Study of the effectiveness of various cannabinoid receptor 1 (CB1) agonists using molecular docking and molecular dynamics modeling

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The binding of a series of small organic molecules, acting as agonists of the cannabinoid receptor CB1, was investigated by means of three methods of computational chemistry. Binding modes were predicted by means of molecular docking, and binding free energy was estimated via docking, molecular-mechanics Poisson-Boltzmann surface area method, and multistate Bennett acceptance ratio. No evident correlation was observed for the molecules between the experimental characteristics of affinity and three computed binding free energy estimates. The reasons for the discrepancy were discussed.

Introduction

The endocannabinoid system (ECS) is a perspective therapeutic target, which participates in multiple physiological processes, such as appetite stimulation, immune response, vomiting control, pain modulation [1-3], and also in pathological conditions, for example Huntington's disease and stroke [4, 5].

CB1 and CB2 receptors constitute most recognized part of ECS. Their natural agonists, so-called endocannabinoids, are anandamide and 2-arachidonoylglyerol. Another well-known partial agonist is Δ^9 -tetrahydrocannabinol (THC), the natural component of plant *Cannabis sativa,* which is used for centuries for its recreational and medicinal properties [1, 6].

In last decades new potent agonists of CB1 and CB2 receptors were synthesized. While initially they were developed with legitimate research purposes, synthetic cannabinoids started new era of "designer drugs", semi-legal replacements of regulated psychoactive compounds. While most of these synthetic cannabinoids are already known to scientific community, their structural diversity presents unlimited possibilities for further modification, thus evading state regulation [7, 8].

Fast development of synthetic cannabinoids poses significant treat for public health. They have low binding affinity and are not subject to any clinical tests, so overdosing is frequent, with typical symptoms including anxiety and panic attacks [9, 10].

Earlier studies had to use QSAR to predict affinity of synthetic cannabinoids [11]. But recent publication of high precision CB1 [12,13] and CB2 [14] crystal structures allows to estimate and explain binding affinity using more reliable methods of molecular docking [15] and molecular dynamics [16,17].

We expect that comparison of computed binding affinity of known agonists will allow to develop high-quality agonist pharmacophore models. This, along with purely pharmacological applications, will make robust identification and classification of narcotic drugs with THC-like action, and pave the path for estimation of their health risks.

Experimental part

Computational Methods

We chose three principally different approaches to estimate binding free energies of ligands to CB1. The first one is the common method of molecular docking, and the others are based on molecular dynamics (MD) simulation. The second one is Molecular Mechanics Poisson-Boltzmann Surface Area (MMPBSA) [18] approach. It is but approximate but computationally cheap and parameterized specifically for protein-ligand systems. The third method is multistate Bennett acceptance ratio (MBAR) from the family of alchemical transformation approaches [19,20]. It is a rigorous method of universal applicability but is costly because requires longer equilibration and several additional simulations to be performed.

Protein preparation for docking. The initial structure of CB1 protein in active apoconformation was taken from the paper [17]. There, it was reconstructed from the crystal structure available in Protein Data Bank (ID: 5XRA [12]). Namely, the missing and mutated parts were restored, and equilibration via molecular dynamics in physiological conditions (immersed into lipid bilayer solvated in 0.15 M NaCl solution) was performed.

The final structure of the intact active conformation of CB1 protein for docking was prepared using the Structure Preparation module of the Molecular Operating Environment (MOE) software [21]. The protonation and tautomeric states of Arg, Asp, Glu, His and Lys residues were adjusted to match pH = 7.0 using the Protonate 3D module. Restrained minimization with the AMBER forcefield was performed via the Energy Minimize panel.

Ligand preparation for docking. Wellknown cannabinoid receptor CB1 agonists were selected for our study (**Figure 1**): widely studied THC, three *N*-pentylindole derivatives (JWH-018, UR-144, PB-22) and their monofluorinated derivatives (AM-2201, XLR-11, 5F-PB-22, respectively). All these ligands have K_i values <50 nM according to the ChEMBL database.



