1	Safety of Same and Next Day Discharge Following Revision Hip and Knee Arthroplasty
2	Using Modern Perioperative Protocols
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4	Running Title: Safety of Early Discharge Revision Total Joint Arthroplasty
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# 1 Safety of Same and Next Day Discharge Following Revision Hip and Knee Arthroplasty 2 Using Modern Perioperative Protocols

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### 4 Abstract:

Introduction: Advances in perioperative care have enabled early discharge and outpatient 5 primary total joint arthroplasty (TJA). However, the safety of early discharge after revision TJA 6 7 (rTJA) remains unknown and the COVID-19 pandemic will force decreased hospitalization. This study compared 90-day outcomes in patients undergoing aseptic rTJA discharged the same or 8 9 next day (early) to those discharged two or three days postoperatively (later). 10 Methods: 530 aseptic rTJAs performed at a single tertiary referral center (12/5/2011-12/30/2019) 11 were identified. Early and later discharge patients were matched as closely as possible on procedure type, sex, ASA-PS classification, age, and BMI. All patients were optimized using 12 13 modern perioperative protocols. The rate of 90-day ED visits and hospital admissions was 14 compared between groups. Results: 183 early discharge rTJAs (54 hips, 129 knees) in 178 patients were matched to 183 15 later discharge rTJAs (71 hips, 112 knees) in 165 patients. 62% of the sample was female, with 16 17 an overall average age and BMI of  $63\pm9.9$  (range: 18-92) years and  $32\pm6.9$  (range: 18-58) kg/m<sup>2</sup>. 18 There was no statistical difference in 90-day ED visit rates between early (6/178, 3.4%) and later 19 (11/165, 6.7%) discharge patients (p=0.214). 90-day hospital admission rates for early (7/178, 20 3.9%) and later (4/165, 2.4%) did not differ (p=0.545) 21 <u>Conclusions</u>: Using modern perioperative protocols and with appropriate patient selection, early discharge following aseptic rTJA does not increase 90-day readmissions or ED visits. As hospital 22

23 inpatient capacity remains limited due to COVID-19, select rTJA patients may discharge home

24	the same or next day to preserve hospital beds and resources for more critical medically related
25	illness.
26	Keywords: Total joint arthroplasty, Outpatient, Rapid Recovery, Revision, Readmissions,
27	Complications
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#### 47 Introduction:

48 Total joint arthroplasty (TJA) is one of the most successful of orthopaedic procedures [1]. 49 Historically, multiple days of inpatient care was the expectation following primary TJA. 50 However, innovations in perioperative care, including surgical technique, pain management, 51 blood conservation and physical therapy, have enabled rapid recovery and early discharge [2–4]. 52 Evidence demonstrates early discharge primary TJA (<24 hour stay) to be safe [5–12] and cost 53 saving [13,14], without increasing readmission rates [15–17]. 54 Despite the clinical success of primary TJA, complications requiring revision remain a 55 costly societal burden [18]. As the demand for TJA increases [19], so will the number of 56 revisions [20]. The most common etiologies leading to revision total hip arthroplasty (rTHA) 57 include: instability, aseptic loosening and infection [21]. The most common etiologies leading to 58 revision total knee arthroplasty (rTKA) include: infection, aseptic loosening and instability 59 [22,23]. Revision TJA traditionally results in longer inpatient lengths of stay (LOS) than primary 60 TJAs. For example, in a 2009 study the average LOS following the most basic rTHA (head-liner 61 exchange) was reported as five days and the average LOS for all types of rTHA procedures was over six days [21]. Similarly, the average LOS for an aseptic rTKA was reported to be over four 62 63 days and increased to over five days when infection cases were included [22,23]. As surgeons, patients, and institutions become more comfortable with rapid recovery 64 65 primary TJA, a natural evolution is to consider subsequently reducing inpatient LOS in the revision setting as well. Indeed, a goal for better healthcare is to reduce unnecessary waste by 66 67 deterring patients and providers from the belief that 'more is better' [24,25]. Further, the

