- 1 Polarity of uncertainty representation during exploration and
- 2 exploitation in ventromedial prefrontal cortex
- 3 4

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- 15
- 16 Abstract
- 17

18 Environments furnish multiple information sources for making predictions about future

19 events. Here we use behavioural modelling and fMRI to describe how humans select

- 20 predictors that might be most relevant. First, during early encounters with potential
- 21 predictors, participants' selections were explorative and directed towards subjectively
- 22 uncertain predictors (positive uncertainty effect). This was particularly the case when many
- 23 future opportunities remained to exploit knowledge gained. Then, preferences for accurate
- 24 predictors increased over time, while uncertain predictors were avoided (negative uncertainty
- 25 effect). The behavioural transition from positive to negative uncertainty- driven selections

was accompanied by changes in representations of belief uncertainty in ventromedial

27 prefrontal cortex (vmPFC). The polarity of uncertainty representations (positive or negative

28 encoding of uncertainty) changed between exploration and exploitation periods. Moreover,

29 the two periods were separated by a third transitional period in which beliefs about

- 30 predictors' accuracy predominated. VmPFC signals a multiplicity of decision variables, the
- 31 strength and polarity of which vary with behavioural context.
- 32

- 34 Introduction
- 35

36 Humans and other animals are often presented with multiple information sources in the

37 environment that can predict different outcomes such as reward. Selecting the right predictor

38 to guide behaviour towards a particular outcome requires determining the predictors'

relevance in forecasting that outcome^{1,2}. Biases in information seeking can lead to mistaken 39

- beliefs about the relationships that prevail in the world^{3,4}. It has been argued that animals 40
- should attend either to certain predictors⁵ or, on the contrary, to uncertain predictors⁶. Certain 41
- predictors might be relevant as they deliver an outcome with known prediction accuracy, 42
- 43 while attending to uncertain predictors might turn out to be more beneficial in the long-term.
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45 We propose that which type of predictor should be considered most relevant changes during 46 different phases of the learning process. When selecting between multiple predictors for the 47 first time, selections should maximize information about available predictors. Selections 48 should be "explorative" and directed towards "uncertain" predictors. The degree of 49 exploration should also be determined by the time horizon. The time horizon is the remaining time in the current context (or block in the current experiment)^{7,8}: exploration is beneficial in 50 longer compared to shorter time horizons as the knowledge gained can be used in later 51 52 predictor selections. Once an estimate about a predictor's accuracy has formed, selections 53 should be "exploitative" and guided by the "accuracy" and "certainty" of predictors in line 54 with reward maximization. This perspective draws on both previously formulated hypotheses in the field of learning theory^{5,6}. Predictors should be selected based on the learner's 55 56 uncertainty about predictors' accuracy during exploration and on the learner's certainty about 57 predictors' accuracy during exploitation. Our first aim in the current study was to examine 58 whether this was the case.

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60 Evidence for uncertainty-guided exploration has, however, recently been questioned⁹. It has been argued that behaviour may sometimes appear exploratory but on closer inspection the 61 62 decisions that people make can be understood as having been guided by noisy estimates of 63 the values of the choices that are formed during learning. In other words, when people appear 64 exploratory, they may in fact be attempting to make exploitative decisions, but their 65 exploitative decisions are informed by noisy estimates of choice values. Our second aim was 66 to ascertain whether people genuinely engage in exploratory behaviour. This can be tested by 67 comparing rates of exploratory behaviour when past experience is held constant, but the 68 length of the future time horizon is manipulated; a longer future time horizon should elicit 69 more exploration even when previous learning opportunities are the same. Moreover, the 70 appropriateness of computational models of exploratory behaviour can also be tested by 71 obtaining more direct empirical indices of participants' subjective uncertainty; we obtained 72 such measures in our experiment. In addition, the computational model can be used to 73 identify trials in which exploratory behaviour appears to be guided by information seeking in 74 order to reduce uncertainty and trials in which exploratory behaviour simply reflects 75 randomness in the response selection or learning process⁹. 76 77 Our third aim was to examine neural activity related to exploratory and exploitative modes of 78 decision making. Many previous studies have shown that vmPFC activity reflects 79

information relevant for making value-guided decisions between choices. When making a 80 decision between choice options, vmPFC activation covaries with the decision variable that

guides the decision – the difference in value between the choice taken as opposed to the 81

- choice rejected¹⁰⁻¹⁸. If, as has been argued, such vmPFC activity changes reflect allocation of 82
- attention to a choice option¹⁹⁻²¹, then it is possible that vmPFC activity also reflects selection 83

of a predictor to guide behaviour and the reason why it is being selected to guide behaviour:
either because of its predictive accuracy, because of the certainty of its prediction, or because
of the uncertainty of its prediction.

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88 We use a combination of behavioural analysis, computational modelling, and functional 89 magnetic resonance imaging (fMRI) to investigate at both behavioural and neural levels 90 which predictors are classified as informative, uncertain or certain, as a function of time 91 horizon, and the current behavioural mode (exploration, exploitation, or the period of 92 transition from exploration to exploitation). We designed a novel task in which participants 93 selected between multiple predictors which gave partial information about the location of a 94 target that the participants were asked to find. During the course of multiple experimental 95 blocks, participants encountered a series of potential predictors while transitioning through 96 time horizons of different lengths, inducing explorative and exploitative selections. We used 97 a Bayesian model to extract trial-by-trial estimates of participants' beliefs about both the 98 accuracy of predictors and their subjective uncertainty in those beliefs. This allowed us to test 99 their independent and complementary impact on selection behaviour and their neural 100 representations.

101

102 We found predictor selections are made as a function of time in two important ways. They 103 change as a function of the time that has elapsed since learning began and they change as a 104 function of the remaining time horizon – the time period over which the learner expects the 105 current conditions to prevail. These changes occur in tandem with the evolution of predictor-106 related activity patterns in vmPFC. Activity in vmPFC was sensitive to participants' 107 uncertainty in their beliefs about predictors but the polarity of uncertainty representations 108 (positive or negative encoding of uncertainty) changed with the behavioural mode: a positive 109 uncertainty decision signal was present in vmPFC during exploration, while activity in the 110 same region signalled negative uncertainty during exploitation. By contrast, other brain areas 111 such as anterior cingulate cortex (ACC) and other dorsomedial frontal cortical areas, 112 signalled uncertainty only during explorative phases. We also found that exploration and 113 exploitation modes were separated by a transitional period in which beliefs about predictors' 114 accuracy predominated in their impact on vmPFC activity. These results show that a 115 predictor's relevance for guiding behaviour is not defined by a single attribute (accuracy, 116 positive or negative uncertainty), but rather it is dynamically modulated by the behavioural 117 modes of exploration, exploitation, and their transition. We show that vmPFC carries similar 118 information, representing a multiplicity of predictor selection variables, the strength and 119 polarity of which vary according to their relevance for the current behavioural mode.

120 121

122 **Results**

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124 On each trial of the experiment (Figure 1A), participants made two decisions. First, they 125 made a binary choice between two predictors to find a target's location on a circle (decision 126 phase). Participants knew that the target location changed constantly on every trial and could 127 not be predicted directly from previous observations of its location. The only way to infer the 128 target's location was through learning how well each predictor predicted the target location. 129 Participants learned how well a predictor predicted the target by observing the distance 130 between the location estimated by the selected predictor and the true target location (which 131 we refer to as "angular error"). Importantly, predictors differed in how well they estimated 132 the target location (see S1 for details on the cover story). Selecting a better predictor led to 133 more rewards at the time of a second decision in the trial. During the second decision, the

134 predictor's estimate of the target location was revealed, and participants expressed their 135 confidence in it (confidence phase). They did this by adjusting the size of an interval around 136 the predictor's estimate such that the true target location would fall within this interval. At 137 the end of a trial, the true target location and possible points were revealed (outcome phase). 138 Participants gained points when the target fell within the chosen interval and the amount of 139 points increased when the interval size was small. This payoff scheme incentivised selecting 140 predictors with smaller angular errors in the first place. In addition to being informed about 141 whether they had won or lost, the outcome phase enabled participants to update their beliefs 142 about how well the chosen predictor estimated the target by observing the angular error. 143 Participants took part in two versions of the task that differed in their framing aspect 144 (social/non-social framing). Here, we collapsed data across versions after finding that 145 versions did not differ in the results depicted here (see details on task versions in 146 Supplementary Information). 147 148 <insert Figure 1 about here> 149 150 The value of exploration lies in revealing more accurate predictors, but this is only useful if the time horizon (the amount of trials remaining) offers sufficient opportunity to exploit the 151 152 newly discovered predictors⁷. To test this idea, participants transitioned through blocks of 153 different lengths (45, 30 and 15 trials) each with a unique set of four predictors (Figure 1B-i). 154 This made it possible to examine the balance between exploration and exploitation as a 155 function of time horizon. Time horizon and current progress were explicitly cued on each 156 trial. Each block comprised two good predictors with a relatively low average angular error 157 between predicted reference point and target and two bad predictors with a higher angular 158 error (Figure 1B-ii). 159 160 Dissociable effects of uncertainty and accuracy on predictor selections and subjective 161 confidence judgments 162 163 Exploration should not only be guided by one's belief in the predictor's accuracy, but also by 164 one's own uncertainty in that belief. For this reason, we used a Bayesian model to capture 165 participants' belief distribution over the angular error between the reference point and the 166 true target location (Figure 2A-i). The trial-by-trial angular errors were derived from a 167 normal distribution centred on the true target location. Predictors' normal distributions varied 168 in their standard deviations (referred to here as sigma), making some predictors better in 169 estimating the target location (lower sigma value) and other predictors worse (higher sigma 170 value). Hence, by tracking the angular errors of a predictor, participants could estimate the 171 sigma value associated with each predictor's distribution (see Figure 2A-ii). We used the 172 Bayesian model to capture participants' beliefs in the sigma value after observing the angular 173 error of the chosen predictor at each trial (Figure 2A-iii;2B). This belief distribution allowed 174 us to derive two independent model-based estimates that we hypothesized to influence choice 175 in parallel: first, an estimate in the "accuracy" of a predictor (a point-estimate derived by the 176 mode of the belief distribution, representing the sigma believed to be the most likely of that 177 of the chosen predictor): 178 accuracy = max [belief distribution] * (-1)179 (1)180 Note that a higher accuracy value denoted in Eq.(1) indicates bigger deviations of the target 181 from the reference point. To derive an accuracy estimate that can be interpreted intuitively, 182 the sign of Eq.(1) is reversed so that positive values can be interpreted as higher accuracy.

183 Second, an estimate of the "uncertainty" in that predictor (variability around the accuracy184 estimate, representing the uncertainty) (Figure 2A-iv):

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- uncertainty = $\widehat{\sigma}_{\text{(cumulative belief distribution = 97.5\%)}} \cdot \widehat{\sigma}_{\text{(cumulative belief distribution = 2.5\%)}}.$ (2)

187 188 The terms "accuracy" and "uncertainty" will from now onwards refer to the model-derived 189 parameters defined in Eq. (1) and (2), respectively (Figure 2A-iv). We used a Bayesian model 190 that assumed uniform prior beliefs for all four predictors at each block start. However, we 191 compared this Bayesian model to two competing models: a Bayesian model using 192 informative priors (Extended Data Figure 1) and a reinforcement learning (RL) model 193 tracking payoff history (Extended Data Figure 2). The Bayesian model with uniform priors 194 provided a better model fit to choice behaviour compared to either of the other models (see 195 Method; Supplementary Information: alternative computational models; Extended Data 196 Figures 1 and 2).

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198 199

<insert Figure 2 about here>

200 We measured the degree to which participants were exploiting accurate predictors and the 201 degree to which they were exploring uncertain predictors. We hypothesized, first, that 202 uncertainty drives exploration between choices at the beginning of a block and so choices 203 might be directed to uncertain predictors. Then, over the course of a block, participants 204 should become increasingly uncertainty avoiding in other words, choices should be directed 205 towards certain predictors (negative uncertainty effect) (Figure 2C-i). Second, we 206 hypothesized that the initial choice pattern in a block should depend on how many more trials 207 were still to be encountered in the block (effect of time horizon). Longer blocks favour more 208 uncertainty-driven exploration and less accuracy-driven exploitation compared to shorter 209 blocks (Figure 2C-ii).