Figure 1. Agonist structures selected for investigation.

All ligand structures (Figure 1) for Δ^9 tetrahydrocannabinol (THC), naphthalen-1-yl(1pentyl-1H-indol-3-yl)methanone (JWH-018), (1-(5-fluoropentyl)-1H-indol-3-yl)(naphthalen-1-yl)methanone (AM-2201), (1-pentyl-1Hindol-3-yl)(2,2,3,3tetramethylcyclopropyl)methanone (UR-144), (1-(5-fluoropentyl)-1H-indol-3-yl)(2,2,3,3tetramethylcyclopropyl)methanone (XLR-11), quinolin-8-yl-1-pentyl-1H-indole-3-carboxylate (PB-22) and quinolin-8-yl 1-(5-fluoropentyl)-1H-indole-3-carboxylate (5F-PB-22) were initially drawn using the ChemDraw Professional and prepared using the LigX module of MOE. LigX generated stereoisomers and tautomers within a pH range of 7.0 ± 2.0 . For each ligand, the lowest energy conformer was retained. Next, the ligands were optimized via minimization energy using the "AMBER10:EHT" forcefield while allowing adjustment to H atoms. The RMSD gradient value was kept at 0.1 kcal/mol· A^2 (energy minimization is terminated when RMSD gradient falls below this value). The calculated electrostatic potential charges were used as partial charges of ligand atoms.

Molecular docking. The ligands were docked to the orthosteric binding site of the active conformation of the CB1 structure by using the Dock panel of MOE software. We decided to dock the selected ligands only for active conformation of the CB1 receptor, since, according to Jung et al [17], agonists more favorably interacted with the active form and had lower binding energies to the inactive one.

The induced-fit docking (IFD) protocol was used in all cases. The receptor was kept at "Receptor Atoms" while receptor site was chosen to be "Selected atoms". No "wall constraints" were used. All docking jobs were performed with the placement method "Triangle Matcher" with post placement refinement kept as "Forcefield". The initial scoring function was kept as "London dG", and "GBVI/WSA dG" was used as the final scoring function [22]. The pose with the lowest docking score (S-score) was retained for each ligand.

MD simulations setup

The initial structures of CB1 protein in active apo- conformation and in active conformation with bound THC were taken from the original paper [17]. They consist of the protein embedded to a 1-palmitoyl-2oleoylphophatidylcholine (POPC) bilayer surrounded by 0.15 M NaCl solution, and are equilibrated via MD run without (apoconformation) or with THC inside.

Here, as initial configurations for MD, the same structure was employed with a ligand placed inside the protein in a pose predicted by molecular docking (**Figure 2**). At the same time, four water molecules initially found inside the empty apo- protein were removed. In the case of THC, we used the original structure from [17] without modifications.

The distribution of protonation states in the initial structure was preserved; it matches pH = 7.0. Particularly, His residues are neutral, with H atom bonded to N^{δ} (acronym "HSD").

We employed two forcefields for the computations. Firstly, following the original study [17], CHARMM36 and CGenFF forcefields [23,24] were used in order to keep compatibility. Potential model for POPC is already present in it, while the ones for ligands were prepared using ParamChem web server. As usual for CHARMM, water was described with TIP3P model.



Figure 2. Initial configuration for MD simulations with CB1 in apo- conformation. Phophatidylcholine groups are colored orange, while the rest of POPC molecules is colored brown. Water, NaCl, and ligand are not shown.

The second one was OPLS-AA/M forcefield [25] that is a recent update of a wellknown and validated OPLS-AA forcefield, containing improved parameters for peptide dihedral angles. For POPC, a compatible modern potential model was taken from [26, 27]. It is developed in the framework of OPLS-AA, but contains some changes in parameters describing dihedral angles allowing it to reproduce the properties of POPC bilayers well. For ligands, the potential models were prepared with the help of LigParGen server, which is tailored for the OPLS-AA/M forcefield [28]. Because all the ligands were neutral molecules, the atomic point charges were computed using 1.14*CM1A model with LBCC correction.

