

1 Title: UV-screening and springtime recovery of photosynthetic capacity in leaves of  
2 *Vaccinium vitis-idaea* above and below the snow pack

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14

15 **Declaration of Authorship:** TMR SMH conceived & designed the experiments. TS, SN, SMH, MP TMR,  
16 did the majority of the field work and sampling, TS, MP, AS, PJA TMR analysed the data, JAPC JA  
17 provided site-specific help, and access to meteorological data integral to the experiment, TS, PJA,  
18 TMR wrote the manuscript, and all authors provided editorial input.

19 Abstract (limit 250/250 Words)

20 Evergreen plants in boreal biomes undergo seasonal hardening and dehardening adjusting their  
21 photosynthetic capacity and photoprotection; acclimating to seasonal changes in temperature and  
22 irradiance. Leaf epidermal ultraviolet (UV)-screening by flavonols responds to solar radiation,  
23 perceived in part through increased ultraviolet-B(UV-B) radiation, and is a candidate trait to provide  
24 cross-photoprotection. At Hyytiälä Forestry Station, central Finland, we examined whether the  
25 accumulation of flavonols was higher in leaves of *Vaccinium vitis-idaea* L. growing above the  
26 snowpack compared with those below the snowpack. We found that leaves exposed to colder  
27 temperatures and higher solar radiation towards the top of hummocks suffered greater  
28 photoinhibition than those at the base of hummocks. Epidermal UV-screening was highest in upper-  
29 hummock leaves, particularly during winter when lower leaves were beneath the snowpack. There  
30 was also a negative relationship between indices of flavonols and anthocyanins across all leaves  
31 suggesting fine-tuning of flavonoid composition for screening vs. antioxidant activity in response to  
32 temperature and irradiance. However, the positive correlation between the maximum quantum  
33 yield of photosystem II photochemistry ( $F_v/F_m$ ) and flavonol accumulation in upper hummock leaves  
34 did not confer on them any greater cross-protection than would be expected, from the relationship  
35 of  $F_v/F_m$  with temperature and irradiance during dehardening present among leaves throughout the  
36 hummocks. Irrespective of timing of snow-melt, photosynthesis fully recovered in all leaves,  
37 suggesting that *V. vitis-idaea* has the potential to exploit the continuing trend for longer growing  
38 seasons in central Finland without incurring significant impairment from reduced duration of snow  
39 cover.

40

41 **Graphical Abstract:** Schematic representing the changes in leaf level processes moderated by the  
42 snowpack, sunlight and temperature after different heights on hummocks of *V. vitis-idaea* during  
43 spring dehardening

44

45 **Keywords (7 max):** spring dehardening; flavonoids; anthocyanins; understory; spectral quality;  
46 photoprotection; Arctic browning

47

## 48 1. Introduction

49 An expected outcome of ongoing human-induced climate change is a shift in seasonal  
50 precipitation and temperature affecting growing season length (Harsch and HilleRisLambers 2016;  
51 IPCC 2014). This has contributed to a reduction in annual snow-cover in the Arctic by as much as 5  
52 days each decade since 1979 (Derksen et al. 2016). At high northern latitudes, less of the winter  
53 precipitation is expected to fall as snow and more as rain (Mellander et al. 2007; Rasmus et al. 2004)  
54 and temperatures favourable for growth are forecast to occur earlier in the spring (Henry 2008; Jylhä  
55 et al. 2008). In Finland, mean annual temperature is expected to increase by 4-11°C and precipitation  
56 (and hence cloudiness) by 10-60 % by the end of 21<sup>st</sup> century, with most increases occurring during  
57 the winter (Finland's Seventh National Communication under the United Nations Framework  
58 Convention on Climate Change, 2017). The benefit of this change for plant growth and photosynthesis  
59 is uncertain because warmer mean temperatures together with reduced precipitation as snow may  
60 lead a smaller snow pack that melts earlier (Kreyling et al. 2012). The absence of snow cover will imply  
61 greater temperature fluctuations close to the ground, exposing plants to colder minimum, and  
62 warmer maximum, temperatures when they are starting to deharden at the end of winter (Blume-  
63 Werry et al. 2016; Preece and Phoenix, 2013).

64 Plants possess several photoprotective mechanisms which mitigate abiotic stresses under harsh  
65 conditions: (1) when reaction centres are open photochemical quenching ( $q_P$ ) entails activation of the  
66 enzymes and metabolites involved in charge separation to produce energy via photosynthesis; (2)  
67 excess light energy, causing reaction centres to close, is dissipated through xanthophyll-cycle pigments  
68 (carotenoids) zeaxanthin and antheraxanthin in a process regulated by the pH the thylakoid lumen  
69 (Adams et al. 2004; Murchie and Lawson 2013); (3) additionally antioxidants such as phenolic  
70 compounds are accumulated to quench reactive oxygen species (ROS) (Agati et al. 2013; Hideg et al.  
71 2013; Salter et al. 2017). It is reasonable to assume that the pressure on these mechanisms is  
72 increased when a plant is subject to both fluctuating temperatures and irradiances above the  
73 snowpack rather than the more stable conditions offered under snow (Loik et al. 2004; Preece and

74 Phoenix, 2013). Low temperatures dampen physiological processes meaning that even moderate  
75 irradiances cause photoinhibition through photoinactivation via the  $Mn_4CaO_5$  cluster or inhibition of  
76 the photosystem II (PS<sub>II</sub>) electron acceptors (Neuner et al. 1999; Saarinen et al. 2011). Sunlight can  
77 penetrate the snowpack, where temperature fluctuations are small, potentially allowing some  
78 photosynthesis at low irradiances (Saarinen et al. 2016). Some studies have found the relative  
79 transmittance of different regions of the spectrum by snow to be quite even (Gorton and Vogelmann,  
80 2003) while others have reported spectrally-differential attenuation through the snowpack (Curl Jr et  
81 al. 1972; Richardson and Salisbury, 1977). Although solar irradiance, particularly ultraviolet-B (UV-B:  
82 280-315 nm) radiation, is low in winter, the ratio of ultraviolet (UV-B plus UV-A: 280-400 nm) to  
83 photosynthetically active radiation (PAR: 400-700 nm) in forest understorey shade is enriched (Jansen  
84 et al. 2017; Hartikainen et al. 2018).

85 Flavonoids such as flavonols and anthocyanins are the most-common class of phenolic  
86 compounds produced in response to UV-radiation and blue light (Searles et al. 2001; Sullivan et al.  
87 2007; Taulavuori et al. 2016). Flavonols accumulate in the leaf adaxial epidermis absorbing UV-  
88 radiation so screening the photosynthetic apparatus in the mesophyll below (Barnes et al. 2017;  
89 Caldwell et al. 1983; Nybakken et al. 2004). Although their absorption spectrum is predominately in  
90 the UV region, it has been proposed that flavonoids provide cross-protection to high solar irradiance  
91 in general (Jansen et al. 2017), and a positive correlation is sometimes reported between flavonoid  
92 accumulation and the yield of PS<sub>II</sub> (Robson et al. 2014; Wargent et al. 2011). This relationship may be  
93 attributable to protection against PS<sub>II</sub> photodamage or enhanced ROS scavenging conferred by  
94 flavonoids (reviewed by Takahashi and Badger, 2011). The accumulation of flavonoids in response to  
95 UV-radiation is moderated by temperature, being less pronounced in warm than in cool temperatures  
96 (Bilger et al. 2007; Coffey et al. 2017; Petridis et al. 2016) where flavonoids can be important in  
97 mitigating against oxidative stress (Lütz et al. 2005) and can increase frost hardiness (Chalker-Scott  
98 and Scott 2004; Shulze et al. 2016). Hence, the accumulation of flavonoids could provide a feasible

99 strategy whereby evergreen plants ameliorate photoinhibition, imposed by increasing irradiance and  
100 temperature fluctuations, as they deharden over the spring.

101 Boreal evergreen and wintergreen plants adjust light harvesting complexes to optimise  
102 quenching processes at the expense of the light harvesting and photosynthetic capacity of their leaves  
103 during winter when light and temperature conditions are unfavourable (Adams et al. 2004).  
104 Subsequently, they undergo a recovery period in preparation for more favourable growth conditions  
105 in late spring and summer (Muller et al. 2005). During this period of dehardening, full functionality  
106 returns to the photosynthetic apparatus of leaves and this can be measured using chlorophyll  
107 fluorescence as an increase in the yield of PS<sub>II</sub> (Murchie and Lawton, 2013; Saarinen et al. 2011).  
108 Monitoring leaf-level chlorophyll fluorescence of evergreen trees (Ensminger et al. 2004; Porcar-  
109 Castell et al. 2008) and field-layer plants (Starr and Oberbauer, 2003) through spring in the boreal  
110 forest, has revealed that recovery of  $F_v/F_m$  is modulated by temperature and light.

111 Here, we aimed to compare leaf epidermal flavonoids (flavonols and anthocyanins), chlorophyll  
112 content and the PS<sub>II</sub> yield at different positions on hummocks relative to the snowpack, through a  
113 seasonal time-course of measurements of evergreen-shrub *Vaccinium vitis-idaea* L. During the spring  
114 dehardening period, the over-wintering leaves of this species are adapted to take advantage of  
115 favourable early-spring conditions by photosynthesizing when still under the snowpack (Lundell et al.  
116 2008; Saarinen et al. 2011; Starr and Oberbauer, 2003). Our hypothesis was that leaves at the top of  
117 the hummock above the snowpack during winter and early spring would suffer greater photoinhibition  
118 because they encounter fluctuating temperatures and higher irradiance than those at the base of  
119 hummocks receiving lower irradiance, of both PAR and UV radiation, and more stable temperatures  
120 remaining closer to 0°C under the snow. However, we also expected higher accumulation of  
121 epidermal UV-absorbing compounds (flavonols and anthocyanins) in leaves above the snow, and for  
122 this to partially ameliorate the photoinhibition they suffered relative to those at equivalent  
123 temperatures beneath the snowpack.

