014); Rydval et al.
103 (2014) for more information). A detailed table showing the details of the included proxy records
104 is given in the supplementary material.

105 The records cover the mid-latitude band between 40° N and 75° N, following the recommenda-
106 tion of Wilson et al. (2016), as trees further south are more sensitive to multiple climate influences
107 (Fritts (1976); St. George (2014); St. George and Ault (2014); Osborn et al. (2000); Franke et al.
108 (2013)). The target area is further divided into three continental scale regions (North America,
109 Western Eurasia and Eastern Eurasia). Each region has available data covering more than 1000
110 years, with 23 records extending back to at least 978 A.D. All records cover the period 1710 to
111 1988. However the number of available records decreases markedly towards the beginning of the
112 last Millennium, and North America relies on only three records before 1100 A.D. The individual
113 proxy locations are shown in figure 1a.

114 To understand the effects of different proxy types, we slightly modify the original N-TREND
115 dataset. We distinguish three datasets, consisting of the full network (referred to as N-TREND
116 FULL), RW data only (N-TREND RW) and MXD records only (N-TREND MXD). Given the
117 small number of BI data in the mixed records we exclude BI-specific biases from our analysis by
118 removing BI data from six mixed records for which the individual records were available. From
119 those mixed records we additionally recover the original RW and MXD chronologies and include
120 them into N-TREND RW and N-TREND MXD to increase the size of the datasets. Table S2
121 lists the affected sites and which data type was extracted for the different proxy datasets. The
122 N-TREND MXD dataset consists hence of 22 tree-ring records in total, while N-TREND RW
123 consists of 17 records.

124 *b. Instrumental data*

125 The CRUTEM4 dataset (Osborn (2013)) provides instrumental data over the period 1850 to
126 2013. CRUTEM4 is a gridded dataset of global historical near-surface air temperature anomalies
127 over land with a resolution of 5° . The coverage of the reconstruction target area varies and is
128 highly depended on the location (figure 1b). Prior to 1880 coverage is largely restricted to western
129 Europe and lower latitudes of eastern North America. In addition to poor coverage, warm biases
130 might arise from poorly shielded instruments for early instrumental data prior to the widespread
131 use of the Stevenson screen (Parker (1994); Böhm et al. (2009); Frank et al. (2007)). Given the
132 greater uncertainty (Brohan et al. (2006)) and poor data coverage, data prior to 1880 was excluded
133 from the analysis. Even at later times the hemispheric reconstruction is clearly biased towards
134 Europe, where we find many of the grid points covering the full calibration period. North America
135 is well covered at lower latitudes in this period, but lacks data at higher latitudes. Coverage is
136 worst for Asia, where most grid points do not start before 1950. This makes the early instrumental
137 record for Asia particularly prone to biases and shifts the hemispheric record heavily to Europe
138 and North America.

139 *c. Climate model data*

140 We used the Community Earth System Model Last Millennium Ensemble Project (Otto-Bliesner
141 et al. (2016)), referred to as CESM-LME, for all model-proxy comparisons and pseudo proxy ex-
142 periments. The CESM-LME uses a version of CESM-CAM5_CN (1.9x2.5_gx1v6), with a res-
143 olution of $\sim 2^\circ$ in atmosphere and land components and $\sim 1^\circ$ resolution in ocean and sea ice
144 components. External forcings include volcanic, solar, orbital, changes in land use/land cover and
145 greenhouse gas forcing. Forcing reconstructions follow the recommendations by the Paleoclimate
146 Intercomparison Project Phase III (PMIP3, Braconnot et al. (2012); Schmidt et al. (2011, 2012))

147 and are the same as used in the last Millennium simulation of the Community Climate System
148 Model version 4 (CCSM4, Landrum et al. (2013)). The CESM-LME provides a large range of
149 different experiments, including all transient forcings as well as ensembles of individual forcings
150 and control runs, covering the period 850 to 2006. For our analyses, we use an ensemble of 13
151 climate simulations including all forcings, 5 simulations including volcanic forcing only and 2
152 control simulations. To improve like-for-like comparison of model and proxy data, we use only
153 May to August (MJJ) surface temperature data over land and within the N-TREND target area
154 of 40 to 75° N.

155 **3. Methods**

156 *a. Reconstruction method*

157 Our reconstruction method follows mostly the method introduced along with the original tree-
158 ring dataset (Wilson et al. (2016, 2007); D'Arrigo et al. (2006)), targeting northern hemispheric
159 (NH) mid-latitude summer (May-August: MJJA) land surface temperature. We first standardise
160 all data to z -scores (mean $\mu = 0$, variance $\sigma^2 = 1$) over the period 1750-1950, then apply a nesting
161 approach to ensure that the variance is independent of the number of available records (Cook et al.
162 (2002); Meko (1997)). Next we classify the data into forward and backward nests of common
163 data availability. We define the most replicated nest (NEST1), which includes all records and
164 covers the period 1710-1988. We then find the other nests by going backward/forward in time and
165 iteratively remove shorter records. A detailed list of the forward and backward nests is given in
166 the supplementary material.

167 For each nest, we calculate regionally averaged time series. To ensure even contribution from
168 all regions we restandardise the regional timeseries over the period 1750-1950. The regions are

169 defined as longitudinal slices of the hemispheric band as shown in figure 1, providing a time series
 170 for North America (170° W - 10° W), Western Eurasia (10° W - 80° E) and Eastern Eurasia (80° E
 171 - 170° W). This approach slightly differs from the original method, in which North America had
 172 been additionally divided along the meridian at 100° W. By doing so, we ensure that more data is
 173 available for each region. This is important when constructing timeseries for RW or MXD only,
 174 which further reduces the number of available proxy records.

175 We derive a hemispheric mean series $z_i(t)$ for each nest i by averaging over the regional timeseries
 176 and calibrate the result for NEST1 $z_1(t)$ to the instrumental data $T_{\text{obs}}(t)$. The calibration covers
 177 the period 1880-1988. We choose the start date to exclude poor instrumental coverage and the end
 178 date to ensure full coverage by the tree-ring network. Calibration includes matching of variance
 179 and mean (Esper et al. (2005)) of instrumental and proxy data:

$$T_1(t) = (z_1(t) - \mu_{z_1}) \cdot \frac{\sigma_{\text{obs}}^2}{\sigma_{z_1}^2} + \mu_{\text{obs}}. \quad (1)$$

180 The hemispheric timeseries from all other nests are scaled to $T_1(t)$, the temperature timeseries
 181 obtained from NEST1, in the same way but each over the full period of NEST1. Ultimately, a ho-
 182 mogeneous temperature reconstruction is derived by extracting the temperature for each year from
 183 the densest nest available. Comparing the different proxy datasets (figure 1c) we find that low
 184 and short term variability varies across the datasets, with FULL and RW displaying more low fre-
 185 quency variability throughout the last Millennium. This is highlighted in the average temperature
 186 difference between Medieval Climate Anomaly (MCA, 950-1250 Masson-Delmotte et al. (2013))
 187 and Little Ice Age (LIA, 1450-1850 Masson-Delmotte et al. (2013)). MXD shows a smaller dif-
 188 ference than RW and FULL. This can also be observed when comparing differences between 20th
 189 century warming and LIA, which is consistently higher in RW than in MXD data. As discussed by
 190 Wilson et al. (2016), the N-TREND reconstruction shows little divergence (Wilson et al. (2007));

191 D'Arrigo et al. (2008)) from the instrumental data during the late 20th century. However to exclude
192 potential influences of the remaining divergence we use the period 1900-1980 representative for
193 20th century warming. All proxy reconstructions show a similar temperature difference between
194 the LIA and this period.

195 *b. Reconstruction uncertainty*

196 Quantifying and including all forms of uncertainty in tree-ring (and other proxy) climate recon-
197 structions is a significant challenge and beyond the scope of this article. However, we can model
198 uncertainties caused specifically by coverage and calibration relatively easily using an ensemble
199 approach (Frank et al. (2010b); Neukom et al. (2019)). In order to be able to replicate the same
200 reconstruction method when conducting our pseudo proxy experiments, it was important to reduce
201 computational time and thus keep the ensemble size relatively small. To address the coverage un-
202 certainty we apply a bootstrapping approach to the proxy dataset, in which one proxy record is
203 removed in turn before creating the reconstruction. Although this would ideally include the re-
204 moval of each proxy record in the dataset in turn, we restrict the analysis to bootstrapping nine
205 randomly selected long records in turn, extending back to at least 1150 A.D. Thus we estimate the
206 coverage uncertainty specifically in the poorly covered periods. The chronologies which were in
207 turn removed from N-TREND FULL were: AG12, AG4, FORF, AG2, ALT, AG5, AG1, AG11 and
208 FIRT. For MXD: ALT, POL_x, JAEM, ALPS, FORF, TYR, FIRT, ICE and SFIN. For RW: TAT,
209 KOL, QUE_w, OZN, GOA, ICE, YAM, IDA and TAY. Including the set consisting of all available
210 records, we gain a total ensemble of ten sets of data for each N-TREND dataset, consisting of
211 $1 \times 54 + 9 \times 53$ records for N-TREND FULL, $1 \times 22 + 9 \times 21$ for MXD and $1 \times 17 + 9 \times 16$ for
212 RW.

