

1 *Changes in macrofaunal biological traits across estuarine gradients – implications for the*
2 *coastal nutrient filter*

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4 **Running head:** Macrofaunal traits affect the coastal filter

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1 **Abstract**

2 Benthic macrofaunal communities have a profound impact on organic matter turnover and nutrient
3 cycling in marine sediments. Their activities are of particular importance in the coastal filter, where
4 nutrients and organic matter from land are transformed and/or retained before reaching the open
5 sea. The benthic fauna modify the coastal filter directly (through consumption, respiration,
6 excretion and biomass production) and indirectly (through bioturbation). It is hard to experimentally
7 quantify faunal contribution to the coastal filter over large spatial and temporal scales that
8 encompass significant environmental and biological heterogeneity. However, estimates can be
9 obtained with biological trait analyses. By using benthic biological traits, we explore how the
10 potential contribution of macrofaunal communities to the coastal filter differ between inner and
11 outer sites in an extensive archipelago area, and examine the generality of the observed pattern
12 across contrasting coastal areas of the entire Baltic Sea. Estimates of benthic bioturbation, longevity
13 and size (i.e. “stability”) and total energy- and nutrient contents differed between coastal areas and
14 inner *versus* outer sites. Benthic traits indicative of an enhanced nutrient turnover but a decreased
15 capacity for temporal nutrient retention dominated inner sites, while outer sites were often
16 dominated by larger individuals, exhibiting traits that are likely to enhance nutrient uptake and
17 retention. The overarching similarities in benthic trait expression between more eutrophied inner *vs*
18 less affected outer coastal sites across the Baltic Sea suggest that benthic communities might
19 contribute in a similar manner to nutrient recycling and retention in the coastal filter over large
20 geographical scales.

21

22 **Key words:**

23 benthic communities, coastal filter, biological traits, nutrient cycling, Baltic Sea

24

1 **1. INTRODUCTION**

2 Coastal and estuarine ecosystems receive increasing amounts of organic material and nutrients as a
3 consequence of accelerating human settlement and activities along the world's coastal margins
4 (Nixon 1995, Cloern et al. 2016). By transforming, retaining or removing nutrients entering the sea
5 from land, the coastal ecosystems can, through a range of biogeochemical processes, function as a
6 filter and alleviate the anthropogenic pressure on the sea (Asmala et al. 2017). The capacity of the
7 coastal ecosystem to buffer eutrophication is influenced by physical attributes (e.g. catchment area,
8 land runoff, basin size, topography and hydro-morphology) that together determine the water
9 residence time of the system. The residence time, together with light conditions will in turn
10 influence rates of sedimentation, degradation and biological uptake (i.e. primary and secondary
11 production) of nutrients and organic material along the land-to-sea continuum (Elliot & Whitfield
12 2011). These processes will successively alter the quantity and quality of organic matter and
13 nutrients that reach the open sea (Josefson & Rasmussen 2000, Asmala et al. 2016).

14 While there is extensive information about the impacts of eutrophication on the coastal
15 ecosystem (Nixon 1995), there is a more limited understanding regarding how the biota contributes
16 to the system's filtering capacity (but see Sundbäck et al. 2003, McGlathery et al. 2007, Lloret &
17 Marín 2011). Several studies suggest that most of the nutrients that enter coastal ecosystems are
18 taken up by primary producers (Sundbäck et al. 2003, McGlathery et al. 2007). For example,
19 eutrophic coastal waters are often characterized by a rapid proliferation of fast growing ephemeral
20 algae (Sundbäck et al. 2003). In coastal areas, mineralization of the produced organic matter is
21 suggested to mainly occur at the seafloor (Hietanen et al. 2007, Hellemann et al. 2017), since the
22 close connection between the pelagic and benthic realm (benthic-pelagic coupling; Griffiths et al.
23 2017) makes the sediment serve as a site for organic matter retention and transformation.
24 Consequently, the filtering capacity of coastal areas is likely to be substantially influenced by
25 activities of benthic faunal communities (Josefson & Rasmussen 2000, Allgeier et al. 2017). For

1 example, results by Josefson & Rasmussen (2000) indicate that a major part of primary production
2 in shallow estuaries can be consumed by the benthic fauna and their findings suggest that the
3 benthic standing stock might even be food limited. Through ingestion, egestion, production and
4 excretion, the animals regenerate the consumed nutrients (Hall et al. 2007, Vanni et al. 2013) and
5 will thus have a considerable impact on the overall turnover of carbon and nutrients in the coastal
6 filter.

7 The potential of animals to directly influence the turnover of carbon and nutrients largely
8 depends on their allometric (i.e. size-dependent) and stoichiometric traits (i.e. the elemental content
9 and ratios of a species, here focusing on carbon, nitrogen and phosphorous). Animals that have a
10 small biomass often have higher rates of metabolism and respiration compared to larger ones, which
11 might result in a higher mass-specific nutrient excretion rate for smaller individuals (Brown et al.
12 2004, Hall et al. 2007). Consequently, when total biomass is equal, this suggests that there could be
13 a higher nutrient flux from a community dominated by small animals than from a community
14 dominated by large ones (Hall et al. 2007). In addition, the mass production of an individual scales
15 positively with size, but mortality rates express an inverse size-relationship (Brown et al. 2004). As
16 animal tissues often have higher nutrient concentrations compared to the surrounding environment
17 (Vanni et al. 2013, Allgeier et al. 2017) this indicates that large, long-lived animals potentially can
18 retain significant nutrient pools (cf. Atkinson & Vaughn 2015) in comparison to more short-lived
19 animals of small size.

20 The benthic fauna also affect sediment carbon and nutrient turnover indirectly. Through
21 feeding they modify standing stocks, distribution and activity of primary producers and microbes,
22 which often results in an enhanced decomposition of sediment organic matter (Hall et al. 2007). By
23 bioturbating the sediment (i.e. by modifying the sediment through particle reworking and burrow
24 ventilation; Queirós et al. 2013) the animals can stimulate aerobic respiration and thus increase
25 organic matter mineralization rates, i.e. the decomposition of organic matter into nutrients (Welsh

1 2003). In contrast, certain species have been observed to create a build-up of organic matter in
2 deeper sediment layers, by functioning as a vector of fresh material into sub-surface layers which is
3 likely to decrease mineralization rates (Josefson et al. 2012). Still, by bioturbating the sediment and
4 by expanding the oxic-anoxic interface, the benthic fauna create suitable conditions for nitrifying
5 and denitrifying bacteria, which promotes the cycling or removal of particulate organic nitrogen
6 from the system. Bioturbating fauna can also enhance the sediment phosphorus retention capacity,
7 as oxygenated sediments more readily absorb P to Fe compounds (Hietanen et al. 2007). Hence, the
8 availability of land-derived nutrients will be reduced by direct or indirect transformations by the
9 benthic fauna, gradually decreasing their biological availability and resulting in forms that are more
10 susceptible to removal (i.e. N₂) or permanent burial (e.g. organic or Fe-bound phosphorous; Asmala
11 et al. 2017).

12 The contribution of benthic communities to the coastal filter is difficult to assess, as the
13 coastal zone constitutes a highly dynamic and heterogeneous environment, with strong influences
14 from land as well as the open sea which will vary according to season (Kauppi et al. 2017). This
15 causes strong physico-chemical variation and heterogeneous habitats with differing sediment
16 properties, to which the benthic communities have to adapt (Elliott & Whitfield 2011). Along the
17 freshwater to marine gradient from land towards the open sea, species diversity and abundance are
18 known to change, as the number of fresh-water and estuarine species declines while the number of
19 marine species increases (Remane 1934, Attrill 2002, Attrill & Rundle 2002, Bierschenk et al.
20 2017). However, this pattern is far from static, as disturbance in form of land-derived nutrients
21 resulting in organic matter enrichment will affect the benthic communities across the land-to sea
22 continuum (Villnäs et al. 2018). The benthic response to organic enrichment and its subsequent
23 stressors (e.g. hypoxia, H₂S) has been shown to follow a successional degradation pattern
24 (Leppäkoski 1975, Pearson & Rosenberg 1978, Rhoads et al. 1978), where the initial stimulatory
25 effects due to the increasing food supply are replaced by community degradation as eutrophication

1 advances. Sensitive species are replaced by tolerant ones, and at advanced stages of eutrophication,
2 homogenous, low-diverse communities with few functions and rapid turnover rates will dominate,
3 and these are likely to impoverish the efficiency of the coastal filter. It is clear that an evaluation of
4 benthic faunal contribution to the coastal filter needs to be based on common benthic features that
5 allows a direct comparison of diverging communities, such as the biological traits and functions that
6 are shared by different benthic organisms (Bremner et al. 2006, Snelgrove et al. 2018, Bierschenk et
7 al. 2017).

