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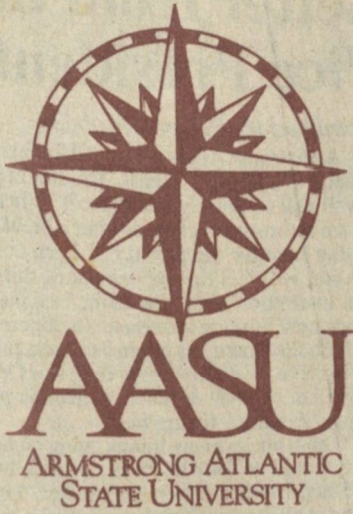
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The Inkwell

Armstrong Atlantic State University

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The Inkwell

Savannah, Georgia

Volume LX

No. 6



Look for Sports information on Page 8

Ticket Please!

An Interview with AASU's Campus Police



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While they might not have received a bag of coal for Christmas, AASU's campus police are often seen as the 'bad boys' of student parking discrepancies.

Each quarter, close to 1000 vehicles are ticketed for parking and traffic violations on campus, and that does not include warning tickets and verbal reminders to visitors and first time students who have yet to pick up a parking decal or read through a copy of the traffic and parking regulations issued with new decals and printed on pages 13-14 in the *Students Illustrated* (available for free in the Student Activities Office).

The regulations are fairly simple to follow: state and local laws apply, all student, faculty and staff vehicles must be registered and display a parking decal, only handicapped persons displaying a handicap license or temporary permit may park in the blue spaces, parking in loading and unloading or in fire lanes can get your car towed, parking on the grass and sidewalks is off limits, and cars cannot be backed into spaces or parked in an area not designated for use (for example, a student cannot park in a faculty or elderhostel spot). Last year one of the student workers even had a professor ticketed for parking in a reserved student worker spot!

Getting a ticket for a parking violation isn't cheap. The price went up from \$8 to \$15 within the last year. Parking in a handicapped space now costs \$45! According to Vice President of Business and Finance, John Stegall, approximately 5,408 parking tickets were issued for the 1995 Fiscal Year, with \$21,596 in revenue being collected from them.

Upon hearing this, the most asked question by students is, "What does the police department do with all that money?" The police department doesn't do anything with it. The money may eventually get back to them by way of new equipment, but they do not actually keep the money themselves. Likewise, the AASU Police do not assign parking spaces to faculty, staff and students. That is the job of Joe Buck, and Police Chief Rauch is quick to refer students to Buck whenever complaints of this nature arise. "Usually he calls me up once per quarter and says, 'Thanks'," joked Rauch. AASU Police secretary, Frances Stretch agrees that the AASU Police, "don't deal with the financial end of it", referring to complaints about the cost of tickets.

Students who feel they have been ticketed unfairly, may obtain a traffic appeals form from Student Activities, but don't expect the appeals board to go lightly on you.

Excuses like "I only parked in a faculty spot for a minute while I ran in and got my Student ID validated so I could check out a book I needed to write an important term paper that's due tomorrow" are usually viewed with unsympathetic ears.

Excuses that may get you cleared include parking in a staff spot because you had a broken foot and all the handicapped spaces were full, or parking in a loading zone to pick up supplies for a club meeting or booth.) To their credit though, Armstrong students are creative when it comes to getting out of paying parking and traffic tickets.

"Yes ma'm, I realize that no other cars are parked on the grass, but it was raining and I had to carry a poster to class and didn't want to get it wet."

"The speed limit is 10 miles per hour? My car doesn't go that slow!"

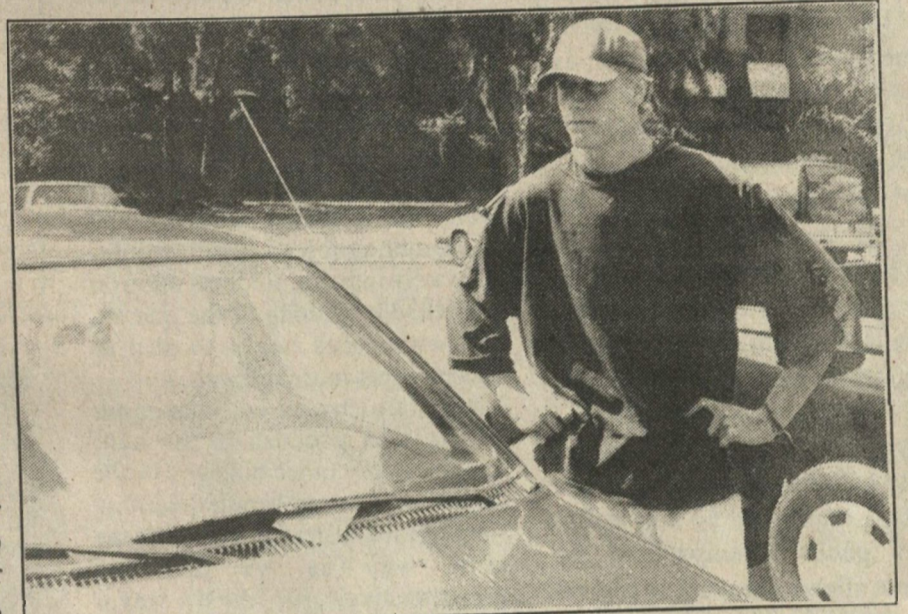
"Cross walk? What cross walk? Oh, is that what those annoying bumps are for. If you go fast enough over them, you can't even tell they are there!"

"You can't ticket me for parking overtime in a visitor parking place! I'm on academic probation and got suspended, so technically I'm not a student anymore and can park wherever I want!"

The traffic appeals office has heard them all, from sick children, dying grandmothers, dogs waiting to go to the vet and the ever favorite: "I drove for hours and couldn't find a place to park!"

Exaggerations aside, how does one know what the parking regulations are at AASU when no one ever tells you anything.

First of all, common sense should apply. The same rules you follow for state and local traffic apply for the AASU campus. That means that you are supposed to come to a COMPLETE stop at four-way stop intersections, yield to pedestrian traffic in cross walk areas, SLOW DOWN for speed bumps and park in a designated parking space, not on sidewalks, grass, behind the cafeteria, along curbs or in the yellow fire lanes at the end of parking rows, sidewalk entrances and loading and unloading zones. These fire lanes were not designed as overflow parking spaces. AASU police said that when students park at the narrow



Students get Tick-et-ed off when they find a parking ticket stuck to the window of their car. The fellow shown here was just posing for the camera.

yellow lines at the end of parking rows, they block visibility and cause accidents to occur as motorists must turn wide and pull out blindly into oncoming traffic. "Every quarter about 3 to 5 accidents occur due to people parking wrong," said AASU police officer Jim Ward, who works along with Brian Childs as one of two bike patrol officers on campus.

The two related a story about a student who forgot to set her parking brake and walked off to class as her car rolled back and hit another student's car. The girl argued with AASU police that they had no authority to arrest her, but much to her surprise, she found that within the boundaries of the campus, AASU Police have the same authority as do Savannah and Chatham County Police, and all of AASU's officers are state certified and can give state tickets to students and nonstudents that break the rules while using AASU's streets as a main thoroughfare between Abercorn and Windsor Forest.

Chief Rauch states that speeding, failure to yield the right of way and passing, especially on Science Drive before it intersects with the light at Abercorn, are some of the moving violations he's witnessed. One man was clocked doing 60 miles an hour on Science Drive.

As for passing on Science Drive, Rauch had this to say, "The road is wide so people parking can pull out. Out of all those that went to court [after being ticketed], none got out of the 'no passing'." Rauch said that legally, the passing zone on Science Drive begins at the median crossing over to Perimeter Road that circles around the Fine Arts and Ashmore Hall buildings. Most people begin passing about midway between the center of Solms Hall and the median, and anyone who has ever parked on the main campus side of the road knows that it is impossible to back out into traffic, even though the road is wide enough to accommodate you, because the oncoming traffic travels within a foot or so of your back bumper and refuses to yield.

Thoroughfare traffic can be problematic and everyone agrees that something needs to be done about it, but for the most part, campus police have been pretty good at keeping things under control with the budget they are given.

The latest addition to traffic control is the bicycle police, consisting of Jim Ward and Brian Childs. Ward attends AASU part-time and Childs majored in Criminal Justice and minored in Social Services at Valdosta State University. Both men supply their own bikes for the job and are in excellent physical condition in contrast to some of their more sedentary counterparts who have been called glorified security guards and donut eaters by students who view them with little respect until their services are needed, but AASU Police are

hardly the Barney Fifes they have been made out to be. All are certified to carry and use handguns, with some even qualifying as expert marksmen.

At a recent basketball game between Armstrong and Savannah State, AASU Police, along with the City and County Police prevented any riots or arguments from breaking out between the two rival teams despite numerous violent incidents occurring at bars and restaurants around the university after the game was over.

The Police team on campus consists of three student patrollers who assist the public, ticket cars, provide escorts to cars at night and are the "eyes and ears" of the campus police, notifying them when anything seems suspicious or wrong.

Quite recently, the student patrol found a car with suspicious tags. When the tags were traced, it was discovered that the car was stolen and that the plates belonged to another car that was also stolen.

In short, the discovery lead to a man who had stolen several vehicles including one from a car dealership in Garden City. Pretty good work for university police officers on a campus the size of ours.

Rauch says that the student patrol is "one of the best programs we've got going — that and the bike patrol."

Since it's installation, the bike patrol has cut down on the number of car break-ins and vandalism, and the bike patrol can also cover areas where cars can't reach, like the wooded trails by the dorms. Unfortunately the bike patrol needs new bikes and the school won't pay for them. Rauch says that if anyone knows of anyone who would like to donate the bikes, which cost up to \$1000 a piece, to let them know.

AASU also has a special crime patrol officer, Sgt. Williams, who "gives faculty a sense of knowing police officers" by going door to door and informing faculty on how to stay safe, hide purses and wallets from view, etc.

Basically, the AASU Police aren't the security guard types they have been portrayed as in earlier times. Their main focus is to be user friendly; to help students and not intimidate them, but they do have the authority to throw you in jail if you take things too far and if you think you are too smart and can get out of all those parking violation tickets, you might want to think again.

If you have received 6 unpaid tickets and are found violating parking rules again, your car will be towed, and if you do not pay your tickets, by the end of the quarter, you will not receive your grades in the mail and will not be allowed to register until your bills are paid.

If you have already graduated, you will be unable to get transcripts sent to other schools until your parking bills are paid. So, you might as well pay now, rather than later.

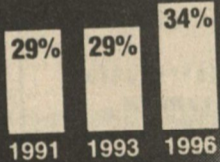


Sarah Metzgar, Ramona Harmon and Lauretta Hannon of the Office of Public Relations, take Santa (a.k.a. Dion Couch) by storm at SPS's pictures with Santa in the MCC building over the Christmas Holidays.

Homeless vets

A third of America's homeless men are veterans.

Percent of homeless men who served in the military:



SOURCE: International Union of Gospel Missions survey of 10,400 men; research by BRENNIA SINK

Dr. Anne Hudson Named National Teacher of the Year

Sarah Metzgar
Office of Public Relations
Anne Hudson is a teacher, a really good teacher according to the Carnegie Foundation for the Advancement of Teaching and the Council for Advancement and Support of Education, who named Hudson as the best professor at a master's university or college in the United States.

The first woman to receive a doctorate in mathematics from Tulane University, Hudson's commitment to teaching has become the hallmark of her career. She left a tenured position at Syracuse University to move back to her native south and become more involved in guiding students to, as she says, "the excitement and beauty, along with the practicality of the discipline."

Her goal has led her to create



Dr. Anne Hudson

new and exciting ways of learning math. The combination of her informal seminars and the organization of her popular lunch colloquium has

inspired both her students and colleagues. Whether the subjects are Random Number Generators, the Chaos Theory, or Why a Million Dollar Jackpot Isn't Really, Hudson involves all of those around her in the miracle of mathematical science.

Becoming the 1996 Carnegie Foundation's Outstanding professor of the year is yet another honor for Hudson to add to her growing list. In 1992, Hudson was named the Distinguished College or University Teaching or Mathematics for the Southeastern Section of Mathematics Association of America. In 1994, she helped the U.S. team win the international math olympiad competition in Hong Kong with perfect scores. All these are in addition to her wealth of scholarly activity and, of course, her constant dedication to the classroom.

letters

Nontraditional Student Offers Alternatives to Learning Support Registration Woes

A Copy of a letter sent to Kim West : Registrar Admissions Office

I am a night student (full-time/readmit) at Armstrong. It had been 26 years since I took or used algebra, and when I took my CPE exam, of course, I did not do well. Since taking 98, most everything is coming back to me and I am doing very well. At this time, I have scored well in the class. I also have high marks in my History 252 and ASC 101 class. I mention this to show you that I take my studies very seriously.

I realize that I must pass the CPE at the end of the quarter before I am allowed to continue to Math 99. I am writing to voice my PROTEST to the condition that I must wait until December 16 before I can register. This is absurd! I, along with many others, am paying for a course in which I will receive no credit, yet I am again being penalized. The majority of students allowed to enroll in early registration will, of course, get the best classes first. I could get registered now as I know that my major will be political science (public administration), but I am not allowed because of this rule.

There could be alternatives to this procedure. If you would allow the learning support teacher to approve the early registration based on the average grade of say 90 or better, and then let the student register with either the learning support advisors for registration or the advisors of their declared major. Should something happen that the student does not pass the CPE, then he could easily be dropped from the class—easier than getting in an already-closed class.

When I registered last quarter, I stood in line for close to 4 hours. The Learning Support lines are not only for math, but also for English. I have to take off work to get registered, so I am already at a disadvantage. I noticed in the Winter schedule that undeclared majors and students with CPC deficiencies in science, social science, and foreign language are allowed to register on November 4-7, more than one month before Learning Support. Do you really think this is fair, especially knowing that even if I pass Math 98 with a 100 on my CPE, I am still required to take 99, another class that I will pay for but will earn no credit?

Please let me know your views and reasons for the registration schedule, and let me know if you think this procedure can be changed.

Thank You.

Deborah W. Hankey

Learning Support Offers Reasons Why Alternatives Are No Longer Feasible

We pre-register students after the quarter ends in order to be certain that our Learning Support students are eligible for the classes we are registering them for. The failure rate for some of our courses exceeds 50% and in the past when we pre-registered our students mid-quarter, we had to change schedules on registration day for half of our students! This was an inefficient use of the advisor's time and of the student's time. Often, we would lose track of students who had pre-registered for core classes and they would spend a frustrating quarter in courses that they were not prepared to take.

In the past, when we had fewer students in our program, we tried to approve students for pre-registration, as Ms. Hankey suggests. As our program grew, this became more difficult, and this quarter, with 772 students in Learning Support courses, such midterm reports would be unmanageable. Furthermore, especially in math, students often do OK at the beginning of the quarter, but test scores begin to slip as material gets more difficult.

It is doubtful that we will change our registration process in the near future. Many other colleges in the University System handle Learning Support preregistration in exactly the same way as we do, and administratively, we like the way it works. I'm sorry that Ms. Hankey and others are frustrated with our procedure. No matter what registration process we used there would be some problems. I happen to believe that the process we are currently using is in the best academic interest of our students. Cyndee Geoffroy, Head Department of Learning Support

The *Inkwell* would like to thank Kim West and Cyndee Geoffroy for their timely response.

Educating Rita — Performance & Workshop

A poignant comedy performed by Parnassus Theatre Company about a hairdresser struggling through the first difficult semesters of college. The company will also present a workshop on *How to Work Professionally in the Entertainment Industry*.

Performance: Saturday, January 18, 8:00 P.M.

Workshop: Friday, January 17, 1:00 P.M.

Jenkins Auditorium Cost: \$5 general admission, \$3 senior citizens, students and military **FREE** to AASU students, faculty, and staff.

Barber of Seville
a performance of Rossini's
Barber of Seville
by the National Opera
Company
Friday Jan 17th
8:00 P.M. Fine Arts
Auditorium
call 927-5325 for ticket
information

How 'smart' air bags may work

1 Sensors placed in car; dash, windshield, under seats are likely locations

2 Sensors read passenger's size, monitor his or her position

3 In a crash, sensor sends data to computer, which determines if air bag should deploy, how fast and how fully

EXAMPLE

If passenger is leaning forward, air bag inflates slowly, with less pressure

SOURCE: American Automobile Manufacturers Association; research by HEATHER ALLEN and PAT CARR



THE INKWELL NOW HAS TWO NEW PART TIME POSITIONS

The first position offers pay for a maximum of 10 hours a week and involves typesetting, proof reading, delivering papers, and doing research for articles. Applicants must have excellent reading, writing and typing skills.

The second position is for an advertising representative. You must have a car or reliable means of transportation and be able to go out in public and meet potential advertisers. Professional attitude and courtesy are a must. This position pays for 10 hours a week plus up to 20% commission from sales. Sales Scripts and Leads Provided. Some layout and design may be involved.

We also have several writing positions available. For regular submissions, student writers are paid approximately 5 to 10 dollars per assigned story, depending on ad sales and the amount of time necessary for research. You must be an AASU student attending classes to apply for these positions. Applications are available in the Student Activities Office in the MCC building.

