

# Infection-related complications in patients with end-stage renal failure dialyzed through a permanent catheter

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## Abstract

**Introduction:** Progression of renal failure leads to an increase in the number of patients who require forming dialysis access. Old age and rising morbidity make it impossible to form a native arteriovenous fistula and a permanent catheter becomes the first choice. The presence of a catheter frequently generates complications, including infections, which may result in a higher mortality rate.

**Material and methods:** A retrospective analysis data has been conducted, involving 398 patients who had permanent catheters implanted from 2010 to 2016. Out of this group, 65 patients who suffered infection-related complications have been identified. Risk factors for infection and a survival rate of the population have been estimated.

**Results:** Between 2010 and 2016, 495 catheters were implanted for 398 patients aged 68.73 (13.26) years on average. 92 catheter-related infections (23.1%) were recorded in 65 patients. Multivariate logistic regression showed, that the risk factors of infectious complications were: younger age ( $P = 0.000$ ), coronary artery disease ( $P = 0.006$ ) and heart failure ( $P = 0.000$ ). Mortality in the mean  $1.38 \pm 1.17$  years follow-up period was comparable in infectious and non-infectious subgroups (53.85% vs 49.25%;  $P = 0.588$ ). A higher risk of death in the infectious population was associated with the presence of additional intravascular and intracardiac implanted materials ( $P = 0.027$ ) and a severe course of infection with hypotension ( $P = 0.027$ ), thrombocytopenia ( $P = 0.029$ ) and a high leucocytes/platelets ratio (0.017).

**Conclusion:** Infectious complications in patients dialyzed with permanent catheters are dangerous especially in patients with severe clinical course. The mortality rate is high, although similar to all dialyzed by permanent catheters.

**Key words:** end-stage renal disease, permanent dialysis catheter, infectious complications, death risk

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## Introduction

The end-stage renal disease leads to an increasing number of patients who require dialysis therapy and kidney

transplant. In Poland, approximately 4.5 million people suffer from chronic kidney disease and 21,043 patients receive renal replacement therapy [1, 2]. Aging of the population and high morbidity of this group of patients

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makes it difficult to create a native arteriovenous fistula, still called the gold standard of vascular access. Dialysis often starts with a permanent catheter inserted into the venous system and its long-term use is limited by a high risk of infection and death [2, 3]. Dialysis patients are a group particularly vulnerable to infections, mostly those spreading through the bloodstream. This exposure is largely associated with the presence of infection entry via vascular access to dialysis. In addition, the development of end-stage renal disease (ESRD) is more common in patients with comorbidities: diabetes, hypertension, atherosclerosis. The course of uremia leads to further dysfunction of many organs and systems. Dialysis treatment makes it possible to remove uremic toxins and to balance water and electrolytes, but not completely. This results in permanent suppression of the immune system with greater exposure to infectious complications.

Infectious complications are one of the most common reasons for the loss of catheter function. Infections related to vascular access account for 50–80% of all infections that occur in this patient group, and they lead to the death of 10% of dialyzed patients [1, 4].

The aim of this study was to identify risk factors of infection-related complications and death risk in a group of patients who were dialyzed through permanent catheters over a period of seven years' observation.

## Material and methods

The information obtained from the National Health Fund (NFZ) provided clinical data for a retrospective analysis of 398 patients from the Świętokrzyskie Province who had their first permanent catheter inserted from 1 January 2010 to 31 December 2016. Out of this group, 65 patients who suffered 92 infection-related complications were identified, and risk factors for infection and death of these patients were estimated. The study considered impact of the following clinical factors on infection-related complications: arterial hypertension, coronary disease, atrial fibrillation, heart failure, generalized atherosclerosis, diabetes, history of stroke, neoplastic disease, chronic obstructive pulmonary disease, presence of cardiac implants (cardiac implantable electronic device-CIED, artificial valves, biomaterials for vascular prosthetic devices implanted in aorta and peripheral vessels), and venous thrombosis.

