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**Differential contributions of A- and C-nociceptors to primary and secondary inflammatory hypersensitivity in the rat.**

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#### Author contributions

M-TH contributed data acquisition, analysis and interpretation of data, and drafted the manuscript. LFD and BML contributed the conception and design of the study, and revisions of the manuscript. All authors approved the final version for submission.

## **Introduction:**

Hyperalgesia, increased responsiveness to noxious stimulation, results from tissue damage and inflammation. There are two defined types of hyperalgesia, primary and secondary; primary hyperalgesia is found in areas of tissue damage, whereas secondary hyperalgesia is evident in undamaged skin adjacent [37,48,69,73], or more distant to the area of damage [12,19,60,61]. Heat and mechanical stimuli are the most commonly used stimulus modalities in behavioural and mechanistic studies of hyperalgesia. Increased responses to both modalities are often reported in primary hyperalgesia, whereas typically only mechanical responses are enhanced in secondary hyperalgesia [31,37,38,48,73]. Thermal responses are, however, also sometimes reported to change in secondary hyperalgesia [13,25,30,50,69].

High threshold mechanical stimuli used in experimental studies have been postulated to predominately activate A-nociceptors, whereas thermal stimuli are thought to principally activate C-nociceptors [10,15,26,56,73]. This distinction in nociceptor activation could explain the frequent absence of heat hyperalgesia (no C-nociceptor sensitization), in the presence of mechanical hyperalgesia (A-nociceptor sensitization) in studies of secondary hyperalgesia, for example following capsaicin application in humans (e.g.[37]), or nerve injury in animals (e.g.[22]).

It is generally agreed that the mechanisms that mediate primary and secondary

hyperalgesia are distinct. Primary hyperalgesia is attributed to both peripheral nociceptor sensitisation at the site of injury, and central sensitization, whereas secondary hyperalgesia results largely from central sensitization, triggered and often maintained by enhanced afferent input. Secondary (mechanical) hyperalgesia resulting from capsaicin injection [58] or tissue damage in man [72], can be reduced by A-fibre blockade, and is dependent upon activity in capsaicin-sensitive C-nociceptors [55,59,64] innervating the area of primary hyperalgesia [4,30,58,60]. These observations led Treede and colleagues to hypothesise that C-nociceptor drive leads to sensitization of central neurons to A-nociceptor activation, resulting in secondary punctate mechanical hyperalgesia [37,72,73].

A- and C-nociceptors have different functions in pain sensation; activation of C-nociceptors evokes slow, burning, poorly localized pain whereas activation of A-nociceptors evokes sharp, well localized pain [37,46]. Thus differences in nociceptor sensitisation are likely to serve different functions; A-nociceptors are postulated to serve protective functions, signalling acute tissue damage [11] whereas C-nociceptors may signal on-going tissue damage [14]. In addition, as a result of the different distributions of C- and A-nociceptor input to superficial and deep dorsal horn [21], and their different properties and functions, the different dorsal horn laminae are functionally distinct [28,47].

In order to determine whether there are different contributions of A- and C-nociceptor inputs in primary and secondary hyperalgesia, we used a method to preferentially activate either A- or C-nociceptors using thermal stimulation alone [34,42,71]. This method enables the interpretation of the consequences of A- and C- nociceptor activation, without the additional confound of different stimulus modalities. In these studies we tested the following hypotheses: 1. that inflammatory arthritis results in secondary hyperalgesia only to A- and not C-nociceptor stimulation; 2. that cutaneous inflammation results in primary hyperalgesia to both A- and C-nociceptor stimulation, and 3. that spinal neurons in specific laminae are sensitised to only A-nociceptor inputs in areas of secondary hyperalgesia but to both A- and C-nociceptor inputs in primary hyperalgesia.

## **Materials and methods:**

### *Animal preparation*

A total of 92 male Wistar rats (250–300g, Harlan UK) were used in these experiments.

All procedures involving experimental animals were carried out in accordance with the U.K. Animals (Scientific Procedures) Act 1986 plus associated guidelines and with the approval of the University of Bristol Ethical Review Group.

Inflammation was induced by injection of 100µl Freund's Complete Adjuvant (FCA, Sigma, UK, 29-gauge BD insulin syringes) under brief isoflurane anesthesia (2 % in O<sub>2</sub>). Primary hyperalgesia: inflammation was induced by subcutaneous injection into the dorsal hindpaw (n=32: EMG studies n=14, Fos studies n=18), and the inflamed area of the hindpaw stimulated for study of primary hyperalgesia. Secondary hyperalgesia: inflammatory arthritis was induced by intra-articular injection into the knee joint (n=32: EMG studies n=14, Fos studies n=18) and the hindpaw stimulated for study of secondary hyperalgesia. Naïve animals were used as controls (n=28:EMG studies n= 14, Fos studies n=14).

Seven days after FCA injection rats were re-anaesthetised with halothane (2.5 % in O<sub>2</sub>) and a branch of the external jugular vein was cannulated for anaesthetic maintenance (intravenous alphaxalone infusion 25 mg.kg<sup>-1</sup>.h<sup>-1</sup>), and the external carotid artery

cannulated to monitor blood pressure. Body temperature was maintained at approximately 37 °C using a thermostatically controlled blanket.

*Preferential activation of A- and C-heat nociceptors*

A thermal stimulation apparatus was used to deliver slow or fast rates of skin heating respectively to the rat hind paw dorsum in animals in experimental groups (n=75: EMG studies n=42, Fos studies n=33)) to preferentially activate either C- or A-nociceptors, as described previously [42]. In brief, heat from a sputter-coated projector bulb was focused onto a blackened copper disk positioned at the focal point. A T-type thermocouple (0.02-mm-diameter, made in-house) was fixed to the outer surface of the copper plate and therefore recorded the surface skin temperature when in contact with the hindpaw dorsum. Using a constant bulb voltage, fast rates of heating ( $7.5 \pm 1 \text{ }^\circ\text{C}\cdot\text{s}^{-1}$  measured over 2 s from the start of heating) were used to preferentially activate myelinated A-fiber heat nociceptors, whereas slow rates of heating ( $2.5 \pm 1 \text{ }^\circ\text{C}\cdot\text{s}^{-1}$  measured over 4s from the start of heating) were used to preferentially activate unmyelinated C-fiber heat nociceptors. Previous studies from our laboratory [34,42] have shown that these heating rates reproduce the sub-epidermal heating rates described by Yeomans et al [70,71] that preferentially activate A- and C-nociceptors. The starting temperature of the heat lamp was 30 °C,



and the cut off temperatures (controlled by a Spike2 script) of the heat lamp were 57 °C for fast and 55°C for slow rates of heating respectively, to prevent damage to the hind paw. Heating was controlled through a PC. For recording of withdrawal thresholds to noxious skin heating, alternate fast and slow ramps were applied at inter-stimulus intervals of 8 minutes in each animal as described previously [28].

