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1 Structure and dynamics of a 2 nanodisc by integrating NMR, SAXS 3 and SANS experiments with 4 molecular dynamics simulations

5 **Tone Bengtsen^a, Viktor L. Holm^b, Lisbeth Ravnkilde Kjølbye^{c,d}, Søren R.
6 Midtgaard^b, Nicolai Tidemand Johansen^b, Giulio Tesei^a, Sandro Bottaro^a, Birgit
7 Schiøtt^c, Lise Arleth^b, Kresten Lindorff-Larsen^a**

*For correspondence:

arleth@nbi.ku.dk (LA);
indorff@bio.ku.dk (KL-L)

8 ^aStructural Biology and NMR Laboratory & Linderstrøm-Lang Centre for Protein Science,
9 Department of Biology, University of Copenhagen, Copenhagen, Denmark; ^bStructural
10 Biophysics, X-ray and Neutron Science, Niels Bohr Institute, University of Copenhagen,
11 Copenhagen, Denmark; ^cDepartment of Chemistry, Aarhus University, Aarhus C,
12 Denmark; ^dNovo Nordisk A/S, Måløv, Denmark

14 **Abstract** Nanodiscs are membrane mimetics that consist of a protein belt surrounding a lipid
15 bilayer, and are broadly used for characterization of membrane proteins. Here, we investigate the
16 structure, dynamics and biophysical properties of two small nanodiscs, MSP1D1ΔH5 and ΔH4H5.
17 We combine our SAXS and SANS experiments with molecular dynamics simulations and previously
18 obtained NMR and EPR data to derive and validate a conformational ensemble that represents the
19 structure and dynamics of the nanodisc. We find that it displays conformational heterogeneity with
20 various elliptical shapes, and with substantial differences in lipid ordering in the centre and rim of
21 the discs. Together, our results reconcile previous apparently conflicting observations about the
22 shape of nanodiscs, and paves the way for future integrative studies of larger complex systems
23 such as membrane proteins embedded in nanodiscs.

25 Introduction

26 Nanodiscs are widely used membrane models that facilitate biophysical studies of membrane
27 proteins (*Bayburt et al., 2002*). They are derived from, and very similar to, the human ApoA1
28 protein from high density lipoproteins (HDL particles) and consists of two amphipatic membrane
29 scaffold proteins (MSPs) that stack and encircle a small patch of lipids in a membrane bilayer to form
30 a discoidal assembly. The popularity of nanodiscs arises from their ability to mimic a membrane
31 while at the same time ensuring a small system of homogeneous composition, the size of which
32 can be controlled and can give diameters in a range from about 7 to 13 nm (*Denisov et al., 2004*;
33 *Hagn et al., 2013*).

34 Despite the importance of nanodiscs in structural biology research and the medical importance
35 of HDL particles, we still lack detailed structural models of these protein-lipid particles. The
36 nanodisc has so far failed to crystallize, so a range of different biophysical methods have been used
37 to provide information about specific characteristics. For example, mass spectrometry experiments
38 have provided insight into lipid-water interactions and heterogeneous lipid compositions (*Marty
39 et al., 2014, 2015*), solid state NMR has been used to quantify lipid phase transition states and

lipid order (Mörs *et al.*, 2013; Martinez *et al.*, 2017) and small angle X-ray scattering (SAXS) and -neutron scattering (SANS) have provided insight into the size and low resolution shape of nanodiscs in solution (Denisov *et al.*, 2004; Skar-Gislinge *et al.*, 2010; Midtgaard *et al.*, 2014, 2015). These experiments have been complemented by molecular dynamics (MD) simulations that provided both pioneering insights into the structure (Shih *et al.*, 2005, 2007) as well as a better understanding of the assembly process, lipid-protein interactions and how much a nanodisc mimicks membrane bilayer (Siuda and Tieleman, 2015; Debnath and Schäfer, 2015; Vestergaard *et al.*, 2015).

A high resolution structure of the MSP protein belt encircling the nanodisc was recently obtained from the small, helix-5-deleted nanodisc, MSP1D1 Δ H5 (henceforth Δ H5), reconstituted with DMPC lipids (Δ H5-DMPC) (Bibow *et al.*, 2017) by combining nuclear magnetic resonance (NMR) spectroscopy, electron paramagnetic resonance (EPR) spectroscopy and transmission electron microscopy (TEM) (Bibow *et al.*, 2017). While these experiments were performed on lipid-loaded nanodiscs, the study focused on the protein components, and on determining a time- and ensemble averaged structure of these, but left open the question of the role of the lipids (Martinez *et al.*, 2017) as well as any structural dynamics of the overall nanodisc. Intriguingly, the resulting structure of the belt proteins corresponded to that of an almost circularly-shaped disc, while our previous SAXS/SANS investigations are clearly consistent with discs with an on-average elliptical cross-section (Skar-Gislinge *et al.*, 2010; Midtgaard *et al.*, 2015).

Here we build upon this work to study the structure and dynamics of the nanodisc and the lipid properties in the discs. We performed SAXS and SANS experiments on the Δ H5-DMPC variant, and integrated these with MD simulations and the NMR data (Bibow *et al.*, 2017) through an integrative Bayesian/maximum entropy (BME) approach (Hummer and Köfinger, 2015; Róycki *et al.*, 2011; Bottaro *et al.*, 2018b,a; Orioli *et al.*, 2020). We thereby obtain a model of the conformational ensemble of the Δ H5-DMPC nanodisc that is consistent with the structural information obtained from each method, as well as our molecular simulations, and successfully explains differences in previous structural interpretations. In addition, we study the lipid ordering in our ensemble, and use the results to aid in the interpretation of Differential Scanning Calorimetry (DSC) measurements of the melting transition of DMPC in differently sized nanodiscs. Our study exemplifies how these integrative methods can be used to protein-lipid systems, possibly paving the way for future studies of membrane proteins embedded in nanodiscs.

Results and Discussion

Structural investigations of Δ H5-DMPC and Δ H4H5-DMPC nanodiscs by SAXS and SANS

We determined optimal reconstitution ratios between the DMPC lipids and the Δ H5 and Δ H4H5 protein belts to form lipid-saturated nanodiscs based on a size-exclusion chromatography (SEC) analysis (Fig. 1 Supplement 1 and Methods). In line with previous studies (Hagn *et al.*, 2013), we found that reconstitution ratios of 1:33 for Δ H4H5:DMPC and 1:50 for Δ H5:DMPC were optimal in order to form single and relatively narrow symmetric peaks. Building upon earlier work for other discs (Denisov *et al.*, 2004; Skar-Gislinge *et al.*, 2010) we performed combined SEC-SAXS and SEC-SANS experiments to determine the size and shape of DMPC loaded Δ H5 and Δ H4H5 nanodiscs (Fig. 1). These experiments were performed at 10 °C, and based on results from previous NMR experiments on nanodiscs (Martinez *et al.*, 2017) as well as a melting temperature $T_M \approx 24$ °C for DMPC, we expect the lipids to be in the gel-phase. Our SAXS and SANS data all exhibit a flat Guinier region at low q and indicate no signs of aggregation (Fig. 1A, B). In both the Δ H5-DMPC and Δ H4H5-DMPC systems, the SAXS data exhibit an oscillation at medium to high q ([0.05:0.2] Å⁻¹) arising from the combination of a negative excess scattering length density of the hydrophobic alkyl-chain bilayer core and positive excess scattering length densities of the hydrophilic lipid PC-headgroups and the amphipathic protein belt. The SANS data decreases monotonically as a function of q in accordance with the homogeneous contrast situation present here. These two different contrast

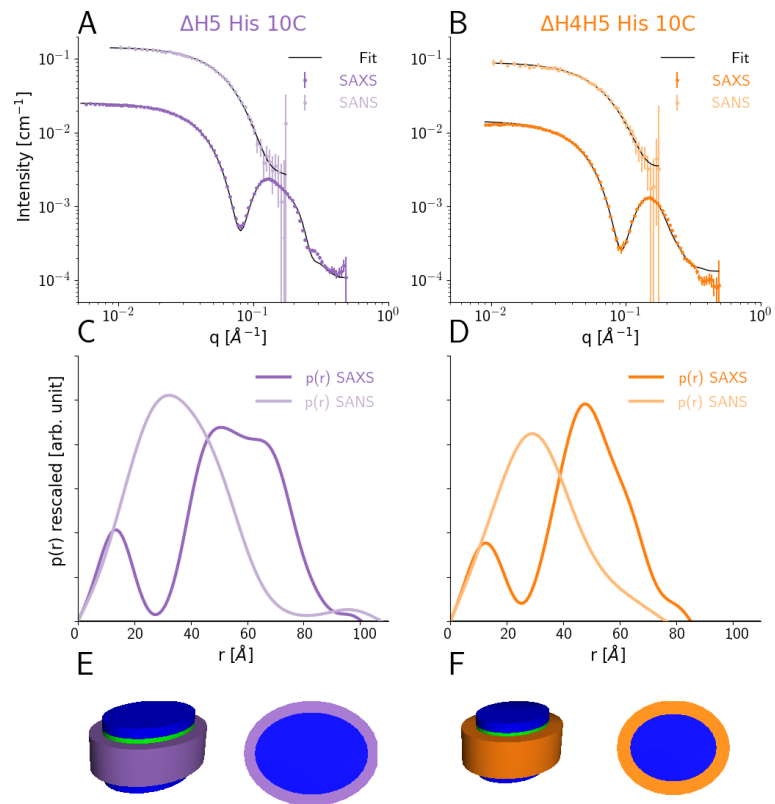


Figure 1. SEC-SAXS and SEC-SANS analysis of nanodiscs. **A)** SEC-SAXS (dark purple) and SEC-SANS (light purple) for $\Delta H5$ -DMPC nanodiscs at 10°C . The continuous curve show the model fit corresponding to the geometric nanodisc model shown in **E**. **B)** SEC-SAXS (dark orange) and SEC-SANS (light orange) data for the $\Delta H4H5$ -DMPC nanodiscs at 10°C . **C,D)** Corresponding pair-distance distribution functions. **E, F)** Fitted geometrical models for the respective nanodiscs (drawn to scale relative to one another).

