

HOKKAIDO UNIVERSITY

Title	Novel Fluorescence-Based Method To Characterize the Antioxidative Effects of Food Metabolites on Lipid Droplets in Cultured Hepatocytes
Author(s)	Tsukui, Takayuki; Chen, Zhen; Fuda, Hirotoshi; Furukawa, Takayuki; Oura, Kotaro; Sakurai, Toshihiro; Hui, Shu-Ping; Chiba, Hitoshi
Citation	Journal of Agricultural and Food Chemistry, 67(35), 9934-9941 https://doi.org/10.1021/acs.jafc.9b02081
Issue Date	2019-08-11
Doc URL	http://hdl.handle.net/2115/79057
Rights	This document is the Accepted Manuscript version of a Published Work that appeared in final form in J. Agric. Food Chem., copyright © American Chemical Society after peer review and technical editing by the publisher. To access the final edited and published work see https://pubs.acs.org/doi/10.1021/acs.jafc.9b02081.
Туре	article (author version)
File Information	2019_67(35).pdf



Hokkaido University Collection of Scholarly and Academic Papers : HUSCAP

1	Novel fluorescence-based method to characterize the antioxidative
2	effects of food metabolites on lipid droplets in cultured hepatocytes
3	
4	Takayuki Tsukui ¹ , Zhen Chen ² , Hirotoshi Fuda ² , Takayuki Furukawa ² , Kotaro Oura ² ,
5	Toshihiro Sakurai ² , Shu-Ping Hui ^{2*} , Hitoshi Chiba ¹
6	
7	1. Department of Nutrition, Sapporo University of Health Sciences, Nakanuma
8	Nishi-4-3-1-15, Higashi-ku, Sapporo 007-0894, Japan
9	2. Faculty of Health Sciences, Hokkaido University, Kita-12, Nishi-5, Kita-ku,
10	Sapporo 060-0812, Japan
11	
12	* Correspondence: Shu-Ping Hui. Faculty of Health Sciences, Hokkaido University,
13	Kita-12, Nishi-5, Kita-ku, Sapporo 060-0812, Japan. E-mail: keino@hs.hokudai.ac.jp,
14	Tel. & Fax: +81-11-706-3693.
15	
16	

1

17 Abstract

18 A fluorescence microscopic method for characterizing size, quantity, and oxidation of 19 lipid droplets (LDs) in HepG2 cells was developed. LDs were induced by palmitic (PA), 20 oleic (OA), or linoleic acids (LA), and stained with two fluorescent probes for neutral 21 lipids and lipid peroxides. Each fatty acid increased the number of LDs and oxidized LDs 22 (oxLDs) and the degree of LD oxidation time-dependently, as well as increased 23 intracellular triglyceride hydroperoxides. LDs induced by LA without AAPH showed the most significant oxidation degree over PA and OA, especially in large LDs (area $\geq 3 \,\mu m^2$, 24 25 $oxLD/LD = 52.3 \pm 21.7\%$). Under this condition, two food-derived antioxidants were 26 evaluated, and both of them significantly improved the LD characteristics. Moreover, 27 chlorogenic acid reduced the quantity of large LDs by 74.0%-87.6% dose-dependently. 28 The proposed method might provide a new approach to evaluate the effect of dietary 29 antioxidants.

30

31 Keywords

Lipid droplet (LD), fluorescence microscopy, antioxidant, lipid oxidation, non alcoholic fatty liver disease (NAFLD)

34 **1. Introduction**

35 Lipid droplets (LDs) are usually filled with triglyceride (TG) as their hydrophobic cores, and enclosed by a phospholipid monolayer as their hydrophilic shell, which mainly 36 consists of phosphatidylcholine (PC).¹ It is known that LDs are induced by the 37 accumulation of TG in the bilayer membrane of the endoplasmic reticulum.² LDs can 38 39 grow by fusion, ester translocation, and neosynthesis in situ,³⁻⁵ resulting in a variety of 40 size distribution. Conventionally, LDs were recognized just as the inert storage for energy. 41 However, in recent years they have been uncovered to be a highly dynamic organelle that plays a central role in lipid and energy homeostasis.^{6,7} 42 43 In the current researches, the LD imaging by oil red O staining is generally used for lipid accumulation measurement,⁸ but the available information is rather limited. A very 44 recent study by Zhao et al. analyzed the profiling of PCs and TGs in the LD of HepG2 45 cells by in-tip solvent microextraction mass spectrometry (ITSME-MS).⁹ However, since 46 47 that strategy focused on single LD analysis, rather than the whole LDs in the cells, the overall characteristics of LDs in the cells was unavailable, such as their total quantity, 48 49 their morphology, and their size distribution. Moreover, although the composition of lipid 50 molecular species in LD could be known by MS, there is a lack of information on the

51 oxidized lipids (i.e. lipid oxidation products) in these LDs so far. Therefore, a

comprehensive profiling method for all the LDs in the cells, including multiple index such
as quantity, morphology, size, and oxidation degree, is to be established.

It is of great importance to focus on the oxidation in LD, because the oxidized products 54 55 in LDs can reflect the oxidative stress in the whole cell. More interestingly, it is reported that an increase of reactive oxygen species (ROS) is positively correlated with an increase 56 in the number of LDs in hepatocytes.¹⁰ These changes will lead to the dysfunction of LD 57 homeostasis, which is considered to be a factor causing a series of metabolic syndromes, 58 e.g. obesity and non-alcoholic fatty liver disease (NAFLD).¹¹⁻¹³ ROS is also known to 59 60 react with the intracellular polyunsaturated fatty acids (PUFAs) and cause lipid peroxidation in the liver of NAFLD patients.¹⁴ Moreover, microvesicular and 61 macrovesicular steatoses are different in prognosis, suggesting a possible relationship 62 between oxidation and size of LDs.¹⁵ Thus, to get a better understanding toward the 63 pathophysiological conditions associated with LDs, detailed investigation on the 64 physicochemical properties of the intact and oxidized LDs is desired.¹⁵ 65