*Determination of withdrawal thresholds to A- and C-nociceptor stimulation in areas of primary and secondary hyperalgesia.*

Electromyographic (EMG) recordings were made in a total of 42 rats, naïve (n=14), dorsal hindpaw cutaneous inflammation (primary hyperalgesia, n=14) and knee joint arthritis (secondary hyperalgesia, n=14). An intramuscular bipolar electrode was made from two short lengths of Teflon-coated, 0.075-mm-diameter, stainless steel wire (Advent Research Materials, UK). Teflon insulation was removed from the end of the wire to allow for electrical contact, and then the wire was inserted into the biceps femoris of the left hind leg to record EMG activity during the withdrawal reflex. The EMG signal was amplified ( $\times 10000$ ) and filtered (50 Hz to 5 kHz; NeuroLog System; Digitimer), before being captured for subsequent analysis via a 1401*plus* (Cambridge Electronic Design) onto a PC running Spike2 version 5 software (Cambridge Electronic Design).

*Induction of Fos protein in spinal dorsal horn by A- or C-nociceptor stimulation in primary and secondary hyperalgesia.*

In a second series of experiments, a total of 50 animals was divided into three groups, naïve n=14, (unstimulated =5, stimulated =9), dorsal hind paw inflammation (primary hyperalgesia, n=18, unstimulated =6, stimulated =12) and knee joint arthritis (secondary hyperalgesia, n=18, unstimulated =6, stimulated =12). Unstimulated naïve and hyperalgesic animals were also included to control for the effects of anaesthesia and the inflammatory process. These 17 animals were anaesthetised and maintained for 4 hours, but were not subject to thermal stimulation.

Following surgery, as described above, animals were allowed to stabilize for 2 hours, and then either A- or C- nociceptors were stimulated as described above.

After stimulation, animals were maintained under anaesthesia for a further 2h to allow development of Fos expression in the spinal cord. At the end of experiments, animals were killed by overdose of alphaxalone and perfused transcardially with saline followed by paraformaldehyde (4% in 0.1M phosphate buffer 300ml). The spinal cords (L3-L5) were removed, post fixed in 4% paraformaldehyde overnight, cryoprotected in 30% sucrose solution for at least 24 h and the L3-L5 region sectioned transversely at 40 µm on a freezing microtome.

*Immunohistochemical processing for visualisation of Fos protein*

Free-floating spinal cord sections were incubated for 48-72 hours at 4°C with a polyclonal Fos antibody (Santa Cruz Biotechnology, 1:5000) in phosphate buffered saline (PBS) containing 1% bovine serum albumin, 0.1 % Triton X-100 and 0.01% sodium azide. Following rinsing in PBS with 0.1 % Triton X-100 (PBST), sections were incubated in secondary biotinylated goat anti rabbit antibody (Sigma UK, 1:500) in PBST) for 1-2 h at room temperature. The sections were rinsed in PBST, and incubated in streptavidin-conjugated peroxidase (Sigma UK; 1:1000 in PBST) for 1-2 h, and visualized with 3,3-diaminobenzidine (0.015 %; Sigma UK) and glucose oxidase (G-0543, 10000units/1.8ml; Sigma UK). Finally, all sections were mounted onto gelatine/chrome alum-coated microscope slides and coverslipped with DPX mountant.

*Cell counting*

All spinal cord sections were scanned at low magnification for identification of Fos-like immunoreactive nuclei (FLI) in the dorsal horn and of ~100 sections per animal, the 10 most heavily labelled sections were identified and total FLI counted.

We and others have previously used this method to determine maximum fos induction across all spinal segments under study [7,28,67]. Numbers of FLI dorsal horn neurons

in laminae I, II, III IV-V, X and the lateral spinal nucleus were then counted at higher magnification in these sections and their locations assigned to the appropriate laminae of the spinal cord as distinguished under dark field illumination, as described previously [28]. Data are presented as the total number of FLI-nuclei counted in each animal to give a value to the overall FLI, not the mean number of FLI-nuclei per section, which might not account for variation between different spinal segments.

#### *Data analysis*

Mean withdrawal thresholds in primary and secondary hyperalgesic animals were compared to naïve animals receiving the same stimulus (A- or C-nociceptor stimulation) using ANOVA followed by planned Dunnett's tests for comparison to naïve controls. For some comparisons of numbers of FLI-neurons, data sets were log transformed prior to analysis as not all groups met standard conditions for parametric analyses. Comparisons of FLI-positive neurons in each spinal cord lamina between groups in A) inflamed but un-stimulated animals and B) normal A- or C-nociceptor stimulated animals (Figure 2) were made using two-way mixed design ANOVA followed by Dunnett's tests, with lamina as the within-subject variable, and A) inflammation state (hind paw or knee) or B) stimulation modality as the between-subject variable. Two-way ANOVA was performed on raw untransformed

data, and Gaussian distribution was therefore assumed. This was because some control animals exhibited no FLI in some laminae, log transformation therefore resulted in incomplete data sets and within-subjects repeated measures comparisons could not be made.

Altered FLI (neuronal activation) resulting from stimulation in primary or secondary hyperalgesia (Figures 4 and 5) was determined by comparison of: naïve + stimulation, inflamed + no stimulation and inflamed + stimulation groups in specific laminae, using between-groups one ANOVA followed by Bonferroni or Dunnett's planned comparisons as stated. Data are shown as mean±SEM unless otherwise stated.

Statistical analyses were performed using GraphPad Prism 5.0/6.0. Alpha was set at 0.05.