213 To address the calibration uncertainty, we slice the calibration period into windows of lengths 60,

214 70 and 80 years similar to Frank et al. (2010b). For each window length we perform the calibration
215 for an early, middle and late period (1880-1940, 1904-1964, 1928-1988, 1880-1950, 1899-1969,
216 1918-1988, 1880-1960, 1894-1974 and 1908-1988). Including the full period, we thus consider
217 ten different implementations of calibration periods, gaining a total reconstruction ensemble of
218 100 reconstructions for each N-TREND dataset (Full, RW and MXD). This allows us to estimate
219 the spread of our results depending on calibration and coverage uncertainty.

220 *c. Pseudo proxy experiments*

221 For our pseudo proxy experiments (PPEs) we generate sets of pseudo proxy data from climate
222 model output and treat them in the same way as real proxy data. We sample from the CESM-LME
223 ensemble at the grid cells closest to the proxy record to match spatial and temporal availability
224 of the N-TREND dataset as in Neukom et al. (2018). For proxy records which represent an area
225 larger than a single grid point, the average over all grid cells within the target area was calcu-
226 lated. The same was repeated for CRUTEM4 to generate a pseudo instrumental dataset. The
227 pseudo proxy data was then processed in the same way as the real proxy reconstruction, including
228 standardising ($\mu = 0$, $\sigma = 1$), nesting, regional averaging, calibrating to the pseudo-instrumental
229 dataset and splicing of the nested data to obtain a hemispheric pseudo reconstruction. To account
230 for calibration and coverage uncertainty, the calibration period was varied and longer records were
231 bootstrapped in the same way as in the case of the real proxies. The same periods and chronolo-
232 gies as detailed in section b were used to create a total ensemble of 1300 PPEs from the 13 CESM
233 LME simulations and 500 PPEs from the 5 volcanic forcing only simulations.

234 Thus, the pseudo proxy reconstruction represents the spatiotemporal availability of the proxy net-
235 work and reconstruction methods, however it does not account for any proxy specific biases or
236 non-climatic influences. This PPE serves as the baseline to represent characteristics of local cli-

237 mate model data without simulating tree-ring memory. It is referred to as PPE NoM. To simulate
 238 biological-based memory we manipulate the pseudo proxy records at the local scale. Two differ-
 239 ent memory models were distinguished: a short-range autoregressive model of order p (PPE AR),
 240 and a long-term memory model (PPE LTM). To concentrate on the effects of memory, we have
 241 not added additional non-climatic white noise to the pseudo proxies. An overview of the different
 242 experiments, their ensemble sizes and fitting parameters is given in table 1.

243 (i) *PPE AR*: This memory model is based on a linear decomposition of the tree-ring signal z into
 244 a climate term and an autoregressive memory term of order p . The tree-ring signal z_t of a given
 245 year t is impacted by the locally modelled climate signal x_t . This signal is subjected to a memory
 246 term, which integrates over the previous p year's signals $z_{t-1}, z_{t-2}, \dots, z_{t-p}$. The signal at time t
 247 can thus be written as

$$z_t = x_t + \sum_{k=1}^p \alpha_k z_{t-k} + \varepsilon_t \quad (2)$$

$$= \sum_{k=1}^q \gamma_k x_{t-k} + \sum_{k=1}^p \alpha_k z_{t-k} + \varepsilon_t, \quad (3)$$

248 where ε_t accounts for additional white noise. The set of parameters α determines the influence
 249 of the k previous years' climate on the proxy signal and represents the memory term. The first
 250 term represents the climate forcing, which accounts for the autoregressive structure of the climate
 251 signal x_t itself. The autoregressive character of the climate is parametrised by the coefficients
 252 γ and its order q . If x_t represents a zero mean white noise process, equation (3) represents an
 253 auto-regressive moving average process (ARMA(p, q)). This is an autoregressive process of order
 254 p forced by a moving average process of order q (Box (2016); Von Storch and Zwiers (2002)).
 255 Assuming the climate signal of the model simulations perfectly match the real world, the climate
 256 signal x_t is given by the model data, averaged over the proxy target area. With the starting points
 257 of the time series fixed up to $x_p, z_{i>p}$ can be iteratively calculated if the memory parameters α_j are

258 known. Instead of fitting an ARMA(p, q) process with $p + q + 2$ degrees of freedom on the proxy
 259 data, we apply an empirical approach for fitting the memory. We use the knowledge of the model
 260 climate signal x and the proxy signal z to find an estimate for α_k , which produces pseudo proxies
 261 with a similar memory as seen in the proxy records.

262 To identify the autoregressive structure in proxy records z and model x , the partial autocorre-
 263 lation function (PACF) was calculated. The PACF ϕ_k of a timeseries y at lag k determines the
 264 correlation between y_t and y_{t-k} , which is not accounted for by $y(t-1), \dots, y(t-k+1)$. Given
 265 that the partial autocorrelation of an AR(p) process decays to zero beyond lag p we can use it to
 266 identify the order p . The coefficients ϕ_i can be calculated from the Yule-Walker equations (Box
 267 (2016)). An initial estimate for the memory coefficients α was obtained by using

$$\alpha_k = \phi_k(z) - \phi_k(x) \quad (4)$$

268 with the PACF $\phi_k(z)$ and $\phi_k(x)$ at lag k for the proxy record z and the targeted model data x . This
 269 was found to be a good estimate for all lags higher than lag 1. For lag 1 α was systematically
 270 overestimated by equation (4), therefore an optimization algorithm was implemented to fit the
 271 PPE to the proxy target value.

272 A set of fitting parameters was derived for each proxy record z in the target dataset, and the
 273 associated pseudo proxy record \tilde{z} was fitted using equation (2). We set $\varepsilon = 0$, concentrating on
 274 the effects of pure memory addition. To determine whether the results are spatially robust, we
 275 randomly re-distributed the parameters α over the pseudo proxy locations. We found that the
 276 spread of results is minimal compared to the spread caused by the variation of the calibration
 277 period and bootstrapping. In order to keep the ensemble number at a reasonable size we therefore
 278 did not include this uncertainty into the final ensemble of PPEs.

279 (ii) *PPE LTM*: This method involves a manipulation of the time series in its Fourier space, which
 280 is based on a previously published study by Zhang et al. (2015a). For a timeseries possessing long-
 281 term memory (LTM) its power spectral density will decay with

$$S(f) \sim f^{-\beta}. \quad (5)$$

282 The parameter β is a measure of the long-term memory. For white noise processes $\beta \approx 0$, whereas
 283 for red noise $\beta = 2$. A robust estimate for β can be obtained from a detrended fluctuation analysis
 284 of the second order (DFA-2) (Peng et al. (1994); Bryce and Sprague (2012)). For a timeseries
 285 $x(t)$ with zero mean $\langle x \rangle$ the cumulative sum $X_t = \sum_{i=1}^t (x_i - \langle x \rangle)$ is divided into N segments with
 286 window length n . The local trend Y_t for each segment is derived from a least-squares quadratic fit
 287 of X_t . The root-mean-square deviation of X_t from the local trend for any window-length n gives
 288 the fluctuation function

$$F(n) = \sqrt{\frac{1}{N} \sum_{t=1}^N (X_t - Y_t)^2}. \quad (6)$$

289 If $F(n)$ follows a power law scaling $F(n) \sim n^\alpha$, the spectral density will satisfy equation (5) and

$$\beta = 2\alpha - 1. \quad (7)$$

290 A double logarithmic plot of the fluctuation function can provide information about the amount of
 291 LTM in a timeseries and a robust estimate for α can be calculated from a linear fit.

292 It was shown in previous studies that surface temperature follows a slight LTM process on both
 293 hemispheric and regional scales (e.g. Rypdal and Rypdal (2014)), with $\beta \approx 0.2$ at regional scale
 294 and $\beta \approx 0.4$ over land (Fredriksen and Rypdal (2016)). Assuming that biological tree-ring memory
 295 $y(t)$ can be represented by an LTM process which is superposed on the climate signal $x(t)$, its
 296 spectral energy can be approximated as

$$S_z(f) = S_0(f) \cdot f^{\beta_z} \approx S_x(f) \cdot f^{\beta_y} = S_0(f) \cdot f^{\beta_x + \beta_y}. \quad (8)$$

297 The factor $S_0(f)$ accounts for the remaining signal and represents a white noise process. Equation
298 (8) is linear in β , which can be used to estimate the additional memory β_y and fit the pseudo proxy
299 records

$$\tilde{S}(f) = S(f) \cdot \beta_y \quad \beta_y = \beta_z - \beta_x. \quad (9)$$

300 This way a pseudo proxy record with energy spectral density $S(f)$ is fitted such that its LTM is
301 increased to proxy level. The inverse Fourier transform of the manipulated record $\tilde{S}(f)$ gives the
302 pseudo proxy record $\tilde{z}(t)$.