Catheter-related infections were diagnosed according to the criteria worked out by American and European Centres of Prevention and Disease Control (HAI: Healthcare Associated Infection, CDC: Centers for Disease Control and Prevention; ECDC: European Centers for Disease Control and Prevention) [5, 6, 7]. Infectious complications were divided into infections of a catheter insertion site, infection of a catheter tunnel,

bacteraemia accompanied by high temperature, shaking chills, hypotension and rising inflammatory parameters. Catheter Related Bloodstream Infection (CRBSI) was defined as an infection of the vascular bed occurred within 48 hours from inserting or removing a catheter with positive blood culture and isolating the same microorganism from peripheral blood and from pus from the catheter insertion site. Growth in quantitative culture from a catheter tip must be  $> 10^3$ CFU/ml and the number of CFU microorganisms should be five times as high as peripheral blood. Detection time of samples taken in an automatic system exceeds 2 hours and a sample taken from a catheter is marked positive earlier than is the case for a sample of peripheral blood.

Central Line-Associated Bloodstream Infection (CLABSI) was defined as an infection in a patient with a central catheter when blood culture is positive while catheter site culture is negative [5, 7–9].

Based on the analysis of available medical records of 47 patients out of 65 subjects with infectious complications, a precise assessment of the influence of procedural factors on the development of infection was performed. For this group of 47 patients the following data were also analysed: reasons for catheter insertion and removal, reasons for subsequent hospitalizations after its insertion, a number of catheters implanted for one person, total and average functioning time of one catheter and the functioning times of the catheter inserted after a dialysis fistula, time from catheter insertion to the onset infection, location of venous access and location of a catheter tip. A detailed analysis of the following data was also carried out: a course of infection-related complications, including the time of hospitalization, the occurrence of septicemia, infective endocarditis, pneumonia, abscesses distant from vascular access site, kind of infection-inducing bacteria based on blood and catheter tip cultures as well as recurrence of infection. The analysis also involved values of biochemical tests and the impact of individual factors on a survival rate among patients affected by infection-related complications.

The study was approved by the Bioethics Committee of Świętokrzyska Medical Council: Resolution No 21/2017.

## Statistical methods

Distribution of all continuous variables was evaluated by the Shapiro-Wilk test. The continuous data were presented as mean with the standard deviation. Categorical data are presented as absolute numbers and percentage. Continuous variables were compared by Student's t-test and Mann-Whitney U test, while chi-square test with Yates correction was used to compare dichotomous variables.

Uni- and multivariable linear regression was used to determine risk factors of catheter infection

Only variables with a value of  $P \leq 0.05$  at univariate analysis were included in the multivariate analysis.

Cumulative survival curves for all-cause death were constructed by the Kaplan-Meier methods. Survival curves were compared among groups with the log-rank test.

The differences were found as statistically significant when  $p < 0.05$ .

## Results

In the period from January 2010 to December 2016, 495 permanent catheters were implanted in 398 people (194 men, 48.7%) with a mean age of 68.73 (13.26) years. In the whole study group ( $n = 398$ ) there were 92 (23.1%) catheter-related infectious complications in 65 (16.3%) patients. In 28 (6.1%) patients repeated infections were observed.

More frequent infectious complications have been observed in patients with a longer dwell time of catheter(s) who needed catheter replacement, patients with thrombotic complications including stroke, generalized atherosclerosis, diabetes, arterial hypertension, chronic atrial fibrillation, coronary artery disease, heart failure, history of neoplastic disease and other comorbidities. During the mean 1.38 (1.17) years (min 0.0 max 6.70 years) follow-up 199 deaths occurred (50.0%). There was no significant difference in survival between patients with infectious complications (35, 53.85%) and those without infectious complications (164, 49.25%) (Table 1).

The univariable analysis demonstrated that generalized atherosclerosis, diabetes, thrombotic catheter complications, neoplastic disease, atrial fibrillation, arterial hypertension, coronary artery disease, previous stroke, heart failure and co-existing diseases were risk factors of a catheter-related infection (CRI) (Table 2).

In the studied group of 398 people, there were 92 catheter related infectious complications in 65 patients. The mean infection rate was 0.46 per 1,000 catheter days.

