Motor Response Influences Perceptual Awareness Judgments

# **Motor Response Influences Perceptual Awareness Judgements**

Marta Siedlecka, Justyna Hobot, Zuzanna Skóra, Borysław Paulewicz, Bert Timmermans,
Michał Wierzchoń

- Marta Siedlecka, Consciousness Lab, Institute of Psychology, Jagiellonian University, Krakow, Poland, e-mail: marta.siedlecka@uj.edu.pl, phone: +48/126632447 (coreesponding author)
- Justyna Hobot, Consciousness Lab, Institute of Psychology, Jagiellonian University, Krakow, Poland, e-mail: dojustynyhobot@gmail.com, phone: +48/126632447
- Zuzanna Skóra, Consciousness Lab, Institute of Psychology, Jagiellonian University, Krakow, Poland, e-mail: zuzanna.skora@gmail.com, phone: +48/126632447
- Borysław Paulewicz, SWPS University of Social Sciences and Humanities, Katowice Faculty of Psychology, Katowice, Poland, e-mail: bpaulewicz@swps.edu.pl, phone: +48/126632438
- Bert Timmermans, School of Psychology, King's College, University of Aberdeen, Aberdeen, Scotland, United Kingdom, e-mail: bert.timmermans@abdn.ac.uk, phone: +44/1224273483
- Michał Wierzchoń, Consciousness Lab, Institute of Psychology, Jagiellonian University, Krakow, Poland, e-mail: michal.wierzchon@uj.edu.pl, phone: +48/126632438

'Declarations of interest: none'

This work was supported by the National Science Centre, Poland [grant HARMONIA number 2014/14/M/HS6/00911 given to MW]. Preprint, published in *Consciousness & Cognition*, 75.

#### Abstract

What is the relation between perceptual awareness and action? In this study we tested the hypothesis that motor response influences perceptual awareness judgements. We used a perceptual discrimination task in which presentation of the stimulus was immediately followed by a cue requiring a motor response that was irrelevant to the task but could be the same, opposite, or neutral to the correct response to the stimulus. After responding to the cue, participants rated their stimulus awareness using the Perceptual Awareness Scale, and then carried out their discrimination response. Participants reported a higher level of stimulus awareness after carrying out responses that were either congruent or incongruent with the response required by the stimulus, compared to the neutral condition. The results suggest that the motor response overlapping with a potential response to the stimulus provides information about the outcome of decision process and increases the reported awareness of stimuli.

*Keywords*: perceptual awareness, perception and action, sensorimotor theories of consciousness

## 1. Introduction

Perception and action are closely related, but what is the relation between perceptual awareness and action? The idea that sensorimotor processes might be important for perceptual awareness is not new: it describes awareness as a result of learning sensory (O'Regan & Noë, 2001) and neural (Cleeremans, 2011; Timmermans, Schilbach, Pasquali & Cleeremans, 2012) consequences of actions. Sensorimotor theories of awareness and the enactive approach to consciousness claim that interaction with environment shape organisms' awareness (Noë, 2001; O'Regan & Noë, 2001), but the link between awareness and motor response on the psychophysical level has rarely been investigated (Anzulewicz, Hobot, Siedlecka, & Wierzchon, 2019). Other influential theories of consciousness explain the effect of stimulus awareness on stimulus-related behaviour, but do not explicitly expect an influence in the opposite direction. In most of these theories, stimulus awareness depends on the strength of sensory evidence and postperceptual processing, but the latter is not overtly assumed to be related to the current activity of the motor system. For example, global availability theories claim that a person is aware of a stimulus only if it is represented in a "global workspace" (Baars, 1997; Dehaene & Naccache, 2001; Sergent & Dehaene, 2004). Enough stimuli-related evidence has to be accumulated to cross the threshold of the global availability of information, but the strength of the signal can be additionally affected by attentional processes (Dehaene, Changeux, Naccache, Sackur, & Sergent, 2006). Hierarchical views claim that a person becomes aware of a stimulus when it is represented by a higher-order representation that represents oneself as being in a given first-order mental state (Lau & Rosenthal, 2011; Rosenthal, 2009). This theory allows conscious experience of perceptual stimuli to be based on information other than sensory evidence but does not explicitly predict the influence of ongoing motor activity. In both described views, perceptual

awareness is operationalized in terms of report and consequently it is not distinguished from the ongoing activity related to different forms of reporting, including motor activity.

Perceptual awareness can be measured by a number of subjective scales related to visibility ("continuous scale", Sergent & Dehaene, 2004) and perceptual awareness (Perceptual Awareness Scale, PAS, Ramsøy & Overgaard, 2004), but also by scales that measure perceptual confidence (confidence in one's perceptual decision, e.g. Cheesman & Merikle, 1986). Rating one's own awareness of a stimulus is often conceptualized as a decisional process and researchers aim to describe what information is taken into account during this process. A dominant view is that the judgment of perceptual awareness is determined by stimulus-related information (e.g. Barthelme & Mamassian, 2010; Kiani & Shadlen, 2009; Vickers, 1979). Therefore, researchers focus on studying the characteristics of external stimuli, such as their strength or the type of evidence they provide. It has been suggested that although perceptual decisions are affected by the relative difference between the evidence for each of the available responses, confidence in this decision is sensitive mainly to sensory evidence that supports the selected choice, or to absolute evidence for signal over noise (Koizumi, Maniscalco, & Lau, 2015; Samaha, Barrett, Sheldon, LaRocque, & Postle, 2016; Samaha, Iemi, & Postle, 2017; Zylberberg, Barttfeld, & Sigman, 2012).

