1	The spreading of parasites by human
2	migratory activities
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13 Abstract

The global spread of parasites is unquestionably linked with human activities. 14 Migration in all its different forms played a major role in the introduction of parasites 15 into new areas. In ancient times, mass migrations were the main causes for the spread 16 of parasites while in the recent past and present, emigration, immigration, 17 displacement, external and internal migration, and labour migration were the reasons 18 for the dispersal of parasites. With the advent of seagoing ships, long-distance trading 19 became another important mode of spreading parasites. This review summarises the 20 spread of parasites using notable examples. In addition, the different hypotheses 21 explaining the arrival of Plasmodium vivax and soil-transmitted helminths in pre-22 Columbian America are also discussed. 23

24

25 KEYWORDS

Protozoan parasites; helminths; arthropods; spread; range expansion; migration; trade

28 Introduction

Ever since Homo sapiens emerged in eastern Africa some 200,000 to 100,000 years ago [1], 29 humans peopled the world until 15,000 years ago they inhabited all continents apart from 30 Antarctica. On their journey, humans brought some of their parasites with them (heirloom 31 parasites) while others were acquired from animals with which they had come in contact during 32 migration (souvenir parasites). Because of the different climate conditions in the different 33 regions of the world, humans would have carried along only a few parasite species. This would 34 include only permanent parasites or those with free-living stages, which can become infectious 35 within a short period of time even in cold temperature, or those with intermediate hosts or 36 37 vectors, which are locally available and in which infectious live-cycle stages can develop under the regional climate conditions. Parasites that have been most likely spread worldwide during 38 prehistoric human migration are the head lice *Pediculus humanus*, the pinworm *Enterobius* 39 vermicularis, the whipworm Trichuris trichiura, the roundworm Ascaris lumbricoides, the 40 threadworm Strongyloides stercoralis, the hookworms Ancylostoma duodenale and Necator 41 42 americanus, and the tapeworms Taenia saginata and Diphyllobothrium latum. Evidence for 43 this is the demonstration of these parasite species in archaeological specimens (e.g. coprolites and mummies) of prehistoric people in North and South America [2-6]. Likewise, there are 44 indications that P. humanus (clade A), E. vermicularis, and A. lumbricoides were present in 45 46 Australasia before the first Europeans arrived [7,8].

By 8,000 BCE, humans started to switch from a nomadic, hunter-gatherer lifestyle to a 47 settled, agricultural way of life. This transition is characterised by the domestication of 48 livestock, which brought humans in close contact with parasites harboured by their farmed 49 animals. With the construction of seagoing ships by 4,000 BCE, humans became more mobile 50 51 and established long-distance trading routes. By 3000 BCE, climate change, poor harvests and 52 population pressure were the reasons for large mass migrations. All these events led to the spread of parasites, which, until then, had only a regional distribution. Other human activities 53 like conquest, war, displacement, relocation, slavery, emigration, immigration, and travel 54 contributed also to the dispersal of parasites. This second period of parasite spreading did not 55 only happen in the past, but also continued in modern times. This review provides examples of 56

the introduction of parasite species into other parts of the world as a result of human migratoryactivities.

59

60 Endoparasites

61 Malaria parasites

The origin of *Plasmodium falciparum* (Table 1), the causative agent of severe human malaria, 62 in the Americas is controversial. Some studies suggest that the parasite was recently introduced 63 into the New World during slave trade, Spanish conquest, and European immigration [9]. Other 64 evidence suggests that *P. falciparum* was already present in South America in pre-Columbian 65 66 times [9]. New evidence indicates that *P. falciparum* evolved following a zoonotic transfer of a parasite from gorillas about 50,000 years ago and emerged from a bottleneck of a single 67 parasite around 4,000-6,000 year ago [10,11]. Based on these new findings it seems unlikely 68 that *P. falciparum* was part of the original parasite fauna of the Americas. Thus, the only 69 remaining possibility for the presence of *P. falciparum* was the introduction of the parasite into 70 the New World in post-Columbian times. This scenario is supported by genetic studies 71 analysing microsatellite and SNP polymorphisms and mitochondrial DNA diversity in P. 72 *falciparum* populations indicating that enslaved Africans were likely the main carriers of this 73 malaria species into America [12,13]. 74

As for *P. falciparum*, the arrival of the less deadly human malaria species *P. vivax* (Table 75 76 1) in the New World is also controversial. Previous studies suggest that *P. vivax* emerged in Southeast Asia after crossing the species barrier from a macaque to human [14]. However, new 77 research points to an origin of P. vivax in Africa from a strain that was able to infect both 78 humans and apes [15-17]. The parasite was largely eliminated in Africa by the spread of the 79 Duffy-negative mutation while a single lineage spread through Asia and Europe representing 80 the current human-infecting *P. vivax* species [15,17]. Recent genetic studies investigating the 81 82 mitochondrial DNA diversity in *P. vivax* populations found significant genetic contribution from African and South Asian lineages with some additional genetic input from Melanesian 83 lineages to the P. vivax strains of the Americas [13]. This finding suggests that the extant 84 African and South Asian *P. vivax* populations represent the major contributors to the New 85

World lineages of *P. vivax* and were introduced in post-Columbian times most likely by slaves 86 from Africa and migrants from Asia (Figure 1). In addition, Australasian people may have 87 brought *P. vivax* from the Western Pacific to the Americas in pre-Columbian times (Figure 1). 88 It can be assumed that a malaria parasite causing recurrent infections might survive long-range 89 ocean crossings [18]. The new findings also indicate that the founding population entering the 90 91 American continent via the Behring land bridge did not bring P. vivax to the New World, and 92 that this parasite was first introduce later by Melanesian seafarers, but some time before the Europeans arrived. This suggestion is corroborated by the detection of *P. vivax* antigens using 93 chromogenic immunohistochemistry in 3,000 to 600 years old South American mummies [19]. 94 95 The spread of malaria due to military conflicts has been a constant theme throughout the entire human history until modern times. A more recent example for this is the introduction of 96 P. vivax malaria in Berlin at the end of the Second World War. In the summer of 1946, P. vivax 97 was spread among the inmates of a prisoner-of-war camp near Lake Tegel by German soldiers 98 who were also interned in the detention facility upon their return from Southeast Europe and 99 100 Africa. Subsequently, the parasite was quickly spread to local residents with more than 500 101 cases recorded [20,21].