## Results

### *Withdrawal thresholds to C- and A-nociceptor activation in areas of primary and secondary hyperalgesia*

C-nociceptor-evoked withdrawal thresholds were significantly reduced, indicating sensitisation, in the area of primary inflammatory hyperalgesia (ANOVA  $F(2,39)=4.184$ ,  $p=0.023$ ,  $n=14/\text{group}$ ) but were unaffected in arthritic secondary hyperalgesia. In cutaneous inflammation C-nociceptor thresholds decreased significantly from  $51.1\pm 0.2$  to  $49.9\pm 0.5$  °C (mean  $\pm$  SEM,  $p<0.05$  compared to naïve animals), whereas thresholds in secondary hyperalgesia were  $51.2 \pm 0.3$  °C (Fig. 1A). In contrast, A-nociceptor-evoked thresholds were unaltered in primary hyperalgesia (ANOVA  $F(2, 39)=5.842$ ,  $p=0.006$ , threshold  $52.7\pm 0.4$  in naïve compared to  $52.6 \pm 0.4$  °C in primary hyperalgesia, Fig. 1B), but were significantly lower in arthritic secondary hyperalgesia, being reduced from  $52.7 \pm 0.4$  to  $51.1 \pm 0.2$  °C ( $p<0.05$ , Fig. 1B) compared to naïve animals.

### *FLI-positive spinal dorsal horn neurons following 7 days of hindpaw or knee joint inflammation.*

Cutaneous and arthritic inflammation had different effects on spinal FLI. Seven days of cutaneous inflammation of the hindpaw resulted in an increase in FLI in ipsilateral

L3-5 lamina I whereas 7 day knee joint arthritis had no effect in this lamina (naive: total FLI-nuclei =  $23\pm 3$ , cutaneous:  $54\pm 11$ , arthritis:  $26\pm 3$ , significant effect of lamina  $F(5,70)=32.9$ ,  $p<0.0001$ ; non-significant (ns) effect of inflammatory state  $F(2,14)=0.14$ ,  $p=0.14$ , significant interaction  $F(10,70)=4.93$ ,  $p<0.0001$ , Fig. 2A).

Although neither dorsal hindpaw inflammation nor knee joint arthritis had any significant effect on FLI in any other laminae, in laminae IV-V there was a trend for an increased in FLI in arthritis (Fig. 2A. Naive  $14\pm 0.5$ , cutaneous:  $9\pm 2$ , arthritis  $20\pm 4$ ).

Generally, there were greater numbers of FLI-positive neurons in lamina I than in all other laminae, under all conditions (Figs. 2 & 3).

***FLI-positive spinal dorsal horn neurons following A- and C-nociceptor stimulation in naïve animals.***

A- and C-nociceptor stimulation in naive animals evoked FLI in multiple laminae (Figure 2B, 3A-C, J, L, N, 2 way ANOVA effect of stimulation type  $F(2,11)=13.2$ ,  $p=0.0012$ , effect of lamina  $F(5,55) = 98.07$ ,  $p<0.0001$ , interaction  $F(10, 55) = 19.67$ ,  $p<0.0001$ ). In the ipsilateral lamina I of L3-5, both C- and A-nociceptor activation of the hindpaw dorsum evoked significantly more FLI-positive neurons than in un-stimulated naïve rats (un-stimulated (control),  $23\pm 3$ ; C-fiber stimulated,  $131\pm 14$

( $p < 0.0001$ ); A-fiber stimulated,  $82 \pm 2$  ( $p < 0.0001$ , Fig. 2B, 3A-C, J, L). C-nociceptor activation also increased the number of FLI-positive neurons in lamina II ( $p < 0.0001$ ) with no effect in deeper laminae (Fig. 2B, 3E, H, J, K). There was a trend for an increase in lamina III attributable to a single outlier in this group (44 FLI neurons compared to the group mean  $13.6 \pm 7.6$ ). When compared with un-stimulated animals, A-nociceptor stimulation had no effect on FLI-neurons in any area other than lamina I, (Figures 2 and 3).

***FLI-positive spinal dorsal horn neurons following A- and C-nociceptor stimulation in areas of primary and secondary hyperalgesia***

*Primary hyperalgesia.*

In lamina I, both A- and C-nociceptor activation in the area of primary hyperalgesia resulted in significantly more FLI-positive neurons compared with non-inflamed animals, indicating a greater spinal activation to both C- (naïve-stimulated total:  $131 \pm 14$ , inflamed-stimulated  $243 \pm 26$ ,  $F(3,18)=43.77$ ,  $p < 0.0001$ , Fig. 3B, E, J, K, 4A) and A-nociceptive inputs (naïve-stimulated:  $82.2 \pm 2$ , inflamed-stimulated:  $154 \pm 20$ ,  $F(3,17)=26.5$ ,  $p < 0.0001$ , Fig. 4B, 3C, F) in primary hyperalgesia. There were no changes in FLI in response to either A- or C-nociceptor activation in other laminae, (Fig. 4C & D laminae IV-V shown for comparison). In primary hyperalgesia, there



was, therefore, increased spinal activation only in lamina I neurons in response to both A- and C-nociceptor stimulation.

*Secondary hyperalgesia.*

Both C- and A-nociceptor stimulation of the hindpaw (in the area of secondary hyperalgesia) evoked significantly more spinal FLI-positive neurons in laminae I & II in animals with knee joint arthritis when compared to the unstimulated arthritic controls (e.g. in lamina I, Fig. 5A. C-nociceptors: arthritis-unstimulated total:  $26 \pm 3$ ; naïve-stimulated:  $131 \pm 14$ ; arthritic-stimulated:  $184 \pm 23$ ,  $F(3,18)=62.99$ ,  $p < 0.0001$ . Fig 5B. A-nociceptors: arthritis- unstimulated:  $26 \pm 3$ ; naïve-stimulated:  $82 \pm 2$ ; arthritic-stimulated:  $179 \pm 19$ ;  $F(3,17)=69.13$ ,  $p < 0.0001$ ). When C-nociceptors were stimulated in the area of secondary hyperalgesia, although there was a trend for an increase of ~30% in FLI this did not reach significance compared to stimulation alone. The effect on spinal lamina I FLI can therefore be considered equivalent to that seen when C-nociceptors were stimulated in naïve animals (Fig. 5A). In contrast, there were significantly more FLI neurons in lamina I after A-nociceptor stimulation in secondary hyperalgesia than after A-nociceptor stimulation alone (Fig. 5B), supporting the hypothesis that spinal neurons are sensitised to A-nociceptor inputs in secondary hyperalgesia.