However, there is some data suggesting that confidence in perceptual decisions might be formed at a late stage of the decision-making process and is based on evidence not available at the time of the stimulus-related decision (Fleming, Maniscalco, Ko, Amendi, Ro, & Lau, 2015; Graziano, Parra & Sigman, 2015). Wierzchoń and colleagues (Wierzchoń, Paulewicz, Asanowicz, Timmermans & Cleeremans, 2014) tested the hypothesis that completing a stimulus-related task influences metacognitive awareness when measured as the relation between task

accuracy and awareness ratings. In the experiment, participants were asked to rate stimulus visibility or perceptual confidence either before or after responding to a gender discrimination task. The results showed that both types of awareness measurement predicted discrimination accuracy better when they followed the discrimination response (Wierzchoń et al., 2014). Kiani and colleagues (Kiani, Corthell, & Shadlenet, 2014) showed that level of confidence was related to the time participants took to make the preceding perceptual decision, even though the stimulus strength was kept constant. Other research showed that confidence is sensitive to the outcome of performance monitoring. In an experiment in which participants were asked to decide which of two boxes contained more dots, the level of confidence varied gradually with the magnitude of error-related electrophysiological activity following incorrect response to decisional task (Boldt & Yeung, 2015). This and other studies show that participants can not only differentiate between correct and erroneous responses, but also report confidence that their response was incorrect (Boldt & Yeung, 2015; Charles, Opstal, Marti, & Dehaene, 2013; Scheffers & Coles, 2000). This phenomenon cannot be easily accounted for by theories explaining confidence purely in terms of the accumulation of stimulus-related evidence. Fleming and colleagues (Fleming et al., 2015) provided direct support for the view that the motor system contributes to judgments of perceptual confidence. In their experiment, participants were asked to discriminate between the locations or orientation of two stimuli using their left or right hand and to rate perceptual confidence. Additionally, unilateral single-pulse transcranial magnetic stimulation (TMS) was applied to the dorsal premotor cortex associated with either a chosen or not chosen response, either before or immediately after providing the discrimination response. The results showed that confidence was influenced by changes in neural activity related to the motor response and was lower when the stimulation was incongruent with participants' correct responses. The effect was similar no

matter whether TMS stimulation occurred before or after the discrimination response. In another study, in which electromyographic measure of motor preparatory activity was collected in a perceptual discrimination task, participants reported higher perceptual confidence in trials when sub-threshold motor activation was present before an overt response, even when this activation was not associated with a correct response (Gajdos, Fleming, Saez Garcia, Weindel, & Davranche, 2018).

The idea that motor system activity may contribute to visual awareness is supported by data from neurophysiological studies on perceptual decisions. It has been suggested that the motor system is an integral component of perceptual decision-making processes; in tasks in which stimuli characteristics are directly related to specific, predictable motor reactions, sensory evidence is accumulated directly into a motor response (e.g. Gold & Shadlen, 2003; Hernández, Zainos, & Romo, 2002; Heekeren, Marrett, Bandettini, & Ungerleider, 2003; Shadlen & Newsome, 1996; Spivey, Grosjean, Knoblich, 2005; Wyss, König, & Verschure, 2004). This also happens without conscious perception, i.e. unseen stimuli evoke activation that can be detected at the motor level (Dehaene, 1998; Vorberg, Mattler, Heinecke, Schmidt, & Schwarzbach, 2003). In such cases, motor response itself could provide additional information about one's own decisional process (Fleming & Daw, 2017), the ease of choice (Kiani et al., 2014), or the outcome of performance monitoring (Boldt & Yeung, 2015; Siedlecka, Wereszczyński, Paulewicz, & Wierzchoń, 2019).

In the experiment presented in this paper we aimed to test whether motor response influences the report of perceptual awareness of the preceding stimuli. In all the aforementioned experiments concerning response contribution to perceptual awareness, participants were asked to report their confidence in their decisions. Confidence rating (CR) is an indirect measure of

awareness, and although studies have not shown qualitative differences between PAS ratings and CR (eg. Wierzchoń et al., 2014), confidence in one's own decision could be more dependent on decision-related and response-related information than perceptual awareness ratings (Sandberg. Timmermans, Overgaard, & Cleeremans, 2010). To avoid confusing perceptual awareness with confidence in one's choice we used the Perceptual Awareness Scale (PAS). We also aimed to separate the motor response following stimulus presentation from the stimulus-related decision. In most decisional tasks, motor response is treated as an indicator of a participant's decision (and it is indeed indistinguishable from the decision). Therefore we created a condition in which motor response would be as little "contaminated" by decisional outcomes as possible. To do so we cued a response that was irrelevant to the stimulus-related decision but immediately followed stimulus presentation and directly preceded PAS. This cued response shared the response code with stimulus-related responses. Specifically, we used a discrimination task in which participants were asked to determine whether the Gabor grating was oriented towards the left or the right. Immediately after the Gabor presentation, a cue was presented that required a motor response that was irrelevant to the task but could be the same, opposite, or neutral to the correct response to the Gabor patch. After responding to the cue, participants were asked to rate perceptual awareness of the stimuli (using PAS) and then to report their discrimination decision. Therefore, we created conditions in which cued motor response was either stimulus-congruent, stimulusincongruent, or neutral. We hypothesized that the cued response would not affect the accuracy of Gabor discrimination, but it would influence the reported awareness of the stimuli. We assumed that there are three possible ways in which a cued response could influence reported perceptual awareness of the stimuli. Firstly, motor response congruent with stimulus-related response could provide additional positive evidence and increase perceptual awareness ratings in the Stimuluscongruent condition compared to the other conditions (as observed in the case of the stimulus-related positive evidence effect on confidence, e.g. Zylberberg, Barttfeld, & Sigman, 2012). Secondly, motor-related activity that is incongruent with a stimulus-related response could reduce perceptual awareness of the stimulus in the Stimulus-incongruent condition, similarly to the results obtained in the TMS study (Fleming et al, 2015); this would support the hypothesis that disrupting the stimulus-related motor process increases uncertainty about the results of one's perceptual processing. Lastly, any motor response that potentially overlaps with a stimulus-required response could be interpreted as providing additional information about the decision process and its outcome, thus leading to higher awareness ratings compared to the Neutral condition.

