Natalizumab in acute ischemic stroke (ACTION II)

A randomized, placebo-controlled trial

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Abstract

Objective

We evaluated the effect of 2 doses of natalizumab on functional outcomes in patients with acute ischemic stroke (AIS).

Methods

In this double-blind phase 2b trial, patients with AIS aged 18–80 years with NIH Stroke Scale scores of 5–23 from 53 US and European sites were randomized 1:1:1 to receive a single dose of 300 or 600 mg IV natalizumab or placebo, with randomization stratified by treatment window (≤ 9 or >9 to ≤ 24 hours from patient's last known normal state). The primary endpoint was a composite measure of excellent outcome (modified Rankin Scale score ≤ 1 and Barthel Index score ≥ 95) at day 90 assessed in all patients receiving a full dose. Sample size was estimated from a Bayesian model; *p* values were not used for hypothesis testing.

Results

An excellent outcome was less likely with natalizumab than with placebo (natalizumab 300 or 600 mg odds ratio 0.60; 95% confidence interval 0.39–0.93). There was no effect modification by time to treatment or use of thrombolysis/thrombectomy. For natalizumab 300 mg, 600 mg, or placebo, there were no differences in incidence of adverse events (90.0%, 92.1%, and 92.3%, respectively), serious adverse events (25.6%, 32.6%, and 20.9%, respectively), or deaths (6.7%, 4.5%, and 5.5%, respectively).

Conclusions

Natalizumab administered ≤24 hours after AIS did not improve patient outcomes.

ClinicalTrials.gov identifier

NCT02730455

Classification of evidence

This study provides Class I evidence that for patients with AIS, an excellent outcome was less likely in patients treated with natalizumab than with placebo.

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ACTION II Investigators group members are listed in appendix 2 at the end of the article.

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Glossary

ACTION II = Safety and Efficacy of Intravenous Natalizumab in Acute Ischemic Stroke; AE = adverse event; AIS = acute ischemic stroke; BI = Barthel Index; CI = confidence interval; DWI = diffusion-weighted imaging; GEE = generalized estimating equation; IQR = interquartile range; LKN = last known normal; mITT = modified intent-to-treat; MoCA = Montreal Cognitive Assessment; mRS = modified Rankin Scale; MS = multiple sclerosis; NIHSS = NIH Stroke Scale; OR = odds ratio; SAE = serious adverse event; SIS-16 = Stroke Impact Scale-16; tPA = tissue plasminogen activator; VLA-4 = very late antigen-4.

Innate and adaptive immune responses after ischemic brain injury are thought to contribute to brain injury and poor functional outcomes.¹ Leukocyte infiltration after ischemic stroke mediates and exacerbates immune-mediated injury.^{2–4} In animal models of ischemic stroke, postischemic inflammation leads to larger infarcts and worse functional outcomes.^{2–4} Monoclonal antibodies against the CD49d receptor target the α chain of the adhesion molecule very late antigen-4 (VLA-4) and reduce leukocyte migration into the CNS.^{4–8} In preclinical studies,^{4–8} including a multicenter preclinical randomized trial,⁸ these antibodies have been shown to decrease leukocyte infiltration, reduce infarct volume, and improve functional outcomes in some, though not all, mouse models of ischemic stroke.

Natalizumab is a monoclonal antibody targeting α -4 integrin within VLA-4, leading to reduced transmigration of leukocytes across the vascular endothelium.^{9,10} Natalizumab is approved for the treatment of multiple sclerosis (MS) and Crohn's disease¹¹ and is highly effective at reducing inflammatory lesions within the CNS of patients with MS.^{10,12} Several putative mediators of postischemic inflammation in experimental stroke models, including $\gamma\delta$ T cells, T-effector cells, and macrophages, express VLA-4.^{6,13,14}

In a prior proof-of-concept phase 2 clinical trial testing the effect of a single 300-mg IV infusion of natalizumab among 161 patients with ischemic stroke treated within 9 hours of symptom onset, natalizumab did not affect infarct volume growth (the primary study endpoint) but did result in improvement on several prespecified secondary and tertiary endpoints of functional outcome at 30 and 90 days, compared with placebo.¹⁵ Exposure-response analyses of this trial suggested that higher concentrations of natalizumab were associated with a higher likelihood of a good functional outcome, indicating that further dose exploration may be warranted.

The primary goal of the present trial was to further test the hypothesis that natalizumab is associated with improved patient functional outcomes when administered after acute ischemic stroke (AIS). The study also aimed to evaluate the efficacy at 2 different doses of a single IV infusion of natalizumab and to assess benefit up to 24 hours after stroke symptom onset.

Methods

Standard protocol approvals, registrations, and patient consents

Patients from 53 clinical sites in Germany (19 sites), the United States (18 sites), Spain (12 sites), and the United Kingdom (4 sites) were enrolled. Prior to randomization, all patients received standard of care for stroke. Any treatments provided by the local physician, including IV recombinant tissue plasminogen activator (tPA; alteplase) and mechanical thrombectomy, were performed before inclusion in the trial. The study was performed in accordance with applicable International Conference on Harmonisation of Technical Requirements for Pharmaceuticals for Human Use and Good Clinical Practice guidelines. Ethics approval was granted by each center's local or national independent ethics committee. The study is registered at ClinicalTrials.gov (NCT02730455). Before undergoing any study procedures, patients provided written informed consent.