- 68 COVID-19 pandemic of 2020 has brought to light our somewhat limited healthcare resources
- and highlighted our need to preserve inpatient hospital equipment and beds for patients who are

stricken with severe medical illness. However, due to increased surgical complexity associated with revision TJA and the associated physical stress on patients with medical comorbidities, early discharge after rTJA must be appropriately studied. The primary aim of this study was to compare 90-day readmission and emergency department (ED) visit rates between patients undergoing aseptic rTJA discharged the same or next day to those discharged two or more days postoperatively. Our null hypothesis was that there would be no difference in readmission and ED visit rates between the two groups.

77 <u>Methods</u>:

78 <u>Study Sample</u>: Five-hundred and thirty unilateral aseptic revision TJAs (rTJA)

79 consecutively performed between 12/5/2011 and 12/30/2019 were identified in our total

80 joint arthroplasty registry with institutional review board approval. All cases were

81 performed by a single surgeon at a dedicated hip and knee center in a tertiary care

82 hospital. As shown in Figure 1, 204 (38.5%) rTJAs were discharged on postoperative day 0

83 or 1 (early discharge TJAs), 316 (59.6%) were discharged on postoperative day 2 or 3 (later

84 discharge TJAs), and 10 (1.9%) were hospitalized for 4 or more days. The latter cases were

85 **not included in the current study.** 

Twenty-one (10.3%) of the 204 early discharge rTJAs were excluded as shown in Table 1 leaving a final analysis sample of 183 index rTJAs. Table 1 shows that 100 (31.6%) of the 316 later discharge comparison cases were excluded leaving a pool of 216 cases to match to the 183 index cases. From this pool, 183 later discharge cases were matched as closely as possible to early discharge cases on procedure type (rTHA, rTKA), sex, ASA-PS classification (1 through 4), age (±5 years), and BMI (±5 kg/m<sup>2</sup>).

92 Patient Care Protocols: As part of our standardized perioperative care program, all patients 93 underwent preoperative risk assessment and medical clearance within four weeks of surgery by a 94 medical specialist whose practice focuses exclusively on hip and knee arthroplasty patients. Each 95 patient's upcoming surgery was discussed at a coordinated care conference attended by members of the multidisciplinary team the week prior to their scheduled surgery. During this meeting, 96 97 information is shared across disciplines and patient care plans are proactively developed, which 98 are shared with everyone who provides direct care or services to the patient. Preoperatively, 99 patients and family members received comprehensive clinic-based education and attended a 100 hospital-based joint replacement class. Postoperatively, all patients were encouraged to ambulate 101 by the afternoon on the day of surgery when possible and attempts were made to standardize 102 rehabilitation protocols. Postoperative care was assumed by the operative surgeon, the internal 103 medicine specialist, clinic staff, and a multidisciplinary inpatient care team. Postoperative pain 104 control for the first 24 hours was by an anesthesia pain service. The same modern perioperative 105 pain control, clinical, and rehabilitation protocols were used for all patients. 106 Perioperative and Postoperative Pain Control and Anesthesia Protocols: A multimodal 107 preoperative pain protocol was used in all cases. Unless allergic or contraindicated, patients were 108 given acetaminophen (1000 mg PO) 24 hours before surgery and oxycodone (10 to 20 mg PO), 109 celecoxib (200 mg PO), and pregabalin (75 mg PO) immediately before surgery. 110 Intraoperatively, surgeries were performed with standardized light general anesthesia (desflurane 111 or sevoflurane) and a low-dose intrathecal, single-shot spinal injection of either 0.40 mg of 112 morphine with a median of 10.5 mg bupivacaine local anesthetic or 25 mcg of fentanyl with a median of 7.5 mg bupivacaine. Beginning January 1, 2015, the spinal anesthesia medication 113

114 cocktail was changed from morphine to fentanyl. Between September 01, 2012 and May 31,