Influenza: Nothing To Sneeze At

(NAPS)—There could be good news, for a change, about influenza. While the virus can be dangerous, even deadly, especially for the elderly, there are ways to treat and prevent it.

A number of people all over the world have found relief from flu symptoms, in a berry.

Recent conclusions based on research conducted in Israel found that a patented black elderberry extract as a syrup or lozenge can make sufferers feel better faster. Folklore has long credited the elderberry with the ability to ease coughs and colds. One researcher at the Hebrew University-Hadassah Medical Center in Jerusalem, Dr. Madeleine Mumcuoglu was inspired to experiment with an extract of the berries.

In a subsequent clinical study supported by the Helsinki Committee, a world-wide organization which approves patient studies, she used the extract on members of a flu-struck kibbutz. After two to three days 90 percent of the patients treated with Sambucol were completely well. Tests showed those receiving the extract developed a higher level of antibodies than those receiving the placebo, too.

It has been proven that the extract blocks the flu virus by disarming the spikes that pierce cell membranes, thus preventing the virus from invading cells.

The berry extract is available now in an over-the-counter formulation called Sambucol, available at local health food stores and major drug stores. These good-



Elderberry lozenges and syrup, ancient wisdom contends, can help soothe the flu symptoms. One modern scientist says tests confirm this.

tasting lozenges and syrup contain only natural ingredients.

Here are some tips to consider the next time a flu has you:

- At the first sign of flu—which can include chills, fever, sneezing, headache, muscular pains and a sore throat, check with your pharmacist about new, over-the-counter treatments such as Sambucol.
- If your flu symptoms include a high fever and chest pains, contact your doctor.
- Be sure to drink as much water or fruit juice as you can.
- Whatever else you do, slow down, pamper yourself and get as much rest as possible.
- Consider getting an annual vaccination, unless you're allergic to eggs.

For more information about Sambucol, call 1-800/941-7747.

Letter from the Vice President

Submitted by Robert Poole Jr.

Armstrong Atlantic State University! "What's in a name?" Plenty. You might just as well ask, "What's in a place?" Whether you are returning to campus after a break, or arriving here for the first time, I am confident you will feel the excitement of this vibrant institution. Our new name is a match for our new mission statement - a document in which the Board has given us a clear mandate to serve the entire coastal region of Georgia with our (your) excellent academic programs. "Atlantic" fits us well.

There are so many things going on here that it would be folly to try to mention them all. Thus, I will mention only a few. Look around at all the physical changes on the campus! Trenches are everywhere. These ducts are not for the customary utilities, but instead will contain miles of tiny glass fibers giving Armstrong Atlantic its own network of "electrobahns" and thereby putting us once more in a position of eminence (if not pre-eminence) on the electronic super highway. To go along with it, our academic computer center is expanding to take on a new look. In this regard, please be understanding if things were a bit awkward during the fall quarter. University Hall, the new amoebic 85,000 square foot classroom and criminal justice building seems to grow, hour by hour, in all directions. At long last, space relief is close at hand! A new parking lot across from Victor also greets you - a welcome sight (and site) to be sure.

Physical change is certainly welcome, but Armstrong Atlantic is really about people. It is about the confidence students have shown in us through the prodigious increase in their numbers in our graduate programs (32% in spring '96 over spring '95). It is about the hard work of the graduate faculty. Dean Emma Simon, Dr. Roger Warlick and many others in getting these programs accredited by SACS. It is about the energy many of you have put into getting or attempting to get technology and other grants to help our students learn or to gain more convenient access to our programs. It is about tapping Dr. Anne Hudson as Distinguished Professor, a post from which she will be able to encourage and support the improvement of teaching at our university.

As we begin the new year, we want to learn from you, hear from you - your ideas, your concerns, your aspirations. The impending conversion to the semester system demands that we rethink our curriculum, that we pay attention to our creative voices, that we get to know one another better. The change in our name (dare I say status?) will broaden what is expected of us by our various publics and change what we expect of ourselves. There is going to be continued emphasis on excellence in teaching, of course; but also expect greater opportunities for grants, applied research, public service, and collaboration in the positive sense of the word.

Stoke the boilers and let's show folks what is in a name indeed! - Frank A. Butler

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The *Inkwell* welcomes public announcements, press releases, etc. Such information will be published free of charge at the discretion of the editorial staff.

The comments and opinions expressed in this publication do not necessarily express the opinions of anyone other than the person who has written them and are not to be taken as a reflection upon the views of the faculty, administrators, the University System of Georgia or the Board of Regents.

Homosexuality is Misunderstood

By Rev. Chris Fuller

I have been disturbed recently with the issue of homosexuality and I think everybody is off target. It is a significant issue for our day. I seriously doubt that the homosexual population is close to 10%, as some homosexual groups advocate, but it is statistically significant. This article will make you mad no matter what you believe. If you can not handle difficult or controversial issues, DO NOT READ THIS! But, if you are prepared for rational and spiritual thought, plow ahead. I have avoided this subject for too long because it is controversial, but I can not, in good conscience, remain silent any longer. These are my personal convictions.

First, the church has got to wake up. Homosexuals are people! History is replete with examples of folks with one set of laws/values/standards classifying another set as an abomination or vermin or less-than-human. This is fundamentally wrong. As far as that goes, every person on this planet, no matter what they believe or do, is human. They are all capable of love, and are all potentially lovable by someone. I believe God loves all of us, even homosexuals. The church should love as God loves.

Second, since God loves homosexuals, Christians should care for them. We should help those with AIDS (not that homosexuals are the only people infected). We should speak out when homosexuals face injustice. Churches should openly welcome homosexuals. Why not? The church welcomes people that are sinners and people that are sinful. The church is not a museum for saints but a hospital for sinners. If someone is greedy, covetous, gluttonous and had a bit too much to drink, but realizes he needs to worship God, most churches are understanding about letting him participate and welcomes him to the fold. They may not approve of what he did, but he should be welcomed. Remember, loving the person and loving their behavior are very different. Sadly, I find that both Christians and homosexuals find it difficult to make this distinction. The test question for churches desiring to share Christian love is: How do you love those who are religiously defined as an abomination? Sadly, many churches do not care for homosexual people.

Third, most homosexuals are born with their homosexual orientation. I believe this because of the historical record. Almost any historian who is in a position to know will tell you that cultures from every era of history throughout time all over the world has had a homosexual constituency. If homosexuality was merely a cultural influence, this would not be true. Since genes produce different temperaments and physical features all the time; why is it such a stretch that sexuality could be determined (and changed) on an occasional basis by DNA? Other theories point to the androgen bath after inception determining the orientation and the degree of homosexuality. However, just because people are born with a homosexual

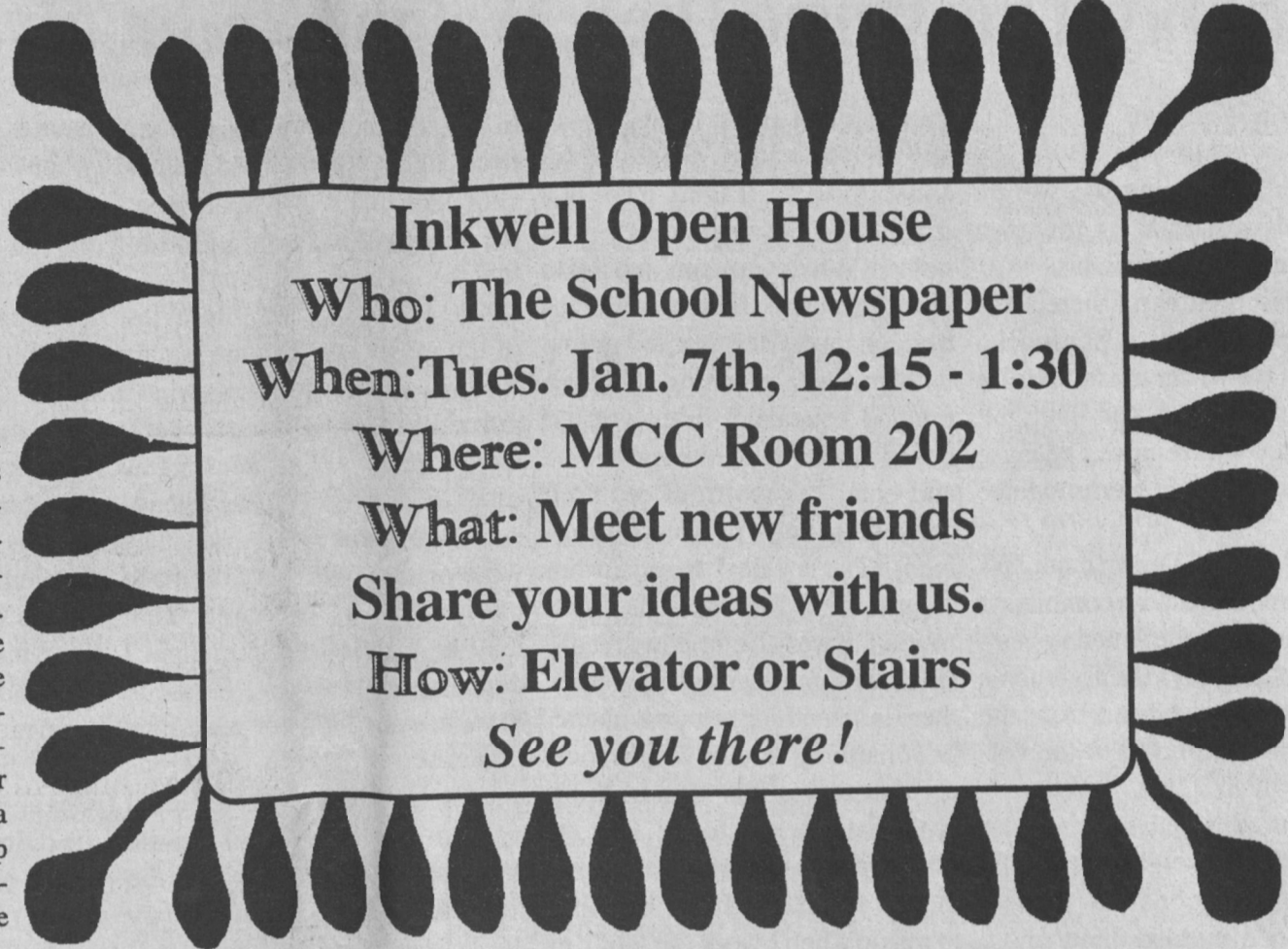
orientation does not mean that they should behave according to biological factors. Being natural and being Christian are not the same. I believe God approves of celibacy as much as marriage.

Witkin, Mednick, Schulsinger and Bakkestrom did a study on men with two X chromosomes. A female has two X chromosomes and males usually have only an X and a Y chromosome. But some men have a Y chromosome and two X chromosomes. It was found that an above average number of prison inmates had these two X chromosomes. Scientists initially believed that this extra chromosome caused criminal behavior until further studies revealed that a statistically significant number of top corporate executives had two X chromosomes. It was discovered that the additional X chromosome was related to their aggressive behavior and not criminal behavior. So, people with two X chromosomes are created by God with a quality that can be used for good or bad. Homosexuals also can act in accordance with God's commands or they might not.

Fourth, homosexuals make some pretty interesting arguments that scripture does not address their lifestyle. It is my opinion that homosexuals have to take a light view of scripture or grossly misinterpret scripture to avoid God's message. A homosexual who knows scripture well can make some convincing arguments to the uninitiated. But three points stand out in my mind regarding this discussion: 1) Every time homosexuality is mentioned in scripture, it is condemned. 2) Homosexuals allege that the kind of homosexuality we have today was not present when scripture was written. Get real! 3) Homosexuality is wrong because God says it is wrong. Leviticus 18:22, 20:13, Romans 1:27, I Corinthians 6:9 and I Timothy 1:10 are the best scriptures to begin addressing the issue of homosexuality.

Finally, Christians and homosexuals need to halt the hurtful rhetoric. Christians frequently want to "cure" homosexuals. Changing one's sexual orientation begins with the wrong emphasis. Curing someone puts the focus on fixing instead of understanding. Nothing is impossible with God, but Christians should try to love homosexual people (not behavior) and allow God and scripture to convict them of what they need to change. Homosexuals need to quit slamming anyone who is against homosexual behavior as a homophobe. Homosexuals often are nonconstructive in their criticism of non-Christian behavior by Christians. All of us need to be constructive.

I hope you think about this important issue. Good answers come with calm conversation and reflection. Prejudice is born out of misunderstanding, arrogance and assumptions. The Baptist Student Union meets every Thursday noon for a free lunch at the BSU building between the Fine Arts Hall and Abercorn. Homosexuals welcome! See ya there!



Inkwell Open House
Who: The School Newspaper
When: Tues. Jan. 7th, 12:15 - 1:30
Where: MCC Room 202
What: Meet new friends
Share your ideas with us.
How: Elevator or Stairs
See you there!

The Academic Honor Code: Is Cheating Encouraged by Professors?

By BJ English

Every student accepted to Armstrong Atlantic State University must sign an agreement stating that they have read and understood the Academic Honor Code. The Honor Code is none too brief, and many students could not tell you what it contained, but most have a general idea of what it stands for. Most students know that you are not supposed to copy someone else's work and present it as your own, cheat on tests or watch someone else cheat without saying something to the professor about it, but one of the violations of the honor code always comes to question, especially in lab and research classes where students are allowed to collaborate with others on shared information.

The violation states that "Giving and Receiving any unauthorized help on any assignment, test or paper," is not allowed. The problem comes with the words "unauthorized help". Just exactly what does this mean?

The average student would interpret this to mean that you could not be helped by someone else unless your professor said it was all right to do so. If this were total truth though, most of us would be up before the honor court in violation of this rule.

How many times has a friend or family member helped you with an assignment that you weren't clear about yourself. Perhaps you approached the professor about helping you and were brushed aside or treated as if you were inconveniencing them and that they had better things to do.

Maybe the topic you are having problems with has been discussed to death in class and you feel too stupid to ask an authorized person for help. In instances like these, you are probably safe to assume that asking for unauthorized help is not punishable by law. After all, this is why we have academic writing and mathematics tutoring labs on campus.

The general consensus is that as long as you do your own work, you are not violating the honor code by

asking someone else to help you. The problem arises when you allow someone else to do the work for you and pass it off as your own or, you don't understand the professor and instead of going to them to clarify matters, you ask everyone else to help you, panic, and resort to unconventional means to maintain your grade point average: i.e. cheating or manufacturing false results in the hope that you won't be caught at it.

Some students say professors encourage the use of other peoples ideas and materials, by giving the same test quarter after quarter and letting students keep their tests to hand down as study guides to their friends. As long as the professors do not specifically state that you cannot use old test papers to study from, then you are not doing anything wrong. It's the professors fault for not being more specific, not the students fault for not asking if it were okay to use the old tests is how the logic goes.

Other students feel professors encourage cheating by failing to give proper instructions during class time, refusing to see students who need extra help, or showing favoritism to some students and ignoring or maligning others. Anyone who has taken an art, music or creative writing course can vouch that the grade is not based so much on one's abilities to exhibit talent as it is to copy the style desired by the instructor. Students who are faced with biased instructors who openly show their dislike for some students over others, are much more likely to violate the honor code, than those who feel they can discuss their difficulties and differences with the teaching methods and be taken seriously without threat of retaliation in the form of a lowered grade.

Almost 90% of students caught cheating or stealing the work of others claim that they did not intentionally set out to violate the academic honor code. A vast majority of these cases blamed their failure to comply to the academic honor code, not on themselves, but

on their professors. Does this mean then that it is okay to cheat to even the odds? Some students so.

Of all the cases brought before the student honor court, by far the greatest number involve students who copied someone else's work, turned it in as their own and justified it because a) the professor did not explain the assignment fully in class and "no one" knew what was wanted, b) they were sick or had family problems and the professor was unforgiving and demanded the work be turned in no matter what the cause, or c) the professor was mean and nasty and treated the students as if they were a pain and not worthy of attention inside or outside of class so the student was forced to resort to desperate means.

So, do professors encourage cheating? Surprisingly, some do, but for the most part, it is the student's fault for not asking questions when they do not understand, and then blaming the professor for being unclear. Still, those professors who give assignments and don't check the work, give the same test questions every year, leave class when tests are administered, refuse to explain something more than once, or fail to keep regular office hours or make policies clear (i.e.: the need to use and cite references, whether it is all right to study in groups or if it is okay split the work up in a research assignment), are in danger of encouraging students to cheat, and while that does not take away the responsibilities of the student to uphold the honor code, it is in its own way a crime unto itself. If professors expect their students to be honest, they have to be honest with them.

If students feel they are being persecuted by an instructor, they are much more likely to violate the honor code than are students who know that the professor is concerned for their progress and is willing to listen to their concerns without retaliating.

While student responsibility is an important factor in following the academic honor code, professors who are clear, open and honest with students, encourage honesty in return.

New Year's Resolution: Get in the know...Get Involved... Go Cowboys

By Robert Poole Jr.