A detailed analysis of medical records of the separate subgroup of 47 patients with catheter related infectious complications identified 68 infections (13 patients suffered from repeated infections). The total functioning time of all catheters from insertion of the catheter to infection was 13,074 days, the time of the longest functioning catheter in this group was 1,108 days. The total time of hospitalization due to infectious complications for the group ( $n = 47$ ) was 798 days, the average time of hospitalization was 11.73 days. 61 hospitalized patients were treated successfully and discharged from the hospital while 7 patients died.

In the analyzed subgroup of 47 patients with infectious complications, 8 patients (11.76%) developed pneumonia and 3 (4.41%) had endocarditis. In 13 (19.11%) cases, the infection required the removal of a permanent catheter.

A comparison of the location of the catheter tip in the superior vena cava and the inferior vena cava did not show an effect of the catheter placement on the incidence of infection ( $p = 0.68$ ). Similarly, the duration of catheter functioning had no effect on the risk of infection in this group ( $P = 0.621$ ). A comparison of the position of the catheter tip in the superior vena cava and the inferior vena cava did not show an effect of the position of the catheter on the occurrence of infection ( $P = 0.68$ ).

A detailed analysis of blood culture and catheter tip culture identified 42 (61.77%) cases of CRBSI, 22 (32.35%) cases of bacteraemia with a negative blood culture and catheter culture qualified as CLABSI, and 4 cases (5.88%) of local infection that required hospitalization, with a negative blood and catheter cultures, and those were mainly abscesses. Infection symptoms in a catheter insertion site were found in 25 (37.64%) cases, in 16 (23.53%) cases infection occurred together with implications of distant organs, including 8 (11.76%) cases of pneumonia, 3 (4.41%) cases of infective endocarditis and 5 (7.35%) cases of distant skin infections. In 13 (19.11%) cases, the infection required the removal of a permanent catheter.

Infection lesions in catheter insertion site (25 cases) co-existed in 18 cases with CRBSI, in 6 cases with CLABSI (with negative catheter cultures), and in 1 case, a positive catheter culture was not accompanied by general symptoms: it was an infection of the skin and a catheter tunnel only.

The study identified 68 infections in 47 dialysed patients; 39 (57.35%) cases were caused by Gram-positive bacteria, and 29 (42.64%) by Gram-negative bacteria. Gram-positive infections were caused in 20 (29.41%) by *Staphylococcus aureus*, and in 19 (27.94%) cases by other staphylococci, mainly by *Staphylococcus epidermidis*. The most common Gram-negative pathogens were *Klebsiella pneumoniae* revealed in 8 (11.76%) cases and *Escherichia coli* in 8 (11.76%) cases. Summary of pathogens and their effect on the course of infection associated with the catheter in 68 infectious complications are shown in the (Table 4).

A detailed analysis of survival among 47 patients with infection-related complications showed a higher death risk among patients with cardiac implantable electronic devices (CIED) and biomaterials implanted in peripheral vessels. A worse prognosis was identified among patients with infection accompanied by

**Table 1.** Clinical data of patients dialyzed by permanent catheter and comparison of subgroups with and without catheter-related infections