Malaria is also the most frequent imported parasitic infection in non-endemic countries. 102 Over the last fifty years, imported malaria has continuously increased due to growing 103 international travel and migration. For example, between 1972 and 2000, the number of 104 imported malaria cases rose from 1,500 to 15,500, most of which were reported by Western 105 106 European countries with France, Germany, and the United Kingdom counting for more than 70% of all cases [22]. However, since 2004 the number of malaria cases imported to the United 107 Kingdom has remained unchanged at approximately 1,700 cases per year [23]. Most of the 108 imported malaria cases were caused by P. falciparum acquired during travel to West Africa 109 [24]. However, over time the epidemiological characteristics of imported malaria cases have 110 changed. Whereas previously malaria was mainly imported to non-endemic countries by 111 returning travellers, the last ten years have seen a continuous increase of imported malaria by 112 immigrants and settled immigrants who travelled to visit relatives and friends still living in 113 their country of origin after their return [22]. 114

116 Trypanosomatids

With the exception of Leishmania chagasi, all other Leishmania species already inhabited the 117 different continents long before modern humans had evolved [25]. Leishmania chagasi is the 118 causative agent of visceral leishmaniasis in South America and its origin has been widely 119 debated [26,27]. Meanwhile, it seems clear that L. chagasi is identical with L infantum (Table 120 1) and was introduced into the New World in post-Columbian times. Evidence for this comes 121 from Bayesian phylogenetic analysis showing that L. chagasi clusters with the Portuguese L. 122 *infantum* clade [28]. A bottleneck signature indicates that the parasite was introduced in South 123 124 America about 500 years ago, probably by European settlers, and their dogs [28].

Trypanosoma evansi, T. equiperdum, and T. vivax (Table 1) are examples of animal 125 pathogenic parasites that were spread by humans throughout the world. All three trypanosome 126 127 species belong to the Salivarian group which evolved about 35 million years ago in Africa [29]. Trypanosoma evansi is the etiological agent of Surra in livestock animals, particularly in 128 129 camelids and equids. The parasite is mechanically transmitted by biting flies such as tabanids and stomoxes. It was suggested that T. evansi was introduced beyond Africa by the ancient 130 Egyptians during military campaigns in the Middle East [30]. From there, the parasite spread 131 further eastwards and by the 8th century BCE had reached India [30]. The parasite was 132 introduced into South America first in Colombia in the 16th century by Spanish conquistadors, 133 and later in Brazil in the 19th century [31]. In Latin America, *T. evansi* is also transmitted via 134 the common vampire bat *Desmodus rotundus*, which not only acts as biological vector but also 135 as a host and reservoir for the parasite [32]. *Trypanosoma equiperdum* is the pathogen causing 136 dourine in horses, and unlike other trypanosomes, is not transmitted by an insect vector, but 137 directly from one animal to another during sexual contact. Because of the mode of 138 transmission, T. equiperdum was easily spread worldwide through horse trade [31]. After the 139 Second World War, T. equiperdum was eradicated from North America and Western Europe 140 by systematic screening and control [31,33]. Trypanosoma vivax is one of the three African 141 trypanosomes responsible for nagana disease in cattle. In Africa, *T. vivax* is mainly cyclically 142 transmitted by tsetse flies, but also mechanically by biting flies. According to Curasson [34], 143

T. vivax was introduced into Latin America with a shipment of zebu cattle from Senegal to
French Guyana, Guadeloupe, and Martinique in 1830. However, the parasite may have been
introduced already in the 18th century, as cattle were shipped directly from Africa or indirectly
via Caribbean islands as early as 1733 [35]. As there are no tsetse flies in the New World, *T. vivax* is transmitted mechanically by tabanids and became permanently established all over
South America.

150 It can be reasonably assumed that *T. brucei* (Table 1), the causative agent of African 151 sleeping sickness, must also have crossed the Atlantic with the slave trade. This can be inferred 152 from accounts of ship doctors and medical officers employed by slave-trade companies [29]. 153 However, *T. brucei* could never become established in South America because tsetse flies, the 154 required vector for transmission of the protozoan parasite, are absent from the New World.

Trypanosoma cruzi (Table 1), the pathogen responsible for Chagas disease, is an example 155 of a parasite that is spread by migrants from Latin American endemic countries to other parts 156 of the world. Recent evidence suggests that T. cruzi evolved from a bat trypanosomes about 7-157 158 10 million years ago in South America [36]. The parasite is transmitted via the faeces of triatomine bugs (kissing bugs or conenose bugs) and by other modes including blood 159 transfusion, organ transplantation, breastfeeding, congenital transmission, and ingestion of 160 contaminated food and drinks. In recent times, Chagas disease has become increasingly a 161 global health problem as the estimated number of people infected with T. cruzi outside Latin 162 America (mainly North American and European countries) is more than 400,000 [37,38]. 163 Although any spread of *T. cruzi* in non-endemic countries is unlikely as most triatomine species 164 are restricted to tropical areas in Latin America, enzootic infection of wild animals and 165 autochthonous infections of humans have been reported from some southern States of the USA 166 [39,40]. In addition, with the tropicopolitan distribution of Triatoma rubrofasciata [41], a 167 kissing bug species that transmits T. cruzi in the Americas, the scene is set for potential 168 transmission of Chagas disease outside the New World, if South Americans would immigrate 169 to tropical Asian and African countries [42]. Regarding the global spread of T. rubrofasciata, 170 see section on Ectoparasites below. 171

173 *Flatworms*

Schistosomes are blood-dwelling flukes that, based on molecular data, have evolved in Asia 174 and have dispersed into Africa by migration of their mammalian definitive and snail 175 intermediate hosts [43]. Initially, schistosomes were probably parasites of animals and there is 176 evidence that human schistosomiasis evolved as a zoonosis in the region of the African Great 177 Lakes [44]. From there, it seems that the parasites spread to Egypt by the import of monkeys 178 and slaves [44]. Whether the further spread of schistosomes (S. mansoni and S. haematobium 179 (Table 2)) from Egypt to West Africa and subsequently to Central and South Africa was the 180 results of the Yoruba and Bantu migration, respectively, is uncertain (Figure 2) [45]. However, 181 182 it can be taken as certain that S. mansoni, the etiological agent of intestinal schistosomiasis in humans, was introduced in post-Columbian times into Latin America presumably by enslaved 183 Africans. This suggestion is supported by phylogeographic analyses of mitochondrial DNA 184 indicating that the genetic diversity of New World S. mansoni strains comprises only seven 185 closely related haplotypes with West African affinities [46,47]. More recently, schistosomes 186 187 have been introduced into non-endemic regions by immigrants and migrant workers. An interesting example in this context is the founding of the state of Israel in 1948. Within a few 188 years 500,000 immigrants from schistosomiasis endemic regions from Near Eastern countries 189 had entered Israel, of which 6-8% were infected with schistosomes [48]. Many immigrants 190 191 settled along the river Yarkon near Tel Aviv where in 1951 nineteen schoolchildren contracted S. mansoni while swimming in the river [48]. In 1955, about 100 schoolchildren contracted S. 192 193 haematobium after bathing in a water-storage reservoir in the Beit-She'an valley [48]. Further transmission of S. mansoni was stopped as its snail vector Biomphalaria alexandria was 194 successfully eradicated. Also, transmission of S. haematobium has not been seen since, 195 although its snail vector Bulinus truncatus is still widespread in Israel. An example of the 196 introduction of a parasite by migrant workers is the spread of S. mansoni at the Wonji Sugar 197 Estate in the upper Awash valley in Ethiopia [49]. Although from the beginning every effort 198 was made to ensure that none of the migrant workers to be employed was infected with 199 200 schistosomes, in 1964, ten years after the sugar estate had been established, first cases of S. mansoni infection among the labourers were recorded. Previously, both S. mansoni and the 201