8 In this study, we a) explore how benthic infaunal traits, documented to impact sediment
9 carbon and nutrient cycling, change across a gradient from inner to outer coastal sites that differ in
10 eutrophication status, and b) seek to identify commonalities in benthic infaunal trait expression
11 within the coastal filter, by performing unique cross-system comparisons over a Baltic Sea wide
12 scale. We identify subsets of traits that describe three essential properties (i.e. bioturbation, stability
13 and elemental composition as represented by the content of energy and nutrients; Table 1) of the
14 benthic community that can have profound implications for nutrient transformation (recycling by
15 animals), removal (denitrification) and retention (binding of phosphate) in the coastal filter (Table
16 2). As the shallower, inner coastal sites included in this study have higher nutrient loading than
17 outer ones (e.g. Flindt et al. 1997, Hänninen et al. 2000, Andrulewicz et al. 2004), we follow
18 Pearson & Rosenberg's paradigm (1978) hypothesizing that benthic communities at inner sites will
19 be dominated by small, short-lived individuals that are primarily bioturbating the uppermost
20 sediment layers and therefor enhance turnover rates of carbon and nutrients in the sediment (Table
21 2). Outer deeper sites, less prone to eutrophication are hypothesized to be dominated by larger,
22 long-lived and deep-burrowing individuals that may have a higher contribution to the overall
23 nutrient retention and removal capacity of the sediments (Table 2). We focus on an example area,
24 the Tvärminne archipelago (northern Baltic Sea), but also explore the generality of our findings by
25 utilizing data available from four additional coastal areas in the Baltic Sea (i.e. the Roskilde-

1 Isefjord, Denmark, the Gulf of Gdansk, Poland and the St. Anna and Umeå archipelago, Sweden).
2 The areas represent estuaries (defined as partially enclosed water bodies, affected by both saline
3 water from the sea and fresh water from rivers, land runoff and seepage; Conley et al. 2000) and
4 archipelagos along the northwards gradient of decreasing salinity. These fjord-like systems have
5 been found to be essential sites of nutrient removal in the Baltic Sea (Asmala et al. 2017).

6

7 **2. MATERIAL AND METHODS**

8 **2.1. Coastal areas**

9 *The Tvärminne archipelago (TA)* is located in the Gulf of Finland, at the southern end of the Hanko
10 peninsula, NE Baltic Sea. This region is characterized by an irregular coastline and an extensive
11 archipelago. The area is non-tidal, with surface water salinity varying between 5 and 7 (Table 3).
12 The area receives freshwater outflow from the river Karjaanjoki, which is connected to a fjord-like
13 inlet (Pojo Bay), which is separated from the inner archipelago by a 6 m deep sill. There are sharp
14 environmental gradients in exposure, salinity, temperature, nutrients (Holmberg et al. 2015) and
15 dissolved organic carbon (Asmala et al. 2016) from the more shallow eutrophied innermost
16 archipelago sites towards the deeper less affected sites situated in the open sea (eutrophication
17 classification “poor” and “moderate”, respectively; Table 3). Together, the mosaic topography and
18 high environmental variability of this archipelago area creates numerous different benthic habitats.

19 The *Roskilde Fjord (RF)* is a shallow, on average 4.4 m deep, 123 km² estuary on the north
20 coast of Zealand, Denmark. It is connected to Kattegat via the Isefjord and can have high inflows of
21 saline water from the Kattegat (Flindt et al. 1997, Josefson & Hansen 2004). A salinity gradient
22 from 8 in the southern part to ca 20 in the northern part of the Fjord (ca 17 on average) is created by
23 diffuse runoff and freshwater discharges from the drainage area (1127 km²). The water residence
24 time in the Roskilde Fjord is about twice that of the outer, slightly deeper (on average 5.8 m)

1 Isefjord (Table 3), but the water is usually well mixed and thus well oxygenated. Along the
2 Roskilde Fjord, there is a distinct nutrient gradient with higher nutrient concentrations in the inner
3 parts, decreasing towards the outer areas of the fjord (Flindt et al. 1997), while even lower nutrient
4 concentrations are noted for the Isefjord (Josefson & Hansen 2004). Soft sediment, varying from
5 sand to fine silt and mud covers the seafloor.

6 *The Gulf of Gdansk* (GG) is situated in the eastern part of the southern Baltic Sea. It
7 encompasses the Puck Lagoon, which is a shallow (on average 4.8 m), sandy, semi-enclosed water
8 body that is separated from the outer Puck Bay by a periodically submerged sandbar. The coastal
9 areas of the outer Puck Bay are partly sheltered from open sea waters by the Hel Peninsula. These
10 areas have, in general, a longer water residence time than the corresponding depth stratum in the
11 open sea, and are also more affected by eutrophication (Table 3, Andruliewicz et al. 2004). The Gulf
12 of Gdansk is significantly deeper (on average 59 m) and receive large inflows from the Vistula river
13 (Kruk-Dowgiałło & Szaniawska 2008) that cause seasonal salinity and temperature stratifications.
14 Surface water salinity in the basin is around 7.5. The soft-bottom sediments in the Gulf encompass
15 sand, silty sand and mud (Uscinowicz 2011, Thoms et al. 2018).

16 *The St. Anna archipelago* (St. A) is situated south of Stockholm, in the northern part of the
17 Baltic Proper. This archipelago area is relatively shallow with highly varying bottom topography
18 (depth ranges between <10 to 60 m). Its northwestern inner basins (Slätbaken and Trännöfjärden)
19 receive freshwater discharge from the river Söderköpingsån that has a catchment area of 880 km². A
20 substantial part of its drainage area (26 %) is dominated by farmland and hence the nutrient inputs
21 can occasionally be high (Arheimer et al. 2015). The water exchange in the inner sub-basins is
22 restricted by sills (Slätbaken) or by the dense archipelago (Trännöfjärden), resulting in an
23 accumulation of organic matter on the seafloor and occasional occurrence of oxygen deficiency
24 (Persson & Jonsson 2000). This also creates a gradient of decreasing nutrient concentrations from
25 inner areas towards the open sea (Arheimer et al. 2015). The outer part in the St. Anna archipelago,

1 Kärrfjärden, has a complex topography, and is sheltered from the open sea by a dense cluster of
2 islands (Karlsson et al. 2010). The salinity in St. Anna archipelago ranges between 3 to 6 (Table 3).

3 *Umeå archipelago (UA)* receives freshwater discharge from the Ume and Vindel Rivers,
4 which together have a drainage area of 26 814 km², dominated by forest, mountains as well as
5 farming areas. The freshwater discharges mainly to Österfjärden and further into Fjärdgrunds-
6 området. Österfjärden is a shallow, almost enclosed basin with a longer water residence time than
7 the outer areas (Table 3). It is connected to the outer Fjärdgrundsområdet archipelago and the outer
8 coastal waters of the Quark. Both basins are quite shallow (< 30 m) and dominated by soft
9 sediments. The inner basin is considered to be moderately affected by eutrophication, while the
10 outer basin has a good eutrophication status. The salinity is low, ranging from 2 in inner parts to 4.5
11 in outer areas, and this region can have ice for more than 150 days per year (Table 3).

12

13 **2.2. Data**

14 From the Tvärminne archipelago, monitoring data regarding benthic faunal composition
15 (individuals per m⁻²) as well as biomass (blotted wet weight, wwt g m⁻²) from 38 sites along a
16 transect from the inner, sheltered archipelago towards more exposed sites (Fig. 1) was available
17 from the HERTTA database, Finnish Environment Institute (Table 3). All included sites have been
18 sampled with a Van Veen grab sampler (0.1 m²) in August 2012, and sieved through a 1 mm mesh.
19 In addition, GPS coordinates (decimal degrees), depth, bottom water salinity, organic matter content
20 (loss on ignition, %) and oxygen concentration (ml/l and %) were available from the same sampling
21 occasion at each site. The other coastal areas along the Baltic Sea salinity gradient were selected as
22 comparable benthic community data was available from their sampling sites, i.e. identical sampling
23 gears and methods of extraction had been used (Van Veen grab, 1 mm mesh size). However, there

1 were temporal differences between the data sets, as the samplings were performed in different years
2 as well as seasons (Table 3).

3

4 **2.3. Separation of inner *versus* outer coastal sites**

5 The number of sampled sites differed between areas, but generally represented a transect from
6 inner, sheltered towards more exposed sites, encompassing a depth range of 2 to 60 m (Fig. 1, Table
7 3). In the Tvärminne archipelago, the separation between inner *versus* outer sites followed the water
8 body formations identified for the Water Framework directive, distinguishing between southwestern
9 inner and outer archipelago sites (Perus et al. 2004). A Principal Component Analysis (PCA), based
10 on geographic position (°N; distance from main river discharge), wind-wave exposure and bottom-
11 water salinity (Fig. S1), illustrate the environmental transect (Fig. S1). The environmental variables
12 were normalized prior to calculation of Euclidean distances between sites. Also in the other coastal
13 areas, the separation between inner and outer sites was based on available literature; sites in the
14 Roskilde Fjord were considered to represent inner coastal sites, while sites in the outer Isefjord,
15 outside the mouth of Roskilde Fjord, were classified as outer sites following Josefson & Hansen
16 (2004). Separation of inner and outer sites in the Gulf of Gdansk followed Andrulewicz et al.
17 (2004). The separation of inner *versus* outer coastal sites in the St. Anna and Umeå archipelagos
18 followed the water-body types established for the Water Framework Directive (WFD), a separation
19 which is mainly based on salinity, stratification (based on buoyancy-frequency and mean salinity in
20 surface *versus* bottom waters), and wave exposure (Hansson & Håkansson 2004). In general, all
21 inner sites were shallower, had lower salinity and were more eutrophied compared to their
22 corresponding outer sites (Table 3).