303 *d. Superposed epoch analysis*

304 A superposed epoch analysis is used to reveal the response to volcanic forcing evident in last
305 Millennium temperature reconstructions (e.g. Lough and Fritts (1987); Mass and Portman (1989);
306 Hegerl et al. (2003); D'Arrigo et al. (2013); Masson-Delmotte et al. (2013); Esper et al. (2015);
307 Wilson et al. (2016); Neukom et al. (2018)). We average over the temperature response to a set
308 of volcanic eruptions, using a window of maximally 30 years, considering temperature anomalies
309 with respect to ten years preceding a volcanic eruption. Any subsequent years within the recovery
310 time of an event which are affected by major eruptions are excluded from the epoch analysis.

311 We assume that the latest reconstruction of atmospheric sulfate injection (eVolv2k) as published
312 by Toohey and Sigl (2017) minimises the dating error for the proxy reconstructions. The volcanic
313 forcing dataset implemented in the CESM-LME is based on the IVI2 reconstruction by Gao et al.
314 (2008). Both datasets are based on ice core data and provide a measure of aerosol optical depth
315 (AOD) and stratospheric sulfate injection. However, dating and magnitude of volcanic eruptions
316 in IVI2 differ in many cases from eVolv2k. In order to perform a like-for-like comparison, we
317 therefore use eruption dates as given in eVolv2k for the proxy data, while using IVI2 dates for the
318 model/PPE data. To increase the number of events while minimising the error induced by dating

319 uncertainty, we consider only events which appear within three years of difference in both datasets.
320 An overview of the volcanic forcing during the Last Millennium shown by both reconstructions
321 of sulfur injection is given in figure 6. The 16 events included in the epoch analysis have been
322 marked. Note that the eruptions in 1761/2 and 1783 (Laki) were excluded from the analysis despite
323 matching dating. As noted in Stevenson et al. (2017) in the CESM-LME Laki is wrongly dated at
324 1761 instead of 1783, which makes both dates unsuitable for our comparison. A table showing all
325 eruptions is given in the supplement. It should also be noted that the dating of volcanic eruptions
326 in the climate model/PPEs follows exactly IVI2 and thus has no dating uncertainty. However due
327 to the uncertainty in the ice core based reconstructions of volcanic forcing, some degree of dating
328 uncertainty remains in the analysis. Nevertheless, we assume that with our approach we have kept
329 the dating uncertainty minimal.

330 *e. Detection and attribution studies*

331 To quantify the influence of forced variability in the proxy reconstructions, we perform detec-
332 tion and attribution using a Total Least Squares (TLS) regression following (Stott et al. (2001);
333 Allen and Tett (1999)). The proxy reconstruction $Y(t)$ is regressed onto the fingerprint of volcanic
334 forcing $X_1(t)$ and all other forcings $X_2(t)$, following

$$Y(t) = \beta_1 \cdot (X_1(t) - v_1(t)) + \beta_2 \cdot (X_2(t) - v_2(t)) + v_0(t). \quad (10)$$

335 The fingerprints of external forcing are given by the simulations of the CESM-LME. A TLS re-
336 gression allows regressor $X(t)$ and regressand $Y(t)$ to be influenced by a similar amount of noise,
337 which is given by their respective implementation of internal variability $v_0(t)$. The amount of
338 internal variability in the fingerprints $X(t)$ can be reduced by averaging over multiple ensemble
339 members. The scaling factors β_i indicate the magnitude of the fingerprints in the reconstruction.

340 The response to a forcing is considered detectable ($p < 0.05$) when the scaling factor is signif-
341 icantly positive. A scaling factor of 1 indicates perfect agreement between models and proxy
342 reconstruction (Hegerl and Zwiers (2011)). The residual ε gives an estimate of internal variability
343 in the proxies. To account for the uncertainty due to internal variability and to get a distribution
344 for the scaling factors, we follow the method introduced by (Schurer et al. (2013a,b)). We re-
345 peated our calculations 100 times with different samples of internal variability superimposed on
346 the noise-reduced observations and model fingerprints $\tilde{Z} = [Y(t) - v_0(t), X_i(t) - v_i(t)]$. In order
347 to investigate the effects of autocorrelation in proxy data on detection and attribution results, we
348 further repeated our analyses using pseudo proxy fingerprints.

349 4. Results

350 *a. Spectral properties of observations and model simulations compared to tree-ring data*

351 We compare the spectral characteristics of the proxy datasets to a set of local instrumental and
352 model records over the period 1880-1988. This period provides the maximum availability for the
353 proxy data and is well covered by the instrumental dataset.

354 For the PACF at local scale (figure 2a) the biggest differences can be noted at lag 1, where RW
355 displays a higher correlation than all other datasets. At all lags, correlation is highest for RW,
356 followed by MXD, replicating the findings of Esper et al. (2015). Model and instrumental data
357 agree well, with observational data showing a slightly higher correlation at all lags. The medians
358 of the PACF at lag 1 are offset by $\Delta\alpha \approx 0.4$ for RW and MXD, which remains relatively constant
359 during the period of common data availability (figure 2b). N-TREND MXD is slightly higher than
360 the CESM-LME ensemble but is consistent within its 5-95% range. MXD also agrees well with
361 the observations within the short period in which instrumental data is available. We compute the

362 detrended fluctuation function for each record (figure 2c) to obtain an estimate for the long-term
363 memory at local scale using equation (7). Results for all datasets are relatively widely spread
364 but overlap at the 5-95% range. The median of MXD, observations and CESM-LME agree with
365 $\beta \approx 0.5$, while RW proxies have slightly more memory ($\beta \approx 0.8$).

366 Results at hemispheric scale are similar and show that the features observed on local scale prop-
367 agate into the reconstructions. The PACF (figure 2d) is still highest for RW at lag 1 while MXD
368 is more persistent at lag 2 and 3. Modelled and observed temperatures have less PACF at these
369 lags. Note that at lag 4 the PACF is just above the significance level for observational data and
370 some model simulations. It is not clear whether this is a real climatic feature or sampling noise.
371 The magnitude of the lag 1 PACF of the MXD reconstruction agrees well with the model mean
372 (figure 2e) but RW correlation is still significantly higher during most of the period of common
373 data availability. The magnitude of fluctuation (figure 2f) is similar for RW and MXD, however
374 RW has more memory with $\beta \approx 0.9$ compared to $\beta \approx 0.7$ for MXD. MXD agrees well with model
375 and instrumental data ($\beta \approx 0.7$).

376 Our results suggest that an autoregressive process around order 3 can be fitted to the proxy data.
377 Given that observational and model data seem to follow mainly an order 1 process we conclude
378 that the third order process is caused by non-climatic noise such as biological memory processes.

379 *b. Spectral properties of pseudo proxy data compared to real proxy data*

380 We generated pseudo proxy data for different memory models, concentrating on an autoregres-
381 sive process of order 3 (PPE AR3) and a long-term memory fit (PPE LTM). We compare the
382 partial autocorrelation of different pseudo proxy experiments with real proxy data targeting the
383 full network, MXD only and RW only. On local scale (figure 3 a-c) correlations of PPE NoM are
384 significantly below the range of the correlation for all targets. All pseudo proxy records including

385 memory match the real proxy range at lag 1. At higher lags PPE LTM decays quickly below the
386 proxy range while PPE AR3 matches the proxy records even at higher lags. At the hemispheric
387 scale (figure 3d-f) differences between PPE AR3 and PPE LTM are smaller but PPE AR3 still per-
388 forms better. Throughout the last Millennium the lag 1 partial correlation for the pseudo proxies
389 is shifted up to proxy level (figure 3g-i) but otherwise barely deviate from PPE NoM.

390 All the targeted proxy reconstructions have more power at low frequencies than at high fre-
391 quencies (figure 4 a-c). The power spectral density follows approximately a power-law decay for
392 multidecadal frequencies, observed as a linear decrease in the double logarithmic plot. However
393 the gradient flattens towards decadal frequencies, indicating a deviation from the power-law. This
394 is particularly prominent in case of RW but can also be observed in the other datasets. The mul-
395 tidecadal gradient is matched by the pseudo proxy reconstructions when accounting for memory,
396 while PPE NoM has a much smaller gradient. PPE AR3 performs well for all targets. It overlaps
397 well with the proxy ensemble within the 5 to 95% range and its median shows the distinctive flat-
398 tening of the gradient towards its high frequency end. While PPE LTM also overlaps well with
399 the proxy ensemble within the uncertainty range, the median decreases monotonically. Note that
400 the spectral density of MXD is particularly noisy at low frequencies (fig. S5). Since this is spe-
401 cific to the MXD dataset, it could be caused by local influences but could also originate from data
402 processing.

