

Parents' Resources

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- Special Needs Jungle (<http://www.specialneedsjungle.com>)
- SEN Teacher has free learning resources for teachers and parents of children with SEN (<https://www.senteacher.org>)
- Blog of Southampton EP prof doc with lots of info/resources (<http://blog.soton.ac.uk/edpsych/>)
- Contact a Family, for families with disabled children ([http://www.cafamily.org.uk/get-involved/parent-carer-participation/resources-\(general\)/](http://www.cafamily.org.uk/get-involved/parent-carer-participation/resources-(general)/))
- Scope (<http://www.scope.org.uk>)
- Council for Disabled Children (<https://councilfordisabledchildren.org.uk/resources-and-help/im-parent>)
- IPSEA Independent Parental Special Education Advice (<https://www.ipsea.org.uk>)
- SEN Direct (<https://sendirect.org.uk>)

Autism

- The National Autistic Society (<http://www.autism.org.uk>)
- Autism Alliance (<http://www.autism-alliance.org.uk>)
- Ambitious about Autism (<https://www.ambitiousaboutautism.org.uk>)

Dyspraxia

- Dyspraxia Foundation (<http://dyspraxiafoundation.org.uk>)
- Dyspraxia Foundation Youth (<https://www.dfyouth.org.uk>)

Dyslexia

- British Dyslexia Association (<http://www.bdadyslexia.org.uk>)
- Dyslexia Action (<http://www.dyslexiaaction.org.uk>)
- The Dyslexia Association (<http://www.dyslexia.uk.net>)
- Dyslexia Foundation (<http://www.dyslexiafoundation.co.uk>)

ADHD

- ADHD Foundation (<http://www.adhdfoundation.org.uk>)

Sight Loss

- RNIB (<http://www.rnib.org.uk>)

Hearing Loss

- National Deaf Children's Society (http://www.ndcs.org.uk/family_support/)
- Action on Hearing Loss (<https://www.actiononhearingloss.org.uk>)

Support Charities

- Kith & Kids (<http://www.kithandkids.org.uk/what-we-do/>)

Parent Forums

- Mumsnet SEN Discussion (http://www.mumsnet.com/Talk/special_educational_needs)
- Parents of Disabled Children (<http://www.parentsofdisabledchildren.co.uk>)

In England there are parent carer forums in almost all local authority areas. You can see a list of Parent Carer Forums in your region with their contact details by visiting the following link.

http://www.cafamily.org.uk/media/937809/contact_lists_for_website_may_16.pdf

Local (London) Parent Forums

- Waltham Forest Parent Forum (<http://www.walthamforestparentforum.com/home/4556178050>)
- Redbridge Forum (<http://redbridgeforum.co.uk>)
- Newham Parent Forum (<http://newhamparentforum.co.uk>)

There are many parent support groups/forums on Facebook. They are usually all closed groups (you'll need to request permission to join). Some examples are below but there are many different support groups often identified by the specific SEND.

- <https://www.facebook.com/groups/428715193896140/>
- <https://www.facebook.com/groups/188410221537635/>
- <https://www.facebook.com/groups/798672493573079/>
- <https://www.facebook.com/groups/570152193049643/>
- <https://www.facebook.com/groups/Developmentalcoordinationdelayuk/>