



Review Article

REVIEW ON DHANVANTARI NIGHANTU - AN IMPORTANT AYURVEDIC LEXICON

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ABSTRACT

The word *Nighantu* in *Ayurveda* implies the group of drugs, synonyms, properties and their description of part used. *Ayurveda* treatment possesses herbal, mineral, animal origin products which mainly take part in the treatment of various health ailments. *Dhanvantari Nighantu* is one of them and is oldest Ayurvedic materia medica placed between 8th -10th AD. The original name of this lexicon is *Dravyavali Samucchaya*. This book contains seven *Vargas* namely; *Guduchadi Varga*, *Shatapushpadi Varga*, *Chandanadi Varga*, *Karaviradi Varga*, *Amradi Varga*, *Suvarnadi Varga*, and *Mishrakadi Varga*, and the total numbers of drugs are 527. The drugs are classified in this book are on the basis of *Rasa*, *Guna*, *Virya*, *Vipaka* etc. The *Nighantu* starts with salutation to *Lord Dhanvantari*, then the author go on narrating the synonyms and properties of the drugs. The peculiar of this *Nighantu* is the *Varga* starts with the name of the first drug e.g. *Guduchi* as *Guduchadi Varga*. And the *Vargas* of the medicinal plant are explained systematically first with synonyms and then properties. Also *Dadima* and *Kadali* are not mentioned under *Phala Varga* but in *Shatapushpadi Varga* and *Karaveeradi Varga* respectively. The present literary study reveals the critical analysis of the text and the drugs, their properties. Further scope of study is remove the controversy of the date, plants on the basic of literature survey, gathering information by the local people, proper inspection with the microscopes, *Sparsha* (by touching) and compare with modern flora and fauna with taxonomical parameters.

KEYWORDS: *Ayurveda*, *Dhanvantari nighantu*, *Vargas*, *Dravyavali*, *Paryaya*, *Rogagnata*.

INTRODUCTION

The word *Nighantu*^[1] means the group of drugs, synonyms, properties and their description of part used. The *Dhanvantari Nighantu* is most popular and oldest *Nighantu* among the History of *Ayurveda*. *Acharya Hemadri* while commenting *Astangahridaya* he mentioned this *Nighantu* in the name of *Dravyavali*^[2] The *Dravyavali* contains only the synonyms of the drugs; later on the properties of the drugs were added. Therefore the *Dhanvantari Nighantu* is the compiled book. The author of this book is still under mystery, but it is claimed that *Mahendra Bhogika*, son of *Krishna Bhogika* of *Sthaneshwaranow* a days called as *Thanehad* claimed the author of this book.^[3] This *Ayurvedic materia medica* placed between 8th -10th AD. The original name of this lexicon is *Dravyavali Samucchaya*. This book contains total seven *Vargas* namely; *Guduchadi Varga*, *Shatapushpadi Varga*, *Chandanadi Varga*, *Karaviradi Varga*, *Amradi Varga*, *Suvarnadi Varga*, and *Mishrakadi Varga*. And the total number of drugs is 527. The drugs are classified in this book are on the basis of *Rasa*, *Guna*, *Virya*, *Vipaka* etc.

DISCUSSION

The book starts with the salutation to *Lord Dhanvantari*, who is the God of Medicinal plants. The physician should carefully analyse the drugs with the help of *Rasa*, *Virya*, *Vipaka*, *Prabhava* and then applied for treatment. While explaining about the collection of the drugs the author has tried to rule out the controversies. While collecting the drug a physician come across the similar name to the other drug, and the controversy arises, so qualified *vaidya* should carefully analyse the properties and then applied his *Yukti* to overcome the controversies. While explaining the importance of the *nighantu* author enumerated a quotation which is admirable. He told that without the knowledge^[4] of the *nighantu* the *vaidya* is unable to treat the patient. He quotes some drug having different names can be evaluated carefully with the help of *Gopala*, *Tapaswi*, *Shikari*, and *Adivasi* people. *Dosha*, *Aushadha*, *Desha*, *Kala*, *Sharira*, *Ayu*, *Satmya*, *Bala*, *Agni*, *Samprapti*, *Karana*, *Lakshana*, *Sadhyasadyata* are taking in to consideration for the examination and treatment of the patient. The book starts with following *vargas*;

Atha Ganadravyavali^[5] In this chapter the author enumerated various *Ganas* viz; which is a short introduction of various group of drugs like *Guduchadi varga*- *Vatahara Gana*, *Pittahara Gana*, *Kapha hara Gana*, *Sannipatahara Gana*, *Madhura Gana*, *Raktavatahara Gana*, *Vamana Gana*, *Virechana Gana*, *Shirovirechana Gana*, *Asthapana Gana*, *Shatapushpadi varga*, *Chandanadi varga*, *Karaviradi varga*, *Amradi varga*, *suvarnadi varga* and *Mishrakadi varga*.