403 The detrended fluctuation analysis (DFA, figure 4d-e) confirms that PPE NoM has less long-
404 term memory than the proxies, holding particularly for RW ($\beta \approx 0.3$ vs. $\beta \approx 0.9$) and FULL
405 ($\beta \approx 0.4$ vs. $\beta \approx 0.8$), while the difference is smaller in case of MXD ($\beta \approx 0.3$ vs. $\beta \approx 0.6$). PPE
406 AR3 and PPE LTM both replicate the gradient of the proxy targets. While for RW and FULL the
407 average of PPE AR3 and the proxy target overlap roughly for most time steps, the magnitude of
408 the fluctuation of the proxies is consistently lower than the PPEs.

409 We conclude that PPE AR3 and PPE LTM both reproduce spectral features characteristic to
410 proxy data, such as increased autocorrelation at lag 1, inflation (suppression) of low-frequency
411 (high-frequency) variability and more long-term memory. PPE AR3 performs best for all target
412 datasets as it matches the partial autocorrelation at higher lags and reproduces the deviation of the
413 spectral density from the power-law decay at high frequencies.

414 *c. Effects of memory on temperature variability of pseudo proxy reconstructions*

415 The ensemble mean and range of the millennial-length timeseries for the proxy and pseudo
416 proxy reconstructions are shown in figure 5a-c. Long term deviations from the mean are inflated
417 for memory PPEs compared to PPE NoM. As a result, the MCA is warmer for PPE AR3 and PPE
418 LTM, while the LIA is slightly colder. This trend can be observed in all three target datasets, but
419 is particularly strong for FULL and RW.

420 To quantify the effects of this inflation, we calculate the average temperatures of MCA and LIA.
421 The temperature difference between those periods ranges around $\Delta T = 0.2$ for FULL and RW, but
422 is less than half for MXD (figure 5e). However, the uncertainty on the exact value is relatively
423 high due to the small number of available records at early times. Schneider et al. (2015) found
424 that the MCA is less pronounced in MXD data, suggesting varying seasonal or spatial coverage as
425 a reason. However PPE NoM shows a clear warming in the MCA for the MXD locations. For all
426 target datasets, the median of ΔT is increased when implementing memory in the pseudo proxies.
427 For PPE AR3 the median shifts towards the proxy value in case of FULL and RW targets. The
428 temperature difference increases further for higher memory, with PPE LTM consistently being
429 highest. The increase of ΔT with memory order is a robust feature, which can also be seen when
430 comparing average temperatures of the LIA and the 20th century between 1900-1980 (figure 5g-
431 i). Note that 20th century warming is slightly underestimated in the CESM-LME, likely due to

432 strong indirect aerosol forcing (Otto-Bliesner et al. (2016)). This could be a reason for a small
433 temperature difference compared to the proxy value, and could suppress stronger increase for
434 memory PPEs.

435 To analyze the effects of biological memory on the magnitude and timescales of cooling in
436 response to volcanic eruptions, we perform a superposed epoch analysis (figure 7a-c) including 16
437 well-dated volcanic eruptions. Schneider et al. (2015) compared the volcanic response in a density
438 only reconstruction to ring width dominated reconstructions for the eruptions in 1257, 1452 and
439 1815. They found that the former shows a greater response amplitude, while the latter show a
440 temporally extended cooling and thus longer recovery period. The same observations hold for
441 our epoch analysis. Here, MXD responds strongly and recovers fast, with a slightly prolonged
442 cooling around year three to five. RW has a smaller amplitude along with a prolonged cooling up
443 to post-eruption year ten. While the magnitude of the PPE NoM amplitude varies slightly across
444 the target datasets, it recovers much quicker than the proxies. Both magnitude and recovery time
445 are affected by autoregressive memory, most prominent for RW, while long-term memory mainly
446 dampens the amplitude. PPE AR3 shows a prolonged cooling, which is mostly consistent with
447 the timescale of the proxy data. The median of the peak response of the PPE AR3 ensemble is
448 much dampened compared to PPE NoM, and even slightly lower than N-TREND. However, it is
449 consistent with N-TREND within the 5 to 95% range.

450 Comparing the residuals of proxy and PPE epoch analysis (figure S2 a-c), we note that the
451 residuals increase particularly between year three to five after the eruption. This observation holds
452 for all PPE's and for all target datasets. To increase our understanding, we compare an ensemble
453 member of the CESM showing a particularly prolonged recovery and persistent cooling in year
454 four after the eruption (figure 7d-f) and one with a particularly quick and steadily decreasing
455 recovery (7g-h). In the former case, PPE AR3 reproduces the recovery time, the peak cooling and

456 overlaps with N-TREND for all datasets within its uncertainty range. The residuals are negligibly
457 small five years after the eruption (figure S2d-f). In the latter case, even though the cooling is more
458 prolonged for PPE AR3 compared to PPE NoM neither its recovery time nor its amplitude match
459 the proxy amplitude. The residuals are near constant up to year 15 (figure S2g-h). We conclude that
460 model and proxy output can be consistent when taking memory effects into account. Memory can
461 explain the long recovery time observed in proxy reconstructions but requires persistent cooling
462 on a timescale between three to five years. This short-term persistence could be caused by internal
463 variability, but also by missing short-term feedback mechanisms in the model, e.g. changes in the
464 North-Atlantic Oscillation (Zanchettin et al. (2013); Driscoll et al. (2012); Timmreck (2012)).

465 *d. Effects of memory in pseudo proxies on detection and attribution*

466 We perform detection and attribution studies for the period 1300-1710 in order to evaluate if
467 the previously observed low amplitude of fingerprints in proxies might be due to memory effects.
468 We chose the upper end of this period to exclude an overlap with the fitting period (1710-1988)
469 and the lower end to ensure reasonable data quality and coverage. Additional sensitivity tests
470 were performed for the slightly longer period 1300-1850. The proxy reconstructions served as the
471 regression targets, while the fingerprints of external forcing were PPE versions of the all forcings
472 and volcanic forcing only simulations (figure 8). Neither the proxy reconstruction nor fingerprints
473 were smoothed prior to the regression. The fingerprints are most affected for the RW version
474 of volcanic forcing only, where the temperature anomalies deviate strongly from the PPE NoM
475 reference at certain periods.

476 All target datasets show increased volcanic scaling factors for PPE AR3 and PPE LTM compared
477 to PPE NoM (figure 9a-c). This indicates that the addition of memory to the fingerprints makes
478 the model consistent with the proxy data in case of the longer period. The highest difference

479 between the memory PPEs and PPE NoM can be observed in the RW reconstruction. For this
480 dataset the scaling factors for volcanic forcing are increased up to the median value $\beta = 1.5$. The
481 scaling factors also increase with memory for FULL and MXD, however the difference to the
482 reference PPE NoM is smaller. These observations are consistent with the results of the epoch
483 analysis, which showed that cooling amplitudes in response to volcanic forcing are reduced. Two
484 main observations can be made from plotting the scaled fingerprints relative to their proxy targets
485 (figure 9d-f), which are clearly present in FULL and RW, but only weakly present in MXD. The
486 big drop of NH temperature following the eruption in the mid-15th century is matched much better
487 by the memory PPEs in both magnitude and length, and the same applies to the eruptions in 1600
488 and 1640. Low frequency variability is increased for the memory fingerprints, resulting in a better
489 fit for RW and FULL reconstructions, which show a substantial low frequency variability between
490 1450 and 1600. When targeting the period 1300-1850 (figure 10) the scaling factors are slightly
491 reduced and in all cases are consistent with one. This could be explained by overfitting the peak
492 warmth in the 16th century in the shorter analysis (compare figures 9 and 10). Note that the longer
493 period is also influenced by the wrong dating of Laki (1761 instead of 1783) in the CESM-LME,
494 which could influence the results and dampen the scaling factors.

495 The residual variability in reconstructions not explained by the fingerprints (figure 11a-c) shows
496 a slight decrease when accounting for memory, which is particularly prominent in the RW case.
497 Even though the proxy uncertainty is relatively high, the ensemble median shows a clear decrease
498 when accounting for memory. Simultaneously, the variance of the PPE control runs decreases
499 and approaches the proxy value. Thus, the residual variability becomes consistent with the con-
500 trol variability for PPE AR3 and higher memory in case of FULL and RW, while for MXD it is
501 consistent for all memory PPEs.

502 We conclude that models and proxy reconstructions are consistent when accounting for memory
503 effects in RW data. This indicates better correspondence between signal amplitudes in fingerprints
504 and reconstructions.

505 **5. Discussion and Conclusion**

506 The implementation of memory improved the agreement between proxy and pseudo proxy re-
507 constructions. Ring width only reconstructions have particularly benefited, but results for the full
508 network reconstruction including both width and density proxies were also improved. Although
509 it has long been well known that ring width data can be successfully fitted by an autoregressive
510 memory model (Cook et al. (2002); Meko (1997)), we find, for the first time, that implementing
511 autoregressive memory in climate model data can introduce almost identical spectral behaviour in
512 model data and resolve proxy-model discrepancies such as the low signal amplitude of the vol-
513 canic signal in detection and attribution studies. An autoregressive process of third order performs
514 best out of all our memory models considered. The remarkable agreement between the spectral
515 density of RW only proxy reconstruction and PPE AR3 suggests that even though RW has a clear
516 spectral bias, it is sensitive to the full range of the climate signal. A similarly good agreement
517 was found for the full network, in particular for multi-decadal timescales, when the ensemble
518 mean agrees well with PPE AR3. As a consequence of memory biases low frequency variability
519 is inflated while high frequency variability is suppressed. This could lead to an overestimation of
520 the magnitude of long-term anomalies, especially for RW data. This phenomenon is robust for
521 all three datasets, where it leads to a warmer MCA, a cooler LIA and increased warming during
522 the 20th century in the PPEs when including memory. The effect on the amplitude of the MCA
523 is particularly high, which could be caused by poor data coverage further exacerbating the bias.
524 Without considering memory, MXD reconstructions are most consistent with model simulations.

