



1 Article

2 **Dairy-inspired coatings for bone implants from whey**
3 **protein isolate-derived self-assembled fibrils**4 **Rebecca Rabe**¹, **Ute Hempel**², **Laurine Martocq**^{3,*}, **Julia K. Keppler**^{1,4}, **Jenny Aveyard**⁵ and
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16 **Abstract:** To improve integration of a biomaterial with surrounding tissue, its surface properties
17 may be modified by adsorption of biomacromolecules, e.g. fibrils. Whey protein isolate (WPI), a
18 dairy industry by-product, supports osteoblastic cell growth. WPI's main component, β -
19 lactoglobulin, forms fibrils in acidic solutions. In this study, aiming to develop coatings for
20 biomaterials for bone contact, substrates were coated with WPI fibrils obtained at pH 2 or 3.5.
21 Importantly, WPI fibrils coatings withstood autoclave sterilization and appeared to promote human
22 bone marrow stromal cells (hBMSC) spreading and differentiation. In the future, WPI fibrils
23 coatings could facilitate immobilization of biomolecules with growth stimulating or antimicrobial
24 properties.

25 **Keywords:** coating, stem cell, whey protein isolate, bone, fibril

26

27 **1. Introduction**

28 Whey protein isolate (WPI) is a dairy industry by-product which contains > 95% protein, of
29 which 75% is β -lactoglobulin [1]. Previous studies showed that WPI enhances cell proliferation and
30 osteogenic differentiation and displays antibacterial properties [1–3]. Upon heating under acidic
31 conditions, β -lactoglobulin degrades into smaller peptides which undergo self-assembly to form
32 fibrils several micrometers long and a few nm thick [4], whose morphology is pH-dependent (long
33 semi-flexible fibers at pH 2, worm-like structures at pH 3.5) [5–7].

34 Better cell-biomaterial interactions, and biomaterial integration into host tissue can be achieved
35 by improving surface properties, e.g. by coatings. Fibrillar coatings have advantages including high
36 surface/volume ratio, promoting fibril adhesion to substrates. Biologically active molecules can be
37 immobilized on fibrils [8,9], which can form aligned superstructure scaffolds [10], improve cell line
38 attachment and act as biomimetic cell culture platforms [11–13].

39 A commonly used fibrillar molecule used as implant coating materials is collagen, which is
40 known to promote cell adhesion, spreading and proliferation [14–18]. Fibronectin is another
41 commonly used molecule to improve cell adhesion, also in fibrillar form [19,20]. One advantage of
42 WPI is its low cost, as it is a by-product of the dairy industry.

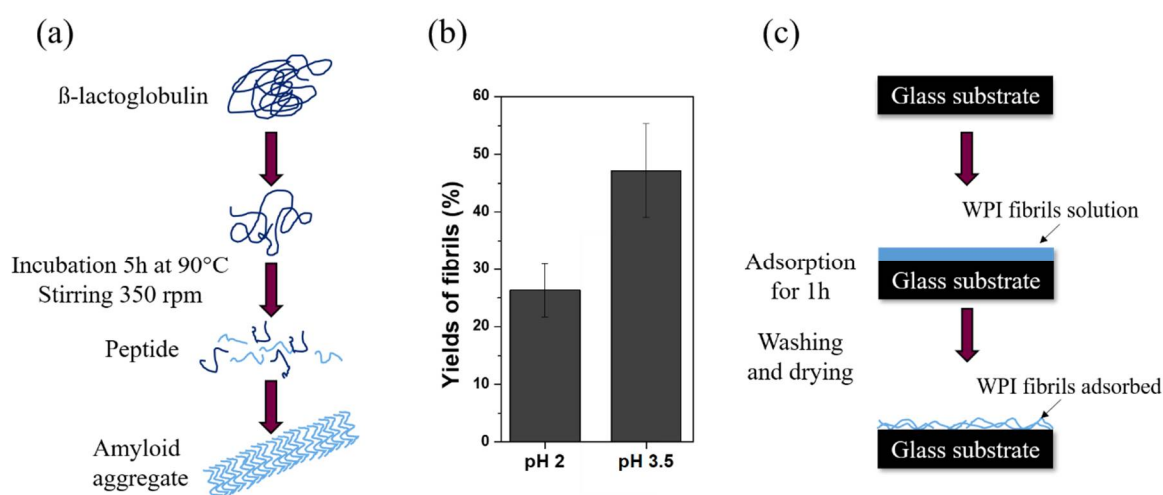
43 With the intention of developing coatings for biomaterials for bone contact, WPI fibrillar
44 coatings were formed to support and enhance spreading, attachment and differentiation of hBMSC,
45 which have greater clinical relevance than cell lines. WPI fibrils were hypothesized to withstand