89 situations, core-shell-contrast for SAXS and bulk-contrast for SANS, are also clearly reflected in the
 90 obtained $p(r)$ -functions (Fig. 1C, D), which also confirm that the $\Delta H5$ -DMPC nanodiscs are slightly
 91 larger than the $\Delta H4H5$ -DMPC nanodiscs.

92 Our data are in qualitative agreement with the SAXS and SANS data obtained for MSP1D1
 93 nanodiscs (Denisov et al., 2004; Skar-Gislinge et al., 2010) and similar systems (Midtgaard et al.,
 94 2014, 2015), and indicate an 'on average' discoidal structure. We thus first analyzed the scattering
 95 data by global fitting of a previously developed molecular-constrained geometrical model for
 96 the nanodiscs (Skar-Gislinge et al., 2010; Skar-Gislinge and Arleth, 2011; Pedersen et al., 2013).
 97 The model (see Methods) describes the interior of the nanodisc as a stack of flat, elliptically-
 98 shaped bilayer discs to account for the hydrophobic bilayer that is sandwiched in between the two
 99 hydrophilic headgroup layers. The inner lipid nanodisc is encircled by a hollow cylinder with an
 100 elliptical cross-section, which models the two protein MSP-belts stacked upon one another (Fig. 1E,
 101 F). Using this model, we obtained excellent simultaneous fits to SAXS and SANS data for both the
 102 $\Delta H4H5$ -DMPC and $\Delta H5$ -DMPC nanodiscs (Fig. 1A, B).

103 We find the area per headgroup for DMPC for both systems (ca. 55\AA^2 ; Table 1 left), somewhat
 104 higher than the A_{head} of gel-phase DMPC ($47.2 \pm 0.5 \text{\AA}^2$ at 10°C) (Tristram-Nagle et al., 2002), but
 105 in agreement with the very broad melting transition observed in our DSC data (see below). We
 106 find 65 ± 13 and 100 ± 14 DMPC molecules in the nanodiscs for $\Delta H4H5$ and $\Delta H5$, respectively, in
 107 agreement with the reconstitution ratios reported above.

Table 1. Parameters of the SAXS and SANS model fit. **Left)** Parameters for the simultaneous model fits to SEC-SAXS and SEC-SANS of His-tagged nanodiscs (denoted -His) for both Δ H4H5-DMPC and Δ H5-DMPC. Both measurements were obtained at 10 °C. **Right)** Standard solution SAXS measurements of the Δ H5-DMPC nanodisc without His-tags (denoted - Δ His) obtained at two different temperatures, in the gel phase at 10 °C and in the liquid phase at 30 °C. * marks parameters kept constant.

	SEC-SAXS+SEC-SANS		SAXS	
	Δ H4H5-His	Δ H5-His	Δ H5- Δ His	Δ H5- Δ His
T	10 °C	10 °C	10 °C	30 °C
$\chi^2_{reduced}$	1.95	5.12	3.76	2.40
Fitting Parameters				
Axis Ratio	1.3±0.4	1.2±0.2	1.4±0.1	1.3±0.1
A_{Head}	55± 5 Å ²	54± 2 Å ²	52± 2 Å ²	60± 3
H_{Belt}	24* Å ²	24* Å ²	24* Å ²	24* Å ²
N_{Lipid}	65±13	100±14	102± 7	104± 9
CV_{belt}	1*	1*	1*	0.97±0.02
CV_{lipid}	1.00±0.02	1.01±0.01	1.003±0.007	1.044±0.007
Scale _{x-ray}	1.13±0.28	1.1±0.2	1.2±0.1	1.2±0.2
Scale _{neutron}	1.7±0.5	0.8±0.2	-	-
Results From Fits				
H_{lipid}	40 Å	41 Å	41 Å	38 Å
H_{tails}	28 Å	28 Å	29 Å	26 Å
R_{major}	27 Å	32 Å	34 Å	36 Å
R_{minor}	21 Å	27 Å	25 Å	28 Å
W_{belt}	10 Å	9 Å	9 Å	9 Å

108 **Temperature dependence probed by SAXS and SANS**

109 We continued to investigate the impact of temperature and the presence of the His-tags on both
110 the SAXS measurements and the resulting geometrical model of Δ H5-DMPC. We acquired standard
111 solution SAXS data for a new preparation of the Δ H5-DMPC nanodiscs, this time without His-tags
112 and measured at both 10 °C and 30 °C. At these two temperatures the DMPC is expected to be
113 dominantly in the gel and liquid phase, respectively, as they are below and above the melting
114 transition temperature (*Martinez et al., 2017*) (see also DSC analysis below). We used a standard
115 solution SAXS setup for these measurements, as this at present provides a better control of both
116 the sample temperature and sample concentration than in the SEC-SAXS based measurement. The
117 effect of the DMPC melting transition is clearly reflected in the SAXS data (Fig. 1 Supplement 2)
118 where both the position of the first minimum and the shape of the oscillation changes as the
119 DMPC transitions from the gel to the molten state. We observe that the intensity of the forward
120 scattering decreases significantly with increasing temperature, a result of the small but significant
121 temperature-dependent change of the partial specific molecular volume of the DMPC.

122 To analyze the data, we again applied the molecular constrained geometrical model for the
123 nanodiscs (Table 1, Right). Here, the effect of the DMPC melting transition can clearly be seen on
124 the obtained DMPC area per headgroup which increases significantly as a result of the melting.
125 Qualitatively similar observations of the melting transition of DMPC and DPPC based nanodiscs were
126 previously reported in the MSP1D1 and MSP1E3D1 nanodiscs using DSC, SAXS and fluorescence
127 (*Denisov et al., 2005; Graziano et al., 2018*). Regarding the shape of the Δ H5 nanodiscs without the
128 His-tag (Fig. 1 Supplement 2), we find parameters similar to those derived from SEC-SAXS/SANS
129 experiments including a somewhat elliptical shape with ratios of the two axes between 1.2 and 1.4.
130 This observation is in apparent contrast to the recently described integrative NMR/EPR structural
131 model of the Δ H5-DMPC nanodisc which was found to be more circular (*Bibow et al., 2017*). We
132 therefore examined the fit to the model varying the axis ratios from 1.0 to 1.6 and indeed find that a
133 number of features are best explained with a slightly asymmetric model (Fig. 1 Supplement 3). Both
134 in the SEC-SAXS/SANS experiments, but perhaps particularly in the standard solution SAXS setup, it
135 is possible that polydispersity in the number of lipids embedded in the nanodiscs is present (*Skar-*
136 *Gislinge et al., 2018*), and contributes to the shapes obtained from our models (*Caponetti et al.,*
137 *1993*). We therefore analysed our data using a model where we include polydispersity through a
138 normally-distributed number of lipids, parameterized via the relative standard deviation (σ_{lip}). Our
139 results show that while a modest level of polydispersity (ca. 1%) cannot be ruled out, greater levels
140 lead to worsening of the fit to the data (Fig. 1 Supplement 4).

141 **Molecular Dynamics Simulations**

142 The results described above suggest an apparent discrepancy of the solution structure of the
143 Δ H5-DMPC nanodisc when viewed either by NMR/EPR or SAXS/SANS. In particular, the NMR/EPR
144 structure revealed a circular shape whereas the SAXS/SANS experiments suggested an elliptical
145 shape. The two kinds of experiments, however, differ substantially in the aspects of the structure
146 that they are sensitive to. Further, both sets of models were derived in a way to represent the
147 distribution of conformations in the experiments by a single 'average' structure.

148 In order to understand the structural discrepancies between the two solution methods better,
149 and to include effects of conformational averaging, we performed atomistic MD simulations of
150 the His-tag truncated Δ H5-DMPC nanodisc. In these simulations, we mimicked the experimental
151 conditions of the standard solution SAXS measurements obtained at 30°C and used 100 DMPC lipids
152 in the bilayer as found above. We performed two simulations (total simulation time of 1196 ns)
153 using the CHARMM36m force field (*Huang et al., 2016*). We visualized the conformational ensemble
154 of the Δ H5-DMPC nanodisc by clustering the simulations, and found that the three most populated
155 clusters represent 95% of the simulations. Notably, these structures all have elliptical shapes, but
156 differ in the directions of the major axis (Fig. 2A).

