

## Original Paper

# Aesthetics

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### **Abstract**

*In this Article the author has focused on aesthetical outlook to lead a fantastic life! There will be handful number of people who find aesthetics in every small thing which can be beautified by their own way where that will help them to stay focused and confident in life. The author has absolutely identified and explained everything in a metaphoric way and by way of his imagination where mindfully this subject becomes very effective! The author has given multiple examples in an illustrious manner because of which this small world becomes subjective with appropriate spaces used by him. He has also taken care that this word will not be misused by the people but will be utilized diligently by understanding the concept for their own betterment and the whole life, too!*

### **Keywords**

*aesthetics, spiritual, transcendence, stress, philosophy, mind, innovation, art or artist , ecstatic, transform, lead etc.*

### **1. Introduction**

When we were born...were we aware of those simple aspects which made smaller moments sweeter, greater and memorable?

To live a simple but meaningful life what does it take to attain the stage to express, "I thoroughly enjoyed it!"

In critical times, when we try to find some breathing space for getting sigh of relief or comfort zone or relaxation, what can be identified?

To live and lead life with higher perspective how should one be looking at every stage where filling the

gaps would be an easy process to follow?

When we will look back into our own life after covering the distance from childhood till the stage of wearing the old being's hat, how would it be and what kind of measurement tool would we use?

There may be several questions of similar kind but for all the above, there can be one word which we all can utter and, i.e., "AESTHETICS".

We all know that Aesthetics is a scientific phenomena but to put it in a metaphoric form, the author can say that it is a mindset which is directly related to Philosophy of Mind! It is a path of life! It is a journey to internalize all those ignored aspects of our own life and the situation around including the earth mother where Nature is its vital part!

There can be aspects of Aesthetics to think about, attributes to take into account increasing the importance and impact of the same to discuss!

## 2. Methodology

In the common parlance every human being is an artist and everyone has an inherent artistic perspective to live life. But does every being think like that? This can be a question to ponder! Life is an art but do we really take in stride the meaning of life as an ART? Due to this ignorance value, we may experience a loss of aesthetical element of our life! We all are eclipsed by so called daily chores and routine life having some monotony! When we talk about Aesthetics, it can not be termed as Epiphany!

It is a gradual journey of revealing certain facts which enhances our way of living and keeps our ageing always rejuvenating! In a musical language Aesthetics is a music of soulful impressions in a groovy manner where the inner tune of life keeps on striking a chord of variety of notes emitting motivated frequencies channelizing the life process excitingly well!

In a simplified manner Aesthetics is

\*Aristocratic approach,

\*Enlightening moments,

\*Shining Space,

\*Tender aspect,

\*Harmonious factors,

\*Enduring,

\*Tangible gap assessment

\*Illustrious

\*Captivating/Characterization

\*Salvaging

The above aspects defining Aesthetics can be a measurement to proceed with!

Irrespective of any stream or area, aesthetical approach is existing everywhere.

To develop this kind of approach what extra efforts one would require to take

- 1) Considering life as precious and valuable at every step irrespective of the background of anyone
- 2) Making our imagination more superior to look at life where every difficult situation will be analyzed in a unique manner
- 3) Confronting problems with a courageous outlook
- 4) Bringing Consistency in living life because that is how one can start leading life
- 5) Mirroring every aspect with something special to enjoy as a beauty by deliberately ignoring unpleasant or negative elements
- 6) Having an experimental approach exercising every single moment as if it is giving us different experience
- 7) Connecting with people by considering life as a phenomena to progress and learn on a continuous basis even after having weird experiences from them
- 8) Taking into account growth as an actionable perspective where beautifying widening angles towards every situation in personal or professional life will maintain the changeable form with ease

“Albert Einstein came in my unconscious dreaming state imbibing certain facts of life where life will not be eccentric but life would be ecstatic!” Does that sound absurd? Let it be an idea of imagining everyday with different unique personalities entering one’s life in an unconscious dreaming state! ☺

“The philosopher disturbed one’s “I” with a realization that philosophy is not boring but it is engaging as denying to say that I am not a philosopher is also a philosophy of someone and so on and so forth!  
“ Right?