## 124 2. Methods

### 125 2.1. Study site and species

126 The study was performed under an open *Pinus sylvestris* L. canopy, basal area 23 m<sup>2</sup>ha<sup>-1</sup>, on  
127 level ground at Hyytiälä Forestry Station of the University of Helsinki in central Finland (61.84741°N  
128 24.29477°E 181 m asl). The hummock-forming evergreen shrub *V. vitis-idaea* covers vast areas of  
129 peatland and boreal forest at high latitudes in the Northern Hemisphere (Karlsson, 1985; Lundell et  
130 al. 2008). At our site, the understorey comprises almost exclusively *V. vitis-idaea* in hummocks of up  
131 to 75 cm in height intermingled with *Vaccinium myrtillus* L. Four hummocks, positioned at least a  
132 metre from the nearest pine tree, were selected at random within a 10-by-10-m area of understorey.  
133 These hummocks were divided vertically into three height categories on 14-02-2017: the “upper”  
134 hummock being the uppermost shoots, most exposed to the wind and sun, the “middle” hummock  
135 being the outer shoots on the south side of the hummock, somewhat sheltered from the wind but just  
136 below the snow pack through the winter, and the “lower” hummock being shoots at the very base of  
137 the hummock on the south side, below the snow pack during the whole winter and early spring.

138 The snow depth relative to the lower, middle and upper hummocks, and the leaf phenology of  
139 the *Vaccinium* species, was monitored throughout the study concomitantly with leaf traits, and these  
140 data were compared against a continuous monitoring by Phenocam time-lapse images nearby in the  
141 stand (Kolari et al. 2017). By 19-06-2017, plants of both *V. vitis-idaea* and *V. myrtillus* produced new  
142 leaves. From this date onwards, until our final measurement date, 08-11-2017, a set of measurements  
143 was also made on these new *V. vitis-idaea* leaves (unfurling in June 2017) in same way as those on  
144 leaves produced in June 2016. This allowed us to obtain data for leaves from the time of their unfurling  
145 through their first and second years of growth. To allow this continuum of leaf age to be visualised in  
146 the figures we have combined these two set of leaf traits in a single time series; with 2017 leaves  
147 plotted from their unfurling until 08-11-2017 (day 312 of the year, leaf age 152 days) and 2016 leaves  
148 from 14-02-2017 onwards (day 45 of the year, leaf age 250 days).

## 149 2.2. Characterisation of the forest canopy by hemispherical photograph

150 Plant area index (PAI)( $m^2m^{-2}$ ), was estimated at each of the four hummocks by taking  
151 hemispherical photographs (at 40 cm height from the ground) through a Sigma 4.5mm f2.8 EX DC HSM  
152 circular Fisheye lens (Sigma Corporation of America, Ronkonkoma, NY) on a Nikon D7000 camera  
153 (Nikon corporation, Tokyo, Japan) levelled on a tripod. Measurements were done on a completely  
154 overcast day in mid-July (20-07-2017) to ensure homogeneous grey sky and a good contrast between  
155 the sky and the canopy (Fig S1). All photos were analysed following the procedure detailed in  
156 Hartikainen et al. (2018).

## 157 2.3. Measurement of spectral irradiance at the study site

158 The solar spectral irradiance was measured close to solar noon, directly to the south of each of  
159 the four hummocks on 07-03-2017 and 19-06-2017 in sunflecks and canopy shade on completely  
160 clear-sky days. These data were compared with corresponding measurements in an open field next  
161 to the forest stand earlier on the same days. Spectral irradiance recordings were made using a Maya  
162 2000 Pro (Ocean Optics, Dunedin, FL, USA) array spectrometer. The cosine diffuser (Bentham  
163 Instruments Ltd. Reading UK) was levelled on the tripod 40-cm high and attached with a fibre-optic  
164 cable to the spectrometer. Measurements were corrected for dark-noise and stray light in the UV  
165 range (<400 nm) using a protocol detailed by Hartikainen et al. (2018). The spectrometer had been  
166 calibrated against a Bentham scanning spectroradiometer for outdoor measurements of solar spectral  
167 irradiance, over the wavelength range 290-900 nm. Pre-processing of the data was performed using  
168 functions from the R packages Ooacquire and Photobiology in R version 3.4.3 (R Core Team, 2018).

## 169 2.4. Optical measurements of *V. vitis-idaea* leaf pigments and photosynthetic capacity

170 On each measurement date, starting 14-02-2017, then 07-03-2017, and at 2-week intervals  
171 subsequently until 08-07-2017, with an additional final measurement date of 08-11-2017, leaf optical  
172 properties and photosynthetic capacity were measured. Ten leaves (remaining attached to the plants)  
173 were measured *in situ* from each height (upper, middle, lower) on four hummocks. Sun-exposed  
174 leaves of equivalent size were measured (or leaves which would have been sun exposed had it not  
175 been cloudy on overcast days), all from different shoots of each *V. vitis-idaea* hummock, avoiding the



176 three distal leaves of a shoot. Lower and middle hummock leaves were, when necessary, excavated  
177 from beneath the snow to be measured and subsequently the snow was replaced over these leaves.  
178 Leaves that were damp from dew, rain or melting snow were quickly but gently dried with a tissue  
179 prior to measurement.

180 Dualex Scientific<sup>+</sup> (Force-A, University Paris-Sud, Orsy, France) was used to optically assess the  
181 epidermal flavonol concentration (epidermal absorption in the UV-A region at 375 nm) and  
182 anthocyanin concentration (absorption at 515 nm), from both the adaxial and abaxial sides of each  
183 leaf, as well as the leaf chlorophyll concentration (assessed optically by transmittance in the red at  
184 650 nm vs. near-infra red at 710 nm, Cerovic et al. 2012). We recorded the maximum quantum yield  
185 of PS<sub>II</sub> photochemistry ( $F_v/F_m$ ; where  $F_v$  [variable fluorescence] is the maximal fluorescence,  $F_m$ , minus  
186 the minimal fluorescence,  $F_0$ , of dark-adapted leaves, as defined by Murchie and Lawson, 2013)  
187 measured with a mini-PAM (Heinz Walz GmbH, Effeltrich, Germany) following 30 min of dark-  
188 adaptation with darkening clips. According to Bokhorst et al. (2010), 30 min in darkness should be  
189 sufficient for full dark adaptation of *V. vitis-idaea* leaves year 'round. We also recorded the effective  
190 quantum yield of PS<sub>II</sub> photochemistry ( $\phi_{PS_{II}}$  calculated as  $F_q'/F_m'$ ; where  $F_q'$  is the maximal  
191 fluorescence,  $F_m'$ , minus the steady-state fluorescence,  $F'$ , of leaves in ambient sunlight, as defined by  
192 Murchie and Lawson, 2013) of leaves in the sun and shade in the mid-to-late morning. Where possible,  
193 the same ten leaves were used for chlorophyll fluorescence and Dualex measurements on any given  
194 day, but it was not feasible to measure the same ten leaves from one measurement date to another,  
195 so from day to day leaves meeting the above criteria were selected at random.

## 196 2.5. Harvest of leaves for trait measurements

197 On 08-07-2017, leaves of age 29 days and 394 days were harvested. From each age cohort 8-  
198 10 leaves were sampled from each of the four hummocks at each of the three heights (2 epidermis ×  
199 10 leaves × 3 heights × 4 hummocks). Fresh leaves were placed in zip-lock plastic bags, weighed and  
200 digitally photographed against an area reference on the day of sampling, then dried at 40°C for 9 days  
201 in a drying oven with forced ventilation before reweighing to obtain their dry weight. Leaf areas were

202 calculated from the photographs using ImageJ (US National Institute of Health, Bethesda, Maryland,  
203 USA: following Wang, 2017) and used to calculate the leaf mass area (LMA  $\text{mg mm}^{-2}$ ). The leaf area  
204 covering the optical window of the Dualex Scientific + was  $47.7 \text{ mm}^2$  (Area =  $\pi r^2$ ,  $r = 3.90 \text{ mm}$ ), used  
205 with LMA, to calculate per area and per mass values of pigment concentrations on the harvest dates.

## 206 2.6. Environmental monitoring of temperature during the experiment

207 At the time of each measurement of leaf optical properties, the temperature of the leaves of *V.*  
208 *vitis-idaea* at each height on all four hummocks was measured at close range with a high precision  
209 infra-red thermometer with special macro optics (LS laser-sight Optris GmbH, Berlin, Germany).  
210 Measurements were also recorded at the tree base and at 1 m 50 cm height on the trunks (emissivity  
211  $c 0.98$ ) of the four nearest trees to the hummocks at opposite compass points (North and South at  
212 midday) in the sun and shade, and on the snow surface (emissivity of tree trunks and snow  $c 0.98$ ).

213 Meteorological data for the experimental period were obtained from the SMEAR II ICOS Hyytiälä  
214 station through the AVAA data research portal (<https://avaa.tdata.fi/>). Temperature in the  
215 understory was recorded every minute with a PT100 sensor (Pentronic, Västervik, Sweden) mounted  
216 on a mast at 4 m height and soil surface temperature was recorded every minute with a KTY 81-110  
217 sensor (NXP Philips, Amsterdam, Netherlands). Understorey photosynthetically active radiation (PAR)  
218 was measured with an array of four Li190SZ PAR sensors (LI-COR, Lincoln, NE) at 0.6m height next to  
219 the hummocks. These time series of meteorological data were used to calculate averages over a range  
220 of time periods preceding each measurement (1 hour, 1 day, 2 days, and 2 weeks) and the relationship  
221 between temperature and PAR over these periods and leaf trait data was plotted. Of these four time  
222 integrals the best fit to the trait data was retained.

## 223 2.7. Data Analysis

224 Differences due to hummock height among optically-assessed leaf traits were tested using a  
225 two-way ANOVA with hummock height, and leaf age (days) as fixed factors, or a three-way-ANOVA  
226 for the responses of flavonols and anthocyanins which were measured in both the adaxial and abaxial  
227 epidermis of each leaf (with leaf side as a nested third fixed factor). One measurement date (Leaf Age:

228 250 days), when only the adaxial epidermis was measured with the Dualex, was excluded from the  
229 three-way ANOVA. The equivalent single-factor ANOVA was used to test the effect of hummock height  
230 on traits measured only once, e.g. from harvested leaves at the end of the experiment. The four  
231 hummocks were the experimental units of replication and height was nested within each hummock.  
232 When significance differences were produced by the ANOVA, pairwise differences were identified  
233 between the responses across three levels of hummock height on either leaf side on each  
234 measurement date (function `glht` in the package `Multcomp`). Holm's adjustment was used to account  
235 for multiple pairwise comparisons. The relationship of  $F_v/F_m$  with temperature and PAR was assessed  
236 using linear regression (function `lm()`). All the analyses were performed using R version 3.4.3 (R core  
237 development team, 2018).