23

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1 **2.4. Benthic biological traits**

2 Subsets of benthic biological traits considered important for affecting sediment nutrient cycling and
3 retention were selected to describe (1) bioturbation, (2) community stability, and (3) estimates of
4 species-specific content of energy and primary bioelements (i.e. carbon (C), nitrogen (N) and
5 phosphorus (P); Table 1). The size, environmental position and reworking mode of benthic species
6 were considered as essential traits for describing bioturbation, while longevity, together with size,
7 were chosen to depict the stability of the community (Table 1, 2). We assigned species to the trait
8 modalities using published classifications as well as taxonomic and morphologic sources of
9 information (Fish & Fish 1996, MarLIN 2006, Queirós et al. 2013, Villnäs et al. 2018, Polytraits
10 Team 2019) and applied the fuzzy coding procedure if a species was considered to express several
11 modalities (Chevenet et al. 1994), summing up to 1 within a trait. The fuzzy coded trait expressions
12 of individual species were scaled up by correcting each modality for species- and sample specific
13 abundances, creating a site-by-trait matrix. Abundance was used as a correction factor instead of
14 biomass, as we did not have information about the size-distribution of the individuals. However, for
15 establishing species-specific energy content (kJ per individual), energy proxies (kJ per g ww) were
16 obtained (Weigel et al. 2016) or calculated for each species following biometric conversion factors
17 (Rumohr et al. 1987, Brey 2001). Species-specific CNP-contents (% per g dry weight) were
18 available from the Tvärminne area (Villnäs et al. unpublished) and from the literature (e.g. Brey
19 2001, Liess & Hillebrand 2005, Brey et al. 2010). In cases where there were no species-specific
20 data available, we applied the values of the closest taxonomic level. To estimate the energy and
21 CNP (E_CNP) content for one individual of a species, the content was recalculated for the average
22 wet weight of a species at a site. The carbon, nitrogen and phosphorus contents of the species were
23 highly positively correlated ($R^2 > 0.8$, $p < 0.0001$) and thus considered as one trait. The energy and
24 CNP content of the species was divided into three trait categories, describing a low, medium and
25 high content, based on log-transformed distributions (Table 1, 2, Fig. 2). For the Roskilde Fjord,

1 information regarding C, N, P content of the benthic fauna was not available, and therefore
2 excluded from the statistical analyses.

3 Traits were grouped within a subset (cf. Villnäs et al. 2018) for graphical illustrations.
4 For bioturbation the traits grouped within a subset described; 1) no transport, 2) epibenthic surface
5 modifiers, 3) small tube dwellers or 4) biodiffusers in the uppermost sediment layers, 5) large
6 biodiffusers in deeper sediment layers, and 6) medium sized gallery diffusers. To describe stability,
7 the traits were grouped to describe 1) small, short-lived species, 2) medium-sized species with a
8 life-span of 2-5 years and 3) large, long-lived species (5-10 years or more). Species' energy and
9 nutrient contents were divided into 1) low, 2) medium and 3) high (cf. Fig. 2). The subsets were
10 related to processes and functions that could enhance nutrient retention and removal from the
11 coastal filter based on literature sources (Table 2), but due to the lack of data, this study does not
12 consider remineralization rates or fluxes of nutrients across the sediment water interface.

13

14 **2.5. Statistical analyses**

15 Differences in benthic community abundance, biomass and trait subsets between coastal areas and
16 inner *versus* outer sites were explored with multivariate analyses (PRIMER). Non-parametric
17 multidimensional scaling (nMDS) was used for initial examination of spatial patterns. Differences
18 between areas and inner and outer sites were further analyzed with two-way crossed analyses of
19 similarities (ANOSIM), while one-way ANOSIM was used to distinguish divergences in trait
20 composition between sites within an area. ANOSIM is a non-parametric permutation procedure that
21 compare rank similarities among samples within and between sites based on the underlying
22 similarity matrix (calculated with the Bray-Curtis measure). The test statistic, R, represent well
23 separated sites when $R > 0.75$, overlapping but clearly different sites $0.75 > R > 0.5$, while $R < 0.25$
24 represents sites that are barely separable at all (Clarke & Gorley 2001). The significance level is

1 obtained by referring the observed value of R to its permutation distribution (Clarke et al. 2014).
2 The SIMPER procedure was used to identify the species contributing to (dis)similarities within and
3 between sites.

4 To illustrate how the benthic trait composition changed from inner towards outer sites of a coastal
5 area, we used a principal coordinates analysis (PCO) to project the variation between the sites in
6 multivariate space onto principal coordinate axes, and performed this analysis for each trait subset
7 (describing bioturbation mode, energy and nutrient content and stability). The PCO values of the
8 axis explaining the largest part of variation were plotted for each coastal area, sorting the sites
9 according to their distance to the main source of freshwater discharge (as visually estimated by
10 inspecting their geographic position) to illustrate changes in trait composition between inner and
11 outer sites (cf. Andersen et al. 2009). Instead of a PCO, a constrained analysis, CAP (canonical
12 analysis of principal coordinates) was used for the Umeå archipelago to find axes through the
13 multivariate cloud of points that best discriminated among the *a priori* groups (i.e. inner vs outer
14 sites). CAP can be used in cases when the direction through the data cloud that distinguishes the
15 sites from one another is different from the direction of greatest variation across the data cloud
16 (Anderson et al. 2008). The Bray-Curtis measure, underlying both the PCO and CAP analyses, was
17 based on fourth root transformed abundance, biomass and trait data in order to down-weight the
18 importance of dominating species. The analyses were performed with the PRIMER 7 software and
19 PERMANOVA+ (Anderson et al. 2008, Clarke et al. 2014, Clarke & Gorley 2015).

20 Complementing the PCO plots, the trait groups within a subset (cf. Villnäs et al. 2018) were used to
21 illustrate the main changes in trait composition at each site in a stacked column chart. A majority of
22 individuals (>98%) could be assigned to the identified trait groups (Villnäs et al. 2018).

23
24

1 **3. RESULTS**

2 **3.1. Tvärminne archipelago**

3 For the Tvärminne archipelago, there was an overlapping but clear difference between inner and
4 outer sites regarding benthic community composition (abundance), while a less clear difference for
5 biomass was observed (Table 4). The bivalve, *Macoma balthica*, the spionid polychaete
6 *Marenzelleria* spp., Chironomidae as well as Hydrobiidae dominated inner sites, while the
7 crustacean, *Monoporeia affinis* was abundant at outer sites (Table S1).

8 The difference in community composition between inner and outer sites was reflected
9 in the overall trait composition of the benthic communities (Table 4). There was an overlapping but
10 clear difference between inner and outer sites for the subset of traits describing benthic bioturbation
11 (ANOSIM R=0.45, p=0.0001, Fig. 3A). The inner sites had high prevalence of very small and
12 small, epibenthic surface modifiers and tube dwellers, while the outer sites had higher numbers of
13 biodiffusers in the top sediment layer. Biodiffusers in deeper parts of the sediment were abundant at
14 all sites together with gallery diffusers (Fig. 3A). The subset of traits describing the stability of the
15 benthic community also showed differences between inner and outer sites (ANOSIM R=0.427,
16 p=0.0001, Fig. 3B). Short-lived, small individuals were generally more abundant at inner coastal
17 sites, while medium-sized individuals with a life span of 2-5 years were more dominant at the outer
18 sites. However, only small differences between sites were observed for large, long-lived individuals
19 (Fig. 3B). Regarding traits describing energy- and CNP content, we found that individuals having
20 low energy and nutrient contents were slightly more abundant at inner sites compared to the outer
21 ones, but the sites could barely be separated (Fig 3C; ANOSIM: R=0.23, p=0.0004).

22

23

1 **3.2. Comparing spatial variation in benthic community composition across coastal locations**

2 The number of species and diversity (H') decreased from the southern (RF) to the northern (UA)
3 coastal areas of the Baltic Sea, reflecting the gradient of decreasing salinity (Fig. S2). Overall, there
4 were overlapping but clear differences in benthic community abundance and biomass composition
5 between coastal areas as well as between inner and outer sites (Table 4). The variability in benthic
6 faunal abundance and biomass within an area was generally high. In the Roskilde Fjord, the within-
7 site similarities in benthic community composition for inner and outer sites were low ($<30\%$), due
8 to that different species of bivalves and polychaetes dominated different stations along the land to
9 sea gradient, but inner *versus* outer sites were well separated (Table 4, S1). In the Gulf of Gdansk,
10 gastropods belonging to Hydrobiidae, the polychaete *Hediste diversicolor* and the bivalve *Macoma*
11 *balthica* dominated the community at inner sites, while the crustaceans *Pontoporeia femorata* and
12 *Diastylis rathkei* were more common at outer sites (Table S1). *Macoma balthica* and *Marenzelleria*
13 spp. were the dominant taxa of both inner and outer sites in the coastal areas of the northern Baltic
14 Sea (i.e. the St. Anna, Tvärminne, and Umeå archipelagos), and often contributed to 70% of within-
15 site similarities (Table S1).