46 autoclaving as WPI hydrogels do [21]. Autoclaving was preferred due to its ubiquity, clinical
47 acceptance and low cost.

48 WPI fibrils were formed in solutions at two different pH values, 2 and 3.5. A WPI solution
49 concentration of 2.5 wt% was used. WPI concentrations between 2.5 % and 5 % WPI were found to
50 result in a high fibril yield [3,4], and especially 2.5 % WPI is often used in WPI or beta-Lactoglobulin
51 fibril studies due to the lower sample viscosity which improves handling. Because the protein
52 concentration also affects the aggregation kinetics and morphology of the resulting aggregates [22–
53 24], deviations from these ideal values can also reduce the comparability to other studies. and then
54 adsorbed onto substrates and imaged by Scanning Electron Microscopy (SEM). Finally, autoclaved
55 coatings were characterized using hBMSC.
56

57 2. Results and discussion

58 WPI fibril formation (shown schematically in Figure 1a) was influenced by pH, as measurements
59 of fibrillar yield at pH 2 (approximately 25%) and pH 3.5 (> 40%) demonstrated (Figure 1b). Similar
60 observations were reported previously [5–7]. Differences in yield are attributed to differences in the
61 fibril building blocks, which are specific acid hydrolysed peptides at pH 2 [4], but unspecific non-
62 hydrolyzed proteins at pH 3.5 [5].
63



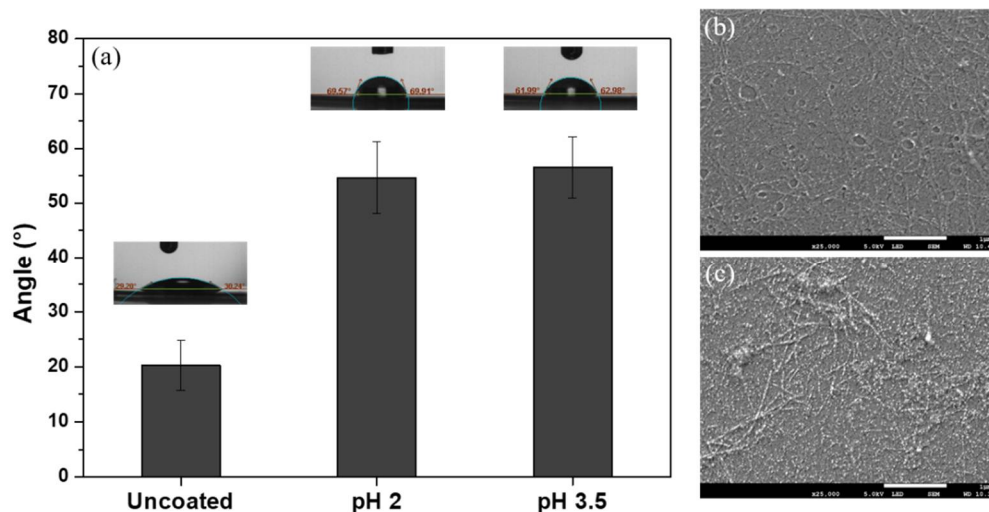
64
65 **Figure 1.** (a) Process of fibrils formation at pH 2 in solution; at pH 2, β -lactoglobulin denatures and
66 hydrolyses at 90°C. Specific peptides self-associate into the amyloid aggregates, which can consist of
67 approximately three intertwined protofibrils. At pH 3.5, acid hydrolysis is reduced; therefore non-
68 hydrolyzed β -lactoglobulin assembles into worm-like aggregates, which are not amyloid but
69 amyloid-like and of different shape and morphology than at pH. (b) Fibrillar yield in solutions of
70 different pH and (c) adsorption of WPI fibrils on glass substrates.