525 MXD data shows little autocorrelation and long-term memory compared to RW and improvements
526 when fitting memory to the PPEs are small. However, reconstructions using density only still show
527 more autocorrelation and long term memory than observations and model simulations. It remains
528 unclear from our results if the deviations between MXD and observations/simulations arise from
529 biases in the signal of density proxies or in the simulation of persistence of climate signal in the
530 CESM.

531 The year to year memory causes a dampened amplitude in response to volcanic forcing along
532 with a slower recovery, particularly affecting ring width reconstructions. This confirms earlier
533 studies (Esper et al. (2015); Franke et al. (2013); Schneider et al. (2015); Stoffel et al. (2015)).
534 Our results from the epoch analysis tie in with Neukom et al. (2018), who found that the addition
535 of autoregressive AR(1) noise in pseudo proxy reconstructions would slightly dampen the ampli-
536 tude, but not cause a prolonged cooling. We have, for the first time, provided a memory model
537 which can explain the dampening and the prolonged cooling in proxy reconstructions and resolve
538 the divergence between proxy and climate model response. We have shown that autoregressive
539 memory processes cause a significant reduction of post-eruption temperatures for several years. A
540 particular mismatch between PPEs and proxy targets is present in all datasets after around 5 years.
541 This could be explained by internal variability or potentially a lack of short-term feedbacks in the
542 climate model and can be resolved by PPE AR3 for specific ensemble members.

543 Our results from detection and attribution studies indicate that model simulations and proxy
544 reconstructions agree better when accounting for biological-based memory. While the scaling fac-
545 tors are increased, the residuals are reduced to an extent which is consistent with the model imple-
546 mentation of internal variability. Residuals are smallest for the full network, which is likely a result
547 of higher data coverage, including more than twice the amount of proxy records as MXD/RW only
548 reconstructions. Our results indicate that for both periods the influence of internal variability is low

549 compared to forced variability. When the fingerprints account for memory effects, more forced
550 variability can be detected in the proxy reconstructions, this concerns particularly the variability
551 related to volcanic forcing. The magnitude of the resulting scaling factors varies across the target
552 datasets, with smallest values in case of MXD and highest values in case of RW. This observation
553 holds for both analysed periods. For the period 1300-1710 the scaling factor for volcanic forcing
554 obtained from the RW target dataset is significantly higher than one, and the low-frequency vari-
555 ability trend during the 16th century is extremely well fitted by the scaled PPE AR3 fingerprints.
556 This indicates a potential overfit and does not occur when extending the analysis to 1850. How-
557 ever the longer period includes wrongly dated volcanos in the model and thus results are not fully
558 reliable. The persistence of the climate signal due to biological memory processes introduces a
559 degree of smoothing to the proxy reconstructions. This could explain previous observations that
560 using smoothed fingerprints for detection and attribution studies results in higher scaling factors
561 than using unsmoothed fingerprints (Schurer et al. (2013a,b)).

562 We conclude that it would be beneficial to include ring width into proxy reconstructions, as they
563 agree well with the climate model signal. However spectral biases have to be considered when
564 comparing model and proxy data. While we have been focusing on tree-ring data in this analysis,
565 it is likely that memory biases of this kind will similarly affect other biological proxy archives,
566 and thus propagate into multi-proxy studies. It is beyond the scope of this article to analyze the
567 exact implications on calibration of proxy data. However, our results suggest that it is beneficial
568 for the quality of RW data to invert autoregressive models to extract the real underlying climate
569 signal. Given the sensitivity of low frequency variability to statistical processing, we conclude that
570 the MCA-LIA difference is not a robust measure for model performance. When comparing model
571 and proxies, spectral biases should be taken into account. Particularly for TLS-like calculations,
572 where model and proxy reconstructions are assumed to have a similar noise structure, it would be

573 beneficial to take into account that certain types of proxy data might not capture high frequency
574 variability and is subject to inflated low frequency variability.

575 **6. Data availability**

576 The datasets and code generated during and/or analyzed during the current study are available
577 from the corresponding author on request.

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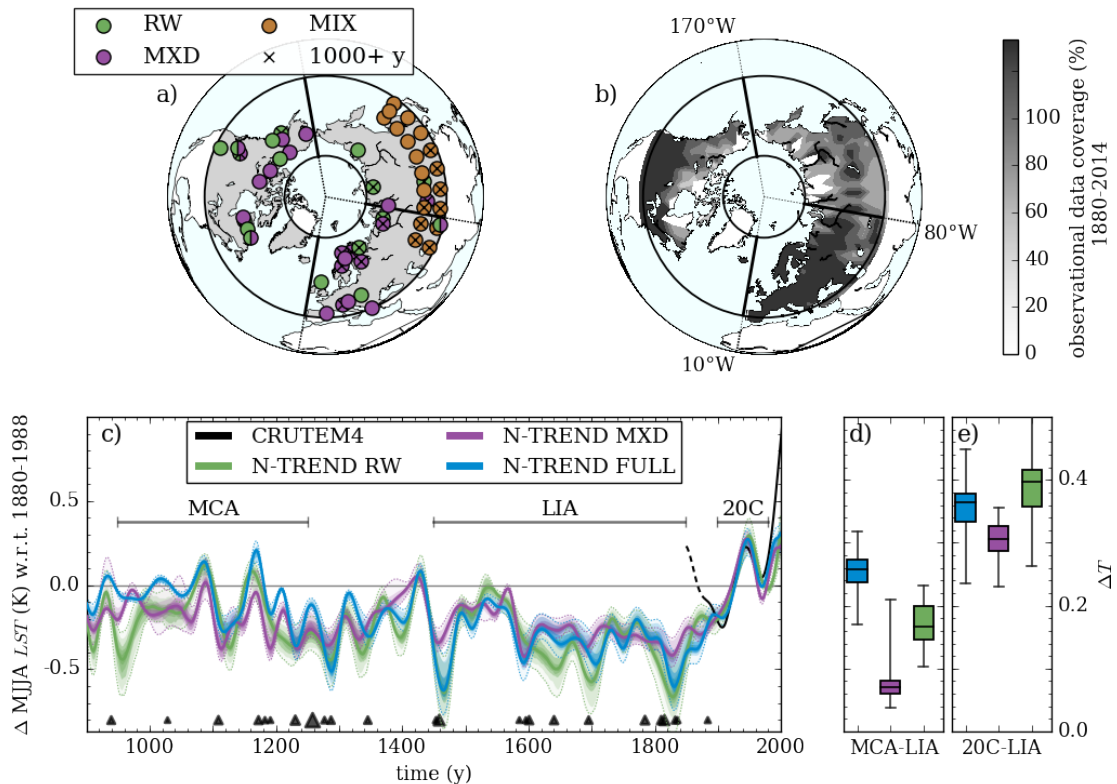
TABLE 1. Ensemble sizes for N-TREND and PPEs, each applying to the FULL, RW and MXD target dataset.

Name	fitting parameter	calibration	coverage	simulations	total
N-TREND	-	1+9	1+9	-	100
PPE NoM	-	1+9	1+9	13	1300
PPE AR3	$\alpha_1, \alpha_2, \alpha_3$	1+9	1+9	13	1300
PPE LTM	β	1+9	1+9	13	1300
PPE NoM- VOLC	-	1+9	1+9	5	500
PPE AR3- VOLC	$\alpha_1, \alpha_2, \alpha_3$	1+9	1+9	13	500
PPE LTM- VOLC	β	1+9	1+9	13	500
PPE NoM- CTRL	-	1+9	1+9	2	200
PPE AR3- CTRL	$\alpha_1, \alpha_2, \alpha_3$	1+9	1+9	2	200
PPE LTM- CTRL	β	1+9	1+9	2	200