Guduchadi Prathama Varga^[6]

In this group there are 128 drugs has been explained along with their synonyms and *Rogagnata*. The drugs are as follows;

Guduchi (*Tinospora cordifolia* (Willd) Miers), *Ativisha* (*Aconitum heterophyllum* Wall), *Murva* (*Marsdenia tenacissima* W&A), *Morata* (*Maerua arenaria* Hook)- It is and variety of *Murva*, *Manjistha* (*Rubia cordifolia* Linn), *Dhanvayasa* (*Fagonia Arabica* Linn), *Yasa* (*Alhagi pseudalhagi* Desv)-It is a variety of *Dhanvayasa*, *Vasaka* (*Adhatoda vasica* Nees), *Khadira* (*Acacia catechu* Willd), *Somavalka* (*Acacia suma* Kurz)- It is one ariety of *Khadira*. *Nimba* (*Azadirachta indica* A. Juss), *Mahanimba* (*Melia azadarach* Linn), *Kiratatika* (*Swertia chirata* Bucham), *Katuka* (*Picrorhiza kurroa* Royle ex Benth), *Mustha* (*Cyperus rotundus* Linn, *Cyperous scariosus* R. Br), *Jalamustha*- It is variety of *Mustha*. *Parpata* (*Fumaria indica* Pugsley), *Balakam* (*Coleus vettiveroides* K. C. Jacob), *Patola* (*Trichosanthes dioica* Roxb), *Swadu patra phala*- It is *Patola* variety. *Haridra* (*Curcuma longa* Linn), *Daru haridra* (*Berberis aristata* DC), *Shati* (*Hedychium spicatum* Buch Ham), *Gandhapalashi*- It is a variety of *Shati*. *Pushakara moola* (*Inula racemosa* Hook), *Bharangi* (*Clerodendrum serratum* Spreng), *Patha* (*Cissampelos pareira* Linn), *Shwasari*- It is variety of *Patha*. *Katphala* (*Myrica nagi* Thunb), *Devadaru* (*Cedrus deodara* Linn), *Katrana* (*Cymbopogon martini* Roxb), *Kapatam*- It is *Katrana* variety. *Guntha* (*Typha elephantine* Roxb), *Shrungi* (*Pistacia integerrima* Stew. ex. Brandis), *Ajashrungi*- Variety of *Shrungi*. *Shalaparni* (*Desmodium gangeticum* DC), *Shalaparni vishesha*, *Prushniparni* (*Ureria picta* Desv), *Prishnaparni vishesha*, *Bruhati* (*Solanum indicum* Linn), *Kantakari* (*Solanum xanthocarpum* Schrad and Wendl), *Lakshmana*, *Kasagni*, *Vruntaki*, are the varieties of *Bruhati*. *Gokshura* (*Tribulus terrestris* Linn), *Bilva* (*Aegle marmelos* Corr), *Agnimantha* (*Premna latifolia* Roxb, *Clerodendrum phlomidis* Linn), *Shyonaka* (*Oroxylum indicum* Vent), *Kashmarya* (*Gmelina arborea* Linn), *Patala* (*Stereospermum suaveolense* DC), *Kasthapatala*- It is *Patala vishesha*. *Jeevaka* (*Microstylis wallichii* Lindl), *Rishabhaka* (*Microstylis muscifera* Ridley), *Meda*- *Mahameda* (*Polydonatum Verticillatum* All), *Vijaya*- It is *Meda*

vishesha. Also called *Bhang* (*Cannabis sativa* Linn), *Kakoli* (*Roscoea procera*), *Ksheerakakoli*- It is one of the *Roscoea* species. *Mashaparni* (*Teramnus labialis* Spreng), *Mudgaparni* (*Phaseolus trilobus*), *Jeevanti* (*Leptodenia reticulate* W&A), *Madhuyasthi* (*Glycyrrhiza glabra* Linn), *Kleetanakam* - Avariety of *Yasthimadhu*, *Riddhi* (*Habenaria* sp), *Vidarika* (*Pueraria tuberosa* DC), *Ksheeravidari* (*Ipomoea digitata* Linn), *Kapikacchu* (*Mucuna pruriens* DC), *Dadhipushpi*- It is a *Kapikacchu vishesha*. *Sheetavara* (*Celosia argentea* Linn), *Pashanabheda* (*Bergenia ligulata* Wall), *Shravani-Mahasharavani* (*Sphaeranthus indicus* Linn, *Sphaeranthus africans* Linn), *Sariva* (*Hemidesmus indicus* R. Br), *Bakuchi* (*Psoralea corylifolia* Linn), *Madana* (*Randia dumetorum* Lam), *Katukalambuni* (*Lagenaria vulgaris* Ser), *Jeemutaka* (*Luffa achinata* Roxb), *Trapusa* (*Ccumis sativus* Linn), *Urvaru* (*Cucumis utilissimus* Roxb), *Valukam*, *Sheerna vrintam*, *Dangari*, *Vandhya karkotaki*, *Karkotaki* (*Mimordica dioica* Roxb) are *Trapusa vishesha*. *Chirbhita*, *Kushmandika* (*Benincasa ceribera* Savi), *Dhamargava* (*Luffa aegyptiaca* Mill ex Hook), *Koshataki* (*Luffa acutangula* Linn, *Ashmantaka* (*Ficus cordifolia* Roxb), *Kovidara* (*Bauhinia purpurea*Linn), *Avartaki* (*Cassia auriculata* Linn), *Shanapushpi* (*Crotaria verrucosa* Linn), *Bimbi* (*Coccinia indica* W.& A.), *Haritaki* (*Terminalia chebula* Retz), *Vibhitak* (*Terminalia belerica* Roxb), *Amalaki* (*Phyllanthus emblica* Linn), *Prachinamalaka* (*Flacourtia cataphracta* Roxb), *Aragvadha* (*Cassia fistula* Linn), *Karnikara*- An *Aragvadha vishesha*. *Danti* (*Baliospermum montanum* Muell), *Varani*- A *Danti vishesha*. *Jyapala* (*Croton tiglium* Linn), *Dravanti*, *Nilini* (*Indigofera tinctoria* Linn), *Snuhi* (*Euphorbia nerifolia* Linn), *Satala*, *Ksheerini-Swarna ksheeri* (*Euphorbia thomsoniana* Boiss, *Argemone Mexicana* Linn), *Shyama* (*Operculina terpepethum* Silva manso), *Shuklabhandi*- A *Shyama vishesha*, *Indravaruni* (*Citrullus colocynthis* Schrad), *Vishala* (*Trichosanthes palmate* Roxb), *Shetapushpi*- It is an *Indravaruni vishesha*. *Trayamana* (*Gentian kurroo* Royle), *Yavatikta*, *Ankota* (*Alangium salvifolium* Linn), *Apaarga* (*Achyranthes aspera* Linn), *Raktapushpa*- an *Apamarga vishesha*, *Tejaswini*, *Jyotishmati* (*Celastrus paniculataus* Willd), *Rasna* (*Pluchea lanceolata* Oliver & Hiern), *Ashwagandha* (*Withania somnifera* Dunal), *Punarnava* (*Trianthema portulacastrum* Linn), *Krura* (*Boerhaavia diffusa* Linn), *Saireyaka*- has three species -*Sheta rakta* (*Barleria cristata* Linn), *Peeta* (*Barleria prionitis* Linn), *Neela* (*Barleria stribosa* Linn). *Bala* (*Sida cordifolia* Linn), *Mahabala* (*Sida rhombifolia* Linn), *Gangeruki* (*Grewia populifolia* Vahl), *Atibala* (*Abutilon indicum* Linn), *Prasarini* (*Sida veronicaefolia* Lam), *Shatavari* (*Asperagus racemosus* Willd), *Sahasra virya* (*Asperagus sarmentosus* Linn), *Eranda* (*Ricinus communis* Linn).