	Patients with permanent catheters	Patients with catheter-related infection	Patients without infective complications	P Mann-Whitney "U"/ $\chi^2$ test
Number (n, %)	398 (100.0%)	65 (100.0%)	333 (100.0%)	
Age [years] mean $\pm$ SD	68.73 (13.26)	66.04 (13.20)	69.26 (13.23)	P = 0.073
Male (n, %)	194 (48.74%)	36 (55.38%)	158 (47.45%)	P = 0.301
No of catheters inserted after failure of previously created dialysis fistula (n, %)	129 (32.41%)	26 (40.00%)	103 (30.93%)	P = 0.199
Dwell times of dialysis catheter(s) [days] mean $\pm$ SD	505.2 (428.3)	548.3 (449.0)	496.7 (424.3)	P = 0.347
Average time of catheter usability (days; SD)	435.7 (398.2)	419.4 (392.1)	438.9 (399.9)	P = 0.718
No of patients with single catheter (n, %)	322 (80.90%)	41 (63.08%)	281 (84.38%)	P = 0.0001
No of patients with one catheter replacement (n, %)	58 (14.57%)	15 (23.08%)	43 (12.91%)	P = 0.053
No of patients with two catheter replacements (n, %)	16 (4.02%)	8 (12.31%)	8 (2.40%)	P = 0.0007
Venous thrombotic complications (n, %) <sup>a</sup>	66 (16.58%)	18 (27.69%)	48 (14.41%)	P = 0.014
Generalized atherosclerosis (n, %) <sup>b</sup>	108 (27.14%)	33 (50.77%)	75 (22.52%)	P = 0.000
Diabetes (n, %)	73 (18.34%)	21 (32.31%)	52 (15.62%)	P = 0.003
Arterial hypertension (n, %)	109 (27.39%)	35 (53.85%)	74 (22.22%)	P = 0.000
Coronary disease (n, %)	44 (11.06%)	22 (33.85%)	22 (6.61%)	P = 0.000
Atrial fibrillation (n, %)	12 (3.02%)	7 (10.77%)	5 (1.50%)	P = 0.000
Heart failure (n, %)	78 (19.60%)	37 (56.92%)	41 (12.31%)	P = 0.000
Past history of stroke (n, %)	4 (1.01%)	3 (4.62%)	1 (0.30%)	P = 0.012
History of neoplastic disease (n, %)	78 (19.60%)	21 (32.31%)	57 (17.12%)	P < 0.008
Co-existing diseases (n, %) <sup>c</sup>	87 (21.86%)	22 (33.85%)	65 (19.52%)	P < 0.017
Death during follow-up (n, %)	199 (50%)	35 (53.85)	164 (49,25%)	P = 0.588

No: number; SD: standard deviation; av: average; NS: no statistically significant difference.

<sup>a</sup>history of venous thromboembolism

<sup>b</sup>atherosclerosis diagnosed at least in two locations

<sup>c</sup>co-existing diseases affecting the patients studied, not analysed individually, marked with the following codes the International Statistical Classification of Diseases and Related Health Problems — ICD-10: D 50; D53; D64; E03; E04 E27; G65 J20; J42; J44; J45; J 81; J 96; K26; K50; K65; K76; L08; L97; M06; M 32; M 34; S68

hypotension, high leucocytosis, a lower level of blood platelets and a high leucocytes/blood platelets (WBC/PLT) ratio. Present study showed that a type of bacteria Gram (+) or Gram (–) had no effect of the higher death risk (Table 5).

Univariable regression analysis shown that the following factors contributed to higher risk of death: presence of cardiac implants and a severe course of infection with hypotension, high leucocytosis, thrombocytopenia and a high WBC/PLT ratio (Table 6).

## Discussion

Permanent catheters are an option for patients requiring hemodialysis for whom the formation of a fistula from own vessels is impossible or contraindicated. Dialysis through a tunneled catheter may lead to numerous dangerous consequences. Catheter-related infection occur 41% more frequently than is the case among patients with native A-V fistula [10–12]. According to National Kidney Foundation patients with

**Table 2.** Risk factors of CRI — results of univariable linear regression analysis

Infection-related complications	OR	95%CI	P-value
Patient's age	0.983	0.964–1.002	0.076
Generalized atherosclerosis	3.548	2.043–6.159	0.000
Diabetes	2.579	1.415–4.699	0.002
Venous thrombotic complications	2.274	1.217–4.250	0.010
Neoplastic disease	2.311	1.275–4.189	0.006
Atrial fibrillation	7.917	2.421–25.888	0.001
Arterial hypertension	4.083	2.348–7.103	0.000
Coronary artery disease	7.233	3.688–14.185	0.000
Heart failure	9.411	5.208–17.005	0.000
Co-existing diseases	2.109	1.178–3.777	0.012

The multivariable linear regression analysis has shown that independent risk factors of CRI were: younger age of patients, the presence of coronary artery disease and heart failure (Table 3); OR: odds ratio, CI: confidence interval

