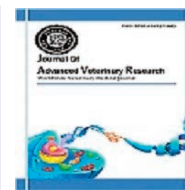




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<https://advetresearch.com/index.php/avr/index>Silver Nanoparticles and Sodium Hypochlorite Inhibitory Effects on Biofilm Produced by *Pseudomonas aeruginosa* from Poultry Farms

Abd El-Moez A. Ismail, Saber A.H. Kotb, Israa M.A. Mohamed, Hosnia S. Abdel-Mohsein*

Animal, Poultry Hygiene and Environ. Sanitation Dept. Faculty of Veterinary Medicine, Assiut University, Egypt.

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ABSTRACT

In Egypt, pseudomonas infection is one of the most important problems facing poultry production. *Pseudomonas* spp. is recognized as a major food spoiler and environmental contaminant. Biofilm formation by *P. aeruginosa* has an important role in the bacterial pathogenesis as well as persistence in the environment. The antibacterial and antibiofilm activities of AgNPs and NaOCL were evaluated against *P. aeruginosa* isolated from chicken farms. MIC and MBC of AgNPs against planktonic cells of *P. aeruginosa* were 15 and 20 µg/ml, respectively. While those of NaOCL were 2200 and 2600 µg/ml, respectively. The highest inhibition percentage of biofilm formation (97.9%) was observed when *P. aeruginosa* treated with AgNPs (25 µg/ml). While, 87.5% biofilm removal percentage was achieved after treating the established biofilm with 25 µg/ml AgNPs for 2.5 h. Moreover, NaOCL (2800 µg/ml) was able to cause 96.6% inhibition of biofilm formation and 90.3% biofilm removal after 1.5 h contact. The current study revealed that AgNPs and NaOCL were able to promote a significant reduction and removal of the mature biofilms formed by *P. aeruginosa* and the antibiofilm efficiency increased with the increase of its contact times with the biofilms.

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Introduction

Pseudomonas infection is one of the most important problems facing poultry production that can cause high mortality in newly hatched chicks and mass death of embryo (Kebede, 2010). The most predominant species is *Pseudomonas aeruginosa*. Additionally, *Pseudomonas* spp. is recognized as a major food spoiler and environmental contaminant (Marchand *et al.*, 2012; Stellato *et al.*, 2015).

Pseudomonas aeruginosa is an opportunistic pathogen that can infect a broad range of hosts and can cause a wide range of infections including acute as well as chronic localized infections (Pollack, 2000; Alionte *et al.*, 2001). The microenvironment of chickens' house is ideal for growth of different pathogens and serves as a potential source of infection, especially for pathogens that able to survive for a longer time, which are considered as the main environment associated diseases with the difficulty in eradicating them from the chickens' house (Shukla and Mishra, 2015). Such organisms are resistant to various antibiotic treatment and conventional disinfectants,

so the control of biofilm either through prevention of its formation or by removing the already established, is considered a very important step in controlling infection.

P. aeruginosa is the causative agent of several infectious diseases including endocarditis, respiratory infections, septicemia, urinary tract infections, and gastrointestinal infections and in most cases, it has been observed that the pathogenesis is dependent on its biofilm development (Wagner and Iglewski, 2008). Although less research exists about biofilms in animals, they are trusted to be involved in many diseases such as pneumonia, liver abscesses, enteritis, wound infections and mastitis infections and those infections can be caused by environmental organisms, such as *P. aeruginosa* (Melchior *et al.*, 2006). *P. aeruginosa* pathogenesis is not related to a single virulence factor, but to interaction among different factors including biofilm formation (O'Toole and Kolter, 1998; Rocchetta *et al.*, 1999). Bacterial biofilm has been a problem in the medical field and the presence of biofilm has been associated with various diseases. Formation of biofilms allows organisms to survive in environment, disperse to form new niches and gives them significant advantages in protection against environmental fluctuations. All kinds of animal tissues, plants and inert surfaces, can be colonized with a *P. aeruginosa* biofilm, thus increasing environmental persistence (Bentzmann and

*Corresponding author: Hosnia S. Abdel-Mohsein

E-mail address: hosnia18@aun.edu.eg

Plésiat, 2011). Moreover, daily cleaning with the existing products showed little effect on biofilms, as biofilms provide physical protection and reduce susceptibility to disinfectants by 10-1000-fold (Otter et al., 2015). Biofilms are difficult to control and once a biofilm has become established treatment with traditional concentrations of antimicrobials are ineffective (Hall-Stoodley and Stoodley, 2009). Studying the biofilms in the environment of poultry production and processing industries and inhibition of their growth is essential to maintain the hygienic atmosphere and ultimately ensure overall quality of poultry (Suresh et al., 2016). Moreover, the role of biofilm in veterinary field should be carefully addressed and important topics in public health, such as food safety, zoonotic disease control and animal health and welfare are highly dependent on the capability to control bacterial biofilm.

