

## Improving the aging of the neck: combined treatments

Persechino F<sup>1</sup>, Farnetani F<sup>1</sup>, Mandel VD<sup>1</sup>, Pellacani G<sup>1</sup>, Urtis GG<sup>2</sup>, Guida S<sup>1</sup>

<sup>1</sup>Dipartimento di Dermatologia, Università di Modena and Reggio Emilia, Modena, Italia;

<sup>2</sup>Dr Urtis Clinic, Milano-Roma, Italia.

### INTRODUCTION, OBJECTIVES, PURPOSE OF THE STUDY

*The request for less aggressive procedures to treat skin laxity of face and neck is increasing. Only a few approaches are available for aesthetic treatments of the neck. Several factors are known to be involved in aging process: skin laxity and photodamage, fat tissue deposition, variation of muscle tone.*

### MATERIALS AND METHODS

*Clinical evaluation of the patient. Classification and selection of the patient and targeted therapies: from microbotox, bio-stimulation, high intensity focused ultrasound to traction thread.*

*Inclusion criteria: people aged >18 years old; moderate skin laxity and horizontal wrinkles of the neck.*

*Exclusion criteria: severe diseases; skin laxity showing a high grade of severity and severe fat tissue deposition.*

*Different treatments in multiple sessions.*

*Controls at  $T_0 + T_{30} + T_{90}$*

*Measurement and analysis: standard digital photo.*

*Evaluation of results and satisfaction of patients.*

### RESULTS

*The targeted approach focused on the correction of specific expressions of the ageing of the neck, showing a variable grading, is effective. The association of target therapy results to satisfy patient expectations.*

### CONCLUSIONS

*In the field of aesthetic medicine we have available various techniques such as microbotox, bio-stimulation, high intensity focused ultrasound and traction thread. One treatment does not exclude the others. The combination of the two treatment it is possible to optimize the results.*

*The targeted treatment and an appropriate selection of patients are essential to reach satisfactory results in the treatment of imperfections related to the process of ageing of the neck.*