

***Ex-Vivo* Equine Cartilage Explant**

Osteoarthritis Model - A Metabolomics and Proteomics Study

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Abstract

Osteoarthritis is an age-related degenerative musculoskeletal disease characterised by loss of articular cartilage, synovitis and subchondral bone sclerosis. Osteoarthritis pathogenesis is yet to be fully elucidated with no osteoarthritis specific biomarkers in clinical use. *Ex-vivo* equine cartilage explants (n=5) were incubated in TNF- α /IL-1 β supplemented culture media for 8 days, with media removed and replaced at 2, 5 and 8 days. Acetonitrile metabolite extractions of 8 day cartilage explants and media samples at all time points underwent 1D ^1H nuclear magnetic resonance metabolomic analysis with media samples also undergoing mass spectrometry proteomic analysis. Within the cartilage, glucose and lysine were elevated following TNF- α /IL-1 β treatment whilst adenosine, alanine, betaine, creatine, myo-inositol and uridine decreased. Within the culture media, four, four and six differentially abundant metabolites and 154, 138 and 72 differentially abundant proteins were identified at 1-2 days, 3-5 days and 6-8 days respectively, including reduced alanine and increased isoleucine, enolase 1, vimentin and lamin A/C following treatment. Nine potential novel osteoarthritis neopeptides were elevated in treated media. Implicated pathways were dominated by those involved in cellular movement. Our innovative study has provided insightful information on early osteoarthritis pathogenesis, enabling potential translation for clinical markers and possible new therapeutic targets.

Keywords: Osteoarthritis, Cartilage, Metabolomics, Proteomics, Nuclear Magnetic Resonance, Mass Spectrometry

Introduction

Osteoarthritis (OA) is an age-related degenerative musculoskeletal disease characterised by loss of articular cartilage, synovial membrane dysfunction, abnormal bone proliferation, subchondral bone sclerosis and altered biochemical and biomechanical properties ^{1,2}. For horses in the UK, OA is one of the leading welfare issues, resulting in substantial morbidity and mortality ^{3,4}. It is estimated that OA accounts for 60% of lameness seen in horses ⁵.

Within OA, extracellular matrix (ECM) degradation is driven by multiple matrix metalloproteinases (MMPs) and a disintegrin and metalloproteinases with thrombospondin motifs (ADAMTSs) ⁶. However, the underlying pathogenesis of OA is yet to be fully elucidated with no disease-modifying treatments currently available ^{7,8}. Whilst a number of putative biomarkers have been identified for OA diagnosis in the horse, none are currently used within clinical practice ⁹. Presently, equine OA is predominantly diagnosed through diagnostic imaging and clinical examination. However, due to the slow onset of the condition, this often leads to substantial pathology of the joint, particularly to articular cartilage prior to diagnosis ¹⁰. There is therefore a need to develop diagnostic tests which are sensitive and specific to the early stages of OA, which are repeatable and reproducible, as well as gaining a greater understanding of the underlying pathogenesis ^{11,12}. Early detection of OA could enable timely management interventions which could potentially slow the progression of the disease.

Tumour necrosis factor- α (TNF- α) and interleukin-1 β (IL-1 β) are both pro-inflammatory cytokines which are central in OA pathogenesis ¹³. TNF- α and IL-1 β are secreted by mononuclear cells, synoviocytes and articular cartilage and upregulate gene expression of MMPs, ADAMTS-4 and ADAMTS-5, leading to significant ECM degradation ^{14–16}.

Elevations in TNF- α and IL-1 β are regularly identified within OA synovial fluid, including that of horses ^{17–19}. TNF- α and IL-1 β have therefore become established experimental

treatments for modelling OA pathology within *in vitro* and *ex-vivo* studies, having been used both independently and as a combined treatment ^{20–26}.

Proteomics is the systematic, large scale study of proteins within biological systems to assess quantities, isoforms, modifications, structure and function ²⁷. Previous studies have undertaken mass spectrometry (MS) based proteomics using TNF- α and IL-1 β OA models for secretome analysis of chondrocytes *in vitro* and *ex-vivo* cartilage explants ^{20–22,25}. Results from these studies included increased media levels of MMPs, cartilage oligomeric matrix protein (COMP), aggrecan and collagen VI.

During OA pathology, disease-associated peptide fragments (neopeptides) are generated from cartilage breakdown due to increased enzymatic activity/abundance of MMPs, ADAMTSs, cathepsins and serine proteases ^{28–30}. MS analysis of these neopeptides can then be applied to identify potential early OA biomarkers ³¹. Previously a murine 32 amino acid peptide fragment, generated through increased activity of MMP and ADAMTS-4/5 and subsequent aggrecan degradation, was found to drive OA pain via Toll-like receptor 2 ³². Neopeptide targeting therefore has the potential to provide a localised analgesic at the site of joint degeneration ³¹. Numerous equine OA studies investigating both synovial fluid (SF) and cartilage have identified potential neopeptides of interest ^{28,33–35}. Development of antibodies targeted to OA specific neopeptides would provide the ability to monitor cartilage degeneration, assess therapeutic response and potentially provide future novel therapeutic targets ^{31,36}.

Metabolomics uses a systematic methodology to comprehensively identify and quantify the metabolic profiles of biological samples ³⁷. ¹H Nuclear magnetic resonance (NMR) metabolomics analysis provides a high level of technical reproducibility with a minimal level of sample preparation ³⁸. ¹H NMR analysis has previously been used to investigate OA in the SF of humans, horses, pigs and dogs ^{9,39–45}. Synovial metabolites alanine,

choline, creatine and glucose have been identified as differentially abundant in OA across multiple studies and species^{9,39,41–44}. NMR techniques have also previously been used to characterise cartilage with high resolution magical angle spinning (HRMAS) NMR utilised to assess enzymatic degradation of bovine cartilage^{46–48}. A guinea pig OA model using HRMAS NMR identified elevations in methylene resonances associated with chondrocyte membrane lipids and an increase in mobile methyl groups of collagen⁴⁹. Another HRMAS NMR study of human OA cartilage identified a reduction in alanine, choline, glycine, lactate methyne and N-acetyl compared to healthy control cartilage⁵⁰. However, no NMR studies to date have investigated the metabolic profile of culture media following the incubation of *ex-vivo* cartilage within an OA model.

This is the first study to carry out ¹H NMR metabolomic analysis of extracted cartilage metabolites and also to undertake ¹H NMR analysis of culture media using the TNF- α /IL-1 β *ex-vivo* OA cartilage model. Additionally, this is also the first study to use a multi 'omics' approach to simultaneously investigate the metabolomic profile of *ex-vivo* cartilage and metabolomic/proteomic profiles of culture media using this OA model and conduct an integrated pathway analysis. It was hypothesised that following TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage, ¹H NMR metabolomic and MS proteomic platforms would identify a panel of cartilage metabolites which were able to differentiate control from treated cartilage and a panel of metabolites, proteins and neopeptides within the associated culture media which were differentially abundant at each tested time point of the early OA model.

Methods

Equine *Ex-Vivo* Cartilage Collection

Full thickness cartilage was removed from all articular surfaces within five separate metacarpophalangeal joints of five nine-year-old mares of unknown breed within 24 hr of slaughter at a commercial abattoir (F Drury and Sons, Swindon, UK). Cartilage samples were collected as a by-product of the agricultural industry. The Animals (Scientific Procedures) Act 1986, Schedule 2, does not define collection from these sources as scientific procedures and ethical approval was therefore not required. Cartilage collected from all joints was considered macroscopically normal with a score of 0 according to the OARSI histopathology initiative scoring system for horses⁵¹ (Figure S1). Cartilage was washed in complete media containing Dulbecco's modified Eagle's medium (DMEM, 31885-023, Life Technologies, Paisley, UK) supplemented with 10% (v/v) foetal calf serum (FCS, Life Technologies), 5 µg/ml Amphotericin B (Life Technologies), 100 U/ml Streptomycin and 100 U/ml Penicillin (Sigma-Aldrich, Gillingham, UK) (Figure S2).

