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Stability of β -lactam antibiotics in bacterial growth media

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Abstract

Laboratory assays such as MIC tests assume that antibiotic molecules are stable in the chosen growth medium - but rapid degradation has been observed for antibiotics including β -lactams under some conditions in aqueous solution. Degradation rates in bacterial growth medium are less well known. Here, we develop a 'delay time bioassay' that provides a simple way to estimate antibiotic stability in bacterial growth media, using only a plate reader and without the need to measure the antibiotic concentration directly. We use the bioassay to measure degradation half-lives of the β -lactam antibiotics mecillinam, aztreonam and cefotaxime in widely-used bacterial growth media based on MOPS and Luria-Bertani (LB) broth. We find that mecillinam degradation can occur rapidly, with a half-life as short as 2 hours in MOPS medium at 37°C and pH 7.4, and 4-5 hours in LB, but that adjusting the pH and temperature can increase its stability to a half-life around 6 hours without excessively perturbing growth. Aztreonam and cefotaxime were found to have half-lives longer than 6 hours in MOPS medium at 37° C and pH 7.4, but still shorter than the timescale of a typical minimum inhibitory concentration (MIC) assay. Taken together, our results suggest that care is needed in interpreting MIC tests and other laboratory growth assays for β -lactam antibiotics, since there may be significant degradation of the antibiotic during the assay.

Introduction

Antibiotic efficacy is usually quantified by the minimal inhibitory concentration (MIC), or the concentration of antibiotic needed to prevent bacterial growth over 24 hours in a standard laboratory growth medium [1]; the MIC value plays a central role in diagnostic and therapeutic decision-making. When performing an MIC assay, one assumes that the antibiotic does not degrade over the timescale of the assay. Antibiotic stability is also assumed in a host of other bacterial growth assays that are used to determine antibiotic mechanism of action [2–5], interactions between antibiotics [6–9], and evolution of antibiotic resistance [10–14].

Antibiotic degradation in aqueous solution has been extensively studied in the chemical literature [15–19], and it is well-known that, under some conditions, antibiotics can degrade on timescales much shorter than a typical bacterial growth assay. There has been little work, however, on how quickly antibiotics degrade in standard laboratory growth media, such as those used for MIC assays. Here, we develop a 'delay-time bioassay', based on growth measurements in a plate reader, that allows simple estimation of the rate of antibiotic degradation in bacterial growth media. Importantly, our assay does not require direct measurement of the antibiotic concentration, making it easily usable in labs that are not set up for chemical analysis.

Bacterial growth media are chemically complex, since bacterial proliferation requires carbon, nitrogen, phosphorous, iron and a diverse array of micronutrients [20,21]. 20 "Undefined" growth media contain ingredients such as yeast extract, blood or beef 21 extract, whose detailed chemical composition is not known. Luria-Bertani (LB) medium, 22 which consists of water, tryptone, sodium chloride and yeast extract, is a widely-used 23 example. In contrast, "defined" growth media contain known quantities of defined 24 chemical ingredients, and are often pH-buffered, typically at pH 7.2 ± 0.2 . For example, 25 Neidhardt's rich defined medium [22] consists of a MOPS (3-(N-Morpholino)propane sulfonic acid) pH buffer supplemented with glucose, amino acids, nucleotides and 27 sources of sodium, potassium, chlorine, phosphorous, magnesium, iron, zinc, manganese, bromine, boron, copper, cobalt and molybdenum. It is reasonable to expect that 29 microbiological growth media might affect antibiotic degradation rates; for example, transition metals have been reported to accelerate degradation of β -lactam antibiotics 31

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[23], and Neidhardt's medium contains Fe^{2+} at 10 μ M, as well as Cu^{2+} at 10 nM, Mn^{2+} at 80 nM and Co^{2+} at 30 nM [22]. Although we are not aware of any quantitative measurements of degradation rates in bacterial growth media, several studies have commented on the phenomenon of 'regrowth', in which bacterial cultures show late-time growth in β -lactam-supplemented media after apparent early-time growth suppression [24–27]. This phenomenon could arise from either resistance evolution or degradation of the antibiotic.

