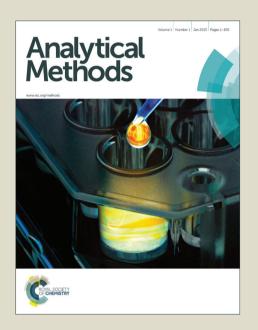
Analytical Methods

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An accurate fast screening for total and inorganic arsenic in rice grain using hydride generation atomic fluorescence spectrometry (HG-AFS)

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Abstract

Two novel methods based on hydride generation atomic fluorescence spectrometry for the accurate screening of total and inorganic arsenic (As) in rice grain digests in 5 and 2 minutes, resepctively, are proposed here. Total As determination was achieved using online UV photolysis aided by alkaline potassium persulphate oxidation, which converted all organic As to arsenate and thus allowed quantitative hydride generation. Determination of inorganic As in rice grain was accomplished by selective hydride generation at high acidity (4.8 M HCl), which allowed ~50 times higher efficiency for hydride generation of arsenite than the prevalent form of organic As in rice, namely dimethylarsonic acid (DMA), after pre-reduction of all inorganic As using potassium iodide/ascorbic acid. The accuarcy of the method was verified by (1) excellent agreement with the certified value of total As and the literature values of inorganic As in ERM-BC-211 and NIST SRM 1658a; (2) complete recovery of total As in NIST SRM 1568a spiked with additional 2 ng As g⁻¹ of DMA; (3) excellent agreement of total and inorganic As values in 80 samples of different types, origins and treatments (standing for different matrices) compared to ICP-MS and HPLC-ICP-MS measurements; (4) ~100% recovery of inorganic As in NIST SRM 1568a and a round grain rice even spiked with DMA up to 200 ng As g⁻¹. Additionally, the low data dispersion was indicated by the low relative standard deviation (~4.3%) in the day-to-day precision for quantifying inorganic As in NIST SRM 1568a on 7 different days.

Keywords Arsenic speciation · Rice grain · Hydride generation atomic fluorescence spectrometry

Introduction

The adverse health risk of arsenic (As) and its widespread occurrence in the environment as well as in the food chain has raised great public concerns worldwide ¹. Therefore, a routine screening of As concentrations in food materials has become more of an urgent task for food authorities in many countries ². It is already well known that speciation, rather than just total As concentration is the key to fully understand the toxicity of As in food products. In the case of As determination in rice grain, several analytical techniques have been proposed such as synchrotron based X-ray spectroscopy and HPLC-ICP-MS after extraction ³. Among all, HPLC-ICP-MS is the most frequently applied for As speciation in rice grain 4,5. Nevertheless, the use of HPLC-ICP-MS is disadvantaged due to the potential transformation of As species during extraction procedures. Recently, a simple extraction procedure based on hot diluted nitric acid was developed to quantitatively recover As species from rice grains without the risk of specie transformation ⁴. The use of ICP-MS however is relatively expensive and may not be feasible for the analysis of large amounts of samples. Moreover, the incomplete digestion of rice grain will result in carbon rich matrix, which may potentially affect ICP-MS detection of As. The capital and running costs of HPLC-ICP-MS is also prohibitive for many food labs in developing countries and it often beyond the expertise in food laboratories. Thus, the objective of this study is to develop and verify the methodology of inorganic and total As determination in rice grains based on hydride generation atomic fluorescence spectrometry (HG-AFS).

Experimental

- Chemicals and reagents
- All chemicals used in this work, were of analytical reagent grade and were used without further
- purification. Deionised water (ELGA 15.0 M cm⁻¹, resistivity) was used for all dilutions. NaAsO₂
 - (CH₃)₂As(O)OH (Aldrich, >99%) and arsenobetaine (Fluka, >95%) were dissolved in deionised

(Sigma, 98%), Na₂HAsO₄·7H₂O (Sigma-Aldrich, 98-102%), CH₅AsO₃Na (Supelco, >98%),

water to prepare stock solutions of 1.0 g As L⁻¹. Nitric acid (HNO₃) (VWR BDH Prolabo, 69% w/w) and H₂O₂ (Sigma-Aldrich, 30% w/w) were taken for digestion of rice grain. Hydrochloric acid (HCl) (VWR BDH Prolabo, 37% wt), KI (Sigma-Aldrich, >99%) and L-ascorbic acid (C₆H₈O₆) (Sigma) was used to prepare the carrier solution. Sodium borohydride (NaBH₄) (Aldrich, 98%) was used to prepare the reductant for HG and a mixed solution of K₂S₂O₈ (Sigma-Aldrich, >99%) and NaOH (VWR BDH Prolabo) was the oxidant reagent to support UV photolysis.