Welcome Back! Or should I say welcome. A new year with new resolutions. Yeah, right! How many people actually follow through with those resolutions anyhow? This is Armstrong Atlantic State University just in case you don't know. here. That almost tops the girl Please let me explain: A student calling 411 to get 911's phone asked me why Armstrong would build a sports center just so the Atlanta Hawks could practice during their pre-season training? the know. We need to get in- That person (I'm not mentioning gender or hair color) had no idea that we have a basketball team



Happy New Year! Go Cowboys!!

The Writing Center Hours Have Changed!
Mon-Thurs 8 - 8
Friday 8 - 2
Saturday 10 - 2
Closed on Sundays



The Day The Music Died: Weight Room given the Silent Treatment

By Carrie Whiddon

If you'll be using the weight room this quarter, bring your own walkman and headphones.

Late last quarter the stereo was removed during a beginning weight training class. No, it wasn't stolen in broad daylight. The stereo was removed because of all the trouble it seems to have caused.

The Athletic Department has been bombarded with complaints stemming from the sound system. Brad Holdran says the arguments and complaints ranged from the type of music played to the volume at which it was played.

A nontraditional student who frequents the weight room tells her story: "I consider myself pretty open minded about most

things. I can listen to just about any kind of music, including rap and hard rock... I think there is a difference between music and noise... When you combine noise with vulgarity, blatant descriptions of perverted sex, complete with grunting, moaning, and high pitched squeals, I think you go beyond freedom of musical choice and enter the realm of required censorship in a public environment. The music I heard in the weight room was more than distasteful, it was an embarrassment.. [It makes me] wonder whether there is something wrong with me, or something wrong with a society that thinks this kind of thing is normal behavior for all. Personally I'm not surprised they removed the radio. I like listening to music when I work out, but I'm

tired of being bombarded by sex, drugs, and violence. My world isn't like that and if that makes me abnormal then thank God for that."

A female Junior said this, "Most of the music heard in the weight room was okay. It wasn't what I normally listen to, but I really didn't mind. There were a few times though where I had to leave because of the words. I mean, they were really graphic, and it made me really uncomfortable. That may be a little over the edge. I don't think I should be forced to listen to something that makes me that uncomfortable. Whereas people have the constitutional right to listen to whatever music they want to, people also have the right *not* to listen to music they don't want to. They shouldn't

have to leave to exercise this right when using a public, state funded, facility. I think it's sad they removed the stereo. Maybe an alternative would be for the administration to pick a neutral station like Mix 97.3, or to make some mixed tapes the way they do for the aerobics classes."

Several people are angry about the situation. One girl states that she has "never experienced any problems with the stereo in the fitness center...If someone dislikes the types of music played they should bring their own personal radio with headsets to work-out with." One of our AASU athletes agreed with her. He said that he didn't mind listening to other forms and kinds of music because, "I am open minded. Bring earphones if it bothers you that

much. Open up your mind if you can't afford earphones."

All of you turning red in the face right now can be comforted. The silent treatment isn't permanent. Brad Holdran told us that the "stereo is not gone permanently. The [school] has decided to purchase a lock box." This way "the administration can set the volume and pick the radio station and lock it down." He pointed out that with a lock box "the workers don't have to worry about it and the people using the weight room don't have to worry about it and that will be the end of the discussion." The radio will not return to the weight room until the lock box arrives and the athletic department gets a chance to use it. Until then you may want to consider some headphones.

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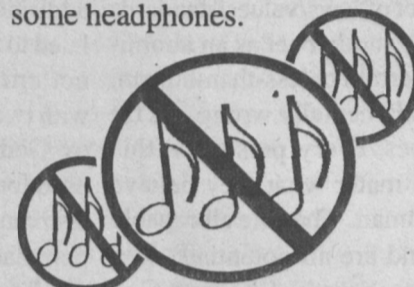
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See the next issue of the Inkwell for updated Sports Center and Weight Room hours!



Supermodels In the Closet

By Ellen Goodman

BOSTON— At first glance, the photo looks like a biogenetic experiment. You can imagine scientists playing with DNA. Let's see what happens if we take the head of a 25-year-old woman and attach it to the body of a 12-year-old boy.

Eureka! We get a fashion model.

This time, the model is Trish Goff. This time the outfit is a pair of swimming trunks and a strategically placed towel. This time the publication is not some medical annual, but the British edition of Vogue.

In the anatomical world of supermodels, Trish Goff has arrived to make Linda Evangelista look pudgy. She is just the latest model to hone the female image down past the "waif look" to the "skeletal look." And the land that brought us Twiggy is deep into the '90s controversy over anorexic chic.

It was 1993 when Kate Moss waifed into the limelight at 100 pounds spread over her 5-foot-7-inch frame. Mothers who saw her in Calvin Klein ads wanted to cover the eyes of their adolescent daughters.

In 1994, Kristen McMenamy showed up in ads looking as if her only nutrition was the Diet Sprite she was promoting. "As a teen-ager," boasted the ad copy, "she was so gawky she was nicknamed Skel-ton."

By last summer, vigilantes were scrawling graffiti over skinny billboard bodies. "I'm so Hungry," said one. "Please Give Me a Cheeseburger," begged another.

But this month for at least one sane moment, the Swiss watch company Omega pulled its ad from Vogue on the moral grounds that the incredible, shrinking models were encouraging eating disorders among young women readers.

Well, I am sorry to report that their profile in courage has been reduced to the size of Trish Goff's rib cage. Within days, Omega caved in. But not before we got the message.

The Omega company chairman recanted his stand, saying, "It is not in anybody's interest to influence the editorial position of any given media." The magazine publisher recounted his revenues, saying, "It's good news in terms of editorial independence."

Editorial position? Editorial independence? The defense of Trish the Biogenetic Wondergirl was cast, without a single tongue in cheek, as a serious matter of free speech. Any day now I expect to see a symposium on the First Amendment vs. Anorexia.

I suppose every woman who's ever leafed through pages of this fat-free zone knows what the editor and advertiser finally confessed: Fashion takes an editorial stand on the proper body size as if it were their domestic policy platform.

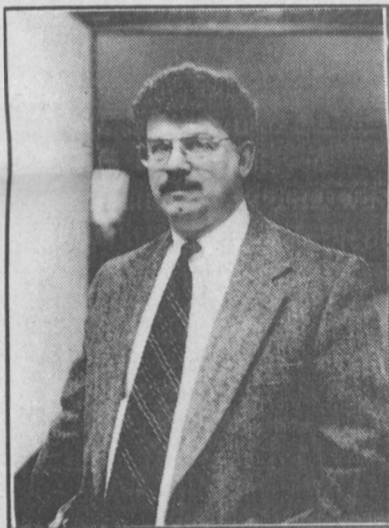
This month alone, the same British Vogue offers a piece called

continued on page 5

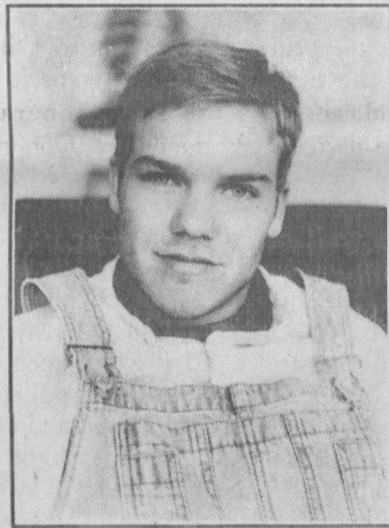
Inkwell Opinion Poll

Photos and text by Brian Polczynski and Desmal Purcell

Do You think the Semester System will be better or worse than the Quarter System?



Jim Anderson: Department Head, Art and Music
"The semester system would allow us to spend more time on musicals and projects for the theater, so yes, I would say I like the semester system better than the quarter system."



J.P. Morris: AASU Student
"Well..., I can't understand why they are making the change, but I think it's better because we can spend more time in our classes."



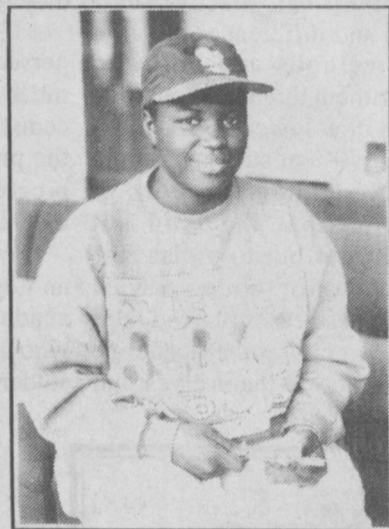
Monique Van Thiel: AASU Student
"I think the semester system is better because vacation is longer with that system."



Jack Thomas: AASU Student
"I did not even know they were considering changing, but I do prefer the quarter system."



Dawn Peterson: Professor
"I like the idea of the semester system. It gives the teachers a chance to take the class one step further by spending more time with the students."



Tavona Carnegia: Student
"Well, I don't know how the change would effect me, but I do know that I like the quarter system better."



Andrea Jany: AASU Student
"I'm not sure how the change will effect me, but the quarter system is better since time goes by quicker."

What are your views on the semester system? We'd like to hear your comments. Write or e-mail us at inkwell@mail-gate.armstrong.edu



- a) Depression is a bunch of symptoms exhibited by weak people.
- b) Depression is an unbearable suppression of brain activity that can strike anyone.

Straightening out all the misconceptions, the correct answer is 'b'. It's a concept we should all understand and remember, and here's why. Depression strikes millions of young adults, but only 1 out of 5 ever seeks treatment for it. Too many just drag themselves along or eventually seek relief through suicide. Why not treatment? Partly lack of awareness. Partly the unwarranted negative stigma. This is what needs fixing. This is where we need you to change your attitudes. It's an illness, not a weakness. And it's readily treatable. Spreading the word and making this common knowledge is everybody's assignment.

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<http://www.save.org>

Public Service message from SAVE (Suicide Awareness/Voices of Education)

This space could be yours!

For information on advertising call Carrie Whiddon at (912) 927-5351 or fax 921-5497.

More Student Activity Hours Needed

By Jo A. Lloyd
Every Tuesday and Thursday at 12:00 P.M.. There are meetings of various organizations on campus. (The American Chemical Society, The Twitmeyer Society, Women of Worth, Ebony Coalition, Baptist Student Union, The Unity and Diversity League, to mention a few). There are also Faculty Lectures which students are invited to attend. These also are held on Thursdays at noon. As if that were not enough, Student Government sponsors various entertainment, usually on Tuesday or Thursday at noon.

Sounds like a full plate, huh?!! With so many students attending Armstrong now, and the fact that Armstrong is a commuter campus with extremely diverse students, there isn't enough time in the activity hour to accommodate all of us.

For instance, if a student joins SGA they are no longer open to any other activity that meets on Thursdays. If that same student is also on the Campus Union Board, they can no longer attend anything that happens on Tuesdays. Voila!! This person cannot be active on any other organization on campus. (Unless of course it meets at night).

This is the reason I volunteered to sit on the Schedule and Calendar Task Force, a subcommittee of the Semester Conversion Committee. In order to adjust to the commuter campus we serve, it is imperative that we have at least four activity hours during the week. A suggestion is that we have Activity Hour from 12:00-1:30 P.M.. Mondays, Wednesdays, and Fridays and another Activity Hour from 4:30 to 5:30 P.M.. Tuesdays and Thursdays. This would give all students access to the things offered on this campus.

Think about it. A person could attend an American Chemical Society meeting on Monday, a Student Government Association meeting on Tuesday, a faculty lecture on Wednesday, an Inkwell meeting on Thursday, and a noon rendition of Neil Diamonds greatest hits (sponsored by C.U.B. of course) on Friday.

This would also give students more much needed time in the Math and English Tutorials, as well as



more time for Study Groups. (One of the problems of forming a study group is finding when everyone is available).

Keep in mind, however, that this would not mean there would be no classes scheduled during these times. The standing rule now is; no classes can meet during Activity Hours except those that meet at least two other times during the day (this offers the student a choice). Also, Health Professions courses (particularly clinicals) are not required to meet these guidelines.

Keep in mind also that these Activity Hours would also benefit faculty as well. Students need to hear these lectures. Many of them would benefit their assorted majors. It would also offer more choices of paid lecturers that Student Government could invite to our campus.

Some claim that the addition of more Activity Hours would conflict with class scheduling or reduce the number of classes offered. The argument to that is that there will be a net increase of 15 classrooms due to the "new building". Multiply these classrooms times ten class sessions per day and we have the ability to offer 150 more classes.

I must agree with Al Harris, Director of Student Activities, who stated, "Armstrong has never been a follower in the area of Activity Hours. We have always been a leader in providing opportunities for cocurriculum social and cultural development." We are a nontraditional commuter campus and cannot look to traditional residential campuses for answers to problems they do not have.

While students may chose not to take advantage of the programs and organizations available on our campus, Armstrong's return to a daily Activity Hour would at least provide an opportunity to those that want to participate.

Former CIA Officer James McCullough briefs AASU on American Intelligence

By Ron H. Haley Jr.

Retired CIA officer James McCullough gave a briefing about the CIA on November 19, 1996 to better inform the faculty, students, and guests at AASU.

McCullough is currently an Associate of the Walker Institute Studies at the University of South Carolina, and officially retired from the CIA in November with 34 years of service. He began his career in 1962 and specialized in Southeastern Asian countries. From 1970 to 1972, he served as United States Liaison Officer in Singapore. In 1982, he became the director of the CIA office of East Asia's analysis. In 1989, he was appointed Special Assistant for United States Ambassador to Seoul Korea. He has published several articles dealing with the intelligence agency while under William Casey. Some of the awards he has received were the Sherman Kemp award for his outstanding contribution towards intelligence literature, and also the intelligence's Medal of Merit. He received a Bachelors Degree from Austin College of Texas, a Masters Degree from Louisiana State University, and completed post graduate studies at Stanford and Harvard.

In early 1995, in reaction to a truly unprecedented level of criticism of the intelligence effort, President Clinton and Congress appointed a bipartisan commission to study the CIA which was headed by Les Aspen. Due to the unexpected death of Les Aspen, the commission was taken over by Harold Brown. Brown was former President Carter's Secretary of Defense. The Brown Commission spent a year subjecting the intelligence system to a very intrusive review. Many of the observers thought a major radical change was bound to result following the commissions report. The Brown Commission's report was submitted with little headline news. The finalized report was sent to both the President and Congress, which stated to them to leave the CIA alone, do not mess with the CIA, and to give the CIA a bigger piece of the pie—a larger budget. The report was a very surprising result to say the least. The bottom line is that the CIA will be and should be around for a while.

The CIA is nothing like the James Bond show. The public has too many misconceptions because of this. The CIA's budget is only 10% of the total intelligence budget. The majority of the budget goes to the various military intelligence organizations.

The CIA generates a lot of controversy because of its three specific missions.

1st mission: Preparation of strategic analysis for the President and senior foreign policy makers. In the United States, raw data is collected and analyzed by the CIA before going to the President and



AASU International Forum Lecturer James McCullough talks about CIA

senior foreign policy makers. Former President Harry Truman in 1947, centralized where the information was coming from because he was dissatisfied with the many different reports coming to him from all the separate intelligence shops. Truman felt that there may be an objectivity problem because the information that he did receive from a particular department always tended to support the current policy position. The result was to centralize the intelligence reporting and that it report directly to the President. The goal was to gather all the information, put it together, resolve any conflicts, and provide the results to the President. Today, the CIA has the largest collection of experts to analyze any information taken in and it could be said that they possess the largest think tank in the world. Every morning, the President begins his day by reading the CIA's analysis. The bottom line is to provide the policy makers with the best factual understanding of the world problems and political framework that he or she is facing.

The 1974 Church Committee investigated the intelligence community and said that Congress will have access to the CIA's analysis which would make it a level playing field. In the past, the President has only shown Congress portions of the analyzed data or only the parts that he wanted them to see. In retrospect, the results of the committee's decision marked an erosion of the executives power over foreign affairs. Sometimes the analysis tends to undermine the administrations foreign policy position. The real world is gray and not black and white. The information is sometimes used by Congress to attack the Presidents foreign policy position. This has a tendency to sometimes place the CIA in the middle of the dog fight that is between the President and Congress.

2nd mission: The collection responsibility. The agency is responsible for espionage. Espionage is simply the recruitment of and management of foreign spies. The collection is information on activities of foreign governments and private organizations. A general misund-

erstanding that needs to be corrected is a semantic confusion between the CIA officer and agent; the agent is the person who is a foreign national. The CIA officers who manage the agents are called caseworkers. It must be noted that the agents hired by the agency may not be and probably are not angels.

The CIA is not the Justice Department. The CIA does not dispense the justice in any way. All they do is collect information on bad guys. The CIA officers hired by the agency are average young and intelligent people. They are not Rambos. The agency tends to hire people who have a good personality with the ability to recruit possible agents in the future.

3rd mission: Covert operations. This is the secret component of the American foreign policy that is carried out clandestinely. It is used to influence the events of internal affairs of foreign governments. An example discussed was the "Farewell Operation". This was a covert operation conducted by the CIA allowing the KGB to collect information that was actually faulty information. The KGB needed the information because they had realized that the Soviet Union had fallen behind the United States in the area of research and development during the '70s and '80s.