**Table 3.** The risk factors of CRI — results of multivariable linear regression analysis

Infection-related complications	OR	95%CI	P-value
Patient's age	0.955	0.931–0.979	0.000
Generalized atherosclerosis	1.859	0.751–4.598	0.178
Diabetes	0.783	0.352–1.745	0.549
Thrombotic complications	1.429	0.661–3.092	0.363
Neoplastic disease	1.556	0.751–3.225	0.233
Co-existing diseases	1.320	0.643–2.710	0.448
Atrial fibrillation	1.923	0.414–8.920	0.402
Arterial hypertension	1.840	0.909–3.725	0.089
Coronary artery disease	3.412	1.423–8.179	0.006
Heart failure	4.532	2.013–10.202	0.000

OR: odds ratio; CI: confidence interval

a catheter run the twice as high risk as those using A-V fistula [5, 8], and the BSI (bloodstream infection) rate is 4.85 times as high when tunneled catheters are used [11]. The present study identified 92 (23.1%) catheter-related infection of an average infection rate of 0.46 per 1,000 catheter days. In case of tunneled catheters, according to various sources, the frequency of infectious complications ranges from 0.5 to 5.5 per 1,000 catheter days [11–15]. The large discrepancy of results is probably related to the diversity of the studied populations and the research methodology. Long-term observation of a large group of patients in whom 2,230 permanent catheters were implanted during 23 years showed 226 infectious complications, with an infection rate of 0.514 per 1000 catheter days [16]. In another study, which analysed various types of vascular access over 6 years, the infection rate for permanent catheters was 1.03 per 1,000 patient days [11]. The next investigation, assessed the impact of the availability of specialist nephrological care on the risk of infection demonstrated

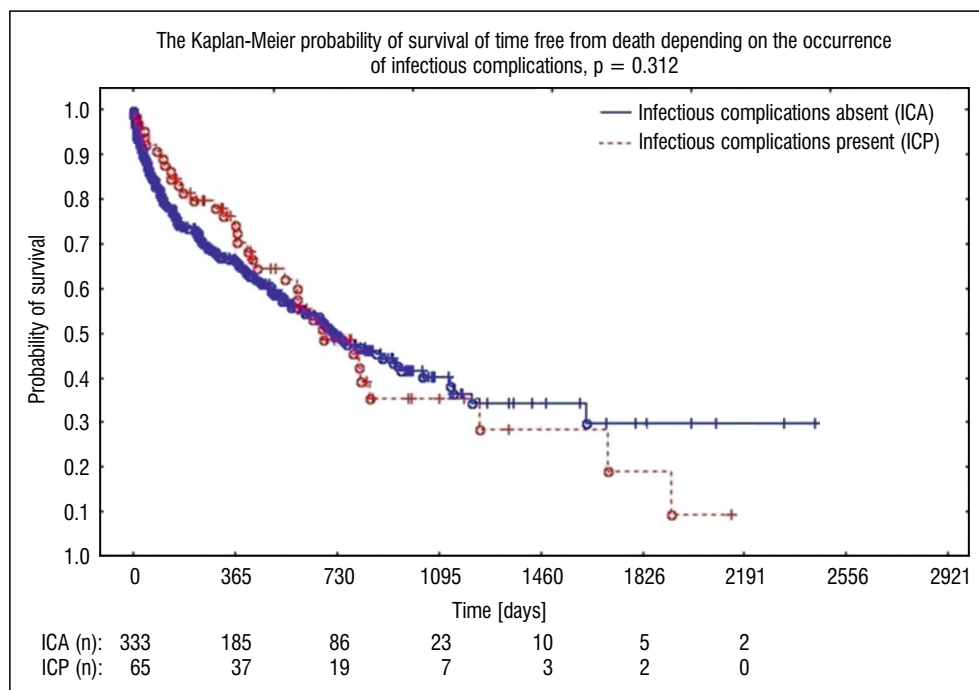
0.19 infections per 1000 catheter days [15]. According to a systematic overview of 200 prospective studies, an average BSI rate for tunneled catheters amounted to 1.6 per 1,000 catheter days [17], while in the latest reports of 2019, this rate was estimated at 2.26 per 1,000 catheter days [13].