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211 To test the first hypothesis, we applied a logistic general linear model (GLM, see GLM1 in 212 Methods) to participants' selections during the decision phase and then averaged beta weights 213 across participants (Figure 3A, Supplementary Figure 1). Regressors of interest (accuracy and 214 uncertainty) were coded as the difference between left and right predictors to predict leftward 215 selections. As would be expected if participants were attempting to maximize payoff, 216 participants generally sought out accurate predictors (main effect of accuracy: t(23)=7.5, 217 p<0.001, d=1.53, 95% confidence interval=[0.82 1.45]). There was no credible evidence that 218 uncertainty impacted choice behaviour (t(23)=-1.9, p= 0.07, d=-0.39,95% confidence 219 interval= $[-0.51 \ 0.018]$, Bayes factor₁₀=1.05, % error=1.1017e-4). Next, to examine the time-220 dependent effect of uncertainty and accuracy on selection, we included the percentage of 221 trials remaining in a block (referred to as 'block time') into the GLM model and examined its 222 interaction with accuracy and uncertainty. Participants alternated between behavioural modes 223 of exploration and exploitation by integrating information about the remaining trials into their 224 predictor selections: a positive interaction term between uncertainty and block time 225 (t(23)=5.8, p<0.001, d=1.18,95% confidence interval=[0.53 1.1]) showed that uncertain 226 sources were explored when many trials remained. By contrast, a negative interaction term 227 between accuracy and block time indicated that, as time passed, choices were increasingly 228 directed towards accurate predictors (accuracy x block time interaction: t(23)=7.5, p<0.001, 229 d=-1.53,95% confidence interval=[-0.91 -0.52]; Figure 3A). 230

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<insert Figure 3 about here>

233 In a follow-up analysis, we further examined the interaction effects. We binned trials into

those that occurred in the first and second halves of each time horizon (Figure 3B-i). A

235 logistic GLM with accuracy and uncertainty as regressors was fitted to both halves of each

block's trials. Once again we found that decisions were influenced by both factors but in

dynamically distinct ways (paired t-test between the differences of block halves for accuracy and uncertainty: t(23) = -8.1, p<0.001, d=-1.7, 95% confidence interval =[-2.27 -1.02]; Figure

- 239 and uncertainty: (23) = -8.1, p<0.001, d=-1.7, 95% confidence interval =[-2.27 -1.02], Figure 239 3B-i). Uncertain predictors were more likely to be sought out early compared to late in a
- block (paired t-test early vs late: uncertainty (t(23)=-8.1, p<0.001, d=1.66,95% confidence
- 241 interval=[1.06 1.8]): while during the first half there was only anecdotal support for the
- 242 interpretation that participants sought out uncertain predictors (positive uncertainty effect in
- 243 half 1: t(23)=2, p =0.057, d=0.41, 95% confidence interval=[-0.007 0.48], Bayes
- factor₁₀=1.18, % error=9.954e-5), during the second half of blocks, uncertain predictors were avoided (negative uncertainty effect in half 2: t(23)=-6.2, p<0.001, d=-1.27,95% confidence
- 246 interval=[-1.59 0.79]). Accurate predictors were preferred to inaccurate ones and this was
- 247 increasingly the case in the second half of the blocks (paired t-test early vs late time points
- accuracy: t(23)=-4.2, p<0.001, d=-0.85,95% confidence interval=[-1.63 -0.55]). These results replicated when regressors were normalised across or within blocks.
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251 In response to the reviewers' comments, we considered the possibility that such a result 252 might have arisen because the overall model fit was better for either the first or second half of 253 the block. It is important to consider differences in model fit across sets of trials (or 254 participants) because a poor model fit might indicate that the model is not appropriate for the 255 behaviour under investigation in one part of the data. However, a priori such an argument 256 would predict that an effect, such as uncertainty, would be stronger in the part of the data that 257 was better fit by the model than in the part worse fit by the model; it cannot predict a polarity 258 change in the uncertainty prediction effects when moving from exploration (earlier trials) to 259 exploitation (later trials). We excluded trials on the basis of the trial wise choice residuals so 260 that both first and second block halves were no longer different in their residual variance 261 (Extended Data Figure 3). Even under such conditions, we were able to replicate evidence for 262 the same pattern of results (Extended Data Figure 3D). Moreover, below we show that 263 several brain regions only represent uncertainty prediction difference during exploration and 264 not exploitation (Supplementary Figure 7, in particular 7B) even though model fits were 265 better for later compared to earlier phases.

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267 Next, we tested our second hypothesis that the degree of exploration during initial choices 268 should be stronger in longer time horizons, i.e. if subsequent encounters with the same 269 predictor are expected to be more frequent. We compared choices during the first 15 trials 270 across all time horizons by fitting a linear robust GLM to data from each time horizon. The 271 first 15 trials in all three horizons were identical in their order presentation and importantly, 272 their trial-by-trial target estimates were drawn from a Gaussian distribution with the same 273 parameters (sigma of either 50 or 70). As predicted, participants adjusted their behavioural 274 strategy in the initial trials according to the horizon type: participants explored more in longer 275 than shorter horizons and in a complementary manner, shorter horizons led to a rapid 276 convergence onto accurate predictors (3x2 repeated measures ANOVA with horizon (long, 277 medium, short) and variable (accuracy, uncertainty); horizon x variable interaction: F(2,46)=36.7, p<0.001, η^2 =0.61, assumption of sphericity is met with Mauchly's test: 278 279 $x^{2}(2)=0.28$, p=0.87; Figure 3B-ii). Uncertain predictors were particularly sought out during

initial trials within long and medium time horizons (long horizon: t(23)=4, p<0.001,

- 281 d=0.8,95% confidence interval=[0.053 0.164]; medium horizon: t(23)=2.8, p=0.009,
- 282 d=0.56,95% confidence interval=[0.02 0.13]).

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- 284 So far we have shown that model-derived estimates of the accuracy and uncertainty
- 285 determined participants selections between predictors. Next, we examined whether
- 286 participants also relied on both of these estimates when making their subjective confidence
- report during the second phase of each trial (the confidence phase in Figure 1A). Accuracy
- reflects a point-estimate of the most likely angular error between target and the predictor's
- estimate and should therefore have an impact on the interval size the participants use toindicate their subjective confidence during the confidence phase. Indeed, participants
- indicate their subjective confidence during the confidence phase. Indeed, participants indicated higher confidence for predictors that were believed to be accurate (t(23)=11.7,
- p<0.001, d=2.4,95% confidence interval=[0.66 0.98]). The Bayesian model also suggests that
- 293 participants form a representation about other possible angular errors that might underlie a
- 294 predictor's distribution (i.e. the width of the belief distribution). If participants are very
- uncertain in their point-estimate of the angular error (i.e. if the Bayesian belief distribution is
- 296 very wide), then they should report a larger interval size to guarantee that the target falls
- within the interval. In tandem with above effect of accuracy, participants were less confident
- and selected a larger interval size when they evaluated predictors they believed were
- 299 uncertain (uncertainty: t(23)=-10.4, p<0.001, d=-2.12,95% confidence interval=[-1.1 -0.73];
- 300 Figure 3C).
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302 In summary, accuracy, uncertainty, and a time modulation of both effects influenced 303 participants' predictor selections. Early selections were uncertainty-driven explorative 304 selections and occurred particularly when time horizons were longer. Later selections were of 305 exploitative selections, directed towards accurate and away from uncertain predictors. The 306 exploratory behaviour we identify cannot simply be the result of noise in the learning 307 process⁹; people are more exploratory when the future time horizon is longer even if learning 308 opportunities are identical. Moreover, we show that our model-derived estimates of 309 participants' beliefs about the accuracy of a predictor and uncertainty about those beliefs 310 correspond to features of their subjective confidence judgments.

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- Polarity of uncertainty decision signal in vmPFC changes from exploration to exploitation
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314 Our behavioural analyses show that participants incorporated the uncertainty in their beliefs 315 when selecting between two predictors. We went on to examine the coding of uncertainty in 316 the brain during predictor selection (fMRI-GLM1, see Methods). Our variable of interest was 317 the difference in uncertainty (as captured by our model) between the chosen and unchosen 318 predictors, i.e. "uncertainty prediction difference". This is similar to studies of value-guided 319 decision-making, where the difference in value between the option chosen and the option 320 rejected is regressed against the BOLD signal. A value difference signal often prominently implicates the vmPFC in decision making processes^{10–14,17}. 321

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323 When testing for an uncertainty prediction difference signal across all trials, we found a 324 negative uncertainty prediction difference in vmPFC (whole brain cluster-corrected; Figure 325 4A-i, Supplementary Table 1). This neural effect was in line with the negative effect 326 uncertainty exerted on choice behaviour towards the end of a block when participants 327 avoided uncertain predictors or in other words, sought out certain predictors. In addition, we 328 also found an "accuracy prediction difference" in a similar anatomical location in vmPFC 329 (Figure 4A-ii, Supplementary Table 1). Again, this accords with participants' general 330 preference for selecting accurate predictors to help them find the target location. To 331 additionally show that both accuracy and uncertainty prediction differences were encoded in 332 a similar anatomical region, we derived a domain general prediction difference by first,

333 calculating the mean across both absolute contrasts "((chosen uncertainty – unchosen 334 uncertainty) + (chosen accuracy – unchosen accuracy))" and second, by deriving a 335 conjunction between both absolute contrasts (Supplementary Figure 3A, 3B, respectively, 336 and Supplementary Table 3). A domain general prediction difference peaked within vmPFC. 337 Accuracy and uncertainty prediction differences are independent variables sharing across all 338 trials, on average, 0.01% of their variance (0.137% and 0.09% of their variance is shared 339 when exploration and exploitation trials are each considered separately; Figure 4D) 340 suggesting both variables have independent effects on activity but within the same part of 341 vmPFC (for more details on regressor correlations, see Supplementary Figures 1,2). These 342 findings underline the role of vmPFC in guiding predictor selection as a function of both the 343 differences in accuracy and uncertainty of the predictors. 344 345 Having identified vmPFC as representing a negative uncertainty prediction difference across 346 all trials, we then went on to test whether this signal was modulated by distinct behavioural 347 modes of exploration and exploitation. We have shown that uncertainty tended to drive 348 exploration of predictors at the beginnings of blocks; at that time, selections were directed to 349 uncertain predictors (i.e. there was a positive effect of uncertainty during the first 15 trials in 350 medium and long horizons, Figure 3B-ii). Then, over the course of the block, participants 351 became increasingly uncertainty avoiding shown by a negative effect of uncertainty on 352 choice behaviour. We refer to this pattern of change as an "uncertainty polarity change". We 353 investigated whether there was a brain region with similar characteristics: transitioning from 354 encoding a positive to negative uncertainty-based prediction difference as participants 355 switched from exploration to exploitation (Figure 4B). To test this hypothesis, we made use 356 of the fact that our computational model allowed us to classify individual trials into 357 exploration or exploitation according to the selection made on each trial: an exploitative 358 selection was defined as one in which the more accurate and less uncertain predictor was 359 selected while a directed uncertainty-guided explorative selection was defined as the 360 opposite: a trial in which the more inaccurate and uncertain predictor was chosen (Extended 361 Data Figure 4). Importantly this is distinct to other types of decision that might initially 362 appear exploratory, because the less accurate predictor was chosen, but which may simply be due to noise in the learning or decision process^{9,22}. On such trials, selection is not just of the 363 less accurate predictor but are also made with certainty (Supplementary Figure 4A). 364 365 366 <insert Figure 4 about here> 367 368 To test for a neural polarity change of uncertainty prediction difference, we extracted time 369 courses from an independent region of interest (ROI) associated with the accuracy prediction 370 difference effect across all trials. This ensured that we did not bias the analysis towards 371 finding an effect in an area that was previously associated with the uncertainty prediction 372 difference. First, we used a time course analysis to extract both components of the 373 uncertainty prediction difference signal (variance in activity related to the chosen predictor 374 and variance in activity related to the unchosen predictor) during exploration and 375 exploitation. Activation in vmPFC covaried with a decision signal that changed its polarity 376 depending on the current behavioural mode: during exploitation, vmPFC carried a decision