Our focus here is on degradation rates for β -lactam antibiotics. β -lactams, which 39 inhibit bacterial cell-wall synthesis [28–30], account for the majority of global antibiotic 40 consumption [31]. They are characterised by a β -lactam ring in their molecular 41 structures (Fig 1); clinically relevant classes of β -lactams include penicillin derivatives, 42 cephalosporins, monobactams and carbapenems. The degradation of β -lactam 43 antibiotics in aqueous solution is known to be strongly pH-dependent [32]; β -lactams are degraded via different pathways under acidic versus basic conditions, typically 45 having a U-shaped profile for degradation rate as a function of pH, with maximal stability around pH 4-5 for α -amino β -lactams (e.g. amoxicillin and ampicillin) and 17 around pH 6-7 for β -lactams without a side-chain amino group [33]. As noted above, the degradation rate can also be very sensitive to the presence of transition metal ions 49 [23, 32, 33].50

Our study focuses on three β -lactams: mecillinam, aztreonam and cefotaxime (Fig 1) 51 which have previously been shown to have stability maxima at pH 4-6 [34–36]. 52 Mecillinam (also known as amdinocillin or FL1060) is an amidinopenicillin that binds 53 selectively to the PBP2 transpeptidase, inhibiting peptidoglycan synthesis during the 54 elongation phase of bacterial growth. Mecillinam is active against Gram-negative bacteria, especially Enterobacteriaciae, and is mainly used to treat urinary tract infections. Mecillinam is somewhat peculiar among β -lactams since its side chain is 57 linked to the core part of the penicillin molecule (the 6-aminopenicillanic acid moiety) 58 via an amidine bond rather than the more usual amide bond (Fig 1A). Its degradation 59 has been shown to be highly pH-sensitive in aqueous solution, with a maximum half-life 60 at pH 5 (at 37°C) of around 200 hours [16]. Aztreonam (Fig 1B) is a synthetic 61 monobactam that targets peptidoglycan synthesis during cell division by binding to the 62 PBP3 component of the peptidoglycan-synthesizing divisome complex [37]. Aztreonam 63

is only active against Gram-negative bacteria. It has been found to be most stable at 64 approximately pH 5 in aqueous solution (at 35° C) [35], and to be more stable than other β -lactams in neutral or acidic conditions. The increased stability is possibly due 66 to reduced strain on the β -lactam ring as it is not attached to a secondary ring (Fig 1B) 67 [35]. Cefotaxime (Fig 1C) is a third-generation cephalosporin β -lactam that targets 68 multiple components of the peptidoglycan synthesis machinery, but with a high affinity 69 for the PBP3 transpeptidase and the bifunctional TPase/TGase PBP1b [38], which are 70 involved in cell division [37]. Cefotaxime is active against a wide range of bacterial 71 species [39] and is used to treat meningitis and septicaemia [40]. The rate of 72 degradation of cefotaxime has been found to be strongly affected by solvolytic, hydrogen 73 ion and hydroxide ion catalysis, with maximum stability at pH 4.5 - 6.5 (at 25° C) in 74 aqueous solution [36]. 75

Fig 1. Chemical structures of mecillinam, aztreonam and cefotaxime A: Mecillinam has a characteristic penicillin structure with a fused beta-lactam-thiazolidine two-ring system [39] and an amidine link to the side chain. B: Aztreonam has a monobactam structure with no secondary ring attached to the β -lactam ring, and with an N-SO₃H side-chain [35]. C: Cefotaxime has a characteristic cephalosporin structure with a fused β -lactam- Δ^3 -dihydrothiazine two-ring system [39]. All structures were drawn using the chemfig Latex package.

In this paper, we present the delay-time bioassay and use it to measure degradation times for mecillinam, aztreonam and cefotaxime in MOPS-based media, and for mecillinam in LB. We find that mecillinam is rather unstable in these media, while aztreonam and cefotaxime are more stable, but with half-lives that are still much shorter than the timescale of a typical MIC assay. We also show that changes in pH and temperature can be used to enhance the stability of mecillinam without excessively compromising bacterial growth.