71

72 Contact angle (CA) measurements demonstrated a significant increase from 20 to approximately
73 55° on both coated sample types (Figure 2a). Similar increases were reported for edible WPI fibril
74 coatings on fruits [25]. Advantageously for cell growth, CA remains lower than 100° [26]. A
75 hydrophilic surface is beneficial for cell adhesion to make sure that proteins from cell culture medium
76 adsorb to the surface in the desired conformation, so that binding sites on the proteins are recognized
77 by the cells. Furthermore, a lower contact angle and higher wettability would facilitate coating of
78 rough or porous biomaterial surfaces.

79 SEM images confirmed that fibril coatings withstood washing and drying. Fibrils prepared at
80 pH 3.5 (Figure 2c) appeared to be shorter and less straight than those formed at pH 2 (Figure 2b), in
81 agreement with previous studies [5]. Fibrils were detected by SEM after autoclaving (supplementary

82 information, figure S1); hence, they withstand sterilization. Adhesion of the fibrils to substrates
 83 would hinder fibril aggregation and degradation as in previous studies [27,28]; hence the coating is
 84 estimated to be one fibril thick.



85

86 **Figure 2.** (a) CA measurements of uncoated and fibrillar coated samples with solution at pH 2 and
 87 pH 3.5 and SEM images of fibrillar coatings obtained at (b) pH 2 and (c) pH 3.5 (scale bar: 1 μm)

88

89 Adhesion of hBMSC was confirmed on the uncoated (Figure 3a) and coated samples
 90 (Figure 3b,c). Spreading was superior and tissue non-specific alkaline phosphatase (TNAP) activity
 91 (a marker of osteogenic differentiation and linked to the calcium deposition as shown previously
 92 [9,29]) was higher on coated samples (Figure 3g). The cells became confluent over the WPI coatings.

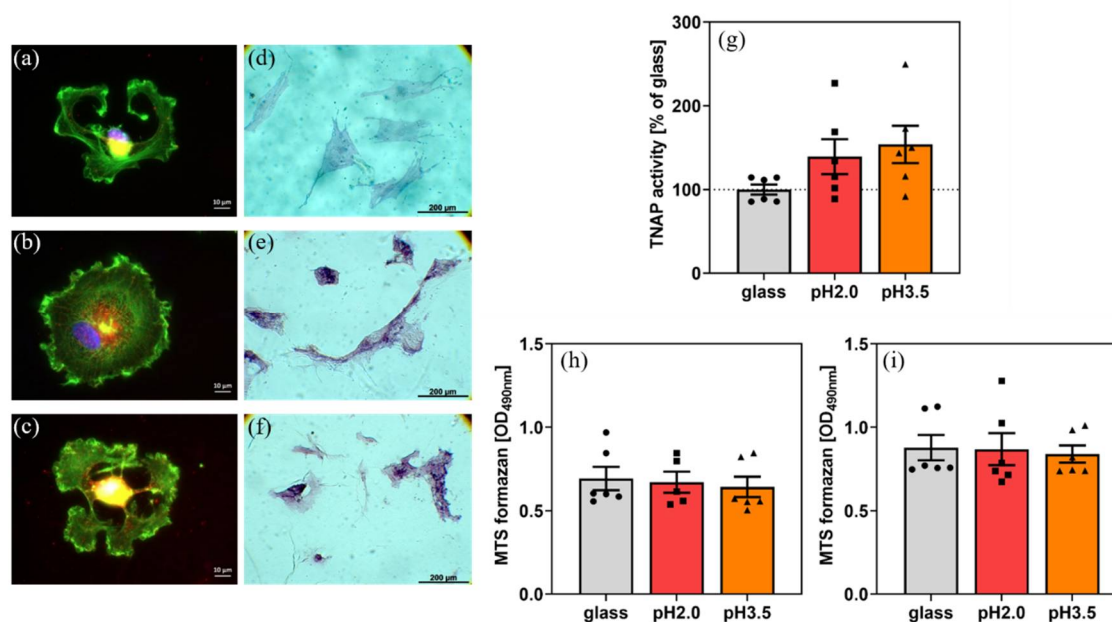
93 hBMSC on coated samples showed 2 h after seeding clear focal adhesion contacts and a well-
 94 organized cytoskeleton. A possible reason for that could be that diverse proteins from the serum and
 95 cellular in situ-formed proteins adsorbed on the WPI layer and thus promoted initial adhesion. The
 96 cell number on coated samples at day 2 and day 4 after seeding (MTS formazan formation is a
 97 measure of cell number and can be used as an index of cell proliferation) did not differ substantially
 98 from that on glass.

