

Teacher's Classroom Management Program, One Portuguese Experience in the Community



V., VARELA PEDROSA^{1), 2)}

1) *Escola Superior de Saúde do Politécnico de Leiria, School HealthSciences, Portugal*

2) *Center for Innovative Care and Health Technology (ciTechCare)*

Introduction

The Degree of Occupational Therapy (OT) of the Higher School of Health Sciences (ESElei) of the Polytechnic Institute of Leiria (IPLeiria) in Portugal, promotes the Gulbenkian Academies of Knowledge, sponsored by Calouste Gulbenkian Foundation.

Objectives

We aim to improve social and emotional skills in young children from 3 to 8 years old, building resilient children in ESSLei adjacent community, in Leiria and Porto de Mós field

Methodology

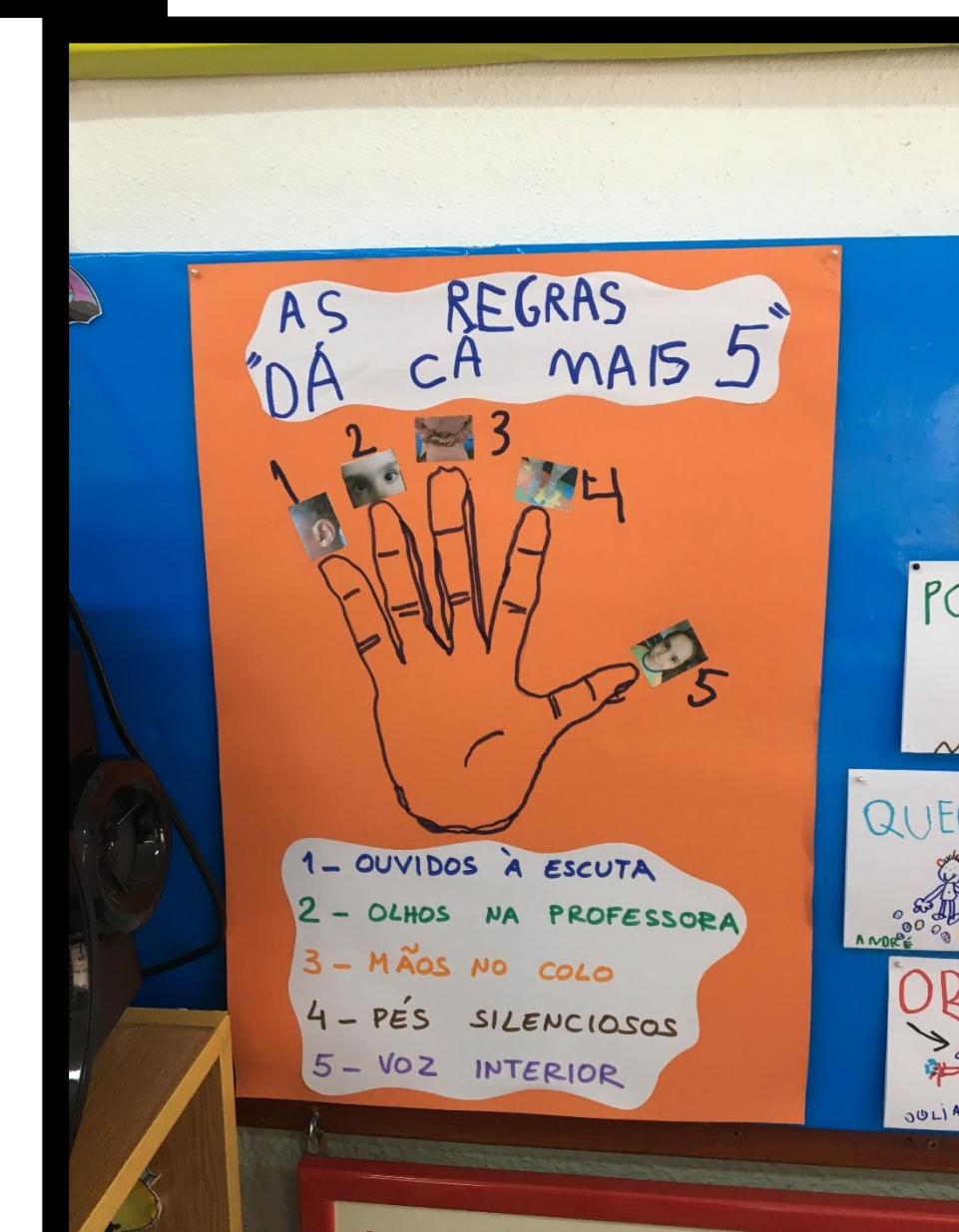
We will invest and qualifying the teacher's, those that everyday strengthens is classroom. The team will be formed by up to 14 elements, ESSlei teachers, elements from Porto de Mós & Leiria Autarchy, Private Social Solidarity Institutions from coverage área. This team will disseminate for free the methodology, one theoretical-practical model, divided in 84 hours (42 in classrom more 42 practical in classrooms). In total they are 7 Workshops offered for free to public institutions.

Results

We aim to share results from implementation-october 2018-March 2020. At the same time we are pleased to share a good & resilient practice. By now we already formed 33 educatores and reach directly near 1200 childrens, devolping resilience, problem solving, criativity, better communication.

Conclusion

By the time of the conference, we will have more results, from a practical methodology that is working nearly with Teachers, enhancing resilience, strategies for enhancing soft skills, community resilience. The promotion of soft skills, in theory and with our practical experience is the future of primary care & health promotion



Resilience; Multidisciplinary approach; Health Promotion