### 238 3. Results

#### 239 3.1. Forest cover, snow depth and temperature

240 The snow depth was c. 40 cm at the first winter measurement (14-02-2017), meaning that the  
241 upper shoots of hummocks (upper hummocks) were above the snow, the middle of the hummocks  
242 were just below the top of the snowpack, and lower shoots of hummocks (lower hummocks) were  
243 entirely beneath the snowpack. From 14-02-2017 onwards, the snow depth didn't increase from this  
244 maximum and remained above the middle-hummock shoots until 27-03-2017 and above the lower-  
245 hummock shoots until snow melt was complete on 10-05-2017.

246 Soil temperatures under the snow were relatively stable, starting to fluctuate only when snow  
247 melt was almost complete and the lower hummock leaves above the snow (Fig. 1; Table 1). From the  
248 time series of snow depth and air temperature data, compared with IR-thermometer measurements  
249 of snow-pack temperature (Fig. 1), we were able to estimate that the upper-hummock leaves were  
250 subject to 111 freeze-thaw cycles, the middle-hummock leaves 86 and lower-hummock leaves 38 such  
251 cycles, during the period between New Year and mid-summer 2017 which encompasses full  
252 dehardening (Table 1).

### 253 3.2. Spectral irradiance at the study site

254 The solar spectral irradiance was measured on three dates during the winter and spring (14-02-  
255 2017, 07-03-2017 and 19-06-2017). On all three dates, the normalised spectra show that PAR was  
256 depleted in the under-canopy sunflecks and shade compared with the open field, and the relative  
257 contribution of UV radiation was similar in the sunflecks and open sun but enriched in the shade (Figs.  
258 2 and S2, Table S1). The spectral composition of the sunflecks varied with sunfleck size as well as time  
259 of year, and the relative contribution to shade by needles and branches also affected the shape of  
260 these spectra. The Plant Area Index (PAI) and sunfleck duration on 20-07-2017 were  $2.14 \pm 0.05 \text{ m}^2\text{m}^{-2}$   
261 and  $169.6 \pm 11.27 \text{ min day}^{-1}$  respectively, and was similar among the four hummocks (Table S2).

262 The reflectance (up to 90%) and transmittance of sunlight by the snowpack modifies amount  
263 and composition of radiation received by leaves above and below the snowpack at different  
264 hummocks heights. We found the snowpack to transmit about 10% of incident PAR irradiance to a  
265 depth of 10 cm, and a similar or slightly higher percentage of UV radiation to reach the same depth  
266 (Robson unpublished data) in line with comparable measurements elsewhere (Richardson and  
267 Salisbury, 1977; Gorton and Vogelmann, 2003; Perovich 2007).

### 268 3.3. Seasonal changes in leaf pigments at different heights on the *V. vitis-idaea* hummocks

269 Leaf flavonoid concentration (i.e. both flavonols and anthocyanins), measured optically and  
270 presented as an index of absorption on a per leaf-area basis, was most similar directly after leaf  
271 unfolding both among hummocks and between leaf sides. As the leaves matured, their flavonol  
272 concentration increased in the adaxial epidermis and initially decreased in the abaxial epidermis  
273 between the first and second measurement of new leaves during the summer (Leaf Age 10-29 days,  
274 Fig. 3A). During this period, UV-screening by flavonols was greater in the upper-, and middle-,  
275 hummock leaves than the lower leaves. Accumulation of flavonols continued until the start of winter  
276 in the adaxial-, and to a lesser extent the abaxial-, epidermis, and only started to definitely decline  
277 with age following the spring and summer of their second year (Leaf Age 271 days; Fig. 3A). Leaves of

278 *V. vitis-idaea* can remain productive for 5 years or more, but after their first growing season maximum  
279 photosynthesis declines sharply (Karlsson, 1985).

280 Adaxial epidermal flavonol concentration in *V. vitis-idaea* leaves transiently decreased during  
281 winter in lower- and mid-hummock leaves when they were beneath the snowpack, but started to  
282 increase again from 24-03-2017 (Leaf Age 288 days) coinciding with temperatures rising above  
283 freezing. In sequence, the upper, then middle, then lower hummock leaves' adaxial flavonol  
284 concentration increased around the time that the middle hummocks leaves emerged from the  
285 snowpack (Fig. 3A, from 27-03-2017, Leaf Age 291 days). This phase of flavonol accumulation  
286 continued until the end of the snow melt period (16-05-2017 Leaf Age 341 days), after which flavonol  
287 concentration was stable and eventually started to decline from 19-06-2017 Leaf Age 375 days (Fig.  
288 3A). Flavonol accumulation in the adaxial epidermis during spring was greater than that in the abaxial  
289 epidermis, leading the adaxial-to-abaxial flavonol ratio to increase until 08-07-2017, Leaf Age 394  
290 days, but it returned to the equivalent of pre-spring ratios later in the year (08-11-2017, Leaf Age 517;  
291 Figs. 3A and S3A).

292 Leaf anthocyanin concentration is typically highest in young leaves, and higher in the abaxial  
293 than the adaxial epidermis, declining once leaves are mature (Landi et al. 2015): our results were  
294 consistent with this pattern until late winter, when anthocyanin accumulation rebounded (07-03-  
295 2017, Leaf Age 271 days, Fig. 3B). Initially, there were no differences in anthocyanin concentration  
296 with respect to height on the hummocks, and this remained the case until 24-03-2017 (Leaf Age 313  
297 days) after the middle-hummock had emerged but while the lower hummock was still beneath the  
298 snow pack. During this period (24-03-2017 to 18-04-2017), adaxial epidermal anthocyanins continued  
299 to accumulate in the upper hummock leaves (Fig. 3B) and the difference in adaxial epidermal  
300 anthocyanin concentration with height was maintained, with higher values in upper hummock leaves  
301 compared with the others (Fig. 3B). In the abaxial epidermis, a corresponding difference with height  
302 occurred later during the 6-week spring dehardening period (19-04-2017 to 30-05-2017: Leaf Age 313-

303 355 days), persisting until abaxial anthocyanin concentration was maximal in the upper and mid  
304 hummock leaves between (17/30-05-2017, Leaf Age 341-355 days). By this time, the abaxial  
305 epidermal anthocyanins had already started to decline in the lower-hummock (Fig. 3B). By mid-  
306 summer, both adaxial and abaxial epidermal anthocyanins had converged to similar values across the  
307 three height classes (19-06-2017: Leaf Age 375) (Fig. 3B). The ratios of adaxial-to-abaxial epidermal  
308 anthocyanins all declined throughout the spring, but differed among the three heights, being highest  
309 in the upper-hummock leaves and lowest in the lower-hummock leaves (Fig. S3B).

310 Chlorophyll concentration per leaf area increased in young leaves until 14-02-2017 (Leaf Age  
311 250 days), by which time it was lower in the lower-hummock leaves than the middle-and-upper-  
312 hummock leaves (Fig. 3C). This difference persisted until the upper and middle hummocks were above  
313 the snowpack but the lower hummock beneath the snowpack (18-04-2017, Leaf Age 313 days), at  
314 which time chlorophyll concentration of the lower-hummock leaves increased beyond that of the  
315 exposed upper and middle hummock leaves where it declined (Fig. 3C). Lower-hummock leaves  
316 retained the highest chlorophyll concentration from then until midsummer by which time chlorophyll  
317 values at the three heights converged again (19-06-2017, Leaf Age 394 days) (Fig. 3C).

318 The ratio leaf flavonols vs. anthocyanins (sum of both epidermis) was higher in the upper  
319 hummocks than the lower hummocks through the winter (Fig. 4A). In the adaxial epidermis, the rate  
320 of flavonol accumulation was faster than that of anthocyanins during the dehardening period so this  
321 ratio rose, particularly in the lower hummock leaves (due to increasing flavonol accumulation as  
322 described above - Fig 4A). There was negative relationship between flavonols and anthocyanins in the  
323 adaxial epidermis when data are plotted for all leaves and all dates (Fig. 4B). This relationship may be  
324 confounded by leaf age but nevertheless persisted for the adaxial epidermis when the relationships  
325 were calculated separately for each measurement date (Table S5).

326 3.4. Seasonal changes in photosynthetic yield of PS<sub>II</sub> in leaves at different heights on the *V.*  
327 *vitis-idaea* hummocks

328 The  $F_v/F_m$  of leaves across the three heights on the hummocks attained their maximal values of  
329 about 0.82 on reaching maturity on their second measurement following unfurling (09-07-2017, Leaf  
330 Age 30 days) and  $F_v/F_m$  remained high prior to snow cover in the winter (Fig. 5A). During the winter  
331 and spring,  $F_v/F_m$  was depressed most in the upper hummocks, then middle hummocks and least  
332 depressed in the lower hummocks (Fig. 5A). This ranking of  $F_v/F_m$  according to height on the  
333 hummocks was retained throughout the spring dehardening period (until 30-05-2017: Leaf Age 355  
334 days), but by midsummer one-year old leaves at all three heights had attained similar maximal  $F_v/F_m$   
335 again (19-06-2017, Leaf Age 375 days) (Fig. 5A).