Study design

The ACTION II study was a multicenter, double-blind, doseranging, placebo-controlled, randomized phase 2 study evaluating the safety and efficacy over 90 days of natalizumab administered as a single IV infusion at 2 different doses (300 and 600 mg) in patients with AIS.

Patient selection

Eligible patients were 18-80 years old (inclusive) at the time of enrollment, had a clinical diagnosis of supratentorial AIS defined by last known normal (LKN) ≤ 24 hours prior to study treatment initiation, and an NIH Stroke Scale (NIHSS)¹⁶ score of 5-23 points (inclusive) at screening for patients initiating treatment ≤ 9 hours from LKN or 5–15 points (inclusive) for patients initiating treatment >9 to \leq 24 hours from LKN. Prior to the stroke, included patients were able to perform basic activities of daily living without assistance. MRI scans were not required for inclusion, but for those who underwent cranial MRI, there had to be at least one acute infarct with a diameter of ≥ 2 cm on baseline brain diffusion-weighted imaging (DWI). For patients who underwent thrombolysis or mechanical thrombectomy, the NIHSS score had to be reconfirmed within 60 minutes prior to randomization. Patients of childbearing potential were required to be willing and able to practice contraception during the study.

Exclusion criteria included lacunar or isolated brainstem or cerebellar stroke based on clinical assessment and available acute imaging studies performed under the standard of care; the presence of acute intracranial hemorrhage on acute brain CT or MRI (with petechial hemorrhages ≤ 1 cm not considered exclusionary); severe stroke defined by imaging criteria (an Alberta Stroke Program Early CT score of 0-4 based on head CT or acute infarct volume on MRI DWI \geq 70 mL); seizure at the onset of stroke; known history of immunocompromised status, history of progressive multifocal leukoencephalopathy, prior treatment with natalizumab, or participation in any other study that involved treatment with an investigational drug within 6 months prior to enrollment; hypersensitivity reaction to tPA administered for the stroke; a known history of testing positive for HIV or of active viral hepatitis B or C; signs of active herpes simplex type 1 or 2 or varicella within 4 weeks prior to randomization; and signs and symptoms of active or acute infection. Patients who were nursing or pregnant and patients with significant medical disorders, neurologic disorders (other than stroke), or psychiatric disorders or a known history of substance abuse that might preclude safe participation or render the patient unable to comply with study requirements were also excluded.

All candidates were required to provide signed and dated informed consent. In the event that a candidate was not able to give consent, informed consent could be provided either by a representative of the candidate or through another process that was in compliance with local institutional review board and ethics committee guidelines.

Randomization and masking

At baseline, eligible patients were randomized 1:1:1 to receive a single dose of 300 mg IV natalizumab, 600 mg IV natalizumab, or placebo (figure 1A). Patients were randomized and registered by an Interactive Voice/Web Response System (IXRS; Almac, Craigavon, UK), which provided a computergenerated allocation sequence. Two separate randomization schemes were used for patients in the 2 treatment windows (\leq 9 hours or >9 to \leq 24 hours from LKN): for patients in the \leq 9 hours group, randomization was stratified by baseline NIHSS score (5–15 vs 16–23), tPA use, and region; for patients in the >9 to \leq 24 hours group, randomization was stratified by whether patients also had tPA use and by region. Patients, investigators, and study staff were blinded to patient treatment assignments, and natalizumab and placebo were provided in color-matched vials.

Study objectives and measures

The NIHSS score, used to assess the clinical severity of acute cerebral infarction, was collected at screening and at 24 ± 6 hours, 5 days, 30 ± 5 days, and 90 ± 5 days. This is a 15-item questionnaire, with 0 as normal and a maximum possible score of 42 for all items; it takes 5–10 minutes to administer.¹⁶ Additional functional outcomes, including modified Rankin Scale (mRS) and the Barthel Index (BI), were collected at 5 days, 30 ± 5 days, and 90 ± 5 days. Blood samples for pharmacokinetic and pharmacodynamic testing were collected at screening, within 1 hour of natalizumab infusion, and at 12 ± 3 hours, 24 ± 6 hours, 5 days, 30 ± 5 days, and 90 ± 5 days.

Safety events were reported throughout the study. For patients unable to return to the study center at day 30 or 90, efficacy and safety outcomes could be collected remotely where this was allowed by local regulations.

The primary endpoint of the study was the composite global measure of functional disability based on a score of 0 or 1 on the mRS and a score of \geq 95 on the BI at day 90. These mRS and BI thresholds were similar to those used in prior studies of acute stroke therapies, including those demonstrating the benefit of IV tPA in AIS.^{17,18} These outcomes were also chosen based on the evidence of efficacy of natalizumab in improving outcomes on these scales in the original phase 2 trial of natalizumab.¹⁵ The mRS measures independence with regard to specific tasks before and after stroke.¹⁷ The scale consists of 7 grades from 0 to 6, with 0 representing no symptoms and 6 representing death. The BI consists of 10 items that measure a person's daily functioning, specifically the activities of daily living and mobility. Each item is measured on a 10-point scale, adding up to a maximum total score of 100, with higher scores indicating higher independence of the participant in performing these tasks. All study personnel responsible for administering these primary outcome tests were duly certified.