Researchers have been hunting for natural antioxidants for decades. The dietaryderived antioxidants are abundant in fruits, vegetables, essential oils, and so on.^{16–18} One of the most representative antioxidants in food, chlorogenic acid, is produced from crop plants, tea, and coffee beans,^{19–21} and has been revealed various beneficial effects,

70	including anti-diabetes, anti-obesity, anti-inflammatory, and anti-FA peroxidation. ^{22,23} It
71	is of our interest that chlorogenic acid prevents hepatic TG accumulation, and that
72	chlorogenic acid possesses remarkable radical scavenging capacity. ²⁴ However, the effect
73	of chlorogenic acid on the physicochemical property of LDs is unavailable. The similar
74	situation is found in another phenolic antioxidant isolated from the Pacific oyster, 3,5-
75	dihydroxy-4-methoxybenzyl alcohol (DHMBA). ²⁵ Different from chlorogenic acid,
76	DHMBA activates nuclear factor erythroid 2-related factor 2 (Nrf2) pathway in
77	hepatocytes, not only exerting ROS scavenging. ²⁶ Activation of Nrf-2 pathway induces a
78	battery of Nrf2-dependent genes and enzymes, such as phase II enzymes, xenobiotic
79	transporters, and drug-metabolizing enzymes against ROS, ^{24,26,27} and then attenuates
80	hepatic steatosis, insulin resistance, obesity, and inflammation in non-alcoholic
81	steatohepatitis (NASH)-model mice.28 However, the effect of DHMBA on the
82	physicochemical property of LDs remains to be clarified, similar to the case of
83	chlorogenic acid.

Therefore, here we aim to establish a novel fluorescence-based method for 84 characterizing the LDs in number, size distribution, and degree of oxidation in human 85 hepatocytes. There, two fluorescent probes are used to analyze intact and oxidized LDs 86 individually. TG hydroperoxides (TG-OOH) are determined in hepatocytes by LC-87 5

MS/MS to compare with the proposed method. The above information will show thedifference between the effects of chlorogenic acid and DHMBA on LDs.

90

91 **2. Materials and Methods**

92 2.1 Chemicals

93 SRfluor 680-phenyl, a fluorescence probe for neutral lipids, was purchased from 94 Funakoshi Co. Ltd. (Tokyo, Japan). Liperfluo and Hoechst33342, fluorescence probes for 95 lipid peroxides and nuclei, respectively, were purchased from Dojindo Laboratories 96 (Kumamoto, Japan). LC-MS grade chloroform, isopropanol, methanol, and water were 97 purchased from Wako Pure Chemical (Osaka, Japan). Ammonium formate, ammonium 98 acetate, and butylated hydroxytoluene (BHT) were obtained from Sigma-Aldrich (St. 99 Louis, MO). The free fatty acids, namely palmitic acid (PA), oleic acid (OA), and linoleic 100 acid (LA) were purchased from Cayman Chemical Co. (Ann Arbor, MI). 2,2'-Azobis(2-101 amidinopropane) dihydrochloride (AAPH) (oxidant) and chlorogenic acid (antioxidant) 102 were purchased from Sigma-Aldrich. DHMBA was chemically synthesized in house as previously reported.²⁵ Other chemicals and reagents were of analytical grade and 103 104 purchased from Kanto Chemical Industry (Tokyo, Japan) unless specified. 105

6

106 **2.2 Cell culture**

107 Human HepG2 cells were cultured in DMEM supplemented with 10% FBS, 0.225%

108 NaHCO₃, 100 mg/mL penicillin, and 100 U/mL streptomycin at 37°C under 5% CO₂. For

109 this experiment, 35 mm glass bottom dish (MATSUNAMI, Japan) was coated with 0.1%

- 110 gelatin solution for 30 min at room temperature. The cells were cultured in 0.1% gelatin-
- 111 coated glass bottom dishes with 6×10^5 cells in 3 mL of the medium. After a 24-hour
- 112 incubation, the cells were treated with 400 µM free FAs and 1 mM AAPH (pro-oxidant)
- 113 or antioxidants (0–500 µM DHMBA or chlorogenic acid).

114 **2.3 Fluorescence imaging parameters**

115 Cells were washed in PBS, and then stained with $5 \,\mu M$ SRfluor 680-phenyl, $10 \,\mu M$ 116 Liperfluo, and 10 µg/mL Hoechst33342 for 30 min at 37°C. After incubation, the staining 117 buffer was replaced with serum free DMEM. Fluorescence was observed using the BZ-118 9000 fluorescence microscope (Keyence Co. Ltd., Osaka, Japan) equipped with the 119 following filter sets; excitation: 360/40 nm, emission: 460/50 nm, dichroic mirror: 400 120 nm (blue); excitation: 470/40 nm, emission: 525/50 nm, dichroic mirror: 495 nm (green); 121 excitation: 620/60 nm, emission: 700/75 nm, dichroic mirror: 660 nm (red). Each 122 fluorescence were observed following fluorescence acquisition parameters: 123 Hoechst33342 fluorescence (excitation: 350 nm, emission: 361 nm, acquisition time:

124	200 milliseconds, binning: 2×2 , F-stop: 1, field-of-view: $100 \ \mu m \times 100 \ \mu m$); Liperfluo
125	fluorescence (excitation: 487-524 nm, emission: 535-579 nm, acquisition time:
126	770 milliseconds, binning: 2 \times 2, F-stop: 1, field-of-view: 100 $\mu m \times 100 \ \mu m);$ SRfluor
127	fluorescence (excitation: 615-650 nm, emission: 695-770 nm, acquisition time:
128	300 milliseconds, binning: 2 × 2, F-stop: 1, field-of-view: 100 μ m × 100 μ m). ^{29–31} Three
129	to five visual field were randomly selected per dish, and bright field and three
130	fluorescence images (blue, green, and red) were obtained from each same visual field.

. . . .

