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- 1 Self-association of bovine β -case in as influenced by calcium chloride, buffer type and temperature
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11 Abstract

12 The aim of this study was to investigate the aggregation behaviour of a pure β -casein (β -CNpure) and a β -case in concentrate (β -CNconc) as a function of temperature, presence of CaCl₂ and buffer type 13 (pH 6.8). The particle size distribution and turbidity of β -casein (β -CN) solutions were measured by 14 15 dynamic light-scattering (DLS) and UV/vis spectroscopy between 4 and 55 °C. Upon heating (4 to 55 °C), the particle size of both β -CN solutions increased, indicating self-association *via* hydrophobic 16 interactions. It was shown that the self-association of β -CN increased with increasing β -CN 17 concentration and that β -CNpure self-associated at significantly lower concentration than β -CNconc. 18 Both turbidity and particle size measurements showed that β -CN had similar aggregation behaviour in 19 water and imidazole buffer (pH 6.8) but differed in sodium phosphate buffer (pH 6.8), especially at 20 higher ionic calcium concentrations. In addition, Fourier Transform Infrared (FTIR) spectroscopy 21 22 revealed very little change in the secondary structure of β -CN during heating (4 to 55°C). The microstructure of β -CN aggregates was monitored during heating from 10 to 55 °C, followed by 23 cooling to 10 °C, using polarised light microscopy. Spherical and heterogeneous aggregates were 24 observed when heated at temperatures above 37 °C, which were reversible upon cooling. This study 25 confirmed that β -CN undergoes self-associates on heating that reverses upon cooling, with the 26 aggregation process being highly dependent on the purity of β -CN, the solvent type and the presence 27 28 of ionic calcium.

29

- 30 Keywords:
- 31 β -casein; Dairy proteins; Protein aggregation.
- 32
- 33

34 1. Introduction

35 Caseins and whey proteins are the major proteins in mammalian milk. Bovine milk protein comprises \sim 80% casein and \sim 20% whey proteins, whereas the protein in human milk contains \sim 40% casein and 36 ~60% whey proteins. Caseins consist of four different casein molecules: α_{s1} -, α_{s2} -, β - and κ -casein in 37 38 the ratio 4:1:4:1 (Fox & McSweeney, 2003). In human milk, β -casein (β -CN) constitutes 65% of total casein, which is almost twice that of bovine milk (McSweeney, O'Regan, & O'Callaghan, 2013). β-39 40 CN is the major calcium-binding protein in human milk and can efficiently transport inorganic calcium and phosphate to the neonate (Farrell Jr., 1999). Furthermore, it has been reported that β -CN 41 is a precursor for the production of bioactive peptides that have antihypertensive, opioid, or mineral-42 binding properties (Meisel, 1997). Therefore, β -CN-enriched ingredients are much sought after in the 43 formulation of infant nutritional formulae. However, infant formulae enriched with β -CN may have 44 45 different physical and functional properties such as heat stability, viscosity, emulsification, digestion etc. These properties are strongly affected by formulation (e.g., protein profile, protein content, 46 47 mineral content) and processing parameters.

The β -CN molecule is a single polypeptide chain consisting of 209 amino acids with a molecular 48 49 weight of 24 kDa. β-CN is rich in proline and devoid of cysteine residues, hence there are no intra-50 molecular disulphide bonds. β -case in is an amphiphilic phosphoprotein with a highly hydrophobic 51 region at the C-terminus and a highly hydrophilic negatively-charged region towards the N-terminus 52 (Rollema, 1992), making it an excellent emulsifier (Dickinson, Rolfe, & Dalgleish, 1988; Parkinson 53 & Dickinson, 2004). In bovine β -CN, five phosphate groups are present as esters of the amino acid 54 serine, with the phosphoseryl residues located within the hydrophilic domain (Darewicz, Dziuba, Caessens, & Gruppen, 2000; Huppertz et al., 2006); whereas human β -CN occurs in multi-55 56 phosphorylated forms having 0-5 phosphate groups (Greenberg, Groves, & Dower, 1984). The secondary structure of β -case in has been studied, although the exact structure remains elusive. For 57 decades, β -case was assumed to have a random coil structure, with little or no ordered secondary 58 structure under physiological conditions (Andrews et al., 1979; Noelken & Reibstein, 1968). Holt and 59 Sawyer (1993) put forward the 'rheomorphic' hypothesis, which states that casein has no fixed 60 61 structure until aggregates are formed in response to calcium-binding by serine phosphate groups.