## 2. Methods

# 2.1 Participants

Twenty-four healthy volunteers (5 males), aged 21.62 (SD = 2.37) took part in the experiment in return for a small payment. All participants had normal or corrected-to-normal vision and gave written consent to participation in the study. The ethical committee of the Institute of Psychology, Jagiellonian University approved the experimental protocol.

#### 2.2. Materials

The experiment was run on PC computers using PsychoPy software (Peirce, 2007). We used LCD monitors (1280 x 800 resolution, 60Hz refresh rate). The stimuli were Gabor gratings embodied in visual noise and oriented towards the left or right (45 degrees), presented in the centre of the screen against a grey background. The visual angle of the stimuli was about 3°. The contrast of the stimuli was determined for each participant during a calibration session.

The PAS was presented as a four-point scale (1-4) with the question, "How clear was your experience of the stimulus?"; the options were: 'no experience', 'a brief glimpse', 'an almost clear experience', and 'a clear experience'. The meaning of the individual scale points was explained in the instruction. The description of each point was based on a guide by Sandberg & Overgaard (2015), with some modifications related to the characteristics of the stimuli that were relevant in this experiment (i.e. 'no experience' was associated with no experience of the Gabor stripes, but 'a brief glimpse' was associated with an experience of 'something being there' but without the ability to determine the orientation of the stripes).

## 2.3. Procedure

The experiment was run in a computer laboratory for four consecutive days in one-hour sessions. All trials began with a blank presentation (500 ms) followed by a fixation cross (500 ms). The grating embedded in white noise was presented for 33 ms. Participants were asked to state whether the grating was oriented towards the left or the right side (using keys "L" and "R" with their left middle and index fingers).

On the first day, participants started by completing 15 training trials with feedback to get familiar with the stimuli (here presented in colour in RGB space = [0.3,0.3,0.3] and opacity = 1). Then the staircase procedure was used to estimate the stimulus contrast that would lead to about 79% of correct discrimination responses. There were 200 trials with a 1-up 3-down staircase (stair size 0.005, limit for 0.02 and 0.08) and the contrast was established based on the last 150 trials. This was followed by 10 trials in which the PAS scale was presented before discrimination response. Participants used their right hand to report the stimulus visibility (keys 1–4).

Each consecutive session started with a 10-trial training session for the main task; this was followed by 300 experimental trials, which gave 900 experimental trials per participant in

total. Each trial started with a central fixation point, after which the Gabor grating was presented. Afterwards participants were asked to respond to the motor cue that was presented in the centre of the screen. The cue was either a vertical bar or an arrow pointing left or right. Participants were asked to press "space" when a vertical bar appeared, "L" when an arrow pointing left was presented, and "R" for an arrow pointing right. Participants were explicitly told that this task was irrelevant to the main task and were asked to react as quickly and accurately as possible. After participants responded to a cue the PAS appeared and was used for rating; this was then followed by a discrimination task. The time limit for all responses was 3 seconds. The outline of the procedure is presented in Figure 1.

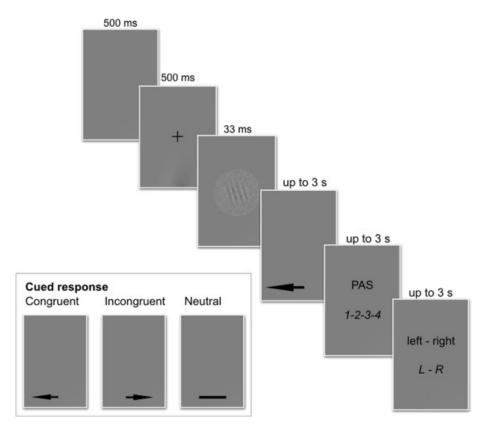


Figure 1. The outline of the experimental procedure. Please note that congruence of the cued response refers to the correct discrimination response in the current trial.

After each session, participants' accuracy in the motor cue and Gabor discrimination task was estimated so that participants with low accuracy would go through the training session again.