16

17 **3.3. Large-scale differences in benthic biological traits**

18 The overall trait composition was overlapping but differed, in general, both between coastal areas as
19 well as between inner and outer sites (Table 4). However, the differences were not as marked as for
20 abundance and biomass, indicating that using traits smoothed out the variation between the areas
21 and enabled a comparison of differing community functions across this broad geographical scale.

22 *Benthic bioturbation mode:* Traits describing benthic bioturbation showed overlapping but clear
23 differences between coastal areas ($R=0.50$, $p=0.0001$), and between inner and outer sites ($R=0.45$,
24 $p=0.0001$; two-way crossed ANOSIM). While gallery diffusers, tube dwellers and biodiffusers in

1 upper sediment layers were dominant in the Roskilde Fjord, epibenthic surface modifiers and
2 biodiffusers in deeper sediment layers played a more important role in the Gulf of Gdansk.
3 Similarly to the Tvärminne archipelago, biodiffusers and gallery diffusers in deeper sediment layers
4 contributed most to the overall abundance in the St. Anna and Umeå archipelagos (Fig. 3A, 4).
5 For each coastal area, overlapping gradual shifts in bioturbation mode were observed from inner
6 towards outer sites ($R>0.3$, $p<0.05$, Fig. 4). When exploring traits contributing to dissimilarities
7 between inner and outer sites, epibenthic surface modifiers and tube dwellers were often found to
8 have more prominent roles at inner sites, while biodiffusers in the uppermost sediment layers were
9 more common at the outer sites, especially in Roskilde Fjord and in the Gulf of Gdansk (Fig. 4).
10 Biodiffusers in the deeper parts of the sediment were more abundant in the outer parts of Puck Bay,
11 St. Anna and Umeå archipelago, but minor differences between sites were observed in the Roskilde
12 Fjord. Gallery diffusers were in general present at all sites, but their higher occurrence in outer, or
13 deeper, sites in the Roskilde Fjord and Umeå archipelago contributed to strengthen between-site
14 dissimilarities in these areas (Fig. 4).

15 Stability: Also for traits representing community stability (i.e. maximum individual size and
16 lifespan), overlapping but clear differences were observed between areas (two-way crossed
17 ANOSIM $R= 0.50$, $p=0.0001$) and inner vs outer sites ($R=0.43$, $p<0.0001$). Short-lived, small
18 individuals were generally more abundant at inner coastal sites in all areas, while medium-sized
19 individuals with a life span of 2-5 years as well as large, long-lived individuals were more dominant
20 at outer sites (Fig. 5). In the Roskilde Fjord, however, the innermost sites had extremely high
21 abundances due to a dominance of small, short-lived individuals, but these sites also had a presence
22 of large, long-lived ones. Still, medium-sized individuals with a lifespan of 2-5 y dominated outer
23 sites also in this area (Fig. 5). The differences in traits depicting stability were significant between
24 inner and outer sites for all areas ($R>0.4$, $p<0.01$), except for the Roskilde Fjord ($p>0.05$).

1 Energy and nutrient content: Overall, two-way crossed ANOSIM showed larger differences in
2 benthic energy content between areas ($R=0.45$, $p=0.0001$) than between inner *versus* outer sites
3 ($R=0.22$, $p= 0.0008$). In general, individuals with low energy content dominated in the Roskilde
4 Fjord and Gulf of Gdansk, while those with medium energy content were more abundant in the
5 Tvärminne, St. Anna and Umeå archipelagos (Fig. 3C). Although an increasing trend in the energy
6 and carbon, nitrogen and phosphorus (ECNP) content of benthic individuals was observed when
7 comparing inner *versus* outer sites in the Gulf of Gdansk, St. Anna and Umeå archipelago ($R>0.35$,
8 $p<0.01$; Fig. 6) the sites were not clearly separable. In Roskilde Fjord, inner sites were dominated
9 by individuals having low energy contents, while species with a medium energy content became
10 more abundant towards outer sites, but this difference was non-significant ($p>0.05$, Fig. 6).

11

12 **4. DISCUSSION**

13 We found high variability but still significant differences in benthic community and trait
14 composition between different coastal areas of the Baltic Sea. Despite these differences, there were
15 overarching similarities in functional traits important for influencing sediment carbon and nutrient
16 cycling when comparing inner, shallow *versus* outer, often deeper sites. In accordance with our
17 hypotheses we found that benthic communities at inner coastal sites more prone to eutrophication
18 were likely to express traits that enhance turnover rates of carbon and nutrients (i.e. small, short-
19 lived, epibenthic surface modifiers or tube dwellers that have low total energy and nutrient content
20 per individual). In contrast, outer less nutrient enriched, deeper sites were dominated by species that
21 could have a more prominent role for nutrient removal and retention in the coastal filter, as their
22 expressed traits that can promote denitrification, sediment phosphate adsorption and temporal
23 carbon and nutrient retention within animal tissue (Table 2).

1 Both for the Tvärminne archipelago and for the other coastal areas, there was generally a
2 higher presence of small, short-lived species with lower individual energy, carbon and nutrient
3 content at inner compared to outer coastal sites. As metabolism scales allometrically with body
4 mass, such species are likely to have higher metabolism (Brown et al. 2004), high carbon and
5 nutrient content per mass unit and thus higher rates of excretion per mass unit compared to larger
6 species (Hall et al. 2007). As excreted nutrients (often in the form of NH_4^+ and PO_4^{3-}) are readily
7 taken up by microbes and primary producers, these species constitute an important step in the
8 recycling chain (Allgeier et al. 2017) within the coastal filter. Especially the presence of epibenthic
9 surface modifiers, mostly grazers, at shallow, illuminated inner sites might have an important role
10 for regulating microphytobenthic primary production (Miller et al. 1996, Norkko et al. 2010, Janas
11 et al. 2019), while their contribution to sediment bioturbation is known to be marginal (Orvain et al.
12 2004). In contrast, the high abundance of tube dwellers at inner sites suggests efficient bioirrigation
13 and an active incorporation of organic matter into the sediment. Tube dwellers, such as
14 chironomids, have u-shaped tubes and have been shown to stimulate a release of nutrients from the
15 sediment to overlying water (Hansen et al. 1998), which enhances gross primary production as well
16 as nutrient turnover rates in the system (Herren et al. 2017), possibly stimulating eutrophication.
17 However, the influence of tube dwellers on sediment nutrient cycling is not straight-forward
18 (Hölker et al. 2015), and depending on sediment quality and redox state, tube dwellers might
19 temporary enhance nutrient removal from the system through enabling phosphorus binding and
20 denitrification (Hansen et al. 1998, Hölker et al. 2015). Indeed, Benelli et al. (2018) showed that
21 chironomid larvae and benthic algae in combination significantly decreased the internal nutrient
22 recycling in a shallow coastal ecosystem and suggest that they could even control the pelagic
23 production. Importantly, the authors also suggest that this effect could be temporary, as the burrows
24 might turn anoxic when the chironomids become flying insects, and the adsorbed phosphorous
25 could then potentially be regenerated to the water column (Hölker et al. 2015, Benelli et al. 2018).

1 The benthic communities at outer coastal sites were often dominated by medium- to large
2 sized, relatively long-lived species with higher energy and nutrient content per individual and is
3 therefore suggested to constitute a more stable nutrient pool. In addition, outer sites had, in general,
4 a higher abundance of biodiffusers in upper and lower sediment layers, which is likely to promote
5 nutrient retention and removal (Table 2). For example, the biodiffusing amphipods *Monoporeia*
6 *affinis* and *Pontoporeia femorata*, which were common in several of the outer study sites, actively
7 rework the sediment and enhances sediment oxygen penetration. *Monoporeia affinis* has been
8 observed to increase denitrification rates as well as the amount of phosphate bound to the sediment
9 (Karlson et al. 2007) and its activities are thus likely to increase the functionality of the coastal
10 filter. A high abundance of gallery biodiffusers, such as *Hediste diversicolor* and *Marenzelleria*
11 spp., observed both at inner and outer sites, is known to promote bacterial communities which will
12 support organic matter mineralization rates and consequently, nutrient recycling. However, these
13 gallery diffusers, although showing differences in burrow structure and bioirrigation modes
14 (Kristensen et al. 2014), both increase sediment oxygenation and can probably promote sediment
15 nutrient retention (through increased P binding) and removal (through denitrification) in the long
16 term (Norkko & Reed et al. 2012), which will enhance the efficiency of the coastal filter.
17 Interestingly, these two gallery diffusers have also been observed to be vectors of fresh organic
18 material into deeper sediment layers (Nordström et al. 2006, Josefson et al. 2012, Kauppi et al.
19 2017) which is hypothesized to slow down overall mineralization rates and could also counteract
20 oxygen depletion in bottom waters (Josefson et al. 2012).