Shatapushpadi Dwitiya Varga⁷¹- In this group 54 drugs have been mentioned.

Shatapushpa (*Peucedanum graveolens* Linn), *Mishreya* (*Foeniculum vulgare* Mill), *Vacha* (*Acorus calamus* Linn), *Hapusha* (*Juniperus communis* Linn), *Vidanga* (*Embelia ribes* Burm), *Kutaja* (*Holarrhena antidysenterica* Wall), *Indrayava*, *Yavakshara*, *Swarjikshara*, *Tankana kshara*, *Saindhava*, *Vida lavana*, *Sauvarchala*, *Audhbhida lavana*, *Samudra lavana*, *Hingu* (*Ferula foetida* Regel), *Hingu patri*, *Nadi hingu* (*Gardenia gummifera* Linn), *Tumburu* (*Zanthoxylum alatum* Roxb), *Sukshma ela* (*Elettaria cardamomum* Maton), *Bhadra ela* (*Amomum subulatum* Roxb), *Nagakeshara* (*Mesua ferrea* Linn), *Twak* (*Cinnamomum cassia* Blume), *Tamala patra* (*Cinnamomum tamala* Nees & Eberm). *Talisa patra* (*Abies webbiana* Lindl), *Vamsha lochana*, *Palasha gandha*, *Upakunchi* (*Nigella sativa* Linn), *Dadima* (*Punica granatum* Linn), *Dhanyaka* (*Coriandrum sativum* Linn), *Jeeraka*, *Shukla jeeraka* (*Cuminum cyminum* Linn), *Krishna jeeraka*, *Bruhatpali*- Are *Jeeraka vishesha*, *Pippali* (*Piper longum* Linn), *Pippali* Root of *moola*- *Piper longum*., *Chavika* (*Piper chaba* Hunter), *Gajapippali* - It is the fruit of *Chavya*. *Chitraka* (*Plumbago zeylanica* Linn), *Shunthi* (*Zingiber officinale* Roscoe), *Ardraka*, *Maricha* (*Piper nigrum* Linn), *Shetamaricha*- The fruit of *Shigru beeja*. *Yavani* (*Trachyspermum ammi* Linn), *Chauhara* (*Artemisia maritime* Linn), *Yavani* (*Hyoscyamus niger* Linn), *Vrukshamla* (*Garcinia indica*), *Amlavetasa* (*Garcinia prdunculata* Roxb), *Ajamoda* (*Trachyspermum roxburghianum* DC), *Ajagandha*, *Kapittha* (*Feronia elephantum* Correa), *Sharakara*, *Madhu sharakara*- *Yavasa sharakara* are *Sharakara vishesha*.

Chandanadi Tritiya Varga⁸¹- In this group 79 drugs have been enumerated.