The following secondary efficacy outcome measures were chosen to explore the impact of natalizumab on outcomes: (1) mRS score, (2) BI score, (3) Stroke Impact Scale–16 (SIS-16) score, (4) Montreal Cognitive Assessment (MoCA) score, and (5) NIHSS score. The SIS-16 is an instrument that measures 16 physical capabilities rated on a scale of 1 (could not do at all) to 5 (not difficult at all) and takes less than 5 minutes to administer.¹⁹ The MoCA is a global cognitive screening test that screens 8 psychometric domains and takes approximately 10 minutes to administer.²⁰ Safety endpoints were assessed as incidence of adverse events (AEs) and serious AEs (SAEs). All AEs and SAEs were adjudicated as being related or not related to the study treatment.

Additional prespecified exploratory endpoints examined the effects of treatment on other clinical outcomes using the following standard measures: the Functional Independence Measure, the Symbol Digit Modalities Test, the Fatigue Severity Scale, the Beck Depression Inventory 2, and the EuroQoL 5-dimensions/3 levels questionnaire. Secondary and exploratory efficacy outcomes were evaluated at day 90, with additional analyses at days 5 and 30. Exploratory pharmacokinetics and pharmacodynamics of natalizumab were assessed as the serum concentration of natalizumab (as determined using a validated ELISA), α 4 integrin saturation, and CD49d expression.

Statistical analysis

The sample size calculations assumed a true odds ratio (OR) of 1.8 as observed in the pooled secondary endpoint analyses of the ACTION trial. The sample size of 270 provided 88% probability to find an OR \geq 1.3 for the primary comparison of

Figure 1 Safety and Efficacy of Intravenous Natalizumab in Acute Ischemic Stroke (ACTION II) study design and patient disposition



(A) ACTION II study design and (B) patient disposition. *Number of patients withdrawn includes some patients who withdrew prior to receiving a full dose of study treatment. BDI-2 = Beck Depression Inventory 2; BI = Barthel Index; EQ-5D-3L = EuroQoL 5 dimensions/3 levels; FIM = Functional Independence Measure; FSS = Fatigue Severity Scale; HRU = healthcare resource utilization; LKN = last known normal; mITT = modified intent-to-treat; MoCA = Montreal Cognitive Assessment; mRS = modified Rankin Scale; NIHSS = NIH Stroke Scale; R = randomization; SDMT = Symbol Digit Modalities Test; SIS-16 = Stroke Impact Scale-16.

natalizumab (dose groups combined) vs placebo on the global composite measure at day 90. An OR \geq 1.3 on the global outcome measure was considered to be clinically meaningful based on the effect of tPA in the 3- to 4.5-hour time window.

As prespecified in the study protocol, all efficacy analyses were performed for the modified intent-to-treat (mITT) population, defined as all patients who were randomized and received the entire infusion of study treatment. The safety population was defined as patients who had received any study treatment, including cases of complete or incomplete infusion. Safety was assessed and the incidence of AEs and SAEs was analyzed using descriptive statistics.

The primary global estimate for overall improvement across the mRS and BI was calculated using generalized estimating equation (GEE) models with the logit link function to estimate the OR and 95% confidence interval (CI), as in prior studies.²¹ The 2 components were the within-patient repeated measures in the GEE model. Treatment was included in statistical modelling as a categorical variable with 3 levels (300 mg, 600 mg, and placebo). Additional covariates included in the models were baseline NIHSS category (score 5–15 or 16–23); tPA use (yes/no); thrombectomy (yes/no); age (<60, 60–69, or 70–80 years); treatment window (\leq 9 or >9 to ≤24 hours from LKN); and region (United Kingdom/ Germany, Spain, or United States). For missing day 90 mRS and BI scores, multiple imputation methods (with 50 replications) were utilized. Patients who died were not treated as having missing data. For mRS, a score of 6 was recorded for any deaths.

To determine the treatment window in the primary analysis population, the interaction between treatment and treatment window was first tested in a logistic regression model that included these covariates and a 2-way interaction term. The analysis plan prespecified that if the *p* value of the interaction term between treatment and treatment window was ≥ 0.3 for the combined active-dose groups vs placebo, the primary analysis population would include patients in both treatment windows, and a main effect–only GEE model with the same covariates as described above would be the basis of the primary analysis. Otherwise, if the *p* value of the interaction was <0.3, the primary analysis population would include patients in the ≤ 9 hours from LKN window only. A separate analysis for patients with treatment window >9 and ≤ 24 hours from LKN was also to be performed.

Depending on the primary treatment window based on the interaction test, the global OR in the primary analysis model of active (2 doses combined) vs placebo treatment was derived from the GEE model. All calculated p values were 2-sided. Because the study sample size was estimated based on a Bayesian model with a prior probability from the previously completed ACTION trial,¹⁵ p values were not used as the basis for hypothesis testing and thus are not reported for efficacy endpoints.

Additional prespecified analyses were performed combining the data from the primary outcome measure, mRS, and BI from this trial with the data from the prior ACTION trial to determine if there was evidence of benefit.

Data availability

The datasets generated or analyzed during the current study are not publicly available. The authors and company are fully supportive of allowing independent assessment and verification of these results. Requests for deidentified data should be made via the established company data-sharing policies and processes as detailed on the website clinicalresearch.biogen. com/.

