

Can embedded research build bridges and break barriers between public health academia and practice? a systematic review

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Introduction

The gap between knowledge and practice in public health is globally recognised¹. Embedded research is an approach adopted by researchers to co-produce knowledge with professionals, which involves working and building relationships between professionals across academia and policy/practice². Embedded research is beneficial as there is evidence to demonstrate its role in facilitating research evidence utilisation³, and facilitation of new knowledge production through collaborative working⁴. However, there is no systematic review on the role of embedded research in bridging the knowledge-practice gap.

PhD Aim

To investigate if embedded research would generate and enhance the creation and sharing of knowledge between practice and academia.

Review question/objective

What is the role of embedded researchers in co-producing public health knowledge in non-clinical settings, such as local authorities, schools and non-governmental organisations?

Methods

CINAHL, Medline, AMED, Web of Science, PsycINFO, Psychology and behavioural science collection, PsycARTICLES, ASSIA, Embase and Scopus were searched. Google Scholar, Open Grey, Google, and organisational websites were also searched.

Articles were reviewed by two independent reviewers

Studies were included if they:

- (1) were qualitative studies
- (2) investigated or reported the role of an embedded researcher,
- (3) were conducted in non-clinical setting
- (4) involved co-production of knowledge.

Data were independently extracted by two independent reviewers. JBI SUMARI using the meta-aggregation approach was used to pool qualitative data.

Systematic review protocol was registered on PROSPERO

Results

A total of 16 studies were included in the review (fig. 1).