157 We then examined the extent to which the simulations agree with the ensemble-averaged

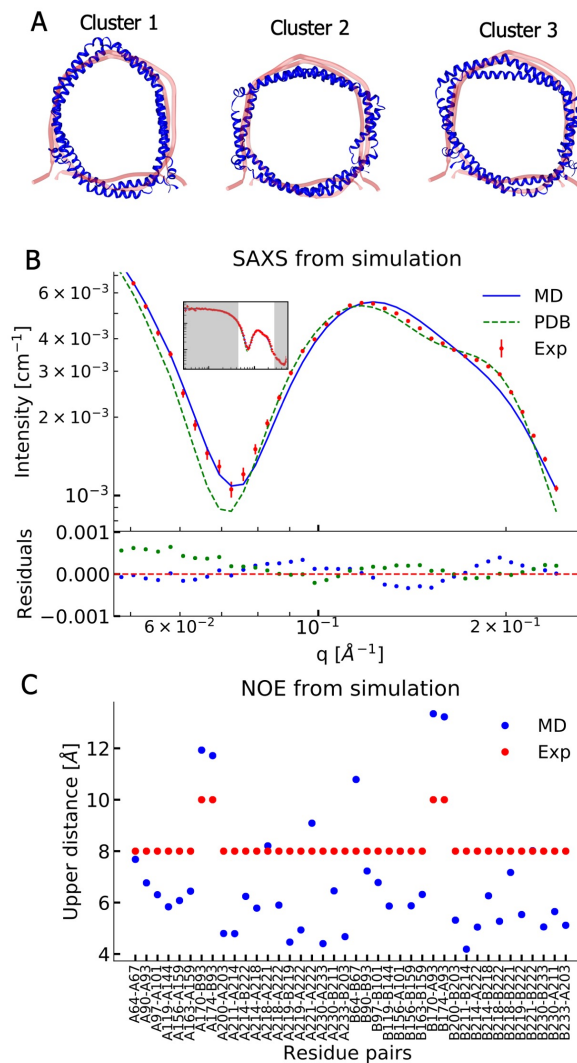


Figure 2. Comparing MD simulations with experiments. **A)** Visualization of the conformational ensemble from the MD simulation by clustering (blue). Only the protein parts of the nanodisc are visualized while the lipids are left out to emphasize the shape. The top three clusters contain 95% of all frames. The previous NMR/EPR-structure is shown for comparison (red). **B)** Comparison of experimental standard solution SAXS data (red) and SAXS calculated from the simulation (blue). Green dotted line is the back-calculated SAXS from the integrative NMR/EPR-structure (labelled PDB). Residuals for the calculated SAXS curves are shown below. Only the high q -range is shown as the discrepancy between simulation and experiments are mainly located here (for the entire q -range see Fig. 2 Supplement 1). **C)** Comparison of average distances from simulations (blue) to upper-bound distance measurements (red) between methyl NOEs. The labels show the residues which the atoms of the NOEs belong to.

158 experimental data, focusing on the SAXS experiments and NOE-derived distance information from
 159 NMR. We calculated the SAXS intensities from the simulation frames using both FOXS (*Schneidman-*
 160 *Duhovny et al., 2013, 2016*) (Fig. 2B) and CRY SOL (*Svergun et al., 1995*) (Fig. 2 Supplement 1) and
 161 compared to the corresponding standard solution SAXS experiments obtained at 30 °C. Similarly, we
 162 used r^{-3} -weighted averaging to calculate the effective distances in the simulations and compared
 163 them to the previously reported methyl (Fig. 2C) and amide NOEs (Fig. 2 Supplement 2) (*Bibow et al.,*
 164 *2017*). The discrepancy observed between the simulation and the experiments were quantified by
 165 calculating χ^2 (Table 2).

Table 2. Comparing experiments and simulations We quantify agreement between SAXS and NMR NOE experiments by calculating the χ^2 . The previously determined NMR structure (*Bibow et al., 2017*) (PDB ID 2N5E) is labelled PDB, the unbiased MD simulation by MD, and simulations reweighted by experiments are labelled by MD and the experiments used in reweighting. S_{rel} is a measure of the amount of reweighting used to fit the data (*Bottaro et al., 2018b*) (see Methods for more details).

Data for integration	S_{rel}	χ^2	
		SAXS	NOE
PDB	-	2.9	9.5
MD	0	10.0	8.2
MD + SAXS	-1.7	1.5	7.9
MD + NOE	-1.9	8.9	4.2
MD + SAXS + NOE	-1.7	1.9	6.0

166 The comparison between experiments and simulations reveal an overall good agreement
 167 between the two. Interestingly, the simulations agree well with the SAXS data in the q -region where
 168 scattering is dominated by the lipid bilayer and where our geometric fitting of the models for SAXS
 169 generally are very sensitive. The MD simulation trajectory captures accurately the depth of the SAXS
 170 minimum around $q = 0.07\text{\AA}^{-1}$; however, the shoulder observed in the experiments in the range
 171 $0.15\text{\AA}^{-1} - 0.20\text{\AA}^{-1}$ is not captured accurately.

172 Direct comparison of the previously determined integrative NMR/EPR structure (*Bibow et al.,*
 173 *2017*) to the SAXS data is made difficult by the missing lipids in the structure. We thus built a model
 174 of the lipidated structure by first adding DMPC lipids to the NMR/EPR solved structure (PDB ID
 175 2N5E), and then equilibrating only the lipids by MD, keeping the protein conformation fixed. When
 176 we use this structure to calculate the SAXS data, the back-calculated data overshoots the depth
 177 of the SAXS minimum but captures well the shoulder observed in the experimental data (Fig. 2B).
 178 Thus, neither the MD trajectory nor the NMR/EPR structure fit perfectly with the measured SAXS
 179 data.

180 When comparing the simulations to the NMR-derived distances between methyl groups (Fig. 2C),
 181 we generally find good agreement, but observe a few distances that exceed the experimental upper
 182 bounds. A similar trend is observed in the comparison to amide NOEs (Fig. 2 Supplement 2) which
 183 shows overall good agreement but with a few NOEs violating at similar positions as for the methyl
 184 NOEs. As the amide NOEs are mostly sensitive to the local helical structure, the good agreement
 185 with this data mostly reflects that the secondary structures are maintained during the simulations.

186 We also compared the simulations to the SANS data for Δ H5-DMPC. The scattering contrast is
 187 very different in SAXS and SANS, and the scattering from the lipid bilayer has a relatively higher
 188 amplitude in the latter. This gives an independent check that the simulation provides a good de-
 189 scription of the structure of the lipid bilayer. As the SEC-SANS data were measured on a His-tagged
 190 Δ H5-DMPC nanodisc, we therefore simulated this situation by creating an ensemble of His-tag struc-
 191 tures and randomly sampled and attached these to the outer MSP-belts in the simulation frames
 192 under the assumption that the His-tags are disordered on the nanodiscs (Fig. 2 Supplement 3). As

193 for the SAXS and NOE data we also here find a generally good agreement (Fig. 2 Supplement 4).

194 As a final consistency check, we compared our simulations to NMR paramagnetic relaxation
195 enhancement (PRE) data (Fig. 2 Supplement 5) and EPR data (Fig. 2 Supplement 6), that both use
196 spin-labels to probe longer range distances. As reference, we used the calculation of the PRE and
197 EPR data from the structure that was derived using these and the remaining NMR data (*Bibow*
198 *et al., 2017*) and find comparable agreement.

199 **Integrating experiments and simulations**

200 While the MD simulations are overall in good agreement with the SAXS and NMR NOE data, there
201 remain discrepancies that could contain information about the conformational ensemble of Δ H5-
202 DMPC in solution. We therefore used a previously described Bayesian/Maximum Entropy (BME)
203 approach (*Hummer and Köfinger, 2015; Róycki et al., 2011; Bottaro et al., 2018b; Cesari et al.,*
204 *2016; Bottaro et al., 2018a*) to integrate the MD simulations with the SAXS and NMR data. Briefly,
205 the BME method refines the simulation against measured experimental averages by balancing 1)
206 minimizing the discrepancy between the simulation and the observed experimental averages and
207 2) ensuring as little perturbation of the original simulation as possible thereby limiting chances of
208 overfitting. The outcome is a conformational ensemble that is more likely to represent Δ H5-DMPC in
209 solution. In practice, this is achieved by changing the weight of each configuration in the ensemble
210 obtained from the MD simulations, and we therefore call this a 'reweighted ensemble' (*Bottaro*
211 *and Lindorff-Larsen, 2018; Bottaro et al., 2018a*). The amount of reweighting can be quantified
212 by an entropy change (S_{rel}) that reports on how much the weights had to be changed to fit the
213 data (*Bottaro et al., 2018b,a*) (see Methods). Alternatively, the value $\phi_{eff} = \exp(S_{rel})$ reports on the
214 effective ensemble size, that is what fraction of the original frames that were used to derive the
215 final ensemble (*Orioli et al., 2020*). We note that we reweight each individual conformation in the
216 ensemble, and thus that the clustering is only used for presenting the results. In this way we avoid
217 uncertainties that come from difficulties in clustering heterogeneous ensembles.

218 We used both the SAXS and NOE data individually, as well as combined, to understand the effects
219 of each source of data on the reweighted conformational ensemble (Table 2). We note that when a
220 specific type of data is used to generate the ensemble, the resulting χ^2 simply reports on how well
221 the simulation has been fitted to the data; because of the maximum-entropy regularization to avoid
222 overfitting, we do not fit the data as accurately as possible. The two types of experimental data
223 complement each other in structural information content. Specifically, the SAXS data report on the
224 overall size and shape, and is sensitive to both the protein and the lipids through atom-atom pair
225 distributions in a range starting from ≈ 10 Å, whereas the NOEs contain local, specific atom-atom
226 distances from the protein belts of the Δ H5 but not any direct information about the lipids.

227 We find that refining against a single of the the two data types only improves the MD trajectory
228 with respect to the structural properties it is sensitive to, highlighting the orthogonal information
229 in the two sources of information. In addition, we performed reweighting with the methyl NOEs
230 and the amide NOEs separately (Fig. 3 Supplement 4). The already low discrepancy of the amide
231 NOEs barely improves while the discrepancies of both methyl NOEs and SAXS are unaffected by
232 integration with amide NOEs alone, implying that the structural information content contained in
233 the amide NOEs (mostly secondary structure) is already correctly captured by the force field and
234 starting structure. Because the NOE and SAXS experiments provide independent information we
235 refined the ensemble against both sets of data (Fig. 3). We find that we can fit both sources of
236 data at reasonable accuracy without dramatic changes of the weights away from the Boltzmann
237 distribution of the force field ($\phi_{eff} = 18\%$).