In lamina II, C-, but not A-nociceptor stimulation resulted in significantly greater FLI

than in arthritic animals alone (Fig. 5C,  $F(3,18)=7.73$ ,  $p=0.0016$ ), but the effect of C-nociceptor stimulation was equivalent in both naïve and arthritic animals, indicating no additional sensitisation to C-inputs in secondary hyperalgesia.

A-nociceptor stimulation had no overall effect in lamina II compared to arthritis alone (Fig. 5D,  $F(3,17)=2.3$ ,  $p>0.05$ ). The effect of A-nociceptor stimulation in arthritic animals was slightly but not significantly greater than in arthritic animals alone (Fig. 5D) but was not greater than in stimulated naïve animals, again indicating no additional sensitisation in lamina II neurons in secondary hyperalgesia. In deeper laminae IV-V, C-nociceptor stimulation had no effect on spinal FLI ( $F=2.47$ ,  $p=0.1$ ) whereas A-nociceptor stimulation in arthritis had equivalent effects to arthritis alone. A-nociceptor stimulation alone (Fig. 5E) evoked significantly less spinal FLI than either arthritis, or arthritis plus A stimulation (Fig. 5F & 3M, O,  $F=6.69$ ,  $p=0.0035$ ). In secondary hyperalgesia there was therefore an increased activation of lamina I spinal neurons as a consequence of A-nociceptor stimulation, but no effect following stimulation of C-nociceptors.

**Discussion:**

Chronic pain and hyperalgesia are disabling and extremely difficult to treat, particularly secondary hypersensitivities such as allodynia and hyperalgesia, which occur in areas remote from the site of injury. Secondary hyperalgesia is usually reported as being evoked by mechanical but not thermal stimuli, in contrast to primary heat and mechanical hyperalgesia [4,49], although some early studies did report secondary thermal hyperalgesia (e.g. [19]). Our approach of preferential activation of A- and C-heat nociceptors [34,42] allowed us to compare hypersensitivity and spinal activation to A and C-nociceptor stimulation in areas of primary and secondary hyperalgesia, without the confound of a sensory modality-specific change (mechanical versus thermal stimulation).

In arthritic secondary hyperalgesia we observed sensitisation to thermal stimulation of A- but not C-nociceptors. Although A-nociceptor sensitivity in secondary hyperalgesia can also be regulated through peripheral mTOR-dependent translational mechanisms [45], there is no strong evidence to support peripheral nociceptor sensitisation in areas of secondary hyperalgesia ([6,9,29,58] see also [53]). As a result of a series of elegant experiments, secondary hyperalgesia has been hypothesised to

result from central sensitisation, driven by C-nociceptors [68,72] which sensitise spinal neuronal responses to capsaicin-insensitive A-nociceptors [29,37,60]. For example, selective block of A-fiber afferents attenuates mechanical secondary hyperalgesia [58,73]. Here we have shown for the first time that spinal nociception is facilitated in response to a thermal A-nociceptor stimulation in the area of secondary hyperalgesia, indicating that secondary hyperalgesia is actually A-nociceptor-, rather than stimulus-modality (mechanical versus thermal), dependent.

Given that sensitisation of A-nociceptor driven reflexes occurs through central mechanisms, sensitised spinal neurons might be expected to show enhanced responses to A-nociceptor but not to C-nociceptor stimulation in arthritic secondary hyperalgesia.

We show increased FLI in both superficial and deep laminae in response to A-nociceptor stimulation in arthritis after seven days, indicating relatively early onset of central sensitisation compared to previous reports. In studies where stimuli did not discriminate between C- and A-nociceptor inputs, mechanical or thermal stimulation in secondary hyperalgesia increased FLI in superficial [2] and deep dorsal horn [2,51] but significant changes were seen after approximately 3 weeks in monoarthritic rats.

There were however no changes in spinal FLI following additional mechanical stimulation in secondary hyperalgesia resulting from deep muscle inflammation [54].

Sensitisation of spinal neurons to A-nociceptor input may result from the unmasking of silent A-nociceptive inputs by C-nociceptor activation, which can occur within 7 days of inflammation onset, and/or by modulation of descending controls [21,61]. For example, descending inhibitory control from the PAG has differential effects on A- versus C-nociceptor-evoked spinal events [28,41], preferentially suppressing C-fiber-mediated inputs, while preserving sensory-discriminative input conveyed by A-nociceptors [21]. The observations that the PAG differentially inhibits A- versus C-fiber-evoked responses in deep dorsal horn, but inhibits both in superficial dorsal horn, and that functional effects of PAG-evoked descending controls depend on the nature of the peripheral stimulus [39], may explain the differences in FLI/neuronal activation in our study compared to others. There was, interestingly, a trend for an increase in response to C-nociceptor-evoked spinal FLI in lamina I (Fig. 5A). Although this did not reach statistical significance it is an intriguing observation that supports previous reports of descending inhibition of C-nociceptor inputs. This trend may indicate that spinal neurons are sensitised to C-nociceptor inputs from areas of secondary hyperalgesia, but that they are modulated by descending inhibitory controls. Variable engagement of such descending inhibitory controls over C-nociceptor inputs may explain the variable nature of secondary behavioural thermal hyperalgesia [13,25,30,31,37,38,48,50,69,73].

In contrast, in primary hyperalgesia in man where withdrawal thresholds to C-nociceptor stimulation are decreased, selective block of A-fiber afferents had little effect [58,73]. Both cutaneous and articular C- and A-nociceptors are sensitised in primary inflammatory hyperalgesia [5,44,52,65], but only C-nociceptor-evoked reflexes were sensitised herein. The increased FLI to both A- and C-nociceptor stimulation in spinal lamina I in primary hyperalgesia (Fig. 4A&B), together with the lack of sensitisation of A-nociceptor reflexes also suggest that there is differential spinal processing/descending control of A and C-nociceptor inputs in cutaneous inflammation/primary hyperalgesia. Dorsal hindpaw inflammation is subject to potent descending inhibitory influences [50,62], which could explain the lack of A-nociceptor-evoked reflexes. In acute inflammatory hyperalgesia (up to 3 hours) and following acute PAG stimulation, there is greater inhibition of C-nociceptor compared to A-nociceptor-evoked reflexes [17,24]. Our findings could therefore indicate a differential inhibition of A-nociceptor-evoked spinal nociception in more chronic cutaneous inflammation [28,40,47].