- 376 depending on the current benavioural mode: during exploitation, vmPFC carried a decision 377 signal that reflected a negative uncertainty prediction difference (negatively encoding the 378 depending on the current benavioural mode: during exploitation, vmPFC carried a decision 379 signal that reflected a negative uncertainty prediction difference (negatively encoding the 370 depending on the current benavioural mode: during exploitation, vmPFC carried a decision 377 signal that reflected a negative uncertainty prediction difference (negatively encoding the 378 depending on the current benavioural mode: during exploitation, vmPFC carried a decision 379 signal that reflected a negative uncertainty prediction difference (negatively encoding the 370 depending on the current benavioural mode: during exploitation, vmPFC carried a decision 370 signal that reflected a negative uncertainty prediction difference (negatively encoding the 370 depending of the current benavioural mode: during exploitation, vmPFC carried a decision 370 signal that reflected a negative uncertainty prediction difference (negatively encoding the 370 depending of the current benavioural mode) signal that reflected a negative uncertainty prediction difference (negatively encoding the 370 dependence (negatively encoded) signal that reflected a negative uncertainty prediction difference (negative) signal that reflected a negative uncertainty prediction difference (negative) signal that reflected a negative uncertainty prediction difference (negative) signal that reflected a negative uncertainty prediction difference (negative) signal that reflected a negative uncertainty prediction difference (negative) signal that reflected a negative (ne
- uncertainty of the chosen predictor as opposed to the unchosen predictor; Figure 4C-ii); in
 exploration, when behaviour was guided by uncertainty, vmPFC activity carried a positive
- 380 uncertainty prediction difference (positively encoding the uncertainty of the chosen predictor
- as opposed to the unchosen predictor; Figure 4C-i). Given that the same variable is reflected
- in both increase and decrease in activity at different task stages suggests an important change

383 in the nature of the representation. In response to reviewers' comments, we verified the 384 robustness of these results when the precise criteria for drawing boundaries between 385 exploration/ exploitation categories were modified (Supplementary Figure 8). It might be 386 argued that the vmPFC activity pattern simply reflects absolute uncertainty differences 387 between the presented predictors irrespective of behavioural mode (exploration versus 388 exploitation). We repeated the analysis and included the absolute uncertainty prediction 389 difference as an additional regressor. Nevertheless, we replicated the uncertainty polarity 390 change across modes in vmPFC (Supplementary Figure 5). 391 392 The trials we define as uncertainty-guided exploration trials are comparable to trials that have 393 previously been described as directed explorative choices⁷. They are, however, hypothesized 394 to be distinct to apparently random choice selections that may result simply from noise in the decision process²² or the learning process⁹. In the current experiment, random exploration 395 396 trials were defined as ones on which participants selected predictors that they believed to be 397 inaccurate with certainty (i.e. negative uncertainty) (Supplementary Figure 4A). While it is 398 not possible to be sure that all uncertainty-guided exploration and all noise-based exploration 399 trials are classified correctly, on average the classification should capture a potential 400 difference in exploration type that may be associated with different neural mechanisms. To 401 test this possibility we therefore, in addition examined vmPFC activity on random 402 exploration trials. We extracted a time course from vmPFC associated with the previous

cluster of accuracy prediction difference and tested for an uncertainty prediction difference
during random exploratory trials. We tested beta weights extracted from the time course with
a leave-one-out procedure and found that unlike on uncertainty-guided exploratory trials,
there was no credible evidence that vmPFC represented uncertainty prediction difference
during these random exploratory selections (Supplementary Figure 4B)

407 during these random exploratory selections (Supplementary Figure 4B).

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<insert Figure 5 about here>

411 We have shown that behavioural modes were associated with different polarities of 412 uncertainty representation in vmPFC. Next, we were interested in whether the different 413 behavioural modes were associated with any distinct neural networks. We performed a 414 whole-brain GLM of exploration and exploitation trials and focused again on the uncertainty 415 prediction difference during the decision phase (fMRI-GLM2). During exploitation, we 416 observed activity centred on vmPFC related to a negative uncertainty prediction difference 417 (Figure 5A; Supplementary Table 2), confirming our previous findings. During exploration, a 418 positive uncertainty prediction difference signal was represented in vmPFC, but also across 419 an extensive network of brain regions, including dorsomedial frontal areas (Figure 5B). A 420 direct contrast of activation patterns in exploration and exploitation trials confirmed these 421 differences between behavioural modes (compare panels A, B, and C of Figure 5). Dorsal ACC (dACC) in particular has been associated with exploratory²² and foraging behaviour²³. 422 423 We show that dACC represents uncertainty prediction differences during directed exploration 424 (Figure 5B, Supplementary Figures 6, 7A-iii), but there was no credible evidence for such a 425 representation during random exploration (Supplementary Figure 4B) or, unlike vmPFC, 426 exploitation (Supplementary Figure 7B-iii). We also observed an uncertainty prediction 427 difference in frontopolar cortex and dorsolateral prefrontal cortex (dlPFC), replicating results of previous exploration studies^{24,25} (Supplementary Figure 7A). However, like dACC and 428 429 other dorsomedial frontal areas, both dIPFC and frontopolar cortex have distinct profiles 430 compared to vmPFC, as there was no credible evidence for a representation of uncertainty 431 prediction difference during exploitation and hence unlike vmPFC did not show an 432 uncertainty polarity change across behavioural modes (Supplementary Figure 7B).

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In summary, we have shown a polarity change in the influence that uncertainty in one's belief exerts not just on behaviour but also on vmPFC activity. During exploitative modes, when differences in predictor certainty are the key decision variable, vmPFC reflects negative uncertainty prediction difference, but when participants are in an explorative mode, vmPFC activity reflects positive uncertainty prediction differences. During exploration, vmPFC is co-

- 439 active with an extensive network of regions carrying a similar uncertainty-related signal.
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- Uncertainty-related signals in subcortical structures during exploration and exploitation
- 443 We used a region-of-interest approach to test for an uncertainty prediction difference in 444 subcortical structures during both behavioural modes. We focused on amygdala and ventral
- striatum as they have been previously associated with modes of exploration and
- 446 exploitation²⁶. We also focused on ventral tegmental area (VTA) which exhibited cluster-
- 447 corrected positive and negative uncertainty prediction difference during exploration and
- 448 exploitation respectively (Figure 5). All three subcortical regions represented uncertainty
- 449 prediction difference during at least one behavioural mode either exploration or
- 450 exploitation but with a different pattern of activation in each case: amygdala predominantly
- 451 represented uncertainty prediction difference during exploration (Extended Data Figure 5A),
- 452 while VS (Extended Data Figure 5B) activation was most apparent during exploitative phases
- 453 when it reflected a negative uncertainty prediction difference. VTA activity suggested a
- 454 representation of uncertainty prediction difference during both, exploration and exploitation
- in the decision phase (Extended Data Figure 5C). These patterns show that a network of areasincluding multiple cortical and subcortical areas represent uncertainty-related information
- 457 during both exploration and exploitation. While it was not identical, the pattern in the VTA
- 458 most closely resembled that seen in the vmPFC; it carried uncertainty signals that reversed in
- 458 host closely resembled that seen in the vinit FC, it carried uncertainty signals that reversed in 459 polarity between exploration and exploitation but there was no credible evidence for an
- 460 accuracy-related signal during the transition phase between exploration and exploitation (see
- 461 paragraph on transition between exploration and exploitation; t(23) = -0.97, p=0.35, d=-
- 462 0.197,95% confidence interval= $[-0.07 \ 0.026]$, Bayes factor₁₀=0.325,% error=0.037). These
- 463 analyses were conducted in response to the reviewers' comments.
- 464
- 465 Uncertainty representation in vmPFC scales with predictor repetition
- 466

467 We have shown a polarity change in the effect of uncertainty on guiding behaviour and 468 influencing vmPFC activity when comparing exploratory and exploitative behavioural 469 modes. One possible way to interpret the negative uncertainty representation during exploitation is that vmPFC encodes a default choice 21,23,27 . In the context of the current task, 470 471 an effective default choice is repetition of previously made choices particularly when there 472 has been certainty about the predictor's accuracy. We therefore asked whether there was 473 evidence of a higher frequency of choice repetition on exploitation as opposed to exploration 474 trials; this was indeed the case (paired t-test explore vs exploit: t(23)=-16.2, p < 0.001, d = -16.2, q < 0.001, 475 3.3,95% confidence interval = [-0.36 -0.28]; Figure 6A). Moreover, activity in the same 476 location in vmPFC reflected whether, on each trial, participants would repeat a choice they 477 had made the last time it was offered. There was more activity in vmPFC when participants 478 were repeating a choice made previously (repetition: t(23) = 4, p < 0.001, d= 0.8,95% 479 confidence interval=[0.017 0.06]; Figure 6B, grey time course). In addition, the effect was

480	greater when there was a stronger negative uncertainty signal (repetition x chosen
481	uncertainty: t(23) = -3.4216, p =0.002, d= -0.7,95% confidence interval=[-0.07 -0.02], Figure
482	6B, red time course): in other words, the repetition signal was greater when there was more
483	certainty about the selected predictor during repetitive trials compared to non-repetitive trials
484	during which they switched to a new choice that had not been made on a previous trial, a
485	behaviour more likely to occur during exploration (Figure 6A), then vmPFC had the opposite
486	polarity (positively related to uncertainty; Figure 6B, right panel).
487	
488	<insert 6="" about="" figure="" here=""></insert>
489	
490	The transition from positive to negative uncertainty representations is accompanied by the
491	processing of accuracy between predictors
492	
493	So far we have shown that the transition from exploration to exploitation and choice
494	repetition behaviour is accompanied by a change in the polarity of uncertainty signals and
495	emergence of choice repetition signals in vmPFC. However, it remains unclear how the
496	transition between directing behaviour towards uncertain and then certain predictors occurs
497	as the behavioural mode shifts from exploration to exploitation. It is possible that, after initial
498	exploration but before repetitively choosing certain predictors there might be a phase in
499	which participants focus on how well - how accurately - each predictor estimates the target's
500	location (Figure 7A, see illustration). Such a period might naturally precede a period when
501	the most accurate predictors are identified and continuously chosen. During such a transition
502	period, one would expect neural activity correlating with an accuracy prediction difference,
503	the difference between the accuracy estimates associated with the chosen and unchosen
504	predictors. Moreover, because participants are transitioning from positive to negative
505	uncertainty-guided behaviour, the accuracy estimates held by participants for the chosen and
506	unchosen predictors should be close in value. This would suggest that participants have no
507	strict preference between predictors yet, as they are still learning about them. We identified a
508	new subset of trials by selecting trials with accuracy prediction differences close in value
509	(Supplementary Figure 9A). We hypothesized that vmPFC computes decision variables that
510	are most relevant for guiding choice behaviour in the current context, therefore when the
511	accuracy difference is small in value, participants need to carefully compare accuracy
512	estimates between predictors to make their choice. First, we tested whether these trials
513	occurred in time between the exploration and exploitation periods that we had previously
514	identified. Indeed, these transition trials occurred later in time compared to previously
515	defined explorative choices (paired t-test, explore vs. transition: $t(23)=6$, $p<0.001$, $d=1.2$,
516	95% confidence interval= $[0.056\ 0.12]$) and earlier in time compared to exploitative choices
517	(paired t-test, exploit vs. transition: t(23)=-2.8, p=0.01, d =-0.57, 95% confidence interval= [-
518	0.04 -0.006]) (Figure 7A).
519	
520	<insert 7="" about="" figure="" here=""></insert>
521	
522	We then examined whether vmPFC activity reflected the accuracy prediction difference
523	during this transitional period. To test for this effect, we chose an independent ROI in vmPFC
524	extracted from the cluster-corrected uncertainty prediction difference effect across all trials
525	(Figure 4A). As predicted, activation in vmPFC correlated with an accuracy prediction
526	difference during this transitional phase ($t(23) = 3.5$, $p = 0.002$, $d = 0.71.95\%$ confidence
527	interval=[0.03 0.1]; Figure 7B). In further support of the suggestion that accuracy processing

- 528 is especially prominent during this transition phase (in which chosen and unchosen predictors
- 529 have similar accuracy values), we found no credible evidence of an accuracy prediction

