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Interventions to reduce gender-based violence among young people living with or affected by HIV/AIDS in low- and middle-income countries

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TITLE PAGE

Full Title (119/120 characters): Interventions to reduce gender-based violence among young people living with or affected by HIV/AIDS in low- and middle- income countries.

Running Head (40/40 characters): Preventing GBV in young people affected by HIV.

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ABSTRACT (250/250 words)

Objective(s): This study explored the effectiveness of gender-based violence (GBV) interventions on young people living with or affected by HIV in low- and middle-income countries (LMICs).

Design: Systematic review and meta-analysis.

Methods: We pre-registered a protocol, then searched thirteen databases and grey literature. We screened randomised and quasi-experimental studies (n=2199) of young people (aged 10–24) living with or affected by HIV in LMICs. Outcomes were GBV and/or GBV-related attitudes. We appraised the data for risk of bias and quality of evidence. Narrative syntheses and multi-level random effects meta-analyses were conducted.

Results: We included 18 studies evaluating 21 interventions. Intervention arms were categorised as: a) sexual health and social empowerment (SHSE) (n=7); b) SHSE plus economic strengthening (n=4); c) self-defence (n=3); d) safer schools (n=2); e) economic strengthening only (n=2); f) GBV sensitisation (n=2) and g) safer schools plus parenting (n=1). Risk of bias was moderate/high and quality of evidence low. Narrative syntheses indicated promising effects on GBV exposure, but no or mixed effects on GBV perpetration and attitudes for self-defence and GBV sensitisation interventions. Safer schools interventions showed no effects. For SHSE interventions and SHSE plus

economic strengthening, meta-analysis showed a small reduction in GBV exposure but not perpetration. Economic-only interventions had no overall effect.

Conclusions: SHSE, SHSE plus and self-defence and gender sensitisation interventions may be effective for GBV exposure and GBV-related attitudes but not for GBV perpetration. However, the quality of evidence is poor. Future intervention research must include both boys and girls, adolescents living with HIV and key populations.

Keywords: gender-based violence, HIV/AIDS, adolescents and young people, prevention, intimate partner violence, low- and middle-income countries

TEXT (3498/3500)**Introduction**

Gender-based violence (GBV) is a global public health concern. GBV is defined as the exposure or perpetration of physical, emotional or sexual intimate partner violence (IPV) or sexual violence by a non-intimate partner. One in three women experience GBV in their lifetime [1]. Adolescents and youth are disproportionately affected by GBV [2]. A recent meta-analysis estimates that 28% of female adolescents and youth (aged 10–24) have experienced GBV with highest prevalence rates in Eastern and Southern Africa [3]. HIV-positive women report up to ten times higher odds of GBV compared to HIV-negative women [4], even after discounting other forms of abuse they experience, e.g., forced or coerced sterilisation. Recent studies have also highlighted the elevated risk of GBV for key populations affected by HIV including transgender people, men who have sex with men (MSM), sex workers, people in prison, and intravenous drug-users, particularly in low- and middle-income countries (LMICs) [5–10]. These groups are vulnerable due to punitive legal policies, criminalisation, and societal attitudes and therefore at higher risk of victimisation.

GBV is associated with higher HIV incidence in the general population [11]. Among youth populations, data are scarce but there is longitudinal evidence linking GBV to heightened risk for HIV acquisition among young women and girls [12]. These links have also been found for MSM, transgender people, those affected by HIV and other key populations [13,14]. It is thought that multiple complex pathways connect HIV with GBV including, but not limited to, fear of IPV when requesting protection during intercourse, when disclosing one's HIV status [15,16], or when accessing testing and

treatment, and multiple concurrent partnerships [17]. GBV can also disrupt HIV treatment and prevention services, resulting in reduced retention in care and poorer health outcomes [18,19]. Interventions are therefore urgently needed among adolescent and youth populations (ages 10–24) living with HIV, and those vulnerable to or affected by HIV, to interrupt synergies between HIV and GBV and reduce the burden of violence.

We aimed to 1.) investigate what GBV interventions have been developed and evaluated, 2.) examine the components and theory of change of GBV interventions, and 3.) evaluate their effect on exposure to and perpetration of GBV and GBV-related attitudes among adolescents and youth living with or affected by HIV in LMICs.

Methods

Search strategy and selection criteria

A systematic review following a pre-registered protocol [20] and the PRISMA guidelines was conducted. A comprehensive search strategy (Appendix 1) was developed for electronic databases and grey literature. Thirteen databases including PsychInfo and Embase; websites of relevant organisations; conference abstracts; trial registries; and reference lists of retrieved articles were searched between 2005 and 17th September 2018 with no language restrictions (Appendix 2). Relevant experts in the field were also contacted.

Studies were included if they evaluated an intervention reporting GBV or GBV-related attitudes as an outcome. Studies had to be randomised or quasi-randomised trials or pre-post-tests with a control group. Primary outcomes were physical, emotional, or sexual

IPV or non-partner sexual violence. Secondary outcomes were GBV-related attitudes (e.g., men have the right to have sex with their partners without their consent). Studies needed to include populations of adolescents or youth aged 10–24 living with or vulnerable to HIV (key populations or members of communities with generalised HIV epidemics) and living in a LMIC as defined by the World Bank [21].

Data extraction

Each study title and abstract were independently screened by two reviewers. Where there was uncertainty, full texts were screened, and discrepancies were resolved through discussion. Data were extracted, and risk of bias was assessed using a pre-tested data extraction sheet based on Cochrane and EPPI Centre guidance (Appendix 3) [22,23]. Study authors were contacted for additional information. Bias was examined using the Cochrane Risk of Bias Tool for randomised [24] and the ROBINS-I for non-randomised studies [25].

Data synthesis

A narrative review of intervention characteristics, components and findings was conducted, followed by a meta-analysis (Appendix 4). GRADE criteria were used to assess the overall quality of the body of evidence for GBV exposure and perpetration and GBV-related attitudes (Appendix 5) [26]. Disagreements were resolved by discussion.

Statistical analysis

For the meta-analysis, studies were grouped by intervention type based on the components they comprised. Significance tests for all statistical analyses were

evaluated at a 95% confidence level. Using the Practical Meta-Analysis Effect Size Calculator [27] and R, outcome effects were recalculated as odds ratios for all binary outcomes. Where reported, odds ratios for cluster-randomisation or adjusted analyses were used. For each meta-analysis and multilevel random-effects meta-analysis, odds ratios were log-transformed. Data from the first follow-up of each study after the intervention, which varied between 0 and 12 months post intervention, were included in the meta-analysis. Funnel plots were created to assess publication bias. Analyses were conducted in RStudio (v3.4.3), using the package metafor (v2.0.0) [28], and assessed for heterogeneity for each comparison using visual inspection and statistical methods (X^2 and I^2). Extracted data and R-scripts are available at <https://osf.io/dgjea/>.

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Results

Description of studies

The search retrieved 2199 unique articles, of which 18 met the inclusion criteria (Figure 1). This review included eight cluster randomised trials, two randomised trials and eight controlled before-after studies, which included 39,746 young people in 21 intervention arms (Table 1, included studies: Appendix 6&7). Three studies were unpublished conference abstracts or presentations [29–32], of which one was published during data extraction [33]. All studies were published between 2005 and 2018. Youth were aged 10–24; a mean age could not be calculated as not all studies provided this information. Eleven studies were carried out in schools and seven in community settings. Of the school-based studies, three took place in primary and eight in secondary schools.

All included studies focused on adolescents and youth vulnerable to HIV, based on their location in a country or area with an HIV epidemic. Studies from rural and urban areas in South Africa, Uganda, Kenya, Zimbabwe, Ethiopia and urban areas affected by high deprivation in Rio de Janeiro were included. None specifically recruited young people living with HIV/AIDS or key populations. Nine studies included only girls, six had boys and girls in equal measures, one had boys and girls but reported only female outcomes, and two included boys only. All of the mixed-sex studies except two used the same exposure and perpetration measures for boys and girls. Those two measured self-reported exposure for girls and perpetration for boys [30,34].

Insert Table 1 here

Insert Figure 1 here

Baseline prevalence of GBV

Study prevalence of GBV, where reported, can be found in Appendix 6.

Description of interventions

All interventions were multi-component, except for two focusing on cash transfers and savings accounts [33,35]. Interventions, or intervention arms in cases of multiple armed studies, were categorised based on the intervention's predominant components (see Table 2 for components and categories): a) sexual health and social empowerment (SHSE) (n=7) [32,34,36–40]; b) SHSE and economic strengthening (n=4) [35,41–43]; c) self-defence for girls (n=2) [44,45] combined which with gender sensitisation for boys (n=1) [46]; d) safer schools (n=2) [30,47]; e) economic strengthening only (n=2, one

three-armed intervention: other arms were SHSE and economic strengthening) [33,35]; f) GBV sensitisation and intervention training for boys (n=2, one describes the results for only girls who received a self-defence intervention in the same school as these boys) [46,48]; and g) safer schools plus parenting (n=1) [30].

SHSE interventions included components on HIV prevention and sexual and reproductive health (SRHR), including contraception, gender-equitable norms and conflict resolution skills. SHSE and economic strengthening interventions combined SHSE with vocational skills, savings accounts or financial skills training. Self-defence interventions comprised of skills to defend against assault, de-escalation techniques, empowerment, and safer spaces training. One study also had a GBV sensitisation component for boys. Safer school interventions focused on educating schools and teachers about alternative, positive discipline techniques and teacher-child power dynamics. Economic interventions provided cash transfers or savings accounts but no skills or SHSE training. GBV sensitisation training was aimed at boys only and focused on gender norms, GBV, consent and de-escalation techniques (Table 2 for components). The most common components were information on SRHR [29,34–37,39,41–43], GBV and gender norms [29,30,34–38,40,46,48], relationships [29,34,40,42,47] and communication [34,35,37,40,41]. Less frequent were empowerment and self-efficacy [39,44,45], de-escalation [41,44,46,48], self-defence [44–46], safe spaces [30,35,36,42], financial education [35,42,43] vocational skills [41–43], networking/social support/mentoring [35,42,43], safer schools [30,37,47], human rights [29,30,41], community involvement [34,38,40], savings accounts [35,43], social environment/peer pressure [29,39], health checks/access to health services [37,42], assessment of risky

situations [36,42,45,48], self-blame reduction for victims [45], consent [48] and cash transfers [33].

Insert Table 2 here

Intervention format

All interventions except for cash transfers and savings accounts were group-based and involved meetings and interactive discussions. Half of the interventions were school-based and half were community-based. Two interventions focused on community engagement [34,38,40]. Information on theory of change, duration and delivery of interventions is provided in Table 2.

Delivery methods

Multi-component interventions used group-based participatory approaches for most of their components. Only cash transfers and savings accounts used a dyadic approach. Group-based participatory approaches included role-playing, youth groups, mentoring, workshops and facilitated discussions.

Participant involvement

Ten studies involved youth in their design by piloting questionnaires or interventions [36,39,47,48], consulting them prior to intervention design [36,37,42,43,46,48] and development [29,37,48], or having them co-write the intervention content [40].

Control conditions

Most school-based studies used treatment as usual including the standard life-skills curriculum. Community-based interventions either offered no control intervention or treatment as usual. One study provided SHSE to the control [42].

Intervention outcomes

Most studies either measured solely IPV or non-partner sexual violence (primary outcome) or GBV-related attitudes (secondary outcome). Only three studies measured both primary and secondary outcomes [30,38,43]. Primary outcome measures included unwanted sexual touching [35], forced sex [30,32,33,36,37,41,44–46] and rape perpetration [30,34,36], sexual assault (forced sex and/or touching) [47], any physical or sexual IPV exposure [30,34,37,42] and perpetration [30,32,34,37,38], physical IPV exposure [32,33] and perpetration [32], and emotional IPV exposure and perpetration [32]. Secondary outcome measures included gender-equitable attitudes [30,38,40,43,48], attitudes towards coerced sex [39] and acceptance of IPV [40].

Overall, 10 of 21 interventions (n=18 studies) showed a reduction in GBV or in GBV-related attitudes compared to the control group. SHSE interventions showed reductions in GBV exposure (3/5 studies), perpetration (1/6) and GBV-related attitudes (1/3). SHSE plus economic strengthening interventions showed reductions in GBV exposure (2/4) and GBV-related attitudes (1/1) but did not measure perpetration. Self-defence interventions showed reductions in GBV exposure (3/3) but did not measure GBV perpetration or attitudes. Safer school interventions showed reductions in GBV exposure (1/2; one showed an increase in peer sexual violence for girls [47]), perpetration (0/1) and GBV-related attitudes (1/1). Of the economic interventions, cash transfers showed

reductions in GBV exposure [33] and savings accounts showed an increase [35], but they did not measure GBV perpetration or attitudes. GBV sensitisation interventions showed reductions in GBV (1/1) and GBV-related attitudes (1/1) but did not measure perpetration. Safer schools plus parenting showed no reductions in GBV exposure or perpetration (1/1) but reductions in GBV-related attitudes (1/1).

Risk of Bias in included studies

Risk of bias was a concern with high or unclear risk of bias across most assessment categories for most randomised studies (Figure 2) and moderate or high risk of bias in non-randomised studies (Figure 3).

Insert Figures 2 & 3 here

Meta-analyses are presented below for the intervention types: SHSE on GBV exposure and perpetration, and SHSE plus economic strengthening and economic strengthening only interventions on GBV exposure. These use nine of 18 studies with the outcome measured at first follow-up after the intervention. For all other intervention types, meta-analyses could not be conducted. This was due to too few studies in the intervention category (safer-schools plus parenting) or insufficient information to calculate effect sizes for synthesis (safer schools and self-defence), thereby reducing the number of analysable studies to less than two. Likewise, too few studies in each intervention category reported GBV-related attitudes to conduct analyses.

Effect of the interventions

Based on our analyses, an overall reduction could be observed for SHSE interventions on GBV exposure OR 0.85 (95% CI: 0.74-.0.98) with low levels of heterogeneity. An overall reduction of GBV exposure could also be observed for SHSE plus economic strengthening interventions OR 0.83 (0.73-0.94) with low levels of heterogeneity. No effect could be observed on GBV perpetration for SHSE interventions OR 0.84 (0.54-1.32) or exposure for solely economic interventions OR 1.35 (0.34-5.45) with high levels of heterogeneity. Publication bias is very likely for these studies considering asymmetries in the funnel plots (see Appendix 6 for Forrest and Funnel Plots) [22].

Quality of evidence

Using the GRADE criteria for randomised [26], non-randomised [49] and non-meta-analysed studies [50], the overall quality of the evidence was assessed as very low for GBV exposure, low for GBV perpetration and low for GBV-related attitudes (see Appendix 4).

Discussion

GBV is a global public health concern disproportionately affecting adolescents and youth and those living with or at of risk of HIV. Urgent intervention is required to reduce the burden of GBV, particularly in the context of HIV epidemics. This review found 21 heterogeneous interventions ranging from cash transfers to complex multi-component interventions. Multi-component SHSE and SHSE plus interventions showed small reductions in GBV exposure in the meta-analyses. This is an important finding as single-component interventions such as economic strengthening showed no effect on GBV exposure. In fact, the meta-analysis suggests a possible increase in risk in exposure driven

by an intervention providing savings accounts. The other intervention, a cash transfer, resulted in a large reduction in GBV exposure. The meta-analyses showed no effect for SHSE interventions on GBV perpetration.

For self-defence for girls, safer schools, GBV sensitisation training for boys and safer schools plus parenting programmes, insufficient data were provided to conduct meta-analyses. In the narrative analysis, self-defence interventions, GBV sensitisation and the combination of both showed promising effects on GBV-related attitudes and rape. Safer schools interventions showed no effects on GBV (except for an increase in sexual violence among girls in one study, possibly related to increased reporting).

None of the included interventions focused explicitly on adolescents and youth living with HIV or from key populations. While some of these were potentially included in the studies, no information was provided on whether interventions are suitable or would require adaptation for these groups or contexts outside of sub-Saharan Africa. Furthermore, most interventions focused on IPV prevention in heterosexual relationships as a primary outcome and only three interventions focused specifically on non-partner sexual violence.

It is noteworthy that all multi-component interventions used some form of group-based participatory delivery method. Involving adolescents through role-play, discussions and workshops appears critical for successful interventions, supporting skill building over knowledge acquisition while potentially increasing acceptability of topics covered and engagement with the material.