115 2016, patients were instructed not to consume liquids after 12 AM on the day of surgery. 116 Beginning on June 01, 2016, patients were allowed to drink liquids up to two hours before 117 surgery. Postoperatively, patients were permitted to drink freely. Patient-specific, goal-directed 118 fluid therapy called for preoperative, intraoperative, and postoperative administration of 119 approximately 2000 mL total of crystalloid sodium lactate unless patients had significant renal 120 diseases in which case normal saline was used. In knees only, a periarticular injection of 0.2% 121 (200 mg) ropivacaine, 0.5 mg epinephrine, 80 mcg clonidine, and 30 mcg ketorolac (removed for 122 patients with renal insufficiency) to equal 101.3 mL total volume was used immediately 123 following final implant fixation. Postoperatively, unless allergic or contraindicated, patients 124 received acetaminophen (1000 mg PO tid), OxyContin (10 to 20 mg PO q12 hours), celecoxib 125 (200 mg PO bid), oxycodone (5-10 mg hourly prn for mild pain and 10-20 mg hourly prn for moderate pain), or hydromorphone (0.5 mg IV q20 minutes prn for severe pain). IV tranexamic 126 127 acid (1 g prior to incision followed by 1 g two hours later) was standardly used. 128 Thromboprophylaxis was with enteric coated aspirin 81 mg twice daily for six weeks along with 129 23 hours of sequential compression devices during hospitalization. Those patients at higher risk 130 for thromboembolism were treated with additional chemoprophylaxis. 131 Data Analysis: Data were prospectively recorded in and retrieved from the electronic medical 132 record (EMR) and verified for accuracy. A retrospective review of the EMR was completed for 133 each patient. Demographic data including patient age in years, sex (male/female), body mass index (BMI) in  $kg/m^2$ , American Society of Anesthesiologists (ASA) physical status 134 135 classification (1, 2, 3 or 4), type of procedure (rTHA or rTKA), and reason for revision were recorded. Details of the procedure were collected and categorized based on the components 136 revised. Surgical case duration was defined as the length of time, in minutes, from 137

138 procedure start to procedure stop. Discharge disposition was recorded. All-cause inpatient 139 readmissions and ED visits were recorded for each patient within 90 days of surgery. For each 140 readmission or ED visit, date, time, results, and cause for the readmission or visit was recorded. 141 Minitab 19 (Minitab Inc, State College, PA) was used for data analysis. Continuous data 142 are reported as means with standard deviations, and categorical data are reported as numbers and 143 percentages. Means and standard deviations in early and later discharge cases were compared 144 using Student's t-test and the Pearson Chi-square test was used to compare categorical 145 variables. ED visit and hospital readmission rates in the two groups were compared with the 2-146 proprtion test using Fishers Exact p value. A critical p value of 0.05 was set for all comparisons. 147 This research did not receive any specific grant from funding agencies in the public, commercial, 148 or not-for-profit sectors.

### 149 **<u>Results</u>**:

150 Demographic and case characteristics for the two study groups are shown in Table 2. rTHA was performed in 30% of early discharge and 39% of later discharge patients 151 152 (p=0.078). Fifty-eight percent of early discharge and 66% of later discharge patients were female (p=0.162). The average age (62.6 vs. 64.2 years) and BMI (32.5 vs. 32.3 kg/m<sup>2</sup>) of 153 154 early and later discharge patients, respectively, were not significantly different. ASA-PS 155 classification was similarly distributed in the two groups (p=0.094). Fewer later discharge 156 patients had private insurance with more of them insured by Medicare (p=0.017). On 157 average, mean procedure time was 24 minutes longer in later discharge patients (p<0.001). 158 Revision etiology for early discharge and later discharge cases is shown separately 159 for hip and knee procedures in Table 3. ALTR was the most common reason for rTHA in 160 early discharge patients whereas loosening was more common in later discharge patients

(p=0.008). In knees, instability was the most prevalent cause of revision for both early and
later discharge patients (p=0.152). Components revised in early discharge and later
discharge cases are shown in Table 4. Revision of both acetabular and femoral
components was most common in early discharge rTHA patients, whereas acetabular
revision alone was more common in later discharge rTHA patients (p<0.001). The majority</li>
of early and later discharge rTKA patients underwent both femoral and tibial component
revision (p=0.063).