336 The  $\phi_{PS_{II}}$ , measured *in situ* under ambient sunlight, varied with the solar irradiance, i.e. on clear-  
337 sky measurement days  $\phi_{PS_{II}}$  was very low during the dehardening period (Fig. 5B). At sub-zero  
338 temperatures (e.g. -5.5 °C on 07-03-2017, Leaf Age 313 days) with clear-sky irradiance during early  
339 spring, the  $\phi_{PS_{II}}$  was lowest and approached zero. Though bear in mind that it was necessary to  
340 remove the snow from covered leaves during winter to take the measurement, exposing them briefly  
341 to higher PAR than they would otherwise have received and thus probably caused greater  
342 photoinhibition than when under the snow. Nevertheless, in early spring on days 83 and 96 (leaf age  
343 288 and 301 days),  $\phi_{PS_{II}}$  of almost 0.2 was reached in the lower hummock leaves (Fig. 5B). Both  
344 measures of photosynthetic capacity ( $F_v/F_m$  and  $\phi_{PS_{II}}$ ) responded to day-to-day differences in  
345 environmental conditions, as evident from differences between  $F_v/F_m$  values from consecutive daily  
346 measurements made on three occasions during the spring dehardening period (Fig. 5B, Leaf Age 313-  
347 314, 327-328, 341-342 days).

348 3.5. The relationship between *V. vitis-idaea* photosynthetic yield, leaf flavonoids and  
349 environmental conditions

350 We tested the relationship between temperature and  $F_v/F_m$  for leaves from the upper, middle,  
351 and lower hummocks, identifying their position relative to the snowpack prior to each  $F_v/F_m$

352 measurement. The air temperature ( $T_{aw}$ ) or soil temperature ( $T_{sw}$ ) at the site were positively  
353 correlated with the average  $F_v/F_m$  of leaves above or below the snowpack respectively, and in order  
354 to make a direct comparison with other studies of *V. vitis-idaea* (Bokhorst et al. 2010; Saarinen et al.  
355 2016), we tested a range of different time periods to find the closest relationship. Of these time  
356 periods, the temperature over the 2 weeks prior to each  $F_v/F_m$  measurement gave the best fit; for  
357 leaves above the snowpack vs.  $T_{aw}$  (adj.  $R^2=0.91$ , Table S4), and leaves below the snowpack vs.  $T_{sw}$  (adj.  
358  $R^2 = 0.81$ , Table S4). These relationships with temperature were stronger than  $F_v/F_m$  vs. PAR on the  
359 day of measurement for leaves above the snowpack (adj.  $R^2 = 0.74$ , Table S4).

360 Individual leaf measurements of  $F_v/F_m$  were also positively correlated with leaf temperature  
361 (Fig. 6A) and PAR incident on the leaf (Fig. 6B) at the time of measurements, and likewise with adaxial-  
362 epidermal flavonol concentration on the day of measurement (Fig. 6C). However, these relationships  
363 were strongly conditioned by measurement day and held only during the period from 24-03-2017 to  
364 17-05-2017: Leaf Age 281-342 days (Fig. 6). The relationships broke down once spring recovery of  
365  $F_v/F_m$  was almost complete (30-05-2017 Leaf Age 355 days – not shown) and in winter when leaf  
366 temperatures were consistently around 0°C. During dehardening, all three relationships were  
367 strongest in the upper hummocks and remained strong in the middle hummocks, where  $F_v/F_m$  recovery  
368 coincided with an increase in adaxial epidermal flavonols during this time period, but were but much  
369 less strong in the lower hummocks (Fig. 6C). The same relationship was not evident for anthocyanins  
370 in either epidermis (not shown).

## 371 4. Discussion

### 372 4.1 Consistent pattern of increasing flavonoids with hummock height throughout the year

373 Differences in exposure to harsh weather conditions among adjacent plants or shoots may be  
374 particularly pronounced in the understorey of open canopies typical of the boreal forest which  
375 unevenly intercept solar radiation (both incoming and reflected or emitted radiation) and snow  
376 (Hedstrom and Pomeroy, 1998). The undulating topography created by hummock-forming plants,  
377 adds to the heterogeneity of irradiance, temperature, and snow cover (Essery et al. 2008; Pomeroy et



378 al. 2002; Sturm et al. 2001). Accordingly, a large proportion of their leaves can remain above the  
379 snowpack over winter where they are subject to greater fluctuations in temperature and irradiance  
380 than those beneath the snowpack. In our study, this was the case for the upper leaves of *V. vitis-idaea*  
381 hummocks, which accumulated more epidermal UV-screening (attributable to flavonols) than lower  
382 hummock leaves. Using a Dualex to optically detect UV-screening allowed us to repeatedly and non-  
383 destructively follow changes over time on the same plant but not to gather biochemical information  
384 on flavonoid composition.

385         The results of studies based on optical properties of the leaf epidermis *in vivo* and  
386 measurements of whole-leaf extracts can be difficult to reconcile because the two methods are not  
387 equivalent. In *V. vitis-idaea*, flavonoids can be found in the trichomes and bound to the epidermal  
388 cell walls (Semerdjieva et al. 2003a, 2003b) where they will affect UV-screening, whereas they are  
389 spread throughout the leaf including chloroplasts in the mesophyll and cuticular waxes in species  
390 like *V. myrillus* (Semerdjieva et al. 2003b). Despite a certain lack of equivalency, it is worth noting  
391 that the relative differences we found in UV-screening within *V. vitis-idaea* hummocks, among leaves  
392 differing only in the time spent above and below the snowpack (Fig. 1), were larger than those  
393 produced in the same species by a 25% UV supplementation (Semerdjieva et al. 2003b). A strong  
394 negative correlation between accumulation of leaf flavonoids and increasing temperature can  
395 obscure the effects of UV-B radiation (Coffey et al. 2017), and consequently, the differences in  
396 temperature across hummock height related to differences in seasonal snow cover may partially  
397 explain the vertical gradient in flavonols accumulation we report. It has not yet been elucidated  
398 whether both temperature and UV-B radiation may regulate flavonoid accumulation via the *uvr8*  
399 pathway, but this would constitute an interesting future avenue of research.

400         The response of *V. vitis-idaea* leaves to UV radiation at high latitudes has already been  
401 extensively studied in the context of northern-hemisphere stratospheric ozone depletion in the late  
402 1990s and 2000s (e.g. Johansson et al. 1995; Phoenix et al. 2001; Semerdjieva et al. 2003a). The

403 leaves of evergreen species emerge from snow cover in spring when seasonal UV-B exposure can be  
404 periodically high, but a meta-analysis generally found evergreen species like *V. vitis-idaea* to be  
405 resilient against such seasonal increases in UV radiation (Newsham and Robinson, 2009). The  
406 modest flavonoid induction caused by increased UV-B radiation could help protect from  
407 photodamage to PS<sub>II</sub> and improve antioxidant capacity during dehardening at the start of the  
408 growing season when high irradiance and cold temperatures in unison exacerbate photoinhibition  
409 (Takahashi and Badger 2011).

410 Most studies from the 1990s-early-2000s have presented these data on a per mass basis  
411 which is not as easily interpretable as leaf-area based measures in terms of screening. Differences in  
412 LMA among the one-year old leaves in our experiment caused the effect of hummock height on  
413 flavonols and anthocyanins per-leaf-area to be reduced when considered on a per-mass basis (Table  
414 2). Likewise, the effect of UV-B radiation on flavonol accumulation is sometimes smaller on a per-  
415 leaf-mass than per-leaf-area basis in understorey shrubs, because UV-B exposure causes mature  
416 leaves to be thicker and tougher (Newsham and Robinson, 2009, Semerdjieva et al. 2003a).

417 The increase in the ratio of adaxial to abaxial epidermal flavonols in the lower hummock  
418 leaves (Fig. S3A) during snow melt suggests that accumulation of adaxial flavonols could aid in  
419 photoprotection in addition to amelioration of cold temperature stress as antioxidants (Chalker-  
420 Scott and Scott, 2004). Comparison of the UV screening on either side of a leaf show this  
421 relationship to be highly species specific and environmentally dependent: sometimes UV screening  
422 by the adaxial and abaxial epidermises are strongly positively correlated (Bartlod et al. 2007, Siipola  
423 et al. 2014) sometimes this relationship is weak (Kolb and Pfündel 2005, Morales et al. 2011), as was  
424 the case in our study. The accumulation of epidermal flavonoids is commonly attributed to exposure  
425 to UV-B radiation, or high irradiance of UV-A radiation and blue light (Barnes et al., 2017), although  
426 flavonoid accumulation is also known to increase in response to cold temperatures (Agati et al,  
427 2013). Temporal differences in flavonoid (both flavonol and anthocyanin) accumulation and their

428 localization in the planophile leaves of *V. vitis-idaea* might reflect differences in the allocation of  
429 resources based on differences between the adaxial and abaxial epidermis in their relative exposure  
430 to cold and high irradiance.

431 Over the whole dataset, there was an inverse correlation between the anthocyanin and  
432 flavonol concentrations in the adaxial epidermis, even though during spring dehardening both  
433 tended to increase (Fig. 4). A similar pattern showing a trade-off between these two phenolic  
434 compounds was reported in *Arabidopsis thaliana* under controlled conditions, where the ratio of  
435 flavonoids to anthocyanins was higher when they received either blue light or UV-A radiation  
436 (Brelford et al, 2018). Anthocyanins are typically found in greater amounts in young leaves and  
437 have a specific role as antioxidants involved in cold and high-light tolerance (Havaux and Kloppstech,  
438 2001; Landi et al. 2015). Although anthocyanins only infrequently respond to elevated UV-B  
439 radiation (Searles et al. 2001), both flavonols and anthocyanins are phenolic compounds of the  
440 flavonoid pathway and it is possible that regulation of this pathway shifts during spring to emphasize  
441 the photoprotective function of flavonols driven by seasonally-increasing irradiance of blue light and  
442 UV radiation at the expense of anthocyanins whose antioxidant function would be more important  
443 during winter (Agati et al. 2013).