Instrumentation

Atomic Fluorescence Spectrometry (AFS) detection was achieved with a Millennium Excalibur (10.055, PS Analytical, Orpington, Kent, UK) using a boosted-discharge hollow cathode lamp (Photron, Australia). The separation of the gaseous arsine from the liquid stream was performed in a Type-A gas liquid separator (PS Analytical, Orpington, Kent, UK). The photo-oxidation of As compounds take place in a UV cracker (PS Analytical, Orpington, Kent, UK).

Sample collection and extraction procedure

Rice grain of twelve different types (long grain, whole grain, japonica, indica, risotto, round-sticky, long-sticky, basmati, jasmine, red, black and wild rice) were purchased in the markets and supermarkets in China, Taiwan, Japan, Germany and Switzerland ⁴. All rice grain was milled with an ultracentrifugal mill (ZMI, Retsch, Germany). The certified NIST SRM 1568a was obtained as a fine powder and was used as an experimental sample without further treatments. A 0.5 g rice powder was digested with 3 mL of concentrated nitric acid in a 50 mL polypropylene vessel. It was heated with heating blocks (Digi PREP Jr, SCP Science, Canada) at 100°C for an hour before the addition of 1 mL H₂O₂. Thereafter, the digest was heated for another hour. After cooling the digest was diluted to 30 mL with distilled water and stored until analysis. External calibration was performed for quantification of As measured with HG-AFS.

Results and Discussion

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Characterisation of HG efficiencies at different HCl concentrations using AFS

The HG efficiency depends on the chemical form of As in the digsted sample as well as the chemical conditions used. For accurate results using HG, it is therefore important to understand the chemical speciation and also to optimise the HG conditions. Our preliminary results showed that the HG efficiency of As(III) is close to 100% irrespective of the acidity (Fig. 1). In comparison, HG efficiencies of As(V), MMA and DMA were comparably lower (<40% in 0.6-4.8 M HCl solution). The HG efficiency of As(V) was around 20-30% at the concentration range of HCl investigated. In the case of MMA, its HG efficiency increased slightly with increasing concentrations of HCl. Interestingly, the HG efficiency of DMA was most drasticly influenced by HCl concentrations with the HG efficiency of DMA decreasing with HCl concentration. This data illustrates the importance of the consistency of the chemical form of As species between samples and calibration standards for quantifying total As using hydride generation techniques. On the other hand, the remarkable differences of HG efficiency among different As species can be applied to selectively quantify inorganic As in samples such as rice which do not contain appreciable quantities of MMA ⁶.

Development of the UV-HG-AFS method for quantifying total grain arsenic

Digestions based on hot concentrated acids with powerful oxidants e.g. HNO₃-H₂O₂ are capable of complete mineralisation of organic substance in rice grain ⁷. While As(III) is completely oxidised to As(V) at 100°C in a microwave oven with concentrated HNO₃, a complete oxidation of MMA and DMA to As(V) requires much higher temperatures >220 °C and >280 °C 8. Thus, the presence of MMA and DMA could potentially cause low recoveries when using HG techniques unless full oxidation of As species is achieved during the sample preparation. Arsenic in rice can be present in inorganic and organic forms ^{2, 9}. Especially, in rice of certain origin e.g. from U.S., DMA can be the most prevalent As species of all accounting for up to