168 One later discharge patient transitioned to a skilled nursing facility. Among the 169 remainder of patients, all early discharge patients went home with 75.8% of later discharge 170 patients going home and 24.2% transitioning to a rehabilitation facility (p<0.001). 171 Emergency department (ED) visits and hospital admissions within 90 days of aseptic 172 revision TJA are shown in Table 5. Six (6/178, 3.4%) early discharge patients and 11 173 (11/165, 6.7%) later discharge patients presented to the ED (p=0.214). Complaints ranged from nausea to shortness of breath and surgical site bleeding, all of which were resolved 174 175 without subsequent hospital admission (Table 5). Three patients in each group (3/178, 176 1.7% vs. 3/165, 1.8%; p=1.00) presented to the ED and were subsequently admitted to the 177 hospital (Table 5). Causes ranged from allergic rash to a pain pump to acute 178 hematogenous infection in the study joint requiring I&D with component retention. Table 179 5 also shows that four early discharge patient (4/178, 2.2%) and one later discharge patient 180 (1/165, 0.06%) were directly admitted to the hospital within 90 days of rTJA (p=0.373). 181 One of the early discharge patients was admitted for NSTEMI myocardial infarction and 182 the others required surgical intervention for superficial wound and/or soft tissue repair.

## The later discharge patient was directly admitted for acute confusional state with 104° temperature and evidence of pneumonia.

185 **Discussion**:

186 Over the past decade and a half, there has been a shift from a 'sick-patient model' to a 'well-patient model' among patients undergoing elective primary TJA, with optimization 187 188 occurring prior to surgery and many patients not requiring a prolonged in-hospital stay. An 189 enhanced understanding of multimodal approaches to pain management, blood conservation and 190 early mobilization have improved the standardization of care for TJA patients, which has 191 increased the efficiency of care [5–7,9,26]. Rapid recovery for primary TJA has been 192 successfully performed in multiple patient populations, with low rates of complications and 193 readmissions, even among elderly patients [16,27–29]. In its current state, appropriately 194 performed rapid recovery primary TJA is a safe, [30] cost-efficient, [14,31,32] and patient-195 friendly strategy [33]. However, there remains disagreement on the optimal inpatient LOS, with 196 some authors criticizing outpatient TJA as risky and claiming longer inpatient stays allow for the 197 recognition of life-threatening complications and those complications that prompt readmission 198 [34,35].

199 The exponentially increased demand for TJA has imposed an enormous economic burden 200 on the healthcare system, accounting for more Medicare expense than any other inpatient 201 procedure [36]. Not surprisingly, resource utilization and cost containment have become a 202 primary focus of policy and research on primary and rTJA. Multiple strategies have been 203 adopted to improve the value of TJA, including a reduction in wasteful spending and a reduction 204 in hospital LOS [13]. As surgeons, patients, and institutions become more comfortable with rapid 205 recovery primary TJA, it is likely a similar trend will follow among patients requiring rTJA. To