## 3. Results

The data were analyzed using R environment. We set  $\alpha$  level at 5%. The main three conditions in the experiment were created by the congruence between the motor cue and correct response to the stimulus: Stimulus-congruent, Stimulus-incongruent, and Neutral (later referred to as Congruent, Incongruent, and Neutral, respectively). We found no statistically significant difference in discrimination accuracy between the conditions (accuracy 78% in all conditions). Also, participants followed the motor cues with a similar efficiency in all conditions (cue-related response accuracy: Congruent – 95%, Incongruent – 94%, Neutral – 95%). Since we were interested only in the trials in which participants followed the motor cue, prior to analysis all trials with incorrect responses to the cue were removed (1,090 trials). In the remaining trials, no significant differences between the conditions were found in respect to the stimuli discrimination accuracy (Congruent – 78%, Incongruent – 79%, Neutral – 78%, p > .8). Also signal-detection analysis of responses in the orientation task did not reveal significant differences between conditions in respect to d' (p > .71) or response bias (p > .7).

#### 3.1. Confirmatory analyses

Our main effect of interest was the influence of congruence between motor cue and correct response to the stimulus on PAS ratings. Since discrimination accuracy is strongly related to PAS ratings and could interact with congruence, we included it as a predictor in our model. We used a linear mixed model with random intercept, random discrimination accuracy, random condition effect, and their interactions (Table 1). The model was fitted using the lme4 package in

the R Statistical Environment (Bates et al., 2015; R Core Team, 2015); statistical significance was assessed by means of the Wald test. The results are presented in Table 1. The first row (intercept) refers to the average PAS ratings in the baseline condition (Neutral, incorrect responses). The coefficients in the second and the third rows show that PAS ratings in Congruent and Incongruent conditions are significantly higher compared to the Neutral condition (for incorrect responses). The fourth row includes estimation of the difference in the average PAS ratings between correct and incorrect responses in the Neutral condition. The fifth and sixth rows show estimations of the interactive effects between accuracy and condition. Additionally, we compared PAS ratings between the Congruent and Incongruent conditions and found no significant difference (t(30) = -1.32, p = .20).

Table 1

Linear mixed model estimating the effect of congruence and discrimination accuracy on PAS ratings

N = 20160	Estimate	Std. error	df	t	p	95% CI
Intercept	1.14	0.12	22.74	9.60	<.001***	[0.91, 1.38]
Congruent	0.17	0.36	23.43	4.66	<.001***	[0.10, 0.24]
Incongruent	0.13	0.04	22.59	3.53	.002**	[0.06, 0.20]
Accuracy	0.43	0.05	22.69	8.36	<.001***	[0.33, 0.53]
Accuracy: Congruent	-0.10	0.03	32.02	-3.03	.005**	[-0.17, -0.04]
Accuracy: Incongruent	-0.03	0.04	27.09	-0.84	.41	[-0.10, 0.04]

Likelihood ratio:  $\chi^2(25) = 1477$ , p < .001\*\*\*

\* *p* < .05; \*\* *p* < .01; \*\*\* *p* < .001

The contrast analysis showed that in the Neutral condition, PAS ratings were lower than in the other conditions for both correct and incorrect responses (Table 2 and 3, Figure 2). We

# Motor Response Influences Perceptual Awareness Judgments

found no differences between Congruent and Incongruent conditions in this respect. There was a significant interaction between congruence and discrimination accuracy, with one significant contrast: the difference in PAS between the Incongruent and Neutral conditions was smaller for correct responses (t(74) = 2.5, p = .01).

Table 2. Contrast analyses for the difference in PAS ratings level: within conditions, between trials with correct and incorrect discrimination responses

Congruent	Incongruent	Neutral
0.32***	0.39**	0.43***

Table 3. Contrast analyses for the difference in PAS ratings level: Between conditions, separately for correct and incorrect discrimination responses

	Correct discrimination		Incorrect discrimination		
-	Congruent	Incongruent	Congruent	Incongruent	
Congruent		0.03		-0.04	
Neutral	-0.07***	-0.1***	-0.17***	-0.13**	

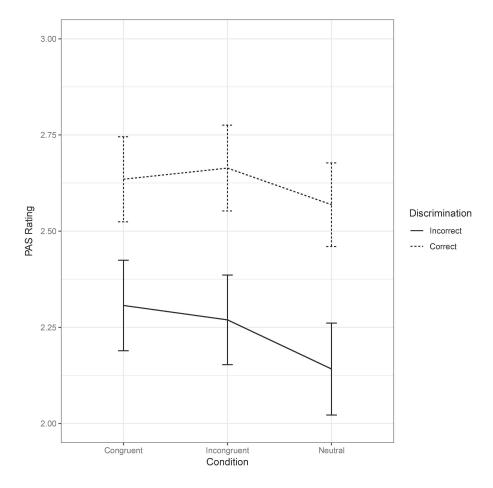


Figure 2. PAS ratings predicted from congruence and decision accuracy. Confidence intervals represent standard errors.

# 3.2. Power analysis

The main hypothesis tested in this experiment was related to the effect of congruence (between response required by the stimulus and response to the cue) on the PAS ratings. Since we had not tested this effect before, we were not able to estimate the required sample size on the basis of previous experiments. Our power analysis was therefore based on the study of Fleming and colleagues (2015), as this was closest to our experiment in terms of the critical effect tested (the influence of congruent or incongruent motor-related activity on visual confidence ratings) and procedure (Gabor discrimination task, four-point rating scale). We calculated the power

expecting that our effect of interest should be approximately equal to the analogous effect in the described study (raw difference in the scale rating scores between conditions: b = .13, Table 3, Experiment 2). Using the simr package (Green & MacLeod, 2016) we replaced the observed effect in the fitted model with the effect from the study of Fleming and colleagues (2015) and estimated that the power of our experiment was greater than 95%.