There is a pressing need to develop novel alternatives that could overcome the drawbacks of the current treatment strategies. One of these alternatives could be metal-based nanoparticles (NPs) that have been utilized in several consumer products and applications due to their fast and broad antibacterial activity as well as low production costs (Fabrega et al., 2011). Silver nanoparticles (AgNPs) are now considered to be one of the most promising strategies to combat bacterial infections. The bactericidal efficiency of AgNPs has been attributed to their small size and high surface to volume ratio, and is due to the release of metal ions in solution (Morones et al., 2005; Rai et al., 2009). Furthermore, AgNPs have not been shown to cause bacterial resistance because they exert their antibacterial effects at several sites, as the bacterial wall, protein synthesis and DNA (Shrivastava et al., 2007). Smaller AgNPs can reduce more biomass and viability of biofilms, due to better penetration into the exopolysaccharide (EPS) matrix (Habash et al., 2014). Moreover, the anti-biofilm activity of AgNPs could be due to inhibition of EPS synthesis in bacteria, which limits the biofilm formation (McLaughlin-Borlace et al., 1998).

There are some reports about the antimicrobial activity of AgNPs against planktonic cells of *P. aeruginosa* (Kora and Arunachalam, 2011; Amirulhusni et al., 2012; Singh et al., 2014). Furthermore, some studies estimated the inhibitory activity of AgNPs against *P. aeruginosa* and Staphylococcus biofilm (Secinti et al., 2011; de Faria et al., 2014; Palanisamy et al., 2014). However, there are very few reports estimated the efficiency of AgNPs for the removal of the established *P. aeruginosa* biofilm as that reported by Kalishwaralal et al. (2010) concerning biofilms formed by *P. aeruginosa* and *S. epidermidis* responsible for microbial keratitis. Therefore, the aim of the present study was to evaluate the efficiency of AgNPs to eradicate the built-up mature biofilm by *P. aeruginosa* isolated from poultry environment. This might highlight the hygienic significant role that AgNPs can play to control the persistence and spread of *P. aeruginosa* infection in both animal and poultry house, food industry plants, hospitals or any other area where pseudomonas biofilm could be exist. Furthermore, the antibacterial and antibiofilm efficiency of AgNPs was compared with those of sodium hypochlorite (NaOCL). Sodium hypochlorite is one of the most effective disinfectants against biofilms and during treatment it decomposes into sodium hydroxide and hypochlorite, which is a strong oxidizing agent that act by oxidizing the cell membrane of pathogen resulting in cell lysis and death (Hawkins and Davies, 1999; Tote et al., 2010; Rodrigues et al., 2011).

Materials and methods

Bacterial strains

Pseudomonas aeruginosa strains were isolated from

chicken farms at Assiut Governorate, Egypt. Six hundred samples were collected from 11 farms representing water, feed, litter samples, as well as water troughs, cloacal and wall swabs. Isolation of *P. aeruginosa* was carried out according to Corry et al. (2011). Tryptic soy broth (TSB) was used for enrichment and incubated at 37 °C for 24 h. A loopful from the enrichment broth was streaked on pseudomonas isolation agar (biolife DF4403) supplemented with 10% glycerol and incubated at 37 °C for 24 h. The greenish and bluish pigment producer colonies were selected for further identifications with Gram staining and biochemical reactions (Winn, 2006; Versalovic et al., 2011) followed by molecular confirmation by conventional PCR that was carried out in the Molecular Biology Research Unit (MBRU), Assiut University, Egypt. *P. aeruginosa* strain from Animal Health Research Institute, Giza, Egypt, was used as a positive control during PCR analysis. PCR was performed using primer set; ECF1 and ECF2 (Lavenir et al., 2007). Patho Gene DNA/RNA extraction kit (iNtRON Biotechnology) was used for extraction process according to the manufacture' instructions. PCR reaction was done in a total volume of 20 ul containing 10 ul PCR master mix, 1 ul of each primer and 8 ul of the extracted DNA. The thermocycler conditions included initial denaturation at 95 °C for 5 min., followed by 35 cycles of 95 °C for 45 sec., 58 °C for 45 sec and 72 °C for 1 min with final extension at 72 °C for 10 min. After amplification, 1% agarose was used for electrophoresis.

P. aeruginosa strains were checked for their ability to build up biofilm using tissue culture plate method (TCP) (Coffey and Anderson, 2014). Fresh colonies of each strain were transferred to 5 ml TSB and incubated at 37 °C for 18 h. Then, a 1:100 dilution was prepared in TSB using 1% glucose as a supplement (GanjaliDashti et al., 2016) and following thorough mixing, 100 ul was transferred to each well in 96 microtiter tissue culture plates and incubated at 37 °C without shaking for 24 h. After incubation the liquid media was gently removed from each well and the wells were washed 3 times with distilled water. The wells were stained with 125 ul of crystal violet (0.1%) for 15- 30 min to confirm the presence of biofilm. Excess stain was cleaned by washing with distilled water and the plates were kept for 30 min till dryness. The microtiter plate was examined for the presence of purple ring that indicating the presence of biofilm.