host snail were unknown in the area. The parasite was introduced by migrant workers from the 202 north central highlands of Ethiopia where S. mansoni was endemic. By 1980, the prevalence 203 of intestinal schistosomiasis had risen to 20% in the area [50] and in 1988 the prevalence of S. 204 mansoni infections in children in one of the labour camps at the Wonji estate reached 82% [51]. 205 The main reason for the spread of *S. mansoni* in the region was the poor maintenance of sewage 206 and hygiene facilities at the Wonji estate labour camps with latrine pipes leaking directly into 207 canals, so that the general public living outside the sugar plantation was also affected. Another 208 209 interesting case is the outbreak of urogenital schistosomiasis on the island of Corsica in the summer of 2013 when more than 120 local people and tourists contracted the parasitic disease 210 211 [52]. All affected persons had never been to a schistosomiasis-endemic area and had been swimming in the Cavu River which harboured many B. truncatus snails. Molecular 212 characterisation of eggs or hatched miracidia recovered from 12 patients showed infection with 213 S. haematobium, S. haematobium/S. bovis hybrids and S. bovis. Sequence data analysis 214 indicated that the parasites must have been introduced by individuals who contracted the 215 216 schistosomes in Senegal. This case shows how easily and rapidly schistosomes can be introduced and spread into new areas provided vector host snails are present. 217

Liver flukes (fasciolids) are parasites of herbivores, but they can also cause disease in 218 humans. Molecular phylogenetic analysis suggests that fasciolids originated in African 219 220 proboscideans, and later radiated in Eurasian herbivores [53]. Fasciola hepatica (Table 2), the 221 common liver fluke, is likely of Eurasian origin from where the parasite was spread with infected livestock to other continents and where it adapted to other lymnaeid intermediate host 222 snail species [53,54]. This is evident from molecular clock estimations based on ITS sequences 223 indicating that F. hepatica was recently introduced from Europe into South America by the 224 import of livestock at the time of the Spanish colonisation [54]. An interesting case of reverse 225 introduction from the New World into the Old World is the large American Liver Fluke, 226 Fascioloides magna (Table 2). Probably proboscideans brought a fasciolid with them to the 227 Nearctic in prehistoric times, where the parasite evolved into *F. magna* after adapting to cervids 228 229 following the extinction of proboscideans in North America [53]. Fascioloides magna was at least twice introduced into Europe with imported game animals [55]. The parasite was 230

introduced with wapiti (*Cervus canadensis*) brought from original habitats in North America
to Italy in the 19th century and to Bohemia at the beginning of the 20th century. Meanwhile, *F. magna* has become established in Slovakia, Austria, Germany, Hungary, Croatia and Serbia,
spreading along the Danube River [55].

An example for the dispersal of a parasite by internal migration is the Southeast Asian 235 liver fluke Opisthorchis viverrini (Table 2) in Thailand. Whereas in the 1950s the prevalence 236 of O. viverrini in the Northeast region was extremely high (locally up to 80-100%), only 237 sporadic cases of opisthorchiasis were registered in the Central region from which it was 238 unclear whether these few cases were due to autochthonous infections [45,56]. Between 1955 239 240 and 1980, hundreds of thousands of people, many of them infected with O. viverrini, migrated from the Northeast region to the Central region to find a better livelihood [45]. The 241 consequence was that within these 25 years the prevalence of O. viverrini in the Central region 242 increased on average to over 14% [45]. Meanwhile, it is recognised that O. viverrini has 243 become endemic in the Central region as with the presence of the first and second intermediate 244 245 hosts (freshwater snails of the genus *Bithynia* and freshwater fish of the family Cyprinidae) the conditions to complete the life cycle of the parasite were met [45]. Although the nationwide 246 prevalence of opisthorchiasis has decreased since the 1980s due to the implementation of 247 helminthiasis control programmes, the problem of migrants moving from the still highly 248 endemic Northeast region to other neighbouring areas still continues leading to the 249 250 establishment or re-establishment of local transmission of O. viverrini [57].

A curious case of parasite spreading is the introduction of the pork tapeworm Taenia 251 solium (Table 2) into Western New Guinea [58]. Between 1973 and 1976, an unprecedented 252 increase in hospital admission due to high-degree burns among the native Ekari people living 253 in the central highlands of the province Papua was reported [59]. The burns resulted from 254 epileptic seizures while the tribal people were sleeping causing them to fall into fire places. 255 Soon it was established that the epileptic seizures were due to neurocysticercosis caused by the 256 larval stage of T. solium. As New Guinea was free of T. solium until then, the question was, 257 how the parasite was brought to the island? After the Dutch left Western New Guinea in 1969, 258 the United Nations allowed the inhabitants to join Indonesia. However, as the people were 259

undecided, the Indonesian government dispatched soldiers from Bali, where taeniasis was quite
common at that time, to create a *fait accompli*. Since pigs play an important role in the ritual
life of the Etari, the Indonesian government tried to appease them with a present of pigs which,
unfortunately, were infected with *T. solium* cysticerci [58]. Cysticercosis is still endemic in
Central Papua and has meanwhile spread to other regions of the province [58,60].