Results

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Growth assays under standard conditions show regrowth

Bacteria exposed to β -lactam antibiotics can sometimes show "regrowth": bacterial growth is initially suppressed by the antibiotic, but at late times the culture starts to grow, eventually reaching a significant cell density [24–27]. Regrowth could be due to

degradation of the antibiotic or to the emergence of resistance in the bacterial 88 population. We observed consistent regrowth in plate reader growth assays for E. coli 89 (strain RJA002, an isogenic fluorescent derivative of MG1655; see Methods) in the 90 presence of mecillinam, aztreonam and cefotaxime (Fig 2 and S3 Fig; see also Methods). 91 After a long period of growth inhibition, the bacterial population started to grow at late 92 times, reaching a significant density by the end of our 24 hour experiments (Fig 2). The 93 length of time before regrowth happened generally increased with the antibiotic 94 concentration (Fig 2). Regrowth was observed on LB medium (S3 Fig C), on MOPS rich defined medium with glucose (MOPSgluRDM; see Methods), and on other 96 MOPS-based media supplemented with glucose or glycerol, in the presence or absence of 97 amino acids and nucleotides (Fig 2 and S3 Fig D-F). 08

Fig 2. Typical growth curves in the presence of β -lactam antibiotics. Growth curves, measured in the plate reader, for *E. coli* strain RJA002 (see Methods) in MOPSgluRDM, in the presence of A: mecillinam, B: cefotaxime and C: aztreonam. The legends show the antibiotic concentration, in units of μ g/ml. Growth curves are averaged over two replicates. The standard deviation between the replicates is represented by the shaded area around the lines.

A delay-time assay shows rapid degradation of mecillinam in MOPSgluRDM

Motivated by our observations of regrowth in bacterial growth assays, we designed a 101 "delay time bioassay" to measure antibiotic degradation in bacterial growth media. This 102 assay uses a 96-well microplate setup in which replicate wells containing antibiotic are 103 inoculated with bacteria at different times after the start of the experiment. The setup 104 is shown in detail in Fig 3; antibiotic dilutions are set up identically in replicate 105 columns, but different columns are inoculated with E. coli at different times (see 106 Methods for further details). Bacterial growth is monitored throughout the experiment 107 via OD measurements in a plate reader. If the antibiotic is not degraded, then we would 108 expect to see identical sets of growth curves in replicate columns, simply shifted by the 109 inoculation time. However, if the antibiotic is degraded, we expect to observe different 110 growth curves depending on the inoculation time (since the effective concentration of 111 antibiotic at the time of inoculation will be lower for later inoculations). Fig 4 (a) shows 112 that the latter scenario is indeed observed, for E. coli growing in MOPSgluRDM with 113

mecillinam. Here, the dashed lines correspond to wells inoculated 2 hours later than the	11
solid lines, while the colours indicate antibiotic concentration. For example, a	11!
comparison between the orange dashed and solid lines shows that growth at the initial	11
concentration of 0.094 $\mu {\rm g}/{\rm ml}$ mecillinam is considerably enhanced for the later	11
inoculation.	11

Fig 3. Plate setup for the delay-time bioassay.

The entire plate is filled with media + antibiotics at the start of the experiment, with dilution series down the columns as indicated by the shading. The wells shown in yellow are media-only controls. The blue set of replicate columns are inoculated with bacteria immediately, and the plate is then incubated in a plate reader with OD measurement. The green set of columns are inoculated 2 hours later, the pink set of columns a further 2 hours later, etc. If the antibiotic has degraded between inoculations, this will be reflected in a change in the shape of the measured growth curves for later inoculations.

Fig 4. Degradation half-life of mecillinam is approximately 2 hours in MOPSgluRDM at pH 7.4, 37° C.

A: Bioassay measurements: growth curves for E. coli strain RJA002 in MOPSgluRDM at pH 7.4, 37°C, for cultures inoculated at time zero (solid lines) and after a delay period of 2 hours (dashed lines). The different colours correspond to different (initial) concentrations of mecillinam, as displayed in the legend, in $\mu g/ml$. Only a selection of the concentrations used are displayed to improve the clarity of the plot. B: Bioassay analysis - the time T at which the growth curves reach a threshold OD of 0.75 is plotted as a function of the initial antibiotic concentration. The black data correspond to inoculation at time zero; the blue data to inoculation after a 2 hour delay. The red line shows the black data, shifted by one unit on the \log_2 scale; since the blue data falls onto the red line, the degradation half-life is approximately 2 hours. In both panels A and B, the data is averaged over two replicates and the shaded areas represent the standard deviation. C,D: Raman spectroscopy confirms rapid degradation of mecillinam in MOPSgluRDM. C: Raman spectra for the region between 1000 and 1400 wavenumbers, recorded at times 0 to 52 hours (time in hours indicated by colour as shown in the legend). Successive curves are shifted upwards for clarity. D: Relative peak height at 1278 cm^{-1} as a function of time is fit to an exponential decay, which gives a half-life of 1.3 ± 0.4 hours. The peak height at 1278 cm⁻¹ was measured relative to the background spectrum (see Methods).