Finally, water model was TIP3P because POPC was parameterized together with it [27].

Molecular dynamics simulations was carried out using GROMACS 5 software. For CHARMM36 runs, we reproduced the settings from [17]. Namely, temperature 310 K and pressure 1 bar were maintained by means of Nose-Hoover thermostat and Parrinello-Rahman barostat with semiisotropic coupling, respectively; time constants equaled 1 ps. The parameters were as follows: time step 2 fs, 3D periodic boundary conditions, constraints on all bonds involving hydrogen atoms, PME method for computing electrostatics with real space cutoff 1.2 nm, cutoff of van der Waals interactions at 1.2 nm with force-switch at 1 nm. The duration of a run was 5 ns for each ligand.

For OPLS-AA/M runs, some settings were changed: thermostat time constant was 0.4 ps, constraints on all bonds, PME real space cutoff 1 nm, plain cutoff of van der Waals interactions at 1 nm. The same and settings were employed during parameterizing POPC [27]. Simulations ran for 10 ns because additional equilibration of the initial configurations (originally made in CHARMM36 forcefield) was needed.

The MMPBSA computations were performed using g_mmpbsa program [29,30]. Polar interactions were treated by non-linearized version of Poisson-Boltzmann equation for higher accuracy, apolar ones were calculated basing on solvent-accessible surface areas, the rest of settings were set at default values (in particular, eco = 80, pdie = 2, srad = 1.4). For processing, protein-ligand complex configurations were extracted each 20 ps from the last 5 ns (OPLS-AA/M) or 3 ns (CHARMM36) of MD trajectories.

Because MBAR method requires simulating a single system at several values of coupling parameter λ , two series of additional simulations were carried out for each ligand. Firstly, each ligand was simulated in CB1 at each λ value for 6 ns starting from the final configuration of its ordinary MD run. The first 3 ns were discarded as equilibration and were not used for calculations. Secondly, each ligand was solvated in a water box with size 6.5 nm and then simulated at each λ value for 3 ns; the first 1 ns was omitted. The following λ schedules were used: {0.0; 0.2; 0.4; 0.6; 0.8; 1.0; 1.0} for electrostatic interactions and $\{0.0; 0.2; 0.4;$ 0.6; 1.0} for van der Waals 0.8; 0.9; interactions, where λ values 0.0 and 1.0 correspond to the specified interactions between ligand and environment turned on and off, respectively. The difference between schedules the electrostatic interactions ensures are disabled before the van der Waals ones are that is required to avoid singularities. For the last 3 λ values, stochastic dynamics integrator was used, as is recommended for proper sampling.

Results and discussion

Docking results

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All agonist ligands studied were docked to the CB1 active conformation by molecular docking to predict the ligand binding pose at the orthosteric binding site. The docking results for some agonists, namely XLR-11, PB-22 and 5F-PB-22 are shown in **Figures 3-5**, respectively. All ligands were well fixed in the active conformation of the receptor and showed similar binding poses at the orthosteric binding site.



Figure 3. Binding pose of XLR-11 in CB1 active conformation.



Figure 4. Binding pose of PB-22 in CB1 active conformation.



Figure 5. Binding pose of 5F-PB-22 in CB1 active conformation.

The main interactions between the above ligands and amino acid residues of the CB1 receptor are shown in **Figures 6-8**. The data obtained show that the main amino acid residues forming the binding pocket and causing interactions with the ligands at the orthosteric binding site in the CB1 active conformation are Phe10, Phe72, Ser75, Phe76, Phe79, Phe91, Leu95, Val98, Thr99, Phe102, Ile169, Phe170, Trp181, Met265, Lys278, Phe281, Ala282, Ser285, Cys288.



Figure 6. Ligand interactions of XLR-11 in CB1 active conformation.



Figure 7. Ligand interactions of PB-22 in CB1 active conformation.



Figure 8. Ligand interactions of 5F-PB-22 in CB1 active conformation.