Figure 1 Flow Diagram of the Systematic Review Method

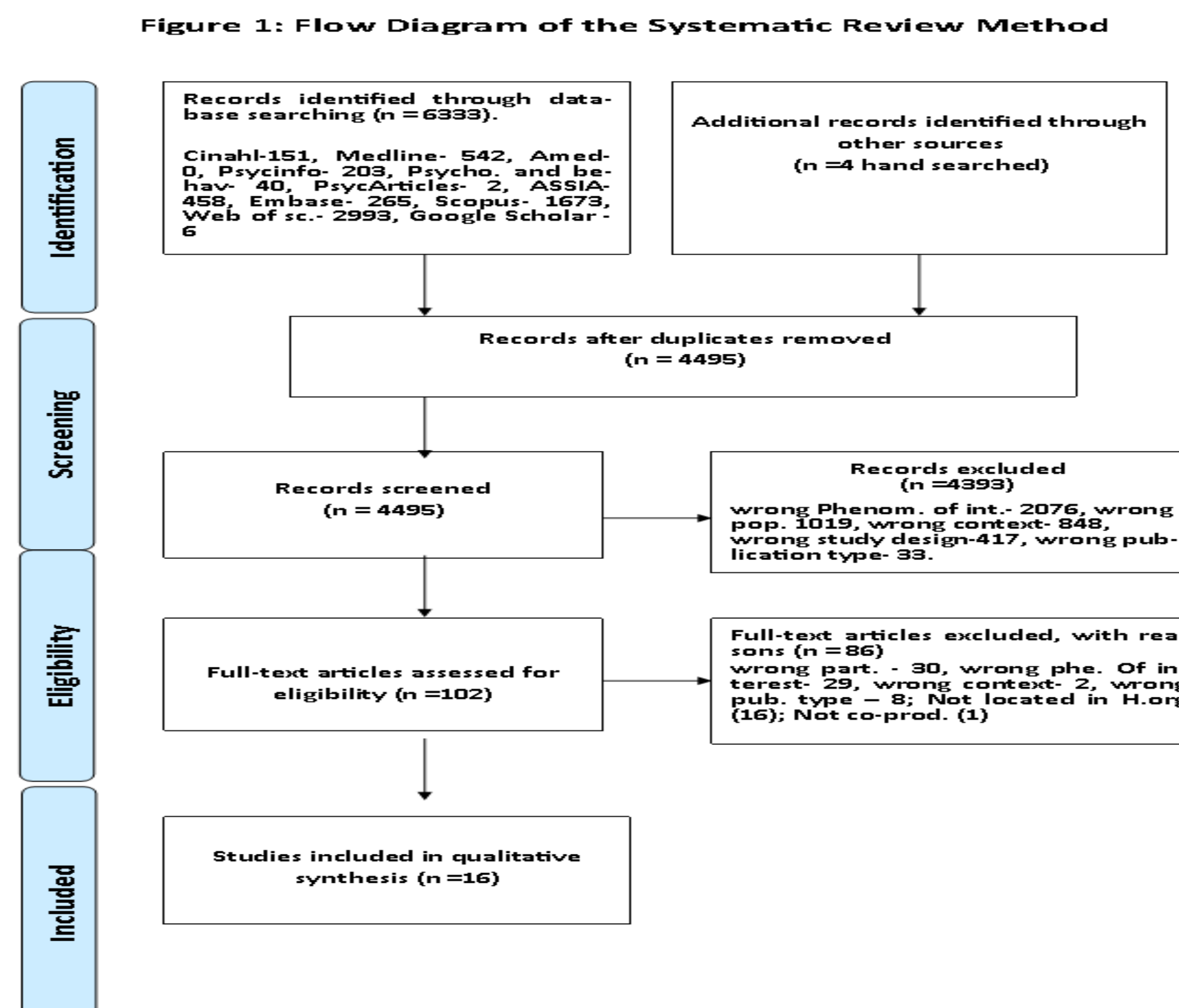


Table 1 Included studies and their synthesized findings

Articles	Terminology for embedded research	Synthesized Findings
Cheetham et al., (2017)	Embedded researcher	1,2,3
McGinity & Salokangas, (2014)	Embedded researcher	2
Brannick & Coghlan (2007)	Insider research	1, 4
Duggan, (2014)	Embedded researcher	2,4,5
Hope, (2016)	knowledge transfer associates	2, 3,4
Jenness, Valerie; (2008)	Embedded researcher	2, 3,4 ,6
Langeveld et al., (2016)	Knowledge broker	1, 2, 4, 5
Lewis & Russell, (2011)	Embedded researcher	2, 4
Miszczak & Patel, (2018)	Academic embedded researcher	2, 3, 4
Rowley, Harriet; (2014)	Embedded researcher	1, 2, 3, 4
Scott & Bell, (2013)	Embedded researcher	3
Smith & Wilkins, (2018)	Scholar-practitioner	1, 2, 3, 5
Steens et al., (2018)	Science-practitioner	2, 4
Wong, S. (2009)	Embedded researcher	3, 4, 6
Yost et al., (2014)	Knowledge broker	1, 2,3
Murdock et al., (2013)	Academic on placement; Knowledge broker	4

Figure 2 Diagram of the synthesized findings

The 6 synthesized findings from the 16 included studies were:



Conclusion

The systematic review results of the 16 included studies suggest that the role of an embedded researcher can bridge the knowledge-practice gap between academia and practice/policy in ways identified above. A consistent terminology for embedded research to enhance clarity of its use is needed.

Selected references

- 1.Di Ruggiero, E. et al., (2017) *Knowledge Utilization and Exchange*. Oxford: Oxford University Press—Oxford Bibliographies in Public Health.
- 2.McGinity R. and Salokangas M. (2014) Introduction: "Embedded research" as an approach into academia for emerging researchers. *Management in Education*, Vol. 28, pp.3-5.
- 3.Eyre, L. et al., (2015) Protocol for a process-oriented qualitative evaluation of the Waltham Forest and East London Collaborative (WELC) integrated care pioneer programme using the Researcher-in-Residence model. *British Medical Journal*, 5.
- 4.Marshall, M. N (2014) Bridging the ivory towers and the swampy lowlands; increasing the impact of health services research on quality improvement. *International Journal for Quality in Health Care*, Vol.26, pp.1–5.