Cartilage was dissected into 3 mm² sections and divided into two for each donor (control and treatment wells) on a twelve well plate (Greiner Bio-One Ltd., Stonehouse, UK). Explants were incubated for 24 hr in complete media within a humidified atmosphere of 5% (v/v) CO₂ at 37°C. Culture media was removed, explants washed in phosphate buffered saline (PBS, Sigma-Aldrich) and replaced with serum free media (control) or serum free media supplemented with 10 ng/ml TNF-α (PeproTech EC Ltd., London, UK) and 10 ng/ml IL-1β (R&D Systems Inc., Minneapolis, Minnesota, USA) (treatment). After 48 hr, media was removed, centrifuged at 13,000g, 4°C for 10 min, supernatant removed and ethylenediaminetetraacetic acid (EDTA)-free protease inhibitor cocktail (Roche, Lewes, UK) added to cell-free media. Supernatant was then snap frozen in liquid nitrogen and stored at -80°C. Cartilage was washed in PBS and control/treatment culture media

replaced as appropriate. Media collection was repeated at five and eight days. After day eight, cartilage was washed in PBS, weighed, snap frozen in liquid nitrogen and stored at -80°C.

NMR Metabolomics

Cartilage - Metabolite Extraction

Equal masses of cultured cartilage explants (in addition to three macroscopically normal equine cartilage samples, each divided into three to assess metabolite extraction reproducibility) were thawed out over ice and added to 500 µl of 50:50 (v/v) ice cold acetonitrile (ThermoFisher Scientific, Massachusetts, USA):d₄ ¹H₂O and incubated on ice for 10 min. Samples were then sonicated using a microtip sonicator at 50 KHz and 10 nm amplitude in an ice-bath for three 30 s periods, interspersed with 30 s rests (that ensured extraction mixture temperature did not exceed 15°C). The extraction mixture was then vortexed for 1 min, centrifuged at 12,000g for 10 min at 4°C, supernatant transferred before being snap frozen in liquid nitrogen, lyophilised and stored at -80°C³⁷.

Cartilage - NMR Sample Preparation

Each lyophilised sample was dissolved through the addition of 200 µl of 100 µM PO₄³⁻ pH 7.4 buffer (Na₂HPO₄, VWR International Ltd., Radnor, Pennsylvania, USA and NaH₂PO₄, Sigma-Aldrich), containing 100 µM d₄ trimethylsilyl propionate (TSP, Sigma-Aldrich) and 1.2 µM sodium azide (NaN₃, Sigma-Aldrich) in 99.9% deuterium oxide (²H₂O, Sigma-Aldrich). Samples were vortexed for 1 min, centrifuged at 12,000g for 2 min, 190 µl of supernatant removed and transferred into 3 mm outer diameter NMR tubes using a glass pipette.

Culture Media - NMR Sample Preparation

Culture media was thawed over ice and centrifuged for 5 min at 21,000g and 4°C. 150 µl of thawed culture media was diluted to a final volume containing 50% (v/v) culture media, 40% (v/v) dd $^1\text{H}_2\text{O}$, 10% $^2\text{H}_2\text{O}$ and 0.0025% (v/v) NaN_3 , within an overall concentration of 500 mM PO_4^{3-} pH 7.4 buffer. Samples were vortexed for 1 min, centrifuged at 13,000g for 2 min at 4°C, 250 µl supernatant removed and transferred to 3 mm outer diameter NMR tubes using a glass pipette.

NMR Acquisition

For each individual sample, 1D ^1H NMR spectra, with the application of a Carr-Purcell-Meiboom-Gill (CPMG) filter to attenuate macromolecule (e.g. proteins) signals, were acquired using the standard vendor pulse sequence cpmgpr1d on a 700 MHz NMR Bruker Avance III HD spectrometer with associated TCI cryoprobe and chilled Sample-Jet autosampler. All spectra were acquired at 25°C, with a 4 s interscan delay, 256 transients for cartilage spectra and 128 transients for media spectra, with a spectral width of 15 ppm. Topsin 3.1 and IconNMR 4.6.7 software programmes were used for acquisition and processing undertaking automated phasing, baseline correction and a standard vendor processing routine (exponential window function with 0.3 Hz line broadening). In addition to all cartilage extract and culture media samples, protease inhibitor cocktail and treatment cytokines TNF- α and IL-1 β were also analysed separately to evaluate their metabolite profiles.

Metabolite Annotation and Identification

All acquired spectra were assessed to determine whether they met minimum reporting standards (as outlined by the Metabolomics Society) prior to inclusion for statistical analysis⁵². These included appropriate water suppression, flat spectral baseline and

consistent linewidths. Metabolite annotations and relative abundances were carried out using Chenomx NMR Suite 8.2 (330-mammalian metabolite library). When possible, metabolite identifications were confirmed using 1D ¹H NMR in-house spectral libraries of metabolite standards. All raw 1D ¹H NMR spectra, together with annotated metabolite HMDB IDs and annotation level, are available within the EMBL-EBI MetaboLights repository (www.ebi.ac.uk/metabolights/MTBLS1495)⁵³. Quantile plots of 1D ¹H NMR spectra are shown in Figure S3.

Culture Media Proteomics

Protein Assay and StrataClean™ Resin Processing

Culture media was thawed over ice and centrifuged for 5 min at 21,000g and 4°C. Media sample concentrations were determined using a Pierce® 660 nm protein assay (Thermo Scientific, Waltham, Massachusetts, USA). 50 µg of protein for each sample was diluted with dd H₂O, producing a final volume of 1 ml. StrataClean™ resin (10 µl) (Agilent, Santa Clara, California, USA) was added to each sample, rotated for 15 min, centrifuged at 400g for 1 min and the supernatant removed and discarded. Samples were then washed through the addition of 1 ml of ddH₂O, vortexed for 1 min, centrifuged at 400g for 1 min and the supernatant removed and discarded. The wash step was repeated two further times.

Protein Digestion

160 µl of 25 mM ammonium bicarbonate (Fluka Chemicals Ltd., Gillingham, UK) containing 0.05% (w/v) RapiGest (Waters, Elstree, Hertfordshire, UK) was added to each sample and heated at 80°C for 10 min. DL-Dithiothreitol (Sigma-Aldrich) was added to produce a final concentration of 3 mM, incubated at 60°C for 10 min then iodoacetamide (Sigma-Aldrich) added (9 mM final concentration) and incubated at room temperature in

the dark for 30 min. 2 µg of proteomics grade trypsin (Sigma-Aldrich) was added to each sample, rotated at 37°C for 16 hr and trypsin treatment then repeated for a 2 hr incubation. Samples were centrifuged at 1,000g for 1 min, digest removed, trifluoroacetic acid (TFA, Sigma-Aldrich) added (0.5% (v/v) final concentration) and rotated at 37°C for 30 min. Finally, digests were centrifuged at 13,000g and 4°C for 15 min and the supernatant removed and stored at 4°C.

Label Free LC-MS/MS

All media digests were randomised and individually analysed using LC-MS/MS on an UltiMate 3000 Nano LC System (Dionex/Thermo Scientific) coupled to a Q Exactive™ Quadrupole-Orbitrap instrument (Thermo Scientific). Full LC-MS/MS instrument methods are described in the supporting information. Tryptic peptides, equivalent to 250 ng of protein, were loaded onto the column and run over a 1 hr gradient, interspersed with 30 min blanks (97% (v/v) high performance liquid chromatography grade H₂O (VWR International), 2.9% acetonitrile (Thermo Scientific) and 0.1% TFA. In addition to individual time points, pooled samples for control and treatment groups were also analysed to investigate differences in the overall secretome. The mass spectrometry proteomics data have been deposited to the ProteomeXchange Consortium via the PRIDE partner repository with the dataset identifier PXD017153 and 10.6019/PXD017153⁵⁴. Representative ion chromatograms are shown in Figure S4.

LC-MS/MS spectra processing and protein identification

Spectral alignment, peak picking, total protein abundance normalisation and peptide/protein quantification were undertaken using Progenesis™ QI 2.0 (Nonlinear Dynamics, Waters). The exported top ten spectra for each feature were then searched against the *Equus caballus* database for peptide and protein identification using PEAKS®

Studio 8.5 (Bioinformatics Solutions Inc., Waterloo, Ontario, Canada) software. Search parameters were: precursor mass error tolerance, 10.0 ppm; fragment mass error tolerance, 0.01 Da; precursor mass search type, monoisotopic; enzyme, trypsin; maximum missed cleavages, 1; non-specific cleavage, none; fixed modifications, carbamidomethylation; variable modifications, oxidation or hydroxylation and oxidation (methionine). A filter of a minimum of 2 unique peptides was set for protein identification and quantitation with a false discovery rate (FDR) of 1%.