Efficiency of AgNPs and NaOCL against *P. aeruginosa* biofilm

Preparation of AgNPs

Stable AgNPs less than 100 nm was synthesized according to Vigneshwaran et al. (2006). Briefly, soluble starch (one gram) mixed with 100 ml of deionized water was heated till complete dissolution, after that 1 ml of a 100 mM aqueous solution of silver nitrate (AgNO₃), was added and stirred well. This mixture was put into dark glass bottle and autoclaved for 5 min at 121 °C. The resulting solution had clear yellow color indicating the formation of AgNPs. The stock solution was kept away from direct sunlight at room temperature. AgNPs total concentration was estimated using Graphite Furnace Atomic Absorption (Model 210VGP) at the Faculty of Science, Assiut University, Egypt. The size of the prepared particles was analyzed with Transmission Electron Microscope (TEM) (JEOL-JEM- 100CX II) at Electron Microscopy Unit, Assiut University, Egypt.

Determination of minimum inhibitory concentration (MIC) and minimum bactericidal concentration (MBC) of AgNPs and NaOCL

MIC of AgNPs and NaOCL against 4 strains of *P. aerugi-*

nosa was measured by standard tube macro dilution broth method (Sharma et al., 2015). Different concentrations of AgNPs (10, 15, 20, 25, 30, 35 and 40 µg/ml) and NaOCL; 5 % available chlorine (100 till 3000 µg/ml) were separately added to each tube containing 5 ml TSB and finally an aliquot of bacteria culture (5×10^5 CFU ml⁻¹) were separately added to these tubes. After that, the tubes were incubated at 37 °C for 18 h. In the control positive set, only bacterial cells were grown in absence of AgNPs and NaOCL, while tubes that contain TSB plus AgNPs or NaOCL in absence of inoculums were considered control negative set. The MIC was considered as the lowest concentration of AgNPs and NaOCL with no visible bacterial growth after incubation. To determine MBC, the lowest concentration, which give no visible turbidity, and two higher concentrations were sub-cultured into sterile petri dishes containing standard plates count agar to assure the absence of colony forming units (CFU). The petri dishes without any CFU were considered positive for the MBC.

Prevention and eradication of bacterial biofilm by AgNPs and NaOCL

The capability of AgNPs and NaOCL to prevent and control biofilm was determined according to Abidi et al. (2014). Four strains of *P. aeruginosa* were tested, and glucose supplement (1%) was applied during bacterial growth for biofilm production. The anti-biofilm activity of AgNPs and NaOCL was evaluated during bacterial incubation; while the biofilm was being created. Briefly, fresh overnight colonies of each strain were transferred to TSB and allowed to grow at 37 °C for 18 h. Then the culture was diluted 1:100 in TSB with glucose supplement and 100 µl of diluted culture was pipetted in microtiter plate wells. After that, 100 µl of each concentration of AgNPs or NaOCL was inoculated into 3 wells and the plate was covered and incubated at 37 °C for 24 h. Each bacterial strain was treated with 4 concentrations of AgNPs (10, 15, 20, and 25 µg/ml) and 4 concentrations of NaOCL (2200, 2400, 2600 and 2800 µg/ml). Furthermore, for each strain, 3 wells of the 96-well flat bottom microtiter plate were inoculated with bacterial inoculums without treatments (positive control) and another 3 wells for negative control (treatment with TSB only). Concerning the second experiment, anti-biofilm activity of AgNPs and NaOCL was estimated after incubation; on the established biofilm. Microtiter plates were inoculated as mentioned above and incubated for biofilm production. After incubation, plates were washed with sterile water to remove planktonic cells after that 200 µl of each tested agent (25 µg/ml AgNPs and 2800 µg/ml NaOCL) was transferred into each well, with exception of blank and positive control wells. The plates

were incubated for different contact times, namely (15, 30, 45, 60, 90, 120, and 150 min.) for AgNPs and (5, 15, 30, 45, 60 and 90 min.) for NaOCL. At the end of each contact time, AgNPs and NaOCL were quenched by adding 5 g/L sodium thiosulfate ($\text{Na}_2\text{S}_2\text{O}_3$) to stop their antimicrobial reaction as described in the European quality standards (NEN-EN 1276, 1997). Following the desired incubation time, the planktonic bacterial cells were removed, and the wells were washed several times. Subsequently, for biofilm staining, 125 µl of 0.1% crystal violet solution was added to each well and incubated for 10 min at room temperature then the stain was removed, and plates were washed with vigorous shaking to remove all liquid. Subsequently, the plates were inverted and left to air dry. For biofilm quantification the dye was solubilized by adding 150 µl of 30% acetic acid to each well of the plate and incubated for 10-15 minutes at room temperature. Then, contents of each well were thoroughly mixed and 125 µl of the crystal violet-acetic acid solution was transferred from each well to a separate well of a new optically clear flat-bottom 96-well plate. Optical density (OD) of each of these 125 µl samples was measured at a wavelength 545 nm. And to measure the antibiofilm efficacy; the reduction/ removal percentages were calculated using the following equation

Reduction/Removal Percentage = $[(C-B) - (T-B) / (C-B)] * 100\%$

Where B = absorbance of blank (no biofilm, no treatment).