265

266 Nematodes

Although paleoparasitological evidence dating back to 9,000 years ago show that the soil-267 transmitted helminths A. duodenale, N. americanus, T. trichiura, A. lumbricoides, and 268 269 Strongyloides stercoralis (Table 3) were present in ancient inhabitants of North and South America, these parasites could not have been introduced into the New World with the first 270 humans crossing the Bering Land Bridge [3,5,6,19]. This is because transmission of these 271 272 helminths depends on the maturation of eggs or larvae released into the environment. However, in order to reach infectivity, eggs and larvae need at least moderate temperature and high soil 273 274 moisture, conditions that could not have been met in Beringia. In addition, soil-transmitted helminths have never been reported in arctic and subarctic indigenous people living traditional 275 lifestyles [5]. In contrast, the pinworm E. vermicularis does occur in native populations of the 276 arctic as its eggs are not dependent on climate conditions. Enterobius vermicularis eggs are 277 278 already infective as soon as they are released and are transmitted via the faecal-oral route usually within family groups [5]. In the case of S. stercoralis, it might be possible that this 279 280 helminth was brought to the New World by migration through Beringia as autoinfections can maintain the parasite in an individual for a lifetime. However, transmission to a new host would 281 still require that the parasite completes its lifecycle in the environment, which would not be 282 possible under the arctic climate conditions. Thus, how did soil-transmitted helminths enter the 283 284 New World? A possible explanation would be alternative migration routes to the New World in prehistoric times. One such alternative route could have been a boat-supported coastal 285 migration pathway which could have provided environmental conditions suitable for eggs and 286 larvae of soil-transmitted helminths to mature [61]. This possibility is supported by recent 287 findings indicating that the Alaska's coast was clear of ice from about 17,000 years ago [62], 288

which would have made it feasible for early humans to move south along the shoreline 289 spreading parasites into the New World. Another alternative route could have been a trans-290 oceanic crossing by people from the West Pacific to the Americas [5]. As such trans-pacific 291 migration would have happened relatively quickly, intestinal parasites could have easily 292 survived the crossing. Support for this hypothesis comes from a recent genome-wide analysis 293 revealing that at least three South American indigenous peoples descended from a native 294 American founding group that shares more ancestry with indigenous people from Australia, 295 New Guinea and the Andaman Islands than with Eurasians or other Native Americans [63]. 296 Thus, it is plausible that soil-transmitted helminths have been spread to the New World by a 297 298 different route during a second migratory wave after the Clovis migration across Beringia (Figure 3). 299

Ancylostoma duodenale is also an example of a parasite that had been spread by mass 300 migration. The hookworm is thought to have originated in the Mediterranean region and was 301 probably brought to northern India by the Aryans in the 12th century BCE. The Aryans were a 302 Central Asian pastoral tribe who from the 16th century BCE onwards were migrating to 303 northern India. The possibility that the Aryans have introduced A. duodenale into northern 304 India is supported by observation made in the 1920s (Figure 2). According to Darling [64], the 305 incidence of A. duodenale infection among the people living in the north of the subcontinent 306 was up to 80% while among the native Tamils living in the south, where the other hookworm 307 308 species N. americanus was dominant, it was only about 2%.

309 The intestinal bloodsucking hookworm A. duodenale is probably the only parasite that became an industrial occupational hazard. The discovery of A. duodenale as a workplace risk 310 began with the construction of the Saint Gotthard Tunnel between Switzerland and Italy in 311 1871. By 1879/80, large number of workers became so anaemic that they were unable to 312 continue to work [65]. At first, it was thought that the workers were suffering from "miner's 313 disease", a condition known for decades affecting mineworkers in different types of pits all 314 over Europe. However, by 1881 it was clear that miner's disease was actually caused by A. 315 duodenale [66]. Subsequently, the hookworm was reported in miners worldwide with infection 316 rates close to 100% in some places [65,67]. In contrast, surface mine employees were usually 317

not affected by the infection indicating that the hookworm problem was intrinsically linked 318 with the underground workings [67,68]. This poses the question of how it was possible that a 319 tropical/sub-tropical parasite could manifest itself so dramatically in mines throughout the 320 world? The answer to this lies in the working conditions of miners at that time. First, the poor 321 sanitation conditions (lack of proper latrines and sewage disposal) meant that miners relieved 322 themselves almost anywhere in the mines. Second, the warm and damp conditions of mines 323 were favourable conditions for the development of hookworm larvae. The hot environment of 324 deep mines is due to the geothermal gradient, i.e., Earth's temperature increases with depth 325 (about 2-3 °C per 100 m). But also in deep buried long tunnels like the Saint Gotthard Tunnel 326 327 (15 km long with a maximum depth of 1700 m), it is likely to encounter temperatures more than 35 °C. The elevated temperature in turn leads to the evaporation of more groundwater and 328 mine water causing an increase in humidity. In addition, the practice of sprinkling to prevent 329 330 coal dust explosion resulted in an increase in hookworm prevalence in many coal mines. In practice, this meant that mud was building up everywhere that was carried about throughout 331 332 mines including the rungs of ladders. Thus, if the mud was contaminated with hookworm larvae, it was almost inevitable for miners not to get infected. Important for the spreading of A. 333 duodenale throughout mines all over the world was the high mobility of mineworkers. For 334 example, in 1913, the German Ruhr region recorded that within the previous 12 months 69% 335 of coal miners left their pits while 78% were newly hired [69]. In contrast, in parts of England 336 337 miners were constantly recruited from various regions of the world where hookworm infections 338 were endemic [68]. However, it seems also very likely that ancylostomiasis had been within the mining community for centuries, from ancient Egyptian slave pits to medieval European 339 iron mines, and early modern mining operations, constantly passing hookworm infections from 340 one generation of mineworkers to the next [67]. In the end, A. duodenale were successfully 341 eliminated from mines worldwide by applying hygienic, preventative, and therapeutic 342 measures developed and recommended as a consequence of the hookworm epidemic at the 343 Saint Gotthard Tunnel [65]. 344