62 Some convincing evidence has been presented to suggest that there are reasonable amounts of fixed 63 structure in β -case in, such as α -helices, β -turns and β -sheets, probably due to the high proportion of 64 proline residues (Farrell Jr., Wickham, Unruh, Qi, & Hoagland, 2001; Qi, Wickham, & Farrell, 2004). In aqueous solution, β -case in exists as monomers or aggregates, the size and morphology of which are 65 66 strongly dependent on protein concentration, temperature, calcium content, pH and ionic strength (Dauphas et al., 2005; Moitzi, Portnaya, Glatter, Ramon, & Danino, 2008; O'Connell, Grinberg, & de 67 Kruif, 2003). The critical micellisation concentration (CMC) is defined as the concentration of β -CN 68 above which small aggregates will form. The CMC can vary between 0.05 and 0.2% (w/v) depending 69 on temperature, pH and ionic strength (Portnava et al., 2006). Monomers of β -CN predominate at low 70 temperatures (< 10-15 °C) and self-assemble via hydrophobic interactions above the CMC when 71 temperature increases, thereby forming aggregates with a hydrophobic core and a less dense 72 73 hydrophilic outer laver (Dauphas et al., 2005; O'Connell et al., 2003). This temperature-dependent property has been used for the purification of β -CN from β -CN-enriched whey through membrane 74 filtration (Atamer et al., 2017; O'Mahony, Smith, & Lucey, 2014). 75

Dauphas et al. (2005) suggested there were four different aggregation states of β -CN (0.1%, w/v) 76 based on DLS experiments; a molecular state at 4 °C (7-8 nm), a micellar state at 37 °C (20-25 nm) in 77 the absence of calcium chloride, and a polymeric state at 4 °C (20-25 nm) and an aggregated state at 78 37 °C (> 1 μm) in the presence of calcium chloride (10 mM). Adding calcium or increasing ionic 79 strength can lead to an increase in aggregate size due to the reduction of electrostatic repulsions, 80 81 which can lead to precipitation/sedimentation under certain conditions (Dickinson, 2001). In addition, 82 the self-association of β -CN is affected by various dispersant constituents, such as urea, Tris-HCl 83 buffer, sodium phosphate buffer and ethanol (Mikheeva, Grinberg, Grinberg, Khokhlov, & de Kruif, 84 2003; Qi et al., 2004). Micellisation of β -CN is a reversible equilibrium process (Dauphas et al., 2005). Increasing temperature changes the equilibrium towards the micelle, by increasing the monomer 85 86 density in the micelles, whereas increasing ionic strength shifts the equilibrium position, with only a slight effect on the number of monomers in the micelle (Huppertz, 2013). 87

88 Over the past two decades, the self-association of β-CN has been studied using a range of analytical
89 approaches, including static and dynamic light-scattering (Dauphas et al., 2005; de Kruif & Grinberg,

90 2002; Ossowski et al., 2012; Panouillé, Durand, & Nicolai, 2005), small-angle X-ray scattering 91 (Kajiwara et al., 1988; Moitzi et al., 2008), and high-sensitivity differential scanning calorimetry 92 (Mikheeva et al., 2003). The association and dissociation behaviour of β -casein concentrate (β -93 CNconc) produced by membrane filtration, was previously determined using dynamic light-scattering, 94 analytical centrifugation and turbidimetry by Crowley (2016). DLS is the most widely used technique 95 for measuring particle size distribution. Automated temperature trend DLS allows the measurement to 96 be carried out continuously with a temperature ramp at constant heating rate.

97 The self-association of β -CN and the stability of β -CN aggregates are mainly attributed to a delicate 98 balance of hydrophobic and electrostatic interactions (Evans, Phillips, & Jones, 1979; Horne, 1998). 99 However, this relationship has not yet been fully understood in the presence of calcium and phosphate. 100 Therefore, a good understanding of the influence of inherent and added salts (calcium and phosphate) 101 on the self-association of β -CN is essential and important for fundamental research but also for the 102 development of β -CN-enriched dairy products.

103 The main objectives of this research were (1) to study the self-association of β -CN under various 104 experimental conditions, in particular: (a) the effect of the purity (protein profile and mineral content) 105 of β -CN on its self-association behaviour; (b) the effect of selected composition and environmental 106 conditions (temperature, buffer type, calcium addition) on aggregation of β -CN as determined by 107 particle size and turbidity; and (2) to visualise the microstructure and thermo-reversibility of β -CN 108 aggregates in select samples using optical microscopy with a temperature-controlled sample stage.