C = absorbance of control (biofilm, no treatment).

T = absorbance of test (biofilm and treatment).

Statistical analysis

Statistical analysis of the obtained data was carried by using SPSS software version 17. The data was subjected to analyses of variance using the ANOVA procedure and General Linear Models Procedure (GLM procedure) of SPSS software. The results of optical densities were presented as mean and standard deviations (SD) for each variable. Significant differences between mean values were tested using Duncan's multiple range test. P-value is considered statistically significant when $P < 0.05$.

Results

P. aeruginosa from poultry farms and the ability to build up biofilm

In this study, *P. aeruginosa* was isolated from eleven layer and broiler farms at Assiut Governorate, Egypt and 15 biochemically positive strains were tested using conventional PCR. The data illustrated in Fig. 1 and Table 1, revealed the

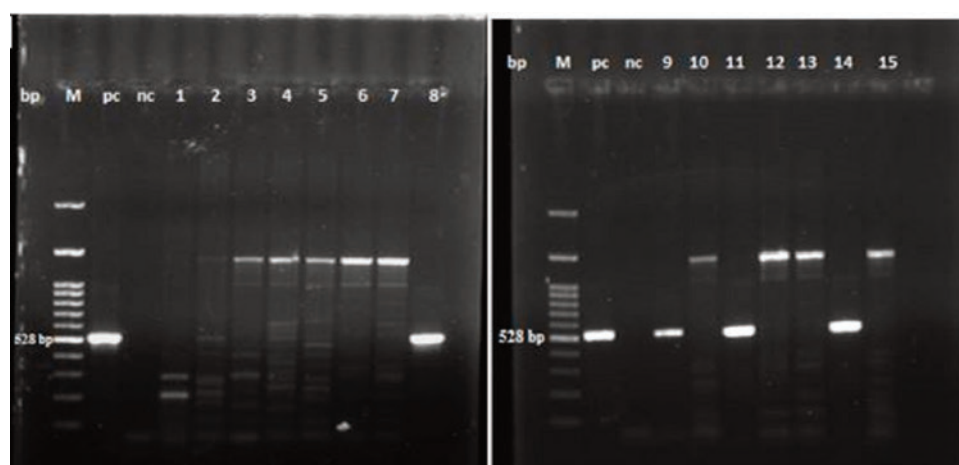


Fig. 1. Agarose gel electrophoreses of PCR products with *P. aeruginosa* specific primers (528 bp). M: 100 bp DNA marker, pc: positive control, nc: negative control, Lanes 8, 9, 11 and 14 are positive for *P. aeruginosa*.

Table 1. Biochemical and molecular identification of *P. aeruginosa* by conventional PCR

	Sample type													
	Litter samples		Feed samples		Water samples		Water troughs swabs		Cloacal swabs		Wall swabs		Total no. of positive samples	
	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%	No.	%
Biochemical positive	1	-	3	-	3	-	6	-	1	-	1	-	15	-
PCR Positive	0	0	1	25	0	0	3	75	0	0	0	0	4	26.67

molecular identification of *P. aeruginosa*. Four strains were positive for *P. aeruginosa* representing feed and water troughs swabs. The ability of these strains to build up biofilm was proved with tissue culture plate method.

Inhibitory effect of AgNPs against P. aeruginosa

AgNPs showed MIC and MBC against planktonic *P. aeruginosa* at 15 and 20 µg/ml, respectively. Concerning the inhibitory effect of AgNPs on biofilm build up ability of *P. aeruginosa*, the data presented in Fig. 2a, represents the mean values of optical densities (OD) ± standard deviation of the solubilized biofilm formed by *P. aeruginosa* treated with 10, 15, 20 and 25 µg/ml of AgNPs. The statistical analysis of these data showed that at all used concentrations of AgNPs the mean values of optical densities of bacterial culture was significantly reduced in all exposed *P. aeruginosa* when compared with the control group (P<0.05). Furthermore, there were no significant differences among the mean values of optical densities of bacterial culture exposed to different concentration of AgNPs. The highest inhibition percentages of biofilms (97.9 %) was observed when *P. aeruginosa* incubated with 25 µg/ml of AgNPs.