Neurons in the superficial dorsal horn receive and process both A- and C- nociceptor inputs from the area of primary hyperalgesia [21,43]. On-going firing in cutaneous nociceptors, such as occurs in cutaneous inflammation [18,27], is thought to drive spinal neuronal sensitisation and activation, and to result in increased numbers of FLI neurons in the superficial dorsal horn [8]. Additional peripheral stimulation would be expected to activate these sensitised nociceptors [35] and further increase activation of spinal neurons [33,51]. Indeed mechanical stimulation of arthritic ankle joints and low intensity touch stimuli in an area of cutaneous inflammation both increase the number of FLI neurons in both superficial and deep dorsal horn [2,33]. In contrast, our results indicate that additional A- and C-nociceptor stimulation increases FLI in the superficial dorsal horn alone. This suggests that spinal neuronal activation evoked from the area of primary hyperalgesia is restricted to the superficial but not the deep dorsal horn when selectively activating either A- or C-nociceptors, when any confound due to the concurrent activation of both A- and C-fibers activating local spinal networks and descending controls is removed [21,28,43].

The expression of Fos protein has been widely used as a marker of neuronal activation in nociception [20], in identifying populations of neurons activated by acute peripheral nociceptive input [23] or inflammation [8,32]. Cutaneous inflammation (7

days), without additional stimulation, activated neurons in only lamina I, and not deep laminae, consistent with previous findings after two weeks of cutaneous inflammation [32,36] and following acute thermal and chemical stimulation [16,23]. In contrast, CFA-induced arthritis alone had no effect on FLI in spinal dorsal horn, again consistent with previous findings, where changes in deep dorsal horn at 1 week were lower, or absent compared with earlier (1-2days) or later (>3 weeks) time points [1,3,32]. There are therefore spatiotemporal differences in spinal cord neuronal activation between hindpaw cutaneous and knee arthritic inflammation. The lack of increased FLI in spinal cord of arthritic rats may be attributable to engagement of multisynaptic networks, resulting in spinal inhibition.

In control animals, the distribution of FLI neurons activated by A- versus C-nociceptor stimulation is consistent with our previous study where the majority of FLI neurons are located in the superficial dorsal horn. Both A- and C-nociceptors synapse in this region, but there were more neurons activated by C- as opposed to A-nociceptor stimulation [28]. Although a limited number of A-nociceptors also terminate in deep dorsal horn [36,57], there was no significant difference in the number of activated neurons evoked by A- and C-fiber stimulation in control animals. Also, repeated noxious stimulation in naïve animals can evoke potent descending



inhibition (diffuse noxious inhibitory controls, DNIC) [63] which could result in the lower FLI-levels seen in these animals. DNIC has been hypothesised to “...constitute both a filter which allows the extraction of the signal for pain and an amplifier in the transmission system which increases the potential alarm function of the nociceptive signals.”[63]. This hypothesis is supported by our finding that activation of the protective ‘position-sense’ A-nociceptors alone activates many fewer spinal neurons than the same stimulation in secondary hyperalgesia (Fig 5F), as we hypothesise that the need for an ‘alarm function’ would be greater in the face of existing damage, such as arthritis.

Taken together, our results identify distinct roles for A- and C-nociceptors in signalling inflammatory primary and secondary hyperalgesia. Importantly, we provide direct evidence that in secondary hyperalgesia thermal responses to A-nociceptors are facilitated. We therefore conclude that secondary hyperalgesia is A-nociceptor-, rather than stimulus-modality (mechanical vs. thermal) dependent, and that it is underpinned by spinal neuronal sensitisation to A-nociceptor inputs in laminae I and IV/V. In contrast, only C-nociceptor-evoked reflexes were sensitised in primary hyperalgesia. Our data suggest that neurons in the superficial dorsal horn receive and process A- and C-nociceptor inputs from the area of primary hyperalgesia (Fig. 6). C-nociceptor

inputs drive the spinal hyper-excitability in superficial laminae, activating spinal and bulbo-spinal circuitry that results in a facilitation to A-nociceptor inputs in both the superficial and deep dorsal horn to mediate secondary hyperalgesia, and to C-nociceptor inputs in primary hyperalgesia.

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### Figure legends

**Figure 1. Withdrawal thresholds in response to A- and C-nociceptor stimulation in primary and secondary hyperalgesia.**

A) Thresholds for C-nociceptor-stimulated noxious withdrawals were lowered only in the area of primary hyperalgesia in animals with hind paw inflammation, and were unaltered in an area of secondary hyperalgesia in animals with knee joint arthritis.

B) Thresholds for A-nociceptor-stimulated noxious withdrawals were lowered only in the area of secondary hyperalgesia in knee joint arthritis and not in the area of primary hyperalgesia in animals with hind paw inflammation.

(Data are mean+95%CI, \* $p < 0.05$ , \*\* $p < 0.01$ , planned Dunnett's tests,  $n=14$  all groups).

**Figure 2. Different effects of inflammation or thermal stimulation on spinal c-fos-like immunoreactivity (FLI).**

A) Cutaneous and arthritic inflammation have different effects on spinal FLI. Dorsal hind paw cutaneous inflammation resulted in an increase in FLI in lamina I, but in no other laminae (data are mean+95% confidence interval, \*\*\*\* $p < 0.0001$  c.f. naïve, mixed design two way ANOVA, planned Dunnett's tests.  $n=5$  naïve, 6 cutaneous inflammation, 6 knee joint arthritis). B) C- and A-nociceptor stimulation have

different effects on FLI expression in nociceptive spinal laminae. Dorsal hind paw stimulation with heat ramps that preferentially activate either C- or A-nociceptors significantly increased FLI in lamina I. In the same animals, C-nociceptor activation also increased FLI in lamina II, whereas A-nociceptor activation had no effect in this or other laminae of the spinal cord (\*\*\*\* $p < 0.001$ , ns not significant compared to naïve, planned Dunnett's tests.  $n = 5$  naïve, 5 C-stimulation, 4 A-stimulation).