Chandana (*Santalum album* Linn), *Rakta Chandan* (*Pterocarpus santalinus* Linn), *Kuchandana* (*Caesalpinia sappan* Linn), *Kaliyakam* (Yellow variety of *Chandan*), *Barbarikam*- a variety of *Chandan*. *Kumkuma* (*Crocus sativus* Linn), *Ushira* (*Vetiveria zizanioides* Linn), *Priyangu* (*Callicarpa macrophylla* Vahl), *Tooni* (*Cedrela toona* Roxb), *Gorochana* (*Bezoar*), *Turushka* (*Liquidamber orientalis* Miller), *Agaru* (*Aquilaria agallocha* Roxb), *Kaleyaka*- An *Agaru vishesha*. *Kasturi* (*Moschus moschiferus* Linn), *Karpura* (*Cinnamomum camphora* Nees & Eberm), *Jatipatri* (*Myristica fragrans* Houtt)- The red outer covering of the *Jatiphala* is known as *Jatipatri*. *Jatiphala* (*Myristica fragrans* Houtt), *Kankolaka* (*Piper cubeba* Linn), *Pooga* (*Areca catechu* Linn), *Lavanga* (*Syzygium aromaticum* Linn), *Nalika*, *Mansi* (*Nordostachys jatamansi* DC), *Gandha mansi* (*Selinum tenuifolium* Wall), *Kustha* (*Saussurea lappa* C.B. Clark), *Renuka*, *Tagara* (*Valeriana wallichii* DC),

Pariplavam- a *Cyperus* sp. *Nakham* (*Helix aspera*), *Vyaghra nakha*, *Sprukka* (*Delphinium zalil* Aitch & Hemsl), *Bola* (*Commiphora myrrha* Holmes), *Damana* (*Artemisia vulgaris* Linn), *Dama*- *Damana vishesha*. *Mura* (*Selinum* sp), *Sthauneyaka* (*Taxus baccata* Linn), *Choraka* (*Angelica glauca* Edgw), *Shaileya* (*Parmelia perlata* Ach), *Elavaluka* (*Prunus cerasus* Linn), *Sarala* (*Pinus longifolia* Roxb), *Saptaparna* (*Alstonia scholaris* R. Br), *Laksha* (*Lac*), *Tamalaki* (*Phyllanthus niruri*-*Bhumi amalaki*), *Lamajjaka*, *Padmaka* (*Prunus puddum* Roxb. Ex Wall), *Dhataki* (*Woodfordia fruticosa* Kurz), *Prapaundarika*, *Karchura* (*Curcuma zedoaria* Rosc), *Manashila* (*Realgar*), *Sidhura* (Redlead), *Girisindhura*, *Saurashtri mruittika* (Multani mitti), *Gandhaka* (Sulphur), *Vatasaugandhika*, *Ambika*, *Siktaka* (Wax), *Raala*, *Kasisa* (Iron sulphate), *Pushpa kasisa*- a variety of *kasisa*, *Guggulu* (*Balsamodendron mukul* Hook ex Stocks), *Kunduru*, *Shriveshthaka*, *Shallaki* (*Boswellia serrate* Roxb), *Kampillaka* (*Mallotus philippinensis* Muell Arg), *Kankustha*, *Bhallataka* (*Semicarpus anacardium* Linn), *Tutthya* (Copper sulphate), *Hema makshikam* (Copper pyrite), *Anjana* (Galena), *Samudraphena* (*Os sepiae*), *Chakshushya* (*Cassia absus* Linn), *Rasanjana*, *Pushpanjana* (Zinc oxide), *Shilajatu*, *Gairika* (Ochre), *Suvarna gairika*, *Kataka* (*Strychnos potatorum* Linn), *Lodhra* (*Symplocos racemosa* Roxb), *Kramuka*- A *Lodhra vishesha*. *Shankha* (Conch).

Karaviradi Chaturtha Varga⁹¹- In this group 75 drugs are mentioned.

Karaveera (*Nerium indicum* Mill), *Chakramarda* (*Cassia tora* Linn), *Dhattura* (*Datura stramonium* Linn), *Langali* (*Gloriosa superba* Linn), *Bhringaraj* (*Eclipta alba* Hassk), *Arka* (*Calotropis procera* R. Br), *Rajarka* (*Calotropis gigantia* Linn), *Buka* (*Osmanthus fragrans* Lour), *Kakamachi* (*Solanum nigrum* Linn), *Kakajangha*, *Kakanasa*, *Kakadani*, *Chudamani*, *Shweta kambhoji* - a *Kakamachi* variety, *Moolaka* (*Raphanus sativus* Linn), *Chanakyamulaka*, *Grinjana*- are variety of *Moolaka*, *Shigru* (*Moringa pterygosperma* Gaertn), *Sarshapa* (*Brassica campestris* Prain), *Rajakshavaka*- a variety of *sarshapa*, *Bhustruna* (*Hyptis suaveolens* Poit), *Surasa* (*Ocimum sanctum* Linn), *Jambeera*, *Kutheraka*, *Shaluka*, *Sumukha*, *Asuri* (*Brassica juncea* Linn), *Kandira* (*Ranunculus scleratus* Linn), *Jala pippali* (*Lippia nodiflora* Mich), *Rasona* (*Allium sativum* Linn), *Mahakanda*- A *Rasona* variety, *Garjar* (*Daucus carota* DC), *Palandu* (*Allium cepa* Linn), *Kadali* (*Musa sapientum* Linn), *Kastha kadali*- A *Kadali vishesha*, *Sindhuvara* (*Vitex negundo* Linn), *Shephalika*, *Ashwakhura*, *Jantukari*, *Padmacharini*, *Varahi* (*Grusthi* - *Dioscorea bulbifera* Linn), *Mamsa rohini* (*Soyimida febrifuga* A. Juss), *Vrindaka* (*Loranthus longiflorus*