238 Finally, we used the PRE and EPR data to validate the refined ensemble. In general we find
239 comparable and overall good agreement between the original NMR/EPR structure and our MD
240 refined ensembles, suggesting that our ensembles are in good agreement with data that was
241 not used directly as input in the refinement (Fig. 2 Supplement 5 and Supplement 6). We further
242 find that reweighting the MD simulations against the SAXS and NOE data generally improves the

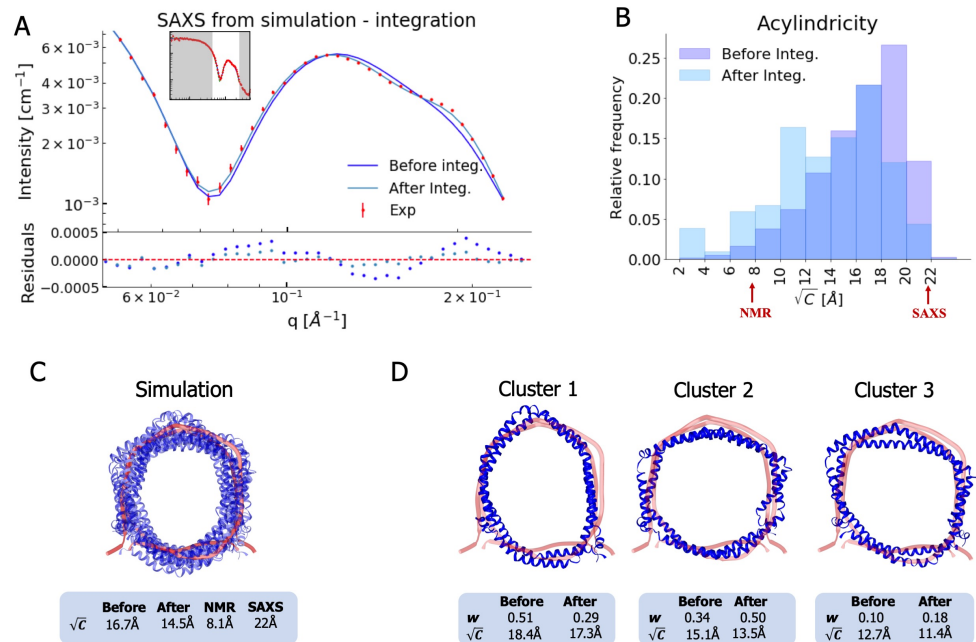


Figure 3. Integrating simulations and experiments. **A)** SAXS data calculated from the simulation before and after reweighting the ensemble using experimental data. Only the high q -range is shown as the discrepancy between simulation and experiments are mainly located here (for the entire q -range see Fig. 3 Supplement 1). Agreement with the NOEs before and after integration are likewise shown in Fig. 3 Supplement 2. **B)** Histogram of the acylindricity of the simulations (\sqrt{C}) both before integration (dark blue) and after integration (light blue). **C)** Visualization of the conformational ensemble showing structures sampled every 100 ns in cartoon representation (blue), the original NMR/EPR structure is shown in rope representation for comparison (red). The table below shows the acylindricity of the entire conformational ensemble before and after integration and compared to the original NMR/EPR (NMR) structure and the SAXS/SANS model fit. **D)** Weights and acylindricity of the three main clusters of the MD simulation (blue) before and after integration.

243 agreement to the EPR data. We thus proceed with our analysis of the structural features of Δ H5-
 244 DMPC using an ensemble of conformations that is based on integrating the MD simulations with
 245 both the SAXS and NOE experiments.

246 Analysis of the measured SAXS and SANS revealed an elliptical shape of the Δ H5-DMPC upon
 247 fitting of a single structure to the data. In contrast, the structure obtained by fitting the NMR/EPR
 248 data to a single structure gave rise to a more circular configuration. Combining the results of the
 249 two studies, we hypothesized that the nanodisc possesses underlying elliptical fluctuations with the
 250 major axis changing within the nanodisc. In such a system NMR and EPR measurements, which
 251 build on ensemble averaged information of specific atom-atom interactions, will give rise to an
 252 on-average circular structure. SAXS and SANS, on the contrary, which build on distributions of global
 253 distances rather than specific atom-atom distances, will not distinguish between the orientation
 254 of the major axis within the nanodisc and thus give rise to observations of an elliptical shape. By
 255 complementing the experiments with MD simulations we obtained an ensemble with structural
 256 features that support this hypothesis.

257 We thus quantified the degree of ellipticity in terms of an acylindricity parameter, C , defined as
 258 the difference between the x and y components of the gyration tensor (see Methods for details). C
 259 is thus a measure of how far from a perfect circular cylinder the shape is, and $C = 0$ corresponds
 260 to a circular shape. We calculated both the average and distribution of the acylindricity from the
 261 simulated ensemble both before and after reweighting against the experimental data (Fig. 3B and
 262 3C). In addition, we calculated the acylindricity of both the integrative NMR structure and from the
 263 structural model obtained from the SAXS and SANS measurements.

264 We find that the acylindricity decreased from $\sqrt{C} = 17 \text{ \AA}$ in the original MD simulation trajectory
 265 to $\sqrt{C} = 15 \text{ \AA}$ after integration of the NMR and SAXS data, showing that the experiments indeed
 266 affect the structural features. This value is in the middle of that obtained from the analytical
 267 geometric model fitted to the SAXS data ($\sqrt{C} = 22 \text{ \AA}$) and that of the integrative NMR/EPR structure
 268 ($\sqrt{C} = 8 \text{ \AA}$) (Bibow *et al.*, 2017). Thus, the acylindricity of the final, heterogenous ensemble lies
 269 between that of the two conformations that were fitted as single structures to fit either the NMR or
 270 SAXS data.

271 To understand better the elliptical shape of the Δ H5-DMPC nanodisc and the role played
 272 by reweighting against experiments, we calculated the average acylindricity for each cluster of
 273 conformations of Δ H5-DMPC both before and after integration with experimental data (Fig. 3D). We
 274 note that because our reweighting procedure acts on the individual conformations and not at the
 275 coarser level of clusters, the average acylindricity changes slightly for each cluster upon reweighting.
 276 Clusters 1 and 2, which together constitute about 80% of the conformational ensemble (both
 277 before and after reweighting), are both clusters with high acylindricity, but with almost orthogonal
 278 directions of the major axis in the elliptical structure. The major change after integration is the
 279 exchange in populations of the two clusters resulting in cluster 2 to be weighted highest, underlining
 280 the influence and importance of the integration. Thus, our MD simulations and the integration with
 281 the experiments support the hypothesis of underlying elliptical fluctuations with the major axis
 282 changing direction inside the nanodisc, and we note that the detailed molecular description of this
 283 was only possible by combining the MD simulations with both the SAXS and NMR data.

284 **Analyses of the lipid properties in nanodiscs**

285 Nanodiscs are often used as models for extended lipid bilayers, but the presence and interactions
 286 with the protein belt — and the observed shape fluctuations — could impact the properties of the
 287 lipid molecules in the nanodisc compared to a standard bilayer. Building on earlier experimental
 288 (Mörs *et al.*, 2013; Martinez *et al.*, 2017) and simulation work (Siuda and Tieleman, 2015; Debnath
 289 and Schäfer, 2015) work, we therefore used our experimentally-derived ensemble of nanodisc
 290 structures to investigate the properties of lipids in the small Δ H5-DMPC nanodisc, and compared
 291 them to those in a DMPC bilayer. Specifically, we calculated the thickness of the DMPC bilayer (Fig.
 292 4A) and the order parameters, S_{CH} , of the DMPC lipids (Fig. 4B,C).

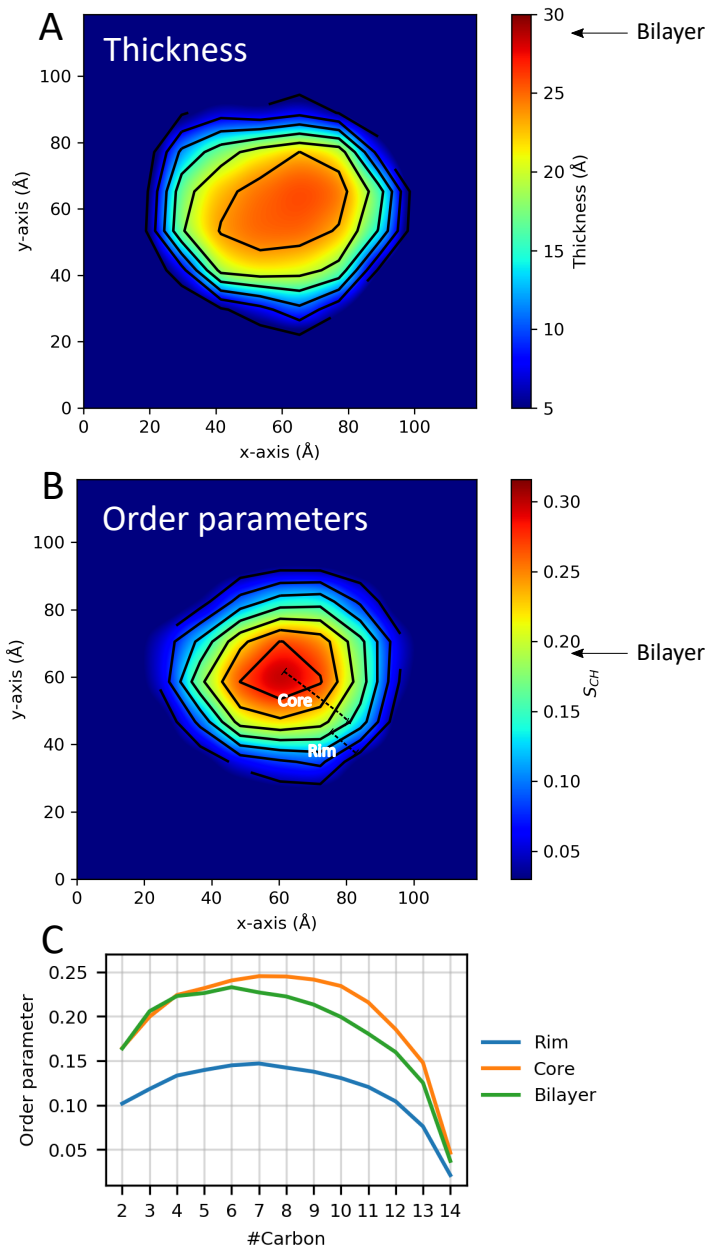


Figure 4. Lipid properties from simulations. 2D plots of the **(A)** thickness and **(B)** order parameters averaged over the ensemble and all C-H bonds in the two aliphatic tails of the DMPC lipids in the Δ H5 nanodisc. The core and rim zones are indicated in panel B. Arrows indicate the average value in simulations of a DMPC bilayer. **(C)** The order parameters as a function of carbon number in the lipid tails in the Δ H5-DMPC disc. The rim zone is defined as all lipids within 10 Å of the MSPs, while the core zone is all the lipids not within 10 Å of the MSPs.