99 For hBMSC, proper adhesion, spreading and re-organization of cytoskeleton is an essential
 100 prerequisite for proliferation and differentiation of the cells. The fibrillar coating promoted the
 101 adhesion and re-organization of the cytoskeleton of hBMSC, did not influence the number of
 102 adherent cells, but obviously improved their “quality” as evidenced by higher TNAP activity.

103 Hence, we suspect that the coatings induced a superior start of the differentiation program of
 104 cells. Analysis concerning the molecular mechanisms are planned for future studies. In the present
 105 study, we wished to ascertain whether such a fibrillar coating has advantages for hBMSC adhesion
 106 and promotes osteogenic parameters.

107 Apparently differences in yields and morphologies of straight fibrils observed at pH 2 and the
 108 worm-like aggregates observed at pH 3.5 do not affect hBMSC. hBMSC metabolic activity increased
 109 slightly from day 2 to 4 (Figure 3h,i), but not significantly.

110



111

112 **Figure 3.** (a) Morphology of hBMSC on (a) glass, (b) fibrillar coating (pH=2), (c) fibrillar coating
 113 (pH=3.5), 2 h after plating, and (d), (e), (f) TNAP staining at day 11 after plating, respectively. (g)
 114 TNAP activity on different substrates (day 11) and metabolic activity results at (h) day 2 and (i) day
 115 4 after plating.

116 Future work will focus on preparation of coatings from fibrils obtained at other pH values. It is
 117 well known that the typical fibrils with amyloid structure only occur at pH 2, while worm-like
 118 aggregates can be observed at pH 3.5 [6]. Spherical aggregates emerge at pH 4 to 5 [7] and otherwise
 119 there are also smaller aggregates observed at neutral pH. Besides pH-induced changes, the addition
 120 of sodium chloride or the protein concentration can affect the morphology, as well as addition of
 121 solvents [22,30]. The structures have different yields (i.e., portion of amyloid to non-assembled
 122 material) but also different processing stabilities. Thus, there is a whole range of conditions that can
 123 be used to alter the morphology and to study the correlation between structure and cell behaviour in
 124 the future.

125 Another focus of future work will be extension of the cell biological characterization of the
 126 coatings to elucidate the exact mechanism by which coatings may promote differentiation and to
 127 include cell-induced mineralization. From previous investigations, it is known that an increase of
 128 TNAP activity leads to an increase in released phosphate ions into the conditioned medium and in
 129 consequence to enhanced mineralization [9], which should be studied in future.