A point to remember is that covert operations are not a big part of what the CIA does. The highpoint of the CIA's covert operations was during the Reagan administration. The cost of covert operations at that time was less than 5% of the CIA's resources and today it accounts for about 1%.

Another point to remember is that covert operations have been regulated by law since 1974. The President has to document the program and accept full responsibility. In addition, the operation has to be shown to Congress so that they can approve or disapprove. There were two covert operations that were not regulated by law. One was during the Iran hostage crisis under the Carter administration and the other was the trade of arms for hostages during the Reagan administration.

Ronald Haley's report was chosen for publication in the Inkwell from among 22 others submitted to Dr. Steve Rhee as part of a class assignment for POS 113.

Haley commented that the subject matter discussed by James McCullough cleared up any misconception those present had about the CIA. "The school is fortunate to have a guest speaker of such caliber [who] is willing to discuss and share some of his experiences to those willing to listen," stated Haley. "It is hoped that the school will continue to encourage such briefings and that the student body will gain some insight into the sometimes mysterious world of the CIA."

Supermodel continued:

"Don't Hate Me Because I Am Thin." It's American cousin has a photo spread of Kate Moss, the international role model without a single roll, in— believe it or not — Vietnam.

Mademoiselle has a piece on whether friends make you fat and Self has an article on "Weight Loss That Lasts." Meanwhile Harper's Bazaar tops them all with a swimsuit feature cutely titled "Swim at Your Own Risk." The models barely add up to a shark snack.

Fat and Fashion is an old tale except that the definition of thin has now crossed into a new "editorial" territory. A generation ago, the average model weighed 8 percent less.

The parameters of weight gain are narrower and the price is higher. Annie Morton, the co-star in Vogue's superslim issue, insists and probably believes that "I'm not that thin." When the 19-year-old actress Alicia Silverstone arrived at the Academy Awards dinner carrying a few extra pounds, the tabloids dubbed this young woman "more 'Babe' than babe."

Is it any wonder that half the 9-year-old girls in this country diet?

I know that it's not politically correct anymore to describe women as victims, even fashion victims. Our daughters are supposed to emerge form adolescence inoculated against the feel-bad culture. But in fact, the best and brightest are raised by the culture to worry about getting into law school and getting into a size 2.

Anorexia is just the top of the eating disorder hierarchy. Walk into

a college dining room and try to find a young woman who has a natural, easy attitude to eating.

In the mix of athletic and anorexic messages, there is a double whammy. The most enlightened of our daughters are now able to feel bad about their bodies and feel bad about feeling bad about them.

The editorial position of the fashion world? You can read it in another generation of girls growing up in a painfully hostile relationship to their own bodies. Trish Goff is just another skeleton in the closet.

(c) 1996, The Boston Globe Newspaper Company

Talking Condoms Send Wrong Message

By College Press Service OAKLAND, Calif.—A condom manufacturer is warning customers its stocking stuffer might give recipients . . . urr . . . the wrong message.

A batch of talking condoms bound for a Las Vegas convention were mistakenly sent to various mail-order catalogs and drug stores.

Instead of a cheerful "Merry Christmas," the talking condoms say "Thanks For Your Business."

The Marc Snyder Company, which makes the talking prophylactics, announced that 1,000 condoms with the wrong message were mistakenly sent to retailers.

"We wanted people to know about our bonehead mistake," company founder Marc Snyder told reporters. "Somebody once told me that some things are funny and sad. That's what this is."

FREE THINGS TO SEND FOR

(NAPS)—Workers and students seeking jobs and companies seeking workers can tap into QuestMatch and GradQuest on the Internet at <http://www.questmatch.com> or <http://www.gradquest.com>.



For information about Multiple Sclerosis, call the National Multiple Sclerosis Society at 1-800-FIGHT MS.

For an informative brochure with tips on how to allergen-proof the air in your home, call Norelco at 1-800-588-5666.

For a free recipe booklet, write to Veg-All 70th Anniversary Recipes, P.O. Box 19026, Green Bay, WI 54307-9026.

The AASU Office of International Programs Presents An International Forum Lecture by Dr. Michael Baun, an Associate Professor of International Relations at Valdosta State University
The topic for presentation is: "NATO, the European Union and Current Developments"
on Friday, Feb 21st at 12:15 in the Ashmore Hall Auditorium in the Health Professions Dept.

college concerns

The Job Hunter: The Truth About Cover Letters

By Brian Krueger
College Press Service

If you're in pursuit of an outstanding entry-level position, you need to know the truth about cover letters. Contrary to some of the more fashionable books on job search, no one ever got a job because of a perfect cover letter. Cover letters are extremely limited in value, even when used properly. So take everything you've ever heard, read, or seen about cover letters and throw it out! That's right, 99.44 percent of the information about cover letters is useless.

ignored. Many medium-sized and small companies don't have the resources to train entry-level hires, so the entry-level resume again will be ignored. The best you can hope for in a blind mailing campaign is that you will be filed away in hopes of being miraculously resurrected at some future date. Very unlikely. So when should you use a cover letter? Only as part of a limited, targeted campaign to reach potential employers. Take the time to research and understand a company before committing yourself on paper as their next potential employee. If you have

Most people assume that the cover letter should be about you... it should be about the company, your prospect, your target.

Why? Three reasons. First, most people assume that the cover letter is actually read before the resume. Wrong. Just ask anyone who reviews resumes: they go straight to the resume (if it's read at all) and only look at the cover letter if they're still interested. In my review of over 20,000 resumes, I've probably read only 4,000 cover letters, and that was done only after finding strong interest in the resume. It's actually rather amusing to watch a hiring manager reading his mail. The cover letter and resume are pulled from the envelope, the cover letter is immediately placed behind the resume, and the resume is reviewed. Usually scanned first, then read. And you know there is interest if they finally make their way back to the cover letter. Second, most people assume that the cover letter should be about you. Wrong again. It should be about the company, your prospect, your target. Your resume will tell them the basics that they need to know about you (if it's well-written). Third, and most importantly, many college students end up using the cover letter/resume mass mailing as a crutch to fool themselves into believing they're actually doing something to further their job search. In reality, all you're doing is generating rejection letters. Mass mailing of your cover letter and resume does not work in today's job market. Understand that at the entry level, a resume and cover letter on their own do little good. Most larger companies have established college recruiting programs that serve as the focal point of entry-level hiring. Therefore, most entry-level resumes are

no idea what a company does, don't just send your resume and cover letter in blind hope of making a potential match. If you're not willing to invest the time and energy to find out whether a match is possible, why do you expect the Hiring Manager to do so? When a cover letter is used, it should be specific and personal. It should be clean, clear laser copy, yet not mass-generated. Each letter should refer to a specific person at a specific company and provide a specific next step of action that you will be taking. Don't expect the employer to make the first step. If you wait for them to call you, your odds of contact decrease dramatically. The "Squeaky Wheel Theory" is alive and well in the employment field. If you respond to me, I'll respond to you. If not, you will likely find yourself buried underneath reams of other resumes. Be the one who stands out. Remember, you need to make any mailing specific and follow-up on each letter personally by phone. Sound like a lot of work? Not when you consider the payback. The initial investment per letter is certainly greater than a mail merge mass mailing, yet the benefits are far greater. Mass mailings often generate zero results, while a targeted mailing and follow-up program can generate 10 to 15 percent or more in the interview production success. Krueger is a hiring manager. He also is the author of the book "College Grad Job Hunter" (\$14.95, Quantum Leap Publishing, 1-800-879-4214) and webmaster of the College Grad Job Hunter Web Site (<http://www.collegegrad.com>).



Why Join a Gym When You Can Shape Up for Free!

By Radha Narayanan

Many of you are probably thinking about getting into shape. Have you thought about joining a gym or a fitness club? Well, you don't have to! Did you know that Armstrong has its very own Fitness Center? Better yet, it is free for students as long as you show your Student I.D. card to the staff member there! The Fitness Center is located on the first floor of the Sports Center (new gym) and is open on Monday through Friday from 6 A.M. to 8 A.M., and 11 A.M. to 9 P.M. It is also open on Saturdays and Sundays from 1 P.M. to 5 P.M.

The Fitness Center has many machines such as the bench press that can provide a great workout. These machines can be used to strengthen and condition your muscles or for body building. The great part is that it isolates muscles one at a time. In addition, these machines can also be used to help you lose weight. In fact, if a person combines both aerobic and strength training, they can burn more calories faster.

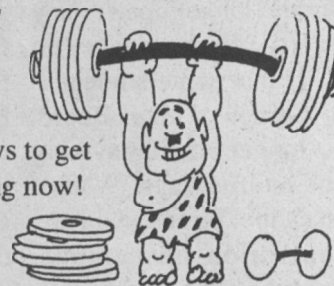
Maybe some of you are thinking that these machines are too hard for people to use. It won't be hard because there are staff in the Fitness Center who can show you how to use them. Of course, it would be intimidating to anyone at first, but once you learn how to use it, it is no big deal. An average

workout is about 30 - 60 minutes in which you alternate between 6 to 10 different machines. Of course, a body builder would want to use all the machines and work out for several hours.

What if you are not interested in using the machines, period. Don't worry, there are many other things you can do. The sports Center also has an indoor track on the 2nd floor. The track is 1/8 of a mile and so you have to run 8 laps to equal a mile. This is ideal during the winter and in the spring during pollen season! Of course, you are welcome to use the track at any time of the year.

The old gym, now known as the Aquatics and Recreation Center, is also open every day from 3 to 9 P.M. Her you can play basketball, volleyball and other similar sports with other people. Right now, you have to bring your own basketball, but later this won't be true. Participating in recreational sports and activities is a good way to

meet new people and of course get in shape at the same time. Armstrong definitely offers many ways to get into shape. So, Get moving now! Call 927-5339 for sports events and information.



Financial Aid Deadline Drawing Near

By Rebekah Sigler

Are you ready to apply for Financial Aid for 97-98? The Financial Aid Office has improved its services and is assisting Armstrong Atlantic State University students in reaching their academic goals. By doing this, the application method is achieved through electronic processing versus the student mailing the application. Only five percent of the total application volume nationwide is being done electronically and Armstrong is proud to offer this service.

Effective immediately, students are asked to bring their completed Free Application for Federal Student Aid (FAFSA) and Renewal Applications for Federal Student Aid to the Financial Aid Office instead of mailing them to the Central Processor. Current students will receive a Renewal Application for Federal Student Aid in the mail.

The priority deadline for submitting the completed and signed application to the Financial Aid Office for electronic filing is April 15, (or 5 months prior to the beginning of any term.) Please be advised that while the Financial Aid Office Staff will be entering the applications of behalf of the students, it is still the student's responsibility to ensure that the data entered is correct. The federal processor will send a Student Aid Report or an Information Acknowledgment Student Aid Report to the student. It is the student's responsibility to review the information on the Student Aid Report and if items are discovered to be incorrect the Financial Aid Office is not responsible for delays caused by data that was either reported inaccurately or if the student does not notify the office of a key entry error. Students who meet the April 15 priority deadline will have ample time to make any corrections necessary to their applications.

The Financial Aid Office will continue to process applications that have been mailed rather than transmitted. The mailing of an application will cause a two-month delay in the processing of the application so the priority deadline for mailed applications is March 1.

NOTE: Students are no longer required to turn in a copy of their Student Aid Report to the Financial Aid Office. The Financial Aid Office will now obtain the results of your application electronically from the Federal Processor, providing AASU is listed on the FAFSA as a college choice.

Student financial aid is most frequently awarded to eligible students

on the basis of need or merit. Merit is determined by the entity who is providing the money to be awarded. Need is determined by the Federal Government via the student completing the Free Application for Federal Student Aid. The application and awards process, however, is heavily regulated by federal and state law and as a result the process takes time. As many as 50% of Armstrong Atlantic State University students may be selected for a process called verification. The Financial Aid Office does not know who will be selected at the time the student applies for aid. All students should be prepared to supply a signed copy of their 1996 Federal Income Tax Return and a completed Verification Worksheet to the Financial Aid Office. Students who are not considered independent by the Federal government would also need to submit a signed copy of their parents' 1996 Federal Income Tax Return. The Financial Aid Office may also require a variety of other documents before a student can be awarded. Please respond quickly and accurately to any and all requests for documentation from the Financial Aid Office.

Only by meeting the priority deadline of April 15, can students expect to have funds available at the beginning of Fall Quarter 1997. Students who do not meet this deadline will be required to pay their own fees for Fall Quarter 1997. Please keep in mind that although we are here to help you, we are not responsible for delays caused by inaccurate or incomplete applications and files.

Application Information

An applicant for student financial aid must:

1. Be enrolled or accepted for enrollment at AASU.
2. Complete an AASU Application for Financial Aid.
3. Complete and submit a signed FAFSA or Renewal FAFSA to the Financial Aid Office or to the Central Processor (submitting it to the Financial Aid Office is preferred).
4. Other forms as requested by the Financial Aid Office

Students are eligible to apply for financial assistance provided that they are meeting the requirements pertinent to the program(s) from which assistance is sought; and making satisfactory academic progress. Students who are classified as Transient, Continuing Education, or Exchange are not eligible for financial aid. Students are required to adhere to all regulations and requirements of the program from which they receive assistance and to notify the Fi-

Financial Aid Office of any changes in status which may affect their eligibility for aid. Students must apply for financial assistance every year. Awards are made for only the current year unless otherwise noted. The minimum number of quarter hours for which a financial aid recipient may enroll per quarter varies from program to program. Students applying for financial aid, whether eligible or not, who do not meet or adhere to these requirements will not be considered for financial aid. It is the responsibility of the student and or parents to determine that all pertinent information and data have been obtained and are located in the Financial Aid Office to assure a complete and accurate awarding of financial assistance.

Deadlines

April 15 The priority deadline for submitting the completed and signed Free Application or Renewal Application to the Financial Aid Office for electronic filing.

May 15 The deadline for submitting all supporting documentation requested by the Financial Aid Office.

Students who miss these deadlines must be prepared to pay their own fees for Fall Quarter 1997. The Financial Aid Office will no longer offer an extension of fee payment to students who apply late.

Disbursement of Financial Aid

Disbursement of financial aid for preregistered students will begin on registration day each quarter. Students who do not preregister will have to wait approximately ten days before difference checks are available. Aid offered on the Award Letter is based on full-time status unless otherwise indicated, and may be adjusted depending on hours taken. **Financial aid will only be disbursed to students who have received, signed, and returned their Award Letter to the Financial Aid Office.**



NEWS OF CONTESTS

National Plastics Reuse It Contest

(NAPS)—We've all heard the familiar environmental mantra, "reduce, reuse and recycle." What you may not know is that plastics may be among the most "reused" materials around. A recent consumer telephone poll sponsored by the American Plastic Council (APC) suggests 87 percent of Americans have reused a plastic product in the last six months.

"To recognize and reward those time-honored traits of American ingenuity and practicality and to find out just how Americans are reusing plastic products, APC created the 'National Plastics Reuse It Contest,'" says APC vice president of communications Susan Moore.

The National Plastics Reuse It Contest challenges Americans to think of 10 different ways to reuse a single plastic item. The entry with the 10 most creative and practical uses wins a trip to a former castle in France that's now being reused as an inn. Entry forms are available by calling 1-800-777-9500 or visiting the APC website at www.plasticresource.com. The contest runs from September 25, 1996 through February 14, 1997.

Moore suggests these as possi-



Two-liter soda bottles can be cleaned and reused as bird feeders.

- ble ways to reuse plastic items:
- A plastic margarine tub can be reused to store food leftovers, as a beach toy which holds water or sand, as a dog food scoop or, when the bottom is punctured, as a watering can.
 - Use the plastic "peanuts" often found in packages as filler in curtain valances on windows. The peanuts help the valances appear full and fluffy.
 - Plastic garbage pails can be reused to collect rainwater for gardening.

national campus news

BYU: Shorts Female Cadets Campus Activist OK, But . . . Try Short Cuts Dies

By College Press Service
PROVO, Utah—At Brigham Young University, students can keep wearing shorts—just as long as they don't show off too much knee.

Administrators at the Mormon university recently reached that conclusion after a five-year review of the campus dress code. Skirts and shorts must be knee-length or lower, and strapless, sleeveless or revealing clothing is not appropriate, they noted.

Students should take note—those caught wearing above-the-knee shorts will be put on notice and could face expulsion.

It may sound foreign to most college students, but the strict dress code is all part of BYU's honor code. Students sign the honor code on their BYU application, and renew it each spring by filling out something called an "ecclesiastical endorsement."

According to the honor code, BYU students must be honest, chaste, virtuous, obey the law, use clean language, respect others, and abstain from gambling, alcoholic beverages, tobacco, tea, coffee and drug abuse. Also, men must be clean-shaven, with hair cut above the collar and above the ears.

Not to mention there's lots of rules about "visitors of the opposite sex." For instance, at BYU's Heritage Halls, visitors of the opposite sex are permitted only in apartment kitchens but not in bedrooms or bathrooms.

Although there's a few grumblings about the more trivial rules, most BYU students take the honor code very, very seriously.

BYU Freshman Ann Waldron told the Daily Universe that the administration is trying hard to give students a few liberties.

"The administration could be really strict, but they are trusting us with the shorts issue," she said. "They are treating us like adults and are giving us a choice—we are being trusted where easily they could take it away from us."