444 4.2 Prolonged snow cover accelerates recovery of photosynthetic capacity during spring  
445 dehardening

446 The timing of spring dehardening in our study was better correlated with temperature than  
447 irradiance, and the relationship with temperature was maintained over 2 weeks prior to measurement  
448 (Fig 6), in agreement with Karlsson (1985). Several studies have found a consistent relationship  
449 between the ambient temperature and  $F_v/F_m$  of *V. vitis-idaea* leaves across a range of latitudes  
450 (Bokhorst et al. 2010; Saarinen et al. 2016; Table S6 and S7) and in *Pinus sylvestris* at our Hyytiälä site  
451 (Porcar-Castell et al. 2011). Saarinen et al. (2016) report that  $F_v/F_m$  in leaves of *V. vitis-idaea* plants  
452 was depressed by snow removal or even when covered by only a thin layer of snow. In our study,  
453 upper-hummock leaves had the lowest  $F_v/F_m$  and mid-hummock leaves, which were also only thinly

454 snow-covered, had lower  $F_v/F_m$  than lower-hummock leaves. Prior to their emergence from under the  
455 snow, the  $F_v/F_m$  of lower-hummock leaves was already increasing. It is conceivable this recovery was  
456 aided by the low to moderate irradiance that penetrates the upper cm's of the snowpack, potentially  
457 activating photoprotective mechanisms during snowmelt (Richardson and Salisbury, 1977). This could  
458 partially explain why the difference in  $F_v/F_m$  was maintained between leaves at different heights on  
459 the hummocks for several weeks following snow melt rather than the lower leaves exhibiting a cold-  
460 shock response upon exposure.

461         Large fluctuations in temperature and sustained winter warming can both prematurely activate  
462 dehardening creating the potential to bring forward the growing season but also increasing the risk of  
463 damage if cold winter temperatures return (Bokhorst et al. 2008). Photoinhibition of exposed shoots  
464 was high in our study, and leaf chlorophyll concentration dropped in the upper and middle hummock  
465 leaves during the spring dehardening period but remained stable in the lower hummock leaves  
466 (surpassing that in the upper hummocks) following emergence from under the snowpack. The  
467 regulation of leaf chlorophyll may be a means of acclimation, to reduce photon capture under high  
468 irradiance to balance the limited carboxylation capacity at low temperature in the upper and middle  
469 hummocks when photoprotective mechanisms were surpassed.

470         Winter- and spring-time depression of  $F_v/F_m$  and  $\phi PS_{II}$  was largely attributable to a decrease in  
471 maximal fluorescence ( $F_m$  and  $F_m'$  respectively) rather than an increase in  $F_0$  or  $F_0'$  (Fig. S5). This  
472 suggests that the reduction in photosynthetic capacity is the result of decreased light harvesting by  
473  $PS_{II}$  lowering the  $F_m$  and  $F_m'$ . Such a result has previously been attributed to smaller antenna size or  
474 sustained NPQ associated with decreased epoxidation of xanthophylls or  $PS_{II}$  reaction centre  
475 quenching under cold temperatures (Ivanov et al. 2008), rather than damage or disassembly of the  
476  $PS_{II}$  LHC<sub>II</sub> core subunit super-complexes which would be reflected in higher  $F_0$  or  $F_0'$  (Öquist and Huner,  
477 2003). The positive correlation between epidermal flavonols and  $F_v/F_m$  found in the upper and middle,  
478 but not lower, hummock leaves during dehardening suggests that these leaves are acclimating to the

479 more-exposed conditions. This is consistent with some mechanistic studies which report flavonoids  
480 to determine of cold acclimation and frost tolerance of *Arabidopsis thaliana* (Havaux and Klopstech,  
481 2001; Shulz et al. 2016). However, knowledge of the contribution of xanthophyll cycle pigments at  
482 different hummock heights, which was not quantified in this study, would allow us to better describe  
483 this response (Adams et al. 2004).

#### 484 4.3 Ecological consequences of changing snow cover for *V. vitis-idaea*

485 In our study in central Finland, all leaves achieved full functionality following dehardening.  
486 Likewise, Saarinen et al. (2016), found that exposed leaves of *V. vitis-idaea*, subjected to experimental  
487 removal of the snow pack during winter, fully recovered PS<sub>II</sub> capacity during the spring in southern  
488 Finland, abet later than those from which snow was not removed. This result is consistent with other  
489 Arctic shrub species, e.g. *Rhododendron ferrugineum* L, whose leaves above the snow in winter have  
490 transiently reduced  $F_v/F_m$  compared with those that are covered by snow (Neuner et al. 1999). These  
491 findings suggest that *V. vitis-idaea* could benefit from the expected warmer winters and earlier snow  
492 melt in Finland, and much of the rest of its range (Rasmus et al. 2004 Henry 2008; Jylhä et al. 2008),  
493 by dehardening earlier and contributing more in the future to photosynthetic carbon gain in the  
494 understorey (Gehrmann et al., 2018; Larsen et al. 2007). However, this does not exclude the possibility  
495 that environmental changes involving reduced duration or size of snowpack can also be detrimental  
496 to understorey plants. Further north than our study, across a range of habitats in the Arctic where  
497 winters are colder than in central Finland, a reduced snow pack can cause sufficient cold stress to  
498 damage the leaves and shoots of shrubs including *V. vitis-idaea* (Preece and Phoenix 2013). Reduced  
499 snow cover can also lead to colder soils and prolonged freezing temperatures which can be a problem  
500 over a wider geographical range across Europe causing root mortality and affecting biogeochemical  
501 cycling (Groffman et al. 2001; Helama et al. 2011).

502 The link between increasing temperature and irradiance, and  $F_v/F_m$  recovery in *V. vitis-idaea*  
503 during dehardening reinforces established knowledge of this and other species (Ensminger et al.  
504 2004; Havaux and Klopstech 2001; Muller et al. 2005; Neuner et al. 1999; Porcar-Castell et al. 2008;

505 Saarinen et al. 2016). At our site in central Finland, winter temperatures are relatively mild ( $-7.37 \pm$   
506  $1.15$  °C; 10-year mean  $\pm 1$  SD January temperature, 2008-2018), and are expected to increase by 4-  
507  $11$  °C by the end of the century (Jylhä et al. 2008; Finland's Seventh National Communication under  
508 the United Nations Framework Convention on Climate Change 2017). Winter warming is forecast to  
509 increase productivity at the stand level (Porcar-Castell et al. 2011). However, the expected 30-40%  
510 reduction in snow cover (Jylhä et al. 2008; Finland's Seventh National Communication under the  
511 United Nations Framework Convention on Climate Change 2017) may lead to increased soil freezing  
512 or freeze thaw cycles which may partially negate the increase in productivity (Taulavuori et al. 2011).  
513 New estimates of ecosystem carbon assimilation aim to include the contribution of understorey  
514 vegetation in addition to that by tree species (Nikopensus et al. 2015, Starr and Oberbauer, 2003).  
515 To estimate understorey photosynthesis during spring a better understanding of how it is affected  
516 by uneven snow cover under patchy canopies will be needed (Blume-Werry et al. 2016; Kreyling et  
517 al. 2012).

#### 518 5. Conclusions (preferably 10-15 lines & no references)

519 In our study, there was a positive correlative relationship during the winter and spring  
520 between UV-screening by epidermal flavonols and  $F_v/F_m$  in leaves that were largely above the  
521 snowpack. More flavonols and anthocyanins accumulated in these upper-hummock leaves  
522 compared to leaves below the snowpack. The cross-protection provided by epidermal flavonols to  
523 cold and high light is likely to be regulated by solar radiation and temperature, but further research  
524 is needed to disentangle the roles of these two cues. Recent evidence that leaves can rapidly adjust  
525 their UV-screening to acclimate to light conditions (Barnes et al. 2017) suggests that a high-degree of  
526 fine tuning of these responses is possible, and our finding that flavonoids (flavonols and  
527 anthocyanins) accumulate in the upper hummocks even in cold conditions when metabolic activity is  
528 low supports this assertion. Leaves with a higher index of epidermal flavonols tended to have a  
529 lower epidermal anthocyanin index, and a compositional shift in this ratio towards flavonols during  
530 spring suggests fine-tuning of acclimation in response to increasing irradiance and a less cold

531 temperatures. Finally, on hummocks at our site in central Finland, leaves that remained under snow  
 532 cover longer surpassed exposed leaves in their  $F_v/F_m$  directly following snowmelt despite having  
 533 lower epidermal flavonols and anthocyanins but all leaves eventually reached a similar maximum  
 534 photosynthetic capacity.

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- 738

## 739 Tables

740 Table 1: Maximum and Minimum Air and Soil Temperatures, and maximum PAR (PPFD) on the days  
741 of chlorophyll fluorescence and leaf pigments measurements. Freeze-thaw cycles are calculated for  
742 the period between measurements (usually 2 weeks, including 14-02-2017) and represent the  
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744 Tree trunk temperatures were recorded at breast height on the completed shaded north side of the  
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747 and per mass basis. Final harvest of one-year old leaves (leaf age 394 days) and young leaves (leaf  
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756 measurements. B. Daily time course of understorey photosynthetically active radiation (PAR) at 0.6  
757 m height, at Hyytiälä Forestry Station; from the unfurling of leaves in June 2016 (followed until  
758 November 2017), and including photosynthetic recovery period (June 2017 to November 2017) and  
759 subsequent new leaf unfurling in June 2017.

760 Fig. 2: Solar spectral Irradiance at midday measured at the experimental site under a pine canopy in  
761 a sunfleck and canopy shade, and in an adjacent open field, in clear sky conditions during the  
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764 Fig. 3: Indices of (A) epidermal flavonols estimated from epidermal absorption at 375 nm; (B)  
765 epidermal anthocyanins, estimated from epidermal absorption at 515 nm, and (C) leaf chlorophyll  
766 estimated from the relative leaf transmission at 680 nm to 710 nm, on a leaf area basis. The period  
767 covered is from leaf emergence until leaves of *Vaccinium vitis-idaea* were one-and-a-half years old.  
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787 Online Supplemental Material

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813 Fig. S2: Solar spectral Irradiance at midday measured at the experimental site under a pine canopy in  
814 a sunfleck and canopy shade, and in an adjacent open field, in clear sky conditions during the  
815 measurement period on 14-02-2017, 07-03-2017 and 19-06-2017. (as Fig. 2 before normalisation).  
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818 Fig. S3: Ratio of adaxial to abaxial epidermal (A) flavonol and (B) anthocyanin indices, measured by  
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820 until leaves of *V. vitis-idaea* were one-and-a-half years old. Mean  $\pm$  1 SE of the 4 hummocks (n=4)  
821 are plotted at 3 hummock heights, and the period under the snowpack marked with vertical lines. \*  
822 indicates a significant difference with height on the adjacent date, ANOVA summaries in Table S3.