The delay-time bioassay can be used to estimate the degradation half-life of the 119 antibiotic in the chosen growth medium. For a culture that is inoculated at time t_{ic} , the 120 effective antibiotic concentration at the inoculation time will be 121 $a_{eff} = a_0 \exp\left(-\ln 2 \times t_{ic}/t_d\right)$ where a_0 is the antibiotic concentration supplied at the 122 start of the experiment and t_d is the degradation half-life of the antibiotic. We therefore 123 expect the measured growth curve in that well to match the growth curve measured for 124 a well containing concentration a_{eff} , inoculated at time zero. Specifically, for a well set 125 up with a given antibiotic concentration and inoculated at a time that equals the 126 degradation half-life, $t_{ic} = t_d$, the measured growth curve should match that of a well that was set up with half the concentration, but inoculated at time zero.

To simplify our analysis, we chose to characterise the growth curves by a single 129 number: the time T after inoculation at which the OD reaches a threshold value OD_t 130 (here taken to be $OD_t = 0.75$). Because the antibiotic inhibits growth, the threshold OD 131 value is reached later for higher antibiotic concentrations. Thus the value of T increases 132 with the effective antibiotic concentration. Plotting T versus the logarithm of the 133 antibiotic concentration (for a fixed inoculation time), we obtain an increasing curve 134 (Fig 4 B; black curve is for inoculation at time zero). Repeating this plot for a later 135 inoculation time, we observe a shift of the entire curve to the right, because the effective 136 antibiotic concentration has decreased during the inoculation delay (Fig 4 B; blue curve 137 is for inoculation at time $t_{ic} = 2$ hours). If the antibiotic concentration axis is plotted 138 on a \log_2 axis, then an inoculation time equal to the degradation half-life $(t_{ic} = t_d)$ 139 results in a shift of the curve by one unit along the concentration axis. In Fig 4 B, the 140 red curve shows the black data shifted by one unit; if the blue curve matches the red 141 curve, the inoculation time equals the degradation half-life. For mecillinam in 142 MOPSgluRDM at pH 7.4 and 37° C this is the case for an inoculation time of 2 hours 143 (Fig 4 B); therefore the degradation half-life is approximately 2 hours. 144

Raman spectroscopy confirms rapid degradation of mecillinam in MOPSgluRDM

The rapid degradation which we inferred from our delay time bioassay was confirmed by 147 direct measurement of mecillinam degradation using Raman spectroscopy. Raman 148 spectra were measured for samples of mecillinam (at 3 mg/ml) in MOPSgluRDM, and 149 for MOPSgluRDM alone, over a period of 60 hours (see Methods). Fig 4C shows part of 150 the resulting difference spectra (shifted vertically for clarity). A peak at 1278 cm⁻¹, 151 which is believed to arise from the amidine link in the mecillinam molecule (see Fig 1 152 and Methods), clearly disappears over time. This is consistent with evidence that the 153 primary degradation pathway for mecillinam is via hydrolysis of the amidine bond [16]. 154 Fitting an exponential decay function to the peak height (relative to the background 155 spectrum) at 1278 cm⁻¹ as a function of time gives a half-life of 1.3 ± 0.4 hours 156

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(Fig 4D), consistent with our result from the delay time bioassay.

Adjusting pH and temperature can increase mecillinam stability 158

To perform growth assays in the presence of mecillinam, one would like to find 159 conditions under which mecillinam is more stable, while the bacterial growth rate is 160 perturbed as little as possible. While low pH is known to increase the stability of 161 mecillinam in aqueous solution [16], E. coli grows well only in the range pH 6.0 to 162 7.5 [41], and MOPS acts as a pH buffer only in the range pH 6.2 to 8.0 [22]. Therefore 163 we repeated our delay-time bioassay in MOPSgluRDM medium at the lower pH of 6.5. 164 This led to an increase in the half-life of mecillinam, to approximately 4 hours as 165 measured with the delay-time bioassay (S4 Fig A), which was confirmed by Raman 166 spectroscopy (S4 Fig D,E). Since this is still rather short on the timescale of a typical 167 bacterial growth experiment, we sought to further optimise the conditions by decreasing 168 the temperature. Therefore we repeated the delay time assay at 34°C, for pH 7.4 and 169 pH 6.5. While a decrease in temperature to 34°C on its own did not significantly 170 increase mecillinam stability (S4 Fig B), combining the temperature decrease with a pH 171 of 6.5 led to a mecillinam half-life of more than six hours (S4 Fig C), while still 172 maintaining an acceptable bacterial growth rate (Table 1). Further decreasing the 173 temperature to 30°C resulted in a significantly lower bacterial growth rate (Table 1). 174