To Trouble

By Colleen DeBaise
 College Press Service
CHARLESTON, S.C.—Three female Citadel cadets decided their short regulation hairdos weren't short enough to blend in with the first-year male cadets, whose shaved heads give them the nickname "knobs." So they took matters—and a pair of scissors—into their own hands.

The female cadets, among the first four in the military college's first-ever co-ed class, emerged from their barracks Nov. 7 with new hairdos resembling a man's flattop. But the new look did not go over well with Citadel administrators, who expect students to adhere to uniforms codes of dress and appearance.

"Obviously, you can't have a cadet standing in front of the mirror, designing [her] own haircut," said Judith Fluck, deputy director of public affairs at the Citadel.

The cadets—Petra Lovetinska, Jeanie Mentavlos and Kim Messer—will likely be confined to campus or given demerits as punishment for breaking the rules. The fourth female cadet, Nancy Mace, did not participate in the make-over because she is a Citadel band member and wears a different uniform, Fluck said.

Apparently, the women chose the extreme haircuts as a way to show they are as committed as the male cadets. "They wanted to show their unity within the corps," Fluck said. This is the first year of coeducation for the Citadel. The state-supported college accepted women into its corps after the Supreme Court ruled in June that the all-male policy at Virginia Military Institute was unconstitutional.

Administrators spent a great deal of time on the "painstaking" task of choosing a suitable haircut for women, which was to be short, but not as short as the men's, Fluck said. The Citadel's regulation cut for women is off the shoulders, off the collar and leaves ears showing.

The three cadets were sent back to the Citadel barber, who "tried to repair the damage," Fluck said.

VMI announced in September that its first female cadets next year will sport shaved heads like the men. That has angered women's advocates and civil-rights groups, who contend shaving a woman's head is a form of humiliation.

Although the Citadel women have made up their own minds concerning their hairstyle, that doesn't mean the college is going to change its rules.

"That would be difficult to presume," Fluck said.

By College Press Service
SAN FRANCISCO—Mario Savio, the Berkeley radical who rose to fame as the voice of the 1960s free-speech movement, died Nov. 6 of suspected heart problems at age 53.

To many, Savio is best remembered for jumping on top of a campus police car in 1964 at the University of California-Berkeley after the arrest of a student for political activity.

At the time, the university had banned political activity on campus, sparking a protest that became a model for student activism against the Vietnam War and other causes.

"In the '60s, he was a powerful symbol of how an ordinary person could stand up and make history," said state Sen. Tom Hayden, a California Democrat. "He symbolized the possibilities in all of us, to resist becoming cogs in somebody's machine."

Savio taught math, logic and philosophy at Sonoma State University. More recently, he led a drive there against higher fees, and he opposed Proposition 209, the California ballot measure that bans affirmative-action programs.

Cadets Indicted In Slaying

By College Press Service
FORT WORTH, Texas—Two former military cadets accused of killing a girl as payback for a one-night fling were indicted Sept. 11 on capital murder charges.

Prosecutors say they will seek the death penalty against David Graham, 19, and his fiancée Diane Zamora, 18, if the couple is convicted of murdering 16-year-old Adrian Jones.

The former cadets are accused of plotting Jones' murder after Zamora became enraged at Graham for having a one-time sexual encounter with the girl.

Zamora, a former midshipman at the Naval Academy in Annapolis, Md., convinced Graham the only way to make up for his indiscretion was to kill Jones, say police.

In a statement to police obtained by The Dallas Morning News, Graham, a former Air Force Academy cadet, says he "convinced myself that Diane was even worth murder. After Diane gave me the ultimatum, I thought long and hard about how to carry out the crime. I was stupid, but I was in love."

Jones' body was found Dec. 4 in Grand Prairie, Texas. But Graham and Zamora were not arrested until September, when police say she revealed her role in the slayings in talks with her classmates at the Academy.

Colleges Plan To Surf Internet II

By Adolfo Mendez
 College Press Service
 Universities, once the pioneers of the Internet, now are spearheading a plan for an improved worldwide computer network service, dubbed Internet II.

At a meeting in Chicago earlier this fall, chief information officers from 34 research universities met to discuss plans for Internet II, and have agreed to put up \$25,000 each to make those plans reality.

Since then, some 80 universities have officially backed Internet II, according to William Graves, chief information officer at the University of North Carolina at Chapel Hill. Graves attended the Chicago meeting.

Other universities involved are: Massachusetts Institute of Technology, University of California at Berkeley, Purdue, Princeton, Harvard, Yale, Cornell, Northwestern, Michigan State and the University of Iowa.

"We're putting some money on the table to make sure we have people working on this," Graves said. "It's going to end up costing us a lot more than \$25,000 each."

That's why the universities are counting on President Clinton to make good on his election pledge to provide \$100 million for a faster Internet, Graves said. About \$25 million of that will go towards Internet II, Graves estimated, with the remainder likely to be distributed to federal agencies.

Other money for Internet II will come from corporate sponsors. IBM is among the early backers of the plan.

"We're not trying to build anything separate [from the current Internet] or to wall ourselves off from everybody else," Graves said. "We want it to be open. We're putting some of our own money to have a magnet to attract the commercial sector."

Universities are banking on the money that may be made with so-called "virtual universities," which would allow students to enroll in courses without being required to step foot in a classroom.

But to effectively market such courses, Internet II backers are pushing for the creation of real-time interaction between faculty and students, students and other students and faculty with other faculty.

"You and someone in real time could

review the same data [with Internet II]," Graves said. "You can't do that with today's Internet."

Taking a course using Internet II would allow students to visit "virtual places," where, for example, they could see a chemistry experiment recreated on their monitor and, like virtual reality, interact with the experiment.

Also driving the push toward a second Internet are university researchers, who complain that today's Internet has outlived its usefulness because of the heavy usage generated by commercial interests.

"Physicists have not been able to get the work done as they used to to meet university needs," says Alan Blatecky, vice president for information technologies at MCNC (formerly Microelectronic Center of North Carolina). MCNC is a nonprofit microelectronics center with a stake in North Carolina's "version" of Internet II.

Blatecky says the commercial sector's primary focus has been on adding people to the Internet, while, in contrast, Internet II supporters are working to improve the Internet's abilities.

Today's Internet is "really silly," Blatecky said, referring to the time it takes for e-mail to get from one location to another and the distance e-mail travels even if the senders are located in the same town. "The commercial side is not developing as quickly to meet university needs," Blatecky said. "The universities have an immediate need to do this."

The project also will mean internships for college students studying engineering, computer science and other fields, Graves said. Students interested in Internet II should contact their college or university for more information.

"This is just the beginning. There's going to be an Internet III and an Internet IV," predicted Blatecky. "But when they'll get started, who knows?"

Although there is no official home page for Internet II, Greg A. Jackson, associate provost at the University of Chicago, has posted information about the project on his personal web site.

For more information, including a regularly update of universities involved in Internet II, point your browser to <http://whodunit.uchicago.edu/i2ov.html>.

Read More

(NAPS)—What you are doing now is actually good for you. In fact, whenever you read a newspaper or professional journal you are broadening and refreshing your knowledge of the world and your profession.



In many professions there are designations which show colleagues, clients, employers and prospective employers that you have a high professional level of experience and competence.

A good example of one of these designations is "APR" which signifies that a person is Accredited in Public Relations. Eligible for the APR designation is any of the more than 17,000 members of the Public Relations Society of America with at least five years of experience in PR.

Information about the APR exam which is offered twice each year, is available by writing to: PRSA, 33 Irving Place, New York, NY 10003-2376. You can also call 1-800-WE-R-PRSA or visit the PRSA page on the Internet at <http://www.prsa.org>.

Reading is a big part of an accreditation process that helps broaden, validate and refresh your knowledge of a profession.

Laughter Good Medicine, Study Finds

By College Press Service
LOMA LINDA, Calif.—Giggle, snort, guffaw if you have to. When it comes to treating ills, laughter might be the best medicine of them all, researchers say.

"If we took what we now know about laughter and bottled it," said Lee Berk, a professor of pathology and laboratory medicine at Loma Linda University, "it would require FDA approval."

A good belly laugh can work wonders when treating not just a bout with the blues, but also more serious diseases such as cancer and heart disease, Berk said.

Berk and Stanley Tan, also a Loma Linda professor, recently presented their findings on the medicinal benefits of mirth at the sixth annual meeting of the American Association for Therapeutic Humor.

The scientists say the most profound effects occur in the immune system, where levels of certain disease-fighting proteins and anti-bodies rise with laughter.

Their studies have shown that laughing lowers blood pressure and triggers a flow of beta endorphins, which induce a feeling of euphoria. A good giggle also shuts off the flow of stress hormones.

Other health-enhancing benefits of laughter have yet to be explored, they say.



"We have to be real quiet. I'm taking my nap."

Southside

BILLIARD Club

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11:00 a.m. - 2:00 a.m. Friday - Saturday
1:00 p.m. - midnight on Sunday

Tuesday Night is College Night!
Discount Pool and \$1.00 Drafts With Valid Student I.D.

AASU Coupon for Southside Billiard Club One Hour of Pool Half Price

Limit One Per Person Per Visit



The Pirates basketball team is looking good this year, but unfortunately we don't have a sports reporter to decipher all the scores for us, so this may seem pretty boring to all you hard core sports fans, but here goes.

On November 25th, the Lady Pirates took on Saint Leo College winning by a narrow lead of 65 to 62.

On December 1st, the women's team played Barry University and again held out for a lead of 59 to 51.

It looks like the Lady Pirates are really doing well and we appreciate them sending their scores over. As soon as we can find someone to photograph and report on the games, we'll try to do a better job of representing this fine team.

If you're not really a sports fan, come out and enjoy the fun anyway. Basketball is sort of like a soap opera, the more you watch it, the more involved you get until by the final few minutes you find yourself standing and cheering the home team on.

Seven of last year's players have returned to fortify the women's team and it seems like the new coach Lynn Jarrett took over the position from fired coach Kim Bynum, everyone wondered how it would affect the team, but apparently the answer is for the better.

The men's team do not send their scores to us...hur-umph, hint, hint, but we did attend their game against Savannah State and they played a great game and wowed the crowd at their rebound abilities.

In the latter part of the game, the crowd could have sworn it was at a tennis match instead of a ball game, as the ball changed sides at least five times in 20 seconds. First it was SSU, then AASU, no, SSU... The crowd went wild.

Coach Griff Mills called the team in for a lengthy chastening as Savannah State closed on Armstrong's 11 point lead at the half, but AASU pulled it off to win 78 to 63.



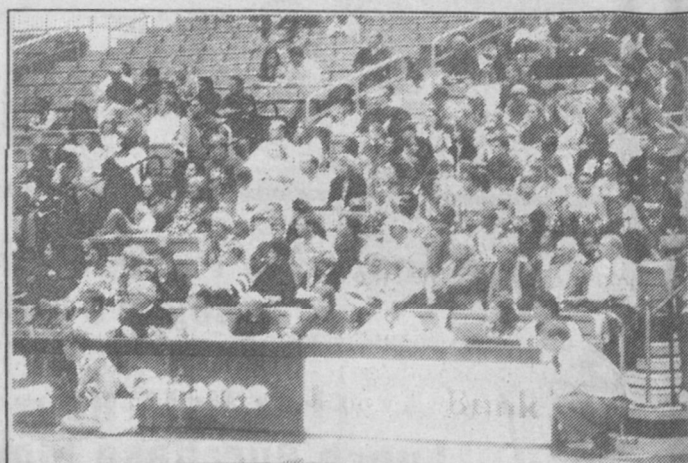
AASU players show strong offense, gain control over ball and make their play.



AASU players beaming after SSU victory.



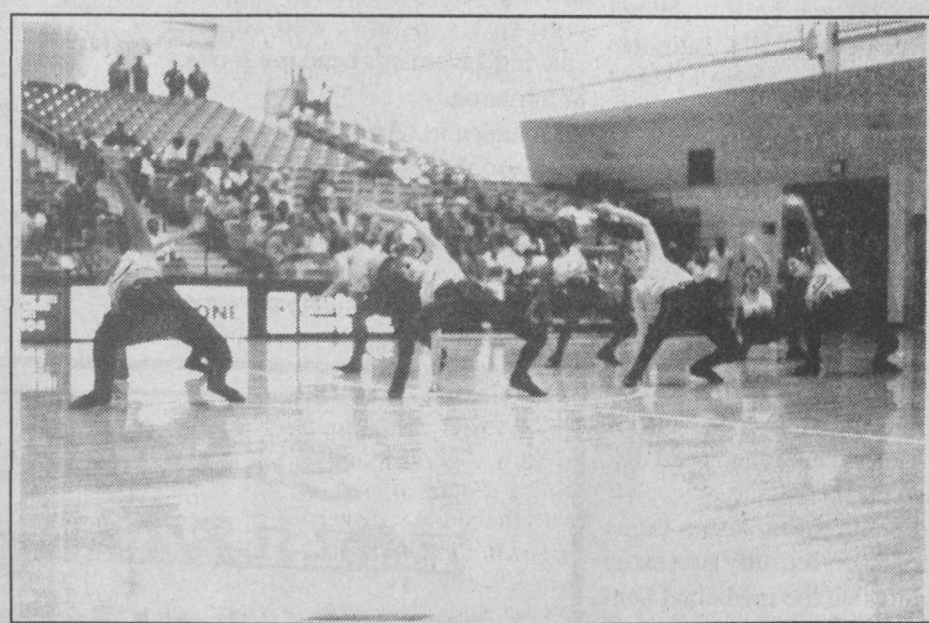
Savannah State was hot on the heels of AASU players, but it wasn't enough to take away the win.



Coach Griff Mills, bottom right, focuses on the play as the crowd awaits the celebration.

ARMSTRONG ATLANTIC STATE UNIVERSITY
1997 MEN'S BASKETBALL SCHEDULE

DATE	LOCATION	OPPONENT	TIME
JANUARY			
Thursday 2	Aiken, SC	University of SC-Aiken	7:30
Saturday 4	Sports Center	Kennesaw State University	4:00
Wednesday 8	Sports Center	Augusta State University	7:30
Saturday 11	Florence, SC	Francis Marion University	4:00
Monday 13	Sports Center	Georgia College	7:30
Wednesday 15	Columbus, GA	Columbus State University	7:30
Saturday 18	Sports Center	University of SC-Spartanburg	7:30
Wednesday 22	Pembroke, NC	University of NC@Pembroke	7:30
Saturday 25	Sports Center	Lander University	4:00
Wednesday 29	Sports Center	University of SC-Aiken	7:30
FEBRUARY			
Saturday 1	Marietta, GA	Kennesaw State University	4:00
Wednesday 5	Augusta, GA	Augusta State University	7:30
Saturday 8	Sports Center	Francis Marion University	4:30
Monday 10	Milledgeville, GA	Georgia College	7:30
Wednesday 12	Sports Center	Columbus State University	7:30
Saturday 15	Spartanburg, SC	University of SC-Spartanburg	7:30
Wednesday 19	Sports Center	University of NC@Pembroke	7:30
Saturday 22	Greenwood, SC	Lander University	4:00
— 26,27,28		Peach Belt Tournament	
	Milledgeville, GA	TBA	
MARCH			
— 6,7,8		NCAA Regional Tournament	
TBA		TBA	
— 13,14,15		NCAA Elite 8	
TBA		TBA	
JUNE 11		Graduation	



AASU Dance Team Struts Their Stuff at SSU/AASU game

UCLA Coach Fired

By College Press Service
LOS ANGELES—The University of California-Los Angeles fired its men's basketball coach, Jim Harrick, after he violated a NCAA recruiting rule and then lied about it.

A UCLA inquiry began Oct. 15, when an athletic department official reviewing expense-reports became suspicious at the high cost of a dinner Harrick held for recruits. It turned out that Harrick had invited two more current basketball players than allowed under NCAA rules, UCLA said.

"We might have responded less severely if that had been the only violation," UCLA Chancellor Charles E. Young said. "But the situation was exacerbated by other actions that followed."

The UCLA expense report signed by Harrick falsely identified those who attended the dinner by switching the names of the two players with two individuals not there. When questioned, Harrick repeatedly lied about the dinner and encouraged another current basketball player to lie also, the university said.

Harrick admitted that he misled the university when confronted with the results of the UCLA inquiry.

The firing comes less than a month after a separate Pac-10 inquiry into the sale of Harrick's Chevy Blazer to the sister of a highly touted recruit. The NCAA found no violations because the car had been sold at fair-market value.

In his eight years at UCLA, Harrick's team made the NCAA's post-season tournament each season and won the national championship in 1995.

"We are grateful to Coach Harrick for his many contributions to our basketball program," Young said. "But we cannot allow a winning record to cause us to overlook such an ethical breach."

Lea Rentmeester on her way to the Olympics!

The *Inkwell* wants to congratulate Lea Rentmeester for her performance in the 1996 American Open Weightlifting Championships held here at Armstrong on December 6th, 7th and 8th. Lea is a student at AASU and trains with Michael Cohen for Team Savannah.

She was nominated as Olympic athlete of the year for 1996 by the US Olympic Committee.