Most interventions focused on girls and young women and provided skills for avoiding risky situations where they might encounter violence. This is also demonstrated in the findings that show reductions in exposure but no effects on perpetration. These complex multi-component group-based participatory interventions are excellent for expanding girls' agency and empowerment as well as critical thinking about gender norms. However, it is concerning that we have limited knowledge about what works to change boys' behaviour and attitudes. Interventions should make room to include boys in ways that still protect safe spaces for girls. Harmful gender norms that drive GBV are difficult to change without involving all people who adhere to and act according to these norms. In fact, interventions involving the whole community either through engagement or mass media have been shown to be critical in shifting harmful gender norms [51,52], yet only three of the interventions included components targeting the wider community. Many interventions that successfully used community engagement to prevent and reduce GBV were excluded from the review because the impact of the intervention on adolescents and youth could not be discerned (Appendix 8: excluded studies). SHSE plus interventions for girls attempted to address this by providing participants with economic and vocational skills to improve economic standing in society in addition to SHSE knowledge. Other interventions focused on self-defence for girls, sometimes combined with gender sensitisation for boys, while safer schools and parenting was on offer for both boys and girls. Boys often received different programmes from girls, with components focused on consent, GBV and intervening to protect girls from harm.

None of the interventions acknowledged that boys and gender non-conforming youth may also be exposed to GBV themselves. Research shows more severe exposure and

harmful outcomes for girls in terms of IPV, but in a recent national study in South Africa, 9.9% of boys reported non-consensual sexual acts [53]. Interventions in this review often combined outcome data for both genders or only described GBV experience for girls and perpetration by boys. Overall, interventions to reduce GBV appeared more effective for exposure among girls than exposure among or perpetration by boys.

Measurement of GBV was heterogeneous across studies measuring sexual violence by any or specific perpetrators; combinations of multiple types of IPV (physical, sexual and emotional); individual types of IPV; and GBV-related attitudes using a variety of measures. This highlights the need for evaluations that include standardised measures reporting on individual IPV and sexual violence outcomes for both boys and girls.

Included non-randomised studies were of poor quality with regards to the construction of the control group. Studies did not use advanced matching techniques, regression discontinuity designs or interrupted time-series to establish causality. Thus, conclusions on effectiveness of these interventions are limited. Furthermore, some studies did not include the same participants at follow-up as at baseline. None of the non-randomised studies were pre-registered, leading to a high risk of selective outcome reporting.

Only one study in this review invited young people to co-create intervention content [40], only half involved young people in intervention planning. This is problematic as participatory research has been shown to make interventions more acceptable for the target audience [54] as well as being beneficial for participant-focused interpretation of data and implementation of study results [55].

Limitations of the review

This review is subject to a number of limitations that affected the analysis. First, this review focused only on studies reporting intervention effects for adolescents and youth. Multiple rigorous GBV prevention intervention evaluations had to be excluded as they only reported outcomes for adults or did not report results for <25 year olds. In light of emerging evidence suggesting incongruence between outcome reporting of older men in community-based studies (reporting reductions in perpetration) and women (reporting no change in violence exposure)[56], extrapolation of results from adult populations to adolescent populations would have been misleading. Second, included studies reported a variety of effect sizes (OR, RR, χ^2 and β - coefficients) which were transformed into odds ratios where sufficient information was provided, and not all cluster randomised studies adjusted for clustering. Third, while multi-level meta-analyses account for correlations between effect sizes within studies, they only partly account for individual-level effect correlations. Fourth, meta-analyses used data from the first point of follow-up as comparability of follow-up points varying from 0–36 months post intervention was not given. Thus, overall effects in the meta-analyses may be over estimations as effects can trail off over time. Finally, few of the randomised studies included in this review had low risk of bias. Many studies were not pre-registered, or did not provide sufficient information to assess risk of bias and the overall quality of the body of evidence presented in this review was rated as low.

Implications for research and practice

The results of this review have significant implications for research and practice. First, more research using rigorous experimental or quasi-experimental designs is needed to establish the effectiveness of interventions to reduce GBV among young people in LMICs living with or vulnerable to HIV. The promising effects shown by SHSE, SHSE plus economic strengthening, self-defence, gender sensitisation and cash transfers highlighted in this review need further testing. Second, to increase effectiveness of interventions, it is essential that young people are meaningfully involved in the research and intervention design. Third, future interventions should be evaluated with young people living with HIV and key populations of both genders to allow generalisability of the results to these groups. Fourth, organisations funding and implementing GBV interventions should include a budget sufficient for rigorous evaluations of these interventions with comparison groups to inform further investments in programming. Fifth, practitioners should focus on the best available evidence when selecting interventions for implementation and conduct rigorous evaluations where the implemented interventions are not evidence-based. Finally, for both research and practice, targeting community- and society-level factors rather than individual-level factors, and ensuring implementation and knowledge of laws to protect vulnerable populations from GBV may help shift gender norms to prevent and reduce GBV [57].

Conclusions

SHSE and SHSE plus economic strengthening interventions may reduce GBV exposure among adolescents and youth. More research is needed on the prevention of GBV exposure and perpetration, and on key populations and young people living with HIV. Finally, youth must be included in intervention design and evaluation.

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Author contributions

FM and MP designed the overall study, and MTL, VN, HS and LO contributed to the protocol. FM, MTL, VN, VP and AAB conducted the abstract screening. FM and VP assessed full text eligibility. MTL designed the data extraction form with contributions from FM and MP. FM, VN, VP, RHR, EDM and AAB extracted the data and assessed risk of bias. FM wrote the paper and conducted the narrative analysis. MP and LO contributed to the narrative analysis. TFS calculated effect sizes and conducted the meta-analysis. FM and RHR GRADED the evidence. All authors contributed to the interpretation of the findings and the structure of the paper. All authors reviewed and approved the final version.

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INDIVIDUAL TABLES AND FIGURES

Table 1: Characteristics of included studies and their outcome

| <i>First Author (year)</i> | <i>Location</i> | <i>Design</i> | <i>Population</i> | <i>Intervention</i> | <i>Control</i> | <i>Outcome(s)</i> | <i>Effect Size¹ (OR unless otherwise specified)</i> |
|--|---------------------------------------|--|--|--|---|---|--|
| <i>Austrian & Muthengi, 2014</i> | Uganda, Kampala, informal settlements | Pre-post-test with accidental assignment to intervention A and B, control systematically different (intervention A n=451; intervention B n=300; control C=313) | Adolescent girls aged 10–19 in low-income areas | Community based interventions A: savings plus B: savings only | No intervention | Unwanted sexual touching past 6 months (A & B vs control) | 2.47 (0.74-8.24) |
| | | | | | | Unwanted sexual touching past 6 months (Int A) | 1.80 (0.81-3.99) |
| | | | | | | Unwanted sexual touching past 6 months (Int B) | 3.15 (1.40-7.08) |
| <i>Baiocchi et al., 2017</i> | Kenya, Nairobi, informal settlements | Cluster RCT (intervention n=3529, cluster=16; control n=2827, cluster=16) | Primary school children aged 10–16 | School-based sexual assault prevention intervention including self-defence, also included a gender sensitisation intervention for boys in the same schools | 1.5-2hr life-skills class on hygiene, food safety and personal rights as part of usual curriculum | Rape since intervention (girls) | 3.7% (0.4-8.0) % risk reduction |
| <i>Bandiera et al 2017</i> | Uganda, rural and urban communities | Cluster RCT (intervention n=3964, cluster=100; control n=2002, cluster=50) | Adolescent girls (aged 14–20, mean age 16) | Adolescent club intervention on empowerment and livelihood | No intervention | Forced sex past year | 0.82 (0.72-0.93) ^a |
| <i>Devries et al., 2017</i> | Uganda, Luwero | Cluster RCT (intervention n= 2097 students, cluster=21; control n=2041, cluster=21) | Primary school children aged 11–14 (mean age 13) | Good Schools Toolkit for reducing violence in schools | No intervention | Peer sexual violence past term | 2.01 (0.92-4.40) |
| | | | | | | Peer sexual violence past term (girls) | 3.39 (1.22-9.40) |
| | | | | | | Peer sexual violence past term (boys) | 0.64 (0.15-2.73) |
| | | | | | | Teacher sexual violence past term | 1.04 (0.48-2.25) |
| | | | | | | Teacher sexual violence past term (girls) | 1.20 (0.46-3.12) |
| Teacher sexual violence past term (boys) | 0.85 (0.27-2.69) | | | | | | |

¹ Calculated using Wilson [online] effect size calculator. Significance measured at a 95% confidence level.

| <i>First Author (year)</i> | <i>Location</i> | <i>Design</i> | <i>Population</i> | <i>Intervention</i> | <i>Control</i> | <i>Outcome(s)</i> | <i>Effect Size¹ (OR unless otherwise specified)</i> |
|----------------------------------|--|--|--|--|--|---|--|
| <i>Dunbar et al., 2014</i> | Zimbabwe, Chitungwiza (urban high density) | Individual RCT (intervention n=158; control n=157) | Out of school, female adolescent orphans aged 16–19 (mean age 18) | SHAZ! Multi-component interventions including life-skills, health, vocational training and micro grants | Life skills and health education same as intervention group but no additional components | Any physical or sexual violence since last study visit | 0.68 (0.27-1.74) |
| <i>Erulkar & Chong, 2005</i> | Kenya, Nairobi, low-income informal settlements | Longitudinal study with matched control (intervention n=326; control n=326) | Out of school young women aged 16–22 | TRY modified group-based finance intervention including savings, credit, business support and mentoring | No intervention | Gender attitudes | 1.30 (1.24-1.37) |
| <i>Jemmott et al., 2018</i> | Eastern Cape Province, South Africa, a township and a semirural area | Cluster RCT: secondary analysis, planned after data was collected. (intervention n=306 female adolescents, n=255 male adolescents; control n=240 male adolescents, n=251 female adolescents) | Adolescent men and women aged 9–18 | Let Us Protect Our Future intervention. Theory-based, culturally adapted, 6-session HIV/sexually transmitted disease risk-reduction intervention | Chronic disease prevention control intervention | Lifetime forced sex perpetration (boys) | RR 0.95 (0.92-0.99) |
| | | | | | | Lifetime forced sex exposure (boys) | RR 0.96 (0.92-1.00) |
| | | | | | | Lifetime forced sex exposure (girls and boys) | 0.53 (0.26 – 1.08) ^a |
| <i>Jewkes et al., 2008</i> | South Africa, Eastern Cape, villages and townships in rural areas | Cluster RCT (intervention n=694 men, n=715 women, cluster=35; control n=666 men, n=701 women; clusters=35) | Adolescent men and women aged 16–23 (some lies about actual age so aged 15–25) | Stepping Stones participatory single sex group-based HIV prevention | 3hr session on HIV, safer sex and condoms | Rape/attempted rape of non-intimate partner perpetration | 0.71 (0.47-1.07) ^a |
| | | | | | | >1 physical or sexual IPV perpetration since last interview | 0.73 (0.50-1.06) ^a |
| | | | | | | >1 physical or sexual IPV exposure since last interview | 0.87 (0.64-1.18) ^a |
| <i>Jewkes et al., 2017</i> | South Africa, Gauteng | Cluster RCT (n=3756 intervention A clusters=8; intervention B clusters=8; control cluster=8) | School children in grade 8 aged 12–19 | Skhokho Supporting Success multi-component intervention Intervention A: school strengthening Intervention B: School and family strengthening | Standard curriculum | Any physical or sexual IPV perpetration (boys, Int A) | AIRR 0.94 (p=0.682) |
| | | | | | | Any physical or sexual IPV perpetration (boys, Int B) | AIRR 0.93 (p=0.644) |
| | | | | | | Any physical or sexual IPV victimisation (girls Int A) | AIRR 0.94 (p=0.610) |
| | | | | | | Any physical or sexual IPV victimisation (girls Int B) | AIRR 0.93 (p=0.607) |
| | | | | | | Non-partner rape perpetration past year (boys Int A) | AIRR 1.02 (p=0.849) |
| | | | | | | Non-partner rape perpetration (boys Int B) | AIRR 1.00 (p=0.992) |
| | | | | | | Non-partner rape victimisation (girls Int A) | AIRR 0.98 (p=0.870) |

| <i>First Author (year)</i> | <i>Location</i> | <i>Design</i> | <i>Population</i> | <i>Intervention</i> | <i>Control</i> | <i>Outcome(s)</i> | <i>Effect Size¹ (OR unless otherwise specified)</i> |
|--------------------------------|---|--|--|--|-----------------------|---|---|
| <i>Keller et al., 2015</i> | Nairobi, Kenya, secondary schools located in or bordering the six largest slums | Quasi-experimental pre-post test (intervention n=1543; control=293) | Adolescent boys aged 15–22 | “Your Moment of Truth” (YMOT). Gender-based violence educational curriculum intervention | 2hr life skills class | Non-partner rape victimisation (girls Int B) Gender attitudes (boys Int A) Gender attitudes (boys Int B) Gender attitudes | AIRR 0.86 (p=0.307) 0.57 (p=0.019) OLS coefficient 0.20 (p=0.41) OLS coefficient Between effect: control group scored significantly higher than the control group at FU, t (1306) = 13.51, p < .0001 |
| <i>Kilburn et al., 2018</i> | South Africa, Mpumalanga, rural | RCT (intervention n=1225; control n=1223) | Unmarried young women aged 13–20 (mean age 15) enrolled in high school and living with caregiver | Cash-transfer condition on school-attendance over period of 3 years | No cash transfer | Forced sex past year Any physical IPV past year | 1.16 (0.94-1.42) ^a 0.48 (0.41-0.57) ^a |
| <i>Mathews et al., 2016</i> | South Africa, Western Cape | Cluster RCT (intervention n=1748, clusters=20; control n=1703, clusters=22) | Adolescents in Grade 8 in public high schools (mean age 13) | PREPARE after school, group-based HIV prevention intervention | School as usual | Any IPV experience past 6 months Any IPV perpetration past 6 months Unwilling first intercourse | 0.77 (0.60-0.98) 1.57 (0.88-2.80) 0.91 (0.63-1.32) |
| <i>Pullerwitz et al., 2015</i> | Ethiopia, Addis-Ababa, low-income sub-cities | Pre-post-test with random assignment of sub-cities to intervention A (n=251), intervention B (n=235), and control (n=159). | Young men aged 15–24 | Gender norm change and HIV prevention interventions Intervention A: community engagement and information Intervention B: Community engagement plus group education | Waitlist control | High gender equitable norms (A vs B vs Control) Moderate gender equitable norms (A vs B vs Control) Low gender equitable norms (A vs B vs Control) Any physical or sexual IPV perpetration (A vs B vs Control) | 40% vs 34% vs 30% 29% vs 34% vs 37% 31% vs 32% vs 55% 18% vs 16% vs 14% |
| <i>Risjdijk et al., 2011</i> | Uganda | Quasi-experimental pre-post-test design in matched schools (intervention n=832; schools=24; control n=1011, schools=24) | Secondary school students aged 12–19 | Worlds Starts with me low-tech computer-based, interactive sex education program | Waitlist control | Attitudes towards coerced sex | 1.12 (0.95-1.32) |
| <i>Rocha et al., 2013</i> | Brazil, Rio de Janeiro, slum communities | Quasi-experimental pre-post-test in two matched geographic locations (intervention n=114; control n=159) | Young women in low-income communities aged 14–20 | Program M, a multi-component group-based sexual and reproductive health intervention with social communication campaign to engage communities | Waitlist control | Acceptance of domestic violence Non-gender equitable attitudes | 0.71 (0.11-4.44) 0.95 (0.61-1.47) |

| <i>First Author (year)</i> | <i>Location</i> | <i>Design</i> | <i>Population</i> | <i>Intervention</i> | <i>Control</i> | <i>Outcome(s)</i> | <i>Effect Size¹ (OR unless otherwise specified)</i> |
|---------------------------------|--|--|--|---|-------------------------------|--|---|
| <i>Sarnquist et al. 2014</i> | Kenya, Nairobi, informal settlements | Pre-post-test in 4 intervention and 1 control neighbourhoods using repeated cross-sections (intervention n=1978, neighbourhoods =4; control n=428, neighbourhoods=1) | Adolescent girls attending low performing secondary schools (aged 13–20) | No means No, empowerment, self-defence and life-skills group-based intervention | Life skills class | Forced sex past year (change within intervention group) Forced sex past year (change control group) | Rate Ratio 1.61 (1.26-1.86); 17.9% vs 11.1% Rate Ratio 1.02 (0.67-1.57); 14.3% vs 14.0% |
| <i>Sinclair et al., 2013</i> | Kenya, Nairobi, urban informal settlements | Longitudinal cohort study in 6 schools pre and post intervention (intervention n=402, schools=4; control n=120, schools=2) | Adolescent high-school girls aged 14–21 years (mean age 16.7) | No means No: empowerment, self-defence and de-escalation | Life skills class | Sexual assault victimization past year | 0.34 (0.19-0.59) |
| <i>Taylor et al., 2011/2014</i> | South Africa, KwaZulu-Natal, urban and rural areas | Cluster RCT (intervention n=432, cluster=8; control n=386, cluster =8) | Adolescents in grade 8 of high school (mean age males 14.8; mean age females 13.9) | Classroom-based sexual health intervention | School life skills curriculum | Physical IPV exposure (boys and girls) Emotional IPV exposure (boys and girls) Sexual IPV exposure (boys and girls) Physical IPV perpetration (boys and girls) Emotional IPV perpetration (boys and girls) | 0.78 (.56-1.04) 1.11 (0.83-1.50) 0.99 (0.35-2.83) 0.83 (0.62-1.12) 1.08 (0.80-1.44) |