109

- 110 2. Materials and methods
- 111 2.1. Materials

β-CN from bovine milk (spec sheet: 85 % protein, \geq 98% purity, lots SLBS9719 and SLBK9882V) 112 and CaCl₂·2H₂O were purchased from Sigma-Aldrich (St. Louis, MO, USA). In addition, a β-CN 113 114 concentrate powder (87.1% protein, 80% β-CN purity) was kindly donated by the Center for Dairy Research at the University of Wisconsin-Madison, USA. This spray-dried β -CN concentrate was 115 produced at pilot plant scale using an integrated membrane filtration process based on the method of 116 O'Mahony et al. (2014), with some modifications. The protein and mineral profiles for both protein 117 products are presented in Table 1. To differentiate the samples, the pure β -CN (90% purity) from 118 Sigma-Aldrich is referred to as β -CN pure, whereas the membrane filtration derived β -CN concentrate 119 120 (80% purity) is referred to as β -CNconc.

121 Both β -CN powders were dissolved, with agitation, in 10 mM sodium phosphate buffer or 10 mM imidazole-HCl buffer, pH 6.8 at different concentrations of β -CN (0.05%, 0.25%, 0.5% and 1% w/v) 122 for a minimum of 20 h at 4 °C. Distilled water (H₂O) was used as control. Samples were incubated at 123 temperatures of 4, 37 and 55 °C for 1 h in order to visually observe their thermal aggregation. B-CN 124 125 concentrations of 0.05% and 1% were finally selected for β -CNpure and β -CNconc, respectively, for further analysis. The effect of CaCl₂ (0 and 2.5 mM) addition on β -CN aggregation was also 126 examined. The pH of all samples was adjusted to 6.8 ± 0.02 with a small amount of 1M HCl or 1M 127 128 NaOH, after which they were filtered at 4 °C through syringe filters of pore size 0.45 µm, to remove large protein aggregates before measurement. The aggregation behaviour of β -CN was studied at a 129 range of temperatures from 4 to 55 °C, and samples were incubated at each temperature for 20 min, 130 unless otherwise indicated. All other reagents were purchased from Sigma-Aldrich, unless otherwise 131 specified. 132

133

134 2.2. SDS-polyacrylamide gel electrophoresis (SDS-PAGE)

135 Protein profile of two β -CN products was determined as described by Yong and Foegeding (2008)

using precast NuPAGE 12% Bis-Tris gels (1.0 mm \times 10 well) (Novex[®] by Life TechnologiesTM,

137 Carlsbad, CA, USA). Samples were dissolved in NuPAGE LDS sample buffer with NuPAGE sample

reducing agent to achieve a final protein concentration of 0.5 mg/ml, and 10 μ l of the mixture was loaded in each well. Skim milk was used as standard. Gels were stained and destained using the method described by Li, Auty, O'Mahony, Kelly, and Brodkorb (2016).

141

142 2.3. Reversed-phase high pressure liquid chromatography (RP-HPLC)

Characterisation of β -CN samples were also carried out by RP-HPLC (Agilent 1200 series, Agilent 143 Technologies, Santa Clara, CA, USA) as described by McCarthy, Kelly, O'Mahony, and Fenelon 144 (2013) with an Agilent 300 SB-C18 Poroshell column (Agilent Technologies) at 35 °C. β-CN samples 145 were prepared by dilution in 7 M urea/20 mM bis-tris propane buffer, pH 7.5 to obtain a final protein 146 concentration of 2 mg/ml. The sample buffer had β -mercaptoethanol (5 µl/ml buffer) added 147 immediately prior to use. Running buffer A contained 10% acetonitrile and 0.1% trifluoroacetic acid 148 (TFA) in Milli-Q[®] water. Running buffer B contained 90% acetonitrile, 10% Milli-Q[®] water, and 149 0.09% TFA. The analysis was performed using a linear gradient of Buffer B, from 26 to 100% in 26 150 min. Individual proteins were calculated as percentage (w/w) of total protein by integrating the peak 151 152 area of the chromatograms.

153

154 2.4. Turbidity measurement

The turbidity of β -casein solutions reconstituted in three different buffers, with and without CaCl₂, was expressed as the optical density (OD) at 600 nm using a Cary 100 Bio UV-visible Spectrophotometer (Varian Inc., Palo Alto, California, USA), which was equipped with a temperature control system. Samples were held at 4 °C before transfer to the spectrophotometer and heated in the chamber at 13 temperature points between 4 and 55 °C. Measurements were taken in triplicate and this experiment was repeated three times.