Classification of evidence

This study provides Class I evidence on whether patients with AIS are more likely to experience an excellent outcome with natalizumab than with placebo.

Results

Patient disposition

Between July 18, 2016, and November 20, 2017, 277 patients were randomized across 53 study sites in the United States and Europe (figure 1). Seven patients did not receive any study treatment, and 3 did not receive a full dose of study treatment. The remaining 267 patients (88 natalizumab 300 mg, 89 natalizumab 600 mg, and 90 placebo) received a full dose of study treatment and were included in the mITT population, as per study protocol.

Baseline characteristics

At baseline, patients had a mean (SD) age of 66.3 (10.5) years and had a median (interquartile range [IQR]) NIHSS score of 9 (6–14) (table 1). The median (IQR) time from symptom onset (i.e., LKN) to treatment was 8.3 (6.3–14.0) hours, with a median of 7.3 hours in the \leq 9 hours category (n = 176) and 16.7 hours in the >9 to \leq 24 hours category (n = 89). In the mITT population, 168 patients (63%) were administered tPA and 113 patients (42%) underwent thrombectomy prior to study treatment (table 1). A total of 212 patients (79%) received IV tPA and/or underwent thrombectomy, while 76 patients (28%) received both tPA and thrombectomy.

Overall, baseline demographics, stroke severity (baseline NIHSS score), and frequency of thrombolytic and thrombectomy use were well balanced among the 3 treatment groups in the mITT population (table 1).

Efficacy outcomes

In the analysis of the primary endpoint, no significant interaction effect was observed between study treatment and treatment window (p = 0.570), so the analysis population included both treatment windows. The 2-component (mRS and BI) composite excellent outcome was less likely among those who received natalizumab than those who received

Table 1 Baseline demographics and disease characteristics of the modified intent-to-treat population

	Placebo (n = 90)	Natalizumab 300 mg (n = 88)	Natalizumab 600 mg (n = 89)	Natalizumab 300 mg + 600 mg (n = 177)	Total (n = 267)
Age, y					
Median	68.5 (61, 76)	69 (60.5, 75)	68 (57, 74)	68 (59, 75)	68 (59, 75)
<60	20 (22)	20 (23)	29 (33)	49 (28)	69 (26)
60-69	27 (30)	28 (32)	21 (24)	49 (28)	76 (28)
70-80	43 (48)	40 (45)	39 (44)	79 (45)	122 (46)
Sex					
Male	63 (70)	53 (60)	54 (61)	107 (60)	170 (64)
Female	27 (30)	35 (40)	35 (39)	70 (40)	97 (36)
Weight, kg ^a	84 (78, 95)	80 (70, 97)	78.5 (65.4, 90)	80 (70, 92)	80 (72, 93.2)
BMI, median	27.9 (25.5, 31.1)	27.5 (24.8, 33.4)	27.2 (23.6, 31.2)	27.4 (24.4, 31.6)	27.7 (24.9, 31.6)
Location of stroke ^b					
Left hemisphere	46 (51)	40 (45)	43 (49)	83 (47)	129 (48)
Right hemisphere	42 (47)	48 (55)	44 (50)	92 (52)	134 (50)
Both	2 (2)	0	1 (1)	1 (<1)	3 (1)
Received tPA or thrombectomy	73 (81)	68 (77)	71 (80)	139 (79)	212 (79)
Received tPA prior to study drug	56 (62)	56 (64)	56 (63)	112 (63)	168 (63)
Thrombectomy	38 (42)	36 (41)	39 (44)	75 (42)	113 (42)
Baseline NIHSS score ^c					
Median	9.5 (6, 13)	9 (6, 13.5)	10 (6, 14)	9 (6, 14)	9 (6, 14)
5-15	77 (87)	74 (84)	75 (84)	149 (84)	226 (85)
16-23	12 (13)	14 (16)	14 (16)	28 (16)	40 (15)
History of diabetes	28 (31)	25 (28)	15 (17)	40 (23)	68 (25)
Glucose at entry, mmol/L ^d	6.5 (5.5, 7.8)	6.7 (5.7, 8.2)	6.5 (5.6, 7.4)	6.6 (5.7, 7.8)	6.5 (5.6, 7.8)

Abbreviations: BMI = body mass index; NIHSS = NIH Stroke Scale; tPA = tissue plasminogen activator.

Values are n (%) or median (Q1, Q3).

^a Data were not available for 1 natalizumab 300 mg patient.

^b Data were not available for 1 natalizumab 600 mg patient.

^c Data were not available for 1 placebo patient.

^d Data were not available for 2 natalizumab 300 mg patients and 6 natalizumab 600 mg patients.

placebo (OR [95% CI] of 0.60 [0.39–0.93] for natalizumab 300 + 600 mg groups combined vs placebo). Results were similar for the individual treatment groups: OR (95% CI) 0.64 (0.38–1.07) for natalizumab 300 mg vs placebo and 0.57 (0.34–0.95) for natalizumab 600 mg vs placebo (table 2).