1D SDS PAGE

Media samples for each donor were combined for all time points and analysed via one dimensional sodium dodecyl sulphate polyacrylamide gel electrophoresis (1D SDS PAGE). 1 µg of each sample was added to Laemmli loading buffer Novex™ (Thermo Scientific) producing a final concentration of 15% glycerine, 2.5% SDS, 2.5% Tris (hydroxymethyl) aminomethane, 2.5% HCL and 4% β-mercaptoethanol at pH 6.8 and heated at 95°C for 5 min. Samples were loaded onto a 4-12% Bis-Tris polyacrylamide electrophoresis gel (NuPAGE™ Novex™, Thermo Scientific) and protein separation carried out at 200 V for 30 min at room temperature. Protein bands were visualised via silver staining (Thermo Scientific) following manufacturer instructions. Gel images were converted to 8 bit grey scale and protein band intensities analysed using densitometry with the software Image J (NIH, Bethesda, Maryland).

Semi-Tryptic Peptide Identification

To identify potential neopeptides a 'semi-tryptic' search was undertaken. The same PEAKS® search parameters were used as for protein identification, with the exception that 'non-specific cleavage' was altered from 'none' to 'one'. The 'peptide ion measurements' file was then exported and analysed using the online neopeptide analyser software tool ³⁶.

Statistical Analysis

Cartilage metabolite profiles were normalised using probabilistic quotient normalisation (PQN)⁵⁵. Media metabolites were normalised to TSP concentration and protein profiles normalised to total ion current (TIC). Prior to multivariate analysis, metabolite and protein profiles were Pareto scaled⁵⁶. MetaboAnalyst 3.5 (<http://www.metaboanalyst.ca>) was used to produce principal component analysis (PCA) plots and provide PC1 (principal component 1) loadings magnitude values. t-tests were carried out using MetaboAnalyst 3.5 (protein and metabolite abundances) and the neopeptide analyser (neopeptides) with $p < 0.05$ (and a fold change of > 2 for proteins) considered statistically significant. The Benjamini-Hochberg false discovery rate method was applied for correction of multiple testing⁵⁷. The SPSS 24 software package was used to produce all box plots and PC1 loadings magnitude graphs.

Pathway Analysis

Owing to the minimal annotation of the equine genome, equine proteins and metabolites were converted to their human orthologues prior to pathway analysis. Functional analyses of differentially expressed proteins and metabolites within culture media were undertaken to evaluate the differences due to the application of TNF- α and IL-1 β at all three time points. Networks, functional analyses and canonical pathways were generated through the use of Ingenuity Pathway Analysis (IPA, Ingenuity Systems, Redwood City, California, USA) on the list of differentially expressed proteins and metabolites, $p < 0.05$ and ± 2 fold regulation. Protein and metabolite symbols were used as identifiers and the Ingenuity Knowledge Base gene used as a reference for pathway analysis. For network generation, a dataset containing combined protein and metabolite identifiers and corresponding expression values was uploaded into the application. These molecules were overlaid onto a global molecular network contained in the Ingenuity Knowledge Base. Networks of

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network-eligible molecules were then algorithmically generated based on their connectivity. The functional analysis identified the biological functions and diseases that were most significant to the dataset. A right-tailed Fisher's exact test was used to calculate p values. Canonical pathways analysis identified the pathways from the IPA library of canonical pathways that were most significant to the datasets.

Results

NMR Metabolomics

Protease inhibitor cocktail, TNF- α and IL-1 β metabolite profiles

Protease inhibitor cocktail was found to have high levels of mannitol and thus this metabolite was removed from all analyses. Within the spectral profiles of TNF- α and IL-1 β acquired separately, the metabolites acetate, acetone, ethanol, formate, lactate, methanol and succinate were identified. These metabolites were therefore also removed from further analyses.

Analysis of Cartilage Metabolites

Acetonitrile metabolite extraction was identified to be highly reproducible with technical replicates clustering within a PCA plot for three separate macroscopically normal cartilage samples (Figure S5). In total 35 metabolites were identified within equine cartilage (Table 1). Of these, following the removal of metabolites previously mentioned, eight were identified as being differentially abundant between control and treatment groups (Figure 1). Glucose and lysine levels were elevated following TNF- α /IL-1 β treatment whilst adenosine, alanine, betaine, creatine, myo-inositol and uridine levels decreased. PCA identified that metabolite profiles separated into two distinct clusters, separating control and treatment groups (Figure 2a). Of the top 25 PC1 loadings, myo-inositol was found to be the most

influential cartilage metabolite in separating control and treated samples, followed by glucose, betaine and alanine (Figure 2b).

Table 1. Metabolites annotated within cartilage and culture media using Chenomx. Metabolites additionally identified using a 1D ^1H NMR in-house library have been assigned to Metabolomics Standards Initiative (MSI) level 1 ⁵⁸.

Database Identifier	Metabolite Identification	Cartilage	Cartilage Reliability	Media	Media Reliability
HMDB00695	2-Oxoisocaproate			Y	MS Level 2
HMDB00491	3-Methyl-2-oxovalerate			Y	MS Level 2
HMDB31645	Acetamide	Y	MS Level 2		
HMDB00042	Acetate *	Y	MS Level 1	Y	MS Level 1
HMDB01659	Acetone *			Y	MS Level 2
HMDB00050	Adenosine	Y	MS Level 2		
HMDB00517	Arginine			Y	MS Level 2
HMDB00191	Aspartate	Y	MS Level 1		
HMDB00043	Betaine	Y	MS Level 1		
HMDB00097	Choline			Y	MS Level 1
HMDB00094	Citrate	Y	MS Level 1	Y	MS Level 1
HMDB00064	Creatine	Y	MS Level 1		
HMDB00562	Creatinine	Y	MS Level 1	Y	MS Level 1
HMDB00192	Cystine			Y	MS Level 2
HMDB00122	D-Glucose	Y	MS Level 1		
HMDB04983	Dimethyl sulfone	Y	MS Level 2		
HMDB00108	Ethanol *			Y	MS Level 1
HMDB00142	Formate *	Y	MS Level 2	Y	MS Level 2
HMDB00123	Glycine	Y	MS Level 1	Y	MS Level 1
HMDB00870	Histamine			Y	MS Level 2
HMDB00172	Isoleucine	Y	MS Level 1	Y	MS Level 1
HMDB00863	Isopropanol *			Y	MS Level 2
HMDB00190	Lactate *	Y	MS Level 1	Y	MS Level 1
HMDB00161	L-Alanine	Y	MS Level 1	Y	MS Level 1
HMDB00062	L-Carnitine			Y	MS Level 2
HMDB00148	L-Glutamate	Y	MS Level 1	Y	MS Level 1
HMDB00641	L-Glutamine	Y	MS Level 1	Y	MS Level 1
HMDB00177	L-Histidine			Y	MS Level 1
HMDB00687	L-Leucine	Y	MS Level 1	Y	MS Level 1
HMDB00159	L-Phenylalanine	Y	MS Level 1	Y	MS Level 1
HMDB00167	L-Threonine	Y	MS Level 2	Y	MS Level 2
HMDB00158	L-Tyrosine	Y	MS Level 1	Y	MS Level 1
HMDB00883	L-Valine	Y	MS Level 1	Y	MS Level 1
HMDB00182	Lysine	Y	MS Level 1	Y	MS Level 1
HMDB00765	Mannitol *			Y	MS Level 1
HMDB01875	Methanol *			Y	MS Level 2
HMDB00696	Methionine	Y	MS Level 1	Y	MS Level 1
HMDB01844	Methylsuccinate	Y	MS Level 2		
HMDB00211	myo-Inositol	Y	MS Level 1		
HMDB03269	Nicotinurate	Y	MS Level 2	Y	MS Level 2
HMDB00895	O-Acetylcholine	Y	MS Level 2		
HMDB00210	Pantothenate	Y	MS Level 2		
HMDB00267	Pyroglutamate			Y	MS Level 2
HMDB00243	Pyruvate	Y	MS Level 1		
HMDB00086	sn-Glycero-3-phosphocholine	Y	MS Level 2		
HMDB00254	Succinate *	Y	MS Level 1	Y	MS Level 1

HMDB00929	Tryptophan			Y	MS Level 1
HMDB00300	Uracil	Y	MS Level 2		
HMDB00296	Uridine	Y	MS Level 1		
HMDB00001	τ -Methylhistidine	Y	MS Level 2		