^aNote that this OR was calculated for the purposes of the meta-analysis and does not account for the clustering in this study

Table 2: Interventions, their components and categorisations

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|---------------------------|-------------------|--|--|---|--|--|---|
| Austrian & Muthengi, 2014 | A: Savings plus | Safe spaces: short training sessions on a variety of topics to build social assets and a platform in which girls are organized | 30–90 min. sessions weekly overall duration of intervention 1 year | Community groups of up to 25 girls. Facilitated by mentor: young women aged 20–35 in the same community as the girls. Intensive 5-day delivery training. Supervision 1/month | Adolescent girls need combination of health, social and economic assets in order to make a healthy transition into an adulthood. These assets will also reduce poverty. Only assets or vocational skills are not sufficient as it won't allow girls to use their networks and capitalize on economic opportunities. Only knowledge on health etc. is not sufficient as economic vulnerability trumps knowledge and leads to increased risky behaviour. Successful interventions address the underlying causes and linkages that put girls at risk. | Comprehensive SHSE plus economic strengthening | None reported |
| | | Tuko Pamoja: Adolescent Reproductive Health and Life Skills Curriculum: information on puberty, reproduction, family planning, HIV/AIDS, STIs, drug abuse, communication, gender-based violence, peer pressure | 30 sessions | No information provided | | | |
| | | Young Women: Your future your money. Financial education on personal money management, exploring options for earning money in formal and informal economies | Sessions as part of safe spaces | Mentor | | | |
| | | Savings accounts: savings group and individual savings account | Throughout | Local banks | | | |
| | B: Savings | Savings accounts: savings group and individual savings account | Throughout | Local banks | | | |
| Baiocchi et al., 2017 | IMPower | Girls: education to empower girls to avoid risky situations, advocate for themselves and defend themselves against an attack. Sessions: building rapport, personal awareness, boundaries, physical defence, verbal and physical skills, self-defence, de-escalation and negotiation, sharing of assault experiences and linking survivors to a support group | 6 week, 2hr sessions classroom based with booster training session within 3 months | Group-based including role-plays, facilitated discussions and verbal and physical skill practice Delivered by instructors who were respected members of their communities and had a background in and passion for prevention of sexual violence. They received extensive training by experience facilitators. New trainers were supervised throughout the first year. | Based on Social Learning Theory and the Health Belief Model aiming to increase self-efficacy as a key component of behaviour change. | Self-defence | Focus groups and classroom content piloting with target populations during intervention development |
| | 50:50 | Boys: developing awareness about gender interactions, negative gender roles, identifying emotions, skill building around courage, use of verbal interventions in harassment or assault situations | 6 week, 2hr sessions classroom based with booster training session within 3 months | All sessions had ratios of approximately 1 instructor to 15 students | | GBV sensitisation | |

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|---------------------|--|---|---|---|---|--|--|
| Bandiera et al 2017 | Empowerment and Livelihood for Adolescents (ELA) | Adolescent community clubs which host popular activities such as reading, staging drama, dancing, singing, playing games. | 5 afternoons per week for 4 years | Adolescent community clubs led by female mentors selected from the community trained for 1 week and with monthly refresher courses. | Vocational skills with financial literacy and life skills will aid the empowerment of girls through relaxation of human capital constraints that adolescent girls face and enhancing control over their body. Kick-starting human capital to break the vicious circle between low labour force participation and high fertility. | Comprehensive SHSE plus economic strengthening | None reported |
| | | Vocational skills taught through adolescent community clubs: courses on income generating activities, supporting the establishment of small-scale enterprises such as hair-dressing, tailoring, computing, poultry rearing also including financial literacy | Sessions offered during the first two years of the intervention | Taught by entrepreneurs engaged in the respective activities or by hired professionals as well as BRAC's agriculture and livestock program staff | | | |
| | | Life skills: SRH, menstruation, pregnancy, STIs and HIV, family planning, rap, management skills, conflict resolution, leadership, legal knowledge on women's issues such as bride price and VAC | Sessions offered during the first two years of the intervention | Life skills sessions led by mentors or by BRAC's professional staff | | | |
| Devries et al. 2017 | Good School Toolkit | Complex, whole-school intervention. Six steps containing 60 different activities for staff, students and administration focused on improving the school environment, creating a better learning environment, fostering respect among stakeholders, understanding power relationships, improving teaching techniques, learning non-violent methods of discipline and creating accountability | Varies between schools receiving the intervention. | Delivered by two staff and two students per school in group-based format. Leaders receive ongoing support from Raising Voices, the NGO who developed the intervention. Schools must set goals, make action plans, think about rewards and reinforcements and creating social support for change. During the intervention Raising Voices staff provide one-on-one support through visits (2/term) and telephone calls. | Draws on the Trans-theoretical model of behaviour change and aims to improve children's experience of school by training teachers and school administration in understanding power relationships, accountability, transparency, working in collaboration with students, taking into account their community's and student's backgrounds and beliefs | Safer schools | children participate actively in the committees and groups set up to make their school safer- questionnaires were piloted with primary school children |
| Dunbar et al., 2014 | A: Shaping the Health of Adolescents in Zimbabwe SHAZ! | Reproductive health services: health screening, treatment for STIs and minor ailments, free contraceptives, HIV+ participants referred to local clinics and aided with ART registration | Every study visit | Trained project staff | Naila Kabeer's Theory of Women's empowerment. Empowerment is a process by which one develops increased access to resources and greater agency ultimately improving capabilities or the capacity to effect outcomes in one's own life. | Comprehensive SHSE plus economic strengthening | young women gave input into the design of the intervention |
| | | Life skills education and home-based care training: SRH, relationship negotiation, strategies to avoid | Life skills: 14 modules over 4–6 weeks | Life skills: delivered to groups of 25 | | | |

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|-----------------------|---|---|--|--|--|----------------------------------|---|
| | | <p>violence, identification of safe and risky places in the community</p> <p>Livelihoods: financial literacy education and choice of vocational training, those who completed the training successfully developed a business plan and received support through a micro grant</p> <p>Integrated social support: guidance counselling to help participants navigate challenges</p> | <p>Home-based care: Skills around safely caring for people living with HIV</p> <p>6 months long</p> <p>Underpinned the livelihoods component</p> | <p>Home-based care: conducted through Red Cross Zimbabwe</p> <p>At local training institutes conducted in English with a practical and theoretical component</p> <p>By trained staff and self-selected mentors</p> | <p>The program's components were thought to work together to increase knowledge, improve social and economic indicators and enable participants to reduce risky behaviours and optimize healthy ones. These improvements then reduce HIV acquisition and unintended pregnancy.</p> | | |
| Erulkar & Chong, 2005 | Tap and Reposition Youth (TRY) Savings and Micro-Credit | Multi-component intervention which combines savings, micro-credit, training in business and life skills, reproductive health and mentoring by adults from the community | <p>Group meetings 1–2 hrs/week with KDA credit officer</p> <p>Group discussions, education sessions, recreation, excursions, sports and fitness organized by adult mentors following TRY group meetings.</p> | <p>Formation of KIWAs (groups of 15–25 young women) which elect their own representatives and are registered as a self-help group. Group opens savings account and receive 6–day training facilitated by KDA. After 8 weeks of saving, group decides which of its members receive first disbursement of loans, other members only receive disbursements when loans have been repaid in full. Part-time adult mentors from various professions receive 5–day training course.</p> | Improving adolescent's livelihood options by reducing their vulnerabilities to adverse social and reproductive health outcomes. | SHSE plus economic strengthening | piloting with adolescent girls which led to changes to the program to better meet adolescent girl's needs |
| Jemmott et al., 2018 | Let Us Protect Our Future | Interactive education to reduce sexual risk behaviours with particular focus on abstinence and condom use: self-efficacy on being aware of risky sexual situations, and how to plan to avoid them, reinforce pride in having a healthy relationship, know and express their limits to avoid risky behaviours and sex refusal. Sessions: "The Long Walk Home", the "What is a Relationship", the "Understanding Risky Situations", the "Knowing and Setting Sexual Limits" | 12 1-hr modules, with 2 modules delivered during each of 6 sessions on consecutive school days | <p>Games, brainstorming, role-playing, group discussions, and comic workbooks with a series of characters and story lines.</p> <p>Mixed-sex groups of 9–16 adolescents co-facilitated by a specially trained man and woman. These facilitator pairs modelled egalitarian gender roles in delivering the intervention.</p> | Based on social cognitive theory and the theory of planned behaviour. The intervention was primarily designed to reduce sexual risk behaviours. It also included several features designed to address gender issues and rape myth beliefs relevant to perpetration and experience of forced sex. | SHSE | unclear in the paper if they followed protocol plans re the participation of adolescents in the development and piloting of the intervention—formative qualitative research with target group prior to intervention development |
| Jewkes et al., 2008 | Stepping Stones | Multi-component HIV-prevention intervention which combines information on sexual and reproductive health, gender-based violence, motivation for sexual | 13 3hr sessions plus 3 meetings and a community meeting. 50 hrs | Participatory single sex, group-based programme in schools complemented by 3 meetings of male and female peer group and final community meeting. | Building stronger, more gender equitable relationships to improve sexual health | SHSE | none reported |

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|---------------------|--|--|--|---|--|------------------------------|---|
| | | behaviour, communication skills, dealing with grief and loss | delivered in 6–8 weeks | Participatory learning, approaches, including critical reflection, roleplay, and drama and draws the everyday reality of participants' lives into the sessions. Implemented by project staff who were employed by partner organization the Planned Parenthood Association of South Africa. 11 facilitators delivered the intervention after 3 weeks of training and two practice groups. Facilitators were slightly older than study participants, had post-school qualifications and were selected for their demonstration of open-mindedness and gender sensitivity | | | |
| Jewkes et al., 2017 | Skhokho Supporting Success | A: School Strengthening: 1) Grade 8 Life Orientation Learner Workbook, Educator Guide, Life Orientation Educator Support workshop, 2) Educator training on values, positive discipline skills, adolescent development and stress and coping, 3) Learner club on safe and vibrant school communities, human rights, communication and conflict resolution | Unclear expect for learner club workshops which are 10 sessions x 30 mins. | School-based IPV prevention. Life Orientation delivered by teachers trained in the curriculum. No further information available | Prevention of IPV through addressing the underlying risk factors of IPV operating at different ecological levels. In order to prevent IPV the interventions aim to build gender equality, challenge normative use of violence in schools and homes, strengthens teen-adult relationships and communication and builds on negotiation, conflict resolution and coping skills. | Safer schools | none reported |
| | | B: School and Family Strengthening: as above plus 1) workshop for caregivers and adolescents aiming to promote supportive, open relationships between caregivers and teens, communication, negotiation, conflict resolution, positive discipline, child abuse, stress and coping and challenging traditional gender roles | 4-day workshops | | | Safer schools plus parenting | |
| Keller et al., 2015 | No Means No Worldwide Your Moment Of Truth | Education: to address attitudes toward women, promote gender equality, development of positive masculinity, and teach boys how to safely and effectively intervene in GBV | Six 2-hr weekly sessions for 6 weeks immediately after school. 2-hr refresher courses were held at 4.5 and 9 months post-intervention. | After-school workshops. All instructors were males from the local region and ranged in age from 20–34 years. Average instructor to student ratio was 1:18. | Attitudes toward women can be an important barrier to intervening in situations involving GBV | GBV sensitisation | Approximately one dozen facilitated pilot classes with boys of the intended age participated in the curriculum development. Their opinions on relevant topics, such as gender, relationships, personal risks, violence, and so on, were obtained. |

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|------------------------|--|---|---|--|--|-----------------------------|--|
| Kilburn et al., 2018 | HPTN 068 | Cash transfer conditional on young women's school attendance (80% month), ZAR 100 paid to young women, ZAR 200 paid to caregiver | 3 years (while young woman is eligible for schooling) | Administered by study team, teachers had to take attendance | Cash transfers and education will empower young women and lead to improved sexual behaviour which will reduce young women's vulnerability to HIV and IPV | Economic | none reported |
| Mathews et al., 2016 | PREPARE HIV prevention | Education: values and aspirations, assertive communication, gender power inequities, relationships, sexual decision making, IPV and sexual violence, support for victims of IPV | 21 sessions, 1/week, 1.1-1.5hrs duration | 25 participants, skill-based and interactive school-based workshops delivered by PREPARE staff who were screened for positive gender norms and comfort with sexuality education. Received 2-week training course and subsequent weekly training, supervision and session prep support. | Reasoned Action Framework with I-Change Theoretical model and Jewkes conceptual framework on IPV. | SHSE | pilot testing of educational component with Grade 8 students prior to RCT, formative qualitative research with adolescents to identify attitudes, beliefs and social norms re barriers and facilitators to safe sexual behaviour. Pilot testing including cognitive interviews of questionnaires |
| | | School health service: SRH education, SRH services and referral to services or commodities where needed. | 1/ week after school | Individual intervention delivered by nurses from nearest public clinic. | Modelled on the new South African Integrated School Health Policy | | |
| | | School safety program: knowledge about laws regarding sexual violence, participatory safety audits plus photovoice activities | 2-day training course | School teams comprise principals, teachers, school safety officers, parent representatives and local police officers received training at central venue delivered by PREPARE team with Centre for Justice and Crime Prevention. | | | |
| | | Photovoice: risk mapping of unsafe situations and places in school | 5 2-hr sessions | 2-day training on photovoice for 20 students at each school. Facilitated by 2 PREPARE researchers | | | |
| Pulerwitz et al., 2015 | Engaging Boys and Men in Gender Transformation | A: Community engagement: newsletters, leaflets, drama skits, workshop meetings and distribution of condoms focusing on gender norm changes and HIV prevention | 6 months | Designed by research intervention and research team took place in entire communities. Activities engaged the wider community in supporting a shift in specific harmful norms. Engaging Boys and Men in Gender Transformation, a manual based on Engender Health and Promundo's | Promoting critical reflection regarding common gender norms to decrease the risk of gender-based violence, HIV and STIs. Informed by the theory of gender and power, a social structural theory that addresses environmental | SHSE | none reported |

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|-----------------------|--------------------------|--|--|---|--|-----------------------------|---|
| | | B: Community engagement plus group education. Education: activities included role plays, group discussions, and personal reflection | 8 sessions with 2-3 hrs duration over period of 4 months | gender-transformative programming. Regularly scheduled youth groups in youth centres, usually on weekends using role plays, group discussion and personal reflection with approx. 20 participants. Sessions were facilitated by 2 or 3 peer educators with oversight from a master trainer. | and social issues relating to gender dynamics, particularly sexual division of labour, sexual division of power, and the structure of cathexis. According to this theory, various negative health and other outcomes stem from the socialisation of women to be sexually passive, women's economic reliance on men, and abusive partnerships. The theory affirms— that addressing gender norms is a core factor in reducing both IPV and related health risks such as HIV and other STIs | SHSE | |
| Rijsdijk et al., 2011 | The World Starts With Me | Interactive sex education program: self-esteem, decision making, personal norms and values, gender equity and sexual and reproductive rights, SRH and goal setting | 14 sessions delivered over 6 months | School-based, low-tech and computer-based delivered outside of the normal curriculum using virtual peer educators and making use of adolescent's creative skills to solve tasks. Activities: theme-based warming-up activities, games and interactive assignments (e.g. role-plays) Students are guided by teachers in their use of the program. Teachers receive 5–6 days of training. | Using the Theory of Planned Behaviour and the Health Belief Model as a conceptual framework: knowledge on rights, health, behaviour and adolescent development aims to empower and support adolescents to make informed decisions about sex. | SHSE | questionnaire was pre-tested among adolescents |
| Rocha et al., 2013 | Program M | Education: knowledge and skills on gender identity, sexuality, SRH, HIV prevention and GBV | 18 workshops over period of 4 months | Workshops with group activities and peer discussions conducted by facilitators held in community centres. Activities involve role-playing, discussions and a cartoon video. Facilitators are aged 30-45 with experience in conducting workshops on health for women in low-income communities and receive 40hr training on facilitation with subsequent weekly 3hr supervision meetings. All facilitators have a Bachelors degree in psychology or social work. | To change women and their communities gender norms and attitudes and in turn increase women's self-efficacy in interpersonal relationships | SHSE | young men and women helped co-create the community radio intervention content |
| | | Social media communication campaign: Radio soap opera and strip | Several times a day over 4 months | Social communication campaign written by young people in slums | | | |

| Study ID | Intervention Name | Components | Duration | Delivery | Theory of change | Intervention categorisation | Youth Involvement |
|--------------------------|---|--|--|--|--|-----------------------------|----------------------------|
| | | booklets to engage within HIV prevention and strengthen gender equitable attitudes | Animated strip booklets distributed in communities over 4 months | and aired through the community radio station Distributed by young women who participate in the program | | | |
| Sarnquist et al. 2014 | No Means No | Empowerment, de-escalation and self-defence skills and linkage of sexual assault survivors to self-help groups | 6 sessions, 6 x 2hrs with 3x 2 hr refresher at 3, 6 and 10 months. | Role-play, discussion and extensive verbal and physical technique practice facilitated by local women instructors and their supervisors aged 20–34 years with at least 2 years of experience advocating to reduce GBV in their neighbourhoods. Trainers received 276 hours of training and hands-on practice monitored by supervisors. | The intervention was grounded in social learning theory and the health belief model and was adapted from existing empowerment and self-defence modules. Curriculum developed based on the special needs of women and children living in areas with high rape incidence. Based on women's empowerment and self-defence programs from high income countries. | Self-defence | piloting of questionnaires |
| Sinclair et al., 2013 | No Means No | Empowerment, de-escalation and self-defence skills | 6 sessions, 6 x 2hrs with 4x2 hr refresher at 3, 6, 9 and 10 months. | Role-play, discussion and extensive verbal and physical technique practice facilitated by local women instructors in groups of 15. Instructors were 20–32 years of age and selected from the same neighbourhoods as the participants and trained over a 3 months period. | Curriculum developed based on the special needs of women and children living in areas with high rape incidence. Based on women's empowerment and self-defence programs from high income countries. | Self-defence | none reported |
| Taylor et al., 2011/2014 | Teenage pregnancy (TP) prevention program | Gender norms, self-knowledge, relationships, sexual consensus, SRH, parenthood, human rights plus standard school life skills curriculum | 16 modules over 4 months. | Classroom-based interactive intervention program implemented by 2 trained facilitators. Variety of activities: role plays, small and large group discussions, debates, and viewing of videos made especially for the discussions with students | Based on the integrated model of behaviour change which assumes that predisposing factors such as knowledge influence motivating factors such as attitudes and these lead to behaviour change. | SHSE | none reported |