100

131 2.4 LC/MS analysis

. . .

• • •

.....

Lipids were extracted from the cultured cells according to Folch et al.³² In brief, the cells 132 133 were extracted with 600 µL of ice-cold chloroform/methanol 2:1 (v/v, with 0.002% BHT 134 and TG 11:0/11:0/11:0 as internal standard) twice, and then dried in vacuum. The residues 135 were dissolved in 100 µL of methanol, and then centrifuged at 680 g under 4°C for 15 min 136 to remove any insoluble materials, and thereafter stored at -80°C until analysis. All 137 procedures were finished within 1 hour to avoid lipid degradation and auto-oxidation. The lipid extracts were injected into a Shimadzu Prominence HPLC system (Shimadzu 138 139 Corp., Kyoto, Japan) coupled to an LTQ Orbitrap mass spectrometer (Thermo Fisher 140 Scientific Inc., Waltham, MA) under ESI-positive mode. The detail parameters are shown

141 in supplementary material. The extracted ion chromatograms (EICs) were drawn within

172	the mass tolerance of 5.0 ppm, and the LC/MS identification of lipid molecules were on
143	the basis of their HRMS data compared with our in-house library, ^{33,34} as well as their
144	retention behavior on the reversed-phase LC column. Peak extraction, EIC peak area
145	integration, and semi-quantitation from the raw data were utilized by Xcalibur 2.2
146	(Thermo-Fisher Scientific Inc.).
147	2.5 Statistical analysis
148	In all experiments, cells were cultured 3 dishes for each group. All the data were analyzed
149	by one-way ANOVA followed by Dunnett's multiple comparison test and expressed as
150	means \pm SD. <i>P</i> values less than 0.05 were considered to be statistically significant.
151	
151	
151	3 Results and Discussion
151 152 153	3 Results and Discussion 3.1 The workflow of intact and oxidized LD imaging analyses
151 152 153 154	 3 Results and Discussion 3.1 The workflow of intact and oxidized LD imaging analyses The scheme for image analysis is shown in Fig. 1. Acquired images were analyzed by
 151 152 153 154 155 	3 Results and Discussion 3.1 The workflow of intact and oxidized LD imaging analyses The scheme for image analysis is shown in Fig. 1. Acquired images were analyzed by ImageJ 1.50i software. ^{35,36} To calibrate the length in ImageJ, pixel length of scale bar in
 151 152 153 154 155 156 	3 Results and Discussion 3.1 The workflow of intact and oxidized LD imaging analyses The scheme for image analysis is shown in Fig. 1. Acquired images were analyzed by ImageJ 1.50i software. ^{35,36} To calibrate the length in ImageJ, pixel length of scale bar in the same magnification image was measured by using "Measure" command. SRfluor and
 151 152 153 154 155 156 157 	3 Results and Discussion 3.1 The workflow of intact and oxidized LD imaging analyses The scheme for image analysis is shown in Fig. 1. Acquired images were analyzed by ImageJ 1.50i software. ^{35,36} To calibrate the length in ImageJ, pixel length of scale bar in the same magnification image was measured by using "Measure" command. SRfluor and Liperfluo fluorescence, and bright field images were obtained (Figs. 1-A1, B1, and C1),
 151 152 153 154 155 156 157 158 	3 Results and Discussion 3.1 The workflow of intact and oxidized LD imaging analyses The scheme for image analysis is shown in Fig. 1. Acquired images were analyzed by ImageJ 1.50i software. ^{35,36} To calibrate the length in ImageJ, pixel length of scale bar in the same magnification image was measured by using "Measure" command. SRfluor and Liperfluo fluorescence, and bright field images were obtained (Figs. 1-A1, B1, and C1), and then binarized based on the threshold set with reference to "RenyiEntropy" operation

160	positive image of oxidized LDs (oxLDs), an intersectional image was obtained from
161	binarized images of bright field, SRfluor, and Liperfluo in the same visual field by using
162	"Add" operation in Image Calculator of ImageJ (Figs. 1-A2, B2, C2, and D). To obtain
163	an image of non-oxidized LDs (non-oxLDs), Fig. 1-C2 was inverted by using "Invert"
164	command (Fig. 1-C3), and an intersectional image was obtained from the images shown
165	in Figs. 1-A2, B2, and C3 by using "Add" operation (Fig. 1-E).
166	To obtain the number of oxLDs and non-oxLDs, the images (Figs. 1-D and E) were
167	analyzed using "Analyze Particles" command. The images obtained with Hoechst33342
168	of the same visual field were also binarized and analyzed using "Analyze Particles". The
169	number of nuclei was used for normalization of oxLDs and non-oxLDs as the number of
170	cells. According to Wang et al. ² and Cohen et al. ³⁷ , LDs smaller than $3 \mu m^2$ and those not
171	less than $3\mu\text{m}^2$ were defined as small and large LDs, respectively. The number of LD
172	was defined as the sum of the numbers of non-oxLDs and oxLDs.
173	3.2 Evaluation of oxidation in the FA-induced LDs
174	3.2.1 Effects of FAs in the presence of AAPH

175 LDs were induced in the HepG2 cells by PA, OA, or LA in the presence of AAPH

- (positive control). The fluorescence images for the PA-loaded cells are shown in Fig. 2-176
- A. The number of LDs and oxLDs significantly increased at 48 h (P < 0.01) (Figs. 2-B1 177

