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Keeping Unsheltered Families Together in Polk County

Kimberly Castro & Tracy Sanchez Romero

FamilyPromise of the Mid-Willamette Valley

POLK COUNTY

OHSU School of Nursing

Objectives

- To increase family shelter capacity in Polk County
- To expand Mid-Willamette Valley Family Promise services to the greater Polk County area including Monmouth, Independence, and Dallas
- Allow individuals in Polk County to define what family means to them

Methodology

Implemented a modified version of the SOAR and logic model to

Interviewed representative from Polk County Family and Community

Utilized CINAHL and PubMed to research evidence based

205 total unsheltered individuals in Polk County (Woodworth, 2019)



Limitations

guide research and recommendations.

recommendations and interventions.

Collected data from governmental reports

- Limited amount of time to implement proposed recommendations
- Limited staff and volunteers
- Limited funding sources

Outreach (PCFCO)

- Limited recognition of the unsheltered crisis in Polk County
- Limited support from Polk County congregations
- Limited accuracy on the exact number of unsheltered families in Polk County
- Data is based on self-reported homelessness
- Varying definitions of unsheltered and homeless

Vacancy Rate in Polk County: 1.4% Owner Rate 2.2% Renter Rate (Oregon Housing and Community Services, n.d.)

Findings

- 26 homeless children in Dallas School District and 20 homeless children in Central School District (B. Demoe, personal communication, November, 14, 2019)
- Unsheltered children are at higher risk for mental illness, substance abuse, & criminal activity (National Network for Youth, n.d.)
- In 2018, 79 unsheltered families came in seeking resources from the Dallas Resource Center in a 6 month period (PCFCO, 2018)
- For families who experience homelessness, separation and foster care placements often occur one month after going into a traditional shelters (Shinn, Gibbons-Benton, & Brown, 2015)

Discussion

- There are no family shelters in Polk County. Available shelters in Monmouth, Independence, & Dallas include Gale's Lodge & Sable House
- Disruption of family routine & rituals can magnify the stress of homelessness (Mayberry, Shinn, Gibbons-Benton, & Wise, 2014)
- Family Promise provides homeless prevention services, transportation, life skill sessions, food, shelter, and case management to all types of families in Marion County (Family Promise, 2019)
- A secure location that promotes family well-being provides stability, a sense of normalcy and can improve family outcomes (Meschede & Chaganti, 2015)

Recommendations

- Continue collaboration with Polk County Family and Community Outreach, Family Promise, and Polk County Congregations
- Host a community forum with community members, church leaders, Family Promise, & PCFCO
- Obtain commitment from 13 congregations in Polk County to provide temporary housing for unsheltered families
- Explore various funding resources including fundraisers and grants
- Locate a facility in Monmouth, Independence, or Dallas to serve as day center for unsheltered families