The present study showed that catheter-related infection occurred more often in a younger age and in patients with coronary artery disease and heart failure. One study comparing the risk of infection in younger patients (18–74 years old) dialyzed by a permanent catheter with a group of elderly patients (over 75 years) also demonstrated a higher infection risk among the younger patients (1.95 per 1,000 catheter days) than the older ones (0.55 per 1,000 catheter days) [18]. Other data regarding the impact of various factors on the occurrence of catheter-related infections are not uniform due to the variety of parameters assessed. Most often the effect of diabetes is emphasized, which in the current study

**Table 4.** Summary of pathogens and their impact on the course of 68 catheter-related infections

	Catheter related bloodstream infection (42)	Central line- associated bloodstream infection (22)	Infections requiring hospitalization; negative blood and catheter cultures (4)	Symptoms of catheter site infection in the whole group (25)	Infection affecting organs distant from infection source (abscesses, infective endocarditis, pneumonia) (14)
Gram-positive bacteria	26	11	2	17	9
<i>Staphylococcus aureus</i>	11	8	1	10	3
<i>Staphylococcus epidermidis</i>	11	1	0	4	3
<i>Staphylococcus hemolyticus</i>	1	1	0	1	1
Methicillin-susceptible, coagulase-negative <i>Staphylococcus</i> species	0	1	0	0	0
<i>Serratia marcescens</i>	1	0	0	0	1
Coagulase-negative <i>Staphylococcus</i>	2	0	1	2	1
Gram-negative bacteria	16	11	2	8	5
<i>Klebsiella pneumoniae</i>	4	4	0	2	1
<i>Klebsiella oxytoca</i>	1	2	0	2	0
<i>Escherichia coli</i>	5	3	0	0	3
<i>Morganella morganii</i>	3	0	0	1	0
<i>Enterobacter cloacae</i>	2	0	0	2	0
<i>Pseudomonas aeruginosa</i>	0	0	1	1	0
<i>Enterococcus faecalis</i>	1	1	1	0	1
<i>Citrobacter freundii</i>	0	1	0	0	0
<i>Candida glabrata</i> (co-existing infection)	1	0	0	0	0

During follow-up 199 deaths occurred (50,0%). There were no significant differences between infectious (35; 53.85%) and non-infectious (164; 49.25%) group. Table 1, Figure 1.



**Figure 1.** Kaplan Meier time free of death in groups of patients divided depending on dialysis catheter infection presence

was an important risk factor in univariable analysis. A large group of patients dialyzed with permanent catheters showed that the risk factors for infectious complications were: prior bacteraemia, diabetes mellitus, time from catheter implantation > 90 days, and hypertension [16]. Risk factors identified by another report included diabetes, generalized atherosclerosis, history of bacteraemia and carrying *Staphylococcus aureus* in the nasal cavity if coupled with long-term use of a catheter [13]. Other observation which involved 102 patients with 42 catheter-related infections also identified diabetes, a low level of albumins and haemoglobin as factors contributing to infection-related complications [11]. In turn, a recent analysis of early catheter infection found an essential role of carrying MRSA (methicillin resistant) *Staphylococcus aureus*, previous catheter-related infection and bacteraemia or bacteriuria occurring up to 3 months before catheter insertion [1, 6, 13].

In most cases, Gram-positive bacteria are responsible for infection among dialyzed patients: it is reported that they caused up to 75% catheter-related infections [6, 7, 13, 19, 20], with two pathogens being the most frequent: *Staphylococcus epidermidis* (35%) and *Staphylococcus aureus* (35%). Gram-negative pathogens were found in up to 40% of cases [5, 6, 9, 17, 21, 22]. Our results showed similar proportions: 57.35% of infections were caused by Gram-positive bacteria, including *Staphylococcus aureus* (29.41%) and other *Staphylococci* (27.94%), mainly by *Staphylococcus epi-*

*dermidis*. Infections caused by Gram-negative bacteria accounted for 42.64 %.