178 and **B2**). The degree of LD oxidation as estimated by the oxLD/LD ratio was significantly 179 increased at 8 h in small LDs ($16.2 \pm 4.5\%$) and at 24 h in large LDs ($74.2 \pm 7.6\%$) 180 (Fig. 2-B3). In the OA-loaded cells (Fig. 3-A), a significant increase was observed in the numbers of small LDs and small oxLDs at both 24 h (P < 0.001) and 48 h (P < 0.01),^{7,29} 181 and in the numbers of large LDs and large oxLDs at 48 h (P < 0.05) (Figs. 3-B1 and B2). 182 183 The degree of LD oxidation in small and large LDs significantly increased at both 24 h 184 $(62.8 \pm 4.4\% \text{ and } 94.7 \pm 2.7\%)$ and $48 \text{ h} (46.7 \pm 9.4\% \text{ and } 89.1 \pm 11.1\%)$ (P < 0.001) 185 (Fig. 3-B3). In the LA-loaded cells, a significant increase was observed in the numbers 186 of small LDs at 24 h (P < 0.05) and small oxLDs at 48 h (P < 0.001), and in the numbers 187 of large LDs at 24 h (P < 0.05) and large oxLDs at 48 h (P < 0.001) (Figs. 4-B1 and B2). 188 The degree of LD oxidation significantly increased in small LDs at 48 h ($50.0 \pm 15.9\%$) (P < 0.001) and in large LDs at both 24 h (41.5 ± 15.9%) (P < 0.01) and 48 h 189 190 $(86.9 \pm 6.0\%) (P < 0.001)$ (Fig. 4-B3). 191 The LC/MS characteristics of the TG-OOH species are listed in Table S1 of



and **B**), and then remarkably decreased at 48 h. On the other hand, in the LA-loaded cells, TG-OOH significantly and strikingly increased at 48 h (215.3 \pm 27.3 fold vs. 0 h) (**Fig. 5-C**).

Liperfluo is reported to react specifically with lipid peroxides and to be useful in detection of intracellular lipid peroxides.^{30,31} TG is a less polar lipid, and therefore, is located in the core of LDs in cell. Further, in our proposed method, the signal of Liperfluo came from lipid hydroperoxide in LDs, since non-specific signals had been excluded in the process of intersection (**Fig. 1-D**). Moreover, the increase of TG-OOH also supported this assumption: the significant increase of TG-OOH in the OA- and LA-loaded cells (**Fig.**

- 5) was associated with the significant increase of small oxLDs (**Figs. 3-B2** and **4-B2**).
- 206 **3.2.2 Effects of FAs in the absence of AAPH**

207	In the LA-loaded cells (Fig. S1-C), a significant increase was observed in the numbers of
208	small LDs at 4 h - 48 h ($P < 0.01$) and of small oxLDs at 8 h - 48 h ($P < 0.01$), and in the
209	numbers of large LDs and large oxLDs at 8 h - 48 h ($P < 0.05$) (Figs. 6-C1 and C2). The
210	degree of LD oxidation in small and large LDs significantly increased at 4 h - 48 h
211	$(25.6 \pm 6.6\% - 38.0 \pm 3.4\% \text{ and } 52.3 \pm 21.7\% - 72.2 \pm 12.4\%)$ (<i>P</i> < 0.01) (Fig. 6-C3).
212	Although the similar trend was observed in the PA- and OA-loaded cells (Figs. 6-A and
213	B), the process proceeded more slowly than that in the LA-induced cells (Fig. 6-C).

214	It is of interest that the LA-induced LDs were oxidized the most slowly among the
215	three FAs in the presence of AAPH, but the most quickly in the absence of AAPH (Figs.
216	2, 3, 4, and 6). To explain this discrepancy, we speculate that the LA incorporated in the
217	LA-induced LDs as TG served as a reservoir of oxidative stress caused by AAPH. On the
218	other hand, in the absence of AAPH, the higher desaturation in LA than that in PA and
219	OA might have resulted in the increased susceptibility of the LA-induced LDs to
220	oxidation (Figs. 6-A3, B3, and C3). On the basis of these findings, LD oxidation seems
221	to depend on both the fatty acyl composition of TG and the strength of oxidative stress. ³⁸
222	According to the present study, LDs can be oxidized in the cells, and therefore, can
223	initiate and promote radical chain reactions. Moreover, LDs can provide fuels to continue
224	the reactions, which results in intense, prolonged, and expanding oxidative reactions in
225	the cells. Hence, it is highly possible that the LD-involved radical chain reaction exhausts
226	the cellular antioxidant system, causing irreversible damages to the cell. A previous study
227	reported that NAFLD model rats experienced complications with chronic depletion of
228	hepatic glutathione (GSH), leading to a decrease of ROS scavenging activity. ³⁹
229	3.3 Evaluation of the effects of food-derived antioxidants on LDs by the proposed
230	method

231 Because of the high susceptibility of the LA-induced LDs to oxidation (Fig. 6-C), we

232	investigated the effects of antioxidants on the LA-induced LDs in the absence of AAPH.
233	DHMBA represents indirect antioxidants, and chlorogenic acid represents direct
234	antioxidants. ²⁷ Their structures are shown in Fig. 7. DHMBA decreased both the number
235	of oxLDs and the degree of oxidation (Fig. 8-A). On the other hand, chlorogenic acid
236	decreased large LDs and large oxLDs (Figs. 8-B1 and B2). However, it did not decrease
237	the degree of LD oxidation (Fig. 8-B3). The discrepancy in the effect on LDs between
238	the two compounds might be explained by their different antioxidative mechanisms.
239	DHMBA has been reported to protect hepatocytes in vitro from oxidative stress,40 and
240	improve pathological and metabolic changes in the liver of NASH model mice. ²⁸ The
241	increased expression of quinone reductase and glutathione reductase, induced via
242	activation of Nrf2 pathway by sulforaphane, are reported to maintain for more than 120
243	hours. ⁴¹ Thus, in our present study, DHMBA reduced the degree of oxidation in LDs
244	possibly through the activation of Nrf2-pathway (Figs. 8-A2 and A3). Chlorogenic acid,
245	on the other hand, serves as a direct antioxidant exerting radical scavenging activity. ^{24,26}
246	Although the radical scavenging activity of chlorogenic acid is 3.1-fold stronger than that
247	of DHMBA, ²⁶ the radical scavenging activity of direct antioxidants finish quickly due to
248	the oxidation of themselves. ⁴² In addition, chlorogenic acid suppresses fatty acid synthesis
249	and enhance β -oxidation. ^{40,43} Thus, in this study, chlorogenic acid decreased the number 14

of large LDs and oxLDs possibly through TG hydrolysis rather than antioxidative effects
(Figs. 8-B1 and B2). The proposed method could be a useful tool for future research on
the interaction between antioxidants and LDs.