206 prevent an increase in perioperative complications and assure the focus is on patient safety, as 207 opposed to financial incentives, we sought to determine the safety of a reduced hospital LOS in 208 aseptic rTJA patients using modern perioperative protocols. The results of this study 209 demonstrated no significant difference in the 90-day readmission or ED visit rates between 210 patients undergoing aseptic rTJA discharged on POD zero or one compared to those patients 211 discharge on POD two or later. These are novel findings, as this is the first paper, to the authors' 212 knowledge, that reports on the safety of early discharge revision TJA. 213 The results of this study are similar to a large database study presented at the 2019 214 Annual Meeting of the American Academy of Orthopaedic Surgeons by Gu et al, which 215 analyzed all patients in the American College of Surgeons National Surgical Quality 216 Improvement Program database who underwent aseptic rTKA and were discharged zero to two days after the procedure and compared to those discharged three to four days postoperatively 217 218 [37]. The authors found no difference in the 30-day complication rate between the two groups. 219 In contrast to the study by Gu et al, a major strength of the present study is the lack of selection 220 bias inherent in a large database study. Specifically, all patients included in our study were 221 exposed to the same modern perioperative protocols. Additionally, a large database study lacks 222 the appropriate granularity to adjust for institutional protocols or other medical reasons that may 223 delay discharge following rTKA. Our study utilized matching on multiple potential confounders, including age, ASA status, gender and BMI to reduce this bias. However, it is 224 225 possible uncontrolled variables played a role in the timing of discharge, such as surgical 226 duration, complexity of the surgery, or other social confounders. Future studies should 227 investigate these variables further to determine whether a particular combination of 228 patient and surgical factors decreases the safety of early discharge. Despite not detecting a

229	statistically significant difference in ED visit rates between the early and late discharge
230	rTJA patients, there were 10 more ED visits in the early discharge patients than the late
231	discharge patients. It is possible we lacked the numbers necessary to detect a statistically
232	significant difference, representing type-two error. It should be emphasized that the
233	authors of this study do not interpret the results to mean every aseptic rTJA should be
234	discharged early. Instead, patients should only be discharged when they are medically and
235	socially safe for discharge. It appears that when this approach is taken, appropriately
236	selected aseptic rTJA patients may be discharged early without an increase in
237	complications.
238	The results of this study are comparable to those found in investigations of early
239	discharge after primary TJA. For example, a study conducted at a Veteran's Affairs hospital
240	compared patients discharged within one day to more than one day following primary TJA. The
241	authors reported no significant difference in returns to the operating room, readmissions to the
242	hospital or visits to the ED [38]. Similarly, in a large database query of 1,220 outpatient primary
243	TJAs between 2011 and 2014, Maxwell Courtney et al. reported no increased risk of
244	readmissions or complications [39], a finding that has been reproduced in a number of other
245	studies [40-42]. Moreover, Feder et al evaluated the safety of 850 same day discharge TJA
246	patients at a single institution and noted a 90-day readmission rate of 0.94% and a 90-day ED
247	rate of 1.18% [43]. The higher rates noted in our study can be explained by the findings of
248	Schairer et al, who showed patients undergoing revision TKA [44] and THA [45] were more
249	likely to have an unplanned readmission than are patients undergoing a primary TJA. The all-
250	cause 90-day readmission rate in their studies was 8.8% in hips and 13% in knees, which is
251	higher than the results found in our study. Edwards et al also evaluated the safety of rapid

recovery TJA, including octogenarians and revisions [46]. Despite a developed clinical
pathway, the authors noted an overall 90-day readmission rate of 15% in THAs and 12%
in TKAs, which are also higher than ours, though direct comparison is limited given the
different patient populations. The lower rates reported in our series may also reflect
differences in our clinical pathway including the multidisciplinary team approach, however
additional research is required to establish this.

258 This study is not without limitations, including its retrospective cohort design. Despite 259 the inherent bias of the study design, all data were prospectively collected on consecutive cases 260 performed with **consistent** institutional protocols, which may reduce selection and interpretation 261 biases. However, it is possible the matching criteria used to match the early and later 262 discharge patients did not account for potential confounding variables that may have 263 influenced the results in a way that was not detected statistically. For example, there were 264 significantly more private insurance patients in the early discharge group and more Medicare patients in the later discharge group. Moreover, though not statistically 265 266 significant, the case complexity was different between early and late discharge rTHAs. 267 Specifically, more of the late discharge rTHAs had diagnoses of aseptic loosening and 268 osteolysis, whereas more of the early discharge rTHAs had ALTR. It is possible the 269 difference in diagnosis was associated with an increased level of surgical complexity or 270 bone loss and that this difference was associated with a longer length of stay. Future studies 271 may seek to evaluate whether increased surgical complexity is associated with longer length 272 of stay in aseptic rTHA. Additionally, this study excluded patients undergoing revision for PJI, 273 in part because none of the infection cases performed during the study period were discharged 274 early, within POD zero or one. Therefore, this study is not generalizable to the PJI patient