21 The difference in benthic trait composition between inner *versus* outer sites observed in this
22 study are likely to affect the efficiency of the coastal filter as described above. However, it is clear
23 that the contribution of benthic invertebrates to sediment nutrient recycling and retention cannot be
24 quantified based on trait classifications, and that the net effect of the animals will be context-
25 dependent. Indeed, the impact of benthic macrofauna on sediment nutrient fluxes has been shown to

1 vary across habitats (Gammal et al. 2019, Janas et al. 2019), due to disturbances (Villnäs et al.
2 2013), with season (Kauppi et al. 2017) and to have contrasting short *versus* long-term effects
3 (Norkko & Reed et al. 2012). In addition, trait modalities and groupings cannot be assumed to
4 describe the exact performance of species. For example, Renz & Foster (2013) showed clear
5 differences in burrow morphology, depth and bioturbation capacity between the sibling species of
6 *Marenzelleria*. Kristensen et al. (2014) in turn suggested that activities of the gallery diffusers
7 *Marenzelleria viridis* and *Arenicola marina*, in contrast to *Nereis diversicolor*, would increase
8 concentrations of dissolved inorganic nitrogen concentrations in bottom waters which would
9 enhance pelagic primary production. Although more specific trait classifications could be adapted,
10 the influence of species would still depend upon a range of environmental factors affecting both
11 species behavior and biogeochemical processes, including for example food quantity and quality,
12 predation pressure, sediment organic matter content and nutrient concentrations, redox state and
13 nutrient concentrations in overlying waters. Indeed, Thoms et al. (2018) examined the impact of
14 benthic macrofauna on the coastal filter function in the Gulf of Gdansk and suggested that coastal
15 zones with a large numbers of deep-burrowing infaunal species, stimulating re-mineralization but
16 also transforming nutrients into biomass, are likely to offer the best filter function, which supports
17 the results of our study.

18 When interpreting the between-site comparisons in benthic trait distribution, it should
19 be noted that the number of sampled stations differ between areas as well as sites. This will greatly
20 affect the significance value of the ANOSIM analysis, while the R-value, which is not a function of
21 the number of replicates, represents the absolute measure of the differences between sites in
22 multidimensional space (Clarke and Gorley 2015). Nevertheless, the ANOSIM analyses supported
23 the observed pattern of differences between inner and outer sites as shown by the Principal
24 Coordinate Analyses, which was explaining a large part of the variation in multivariate trait-space,
25 supporting the hypothesized between-site differences. Although our study could not relate variation

1 in traits to environmental parameters due to a lack of environmental data, divergences were found
2 between inner *versus* outer sites for all the studied areas both in terms of hydrography and
3 eutrophication pressure (Table 3). Villnäs et al. (2018) showed that such divergences, specifically in
4 sediment organic matter content, temperature stratification of the water column, and bottom water
5 salinity and oxygen content were able to explain a large part of the differences in benthic faunal
6 bioturbation modes in the Tvärminne archipelago. In this study, we can only speculate why the
7 difference in community trait composition occurs but some may be related to differences in
8 eutrophication loading as well as water residence time. As indicated in Table 3 the inner sites in
9 each coastal area have substantially longer residence time than the outer sites. In addition to a high
10 nutrient input, long residence time allows the nutrients to circulate many times in the system of the
11 inner sites before being flushed out, and may thus contribute to an even higher nutrient pressure.
12 Long residence time/low flushing rates may also favor hypoxia/intermittent anoxia and allow small
13 opportunists do dominate. In contrast, at the outer sites the flushing is higher and nutrients may
14 have less time to circulate in the system before being transported to the open sea. At the same time,
15 since flushing is higher, the risk of hypoxia is lower allowing species with longer life spans to
16 dominate, and thereby increasing temporary retention. In addition, short residence time /high
17 flushing may mean higher horizontal flux and thereby more food for suspension feeders, many of
18 which attains large body size. Indeed, Lloret & Marín (2011) illustrated that a benthic macroalgae
19 (*Caulerpa prolifera*) together with benthic invertebrates could form an effective coastal filter in
20 Mar Menor Lagoon, Mediterranean Sea. These authors showed that benthic species favoring higher
21 nutrient turnover as well as resuspension were more abundant at shallow sites, close to the outlet of
22 a wadi, while suspension feeders contributing to a net retention of nutrients were more abundant at
23 outer, deeper sites (Lloret & Marín 2011).

24 The comparable pattern in trait composition that distinguished inner *versus* outer sites
25 suggests that the functional composition of benthic invertebrate communities might contribute in a

1 similar manner to recycling and retention of the nutrient cocktail across coastal areas of the Baltic
2 Sea. The observed dichotomy in benthic trait composition between inner and outer areas is
3 important, as it indicates that these areas differ in nutrient processing mode and -capacity. The
4 biological trait composition of the benthic communities at inner sites was indicative of an
5 intensified carbon- and nutrient turnover, which could possibly promote the internal feedback to the
6 eutrophication cycle. In contrast, traits important for slower turnover rates, enhancing retention
7 (binding or burial) and removal (denitrification) were more abundant at outer sites, probably
8 creating a more efficient nutrient filter. The differences in trait composition between inner *versus*
9 outer sites highlights that disturbances such as eutrophication, which can homogenize benthic
10 communities over larger spatial scale, could result in more rapid nutrient turnover rates and low
11 retention of carbon and nutrients. This underlines the importance of preserving healthy benthic
12 communities that can enhance the capacity of the ecosystem to cope with eutrophication. Thus, the
13 preservation of benthic community structure and function will be vital in management efforts
14 striving to sustain the functionality of our coastal seas.

15

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25

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1 **TABLE LEGENDS**

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3 **Table 1.** Subsets of biological traits and categories used for estimating sediment nutrient uptake,
4 recycling and retention mediated by benthic communities at inner and outer coastal sites.

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6 **Table 2.** Links between benthic trait groupings and processes describing their potential contribution
7 to the coastal filter function.

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9 **Table 3.** Monitoring data included in this study encompass inner and outer sites of five different
10 coastal areas. Depth, salinity and oxygen content in bottom waters are based on measurements at
11 the time of benthic sampling. ND=no data.

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13 **Table 4.** The results of two-way crossed analyses of similarities (ANOSIM) describing differences
14 in benthic abundance, biomass and trait composition between coastal areas and inner *versus* outer
15 sites. The differences between inner and outer sites were further explored with one-way ANOSIM
16 for each area. All traits were included, except for the carbon, nitrogen and phosphorous contents in
17 the Roskilde Fjord (no data). RF: Roskilde Fjord, GG: Gulf of Gdansk, TA: Tvärminne archipelago,
18 StA: St. Anna archipelago, UA: Umeå archipelago.

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1 **Table 1.**

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Community property	Trait	Trait modalities	Definition
Bioturbation mode	Sediment reworking	no transport	no transport or pelagic
		surface modifier	modifies the sediment surface
		tube dweller	builds and dwells in a tube
		biodiffuser	moves particles in random manner over short distances
		gallery diffuser	excavates burrows, move particles by biodiffusion or directly
	Environmental position	pelagic	in the water column
		epibenthic	on the sediment surface
		infauna top	in the uppermost 2 cm of the sediment
		infauna bottom	in deeper layers of the sediment (> 2 cm)
	Size	very small	<0.001 g
small		0.001–0.01 g	
medium		0.01–0.1 g	
large		0.1–1.0 g	
Stability	Size	very small	<0.001 g
		small	0.001–0.01 g
		medium	0.01–0.1 g
		large	0.1–1.0 g
	Life span	<1 y	
		1-2 y	
		2-5 y	
5-10 y or more			
Energy and nutrient content	Energy content	Low E	0-0.1 kJ per individual
		Medium E	0.1-1 kJ per individual
		High E	> 1 kJ per individual
	Nutrient content	Low CNP	C < 1 mg, N < 0.1 mg, P < 0.01 mg per individual
		Medium CNP	C: 1-10 mg, N: 0.1-1 mg, P: 0.01-0.1 mg per individual
		High CNP	C > 10 mg, N > 1 mg, P > 0.1 mg per individual

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1 **Table 2.**

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Trait	Trait grouping	Activity	Process	Function affecting the coastal filter	References
Bioturbation mode	No transport	Pelagic.	Activities primarily affecting the water column.	No significant effect on sediment nutrient cycling.	
	Epibenthic surface modifiers	Grazing on microphytobenthos at the sediment surface.	Increase sediment resuspension.	Primarily affecting sediment nutrient cycling by regulating primary producers.	Sundbäck & Miles 2000, Andersen et al. 2002, Orvain et al. 2004
	Small tube dwellers	Bioirrigation of constructed tube during restricted life-span, enhance sediment oxygen penetration.			Hansen et al. 1988, Stief & Hölker 2006, Hölker et al. 2015, Benelli et al. 2018
	Biodiffusers, top sediment	Enhance sediment oxygen penetration to the upper part of the sediment.	Promotes microbial growth and activity, mineralization rates, nitrification-coupled-denitrification, and phosphate adsorption.	Removal of nitrogen, binding of phosphorous.	Tuominen et al. 1999, Karlson et al. 2007
	Large biodiffusers, deep sediment	Enhance oxygen penetration to deeper parts of the sediment.			Michaud et al. 2005, 2006, Karlson et al. 2007
	Medium-sized gallery diffusers	Enhance sediment oxygen penetration and enlarges the oxic-anoxic transition zone.	Increases mineralisation rates*, promotes microbial growth and activity, nitrification-coupled-denitrification, and P adsorption.	Removal of nitrogen, binding of phosphorous.	Henriksen et al. 1983, Hansen & Kristensen 1988, Sundby et al. 1992, Norkko & Reed et al. 2012