Desr), *Suvarchala*, *Bramhi*- a *Suvarchala vishesha*, *Nakuli* (*Rouwolfia serpentina* Benth ex Kurz), *Gandha nakuli* (*Ophiorrhiza mungos* Linn), *Vridhdharu* (*Argyria speciosa* Sweet), *Lajjalu* (*Mimosa pudica* Linn), *Hansapadi* (*Adiantum lunulatum* Burn), *Shankhapushpi* (*Convolvulus pluricaulis* Chois), *Vishnukranta*- A *Shankhapushpi vishesha*, *Tanduliya* (*Amaranthus spinosus* Linn), *Kasamarda* (*Cassia occidentalis* Linn), *Ikshu* (*Saccharum officinarum* Linn), *Guda* (Jaggery), *Kasha* (*Saccharum spontaneum* Linn), *Munja*, *Darbha* (*Imperata cylindrical* Beauv), *Kusha* (*Desmostachya bipinnata* Stapf), *Shara*, *Vamsha* (*Bambusa arundinaceae* Willd), *Nala* (*Phragmites kirka* Trin), *Mahanala*- A variety of *Nala*, *Durva* (*Cynodon dactylon* Linn), *Shweta durva*, *Gandadurva*, *Pundarika*, *Saugandhika*, *Raktapadma*, *Kumuda* and *Shudrotpala*- Are variety of *Pundarika*, *Padmini* (*Nelumbo nucifera* Gaertn), *Padmabeeja*, *Mrunala*, *Padmamula*, *Padmakeshara*.

Amradi Panchama Varga^[10]-In this group 74 drugs have been enumerated.

Amra (*Mangifera indica* Linn), *Kshudramra* (*Schleichera trijuga* Willd), *Rajamra*- An *Amra vishesha*, *Amrataka* (*Spondias mangifera* Willd), *Jambeera* (*Citrus limon* Linn), *Madhu jambeera*- A *Jambeera vishesha*, *Naranga* (*Citrus reticulata* Blanco), *Beejapura* (*Citrus medica* Linn), *Madhu-karkati* (*Citrus decumana* Linn), *Amlika* (*Tamarindus indica* Linn), *Kshudramlika*- An *Amlika vishesha*, *Aruka* (*Prunus persica* Batsch), *Bhavya* (*Dillenia indica* Linn), *Tinduka* (*Diospyros embryopteris* Pers), *Vikantaka* (*Flacourtia ramontchii* Herit), *Madhuka* (*Bassia latifolia* Roxb), *Jalaja*- A *Madhuka vishesha*, *Peelu* (*Salvadora persica* Linn), *Kharjuri* (*Phoenix sylvestris* Roxb), *Pinda Kharjura* (*Phoenix dactylifera* Linn), *Draksha* (*Vitis vinifera* Linn), *Uttarapathika*- A *Draksha vishesha*, *Akshodaka* (*Juglans regia* Linn), *Parushaka* (*Grewia asiatica* Linn), *Tooda* (*Morus indica* Griff), *Palevata*, *Taala* (*Borassus flabellifer* Linn), *Maad*- A *Taala vishesha*, *Priyala* (*Buchanania latifolia* Roxb), *Narikela* (*Cocos nucifera* Linn), *Vata* (*Ficus bengalensis* Linn), *Ashwattha* (*Ficus religiosa* Linn), *Plaksha* (*Ficus infectoria* Roxb), *Jambu* (*Eugenia jambolana* Lam), *Udumbara* (*Ficus glomerata* Roxb), *Kakodumbarika* (*Ficus hispida* Linn), *Rajadana* (*Mimusops hexandra* Roxb), *Shleshmataka* (*Cordia myxa* Roxb), *Shami* (*Prosopis spicigera* Linn), *Badara* (*Zizyphus sativa*, *Kola* (*Zizyphus jujube* Lam), *Karkandhu*, *Kshudra Badara*-*Zizyphus nummularia* W&A), *Kareera* (*Capparis aphylla* Roth), *Karamarda* (*Carissa carandas* Linn), *Kadamba* (*Anthocephalus cadamba* Mig), *Karanja* (*Pongamia pinnata* Linn), *Udakirya*, *Angara valli*, - Are *Karanja vishesha*, *Shirisha* (*Albizia lebeck* Benth), *Arjuna* (*Terminalia arjuna* W & A), *Vatasa*

(*Salix caprea* Linn), *Varuna* (*Crataeva nurvala* Buch-Ham), *Shinshipa* (*Dalbergia sissoo* Roxb), *Sarja* (*Vateria indica* Linn), *Ashwakarana* (*Dipterocarpus alatus* Roxb), *Shala* (*Shorea robusta* Gaertn), *Asana* (*Pterocarpus marsupium* Roxb), *Shalmali* (*Bombax malabaricum* DC), *Rohitaka* (*Pecomella undulate* Seem), *Mushkaka* (*Schrebera swietenoides* Roxb), *Irimeda* (*Acacia farnesiana* Willd), *Mallika* (*Jasminum sambac* Ait), *Varshiki* (*Jasminum* sp), *Jati* (*Jasminum grandiflorum* Linn), *Vasanti* (*Jasminum* sp), *Graishmi* (*Jasminum* sp), *Champakaka* (*Michelia champaka* Linn), *Taruni*, *Kubjaka* (*Rosa moschata* Herrm), *Yuthika* (*Jasminum auriculatum* Vahi), *Kunda* (*Jasminum pibescens* Willd), *Shatapatri*, *Atimukta* (*Hiptage madablota* Gaertn), *Bakula* (*Mimusops elengi* Lam), *Kinkirata* (*Garuga pinnata* Roxb), *Tilaka* (*Wendlandia exerta* DC), *Ashoka* (*Saraca ashoka* Linn), *Kimshuka* (*Butea frondosa* Koen ex Roxb).