**Figure 3. c-fos-like (FLI) immunoreactivity in spinal cord.**

A) Photomicrographs of representative images showing FLI in naïve rat; and B) the effect of C-nociceptor, and C) A-nociceptor stimulation on FLI immunoreactivity.

Note that data shown in Figures are the sum of FLI-nuclei in 10 sections of spinal cord, hence in each section the number of FLI-nuclei is approximately one tenth that in the associated graph. Both C- and A-nociceptor stimulation increased FLI in laminae I and II in naïve rats. D) In primary hyperalgesia, hindpaw C-nociceptor stimulation resulted in increased FLI in lamina I, but not in other laminae. E) C-nociceptor stimulation in primary hyperalgesia increased FLI, as did F) A-nociceptor stimulation. G) Knee joint arthritis had no effect on FLI compared to un-inflamed animals, and H) C-nociceptor stimulation in the area of secondary hyperalgesia did not increase the FLI compared to C-nociceptor stimulation alone (B).

I) A-nociceptor stimulation in the area of secondary hyperalgesia evoked a larger increase in FLI than the inflammation alone.

J & K) High power image of the effect of C-nociceptor stimulation alone in laminae I and II in naïve animals, and in primary hyperalgesia. L & M) A-nociceptor stimulation alone in laminae I and II in naïve animals, and in secondary hyperalgesia.

N & O) A-nociceptor stimulation alone in laminae IV-V in naïve animals, and in secondary hyperalgesia.

**Figure 4. Spinal activation to both A- and C-nociceptor input is greater in primary inflammatory hyperalgesia than in naïve rats.**

A) C-nociceptor stimulation in hindpaw inflammation resulted in an increased number of FLI lamina I neurons than stimulation in naïve animals, as did B) A-nociceptor stimulation. Cross hatched bars show naïve and inflamed animals with no additional stimulation for comparison. C) & D) in laminae IV-V, neither C- nor A-nociceptor stimulation had any effect on FLI (\* $p < 0.05$ , \*\*\*\* $p < 0.0001$  compared to stimulation in naïves; † $p < 0.05$ , †† $p < 0.001$  compared to both nociceptor stimulated groups, Bonferroni planned comparisons,  $n=6$  hind paw inflammation, 4/5 naïve + A/C-nociceptor stim. 6 inflamed + A/C-nociceptor stim.)

**Figure 5. Spinal activation to A- but not C-nociceptor input is greater in secondary inflammatory hyperalgesia than in naïve rats.**

A) C-nociceptor stimulation resulted in greater FLI in lamina I than that caused by knee joint arthritis, but had equivalent effects on both naïve and arthritic animals, whereas B) A-nociceptor stimulation in arthritic animals evoked significantly greater FLI than in naïve animals. Cross hatched bars show naïve and inflamed animals with no additional stimulation for comparison. C) In lamina II, C-nociceptor stimulation resulted in greater FLI than in arthritic animals, with no difference between these two groups whereas D) only arthritis plus A-nociceptor stimulation had any effect on FLI. E) C-nociceptor stimulation had no effects in deep laminae IV-V. F) A-nociceptor stimulation in arthritic animals evoked significantly greater FLI in deep laminae IV-V than in naïve animals. This was due to lower FLI in stimulated naïve animals than arthritic or stimulated arthritic animals. Unlike in more superficial laminae, arthritis alone evoked similar FLI to arthritis + stimulation. (\* $p < 0.05$ , \*\* $p < 0.01$  indicated groups; \*\* $p < 0.01$ , \*\*\*\* $p < 0.0001$  compared to both nociceptor stimulated groups. Bonferroni planned comparisons,  $n=6$  knee joint arthritis, 4/5 naïve + A/C nociceptor stim., 6 arthritic + A/C nociceptor stim.).

**Figure. 6. A model for inflammatory primary and secondary hyperalgesia.**

A model to explain how the neurons in superficial dorsal horn receive and process nociceptive input from the area of primary hyperalgesia, this leads to central sensitisation and enhanced activation of superficial and deep dorsal horn neurons to A-nociceptor input from the area of secondary hyperalgesia. 1° and 2° represent primary and secondary hyperalgesia, respectively. Solid lines and black triangles represent excitatory synapses, grey dotted lines and triangles represent inhibitory connections.