Table 1. Bacterial growth rates and antibiotic half-lives in MOPSgluRDM at varying temperature and pH Growth rates were measured by applying a linear fit to the log of the optical density (the number of replicates used is indicated in the brackets). The antibiotic half-lives measured with the delay-time bioassay are also listed, for mecillinam (Mec.), cefotaxime (Ctx.) and aztreonam (Azt.).

T (°C)	pH	Growth rate (/h)	MEC half-life (h)	CTX half-life (h)	AZT half-life (h)
37	7.4	$1.6 \pm 0.4 \ (3)$	~ 2	> 6	> 6
37	6.5	$1.2 \pm 0.1 \ (10)$	~ 4		
30	7.4	0.97 ± 0.05 (4)			
34	7.4	1.3 ± 0.1 (3)	≥ 2		
34	6.5	1.4 ± 0.2 (7)	> 6		
37	7.0 (LB)	$1.5 \pm 0.2 \ (4)$	4 - 6		

Mecillinam is somewhat more stable in LB medium than in MOPS

Luria-Bertani (LB) medium is an undefined growth medium that is widely used for 177 bacterial growth experiments. We used the delay-time bioassay to determine the 178 stability of mecillinam in LB medium at 37°C. The pH of the medium was measured to 179 be 7.0 at the start of the experiment (although since LB does not contain a pH buffer 180 we expect the pH to decrease during the experiment due to bacterial growth). Our 181 results show that mecillinam has a half-life of 4-6 hours in LB at 37° C (S5 Fig). The 182 fact that mecillinam appears to be more stable in LB than in our MOPSgluRDM 183 experiments at pH 7.4 may arise from the somewhat lower pH of the LB medium [16]; 184 another significant factor might be a lower concentration of transition metal ions, which 185 have been found to destabilise β -lactams [32, 33]. 186

Aztreonam and cefotaxime have longer half-lives than mecillinam in MOPSgluRDM

To demonstrate the generality of the delay time assay, we used it to estimate ¹³⁹ degradation rates of two other β -lactam antibiotics in MOPSgluRDM at pH 7.4 and ¹³⁰ 37°C. Aztreonam is a monobactam that selectively targets the division transpeptidase ¹³¹ PBP3 [42], while cefotaxime is a third-generation cephalosporin that targets multiple ¹³² components of the cell division machinery [38]. Both these antibiotics have qualitatively ¹³³ similar effects on the growth dynamics of *E. coli*, with a concentration-dependent period ¹³⁴ of growth inhibition, followed by regrowth of the bacterial population (Fig 5A). ¹³⁵

For aztreonam, the delay time assay showed degradation over the course of the ¹⁹⁶ experiment, but with a half-life greater than six hours (Fig 5B). This is consistent with ¹⁹⁷ previous suggestions that monobactams are more stable than other β -lactams (except ¹⁹⁸ under alkaline conditions), possibly because of reduced strain on the β -lactam ring due ¹⁹⁹ to the absence of a secondary ring (Fig 1) [35]. ²⁰⁰

For cefotaxime, the characteristic shape of the antibiotic-inhibited growth curve (i.e. ²⁰¹ a period of inhibition followed by regrowth) was only observed within a rather narrow ²⁰² concentration range (0.016 to 0.125μ g/ml). For smaller concentrations of cefotaxime, ²⁰³ growth was not inhibited, while for larger concentrations, growth was completely ²⁰⁴

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Fig 5. Aztreonam and cefotaxime have half-lives longer than 6 hours in MOPSgluRDM at pH 7.4 and 37°C.