275 population. We chose not to include these patients as controls as they are oftentimes more 276 medically complex, have defined logistical issues related to orchestrating long-term intravenous 277 antibiotics mandating an extended hospital stay, and have higher unplanned readmission rates 278 [44,45], which would have introduced significant bias. Future studies should seek to determine 279 whether a reduction in LOS among patients with PJI has a detrimental effect on outcomes 280 including readmission rates, complication rates and infection eradication rates. Moreover, it 281 should be noted that this study only evaluated readmission and ED visit rates and did not 282 evaluate other outcomes related to patient outcomes following rTJA, like patient reported 283 outcome measures or long-term success of the implants. Finally, the results of this study are 284 generalizable, in as much as one is able to adopt the multidisciplinary approach described in the 285 present study. One part of the multidisciplinary approach is attendance at the joint replacement class, which is strongly suggested for all revision patients. We did not record 286 287 the relative number of participants in each group and this may also represent a source of confounding and future studies should determine whether this affects discharge timing and 288 289 safety in aseptic rTJA. This study demonstrates the feasibility and safety of short stay rTJA, but 290 also emphasizes the fact that even with a multidisciplinary approach and rapid recovery 291 protocols, not all revision patients will be safe to undergo early discharge. 292 In conclusion, this study demonstrates the relative safety of early discharge of aseptic 293 rTJA patients without an increase in readmission or ED visits within the first 90-days after 294 surgery. As lengths of stay following rTJA continue to decrease, it is crucial to create evidence-295 based safeguards to assure focus remains on patient safety to keep the perioperative complication

rates as low as possible. Implementation of a multidisciplinary approach to patient care is

- 297 essential to predicting patient needs in the perioperative period and improves the safety and
- 298 feasibility of early discharge patients undergoing aseptic rTJA.
- 299
- 300 **Table Legends:**
- 301 Table 1: Early and late discharge revision total joint arthroplasty cases excluded from final
- 302 analysis and reasons for exclusion.
- 303 Table 2. Comparison of Demographics and Case Characteristics in Early and Later
- 304 Discharge Aseptic Revision TJAs
- 305 Table 3: Revision Indications in Early and Later Discharge Aseptic Revision TJAs
- 306 Table 4: Components Revised in Early and Later Discharge Aseptic Revision TJAs
- 307 Table 5. 90-Day Emergency Department (ED) Visits and Hospital Admissions in Early and

308 Later Discharge Aseptic Revision TJAs

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### Table 1: Early and late discharge revision total joint arthroplasty cases excluded from final

analysis and reasons for exclusion.

Exclusion Reason	N (%) Early Discharge Cases	N (%) Later Discharge Cases		
Another Procedure Within a Year	10 (47.6)	27 (27.0)		
Distal Femoral Replacement	0 (0.0)	5 (5.0)		
Extensor Mechanism Repair	2 (9.5)	10 (10.0)		
Heterotopic Ossification Resection	0 (0.0)	2 (2.0)		
Re-Revised	9 (42.9)	56 (56.0)		
Total	21 (100.0)	100 (100.0)		

	Early Discharge	Later Discharge		
	Cases	Cases	р	
N Cases	183	183		
N Patients	178	165		
% Female	57.9	65.6	0.162	
% Male	42.1	34.4		
Mean (SD) Age in Years	62.6 (9.5)	64.2 (10.3)	0.132	
Mean (SD) BMI in kg/m <sup>2</sup>	32.5 (7.0)	32.3 (6.8)	0.755	
% rTHA	29.5	38.8	0.078	
% rTKA	70.5	61.2		
ASA-PS				
Classification				
1	0.5	1.1	0.094	
2	38.3	33.3		
3	60.7	61.2		
4	0.5	4.4		
Insurance Type				
% Medicaid	9.8	7.7	0.017	
% Medicare	49.0	63.9		
% Private	40.1	28.4		
Mean (SD) Procedure Time in Minutes	111.6 (34.2)	135.7 (48.5)	< 0.001	