The antibiofilm activity of AgNPs to control the established biofilm was evaluated by treating *P. aeruginosa* biofilms with AgNPs (25 µg/ml) for different contact times. The data presented in Fig. 2b, showed that the mean values of OD ± SD of biofilms formed by *P. aeruginosa* treated with 25 µg/ml AgNPs after contact times of 15 min, 30 min, 45 min, 1 h, 1.5 h, 2 h, 2.5 h. The analysis of variance of the obtained data showed that there were significant differences between all contact times and control group (P<0.05) except at contact time of 15 min., a removal percentage of 87.6% was recorded after treating the established biofilm with 25 µg/ml AgNPs for 2.5 h.

Inhibitory effect of NaOCL against P. aeruginosa

MIC and MBC of NaOCL on *P. aeruginosa* at 2200 and 2600 µg/ml, respectively. Fig. 3a, presented the mean values of OD±SD of biofilms formed by *P. aeruginosa* treated with 2200 µg/ml, 2400 µg/ml, 2600 µg/ml and 2800 µg/ml of NaOCL. The statistical analysis of data showed that at all used concentrations the mean values of optical densities was significantly reduced when compared with the control group (P<0.05). Furthermore, there were no significant differences among the mean values of optical densities of bacterial culture subjected to all used concentration. NaOCL was able to cause inhibition percentages of 93.2% and 96.6% at concentrations 2200 and 2800 µg/ml, respectively.

For control of *P. aeruginosa* biofilms with NaOCL (2800 µg/ml), the data presented in Fig. 3b, revealed that the mean values of OD±SD of *P. aeruginosa* biofilms treated with 2800 µg/ml NaOCL after different contact times. The analysis of variance of data showed that there were significant differences between all contact times and the control group (P<0.05). Moreover, there were no significant differences in between all contact times. The percentages of biofilms removal after contact times of 5 min, 1.5 h were 81.4% and 90.3%, respectively.

Discussion

The prevalence of *P. aeruginosa* in water troughs swabs and water agreed with the findings of Kumar et al. (2009), Mena and Gerba (2009) and Peix et al. (2009), who reported that *P. aeruginosa* was widely present in water and humid environments, which could be the initial source of infection. Furthermore, *P. aeruginosa* has a great capability to colonize and

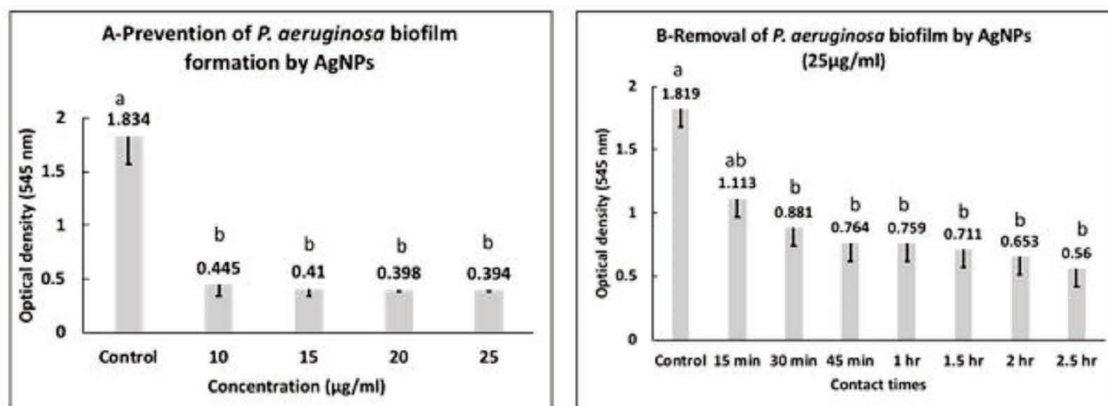


Fig. 2. Prevention (A) and eradication (B) of *P. aeruginosa* biofilm by AgNPs. a,b: means with different letters are significantly different