# 3.3. Exploratory analyses

Using a linear mixed model, we analysed reaction times in all three tasks: responding to a motor cue, rating perceptual awareness, and reporting a discrimination decision. Responses to the cue were fastest in the Neutral and slowest in the Incongruent condition. Specifically, response times were shorter in the Neutral condition compared to the other conditions: Congruent, t(23) = -3.45, p = .002, and Incongruent, t(23) = 6.17, p < .001. Also, response times in Congruent condition were shorter than in Incongruent condition (t22 = 5.68, p < .001). In contrast, PAS ratings were slower in Neutral condition than in Congruent, t(27) = 2.75, p = .01, and in Incongruent conditions, t(1576) = -5.87, p < .001. We found no statistically significant difference between Congruent and Incongruent conditions, t(409) = -1.05, p = .29. Lastly, we found no significant differences between conditions in respect to reaction times in the discrimination task,  $t(20) \le |1.3|$ ,  $p \ge .2$ ). Degrees of freedom and p values were computed using Satterthwaite approximations (Kuznetsova, Brockhoff, & Christensen, 2017). Please note that in the above analyses response times were compared only for correct discrimination and cued responses. The average reaction times are presented in Table 4.

Table 4. Average reaction times to the cued motor task (ms), PAS rating, and discrimination task in each condition

Cued response			PAS response			Discrimination response		
Congruent  M (SD)	Incongruent  M (SD)	Neutral  M (SD)	Congruent  M (SD)	Incongruent  M (SD)	Neutral  M (SD)	Congruent  M (SD)	Incongruent  M (SD)	Neutral  M (SD)
1018 (228)	1065 (243)	947 (209)	614 (215)	608 (218)	645 (212)	598 (138)	587 (115)	590 (131)

#### 4. Discussion

In this experiment we showed that motor response influences judgments of perceptual awareness of the preceding visual stimulus. Participants were cued to carry out a response immediately after stimulus presentation and – although this response was irrelevant to the main task – it overlapped with the response code to the stimulus discrimination task. The results showed that participants reported a higher level of stimulus awareness after giving a response that was either congruent or incongruent with the response required by the stimulus, compared to the neutral condition.

The results support the hypothesis that a motor response that overlaps with potential responses to the stimuli (i.e. congruent or incongruent with the correct response to the stimulus) provides additional information about the decision process and increases reported perceptual awareness of a stimulus. The results are in line with recently published data showing that preparatory activation of thumb muscles is associated with higher confidence in perceptual discrimination, regardless of whether the activation is congruent with a correct response (Gajdos et al., 2018). However, although the links between perceptual awareness and motor activity have been assumed by some theoretical accounts (i.e. Mogensen & Overgaard, 2017; Mogensen & Overgaard, 2018), no theory of perceptual awareness predicts this specific effect (Anzulewicz et al., 2019). One way of interpreting the results in the context of consciousness theories is in reference to hierarchical approaches which claim that awareness is a result of re-representation

of a lower-order state that represents conscious content (Cleeremans 2011; Lau & Rosenthal, 2011; Timmermans et al., 2012). This redescription may be seen as an active process that allows the rebuilding or interpreting of weak representation of conscious content by adding new information, for example from other senses (Łukowska, Sznajder, & Wierzchoń, 2018). In our experiment, motor response following stimulus constitutes additional information that was integrated into perceptual awareness judgment.

An alternative explanation could be proposed that does not assume that action itself influences perceptual awareness. Arrows signalling directional cued response could signal the possibility of increased task difficulty and a conflict between cued response and subsequent discrimination response, compared to the "safe" neutral condition. When following arrow cues, participants could have become more cautious or engaged more deeply in stimuli-related decisional and memory processes that would increase their stimuli recollection or stimuli awareness ratings. Indeed, reaction times to the cue were shortest in the neutral condition, showing it was the easiest; however, the other two conditions also differed in terms of reaction times and we found no significant differences between these conditions in PAS ratings. Also, if after seeing the arrow cue, participants engaged in deep processing of the Gabor patch, we should have observed shorter reaction times to the subsequent orientation decision. Moreover, it seemed that participants were more cautious in the neutral condition when it came to awareness rating: they choose lower scale points more often than in other conditions and their PAS rating latencies were longest compared to other conditions.

In studies on metacognition, a negative relation between the latency of confidence judgment and the level of confidence has been found (e.g. Hilgenstock, Weiss, & Witte, 2014; Pleskac & Busemeyer, 2010; however, "fast guesses" have also been observed, Baranski &