253 It should be noted that the present study has mainly technical aspect, however LD 254 metabolism is concerned with ROS, ER stress, mitochondrial function, and lipogenic and lipolytic enzymes,^{44,45} which might be also involved in LD oxidation. It is expected to get 255 256 a better understanding of LD metabolism that clarification of the detailed interaction 257 among the oxidation of LDs, ROS, ER stress, and mitochondrial function. For another 258 limitation, the result with primary cells might be different from those with the cultured tumor cells,⁴⁶ like HepG2 cell used in the present study. Thus, the present method might 259 260 not perfectly represent the physiological conditions in liver. Although the difference of the result between primary cells and HepG2 cells should be verified in the future, HepG2 261 262 cells are more suitable for stable screening of antioxidants than primary cells, because 263 HepG2 is readily available and easy to grow. Thus, our proposed method using HepG2 cells could promise the utility as a globally usable method. 264

In conclusion, the proposed imaging method can provide detailed physicochemical information of LDs in hepatocytes. This method might be useful to explore antioxidant foods and drugs for prevention and alleviation of health disorders involving LD 268 accumulation and lipid oxidation.

269

271	ААРН,	2,2'-azobis	(2-amidinopropane)	dihydrochloride;	BHT,	butylated
272	hydroxyte	oluene; LA, lii	noleic acid; LC, liquid	chromatography; LD), lipid di	roplet; MS,
273	mass spe	ctrometry; NA	FLD, non-alcoholic fat	ty liver disease; OA	A, oleic a	cid; oxLD,
274	oxidized	lipid droplet; P	A, palmitic acid; PC, ph	osphatidylcholine; R	OS, react	tive oxygen
275	species, T	G, triglyceride	e; TG-OOH, triglyceride	e hydroperoxide.		

276

277 Acknowledgment

This research was supported by Encouraged research expenses to Takayuki Tsukui in
Sapporo University of Health Sciences. The authors also thank Central Research
Laboratory, Faculty of Health Sciences, Hokkaido University, for kindly providing the
work space and instrument.

282

- 283 Supporting Information
- 284 LC/MS data of the identified triacylglycerol hydroperoxides and their relative
- 285 intensities are listed in the Supplementary Materials.

16

286 **Conflict of interest**

287 The authors declare no competing financial interests.

288

289	References
-----	------------

- 290 (1) Olzmann, J. A.; Carvalho, P. Dynamics and Functions of Lipid Droplets. *Nat.*
- 291 *Rev. Mol. Cell Biol.* **2019**, *20* (3), 137–155.
- 292 (2) Wang, H.; Wei, E.; Quiroga, A. D.; Sun, X.; Touret, N.; Lehner, R. Altered Lipid
- 293 Droplet Dynamics in Hepatocytes Lacking Triacylglycerol Hydrolase Expression. Mol.
- 294 Biol. Cell 2010, 21 (12), 1991–2000.
- 295 (3) Kuerschner, L.; Moessinger, C.; Thiele, C. Imaging of Lipid Biosynthesis: How
- a Neutral Lipid Enters Lipid Droplets. *Traffic* **2008**, *9* (3), 338–352.
- 297 (4) Prinz, W. A. A Bridge to Understanding Lipid Droplet Growth. Dev. Cell 2013,
- 298 24 (4), 335–336.
- 299 (5) Wilfling, F.; Wang, H.; Haas, J. T.; Krahmer, N.; Gould, T. J.; Uchida, A.; Cheng,
- 300 J.-X.; Graham, M.; Christiano, R.; Fröhlich, F.; et al. Triacylglycerol Synthesis Enzymes
- 301 Mediate Lipid Droplet Growth by Relocalizing from the ER to Lipid Droplets. Dev. Cell
- **2013**, *24* (4), 384–399.
- 303 (6) Martin, S.; Parton, R. G. Lipid Droplets: A Unified View of a Dynamic Organelle.

- 304 Nat. Rev. Mol. Cell Biol. 2006, 7 (5), 373–378.
- 305 (7) Brasaemle, D. L. Thematic Review Series: Adipocyte Biology . The Perilipin
- 306 Family of Structural Lipid Droplet Proteins: Stabilization of Lipid Droplets and Control
- 307 of Lipolysis. J. Lipid Res. 2007, 48 (12), 2547–2559.
- 308 (8) Mehlem, A.; Hagberg, C. E.; Muhl, L.; Eriksson, U.; Falkevall, A. Imaging of
- 309 Neutral Lipids by Oil Red O for Analyzing the Metabolic Status in Health and Disease.
- 310 Nat. Protoc. 2013, 8 (6), 1149–1154.
- 311 (9) Zhao, Y.; Chen, Z.; Wu, Y.; Tsukui, T.; Ma, X.; Zhang, X.; Chiba, H.; Hui, S.-P.
- 312 Separating and Profiling Phosphatidylcholines and Triglycerides from Single Cellular
- 313 Lipid Droplet by In-Tip Solvent Microextraction Mass Spectrometry. *Anal. Chem.* 2019,
- *314 91* (7), 4466–4471.
- 315 (10) Jin, Y.; Tan, Y.; Chen, L.; Liu, Y.; Ren, Z. Reactive Oxygen Species Induces Lipid
- 316 Droplet Accumulation in HepG2 Cells by Increasing Perilipin 2 Expression. Int. J. Mol.
- 317 *Sci.* **2018**, *19* (11), 3445.
- 318 (11) Sembongi, H.; Miranda, M.; Han, G.-S.; Fakas, S.; Grimsey, N.; Vendrell, J.;
- 319 Carman, G. M.; Siniossoglou, S. Distinct Roles of the Phosphatidate Phosphatases Lipin
- 320 1 and 2 during Adipogenesis and Lipid Droplet Biogenesis in 3T3-L1 Cells. J. Biol. Chem.
- **2013**, 288 (48), 34502–34513.