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1 **Table 2. Continued.**

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Trait	Trait grouping	Activity	Process	Function affecting the coastal filter	References	
Stability	small, short-lived	Opportunistic disturbance response.	Modification of physical and chemical characteristics of the sediment that facilitates succession after disturbance.	Initialize community recovery and thereby improvement of sediment quality as a result of benthic activities.	Pearson & Rosenberg 1978, Norkko et al. 2006, 2010, van Colen et al. 2008	
	↓					
	medium-sized, 2-5y					
Stability	↓	Enrichment of sediment, structuring of habitat.	Stimulation of microbial growth, meio- and macrofaunal diversity.	Increase biodiversity and stability of the benthic community and their contribution to sediment carbon and nutrient cycling.	Reise 1983, Norkko et al. 2001, Thrush et al. 2006	
	↓	large, long-lived	Mature community.	Indication that the sediment has not been severely disturbed during a longer time-period.	Characteristic of late successional stages with species contributing to sediment carbon and nutrient cycling.	Pearson and Rosenberg, 1978, Norkko et al. 2013, Villnäs et al. 2012
	Total energy and nutrient content	low	Small individuals having low total energy and nutrient content.	Higher metabolic rate and respiration, higher mass-specific excretion rates compared to larger animals.	Higher turnover of energy and nutrients compared to larger animals.	Brown et al. 2004, Hall et al. 2007
↓		medium				
↓		high	Large, longer-living individuals having high total energy and nutrient content.	Higher retention of carbon and nutrients in animal tissue compared to smaller animals.	More stable biological pool of carbon, nitrogen and phosphorous.	Vanni et al. 2013, Atkinson & Vaughn 2015, Allgeier et al. 2017

* medium-sized gallery diffusers have also been shown to bury fresh organic material (Nordström et al. 2006, Josefson et al. 2012), which could slow down degradation rates.

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1 **Table 3.**

Area	Site	Stations	Year	Season	Area (km ²)	Res. time	Depth		Salinity		O ₂ (ml/l)		Eutrophication classification*	Basin(s)
							avg.	std	avg.	std	avg.	std		
Roskilde Fjord	Inner	5	2004	Spring	123	90	4.4	1.9	17.6	10.4	5.8	15.0	Higher N loadings	Roskilde N
	Outer	5	2004	Spring	255	46	5.8	3.7	18.9	12.5	5.9	9.3	Lower N loadings	Isefjord
Gulf of Gdansk	Inner	8	2005-2015	Autumn	103	38	4.8	2.7	6.8	0.4	7.0	0.7	Bad/Poor	Inner PB, outer coast
	Outer	6	2010	Autumn	257	7-30	36.8	15.9	7.1	0.6	7.8	1.1	Moderate	Outer PB, GG
St. Anna	Inner	21	2012	Spring	46	10-39 ¹ , >40 ²	20.0	9.7	4.1-6.4		ND	ND	Bad/Poor	Inre Slätbaken ² , Trännöfjärd ¹
	Outer	14	2012	Spring	63	>40	16.4	5.1	6.2	0.1	9.9	0.4	Moderate	Kärrfjärden
Tvärminne	Inner	24	2012	Autumn	80	ND	18.4	7.6	5.8	0.1	7.5	1.3	Poor	Dragsvik, Box
	Outer	15	2012	Autumn	500	ND	34.6	6.9	6.0	0.1	6.5	0.6	Moderate	Outer Storfjärden, Hankoniemi
Umeå	Inner	10	2006	Spring	16	10-39	7.8	4.4	2.8	0.8	6.2	2.0	Moderate	Österfjärden
	Outer	12	2006	Spring	1125	0-9	25.5	12.8	4.7	0.6	7.3	0.6	Good	Fjärdgrundsomr., the Quark

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3 Information regarding area, volume, residence time and eutrophication classification were available from Josefson &
4 Hansen (2004), the VISS database (<http://viss.lansstyrelsen.se/>), the SYKE HERTTA register (https://www.syke.fi/en-US/Open_information), Andrulewicz et al. (2004) and Kruk-Dowgiałło & Szaniawska (2008). The eutrophication
5 assessment generally follows the WFD classification. For the Roskilde Fjord, only information on nutrient loadings
6 were available (cf. Josefson & Hansen 2004). PB: Puck Bay, GG: Gulf of Gdansk.
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1 **Table 4.**

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Two way crossed	Abundance		Biomass		Traits	
	Global R	p	Global R	p	Global R	p
Area	0.68	0.0001	0.61	0.0001	0.483	0.0001
Inner vs outer	0.56	0.0001	0.42	0.0001	0.418	0.0001
Pair-wise area	R	p	R	p	R	p
RF, GG	0.84	0.0001	0.81	0.0001	0.28	0.0080
RF, TA	0.99	0.0001	0.97	0.0001	0.74	0.0001
RF, UA	0.94	0.0001	0.85	0.0001	0.33	0.0030
RF, StA	0.98	0.0001	0.83	0.0001	0.48	0.0002
GG, TA	0.90	0.0001	0.80	0.0001	0.64	0.0001
GG, UA	0.78	0.0001	0.72	0.0001	0.51	0.0001
GG, StA	0.77	0.0001	0.57	0.0001	0.51	0.0001
TA, UA	0.57	0.0001	0.58	0.0001	0.64	0.0001
TA, StA	0.68	0.0001	0.58	0.0001	0.63	0.0001
UA, StA	0.32	0.0005	0.36	0.0001	0.18	0.0050
One way	inner vs outer					
RF	0.80	0.0080	0.77	0.0080	0.29	0.0630
GG	0.57	0.0003	0.53	0.0003	0.41	0.0040
TA	0.63	0.0001	0.37	0.0001	0.44	0.0001
StA	0.43	0.0001	0.41	0.0001	0.40	0.0001
UA	0.54	0.0003	0.56	0.0001	0.47	0.0002

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1 **FIGURE LEGENDS**

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3 **Figure 1.** Map describing the different study areas along the Baltic Sea gradient. UA: Umeå
4 archipelago, TA: Tvärminne archipelago, St. A: St. Anna archipelago, GG: Gulf of Gdansk, RF:
5 Roskilde Fjord. Note the different scales. Inner sites are represented by dots, outer sites by triangles.

6

7 **Figure 2.** The A) energy content (kJ), B) total carbon, C) nitrogen and D) phosphorus content per
8 species related to the average wet weight of benthic fauna in the Tvärminne archipelago region.
9 Different symbols mark trait categories representing high, medium and low energy and nutrient
10 content of a species. Note that the axes are log transformed.

11

12 **Figure 3.** Differences in A) bioturbation mode, B) stability and C) energy, carbon and nutrient
13 content between inner (circles) vs outer (triangles) sites for the Tvärminne archipelago. The upper
14 graph represents the principal coordinate of each site along the first PCO axis. The lower graph
15 shows the contribution of each trait subset (%) to total abundance at a site. Abundance (dotted line)
16 is expressed as % of the maximum abundance measured in the area. Sites are ordered to describe a
17 gradient from their main source of freshwater discharge, in the direction of the arrow.

18

19 **Figure 4.** Differences in benthic bioturbation between inner (circles) vs outer (triangles) sites for
20 the different coastal areas. The upper graph represents the principal coordinate of each sites along
21 the first PCO axis, except for the Umeå archipelago, where a CAP analysis was performed. For
22 explanation of the lower graph, see Fig. 3.

23

24 **Figure 5.** Differences in benthic stability between inner (circles) vs outer (triangles) sites for the
25 different coastal areas. The upper graph represents the principal coordinate of each sites along the
26 first PCO axis, except for the Umeå archipelago, where a CAP analysis was performed. For
27 explanation of the lower graph, see Fig. 3.