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162 2.5. Dynamic light-scattering (DLS)

163 The effect of temperature on particle size of β -CN solutions was recorded by DLS using a Zetasizer 164 Nano ZS (Malvern Instruments Ltd, Malvern, Worcestershire, UK), equipped with a temperature 165 controlled cell holder. The instrument was flushed with dry air for measurement below 12 °C to avoid

166 condensation, according to the instructions by Malvern. Samples were held at 4 °C and further filtered 167 through a 0.22 μm filter before transfer to the thermo-equilibrated zetasizer. Temperature was 168 increased stepwise from 4 to 55 °C with a temperature interval of 3 °C and an equilibration time of 20 169 min. Measurements were taken six times at each temperature. Data collection and analyses were 170 performed using the Nano software (version 7.01; Malvern Instruments), with a water RI value of 1.33. The temperature-dependence of the solvent viscosity was taken into account for the size 172 calculations.

173

174 2.6. Fourier Transform Infrared Spectroscopy (FTIR)

FTIR measurements were carried out using a Bruker Tensor 27 instrument (Brucker Optik, GmBH, Germany), equipped with a thermally controlled BioATR II cell. Spectra were obtained using an average of 128 sample scans and 128 background scans at 4 cm⁻¹ resolution. Samples were filtered through 0.22 μm syringe filters before each measurement at 4, 16, 25, 37, 49 and 55 °C, using fresh dispersions at each temperature. Background readings were taken against distilled water at each measurement temperature. Data analysis was performed as previously described (Kehoe, Remondetto, Subirade, Morris, & Brodkorb, 2008).

182

183 2.7. Microstructure of β -CN aggregates

The microstructure of β-CN aggregates was assessed using an Olympus BX51 light microscope fitted 184 with differential interference contrast (DIC) filters (Olympus Optical Co. Ltd., Tokyo, Japan). β-CN 185 186 solution (10 µl) was deposited on a microscopy slide after which a coverslip was placed on the sample, 187 before observation with a 60X, 1.4NA oil immersion objective. The sample slide was placed on a temperature controlled microscope stage, which was controlled by Linksys 32 Software (PE94, 188 Linkam Scientific, UK). Observations were performed during heating (10-55°C), holding for at least 189 20 min and cooling (55-10 °C) cycles (heating and cooling rates were 3-6°C /min) to evaluate 190 reversibility of β-CN aggregation. Images were acquired using a ProgRes[®] camera system 191 192 (JENOPTIK I Optical Systems, Jena, Germany) in a DIC mode. The DIC mode highlights phase

- boundaries of normally transparent objects and facilitates visualization of the shape and dimension of
- β -CN aggregates.
- 2.8. Statistical analysis
- 197 The preparation of solutions and subsequent analyses were carried out in independent triplicate trials.
- 198 One-way analysis of variance (ANOVA), followed by Fisher's test, was carried out using the Minitab
- 199 15 (Minitab Ltd, Coventry, UK, 2007) statistical analysis package. Differences were stated significant
- 200 at p-value < 0.05.

208 3. Results and discussions

209 3.1. Compositional properties of β -CN products

The protein profile and mineral composition of both β -CN samples were analysed using RP-HPLC 210 and ICP-MS, respectively, and the results are shown in Table 1. It is worth noting that the mineral 211 212 levels in β -CNpure were substantially lower than those of β -CNconc, with the exception of sodium. Most notably, Ca content was approximately two orders of magnitude higher in β -CNconc compared 213 to that in β -CNpure. RP-HPLC profile of β -CN samples are shown in Figure 1A and B, respectively. 214 215 It was calculated that β-CNpure contained 90% β-CN and 5.5% κ-CN, and trace levels of α-CN and β-216 lactoglobulin. In contrast, β-CNconc has 80% β-CN and 3.9% other caseins and 16% whey proteins, which is consistent with the results of Crowley (2016). The presence of whey proteins may affect the 217 association behaviour of the β-CN during heating. Reducing SDS-PAGE result (Fig. 1C) showed 218 well-resolved band patterns of β -CNs and other proteins (lane 2 and 3). Moreover, a small amount of 219 220 high molecular weight (MW) whey proteins (possibly lactoferrin and bovine serum albumin) were detected in β -CNconc sample (lane 3) by SDS-PAGE. 221