“The scientist played a sarcasm claiming that he is the only being on this earth to find a niche! Is that sounding like ultimate confidence in disguise?”

“The musician said that I am one of the topmost angels of the time since I help people in bringing back the real glory everyone should have in his or her life!”

“The industrialist said that no one else can have the capacity as perfect as mine since I am called as a visionary person!”

“The painter said that the kind of abstract scenes I can create by my hands , nobody else can have the same ability to make such a fascinating portrayal!”

“The dancer said that the kind of moments I create with my movements, challenge me that there is someone other than me to look at life in a delightful manner!”

“The warrior said that my heroic deeds are proving to be model examples because of my strength, tenacity, patience and empowered way of battling out the battlefield!”

“The spiritualist proclaimed that all the above are falsifying images of life depicting wrong convictions since the kind of refined journey I can have nobody else can beat me!”

“The common man with a simple aesthetical eye and brain said that alas I wonder why all the above people keep on wasting their life in struggling to get that identity or tag of someone as something!!!! I simply transformed my generic way of looking with something innovative, creative, out of the box where knowledge was not much required but sensational and empathetic mindset was required where soul, brain, mind and body heartily came out with one expression, “Ohh it is enormously epic to recollect it forever!” Why? It was because of just one sweet word, “Aesthetics”

Having found aesthetics in life at different junctures of life the author thinks that the said terminology will change the analogy of someone to lead life...in what way? The impact can be as follows

- 1) It can remove stress, worry, tension of anyone
- 2) It can keep telling the human that your value is enchanting and keep it flourishing
- 3) It can transform one’s life unbelievably
- 4) It can make people remember that this was the buzzword which saved them from getting into frustration.
- 5) It can change the other people around where environment becomes so magnetic that life starts seeming very magical and hopeful
- 6) It can keep innovation in a progressive mode constantly
- 7) It develops one’s futuristic view with a purpose
- 8) It keeps aims, goals and dreams intact for achieving excellence
- 9) It keeps on filling up smaller gaps with ease where problems have probable aims to get solution
- 10) It keeps humanity intact with assertive approach
- 11) It keeps competitive attitude and comparison very healthy since it can focus only positive side of everyone
- 12) It helps us spending the process of life with rational outlook and at every stage it is a pinch that one can have not to get distracted from the focused aim to attain

### **3. Discussion**

Covid-19 pandemic got erupted and it collapsed the mobility of the whole global but the author thinks that those who had their aesthetical approach in place must have spent the transitioning phase with encouraging mode!

Aesthetics as a transcendental word, nothing can beat this occurrence which has to be of recurring nature! Every living or non-living being has this inherent right which they are entitled for!

While this earth was getting evolved, the author thinks that atoms and molecules threw one solid element out and that was the one getting identified as something like extraction of gold which can remain with people as eternal and, i.e., Aesthetics!

In Indian Scriptures, Hon. Adi Shankaracharya wrote a beautiful formation of verses “Saundarya

Lahari” which is an ecstatic form of cosmic creation by him. When you chant it; the aesthetic of every verse has been endearing! Likewise the author thinks, this word has an ability to do wonders in anyone’s life!

While writing this, the author just saw a flower in front of him which is getting withered and may be tomorrow it will where it can reach its wasteful state but looking at it at this stage, his imagination was so powerful that he enjoyed each and every single aesthetical part of the same and the fragrance of the same made him realize of one fact and, i.e., “Oh the word Aesthetic, you are an integral and important occurrence of my life! Do not get lost in a foggy atmosphere or smoky environment where it will be difficult to find you and which will forget to oscillate like a mindful pendulum reminding lively facts of living where leading life will be like ruling the kingdom of own naturally and with respect!”

Is the author getting wooed by the word, “Aesthetics”? “Oh Universal Energy, flow like an unstoppable miracle to activate minds of all those poets who will keep on rhyming and spreading the completeness of the word ”Aesthetics!” Readers can you sense the vibrations of his own????...Revolution happening with this word, Aesthetics!!! ☺ To conclude with...do you find something aesthetical in his smile or your smile? An Aesthetical Salute to everyone!

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