130 WPI fibrillar coatings can be enhanced by incorporation of molecules with growth-stimulatory
 131 or antimicrobial properties into the coatings, coating thickness and mechanical measurements and
 132 substrates more appropriate for bone contact (e.g. titanium alloy). Furthermore, WPI fibrillar coatings
 133 should be compared to more commonly used fibrillar coatings of fibronectin and collagen, which are
 134 known to promote cell adhesion [14–20].

135

136 4. Materials and Methods

137 WPI (BiPro, Davisco Foods International Inc., USA) was dissolved in Milli-Q (2.5 wt%). pH was
 138 set to 2 and 3.5 by adding HCl. 15 mL WPI solution was heated (90°C, 5h, stirring speed 350 rpm) to
 139 induce fibril formation resulting in a fibrillar suspension. Glass substrates (chosen as an inexpensive
 140 substrate for this pilot study) were coated with fibrils by adsorption from the suspension. Substrates
 141 were rinsed with Milli-Q to remove non-adhered fibrils, air-dried and autoclaved (121°C, 15
 142 minutes). SEM, CA measurements and fibrillar yield quantification were performed as described
 143 previously [5,7,31,32].

144 hBMSC were isolated from bone marrow aspirates from donors (males, average 27 ± 5 yrs.) who
145 gave full informed consent (local ethics commission (ethic vote No. EK466112016)), at the Bone
146 Marrow Transplantation Center, University Hospital Dresden, characterized and plated onto
147 samples ($5,555$ hBMSC/cm²) as described previously [29,33].

148 After 2h, hBMSC morphology was monitored by fluorescence staining of F-actin and
149 phosphorylated focal adhesion kinase, as described previously [8]. Metabolic activity of hBMSC was
150 determined by the standard MTS assay (Cell Titer96 AQueous One Solution Proliferation Assay)
151 (Promega, Mannheim, Germany). Cell culture medium was replaced by fresh medium containing
152 10% of MTS dye solution. After incubation in a humidified CO₂ incubator (2h, 37°C), 80 µL medium
153 was removed and absorbance was measured photometrically at 490 nm.

154 At day 11 after seeding hBMSC were stained for tissue non-specific alkaline phosphatase
155 (TNAP) enzyme activity with a commercial staining kit (86-R, Sigma). Images were obtained and
156 TNAP enzyme activity was determined, as described previously [8].

157 Experiments were performed with cells from three different donors (n=3) each in triplicate.
158 Results are presented as mean \pm standard error of the mean. Statistical significance was analysed with
159 GraphPad Prism 8.4 software (Statcon, Witzenhausen, Germany) by ANOVA analysis with
160 Bonferroni's post-test.
161

162 5. Conclusions

163 Formation of WPI fibrils in solution was strongly pH-dependant; fibrillar yield increased when
164 pH was increased from 2 to 3.5. WPI fibrillar coatings resisted autoclave sterilization and supported
165 the attachment, spreading and differentiation of hBMSC. The pH 2 and pH 3.5 fibrils had an equally
166 positive effect on cell differentiation.

167 **Supplementary Materials:** Supplementary materials can be found at www.mdpi.com/xxx/s1.

168 **Author Contributions:** Conceptualization, T.E.L.D. and J.K.K.; methodology, T.E.L.D., J.K.K., U.H. and J.A.;
169 formal analysis, R.R., U.H., J.A. and T.E.L.D.; investigation, R.R., U.H., J.A. and T.E.L.D.; resources, J.K.K., U.H.
170 and T.E.L.D.; data curation, R.R., U.H. and J.A.; writing—original draft preparation, L.M., J.K.K. and T.E.L.D.;
171 writing—review and editing, L.M. and T.E.L.D.; visualization, U.H., R.R. and T.E.L.D.; supervision, T.E.L.D. and
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178 publish the results.

179 Abbreviations

CA	Contact angle
hBMSC	Human bone marrow stromal cells
SEM	Scanning electron microscopy
TNAP	Tissue non-specific alkaline phosphatase
WPI	Whey protein isolate

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