530	difference signal in vmPFC when very inaccurate predictors (accuracy prediction difference:
531	t(23) = -0.84, p = 0.41, d=-0.17, 95% confidence interval=[-0.13 0.055], Bayes
532	factor ₁₀ =0.296.%error=0.037: Supplementary Figure 9B-i) or very accurate predictors were
533	selected (accuracy prediction difference: $t(23) = -1.3$, $p = 0.21$, $d = -0.27$, 95% confidence
534	interval -1.0060021 Bayes factor -0.447 % error -1.178 -4 : Supplementary Figure 9B-ii)
525	This pottern of results suggests that the periods in which vmDEC activity reflects first positive
555	This patient of results suggests that the periods in which vine PC activity reflects this positive
536	and then negative uncertainty prediction difference are separated by a transition period in
537	which vmPFC reflects the accuracy estimate of the predictor chosen to guide behaviour.
538	
539	We tested whether activation during the transition phase was related to behavioural changes
540	across time – from positive to negative uncertainty-driven behaviour – when selecting
541	between predictors. As the transition phase bridges exploration (positive uncertainty) to
542	exploitation (negative uncertainty), we tested whether accuracy-related vmPFC activation
543	during the transition period was related to a behavioural effect of uncertainty that changes
544	across time i.e. the interaction term uncertainty x block time (see behavioural choice GLM
5/15	Figure 3A). We used a partial correlation analysis to examine the relationship between each
546	individual's accuracy related ymPEC activity avtracted from the ymPEC cluster (accuracy
547	prediction difference affect across all trials) and the behavioural transition from positive to
547	prediction difference effect across an unas) and the behavioural transition from positive to
540	ather behavioural variables included in the provides CLM1 (Figure 2A). We found that
549	other benavioural variables included in the previous GLMT (Figure 3A). We found that
550	accuracy prediction difference-related activity in vmPFC during the transition period was
551	positively correlated with uncertainty x block time ($r=0.58$, $p=0.007$, 95% confidence
552	interval= [0.23 0.8]; Figure 7C-i). That is, the larger the vmPFC signature encoding accuracy
553	prediction difference during the transition period, the stronger the behavioural transition from
554	positive to negative uncertainty-driven behaviour over the course of a block (Figure 7C-ii).
555	Notably, these results were not confounded by variation across participants' in the number of
556	transition trials that were identified; a partial correlation that controlled additionally for the
557	number of transition trials remained significant (r=0.57, p=0.01, 95% confidence interval=
558	[0.22 0.79]).
559	
560	This result suggests that a transition phase during which the accuracy between predictors is
561	represented in vmPFC may facilitate a neural polarity change from first representing positive
562	uncertainty when selections are exploratory to later representing negative uncertainty when
563	repeatedly selecting the same certain predictor during exploitation (Figure 8). Participants
564	avhibiting stronger predictor accuracy signals in vmDEC during the transition period
504	exhibited a wave duration have a form position to prosting on extring the transition period
505	exhibited a more drastic change from positive to negative uncertainty-driven benaviour.
566	
567	<insert 8="" about="" figure="" here=""></insert>
568	
569	
570	Discussion
571	
572	Humans select between multiple information sources that can predict outcomes in an
573	adaptive manner that enables them efficiently both to gather information about the predictors
574	and to use that information to make choices. Using Bayesian modelling, we derived estimates
575	of two kinds of beliefs that simultaneously influenced choice and neural activity. To select
576	between predictors, participants integrated beliefs about how accurately a predictor predicted
577	the target ("accuracy") and beliefs about the uncertainty in that estimate ("uncertainty") How
578	much these beliefs influenced predictor selection depended on how many opportunities
579	narticipants had had to learn about the predictors already ⁷ Rehaviourally participants
517	participants had had to rearn about the predictors aready. Denaviourany, participalits

580 initially gathered information about available predictors by selecting more uncertain 581 predictors, while over time they converged towards accurate and certain (i.e. the negative 582 uncertainty effect) predictors. However, importantly the influence of accuracy beliefs and 583 their uncertainty depended on the future time horizon; participants explored uncertain 584 predictors more during initial phases of a block when they knew that they had a longer time 585 horizon remaining to exploit the knowledge gained. Behaviour that initially appears 586 uncertainty-directed and exploratory in nature may simply reflect noise in the decision process²² or the learning process⁹ but in the present study behaviour is uncertainty seeking 587 and exploratory in nature because it manifests to a greater degree when the future time 588 589 horizon is longer even when the decision context and past learning opportunities remain the 590 same.

591

592 Similar flexibility was also observed on a neural level. VmPFC activity reflected different 593 decision variables at different times in a manner that reflected their relevance for the current 594 context of exploration or exploitation. Behaviour and neural activity in vmPFC were not 595 determined by only exploration or exploitation, but rather it reflected several different 596 variables but only when they were relevant to the current mode.

597

598 Our findings are related to studies of attention during the learning of cue-outcome 599 relationships. Here, two influential models have made opposite predictions: one model 600 suggests that selective attention is driven by cues that are most predictive of reward^{2,5}, 601 reminiscent of the accuracy-driven, repetition-driven, and certainty-driven predictor 602 selections in the present study. The second model assumes that the uncertainty of a predictor 603 is crucial for selective attention⁶. By using a Bayesian model to dissociate participants' 604 beliefs about accuracy and uncertainty, we were able to show that in fact, both are important 605 to determine whether a predictor will be selected to guide behaviour. Importantly, the 606 magnitude of their influence on predictor selection depends on their relevance to the current 607 context which varies across time.

608

609 In accordance with the behavioural results, we found that neural activity reflected predictor 610 differences. Activity in vmPFC reflected the difference between the selected and rejected 611 predictor, in terms of the key feature that was currently of relevance for guiding behaviour: 612 first positive uncertainty, then accuracy, and then negative uncertainty. Previous studies have often focused on the manner in which activation in vmPFC is correlated with differences in the reward values of chosen and rejected choices^{11,28,29}. In such studies, differences in the 613 614 615 reward values associated with the choices constitute the evidence in favour of taking one 616 choice rather than the other. Although we focus on vmPFC's role in representing 617 information-based belief estimates of accuracy and uncertainty, on sub-threshold vmPFC also 618 represented the difference in expected value between predictors (Extended Data Figure 2). Here, we show when selecting between predictors to guide behaviour, multiple types of 619 620 information, rather than just a single one, can be of importance. This can be linked to the idea that vmPFC integrates a diverse set of variables that are currently choice-relevant³⁰ and to 621 622 recent evidence that exploitation and exploration are not simply behaviours that are 623 controlled by completely separate neural circuits but rather they are, at least in part, controlled by changes in mode within neural structures²⁶. An alternative interpretation could 624 625 be that vmPFC's signal represents variables that are relevant for long-term reward 626 expectation: early uncertainty-driven exploration is beneficial for reward maximization 627 during later exploitative phases. Although we do not differentiate between immediate or 628 long-term representations, other studies have shown that dACC in particular represents value expectations modulated by different timescales ^{8,31–33}. 629

630

631 Our results also suggest that vmPFC does not guide behaviour in isolation, but that there are 632 additional broader differences in the recruitment of choice-relevant brain networks between 633 exploration and exploitation. Although activation associated with negative uncertainty 634 prediction difference during exploitation was mainly present in vmPFC, positive uncertainty prediction difference during exploration was associated with a wider network including areas 635 such as dACC, dlPFC, and frontopolar cortex that have previously been associated with 636 exploration^{24,25}. Activation in dACC has often been related to behavioural adaptation and the 637 search for better alternatives, for example during foraging^{8,22,23,33–40} and to the update of 638 internal models during environmental changes 4^{1-43} . Our results may therefore suggest that in 639 some cases during exploration wider updates in decision networks occur that encompass both 640 641 vmPFC, dACC and prefrontal areas in a similar fashion. Nevertheless, it is important to 642 remember that the pattern of activity in vmPFC, when considered across both behavioural 643 modes, is different from that seen in dACC, dIPFC, and frontopolar cortex where activity 644 only reflects uncertainty during exploration while the change in the polarity of positive to 645 negative uncertainty-related activation, between exploration and exploitation, only occurs in 646 vmPFC. Additionally, vmPFC did not carry a clear uncertainty signal during random 647 exploration as opposed to uncertainty-guided exploration. An important new finding is that 648 effective exploratory behaviour may simply emerge from noise in the learning process⁹ and this may impact on activity in brain areas such as dACC that reflect choice value learning at 649 multiple time scales^{31,33,44}. However, the current findings suggest that an uncertainty signal is 650 651 also carried in these areas when it is relevant for behaviour.

652

653 A related line of research supports the notion that vmPFC not only represents the value 654 difference between choice options, but also a second-order representation, that is one's own confidence in a choice^{13,45}. These results are compatible with our finding that both accuracy 655 656 and uncertainty are represented in vmPFC. However, we show in addition that the polarity of 657 the uncertainty representation (which is a second-order representation similar to confidence) 658 in vmPFC changes depending on the behavioural mode. This suggests that in some cases 659 second-order representations in vmPFC are themselves choice-guiding and highly context 660 sensitive. The change in signal in vmPFC from signalling positive to negative uncertainty 661 prediction differences, i.e. uncertainty polarity change in vmPFC, might be related to the 662 presence of a learning phase during which predictors' accuracies are compared. We identified 663 a transition phase between exploration/exploitation periods, when no clear preference had yet 664 been formed for predictors. At that point, we observed that vmPFC most prominently 665 reflected participants' accuracy estimates for the predictors. Notably, the accuracy effect in 666 vmPFC during the transition phase was related to the degree of change from positive to 667 negative uncertainty-driven behaviour exhibited by each participant: participants exhibiting 668 stronger accuracy-related vmPFC activation during the transition period also showed more 669 drastic behavioural changes.

670

671 Although predictor selections were accuracy-guided throughout the task, we did not observe 672 an accuracy prediction difference in vmPFC during the final exploitation stages of predictor 673 selection. This is similar to the way in which vmPFC activity related to value comparison 674 during choice selection has been shown to be stronger during earlier compared to later phases of a task 28 . A predictor accuracy representation was present in vmPFC during the transition 675 676 phase between exploration and exploitation when accuracy estimates between predictors 677 were close in value, meaning that a careful comparison between predictors was required to 678 guide predictor selections successfully. In comparison, during exploitative trials participants 679 established which predictors were accurate resulting in repeated selections of the same

predictors. At that point vmPFC activity reflected this repetitive mode of decision making and it did so in a manner that interacted with the representation of certainty (i.e. negative

- uncertainty) about the predictor.

Summary

In summary, the combination of computational modelling and fMRI made it possible to show

that beliefs concerning the accuracy of predictors and the uncertainty of those beliefs inform

predictor selection to guide behaviour. Their influence on both behaviour and activity in

vmPFC changed and transitioned in tandem. The vmPFC carried information about a

multiplicity of decision variables (uncertainty, accuracy and repetition), the strength and polarity of which varied according to their relevance for the current context.

695 Methods

697 Participants

698 699 Thirty participants took part in the experiment. Participants were excluded because they fell 700 asleep repeatedly during the scan (N=2), exhibited excessive motion during the scan (N=1), 701 or because of premature termination of an experimental session (N=3) (final sample: 24 702 participants; 14 female, age range:19-35, mean age:25.6, standard deviation:4). No statistical 703 methods were used to pre-determine sample sizes but our sample sizes are larger to those reported in previous publications^{31,33}. Moreover, participants took part in two versions of the 704 705 task which were averaged within participant and thereby statistical power was increased. The 706 study was approved by the Central Research Ethics Committee (MSD-IDREC-C1-2013-13) 707 at the University of Oxford. All participants gave informed consent.

708

696

709 Experimental Procedure

710

711 Participants took part in two magnetic resonance imaging (MRI) sessions on separate days 712 (Supplementary Information, details on task versions). We collapsed participants data across 713 two versions of the task (social/non-social) as the presented results did not show differences 714 between versions. The order of task version was counterbalanced across participants. Stimuli 715 used in each version were randomized across participants. Data collection and analysis were 716 not performed blind to the conditions of the experiments. Each session lasted approximately 717 two hours, including one hour of scanning. Participants received £15 per hour and a bonus 718 based on task performance (per session: $\pounds 5 - \pounds 7$).

719

Before each scanning session, participants were instructed about the task and performed
seven practice trials outside the scanner. After completion of both sessions, participants filled
in a questionnaire that assessed their understanding of the study.

723

724 Experimental design725

726 On every trial, participants made decisions to maximise rewards over the course of the 727 experiment. The experiment was subdivided into six blocks. Each block included four new 728 predictors associated with four new stimuli. Although each predictor was unique, every block 729 comprised two good and two bad predictors. After selecting between a pair of predictors, the 730 chosen predictors suggested the location of a target. The true target location varied from trial 731 to trial and could not be predicted directly. The only way to estimate the target location was 732 to learn about the distance, in terms of the angular error, between true target location and the 733 predictor-suggested target location. The goal was to identify and exploit the good predictors 734 in each block. On every trial, at the first stage, participants made a binary choice between the 735 two presented predictors pseudo-randomly drawn from the four-predictor set (decision 736 phase). Choosing better predictors at this first stage of each trial led potentially to more 737 rewards through a decision that was made in the second stage of each trial (confidence 738 phase). The predictors' estimates varied around a true target location according to a normal 739 distribution with a given standard deviation. Better options were characterised by a smaller 740 standard deviation of the normal distribution. At the second stage, participants expressed 741 their confidence by changing the size of an interval (symmetric interval around the predicted 742 target location) and were rewarded if the target fell within the selected area (Figure 1A). The 743 payoff scheme was such that participants earned most if they indicated a small angular error 744 and the target appeared within the selected area in the subsequent outcome phase. Therefore,

choosing a better predictor in the decision phase allowed participants to earn more rewards inthe long run.