222

223 3.2. Effect of purity and concentration on the thermal aggregation of β -CN

The visual appearance of solutions at four β -CN concentrations (0.05, 0.25, 0.5 and 1% w/v), prepared 224 225 with β -CNpure or β -CNconc in 10 mM sodium phosphate buffer (pH 6.8) and at 4, 37 and 55 °C are presented in Figure 2. It was observed that the turbidity of β -CNpure solutions increased with the 226 temperature, indicating self-association upon heating above 37 °C. In addition, the turbidity of β-227 CNpure solutions increased with increasing concentration at each temperature. However, only at 228 concentrations higher than 0.5% (w/v), visible self-association could be observed for β -CNconc 229 samples above 37 °C. This concentration-dependent heat-induced association behaviour of β -CN is in 230 agreement with the findings of previous studies where a minimum concentration of β -CN was 231 required for self-association (Dauphas et al., 2005; O'Connell et al., 2003). 232

233 Compared to β -CNpure solutions, β -CNconc solutions displayed some obvious differences in 234 appearance under the same experimental conditions. For instance, 1% β -CNconc was a clear solution 235 at 4°C, whereas β -CNpure solution had a very turbid, opaque appearance. These results illustrate that

 β -CNpure self-associates at lower β-CN concentration than β-CNconc, possibly due to the effect of the other proteins and/or minerals. In further experiments, the thermal aggregation of 0.05% β-CNpure and 1% β-CNconc were studied as they were the most suitable concentrations required to observe the self-assembly of β-CN from a monomeric state to an aggregated state.

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241 3.3. Effect of buffer type and CaCl₂ addition on the turbidity and particle size of 0.05% β-CNpure
242 solutions

243 Solution turbidity measurement provided a macroscopic overview of the aggregation of β -CN as 244 influenced by concentration, temperature and choice of ingredient. The size of aggregates is one of the most important factors affecting turbidity of aggregated protein. Changes in turbidity and particle size 245 of 0.05% β-CNpure solutions during a temperature ramp (4 to 55 °C), in different buffers containing 246 CaCl₂ at varying concentration are presented in Figures 3 and 4, respectively. It is shown that in the 247 248 absence of added $CaCl_2$, no significant difference in turbidity (p > 0.05) was observed at temperatures between 4 and 22 °C, irrespective of buffer type. When the temperature was increased to greater than 249 25 °C, the turbidity of all β-CNpure solutions increased (Fig. 3A). This turbidity development 250 correlated well with the size measurement (Fig. 4A), which showed that β -CNpure solutions mainly 251 contain particles with volume mean particle size of ~8 nm at low temperatures (4 to 10 °C), indicative 252 of the monomeric form of β-CN (Faizullin, Konnova, Haertlé, & Zuev, 2017; O'Connell et al., 2003). 253 254 Particle size increased with temperature, most likely due to aggregation.

The addition of 2.5 mM CaCl₂ caused an increase in particle size of β -CNpure solutions at temperatures from 4 to 16 °C (Fig. 4B). At 4 °C, a mixture of 10 mM NaH₂PO₄ buffer and 2.5 mM CaCl₂ precipitated as calcium phosphate, whereas no precipitation occurred when β -CNpure was present. Crowley (2016) also reported that β -CNconc can prevent calcium phosphate precipitation in simulated milk ultrafiltrate (SMUF) at 37 or 63 °C. It was suggested that ionic calcium induces β -CN aggregation *via* divalent bridges between serine phosphate groups, and thereby preventing calcium phosphate precipitation (Kakalis, Kumosinski, & Farrell, 1990).

262 At temperatures above 37 °C (Fig. 4B), the particle sizes of both β -CNpure/H₂O and β -263 CNpure/imidazole solutions with added CaCl₂ displayed a sharp increase and the sizes were over 1

 μ m at 50 °C. This was in agreement with the finding by Dauphas et al. (2005) who found large β -CN 264 aggregates with a diameter of greater than 1 µm at 50 °C and after addition of 10 mM CaCl₂. It was 265 suggested that the affinity of β -CN to Ca²⁺ increases with temperature (Horne & Lucev. 2014). 266 However, under the same circumstances, the size of β -CNpure/NaH₂PO₄ solution did not change 267 significantly with the addition of CaCl₂ (Fig. 4B). The authors assume that a competition between 268 inorganic phosphate and organic phosphoserine groups of β -CN reacting with Ca²⁺ may affect the 269 bridging effect of ionic calcium. The turbidity results of β -CNpure solutions with added Ca²⁺ showed 270 similar trends in the DLS results (Fig. 3B). 271