Y = Yes; * = Metabolite removed from subsequent analyses

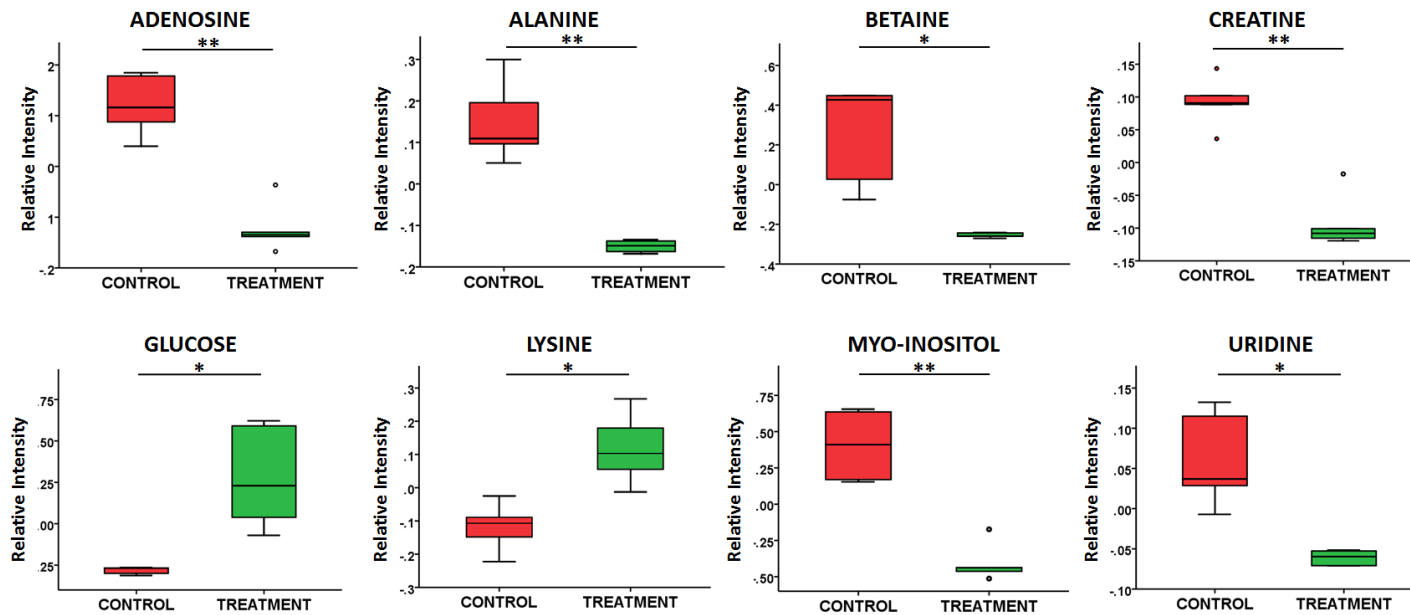


Figure 1. Boxplots of differentially abundant extracted *ex-vivo* equine cartilage metabolites for control (n=5) and following TNF- α /IL-1 β treatment (n=5), shown as relative intensities. t-test: * = p < 0.05 and ** = p < 0.01.

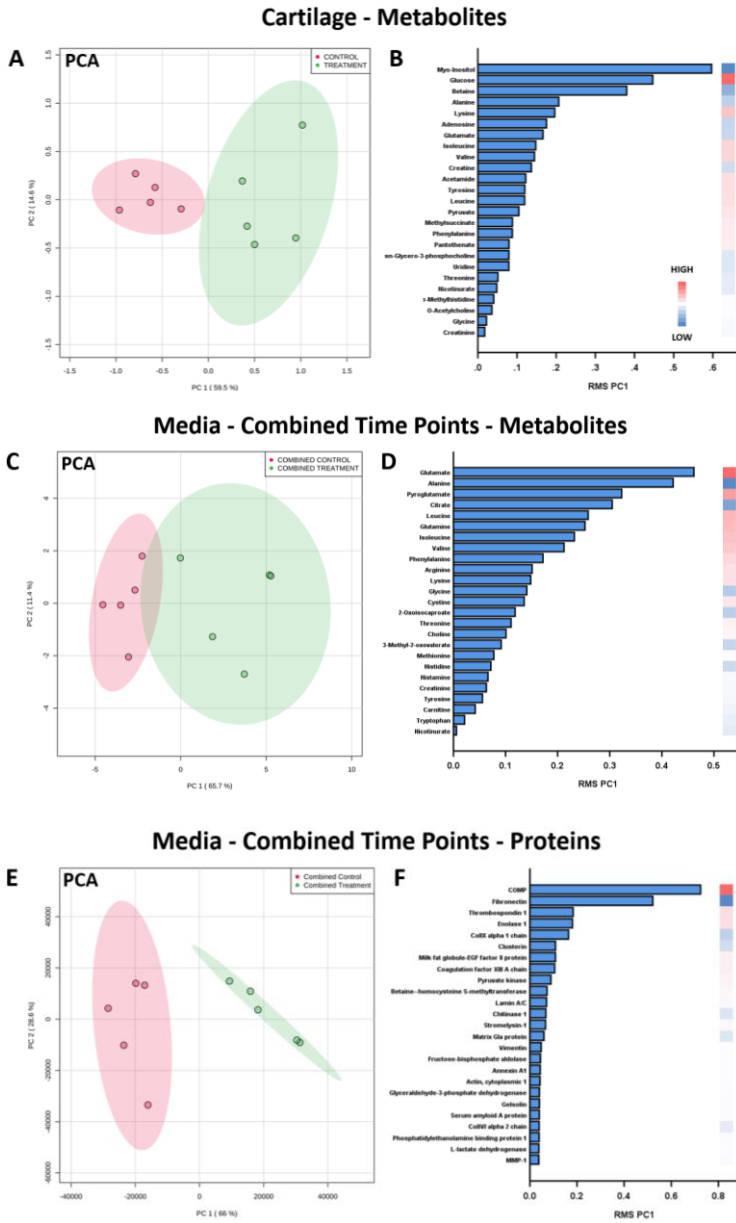


Figure 2. PCA (A, C and E), and PC1 RMS (Principal component 1 root mean square) values (B, D and F) for the 25 components with the highest magnitude for metabolites and proteins present in *ex-vivo* equine cartilage and culture media for combined time points over 8 days, comparing controls (red, n=5) to TNF- α /IL-1 β treatment (green, n=5). RMS: High = high in treatment with respect to control, Low = low in treatment with respect to control.

Analysis of Media Metabolites

Spectral quality control via metabolomics standards initiative identified two samples that failed due to salt precipitation and as such were removed from further analyses^{52,59}. Following metabolite identification and quantification, one sample was identified as an outlier and subsequently removed from statistical analyses. Isopropanol was identified within all media samples. As this was considered a likely contaminant during cartilage culture, together with metabolites previously mentioned, isopropanol was also removed from all analyses. In total, 34 metabolites were identified within the culture media (Table 1). Time points were analysed separately with four, four and six metabolites identified as being differentially abundant between control and treatment groups for 1-2 day, 3-5 day and 6-8 day time points respectively (Figure 3). Choline levels were increased in treated samples compared to controls for all three time points whilst alanine and citrate levels decreased. At 3-5 days glutamate levels were reduced following treatment. At 6-8 days, following treatment, arginine and isoleucine levels were elevated whilst 2-oxoisocaproate and 3-methyl-2-oxovalerate levels were found to decrease. PCA of combined and separated time points identified clear separation between the metabolite profiles of control and treated media samples (Figure 2c and Figure 4a, b and c). Metabolite loadings for PC1 indicate that this separation is driven primarily by alanine and glutamate (Figure 2d).