Suvarnadi Shashtha Varga^[11] - In this group various sub-groups have been mentioned.

1. **Dhatu Varga**- Which contains metals viz;

Suvarn (Gold), *Raupya* (Silver), *Tamra* (Copper), *Trapu* (Tin), *Reetika* (Brass), *Seesaka* (Lead), *Kansya* (Bell metal), *Loha* (Iron), *Varta loha*, *Lohocchistha* -A *Loha vishesha*, *Parada* (Mercury), *Hingula-Parada choorna vishesha*.

2. **Ratna Varga**- Which contains precious stones Viz; *Vaikranta* (Tourmaline), *Garutmata* (Emerald), *Hiraka* (Diamond), *Rajavarta*- A Variety of Diamond, *Mauktika* (Pearl), *Pravala* (Coral).

3. **Dhanya**- Which contains grains Viz;

Shali (*Oryza sativa* Linn), *Vrihi*, *Yava* (*Hordeum vulgare* Linn), *Mudga* (*Phaseolus aureus* Roxb), *Rajamasha* (*Vigna catieng* Walp), *Kodrava* (*Paspalum scrobiculatum* Linn), *Neevara* (*Hygroryza aristata* Nees), *Shyamaka* (*Echinochloa frumentacea* Linn), *Priyangu* (*Setaria italica* Linn), *Makustha* (*Phaseolus aconitifolius* Jac), *Adhaki* (*Cajanus indicus* Spreng), *Masura* (*Ervum lens* Linn), *Godhuma* (*Triticum sativum* Linn), *Dhanyamasha* (*Phaseolus mungo* Linn), *Chanaka* (*Cicer arietinum* Linn), *Kalaya* (*Pisum sativum* Linn), *Kulattha* (*Dolichos biflorus* Linn), *Joorna*- a *Dhanya vishesha*, *Karata* (*Lathyrus sativus* Linn), *Nishpava* (*Dolichos lablab* Linn), *Methika* (*Trigonella foenum-graecum* Linn), *Vanamethika*- A variety of *Methika*. *Atasi* (*Linum usitatissimum* Linn), *Kusumbha* (*Carthamus tinctorius* Linn), *Khastila* (*Papaver somniferum* Linn), *Aphuka*-An exudate of the *Khastila*, *Tila* (*Sesamum indicum* Linn).

4. **Drava-Dravya**- In this group various liquids are explained. Viz;

Taila-Tila taila, Atasi taila, Sarshapa taila, Eranda taila, Kusumbha taila, Koshamra taila, Atmagupta taila, Nimba taila, Aksha taila.

Ghrita- Goghrita, Mahisha ghrita, Aja ghrita, Avika ghrita, Ushtri ghrita, Ashwa ghrita, Gardabhi ghrita, Hasthini ghrita, Stree ghrita, Purana ghrita.

Dugdha- Godugdha, Ajapaya, Aurabhra paya, Mahishi paya, Usthri paya, Ashwapaya, Gardabhi paya, Manushi paya, Hasthini paya,

Dadhi- Mathita, Godadhi, Ajadadhi, Aurabhradadhi, Mahishi dadhi, Ushtri dadhi, Ashwa dadhi, Gardabhi dadhi, Hasthini dadhi, Stree dadhi, Rutu vishesha dadhi guna.

Takra- Takra bheda, Takra samanya guna, Pakwa-Apakwa Takra guna, Takra nishedha, Takra sevana, Dosha-vishesha takra guna, Takra kurchika, Mnda, Kilata, Morata, Navaneta.

Madhu- Madhu samanya guna, Bhramara guna, Kshaudra madhu, Makshika madhu, Madhvi sita.

Madya- Shukta, Kanjika, Sauviraka-Tushodaka, Sura, Madya guna, Yava sura-Madhulika, Akshiki sura, Sidhubheda, Madhuka sidhu, Rasasava, Kohala, Bakkasa, Mardvika, Kharjura, Gauda sidhi-Sharkara sidhu, Madhwasa, Surasava, Maireya, Akshiki sidhu, Jambava sidhu, Aristha, Nava-jeerna madya guna, Varjya madya.

Jala- Jala guna, Nadeya jala, Sarasa jala, Tadaga jala, Vaapi jala, Chundi jala, Prasravana jala, Audbhida jala, Kedara jala, Palvala jala, Saudra jala, Himalaya jala, Surya and Chndra sansrushtha jala, Anupa jala, Jangala and Sadharana jala guna, Kwathitha jala guna, Varjya jala, Pancha vidha bhauma jala, Narikela jala.