Table 2. Comparison of Demographics and Case Characteristics in Early and LaterDischarge Aseptic Revision TJAs

	Total		Early I	DC Cases	Later I	OC Cases	р
	Ν	%	Ν	%	Ν	%	
THA REVISIONS							
ALTR	31	24.8%	17	31.5%	14	20.0%	0.008
Component malposition	5	4.0%	5	9.3%	0	0.0%	
Instability	24	19.2%	13	24.1%	11	15.7%	
Loosening	50	40.0%	16	29.6%	34	48.6%	
Osteolysis/polyethylene Wear	12	9.6%	2	3.7%	10	14.3%	
Other	3	2.4%	1	1.9%	1	1.4%	
Total	125	100.0%	54	100.0%	70	100.0%	
TKA REVISIONS							
Arthrofibrosis	21	8.7%	16	12.4%	5	4.5%	0.152
Component malposition	3	1.2%	1	0.8%	2	1.8%	
Instability	115	47.7%	65	50.4%	50	44.6%	
Loosening	83	34.4%	37	28.7%	46	41.1%	
Osteolysis/polyethylene Wear	14	5.8%	7	5.4%	7	6.3%	
Other	5	2.1%	3	2.3%	2	1.8%	
Total	241	100.0%	129	100.0%	112	100.0%	

 Table 3: Revision Indications in Early and Later Discharge Aseptic Revision TJAs

	Total	otal Ea		Early DC Cases		Later DC Cases	
	Ν	%	Ν	%	Ν	%	
THA REVISIONS							
Both AC and FC	46	36.8%	29	53.7%	17	23.9%	< 0.001
AC Only	35	28.0%	4	7.4%	31	43.7%	
FC Only	18	14.4%	5	9.3%	13	18.3%	
Head and Liner Exchange	26	20.8%	16	29.6%	10	14.1%	
Total	125	100.0%	54	100.0%	71	100.0%	
TKA REVISIONS							
Both FC and TC	106	82.2%	103	92.0%	209	86.7%	0.063
FC Only	8	6.2%	6	5.4%	14	5.8%	
TC Only	3	2.3%	1	0.9%	4	1.7%	
Polyethylene Exchange	12	9.3%	2	1.8%	14	5.8%	
Total	129	100.0%	112	100.0%	241	100.0%	

 Table 4: Components Revised in Early and Later Discharge Aseptic Revision TJAs

Table 5. 90-Day Emergency Department (ED) Visits and Hospital Admissions in Early and Later Discharge Aseptic Revision TJAs

	Early Discharge Cases	Later Discharge Cases
ED Visit Only	N = 6	N = 11
	Cough	Weakness, Hypotension, Dehydration
	Bleeding surgical wound (study joint)	Nausea
	Bilateral lower extremity edema	Acute fever normal at presentation
	Concern for GI bleed, but no bleeding found	Pain in study joint (3)
	Study joint dislocation requiring closed reduction	Shortness of breath (3)
	Severe headache, resolved	DVT
		Pain medication seeking
ED followed by Inpatient Admission	N = 3	N = 3
	Acute on chronic CHF exacerbation	Non-study joint pain and swelling
	Acute hematogenous infection of study joint treated with I&D and component retention	Study joint superficial wound I&D and aspiration
	Rash reaction to pain pump	Nausea, vomiting, abdominal pain, likely from constipation
Inpatient Admission Only	N = 4	N = 1
	Study joint superficial wound I&D	Acute confusional state with 104° temperature and evidence of pneumonia
	NSTEMI myocardial infarction	
	Superficial seroma evacuation and retinacular defect repair (study joint)	
	Fall with knee dislocation and extensor mesh rupture (study joint)	



Figure 1. Flowchart of index (LOS 0 to 1) and comparison (LOS 2 to3) cases.