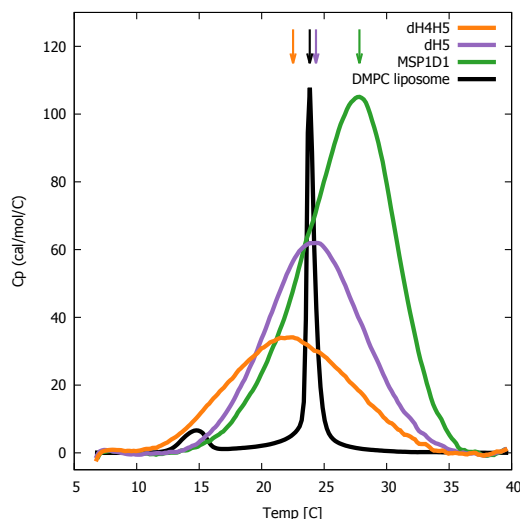


Figure 5. DSC analysis of lipid melting in nanodiscs. The three DMPC-filled nanodiscs studied, listed by increasing size, are Δ H4H5-DMPC (orange), Δ H5-DMPC (purple) and MSP1D1-DMPC (green). DSC data from plain DMPC-vesicles (black) are shown for comparison. Arrows indicates the temperature with maximal heat capacity. DSC data from the three nanodisc samples are normalized by DMPC concentration, while the data from the DMPC liposome is on an arbitrary scale.

293 As done previously (*Siuda and Tieleman, 2015; Debnath and Schäfer, 2015*), we subdivide the
 294 lipid area in the nanodisc into zones dependent on the distance from the MSP protein belts (above
 295 or below 10 Å). The results of both the thickness and order parameter analyses show the same trend:
 296 a clear difference between the lipids close to the protein belt and those more central in the
 297 nanodisc. The results illustrates that the DMPC lipid bilayer in the Δ H5 nanodiscs are not
 298 homogeneous but rather thinner and un-ordered near the protein belt and thicker and more
 299 ordered in the core of the nanodisc, which in turn is more similar to a pure bilayer (Fig. 4). These
 300 results are in line with previous simulation studies on the larger DMPC nanodiscs, MSP1, MSP1E1
 301 and MSP1E2 (*Siuda and Tieleman, 2015; Debnath and Schäfer, 2015*), albeit performed without
 302 experimental reweighting, as well as with solid state NMR data on the both Δ H5-DMPC and the
 303 larger MSP1-DMPC (*Mörs et al., 2013; Martinez et al., 2017*).

304 We proceeded by using DSC experiments on nanodiscs of different sizes to examine the impact
 305 of the differentiated lipid order in the core and rim of the nanodisc. Specifically, we examined the
 306 lipid melting transition of DMPC inside Δ H4H5, Δ H5 and the larger MSP1D1 nanodiscs, and used
 307 pure DMPC vesicles as reference. In line with earlier DSC experiments (*Shaw et al., 2004*), our results
 308 show that the melting transition peak broadens significantly in all three nanodisc systems compared
 309 to that of pure DMPC vesicles (Fig. 5). The broader melting transition is in line with the observed
 310 differentiated lipid ordering in nanodiscs from the reweighted simulations, as such differences
 311 in how ordered the lipids are necessarily will cause differences in the melting temperature and
 312 thus give rise to the broader peaks. Furthermore, the broadened peaks are in line with results
 313 observed in previous solid state NMR experiments which found an substantially broadened and
 314 diminished lipid gel-liquid phase transition in the Δ H5-DMPC nanodisc in the temperature range
 315 10-28 °C (*Martinez et al., 2017*). Our results show that the transition enthalpy per mole of DMPC,
 316 i.e. the area under the curves, increases with the nanodisc size, in line with previous observations
 317 for, respectively, DMPC and DPPC in MSP1D1 and in the larger MSP1E3D1 systems (*Denisov et al.,*
 318 *2005*), where it was proposed to be due to the absence of a cooperative melting transition of the
 319 lipids at the nanodisc rim (*Denisov et al., 2005*).

320 Interestingly, we observe that the maximum of the melting transition, T_M , depends on nanodisc
 321 belt and can fall both below and above the T_M of plain DMPC vesicles (24 °C). In the smallest Δ H4H5

322 nanodisc, the DMPC has a $T_M \approx 22.5$ °C. In $\Delta H5$ the DMPC has T_M at 24.5 °C which is close to that
323 of the DMPC vesicles, while the larger MSP1D1 nanodisc has a $T_M \approx 28$ °C. This T_M value is similar
324 to the value of 28.5 °C measured for DMPC melting in MSP1D1 by Denisov *et al.* (Denisov *et al.*,
325 2005), who in addition measured a T_M value of 27.5 °C in the even larger MSP1E3D1 discs.

326 Together our results are in line with previous NMR experiments (Martinez *et al.*, 2017), and
327 suggest that the state of the ordering of the lipids in the nanodiscs is inhomogeneous compared
328 to the DMPC vesicle, and that the behaviour of the lipids is modulated by their interaction with
329 the membrane scaffold proteins. Our results point towards a non-trivial effect of the DMPC-MSP
330 interactions. They can both destabilize DMPC in the gel-phase in the smaller nanodiscs ($\Delta H4H5$ -
331 DMPC) where the low area-to-rim ratio leads to the lower T_M compared to the DMPC vesicles,
332 but also stabilize the DMPC gel-phase in larger nanodiscs with larger area-to-rim ratios such as
333 MSP1D1-DMPC and MSP1E3D1-DMPC. Thus, when using nanodiscs as membrane mimics it is
334 relevant to keep in mind that the given lipid gel/liquid state might be affected. We also note that
335 even if lipids in larger discs are less perturbed than those in the smallest discs, introduction of
336 membrane proteins into the discs might in itself perturb the lipids in ways similar to the MSPs.

337 Conclusions

338 Lipid nanodiscs are versatile membrane mimetics with a wide potential for studies of the structure,
339 function and dynamics of membrane proteins. Despite their widespread use and numerous studies,
340 we still do not have a full and detailed understanding of the structural and dynamic features of
341 nanodiscs. This in turn limits our ability to interpret e.g. solution scattering experiments when
342 membrane proteins are embedded into such nanodiscs. In order to further our understanding
343 of the conformations and structural fluctuations of both the protein and lipid components in
344 nanodiscs, we have performed a series of biophysical experiments on DMPC-loaded $\Delta H5$ and
345 $\Delta H4H5$ nanodiscs.

346 Using SEC-SAXS and SEC-SANS measurements, we investigated the solution structure of the
347 $\Delta H4H5$ -DMPC and $\Delta H5$ -DMPC. Model-based analysis of this data showed an 'average' elliptical
348 shape of both nanodiscs. In contrast, a previously determined integrative NMR/EPR (Bibow *et al.*,
349 2017) method gave rise to a more circular average structure of the $\Delta H5$ nanodisc.

350 We reconcile these two apparently opposing views and provide a richer and more detailed view
351 of the nanodisc proteins and lipids and their dynamics by performing MD simulations. In particular,
352 we used a Bayesian/Maximum Entropy approach to integrate the MD simulations with the SAXS
353 and NMR data to uncover the existence of underlying fluctuations between elliptical shapes with
354 orthogonal major axes in consistency with both sources of data. We note that the NMR/EPR-derived
355 structure, and our MD simulations initiated from this structure, provide good agreement with the
356 SAXS data even without reweighting. Because our SAXS data are rather precise, however, we were
357 able to detect subtle deviations that enabled us to refine our model. An interesting avenue for
358 further analysis might be to use our structural ensembles to interpret electron microscopy data
359 of nanodiscs. Negative stain transmission electron microscopy of $\Delta H4H5$ appears to show discs
360 of different shapes (Bibow *et al.*, 2017), whereas class-averaged cryo-electron microscopy of a
361 membrane protein embedded in a different nanodisc appears more symmetric (Frauenfeld *et al.*,
362 2011). Direct comparisons between solution structures and electron microscopy data should also
363 take into account any possible changes in shape that might happen during the freezing process. We
364 have previously used contrast-variation to prepare specifically deuterated nanodiscs that become
365 invisible to neutrons in D_2O (Maric *et al.*, 2014). In the future it would be interesting to use a similar
366 strategy to study the belt proteins and lipids independently by matching out each component
367 separately.

368 In addition to studying the overall shape fluctuations, we also analysed the lipid structure
369 and dynamics in the nanodiscs, and find an inhomogeneous distribution. Specifically, we find
370 substantially perturbed lipid properties near the belt proteins, whereas the lipids more central in
371 the disc behaved more similar to those in a pure DMPC bilayer. We used DSC to investigate the

372 lipid melting transition in the small nanodiscs in comparison to the lipid vesicles and found that the
373 melting takes place over a much broader temperature range in the small nanodiscs. The observed
374 correlation between the size of the belt proteins and the lipid melting enthalpy give support to the
375 proposition (*Denisov et al., 2005*), that the arrangement of the lipids near the nanodisc rim must be
376 substantially perturbed. In particular, our results suggest that the belt proteins induces additional
377 disordered to the lipid tails near the rim.