747

748 Overall, each MRI session comprised 180 trials, subdivided into 6 blocks, and lasted 749 approximately one hour. The length of a block (time horizon) was either short (15 trials), 750 medium (30 trials), or long (45 trials) (Figure 1B-i). Each time horizon was presented twice 751 and their order was pseudo-randomised with the constraint that blocks of the same horizon 752 did not succeed each other directly. Note that there was only one temporal order of predictor 753 presentation: the order for short and medium horizons were extracted from the long horizon 754 such that the first 15 trials were identical across horizons. The order of predictors was 755 carefully constructed such that variables of interest, model-derived estimates of accuracy and 756 uncertainty, were decorrelated statistically and across time. As shown in the Figure 4D, the 757 critical correlations between accuracy and uncertainty prediction differences are r = 0.1 (95%) 758 confidence interval=[-0.32 0.48]) across all trials, r= 0.37 (95% confidence interval=[-0.04 759 (0.67]) within exploration and r= 0.30 (95% confidence interval=[-0.12 0.63]) within 760 exploitation, on average across participants. This means that the maximum shared variance in 761 these conditions is 0.14 (in exploration). For more information on how experimental design 762 features helped to further decorrelate accuracy and uncertainty estimates across time, see 763 Supplementary Figure 2. In response to the reviewers' comments, we simulated a scenario 764 during which accuracy and uncertainty are correlated across time and show that this scenario 765 does not exist in the current study because of multiple precautions that were taken when 766 designing the experiment. One of the main precautions was the order of predictors across 767 time. We created the sequence of predictors in each block such that all possible binary 768 combinations of high/low uncertainty and high/low accuracy predictors were likely to occur 769 irrespective of the particular choice pattern of the participant. To achieve this, we introduced 770 two of the four predictors at slightly later times in each block, making them more uncertain 771 compared to the earlier presented predictors. We determined the precise order of predictors in 772 behavioural pilot experiments.

773

How good a predictor was, was determined by how well it estimated the target in the
confidence phase. Estimations followed a Gaussian distribution centred on the true target
location (Figure 1B-ii). Values, *x*, for each predictor were drawn from a Gaussian
distribution and represented the difference between the true target location and the predictor's
estimate:

779

 $x \sim N(\mu, \sigma)$ with -180 < x < 180

- 780 (1)781 where at a given trial, value x was derived from a normal distribution with mean of $\mu = 0$ and 782 sigma of either $\sigma = 50$ for good predictors or $\sigma = 70$ for bad predictors. Note that sigma 783 determined the distance (i.e. the angular error) between the true target location and the target 784 position indicated by the predictor. Averaging across all observations of the angular error 785 allowed participants to estimate the sigma associated with each predictor (see Figure 2A for 786 detailed mapping between task space and belief estimates). As participants learned about the 787 predictor's performance through observing the angular error, they learned about the sigma of 788 each predictor's distribution.
- 789

Participants maximized their points by decreasing the interval size during the confidence
 phase (Figure 1A). Participants changed the interval size with a precision of up to 20 steps of

791 phase (Figure 1A). Participants changed the interval size with a precision of up to 20 steps on 792 each side of the reference location, that is a maximum of 40 steps as the interval was set

each side of the reference location, that is a maximum of 40 steps as the interval was setsymmetrically. A step size was derived by dividing the circle size (6.3 radians) by the

maximum number of possible steps, resulting in a step size of approximately 0.16 radians.
The interval size was determined like follows:
Interval size = (number of steps x 2)/40
When the target fell within the interval set by the participant, the magnitude of the payoff was

When the target fell within the interval set by the participant, the magnitude of the payoff was determined by subtracting the interval size from 1. However, if the target fell outside the confidence interval, it resulted into a null payoff. This meant that the payoff per trial ranged between 0 and 1.

804
$$Payoff = \begin{cases} (1 - interval size) \text{ if target is included} \\ 0 & \text{ if target is excluded} \end{cases}$$
(3)

806

808

807 Trial structure

809 Each trial included a decision, confidence, and outcome phase (Figure 1A). Trials started 810 with the presentation of two options, a time bar, and question mark (1.5 sec on screen, 811 decision phase). The time bar indicated the amount of trials left in the current block; it 812 decreased after each trial until the end of a block. At the start of a new block, the type of horizon was identifiable by inspecting the time bar. After the question mark disappeared, 813 814 participants chose between two predictors to receive information about the location of the 815 target on the circle. The chosen predictor was marked with a red box (0.5 sec). In the 816 confidence phase, the chosen predictor was shown in the centre of a circle and an interval 817 was depicted around a reference point (i.e., predictor's suggested target location) which was 818 indicated by a dot. The interval covered a portion of the circle symmetrically around the 819 reference point. The interval size was randomly initiated on each trial between a minimum of 820 one and a maximum of 20 steps (one step corresponds to one button press) away from the 821 predictor's estimated target location. After participants made a choice how to set the interval 822 size, a black frame appeared around the chosen predictor to indicate their response (0.5 sec). 823 The duration of the confidence phase was determined by the participant's reaction time. 824 Finally, a second marker appeared on the circle representing the true target location and the 825 number of points (between zero and one) below the predictor (3 sec, outcome phase). 826 827 To decorrelate variables of interest between trial phases, short intervals were included 828 between trials (inter-trial-intervals) and randomly, but equally allocated to either the

- transition between decision- and confidence phase or confidence- and outcome phase. The
- 830 duration of an interval was drawn from a Poisson distribution with the range of 4s to 10s and
- a mean of 4.5s. During these intervals, a fixation cross was shown on the screen.
- 832

833 Bayesian Model

834

We used a Bayesian model to estimate the beliefs participants might optimally hold about the sigma (σ) characterising the normal distribution of each predictor. Sigma (σ) refers to the standard deviation of the normal distribution from which observations of the angular error

- 838 were drawn, i.e. distance between target and reference location at each trial. Participants learn
- about how well a predictor predicts the target location across time and by doing so, they
- 840 implicitly estimate the sigma value (σ) of the distribution (see Figure 2 for detailed mapping 841 between task parameters and subjective estimates). Using a Bayesian model, we derived
- between task parameters and subjective estimates). Using a Bayesian model, we derived subjects' beliefs about the sigma value (σ) of each predictor's distribution, resulting in

843 sigma-hat ($\hat{\sigma}$) that denotes participants' estimated sigma. Before a belief can be formed, 844 participants selected a predictor and then made an observation x of how good the predictor 845 was on a given trial, defined by the angular error between the true target location and the 846 predictor-estimated location (reference location): 847 848 x (angular error) = reference location - true target location, 849 (4)850 where the reference location indicated the predictor's prediction of the target location. Key 851 features of beliefs can be captured by a probability density function (pdf) over sigma (Figure 852 2A-iii,iv; 2B). The parameter space comprised possible sigma values that could be estimated 853 by the participant. The parameter space of sigma was bound between 1 and 140 degrees to 854 allow a broad range of sigma values considering the circle shape. 855 856 Following Bayes' rule, a belief is updated by multiplication of a prior belief and a likelihood 857 distribution resulting in a posterior belief, i.e. belief update (Figure 2B). Before the very first 858 observation, participants' belief in sigma, $\hat{\sigma}$, was assumed to be uniformly distributed across 859 parameter space, i.e. possible sigma values in parameter space were predicted to occur with 860 equal probability: 861 862 $p(\hat{\sigma}) = U(1, 140).$ 863 (5)864 A likelihood function was then calculated that described the probability of the observation x 865 given each possible sigma value: 866 $p(\mathbf{x} \mid \widehat{\boldsymbol{\sigma}}) = \mathbf{N} (\mathbf{x} \mid \boldsymbol{\mu} = 0, \widehat{\boldsymbol{\sigma}}).$ 867 868 (6)869 With Bayes rule, we derived a trial-by-trial posterior distribution that was proportional to the 870 multiplication of a prior distribution and likelihood: 871 $p(\widehat{\sigma} \mid \mathbf{x}) \propto p(\mathbf{x} \mid \widehat{\sigma}) p(\widehat{\sigma})$ 872 (7)873 where, 874 a. $p(\hat{\sigma})$ is the prior distribution. 875 b. $p(x \mid \hat{\sigma})$ is the likelihood function. 876 c. $p(\hat{\sigma}|x)$, is the posterior pdf across parameter space. The posterior pdf is the updated 877 belief across sigma space and is used as prior for the next trial of the same predictor. 878 Each posterior was normalised to ensure that probabilities across all sigma values added up to 879 one: $p(\widehat{\sigma} \mid \mathbf{x}) = \frac{p(\widehat{\sigma} \mid \mathbf{x})}{\sum p(\widehat{\sigma} \mid \mathbf{x})}$ 880 (8) 881 882 Model parameters 883 884 We used features of an option's prior distribution on every trial to approximate participants'

885 estimates of the accuracy of the predictor and their uncertainty in those accuracy estimates.

The mode (peak of distribution) of the prior pdf was used to define "accuracy", while a 95%

887 interval around the mode was used to define "uncertainty". Note that both variables depended

on choices made by participants, because feedback was only provided for the chosen

889 890	predictor and hence only beliefs for the chosen predictor could be updated. On trial i, variables of interest were defined as follows (Figure 2A-iv):
891	
892	$\operatorname{accuracy} = \max \left[p(\sigma) \right] * (-1) $
893 894 895 896 897 898 899	(10) Note that a higher max[p ($\hat{\sigma}$)] of the pdf indicated bigger deviations of the target from the reference point. To derive an accuracy estimate that can be interpreted intuitively, the sign of max[p($\hat{\sigma}$)] is reversed (multiplication with (-1)) so that positive values can be interpreted as higher accuracy. The accuracy estimate represents a point-estimate of a subject's belief distribution in sigma-hat ($\hat{\sigma}$). This means it represents the subject's belief in the sigma value associated with the predictors' distribution.
900	
901 902 903 904 905	To derive a trial-wise uncertainty estimate from the distribution, we identified a percentage (2.5%) of the lower and upper tail of the prior pdf, representing the distribution around the believed sigma value $(\hat{\sigma})$. We extracted the estimated sigma value $\hat{\sigma}_{high}$ and $\hat{\sigma}_{low}$ at each of the two positions. The difference of both sigma values constituted the estimated "uncertainty" variable:
906	
907	$\widehat{\sigma}_{\text{high}} \leftarrow \text{cumulative } (p(\widehat{\sigma})) = 97.5\%$
908	$\widehat{\sigma}_{low} \leftarrow cumulative (p(\widehat{\sigma})) = 2.5\%$
909	uncertainty = $\widehat{\sigma}_{high}$ - $\widehat{\sigma}_{low}$
910	(11)
911	From now onwards, the terms of accuracy and uncertainty refer to the model-derived
912	estimates defined in equations (10) and (11) respectively.
915 914	Alternative computational models
915	
916	We used a Bayesian model with uniform priors at the start of each block for all four
917	predictors assuming participants do not have prior knowledge about the underlying
018	distributions associated with predictors. We refer to this model as 'the original model'
910 010	because it is the model used elsewhere in this study. We compared the original model to two
919	because it is the model used elsewhere in this study. We compared the original model to two
920	alternative computational models: a Bayesian model with informative priors (Extended Data
921	Figure 1) and a reinforcement learning (RL) model which tracks the payoff history of each
922	predictor (Extended Data Figure 2). We explain in detail the rationale behind each
923	computational model, their construction and the results in the Supplementary Information
924	(Section 2: Alternative computational models). The results demonstrate that a Bayesian
925	model using uniform priors had a better model fit compared to a Bayesian model with
926	informative priors or an RL model. However, a combination of the original Bayesian model
927	with uniform priors and value-based variables derived from an RL model showed the best
928	model fit to choice behaviour. In conclusion, RL value terms complement the Bayesian
929	model but do not substitute for the Bayesian model terms as an explanation of behaviour;
030	participants' beliefs in the accuracy and uncertainty of a predictor explained additional
230	participants benefits in the accuracy and uncertainty of a predictor explained additional
931	variance in choice behaviour above and beyond that explained by their choice value
931 932	variance in choice behaviour above and beyond that explained by their choice value estimates. These analyses were conducted in response to the reviewers' comments
931 932 933	variance in choice behaviour above and beyond that explained by their choice value estimates. These analyses were conducted in response to the reviewers' comments.
931 932 933 934	variance in choice behaviour above and beyond that explained by their choice value estimates. These analyses were conducted in response to the reviewers' comments.