We hope to have photos of Lea complete with story in an upcoming edition of the *Inkwell* and offer our apologies for not finding the time to give better coverage of this remarkable athlete.

ARMSTRONG ATLANTIC STATE UNIVERSITY
1996-1997 Lady Pirates' Roster

#	Name	Ht.	Yr.	Pos.	Hometown/Previous School
12	Dana Cummings	5-7	So.	G	Knoxville, TN / Powell High School
11	Becky Dyson	5-9	So.	F	Warner Robins, GA / Northside High School
10	Robin Gray	5-9	Jr.	F	Ridgeland, SC / Thomas Heyward Academy
25	Michelle Hubbard	5-6	So.	F	Ridgeland, SC / Thomas Heyward Academy
32	Sonia Oliver	5-10	Fr.	C	Ellabell, GA Bryan County High School
30	Kristi Parker	5-9	So.	F	Warner Robins, GA / Northside High School
20	Kechia Seabrooks	5-6	Fr.	G	Albany, GA / Dougherty High School
40	Jillian Spates	5-9	Fr.	F	Homerville, GA / Clinch County High School
22	Jamie Townsend	5-7	Jr.	G	Springfield, GA / Effingham Co. High School
14	Monique Van Thiel	5-10	Jr.	F	The Netherlands / Hill Junior College
33	Christa Vaughan	6-1	Jr.	C	Orlando, FL / Seminole Community College

Where there's smoke...

Cigar Smoking Craze You Can Protect Children Hits College Campuses from Secondhand Smoke

By Colleen DeBaise
IOWA CITY, Iowa—White hazy clouds hang like hoods over students' heads, and the pungent aroma of smoke permeates the room.

Each month, the University of Iowa Cigar Society gathers at a local restaurant to puff on their favorite cigars. In the case of UI junior Ryan Lumsden, that would be an Arturo Fuente, a premium cigar hand-rolled in the Dominican Republic. "You don't inhale a good cigar. It's for the taste in your mouth," explains Ryan Lumsden, executive president of the UI Cigar Society. Ahh, the bouquet, the aroma, the flavor of a good cigar. Once considered an accoutrement of the cognac-sipping, Florsheim shoe-wearing set, cigars are gaining new fans among twenty-somethings. In fact, college students' new-found passion for puffing has led to the formation of cigar clubs on campuses nationwide.

According to Cigar Aficionado, a slick, 4-year-old magazine credited by some for helping to reignite the smoky trend, the oldest collegiate club is the Cigar Society at Florida State University.

"I think university clubs are becoming more common," says Elizabeth Zajac, an FSU senior and president of the Cigar Society at FSU, which started in 1994. "I got a call [recently] from a student at the University of Florida wanting to start a cigar club there. The more, the merrier. We're glad there's other cigar smokers out there."

An estimated 10 million Americans are firing up stogies, and sales are up for the first time in 23 years, according to the Cigar Association of America. Moreover, cigar smokers are getting younger: more men in their 20s are taking up cigars, although the highest concentration of smokers remains among men over 40, says the association.

Since the UI Cigar Society won official student-club status in January, membership has increased from 12 to 70, says Lumsden, who started the club.

"The reason we began is, I've been enjoying smoking cigars for a number of years," he says. "Once you start talking to other people...there's more cigar smokers than you think. Fine cigars are very vogue now."

The group, which receives money from the UI student government, holds two meetings a month: a casual get-together at a local restaurant, and a more informational meeting at a tobacco shop.

Lumsden says the UI Cigar Society adds a little flavor to the campus. "Iowa prides itself on its diversity," he says. "[The society] is not ethnic or about race. It's diversity by interest." The club, he says, is for "anyone who enjoys smoking cigars to get together and enjoy themselves." Fifteen women have joined the club, which Lumsden attributes to the changing image of a cigar smoker. "We're not just trying to be a male-elitist type group," he says.

Cigar Aficionado magazine has made it trendy for women to smoke stogies by featuring supermodel Linda Evangelista and, most recently, Demi Moore, on its cover, Lumsden says. "I think it gives females the go-ahead: 'We can do this, too,'" he says. "In the beginning, there was very little [female membership in the club]. Once other women found out that other women were doing it, they weren't afraid to come."

Despite the recent hype, however, most women aren't lighting up. According to the Cigar Association, women account for only about 2 percent of cigar smokers.

Still countless magazine newspaper and articles have tried to dissect why more women are taking up cigar smoking. To some, it's the next great leap for women's equality.

In 1916, or so the legend goes, women fighting for the right to vote began to smoke cigarettes as "symbols of emancipation."

Years later, they would burn bras as a sign of liberation. Some theorize that this is just the next step: Powerful, independent women clamp stogies between their teeth to battle the Good Old Boys Clubs.

Not so, say women college students who smoke cigars. "A lot of women enjoy it for the same reasons men do," says Gretchen Heeren, a UI

junior and a member of the UI Cigar Society. "If I have a good cigar, it's enjoyable. That's why I do it." She likes to puff on an Island Amaretto. "It's really sweet and light and has a really good flavor," she says. "It's not harsh like some cigars."

Zajac, of FSU's Cigar Society, says she rejects the notion that cigar smoking is an extension of the women's rights movement.

When she accepted the presidency at a cigar dinner last year, "my teacher was like 'Women's Lib!' and she got crazy over it," she says. "I didn't see it that way. I'm a liberal, and I didn't see it that way."

Zajac admits, however, that she has gotten mixed reactions to her passion for cigars. "I get irritated," she says. "Why can't I just enjoy my cigar? Why does it have to be an issue? I'm tired of it."

Stephanie Reynolds, 19, a UI sophomore and society member, says she gets annoyed by the strange glances she'll get when smoking cigars with her female friends. Zajac, who wrapped herself in burlap to look like a cigar for Halloween this year, smokes about five cigars a week. "I really enjoy the pleasure of it," she says.

Her favorite cigar is a Partagas 10, from the Dominican Republic. "It's not so mild; it's a full-bodied cigar," she says. "It's a nice smoke."

She even stores her cigars in a humidifier, handmade by her dad. But other women are not quite the connoisseur she is, she says.

"I think it's almost starting to become a thing where girls want to do it because it's trendy, not because they enjoy a cigar," she says.

Heeren admits that's why she joined the UI Cigar Society. "I always kind of thought cigars were dirty, smelly and disgusting, in general," she says. "But it's kind of the trendy thing to do. It's sophisticated."

The sudden surge in the popularity of cigar smoking certainly hasn't pleased everybody. The American Cancer Society warns that cigar-smoking is not a safe alternative to cigarette smoking.

"The reality smells worse than a cheap stogy," the Society warns in its newsletter, Health Watch. Not only are cigar smokers three times more likely to develop lung cancer than nonsmokers, but people who smoke cigars are as much as 10 times more likely to risk dying from cancers of the mouth and throat.

The Society blames the cigar comeback on "clever marketing, slick publications and celebrity smokers" such as Arnold Schwarzenegger and Jack Nicholson.

"Of course it's not the best for you," says UI's Ryan Lumsden. "If you enjoy doing it, you have to decide whether that's a good trade-off for you."

Zajac says she doesn't feel that she smokes enough to be at much of a risk. "I really don't see myself in much danger," she says.

She's more concerned about the decisions she must make for the FSU's Cigar Society, which currently has about 50 members, including 10 women.

For the past two years, the society has been an off-campus club. This fall, it was given student-club status, which means it can accept funds from the student government.

"We don't even know if want to get the money yet, with all the attachments," she says. "We're not allowed to purchase any cigars through the money the university gives us."

Also, another problem is the fact that "ports, scotches and bourbons go well with cigars," she says. But anyone attending a university function at which alcohol is served must be 21 or older. In any event, "we're just glad that we're recognized," she says.

At the House of Lords restaurant near Iowa City, UI Cigar Society members puff away while conversing through the hazy smoke. A true cigar smoker, they say, is not discouraged by the stench. Although, "it can get a little overwhelming," Heeren admits.

Reynolds says the smell doesn't bother her—as long as she's smoking. "I think the smell of some of them are more offensive than others," she said. But according to Lumsden, "if you really like the cigar, you like the smell."

Perhaps that's what sets apart the trendsters from the aficionados.

By BJ English

In 1986, the Surgeon General of the United States reported that involuntary smoking can cause lung cancer in healthy nonsmokers. It can also lead to increased risk of heart disease. The Surgeon General also reported that the simple separation of smokers and nonsmokers within the same air space may reduce, but not eliminate the hazards.

Exactly what qualifies as the same air space has been of some debate, but in general, the divided sections of smoking and no-smoking sections of restaurants, offices and shops is a main target of many who feel their rights to clean air are being violated.

Of greater debate is whether the closed doors of coworkers is enough to keep the smoke from entering halls and offices of other nonsmokers. Basically, if you can smell someone's smoke, you are sharing the same air space, but arguments on how harmful are the effects of second hand smoke drifting from several doors down, are not enough to convince the majority of people that smoking should be banned in the work place, restaurants and public grounds such as zoos and theme parks, where nonsmokers feel they have no means of escaping secondhand fumes.

People with breathing problems can attest that secondhand smoke, whether indoors or out, is more than just an annoyance to them. It prevents them from breathing any air, whether it contains smoke or not. Many asthmatics can trace their problem back to an adult who smoked in the home.

A recent study involving children ages five to nine, showed impaired lung function in youngsters who had smoking parents as compared to those whose parents were nonsmokers.

Women who smoked during pregnancy were twice as likely to have babies who suffered from respiratory distress system as were babies whose mothers did not smoke.

Parents who smoked in the home, aggravated the respiratory systems of their children, often trig-

gering asthma episodes.

Studies also show, that growing children with friends and family who smoke, are more likely to take up smoking than children from families who don't smoke, despite warnings from parents that smoking was bad for their health.

Many smokers currently suffer from respiratory distress, heart disease and decreased libido, but they are so hooked on the habit that they cannot give it up.

The American Lung Association urges parents and caregivers, that if they cannot give up the smoking habit, at least they should protect their children by not smoking in the home.

An article by the American Lung Association appearing in the *American Journal of Respiratory and Critical Care Medicine* shows that a study of 11,534 elementary school children in the US and Canada revealed that children exposed to cigarette smoke in the home were 70% more likely to have wheezing with colds, 60% more likely to go to the emergency room for this condition, and 40% were more likely to have persistent wheezing compared to children who lived in homes where parents did not smoke.

Furthermore, the study found a dose-response relationship to the number of cigarettes smoked in the home. "The more cigarettes smoked in the home, the higher the rates of wheezing in children," said Douglas W. Dockery, Ph.D. of the Harvard School of Public Health.

More than two thirds of the children in the study were reported to have been exposed to cigarette smoke in the home at some time or another. About half of the students in the survey currently lived in homes where at least one parent smoked, one quarter lived in 2 parent smoking homes and 13% lived in homes where at least 30 cigarettes were smoked in their presence every day.

To find out more about the dangers of secondhand smoke, contact the American Lung Association at 1-800-LUNG-USA.

The Smoking Debate from Excite Internet

Fueled by alleged public health concerns, numerous measures have been introduced by federal, state, and local governments to ban smoking in restaurants and workplaces. These measures are unjustified. Scientific evidence does not support the claim that secondhand smoke is a serious health threat to non-smokers. More importantly, there is no need for government involvement in this issue. Workplaces and restaurants are private spaces, operated and

voluntarily utilized by individuals who are capable of making their own mutual arrangements regarding smoking policies.

Some individuals undeniably dislike being in smoke-filled restaurants and other public places. Secondhand smoke may even cause physical discomfort to some people. On the other hand, other people like to smoke, or are not bothered by secondhand smoke. The proper way to resolve this conflict is to allow

Facts and Myths About Secondhand Smoke

Myth: Outdoor air pollution is more dangerous and harmful than indoor smoking pollution.

Truth: Your risk of developing cancer from secondhand smoke is about 100 times greater than from outdoor cancer-causing pollutants.

Myth: The most harmful component of secondhand smoke is what the smoker exhales into the air -- the "smoker's exhaust fumes," so to speak.

Truth: The smoke coming from the end of the burning cigarette contains much greater concentrations of dangerous poisons and cancer-causing substances than the smoke exhaled by the smoker.

Myth: Children aren't affected by secondhand smoke; it's OK to smoke in the presence of your kids so long as you don't blow the smoke in their face and open a window. The same goes for smoking around your pregnant partner.

Truth: Exposing a child to secondhand smoke is a form of child abuse. Although secondhand smoke is dangerous to everyone who comes in contact with it, fetuses, infants, and children are at greatest risk. This is because secondhand smoke can damage developing organs, such as lungs and brain.

Myth: Secondhand smoke is more of an annoyance than anything else, and while it can make some people uncomfortable (and cause others to have allergies), all in all it's really very safe to be around.

Truth: Secondhand smoke is a personal and public health hazard. Exposure to secondhand smoke is responsible for an estimated 3,000 deaths from lung cancer among nonsmokers in the U.S. each year, and linked to 36,000 deaths from heart disease annually. Passive smoking, in fact, is our country's third leading preventable cause of death after direct smoking and alcohol.

Who is most affected by secondhand smoke?

Infants, children, and individuals of all ages with chronic respiratory or cardiac problems, asthma, allergies, or compromised health status are most adversely affected by secondhand smoke. Pregnant women and their unborn children are also adversely affected by secondhand smoke. From an occupational standpoint, factory/construction site workers, bartenders, waiters and waitresses consistently exposed to secondhand smoke are at increased risk for developing lung cancer.

independent establishments to individually determine their own smoking rules. Consumers will then vote with their wallets, frequenting those establishments that cater to their preferences with regard to the amount of smoke, as they do with food preparation, quality of service, ambience, and so on. If some people object to eating in a smoke-filled restaurant, they are free to eat somewhere else. Restaurant owners should be equally free to choose whether, and how, to accommodate smokers, non-smokers, or both. The same should be true of all privately owned establishments.

The impetus behind the movement to restrict exposure to secondhand smoke is a 1993 Environmental Protection Agency meta-analysis of several secondhand smoke studies. EPA's meta-analysis claimed to find a statistical relationship between secondhand smoke exposure and lung cancer. But almost all of the studies EPA looked at found no relationship between the two. Unsatisfied with the results of these statistical analyses, the EPA engaged in what Science magazine termed "fancy statistical footwork," violating scientific standards by modifying the results of the studies and flouting conventional statistical methods.

More recently, a 1995 Congressional Research Service study similarly concluded that EPA's estimates of the effects of secondhand smoke exposure were highly uncertain. CRS's own position is that existing evidence does not support the view that secondhand smoke has substantial health effects. While smoking is itself an undeniable health risk, the case against secondhand smoke rests on shaky ground. If secondhand smoke were as dangerous as the EPA claims, then there would be no need for the agency to ignore conventional scientific methodologies.

Some people undeniably object to secondhand smoke. However, there is no grounds for the federal government to legislate how private establishments address this concern. It would be one thing for the federal government to impose standards on federal properties, another for it to reach into every small business, or even every home, and dictate smoking restrictions to each and every American.

Q: Don't I have the right to dine out in a smoke-free restaurant?

A: Yes, in the sense that, if someone wishes to operate such a restaurant, then you should certainly be free to patronize it. But government should not mandate smoke-free restaurants, just as it should not force restaurants to be disco-free, or vegetarian, or kosher. People have an incredible range of tastes when it comes to food and dining atmosphere, and the restaurant market works pretty well to satisfy these tastes. The notion that government must step in to regulate this aspect of a field as competitive and fast-changing as restaurants is ridiculous.

Q: Why would the EPA manipulate scientific findings to exaggerate the carcinogenicity of substances?

A: The EPA has a strong incentive to label substances carcinogenic. With every new environmental problem it "discovers," the agency expands its budget, influence, and prestige. Given the disfavored status of smoking, the secondhand smoke issue presented the EPA with an ideal situation in which to discard the accepted standard for statistical significance. The agency has thus created for itself a precedent which will be extremely useful in the future when it examines the carcinogenicity of other substances as well. In fact, the importance of statistical significance is already being downplayed in EPA's newly-proposed risk assessment guidelines for carcinogenicity.

Q: Since we know smoking is dangerous, shouldn't the EPA err on the side of caution in the case of second-hand smoke? After all, EPA's job is to protect us from environmental hazards.

A: Erring on the side of caution may sound like a good policy, but quite often it can be deadlier than lack of caution. New technologies may pose risks, but they can also save lives; technological stagnation is almost certainly more dangerous than technological development. The EPA's proper function ought to be to give the public accurate data about the risks that we encounter in day-to-day living; it should attempt to mandate the avoidance of such risks

announcements

Faculty Exhibition
From now until January 11th, the Fine Arts Gallery at AASU is exhibiting work by art professors. Stop by and see the talent AASU has to offer.

Yellowstone National Park - TW Recreational Services is now hiring for the summer of 1997! 3500 positions available. A recruiter will be on campus Feb. 11th from 10-3 in the MCC. See Lorie Durant in Career Services for info.

Mary Howden Gibson/Lois Hamilton Scholarship — Candler Hospital is offering scholarships to be used by qualifying students in the area of the allied medical fields. The amount of the fund to be used by the student for tuition costs will be determined by the Executive Board of the Auxillary. See Financial Aid before March 31st to apply.