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~80% of the total As in rice grain ⁹. For total As determination, vigourous digestion techniques over long periods or ashing is typically used to ensure full oxidation ⁸. These pretreament procedures are usually complicated and time consuming and may cause analytical uncertainties especially for rice with low As concentrations. To simplify the pre-treatment, we introduced an online digestion system with UV photolysis (S570U100, PS Analytical, Kent, UK) heated at 100°C, which allowed effective conversion of inorganic and organic As into As(V) in the rice flour digest diluted 1:9 with alkaline persulfate oxidant (3% m/v K₂S₂O₈ and 4% m/v NaOH) to ensure the alkalinity of the sample to be ~4% (NaOH, m/v). Persulphate supports the mineralisation of MMA and DMA via generation of SO₄ radicals under UV radiation ¹⁰. Our preliminary investigation showed the efficiency of mineralisation and oxidation of not only MMA and DMA but also As(III) and arsenobetaine (AsBet) were all close to 100% under such condition (Fig. 2), reflecting the validation of the method we proposed for complete conversion of organic and inorganic As to As(V). Once cooled on line, the digest were further mixed with 0.7% w/w NaBH₄ and 1.2 M HCl for HG and subsequent AFS determination.

Validation of the proposed UV-HG-AFS method for quantifying total grain arsenic

The validation of the proposed procedure for the total As in rice grain was verified in several ways. Firstly, we chekeed the recovery of spiked DMA, the prevalent organic As in rice grain and also the most difficult to decompose. Secondily, ground rice flour of NIST SRM 1568a was analysed and the result compared to the certified value. In addition to this, the results of 80 different rice samples of various varieties were compared to ICP-MS. An excellent recovery of 100% was found for the NIST SRM 1568a (certified 290 \pm 30 ng g⁻¹ versus found 290 \pm 2 ng g^{-1} , n=3) and also for the DMA spikes (97%, spiked 2.0 ng g^{-1} versus found 1.93 \pm 0.7 ng g^{-1} , n=3). Finally, UV-HG-AFS based quantification of total As in 80 rice samples are in good agreement with those measured with ICP-MS in Huang et al. ⁴ (Fig. 4).

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For inorganic As determination, the digest was first diluted 1:9 with reagent blank containing 4.8 M HCl and 1% m/v KI and 0.2% m/v L-ascorbic acid to ensure the high acidity required to minimise the DMA interference. The solution was left for 30 minutes at room temperature prior to the analysis by HG-AFS to pre-reduce As(V) to As(III) to maximise the HG efficiency. Scheme of the instrumental arrangement and the conditions of operation for both methods proposed are detailed in Table 1 and Fig. 3. The proposed method for inorganic As in rice offers an accurate screening method regardless of what DMA percentage might be present in rice grain. Very few interferences are found when using the HG-AFS for As determinations 11. We have examined the interference of As analysis using HG-AFS caused by different chemical species at different levels of concentrations, showing generally negiligible influences on the As recoveries (Table 2). Organic substances which may cause interference with HG-AFS analysis were completely decomposed after HNO₃-H₂O₂ digestion. Thus, the major concern with this method is that MMA will form a hydride at approximately 20% efficiency and if present in rice a positive bias for the inorganic As measurement would occur. In the 80 rice samples analysed in this study using HPLC-ICP-MS and also by HPLC-HG-AFS no MMA was found, which to the best of knowledge appears to be in agreement with the information reported in the literature². An U.S. FDA survey of As speciation in 487 rice samples (mostly from U.S.) showed that MMA is rarely found in rice samples independent of origins, types and treatments ¹². Arsenic speciation in 121 rice of different origins and types gave an averaged percentage of MMA to total As of 1.0 % ². At the HG conditions adopted here for MMA the error would be less than 0.4%. The negligible errors for inorganic As determination caused by MMA in rice has been recently verified in Musil et al. ⁶. Another important prerequisite is the large difference of HG efficiencies between inorganic As and DMA. We have identified that in 4.8 M HCl solution, the efficiency of As(III) is 100%, whereas the HG efficiency of DMA is close to zero (Fig. 1). In comparison, the difference of HG efficiency between DMA and As(V) (~30%) is not so

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remarkable which highlights the importance of the pre-reduction step using KI/L-ascorbic acid. Even spiking an additional 60, 120 and 200 ng As g⁻¹ DMA in NIST SRM 1568a and one selected round grain rice, we observed constant values of inorganic As concentrations, suggesting the correctness of our hypothesis (Fig. 5).