The filarial worms *Onchocerca volvulus*, *Wuchereria bancrofti*, *Mansonella perstans* and *Loa loa* (Table 3) are further examples of parasites that were brought to the New World by

infected slaves in post-Columbian times. In the case of O. volvulus, the parasite causing river 347 blindness in humans, analysis of a tandemly repeated DNA sequence family revealed that the 348 American strains are indistinguishable from the African savannah strains indicating that the 349 parasite was recently introduced into Latin America [70]. Although Simulium damnosum, the 350 main vector of O. volvulus in West Africa, is not found in the New World, other suitable 351 Simulium species were present helping to spread the parasite throughout Latin America. 352 However, as the different Simulium species do not cover wide geographical areas, O volvulus 353 occurs only in relative small and isolated foci in the New World [71]. Wuchereria bancrofti, 354 the major cause for lymphatic filariasis, is an example of a parasite that was spread throughout 355 356 tropical and subtropical regions of the world by human migration. Probably originated in the Malay Archipelago, W. bancrofti was first dispersed throughout Southeast and East Asia about 357 50,000 years ago. Austronesians most likely introduced W. bancrofti into Madagascar at about 358 359 1,500 to 1,800 years ago from where later migrations spread the parasites to continental Africa. Finally, W. bancrofti was spread from West Africa to the New World during transatlantic slave 360 361 trade in post-Columbian times. Subsequently, the parasite was further distributed in Latin America by the migration of people within the colonies. For example, W. bancrofti was 362 introduced into Costa Rica in 1871 by infected Jamaicans who came as labourers to help 363 building the railways between Puerto Limón and San José [72]. However, wuchereriasis did 364 not expand to rural areas, and ever since its introduction remained a problem in Costa Rica of 365 366 urban areas of Puerto Limón [72]. The geographic origin and the timing of the global wide dispersal of *W. bancrofti* was recently corroborated by whole genome amplification analyses 367 [73]. In contrast to other filarial worms, *M. perstans* causes only minimal pathology with few 368 disease symptoms. Recent phylogenetic analysis of ribosomal and mitochondrial DNA 369 sequences revealed that a close relationship between *M. perstans* strains from South America 370 371 and Africa suggesting that this filarial worm was also introduced into the New World in post-Columbian times as a consequence of slave trade [74]. Loa lao, the African eyeworm, has 372 repeatedly been introduced into Latin America in the recent past but could never have 373 established itself in the New World [75]. The introduction of L. loa into the New World is 374 evident from its first description by the French Surgeon Mongin who saw the parasite in the 375

eye of a slave from the Caribbean in 1770 and from the observation by the French ship surgeon
Francois Guyot who noticed recurrent ophthalmia in slaves on their way from Africa to
America and successfully removed the worm from one victim in 1778 [76].

Wuchereria bancrofti also provides an example of how the expansion of agriculturally 379 cultivated land can increase the prevalence of a parasitosis. Between 1903 and 1937, the Davao 380 region on the island of Mindanao, Philippines, saw an increase of abaca (Musa textilis) 381 plantations from 2,499 ha to 108,820 ha [77]. Abaca was commercially used for the production 382 of fibres, also known as Manila hemp, a commodity in worldwide demand at that time. 383 However, the expansion of abaca cultivation had serious consequences for the endemicity of 384 385 wuchereriasis in the region, because the plant provides perfect breeding conditions for the vector of W. bancrofti on the Philippines, the mosquito Aedes poecilus. As a result, the 386 prevalence of wuchereriasis increased substantially, which was shown to be positively 387 388 correlated with the increase in the abaca cultivation area [77].

The guinea worm *Dracunculus medinensis* (Table 3) is another parasite that was brought 389 to the New World by enslaved Africans [78]. This has been clearly documented in several 390 accounts from the 17th and 18th century. However, as *D. medinensis* requires very specific 391 environmental conditions and human behaviour for local transmission, the parasite could 392 establish itself only in a few place in tropical America for a limited period of time. With the 393 abolition of the slave trade by the Spanish in the 1860s, no more local transmission of the 394 guinea worm was recorded in Latin America. The occasional cases of dracunculiasis brought 395 396 by immigrants and travellers were not enough to establish a chain of local transmission.

The rat lungworm Angiostrongylus (Parastrongylus) cantonensis (Table 3) is an example 397 of a parasite that has been introduced into new areas by the spread of its definitive host. The 398 worm is the etiological agent of eosinophilic meningitis in humans. The home range of A. 399 cantonensis is thought to be in southern Asia where several genera of rodents, with Rattus 400 norvegicus and R. rattus being the most important species, serve as definitive hosts [79,80]. 401 Humans get accidentally infected with A. cantonensis when eating undercooked intermediate 402 hosts (snails and slugs) or paratenic hosts (fish, frogs, and freshwater prawns) harbouring 403 infectious L3 larvae, or when consuming vegetables contaminated with snail and slug mucus 404

containing the larvae. After ingestion, L3 larvae enter the brain where they grow into young 405 adult worms. In rodents, the adult worms leave the brain and end up in the lung while in humans 406 they remain in the brain causing eosinophilic meningitis. Since the end of the Second World 407 War, A. cantonensis has been dispersed throughout Southeast Asia and Western Pacific Islands, 408 including Australia [79]. The spread of the parasite was most likely via infected rats transported 409 on ships and airplanes, and via the introduction of some species of snail, in particular the 410 African land snail Achatina fulica [79]. Meanwhile, A. cantonensis is endemic in some 411 Caribbean islands, south-eastern USA, Egypt, Nigeria, Côte d'Ivoire, Brazil and Ecuador [80]. 412 In addition, increasing numbers of travellers infected with A. cantonensis returning from 413 414 endemic regions have been reported in Europe [81].

415

416 Ectoparasites

417 *Mosquitoes*

The Asian tiger mosquito Aedes albopictus (Table 4) is a well-documented example of the 418 global spread of an ectoparasite through international trade in the 20th century. Besides being 419 a significant biting nuisance, A. albopictus is also a serious health risk as vector for 420 chikungunya virus, dengue virus and dirofilariasis (Dirofilaria immitis and D. repens). 421 Originally, A. albopictus was native to the forests of Southeast Asia [82]. From there, the 422 mosquito spread eastwards to Japan and South Korea and westwards to Madagascar, but did 423 not immediately reach mainland Africa [83]. The first documented introduction of A. 424 albopictus into the USA was in Los Angeles in 1946 and a second in Oakland in 1971 [82]. In 425 both cases, the introduction of the mosquito could be traced back to the import of car tyres 426 from the Philippines and Vietnam, respectively (Figure 4). It should be pointed out that the 427 natural breeding habitats of A. albopictus are small, restricted, shaded bodies of waters like 428 water-filled tree holes, leaf axils, and rock pools, and thus man-made objects like jars, car tyres, 429 and tin cans provide acceptable alternatives. The mosquito was introduced a third time in 430 Memphis in 1983, but the introduction route remained unclear [82]. However, all three 431 introductions failed to establish A. albopictus in the USA. The first autochthonous occurrence 432 of A. albopictus was recorded in Harris County, Texas, in 1985 [82]. As breeding places, car 433