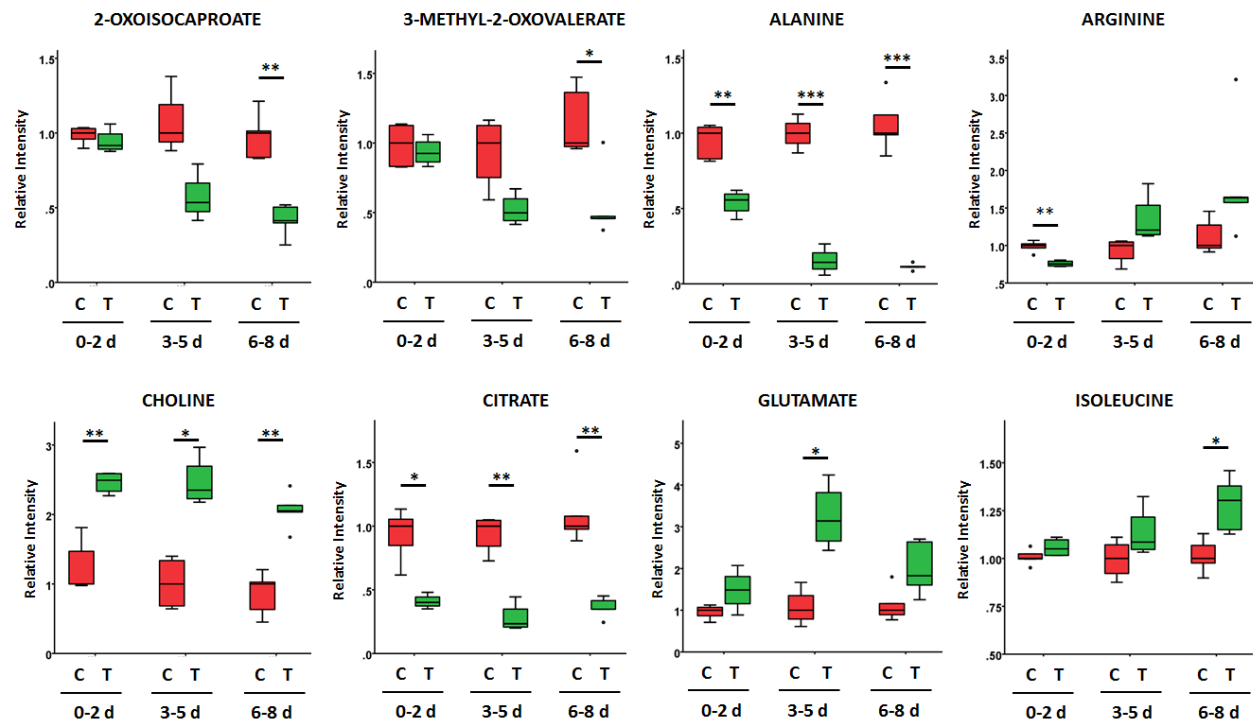


Figure 3. Boxplots of differentially abundant metabolites within the culture media following incubation of *ex-vivo* equine cartilage for control samples (C, red) and following TNF- α /IL-1 β treatment (T, green), at 0-2, 3-5 and 6-8 days (d). Metabolite abundances shown as relative intensities. t-test: * = p < 0.05, ** = p < 0.01 and *** = p < 0.001. Control (n=5) and TNF- α /IL-1 β treatment (n=5) for each separate time point.

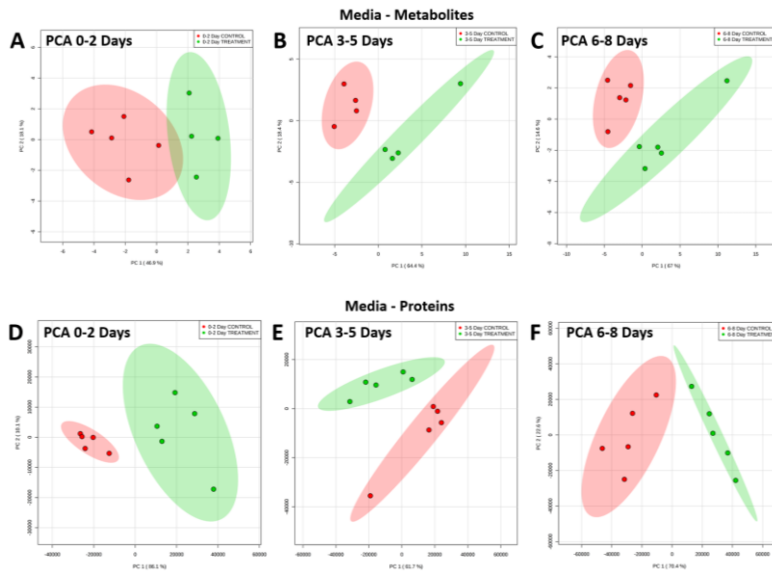


Figure 4. Principal component analysis (PCA) plots of media metabolite (A-C) and protein (D-F) profiles at 0-2, 3-5 and 6-8 days for controls (green, n=5) and TNF- α /IL-1 β treatment (red, n=5) of *ex-vivo* equine cartilage.

LC-MS/MS Proteomics

Analysis of Media Proteins

In total, 303 proteins were identified within analysed culture media samples (Table S1).

When time points were analysed separately, 154, 138 and 72 proteins were identified as being differentially abundant, with > 2 fold change, between control and treatment groups for 1-2 day, 3-5 day and 6-8 day time points respectively. PCA analysis of combined protein profiles identified groups were primarily separated by elevated COMP and decreased fibronectin following treatment (Figure 2e and f). PCA multivariate analysis also identified clear discrimination between control and treatment groups at all three time points (Figure 4d, e and f). At each separated time point the PC1 loadings with the 25 greatest

magnitudes corresponding to individual proteins were identified (Figure S6). Box plots in Figure 5 represent proteins which were found to be represented within the top 25 PC1 loadings magnitudes at all three time points (coagulation factor XIII A chain, COMP, enolase 1, Lamin A/C and MMP-3) and extracellular matrix related proteins of interest represented at 2/3 time points (collagen type VI α 2 chain, collagen type X α 1 chain, fibromodulin, fibronectin, matrix Gla protein, MMP1 and vimentin). Coagulation factor XIII A chain, enolase 1 and lamin A/C were elevated at all three time points following treatment. MMP-1 and MMP-3 levels were found to be statistically elevated at 0-2 days only. Fibromodulin and vimentin levels were increased following treatment at both 0-2 days and 3-5 day time points whilst COMP levels increased at 0-2 days and 6-8 days. Collagen type VI α 2 chain and matrix Gla protein levels decreased following treatment at 3-5 days and 6-8 days whilst collagen type X α 1 chain and fibronectin levels statistically decreased at 6-8 days alone.

Silver stain analysis of the media profiles for combined time points identified two protein bands which were decreased in abundance following TNF- α /IL-1 β treatment, with molecular weights of 160-260 kDa and 260 kDa (Figure S7).

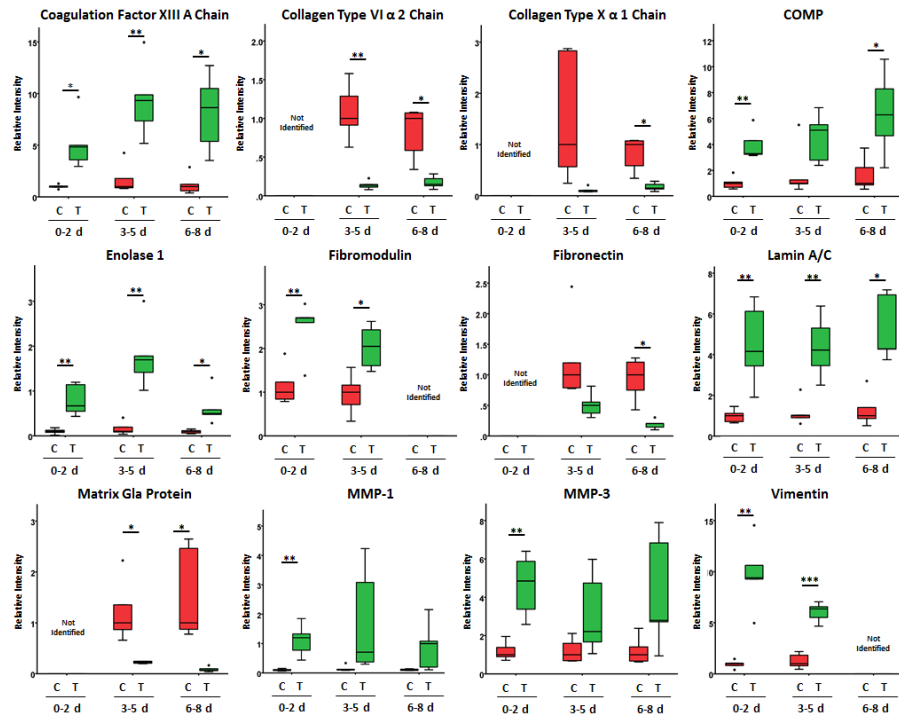


Figure 5. Boxplots of differentially abundant proteins within the culture media following incubation of *ex-vivo* equine cartilage for control samples (C, red) and following TNF- α /IL-1 β treatment (T, green), at 0-2, 3-5 and 6-8 days (d). Protein abundances shown as relative intensities. t-test: * = p < 0.05, ** = p < 0.01 and *** = p < 0.001. Control (n=5) and TNF- α /IL-1 β treatment (n=5) for each separate time point.

Semi-Tryptic Peptides

PCA of all identified semi-tryptic peptides within combined control and combined treated samples identified far less variation within the treatment group (Figure 6). This was also identified for all time points analysed individually (Figure S8). In total, nine potential novel OA neopeptides were identified which were elevated in treated media samples (Table 2). These included semi-tryptic peptides of extracellular matrix proteins aggrecan, cartilage intermediate layer protein, collagen type VI α 2 chain and vimentin.