Figure 1: Prisma Flow Chart [58]

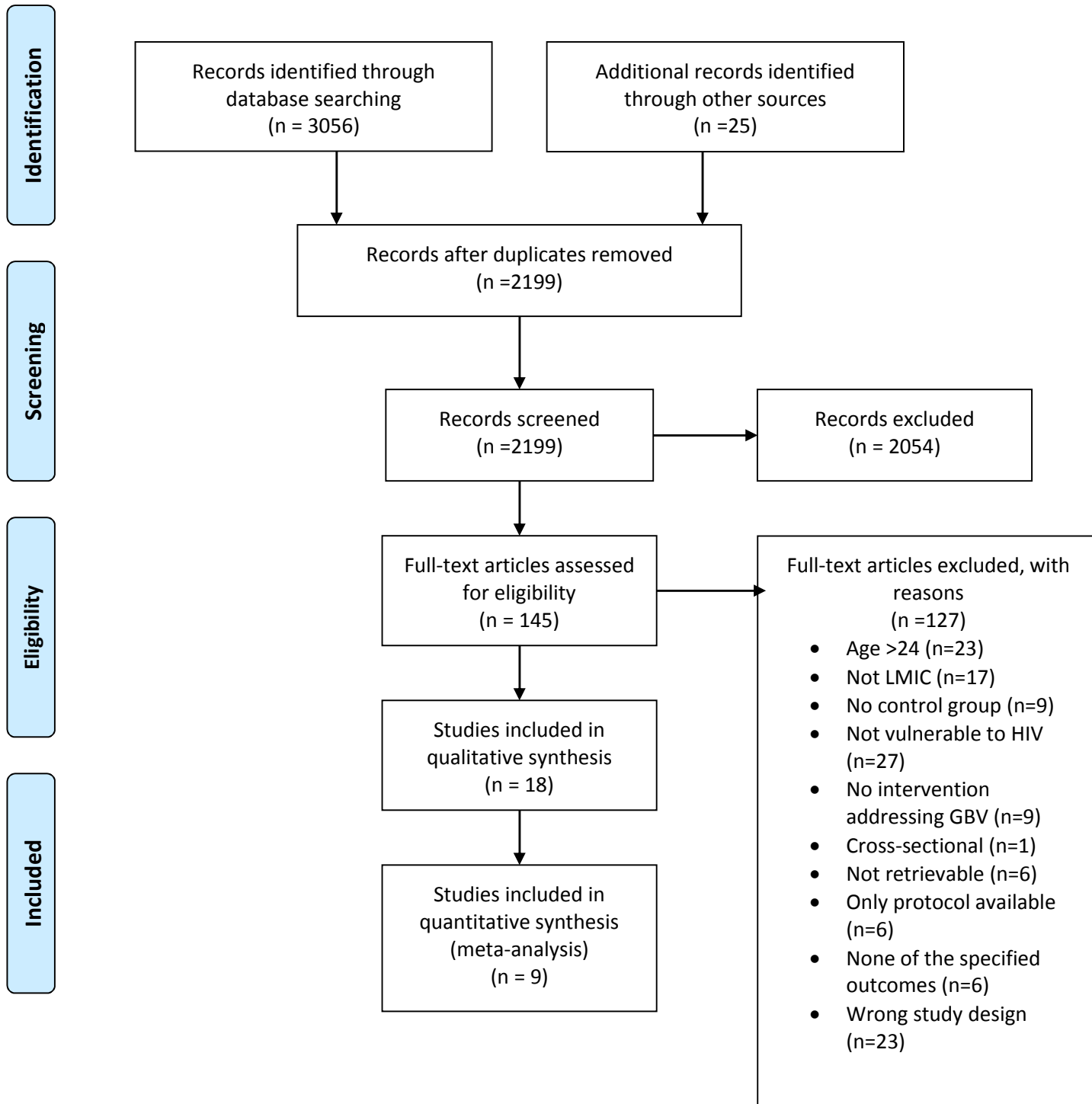


Figure 2: Risk of Bias in randomised studies

| | Random sequence generation (selection bias) | Allocation concealment (selection bias) | Blinding of participants and personnel (performance bias) | Blinding of outcome assessment (detection bias) | Incomplete outcome data (attrition bias) | Selective reporting (reporting bias) | Other bias |
|---------------|---|---|---|---|--|--------------------------------------|------------|
| Baiocchi 2017 | + | ? | - | - | ? | - | ? |
| Bandiera 2017 | - | - | - | - | + | ? | - |
| Devries 2017 | + | + | - | - | + | + | ? |
| Dunbar 2014 | + | + | - | - | - | ? | - |
| Jemmott 2018 | + | + | - | - | + | - | - |
| Jewkes 2008 | + | ? | - | ? | + | + | + |
| Jewkes 2017 | ? | ? | ? | ? | - | - | ? |
| Kilburn 2017 | + | ? | + | + | + | + | ? |
| Mathews 2016 | + | + | - | - | - | ? | - |
| Taylor 2014 | ? | ? | ? | ? | - | - | ? |

Figure 3: ROBINS-I Risk of Bias Assessment

| | Bias due to confounding | Bias in selection of participants into the study | Bias in classification of interventions | Bias due to deviations from intended interventions | Bias due to missing data | Bias in measurement of outcomes | Bias in the selection of reported results |
|----------------|-------------------------|--|---|--|--------------------------|---------------------------------|---|
| Austrian 2014 | ? | ? | ? | - | - | - | ? |
| Elrukar 2005 | ? | - | + | + | - | - | ? |
| Keller 2015 | ? | + | + | + | - | - | - |
| Pulerwitz 2015 | ? | ? | + | + | - | - | ? |
| Rijsdijk 2011 | ? | - | + | - | - | - | ? |
| Rocha 2013 | ? | ? | + | + | + | - | - |
| Sarnquist 2014 | - | ? | + | + | - | - | ? |
| Sinclair 2013 | - | ? | + | + | - | - | ? |

Appendices

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Appendix 1 Search Strategy Details

1. Final search strategy for OVID interface

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| # | |
| 1 | exp developing countries/ |
| 2 | (Africa or Central Africa or Latin America or Caribbean or West Indies or Eastern Europe or Soviet or South America or Arab or Middle East or Latin America or Central America).hw.ti.ab.cp. |
| 3 | (Afghanistan or Albania or Algeria or Angola or Antigua or Barbuda or Argentina or Armenia or Armenian or Aruba or Azerbaijan or Bahrain or Bangladesh or Barbados or Benin or Byelarus or Byelorussian or Belarus or Belorussian or Belorussia or Belize or Bhutan or Bolivia or Bosnia or Herzegovina or Hercegovina or Botswana or Brasil or Brazil or Bulgaria or Burkina Faso or Burkina Fasso or Upper Volta or Burundi or Urundi or Cambodia or Khmer Republic or Kampuchea or Cameroon or Cameroons or Camerons or Cape Verde or Central African Republic or Chad or Chile or China or Colombia or Comoros or Comoro Islands or Comores or Mayotte or Congo or Zaire or Costa Rica or Cote d'Ivoire or Ivory Coast or Croatia or Cuba or Cyprus or Czechoslovakia or Czech Republic or Slovakia or Slovak Republic or Djibouti or French Somaliland or Dominica or Dominican Republic or East Timor or East Timor or Timor Leste or Ecuador or Egypt or United Arab Republic or El Salvador or Eritrea or Estonia or Ethiopia or Fiji or Gabon or Gabonese Republic or Gambia or Gaza or Georgia Republic or Georgian Republic or Ghana or Gold Coast or Greece or Grenada or Guatemala or Guinea or Guam or Guiana or Guyana or Haiti or Honduras or Hungary or India or Maldives or Indonesia or Iran or Iraq or Isle of Man or Jamaica or Jordan or Kazakhstan or Kazakh or Kenya or Kiribati or Korea or Kosovo or Kyrgyzstan or Kirghizia or Kyrgyz Republic or Kirghiz or Kirgizstan or Lao PDR or Laos or Latvia or Lebanon or Lesotho or Basutoland or Liberia or Libya or Lithuania or Macedonia or Madagascar or Malagasy Republic or Malaysia or Malaya or Malay or Sabah or Sarawak or Malawi or Nyasaland or Mali or Malta or Marshall Islands or Mauritania or Mauritius or Agalega Islands or Mexico or Micronesia or Middle East or Moldova or Moldavia or Moldovan or Mongolia or Montenegro or Morocco or Ifni or Mozambique or Myanmar or Myanma or Burma or Namibia or Nepal or Netherlands Antilles or New Caledonia or Nicaragua or Niger or Nigeria or Northern Mariana Islands or Oman or Muscat or Pakistan or Palau or Palestine or Panama or Paraguay or Peru or Philippines or Philipines or Phillipines or Phillipines or Poland or Portugal or Puerto Rico or Romania or Rumania or Roumania or Russia or Russian or Rwanda or Ruanda or Saint Kitts or St Kitts or Nevis or Saint Lucia or St Lucia or Saint Vincent or St Vincent or Grenadines or Samoa or Samoan Islands or Navigator Island or Navigator Islands or Sao Tome or Saudi Arabia or Senegal or Serbia or Montenegro or Seychelles or Sierra Leone or Slovenia or Sri Lanka or Ceylon or Solomon Islands or Somalia or South Africa or Sudan or Suriname or Surinam or Swaziland or Syria or Tajikistan or Tadjikistan or Tadjikistan or Tadjik or Tanzania or Thailand or Togo or Togolese Republic or Tonga or Trinidad or Tobago or Tunisia or Turkey or Turkmenistan or Turkmen or Uganda or Ukraine or Uruguay or USSR or Soviet Union or Union of Soviet Socialist Republics or Uzbekistan or Uzbek or Vanuatu or New Hebrides or Venezuela or Vietnam or Viet Nam or West Bank or Yemen or Yugoslavia or Zambia or Zimbabwe or Rhodesia).hw.ti.ab.cp. |
| 4 | (low adj3 middle adj1 countr*).ti.ab. |
| 5 | (lmic or lmic3 or third world or lami countr*).ti.ab. |
| 6 | (transitional countr* or emerging market* or emerging countr*).ti.ab. |
| 7 | 1 or 2 or 3 or 4 or 5 or 6 |
| 8 | (Intervention* or program* or prevention or policy or policies).ti.ab. |
| 9 | ("gender-based" or "gender based" or "intimate-partner" or "intimate partner" or domestic or dating or sexual or physical or emotional or economic or psychological or spousal).ti.ab. |
| 10 | (violence or maltreat* or aggress* or assault or beat* or abuse* or batter*).ti.ab. |
| 11 | (GBV or IPV or "child marriage" or rape or "violence against women").ti.ab. |
| 12 | 9 and 10 |
| 13 | 11 or 12 |
| 14 | 7 and 8 and 13 |
| 15 | ("sex work" or "sex workers" or prostitut* or brothel* or ((escort or sex) adj3 buy*) or (commercial adj3 sex*) or (sex adj3 industry) or (heteroflexible or homosexual* or homosexualit* or gay* or MSM or "men who have sex with men" or bisexual)).ab.ti. |
| 16 | (stimulant* or polydrug* or drug* or substance).ab.ti. |
| 17 | (prison* or jail* or penitentiary* or bastille* or offender* or reoffend* or convict or convicts or convicted or inmate* or detainee* or cellmate* or incarcerated or incarceration or felon* or criminal* or men or women or male or female).ab.ti. |
| 18 | 15 or 16 or 17 |
| 19 | 14 and 18 |
| 20 | 7 and 18 |
| 21 | 8 and 13 and 20 |

2. Final search strategy for PROQUEST

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| | ((Developing countries) OR (Africa OR Central Africa OR Latin America OR Caribbean OR West Indies OR Eastern Europe OR Soviet OR South America OR Arab OR Middle East OR Latin America OR Central America) OR (Afghanistan OR Albania OR Algeria OR Angola OR Antigua OR Barbuda OR Argentina OR Armenia OR Armenian OR Aruba OR Azerbaijan OR Bahrain OR Bangladesh OR Byelarus OR Benin OR Byelorussian OR Byelorussian OR Belarus OR Belorussian OR Belorussia OR Belize OR Bhutan OR Bolivia OR Bosnia OR Herzegovina OR Hercegovina OR Botswana OR Brasil OR Brazil OR Bulgaria OR Burkina Faso OR |
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| | Burkina Faso OR Upper Volta OR Burundi OR Urundi OR Cambodia OR Khmer Republic OR Kampuchea OR Cameroon OR Camerons OR Camerons OR Camerons OR Cape Verde OR Central African Republic OR Chad OR Chile OR China OR Colombia OR Comoros OR Comoro Islands OR Comores OR Mayotte OR Congo OR Zaire OR Costa Rica OR Cote d'Ivoire OR Ivory Coast OR Croatia OR Cuba OR Cyprus OR Czechoslovakia OR Czech Republic OR Slovakia OR Slovak Republic OR Djibouti OR French Somaliland OR Dominica OR Dominican Republic OR East Timor OR East Timor OR Timor Leste OR Ecuador OR Egypt OR United Arab Republic OR El Salvador OR Eritrea OR Estonia OR Ethiopia OR Fiji OR Gabon OR Gabonese Republic OR Gambia OR Gaza OR Georgia Republic OR Georgian Republic OR Ghana OR Gold Coast OR Greece OR Grenada OR Guatemala OR Guinea OR Guam OR Guiana OR Guyana OR Haiti OR Honduras OR Hungary OR India OR Maldives OR Indonesia OR Iran OR Iraq OR Isle of Man OR Jamaica OR Jordan OR Kazakhstan OR Kazakh OR Kenya OR Kiribati OR Korea OR Kosovo OR Kyrgyzstan OR Kirghizia OR Kyrgyz Republic OR Kirghiz OR Kirgizstan OR Lao PDR OR Laos OR Latvia OR Lebanon OR Lesotho OR Basutoland OR Liberia OR Libya OR Lithuania OR Macedonia OR Madagascar OR Malagasy Republic OR Malaysia OR Malaya OR Malay OR Sabah OR Sarawak OR Malawi OR Nyasaland OR Mali OR Malta OR Marshall Islands OR Mauritania OR Mauritius OR Agalega Islands OR Mexico OR Micronesia OR Middle East OR Moldova OR Moldavia OR Moldovian OR Mongolia OR Montenegro OR Morocco OR Ifni OR Mozambique OR Myanmar OR Myanma OR Burma OR Namibia OR Nepal OR Netherlands Antilles OR New Caledonia OR Nicaragua OR Niger OR Nigeria OR Northern Mariana Islands OR Oman OR Muscat OR Pakistan OR Palau OR Palestine OR Panama OR Paraguay OR Peru OR Philippines OR Philipines OR Phillipines OR Phillippines OR Poland OR Portugal OR Puerto Rico OR Romania OR Rumania OR Roumania OR Russia OR Russian OR Rwanda OR Ruanda OR Saint Kitts OR St Kitts OR Nevis OR Saint Lucia OR St Lucia OR Saint Vincent OR St Vincent OR Grenadines OR Samoa OR Samoan Islands OR Navigator Island OR Navigator Islands OR Sao Tome OR Saudi Arabia OR Senegal OR Serbia OR Montenegro OR Seychelles OR Sierra Leone OR Slovenia OR Sri Lanka OR Ceylon OR Solomon Islands OR Somalia OR South Africa OR Sudan OR Suriname OR Surinam OR Swaziland OR Syria OR Tajikistan OR Tadjhikistan OR Tadjikistan OR Tadjhik OR Tanzania OR Thailand OR Togo OR Togolese Republic OR Tonga OR Trinidad OR Tobago OR Tunisia OR Turkey OR Turkmenistan OR Turkmen OR Uganda OR Ukraine OR Uruguay OR USSR OR Soviet Union OR Union of Soviet Socialist Republics OR Uzbekistan OR Uzbek OR Vanuatu OR New Hebrides OR Venezuela OR Vietnam OR Viet Nam OR West Bank OR Yemen OR Yugoslavia OR Zambia OR Zimbabwe OR Rhodesia) OR (low adj3 middle adj1 countr*) OR (Imic OR Imics OR third world OR lami countr*) OR (transitional countr* OR emerging market* OR emerging countr*) OR (low adj3 middle adj1 countr*) OR (Imic OR Imics OR third world OR lami countr*) OR (transitional countr* OR emerging market* OR emerging countr*) |
| AND | ((("gender-based" OR "gender based" OR "intimate-partner" OR "intimate partner" OR domestic OR dating OR sexual OR physical OR emotional OR economic OR psychological OR spousal) AND (violence OR maltreat* OR aggress* OR assault OR beat* OR abuse* OR batter*)) OR (GBV OR IPV OR "child marriage" OR rape OR "violence against women")) |
| AND | ((("sex work" OR "sex workers" OR prostitut* OR brothel* OR ((escort OR sex) adj3 buy*) OR (commercial adj3 sex*) OR (sex adj3 industry) OR (heteroflexible OR homosexual* OR homosexualit* OR gay* OR MSM OR "men who have sex with men" OR bisexual)) OR (stimulant* OR polydrug* OR drug* OR substance) OR (prison* OR jail* OR penitentiary* OR bastille* OR offender* OR reoffend* OR convict OR convicts OR convicted OR inmate* OR detainee* OR cellmate* OR incarcerated OR incarceration OR felon* OR criminal* OR men OR women OR male OR female)) |
| AND | (teen* OR youth OR adolescent* OR "young people" OR "young adult*") |
| AND | ti((Intervention* OR program* OR prevention OR policy OR policies)) |