936

- 937 We applied a set of general linear models (GLM) to the behavioural data. All GLM analyses
- 938 were applied to both versions (social and non-social) of the experiment separately. The
- 939 resulting beta weights for each subject were first averaged across versions and then across
- 940 participants. We used two-tailed statistical tests for all analyses. Additionally, we report
- 941 effect size as Cohen's d (d) for t-tests and eta squared (η^2) for ANOVAs, a 95% confidence
- 942 interval and Bayes factors for non-significant results.
- 943
- 944 Decision Phase
- 945

We analysed the trial-wise impact of Bayesian-derived estimates of accuracy, uncertainty, and their modulations across time in a block on choice behaviour. Our first analysis aimed to show that the belief in the accuracy of a predictor ("accuracy") and the uncertainty in that belief ("uncertainty") influenced choice behaviour. Moreover, we focused on how these effects changed with the percentage of remaining trials in a block (referred to as block time), suggesting a transition between exploration and exploitation as time within a block pass. We used a logistic general linear model (GLM) to investigate these effects across all trials on

- 953 choice behaviour (Choice GLM1). For all GLM analyses, regressors were normalised across
- all trials (mean of 0 and standard deviation of 1). The first GLM comprised the followingregressors.
- 956
- 957 <u>Choice GLM1 (Figure 3A)</u>
- 958 accuracy difference (left right),
- 959 uncertainty difference (left right),
- 960 block time,
- 961 accuracy difference (left right) x block time,
- 962 uncertainty difference (left right) x block time.
- 963

964 The dependent variable was whether or not participants made a leftward choice on the current 965 trial. Accordingly, for each regressor (except block time), we calculated the difference in the 966 variable for the left and right option. To calculate the interaction term, we multiplied the 967 normalised uncertainty and accuracy variables with the normalised block time variable and 968 then normalised this interaction term again. Note that we use the accuracy and uncertainty

- 969 regressors as defined in the "Bayesian model" section.
- 970

971 To further examine how the influence of uncertainty and accuracy on choice changed over

- time in a block, we binned trials within a given time horizon into first and second halves
- 973 (Figure 3B-i). We fitted a logistic GLM on each half with uncertainty and accuracy as
- regressors, irrespective of the overall time horizon length of the block. Although we
- 975 normalise regressors here within blocks, results replicate when regressors are normalised976 across blocks.
- 977
- 978 <u>Time GLM 1 (Figure 3B-i):</u>
- 979 accuracy difference (left right)
- 980 uncertainty difference (left right)
- 981
- Next, we predicted an effect of time horizon (Figure 3B-ii) on the first trials of a block. We
- fitted a robust linear GLM on the first 15 trials (a multiple of all horizons, which were 15, 30
- and 45) with accuracy and uncertainty as regressors to investigate whether a variable's effect
- 985 covaried with the amount of remaining trials.

986	
987	Time GLM 2, for the first 15 trials within horizons (Figure 3B-ii):
988	accuracy difference (left – right)
989	uncertainty difference (left – right)
990	
991	We used a linear robust regression to better estimate effects given the small amount of trials
992	included in the analysis. The first 15 trials were identical across horizons in terms of their
993	predictor order and statistical properties (apart from the specific choice sequence taken by
994	participants). All significant results reported in Figure 3B-ii remained significant when
995	basing the statistical tests on the t-stats of the effect sizes obtained from a logistic regression
996	(reported interaction effect: 3x2 repeated measures ANOVA with horizon (long, medium,
997	short) and variable (accuracy, uncertainty); horizon x variable interaction: F(2,46)=27.6,
998	$p<0.001$, $\eta^2=0.965$, 95% confidence interval [0.052 1.13], assumption of sphericity is met
999	with Mauchly's test: $x^{2}(2)=0.26$, p=0.88; reported main effects: positive uncertainty during
1000	long horizon: t(23)=4.7, p<0.001, d=0.96, 95% confidence interval=[0.51 1.3]; medium
1001	horizon: t(23)=2.6, p=0.017,d=0.5,95% confidence interval=[0.1 1]).
1002	
1003	Confidence phase
1004	
1005	We analysed the effect of accuracy and uncertainty on confidence judgments reported at the
1006	second phase of a trial (Figure 1A). Confidence judgments were indicated by modifying the
1007	interval size around the chosen predictor with a smaller interval representing higher
1008	confidence. To make this measure intuitive, we sign-reversed their relationship such that a
1009	higher confidence index represents greater confidence in the chosen predictor. We analysed
1010	the trial-by-trial confidence judgements by applying the following linear GLM:
1011	
1012	Confidence GLM1 (Figure 3C):
1013	chosen accuracy,
1014	chosen uncertainty.
1015	-
1016	Exploration, exploitation and transitional trials
1017	
1018	We subdivided trials into exploration and exploitation trials to compare neural signals
1019	between both behavioural modes. For each subject, we categorized trials based on the
1020	predictor selections during the decision phase (Extended Data Figure 3). On each trial, we
1021	calculated the difference between chosen and unchosen accuracy and chosen and unchosen
1022	(abosen predictor had higher accuracy then unchosen ones) and positive "uncertainty
1025	(chosen predictor had higher accuracy than unchosen ones) and negative uncertainty prediction differences?" (the chosen predictor was the predictor participants were more certain
1024	about) Vice verse, exploration trials were defined by a negative accuracy prediction
1025	difference and positive uncertainty prediction differences (the more uncertain predictor is
1020	nicked even though it has yielded less accurate results in the past). Trials with both positive
1027	accuracy prediction difference and uncertainty prediction difference (i.e. that were both
1020	accuracy and uncertainty guided) were allocated to either the exploitative or the exploratory
1030	bin depending on the relative predominance of the accuracy prediction difference or the
1031	uncertainty prediction difference. For example, if the chosen predictor and the unchosen
1032	predictor differed more in the uncertainty of their predictions as opposed to the accuracy of
1033	their predictions (the chosen predictor was more uncertain than the unchosen predictor and
1034	the chosen predictor was, to a smaller degree, more accurate in its predictions than the
1035	unchosen predictor) then the predictor selection on that trial was labelled as exploratory.

1036 Finally, trials with differences between both accuracy and uncertainty close to zero (absolute 1037 difference of 5) were assigned to both categories. We elaborate on the robustness of the 1038 current classification and compare it to those used in previous studies in the Supplementary 1039 information (Supplementary Figure 8). 1040 Furthermore, we defined a new subset of trials to understand the transition from positive 1041 uncertainty prediction difference signals (exploration) to a negative uncertainty prediction 1042 difference signal (exploitation) in vmPFC. Because predictor selections are not driven by 1043 uncertainty alone, we tested whether accuracy prediction difference signals were particularly 1044 prominent in a transitional phase between exploration and exploitation in vmPFC. We 1045 defined a threshold in a range of accuracy prediction difference values between [5 20] that 1046 classified trials into the transition period. We chose this subset such that it would comprise 1047 trials that are close in accuracy values for both options and at the same time predictor 1048 selection would still be guided rationally by accuracy. Moreover, this window resulted in a 1049 sufficiently large sample for analysis (approximately 20% of the trials in the range of positive 1050 accuracy prediction difference). The threshold is arbitrary and slightly smaller or greater 1051 ranges (compromising positive values) did not alter the results. To show that the transition 1052 period was characterized by learning about predictors, and that periods outside this transition 1053 were defined by the processing of either positive uncertainty or negative uncertainty, we 1054 defined two separate subsets of trials (Supplementary Figure 9A). One subset included 1055 extreme positive accuracy-driven trials [accuracy values > 20] (Supplementary Figure 9A-ii), 1056 while a second subset contained extreme negative accuracy-driven [accuracy values < -5] 1057 trials (Supplementary Figure 9A-i).

1058

1059

1060 FMRI data acquisition and data processing

1061 Imaging data were acquired with a Siemens Prisma 3T MRI using a multiband T2*-weighted 1062 echo planar imaging sequence with acceleration factor of two and a 32-channel head-coil. 1063 Slices were acquired with an oblique angle of 30 ° to the PC-AC line to reduce signal dropout 1064 in frontal pole. Other acquisition parameters included 2.4x2.4x2.4 mm voxel size, TE = 20

1065 ms, TR = 1030 ms, 60° flip angle, a 240 mm field of view and 60 slices per volume. For each

1066 session, a fieldmap (2.4x2.4x2.4mm) was acquired to reduce spatial distortions. Bias

1067 correction was applied directly to the scan. A structural scan was obtained with slice

1068 thickness = 1 mm; TR = 1900 ms, TE = 3.97 ms and 1x1x1 mm voxel size.

Imaging data was analysed using FMRIB's Software Library (FSL)⁴⁶. Preprocessing stages
 included motion correction, correction for spatial distortion by applying the fieldmap, brain
 extraction, high-pass filtering and spatial smoothing using full-width half maximum of 5mm.
 Images were co-registered to an individuals' high-resolution structural image and then
 parliagently mainteend to the MNU term late using 12 decrease of feederm⁴⁷.

nonlinearly registered to the MNI template using 12 degrees of freedom⁴⁷.

1075 FMRI Data analysis

1076

1077 MRI whole-brain analyses

1078

We used FSL FEAT for first-level analysis⁴⁶. First, data was pre-whitened with FSL FILM to
account for temporal autocorrelations. Temporal derivatives were included into the model.
We used two GLMs to analyse fMRI data across the whole brain. FMRI-GLM1 was applied
to all trials and fMRI-GLM2 was fitted separately to trials that had been identified as

exploration and exploitation trials. Results were calculated using FSL's FLAME 1 with a

- 1084 cluster-correction threshold of z>2.3 and p<0.05, two-tailed. To analyse BOLD changes
- 1085 associated with the processing of uncertainty and accuracy across participants, a second-level
- analysis was applied in a two-step approach: data was first average across both versions
- 1087 within subject (fixed-effect analysis) and then sessions were analysed across participants
- 1088 (FLAME1). We included all three phases of a trial (decision, confidence and outcome) into
- 1089 the fMRI-GLM. Each phase included a constant regressor, which was the onset of each phase
- 1090 as well as parametric regressors that were modelled as stick functions (i.e. duration of zero)
- 1091 time-locked to the relevant phase onset.
- 1092
- The decision phase began at the time the predictor appeared and lasted until a selection was
 made by the participant (Figure 1A). The decision phase was modelled as a constant and was
 accompanied by the following parametric regressors:
- 1096
- 1097 <u>fMRI-GLM 1, decision phase:</u>
- 1098 chosen uncertainty,
- 1099 unchosen uncertainty,
- 1100 chosen accuracy,
- 1101 unchosen accuracy,
- 1102
- 1103 All regressors were normalised before inclusion into the analysis. We calculated the
- 1104 difference between chosen and unchosen predictors for both accuracy and uncertainty to
- 1105 derive prediction differences. To derive a "domain general prediction difference", we
- 1106 calculated the mean across absolute uncertainty and accuracy prediction differences: ((chosen
- 1107 unchosen uncertainty) + (chosen unchosen accuracy)) (Supplementary Figure 3A) and
- 1108 calculated a conjunction between both cluster-corrected maps of accuracy and uncertainty
- 1109 prediction differences with a cluster-correction of z>2.3 and p<0.05 (Supplementary Figure
- 1110 3B). For the conjunction analysis, we used the provided FSL script 'easythresh_conj' with z>2.3 and p<0.05.
- 1112
- 1113 The confidence phase was defined from the onset of circle and interval presentation (Figure
- 1114 1A) until a decision about the interval size was made. It included a constant and the following
- 1115 parametric regressors:
- 1116
- 1117 <u>fMRI-GLM 1, confidence phase:</u>
- 1118 chosen uncertainty,
- 1119 chosen accuracy,
- 1120 block time,
- 1121 chosen uncertainty x block time,
- 1122 chosen accuracy x block time.
- 1123
- All regressors were normalized before, and, where relevant, after building the interaction
- 1125 term (chosen accuracy/ uncertainty x block time). We only included the chosen predictor, as
- 1126 participants evaluated their uncertainty and accuracy estimates according to the predictor they
- 1127 selected during the decision phase.
- 1128
- 1129 The outcome phase was defined by the onset of the target and payoff presentation and lasted
- 1130 for a fixed duration of three seconds. In addition to the constant regressor, we included the 1131 following parametric regressors:
- 1132
- 1133 <u>fMRI-GLM 1, outcome phase:</u>