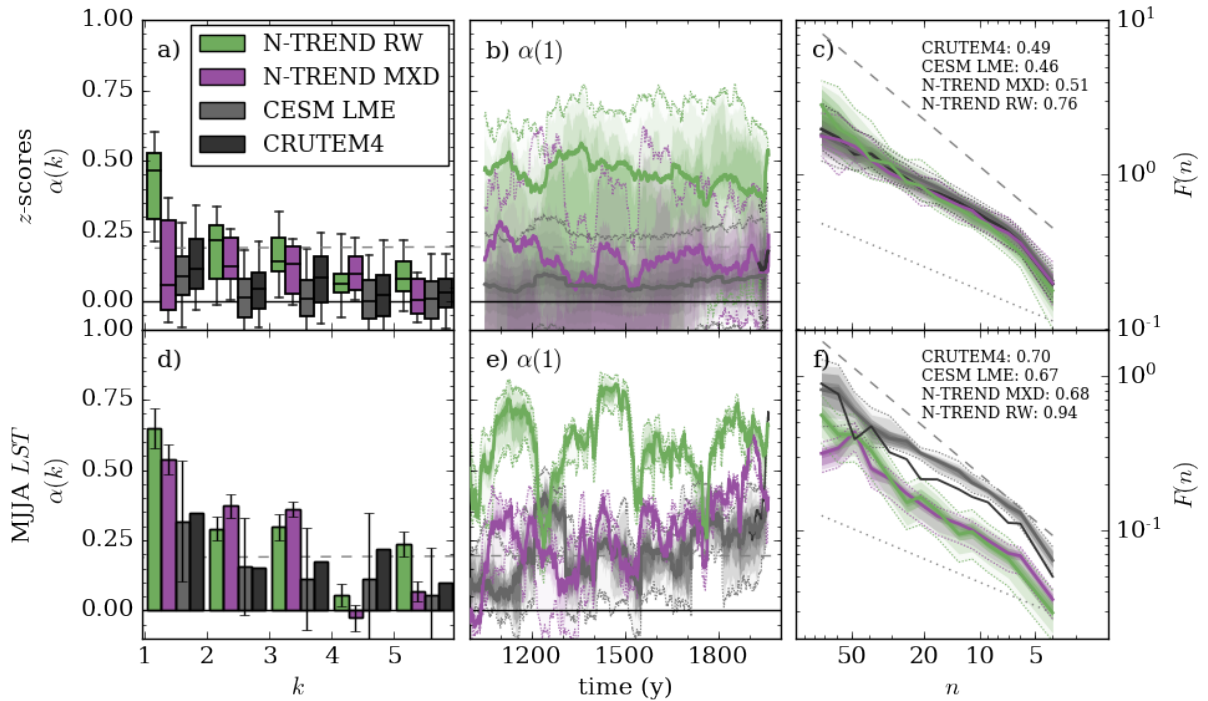
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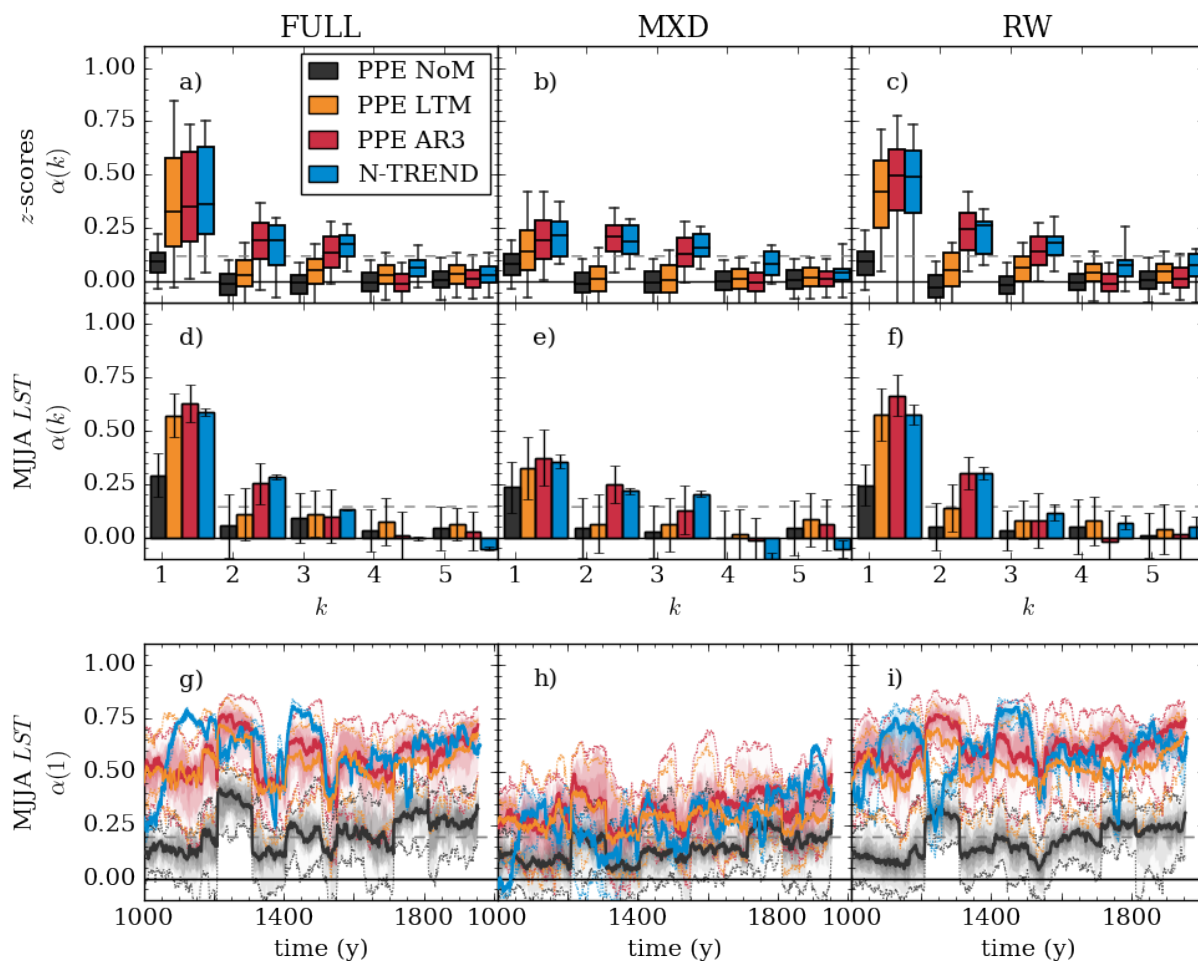
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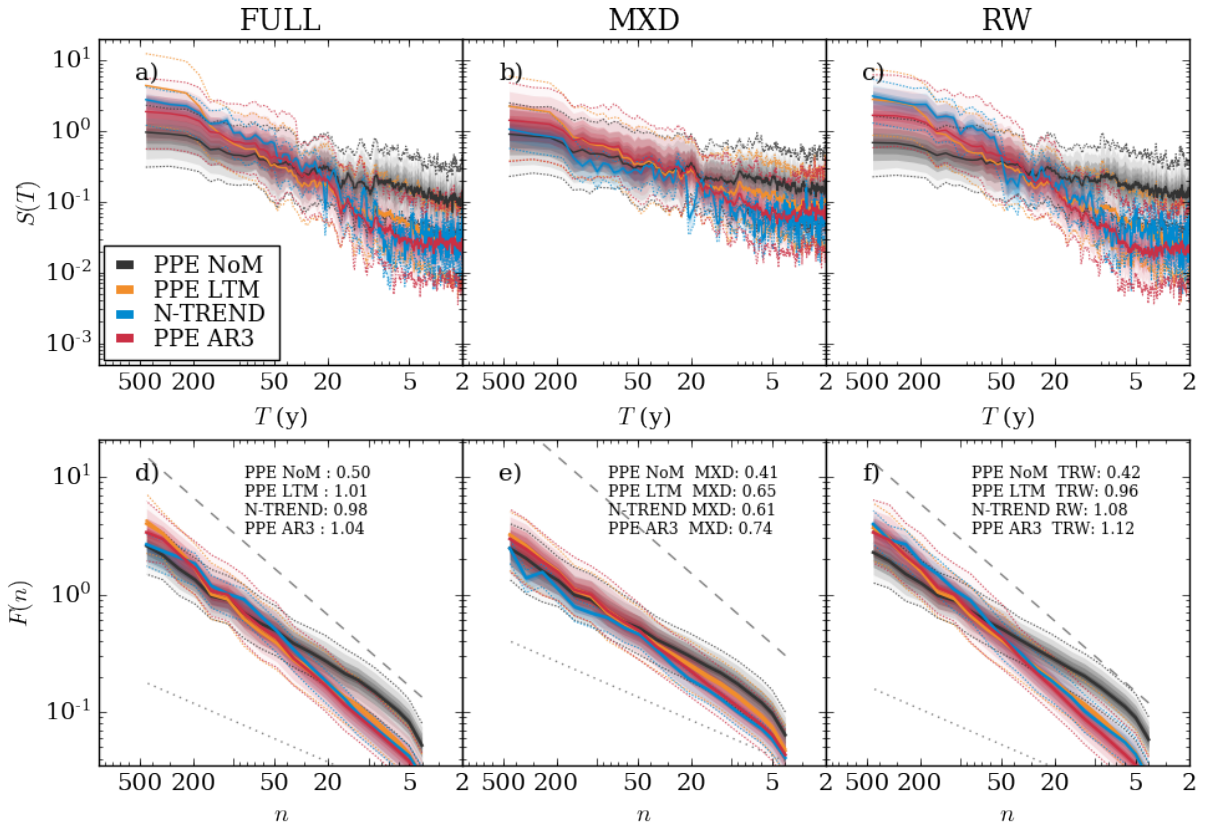
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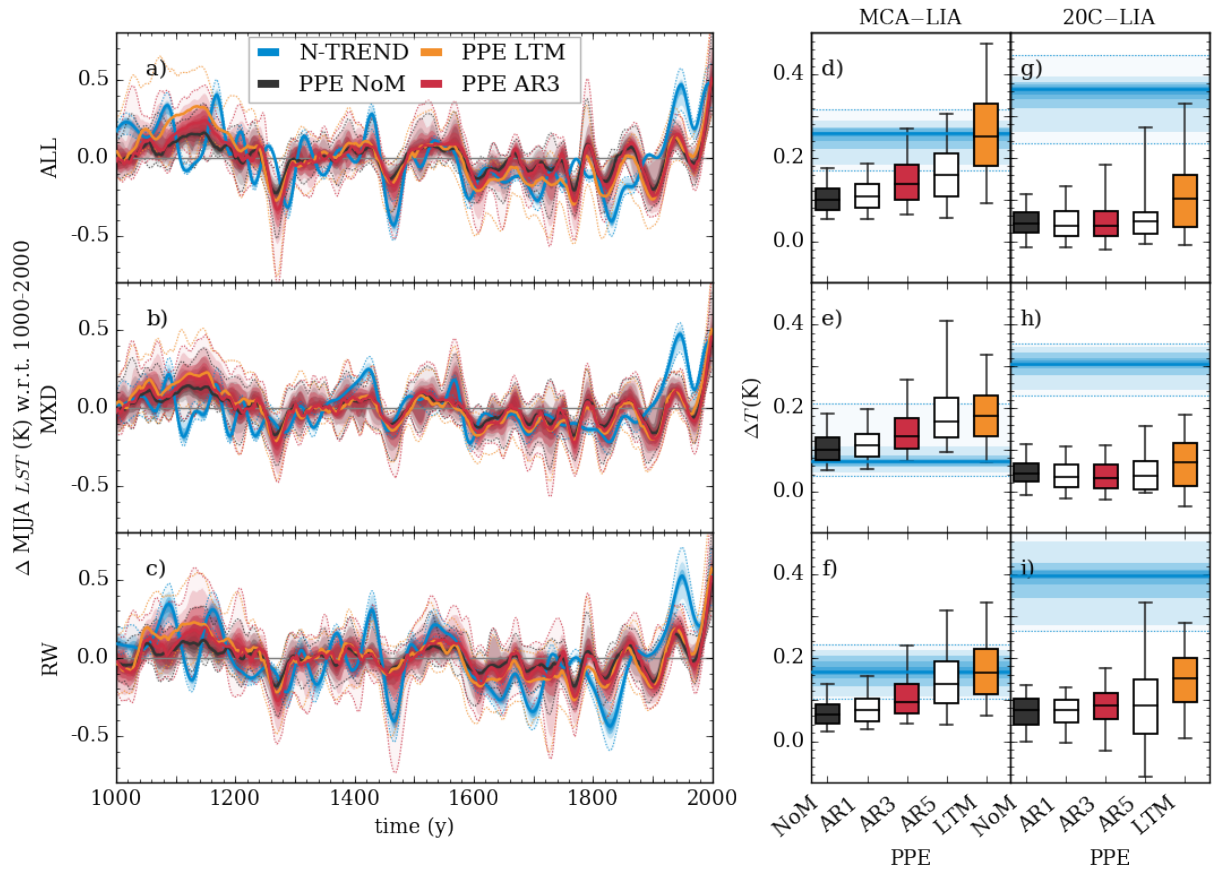