tyres and other vessels were identified, which were also suspected as the vehicles for the 434 introduction of the mosquito. It should be mentioned that between 1978 and 1985, the USA 435 imported 11.6 million used car tyres, two-thirds of which were from A. albopictus endemic 436 regions [84]. Whether Harris County was the starting point for the expansion of the mosquito 437 northwards and eastwards to other regions in the USA remains unclear. However, the spreading 438 was not a natural expansion process as the maximum flying distance of A. *albopictus* is about 439 300 m/day [85], and thus it would have not been possible for the mosquito to reach the east 440 coast within 2 years. More likely is that the mosquito was spread across the country through 441 the trade with used car tyres [82]. In addition, it cannot be ruled out that the occurrence of A. 442 443 albopictus in different regions of the USA was due to repeated introductions of the mosquito [82]. The first evidence of A. albopictus in Latin America was recorded in the State of Rio de 444 Janeiro in 1986 [86]. Subsequent detection of the mosquito along the Brazilian east coast 445 446 initially suggested that A. albopictus may have been brought into Brazil from the USA. But this seems unlikely as the characteristics of the A. albopictus populations in Brazil indicated a 447 448 different origin [82]. In the following decades, the mosquito spread throughout Latin America and is currently endemic in 19 countries [87]. In Europe, A. albopictus was discovered for the 449 first time in Albania in 1979 [88]. The mosquito was probably introduced with a shipment of 450 goods from China in the mid-1970s [88]. The next European country that became infested with 451 A. albopictus was Italy. The mosquito was first detected in Genoa in 1990 [89]. In 1991, the 452 first breeding population of A. albopictus was discovered in Padua in the Veneto Region 453 (Figure 4) [90]. It seems very likely that the mosquito was brought into Italy with imported 454 used car tyres from Atlanta, Georgia, USA [91]. In the following years, the mosquito has 455 become established in most regions in Italy below 600 m and the country is now the most 456 heavily infested territory in Europe [92]. Since the millennium, A. albopictus has been 457 introduced into many European countries, in most of which the mosquito has become 458 established [92]. Besides the introduction via imported used car tyres, the mosquito has been 459 trapped along motorways indicating that it is spread in Europe via road traffic [92,93]. An 460 alternative pathway of the introduction of A. albopictus into the Netherlands and Belgium has 461 been by the import of Lucky bamboo shipments from China [94,95]. In Africa, A. albopictus 462

has been reported for the first time in South Africa in 1990 (Figure 4) [96]. Once again, it was found that the mosquito was introduced with imported used car tyres, but this time from Japan [96]. Although *A. albopictus* did not become established in South Africa, the mosquito has meanwhile colonised several other African countries [92]. Initial breeding sites were found in harbours and coastal areas indicating that the insect was probably spread by international shipping trade. The introduction of *A. albopictus* into Cameroon was most likely due to imported used car tyres [97].

Aedes aegypti (Table 4) is another mosquito species that had been spread by human 470 activities in the past. The mosquito poses a serious health risk as vector for yellow fever virus, 471 472 dengue virus, chikungunya virus and Zika virus. Nowadays, it is one of the most widespread mosquito species in tropical and subtropical regions [98]. Historically, A. aegypti has been 473 dispersed throughout the world on sailing ships from Africa [98], the original distribution range 474 475 of the mosquito. Seventeenth century reports on dengue-like epidemics (note that A. aegypti is the main vector for Dengue) in the Caribbean suggest that the mosquito was probably already 476 introduced into the Americas with the onset of the slave trade [99]. From the late 18th to the 477 mid-20th century, A. aegypti became established in Southern Europe [98]. Unlike A. albopictus, 478 A. aegypti has not extended its distribution range in Europe beyond the Mediterranean because 479 the eggs of the mosquito are unable to undergo winter diapause [98]. During the second half of 480 the 20th century, A. aegypti has disappeared from many foci in Europe and America. The 481 reasons for its disappearance are not fully understood but eradication programmes have 482 contributed to the reduction of A. aegypti in South America between 1947 and 1970 [99] and 483 the global spread of A. albopictus since the 1970s may have resulted in the competitive 484 displacement of A. aegypti [100,101]. More recently, however, A. aegypti is recolonising 485 Europe via modern transport systems (air and road travel) [98]. In the summer of 2010, the 486 mosquito was discovered in the Netherlands at tyres yards [102]. Genetic analysis revealed that 487 A. aegypti was introduced via a shipment of tyres from Miami, Florida, USA (Figure 4) [103]. 488 This finding was quite unusual as the spread of A. *aegypti* is not directly associated with the 489 international trade in used tyres [104]. 490

Two more Aedes species have been spread around the world by commercial transport of 491 used tyres. Aedes atropalpus (Table 4) is a native North American mosquito species that has 492 been introduced into Europe several times between 1990 and 2009 [105]. Although A. 493 *atropalpus* is reproducing in Europe, the established populations have remained localised so 494 far [105]. Aedes japonicus (Table 4) is endemic in East Asia and has been spread since the 495 1990s [106]. The mosquito was first reported outside its native range in New Zealand in 1994 496 [107]. In 1998, A. japonicus was discovered in the north-eastern USA [108] and the spread of 497 the mosquito within the country may have been facilitated by the Standardbred horse trade 498 [109]. Since 2000, A. *japonicus* has been present in Europe and established in western regions 499 500 of Germany [106]. However, both mosquito species are not considered important vectors for diseases. 501

502

503 Kissing bugs

The tropicopolitan distribution range of the triatomine species T. rubrofasciata (Table 4), 504 a vector for T. cruzi in Latin America, can be only explained by recent spreading events. DNA 505 sequence analyses using nuclear and mitochondrial marker genes showed high similarity 506 between New World and Old World specimens indicating a common and recent origin of Asian 507 and American populations of T. rubrofasciata [110,111]. The close association of T. 508 rubrofasciata with domestic rats (especially R. rattus) suggests that the triatomine bug was 509 spread around the globe by international shipping during the 16th to 18th centuries [112]. 510 However, the place of origin of *T. rubrofasciata* is still debated. One hypothesis suggests that 511 T. rubrofasciata originated in the New World and could be the common ancestor of other Asian 512 triatomines [42]. An alternative hypothesis proposes that the triatomine bug is of Asian origin 513 and was recently introduced into the Americas [42]. Meanwhile, T. rubrofasciata has become 514 a serious biting nuisance and a public health problem in Vietnam as bites by the insect can 515 produce severe anaphylactic reactions in humans [42,111,]. Reports of people bitten by the 516 triatomine bug have significantly increased in different Vietnamese cities over the last decade 517 [111]. The reason for the current widespread infestation of *T. rubrofasciata* in urban areas in 518 Vietnam is unclear. One explanation could be the massive culling of peridomestic chickens in 519

520 urban and periurban areas in the previous decade in order to control avian influenza. 521 Triatomines readily feed on chickens, which in rural Latin America have been shown to be 522 important for the bug's transition from sylvatic to domestic lifestyles. Thus, it seems that 523 human interference led to the loss of a primary host of *T. rubrofasciata* driving the triatomine 524 bug to prey on people [42].