1134 chosen accuracy, 1135 chosen uncertainty, 1136 payoff (as defined in equation 3). 1137 1138 In the second fMRI-GLM2, trials were binned into exploratory and exploitative trials as 1139 described above. For this purpose, we included decision, confidence and outcome phases for 1140 exploratory and exploitative trials separately. This meant that, in total, there were six phases 1141 within the fMRI-GLM2. We included the same set of regressors in the exploratory and 1142 exploitative phases. The constants for each phase was modelled as in the previous GLM, but 1143 we used separate constants for exploration and exploitation phases. 1144 1145 fMRI-GLM 2, decision phase (for explore and exploit separately): 1146 uncertainty prediction difference (i.e., chosen – unchosen) 1147 accuracy prediction difference (i.e., chosen – unchosen) 1148 fMRI-GLM 2, confidence phase (for explore and exploit separately): 1149 chosen accuracy 1150 chosen uncertainty 1151 fMRI-GLM 2, outcome phase (for explore and exploit separately): 1152 chosen accuracy 1153 chosen uncertainty 1154 payoff. 1155 1156 To test whether the uncertainty prediction difference significantly differed between 1157 exploration and exploitation, we built a contrast comparing uncertainty prediction differences 1158 between exploration and exploitation (Figure 5C). 1159 1160 In addition, fMRI-GLM1 contained one regressor time-locked to all button presses, modelled as a stick function. For fMRI-GLM2, two regressors were time-locked to the button presses: 1161 1162 one relating to the exploration phase and the other related to the exploitation phase. 1163 1164 Region of Interest (ROI) analyses 1165 1166 We calculated ROIs with a radius of three voxels that were centred on the peak voxel of 1167 significant clusters derived from whole brain fMRI-GLM1 and fMRI-GLM2. The selected 1168 ROI was transformed from MNI space to subject space and the pre-processed BOLD time 1169 courses were extracted for each participant's session. Time courses were averaged across 1170 volumes, then normalized and oversampled by a factor of 20 for visualisation. Time courses 1171 were time-locked to the onsets of each phase consistent with timings used in whole-brain 1172 fMRI-GLMs (decision, confidence or outcome). Then, a GLM was applied to each timepoint 1173 to derive beta weights per time point for each regressor. For analyses across versions, we 1174 used the same principle as applied to the whole-brain fMRI-GLMs and our behavioural 1175 analyses: first, we averaged the time course within a subject across both social and non-social 1176 versions, then we averaged across participants. For all ROI analyses, regressors were 1177 normalized (mean of zero and standard deviation of one). 1178 1179 To illustrate positive and negative uncertainty in exploration and exploitation phases, 1180 respectively, we included the following regressors: 1181

1182 <u>ROI-GLM 1, decision phase (for explore and exploit separately)</u>, Figure 4C:

1183 chosen uncertainty,

- 1184 unchosen uncertainty,
- 1185 chosen accuracy,
- 1186 unchosen accuracy.
- 1187
- Effects of ROI-GLM1 were extracted from the whole-brain cluster corrected accuracyprediction difference effect in vmPFC to allow for an unbiased test.
- 1190
- 1191 Next, we tested whether the uncertainty effect changed when repeating the same predictor as
- 1192 on the last encounter. We used a ROI analysis to test for a main effect of repetition and
- 1193 interaction effect between repetition and chosen uncertainty. We used ROI-GLM1 and
- additionally included the following regressors:
- 1195
- 1196 ROI-GLM 2, decision phase (across all trials), Figure 6:
- additional regressors to ROI-GLM1:
- 1198 repetition (1= repetition of the same predictor as during last encounter with same predictor;
- 1199 0=no repetition of the same predictor)
- 1200 repetition x chosen uncertainty,
- 1201 repetition x chosen accuracy.1202
- 1203 Then, we split trials into repetition and no-repetition categories to investigate the simple
- 1204 effect of chosen uncertainty per category (ROI-GLM3). We used ROI-GLM1, but now
- 1205 applied separately to repetition and no-repetition trials (Figure 6). For both ROI-GLM2 and
- 3, we used an unbiased ROI extracted from the whole-brain cluster corrected accuracyprediction difference effect across all trials in vmPFC.
- 1208
- 1209 Next, we applied a ROI analysis to show activation for accuracy prediction difference during 1210 the transitional phase (Figure 7) in vmPFC, using fMRI-GLM2. We were interested whether 1211 the accuracy prediction difference effect occurred in the transition between the previously 1212 observed positive and then negative uncertainty prediction differences. Because we 1213 hypothesized that the accuracy prediction difference effect would occur in the same ROI as 1214 the uncertainty prediction difference effects, we used an independent ROI based on the 1215 cluster-corrected accuracy prediction difference effect across all trials (fMRI-GLM 1). The 1216 same ROI and GLM was used to test extreme positive and negative accuracy-driven trials (Supplementary Figure 9B).
- 1217 (1218
- 1210
 1219 <u>ROI-GLM 4, decision phase (transition trials and extreme positive and negative accuracy</u>
 1220 trials), Figure 7B; Supplementary Figure 9B:
- 1221 see fMRI-GLM2.
- 1222
- 1223 *Leave-one-out procedure*
- 1224

A leave-one-out procedure was used to test the unbiased significance of the time courses extracted from ROI-GLM2,3. For every participant (n = 24), we extracted the average time course based on the 23 remaining participants. We identified the peak of the group time course in a time window between 4-8 seconds and then extracted the beta value for the excluded subject at the time of the group peak. This procedure was repeated for all participants which resulted in individual peak values that were independent from the subject to be analysed. The extracted peak values were tested with a one-sample t-test against zero.

1233 Correlations between neural and behavioural beta weights

- 1235 To calculate the correlation between the time course of neural activations and behavioural
- 1236 beta values, we used neural beta weights extracted from the group peak. We calculated a
- 1237 partial correlation between the vmPFC accuracy prediction difference effect during the
- 1238 transition phase and the behavioural interaction term of uncertainty x block time (Figure 7C),
- 1239 controlling for all other behavioural variables (main effects of accuracy, uncertainty, block
- 1240 time (in percentage) and the interaction between block time and accuracy, see behavioural
- 1241 GLM1). A second partial correlation additionally included the number of individual
- 1242 transition trials.
- 1243
- 1244
- 1245

1246 Data availability

- 1247
- 1248 We have deposited all choice raw data used for the analyses in an OSF repository. The
- 1249 accession code is: https://osf.io/d5qzw/?view_only=037ea3b875914623a06999cef97ac57f.
- 1250 We have deposited unthresholded fMRI maps of all contrasts depicted in the manuscript on
- 1251 Neurovolt. The accession code is: <u>https://identifiers.org/neurovault.collection:8073</u>.
- 1252 The source data underlying Figure 3,6,7 and Extended Data Figure 1,2,3,5 are provided as a 1253 Source Data file.
- 1254
- 1255

1256 Code availability

1257

- 1258 The above OSF repository includes the full Bayesian modelling pipeline. Relevant
- 1259 behavioural and neural regressors were derived from this pipeline. We also provide the code
- 1260 for behavioural GLMs shown in Figure 3. Please follow the README file inside the
- 1261 repository for details of its use:
- 1262 <u>https://osf.io/d5qzw/?view_only=037ea3b875914623a06999cef97ac57f</u>.

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1382 Author contributions

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NT, MKW and MFSR conceived and designed the experiment, NT, JS and MKW
constructed the Bayesian model, NT conducted the experiment, NT, EF, LT, MKW and
MFSR conceived behavioural analyses, NT, MCKF, MKW and MFSR conceived neural
analyses, NT conducted data analyses, NT, MKW and MFSR wrote the manuscript, all
authors provided expertise and feedback on the write-up, MKW and MFSR supervised the
research project.

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1392 Competing interest

1393

1394 The authors declare no financial or non-financial competing interests.

1397 Figure legends

13981399 Figure 1. Experimental Task and Design.

1400 (A) Trial timeline. In each trial, participants made two choices. First, a binary choice between 1401 two predictors (coloured boxes; decision phase) to receive information about a target's 1402 location on a circle. The goal was to choose predictors that accurately predicted the target 1403 location. The length of a black bar at the bottom of the screen informed participants about the 1404 number of remaining trials in the current block. Second, participants indicated their belief in 1405 the accuracy of the chosen predictor by modifying the size (dotted lines) of an interval 1406 symmetrical around the reference point (confidence phase). In the outcome phase, the target 1407 location (star) and any points earned were indicated. Two possible example outcomes are 1408 illustrated. In the above case, the participant's prediction was incorrect as the target fell 1409 outside the interval, resulting in a null payoff. In the bottom case, the target fell within the 1410 interval, resulting in a positive payoff. Positive payoffs increase with narrower intervals as 1411 long as the target falls within the interval. (B) Design. (B-i) Participants transitioned through 1412 blocks of different numbers of trials (time horizons). (B-ii) Each time horizon introduced four 1413 new predictors (illustrated as boxes) that were categorised into two good (green and yellow 1414 boxes) and two bad predictors (orange and blue boxes) according to how well they predicted 1415 the target. The quality of predictions was determined by the angular error between target and 1416 reference location with a smaller angular error representing better target predictions.

1417

1418 Figure 2. Task statistics, Bayesian model, and choice hypotheses.

1419 (A) Panels depict the mapping between observations during the task (i), their statistical 1420 properties (ii), and subjective beliefs about these properties derived with Bayes' rule (iii;iv). 1421 (A-i) A predictor's performance can be evaluated by the angular error at each trial (left 1422 panel), and by comparing angular errors between predictors across observations (right panel). 1423 Better predictors have on average smaller angular errors (green is better than orange). (A-ii) 1424 Predictors' angular errors were derived from normal distributions centred on the true target 1425 location. Critically, the normal distributions for good and bad predictors differed in their 1426 standard deviation (sigma): smaller sigma's reflected smaller angular errors, i.e. more 1427 accurate predictions of the true target location. Learning about a predictor's angular error 1428 across time corresponded to forming beliefs about a predictor's sigma value. (A-iii) To 1429 capture this learning process, we used Bayesian modelling and derived trial-wise belief 1430 distributions over sigma for each predictor. In other words, we estimated a probability density 1431 function that expressed the belief strength in each possible sigma over a large range of 1432 sigmas, and that was updated with each new observation via Bayes' rule. The coloured 1433 vertical lines indicate the true underlying sigmas of the predictors and the black distributions 1434 reflect the Bayesian approximation after extensive training. (A-iv) We captured two 1435 separable estimates about participants' beliefs concerning predictors: an estimate of the 1436 accuracy of a predictor (the mode of the distribution indicated by the position of the vertical 1437 line on the abscissa) and the uncertainty in that belief (width of the belief distribution). (B) In 1438 all panels, light to dark orange represents earlier and later trials, respectively, in a block. Left: 1439 Prior beliefs are updated after observing the angular error in the trial's outcome phase, 1440 resulting in a posterior belief. The posterior belief forms the prior for the next encounter with 1441 the same predictor. Right: Belief distribution when selecting the same predictor multiple 1442 times. Across time, the belief distribution will converge towards the true value of sigma 1443 (here, true sigma is 50). (C) Experimental hypotheses. Note that panels depict an illustration 1444 of hypothesized effect sizes of accuracy and uncertainty on choice akin to logistic GLM 1445 analyses of choice. (C-i) Participants' patterns of explore/exploit choices should 1446 systematically change over the course of the blocks. At the beginning of a block (light orange

- area), participants should pursue the more uncertain predictor, that is choices should be
- 1448 driven by a positive uncertainty effect, but this tendency should reverse over time. Accurate
- 1449 predictors should be sought out throughout (positive accuracy effect), but particularly
- towards the end of the block (dark orange area) when the value of exploration diminishes.
- 1451 (C-ii) At the time of initial choices (indicated by black boxes in inset), the value of
- 1452 exploration should be modulated by the time horizon and choices towards uncertain
- 1453 predictors should systematically increase if there are more trials remaining in which to
- 1454 exploit the knowledge gained, i.e. in longer horizons (vice versa for accuracy-driven1455 choices).
- 1456

Figure 3. Dissociable effects of accuracy and uncertainty on predictor selections and subjective confidence judgments.