Petrusic, 1998; Petrusic & Baranski, 2003). This relation is thought to reflect an additional stage of collecting judgment-related information and indicates the difficulty of reaching the decision. Also, confidence ratings seem to be higher in conditions in which more choice-related information is available, compared to conditions in which it is limited. For example, in a task in which participants solved anagrams and then decided whether a subsequently presented target word was or was not a solution of the anagram, lower confidence ratings and higher frequency of low ratings (cautious strategy) were observed in the condition in which less decision-related information was available, i.e. in the condition in which participants rated their confidence in recognizing the anagram solution before they even saw the target word (Siedlecka, Paulewicz, & Wierzchoń, 2016). It is therefore possible that in our experiment directional cued response, even though it was not directly related to the discrimination task, provided participants with additional information. For example, PAS ratings can be informed by reaction time to arrows together with the experienced ease or difficulty of responding. The analyses of the reaction times to the arrow cues suggest the occurrence of the congruence effect (e.g. Egner, 2017): responses were slower in the incongruent condition compared to the congruent one. This difference suggests that presentation of the Gabor patch automatically activated a motor plan related to the orientation task that either facilitated or was in conflict with the following cued response. Recently, Fleming and Daw (2017) proposed a hierarchical model of metacognition that assumes that confidence judgments are informed by one's actions. In this model, a second-order level assesses not only the internal sensory evidence for the decision, but also one's performance (e.g. by detecting errors). Although the model relates explicitly to confidence in one's decisions, the authors claim that it could apply to different types of self-evaluation.

We cannot exclude the possibility that our manipulation influenced response bias not related to consciousness. Future studies could possibly help to explore this issue, for example by comparing the effect of motor response on a subjective scale of consciousness with its effects on some other type of response (i.e. choosing a random integer between 1 and 4<sup>1</sup>). However, we observed a similar effect of cued response on subjective rating in another study in which participants used eight keys for a joint decision—confidence report (from "confident – left" via "guessing -left" and "guessing – right" to "confident – right"). Confidence in a decision was increased following cued responses that overlapped with potential responses to stimuli (Siedlecka, Koculak, Paulewicz, Krzyżowska, in preparation). If the cued motor response biased the responses the same way as in the current experiment, we would probably observe increased frequency of using right-side keys (related to "right" decisions).

Another interesting area for future exploration is the relation between error monitoring and stimulus awareness processes. It has been suggested that monitoring processes evaluate ongoing performance and correct one's errors without engaging conscious processing, i.e. even when errors remain unnoticed due to the speed of responses or when participants cannot intentionally monitor their performance due to stimuli degradation (Endrass, Reuter, & Kathmann, 2007; Logan & Crump, 2010; Nieuwenhuis, Ridderinkhof, Blom, Band, & Koket, 2001; Nieuwenhuis, Schweizer, Mars, Botvinick, & Hajcak, 2007; Wessel, Danielmeier, & Ullsperger, 2011). In speeded response tasks, error-related neural activity seems to result from a comparison between the representation of the correct response and the response actually given (Bernstein, Scheffers, & Coles, 1995). The results of performance monitoring could potentially influence perceptual awareness (Siedlecka et al., 2019); however, post-error slowing is usually

<sup>&</sup>lt;sup>1</sup> We would like to thank the Reviewer, Henry Railo, for this suggestion

Motor Response Influences Perceptual Awareness Judgments

observed after an error is detected by monitoring processes. In our experiment we did not detect any delay in PAS ratings in the incongruent condition.

Summing up, in this experiment we showed that judgments of stimulus awareness can be influenced by a preceding motor response. Studies using the no-report paradigm (Tsuchiya, Wilke, Frässle, & Lamme, 2015) showed that simply reporting awareness changes its neural signature; the results of this study suggest that motor activity related to stimulus response changes behavioural measures of consciousness. Future studies are needed to determine whether perceptual awareness judgments are sensitive to lower-order senso-motor processes or whether motor response-related characteristics inform awareness judgment. It is also important to note, that the new paradigm used in this experiment had not been tested before in other studies, so we know little about the potential general effect of such a dual task on PAS ratings.

# Acknowledgments

The authors would like to thank Michał Wereszczyński for helping with data collection.

## References

- Anzulewicz, A., Hobot, J., Siedlecka, M., & Wierzchoń, M. (2019). Bringing action into the picture. How action influences visual awareness. Attention, Perception, & Psychophysics, doi: 10.3758/s13414-019-01781-w
- Baars, B. J. (1997). *In the Theatre of Consciousness: The Workspace of the Mind*. Oxford: Oxford University Press.
- Baranski, J. V., & Petrusic, W. M. (1998). Probing the locus of confidence judgments: experiments on the time to determine confidence. *Journal of Experimental Psychology:*Human Perception and Performance, 24(3), 929-945.
- Bates, D., Maechler, M., Bolker, B., and Walker, S. (2015). Fitting linear mixed- effects models using lme4. *Journal of Statistical Software*, 67, 1-48.
- Barthelme, S., & Mamassian, P. (2010). Flexible mechanisms underlie the evaluation of visual confidence. *Proceedings of the National Academy of Sciences*, *107*, 20834-20839.
- Bernstein, P. S., Scheffers, M. K., & Coles, M. G. (1995). "Where did I go wrong?" A psychophysiological analysis of error detection. *Journal of Experimental Psychology:*Human Perception and Performance, 21(6),1312-1322.
- Boldt, A., & Yeung, N. (2015). Shared neural markers of decision confidence and error detection. *Journal of Neuroscience*, *35*(8), 3478-3484.
- Charles, L., Van Opstal, F., Marti, S., & Dehaene, S. (2013). Distinct brain mechanisms for conscious versus subliminal error detection. *Neuroimage*, 73, 80-94.
- Cheesman, J., & Merikle, P. M. (1986). Distinguishing conscious from unconscious perceptual processes. *Canadian Journal of Psychology/Revue Canadianne de Psychologie*, 40(4), 343-376.