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825 effective quantum yield of photosystem II photochemistry (Fig 5B). The  $ETR$  (E), electron transfer  
826 rate is calculated from  $\phi_{PSII}$  and PAR incident on the leaf (F). The period covers leaf emergence until  
827 leaves of *V. vitis-idaea* were one-and-a-half years old is given. Mean  $\pm$  1 SE of the 4 hummocks (n=4)  
828 are plotted, and the period under the snowpack marked with vertical lines. Quenching coefficients  
829 calculated from these data in Fig. S5.

830 Fig. S4: A. The photochemical ( $q_P$ ) and non-photochemical quenching (NPQ) and fraction of PSII  
831 centers that are 'open' ( $q_L$ ) calculated from chlorophyll fluorescence measurements, defined  
832 according to Baker, 2008 (Chlorophyll Fluorescence: A Probe of Photosynthesis In Vivo, Annu. Rev.  
833 Plant Biol. 2008. 59:89–113 doi:10.1146/annurev.arplant.59.032607.092759). Time series over the



834 period from leaf emergence until leaves of *V. vitis-idaea* were one-and-a-half years old. Mean  $\pm$  1 SE  
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 838 of times that the temperature passed above and returned below freezing during this period. Tree trunk temperatures were recorded at breast height on the  
 839 completed shaded north side of the tree during winter and spring.

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Date of Measurement	DOY	Leaf Age Days	Max-Air Temperature °C	Min-Air Temperature °C	Max-Soil Temperature °C	Min-Soil Temperature °C	Max-PAR $\mu\text{mol m}^{-2}\text{s}^{-1}$	Freeze-thaw cycles	Snow Temperature °C	Tree Trunk Temperature (North)°C
14-02-2017	45	250	5.3	-1.3	0.5	0.3	112.9	34	--	--
07-03-2017	66	271	-0.4	-10.4	0.0	-1.2	289.5	8	-7.9	-6.6
24-03-2017	83	288	1.8	-4.4	0.4	0.2	474.7	14	-10.0	-4.2
06-04-2017	96	301	8.6	-0.3	0.5	0.4	764.4	15	-3.5	0.8
18-04-2017	108	313	3.7	-7.3	0.3	-0.2	677.0	--	-2.6	-1.4
19-04-2017	109	314	5.5	-5.9	0.4	-0.1	519.8	14	-2.7	2.2
02-05-2017	122	327	12.2	0.2	0.6	-0.4	828.9	--	-3.0	8.7
03-05-2017	123	328	10.9	0.6	0.8	0.5	868.8	17	-2.8	8.1
16-05-2017	136	341	13.5	-2.7	3.4	1.1	919.6	--	--	7.7
17-05-2017	137	342	10.4	1.6	3.7	2.1	271.1	16	--	6.6
30-05-2017	150	355	13.6	0.1	7.6	4.7	290.0	--	--	9.8
19-06-2017	170	375	20.9	9.7	11.9	9.9	932.3	3	--	--
08-07-2017	189	394/29	20.3	7.2	12.7	9.2	836.8	1	--	--
09-07-2017	190	395/30	21.9	9.9	13.9	10.3	899.6	--	--	--
08-11-2017	312	517/152	5.2	2.7	4.3	0.4	51.7	34	--	--

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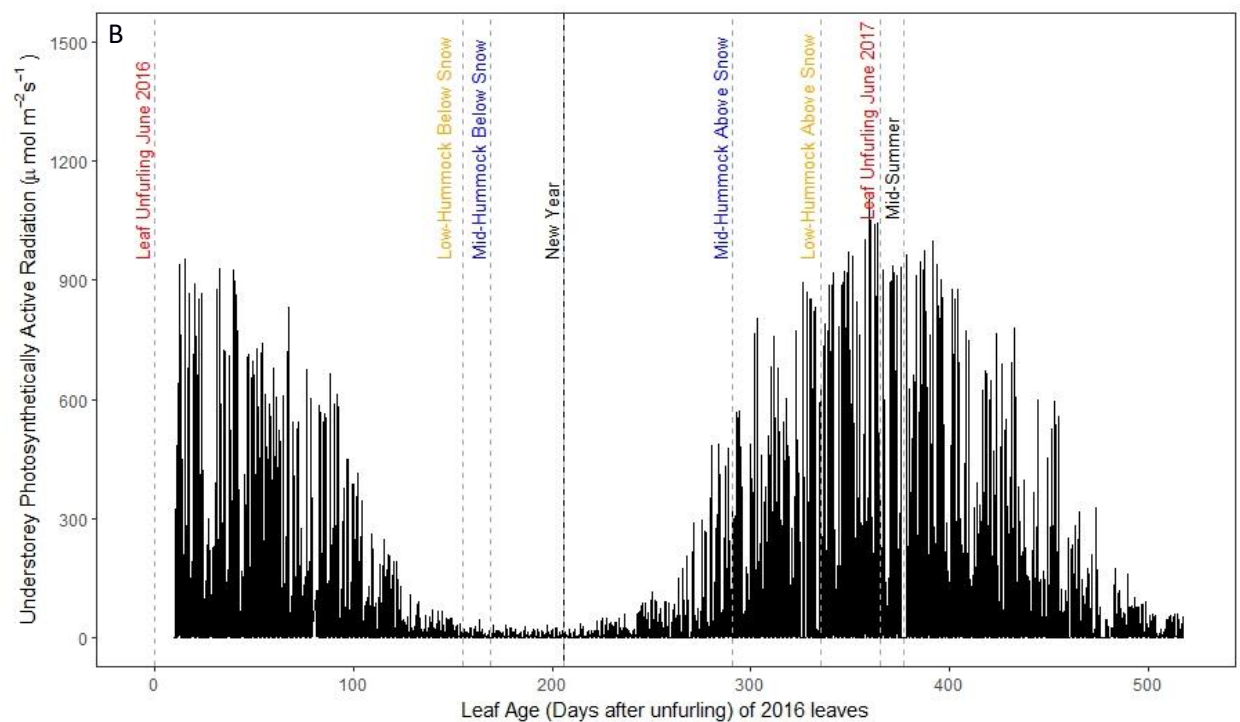
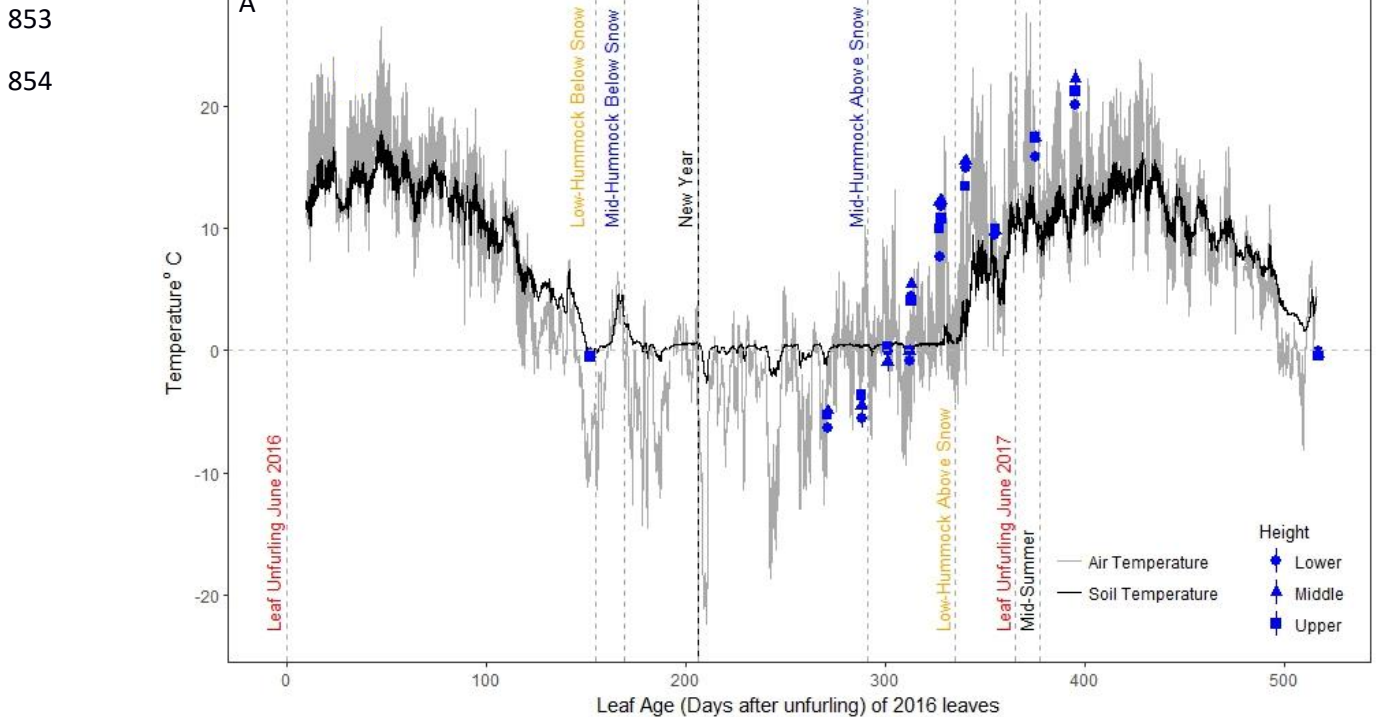
843 Table 2: Comparison of leaf pigment measurements and leaf morphological traits on per area and per mass basis. Final harvest of one-year old leaves (leaf  
 844 age 394 days) and young leaves (leaf age 29 days) leaves of *V.vitis-idaea* in July 2017. Mean of 4 hummocks  $\pm$  1 SE. Percentage changes of upper and  
 845 middle hummocks from lower hummock values are given in parentheses. ANOVA results given in Table S5.