3. Search string for SCOPUS and Social Science Citation Index

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| 1 | exp developing countries/ |
| 2 | (Africa or Central Africa or Latin America or Caribbean or West Indies or Eastern Europe or Soviet or South America or Arab or Middle East or Latin America or Central America).hw.ti.ab.cp. |
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| | Lucia or Saint Vincent or St Vincent or Grenadines or Samoa or Samoan Islands or Navigator Island or Navigator Islands or Sao Tome or Saudi Arabia or Senegal or Serbia or Montenegro or Seychelles or Sierra Leone or Slovenia or Sri Lanka or Ceylon or Solomon Islands or Somalia or South Africa or Sudan or Suriname or Surinam or Swaziland or Syria or Tajikistan or Tadjikistan or Tadjikistan or Tadjik or Tanzania or Thailand or Togo or Togolese Republic or Tonga or Trinidad or Tobago or Tunisia or Turkey or Turkmenistan or Turkmen or Uganda or Ukraine or Uruguay or USSR or Soviet Union or Union of Soviet Socialist Republics or Uzbekistan or Uzbek or Vanuatu or New Hebrides or Venezuela or Vietnam or Viet Nam or West Bank or Yemen or Yugoslavia or Zambia or Zimbabwe or Rhodesia).hw,ti,ab,cp. |
| 4 | (low adj3 middle adj1 countr*).ti,ab. |
| 5 | (lmic or lmic3 or third world or lami countr*).ti,ab. |
| 6 | (transitional countr* or emerging market* or emerging countr*).ti,ab. |
| 7 | 1 or 2 or 3 or 4 or 5 or 6 |
| 8 | (Intervention* or program* or prevention or policy or policies).ti,ab. |
| 9 | ("gender-based" or "gender based" or "intimate-partner" or "intimate partner" or domestic or dating or sexual or physical or emotional or economic or psychological or spousal).ti,ab. |
| 10 | (violence or maltreat* or aggress* or assault or beat* or abuse* or batter*).ti,ab. |
| 11 | (GBV or IPV or "child marriage" or rape or "violence against women").ti,ab. |
| 12 | 9 and 10 |
| 13 | 11 or 12 |
| 14 | 7 and 8 and 13 |
| 15 | ("sex work" or "sex workers" or prostitut* or brothel* or ((escort or sex) adj3 buy*) or (commercial adj3 sex*) or (sex adj3 industry) or (heteroflexible or homosexual* or homosexualit* or gay* or MSM or "men who have sex with men" or bisexual)).ab,ti. |
| 16 | (stimulant* or polydrug* or drug* or substance).ab,ti. |
| 17 | (prison* or jail* or penitentiary* or bastille* or offender* or reoffend* or convict or convicts or convicted or inmate* or detainee* or cellmate* or incarcerated or incarceration or felon* or criminal* or men or women or male or female).ab,ti. |
| 18 | 15 or 16 or 17 |
| 19 | 14 and 18 |
| 20 | 7 and 18 |
| 21 | 8 and 13 and 20 |

Appendix 2 Databases, Conference Abstracts, Websites and Trial Registries

Databases, Conference Abstracts, Websites and Trial Registries

| | |
|--------------------------------------|--|
| <i>Via the OVID interface</i> | |
| 1. | PsycINFO |
| 2. | MEDLINE |
| 3. | Global Health |
| <i>Via ProQuest interface</i> | |
| 4. | Dissertation Abstracts |
| 5. | International Bibliography of the Social Sciences (IBSS) |
| 6. | Applied Social Sciences Index Abstracts (ASSIA) |
| 7. | Sociological Abstracts |
| <i>Others</i> | |
| 8. | Scopus |
| 9. | Social Sciences Citation Index, |
| 10. | Sexual Violence Initiative (SVRI) |
| 11. | International Initiative for Impact Evaluation (3ie) |
| 12. | Knowledge for Health (K4Health) |
| 13. | Google Scholar |
| <i>Abstract books of conferences</i> | |
| 14. | Sexual Violence Initiative (SVRI) 2009-2017, |
| 15. | AIDS Impact 2003-2017, |
| 16. | International AIDS Conference 2004-2016 |
| <i>Websites</i> | |
| 17. | World Health Organization |
| 18. | UNAIDS |
| 19. | UNWomen |
| 20. | UNFPA |
| 21. | Popline |
| 22. | AIDSAliance |
| 23. | USAID Development Experience |
| 24. | Clearinghouse and Department For International Development (DFID) |
| 25. | Violence Prevention www.preventviolence.info |
| 26. | UNICEF Office of Research Innocenti |
| 27. | Salamander Trust and WhatWorks |
| <i>Trial registries</i> | |
| 28. | ClinicalTrials.gov |
| 29. | Pan African Clinical Trials Registry |
| 30. | EU Clinical Trials Registry |
| 31. | Brazilian Clinical Trials Registry |
| 32. | Cuban Public Registry of Clinical Trials |
| 33. | Thai Clinical Trials Registry |

Appendix 3 Information to be Extracted

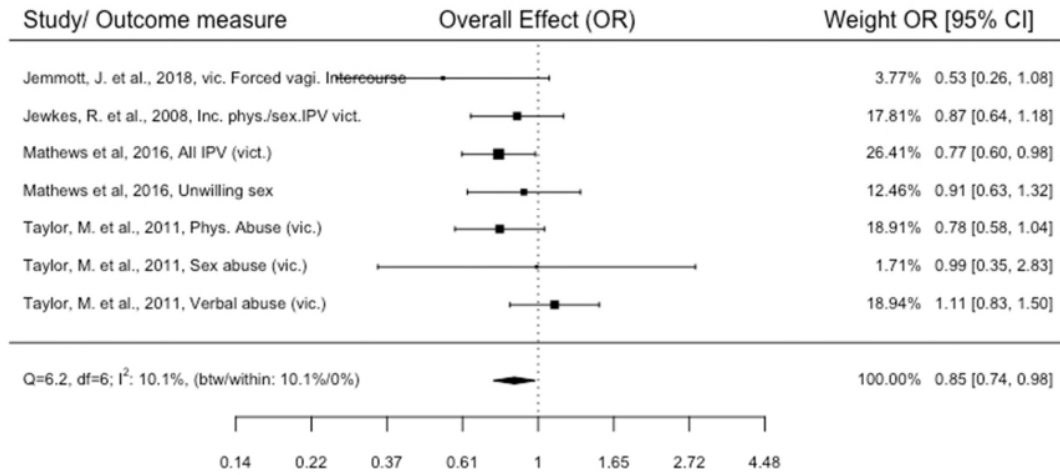
The information was extracted to an extraction sheet with the following columns:

| | |
|--|----------------------------|
| Person Extracting Data | |
| Ref_ID | |
| Authors | |
| Study Design | |
| Unit of allocation | |
| Outcome reported sex | |
| Meta-Analysis Outcome coding overall | |
| Meta-Analysis Outcome Coding by gender | |
| Meta-Analysis Outcome coding 1 | |
| Meta-Analysis Outcome coding 2 | |
| Outcome | |
| Outcome type | |
| Time points measured | |
| Time points reported | |
| Scales: upper and lower limits (indicate if high or low score is good) | |
| Imputation of missing data | |
| Power (power & sample size calculation, level of power achieved) | |
| Assumed risk estimate (e.g. baseline or population risk noted in background) | |
| Length_INT | |
| Length_FU | |
| INTERVENTION | Base N |
| | Base Age Mean (SD/SE) |
| | Base events |
| | Base events % |
| | Base Mean (SD/SE) |
| | Follow-up N |
| | FU events |
| | FU events % |
| | Post Mean (SD/SE) |
| | MSC (SD/SE) |
| CONTROL | Base N |
| | Base Age Mean (SD/SE) |
| | Base events |
| | Base events % |
| | Base Mean (SD/SE) |
| | Follow-up N |
| | FU events |
| | FU events % |
| | Post Mean (SD/SE) |
| | MSC (SD/SE) |
| Effect size (MD, HR, RR, OR) | |
| P-value_ES | |
| N missing participants | |
| Reason missing | |
| Unit of analysis | |
| Statistical methods used and appropriateness of these | |
| Reanalysis required | |
| Reanalysis possible | |
| Address reliability/validity of data analysis | |
| Data Comments | |
| Key conclusions of study authors | |
| Did authors report on all variables they aimed to study? (if no, explain) | |
| Were adolescents involved in the research or intervention development? | |
| Risk of bias | Random sequence generation |
| | Allocation concealment |

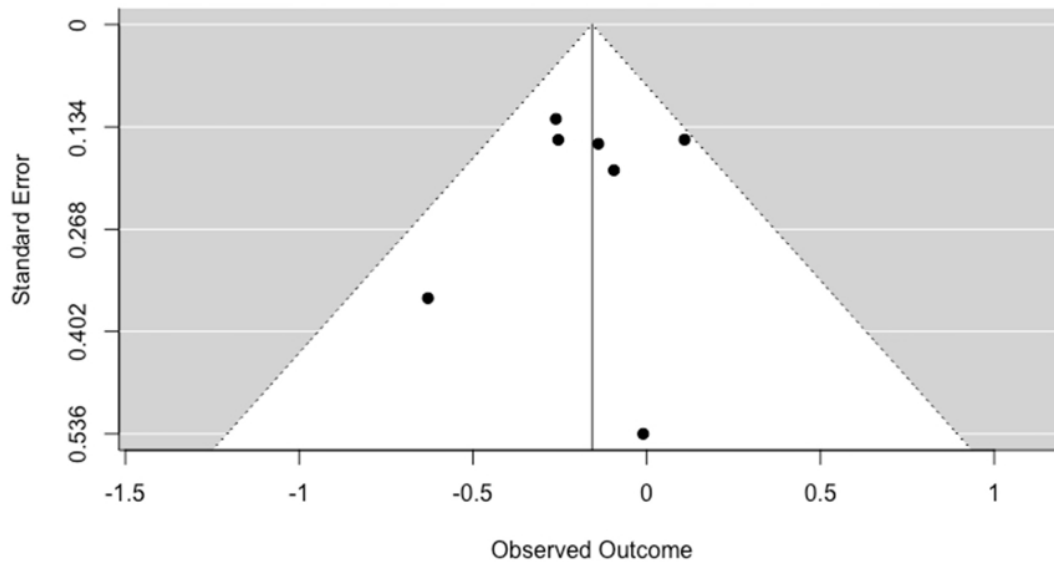
| | |
|----------|--|
| | Blinding of participants and personnel (I) |
| | Blinding of participants and personnel © |
| | Blinding of outcome assessment (I) |
| | Blinding of outcome assessment © |
| | Incomplete outcome data (I) |
| | Incomplete outcome data © |
| | Selective outcome reporting |
| | Other bias |
| ROBINS-I | Bias due to confounding |
| | Bias in selection of participants in to the study |
| | Bias in Classification of interventions |
| | Bias due to deviations from intended interventions |
| | Bias due to missing data |
| | Bias in measurement of outcomes |
| | Bias in selection of reported results |