- Cleeremans, A. (2011). The radical plasticity thesis: how the brain learns to be conscious. *Frontiers in Psychology*, *2*, 86.
- Dehaene, S., & Naccache, L. (2001). Towards a cognitive neuroscience of consciousness: basic evidence and a workspace framework. *Cognition*, 79(1-2), 1-37.
- Dehaene, S., Naccache, L., Le Clec'H, G., Koechlin, E., Mueller, M., Dehaene-Lambertz, G., van de Moortele, P, & Le Bihan, D. (1998). *Imaging unconscious semantic priming. Nature,* 395(6702), 597-600.
- Dehaene, S., Changeux, J. P., Naccache, L., Sackur, J., & Sergent, C. (2006). Conscious, preconscious, and subliminal processing: A testable taxonomy. *Trends in Cognitive Science*, *10*(5), 204211.
- Egner, T. (2017). Conflict Adaptation: Past, Present, and Future of the Congruency Sequence

  Effect as an Index of Cognitive Control. In T. Egner (Ed.), *The Wiley Handbook of*Cognitive Control (pp. 64-78). Chichester: Wiley-Blackwell.
- Endrass, T., Reuter, B., Kathmann, N., 2007. ERP correlates of conscious error recognition: aware and unaware errors in an antisaccade task. *European Journal of Neuroscience*, 26,1714-1720.
- Fleming, S. M. (2017). HMeta-d': hierarchical Bayesian estimation of metacognitive efficiency from confidence ratings. *Neuroscience of Consciousness*, *3*(1), nix007.
- Fleming, S. M., & Daw, N. D. (2017). Self-evaluation of decision-making: A general Bayesian framework for metacognitive computation. *Psychological Review, 124(1)*, 91-114.
- Fleming, S. M., Maniscalco, B., Ko, Y., Amendi, N., Ro, T., & Lau, H. (2015). Action-specific disruption of perceptual confidence. *Psychological Science*, *26(1)*, 89-98.

- Gajdos, T., Fleming, S., Garcia, M. S., Weindel, G., & Davranche, K. (2018). Revealing subthreshold motor contributions to perceptual confidence. *BioRxiv*, 330605.
- Gold, J. I., & Shadlen, M. N. (2003). The influence of behavioral context on the representation of a perceptual decision in developing oculomotor commands. *Journal of Neuroscience*, 23(2), 632-651.
- Graziano, M., Parra, L. C., & Sigman, M. (2015). Neural Correlates of Perceived Confidence in a Partial Report Paradigm. *Journal of Cognitive Neuroscience*, *27(6)*,1090-1103.
- Green, P. & MacLeod, C. J. (2016). "simr: an R package for power analysis of generalised linear mixed models by simulation." *Methods in Ecology and Evolution*, *7(4)*, 493-498.
- Hernández, A., Zainos, A., & Romo, R. (2002). Temporal evolution of a decision-making process in medial premotor cortex. *Neuron*, *33*(6),959-972.
- Heekeren, H. R., Marrett, S., Bandettini, P. A., & Ungerleider, L. G. (2004). A general mechanism for perceptual decision-making in the human brain. *Nature*, *431*(7010), 859-862.
- Hilgenstock, R., Weiss, T., & Witte, O. W. (2014). You'd Better Think Twice: Post-Decision Perceptual Confidence. *NeuroImage*, *99*, 323-331.
- Kiani, R., & Shadlen, M. N. (2009). Representation of confidence associated with a decision by neurons in the parietal cortex. *Science*, *324*, 759-764.
- Kiani, R., Corthell, L., & Shadlen, M. N. (2014). Choice certainty is informed by both evidence and decision time. *Neuron*, 84(6), 1329-1342.
- Koizumi, A., Maniscalco, B., & Lau, H. (2015). Does perceptual confidence facilitate cognitive control? *Attention, Perception, & Psychophysics*, 77(4),1295-1306.

- Kuznetsova, A., Brockhoff, P. B., & Christensen, R. H. B. (2017). lmerTest package: tests in linear mixed effects models. *Journal of Statistical Software*, 82(13).
- Lau, H., & Rosenthal, D. (2011). Empirical support for higher-order theories of conscious awareness. *Trends in Cognitive Sciences*, 15(8),365-373.
- Logan, G. D., & Crump, M. J. (2010). Cognitive illusions of authorship reveal hierarchical error detection in skilled typists. *Science*, *330(6004)*, 683-686.
- Łukowska, M., Sznajder, M., & Wierzchoń, M. (2018). Error-related cardiac response as information for visibility judgements. *Scientific Reports*, 8(1), 1131.
- Mogensen, J., & Overgaard, M. (2017). Reorganization of the Connectivity between Elementary Functions–A Model Relating Conscious States to Neural Connections. *Frontiers in Psychology*, 8, 625.
- Mogensen, J., & Overgaard, M. (2018). Reorganization of the connectivity between elementary functions as a common mechanism of phenomenal consciousness and working memory: from functions to strategies. *Philosophical Transactions of the Royal Society B:*Biological Sciences, 373(1755), 20170346.
- Nieuwenhuis, S., Ridderinkhof, K.R., Blom, J.H., Band, G.P.H., Kok, A., 2001. Error-related brain potentials are differentially related to awareness of response errors: evidence from an antisaccade task. *Psychophysiology*, *38*, 752-760.
- Nieuwenhuis, S., Schweizer, T.S., Mars, R.B., Botvinick, M.M., Hajcak, G., 2007. Error-likelihood prediction in the medial frontal cortex: a critical evaluation. *Cerebral Cortex,* 17, 1570-1581.
- Noë, A. (2001). Experience and the active mind. Synthese, 129(1),41-60.