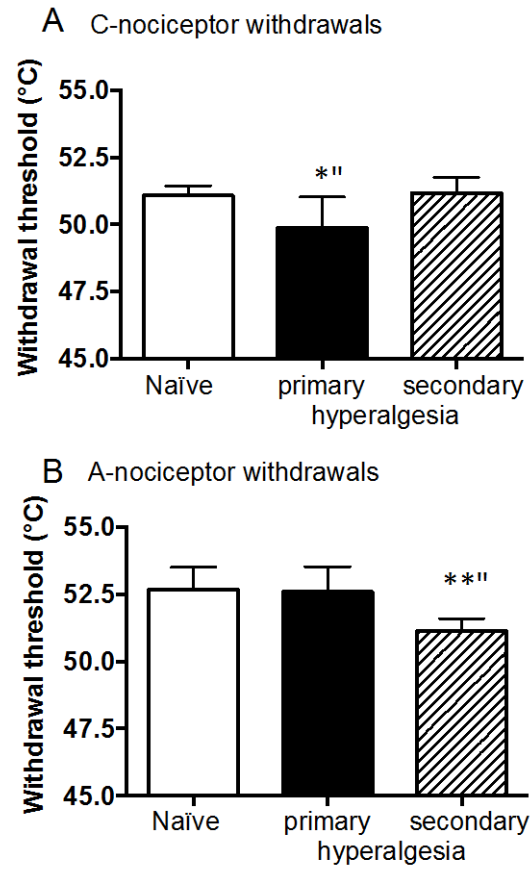


Figure 1

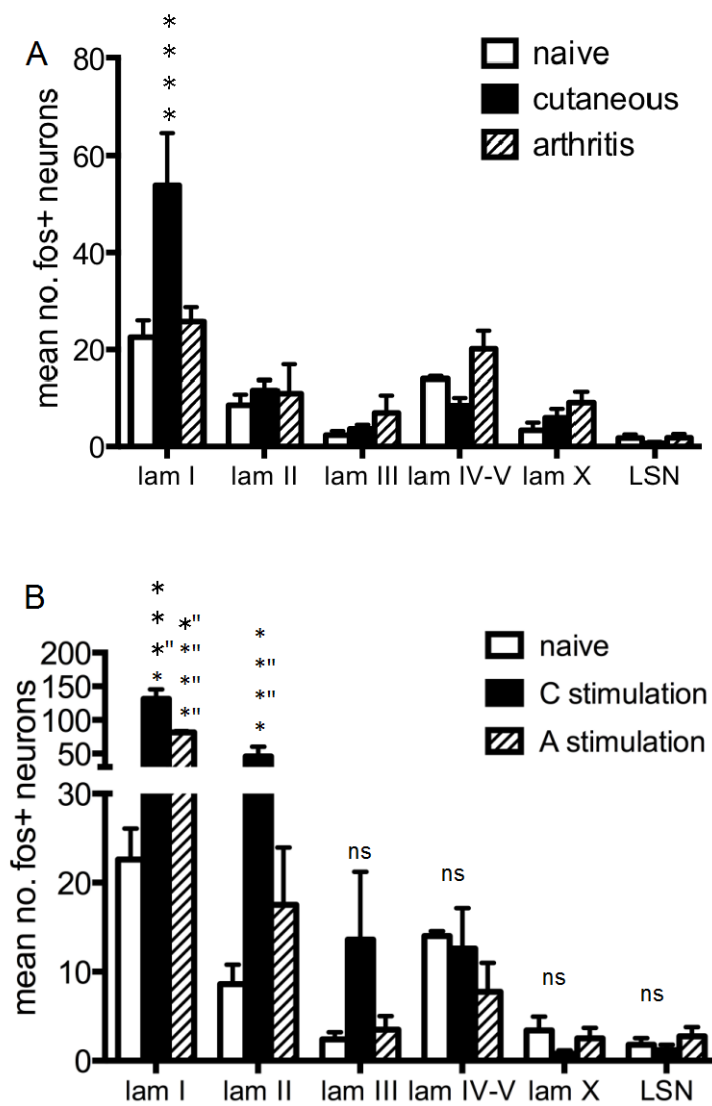


Figure 2

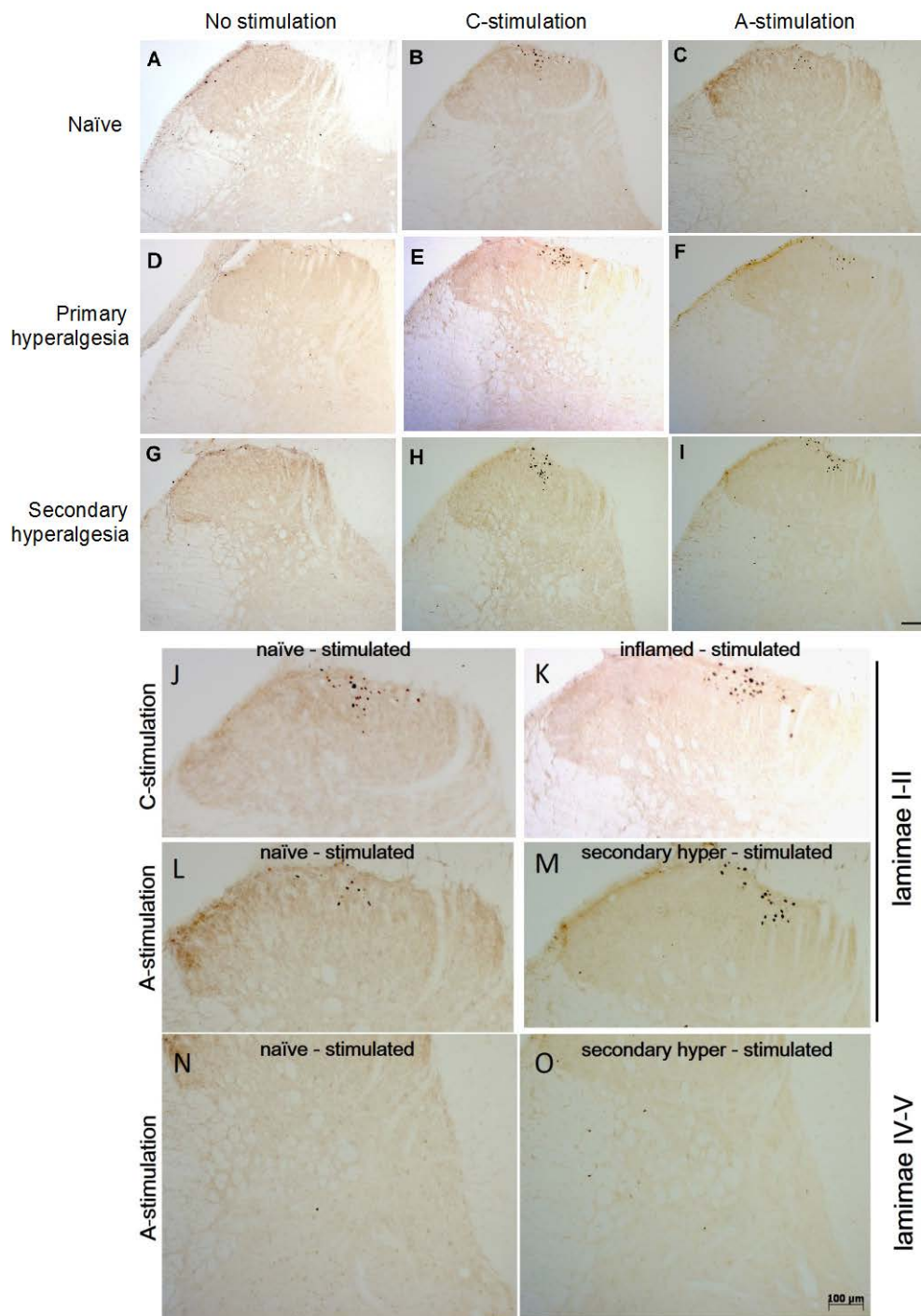
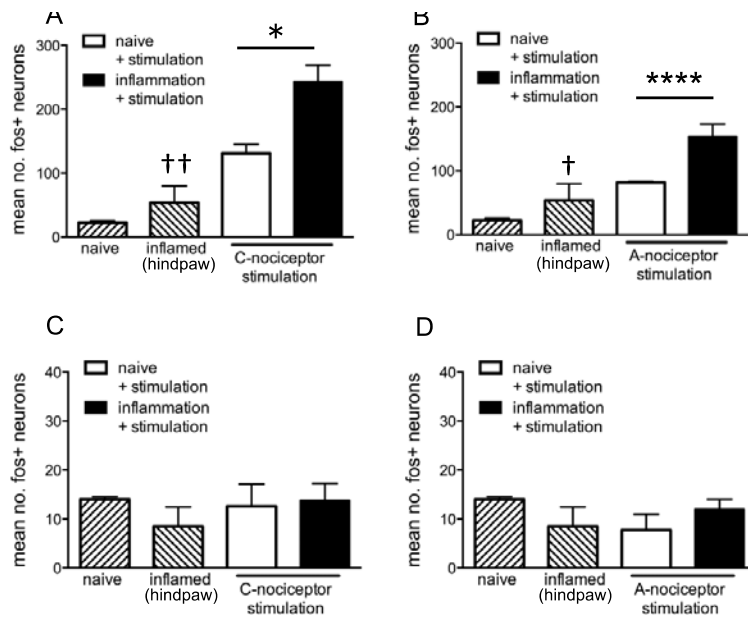