Validation of the proposed HG-AFS method for quantifying grain inorganic arsenic

Our newly proposed method for inorganic As in rice grain was further validated by comparing the inorganic As concentrations in ERM-BC-211, NIST SRM 1568a and 80 samples of rice grains of different types and origins in Huang et al. 4 . First, we have found 121.4 ± 4.8 ng g⁻¹ (n = 6) of inorganic As in ERM-BC-211 from two batches digested on different days, which is comparable to the certificated value of inorganic As (124 \pm 11 ng g⁻¹). Also, we are able to measure 98.6 ± 5.6 ng As g⁻¹ (n = 18) of inorganic As in NIST SRM 1568a. This was performed over 18 consecutive batches of sample digests and measurements and the precision found was acceptable. In addition, day-to-day precision was ensured by quantification of inorganic As in NIST SRM 1568a on 7 different days with a value of 99.9 \pm 4.3 ng g⁻¹, corresponding to a relative standard deviation of 4.3%. Although there is no certified concentration of inorganic As in NIST SRM 1568a, this value is close to those from the other studies (e.g. 104.4 ± 7.0 , in Huang et al. 2 , 103 ± 7 in Musil et al. 6 and 102 ± 5 in Chen et al. 13). Finally, analysis of total grain As in 80 rice samples are in good agreement with those measured with HPLC-ICP-MS (Fig. 6). This approach however relies on the summation of inorganic As and such the measurement uncertainty is likely to be higher than a direct selective hydride measurement.

Novelty of the proposed methods against the previous HG based methods

Recently, an similar HG-AFS system was validified to quantify inorganic As and DMA in fishes and waters ¹⁴, nevertheless, without consideration of the interference caused by DMA and MMA. Thus, in this study, we not only validated the HG-AFS system for accurate and rapid As speciation in rice grain but also carefully optimised the HG conditions to minimise such interference effectively. Hydride generation at high acidity was also applied to speciation of inorganic As in rice and sea food using ICP-MS detection ⁶. The major drawback of this method was the ⁴⁰Ar³⁵Cl interference caused by the high HCl concentration, for which a specific triple quadruple ICP-MS was required to eliminate such interference. Thus, our HG-AFS method performs better than the HG-ICP-MS method in terms of free of the Cl interference and a much lower analysis cost. Moreover, instead of oxidising all inorganic As into As(V), our quantification of inorganic As was based on reducing all inorganic As to As(III), which providing higher methodical sensitivity due to approximately tripled HG efficiency of As(III) than As(V) (Fig. 1).

 $Applicability\ of\ the\ proposed\ HG\text{-}AFS\ methods$

Both of the newly proposed HG-AFS based methods for quantification of total and inorganic As in rice grain are highly applicable to the real rice samples. Their general applicability was carefully examined by analyses of 80 rice samples of different geographic origins, rice types, grain sizes, cultural practices and polish treatments ². Perfect agreement with the results obtained from HPLC-ICP-MS depicted the accuracy of our proposed HG-AFS methods and highlighted the insignificant influence of the matrix from different rice samples on the HG-AFS analysis. Together with the low analysis cost and short run time, it makes the proposed HG-AFS method extremely ideal for food safety labs to screen total and inorganic As in rice. We envision the HG-AFS method to allow more comprehensive survey on As speciation in rice for the food safety agencies worldwide, even for the third countries, and to provide more efficient risk assessment for people with rice as their major foodstuff.

Conclusion

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We have developed two HG-AFS based methods for accurate and sensitive determination of total and inorganic As in rice. For total As determination we have developed a method using UV photolysis to fully oxidise all forms of As. This simplifies the sample preparation technique for HG techniques and this was demonstarted using various organic As species which are otherwise very difficult to decompose. The method was applied to rice grain samples and the results were compared to ICP-MS. The accuracy and precsion of this approach for total As was also verified using a NIST SRM 1568a. For inorganic As we have a developed a selective HG method using high acid concentrations to inhibit the formation of DMA hydride which would otherwise produce a postive bias to the inorganic As result. It is imperative that this procedure includes a DMA quality control check to confirm that the DMA hydride formation is less than 5%. This is especially important for samples containing high percentage of DMA. This approach was validated using DMA sample spike experiments and by running comparison studies with HPLC-ICP-MS. The inorganic As method is an ideal candidate as a screening tool for food labs conducting inorganic As in foodstuff. The measuremnet run is approximately 2 minutes per sample.