- O'Regan, J. K., & Noë, A. (2001). A sensorimotor account of vision and visual consciousness.

  \*Behavioral and Brain Sciences, 24(5), 939-973.
- Peirce, J. W. (2007). PsychoPy psychophysics software in Python. *Journal of Neuroscience Methods*, 162(1), 8-13.
- Petrusic, W. M., & Baranski, J. V. (2003). Judging confidence influences decision processing in comparative judgments. *Psychonomic Bulletin & Review*, *10(1)*, 177-183.
- Pleskac, T. J., & Busemeyer, J. R. (2010). Two-stage dynamic signal detection: a theory of choice, decision time, and confidence. *Psychological Review*, 117, 864-901.
- R Core Team (2015). R: A Language and Environment for Statistical Computing. Vienna: R Foundation for Statistical Computing.
- Ramsøy, T. Z., & Overgaard, M. (2004). Introspection and subliminal perception.

  Phenomenology and the Cognitive Sciences, 3(1), 1-23.
- Rosenthal, D. (2009). Higher-Order Theories of Consciousness. In A. Beckermann, B. McLaughlin, & S. Walter (Eds.), *Oxford Handbook in the Philosophy of Mind*(pp. 239-252). Oxford: Clarendon Press.
- Samaha, J., Barrett, J. J., Sheldon, A. D., LaRocque, J. J., & Postle, B. R. (2016). Dissociating perceptual confidence from discrimination accuracy reveals no influence of metacognitive awareness on working memory. *Frontiers in Psychology*, 7, 851.
- Samaha, J., Iemi, L., & Postle, B. R. (2017). Prestimulus alpha-band power biases visual discrimination confidence, but not accuracy. *Consciousness and Cognition*, *54*, 47-55.
- Sandberg, K., & Overgaard, M. (2015). Using the perceptual awareness scale (PAS). In M.

  Overgaard (Ed.), *Behavioural Methods in Consciousness Research*(pp. 181-195). Oxford:

  Oxford University Press.

- Sandberg, K., Timmermans, B., Overgaard, M., & Cleeremans, A. (2010). Measuring consciousness: is one measure better than the other?. *Consciousness and Cognition*, 19(4), 1069-1078.
- Sergent, C., & Dehaene, S. (2004). Is consciousness a gradual phenomenon? Evidence for an all-or-none bifurcation during the attentional blink. *Psychological Science*, *15(11)*, 720-728.
- Scheffers, M. K., & Coles, M. G. (2000). Performance monitoring in a confusing world: error-related brain activity, judgments of response accuracy, and types of errors. *Journal of Experimental Psychology: Human Perception and Performance*, 26(1), 141-151.
- Shadlen, M. N., & Newsome, W. T. (1996). Motion perception: seeing and deciding.

  Proceedings of the National Academy of Sciences, 93(2), 628-633.
- Siedlecka, M., Paulewicz, B., & Wierzchoń, M. (2016). But I was so sure! Metacognitive judgments are less accurate given prospectively than retrospectively. *Frontiers in Psychology*, 7, 218.
- Siedlecka, M., Wereszczyński, M., Paulewicz, B., & Wierzchoń, M. (2019). Visual awareness judgments are sensitive to the outcome of performance monitoring. *bioRxiv*, 572503.
- Spivey, M.J., Grosjean, M., Knoblich, G. 2005. Continuous attraction toward phonological competitors. *Proceedings of the National Academy of Science*, 102, 10393-98.
- Timmermans, B., Schilbach, L., Pasquali, A., & Cleeremans, A. (2012). Higher order thoughts in action: consciousness as an unconscious re-description process. *Philosophical Transactions of the Royal Society B: Biological Sciences, 367(1594)*, 1412-1423.
- Tsuchiya, N., Wilke, M., Frässle, S., & Lamme, V. A. (2015). No-report paradigms: extracting the true neural correlates of consciousness. Trends in cognitive sciences, 19(12), 757-770.

- Wessel, J. R., Danielmeier, C., & Ullsperger, M. (2011). Error awareness revisited: accumulation of multimodal evidence from central and autonomic nervous systems. *Journal of Cognitive Neuroscience*, *23*(10),3021-3036.
- Wierzchoń, M., Paulewicz, B., Asanowicz, D., Timmermans, B., & Cleeremans, A. (2014).
   Different subjective awareness measures demonstrate the influence of visual identification on perceptual awareness ratings. *Consciousness and Cognition*, 27, 109-120.
- Wyss, R., König, P., & Verschure, P. F. (2004). Involving the motor system in decision making.

  \*Proceedings of the Royal Society of London B: Biological Sciences, 271 (Suppl 3), S50-S52.
- Vickers, D. (1979). Decision processes in visual perception. New York: Academic Press.
- Vorberg, D., Mattler, U., Heinecke, A., Schmidt, T., & Schwarzbach, J. (2003). Different time courses for visual perception and action priming. *Proceedings of the National Academy of Sciences*, 100(10),6275-6280.
- Zylberberg, A., Barttfeld, P., & Sigman, M. (2012). The construction of confidence in a perceptual decision. *Frontiers in Integrative Neuroscience*, *6*, 79.