322	(12) Nunn, A. D. G.; Scopigno, T.; Pediconi, N.; Levrero, M.; Hagman, H.; Kiskis,
323	J.; Enejder, A. The Histone Deacetylase Inhibiting Drug Entinostat Induces Lipid
324	Accumulation in Differentiated HepaRG Cells. Sci. Rep. 2016, 6 (1), 28025.
325	(13) Nielsen, J.; Christensen, A. E.; Nellemann, B.; Christensen, B. Lipid Droplet
326	Size and Location in Human Skeletal Muscle Fibers Are Associated with Insulin
327	Sensitivity. Am. J. Physiol. Metab. 2017, 313 (6), E721–E730.
328	(14) Browning, J. D.; Horton, J. D. Molecular Mediators of Hepatic Steatosis and
329	Liver Injury. J. Clin. Invest. 2004, 114 (2), 147–152.
330	(15) Goldberg, I. J.; Reue, K.; Abumrad, N. A.; Bickel, P. E.; Cohen, S.; Fisher, E. A.;
331	Galis, Z. S.; Granneman, J. G.; Lewandowski, E. D.; Murphy, R.; et al. Deciphering the
332	Role of Lipid Droplets in Cardiovascular Disease: A Report From the 2017 National Heart,
333	Lung, and Blood Institute Workshop. Circulation 2018, 138 (3), 305–315.
334	(16) Wolfe, K. L.; Kang, X.; He, X.; Dong, M.; Zhang, Q.; Liu, R. H. Cellular
335	Antioxidant Activity of Common Fruits. J. Agric. Food Chem. 2008, 56 (18), 8418–8426.
336	(17) Amorati, R.; Foti, M. C.; Valgimigli, L. Antioxidant Activity of Essential Oils. J.
337	Agric. Food Chem. 2013, 61 (46), 10835–10847.
338	(18) Song, W.; Derito, C. M.; Liu, M. K.; He, X.; Dong, M.; Liu, R. H. Cellular

Antioxidant Activity of Common Vegetables. J. Agric. Food Chem. 2010, 58 (11), 6621–

6629.

- 341 (19) Boettler, U.; Sommerfeld, K.; Volz, N.; Pahlke, G.; Teller, N.; Somoza, V.; Lang,
- R.; Hofmann, T.; Marko, D. Coffee Constituents as Modulators of Nrf2 Nuclear
 Translocation and ARE (EpRE)-Dependent Gene Expression. *J. Nutr. Biochem.* 2011, 22
 (5), 426–440.
- 345 (20) Rababah, T. M.; Hettiarachchy, N. S.; Horax, R. Total Phenolics and Antioxidant
- 346 Activities of Fenugreek, Green Tea, Black Tea, Grape Seed, Ginger, Rosemary, Gotu Kola,
- 347 and Ginkgo Extracts, Vitamin E, and Tert -Butylhydroquinone. J. Agric. Food Chem.
- **2004**, *52* (16), *5183–5186*.
- 349 (21) Niggeweg, R.; Michael, A. J.; Martin, C. Engineering Plants with Increased
- Levels of the Antioxidant Chlorogenic Acid. Nat. Biotechnol. 2004, 22 (6), 746–754.
- 351 (22) Ohnishi, M.; Morishita, H.; Iwahashi, H.; Toda, S.; Shirataki, Y.; Kimura, M.;
- 352 Kido, R. Inhibitory Effects of Chlorogenic Acids on Linoleic Acid Peroxidation and
- 353 Haemolysis. *Phytochemistry* **1994**, *36* (3), 579–583.
- 354 (23) Naveed, M.; Hejazi, V.; Abbas, M.; Kamboh, A. A.; Khan, G. J.; Shumzaid, M.;
- 355 Ahmad, F.; Babazadeh, D.; FangFang, X.; Modarresi-Ghazani, F.; et al. Chlorogenic Acid
- 356 (CGA): A Pharmacological Review and Call for Further Research. Biomed.
- 357 *Pharmacother.* **2018**, *97*, 67–74.

358	(24) Dinkova-Kostova, A. T.; Talalay, P. Direct and Indirect Antioxidant Properties of
359	Inducers of Cytoprotective Proteins. Mol. Nutr. Food Res. 2008, 52 Suppl 1, S128-38.
360	(25) Watanabe, M.; Fuda, H.; Jin, S.; Sakurai, T.; Ohkawa, F.; Hui, SP.; Takeda, S.;
361	Watanabe, T.; Koike, T.; Chiba, H. Isolation and Characterization of a Phenolic
362	Antioxidant from the Pacific Oyster (Crassostrea Gigas). J. Agric. Food Chem. 2012, 60
363	(3), 830–835.
364	(26) Joko, S.; Watanabe, M.; Fuda, H.; Takeda, S.; Furukawa, T.; Hui, SP.; Shrestha,

365 R.; Chiba, H. Comparison of Chemical Structures and Cytoprotection Abilities between

366 Direct and Indirect Antioxidants. J. Funct. Foods 2017, 35, 245–255.

- 367 (27) Tumer, T. B.; Rojas-Silva, P.; Poulev, A.; Raskin, I.; Waterman, C. Direct and
- 368 Indirect Antioxidant Activity of Polyphenol- and Isothiocyanate-Enriched Fractions from

369 Moringa Oleifera. J. Agric. Food Chem. 2015, 63 (5), 1505–1513.

- 370 (28) Watanabe, M.; Fuda, H.; Okabe, H.; Joko, S.; Miura, Y.; Hui, S.-P.; Yimin;
- 371 Hamaoka, N.; Miki, E.; Chiba, H. Oyster Extracts Attenuate Pathological Changes in
- 372 Non-Alcoholic Steatohepatitis (NASH) Mouse Model. J. Funct. Foods 2016, 20, 516-
- 373 531.
- 374 (29) Rice, D. R.; White, A. G.; Leevy, W. M.; Smith, B. D. Fluorescence Imaging of
- 375 Interscapular Brown Adipose Tissue in Living Mice. J. Mater. Chem. B 2015, 3 (9), 1979–

376 1989.