Appendix 4. Meta-Analyses results

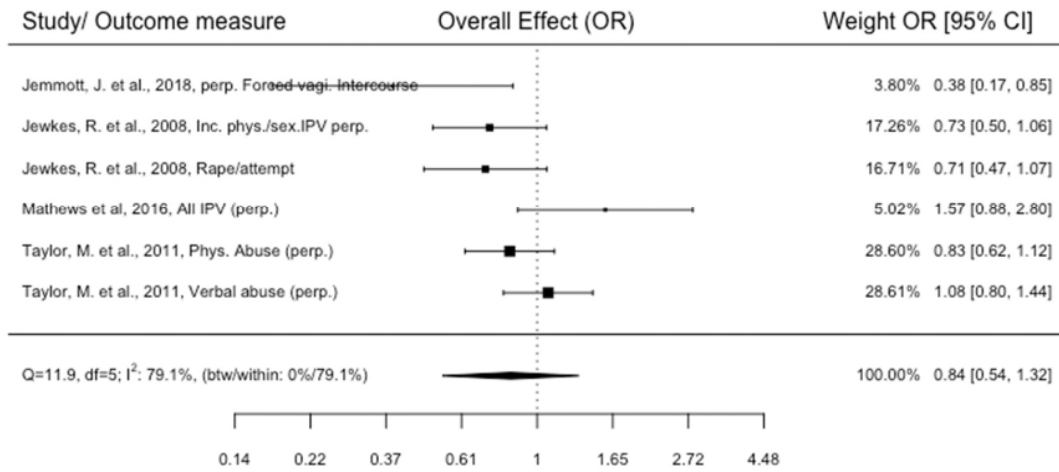
SHSE for GBV exposure



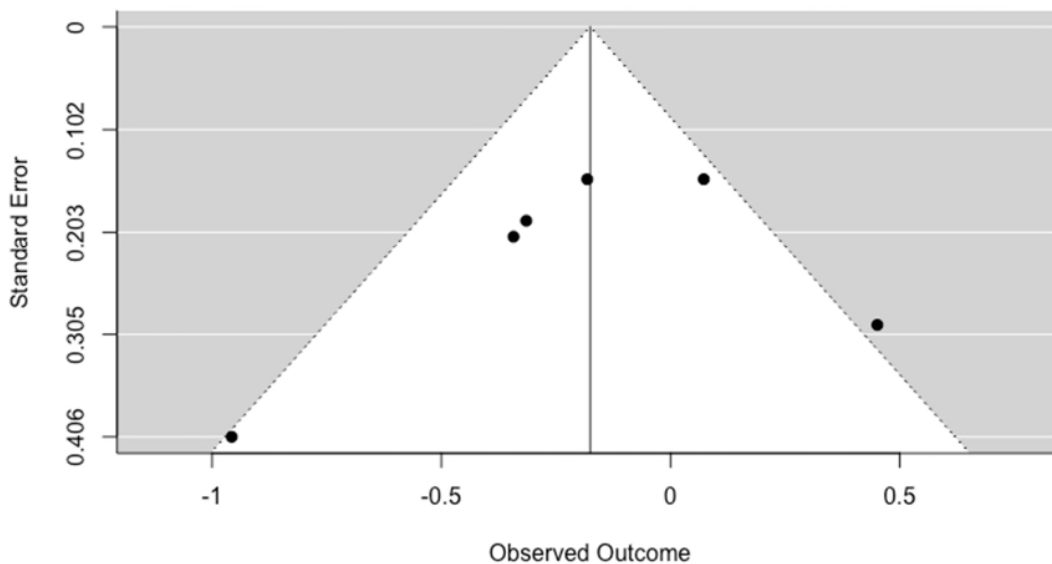
Publication bias: SHSE for GBV exposure



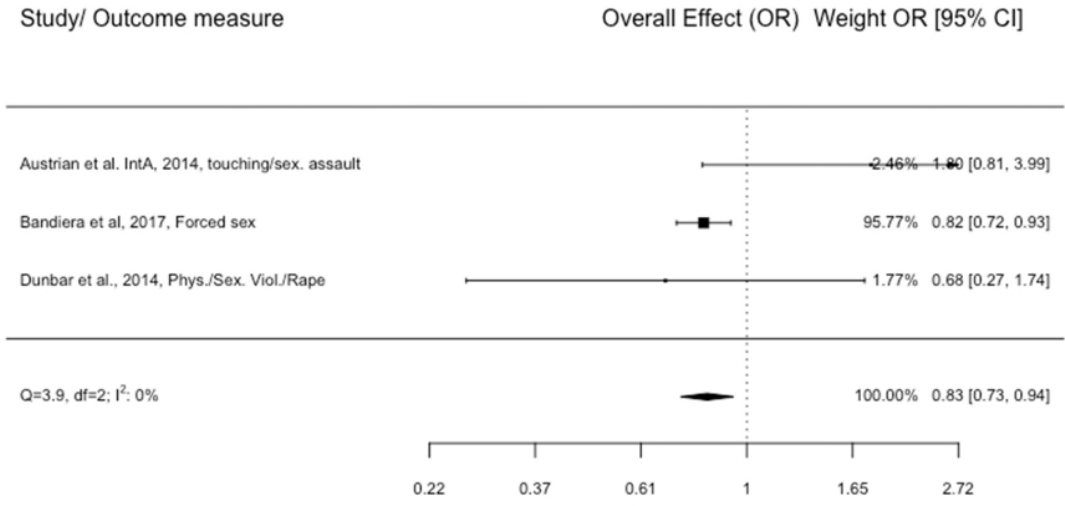
SHSE for GBV perpetration



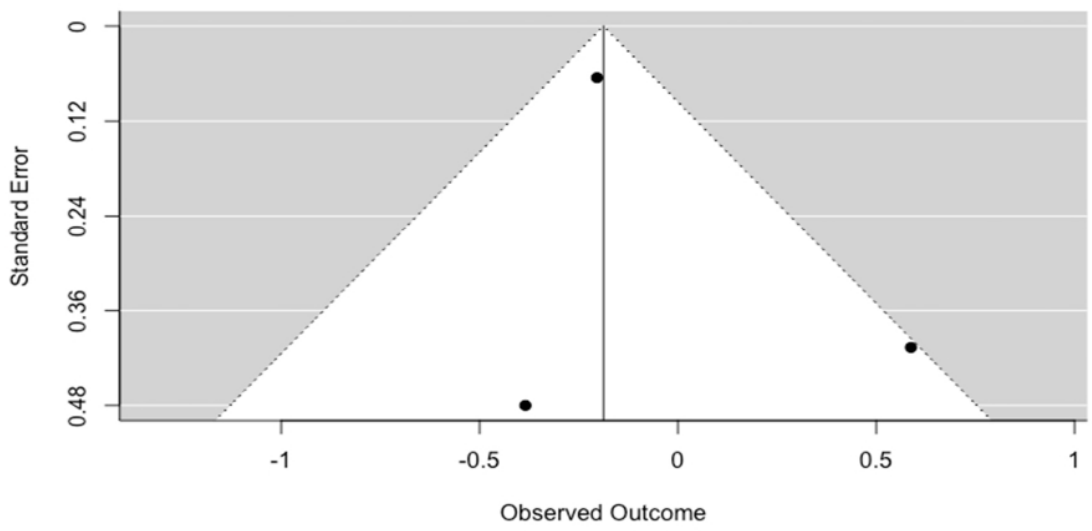
Publication bias: SHSE for GBV perpetration



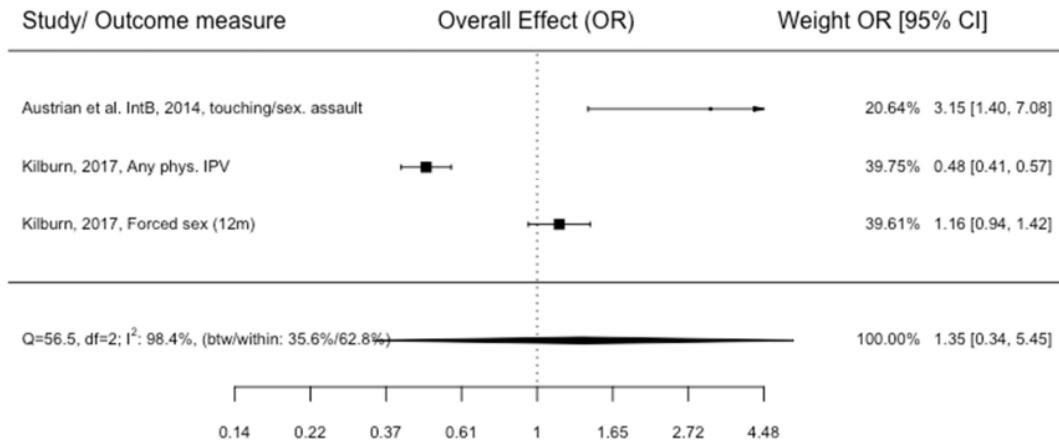
SHSE plus economic strengthening interventions for GBV exposure



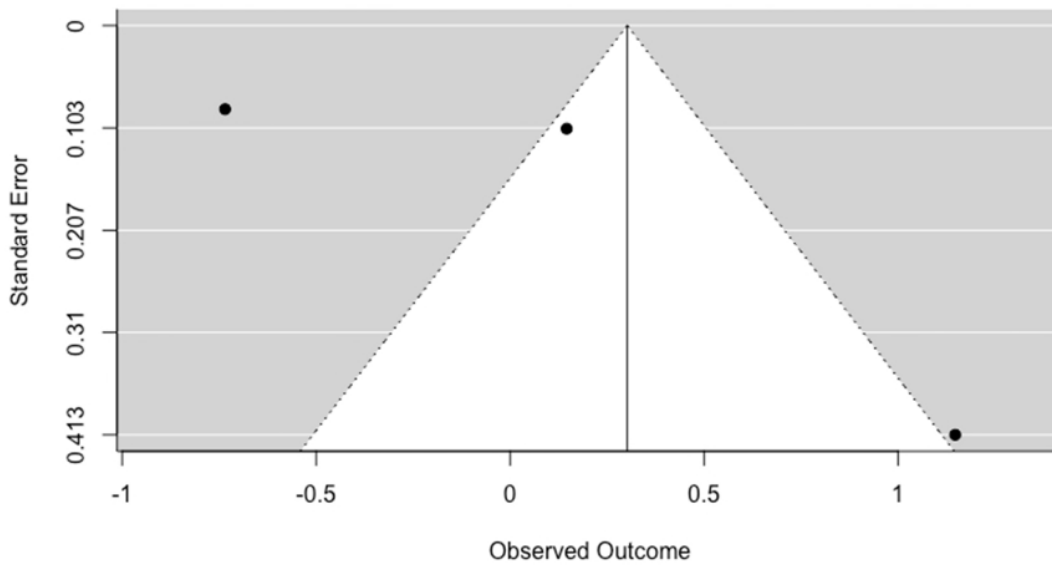
Publication bias: SHSE plus economic strengthening interventions for GBV exposure



Economic only interventions for GBV exposure



Publication bias: Economic only interventions for GBV exposure



Appendix 5. GRADE Evidence Profiles

Meta-analyses:

1. SHSE interventions for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | Importance | |
|------------------------------|--------|----------------------|----------------------|-------------------------|-------------------|--|---------------------|---------|---------------------|----------|-------------|----------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | | Quality |
| | | | | | | | Comprehensive SRHR | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 4 | RCTs | Serious ¹ | Serious ² | No serious indirectness | Minor imprecision | Some reporting bias suggested by funnel plot | 3988 | 3561 | OR 0.78 (0.65-0.93) | | □□□□ LOW | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| 4 | RCTs | Serious ¹ | Serious ¹ | No serious indirectness | Minor imprecision | Some reporting bias suggested by funnel plot | 2958 | 2876 | OR 0.84 (0.54-1.44) | | □□□□ LOW | CRITICAL |
| GBV-related attitudes | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |

¹ concerns re blinding of participants, blinding of outcome assessment incomplete outcome data, selective reporting for at least 2 of 4 studies, downgraded by 1

² moderate levels of heterogeneity, downgraded by 1

2. SHSE interventions plus economic strengthening for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|----------------------------------|-------------------------|--|---------|-------------------|------------------|------------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | Quality | |
| | | | | | | | Comprehensive SRHR plus Economic strengthening | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 2 | RCTs | Serious ¹ | Moderate ² | No serious indirectness | Serious imprecision ³ | Small number of studies | 4122 | 2159 | | 0.83 (0.73-0.94) | □□□□ VERY LOW | CRITICAL |
| 1 | NRS | Serious ⁴ | No serious inconsistency | No serious indirectness | Serious ⁵ | Small number of studies | 451 | 313 | | | □□□□ VERY LOW | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |
| GBV-related attitudes | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |

¹ concerns about random sequence allocation, allocation concealment, blinding of participants, blinding of outcome measures, incomplete data and selective reporting in at least one of the two studies, downgraded by 1

² concerns about effects, one shows positive effect, the other shows no effect

³ concerns about sample size and size of confidence interval in one of the studies, downgraded 1

⁴ concerns about bias due to confounding, selection, in classification of intervention, deviations from intended interventions, missing data, measurement of outcomes and selection of reported results, studies downgraded by 2

⁵ small sample size in both studies, wide confidence intervals in one study, downgraded 1

3. Economic strengthening interventions for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|----------------------------------|----------------------|------------------------|---------|-------------------------------|-----------------|------------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | Quality | |
| | | | | | | | Economic strengthening | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 1 | RCT | Minor ¹ | Serious ² | No serious indirectness | No serious imprecision | | 1225 | 1223 | Mean OR 0.82 for two outcomes | 1.35 (.34-5.45) | □□□□ MODERATE | CRITICAL |
| 1 | NRS | Serious ³ | No serious inconsistency | No serious indirectness | Serious imprecision ⁴ | | 300 | 313 | OR 3.15 (1.40-7.08) | | □□□□ VERY LOW | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |
| GBV-related attitudes | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |

¹ unclear allocation concealment and other bias

² effects of the two outcomes in this study moving in different directions, downgraded 1

³ moderate or serious risk of bias due to confounding, selection of participants, classification of interventions, deviations from intended interventions, missing data, measurement of outcomes and selection of reported results, downgraded 2

⁴ very wide confidence interval

All studies without meta-analysis (following Murad et al, 2017)

4. SHSE interventions for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | Importance | |
|------------------------------|--------|----------------------|--------------------------|-------------------------|----------------------------------|----------------------|---------------------|---------|-------------------|--|------------------|-----------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | | Quality |
| | | | | | | | Comprehensive SRHR | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| GBV perpetration | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| 1 | NRS | Serious ¹ | No serious inconsistency | No serious indirectness | Serious imprecision ² | Unclear event rates | 486 | 159 | | No significant differences between intervention and control | □□□□ VERY LOW | CRITICAL |
| GBV-related attitudes | | | | | | | | | | | | |
| 3 | NRS | Serious ³ | Minor inconsistency | No serious indirectness | Serious imprecision ⁴ | Unclear event rates | 1153 | 1215 | | Overall potential small increase in gender equitable attitudes | □□□□ VERY LOW | IMPORTANT |

¹ moderate to serious risk of bias due to confounding, selection of participants missing data, measurement of outcomes and selection of reporting, downgraded 2

² very small sample size, downgraded 1

³ moderate to serious risk of bias due to confounding, selection of participants, deviations from intended interventions, missing data, measurement of outcome and selection of reported results, downgraded 2

⁴ Wide confidence intervals for one of the studies and small sample sizes for two studies, downgraded 1

5. SHSE interventions plus economic strengthening for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|------------------------|----------------------|--|---------|---------------------|----------|-------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | Quality | |
| | | | | | | | Comprehensive SRHR plus economic strengthening | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| | | | | | | | | | | | | |
| GBV perpetration | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |
| GBV-related attitudes | | | | | | | | | | | | |
| 1 | NRS | Serious ¹ | No serious inconsistency | No serious indirectness | No serious imprecision | | 326 | 326 | OR 1.30 (1.24-1.37) | | □□□□ LOW | IMPORTANT |

¹ moderate to serious risk of bias due to confounding, selection of participants, missing data, measurement of outcomes and selection of reported results, downgraded by

2

6. Self-defence for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|------------------------|---|---------------------|---------|---------------------|--|------------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | Quality | |
| | | | | | | | Self-defence | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 1 | RCT | Serious ¹ | No serious inconsistency | No serious indirectness | No serious imprecision | | 3529 | 2827 | | 3.7% (0.4-8.0) risk reduction | □□□□ MODERATE | CRITICAL |
| 2 | NRS | Serious ² | No serious inconsistency | No serious indirectness | No serious imprecision | One study only gives within group effects | 2500 | 548 | OR 0.34 (0.19-0.59) | 6.8% risk reduction intervention group, no risk reduction in control group | □□□□ LOW | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |
| GBV-related attitudes | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |

¹ concerns regarding allocation concealment, blinding of participants and personnel, blinding of outcome assessment, incomplete data and selective reporting, downgraded 1

² moderate to serious bias due to confounding, election of participants, missing data, measurement of outcomes and selection of reported results, downgraded 2

7. Safer schools for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|---|--|---------------------|--------------|-------------------|-----------------------------------|------------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | Quality | |
| | | | | | | | Safer schools | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 2 | RCTS | Serious ¹ | Serious ² | No serious indirectness | Serious ³ | Sample size in one of the interventions unclear ³ | 2097+unclear | 2041+unclear | | No significant changes on outcome | □□□□ VERY LOW | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| 1 | RCT | Serious ⁴ | No serious inconsistency | No serious indirectness | Unable to judge as no confidence intervals provided | Sample size unclear ⁵ | Unclear | Unclear | | No significant changes on outcome | □□□□ LOW | CRITICAL |
| GBV-related attitudes | | | | | | | | | | | | |
| 1 | RCT | Serious ⁴ | No serious inconsistency | No serious indirectness | Unable to judge as no confidence intervals provided | Sample size unclear ⁵ | Unclear | Unclear | | OLS coefficient 0.57 (p=0.019) | □□□□ LOW | IMPORTANT |

¹ concerns about random sequence generation, allocation concealment, blinding of participants and outcome assessors, incomplete outcome data and selective reporting on one of the two studies, downgraded 1

² Multiple outcomes with effect sizes in different directions, downgraded 1

³ wide confidence intervals in one of the studies due to small number of events, other study provided no confidence intervals, downgraded 1

⁴ concerns about random sequence generation, allocation concealment, blinding of participants and outcome assessors, incomplete outcome data and selective reporting, downgraded 1

⁵ downgraded 1

8. GBV sensitization for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | Quality | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|------------------------|--------------------------------|---------------------|---------|-----------------------|-------------------------------|------------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | | |
| | | | | | | | GBV sensitisation | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 1 | RCT | Serious ¹ | No serious inconsistency | No serious indirectness | No serious imprecision | | 3529 | 2827 | | 3.7% (0.4-8.0) risk reduction | □□□□ MODERATE | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| NA | | | | | | | | | | | | |
| GBV-related attitudes | | | | | | | | | | | | |
| 1 | NRS | Serious ² | No serious inconsistency | No serious indirectness | No serious imprecision | Only gave within group effects | 1543 | 293 | t(1306)=13.51, p<.001 | | □□□□ LOW | IMPORTANT |

¹ concerns regarding allocation concealment, blinding of participants and personnel, blinding of outcome assessment, incomplete data and selective reporting, downgraded 1

² moderate or serious risk of bias due to confounding, missing data, measurement of outcomes and selection of reported results, downgraded 2

9. Safer schools and parenting for GBV prevention and reduction among adolescent and youth populations living with, or vulnerable to HIV in LMICS

| Quality assessment | | | | | | | Summary of findings | | | | | Importance |
|------------------------------|--------|----------------------|--------------------------|-------------------------|---|----------------------------------|-----------------------------|---------|-------------------|-----------------------------------|-------------|------------|
| No of studies | Design | Risk of Bias | Inconsistency | Indirectness | Imprecision | Other considerations | No of patients | | Effect | | Quality | |
| | | | | | | | Safer schools and parenting | Control | Relative (95% CI) | Absolute | | |
| GBV experience | | | | | | | | | | | | |
| 1 | RCT | Serious ¹ | No serious inconsistency | No serious indirectness | Unable to judge as no confidence intervals provided | Sample size unclear ² | Unclear | Unclear | | No significant changes on outcome | □□□□ LOW | CRITICAL |
| GBV perpetration | | | | | | | | | | | | |
| 1 | RCT | Serious ¹ | No serious inconsistency | No serious indirectness | Unable to judge as no confidence intervals provided | Sample size unclear ² | Unclear | Unclear | | No significant changes on outcome | □□□□ LOW | CRITICAL |
| GBV-related attitudes | | | | | | | | | | | | |
| 1 | RCT | Serious ¹ | No serious inconsistency | No serious indirectness | Unable to judge as no confidence intervals provided | Sample size unclear ² | Unclear | Unclear | | OLS coefficient 0.20 (p=0.41) | □□□□ LOW | IMPORTANT |