In a secondary analysis, similar results were observed using a global composite good outcome (i.e., mRS score of 0–2 and BI score \geq 85), with an OR (95% CI) of 0.53 (0.32–0.87) for natalizumab 300 mg + 600 mg vs placebo. In subgroup analyses of the global composite excellent outcome by treatment window (\leq 9 hours vs >9 to \leq 24 hours), tPA use, or thrombectomy, results were similar to those in the overall mITT population (figure 2A). For secondary outcomes evaluating effects on individual functional outcome measures, there was no benefit for excellent outcomes on either the mRS or the BI considered independently (table 2). Subgroup analyses showed no notable differences based on treatment window, tPA use, or thrombectomy (figure 2, B and C). In an analysis of the shift of functional outcomes scores, taking account of the full spectrum of scores, there was no evidence of a beneficial effect of natalizumab (with a shift OR of 0.65 [95% CI 0.38–1.11] for both natalizumab 300 mg vs placebo and natalizumab 600 mg vs placebo) (figure 2D).

The percentages of patients with MoCA scores ≥ 22 , ≥ 24 , or ≥ 26 were generally similar in the placebo and natalizumab

 Table 2 Efficacy outcomes of natalizumab- and placebo-treated patients in the modified intent-to-treat population at 90 days

	Placebo, n/N (%)	Natalizumab 300 mg, n/N (%)	Natalizumab 300 mg vs placebo, OR (95% Cl)	Natalizumab 600 mg, n/N (%)	Natalizumab 600 mg vs placebo, OR (95% Cl)	Natalizumab 300 mg + 600 mg, n/N (%)	Natalizumab 300 mg + 600 mg vs placebo, OR (95% Cl)
Primary endpoin	t						
Global composite excellent outcome	_	_	0.64 (0.38–1.07)	_	0.57 (0.34–0.95)	_	0.60 (0.39–0.93)
Global composite good outcome (sensitivity)	_	_	0.52 (0.29–0.96)	_	0.53 (0.30–0.94)	_	0.53 (0.32–0.87)
Secondary endpo	oints						
mRS score							
0 or 1	35/86 (41)	24/83 (29)	0.67 (0.35–1.28)	21/82 (26)	0.54 (0.28–1.06)	45/165 (27)	0.60 (0.34, 1.06)
0, 1, or 2	60/86 (70)	43/83 (52)	0.49 (0.25–0.96)	43/82 (52)	0.48 (0.25–0.94)	86/165 (52)	0.49 (0.27–0.87)
BI score							
≥95	58/86 (67)	44/81 (54)	0.56 (0.29–1.08)	44/81 (54)	0.54 (0.28–1.04)	88/162 (54)	0.55 (0.31, 0.98)
≥85	66/86 (77)	53/81 (65)	0.55 (0.27–1.13)	54/81 (67)	0.58 (0.28–1.19)	107/162 (66)	0.56 (0.30–1.06)
MoCA score							
≥22	51/90 (57)	52/88 (59)	1.08 (0.55–2.13)	53/89 (60)	1.06 (0.53–2.10)	105/177 (59)	1.07 (0.59–1.93)
≥24	43/90 (48)	41/88 (47)	0.89 (0.45–1.76)	40/89 (45)	0.76 (0.38–1.51)	81/177 (46)	0.82 (0.46–1.48)
≥26	31/90 (34)	26/88 (30)	0.72 (0.35–1.45)	30/89 (34)	0.81 (0.40–1.64)	56/177 (32)	0.76 (0.42–1.40)
SIS-16 score ≥ median ^a	65/90 (72)	52/88 (59)	0.53 (0.27–1.03)	52/89 (58)	0.49 (0.25–0.95)	104/177 (59)	0.51 (0.28–0.92)
NIHSS score of 0 or 1	42/77 (55)	30/76 (39)	0.61 (0.31–1.18)	24/71 (34)	0.53 (0.27–1.06)	54/147 (37)	0.57 (0.32–1.01)

Abbreviations: BI = Barthel Index; CI = confidence interval; MoCA = Montreal Cognitive Assessment; mRS = modified Rankin Scale; NIHSS = NIH Stroke Scale; OR = odds ratio; SIS-16 = Stroke Impact Scale-16.

If a patient is known to be dead on or before a specific postbaseline visit, the missing mRS or BI scores at that specific visit and all remaining visits are set to the worst possible outcome; otherwise, multiple imputation methods are applied for missing mRS and BI scores. ^a Median is calculated across all visits in all treatment arms.

treatment groups (table 2). A greater proportion of patients in the placebo group had SIS-16 scores at or above median and NIHSS scores of 0 or 1 compared with the natalizumab groups; ORs were similar to those observed for mRS and BI scores (table 2).

When the data from the ACTION and ACTION II trials were pooled, as prespecified in the statistical analysis plan, there was no evidence of natalizumab having a beneficial effect (OR of a composite excellent outcome [95% CI] 0.85 [0.58–1.24] for natalizumab 300 or 600 mg vs placebo). Among the patients assigned to natalizumab (either dose) in the 2 trials, the proportion of patients with an mRS score of 0 or 1 was 27% (63 of 237), compared with 31% (51 of 164) among the patients assigned placebo (OR [95% CI] 0.76 [0.47–1.23]). A BI score \geq 95 was achieved in 53% (119 of 226) of patients assigned to natalizumab vs 54% (83 of 154) of patients assigned to placebo (OR [95% CI] 0.91 [0.57–1.45]).