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Table 2. Recoveries of 2 and 10 μ g L⁻¹ of arsenic using HG-AFS detection in the presence of different chemical species at different levels of concentrations in 4.8 M HCl after KI pre-reduction. Mean values and standard deviations of three replicates are shown.

· ·	Concentrations	Recoveries of arsenic	
Species	(mg L^{-1})	$2 \mu g L^{-1}$ of arsenic	10 μg L ⁻¹ of arsenic
Sr ²⁺	20	107.3 ± 5.9	100.0 ± 2.5
Zn^{2+}	1	101.7 ± 5.5	91.0 ± 3.1
Si^{4+}	1	94.4 ± 3.7	102.4 ± 1.7
Al^{3+}	1	104.6 ± 0.8	98.9 ± 0.8
Ca^{2+}	200	101.8 ± 1.3	103.3 ± 1.3
Na^{+}	200	104.2 ± 1.6	100.6 ± 1.8
\mathbf{K}^{+}	200	96.3 ± 0.7	97.6 ± 0.7
In^{3+}	1	99.4 ± 1.4	99.1 ± 1.5
Ba^{2+}	1	95.2 ± 3.1	105.9 ± 1.4
${ m Mg}^{2+}$	1	99.7 ± 3.5	97.2 ± 1.5
Cd^{2+}	1	100.4 ± 0.9	97.2 ± 0.2
$\mathrm{Au}^{\scriptscriptstyle +}$	0.1	97.8 ± 6.4	103.2 ± 1.4
Fe^{3+}	1	99.0 ± 0.9	100.2 ± 0.7
Sn^{4+}	1	95.1 ± 1.9	104.8 ± 1.8
Ge^{4+}	1	104.4 ± 3.0	102.1 ± 1.1
Hg^{2+}	1	100.7 ± 0.7	98.1 ± 0.4
Cr^{3+}	1	101.0 ± 1.2	98.4 ± 0.6
Co^{2+}	1	103.1 ± 0.7	99.9 ± 2.0
Ag+	1	97.9 ± 1.8	95.9 ± 2.3
$rac{Ag+}{Ni^{2+}}$	1	100.2 ± 0.4	98.8 ± 1.2
Te^{4+}	1	101.5 ± 0.6	100.3 ± 1.0
Sb^{3+}	0.05	107.3 ± 1.8	97.5 ± 1.7
Cu^{2+}	2	98.8 ± 1.1	99.0 ± 1.0

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Table 1. Instrumental settings for total and inorganic arsenic determination in rice grain utilising UV-HG-AFS and selective HG-AFS.

Analytical Methods

Parameters	Total arsenic	Inorganic arsenic	
Carrier solution	1.2 M HCl	4.8 M HCl, 1% KI (m/v)	
		0.2% L-ascorbic acid (m/v)	
Reductant	0.7% NaBH ₄ in 1% NaOH (m/v)	0.7% NaBH ₄ in 1% NaOH (m/v)	
Calibration range	$0.5 - 5 \text{ ng mL}^{-1}$	$0.1 - 1 \text{ ng mL}^{-1}$	
Flow rate	4.5 mL min ⁻¹	9 mL min ⁻¹	
Run time	5 min	2 min	
Detection limit	3 ng g^{-1}	1 ng g^{-1}	



120% 100% As(III) 80% As(V) DMA 60% MMA 40% 20% 0% HCI concentration (M)

Fig. 1. Hydride generation (HG) efficiencies of As(III), As(V), MMA and DMA at different concentrations of HCl. Each 1.0 µg L⁻¹ of As species was taken for efficiency examination. Mean values and standard deviations of 3 replicates are shown.