Figure 3

Cutaneous inflammation – primary hyperalgesia



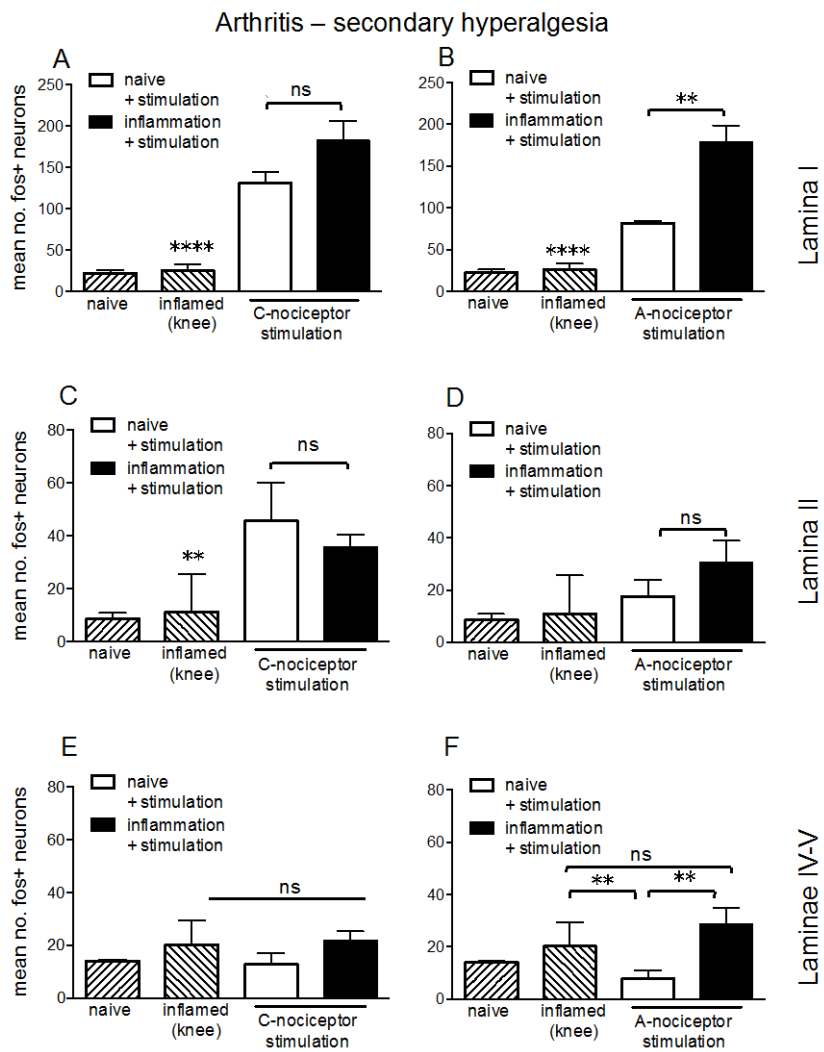


Figure 5

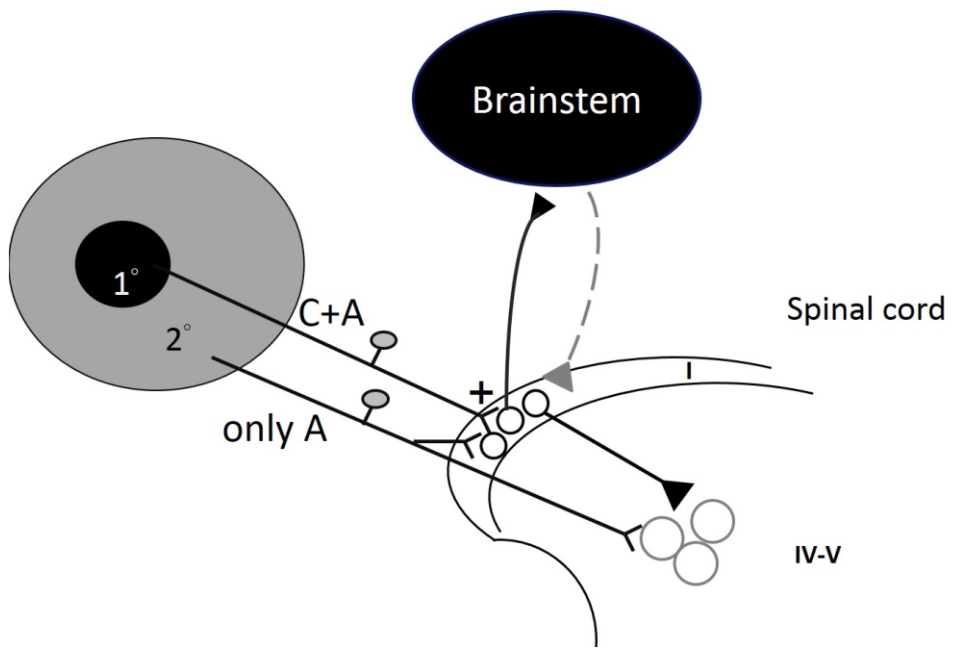


Figure 6