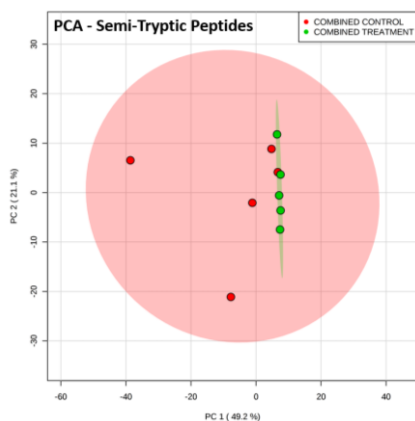


Figure 6. Principal component analysis (PCA) of semi-tryptic peptide profiles within culture media of control (red, n=5) and TNF- α /IL-1 β treated (green, n=5) *ex-vivo* equine cartilage. Time points pooled for each individual donor.

Table 2. Potential Osteoarthritis Neopeptides. Semi-tryptic peptides of extracellular matrix related and unknown proteins, identified within culture media, with an increased abundance following TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage.

Time Point	Protein	Accession Number	Neopeptide Sequence	Previous Amino Acid	Following Amino Acid	Fold Change	p-value
0-2 Days	Aggrecan	F7C3C6	TYGVRPSSETYDVY	R	C	3.6	7.76E-05

3-5 Days	Cartilage Intermediate Layer Protein	F7C2J3	AIGVPQPYLNK	N	L	2.2	1.83E-04
	Unknown	N/A	NGPTESTFSTSWK	C	G	5.4	2.24E-04
	Unknown	N/A	LVIIR	N	K	4.9	3.05E-04
	Vimentin	F7B5C4	RQVDQLTNDK	L	A	2.7	4.09E-04
Combined	Unknown	N/A	AFDQLR	H	N	6.4	3.05E-04
	Collagen Type VI α 2 Chain	F7CGV8	KQNVVPTVVAV	R	G	6.5	3.85E-04
	Unknown	N/A	DGAFLLR	E	Q	11.7	4.10E-04
	Unknown	N/A	SILGVR	M	S	5.6	4.61E-04

Pathway Analysis

Pathways implicated within the model at time points 0-2 days and 3-5 days following TNF- α /IL-1 β treatment were largely dominated by those involved in cellular movement (Figure S9). These included the upregulation of the canonical pathways actin cytoskeleton signalling, RhoA (Ras homologue gene family A) signalling and signalling by Rho family GTPases at both time points and the upregulation of actin-based motility by Rho at 0-2 days (Figure 7). Network analysis of cellular movement, migration and invasion at 0-2 days identified key contributors to these pathways to include both metabolites and proteins; increased levels of L-glutamate, vimentin, coagulation factor XIII A chain, fibromodulin, lamin A/C and enolase 1 and reduced levels of fibrillin 1, tissue inhibitor of metalloproteinases 2 and collagen type XI alpha 1 chain following treatment (Figure S10).

Glycolysis was also identified as being upregulated at both 0-2 days and 3-5 days. For 6-8 days, pathway directionality was unable to be obtained for any of the significant pathways

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identified. Alanine degradation and biosynthesis pathways were identified as significant for both 3-5 day and 6-8 day time points.

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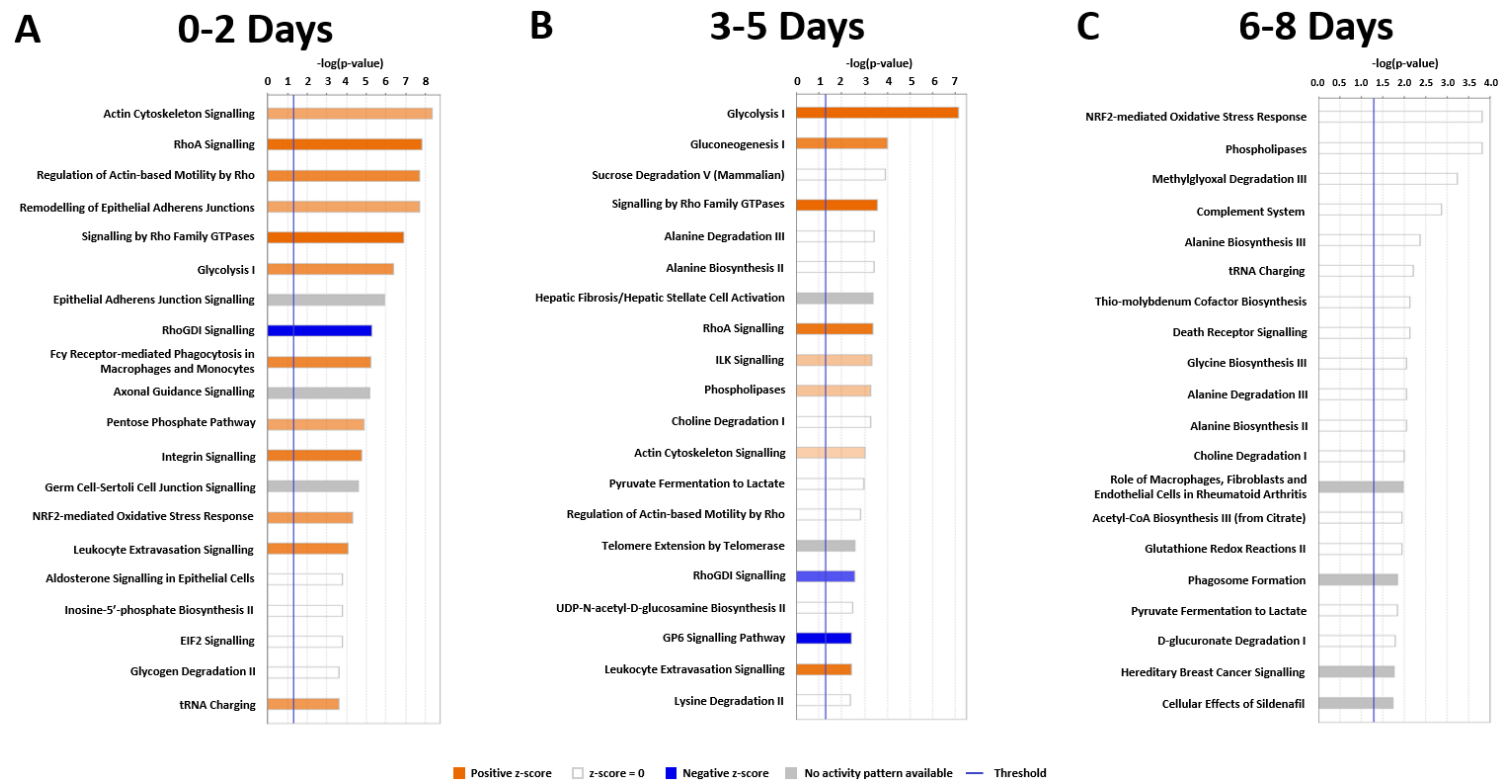


Figure 7. Altered canonical pathways associated with differentially abundant metabolites and proteins within culture media at (A) 0-2 days, (B) 3-5 days and (C) 6-8 days following TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage explants. Canonical pathway significance was calculated using a right-sided Fisher's exact test and represented by the associated bars. The highest values represent canonical pathways which are least likely to have been identified due to random chance. Blue represents downregulated canonical pathways and orange upregulated canonical pathways.

Discussion

In this study, TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage explants was used to model early OA to gain a greater understanding of OA pathogenesis and identify potential OA markers. ¹H NMR metabolomic and LC-MS/MS proteomic analysis of culture media at 0-2, 3-5 and 6-8 days was undertaken. In addition, ¹H NMR metabolomic analysis of acetonitrile extracted cartilage metabolites (following 8 days incubation) was also carried out.