Leaf Trait	Young leaves (Leaf Age 29 days old)			One-year old leaves (Leaf Age 394 days old)		
	Lower Hummock	Middle Hummock	Upper Hummock	Lower Hummock	Middle Hummock	Upper Hummock
<b>Morphological Trait</b>						
Leaf Area (mm <sup>2</sup> )	240 $\pm$ 9	240 $\pm$ 15 (0%)	246 $\pm$ 12.3 (+3%)	174 $\pm$ 11	206 $\pm$ 27 (+18%)	188 $\pm$ 20.6 (+8%)
Leaf Dry Matter Content (mg)	14.5 $\pm$ 1.9	13.6 $\pm$ 1.5 (-6%)	13.7 $\pm$ 1.6 (-5%)	28.9 $\pm$ 2.4	35.8 $\pm$ 4.8 (+24%)	34.9 $\pm$ 3.9 (+21%)
Leaf Mass Area (mg mm <sup>-2</sup> )	0.060 $\pm$ 0.006	0.056 $\pm$ 0.003 (-6%)	0.055 $\pm$ 0.005 (-8%)	0.166 $\pm$ 0.005	0.174 $\pm$ 0.01(+5%)	0.187 $\pm$ 0.01(+12%)
<b>Dualex (per area)</b>						
Chlorophyll index per leaf area (Dualex A mm <sup>-2</sup> )	78.6 $\pm$ 5.8	74.6 $\pm$ 6.4 (-5%)	77.8 $\pm$ 4.8 (-1%)	122.6 $\pm$ 5.6	136.8 $\pm$ 23.4 (+12%)	121.7 $\pm$ 17 (-1%)
Epidermal flavonol index per leaf area (Dualex A mm <sup>-2</sup> )	5.6 $\pm$ 0.7	6.8 $\pm$ 0.4 (+22%)	8.0 $\pm$ 0.7 (+43%)	5.7 $\pm$ 0.1	7.2 $\pm$ 0.9 (+25%)	6.8 $\pm$ 0.9 (+19%)
Epidermal anthocyanin index per leaf area (Dualex A mm <sup>-2</sup> )	0.89 $\pm$ 0.01	1.03 $\pm$ 0.07 (+16%)	1.07 $\pm$ 0.08 (+20%)	0.26 $\pm$ 0.03	0.36 $\pm$ 0.03 (+39%)	0.34 $\pm$ 0.02 (+29%)
<b>Dualex (per mass)</b>						
Chlorophyll index per leaf mass (Dualex A mg <sup>-2</sup> )	1346 $\pm$ 162	1322 $\pm$ 52 (-2%)	1445 $\pm$ 173 (+7%)	739 $\pm$ 14	798 $\pm$ 154 (+8%)	657 $\pm$ 99 (-11%)
Epidermal flavonol index per leaf mass (Dualex A mg <sup>-2</sup> )	93 $\pm$ 6	120 $\pm$ 4 (+30%)	146 $\pm$ 13 (+57%)	35 $\pm$ 1	42 $\pm$ 6 (+20%)	37 $\pm$ 5 (+6%)
Epidermal anthocyanin index per leaf mass (Dualex A mg <sup>-2</sup> )	15.2 $\pm$ 1.3	18.3 $\pm$ 0.6 (+20%)	19.4 $\pm$ 0.3 (+27%)	1.6 $\pm$ 0.2	2.1 $\pm$ 0.3 (+34%)	1.8 $\pm$ 0.1 (+15%)

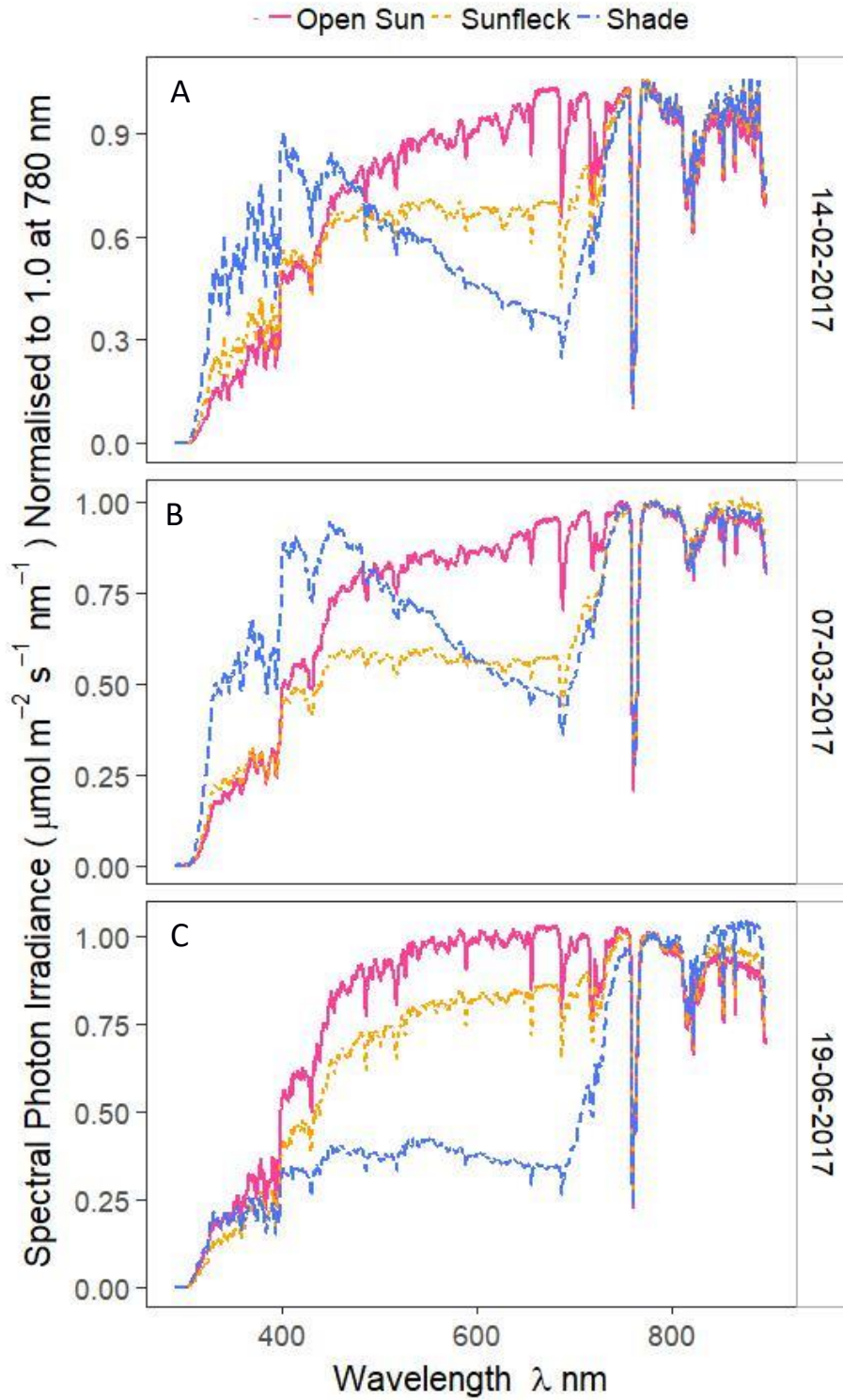
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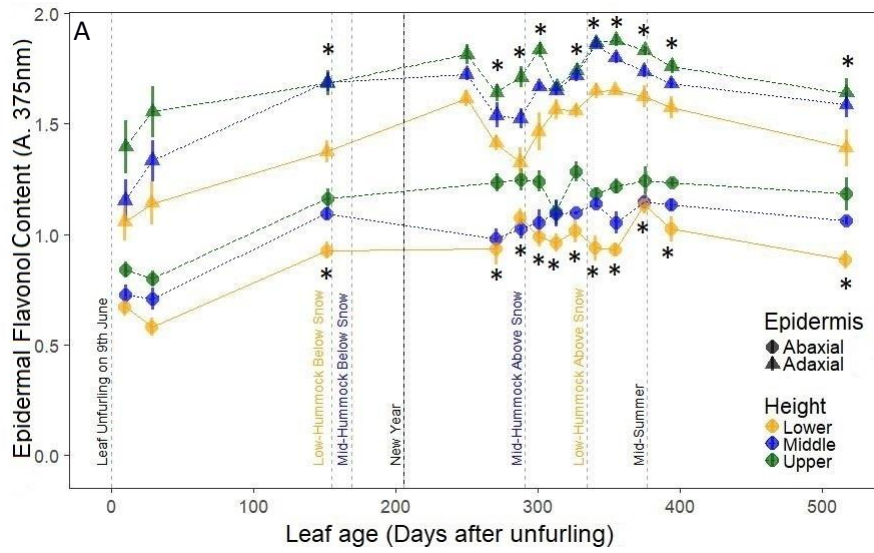
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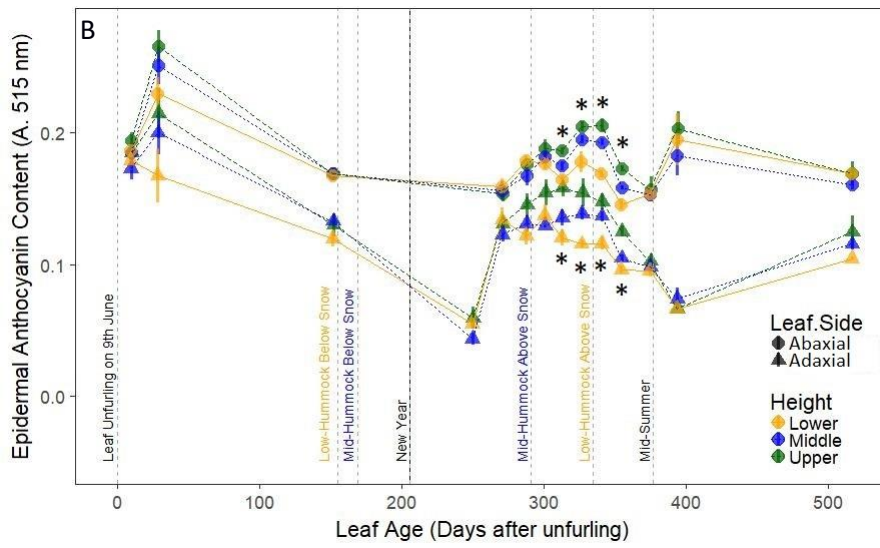
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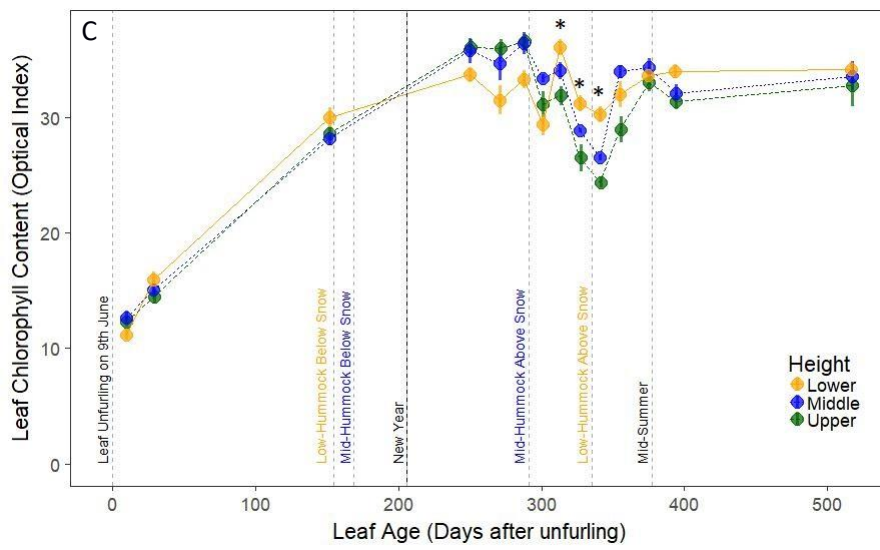
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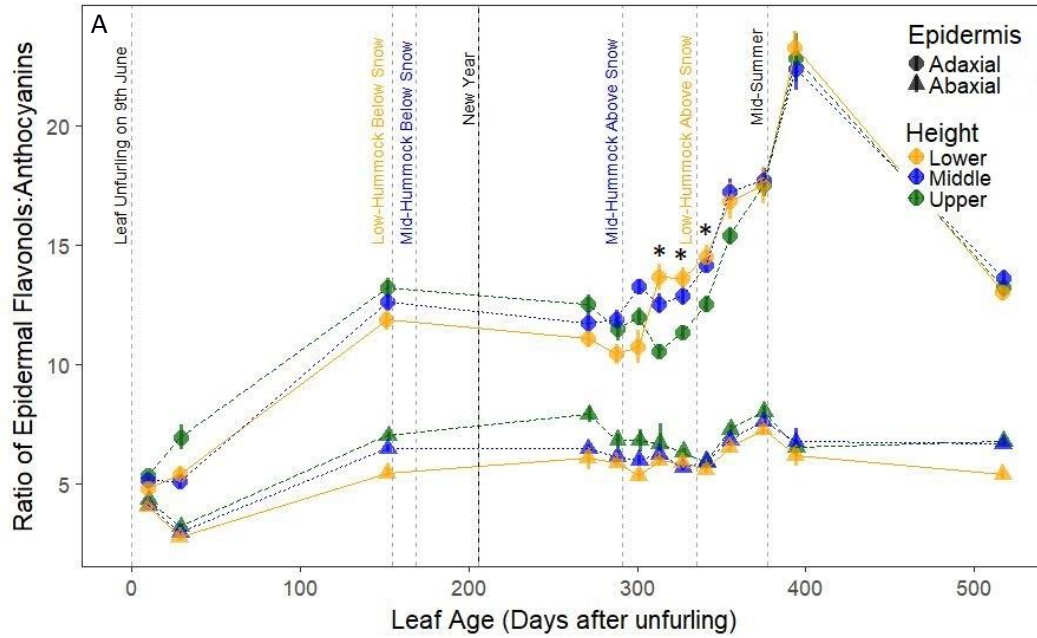
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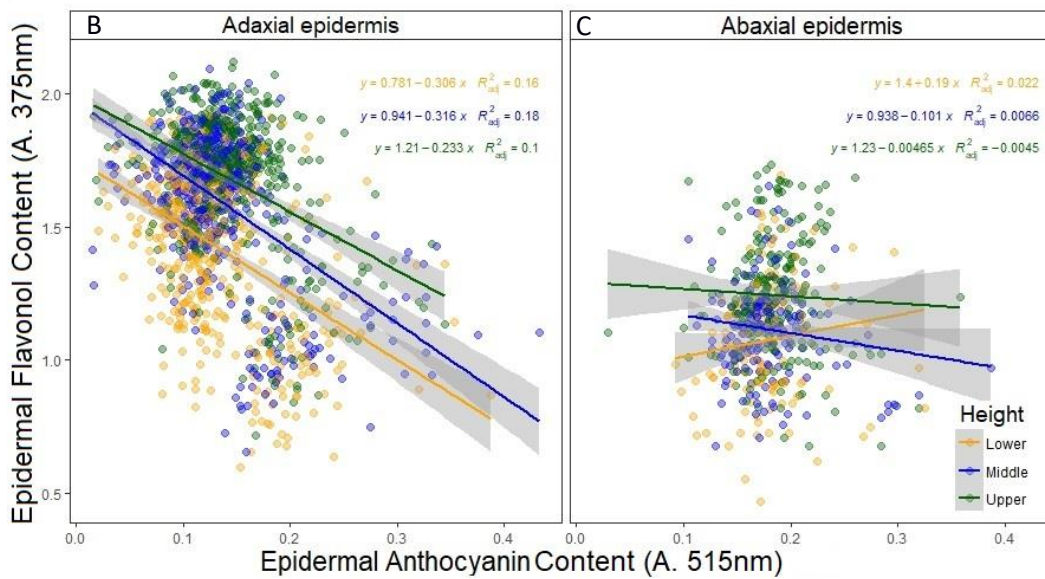
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874 Fig.4: (A) Time of course of the relationship between estimated epidermal flavonols and  
 875 anthocyanins from Figs. 3A and B. Scatterplots and linear regression of (B) adaxial and (C) abaxial  
 876 epidermal flavonols and anthocyanins, for all measurement dates together but the three hummock  
 877 heights presented separately for comparison. \* indicates a significant difference with height, ANOVA  
 878 summary Table S3.