378 Together, our results provide an integrated view of both the protein and lipid components
379 of nanodiscs. Approaches such as the one described here takes advantage of the increasing
380 possibilities for accurate NMR and scattering data in solution, improved computational models for
381 lipid bilayers as well as new approaches to integrate experiments and simulations. In this way, our
382 study exemplifies how integrating multiple biophysical experiments and simulations may lead to
383 new insight into a complex system and paves the way for future studies of membrane proteins
384 inside nanodiscs.

385 **Materials and Methods**

386 **Expression of Membrane Scaffold Protein (MSP) variants**

387 We used previously reported constructs for Δ H4H5, Δ H5 and MSP1D1 (*Hagn et al., 2013; Ritchie*
388 *et al., 2009*). We expressed and purified the proteins as previously described (*Ritchie et al., 2009*),
389 with minor modifications to the purification protocol: The cells were opened in lysis buffer contain-
390 ing 50 mM Tris/HCl pH 8.0, 300 mM NaCl, 1% Triton X-100 and 6 M GuHCl by vigorous shaking for
391 15 min. Insoluble material was subsequently removed by centrifugation at 18,000 rpm for 1 hour
392 using an SS-34 rotor. The supernatant was loaded on Ni-NTA resin pre-equilibrated in lysis buffer
393 and washed extensively with the same buffer. Extensive washes using lysis buffer without GuHCl
394 and subsequently wash buffer containing 50 mM Tris/HCl pH 8.0, 300 mM NaCl, 20 mM Imidazole
395 and 50 mM Cholate was performed in order to remove GuHCl and Triton X-100. Protein was eluded
396 in buffer containing 50 mM Tris/HCl pH 8.0, 300 mM NaCl, 500 mM Imidazole, concentrated, flash
397 frozen and stored at -80 °C until further use. Cleavage of the TEV-site was performed by addition of
398 1:20 TEV protease, and dialysing at room temperature for 6–12 hours against 20 mM TrisHCl pH 8,
399 100 mM NaCl, 0.5 mM EDTA, 1 mM DTT. TEV protease and any un-cleaved MSP was removed by
400 passing the solution over Ni-NTA resin again.

401 **Reconstitution of Δ H5-DMPC and Δ H4H5-DMPC Nanodiscs**

402 Before assembly, the DMPC lipids (Avanti Polar Lipids) were suspended in a buffer containing
403 100 mM NaCl, 20 mM Tris/HCl pH 7.5, and 100 mM sodium cholate detergent to a final lipid
404 concentration of 50 mM. We determined optimal reconstitution ratios between the DMPC lipids and
405 the Δ H5 and Δ H4H5 by first mixing the lipid and MSP stock solutions at a series of different molar
406 concentration ratios in the range from 1:9 to 1:80 depending on the MSP type (Fig. 1 Supplement 1).
407 In all samples, cholate was removed after mixing by addition of an excess amount of Amberlite
408 detergent absorbing beads to start the assembly of the nanodiscs. The samples were left in a
409 thermomixer for 4 h at 28 °C and the Amberlite was removed by centrifugation at 5000 rpm.
410 Purification was performed using size exclusion chromatography (SEC) on an Äkta purifier (FPLC)
411 system with a Superdex200 10/300 column from (GE Healthcare Life Science; S200). We found
412 that reconstitution ratios of 1:33 for Δ H4H5:DMPC and 1:50 for Δ H5:DMPC resulted in a single and
413 relatively narrow symmetric peak, in good agreement with the previously reported ratios of 1:20 for
414 Δ H4H5:DMPC and 1:50 for Δ H5:DMPC (*Hagn et al., 2013*). More narrow and well-defined SEC-peaks
415 were obtained if the reconstitution took place at or above the melting temperature, T_M , of DMPC at
416 24 °C (*Ritchie et al., 2009*).

417 **Differential Scanning Calorimetry (DSC)**

418 The measurements were performed on a VP-DSC (MicroCal) using a constant pressure of 1.7 bar
419 (25 psi) and a scan rate of 1 °C/min between 6 °C and 40 °C. All samples had been purified in

420 PBS buffer prior to the measurement. We used the Origin instrument software for background
421 subtraction and baseline correction using a 'Cubic Connect' baseline correction. Finally, the data
422 were normalized by the lipid concentration of the individual samples.

423 SEC-SANS

424 SEC-SANS was performed at the D22 small-angle scattering diffractometer at the ILL, Grenoble,
425 France using a recently developed SEC-SANS setup (*Jordan et al., 2016; Johansen et al., 2018*).
426 Briefly, the setup was as follows: the *in situ* SEC was done using a modular HPLC system (Serlabo)
427 equipped with a Superdex200 10/300 GL gel filtration column (GE) with a void volume of approxi-
428 mately 7.5 ml and a flow rate of 0.25 ml/min. The SmartLine 2600 diode-array spectrophotometer
429 (Knauer) was connected via optic fibers either to an optic cell of 3 mm path length placed at the
430 outlet of the chromatography column, enabling the simultaneous recording of chromatograms at
431 four different wavelengths, including 280 nm which we used for the concentration determination.
432 All components of the HPLC setup including buffers and the column were placed in a closed cabinet
433 connected to an air-cooling system set to 10 °C to control the temperature of the sample. Before
434 measurements, we equilibrated the column in a D₂O-based buffer, and the buffer in the sample
435 was exchanged to a D₂O-based buffer using an illustra NAP-25 gravity flow column (GE). The D₂O
436 buffer contained 20 mM Tris/DCl pH 7.5 and 100 mM NaCl.

437 The experiments were carried out with a nominal neutron wavelength, λ , of 6.0 Å and a wave-
438 length distribution, $\Delta\lambda/\lambda = 10\%$ FWHM, a rectangular collimation of 40 mm × 55 mm and a
439 rectangular sample aperture of 7 mm × 10 mm. The distance of the sample-detector used for
440 the characterization of the nanodiscs was 5.6 m (with collimation of 5.6 m), covering a momen-
441 tum transfer range, q , of 0.0087 Å⁻¹ to 0.17 Å⁻¹, with $q = 4\pi \sin(\theta)/\lambda$, where θ is half the an-
442 gle between the incoming and the scattered neutrons. Measured intensities were binned into
443 30 s frames. Sample transmission was approximated by the buffer measured at the sample-
444 detector distance of 11.2 m. The measured intensity was brought to absolute scale in units
445 of scattering cross section per unit volume (cm⁻¹) using direct beam flux measured for each
446 collimation prior to the experiment. Data reduction was performed using the GRASP software
447 (<https://www.ill.eu/fr/users-en/scientific-groups/large-scale-structures/grasp/>). The SANS data app-
448 propriate for buffer subtraction was identified based on when the 280 nm absorption during the
449 SEC curve showed no trace of protein.

450 SEC-SAXS

451 SEC-SAXS was performed at the BioSAXS instrument at BM29 at the ESRF, Grenoble, France (*Pernot*
452 *et al., 2013*). Briefly, the setup at BM29 included an HPLC controlled separately from the SAXS
453 measurement, coupled to a UV-Vis array spectrophotometer collecting absorption from 190 nm
454 to 800 nm. Data were collected with a wavelength of 0.9919 Å using a sample-detector distance
455 of 2.87 m which provided scattering momentum transfers ranging from 0.003 Å⁻¹ to 0.49 Å⁻¹.
456 The capillary was cooled to 10 °C, however, the HPLC including the SEC-column was placed at
457 ambient temperature. Size exclusion chromatography was performed using the same column as
458 for SEC-SANS and equivalent H₂O-based buffer. A flow rate of 0.5 ml/min was used. Data reduction
459 was carried out using the in-house software, and subsequent conversion to absolute units was
460 done with water as calibration standard (*Orthaber et al., 2000*). The 1 s frames recorded were
461 subsequently averaged in 10 s bins.

462 Standard solution SAXS

463 Standard solution SAXS data were obtained at the P12 beamline at the PETRA III storage ring in
464 Hamburg, Germany (*Blanchet et al., 2015*) using a wavelength of 1.24 Å, a sample-detector distance
465 of 3 m, providing a momentum transfers covering from 0.0026 Å⁻¹ to 0.498 Å⁻¹ and a variable
466 temperature in the exposure unit. 20 exposures of 0.045 seconds were averaged, background
467 subtracted and normalized to absolute scale units (cm⁻¹) using Bovine Serum Albumin, BSA as

468 calibration standard by the available software at the beamline. The measurements were performed
469 at both 10 °C and 30 °C.

470 SAXS and SANS data analysis

471 The output of the SAXS and SANS experiments were small-angle scattering data in terms of absolute
472 intensities $I(q)$. $I(q)$ was transformed into the pair distance distribution function, $p(r)$, by indirect
473 Fourier transformations using BayesApp (Hansen, 2014). Further SAXS/SANS modelling was carried
474 out using our previously developed WillItFit software (Pedersen et al., 2013) ([https://sourceforge.net/
475 projects/willitfit/](https://sourceforge.net/projects/willitfit/)). The applied structural models (see further description below) are an adaptation of
476 similar models previously developed to analyse SAXS and SANS data from MSP1D1 nanodiscs (Skar-
477 Gislunge et al., 2010; Skar-Gislunge and Arleth, 2011). Briefly, the model describes the nanodiscs
478 as coarse-grained elliptical shapes and is based on analytical form factors (Pedersen, 1997; Skar-
479 Gislunge et al., 2010; Skar-Gislunge and Arleth, 2011). The ellipticity, in terms of the axis ratio of the
480 embedded bilayer patch is allowed to vary in the fit and can also take the size of unity corresponding
481 to a circular disc. The model is fitted on absolute scale and utilizes information on the composition of
482 the protein belt and lipids, and the molecular volumes, v , of the DMPC lipids and the different belts
483 with/without His-tag. These are taken to be $v_{DMPC} = 1085 \text{ \AA}^{-3}$, $v_{\Delta H4H5} = 20349 \text{ \AA}^{-3}$, $v_{\Delta H4H5} = 24298 \text{ \AA}^{-3}$,
484 $v_{His} = 3142 \text{ \AA}^{-3}$. The X-ray and neutron scattering lengths of the different components are calculated
485 from their chemical composition.