525

526 Sand fleas

The sand flea *Tunga penetrans* (Table 4) is one of the few examples of a parasite that has 527 been spread from the New World to the Old Word. Only fertilised female fleas become skin 528 529 parasites and burrow into the stratum granulosum of the epidermis. In contrast, T. penetrans larvae live in sand and soil while adult sand fleas feed intermittently on their host. Originally, 530 T. penetrans was a parasite of Xenarthra (armadillos, anteaters, and sloths) and/or Carviidae 531 (guinea pigs and capybaras) in the neotropics [113]. With the arrival of *H. sapiens* in Central 532 and South America, the flea adopted humans as an additional host in pre-Columbian times 533 534 [114]. The parasite expanded its host range further to include domestic animals and rodents introduced by Europeans during the colonisation of America. The introduction of *T. penetrans* 535 into Africa can be traced back to a single event. In September 1872, the flea was brought from 536 America to Africa with the English ship "Thomas Mitchell" that sailed from Rio de Janeiro to 537 Ambriz in Angola [113-115]. With ballast sand, old coffee bags, infected sailors, and people 538 visiting the ship, the parasite got ashore. First, the flea was dispersed along the coast by 539 shipping active in those days. Within a few years, the parasite was spread eastwards and 540 southward along trading routes with traders, explorers, and soldiers, and by 1888 and 1890 had 541 already reached Mozambique and Natal, respectively [113]. By the end of the 19th century, sea 542 trade had brought the flea onto the islands off the African east coast (Madagascar, Zanzibar, 543 Seychelles, Comoros, Mauritius and Reunion). In 1899, British soldiers introduced T. 544 penetrans into the Indian subcontinent but the flea never became established there [115]. 545 Meanwhile, T. penetrans has established itself in most sub-Saharan countries. 546

547

548 Concluding remarks

The human tendency to explore and colonise new areas has largely contributed to the spread 549 of parasites. The different forms of voluntary migration (emigration, immigration, external and 550 internal migration, labour migration) were and still are one of the main causes for the dispersal 551 of parasites throughout the world. The transatlantic slave trade, which can be regarded as a 552 special form of forced migration, played an important role for the introduction of many new 553 parasite species into the Americas. Displacement and relocation of people caused by war and 554 civil unrest are also types of forced migration that have led to the spread of parasites up to the 555 present day. Trade, in particular shipping, has been and still remains a very effective mode of 556 spreading parasites around the world. More recently, air and road transport have also 557 558 contributed to the spread of parasites. In addition, through modern mass tourism, parasites have been repeatedly introduced into non-endemic areas, in most cases without consequences for 559 the range expansion of the species involved. 560

It has been predicted that climate and environmental changes will affect the geographical 561 distribution of parasites and their human hosts [116-118]. Global warming should facilitate the 562 563 establishment of parasites and diseases vectors into more temperate parts of the world as their optimal temperature for development will shift northwards [116]. Increased precipitation and 564 humidity should favour parasites that rely on aquatic and free-living life cycle stages (e.g. 565 mosquitoes and soil-transmitted helminths, respectively) [116]. Environmental changes (e.g. 566 567 deforestation) can create novel habitats for parasites that can help to establish them in new 568 areas [116,119]. Importantly, climate change may cause massive migrations as some areas may become uninhabitable through droughts, an increasing problem particularly in sub-Saharan 569 Africa [117]. It can be expected that migrants will carry parasites and introduce them into new 570 regions [117]. However, it is quite difficult to predict what overall impact anthropogenic 571 climate change will have on the spread of parasites in the future. 572

573

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576

577 **Disclosure statement**

578	No potential	conflict of interest	was reported by	the authors.
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870	Table 1. Information	about protozoan	parasites spread l	by human migratory	activity.
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Name	Life cycle type	Vector	Origin	Current distribution
Plasmodiidae				
Plasmodium falciparum	indirect	Anopheles sp.	Western Africa	worldwide but mainly tropical and subtropical
Plasmodium vivax	indirect	Anopheles sp.	Central Africa	worldwide between latitudes 16° N and 20° S
Trypanosomatidae				
Leishmania infantum	indirect	Lutzomyia sp. Phlebotomus sp.	East Africa	Mediterranean region, Middle East, East Africa, China, Latin America
Trypanosoma evansi	indirect	Tabanus sp. Stomoxys sp.	Western Africa	North Africa, Near and Middle East, Central and South Asia, Latin America
Trypanosoma equiperdum	direct	-	Eastern Africa	Mediterranean region, North and South Africa, Asia, Latin America
Trypanosoma vivax	indirect	Glossina sp. Tabanus sp.	sub-Saharan Africa	tropical Africa, South America, Caribbean
Trypanosoma brucei	indirect	Glossina sp.	sub-Saharan Africa	sub-Saharan Africa
Trypanosoma cruzi	indirect	<i>Triatoma</i> sp. <i>Rhodnius</i> sp. <i>Panstrongylus</i> sp.	South America	South and Central America

Name	Life cycle type	Intermediate host(s)	Origin	Current distribution
Schistosomatidae				
Schistosoma mansoni	indirect	<i>Biomphalaria</i> sp.	East Africa	Africa, Middle East, parts of South America and the Caribbean
Schistosoma haematobium	indirect	Bulinus sp. Physopsis sp.	East Africa	Africa, Middle East
Fasciolidae				
Fasciola hepatica	indirect	<i>Lymnea</i> sp.	Eurasia	worldwide
Fascioloides magna	indirect	Fossaria sp. Stagnicola sp. Galba truncatula Radix perega	North America	North America, Europe
Opisthorchiidae				
Opisthorchis viverrini	indirect	1 st : <i>Bithynia</i> sp. 2 nd : Cyprinidae	Southeast Asia	Thailand, Cambodia, Laos
Taenidae				
Taenia solium/cysticercosis*	indirect	pigs	sub-Saharan Africa	worldwide

Table 2. Information about flatworms spread by human migratory activity.

873 *, in cysticercosis, the transmission of *T. solium* is direct from human to human via ingestion of eggs released by humans infected with the

tapeworm, and thus humans are final and intermediate host at the same time.