Mamsa Dravya- Manusha, Stree, Sharira, Vaacha, Vayu, Pitta, Shleshma, Moha, Prakriti, Asthi, Mamsa, Vasa, Rakta, Shukra, Majja, Rasa, Sapta Dhatu, Hasthi mamsa, Ashwa mamsa, Ushtra mamsa, Gardabhi mamsa, Ashwatara mamsa, Chaga, Mesha, Vruka, Vyaghra, Sharabha, Simha, Shukara, Mruga, Mahisha, Vrishabha, Go, Matsya, and Matsya bheda, Rohita, Pathina, Shaphari, Jalamina, Nadeya matsya guna, Kachhapa mamsa, Deergha tundi (Amushika) mamsa, Mushaka mamsa, Mahamushaka, Bidala, Gandhamarjara, Shrugala, Tarakshu, Kukkura, Vanara, Mayura, Bhramara, Shuka, Sarika, Chakravaka, Hamsa, Kukkuta, Lava, Kokila, Kaka, Bhalla, Bhasa, Uluka, Kshudra uluka, Sarpa, Sarpa vishesha, Manduka, Karkata.

Mala- Gomaya

Mutra- Samanya mutra guna, Gomutra guna, Aja mutra, Meshi mutra, Mahishi mutra, Gaja mutra, Ashwa mutra, Ushtra mutra, Gardabha mutra, Manusha mutra.

Meda, Twak, Roma.

Mishrakadi Saptama Varga^[12]- In this group various sub-groups of drugs are explained. Viz;

1. **Triphala** (Haritaki, Vibhitaki, Amalaki)
2. **Swadu Triphala** (Draksha, Kharjura, Gambhari)
3. **Sugandhi Triphala** (Jatiphala, Ela, Lavanga)
4. **Trikatu** (Maricha, Pippali, Shunthi)
5. **Trikarshika** (Shunthi, Ativisha, Mustha)
6. **Chaturbhadra** (Shunthi, Ativisha, Mustha, Guduchi)
7. **Dwitiya Chaturbhadra** (Ela, Twak, Patra, Maricha)
8. **Tritiya Chaturbhadra** (Twak, Ela, Patra, Nagkeshara)
9. **Panchakola** (Pippali, Pippalimula, Chavya, Chitraka, Shunthi)
10. **Panchavalkala** (Nyagrodha, Udumbara, Ashwattha, Plaksha, Vetasa)
11. **Panchabringa** (Devadali, Shami, Bringaraja, Nirgundi, Shanapushpi)
12. **Pancha-Pancha mula**
Brihat Panchamula (Bilva, Agnimantha, Shyonaka, Gambhari, Patala)
Madhyama Panchamula (Bala, Punarnava, Eranda, Mashaparni, Mudgaparni)
Jivana panchamula (Jivaka, Rishabhaka, Meda, Jivanti, Shatavari)
Trina panchamula (Shara, Ikshu, Darbha, Kasha, Shali)
Kantaki panchamula (Himsra, Saireyaka, Gokshura, Shatavari, Karamarda)
13. **Laghu Panchamula**- Shalaparni, Prishni parni, Brihati, Kntakarai, Gokshura
14. **Dashamula**-Laghu panchamula+ Brihat panchamula
15. **Jivaniya Gana/Madhura Gana** (Jivaka, Rishabhaka, Medha, Mahameda, Kakoli, Kshira kakoli, Mashaparni, Mudgaparni, Jivanti, Yasthimadhu)
16. **Veshavara** (Shunthi, Maricha, Pippali, Pippalimula, Dhanyaka, Jiraka, Dadima)
17. **Sambhara guna, Shikharini**- Are medicinal preparations
18. **Sarvaushadhi** (Kustha, Jatamamsi, Haridra, Daruharidra, Mura, Shaileya, Champaka, Vacha, Karpura, Mustha)
19. **Sugandhamalaka**- Dried fruit of Amalaki
20. **Panchasugandhika** (Kankola, Pooga, Lavanga, Jatiphala, Karpura)
21. **Parardha** (Chandana and Chandana pushpa)
22. **Yaksha kardama/Mahasugandha** (Kumkuma, Agar, Karpura, Kasthuri, Chandana)