- 377 (30) Kagan, V. E.; Mao, G.; Qu, F.; Angeli, J. P. F.; Doll, S.; Croix, C. S.; Dar, H. H.;
- 378 Liu, B.; Tyurin, V. A.; Ritov, V. B.; et al. Oxidized Arachidonic and Adrenic PEs Navigate
- 379 Cells to Ferroptosis. *Nat. Chem. Biol.* **2017**, *13* (1), 81–90.
- 380 (31) Yamanaka, K.; Saito, Y.; Sakiyama, J.; Ohuchi, Y.; Oseto, F.; Noguchi, N. A
- 381 Novel Fluorescent Probe with High Sensitivity and Selective Detection of Lipid
- 382 Hydroperoxides in Cells. *RSC Adv.* **2012**, *2* (20), 7894.
- 383 (32) Folch, J.; Lees, M.; Sloane Stanley, G. H. A Simple Method for the Isolation and
- Purification of Total Lipides from Animal Tissues. J. Biol. Chem. **1957**, 226 (1), 497–509.
- 385 (33) Hui, S.-P.; Sakurai, T.; Takeda, S.; Jin, S.; Fuda, H.; Kurosawa, T.; Chiba, H.
- 386 Analysis of Triacylglycerol Hydroperoxides in Human Lipoproteins by Orbitrap Mass
- 387 Spectrometer. Anal. Bioanal. Chem. 2013, 405 (14), 4981–4987.
- 388 (34) Shrestha, R.; Hui, S.-P.; Miura, Y.; Yagi, A.; Takahashi, Y.; Takeda, S.; Fuda, H.;
- 389 Chiba, H. Identification of Molecular Species of Oxidized Triglyceride in Plasma and Its
- 390 Distribution in Lipoproteins. *Clin. Chem. Lab. Med.* **2015**, *53* (11), 1859–1869.
- 391 (35) Abramoff, M. D.; Magalhães, P. J.; Ram, S. J. Image Processing with ImageJ.
- 392 Biophotonics Int. 2004, 11 (7), 36–42.
- 393 (36) Schneider, C. A.; Rasband, W. S.; Eliceiri, K. W. NIH Image to ImageJ: 25 Years
 22

- 394 of Image Analysis. *Nat. Methods* **2012**, *9* (7), 671–675.
- 395 (37) Cohen, B.-C.; Shamay, A.; Argov-Argaman, N. Regulation of Lipid Droplet Size
- 396 in Mammary Epithelial Cells by Remodeling of Membrane Lipid Composition-A
- 397 Potential Mechanism. *PLoS One* **2015**, *10* (3), e0121645.
- 398 (38) Ricchi, M.; Odoardi, M. R.; Carulli, L.; Anzivino, C.; Ballestri, S.; Pinetti, A.;
- 399 Fantoni, L. I.; Marra, F.; Bertolotti, M.; Banni, S.; et al. Differential Effect of Oleic and
- 400 Palmitic Acid on Lipid Accumulation and Apoptosis in Cultured Hepatocytes. J.
- 401 *Gastroenterol. Hepatol.* **2009**, *24* (5), 830–840.
- 402 (39) Kloek, J. J.; Maréchal, X.; Roelofsen, J.; Houtkooper, R. H.; van Kuilenburg, A.
- 403 B. P.; Kulik, W.; Bezemer, R.; Nevière, R.; van Gulik, T. M.; Heger, M. Cholestasis Is
- 404 Associated with Hepatic Microvascular Dysfunction and Aberrant Energy Metabolism
- 405 Before and During Ischemia-Reperfusion. Antioxid. Redox Signal. 2012, 17 (8), 1109-
- 406 1123.
- 407 (40) Watanabe, M.; Fuda, H.; Jin, S.; Sakurai, T.; Hui, S.-P.; Takeda, S.; Watanabe,
- 408 T.; Koike, T.; Chiba, H. A Phenolic Antioxidant from the Pacific Oyster (Crassostrea
- 409 Gigas) Inhibits Oxidation of Cultured Human Hepatocytes Mediated by Diphenyl-1-
- 410 Pyrenylphosphine. *Food Chem.* **2012**, *134* (4), 2086–2089.
- 411 (41) Gao, X.; Dinkova-Kostova, A. T.; Talalay, P. Powerful and Prolonged Protection 23

412 of Human Retinal Pigment Epithelial Cells, Keratinocytes, and Mouse Leukemia Cells

- 413 against Oxidative Damage: The Indirect Antioxidant Effects of Sulforaphane. Proc. Natl.
- 414 *Acad. Sci. U. S. A.* **2001**, 98 (26), 15221–15226.
- 415 (42) Takebayashi, J.; Tai, A.; Yamamoto, I. Long-Term Radical Scavenging Activity
- 416 of AA-2G and 6-Acyl-AA-2G against 1,1-Diphenyl-2-Picrylhydrazyl. Biol. Pharm. Bull.
- 417 **2002**, *25* (11), 1503–1505.
- 418 (43) Huang, K.; Liang, X.; Zhong, Y.; He, W.; Wang, Z. 5-Caffeoylquinic Acid
- 419 Decreases Diet-Induced Obesity in Rats by Modulating PPARα and LXRα Transcription.
- 420 J. Sci. Food Agric. 2015, 95 (9), 1903–1910.
- 421 (44) Wang, K. Autophagy and Apoptosis in Liver Injury. *Cell Cycle* 2015, *14* (11),
 422 1631–1642.
- 423 (45) Fujii, J.; Homma, T.; Kobayashi, S.; Seo, H. G. Mutual Interaction between
- 424 Oxidative Stress and Endoplasmic Reticulum Stress in the Pathogenesis of Diseases
- 425 Specifically Focusing on Non-Alcoholic Fatty Liver Disease. World J. Biol. Chem. 2018,

426 9 (1), 1–15.