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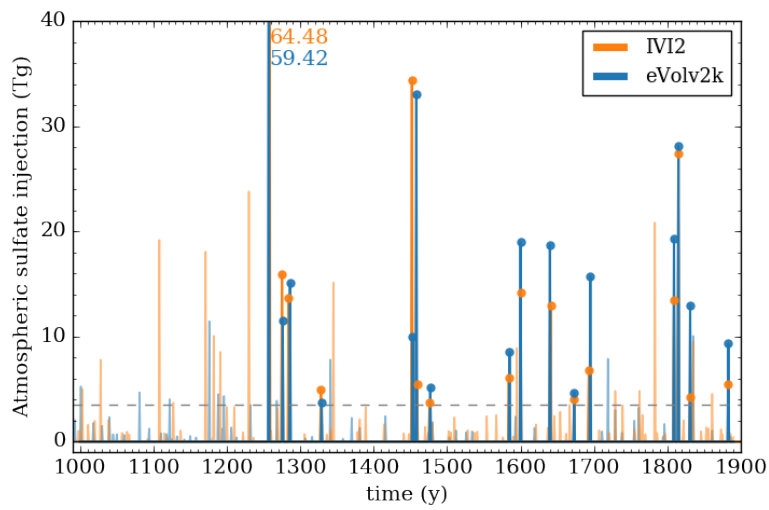
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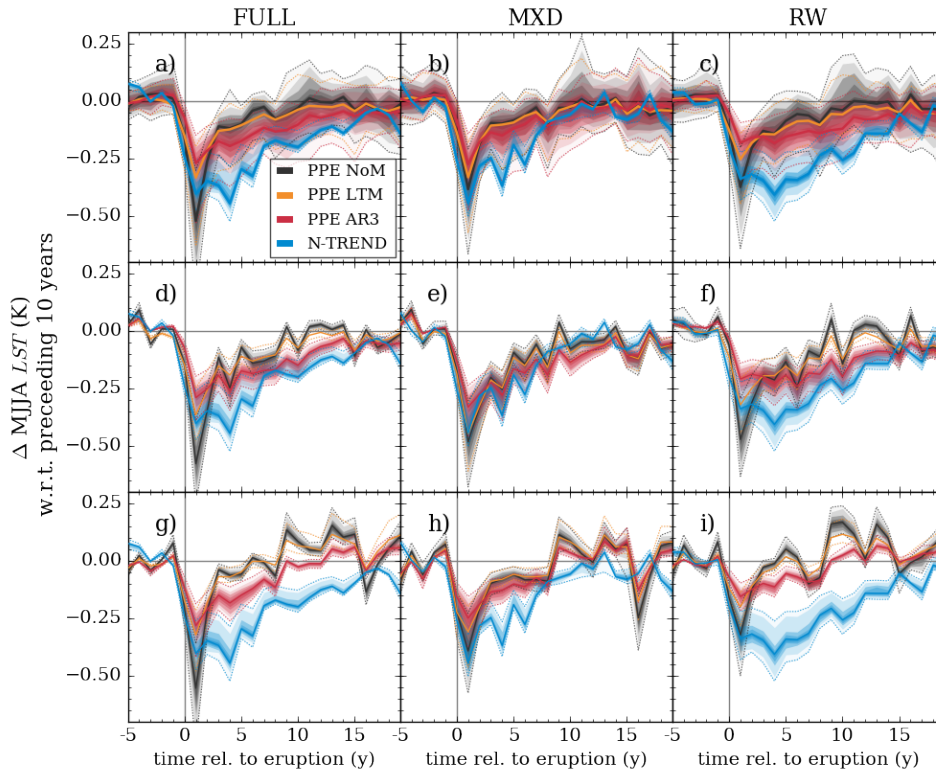
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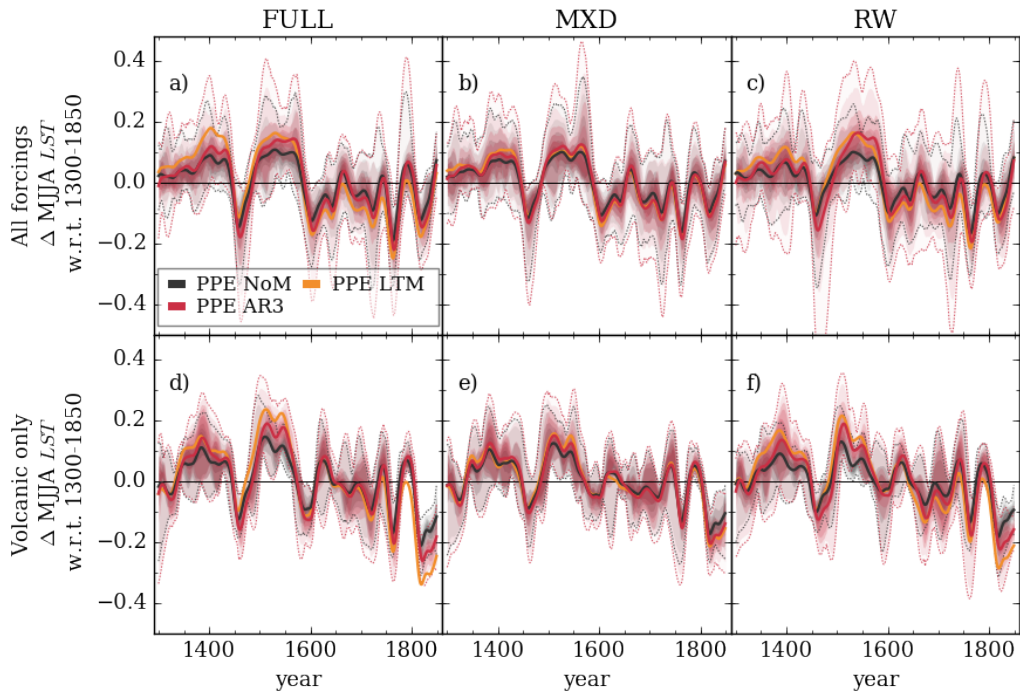