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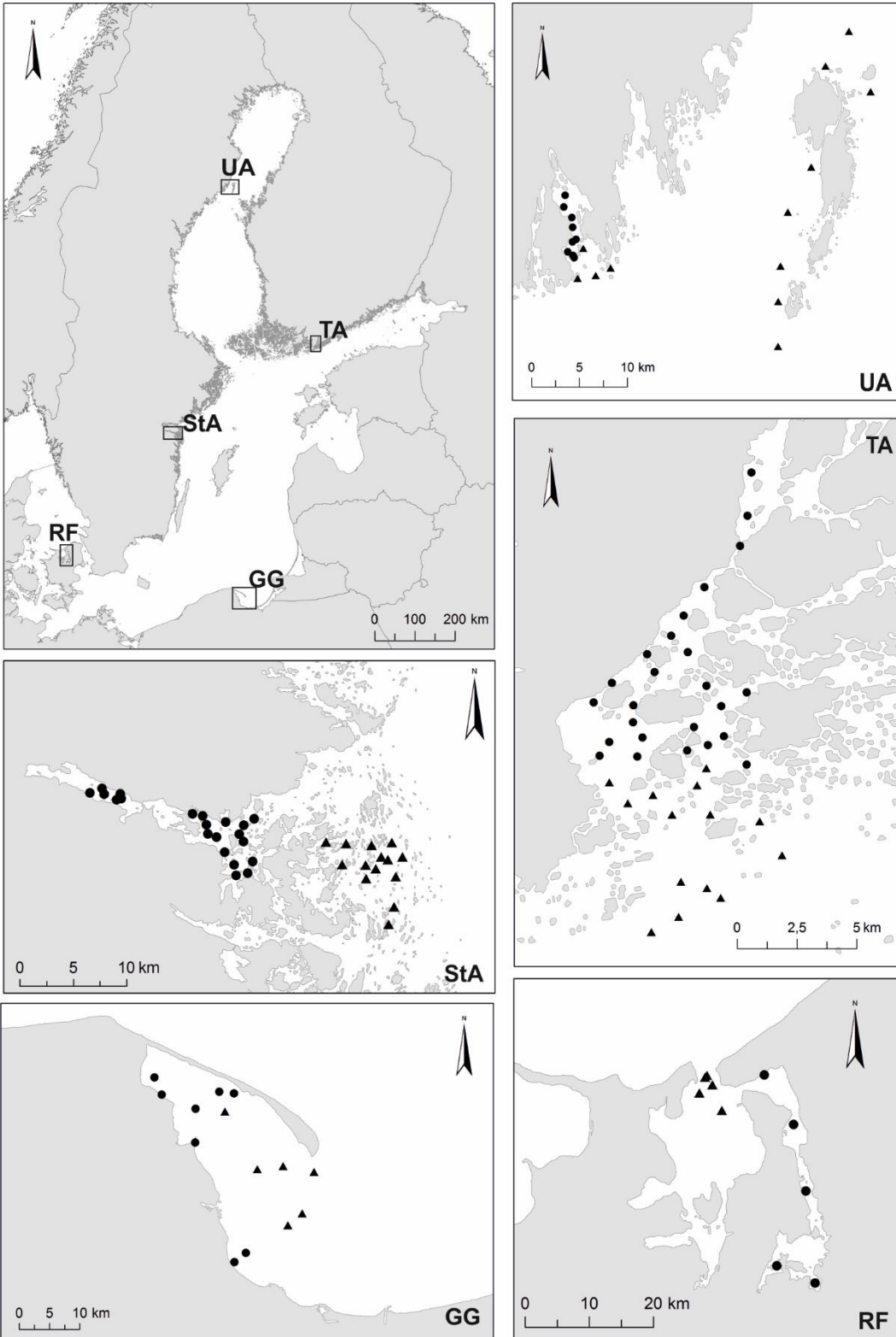
1 **Figure 6.** For the Roskilde Fjord, differences in benthic community energy content between inner
2 (circles) vs outer (triangles) sites are depicted, while graphs for the Gulf of Gdansk, St. Anna and
3 Umeå archipelagos represent differences in benthic faunal energy as well as C, N, P contents. The
4 upper graph represents the principal coordinate of each sites along the first PCO axis. For
5 explanation of the lower graph, see Fig. 3.

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1 **Figure 1.**

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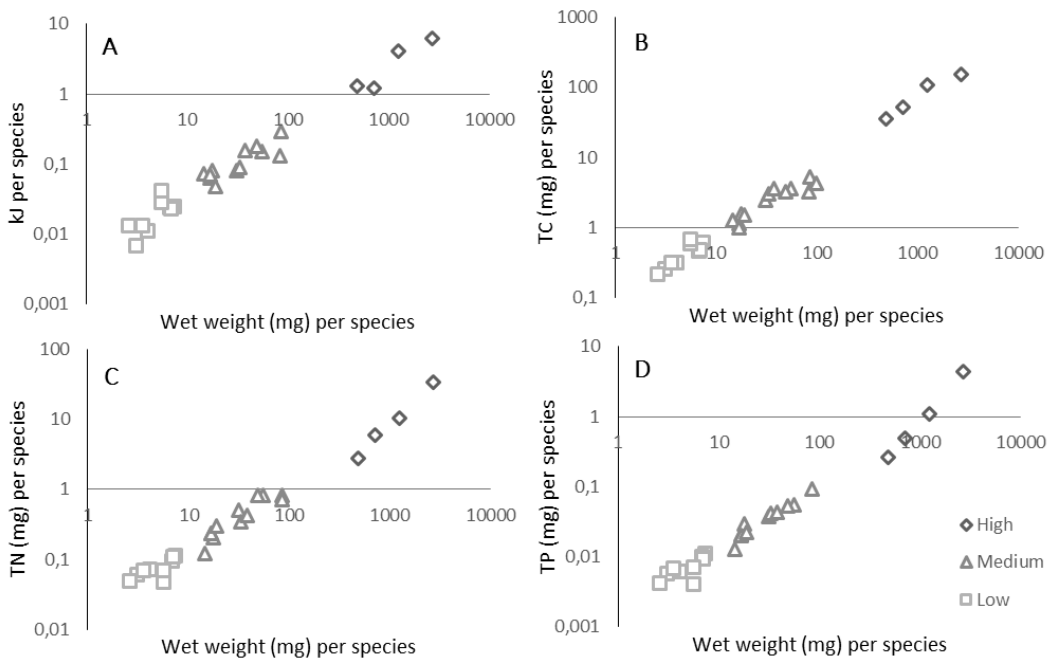
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1 **Figure 2.**

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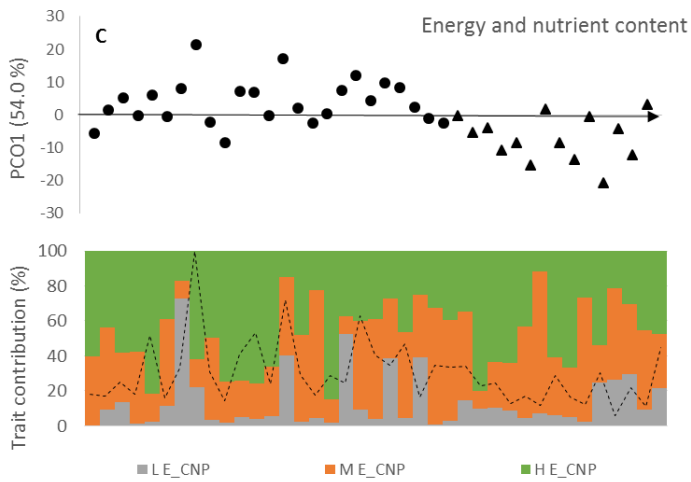
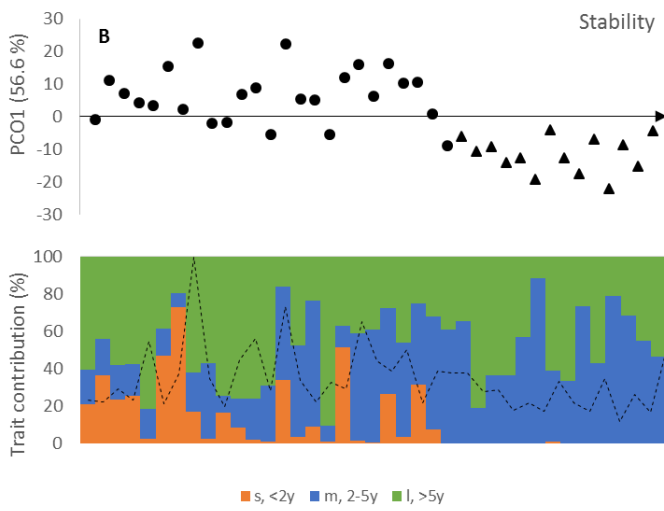
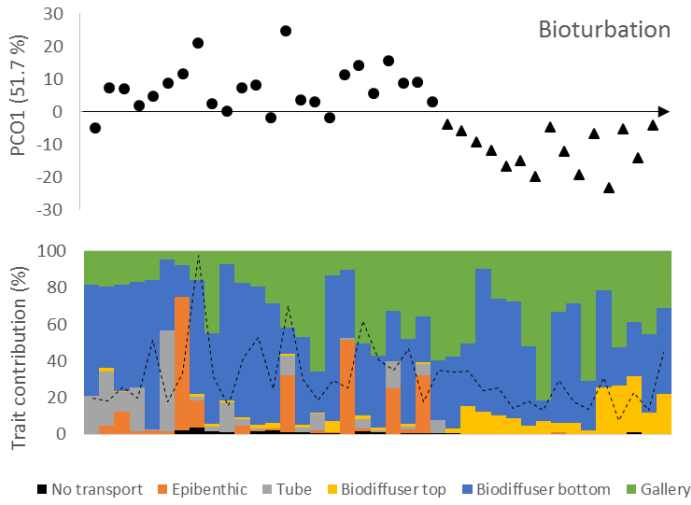
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1 **Figure 3.**

