



# His\*

December 2017

It's 1:07 pm and  
 the room is entirely different,  
 furniture shifted, new sheets and pillows color  
 the air, poised perfectly  
 to hide secrets the blank walls couldn't  
 Or won't  
 What is left of my things lament, to me,  
 bundles in boxes begging to be  
 rescued from the reality I thought I had escaped  
 yet they will inevitably exist in  
 forever.  
 I find it hard to breathe under the weight  
 of the pages of my childhood journal  
 conferring secrets with the walls, whispering to  
 a primitive form of my consciousness

“

July 2010

Dear Journal,

*Pound*  
*Pound*  
*Pound*

It's 2:30 am and I awoke to the sound of a  
 monster

*the door to my mother's bedroom slams open*  
*the light switch cracks under the weight of His hand*  
*He pulls her bed sheets violently to the floor*

stumbling through the dark,  
 grappling with horrors from his childhood  
 he can only understand drowning  
 in the fermentation of his own mind

*Pound*

*Huddled on the bathroom floor*

*Pound*

*clutching a tattered pink rabbit*

*Pound*

*I begged god to spare me*

his body overgrown, dense with malice  
malevolence lines his jaw, his vindictiveness  
venomous, the manifestation of maternal mishap  
festering for generations, its stench chokes me

*The screaming stopped. Predatory mutters stutter between scattered thoughts of  
accusations and threats and endless tales of dishonesty,  
the voices in his mind audible through the door as he pauses*

October 2010

Dear stranger walking past,

*The baby's wailing echoes through my chest as  
I run barefoot in my crumpled Sunday dress searching  
for anyone to ask why my hair was so knotted I should've*

Why did you keep your head so low?

*Why didn't I grab the baby*

You must have noticed the screaming, the sound of fists  
echoing against rib cage, of madness against madness tear-  
ing apart the bedroom, my entire universe

*I finally crouched behind a vending machine  
down the hall, acutely aware of how alone  
I was. I adopted the discord as only my reality*

May 2012

Dear endless road stretched before me,

*We traveled in silence, a caravan painted  
with enough color to trick the world around us  
that we were traveling and not running*

It's 12:13 am and I realize, as my mother's wails echo across  
an empty church parking lot, that she too was drowning

*I plead with my mother not to turn back again, again my cries fell on  
deaf ears encompassed in the agonizing silence of survival  
we camouflage ourselves in as we tip-toe back into the house*

It's 1:46 am and the monster's agonizing has finally ceased,  
facedown in vomit he sleeps peacefully and, for a moment,  
leaves behind just a man to be pitied

*We all cram into my mother's bed  
she clutched a baseball bat, and with my eyes open  
I dreamed of what could have been if I just*

”

It's 4:08 am  
and the sounds of a monster echo  
the sounds of a man  
holding my ear to his head  
with my throat in His hand

*Pound*

*Pound*

*Pound*

*by Grae Kipping*

*\*Content Warning: Physical/Domestic Abuse*