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273 3.4. Effect of buffer type and $CaCl_2$ addition on the turbidity and particle size of 1% β -CNconc 274 solutions

The turbidity results of 1% β-CNconc solutions were in good agreement with the DLS measurement 275 (Fig. 5 and 6). The monomeric form of β -CN was also detected at 4 °C in the absence of CaCl₂ (Fig. 276 6A). Interestingly, heating only caused a slow and slight increase in both size and turbidity in the 277 temperature range 4 to 49 °C, irrespective of buffer type (Fig. 5A and 6A). At temperature greater 278 than 49 °C, a significant increase in turbidity and size for β-CNconc/imidazole and β-CNconc/H₂O 279 solutions were observed whereas β -CNconc/NaH₂PO₄ solution changed very little with increasing 280 temperature. These results displayed similar trends to those of β -CNpure solutions in the presence of 281 Ca^{2+} (Fig. 3B and 4B). Calculated Ca and P contents of 0.05% β -CNpure solution were 1 μ M Ca and 282 0.1 mM P while 1% β-CNconc solution contained 2.5 mM Ca and 2.5 mM P. Therefore in phosphate 283 buffer, 0.05% β -CNpure with added 2.5 mM Ca²⁺ and 1% β -CNconc without added Ca²⁺ have a very 284 similar total calcium and phosphate content. Hence they showed very similar aggregation behaviour. 285 Adding 2.5 mM CaCl₂ to β-CNconc solution resulted in a marked increase in both turbidity and size 286 287 for β -CNconc/imidazole and β -CNconc/H₂O solutions at all temperatures (p < 0.05) (Fig. 5B and 6B). 288 At temperatures greater than 31 °C, the particle size increased significantly with increasing temperature and turbidity remained unchanged at values of 3.5 due to the detection limit of the 289 instrument (Fig. 5B). Visible precipitation was observed for β -CNconc/NaH₂PO₄ solution at 4 °C. It 290

- was assumed that the precipitation is mainly due to the co-precipitated calcium phosphate and casein
- 292 (Guo, Campbell, Chen, Lenhoff, & Velev, 2003).
- 293
- 294 3.5. Secondary structure of β -CN during thermal aggregation

The amide I band in FTIR spectra was used to study changes in the secondary structure of proteins, as it represents a C=O stretch frequencies which is sensitive to its folding environment (Farrell Jr. et al., 2001; Kehoe et al., 2008). Figure 7A showed changes in the amide I region of the FTIR spectra of β -CNpure solution at 0.05% prepared in H₂O as a function of temperature. The spectra showed that there was little structural change upon heating (4 to 55 °C), with the maximum absorbance shifting from 1660 and 1650 cm⁻¹. This is similar to the results of Farrell Jr. et al. (2001) who found a red shift in circular dichroism with temperature.

The subtraction of the sample spectrum at 4 °C from that of samples at ≥ 16 °C (Fig. 7B) showed an increase in intensity at 1637 cm⁻¹ with increasing temperature. This band has been assigned to the intramolecular β -sheet (Tanaka, Morishima, Akagi, Hashikawa, & Nukina, 2001), suggesting an ordered structure in a monomeric state of β -CN (at 4 and 16 °C). It was also noteworthy that aggregation was not *via* inter-molecular β -sheet (expected around 1620 cm⁻¹) as observed for most other structured dairy proteins (Kehoe et al., 2008; Lefèvre & Subirade, 2003).

Hence, the question was whether changes in the secondary structure precede aggregation or the other 308 way around. During heating, β -CNpure showed changes in the band around 1637 cm⁻¹ at temperature 309 310 as low as 16 °C; changes increased with higher temperatures. However, the particle size in Fig. 5A, at 311 equivalent conditions, only showed changes above 25 °C. This suggests that changes in the secondary structure (increase in intramolecular β -sheets) appeared first, which could induce aggregation of β -CN, 312 rather than the other way around. However, given the small amplitude of changes in the absorption, 313 314 these conclusions need to be treated with caution. In addition, the above observation could only be 315 made for the higher purity β -CN (β -CNpure) and not for β -CNconc, as discussed.

316 Very little change in the secondary structure was shown in 1% β -CNcon/H₂O solution between 4 and

317 55 °C (Fig. 7), although β -CN self-associated above 49 °C (Fig. 6A). This suggests that the self-

318 association of β -CNconc did not cause any significant conformational change in β -CN, which is also 319 consistent with the results of Farrell Jr. et al. (2001).