Thus, the main interactions between the studied agonists and the receptor are hydrophobic and pi-stacking. All considered agonists, except THC, contain *N*-pentylindole fragment in their structures. In this way, the

pentyl group and aromatic fragments are mainly responsible for hydrophobic interactions with the receptor, and the indole fragment is responsible for pi-stacking interactions. It should be noted that either the pyrrole core (in XLR-11, **Figures 3,6**) or the benzene core (in 5F-PB-22, **Figures 5,8**), or both indole condensed rings simultaneously (in PB-22, **Figures 4,7**), can participate in stacking interactions.

Sometimes hydrophilic interactions also occur. For example, the ester group in PB-22 is in close proximity to polar amino acid residues such as Thr99, Lys278 and Ser285 (**Figures 4,7**). Interestingly, for the fluorinated analogue of this agonist, 5F-PB-22, such interactions are already absent (**Figures 5,8**). This fact can be explained by the different arrangement of the pentyl (in PB-22) and fluoropentyl (in 5F-PB-22) tails in the binding pocket, and, as a result, the spatial closure of the 5F-PB-22 ester group.

Next, we carried out the comparative analysis for the studied agonists affinity parameters to CB1 receptor and for their binding energies calculated via molecular docking. The dissociation constant of the ligand-receptor complex (K_i) and the half maximal effective concentration (EC₅₀) were chosen as affinity parameters. High-affinity ligand binding implies that a relatively low concentration of a ligand is adequate to maximally occupy a ligand-binding site and trigger a physiological response. The lower the K_i is, the more likely there will be a chemical reaction between the ligand and the receptor. Low-affinity binding (high K_i values) implies that a relatively high concentration of a ligand is required before the binding site is maximally occupied and the maximum physiological response to the ligand is achieved. EC₅₀ refers to the concentration of ligand, which induces a response halfway between the baseline and maximum after a specified exposure time. It is commonly used as a measure of a drug's potency. A comparison of these two parameters with the calculated binding energies of agonists with the CB1 receptor (S-score) is given in the **Table 1**.

 Table 1. Comparison of CB1 receptor affinity parameters

 and binding energy from docking for the agonists studied

Agonist	Ki	EC ₅₀	S-score
	(nM)	(nM)	(kcal/mol)
THC	13.7	250	-9.29
JWH-018	9.5	102	-9.05
AM-2201	1.0	38	-9.25
UR-144	29	421	-9.19
XLR-11	24	98	-9.28
PB-22	1.5	5.1	-9.41
5F-PB-22	0.5	2.8	-9.45

The following conclusion can be drawn from the obtained results: there is no strict correlation between the actual binding parameters and the binding energy estimated as docking S score. However, the highest affinity agonists (PB-22 and 5F-PB-22) also have the highest S-scores. In addition, for all *N*pentylindole derivatives studied, one regularity is observed: for monofluorinated analogues, the S-score is always slightly higher than for fluorine-free ligands. Interestingly, this clearly coincides with the correlation of affinity parameters for the corresponding fluorinefree/monofluorinated agonist pairs.

In addition, it is easy to see that the S-score values for all the *N*-pentylindole derivatives studied are in the range of -9.29 ± 0.25 kcal/mol, where the first value corresponds to the S-score for THC. This result is consistent with the fact that all of these substances, like THC, are proven agonists of the cannabinoid receptor CB1.

Molecular dynamics results

Using MBAR method, as implemented in gmx bar utility, free energies of decoupling a ligand from protein, ΔG ecouple protein, and from water, ΔG ecouple water, were computed. Binding free energy denoted ΔG_{bind} (BAR) was computed as the difference between the stated values (Eq. 1). The results for both forcefields 2. Due to are collected in Table the computational cost of simulations. for CHARMM36 force field, only two ligands (THC and UR-144) were examined.

$$\Delta G_{bind} (BAR) = \Delta G_{decouple water} - \Delta G_{decouple protein} (1)$$

Ligand	ΔG_{bind} (BAR), kcal/mol		
Forcefield	OPLS-AA/M	CHARMM36	
ТНС	-22.6 ± 1.5	-26.6 ± 1.8	
PB-22	-20.3 ± 1.1		
5F-PB-22	-15.8 ± 1.1		
XLR-11	-15.3 ± 1.4		
UR-144	-15.1 ± 0.9	-19.1 ± 0.8	
AM-2201	-8.1 ± 1.6		
JWH-018	-7.6 ± 1.2		

Table 2. Comparison of CB1 receptor affinity parametersand MBAR binding energy estimate for the agonists

The ΔG_{bind} values computed via MMPBSA approach are listed in **Table 3**.