First Day of Classes is Jan 3rd.
Last Day to drop/ad is January 6th
January 20th is a Holiday - No classes that Day

Musical Comedian, Mike Rayburn is scheduled to appear at noon in the cafeteria on Tuesday, January 9th.

the Inkwell Open House is scheduled for 12:15 Tues Jan 7th.

Campus Etiquet: In the Out Door

By BJ English

"There are two things that make me mad on this campus," said a friend of mine as she fumed into the office. "One is when people see you getting off the elevator and crowd around you so you can't get out, and the other is when you try to get to class and everyone is trying to get in the 'out' door and block the 'in' one so you can't reach it! Why can't they just open the other door instead of trying to get in the one everyone else is coming out of? ARRRGGHH!"

Threesomes tripping shoulder to shoulder down the stairs, oblivious that others are plastering themselves against the stair rails and walls to let them go by, giggly girls who eat brunch and chat about cute some guy is while you are trying to pay attention to the instructor, and half-grown men who shake their legs and drum their fingers in such rigorous displays of boredom that *Wild Kingdom* could run an entire program on their ritualistic behavioral displays, are just a few of the annoying people who could use a course in campus etiquette.

Mind you, none of us are perfect and sometimes we want to be annoying and do strange things on purpose in the hopes that someone will get the hint and cease to annoy us back, like when a professor has kept a class overtime for the fifth day in a row and everyone starts shutting up notebooks crinkling paper and fidgeting with sweaters and bookbags while staring at watches and looking longingly toward the door, like a pet that has to potty and thinks if it stares hard enough, the door will magically open and release it from its misery.

These annoying acts have a practical basis for both students and pets who have learned that these behavioral responses yield results in some if not all cases. These annoying acts aren't really rude and many of us are so conditioned that we do them without thought. Even the best behaved of us wants to start packing up and heading to the door when we hear the sounds of closing books and backpacks or see our neighbors stare at their watches, then the clock and then the teacher as if one of them must need readjusting. Like Pavlov's dogs, we are just doing what comes naturally.

Still, there are some things you learned in Elementary School that stick with you into adulthood, things like walking in a line single file to the right of traffic, not talking when the teacher talks, putting your chair back under the desk or table when you leave, and standing away from elevator doors until everyone that wants to come out had done so.

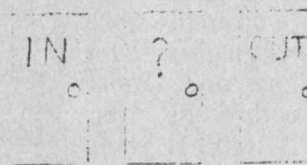
People in the military and those living in big cities or traveling overseas, will often tell you that the people in Savannah just don't know what they are doing. They walk

against the grain of traffic, pass in no passing zones, zip two by two through four way stops in an unbridled display of malicious undisciplined.

While *The Inkwell* realizes that not everyone is as advanced in polite behavior as the person who is judging them to have no politeness at all, we offer the following tips for campus etiquette.

1. Bringing a packet of crackers to munch on in class is acceptable behavior if you don't have time to eat between classes. Bringing a four course meal, especially one with a pungent stench, into the class room and continuing to munch on it until class is over is in poor taste. If you spill food or drink, clean it up. No one likes to sit, stand or put their books down in sticky wet goo.
2. It is generally a universal understanding that pedestrians walk with the outside of the wall, road or walk way to the right side of their shoulder. Slower people stay to the right. Crowds of people walking abreast must yield to oncoming pedestrians and not drive them over the stair rails, into the dirt and mud or out into oncoming traffic.
3. Entering and Exiting buildings follows the same rules for pedestrian traffic: Keep to the right. It doesn't take an architect to figure out that the reason why a building has two doors is that one door to the right is for entering and the other for exiting. When one tries to enter against the flow of traffic, one sets oneself up for a tail beating extraordinaire by one's peers who have 2 minutes to make it from the Fine Arts building to the Gym and change into sweats for P.E.
4. Speaking of sweats, people with body odor and bad breath are rarely as offended by themselves as are others. If you notice people backing away from you and moving across the room, you might consider that you have a hygiene problem. If you don't care what others think about your scent, be glad you aren't in the US Army. From what I understand, the general cure for people who don't keep themselves neutral smelling is that they are taken out naked and scrubbed 'til they bleed as a "gentle" reminder of how annoying offensive smells can be.

If you have any ideas for improving campus etiquette or have a solution to a problem that bugs you on campus, give us a call or drop by and visit us during our open house on Thursday, January 11th Just remember to brush your teeth and use deodorant before you come, we have a scrub brush in the corner and we're not afraid to use it.

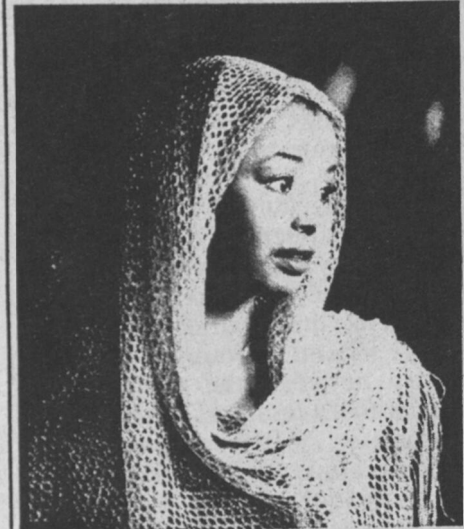


LET US ENTERTAIN YOU!

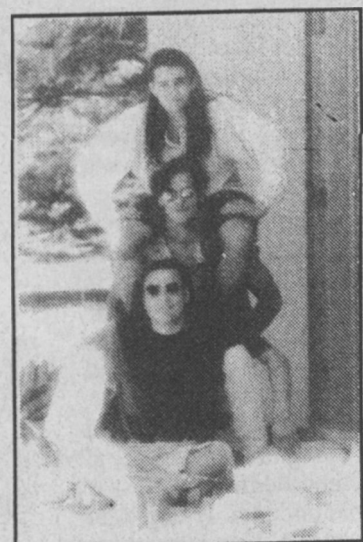
The Campus Union Board has quite a bit of quality and diverse entertainment planned for the Winter Quarter! It should be exciting and educational! Listed below are some of the events planned and a little bit of information about them. Pick up a Winter/Spring Activities calendar in Student Activities for more information.

- Jan 9th Comedy with MIKE RAYBURN and FREE DOMINO'S PIZZA! Noon MCC
- Jan 16th SONIC JOYRIDE - this band is going to play on top of their bus (weather permitting) and are coming to us ABSOLUTELY FREE! Come support them and we will give some free beverage and munchies!
- Jan 18th "EDUCATING RITA" play in Jenkins Auditorium at 1pm
- Jan 23rd "THE GRIOT" performance/play in Jenkins Auditorium at noon
- Jan 25th Kid's Nite Out 6-9pm MCC
- Jan 31st Lillian Labbe & Don Hinkley perform a French Concert 8pm in Fine Arts.

The Department of Art and Music is also sponsoring a paid concert by the National Opera Company performing "The Barber of Seville" in the Fine Arts Auditorium at 8 P.M. on Friday January 17th.
Advance Tickets are \$10 for adults
\$15 if purchased at the door
Contact the Fine arts Department for more information.



Celebrate the unity of mankind with Kijana Wiseman



Cruising the country on their Cosmic Sled "SONIC JOYRIDE" stops by Armstrong for a free concert!

AAEC/JOHN LOCHER Editorial Cartoon Contest

THE AAEC/JOHN LOCHER MEMORIAL AWARD COMPETITION FOR STUDENT EDITORIAL CARTOONIST IS NOW OPEN

THE WINNER OF THIS CONTEST WILL RECEIVE AN ALL-EXPENSE PAID THREE DAY TRIP TO THE ASSOCIATION OF AMERICAN EDITORIAL CARTOONIST'S CONVENTION IN ORLANDO FLORIDA, JUNE 25 - 28. THE CONTEST IS SPONSORED BY THE ASSOCIATION OF AMERICAN EDITORIAL CORTOONISTS

ENTRY FORMS AND RULES ARE AVAILABLE IN THE INKWELL OFFICE.

Classifieds

FREE PHONE CARD! Activate when ready. *Lowest cost* prepaid phone cards on the market! 19cents/minute. anywhere in the U.S. anytime if day. Recharge when used up. For your free card send a S.A.S.E. to F.T. Bazemore, P.O. Box 16827, Savannah, Ga. 31416.

HELP WANTED: Musahi Japanese Steak House is hiring waiter or waitress - Full or part time, will train. Call 352-2128, ask to speak with the manager.

HELP WANTED: Men/women earn \$480 weekly assembling circuit boards/electronic components at home. Experience unnecessary, will train. Immediate openings your local area. Call 1-520-680-7891 EXT C200.

CAMPUS REP WANTED

The nation's leader in college marketing is seeking an energetic, entrepreneurial student for the position of campus rep. No sales involved. Place advertising on bulletin boards for companies such as American Express and Microsoft. Great part-time job earnings. Choose your own hours; 4-8 hours per week required. Call:
Campus Rep Program
American Passage Media Corp.
401 2nd Avenue West, Seattle, WA 98119
(800) 487-2434 Ext. 4444

SGA President Gives Birth to Baby Girl Over Holidays

Pam Aubrey, president of the Student Government Association (SGA) gave birth to an 8 lb. 4 oz baby girl, named Ashley Anne over the Christmas holiday. Congratulations Pam!!

Student Activities has a New Secretary

Congratulations also to Patricia Higgs who has taken the place of Anette Logue as secretary for Student Activities. Patricia was interim secretary for the Vice President of Business and Finance at Savannah State for two months and her husband is the Director of Financial Aid at SSU.

Mock Interview Day



- TIME:** 11:30 a.m. - 12:15 p.m. **Free Luncheon** (for student participants and employers)
- 12:20 p.m. - 3:00 p.m. **Interviews**
- DATES:** Wednesday, February 12, 1997 **Sign-up by February 10, 1997**
Wednesday, May 21, 1997 **Sign-up by May 19, 1997**
Wednesday, October 8, 1997 **Sign-up by October 6, 1997**
- PARTICIPANTS:** Limited to 30 students per event
- ATTIRE:** **Professional dress required**
• Dress or suit for women
• Sit or slacks, shirt, tie for men
- REGISTRATION:** Come to the Office of Career Services to sign-up by the date listed above.
- PREPARATION:** Come prepared to discuss your skills, abilities, and interests. If you have a resume, bring it. **Dress for Success!**

Mock Interview Days Are Beneficial

Many students make the error of interviewing with a company without adequately preparing in advance. Do not make the mistake of making your "first interview" your very "first interview"! Good interviewing skills are learned over time. The more you interview, the better your interviews are going to be and the more positive you are going to feel. Even if you have had several interviews it is always a good idea to upgrade your skills. The job market is very competitive, therefore today's job applicants need to be prepared.

So, how does one get a "first interview" without actually having a job at stake? You can take the first step by signing up for The Office of Career Service's Mock Interview Day. You will meet with a trained professional; who will walk you through the interview process. There will be a twenty minute interview

and then ten minutes of constructive feedback. *These interviews are for experience only and are not for real employment opportunities.*

Students that have participated in a Mock Interview Day experience have found it to be extremely rewarding. Here are a few of their comments:

"It was a great experience."
"A learning opportunity."
"I was made to feel comfortable, not intimidated."

Here are some examples of companies who have participated in Mock Interview Day:

- Gulfstream
 - Parent & Child Development
 - Savannah Labs
 - Bureau of Alcohol, Tobacco & Firearms
 - Social Security Administration
- Call The Office of Career Services at 927-5269 for more information or to sign up to participate.

A Spell is Cast on Savannah

By Anslee Willett

A sign outside an Atlanta church reads "Welcome to Hilton Head Island, S.C."

This appears odd except to the cast and crew of "Savannah," a one hour weekly TV show. They are filming a wedding scene that is to take place in Hilton Head.

In July Jennifer Spell began working for "Savannah," which is filmed in Atlanta and occasionally in Savannah for outside scenes.

"There was an open casting call in the newspaper," said Spell. "After I went, they called and said any time I wanted to work they'd have me."

Spell, 23, works as an extra and stand-in on the show. Extras play background characters, such as people dining in restaurants. Stand-ins rehearse main character roles while the camera and lights are set up properly before filming begins. Stand-ins are paid more than extras.

Joseph Thomas, first camera assistant for "Savannah," has worked on films and TV movies and series since 1980. He has noticed Spell's determination.

Jennifer is way under utilized, I believe. I think she has the talent and that intangible quality that will allow her to go as far as a performer in film. She seems determined to do this," said Thomas.

Spell has been active in theater work and taken acting classes. "My dad had me on the stage when I was 5," said Spell. "I've known that I've wanted to act for a long time. It's been a constant feeling."

Glenn Spell has encouraged his daughter's acting desire. He has directed and acted in theater and worked on the films "1969" and "Now and Then."

"We [mother and father] were excited when she told us she was working on the show. I have an interest in it myself, and I knew it was a good start towards a career," he said.

When asked if he watches "Savannah," Glenn Spell replied, "I began watching the show last year, but I didn't go out of my way to watch it. Now, I make an effort to watch it."

Spell's roommate Lisa Kagan also watches the show.

"I like being able to find out what happens before it actually happens on the show," said Kagan, referring to episodes being filmed weeks in advance.

Spell usually works three to

four days a week. The daily shifts range between two hours and 15 hours.

The wedding scene mentioned earlier began filming a little after 6 p.m. Six shots, each lasting under five minutes, were filmed. The "martini shot," or last shot of the day, ended at 12:45 a.m.

Filming shots is time consuming because of the work that must be done before actual filming begins. The scene "blocking" works out the way the shot is played. This includes determining the proper camera angle and lighting and working out the movement and positions of the characters. Some shots also require several takes before the director is satisfied with it.

Spell arrived at the set at 6 p.m. and was not needed to stand-in until around 10 p.m. This waiting works to Spell's advantage.

"I still get experience while I'm waiting on my shots because I watch what's going on around me," explained Spell.

The mood on the set is not always serious. Between a shot at the church, Spell exchanged jokes with another stand-in while Jamie Luner, who plays Peyton Richards, suddenly began dancing while shouting part of a song.

Spell hopes her experience with "Savannah" will help further her acting career.

"You see, I'm going to have a one woman comedy show like 'Ellen,'" Spell jokingly said. "I wouldn't necessarily want my own TV show. I'd much rather do films, and I know that I have to give it the effort it's worth."

Extra and stand-in work are ways that can lead to more extra and stand-in work in films, according to Joseph Thomas.

"It's not going to just happen. It takes work, determination, and that something 'special,'" explained Thomas. "I hope soon Jennifer will get a break or an opportunity to show what she is capable of doing."

Spell recently had a memorable experience.

"Jimmy Darren, a well known director in Hollywood, was on the set for an episode. We began talking and he asked me for my head shot and resume to take back with him," explained Spell. "I realize nothing may come of it, but I didn't see him asking for anyone else's head shot and resume."



Kwanzaa was first developed in the United States in 1966 by M. Ron Karenga, a professor of Pan-African studies and a cultural leader.



Dried beans, peas, lentils, etc. are cheap and make a "complete protein" when served with a little meat, cheese or milk.

Who's Who At AASU

The following students will represent Armstrong in the 1997 edition of Who's Who Among Students in American Colleges and Universities.

- Michael Sean Connolly - Biology
- Rebecca Ann Cox - Physical Therapy
- Alicia S. Eddings - Chemistry
- Al Wynne Q. Gesite - M.S. Physical Therapy
- Elizabeth M. Harper - Psychology & Illustration
- John L. Hoffman, III - M.S. Physical Therapy
- Lucinda Jo Intorre - Art
- Debra Joyner - B.S. Nursing
- Stacie L. O'Connor - B.A. Music
- Robert A. Reese, Jr. - Drama, Speech, Theatre
- Deon Sears - Social Science
- Paula Tillman - B.S. Nursing
- Cristen Marie West - Political Science
- Lorie Williams - Social Sciences Ed.

Each of Armstrong's representatives will receive a certificate from Who's Who during the University's annual awards convocation. The 1997 convocation will be held at 7:00 p.m. May 27 in the AASU Fine Arts Auditorium.

Mary Kay Makeover's: What Works for some...

By BJ English

Okay ladies, admit it. You have always wondered what you could look like if you had someone professional to do your makeup like all those actresses (and actors) on the movie screen.

After all, have you ever seen an actress without her makeup? Don't most of them look homely and drained? Even plastic surgery can't correct oily skin and weak eyes that disappear without mascara and eye liner that looks like someone applied it with a magic marker instead of a pencil.

Whether we like wearing makeup or not, we have to admit that we live in a society where women are expected to dress up their faces, hair and bodies if they are to compete romantically or professionally against other women.

Sometimes wearing makeup and feminine clothes can make us feel more like a woman, and it definitely gets us more attention.

Guys have a sense of this when they shave their faces, slick back their hair and put on a suit and tie.

Sometimes, looking our best is a pain we'd rather avoid, but every now and then, it's nice to know we've still got that something special that makes people who normally ignore us, take notice and give us the attention we so richly deserve.