320 It was therefore concluded that the self-association of β -CN had little or no effect on the 321 conformational change of β -CN and vice versa. Addition of 2.5 mM CaCl₂ to the protein solutions did 322 not alter their spectra for both β -CNpure and β -CNconc solutions (results not shown).

323

324 3.6. Microstructure of aggregates

325 The association and dissociation of β-CN were characterised by light microscopy using a temperature-326 controlled sample stage. β -CNpure/H₂O, β -CNpure/imidazole, β -CNconc/H₂O βand CNconc/imidazole solutions in the presence of CaCl₂ were selected for microscopy analysis because 327 the particle size measurement showed that they were large enough (> 500 nm) at high temperatures 328 for visualisation. Visible aggregates appeared at 37 °C after 20 min in 1% β-CNconc solutions, which 329 330 confirms that self-association had occurred. However, no particles were observed by light microscopy in 0.05% β-CNpure solutions after incubated at 55 °C for 4 h due to the low protein concentration 331 332 Therefore, 1% β -CNpure solutions were used to monitor the microstructure of β -CNpure aggregates.

Figure 8 (A-H) showed DIC images of temperature-dependent 1% β -CNpure/imidazole solution as a function of temperature and time in the presence of 2.5 mM CaCl₂. No particles were visualized at temperatures of 10, 25 and 37 °C (Fig. 8A, B and C), due to the limitation of the microscope resolution. Aggregates were observed at 55 °C after 20 min (Fig. 8D) and the particles look spherical and seem to be uniform in size, which indicates that self-association had taken place. When the sample was heated at 55 °C for up to 4 h, particle size increased (> 1 µm), with a rounded shape (Fig. 8E).

Interestingly, the shape of β -CNpure aggregates changed when the sample was cooled down to 37 °C (Fig. 8E and F). In previous studies, β -CN aggregates changed from an oblate ellipsoid to spheroid with temperature was reported by Kajiwara et al. (1988). Small and oblate micelles (Portnaya et al., 2006) or flat disk-like micelles (Moitzi, Portnaya, Glatter, Ramon, & Danino, 2008) have also been observed using cryogenic transmission electron microscopy. In Figure 8G, temperature was cooled to 25 °C, very few β -CN aggregates were visible (Fig. 8G). They completely disappeared at 10 °C after

346 20 min (Fig. 8H), suggesting that thermal aggregation of β -CN for the select samples is reversible but 347 that the rate of dissociation is slower than that of association although the heating and cooling rate are 348 the same.

Compared with 1% β-CNpure_imidazole solution, 1% β-CNconc_imidazole solution with 2.5 mM CaCl₂ showed very similar self-association and dissociation behaviour during heating followed by cooling (Fig. 9A-H). However, it was found that 1% β-CNconc_imidazole solution formed larger aggregates than β-CNpure under the same conditions (Fig. 9C-F). Increasing heating time led to an increase in particle size and a few irregularly shaped aggregates were produced (Fig. 9E, white arrow). Slight changes in shape during heating or cooling were probably due to the association or dissociation of β-CN.

15

356 4. Conclusion

357 This study demonstrates that both β -CN products showed self-association at elevated temperature. Different aggregation behaviours were observed, depending on β -CN purity, protein concentration, 358 359 buffer type and CaCl₂ addition. Generally, adding CaCl₂ promoted thermal aggregation of β -CN and led to larger aggregates (> 500 nm), which were visible using light microscopy. However, in the 360 presence of a certain amount of phosphate and calcium (Ca:P ~ 1:4 in this study), the aggregation was 361 inhibited even at high temperatures (55 °C). The new findings of this work are of relevance to end-362 users of β -casein enriched ingredients in controlling aggregation of β -CN by changing the ratio of 363 calcium:phosphate, temperature and selected ingredients, to optimise the quality and functionality of 364 365 β-CN-enriched dairy products.

16

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371 6. References

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Figure 1. Reversed-phase high-performance liquid chromatography profiles of proteins in (A) β -CNpure and (B) β -CNconc; (C) Reducing SDS-PAGE of skim milk as a standard (lane 1), β -CNpure (0.05%, w/v of total protein, lane 2), and β -CNconc (0.05%, w/v of total protein, lane 3); Lane M shows the molecular weight markers.

Figure 2. Visual appearance of β -CNpure and β -CNconc in 10 mM sodium phosphate buffer, pH 6.8 at different β -CN concentrations (0.05%-1%) and temperatures (4, 37 and 55 °C).