- 23. Mantha-** It is a dietary preparation which is advised in *Tarpana Karma* in which *Sattu*, ghee and bit water is added and churned well. The preparation neither much liquid nor solid form.
- 24. Santarpana** (*Draksha, Dadiama, Kharjura, Sharkara, Laja churna, Madhu, Ghee*)
- 25. Pachamruta** (*Go ghrita, Godadhi, Godugdha, Madhu, Sharakara*)
- 26. Pachagavya** (*Gomutra, Gomaya, Godugdha, Godadhi, Goghrita*)
- 27. Panchamla** (*Beejapura, Jambira, Naranga, Amlavetasa, Tintidi*)
- 28. Dwitiya Panchamla** (*Kola, Dadima, Vrikshamla, Chukra, Amlavetasa*)
- 29. Panchanimbaka** (*Nimba patra, Nimba pushpa, Nimba phala, Nimba twak, Nimba mula*)
- 30. Lavana Panchaka** (*Saindhava, Audbhida, Samudra, Bid, Sauvarchala*)
- 31. Pancha shirisha/Pancha sarpaka** (*Shirisha patra, Shirisha pushpa, Shirisha twak, Shirisha phala, Shirisha mula*)
- 32. Panchanga** (*Twak, Patra, Phala, Pushpa, Mula*)
- 33. Pancha surana** (*Atyamla parni, Kandira, Malakanda, Gramya, Vanya surana*)
- 34. Pancha siddhaushadhi** (*Tailakanda, Sudhakanda, Krodakanda, Rudanti, Sarpakshi*)
- 35. Rakta Varga** (*Dadima, Palasha, Laksha, Bandhuka, Nishapushpa, Manjishta*)
- 36. Shukla Varga** (*Shankha, Shukti, Varatika, Bhrishashma Sharkara*)
- 37. Pancha gana** (*Shalaparni, Prishniparni, Brihati, Kantakari, Gokshura*)
- 38. Mutrasthaka** (*Gomutra, Avimutra, Ajamutra, Mahishi mutra, Gajamutra, Ashwamutra, Ushtramutra, Kharamutra*)
- 39. Ksharatraya** (*Sajji Kshara, Yava Kshara, Tankana Kshara*)
- 40. Kshara Panchaka** (*Palasha Kshara, Tila Kshara, Mushkaka Kshara, Sajji Kshara, Yava Kshara*)
- 41. Ksharashatka** (*Krishnatila, Palasha, Vacha, Apamarga, Kutaja, Mushakaka Kshara*)
- 42. Ksharasthaka** (*Apamarga, Palasha, Arka, Tila, Mushaka, Yava, Sajji, Tankana Kshara*)
- 43. Trilavana** (*Saindhava, Sauvarchala, Bida*)
- 44. Lavana shatka** (*Samudra, Saindhava, Sauvarchala, Bida, Audbhida, Panshuja*)
- 45. Trimadhura** (*Ghrita, Sharkara, Madhu*)
- 46. Shadrasa** (*Madhura, Amla, Lavana, Katu, Tikta, Kashaya*)
- 47. Aushadha Synonyms-** *Aushadha* synonyms are mentioned along with its type. Viz; *Rasa, Churna, Kashaya, Avaleha* and *Kalka*.
- 48. Panchavidha kalpa** (*Rasa, Churna, Kashaya, Avalaeha, Kalka*)
- 49. Pathya, Arogya, Niroga, Vaidya, Ahara synonyms**
- 50. Asthavidha Anna** (*Bhojya, Peya, Choshya, Lehya, Khadya, Chavya, Peya, Bhakshya*)
- 51. Saptadhatu** (*Suvarna, Raupya, Tamra, Ranga, Yashada, Seesa, Loha*)
- 52. Upadhatu** (*Swarnamakshika, Taramakshika, Tutthya, Kansya, Reeti/Pittala, Sindhura, Shilajatu*)
- 53. Navaratna** (*Mukta, Hiraka, Vaidurya, Padmaraga, Pushparaga, Gomeda, Neela, Garutmata, Pravala*)
- 54. Pancharatna** (*Padmaraga, Indraneela, Marakat, Pushparaga, Vajra*)
- 55. Uparatna** (*Kacha, Karpura, Mukta, Shanka, etc*)
- 56. Uparasa** (*Gandahaka, Hingula, Abhraka, Haratala, Manashila, Strotonjna, Tankana, Rajavarta, Chumbaka, Sphatika, Shankha, Khatika, Gairika, Kasisa, Rasaka, Kapardika, Sikata, Bola, Kankustha, Saurashtra*)
- 57. Sadharana rasa** (*Kampillaka, Gauripashana, Navasadara, Kapardika, Vanhijara, Girisindhura, Hingula, Bodarashringa*)
- 58. Dhatu** (*Tara, Tamra, Pittala, Naga, Hema, Vanga, Tikshna loha, Kansya, Mandura*)
- 59. Visha-Visha bheda** (*Sthavara, and Jangama*)
- 60. Stahavara visha** (*Kalakuta, Vatsanabha (Aconitum ferox Wall), Shringika (Aconitum chasmnthum Stapf ex Holmes), Pradiapana, Brmhaputra, Halahala, Saktuka, Saurasthrika, Haridra*)
- 61. Variya visha** (*Kalakuta, Meshashringi, Darduraka, Halahala, Karkoti, Granthi, Haridraka, Raktashringa, Keshara, Yamadranstra*)
- 62. Jangama visha** (*Netra, Nishwasa, Danta, Nakha, Mutra, Mala, Shukra, Lala, Nakhasparsha, Dansha, Srava, Mardita, Guda, Asthi, Pitta, Shukra*)
- 63. Upavisha Gana** (*Bhallataka, Ativisha, Khakhas, Two types of Karavira, Two types of Ahiphena, Four types of Dhattura, Two types of Gunja, Nirvisha, Vishamusthi and Kalihari*).

CONCLUSION

By the above discussion it reveals that the *Dhanvantari nighantu* covers the entire *Dravyguna vijñana* with clinical applications of the drugs. In the *Suvarnadi 6th Varga* the animals origin drugs like *Kesha, Roma, Meda* etc., the *Dhoopana* of these drugs elevates *bhoota* and *griha Nashaka, Unmada, Apasmara* like property such drugs have to be studied with animal as well as clinical experiments. There are also some *Visha hara dravyas* which

possess the anti allergic activity, such drugs can be taken for the study to rule out the immunomodulatory activity. The author has also highlighted *Viruddha Ahara* concept in the form of do's and dont's of the food articles. The nighantu has to be explore for the information like identification, phytochemical analysis, physic-chemical analysis knowledge about mentioned drugs.

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