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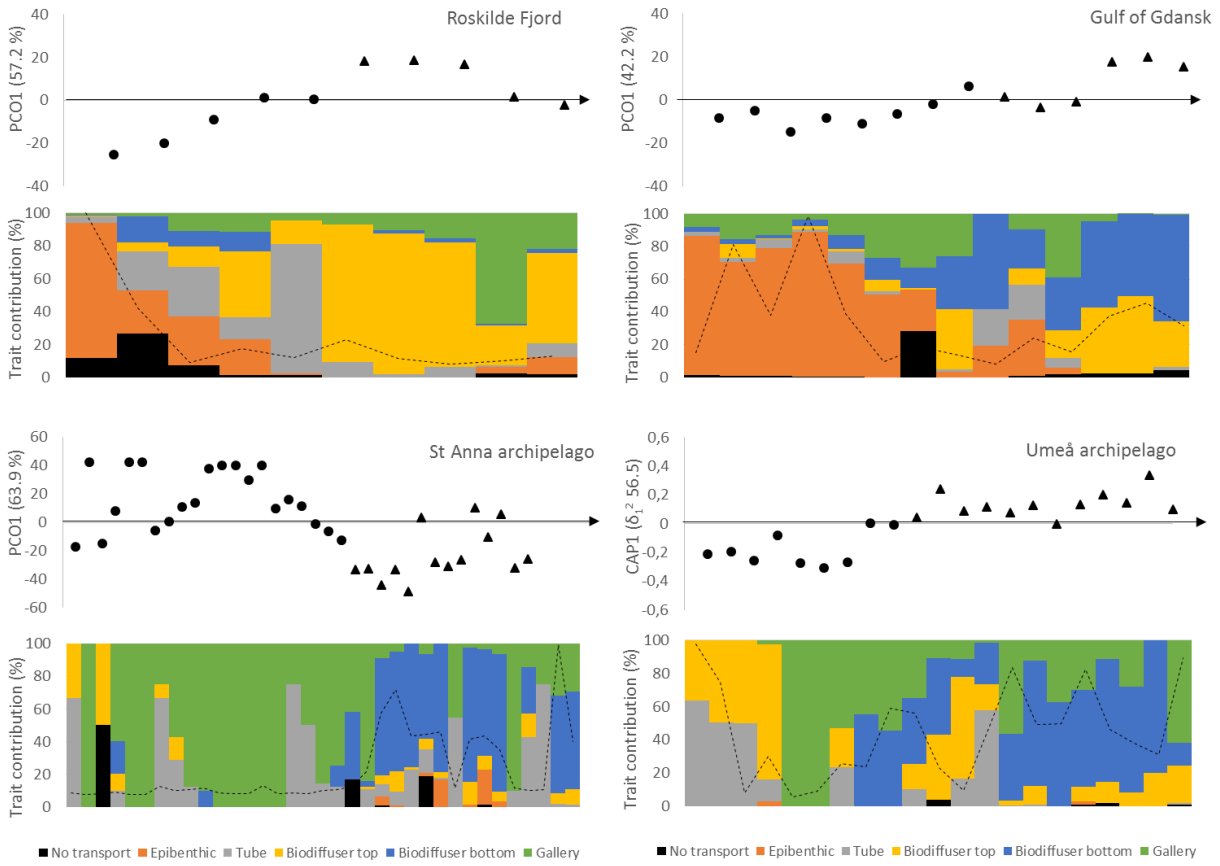


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1 **Figure 4.**

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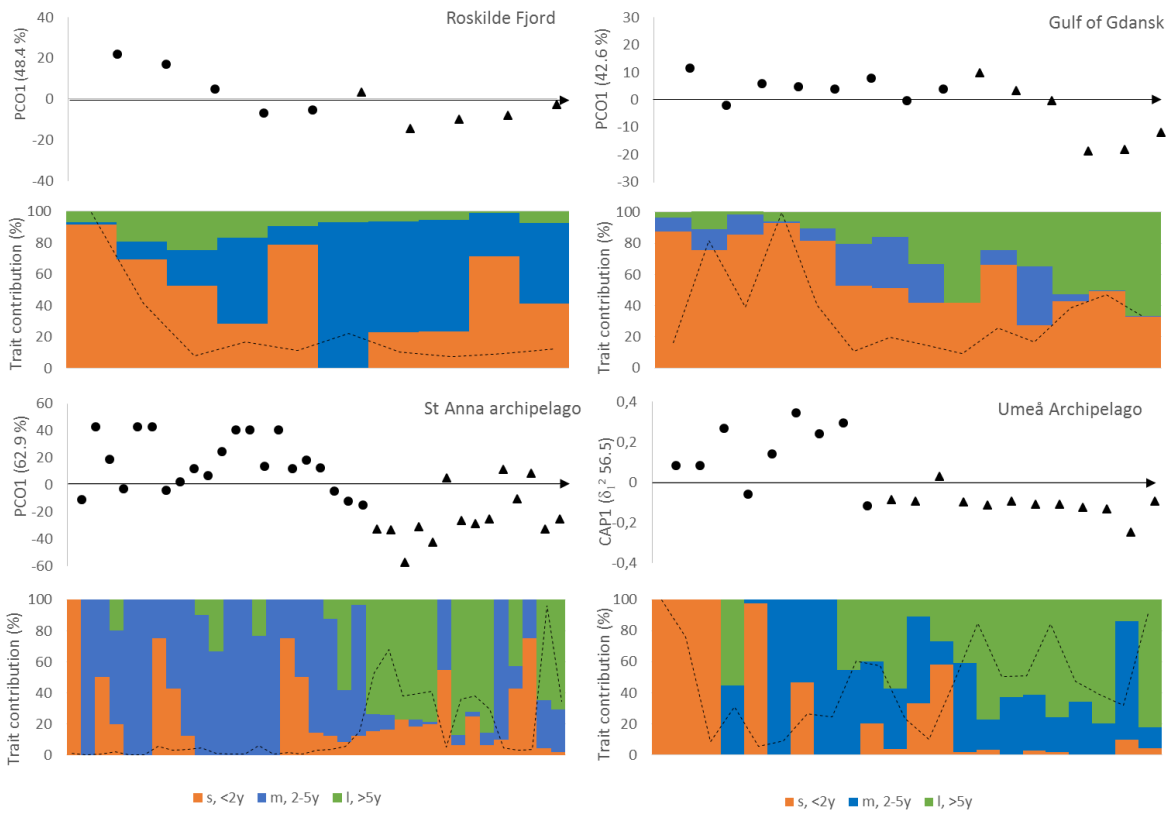
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1 **Figure 5.**

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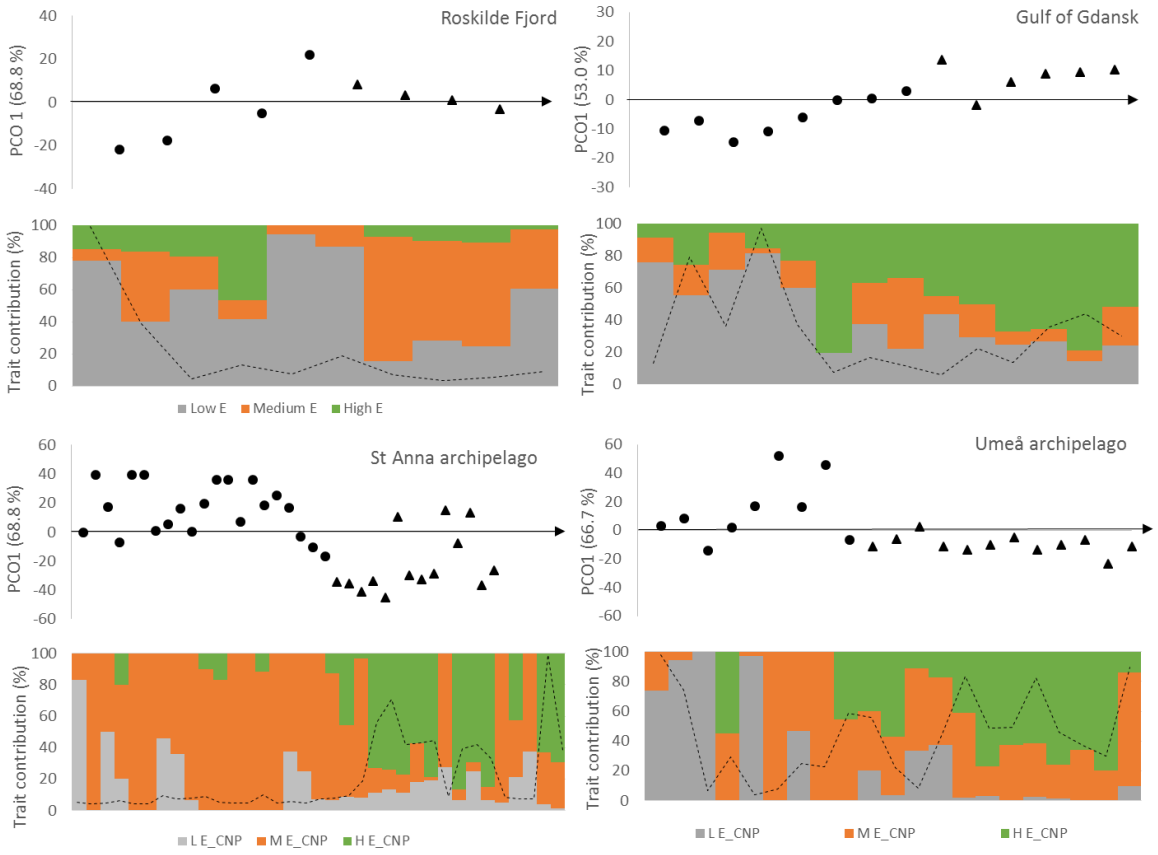
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1 **Figure 6.**

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