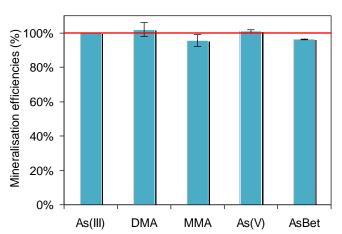
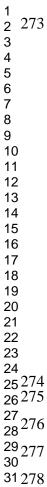


Fig. 2. Mineralisation efficiencies of each 20 μ g As L⁻¹ of As(III), As(V), MMA, DMA and AsBet by UV cracker at 100° C in the support with $K_2S_2O_8$. Mean values and standard deviation of 3 replicates are shown.



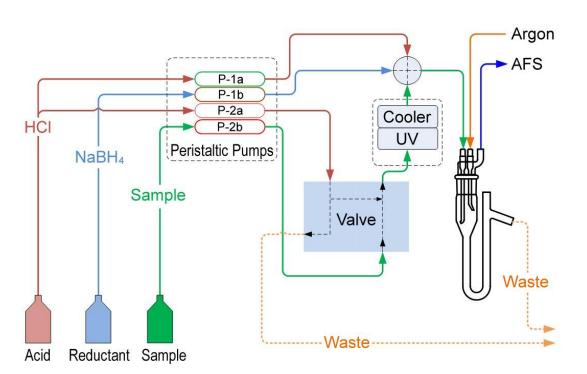
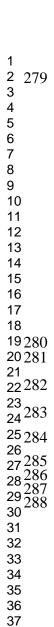


Fig. 3. Schematic presentation of the instrumental arrangement of UV-HG-AFS for total arsenic analysis and HG-AFS for inorganic arsenic analysis (when UV module is removed).



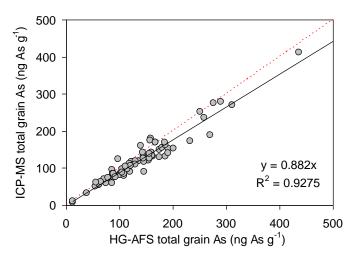


Fig. 4. The correlation between the concentration of total grain arsenic as measured by HG-AFS and ICP-MS after HNO₃-H₂O₂ and concentrated nitric acid digestion, respectively. The slope of the regression line is shown. Dot line shows the 1:1 line.

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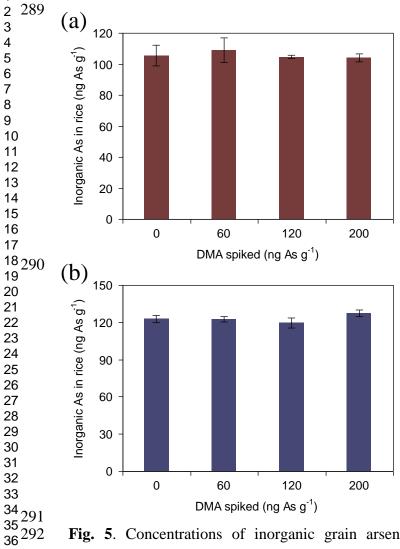
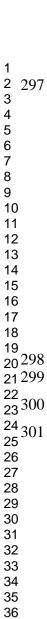


Fig. 5. Concentrations of inorganic grain arsenic in (a) NIST SRM 1568a containing high percentage of DMA and (b) round grain rice containing very low percentage of DMA, both spiked at different amounts of additional DMA as measured by HG-AFS in 4.8 M HCl solution with KI and L-ascorbic acid. Mean values and standard deviations of 3 replicates are shown.



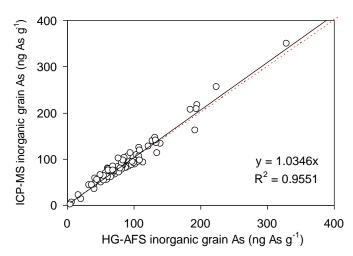


Fig. 6. The correlation between the concentration of inorganic grain arsenic as measured by HG-AFS and HPLC-ICP-MS after nitric acid extraction. The slope of the regression line is shown. Dot line shows the 1:1 line.