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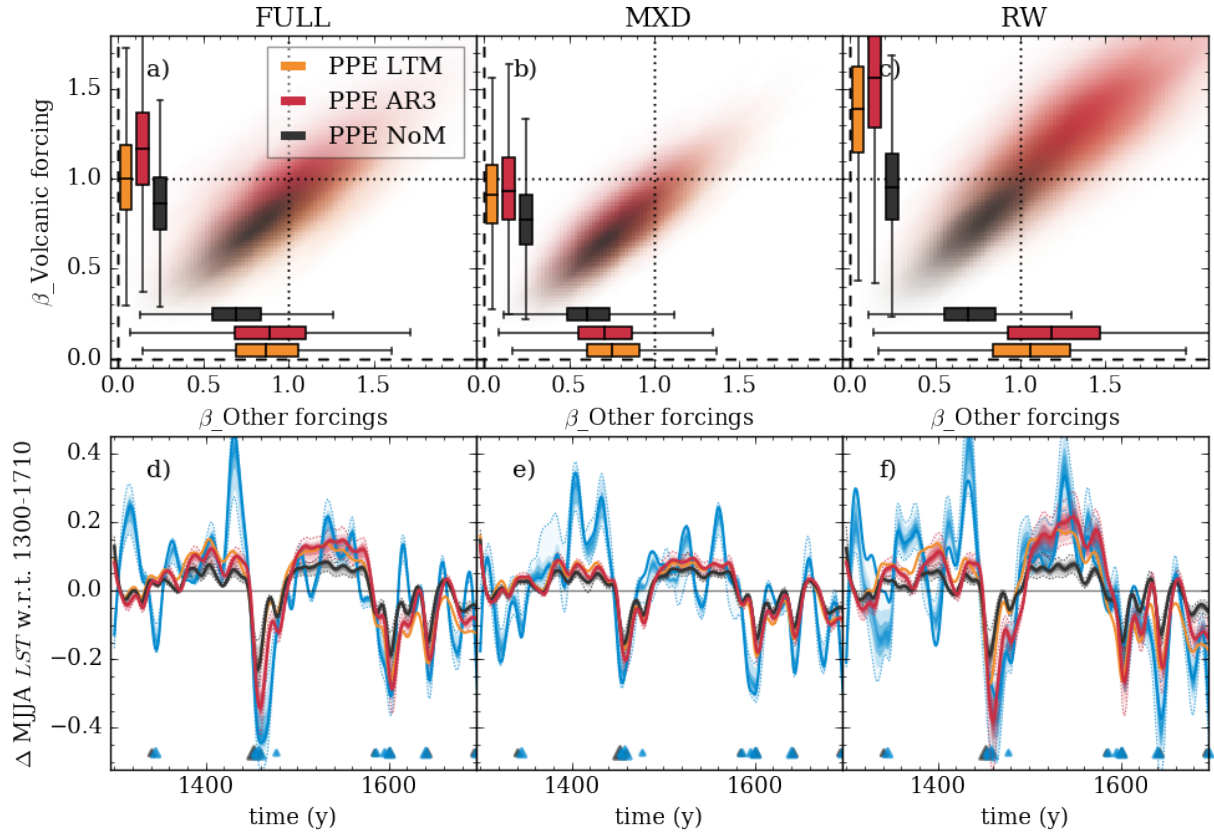
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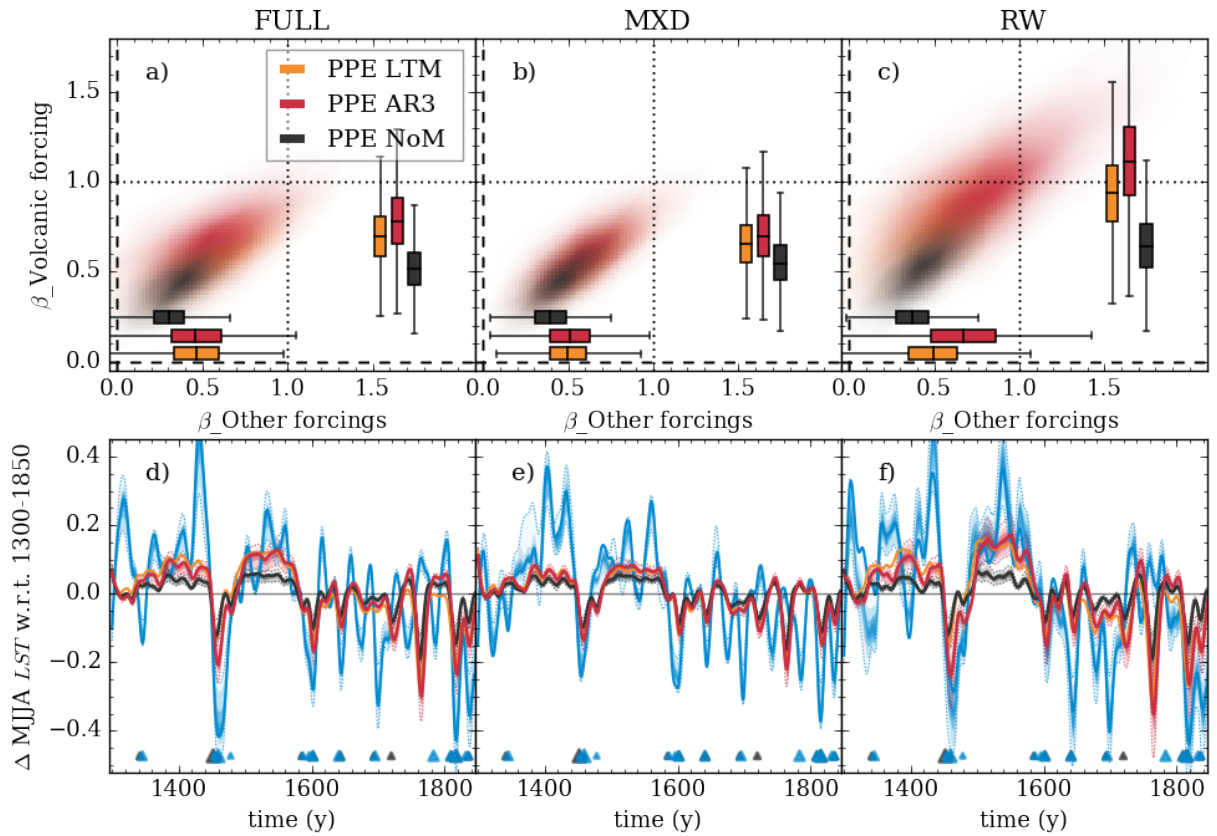
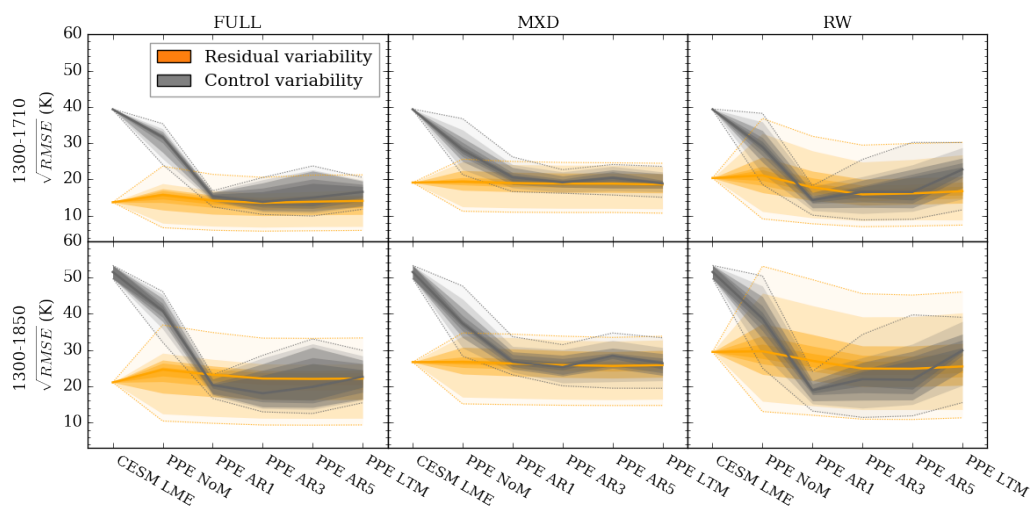


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