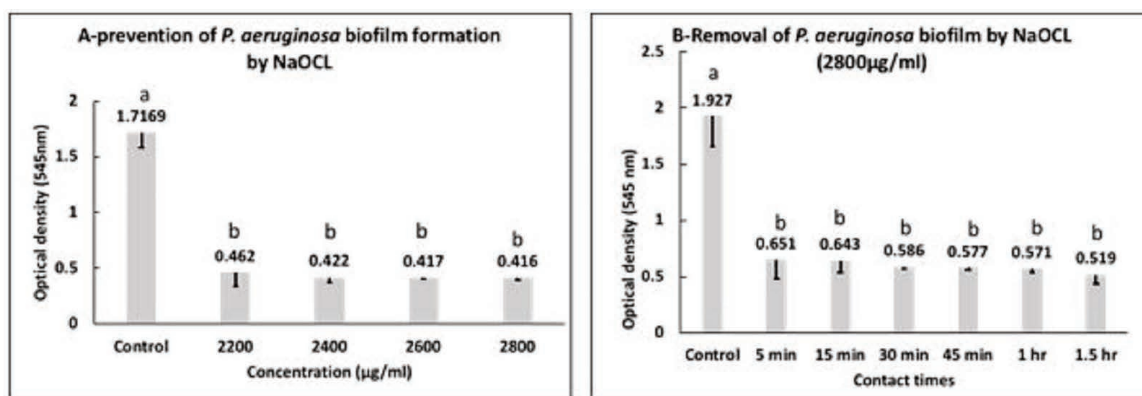


Fig. 3. Prevention (A) and eradication (B) of *P. aeruginosa* biofilm by NaOCl. a,b: means with different letters are significantly different

form strong and mature biofilms on all wet surfaces including all kinds of animal tissues, plants and inert surfaces, thus increasing its environmental persistence (Bentzmann and Plésiat, 2011; Cherif et al., 2016). *P. aeruginosa* has the ability to construct complex biofilm matrix molecules including polysaccharides, nucleic acids and proteins. *P. aeruginosa* can readily form biofilms in any environment favorable to growth, whereas other species may require specific cues such as temperature, pH or nutritional factors (O'Toole et al., 2000). Biofilms support microbial growth and have an enclose impact in veterinary field as, they are responsible for the failure of antimicrobial therapy and of sanitations in food processing plants, animal and poultry houses. Conventional antibiotics and sanitation procedures can be effective against planktonic pathogens but are often weakly effective against the bacteria in biofilm (Yarwood and Schlievert, 2003).

The biofilms are responsible for causing a broad range of chronic diseases and the emergence of antibiotic resistance. Hence, it is critically important to design or screen anti-biofilm molecules that can effectively minimize and eradicate biofilm related infections (Roy et al., 2017). As an opportunistic human pathogen, *P. aeruginosa* isolates from food products and food processing environment represent a significant risk for public health that cause great safety concern in food sectors (Cherif et al., 2016). Therefore, the research to find new compounds with high antibiofilm activity is urgently required.

AgNPs have abroad antimicrobial activity spectrum against both Gram-positive and Gram-negative bacteria and the use of AgNPs is now considered as one of the most promising strategies to combat biofilm infections related to medical devices (Elliott, 2007). The recorded inhibitory concentration was lower than that reported by Amirulhusni et al. (2012), who revealed that AgNPs (size ranged from 20–30 nm) exhibited MIC and MBC of 50 and 100 µg/ml against multidrug resistant

P. aeruginosa, respectively. As a result, we could achieve an efficient growth inhibition of *P. aeruginosa* at a low and minimum concentration of 15 µg/ml. The size of AgNPs ranged between 11.7 to 18.9 nm with spherical shape where at this size, AgNPs was able to disrupt planktonic Pseudomonas. The bactericidal effect of AgNPs is dependent on the size and shape of the particles and the specific surface area increases as the particle size decreases, allowing greater particles interaction with bacterial cells and the surrounding environment, in addition, triangular-shaped particles display more anti-bacterial activity than rods or spherical particles (Pal et al., 2007).

At the lowest tested concentration (10 µg/ml) there was a 94% reduction in the biofilm bacterial mass while at the highest concentration (25 µg/ml) there was nearly a complete reduction in the biofilm formation. These results indicated that the starch-stabilized AgNPs not only exhibit potent antibacterial activity, but also impede the biofilm formation. A lower inhibition rate was revealed by Palanisamy et al. (2014), who reported that 20 µg/ml AgNPs (sizes ranged from 20–30 nm) showed 56–67% inhibition rate of *P. aeruginosa* biofilm formation. Kalishwaralal et al. (2010) mentioned that AgNPs (mean diameter 50 nm) at a concentration of 10–100 nM prevented *P. aeruginosa* biofilm formation by impeding the initial step (synthesis of exopolysaccharides and bacterial adhesion to the surface) at the low concentration without affecting the cell viability while at the high concentration inhibited the growth of bacteria. Moreover, Mohanty et al. (2012) revealed that starch-stabilized nanoparticles (about 20 nm in diameter), at very low concentrations of 1–2 µM, decreased *P. aeruginosa* biofilm formation by 50% and 65% after 24 and 48 h treatment, respectively. Martinez-Gutierrez et al. (2013) found that AgNPs (25 nm diameter) effectively prevented the formation of *P. aeruginosa* biofilms and kill bacteria in established biofilm structures (4-log reduction in the bacterial cells number). Radzig et al.