So, when I heard that former AASU student Donna England was going to be at my grandmother's retirement home giving free makeovers to the ladies for practice in her new career as a Mary Kay beauty consultant, I decided it might be fun to grab my camera and head out that way to see just how successful this



Lottie Harrison looks on as Teresa Tassapoulou applies blush to a finished face.

woman might be.

I mean, if she could make my 99 year old grandmother look good, just think of what she could do for me.

There was a time when I used to look good in makeup, but as I aged, I found that makeup seemed to accentuate rather than cover up my flaws.

Besides, I didn't want to be one of those women that couldn't even go jogging in the mornings without spend a half hour in from of the mirror trying to make themselves look like they weren't wearing any makeup at all, or like the girl in my zoology class who put her makeup on in front of everyone just to go on a field trip where everyone sloshed around in a drainage ditch looking for tadpoles and minnows.

If it weren't for pimples and pressure from my cousins and friends, I probably never would have started wearing makeup at all, and I never would have imagined why a group of 80 to 90 year old women would want to continue to wear it.

I suppose I saw my trip to the nursing home make-over as a sort of testing grounds for two reasons. One, I was hoping the makeup really did miracles and reverse the aging process and two, I wanted to hear and see the reactions of the ladies at having been made up in the first place.

Would they like it? What would they do once they were all made-up with no place to go?

The owner of the home had that problem solved. After the makeovers, all the old ladies were to be vanned to the mall to see Santa and a Christmas choir. It would be a sort of girls day out event, a time to have fun and show off your finest all in

one. Most of the ladies were pretty complacent about following Donna's orders and for the most part, came out looking better than when they went in. I even let Donna do a make-over on me, but I haven't looked that gaudy since I let my best friend Bari make me up for my thirteenth birthday and I felt like I was auditioning to be a clown.

Worst yet, the makeup didn't rub off like the cheap stuff I use at home and so I had to go shopping with a face that looked like it should be matched with an evening gown instead of a sweat shirt and torn jeans.

Well, to each their own. The best part about it is that it didn't cost anything and proved to be fairly entertaining.

If you are a female in search of a fun way to have an adult party, you might consider calling a Mary Kay consultant and inviting some makeup wearing friends to attend a make-over party. The consultation is free and you are not obligated to buy anything, but I will warn you that the makeup doesn't come cheap.

A complete make-over packet to keep and use in your home can cost you up to \$200 or more a month, but once you apply the stuff, it doesn't wear off like normal makeup. Mine stayed on all day, despite my efforts to remove it, and although I hardly look like a ravenous beauty, I do think the experience of attending a make-over was well worth the effort. It's nice to just feel beautiful on the outside, even if you don't look it!

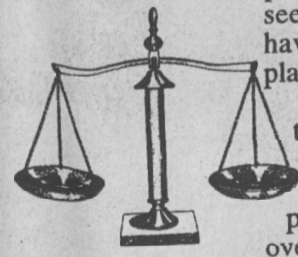
If you'd like to schedule a make-over party at your home or next feminine get together, call Donna England at 352-4295

The Armstrong Atlantic State University Student Conduct Committee

is currently recruiting for the



Student Court



Did you know? "Armstrong's Honor Code is dedicated to the proposition that the protection of the grading system is in the interest of the student community. The Student Court is an institutional means to assure that the student community shall have primary disposition of infractions of the Honor Code and that students accused of such infractions shall enjoy those procedural guarantees traditionally considered essential to a fair and impartial hearing, the foremost of which is the presumption of innocence until guilt is established beyond reasonable doubt." (Students Illustrated, 1996 - 1997, page 7).

For further information or application, stop by Division of Student Affairs, or call 927-5271.

Deadline for applications: Friday, January 17, 1997.

Top fuel-efficient cars

For the second year, the Geo Metro is the most fuel-efficient vehicle sold in the U.S. Top 10 vehicles:

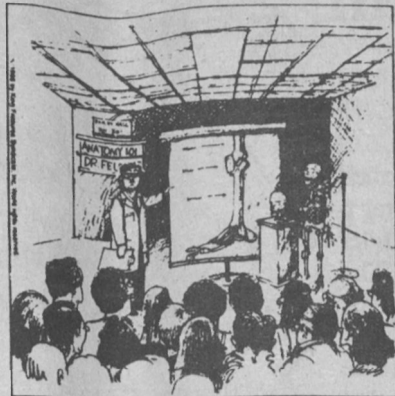
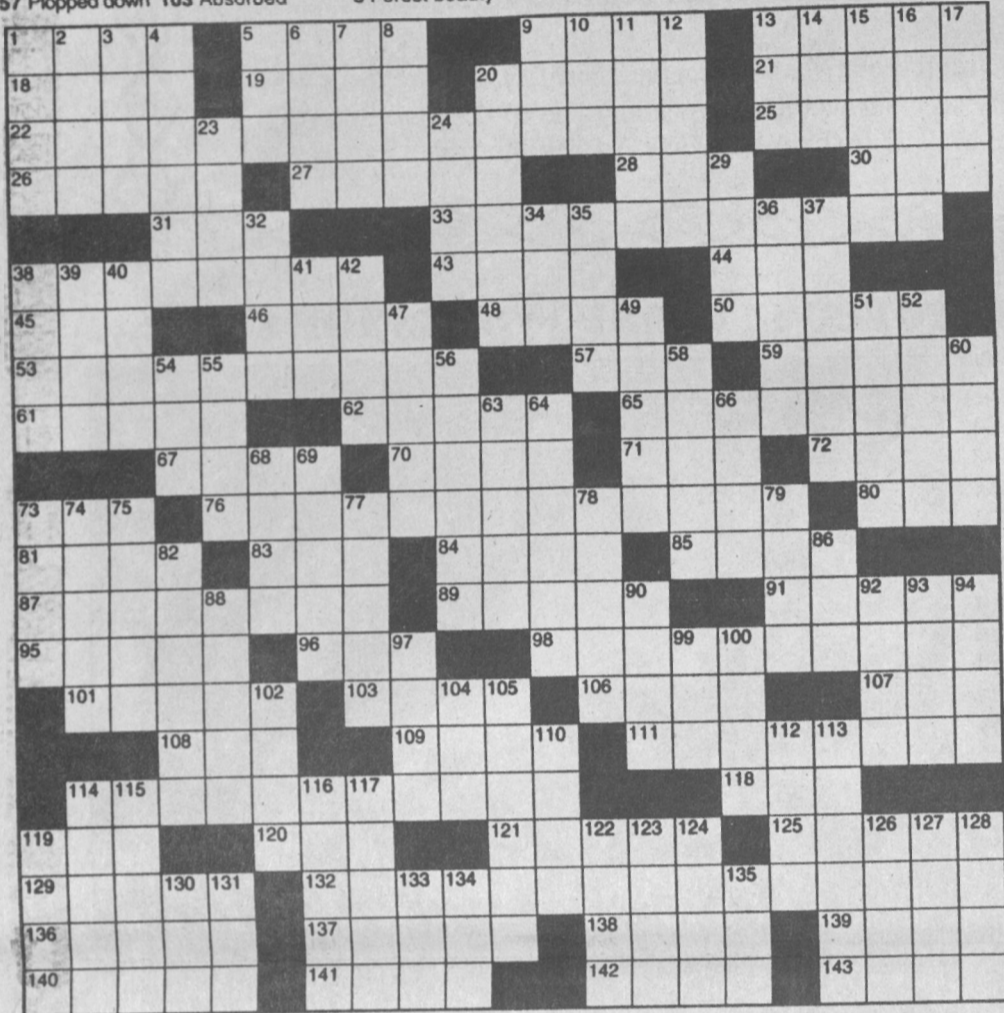
	City driving	Highway driving
Geo Metro*	44	49
Volkswagen Golf-GTI	40	49
Volkswagen Jetta	40	49
Geo Metro*	39	43
Suzuki Swift	39	43
Volkswagen Passat	38	47
Volkswagen Passat Wagon	38	47
Honda Civic*	37	44
Ford Aspire	34	42
Honda Civic*	34	38

*Different engine sizes, transmission systems
SOURCE: Environmental Protection Agency annual report

the back page

Super Crossword

- ACROSS**
- 1 Trudge
 - 5 "Sweeney —"
 - 9 Tree spray
 - 13 Schnauzer feature
 - 18 — de-camp
 - 19 Nautical adverb
 - 20 Isolated
 - 21 Strong suit
 - 22 Banshee country star?
 - 25 Masai, e.g.
 - 26 Lipstick mishap
 - 27 Moses' brother
 - 28 Antique auto
 - 30 This instant
 - 31 Beauty or Sparks
 - 33 Easy-going country star?
 - 38 Lamponed
 - 43 Director Kazan
 - 44 — culpa"
 - 45 Neighbor of Tenn.
 - 46 Waldorf-Astoria muralist
 - 48 Pierce
 - 50 Fills to the gills
 - 53 Monarch's favorite country star?
 - 57 Plopped down
 - 59 Range rope
 - 61 Electrical inventor
 - 62 Category
 - 65 Kind of pastry
 - 67 South American capital
 - 70 Cutlet meat
 - 71 U.N. branch
 - 72 Diamond or Armstrong
 - 73 Business abbr.
 - 76 Wimpy country star?
 - 80 — Cat (winter wheels)
 - 81 Like most colleges
 - 83 Orthodoxists' org.
 - 84 Heien of Troy's mom
 - 85 Grandpa McCoy
 - 87 Stated strongly
 - 89 McCarthy's trunk-mate
 - 91 Title of thread
 - 95 Peachy-keen
 - 96 Transgression
 - 98 Sandwich-loving country star?
 - 101 Slobber
 - 103 Absorbed
 - 106 French fries, often
 - 107 Zhou En- —
 - 108 Dos Passos trilogy
 - 109 Jogger's gait
 - 111 Nomad
 - 114 Helty country star?
 - 118 Health club
 - 119 Sky light?
 - 120 — Dawn
 - 121 Tag
 - 125 Rub out
 - 129 "— la vista"
 - 132 Animal-loving country star?
 - 136 Each's partner
 - 137 Adds fringe
 - 138 Formal ceremony
 - 139 Bad day for Caesar
 - 140 Tacilus' tongue
 - 141 — precedent
 - 142 Painter Paul
 - 143 Mean Marquis
- DOWN**
- 1 Cat's "dogs"
 - 2 Actor Neeson
 - 3 Garfield's pal
 - 4 Part of FDR
 - 5 Light brown
 - 6 Gymnast
 - 7 — vu
 - 8 Forest beauty
 - 9 Clay, today
 - 10 Actor Chaney
 - 11 Fuming
 - 12 Mend
 - 13 Marshal Masterson
 - 14 Slip up
 - 15 Acid type
 - 16 Automaton
 - 17 Actress Barrymore
 - 20 History
 - 23 Incensed
 - 24 "Johnny One —"
 - 29 Resistance units
 - 32 — brakes
 - 34 Cambridge univ.
 - 35 "Serpico" author Peter
 - 36 Wish and wish
 - 37 Reformer Carry
 - 38 Head line?
 - 39 Bum remedy
 - 40 Charles and Stevens
 - 41 Slippery character?
 - 42 Race a jalopy
 - 47 Roman lounain
 - 49 Tie-dye relative
 - 51 Pigeon hangouts
 - 52 Oktoberfest vessel
 - 54 Half and half?
 - 55 Hideaway
 - 56 Prepares to propose
 - 58 Oklahoma city
 - 60 Singer Guthrie
 - 63 Sapporo soup
 - 64 Left out
 - 66 Space
 - 68 Castle ditch
 - 69 Liama turf
 - 73 "Not if — help ill!"
 - 74 Sniffed
 - 75 Romero or Chavez
 - 77 Lowest point
 - 78 Penales' pals
 - 79 Actress Negri
 - 82 Circuitous course
 - 86 Tynmouth title
 - 88 Perch
 - 90 554, to Tiberius
 - 92 Normandy site
 - 93 Cash on credit
 - 94 Markey or Bagnoild
 - 97 West.
 - 99 Journalist Tarbell
 - 100 Tightens the tent
 - 102 Bolger/Haley co-star
 - 104 Paid player
 - 105 "The Autobiography of Alice B. —"
 - 110 Godunov, e.g.
 - 112 Did a Little bit?
 - 113 "The Dating Game" producer
 - 114 Tropical fruit
 - 115 Atlas feature
 - 116 Woods dwellers?
 - 117 English novelist Charles
 - 119 Author/illustrator Silverstein
 - 122 Canine cry
 - 123 Runner Zatopek
 - 124 Tardy
 - 126 Radames' love
 - 127 Runners carry it
 - 128 "So what — is new?"
 - 130 Cycle starter
 - 131 Writer Rand
 - 133 Mil. group
 - 134 Arthur of "Maude"
 - 135 Society-page word



"In other words, da leg bone is connected to da foot bone!"



"Good thing it didn't ram the boat."



"I never said I wanted to be equal to men! I have more ambition than that!"



"I'm looking for something that will clear a space for me on a crowded bus."

Natasha's Stars



ARIES (March 21 to April 19) You are impatient and cranky. As a result, you're unreceptive to what someone is trying to tell you as the week begins. Take stock of this mood and move on. The weekend is a good time to make amends.

TAURUS (April 20 to May 20) You are supercharged with energy this week and you feel there's nothing you can't accomplish on the work front. However, a stick situation arises in the middle of the week. As a result, you come to a bit of a standstill. The weekend promises more holiday fun.

GEMINI (May 21 to June 20) While you see eye to eye with a close friend, someone else is trying to lead you astray with half-truths. This person clearly doesn't have your best interests in mind. Later in the week, you spend time cleaning up a co-worker's mistakes.

CANCER (June 21 to July 22) Bigwigs ask you to take on more responsibilities for the coming year and their requests strike you as a bit unreasonable. They may be shoring up their bottom line, but it's at your expense. Take steps to correct this.

LEO (July 23 to August 22) You're concerned about money and your finances in the coming year, but worrying isn't going to solve the problem. Seek out a concrete solution. Someone close to you has good advice in this area. Judgment is good on the work front.

VIRGO (August 23 to September 22) Scheduling problems result because of the holiday festivities. You could even miss an important date with a friend. Be sure to set another date for the near future. A family member has exciting news for you.

LIBRA (September 23 to October 22) Your focus is on what's going on at home, particularly during this holiday season. Seek to resolve any crises that arise from behind the scenes at work. This weekend, care is needed if out shopping.

SCORPIO (October 23 to November 21) A close friend comes to you with a problem that has no easy answer. Consider your words of advice carefully. Some mixed signals result in your being unable to fulfill a family commitment, putting a damper on everyone's holiday mood.

SAGITTARIUS (November 22 to December 21) Your mind is going in circles and you're driving yourself crazy with worry over a relative's problems. This only results in making you ill-tempered. Seek out advice from a friend.

CAPRICORN (December 22 to January 19) You are taken by surprise by a certain person's demands on your time. You are correct to feel that this imperious attitude is unwarranted. The weekend finds you in a relaxed mood after all that holiday celebrating.

AQUARIUS (January 20 to February 18) Shopping and good financial sense don't mix well at all, despite your temptation to take advantage of after-holiday sales. Leave those credit cards in a safe place so you won't spend what you don't have.

PISCES (February 19 to March 20) The inspirations you receive in the beginning of the week should be held onto. Ultimately, this is some of your best thinking. Later in the week, get going on a creative project.

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Wishing Well®

HERE IS A PLEASANT LITTLE GAME that will give you a message every day. It's a numerical puzzle designed to spell out your fortune. Count the letters in your first name. If the number of letters is 6 or more, subtract 4. If the number is less than 6, add 3. The result is your key number. Start at the upper left-hand corner and check one of your key numbers, left to right. Then read the message the letters under the checked figures give you.

7	8	3	7	5	4	5	3	2	4	3	4	7
B	G	Y	L	C	K	H	O	N	E	U	E	I
8	6	2	8	2	4	6	3	7	5	6	2	8
L	D	E	O	W	P	E	A	S	E	E	R	R
4	5	8	7	2	6	2	4	6	8	6	3	5
T	E	Y	S	E	P	P	R	F	O	R	R	
8	3	4	6	8	4	2	7	5	3	2	6	2
R	E	Y	O	O	I	L	F	T	U	A	E	C
3	5	3	2	4	8	4	8	6	3	7	5	8
N	F	D	E	N	M	G	C	D	E	U	H	
5	3	6	8	2	8	3	2	7	8	5	3	6
L	N	L	I	S	L	I	O	L	D	D	E	O
2	7	2	8	5	6	3	8	5	6	7	8	7
L	D	R	A	V	D	E	E	E	A	N	Y	

UNIVERSITY² by Frank Cho



R.F.D. by MIKE MARLAND



STAMPEDE



BUTCH AND DOUGIE by ALEX HOWELL



GEORGE by MARK SZORADY



OUT ON A LIMB by GARY KOPERVAS



After cracking your knuckles, it takes thirty minutes for the vaporized joint fluid to go back into solution, which it must do before you can crack them again.

Heavens, Yes! When at the helm, in the words of Thomas Fuller, "A mariner must have his eye upon ----- and -----, as well as on the North Star." Fill In The Blanks!

Missing words are "sands" and "rocks"