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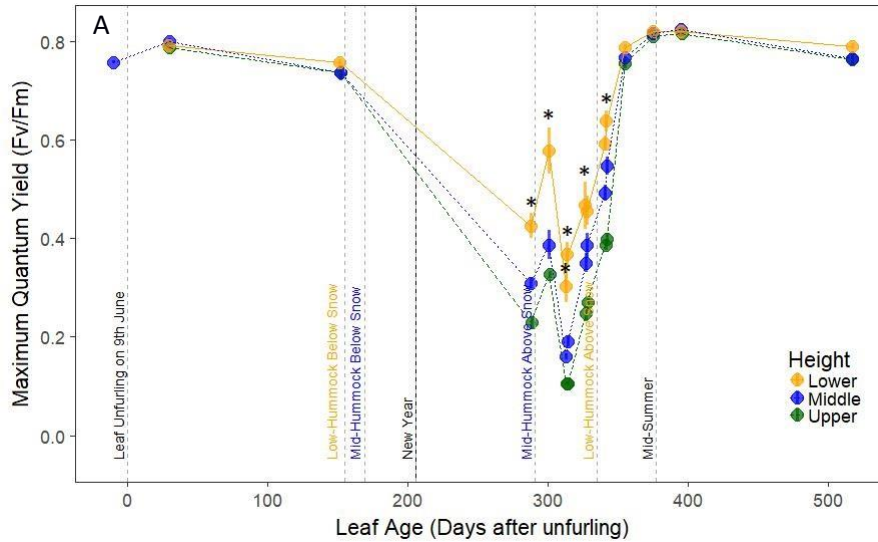
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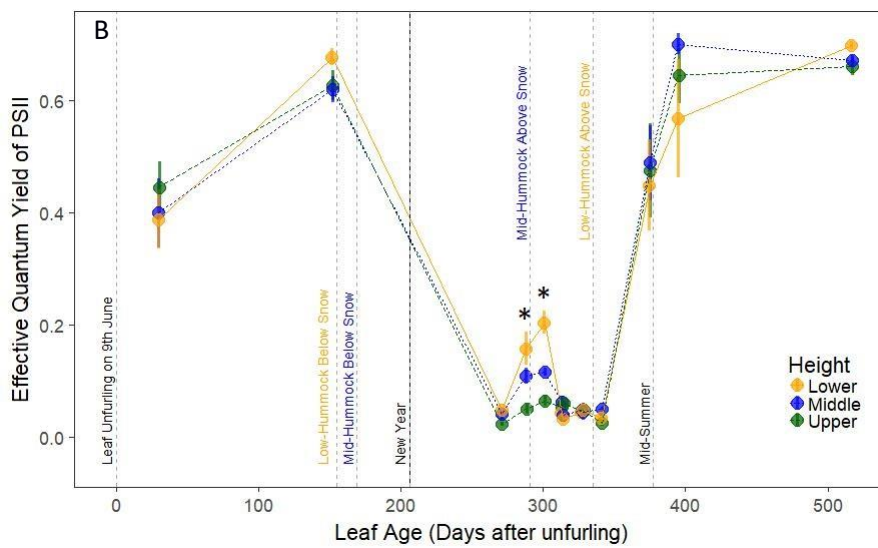
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883 Fig. 5: Time course of (A) maximum quantum yield of photosystem II ( $F_v/F_m$ ) and (B) effective  
 884 quantum yield of photosystem II ( $\phi_{PSII}$ ) over the period from leaf emergence until leaves of *V. vitis-*  
 885 *idaea* were 517 days old. Mean  $\pm$  1 SE of the 4 hummocks (n=4) are plotted, and the period under  
 886 the snowpack marked with vertical lines. \* indicates a significant difference with height, ANOVA  
 887 summary Table S3. The fluorescence parameters used for these calculations are given in Fig. S4.



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890

891 Fig. 6: The relationship between  $F_v/F_m$  and (A) leaf temperature, (B) PAR and (C) epidermal flavonols  
 892 at the time of measurement measured on six occasions. Each point is the mean of 10 measurements  
 893 of each of 4 hummocks. These relationships only hold during the spring dehardening period (17-04-  
 894 2017 to 18-05-2017) when the temperature is above freezing but leaves have not yet recovered to  
 895 maximal  $F_v/F_m$  of 0.82.