Blood infection due to vascular access is a serious challenge both in terms of diagnosis and therapy, which is especially noticeable in intensive care units, where it accounts for about 20–40% of all hospital infections [22–24]. The current study confirmed a low probability of survival of patients with infectious complications (53,85%) during the follow-up period, however, it was comparable to the high mortality rate of dialyzed patients without infection (49.25%;  $P = 0,588$ ). The apparent lack of significant influence of infection on the survival of this group of patients is probably associated with the strong impact of other known risk factors for death in patients with renal failure: premature atherosclerosis and associated metabolic disorders.

The mortality rate among dialysis patients depends on the type of vascular access and is higher in patients with catheters and fistulas made of artificial materials [1, 4, 17, 22, 24–27]. Paradoxically, progress in medicine has led to an increase in infection rate by introducing artificial materials to build new vascular access. One study which analysed a large population of 2,666 patients dialyzed by catheters showed 32% mortality rate over the period of observation. The study showed that patients with tunnelled catheters had 6.9-fold higher mortality from sepsis compared to patients dialyzed with A-V fistula [28]. The results of our study showed that the following factors contributed to the higher risk of death: the presence of heart and vessels implants and

**Table 5.** Factors affecting survival among patients dialyzed through permanent catheters and suffering infection-related complications

Infection-related complications	Death	Survivors	P Mann-Whitney "U"/ $\chi^2$ test
No of patients (n, %)	7 (14.9%)	40 (85.1%)	–
Average age (years, SD)	73.579 (6.80)	66.55 (14.41)	0.174
Female patients (n, %)	4 (57.14%)	23 (57.50%)	0.692
Hospitalization time (days, SD)	12.57 (6.63)	13.40 (9.94)	0.756
Time from catheter insertion to infection occurrence (months, SD)	8.62 (8.80)	3.97 (4.21)	0.124
Generalized atherosclerosis (n, %)	7 (100%)	25 (62.50%)	0.128
Diabetes (n, %)	2 (28.57%)	17 (42.50%)	0.783
Thrombotic complications (n, %)	0 (0.00%)	5 (12.50%)	0.745
Infection-related complications over the last 6 months (n, %)	5 (71.43%)	23 (57.50%)	0.783
Neoplastic disease (n, %)	3 (42.86%)	13 (32.50%)	0.919
COPD (n, %)	1 (14.29%)	3 (7.50%)	0.888
Atrial fibrillation (n, %)	3 (42.86%)	5 (12.50%)	0.154
Arterial hypertension (n, %)	6 (85.71%)	29 (72.50%)	0.787
Coronary artery disease (n, %)	5 (71.43%)	18 (37.50%)	0.379
NYHA class I–II (n, %)	2 (28.57%)	22 (55.00%)	0.379
NYHA class III–IV (n, %)	5 (71.43%)	17 (42.50%)	0.315
Stroke (n, %)	0 (0.00%)	4 (10.00%)	0.888
Cardiac implants (n, %)	5 (71.43%)	10 (25.00%)	0.046
Positive catheter culture (n, %)	6 (85.71%)	28 (70.00%)	0.690
Local symptoms of infection (n, %)	1 (14.29%)	15 (37.50%)	0.445
Positive blood culture (n, %)	7 (100%)	38 (95.00%)	0.682
Positive blood culture, Gram-positive bacteria (n, %)	4 (57.14%)	19 (47.50%)	0.951
Positive blood culture, Gram-negative bacteria (n, %)	3 (42.86%)	21 (52.50%)	0.951
Systemic symptoms of infection (n, %)	7 (100%)	36 (90.00%)	0.888
Pneumonia (n, %)	2 (28.57%)	4 (10.00%)	0.457
Infective endocarditis (n, %)	0 (0.00%)	2 (5.00%)	0.682
Hypotension (n, %)	5 (71.43%)	10 (25.00%)	0.046
Patients with recurring infection-related complications (n, %)	1 (14.29%)	12 (30.00%)	0.690
Venous access: right angle (n, %)	2 (28.57%)	25 (62.50%)	0.208
Venous access: left angle (n, %)	2 (28.57%)	7 (17.50%)	0.868
Venous access: left subclavian vein (n, %)	2 (28.57%)	1 (2.50%)	0.078
Venous access: right subclavian vein (n, %)	0 (0.00%)	2 (5.00%)	0.682
Venous access: left femoral vein (n, %)	0 (0.00%)	0 (0.00%)	–
Venous access: right femoral vein (n, %)	1 (14.29%)	3 (7.50%)	0.888
Catheter tip location: superior vena cava (n, %)	6 (85.71%)	35 (87.50%)	0.629
Catheter tip location: inferior vena cava (n, %)	1 (14.29%)	4 (10.00%)	0.745
Catheter removal due to infection (n, %)	3 (42.86%)	8 (20.00%)	0.404
Patients with catheter no > I	0 (0.00%)	4 (10.00%)	0.888
Procalcitonin (ng/mL; av., SD)	29.91 (15.39)	32.00 (70.89)	0.108
CRP (C-reactive protein) (mg/L; av., SD)	2.6 (1.72)	1.38 (1.11)	0.141
Leucocytes (U/L; av., SD)	14.20 (5.23)	10.63 (5.89)	0.056
Haemoglobin (mg/dl; av., SD)	9.31 (1.98)	10.09 (1.44)	0.316
Platelets (K/L; av., SD.)	104 (56)	171 (78)	0.015
Leucocytes/platelets ratio (av., SD)	0.16 (0.09)	0.08 (0.06)	0.002

