

Effect of TryushnadiChurnaon Kaphajpratishyay of children age group of 7 to 11 year

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Abstract-

Kaphajpratishyay is one of the commonest frequently observed ailment in the children. Its very contagious disease seen all over the world causing much distress and discomfort to the people, As said in wangasen Samhita tryushnadichoorna is well effective in the treatment of kaphajpratishyay.

Total 7 days of treatment given to 30 patients having different age gender , socioeconomical status, and complaints like Nasavarosdh Nasastrava, Shirashoola, Shirogaurav, Kshavathu and akshikuthshoth. According to statistical test of significance and assessment criteria 78 % patients of case study relieved by treatment of tryushnadichoorna on kaphajpratishyay.

Introduction-

Kaphajpratishyay is one of the commonest frequently observed ailment in the children. Its very contagious disease seen all over the world causing much distress and discomfort to the people, Pratishyay, the simple disease if untreated may lead to severe disease like acute respiratory illnesses, pneumonia, rajyakshma thus hampering normal growth and development of child hence this disease taken for the study, and the drug used for the treatment is tryushnadichurna taken with guda.

Aim and Objective-

To study the effect of tryushnadichurna in kaphajpratishyay.

Material-

- 1) Shunthi
- 2) Maricha
- 3) Pippali all this mixed with guda having laghuguna , katu rasa, and ushnaveerya. In this manner it act as “kaphagna” and relieves sign and symptoms of kaphajpratsihyay.

Method used-

Tryushnadichurna was purchased from gmp approved pharmacy and total required quantity of guda was purchased from the market at a time.

Drug administration-

Matra- as per dillings formula

Children dose- children age % 20 x adult dose.

Adult dose as per ayurved pharmacopeia of india is 3gm/ day.

e.g. for 7 year= 500 mg bd

Duration of medication = 7 days

Anupan= koshnajal

Observation -

Taken 30 patients of age group of 7 year to 11 year of both genders , of different socioeconomical status, and having complaints of Nasavarosdh, Nasastrava, Shirashoola, Shirogurav, Kshavathu and Akshikuthashoth.

Total 7 days of treatment given to all patients.

Result and conclusion-

According to statistical test of significance and assessment criteria Tryushnadichoorna is well effective in reducing symptoms like Nasavarosdh

Nasastrava, Shirashoola, Shirogurav, Kshavathu and akshikuthshoth.

So there was 78% patients relieved by treatment of tryushnadichoorna on kaphajpratishyay.

Reference-

1) त्र्यूषणगुडसंयुक्त स्निग्ध दुग्धानभोजनं |

प्रतिष्याय हर प्रोक्तविशेष त्काफनाषणं ||

(वंगसेन ३५/७९)

२) घानात कफकफकृते शीतः पांडू स्त्रवेदबहु |

शुकलवभास शुक्लाक्षोभवेदगुरु शिरा नार ||

कंठतालवोश्ठशिरसा कंडूभिर भिपिडीतः||

(माधव निदान / नासारोग / १९)