486 Apart from the parameters listed in Table 1, the model also fits a small constant background
487 added to the model, and includes a term accounting for interface roughness, fixed to 2 Å in the
488 present analysis, and where relevant, a Gaussian random coil description of the linked TEV-His-tag
489 with $R_G = 12.7 \text{ \AA}$ consistent with the assumption that the 23 amino acids of the tag are in a fully
490 disordered state (Kohn et al., 2004). As our measurements are on a calibrated absolute intensity
491 scale, we can compare the observed intensities with those expected from the composition of the
492 sample. Both the SAXS and SANS data had to be re-scaled by a constant close to unity to fit the
493 data (Table 1), but in the case of the $\Delta H4H5$ -DMPC SANS data, the scaling constant (1.7 ± 0.5) was
494 larger than expected, most likely the result of a less accurate protein concentration determination
495 for this system.

496 MD simulations

497 We initiated our MD simulations from the first model in PDB ID 2N5E (Bibow et al., 2017). A total
498 of 50 pre-equilibrated DMPC lipids (Domański et al., 2010; Dickson et al., 2012) were inserted into
499 each monolayer inside the protein belt. The number of lipids was chosen from the measured
500 optimal reconstitution ratio, and in accordance with the reconstitution ratio used in the experiments
501 for the NMR structure (Bibow et al., 2017) as well as obtained from our fit of the geometric model to
502 the SAXS and SANS data. The MD simulations were performed using GROMACS 5.0.7 (Pronk et al.,
503 2013; Abraham et al., 2015) and the CHARMM36m force field (Huang et al., 2016). The system was
504 solvated in a cubic box and neutralized by addition of Na^+ counter ions followed by a minimization
505 of the solvent. Equilibration was performed in 6 steps following the protocol from CHARMM-GUI
506 (Lee et al., 2016) with slow decrease in the positional restraint forces on both lipids and protein. The
507 volume of the box was then equilibrated in the NPT ensemble at 303.15 K and 1 bar giving a final
508 box with side lengths 13.2 nm. The production run was performed in the NVT ensemble at 303.15 K
509 (above the phase transition of the DMPC lipids) using the stochastic velocity rescaling thermostat
510 (Bussi et al., 2007), 2 fs time steps and the LINCS algorithm to constrain bonds. We performed
511 two production runs (lengths 600 ns and 595 ns) starting from the same equilibrated structure.
512 We concatenated these two MD simulations into a single trajectory, which then represents our
513 sample of the dynamics of the system. We clustered the conformations from the simulations (one
514 structure extracted for every nanosecond) with the RMSD based Quality Threshold method (Heyer
515 et al., 1999; Melvin et al., 2016) using C_α atoms only and with a cluster diameter cutoff of 0.58 nm;
516 this resulted in six clusters. We also performed a 50ns-long simulation of a pure DMPC bilayer.

517 The simulation parameters were the same as for the nanodisc system apart from using the NPT
518 ensemble and anisotropic pressure control.

519 **Calculating SAXS and SANS from simulations**

520 We performed SAXS calculations using both CRY SOL (*Svergun et al., 1995*) and FOXS (*Schneidman-*
521 *Duhovny et al., 2013, 2016*) on structures extracted every 1 ns from the simulations and for the
522 q -range from 0.0 \AA^{-1} to 0.25 \AA^{-1} . Most of the the overall structural information is contained within
523 this q -range, and the calculations of SAXS intensities from the structures are also less accurate in
524 the wide-angle regime. We used standard solution SAXS data experimental recorded at $30 \text{ }^\circ\text{C}$ on
525 the $\Delta\text{H5-DMPC}$ (without His-TEV-tags) to compare to our simulations, as this setup is most similar
526 to that used to derive the NMR/EPR structure. The SAXS profile of the NMR/EPR structure was
527 calculated by adding DMPC lipids to the first model of the PDB entry and subsequent equilibration
528 of the lipids by MD (fixing the protein), and then using FOXS to back-calculate the SAXS.

529 Both CRY SOL and FOXS are implicit solvent methods that use fitting parameters to take into
530 account the buffer subtraction and the solvation layer around the solute. The programs auto-
531 matically optimize these parameters by fitting to experimental data for each input frame, but
532 applying this approach to many frames in a molecular dynamics trajectory could lead to over-fitting.
533 Instead, we calculated the average of each fitted parameter over the trajectory and re-calculate the
534 SAXS with the parameters fixed to this average. FOXS has two parameters, $c1$ (scaling of atomic
535 radius for adjustment of excluded volume) and $c2$ (solvation layer adjustment) which, after the
536 fitting, are set to small intervals around the averages [$1.01 : 1.02$] and [$-0.148 : -0.140$], respectively.
537 Narrow intervals are used as the program only takes an interval for the parameters. CRY SOL's fitting
538 parameters dro (Optimal hydration shell contrast), Ra (Optimal atomic group radius) and $ExVol$
539 (relative background) are set to [$0.0090 : 0.0098$], [$1.72 : 1.76$] and [$162300 : 162320$], respectively.
540 Both CRY SOL and FOXS calculations were performed with hydrogens explicitly included in order
541 to limit artifacts from the excluded volume parameter settings, i.e. buffer subtraction, that is
542 suspected to arise from the lipid tails (*Chen and Hub, 2015*). For CRY SOL the additional settings
543 Maximum order of harmonics was set to 50, the Order of Fibonacci grid to 18 while the Electron
544 density of the solvent was set to $0.334 e/\text{Å}^3$.

545 SANS calculations were performed using CRYSON (*Svergun et al., 1998*) setting the maximum
546 order of harmonics to 50, the order of the Fibonacci grid to 18 and the fraction of D_2O in solution
547 to 1.0 in accordance with the experimental measurements. The experimental SANS data were
548 measured on a His-TEV tagged nanodisc. For comparison, we used the simulation frames and
549 added His-TEV tags computationally by extracting conformations from our simulation (w/o His-tags)
550 every 1 ns and attaching a random His-tag structure generated from Flexible Meccano (*Ozenne*
551 *et al., 2012*) and Pulchra (*Rotkiewicz, P; Skolnick, 2008*) from a pool of 10000 structures to the tails
552 of the nanodisc. If there we detected any clash of the attached His-TEV-tag structure with the protein
553 belt or lipids of the nanodisc or with the second His-TEV-tag, the His-TEV-tag was discarded and a
554 new random structure from the pool was attached. By sampling randomly from a pool of 10.000
555 His-tag structures together with having in total 1195 frames from the simulation of the nanodisc
556 (1ns per frame) we assume that the His-TEV-tags represents a sufficiently realistic distribution to
557 model the impact on the SANS data.

558 **Comparing simulations to NOEs**

559 We calculated distances corresponding to the experimentally observed NOEs on structures extracted
560 every 1 ns from the simulations. To compare with the experimental distances, available as upper
561 bounds, we averaged the distances, R , between the respective atoms (or the geometric center for
562 pseudo atoms) as $\langle R^{-3} \rangle^{-1/3}$ (*Tropp, 1980*). When calculating χ^2 for validation we only include those
563 distances where this average exceeded the experimentally-determined upper-bounds.

564 Calculating EPR and PRE data from simulations

565 We used a previously developed rotamer library for MTSL spin-label probes (*Polyhach et al., 2011*;
566 *Klose et al., 2012*) to calculate both EPR and PRE data using the DEER-PREdict software (<https://github.com/KULL-Centre/DEERpredict>). In the case of the EPR DEER data, we calculated the
567 distance distribution of spin-label probes and compared to those estimated from experiments
568 (*Bibow et al., 2017*). For the NMR data we used a Model Free approach to calculate the PREs
569 (*Iwahara et al., 2004*) and estimated intensity ratios as previously described (*Battiste and Wagner,*
570 *2000*) using $R_{2,dia} = 60s^{-1}$, $\tau_c = 34ns$, $\tau_i = 1ns$ and an INEPT delay of 10 ms.

572 Integrating experiments and simulations

573 We used a Bayesian/maximum entropy approach (*Róycki et al., 2011*; *Hummer and Köfinger, 2015*;
574 *Bottaro et al., 2018b*), as implemented in the BME software (*Bottaro et al., 2018a*) (github.com/KULL-Centre/BME), to integrate the molecular simulations with the SAXS and NMR experiments.
575 The name originates from the two equivalent approaches, Bayesian and Maximum Entropy en-
576 semble refinement, which are equivalent when the errors are modelled as Gaussians (*Hummer*
577 *and Köfinger, 2015*; *Cesari et al., 2016*; *Bottaro et al., 2018a*). We here provide a brief overview of
578 the approach and refer the reader to recent papers for more details (*Hummer and Köfinger, 2015*;
579 *Cesari et al., 2016*; *Bottaro et al., 2018a*; *Orioli et al., 2020*).