Figure 3. Temperature-dependent changes in turbidity of 0.05% β -CNpure solutions in the absence (**A**) or presence of 2.5 mM CaCl₂ (**B**), at pH 6.8 in different diluting buffers: water (\circ), 10 mM sodium phosphate buffer (X) and 10 mM imidazole buffer (Δ). Error bars indicate standard deviations (n \geq 3).

Figure 4. Temperature-dependent changes in the z-average particle size of 0.05% β -CNpure solutions in the absence (**A**) or presence of 2.5 mM CaCl₂ (**B**), at pH 6.8 in different diluting buffers: water (\circ), 10 mM sodium phosphate buffer (X) and 10 mM imidazole buffer (Δ).

Figure 5. Temperature-dependent changes in turbidity of 1% β -CNconc solutions in the absence (**A**) or presence of 2.5 mM CaCl₂ (**B**), at pH 6.8 in different diluting buffers: water (\circ), 10 mM sodium phosphate buffer (**X**) and 10 mM imidazole buffer (Δ). Error bars indicate standard deviations ($n \ge 3$).

Figure 6. Temperature-dependent changes in the z-average particle size of 1% β -CNconc solutions in the absence (**A**) or presence of 2.5 mM CaCl₂ (**B**), at pH 6.8 in different diluting buffers: water (\circ), 10 mM sodium phosphate buffer (X) and 10 mM imidazole buffer (Δ).

Figure 7. FTIR spectra: vector-normalized amide I bands of 0.05% β -CNpure (**A**) in water at increasing temperatures from 4 to 55 °C and FTIR spectra with the spectrum of the sample at 4 °C subtracted (**B**); and vector-normalized amide I bands of 1% β -CNconc (**C**) in water at increasing temperatures from 4 to 55 °C and FTIR spectra with the spectrum of the sample at 4 °C subtracted (**D**). The arrow and dashed line indicate an increase in intensity at 1637 cm⁻¹ with increasing temperature.

Figure 8. Micrographs of 1% β -CNpure solution in presence of 2.5 mM CaCl₂ during heating (10 to 55 °C, top row panel A to D), followed by cooling (55 to 10 °C, bottom row panel E to H) obtained by light microscope in DIC mode. The black line represents the temperature vs. time curve for the whole measurement. Black arrows indicate the time point at which the images were taken. Before cooling, sample was incubated at 55 °C for 4 h. (F) inset shows oblate spheroid shaped β -CN aggregates. Scale bar: 20 µm.

Figure 9. Micrographs of 1% β -CNconc solution in presence of 2.5 mM CaCl₂ during heating (10 to 55 °C, top row panel A to D), followed by cooling (55 to 10 °C, bottom row panel E to H) obtained by light microscope in DIC mode. The black line represents the temperature vs. time curve for the whole measurement. Black arrows indicate the time point at which the images were taken. Before cooling, sample was incubated at 55 °C for 4 h. (E) inset shows non-spherical shaped aggregates. Scale bar: 20 μ m.

	β-CNpure*	β-CNconc
Protein content (%, w/w of powder)	85	87.1
$\mathbf{D}_{\mathbf{r}}$		
Protein purity ** (%, w/w of total protein)		
Total casein	96.6	83.9
α-casein	1.1	1.2
β-casein	90	80
κ-casein	5.5	2.7
Total whey protein	3.4	16.1
α-lactalbumin	-	1.4
β-lactoglobulin	3.4	14.7
		C
Mineral profile *** (mg/100g)		
Na	132.8±1.0	92.3±3.8
Mg	0.90 ± 0.02	98±6
Р	524±0.5	531.3±16.9
Κ	10.6±0.1	415±17
Ca	8.1±0.6	688±20

Table 1. Compositional data of β -CN ingredients

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*One lot of commercial β -CNpure (lot SLBS9719, C6905, Sigma-Aldrich) was used for protein and mineral analysis

**Individual proteins were characterised by RP-HPLC.

***Mineral content was measured by ICP-MS method.











Temperature (°C)

B























Time (min)





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Highlights

- Self-association of β-casein was observed upon heating
- Self-association was strongly dependent on the purity of the protein
- Calcium addition induced the aggregation of β-casein in water and imidazole buffer but not in sodium phosphate buffer.
- Thermo-reversible, spherical and heterogeneous β-casein aggregates were observed at temperatures above 37 °C using light microscopy.