Name	Life cycle type	Intermediate host(s)/vector	Origin	Current distribution
Ancylostomatidae				
Ancylostoma duodenale	direct	-	North African Mediterranean region	worldwide but predominately in the Middle East, North Africa and southern Europe
Necator americanus	direct	-	presumably in Africa	worldwide but predominately in the Americas and Australia
Trichuridae				
Trichuris trichiura	direct	-	presumably in Africa	worldwide but more frequent in tropical areas
Ascariidae				
Ascaris lumbricoides	direct	-	presumably in Africa	worldwide but predominately in tropical and subtropical areas
Strongyloidae				·
Strongyloides stercoralis	direct	-	presumably in Africa	worldwide in tropical and subtropical areas
Onchoceridae				
Onchocerca volvulus	indirect	Simulium sp.	Africa	Africa, Middle East, Latin America
Filaridae				
Wuchereria bancrofti	indirect	Aedes sp. Culex sp.	Malay Archipelago	worldwide in tropical areas
Mansonella perstans	indirect	Culicoides sp.	most likely in Africa	West and Central Africa, South America
Loa lao	indirect	Chrysops sp.	most likely in Africa	West and Central Africa

Table 3. Information about nematodes spread by human migratory activity.

Dracunculoidea				
Dracunculus medinensis	indirect	<i>Cyclops</i> sp.	presumably in Africa	sub-Saharan Africa, Ethiopia, Middle East, India
Metastrongylidae				
Angiostrongylus cantonensis	indirect	snails, slugs, crabs, shrimps	southern Asia	Southeast Asia, Pacific Basin, Africa, Caribbean

Name	Origin	Current distribution
Name	Chgin	
Culicidae		
Aedes albopictus	Southeast Asia	worldwide
Aedes aegypti	Africa	worldwide in tropical and subtropical regions
Aedes atropalpus	eastern North America	North America, Europe
Aedes japonicus	East Asia	East Asia, North America, Europe, New Zealand
Reduviidae		
Triatoma rubrofasciata	South America or Asia	Americas, Asia, Africa, Oceania
Pulicidae		
Tunga penetrans	South America	Central and South America, sub-Saharan Africa

Table 4. Information about insects spread by human migratory activity.

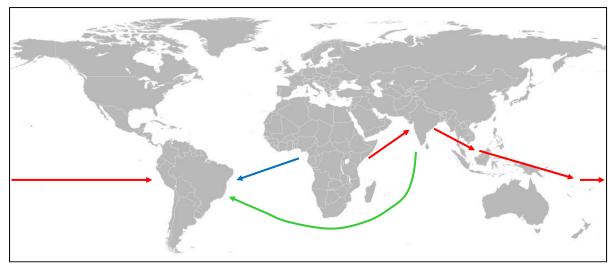
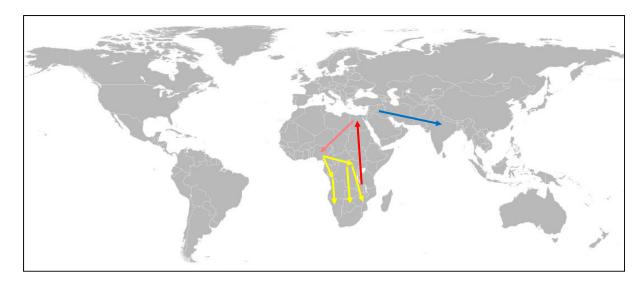


Figure 1. Spreading of *P. vivax*.

New research indicates that *P. vivax* originated in Africa and was spread to Asia and Australasia, from where the parasite was spread to South America in pre-Columbian times (red arrows) [13]. In post-Columbian times, *P. vivax* was introduce into Latin America from West Africa by slaves (blue arrow) and from Asia by migrants (green arrow) [13].



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Figure 2. Spreading of schistosomes (*S. mansoni* and *S. haematobium*) and *A. duodenale* by
mass migration.

African schistosomes have evolved the region of the African Great Lakes, from where they have been spread along the Nile (red arrow) [44]. It is likely that the schistosomes have been dispersed to West Africa in the course of the Yoruba mass migration (orange arrow) and further to Central and South Africa in the course of the Bantu mass migration (yellow arrows) [45]. Originated in the Mediterranean region, *A. duodenale* has been introduced into North India in the course of the Aryan mass migration (blue arrow) [45].

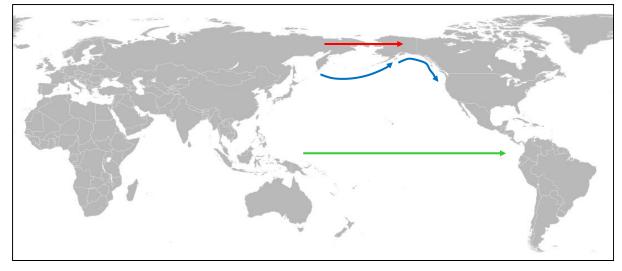


Figure 3. Introduction of soil-transmitted helminths into the Americas.

900 It is unlikely that soil-transmitted helminths (*A. duodenale*, *N. americanus*, *T. trichiura*, *A. lumbricoides*, and *S. stercoralis*) have been introduced into the New World by humans 902 migrating through Beringia (red arrow) because the harsh climate conditions of this route 903 would have been detrimental for the development of their free-living life cycle stages [5]. 904 Instead, soil-transmitted helminths could have been introduced into the New World via costal 905 migration (blue arrows) and/or trans-pacific migration (green arrow) in pre-historic times [5, 906 61-63].

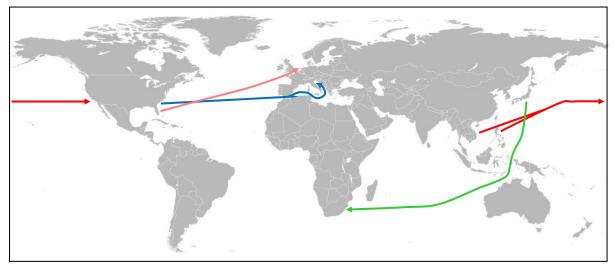


Figure 4. Spreading of *Aedes* sp. via international tyre trade.

The first introduction of *A. albopictus* into the USA (Los Angeles and Oakland in California) could be traced back to a shipment of used car tyres from the Philippines and Vietnam (red arrows) [82]. The establishment of *A. albopictus* in Padua, Italy, could be linked to used car tyres imported from Atlanta, Georgia, USA (blue arrow) [91]. The first reported case of *A. albopictus* in South Africa could be attributed to a consignment of used car tyres from Japan (green arrow) [96]. The introduction of *A. aegypti* into the Netherlands could be tracked to a shipment of tyres from Miami, Florida, USA (orange arrow) [103].