580 Given that our MD simulations provide a good, but non-perfect, agreement with experiments
581 the goal is to find an improved description of the nanodisc that simultaneously satisfies two
582 criteria: (i) the new ensemble should match the data better than the original MD ensemble and
583 (ii) the new ensemble should be a minimal perturbation of that obtained in our simulations with
584 the CHARMM36m force field in accordance with the maximum entropy principle. In a Bayesian
585 formulation, the MD simulation is treated as a *prior* distribution and we seek a *posterior* that
586 improves agreement with experiments. This may be achieved by changing the weight, w_j , of
587 each conformation in the MD-derived ensemble by minimizing the negative log-likelihood function
588 (*Hummer and Köfinger, 2015*; *Bottaro et al., 2018a*):

$$\mathcal{L}(w_1 \dots w_n) = \frac{m}{2} \chi_r^2(w_1 \dots w_n) - \theta S_{rel}(w_1 \dots w_n). \quad (1)$$

590 Here, the reduced χ_r^2 quantifies the agreement between the experimental data (F_i^{EXP}) and the
591 corresponding ensemble values, ($F(\mathbf{x})$), calculated from the weighted conformers (\mathbf{x}):

$$\chi_r^2(w_1 \dots w_n) = \frac{1}{m} \sum_i \frac{(\sum_j^n w_j F_i(\mathbf{x}_j) - F_i^{EXP})^2}{\sigma_i^2}. \quad (2)$$

592 The second term contains the relative entropy, S_{rel} , which measures the deviation between the
593 original ensemble (with initial weights w_j^0 that are uniform in the case of a standard MD simulation)
594 and the reweighted ensemble $S_{rel} = -\sum_j^n w_j \log\left(\frac{w_j}{w_j^0}\right)$. The temperature-like parameter θ tunes
595 the balance between fitting the data accurately (low χ_r^2) and not deviating too much from the
596 prior (low S_{rel}). It is a hyperparameter that needs to be determined (Fig. 3 Supplement 3). In
597 practice it turns out that minimizing \mathcal{L} can be done efficiently by finding Lagrange multipliers
598 in an equivalent Maximum Entropy formalism and we refer the reader to previous papers for a
599 full description and discussion of the approaches including how to determine θ (*Hummer and*
600 *Köfinger, 2015*; *Cesari et al., 2016*; *Bottaro et al., 2018a*). The weights from the BME analysis,
601 the MD simulations as well as the various data that we analysed are available online at <https://github.com/KULL-Centre/papers/tree/master/2020/nanodisc-bengtson-et-al>.
602

603 Acylindricity

604 In order to quantify how 'elliptical' the different nanodisc conformations are, we calculated the
605 square root of the acylindricity, \sqrt{C} , where the acylindricity is defined from the principal components
606 of the gyration tensor as $C := \lambda_x^2 - \lambda_y^2$, where the z-axis is orthogonal to the membrane and has the

607 smallest principal component. In our calculations we included only the protein backbone atoms
 608 (excluding also the flexible tails from residues 55-63). This choice also makes it possible to compare
 609 with a similar calculation from the geometric model fitted from the SAXS and SANS data where the
 610 acylindricity was calculated using the major and minor axes from the geometric fit.

611 Lipid properties

612 We calculated the bilayer thickness and lipid order parameters for both the nanodisc and a simu-
 613 lated DMPC lipid bilayer. The values obtained for the nanodisc were from the reweighted ensemble
 614 every 1 ns. We defined the bilayer thickness as the minimum distance along the bilayer normal be-
 615 tween two phosphate headgroup pairs in the two leaflets. The headgroup pairs were identified and
 616 saved for each leaflet, top and bottom, along with the corresponding thickness and xy-coordinates.
 617 The pairs were further distributed unto a 6×6 grid in the xy-plane with each bin corresponding to 22
 618 Å for both the top and bottom leaflet. An averaged grid was then obtained from the two grids of the
 619 leaflets. The order parameters S_{CH} were calculated as (Piggot *et al.*, 2017): $S_{CH} = \frac{1}{2}(3\cos^2\theta - 1)$,
 620 where θ is the angle between the C-H bond and the bilayer normal. The order parameters were
 621 calculated for each lipid and each carbon along the two lipid tails every 1 ns. The values were
 622 further averaged across the two lipid tails before distributed unto a 6×6 grid. An average across
 623 frames and lipids were then obtained for each bin. In order to study the profile of the lipid tails, an
 624 average across frames, lipids, and tails were likewise obtained. Parameters were calculated from
 625 the simulations of the DMPC bilayer in the same way.

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 632 Danish Council for Independent Research in Technology and Production (B.S.).

633 Captions for supporting figures

634 Fig. 1 Supplement 1

635 **SEC analysis of the reconstitution of $\Delta H4H5$ and $\Delta H5$ nanodiscs with DMPC. A)** $\Delta H4H5$ with DMPC
 636 at variable molar ratios of DMPC to $\Delta H4H5$ with the molar stoichiometry indicated in the plot. **B)** $\Delta H5$
 637 with DMPC at variable molar ratios of DMPC to $\Delta H4H5$. In both plots, a reconstitution of MSP1D1:DMPC
 638 is inserted as reference (black line). The SEC analysis is performed using a GE Healthcare Life Science
 639 Superdex 200 10/300 GL column.

640 Fig. 1 Supplement 2

641 **Model-based interpretation of the SAXS/SANS data on DMPC based nanodiscs obtained under**
 642 **different conditions. Top left)** SAXS data from $\Delta H5\Delta His$ (i.e. $\Delta H5$ with removed his-tags) obtained at
 643 30°C (red) and 10°C (blue). Experimental data (points) and model fits (full lines). **Top right)** His-tagged
 644 $\Delta H5$ -DMPC nanodiscs measured at 10°C with SEC-SAXS (dark violet) and SEC-SANS (light violet). Data
 645 were fitted with the analytical model for nanodiscs with elliptical cross-section (see description in main
 646 article). **Bottom)** Table with the parameter values of the shown best model fits for the different samples.
 647 In all cases, i.e. with/without His-tag and below and above the DMPC melting temperature, we found an
 648 axis ratio of the formed discs different from unity (between 1.2 and 1.4). Hence neither the variation
 649 of temperature nor the removal of the His-tag affects the overall conclusion that the elliptically-shaped
 650 nanodiscs describe the obtained small-angle scattering data.

651 Fig. 1 Supplement 3

652 **Varying the axis ratio in the model.** We repeated the parameterization of the coarse-grained model by
653 scanning a range of fixed values of the axis ratio and refitted the remaining parameters to optimize the
654 fit. A: Comparison between experimental SAXS data and those calculated from the model with different
655 values of the axis ratio (AR). B: Quantification of the agreement between experiment and model. C and D
656 show zoom ins on regions highlighted in A.

657 Fig. 1 Supplement 4

658 **Introducing polydispersity in the model.** We implemented a model for the nanodiscs that included
659 a normally distributed dispersity around the average number of embedded lipids, where the width of the
660 Gaussian was defined by its relative standard deviation in the number of embedded lipids, σ_{lip} , and
661 truncated the Gaussian at $\pm 3\sigma_{lip}$. An upper hard limit for the number of lipids in the distribution was
662 furthermore defined by the value that yielded circular and hence fully loaded discs. A lower hard limit was
663 defined by the value that yielded discs with axis ratios exceeding 2. A: Comparison between experimental
664 SAXS data and those calculated from the model with different values of σ_{lip} , with $\sigma_{lip} = 10^{-4}$ representing
665 a monodisperse system. B: Quantification of the agreement between experiment and model. C and D
666 show zoom ins on regions highlighted in A.

667 Fig. 2 Supplement 1

668 **Comparing simulations with SAXS data.** This figure is an expanded version of that in the main text,
669 which shows only part of the q -range (marked in white).

670 Fig. 2 Supplement 2

671 **HN-NOE.** Comparison of average distances from simulations (blue) to upper-bound distance measure-
672 ments (red) between HN-NOEs.

673 Fig. 2 Supplement 3

674 **Example of a His-tagged nanodisc used for SANS calculations.**

675 Fig. 2 Supplement 4

676 **Comparing MD simulations with SANS data.**

677 Fig. 2 Supplement 5

678 **Comparing MD simulations with PRE data.** Each panel corresponds a different probe position as
679 indicated by the labels. We show the experimental values (black), those calculated from the structure
680 determined using these and other data (grey) and our MD simulations both before (blue) and after (red)
681 reweighting. For many probe positions and residues, the values calculated from the PDB structure and
682 our simulations are very similar, so that the coloured lines appear hidden beneath the grey line.

683 Fig. 2 Supplement 6

684 **Comparing MD simulations with EPR data.** Each panel corresponds a different probe position as indi-
685 cated by the labels. We show the distance distributions estimated from the experimental measurements
686 (black), and compare to those calculated from the structure determined using these and other data (grey)
687 and our MD simulations both before (blue) and after (red) reweighting.

688 Fig. 3 Supplement 1

689 **Comparison of the experimental SAXS data from simulation before and after integration.** This
690 figure is an expanded version of that in the main text and shows agreement with the simulation after
691 reweighting. SAXS data were calculated using FOXS.

692 **Fig. 3 Supplement 2**
 693 **NOEs from simulation before and after reweighting.**

694 **Fig. 3 Supplement 3**
 695 **Determination of θ .** θ is a hyperparameter that tunes the balance between fitting the data accurately
 696 (low χ_r^2) and not deviating too much from the prior (low S_{rel}) thereby avoiding overfitting. It is here
 697 determined by plotting S_{rel} vs χ_r^2 and selecting a value of θ near the natural kink and at a step where a
 698 similar decrease in χ_r^2 gives rise to a much lower S_{rel} , indicating that we cannot fit the to the experiments
 699 further without a risk of overfitting. The value of θ that produce the given (S_{rel}, χ_r^2) is annotated above the
 700 given point together with a measure of the effective number of frames used from the original simulation
 701 this gives rise to. Red dot marks the chosen θ .

702 **Fig. 3 Supplement 4**
 703 **Combining experiments and simulations.** Similar analysis to the main text, but with the methyl- and
 704 HN-NOEs integrated individually. As can be seen, the methyl-NOE distances have a larger impact, likely
 705 due to the longer distances measured in methyl-NOE whereas the HN-NOEs mainly report on distances
 706 between atom pairs of 4 residues or less apart in the sequences and, thus, likely mainly on the helical
 707 secondary structure.

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