(2013) found that 5-10 µg/ml AgNPs (8 nm in diameter) stabilized by hydrolyzed casein peptides, strongly inhibited biofilm formation by some Gram negative bacteria and decreased bacterial mass in *P. aeruginosa* biofilms. Secinti et al. (2011) found that AgNPs inhibited *P. aeruginosa* biofilms by 95%. During biofilm formation, biofilms develop themselves into different stages: planktonic, attachment (reversible and irreversible), maturation (microcolonies and macrocolonies) and dispersion (Monds and O'Toole, 2009). And since biofilm shows different characteristics during formation and maturation, biofilms in different stages may have different susceptibility to AgNPs. The anti-biofilm activity of AgNPs could be due to inhibition of exopolysaccharide synthesis, which limits the biofilm formation. Moreover, smaller AgNPs can reduce the biomass and viability of biofilms, due to better penetration into the EPS matrix (McLaughlin-Borlace, 1998; Habash et al., 2014) suggesting that it could be used to delay biofilm formation and for the prevention of biofilm-related infections.

The obtained results revealed that AgNPs was effectively eradicate the mature biofilms formed by *P. aeruginosa*. However, the results reported by Thuptimdang et al. (2015) revealed that *P. putida* mature biofilms were not susceptible to AgNPs. Several factors may explain the increased resistance of mature biofilms to antimicrobial agents; (1) bacterial cells in mature biofilms are to be in the stationary growth phase (less susceptible to antimicrobial agents), (2) cells that die in the outer layers of mature biofilms could provide nutrients for the growth of cells in deeper layers, (3) the high thickness or high amount of EPS may have a role in transport limitations of AgNPs through biofilms, (4) mature biofilms, produce not only more EPS but also different components as, curli which is a protein component used for bacterial adhesion to surfaces (Anderl et al., 2003; Ito et al., 2009; Saldaña et al., 2009). Contrary, Wong et al. (2010) have reported that the age of the biofilm does not enhance resistance to disinfectants. AgNPs was effectively able to remove the mature biofilms built up by *P. aeruginosa*. Moreover, AgNPs didn't cause bacterial resistance, which is presumably due to that AgNPs do not exert their antibacterial effects only in a particular site but at several degrees such as bacterial wall, protein synthesis and DNA (Shrivastava et al., 2007).

Silver has the highest levels of toxicity for microorganisms and the lowest toxicity for animal cells and AgNPs slowly release Ag⁺ ions that enables a constant local supply of Ag⁺ ions and allows an improved contact with the microorganisms. As a result, prevention of microorganisms' adhesion and biofilm formation is more prolonged than in other antimicrobial approaches (Chen and Schluesener, 2008). Additionally, AgNPs causes oxidative damage, leading to the production of reactive oxygen species (ROS), i.e. free-radicals that is one of the primary mechanisms of toxicity to bacterial cells (Khan, 2012). This inhibitory effect of AgNPs on the built-up biofilm may due to be presence of water channels (pores) though out the biofilm, those are present for nutrient transportation and AgNPs may directly diffuse through the exopolysaccharide layer across these pores and reveal antimicrobial function (Kalishwaralal et al., 2010). The obtained results directly revealed that AgNPs (25 µg/ml) not only effectively inhibited the growth of *P. aeruginosa*, but also wiped out the built-up biofilm. Therefore, the current experiment shows that AgNPs inhibited the formation of biofilm by *P. aeruginosa* alongside eliminate the biofilm formed previously.

NaOCL is the most widely used oxidizing chemical for water disinfection and its mechanism of action is the removal of electrons from susceptible functional groups causing damage to bacterial cell, also has low molecular weight that able it to either pass through the membrane of bacterial cell and damage internal targets causing cell death or can disrupt the cell wall and membrane and cause bacterial death by that

route (Finnegan et al., 2010). Therefore, the targets of the biocides can be the cell surface, cell wall or intracellular modules giving these agents a very broad spectrum of activity.

NaOCL exhibited antibacterial activity against 4 *P. aeruginosa* strains isolated from poultry environment with MIC and MBC at 2200 µg/ml and 2600 µg/ml, respectively. Eriksson et al. (2017) revealed that NaOCL at concentrations of 0.01–0.08%, showed antibacterial effects against planktonic cells. The higher MIC value observed in the current study might be explained by differences in the origin of the bacterial isolates, as well as differences in the method of analysis. DeQueiroz and Day (2007) found that combination of NaOCL and hydrogen peroxide reduced *P. aeruginosa* ATCC 19142 cells numbers by 5-log to 6-log after 1 min exposure, by 7-log after 5 min exposure and no viable cells were detected after 20 min exposure. Heling et al. (2001) reported that MIC and MBC of NaOCL against *Streptococcus sobrinus*, *Streptococcus salivarius*, *Enterococcus faecalis* and *Streptococcus mutans* were in the range of 0.157% to 0.315%.