COPD: chronic obstructive pulmonary disease; NYHA: New York Heart Association; CIED: cardiac implantable electronic devices



**Table 6.** Risk factors of death of patients with catheter related infections

Infection-related complications	OR	95%CI	P
Cardiac implants <sup>a</sup>	7.500	1.193–47.159	0.027
hypotension	7.500	1.193–47.159	0.027
Leucocytosis	1.089	0.962–1.233	0.167
Platelets (PLT)	0.153	0.027–0.869	0.029
Leucocytes/platelets ratio	1.165	1.024–1.326	0.017

<sup>a</sup>presence of CIED or biomaterial implanted to peripheral vessels; OR: odds ratio; CI: confidence interval

severe infection with hypotension, high leukocytosis, thrombocytopenia and a high ratio of leukocytes to platelets. Previous reports confirmed an unfavourable prognosis for cases of similar constellation of inflammatory parameters in dialyzed patients [11, 13, 29–32].

The present study also demonstrated that the presence of artificial devices and biomaterials increase mortality risk in the course of infection in patients dialyzed with permanent catheters (OR = 7.5; 95%CI: 1.193–47.159; P = 0,027). Likewise, previous reports showed a negative effect of the presence of the cardiac implantable electronic devices on the development of infectious complications. Endocarditis, bacteremia and sepsis were often complications observed in this population, especially in patients dialyzed with permanent catheters [17, 23, 25, 26, 33]. Infectious complications caused by a dialysis catheter are a serious problem. Although the study was conducted on a small group and was retrospective, it showed certain risk factors for death and poor prognosis in this burdened group, similar to those of other researchers. The situation requires further observation and conducting a prospective study, preferably on a larger group of patients, in order to obtain better results.

### Study limitations

This study is a retrospective analysis and it was conducted on the basis of selected data made available by the National Health Fund. Detailed clinical data concerning infection-related complications were available for 47 patients only.

### Conclusions

Infections in patients dialyzed with permanent catheters are a common, serious complication. The specific risk factors of catheter-related infections include younger age, coronary artery disease and heart failure. Mortality of patients with infectious complications is very high, but comparable to the survival of all dialyzed by the permanent catheter. A higher mortality rate among

patients with catheter-related infection increase with the presence of additional intravascular and intracardiac implanted materials and a severe course of infection with hypotension, thrombocytopenia and a high leukocytes/platelets ratio.

### Conflict of interest

None.

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