1459 (A) Decision phase. By using logistic GLM analyses we predict leftward predictor selection 1460 as a function of several variables (coded as left minus right). In general, participants preferred 1461 accurate predictors (accuracy: t(23)=7.5, p<0.001, d=1.52,95% confidence interval=[0.8 1462 1.45]). There was no credible evidence for an uncertainty effect on behaviour (t(23)=-1.9, p=1463 0.07, d=-0.39,95% confidence interval=[-0.51 0.018], Bayes factor₁₀=1.05, % error=1.1017e-1464 4). However, uncertainty and accuracy exerted different effects depending on when choices 1465 were made: uncertain predictors were explored when many trials remained (positive 1466 interaction term with percentage of remaining trials, i.e. block time; t(23)=5.8, p<0.001, 1467 d=1.18,95% confidence interval=[0.53 1.1]), whereas decisions were accuracy-driven as the 1468 end of a block approached (negative interaction effect with block time; t(23)=7.5, p<0.001, 1469 d=-1.53,95% confidence interval=[-0.91 -0.52]). (B) Decision phase. (B-i) Trials were 1470 binned into first and second halves of each block (independent of time horizon length) to 1471 examine the interaction effects shown in panel A. Earlier choices (i.e. first half) were more 1472 uncertainty-driven compared to later (i.e. second half) choices when uncertainty was avoided 1473 (paired-test early vs late: t(23) = -8.1, p<0.001, d=1.66, 95% confidence interval=[1.06 1.8]). 1474 In contrast, accuracy determined choices throughout both early and late block halves, but 1475 increasingly so in the second half (paired t-test early vs late: t(23) = -4.2, p<0.001, d=-1476 0.85,95% confidence interval=[-1.63 -0.55]). Both accuracy and uncertainty changed 1477 differently across block halves (paired t-test between differences of block halves for accuracy 1478 and uncertainty: t(23) = -8.1, p<0.001, d=-1.7, 95% confidence interval =[-2.27 - 1.02]). (**B-ii**) 1479 Accuracy and uncertainty effects on choice also varied as a function of how many trials still 1480 remained within a block: differences in the initial choice patterns (first 15 trials; see inset) 1481 across horizons showed that the exploration of uncertain predictors was more pronounced 1482 when horizons were longer while shorter horizons demanded more rapid exploitation of predictors estimated as most accurate (3x2 ANOVA: F(2,46)=36.7, p<0.001, $\eta^2=0.62$). (C) 1483 1484 Confidence phase. Trial-by-trial confidence judgments increased (i.e. the confidence interval 1485 size decreased) when selecting predictors that were believed to be accurate (t(23)=11.7,1486 p<0.001, d=2.4, 95% confidence interval=[0.66 0.98]) but decreased when predictors were 1487 believed to be uncertain according to the Bayesian model (t(23)=-10.4, p<0.001, d=-1488 2.12,95% confidence interval=[-1.1 -0.73]. Note that we used the inverse of the confidence 1489 interval such that a greater confidence index also represents higher confidence. (n = 24; error)1490 bars are SEM across participants). 1491

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Figure 4. Modulation of uncertainty prediction difference in vmPFC according to behavioural mode.

1497 (A) Across all trials, a negative uncertainty (i) and positive accuracy (ii) prediction 1498 differences covaried with activation in vmPFC. (B) We found a polarity change in the impact 1499 uncertainty exerted on predictor selection at a behavioural level; initial trials in longer 1500 horizons were more likely to be explorative and directed towards more uncertain predictors 1501 while behaviour in later trials was more exploitative and directed away from uncertain 1502 predictors, in other words they selected certain predictors (see labels on y-axis). We tested for 1503 a neural uncertainty polarity change in vmPFC comparing behavioural modes of exploration 1504 and exploitation, respectively, representing a positive and then negative uncertainty 1505 prediction difference. (C) Time courses extracted from vmPFC for both chosen and unchosen 1506 components of an uncertainty prediction difference signal during exploration (i) and 1507 exploitation (ii). VmPFC BOLD activity changed in accordance with the behavioural results; 1508 it transitioned from activity positively related to uncertainty prediction difference (positively 1509 encoding the uncertainty of the chosen predictor as opposed to the unchosen predictor) during 1510 initial choices to activity negatively related to uncertainty prediction difference (negatively 1511 encoding the uncertainty of the chosen predictor as opposed to the unchosen predictor) in 1512 later trials. All effects were time-locked to the decision phase. (n = 24; error bars are SEM1513 across participants; whole-brain effects family-wise error cluster corrected with z > 2.3 and p 1514 < 0.05). (D) The relationship between accuracy and uncertainty prediction differences used 1515 for all neural analyses across all trials (left) exploration trials (centre), and exploitation trials 1516 (right). Average correlations between accuracy and uncertainty prediction differences across 1517 all participants are reported at the bottom of each panel, while panels show variables across 1518 time taken from a representative participant for each analysis. Accuracy and uncertainty 1519 prediction differences are similarly decorrelated in all other analyses (for details on 1520 correlation, see Supplementary Figure 1, 2).

1520 1521

1522 Figure 5. Whole brain maps for uncertainty prediction difference during exploration1523 and exploitation.

1524 Illustrations above whole-brain images clarify the polarity (positive or negative) of the 1525 uncertainty prediction difference signal represented in vmPFC (indicated by the black circle) 1526 during exploitation, exploration and their contrast. (A) During exploitation, activity related to 1527 an uncertainty prediction difference was restricted to a region centred on vmPFC and was 1528 represented with a negative polarity (see inset). (B) However, during exploration uncertainty 1529 prediction difference was represented with a positive polarity and associated with an 1530 extended network including vmPFC but also dorsomedial frontal areas peaking in dorsal 1531 anterior cingulate cortex (dACC) (see also Supplementary Figure 6). (C) Difference in 1532 uncertainty prediction difference between exploration and exploitation. Contrasting 1533 activations between the behavioural modes of exploration and exploitation confirmed the 1534 presence of mode-specific (e.g. dACC) and mode-general (e.g. vmPFC) activations. Note that 1535 the sign of activation patterns resulting from a contrast between exploration and exploitation 1536 need to be interpreted with reference to the levels of activity found in the exploration and 1537 exploitation phases with respect to baseline (see illustration above each whole-brain map) (n 1538 = 24; whole-brain effects family-wise error cluster corrected with z > 2.3 and p < 0.05).

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- 1543

Figure 6. Interaction of repetition and uncertainty representation in vmPFC. (A) The percentage of choice repetitions during exploitation was significantly higher than during exploration (paired t-test explore vs exploit: t(23)=-16.2, p <0.001, d= -3.3.95% confidence

interval = [-0.36 - 0.28]). Also note that within the two phases, this indicates a relative

- 1547 Interval [-0.30-0.20]). Also note that within the two phases, this indicates a relative
 predominance of repetitions versus no repetitions in exploitation, but a relative predominance
- 1549 of no repetition choices versus repetitions in exploration. (**B**) VmPFC activity increased when
- 1550 participants repeated the same predictor selection as they had made on the last encounter with
- the predictor (grey time course; repetition is coded as "repeat no repeat"; t(23) = 4, p <0.001, d= 0.8.95% confidence interval=[0.017 0.06]). Moreover, we found a significant
- <0.001, d= 0.8,95% confidence interval=[0.017 0.06]). Moreover, we found a significant interaction effect of repetition x chosen uncertainty (red time course; t(23) = -3.4, p = 0.002,
- d = -0.7,95% confidence interval=[-0.07 -0.02]). The interaction effect is illustrated in the
- 1555 right panel by decomposing it into the binned effects of chosen uncertainty during
- 1556 "repetition" and "no repetition" trials at the time of the interaction effect time course peak.
- This indicates that the increase in BOLD response accompanying choice repetition was even stronger if participants were very certain about their choice (i.e. negative uncertainty during repetition; green bar in right panel); whereas in case of switching choices, the BOLD signal
- increased as a function of chosen uncertainty (i.e. positive uncertainty; blue bar in right panel). Note that the statistical test comparing the blue and green bars was performed in the leftward panel of B by testing the interaction effect against zero (n = 24; error bars are SEM
- 1563 across participants).
- 1564

1565 Figure 7. Accuracy processing mediates uncertainty polarity change from exploration to1566 exploitation.

- 1567 (A)Transition trials (Supplementary Figure 9A) occurred later than exploratory selections and 1568 earlier than exploitative selections (left panel) (explore vs transition: t(23)=6, p<0.001, d=1.2, 1569 95% confidence interval= $[0.056 \ 0.12]$; transition vs exploit: t(23)=-2.8, p=0.01, d=-0.57, 1570 95% confidence interval= [-0.04 -0.006]). We hypothesized activation in vmPFC to be 1571 correlated with positive uncertainty, accuracy and negative uncertainty prediction differences between predictors, but at different times during the experiment (see illustration, right panel). 1572 1573 (B) During transition trials, activation in vmPFC covaried with the difference in the accuracy 1574 between the chosen and unchosen predictor, i.e. accuracy prediction difference (t(23) = 3.5,1575 p=0.002, d=0.71,95% confidence interval=[0.03 0.1]. (C-i) Participants who showed a 1576 stronger vmPFC accuracy prediction difference during the transition period (variability 1577 around time course peak from panel b), also integrated more drastically the uncertainty 1578 between predictors across time into their choice behaviour (uncertainty x block time from 1579 Figure 3A; r = 0.58, p = 0.007, 95% confidence interval=[0.23 0.8]). (ii) For illustration, this 1580 means that participants with stronger accuracy-related vmPFC activation had a stronger 1581 change in integrating uncertainty across time, i.e. a stronger slope in the uncertainty x block 1582 time effect. The illustration depicts two example participants, dark orange indicates a subject 1583 with both a strong vmPFC accuracy activation and pronounced behavioural change in how 1584 uncertainty was used to drive choice behaviour. By contrast, the participant indicated in light 1585 orange shows a weak vmPFC BOLD accuracy effect and only a small change in how 1586 uncertainty was used over time. These findings support the idea that the transition between 1587 positive uncertainty-driven exploration to negative uncertainty-driven exploitation is 1588 mediated by representing the accuracy between predictors. (n = 24; error bars are SEM across1589 participants).
- 1590

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Figure 8. Summary. From exploration to exploitation: polarity of subjective uncertainty in vmPFC changes with behavioural mode.

1595 At the beginning of a block, choices are exploratory and directed towards uncertain

1596 predictors (like a shuffle mode when playing music, left panel). VmPFC and an extended

1597 network centred in dACC represent the difference in uncertainty between the predictors that

1598 might be selected. With time passing, participants learn about the predictors' accuracy

1599 through observing how well they predict an outcome. A participant's belief in the accuracy of 1600 the predictors exerts the predominant influence on vmPFC activity during this transition

1601 phase (middle panel). Towards the end of a block, vmPFC activity represents the difference

1602 in negative uncertainty, in other words the certainty between predictors. In this exploitative

1603 period, choices are repeatedly directed towards certain predictors (like a repeat mode, right

1604 panel). We show that vmPFC carries information about a multiplicity of decision variables,

1605 the strength and polarity of which vary according to their relevance for the current context of

1606 exploration, exploitation or their transition.

1607

A Trial timeline



B Design

i) time horizons:

45 trials 30 trials 15 trials ii) per block:

two bad _____ predictors angular error:





A Relationship between task parameters and Bayesian belief formation



DECISION PHASE

Accuracy, uncertainty and time



CONFIDENCE PHASE

Subjective confidence judgments

С



Β

Α

Time modulations of uncertainty and accuracy



ii) Initial choices per horizon



Α



Polarity change in vmPFC covaries with behavioural mode







Relationship between accuracy and uncertainty prediction differences

A Exploitation: negative uncertainty prediction difference

Exploration: positive uncertainty prediction difference

B

C Exploration - Exploitation:

Α

Repetition trials are mainly present during exploitaiton

B

Chosen uncertainty in vmPFC interacts with predictor repetition

A Timing of transition trials

B

VmPFC activity covaries with accuracy prediction difference during transition

VmPFC activity during transition correlates with behavioural change across time

0

00

C

0

exploration

learning about predictors' positive uncertainty representation during accuracies mediates exploration-exploitation transition

negative uncertainty representation during exploitation

А Prior distributions

Model types: original adaptive model model uniform prior uniform **B1 B1** prior posterior B1 = uniform

B2

prior B2

B2

prior

. . .

Confidence judgment at the start of each block

predictor2

А Replication of Choice GLM when controlling for RL value difference

Correlation: RL value difference and ...

domain general prediction difference * cluster corrected

* sub-threshold

Replication of neural results

RL value difference

i) before residual exclusion

<u>a</u> esid ap

i) example participant block time (%) absolute residuals long 0.5 20 40

ii) after residual exclusion

D GLM on new subset of trials

A

Trial separation

i) Explore vs exploit trials

ii) (3)uncertainty accuracy prediction prediction difference difference 0 iii) Choice example chosen Accuracy Uncertainty unchosen 2 2 < 2

B Manipulation check

explore

Ventral striatum B

80 _Γ en Ce 60 | 4 40 つつ **n** \circ Certa -60 0 decision -80 explore

exploit explore-exploit

exploit explore-exploit

exploit explore-exploit

exploit explore-exploit