- 427 (46) Liu, P.; Wang, W.; Tang, J.; Bowater, R. P.; Bao, Y. Antioxidant Effects of
- 428 Sulforaphane in Human HepG2 Cells and Immortalised Hepatocytes. Food Chem.
- 429 *Toxicol.* **2019**, *128*, 129–136.

430 **Figure captions**

431

432 Figure 1. Scheme of the protocol for image analysis. Three types of images (A1, B1, and C1) were binarized based on the threshold set with reference to "RenyiEntropy" 433 434 algorithm. In binarized images (A2, B2, and C2), white area means positive area of each 435 fluorescent. By using Image Calculator of ImageJ to obtain intersectional image, a 436 common white area for LD (A2), SRfluor (B2) and Liperfluo (C2) was obtained. An 437 intersectional image was shown as the oxidized LDs (oxLDs) in image (D). C3 was 438 inverted from C2 and shown as Liperfluo negative area. By using Image Calculator of 439 ImageJ to obtain intersectional image, a common white area for LD (A2), SRfluor (B2) 440 and Liperfluo negative (C3) was obtained. An intersectional image was shown as the non-441 oxidized LDs (non-oxLDs) in image (E). D and E were analyzed for the number of white 442 area by ImageJ and shown as the number of oxLD and non-oxLD. Total LDs means the 443 total of oxLDs and non-oxLDs, the total of the number of oxLDs and non-oxLDs were 444 shown as the number of LDs.

445

446 Figure 2. Lipid accumulation and oxidation in HepG2 cells treated with PA. Cells 447 were seeded in glass bottom dishes and treated with 400 µM PA and 1 mM AAPH. After

448 0-48 h of incubation, the cells were stained with SRfluor® 680 Phenyl (red; neutral 449 lipids), Liperfluo (green; lipid peroxides), and Hoechst33342 (blue; nuclei). A: 450 Fluorescence images were acquired using a fluorescence microscope. The scale bar shown in each image is 10 µm. B: quantification of the number of LDs and oxLDs, and 451 452 the degree of LD oxidation as calculated by the ratio oxLD/LD. ImageJ software was 453 used for quantification of fluorescence images. The results are presented as the number 454 of LD (B1), the number of oxLD (B2), and degree of oxidation (B3) for small ($< 3 \mu m^2$) and large ($\geq 3 \mu m^2$) LDs. Columns and bars represent the mean \pm SD (n = 3). *P < 0.05, 455 456 ***P* < 0.01, ****P* < 0.001.

457

Figure 3. Lipid accumulation and oxidation in HepG2 cells treated with OA. LD stains and data processing were done as described in the explanation of Fig. 2. Columns and bars represent the mean \pm SD (n = 3). **P* < 0.05, ***P* < 0.01, ****P* < 0.001.

461

Figure 4. Lipid accumulation and oxidation in HepG2 cells treated with LA. LD stains and data processing were done as described in the explanation of Fig. 2. Columns and bars represent the mean \pm SD (n = 3). **P* < 0.05, ***P* < 0.01, ****P* < 0.001.

465

466 Figure 5. Change fold of intracellular TG-OOH in the FA-loaded cells in the presence 467 of AAPH. Cells were loaded 400 µM PA (A), OA (B), and LA (C) with 1 mM AAPH. 468 After 0-48 h of incubation, the whole cell lipid was extracted. TG-OOH was detected by 469 LC/MS which condition was described in material and method section. Columns and bars represent the mean \pm SD (n = 3). *P < 0.05, **P < 0.01, ***P < 0.001. 470

471

472 Figure 6. Quantification of the number of LDs and oxLDs, and the degree of LD 473 oxidation as calculated by the ratio oxLD/LD. Cells were treated with 400 µM PA (A1-474 3), OA (B1-3), and LA (C1-3) in the absence of AAPH. After fluorescence staining, the 475 cells were observed using a fluorescence microscope. ImageJ software was used for 476 quantification of fluorescence images. The results are presented as the number of LD (A1, B1, and C1), the number of oxLD (A2, B2, and C2), and degree of oxidation (A3, B3, 477 and C3) for small (< 3 μ m²) and large (\geq 3 μ m²) LDs. Columns and bars represent the 478 479 mean \pm SD (n = 3). *P < 0.05, **P < 0.01, ***P < 0.001. 480

481 Figure 7. Lipid accumulation and oxidation in HepG2 cells treated with LA and 482 antioxidants. Cells were seeded in glass bottom dishes and treated with 400 µM LA and 483 0, 125, 250 and 500 µM of the following antioxidants: DHMBA (A) and chlorogenic acid 27

484	(B). After 8 h of incubation, the cells were stained with SRfluor® 680 Phenyl (red),
485	Liperfluo (green), and Hoechst33342 (blue). Fluorescence images were acquired using a
486	fluorescence microscope. The scale bar shown in each image is $10 \ \mu m$.
487	
488	Figure 8. Effects of antioxidants on lipid accumulation and oxidation of LA-induced
489	LDs in the absence of AAPH. Cells were treated with 400 μM LA and 0, 125, 250 and
490	500 μM of the following antioxidants: DHMBA (A) and chlorogenic acid (B). After
491	fluorescence staining, the cells were observed using a fluorescence microscope. To
492	quantify the number of LDs and oxLDs, fluorescence images were analyzed with ImageJ
493	software. The results are presented as the number of LD (A1 and B1), the number of
494	oxLD (A2 and B2), and degree of oxidation (A3 and B3) for small (< 3 $\mu m^2)$ and large
495	$(\geq 3 \mu m^2)$ LDs. Columns and bars represent the mean \pm SD (n = 3). *P < 0.05, **P < 0.01.

Figure graphics



Figure 2



Figure 3















Abstract Graphics