Within culture media, following TNF- α /IL-1 β treatment, elevations in endopeptidases MMP-1 and MMP-3 at 0-2 days, with a similar trend at both other time points, were identified as expected⁶⁰. Elevated MMP-1 activity has previously been identified within equine OA SF with general MMP activity also found to be correlated to severity of cartilage damage^{61,62}. Also, as previously reported, elevations in the non-collagenous ECM protein COMP were also identified within the TNF- α /IL-1 β equine OA model, with COMP considered a marker of cartilage breakdown^{63,64}. Clinically, elevated COMP levels have been identified within human OA SF, although within equine OA, one study identified reduced levels with COMP levels being unable to stage the disease^{65,66}. Fibronectin was identified as a key discriminator between control and treatment groups with reduced secreted fibronectin identified within the media following TNF- α /IL-1 β treatment. Additionally, a protein band of molecular weight 160-260 kDa was identified as reduced in treated media compared to control samples via 1D SDS PAGE which may be representing fibronectin (250 kDa), although further techniques, i.e. Western blotting or MS/MS analysis of an in-gel tryptic digest, are required to confirm this^{67,68}. However, elevated levels of fibronectin have previously been identified within OA SF with fibronectin found to localise at sites of cartilage degeneration and subsequently secreted into the ECM by equine chondrocytes^{69,70}. The reasons for this possible discrepancy in results between this study and previous

studies is currently not known and requires further investigation. It may be that within this study fibronectin has undergone post translational modifications following treatment which may not have been identified via the PEAKS® identification algorithm or resulted in ions which subsequently did not 'fly' well during MS analysis and thus were subsequently not identified as peptides.

Our study benefitted by integrated pathway analysis of metabolites and proteins. Pathways implicated within this study were dominated by the upregulation of cellular movement pathways, particularly within the earlier stages of the OA model, including actin cytoskeleton signalling, signalling by Rho GTPases and RhoA signalling. The actin cytoskeleton is known to be regulated by Rho GTPase upstream regulators, with RhoA having been identified as having an important role in the regulation of cytoskeletal structure and focal adhesion maturation^{71,72}. The RhoA/ROCK (Rho-associated kinase) pathway has previously been established as having a critical function within the regulation of chondrocyte proliferation and differentiation, suppressing chondrogenesis by decreasing the expression of the chondrocyte transcription factor Sox9^{72,73}. Targeting this pathway may therefore provide a critical role in the development of cartilage tissue constructs, which are clinically translatable, to treat OA⁷⁴. Additionally, with an increasing body of evidence implicating the RhoA/ROCK pathway within OA development, this pathway is currently being investigated as a potentially novel therapeutic target within the patient's own cartilage⁷⁵. Therefore, with activation of these pathways identified within this *ex-vivo* cartilage model of early OA, interrogating combined changes in the metabolome and proteome within this model may have a beneficial role in testing responses of novel therapeutics on the actin cytoskeleton/Rho GTPase pathways.

Following TNF- α /IL-1 β treatment, elevations of glucose within the cartilage were identified. This is supported by a previous study which demonstrated that TNF- α and IL-1 β upregulate glucose transport in chondrocytes through upregulation of glucose transporter

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(GLUT)1 and GLUT9 mRNA synthesis with increased levels of glycosylated GLUT1 incorporated into the plasma membrane ⁷⁶. This influx in glucose is likely, at least in part, to be due to the increased energy requirement following cytokine stimulation in the production of MMPs and secretion of IL-6, IL-8, hematopoietic colony-stimulating factor and prostaglandin E₂ ⁷⁷. In addition, although glucose was not identified within the culture media, glycolysis and gluconeogenesis pathways were predicted to be upregulated based on numerous differentially abundant proteins within these pathways, including enolase 1. Enolase 1 is a multifunctional glycolytic enzyme which has previously been shown to have increased abundance within an equine articular cartilage model stimulated with IL-1 β , as well as increased expression on the cell surface of immune cells during rheumatoid arthritis (RA) ^{68,78}. Lee *et al.* identified apolipoprotein B within RA SF to be a specific ligand to enolase 1, provoking an inflammatory response. Elevated levels of apolipoprotein B have also been associated with human knee OA ⁷⁹. Thus lipid metabolism may operate through this mechanism to regulate chronic inflammation in OA as well as RA ⁷⁸.

Within gluconeogenesis, the ten differentially abundant molecules identified within this pathway also included enolase 1, as well as alanine and choline. Across the whole study, alanine was found to be a central component in discriminating control and treatment groups. Alanine levels were depleted in treated cartilage extracts compared to controls and identified as an important component in discriminating control and treated cartilage samples. Reduced alanine levels were also identified in human OA cartilage using HRMAS NMR spectroscopy ⁵⁰. Within culture media, alanine was depleted at all time points in treated samples and involvement of alanine degradation and biosynthesis pathways identified as significant. Alanine has previously been identified as a key component of the metabolic urinary OA profile of guinea pigs ⁸⁰. A ¹H NMR metabolomics study of equine SF also identified elevated levels of choline in OA ⁴¹. However, elevated

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levels of alanine and citrate were also identified whilst these were found to be decreased within our study.

Upregulation of molecular transport pathways were driven by numerous differentially expressed metabolites and proteins including alanine, citrate, arginine, choline, RhoC, COMP and MMP-3. Along with actin cytoskeleton regulation, Rho GTPases are also known to regulate vesicle movement through vesicle trafficking, with ROCK1 co-localising with vesicles and involved in microvesicle production ^{72,81,82}. Extracellular vesicles are now known to play an important role within OA pathogenesis, with their structure and cargo a growing area within OA research ^{83,84}. It would therefore be of interest to use the techniques used within this study, to interrogate the metabolite and protein cargo of extracellular vesicles within this early OA model.

Within this study, arginine levels were initially identified as decreased following treatment at the earliest time point. A recent study of human plasma also identified arginine to be depleted in knee OA ⁸⁵. The authors proposed this is due to an increased activity of the conversion of arginine to ornithine resulting in an imbalance between cartilage repair and degradation. This is supported by a recent learning and network approach of OA associated metabolites in which arginine and ornithine appeared in about 30% and 25% of the generated models studied ⁸⁶. In addition to this, a reduction in arginine may be reflective of an increased production of nitric oxide (L-arginine being converted to NOH-arginine and subsequently L-citrulline and nitric oxide) as identified in human OA cartilage ^{87,88}.

The cytoplasm organisation pathway was identified as significantly altered at 0-2 days, driven partially by reduced alanine levels and increased levels of RhoC and vimentin. Vimentin is a multifunctional intermediate filament protein ⁸⁹. Within chondrocytes it has been demonstrated that vimentin is likely to be involved in mechanotransduction ⁹⁰. Our

results are supported by a previous study which identified elevated levels of cleaved vimentin within human OA cartilage with distortion of the vimentin network evident ⁹¹.

Isoleucine was elevated within the media during the latter stages of the model. Elevated isoleucine levels have previously been reported within SF of a canine OA model and human OA serum ^{39,92}. Borel *et al.* previously identified elevations of peaks within ¹H HRMAS NMR spectra of OA cartilage which could be attributed to isoleucine ⁴⁹. Thus the elevations seen in isoleucine may be reflective of cartilage collagen breakdown ⁹².

However, within this study, although a higher abundance was recorded for isoleucine in treated compared to control cartilage, this did not reach statistical significance.

Furthermore, elevations in glutamate were identified within culture media at 3-5 days, which may be resultant of the catabolism of collagenous proline through proline oxidase ⁹³. Reduced levels of collagen type VI α 2 chain and collagen type X α 1 chain were identified at 3-5 and 6-8 days following cytokine treatment. This may reflect a reduction in collagen synthesis which has previously been identified within other collagen types following TNF- α /IL-1 β stimulation ²². Therefore these results provide evidence of a disruption in collagen homeostasis and suggest that collagens are being degraded within the model sooner than the 14-28 days previously reported within other *ex-vivo* cartilage OA models ^{94,95}.

Coagulation factor XIII A chain, fibromodulin and lamin A/C levels were all identified as being elevated within culture media following TNF- α /IL-1 β treatment at the earliest time point; 0-2 days. All three of these proteins were also identified as involved in alterations to cellular movement pathways, which have been central to the biological changes within the earlier stages of this OA model.

Coagulation factor XIII is a heterotetrameric protein complex which crosslinks fibrin polymers through covalent bonds ⁹⁶. Coagulation factor XIII A chain immunostaining was previously found to be elevated within human articular knee cartilage following IL-1 β

stimulation⁹⁷. Sanchez *et al.* identified increased expression of coagulation factor XIII A chain in osteoblasts within the sclerotic zone of OA subchondral bone⁹⁸. Clinically, remodelling of the subchondral bone is likely to be closely related to cartilage degradation⁹⁹. Within hypertrophic chondrocytes, Nurminkaya *et al.* concluded that cell death and lysis were responsible for the externalisation of the protein (Nurminkaya *et al.*, 1998). However, coagulation factor XIII A chain has also been identified within articular cartilage vesicles, although the underlying externalisation mechanism remains unknown¹⁰¹.