No evidence of a benefit was observed on any of the exploratory efficacy endpoints (table 3). In the pharmacokinetics analysis, the mean peak serum natalizumab concentration was twice as high in the 600 mg natalizumab group as in the 300 mg group (226.81 vs 109.95 mg/L) (table 3). Mean serum natalizumab concentrations over time are shown in figure 3A. Exposure of natalizumab in patients treated with the 600 mg dose was also approximately double that in the patients treated with 300 mg natalizumab (table 3). In pharmacodynamic analyses, median α 4 integrin saturation increased from 3.0% to 3.5% at baseline to 97.9% in the natalizumab 300 mg group and 98.1% in the natalizumab



Subgroup analyses of the odds of an excellent outcome on (A) the composite endpoint, (B) the modified Rankin scale (mRS), and (C) the Barthel Index (BI) at day 90 in the modified intent-to-treat population treated with natalizumab 300 mg or 600 mg vs placebo and (D) distributions of mRS scores at day 90. CI = confidence interval; OR = odds ratio; tPA = tissue plasminogen activator.





Pharmacokinetic and pharmacodynamic assessments of (A) serum natalizumab concentration (concentrations were below detectable levels in 1 natalizumab 600 mg patient at 24 300 mg hours, 6 natalizumab patients and 4 natalizumab 600 mg patients at 30 days, and 59 natalizumab 300 mg patients and 60 natalizumab 600 mg patients at 90 days), (B) α4 integrin saturation (for α4 integrin saturation, median values were plotted over time instead of mean values due to outliers; 2 participants in the placebo group at 30 days and 1 participant in the placebo group at 90 days had extremely high $\alpha 4$ integrin saturation values due to laboratory errors), and (C) CD49d Pharmacokinetic levels. analyses were performed for 176 patients (87 in the natalizumab 300 mg group and 89 in the natalizumab 600 mg group) in the pharmacokinetic population, which included patients who had received the entire infusion of natalizumab at the baseline visit and had at least 1 measurable sample collected for the determination of natalizumab concentrations. The pharmacody population namic included all patients who received the entire in-. fusion of study treatment and had at least 1 postbaseline pharmacodynamic assessment (90 in the placebo group, 87 in the natalizumab 300 mg group, and 89 in the natalizumab 600 mg group). MFI = mean fluorescence intensity; SE = standard error.

600 mg group within 1 hour after natalizumab infusion (figure 3B). Median α 4 integrin saturation remained high through 30 days postdose (ranging from 68.2% to 97.0% in the

natalizumab 300 mg group and from 80.9% to 98.1% in the natalizumab 600 mg group) and decreased to approximately baseline levels by 90 days. Similar timing was observed for the

Table 3 Explorator	y efficacy end	points at day	90 and single-dose	pharmacokinetic parameters
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	Placebo		Natalizumab 300 mg			Natalizumab 600 mg	
	n	Mean (SD)	n	Mean (SD) or median (minimum, maximum)	n	Mean (SD) or median (minimum, maximum)	
Exploratory efficacy outcome							
FIM score	78	110.7 (25.5)	73	105.3 (29.0)	72	106.6 (24.2)	
SDMT, number of correct responses	58	41.4 (36.1)	58	33.0 (23.3)	57	41.8 (33.4)	
FSS score	71	30.5 (16.4)	69	33.9 (17.5)	69	37.2 (17.4)	
BDI-2 score	74	7.4 (6.7)	70	10.8 (10.3)	69	9.4 (8.8)	
EQ-5D-3L, best imaginable health state	79	69.2 (20.3)	74	65.1 (23.5)	74	65.0 (23.0)	
PK parameter							
C _{max} , mg/L			88	103.0 (55.6, 474.0)	86	224.0 (105.0, 622.0)	
t _{max} , h			88	10.32 (0.67, 25.00)	86	9.85 (0.70, 85.23)	
$AUC_{0-\infty}$, h × mg/L			59	25,232.73 (3,974.86, 53,613.29)	56	58,351.74 (7,006.69, 122,136.90)	
AUC ₀₋₁₂₀ , h × mg/L			73	8,773.07 (3,022.81, 14,266.41)	70	18,643.83 (6,930.66, 31,431.55)	
AUC ₀₋₆₇₂ , h × mg/L			72	23,316.18 (3,972.15, 42,937.39)	64	51,023.92 (7,008.39, 93,170.24)	
AUC ₀₋₂₁₆₀ , h × mg/L			59	25,224.41 (3,974.44, 53,255.35)	56	58,161.77 (7,007.20, 120,214.30)	
t _{last} , h			88	703.23 (11.08, 2090.13)	86	668.97 (19.10, 2266.35)	
Vss, L			59	3.36 (2.02, 7.56)	56	3.21 (2.07, 7.61)	
Clearance, L/h			59	0.013 (0.006, 0.075)	56	0.010 (0.005, 0.086)	
Half-life, h			59	195.46 (52.24, 483.54)	56	237.83 (18.54, 424.29)	

Abbreviations: AUC = area under the serum concentration vs time curve from dosing; BDI-2 = Beck Depression Inventory 2; EQ-5D-3L = EuroQoL 5 dimensions/3 levels; C_{max} = peak concentration; FIM = Functional Independence Measure; FSS = Fatigue Severity Scale; PK = pharmacokinetics; SDMT = Symbol Digit Modalities Test; t_{last} = time of last measurable concentration; t_{max} = time to C_{max} ; Vss = apparent volume of distribution, steady state. The pharmacokinetics population includes patients who have received natalizumab at baseline and had at least 1 measurable sample collected for the determination of natalizumab.

change in CD49d expression, which decreased shortly after natalizumab dosing and returned to baseline levels by 90 days (figure 3C).