¹concerns about random sequence generation, allocation concealment, blinding of participants and outcome assessors, incomplete outcome data and selective reporting, downgraded 1

² downgraded 1

Appendix 6 Included Studies Characteristics

| Author names | Study design | Country | Period FU | Analyses used for data | Outcomes measured | Baseline prevalence of violence exposure or perpetration | Baseline mean of Gender Attitudes Score |
|----------------------------|---------------------------|---------|---|--|--|--|---|
| Austrian, K. et al. (2014) | Quasi-Experimental | Uganda | Immediate post-test (5 to 12 month after enrolment) | Multivariate logistic random-intercept model including interaction terms treatment*time | Indecent touching past 6 months (females only,) | 93/1062 (8.76%) | NA |
| Baiocchi, M. et al. (2017) | RCT (Cluster) | Kenya | 9m | ITT Bootstrap diff-in-diff with an adjustment of the observed proportions in follow-up using a Poisson process approximation | Forced sex past year (females only) | 6.9% | NA |
| Bandiera, M. et al. (2017) | RCT (Cluster, stratified) | Uganda | 2y and 4y | ITT OLS ANCOVA controlling for age and community characteristics | Forced sex (females only) | 19% | NA |
| Devries, K. et al. (2017) | RCT (Cluster) | Uganda | Immediate post-test (0 to 2 months) | Mixed Effects Regression Models accounting for clustering of students within schools and interaction term sex*study arm | Peers sexual violence in boys –past week | 10/1766 (0.05%) | NA |
| | | | | | Peers sexual violence in girls –past week | 24/ 2054 (1.2%) | NA |
| | | | | | Peers sexual violence in total – past week | 34/3820 (0.89%) | NA |
| | | | | | Peers sexual violence in boys –past term | Prevalence not reported at baseline | |
| | | | | | Peers sexual violence in girls –past term | Prevalence not reported at baseline | |
| | | | | | Peers sexual violence in total – past term | Prevalence not reported at baseline | |
| | | | | | Sexual violence from school staff, past week (boys) | 6/1766 (0.34%) | |
| | | | | | Sexual violence from school staff, past week (girls) | 15/2054 (0.73%) | |
| | | | | | Sexual violence from school staff, past week (total) | 21/3820 (0.55%) | |
| | | | | | Sexual violence from school staff, past term (boys) | Prevalence not reported at baseline | |
| | | | | | Sexual violence from school staff, past term (girls) | Prevalence not reported at baseline | |
| | | | | | Sexual violence from school staff, past term (total) | Prevalence not reported at baseline | |

| Author names | Study design | Country | Period FU | Analyses used for data | Outcomes measured | Baseline prevalence of violence exposure or perpetration | Baseline mean of Gender Attitudes Score |
|---------------------------|--------------------|--------------|--------------------------|---|--|--|---|
| Dunbar, M. et al. (2014) | RCT | Zimbabwe | 6m, 12m, 18m, 24m | ITT Logistic Regression, interaction terms Cox Model | Experience of physical/sexual violence or rape (females) | Prevalence not measured at baseline | NA |
| Erulkar, A. et al. (2005) | Longitudinal Study | Kenya | Immediate post-test | Difference in Mean T-test | Liberal attitudes to gender issues (females only) | NA | Intervention: 4.6 Control: 4.3 Scale ranged from 1 to 8 |
| Jemmott, J. et al. (2018) | RCT (Cluster) | South Africa | 3m, 6m, 12m, 42m and 54m | Poisson regression models, adjusting for gender and students clustered within schools | Forced sex: perpetration lifetime (male) | 4/499 (1%) | NA |
| | | | | | Forced sex: perpetration lifetime (female) | 1/558 (0%) | |
| | | | | | Forced sex: perpetration lifetime (all) | 5/1057 (0%) | |
| | | | | | Forced sex: experience lifetime (male) | 5/499 (1%) | |
| | | | | | Forced sex: experience lifetime (female) | 2/558 (0%) | |
| | | | | | Forced sex: experience lifetime (all) | 7/1057 (1%) | |
| Jewkes, R. et al. (2008) | RCT (Cluster) | South Africa | 12m and 24m | Random effects logistic regression model, including terms for stratum, age of the respondent, and treatment arm | Incidence of IPV perpetration (males) | 196/1360 (14%) | NA |
| | | | | | Incidence of IPV exposure (females) | 334/1416 (24%) | |
| | | | | | Incidence or rape perpetration or attempted rape (male) | 267/1360 (20%) | |
| Jewkes, R. et al. (2017) | RCT (Cluster) | South Africa | 6m, 12m, 18m | Logistic Regression | Incidence of male IPV perpetration | Prevalence at baseline not provided | NA |
| | | | | | Incidence of female IPV victimization | Prevalence at baseline not provided | NA |
| | | | | | The incidence of severe physical and sexual IPV (males and females) | Prevalence at baseline not provided | NA |
| | | | | | The incidence of non-partner rape victimization and perpetration (males and females) | Prevalence at baseline not provided | NA |
| | | | | | Gender attitudes score measured across 5 items (males and females) | NA | Baseline scores not provided |

| Author names | Study design | Country | Period FU | Analyses used for data | Outcomes measured | Baseline prevalence of violence exposure or perpetration | Baseline mean of Gender Attitudes Score |
|----------------------------|--------------------|--------------|---------------------|---|--|--|--|
| Keller, J. et al. (2015) | Quasi-Experimental | Kenya | 9m | Logistic regression, t-test Cohen's effect | Male attitudes toward women and endorsement of rape myths | NA | Intervention: 17.78 Control: 21.34 Scale ranged from 7 to 33 |
| Kilburn, K. et al. (2017) | RCT | South Africa | 12m | Generalized estimating equation (GEE) models accounting for repeated observations and controlling for age. Risk ratios using log-binomial regressions | Forced sex (ever, female victimization): physically forced to have sex | 73/2448 (3%) | NA |
| | | | | | Experience of Physical IPV (ever, female victimization) | 415/2448 (17%) | NA |
| | | | | | Experience of Physical IPV (past year, females) | 254/2448 (11%) | NA |
| Mathews et al. (2016) | RCT (Cluster) | South Africa | 6m, 12m | Regression analyses adjusting for age, gender, SES and baseline measure of outcome adjusting for clustering. Expectation-maximization algorithm (EM) for missing data | IPV victimization (males and females, past 6 months) | 1258/3449 (36.47%) | NA |
| | | | | | IPV perpetration (males and females, past 6 months) | 715/3449 (20.73%) | NA |
| | | | | | Unwilling first sex (males and females) | 111/713 (15.57%) | NA |
| Pulerwitz et al. (2015) | Quasi-Experimental | Ethiopia | Immediate post-test | Generalized estimating equations Accounting for paired data, adjusting for respondent clustering among young men with primary partners and controlling for age, GEM score, arm, and time. Included a time by intervention group interaction term. | Male views on gender norms | NA | Arm 1= 59.8 Arm 2 = 58.5 Control=59.9 Scale ranged 1 to 72 |
| | | | | | Male IPV perpetration past 6 months (physical and sexual) | Unclear | NA |
| | | | | | Male IPV perpetration past 6 months (physical, sexual and emotional) | 53% | NA |
| Rijsdijk, L. et al. (2011) | Quasi-Experimental | Uganda | Immediate post-test | ANOVA of change. Age, gender and control/intervention variables included as covariates. Interaction terms arm*time | Attitudes towards using force for getting sex (males and females) | NA | Intervention: 3.65 Control: 3.64 Only one item, responses may have ranged 1 to 5 but unclear |
| Rocha, V. (2013) | Quasi-Experimental | Brazil | Immediate post-test | Wilcoxon and McNemar tests. Multiple regression models to assess the uncontrolled effect of the program; controlled effect; and interaction terms. | Acceptance of domestic violence (females) | 38/273 (14%) | NA |
| | | | | | Gender equitable attitudes (females) | NA | Intervention: 29.4 (4.3) Control: 30.1 (4.8) Scale ranged from 0 to 42 |

| Author names | Study design | Country | Period FU | Analyses used for data | Outcomes measured | Baseline prevalence of violence exposure or perpetration | Baseline mean of Gender Attitudes Score |
|-------------------------------------|---|--------------|-----------|--|---|--|---|
| Sarnquist, C. et al. (2014) | Cross-sectional study Prospective cohort | Kenya | 10.5m | Fisher's Exact Test χ^2 Test | Incidence of sexual assault: rape (female victimization, past year) | 414/2404 (17%) | NA |
| Sinclair, J. et al. (2013) | Non-randomised controlled study (census-based, longitudinal cohort study) | Kenya | 10m | Fisher's Exact Test χ^2 Test | Incidence of Sexual Violence: Forced sex or rape (female victimization, past year) | 128/522 (24.5%) | NA |
| Taylor, M. et al. (2011) | RCT | South Africa | 8m | Logistic Regression accounting for clustering within schools, controlling for age, gender, SES, sexual experience, and baseline scores | Forced sex (female victimization, lifetime) | Prevalence at baseline not reported | NA |
| | | | | | Forced sex (male victimization, lifetime) | Prevalence at baseline not reported | |
| | | | | Paired Sample T-test | Physical IPV (female victimization) | Prevalence at baseline not reported | |
| | | | | | Physical IPV (male victimization) | Prevalence at baseline not reported | |
| | | | | | Physical IPV (female perpetration) | Prevalence at baseline not reported | |
| | | | | | Physical IPV (male perpetration) | Prevalence at baseline not reported | |
| | | | | | Emotional IPV (female victimization) | Prevalence at baseline not reported | |
| | | | | | Emotional IPV (male victimization) | Prevalence at baseline not reported | |
| Emotional IPV (female perpetration) | Prevalence at baseline not reported | | | | | | |
| Emotional IPV (male perpetration) | Prevalence at baseline not reported | | | | | | |

Appendix 7 Included Studies References

1. Austrian K, Muthengi E. Can economic assets increase girls' risk of sexual harassment? Evaluation results from a social, health and economic asset-building intervention for vulnerable adolescent girls in Uganda. *Children and Youth Services Review*. 2014; 47(2): 168-175.
2. Baiocchi M, Omondi B, Langat N, Boothroyd DB, Sinclair J, Pavia L, et al. A Behavior-Based Intervention That Prevents Sexual Assault: the Results of a Matched-Pairs, Cluster-Randomized Study in Nairobi, Kenya. *Prevention Science*. 2017; 18(7): 818-827.
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12. Mathews C, Eggers S, Townsend L, Aarø L, de Vries P, Mason-Jones A, et al. Effects of PREPARE, a Multi-component, School-Based HIV and Intimate Partner Violence (IPV) Prevention Programme on Adolescent Sexual Risk Behaviour and IPV: Cluster Randomised Controlled Trial. *AIDS and Behavior*. 2016; 20(9): 1821-1840.
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18. Taylor M, Jinabhai C, Dlamini S, Sathiparsad R, Meyer-Weitz A, Eggers M, et al. P2-482 Evaluating a school based RCT to reduce gender-based violence among high school students in KwaZulu-Natal, South Africa (SA). *Journal of Epidemiology & Community Health*. 2011; 65(Suppl 1): A354.
18. Taylor M, Jinabhai C, Dlamini S, Sathiparsad R, Meyer-Weitz A, Eggers M, et al. A School Based RCT to Reduce Gender Violence amongst High School Students in KwaZulu-Natal, South Africa [Slides]. In SVRI Forum 2011: Moving the agenda forward; 2011; Cape Town.

Appendix 8 Excluded Studies

| Authors | Title | Year | Reason for exclusion |
|----------------------------|--|------|----------------------------------|
| Abeid, M. et al. | A community-based intervention for improving health-seeking behavior among sexual violence survivors: a controlled before and after design study in rural Tanzania | 2015 | Data not available for age group |
| Abeid, M. et al. | Evaluation of a training program for health care workers to improve the quality of care for rape survivors: a quasi-experimental design study in Morogoro, Tanzania | 2016 | Not vulnerable to HIV |
| Abramsky, T. et al. | <i>Ecological pathways to prevention: how does the SASA! Community mobilisation model work to prevent physical intimate partner violence against women?</i> | 2016 | Data not available for age group |
| Abramsky, T. et al. | <i>Findings from the SASA! Study: a cluster randomized controlled trial to assess the impact of a community mobilization intervention to prevent violence against women and reduce HIV risk in Kampala, Uganda</i> | 2014 | Data not available for age group |
| Balaji, M. et al. | <i>The acceptability, feasibility, and effectiveness of a population-based intervention to promote youth health: an exploratory study in Goa, India</i> | 2011 | Not vulnerable to HIV |
| Beattie, T. S. et al. | <i>Supporting adolescent girls to stay in school, reduce child marriage and reduce entry into sex work as HIV risk prevention in north Karnataka, India: protocol for a cluster randomised controlled trial</i> | 2015 | None of the specified outcomes |
| Beattie, T. S. H. et al. | <i>Violence against female sex workers in Karnataka state, south India: impact on health, and reductions in violence following an intervention program</i> | 2010 | Data not available for age group |
| Berg, W. et al. | <i>One Man Can': shifts in fatherhood beliefs and parenting practices following a gender-transformative programme in Eastern Cape, South Africa</i> | 2013 | No control group |
| Bolton, K. et al. | <i>Self-determined goals in a solution-focused batterer intervention program: Application for building client strengths and solutions</i> | 2016 | Not LMIC |
| Brown, V. et al. | <i>HIV infection in women: Models of intervention for violence against women</i> | 1995 | No GBV intervention |
| Bryant, R. A. et al. | <i>Effectiveness of a brief behavioural intervention on psychological distress among women with a history of gender-based violence in urban Kenya: a randomised clinical trial</i> | 2017 | None of the specified outcomes |
| Burnette, C. et al. | <i>Male Parenting Attitudes and Batterer Intervention</i> | 2017 | Not LMIC |
| Carmichael, K. | <i>A hospital-based domestic violence program is crucial to keeping women safe</i> | 2013 | Not LMIC |
| Carmody, M. et al. | <i>Sexual Violence Prevention Educator Training Opportunities and Challenges</i> | 2014 | Wrong study design |
| Cermele, J. | <i>Men's Violence Against Women: From Prevalence to Prevention</i> | 2007 | No GBV intervention |
| Chandra, V. et al. | <i>What does not work in adolescent sexual and reproductive health: A review of evidence on interventions commonly accepted as best practices</i> | 2015 | No GBV intervention |
| Chaudhury, S. et al. | <i>Exploring the potential of a family-based prevention intervention to reduce alcohol use and violence within HIV-affected families in Rwanda</i> | 2016 | Data not available for age group |
| Choo, E. et al. | <i>"I Need to Hear From Women Who Have 'Been There'": Developing a Woman-Focused Intervention for Drug Use and Partner Violence in the Emergency Department</i> | 2016 | Not LMIC |
| Chowdhury, A. M. R. et al. | <i>Do poverty alleviation programmes reduce inequities in health? The Bangladesh experience</i> | 2009 | Not retrievable |
| Cohen, R. et al. | <i>Common Threads: A recovery programme for survivors of gender based violence</i> | 2013 | Wrong study design |
| Cottler, L. et al. | <i>Feasibility and Effectiveness of HIV Prevention Among Wives of Heavy Drinkers in Bangalore, India</i> | 2010 | Not vulnerable to HIV |
| Cripe, S.M. et al. | <i>Intimate partner violence during pregnancy: a pilot intervention program in Lima, Peru</i> | 2010 | Not vulnerable to HIV |
| Dartnall, E. et al. | <i>Harnessing the power of South-South partnerships to build capacity for the prevention of sexual and intimate partner violence</i> | 2017 | Wrong study design |
| Decker, M. et al. | <i>Gender-based violence against adolescent and young adult women in low- and middle-income countries</i> | 2014 | Wrong study design |
| del Castillo, S. E. et al. | <i>La implementación de la política pública de salud sexual y reproductiva (SSR) en el Eje Cafetero colombiano: el caso del embarazo adolescente</i> | 2008 | No GBV intervention |