The obtained data revealed that NaOCL (from 2200 to 2800 µg/ml) was able to promote a significant reduction in the biofilm building formed by all tested strains adhered to polystyrene wells and its efficiency was concentration dependent. This result was in line with the results reported by Russell and McDonnell (2000), who reported that the high concentrations of disinfectants were able to reduce more viable cells from biofilms, or even demonstrate 100% reduction in viable cells. However, the recorded result was much higher than that reported by Corcoran et al. (2014) who found that concentrations 250 mg/liter NaOCL was sufficient to inhibit growth of planktonic cells for studied salmonella strains. NaOCL was active in reducing the biofilm mass, making it a very valuable anti biofilm agent. Tote et al. (2010) reported that NaOCL was active on both biofilm matrix and viable mass of *P. aeruginosa* biofilms making them the superior antibiofilm agents. Additionally, the authors found that the activity was proportional to contact time, for which the anti-biofilms activity increased to 55% within the time 60 min., however, no complete reduction of the adherent populations was achieved even after 60 min of contact. As reported by Eginton et al. (1998) the attachment of the bacterial cells to surfaces was loosened by treatment with NaOCL.

The obtained result showed that NaOCL (2800 µg/ml) exhibited 90.3% removal of the built-up biofilm on polystyrene wells after 1.5 h of exposure. DeQueiroz and Day (2007) reported that treating pseudomonas biofilms on aluminum or stainless-steel plates with NaOCL and hydrogen peroxide mixture solution showed either a significant reduction or complete removal of biofilm material after a 5 min exposure. Buckingham-Meyer et al. (2007) found that NaOCL at 100, 500 and 1000 mg/L resulted in a ~1-2 log₁₀ reduction of *Pseudomonas* spp. biofilm (48 h) on glass surfaces. NaOCL at 100 and 200 mg/l was effective in killing or removing *P. fluorescens* adhered to stainless steel coupons after treatment for 10 min and the number of adhered cells was reduced from 52.0 to 0.0 (Rossoni and Gaylarde, 2000). NaOCL is the most commonly used disinfectant in the poultry farms and it is one of the most effective disinfectants against biofilms with the ability to eradicate biofilms at concentrations as low as 3.125 mg per ml (Pui et al., 2011; Rodrigues et al. 2011). Increasing NaOCL concentration and contact time increased the effectiveness of NaOCL against biofilms (Russell and McDonnell, 2000).

Results from this study showed that NaOCL effectively eradicated the mature biofilms formed by *P. aeruginosa*. Although mature biofilm provides bacteria with special environment which is a protective factor against destructive agents. Therefore, the resistance of biofilms to antimicrobial agents increases with its aging (Diogo et al., 2015; Palaniswamy et al.,

2016). The resistance is related to some factors as limited diffusion into biofilm structure, non-specific interaction with biofilm matrix and biofilm phenotype (Bridier et al., 2015).

Finally, the current results revealed that AgNPs and NaOCl were able to promote a significant reduction on the biofilm formation adhered to polystyrene wells. Additionally, AgNPs and NaOCl effectively removed the mature biofilms formed by *P. aeruginosa*. and oxidizing agents as NaOCl is often used for the removal of biofilms (Meyer, 2003). As described by Russell (2007) NaOCl has disadvantages; activity greatly affected by pH (optimum is below 6.5), an irritating agent, inactivated by organic matter, carcinogenic byproducts with high corrosivity. In this context, there is a strong desire to develop other new strategies to control biofilm formation and according to Romero and Kolter (2014), even after many efforts reserved to develop new anti-adhesion agents, improve existing products and standard protocols are encouraged. Nanotechnology has emerged as an alternative tool for developing products with new properties to meet the increasing demand of the industrial sectors for advanced functional materials.

Techniques as physical scrubbing of surfaces and the use of high-pressure water sprays are often applied for the removal of bacterial biofilms (Gibson et al., 1999). A problem is the generation of aerosols which results in the dispersion of the surviving micro-organisms (Holah et al., 1993). So, the chemical method to control biofilm is a popular approach (Simões et al., 2010). However, some chemical compounds as formaldehyde, peracetic acid, and mercuric chloride have been found to have no effect on biofilms (Carpentier and Cerf, 1993). In this respect AgNPs due to its cost effectiveness and high efficiency can be used to control biofilm. The current study emphasizes that the correct and conscious of cleanliness, hygiene, sanitation, and health education of workers must be daily and continuous, in addition to equipment maintenance and periodic exchange and treatment of equipment. If these parameters are checked consistently, the installation process of the biofilm is hindered and, thus, the persistence of pathogenic bacteria with the constant contamination of the poultry and their environment will be reduced and may even be eradicated.

Conclusion

The observations of the current study are significant as AgNPs were shown to be effective against biofilms of *P. aeruginosa* isolated from chicken farms. Thus, AgNPs might be a good alternative antibacterial agent against the multidrug resistant bacteria and the applications of AgNPs may lead to valuable findings in various fields such as medical devices and antimicrobial systems.

Conflict of interest

Authors do not have conflicts of interest to disclose.

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