Safety

In the safety population (natalizumab 300 mg, n = 90; natalizumab 600 mg, n = 89; placebo, n = 91), the incidence of AEs was similar across treatment groups, with at least one AE reported in 81 patients (90.0%) in the natalizumab 300 mg group, 82 patients (92.1%) in the natalizumab 600 mg group, and 84 patients (92.3%) in the placebo group. The incidence of moderate or severe AEs was higher in the natalizumab 600 mg group (63 [70.8%]) than the natalizumab 300 mg (47 [52.2%]) or placebo (51 [56.0%]) groups. Twenty-three patients (25.6%) receiving natalizumab 300 mg, 29 patients (32.6%) receiving natalizumab 600 mg, and 19 patients (20.9%) receiving placebo reported an SAE. Table 4 shows the incidence of treatment-emergent AEs and SAEs in each group. Overall, 15 patients died on or before day 90 (6 patients [6.7%] in the natalizumab 300 mg group, 4 patients [4.5%] in the natalizumab 600 mg group, and 5 patients [5.5%] in the placebo group). One patient treated with natalizumab 300 mg died of an SAE (respiratory failure) considered related to study treatment. Although the patient was of advanced age (80 years) and had medical history of diabetes, smoking, and hyperlipidemia, the role of natalizumab could not be excluded. No patients treated with placebo or natalizumab 600 mg died of SAEs considered related to study treatment.

Discussion

In the ACTION II study, a single infusion of natalizumab at a dose of either 300 or 600 mg was associated with a decreased likelihood of an excellent or good neurologic outcome. These results were consistent across several outcome measures, including the mRS, the BI, and other patient-centered functional outcome scales used

Table 4 Incidence of treatment-emergent adverse events (TEA)	Es) and serious adverse events (SA	Es)
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MedDRA preferred term, n (%)	Placebo (n = 91)	Natalizumab 300 mg (n = 90)	Natalizumab 600 mg (n = 89)
TEAEs occurring in ≥10% of patients i	n any treatment group		
Constipation	18 (19.8)	19 (21.1)	23 (25.8)
Headache	15 (16.5)	16 (17.8)	20 (22.5)
Pyrexia	11 (12.1)	19 (21.1)	14 (15.7)
Urinary tract infection	11 (12.1)	14 (15.6)	16 (18.0)
Depression	16 (17.6)	13 (14.4)	10 (11.2)
Insomnia	4 (4.4)	11 (12.2)	10 (11.2)
Hypokalemia	6 (6.6)	12 (13.3)	6 (6.7)
Pneumonia	5 (5.5)	2 (2.2)	9 (10.1)
Treatment-emergent SAEs occurring	in >1 patient in any treatmer	it group	
Cerebrovascular accident	2 (2.2)	0	3 (3.4)
lschemic stroke	0	3 (3.3)	2 (2.2)
Cerebral hemorrhage	0	3 (3.3)	1 (1.1)
Stroke in evolution	1 (1.1)	2 (2.2)	1 (1.1)
Cerebral infarction	1 (1.1)	0	2 (2.2)
Cerebral artery occlusion	0	0	2 (2.2)
Pneumonia	2 (2.2)	0	1 (1.1)
Sepsis	2 (2.2)	1 (1.1)	0
Pulmonary embolism	0	3 (3.3)	3 (3.4)
Pneumonia aspiration	1 (1.1)	2 (2.2)	1 (1.1)
Respiratory failure	1 (1.1)	1 (1.1)	2 (2.2)
Acute respiratory failure	1 (1.1)	0	2 (2.2)
Cardiac arrest	1 (1.1)	1 (1.1)	2 (2.2)
Hematuria	0	0	2 (2.2)

Abbreviation: MedDRA = Medical Dictionary for Regulatory Activities.

A patient was counted only once within each preferred term. Preferred terms are presented by decreasing incidence in the natalizumab 600 mg column within each system organ class.

commonly in acute stroke studies. Combining the results of the ACTION and ACTION II trials did not provide any evidence of a benefit for natalizumab in AIS. The AE profiles of natalizumab 300 mg and natalizumab 600 mg were similar to that of placebo. The majority of AEs appeared to be due to the concurrent condition. Furthermore, the safety profile of natalizumab in ACTION II was consistent with that seen in the ACTION study¹⁵ and with the established safety profile of natalizumab.¹¹ No new safety concerns were identified in this study.

ACTION II was conducted to explore the potential beneficial effects on clinical outcomes observed in the ACTION study. Although the primary endpoint of reduced MRIdefined infarct growth was not achieved in ACTION, treatment with natalizumab resulted in improvement on prespecified secondary and tertiary endpoints as measured by mRS, BI, SIS-16, and MoCA scores. The clinical benefits seen in ACTION were compatible with other preclinical research demonstrating that blocking α 4 integrin reduced brain infiltration of leukocytes, attenuated expression of cytokines such as interferon- γ and interleukin-6 in brain tissue, and improved behavior.^{4,6,14} However, the overall findings of ACTION and ACTION II indicate that natalizumab most likely has a null effect in treating AIS.