| Authors | Title | Year | Reason for exclusion |
|---------------------------------|--|-------------|----------------------------------|
| Doherty, T. et al. | <i>Effect of home based HIV counselling and testing intervention in rural South Africa: cluster randomised trial</i> | 2013 | Data not available for age group |
| Dolan, C. et al. | <i>Letting go of the gender binary: Charting new pathways for humanitarian interventions on gender-based violence</i> | 2014 | Wrong study design |
| Ekhtiari, Y. S. et al. | <i>The effect of an intervention based on the PRECEDE-PROCEED model on preventive behaviors of domestic violence among Iranian high school girls</i> | 2013 | Not vulnerable to HIV |
| Ekhtiari, Y. S. et al. | <i>Effect of an intervention on attitudes towards domestic violence among Iranian girls.</i> | 2014 | Not vulnerable to HIV |
| Enriquez, M. et al. | <i>An Intervention to Address Interpersonal Violence Among Low-Income Midwestern Hispanic-American Teens</i> | 2012 | Not LMIC |
| Erulkar, A. et al. | <i>Evaluation of a reproductive health program to support married adolescent girls in rural Ethiopia</i> | 2014 | Not vulnerable to HIV |
| Erulkar, A. et al. | <i>Evaluation of a reproductive health program to support married adolescent girls in rural Ethiopia</i> | 2014 | Cross-sectional |
| Falb, K. L. et al. | <i>Differential impacts of an intimate partner violence prevention program based on child marriage status in rural Cote d'Ivoire</i> | 2015 | Data not available for age group |
| Falb, K. L. et al. | <i>Evaluating a health care provider delivered intervention to reduce intimate partner violence and mitigate associated health risks: study protocol for a randomized controlled trial in Mexico City</i> | 2014 | Protocol |
| Fawole, O. et al. | <i>Violence and HIV/AIDS prevention among female out-of-school youths in southwestern Nigeria: lessons learnt from interventions targeted at hawkers and apprentices</i> | 2004 | Not vulnerable to HIV |
| Falb, K. L. et al. | <i>Creating opportunities through mentorship, parental involvement, and safe spaces (COMPASS) program: multi-country study protocol to protect girls from violence in humanitarian settings</i> | 2016 | Protocol |
| Fawole, O. et al. | <i>Violence and HIV/AIDS prevention among female out-of-school youths in southwestern Nigeria: lessons learnt from interventions targeted at hawkers and apprentices</i> | 2004 | Not retrievable |
| Fawole, O. et al. | <i>Evaluation of interventions to prevent gender-based violence among young female apprentices in Ibadan, Nigeria</i> | 2005 | Not retrievable |
| Fawole, O. et al. | <i>Interventions for violence prevention among young female hawkers in motor parks in south-western Nigeria: a review of effectiveness</i> | 2003 | No control group |
| Foshee, V et al. | <i>The Effects of the Evidence-Based Safe Dates Dating Abuse Prevention Program on Other Youth Violence Outcomes</i> | 2014 | No GBV intervention |
| Gürkan, Ö.C. et al. | <i>The effect of a peer education program on combating violence against women: A randomized controlled study</i> | 2017 | Not vulnerable to HIV |
| Gilbert, L. et al. | <i>Feasibility and preliminary effects of a screening, brief intervention and referral to treatment model to address gender-based violence among women who use drugs in Kyrgyzstan: Project WINGS (Women Initiating New Goals of Safety)</i> | 2017 | Not vulnerable to HIV |
| Gage, A. J. et al. | <i>Short-term effects of a violence-prevention curriculum on knowledge of dating violence among high school students in Port-au-Prince, Haiti</i> | 2016 | Not vulnerable to HIV |
| Gibbs, A. et al. | <i>The Stepping Stones and Creating Futures intervention to prevent intimate partner violence and HIV-risk behaviours in Durban, South Africa: study protocol for a cluster randomized control trial, and baseline characteristics</i> | 2017 | Protocol |
| Gilbert, L. et al. | <i>Feasibility and preliminary effects of a screening, brief intervention and referral to treatment model to address gender-based violence among women who use drugs in Kyrgyzstan: Project WINGS (Women Initiating New Goals of Safety)</i> | 2017 | No control group |
| Glass, N. et al. | <i>Randomised controlled trial of a livestock productive asset transfer programme to improve economic and health outcomes and reduce intimate partner violence in a postconflict setting</i> | 2017 | Data not available for age group |
| Go, V. and Frangakis, C. et al. | <i>Effects of an HIV/AIDS peer prevention intervention on sexual and injecting risk behaviours among injecting drug users (IDU) and their risk partners in Thai Nguyen, Vietnam: a randomized controlled trial</i> | 2012 | No GBV intervention |
| Gondolf, E. et al. | <i>Nonphysical abuse among batterer program participants</i> | 2002 | Not LMIC |
| Gondolf, E. et al. | <i>The Program Effect of Batterer Programs in Three Cities</i> | 2001 | Not LMIC |
| Gonzalez-Guarda, R. et al. | <i>Examining the Preliminary Efficacy of a Dating Violence Prevention Program for Hispanic Adolescents</i> | 2015 | Not LMIC |

| Authors | Title | Year | Reason for exclusion |
|---|---|-------------|----------------------------------|
| Greig, A. et al. | <i>Gender and AIDS: time to act</i> | 2008 | Wrong study design |
| Grunke-Horton, K. et al. | <i>Impact of a Grassroots Property Rights Program on Women's Empowerment in Rural Kenya</i> | 2017 | No control group |
| Gupta, J. et al. | <i>Gender norms and economic empowerment intervention to reduce intimate partner violence against women in rural Cote d'Ivoire: a randomized controlled pilot study</i> | 2013 | Data not available for age group |
| Haberland, N. et al. | <i>Sexuality education: Emerging trends in evidence and practice</i> | 2014 | Wrong study design |
| Hatcher, A. et al. | <i>Intimate partner violence and engagement in HIV care and treatment among women: a systematic review and meta-analysis</i> | 2015 | Wrong study design |
| Jalal, C. et al. | <i>Effects of BRAC's poverty reduction program targeting the ultra-poor in rural Bangladesh</i> | 2008 | Not vulnerable to HIV |
| Jewkes, R. et al. | <i>Stepping Stones and Creating Futures intervention: shortened interrupted time series evaluation of a behavioural and structural health promotion and violence prevention intervention for young people in informal settlements in durban, South Africa</i> | 2014 | Data not available for age group |
| Jones, D. et al. | <i>Risk reduction among HIV-seroconcordant and -discordant couples: The Zambia NOW2 intervention</i> | 2014 | Data not available for age group |
| Kacaneck, D. et al. | <i>Intimate partner violence and condom and diaphragm nonadherence among women in an HIV prevention trial in southern Africa</i> | 2013 | None of the specified outcomes |
| Kachaeva, M. | <i>Prevention of Violence Against Women in Russia</i> | 2010 | No GBV intervention |
| Kajula, L. et al. | <i>Vijana Vijiweni II: a cluster-randomized trial to evaluate the efficacy of a microfinance and peer health leadership intervention for HIV and intimate partner violence prevention among social networks of young men in Dar es Salaam</i> | 2016 | Protocol |
| Kalichman, S. C. et al. | <i>Randomized community-level HIV prevention intervention trial for men who drink in South African alcohol-serving venues</i> | 2014 | None of the specified outcomes |
| Kalichman, S. C. et al. | <i>HIV/AIDS risk reduction and domestic violence prevention intervention for South African men</i> | 2008 | No control group |
| Kim, J. C. et al. | <i>Understanding the impact of a microfinance-based intervention on women's empowerment and the reduction of intimate partner violence in South Africa</i> | 2007 | Data not available for age group |
| Kalichman, S. et al. | <i>Integrated gender-based violence and HIV Risk reduction intervention for South African men: results of a quasi-experimental field trial</i> | 2009 | Data not available for age group |
| Karmaliani, R. et al. | <i>Violence against women in Pakistan: Contributing factors and new interventions</i> | 2012 | Wrong study design |
| Karmaliani, R. et al. | <i>Meeting the 2015 Millennium Development Goals with new interventions for abused women</i> | 2011 | Wrong study design |
| Kim, J. C. et al. | <i>Understanding the impact of a microfinance-based intervention on women's empowerment and the reduction of intimate partner violence in South Africa</i> | 2007 | Data not available for age group |
| Hanson, K. et al. | <i>A Longitudinal Evaluation of the Effectiveness of a Sexual Assault Education Program</i> | 1999 | Not LMIC |
| Lazarevich, I. et al. | <i>Dating Violence in Mexican College Students: Evaluation of an Educational Workshop</i> | 2017 | Not vulnerable to HIV |
| Krishnan, S. and Padian, N.S. et al. | <i>Impact of a workplace intervention on attitudes and practices related to gender equity in Bengaluru, India</i> | 2016 | Not vulnerable to HIV |
| Krishnan, S. and Srinivasan, K. et al. | <i>Minimizing risks and monitoring safety of an antenatal care intervention to mitigate domestic violence among young Indian women: The Dil Mil trial</i> | 2012 | Not vulnerable to HIV |
| Krishnan, S. et al. | <i>An intergenerational women's empowerment intervention to mitigate domestic violence: results of a pilot study in Bengaluru, India</i> | 2012 | No control group |
| L'Engle, K. L. et al. | <i>A randomized controlled trial of a brief intervention to reduce alcohol use among female sex workers in Mombasa, Kenya</i> | 2014 | Data not available for age group |
| Lazarevich, I. et al. | <i>Dating Violence in Mexican College Students: Evaluation of an Educational Workshop</i> | 2017 | Not vulnerable to HIV |
| Lima, D. et al. | <i>Revisão crítica sobre o atendimento a homens autores de violência doméstica e familiar contra as mulheres</i> | 2011 | Wrong study design |
| Lippman, S. et al. | <i>Community mobilization for HIV testing uptake: Results from a community randomized trial of a theory-based intervention in rural South Africa</i> | 2017 | Data not available for age group |

| Authors | Title | Year | Reason for exclusion |
|--------------------------|---|-------------|----------------------------------|
| Love, A. et al. | <i>"Strength at Home" Intervention for Male Veterans Perpetrating Intimate Partner Aggression: Perceived Needs Survey of Therapists and Pilot Effectiveness Study</i> | 2015 | Not LMIC |
| Matseke, G. et al. | <i>Screening and brief intervention for intimate partner violence among antenatal care attendees at primary healthcare clinics in Mpumalanga Province, South Africa</i> | 2013 | No control group |
| Mohlala, B. et al. | <i>Optimising the impact of prevention of mother-to-child transmission of hiv in south africa: the forgotten half of the equation</i> | 2009 | Not retrievable |
| Moor, Avigail, PhD. | <i>The Efficacy of a High School Rape Prevention Program in Israel</i> | 2011 | Not vulnerable to HIV |
| Moore, L. et al. | <i>Community empowerment and involvement of female sex workers in targeted sexual and reproductive health interventions in Africa: a systematic review</i> | 2014 | Wrong study design |
| Moreira, G. et al. | <i>Programa Bolsa Família e violência doméstica contra a mulher no Brasil</i> | 2016 | Not vulnerable to HIV |
| Nanda, P. et al. | <i>Making Change from Cash? Evaluation of a Conditional Cash Transfer Program to Improve the Status of Girls in Northern India.Á</i> | 2015 | Not vulnerable to HIV |
| Ngidi, N. et al. | <i>Using transformative pedagogies for the prevention of gender-based violence: reflections from a secondary school-based intervention</i> | 2015 | No control group |
| Orchowski, L. et al. | <i>Evaluation of a sexual assault risk reduction and self-defense program: A prospective analysis of a revised protocol</i> | 2008 | Not LMIC |
| Pallitto, C. et al. | <i>Testing a counselling intervention in antenatal care for women experiencing partner violence: a study protocol for a randomized controlled trial in Johannesburg, South Africa</i> | 2016 | Protocol |
| Parcesepe, A. M. et al. | <i>The impact of an alcohol harm reduction intervention on interpersonal violence and engagement in sex work among female sex workers in Mombasa, Kenya: results from a randomized controlled trial</i> | 2016 | Data not available for age group |
| Peacock, D. et al. | <i>The Men as Partners Program in South Africa: reaching men to end gender-based violence and promote sexual and reproductive health</i> | 2004 | Wrong study design |
| Pezzullo, S. | <i>Thinking about tomorrow. The IAF and youth programs in Latin America and the Caribbean</i> | 1994 | No GBV intervention |
| Pick, S. et al. | <i>"I want to I can...Prevent violence": Raising awareness of dating violence through a brief intervention</i> | 2010 | Not vulnerable to HIV |
| Pronyk, P. M. et al. | <i>Effect of a structural intervention for the prevention of intimate-partner violence and HIV in rural South Africa: a cluster randomised trial</i> | 2006 | Data not available for age group |
| Pronyk, P. M. et al. | <i>A combined microfinance and training intervention can reduce HIV risk behaviour in young female participants</i> | 2008 | None of the specified outcomes |
| Pulerwitz, J. et al. | <i>Addressing gender dynamics and engaging men in HIV programs: Lessons learned from horizons research</i> | 2010 | Wrong study design |
| Read-Hamilton, S. et al. | <i>The Communities Care programme: changing social norms to end violence against women and girls in conflict-affected communities</i> | 2016 | Not vulnerable to HIV |
| Richter, N.L. et al. | <i>Group work intervention with female survivors of childhood sexual abuse</i> | 1997 | No GBV intervention |
| Rivas, C. et al. | <i>Advocacy interventions to reduce or eliminate violence and promote the physical and psychosocial wellbeing of women who experience intimate partner abuse: a systematic review</i> | 2016 | Wrong study design |
| Rivas, C. et al. | <i>Advocacy interventions to reduce or eliminate violence and promote the physical and psychosocial well-being of women who experience intimate partner abuse</i> | 2015 | Wrong study design |
| Rosenberg, N. et al. | <i>Recruiting male partners for couple HIV testing and counselling in Malawi's option B+ programme: an unblinded randomised controlled trial</i> | 2015 | None of the specified outcomes |
| Saggurtti, N. et al. | <i>Impact of the RHANI Wives intervention on marital conflict and sexual coercion</i> | 2014 | Not vulnerable to HIV |
| Santos, A. et al. | <i>Effectiveness of a Group Intervention Program for Female Victims of Intimate Partner Violence</i> | 2017 | Not LMIC |
| Skeen, S. et al. | <i>Interventions to improve psychosocial well-being for children affected by HIV and AIDS: a systematic review</i> | 2017 | Wrong study design |
| Taft, C. et al. | <i>"Strength at Home" Group Intervention for Military Populations Engaging in Intimate Partner Violence: Pilot Findings</i> | 2013 | Not LMIC |

| Authors | Title | Year | Reason for exclusion |
|--------------------------------|--|-------------|----------------------------------|
| Taghdisi, M. H. et al. | <i>The impact of educational intervention based on empowerment model in preventing violence against women</i> | 2014 | Not vulnerable to HIV |
| Thilini, H. et al. | <i>Evaluation of a health promotion intervention in changing the acceptance of gender roles among women in a rural community in Sri Lanka</i> | 2012 | Not vulnerable to HIV |
| Thomas, J. | <i>Women Married by Age 18 May Receive Reduced Benefits from Partner Violence-Reduction Programs</i> | 2015 | No control group |
| Tiwari, A. et al. | <i>Effect of an advocacy intervention on mental health in Chinese women survivors of intimate partner violence: a randomized controlled trial</i> | 2010 | Not vulnerable to HIV |
| Tol, W. et al. | <i>An integrated intervention to reduce intimate partner violence and psychological distress with refugees in low-resource settings: Study protocol for the Nguvu cluster randomized trial</i> | 2017 | Protocol |
| Tollefson, D. et al. | <i>A Mind-Body Bridging Treatment Program for Domestic Violence Offenders: Program Overview and Evaluation Results</i> | 2015 | Not LMIC |
| Tsai, L. C. et al. | <i>The impact of a microsavings intervention on reducing violence against women engaged in sex work: a randomized controlled study</i> | 2016 | Data not available for age group |
| Valencia, A. et al. | <i>Domestic violence program descriptions</i> | 1999 | Wrong study design |
| van den Berg, W. et al. | <i>'One Man Can': shifts in fatherhood beliefs and parenting practices following a gender-transformative programme in Eastern Cape, South Africa</i> | 2013 | Wrong study design |
| Verma, R. et al. | <i>Promoting Gender Equity as a Strategy to Reduce HIV Risk and Gender-based Violence Among Young Men in India.Â</i> | 2008 | Not vulnerable to HIV |
| Verma, R. et al. | <i>Challenging and Changing Gender Attitudes among Young Men in Mumbai, India</i> | 2006 | Not vulnerable to HIV |
| Vonarx, N. | <i>Masculinity and HIV-AIDS prevention in West Africa: a training model</i> | 2008 | Not retrievable |
| Wagman, J. A. et al. | <i>Effectiveness of an integrated intimate partner violence and HIV prevention intervention in Rakai, Uganda: analysis of an intervention in an existing cluster randomised cohort</i> | 2015 | Data not available for age group |
| Wagman, J. A. et al. | <i>Process evaluation of the SHARE intervention for preventing intimate partner violence and HIV infection in Rakai, Uganda</i> | 2018 | Wrong study design |
| Watts, C. et al. | <i>The SASA! study: a cluster randomised trial to assess the impact of a violence and HIV prevention programme in Kampala, UgandaÂ</i> | 2015 | Wrong study design |
| Wechsberg, W. et al. | <i>A brief intervention for drug use, sexual risk behaviours and violence prevention with vulnerable women in South Africa: a randomised trial of the Women's Health CoOp</i> | 2013 | Data not available for age group |
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