Table 3. Comparison of CB1 receptor affinity parameters

 and MMPBSA binding energy estimatic for the agonists

Ligand	ΔG _{bind} (MMP	G _{bind} (MMPBSA), kcal/mol		
Forcefield	OPLS-AA/M	CHARMM	36	
ТНС	-42.7 ± 3.3	-37,3 ± 2,5		
PB-22	-43.7 ± 2.5	-32.6 ± 2.7		
5F-PB-22	-40.6 ± 2.5	-32.6 ± 2.6		
XLR-11	-40.4 ± 2.7	-33.5 ± 2.7		
UR-144	-40.4 ± 2.1	-33,1 ± 2,5		
AM-2201	-43.3 ± 2.8	-33.8 ± 2.5		
JWH-018	-44.5 ± 2.5	-36.6 ± 2.6		
Surprising	ly, among	all	the	

characteristics computed here, only ΔG_{bind} (BAR) considerably varies between the ligands, while the others (S-score and ΔG_{bind} (MMPBSA)) are almost equal for all of them having the spread within the range of uncertainty. However, no evident correlation is present between ΔG_{bind} (BAR) and experimental affinity parameters of ligands (EC50, K_i), as can be seen from comparison (**Figure 9**). The most striking case is UR-144 that has the highest EC₅₀ and *K* among the examined set but shows moderate ΔG_{bind} (BAR).

Turning to another forcefield does not improve the correlation. Both the absolute values ΔG_{bind} (MMPBSA) of ligands and their order differ in the two forcefields studied, while the spread is similarly small (~3 kcal/mol between the lowest and the highest values) and the uncertainty is of close magnitude (~2.6 kcal/mol). The same situation is observed for ΔG_{bind} (BAR), as well.

As a result, as it was shown for molecular docking before, two MD-based methods of computing binding free energy tested here appeared to be able just to determine that all examined compounds show high affinity to CB1 (i.e. are agonists) but failed to accurately distinguish between more and less active agonists.



Figure 9. ln K_i values of the ligands plotted versus their ΔG_{bind} (BAR), computed using, OPLS-AA/M forcefield.

It is difficult to identify the reasons for this issue. Likely, it is not a result of forcefield choice, because two representatives shown similar behavior. The simulation time was several ns that should be enough to sample orientations of a ligand in such constrained space. For ΔG_{bind} (MMPBSA), the uncertainty has to decrease one order of magnitude in order to make the values for various ligands significantly different, and they still will differ slightly by magnitude. Yet, for MBAR, this duration may still be insufficient. Also, a tighter λ schedule may be important for accurate estimations. However, fulfilling both options will drastically increase computational cost of the method making it unsuitable for application to large sets of ligands of interest.

A possible source of systematic error is the exclusion of water molecules from the cavity. A presence of a single water molecule may lead to large energy shift in ligand binding energy if formation of a hydrogen bond occurs. Examining this option requires search for a place a water molecule may reside near the ligand. Also, it will not affect the ΔG_{bind} (MMPBSA) values because in these computations, all water is treated implicitly.

Conclusions

Extensive computational estimation of affinity of a set of agonists to CB1 receptor by three different methods was done. However, no correlation between the calculated binding free energy and experimentally measured affinity parameters (EC₅₀, K_i) was observed. As a result, the problem of robust discrimination of small organic molecules with respect to affinity to CB1 receptor by means of computational methods remains open. It will be the subject for our following investigations.

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