Fibromodulin is a small leucine-rich repeat proteoglycan which interacts with collagen fibrils and influences fibrillogenesis rate and fibril structure¹⁰². Experimental mice which lack biglycan and fibromodulin have been shown to develop OA in multiple joints^{103,104}. Neopeptides generated from fibromodulin degradation have also been identified as potential markers of equine articular cartilage degradation²⁸.

Within our study, higher levels of Lamin A/C (intermediate filament protein) were identified within treated media samples¹⁰⁵. Lamin A/C has also been identified as being upregulated in human OA cartilage and elevated levels have been implicated in dysregulation of chondrocyte autophagy in ageing and OA^{106,107}. Thus, our results support these studies, with chondrocyte autophagy targeting a potential novel therapeutic route.

Due to an elevation in enzymatic activity and breakdown of cartilage during OA, potential biomarkers include ECM degradation fragments¹⁰⁸. PCA identified that the semi-tryptic peptide profiles generated from treated equine cartilage was less variable than that of the controls, demonstrating the TNF- α /IL-1 β treatment is driving the semi-tryptic peptide profile within the model. Within this study we have identified several semi-tryptic peptides (potential neopeptides) which were identified as being elevated following treatment compared to controls, including degradation products from ECM proteins aggrecan,

cartilage intermediate layer protein, vimentin and collagen type VI. None of these potential neopeptides have previously been identified within the literature ^{28,33,34,68}.

Study Limitations

Previously an *in vivo* study of equine OA identified physiological levels of TNF- α and IL-1 β within SF to be 40-80 pg/ml ¹⁹. However our study, along with previous studies in the field, has used significantly higher cytokine concentrations to experimentally model OA ²⁰⁻²⁵.

This approach was used within this study due to the short half-lives of these two cytokines ^{109,110}. Supplementation at a concentration closer to physiological levels would ultimately result in the experiment being largely conducted with cytokine levels significantly below that experienced during OA, thus producing results that may be of insufficient benefit. Therefore, the approach used within this study to model OA should be taken into consideration when interpreting the results.

The cytokine preparations used within this study contained various metabolites which, following their removal from subsequent statistical analysis, prevented the analysis of some various metabolites within the experiment. Additionally, culture media was supplemented with a protease inhibitor cocktail at collection to inhibit general protein degradation prior to MS proteomic analysis, with results therefore representing the peptide/protein composition during experimentation. However, the high mannitol content prevented analysis of this metabolite within the samples/spectral region. Therefore, when in future using cytokines/supplements for NMR metabolomics, analysing the spectra of different manufacturers/preparations prior to experimentation may be beneficial to identify their associated metabolite profiles, selecting the most appropriate products to maximise downstream interpretation of results.

Further Work

Within this study, OA was modelled using a combined treatment of TNF- α and IL-1 β . Now that a method has been optimised to extract metabolites from articular cartilage for ^1H NMR analysis and protocols established to concurrently investigate metabolite and protein profiles within culture media, it may be of interest to subsequently explore the effect separate TNF- α and IL-1 β treatments, comparing these results to those identified within this study. Additional MS based metabolomics analysis of the culture media within this study may be beneficial as NMR and MS are complementary techniques and would therefore expand the number of identified/quantified metabolites, additionally identifying potential lipid and carbohydrate profiles of interest^{9,38,43,111}. In order to confirm the differentially abundant proteins within this study, validation using an orthogonal technique e.g. western blotting or enzyme-linked immunosorbent assays is required. Further validation of potential neopeptides could also be carried out through multiple reaction monitoring using a triple-quadrupole mass spectrometer¹¹². Following this, development of monoclonal antibodies specific to neopeptides of interest would enable simpler monitoring of neopeptide abundance in *in vitro*, *ex-vivo* and clinical environments¹¹³. Following validations, monitoring the differentially abundant metabolites, proteins and neopeptides within this study within longitudinal SF samples from OA horses would identify translation of these findings to a clinical setting and the eventual generation of clinically applicable diagnostic tests.

Conclusion

In conclusion, this is the first study to use a multi 'omics' approach to simultaneously investigate the metabolomic profile of *ex-vivo* cartilage and metabolomic/proteomic profiles of culture media using the TNF- α /IL-1 β *ex-vivo* OA cartilage model. We have identified a panel of metabolites and proteins which are differentially abundant within an early phase of

the OA model, 0-2 days, which may provide further information on the underlying disease pathogenesis as well as potential to translate to clinical markers. Altered pathways implicated within this model were largely dominated by those involved in cellular movement. This study has also identified a panel of potential, ECM derived, neopeptides which have potential to help enable OA stratification as well as provide potential novel therapeutic targets.

Supporting Information

Liquid Chromatography Tandem Mass Spectrometry - Detailed Methods

Figure S1. Five post mortem equine metacarpophalangeal joints used for *ex-vivo* cartilage culture.

Figure S2. Experimental design for *ex-vivo* equine cartilage culture +/- TNF- α /IL-1 β treatment. MCP = metacarpophalangeal.

Figure S3. 1D ^1H nuclear magnetic resonance spectral quantile plots of cartilage - 8 days in control media, cartilage - 8 days in TNF- α /IL-1 β treated media, control media (all time points combined) and TNF- α /IL-1 β treated media (all time points combined).

Figure S4. Representative culture media ion chromatograms of combined time points for control and TNF- α /IL-1 β treated equine *ex-vivo* cartilage explants using a 60 min liquid chromatography gradient.

Figure S5. Principal component analysis scores plot identifying high reproducibility of acetonitrile cartilage metabolite extraction (three separate equine donors, technical triplicate for each donor) using 1D ^1H NMR metabolome analysis.

Figure S6. PC1 RMS (Principal component 1 root mean square) values for the 25 components with the highest magnitude for differentially abundant proteins present within

culture media at (A) 0-2 days, (B) 3-5 days and (C) 6-8 days following TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage. n=5 for each time point. RMS: High = high in treatment with respect to control, Low = low in treatment with respect to control.

Figure S7. Silver stain identifying media protein profiles (combined for all time points) following incubation of *ex-vivo* equine cartilage for control and TNF- α /IL-1 β treated samples.

Figure S8. Principal component analyses of semi-tryptic peptide profiles within culture media of control and TNF- α /IL-1 β treated *ex-vivo* equine cartilage at 0-2 days, 3-5 days and 6-8 days.

Figure S9. Heat maps identifying canonical pathway groupings associated with diseases and biological functions altered for 0-2 days, 3-5 days and 6-8 days within culture media following TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage explants.

Figure S10. Networks involved in cell movement, migration of cells and invasion of cells in culture media at 0-2 days following TNF- α /IL-1 β treatment of *ex-vivo* equine cartilage explants.

Table S1. All proteins identified within culture media, including control and TNF- α /IL-1 β treated *ex-vivo* equine cartilage sample wells.

Ethics

Cartilage samples were collected as a by-product of the agricultural industry. The Animals (Scientific Procedures) Act 1986, Schedule 2, does not define collection from these sources as scientific procedures and ethical approval was therefore not required.

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Author Contributions

Wrote the manuscript (J.A.), revised the manuscript (J.A., M.M.P., P.C., M.J.P.), collected cartilage samples (J.A.), experimental procedures (J.A., L.F., M.M.P.), analysed the data (J.A., L.F., M.M.P.), experimental design (J.A., M.M.P., P.C., M.J.P.). All authors read and approved the final manuscript.

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Notes

The authors declare no competing financial interest.

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Abbreviations

ADAMTS, A disintegrin and metalloproteinase with thrombospondin motifs; CPMG, Carr-Purcell-Meiboom-Gill; COMP, Cartilage oligomeric matrix protein; DMEM, Dulbecco's modified Eagle's medium; EDTA, Ethylenediaminetetraacetic acid; ECM, Extracellular matrix; FDR, False discovery rate; FCS, Foetal calf serum; GLUT, Glucose transporter; HRMAS, High resolution magical angle spinning; IL-1 β , Interleukin-1 β ; MS, Mass spectrometry; MMP, Matrix metalloproteinase; MSI, Metabolomics Standards Initiative; NMR, Nuclear magnetic resonance; 1D SDS PAGE, One dimensional sodium dodecyl sulphate polyacrylamide gel electrophoresis; OA, Osteoarthritis; PBS, Phosphate buffered saline; PCA, Principal component analysis; PC1, Principal component 1; PQN, Probabilistic quotient normalisation; RA, Rheumatoid arthritis; Rho, Ras homologue gene family; RMS, Root mean square; ROCK, Rho-associated kinase; SF, Synovial fluid; TIC, Total ion current; TFA, Trifluoroacetic acid; TSP, Trimethylsilyl propionate; TNF- α , Tumour necrosis factor- α .

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