Several factors may explain the different results observed in ACTION and ACTION II. First, the placebo group in AC-TION II demonstrated a high rate of favorable outcomes. For instance, the proportion of placebo patients with an excellent score was substantially higher in ACTION II than in ACTION for both the mRS (41% vs 21%) and the BI (67% vs 33%).

Response rates in the ACTION II placebo group were also higher than those observed in comparable AIS studies.²²⁻²⁴ These high rates of excellent outcomes in placebo-treated patients may have limited the ability to detect any benefit of natalizumab. While ACTION II included more patients who underwent thrombectomy than ACTION (42% vs 7%) and enrolled a subgroup with a longer time to treatment (9-24 hours), both of these variables were balanced across treatment arms. Thus, there was no evidence that these factors explained the discrepant results between ACTION and ACTION II. The efficacy findings in ACTION II were internally consistent across treatment arms, key subgroups, and endpoints, indicating that the findings in ACTION II were unlikely to be due to the inclusion of a single patient subpopulation or a random error on any one of the efficacy endpoints.

The results of the analysis of the combined data from ACTION and ACTION II are consistent with negative results from other trials in patients with AIS that have targeted other aspects of immune mechanisms and the detrimental effects of inflammation after stroke. For example, in a trial of 625 patients with AIS randomized to placebo or enlimomab, a murine intercellular adhesion molecule-1 antibody that reduced leukocyte adhesion and infarct size in experimental stroke studies, 90-day outcomes were significantly worse among patients treated with enlimomab.²⁵ Significantly more AEs (primarily infections and fever) were observed with enlimomab than with placebo. One of the limitations of enlimomab, however, was that as a murine antibody, it may have provoked an adverse immune reaction.²⁶ Subsequent testing of a humanized monoclonal antibody targeted against neutrophil β 2 integrin CD18 (Hu23F2G) in a phase 3 trial was stopped early for futility.²⁷ Trials of other immunomodulatory drugs, such as minocycline, have been similarly negative; studies of other agents are ongoing.²⁷

The primary limitation of this double-blind, placebocontrolled, randomized study was its sample size. While the sample size was estimated in order to strengthen or weaken confidence in the findings of the ACTION trial, the achieved sample size was relatively low to evaluate treatment effects on clinical outcomes, and an imbalance of unmeasured confounders across treatment groups is possible. This limitation is partially mitigated by the preplanned combined analysis with the ACTION data, which likely provides the best overall estimate of treatment effect with natalizumab in AIS. ACTION II tested a limited number of treatment windows and doses and did not follow patients for longer than 90 days. However, there is some evidence from animal models that immune mechanisms may contribute to delayed, longterm cognitive outcomes after experimental ischemic stroke and that blocking these immune mechanisms can improve these cognitive outcomes.²⁸

While the combined results of ACTION and ACTION II do not support a clinical benefit for natalizumab, the studies provide a robust assessment of targeting the VLA-4

pathway in AIS. The results of the trials offer valuable data to further direct the study of immune mechanisms in stroke. It remains possible that direct modulation of the CNS resident immune response or therapies directed to other peripheral immune cells such as neutrophils (which may not express significant levels of VLA-4) could achieve better outcomes for patients. In addition, a different temporal sequence of antagonism of peripheral immune cell infiltration may be required, particularly as immune mechanisms may also provide benefits for stroke recovery.²⁹⁻³¹

The current findings provide strong evidence that prolonged saturation of the VLA-4 pathway, which mediates peripheral immune cell infiltration into the brain both in animal models of stroke and in other human diseases, does not improve outcomes in human stroke.

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Roland Veltkamp, MD	Imperial College London, UK; Alfried-Krupp Krankenhaus, Essen, Germany	Contributed to study design, data interpretation, and reviewed and approved the final manuscript; contributed to data collection		
Joan Montaner, MD, PhD	Vall d'Hebron Research Institute (VHIR), Barcelona; Institute of Biomedicine of Seville (IBiS) Stroke Programme, Seville, Spain	Contributed to study design, data interpretation, and reviewed and approved the final manuscript; contributed to data collection		
S. Claiborne Johnston, MD, PhD	University of Texas, Austin	Contributed to study design, data interpretation, and reviewed and approved the final manuscript; contributed to data collection		

Appendix 1	(continued)	
Name	Location	Contribution
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Kyra Becker, MD	University of Washington, Seattle	Contributed to study design, data interpretation, and reviewed and approved the final manuscript
Maarten G. Lansberg, MD, PhD	Stanford University Medical Center, Stanford Stroke Center, CA	Contributed to study design, data interpretation, and reviewed and approved the final manuscript; contributed to data collection
Weihua Tang, PhD	Biogen, Cambridge, MA, at the time of this analysis	Contributed to study design, data interpretation, and reviewed and approved the final manuscript; conducted data analysis
Rachna Kasliwal, MPH	Biogen, Cambridge, MA, at the time of this analysis	Contributed to study design, data interpretation, and reviewed and approved the final manuscript
Jacob Elkins, MD	Biogen, Cambridge, MA, at the time of this analysis	Contributed to study design, data interpretation, and reviewed and approved the final manuscript; administered study

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Natalizumab in acute ischemic stroke (ACTION II): A randomized, placebo-controlled trial

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