A,B: Delay-time bioassay for aztreonam. A: Time-shifted growth curves. Solid lines show results for immediate inoculation; dashed lines are for inoculation with a 4 hour delay. The aztreonam concentrations are listed in the legend with units of $\mu g/ml$. B: Analysis (plots of time to reach OD threshold of 0.75). The red curve shows the black curve (immediate inoculation) shifted by $1 \log_2$ unit. The blue curve corresponds to inoculation after a 2 hour delay, the green curve a 4 hour delay and the teal curve a 6 hour delay. Since the curves for delayed inoculation of 4h and 6h (green and teal curves) do not reach the red curve, the half-life is longer than 6 hours. C,D: Delay-time bioassay for cefotaxime. C: Time-shifted growth curves. Solid lines show results for immediate inoculation; dashed lines are for inoculation with a 2 hour delay. The cefotaxime concentrations are listed in the legend with units of $\mu g/ml$. D: Analysis (plots of time to reach OD threshold of 0.75). The red curve shows the black curve (immediate inoculation) shifted by $1 \log_2$ unit. The blue curve corresponds to inoculation after a 2 hour delay, the green curve a 4 hour delay and the teal curve a 6 hour delay. Since the curves for delayed inoculation of 4h and 6h (green and teal curves) do not reach the red curve, the half-life is longer than 6 hours.

inhibited (no regrowth was observed) (S6 Fig). Because the delay time bioassay relies on matching the shapes of growth curves for different antibiotic concentrations, the analysis could only be performed within this rather narrow concentration range where the growth curves were qualitatively similar (Fig 5C). Nevertheless, our analysis showed clearly that, although cefotaxime does degrade during our experiment, its degradation half-life is longer than 6 hours (Fig 5D - the curve for the 6 hour inoculation delay lies to the left of the zero-delay curve shifted by one log₂ unit).

Discussion

Microbiological growth assays, such as the MIC assay, play a central role in the 213 diagnosis and treatment of bacterial infections. These assays usually assume that the 214 antibiotic in question is stable over the timescale of the assay, typically 24 hours. Our 215 results call this assumption into question, since we find that the β -lactam antibiotics 216 tested here (mecillinam, aztreonam and cefotaxime) degrade on faster timescales than 217 24 hours in widely used bacterial growth media, with mecillinam being especially prone 218 to rapid degradation, although its stability can be somewhat enhanced by adjusting the 219 pH and temperature. Therefore our work suggests that care is needed in interpreting 220 MIC tests and other laboratory growth assays for β -lactam antibiotics, since there may 221 be significant degradation of the antibiotic during the assay. While rapid degradation of 222

 β -lactams in aqueous solution has been widely reported in the chemical literature, we believe that our study is the first to report this in standard microbiological growth media.

The delay-time bioassay which we develop here is easy to implement in a 226 microbiological lab, requiring only a 96-well plate reader capable of shaking incubation 227 and optical density measurement. The underlying principle of the assay is very simple: 228 replicate wells containing antibiotic plus media are incubated in the plate reader for 229 different amounts of time prior to inoculation, and the shape of the resulting bacterial 230 growth curve is used to infer the effective concentration of the antibiotic in a given well 231 at the time of inoculation. To simplify our analysis, we defined a threshold optical 232 density and plotted the time taken to reach this threshold versus the logarithm of the 233 (initial) antibiotic concentration: this provides a simple way to extract the degradation 234 half-life. This analysis works for the three β -lactam antibiotics which we studied here, 235 because of the 'regrowth' phenomenon: bacterial populations typically eventually reach 236 a high density in these antibiotics, after an initial period of growth suppression that 237 depends on the antibiotic concentration. For cefotaxime, where this characteristic 238 growth curve was only observed within a narrow concentration range, the analysis was 239 somewhat more challenging but the method nevertheless allowed us to place a lower 240 bound on the degradation time. 241

For other classes of antibiotic, we would expect different characteristic forms for the 242 growth curves, potentially making the definition of a threshold optical density more 243 difficult. However, the general principle of matching growth curves for later inoculation 244 times with those of reduced initial antibiotic concentrations still holds. Our assay also 245 relies on the principle that replicate growth curves are expected to be very similar. This 246 is the case for the β -lactame that we study here (Figs 4, 5) but variability between 247 replicate growth curves might be an issue for some other antibiotics, at concentrations 248 close to the MIC. In this case one might need to perform averages over larger numbers 249 of replicates, inoculated at the same time. 250

The three antibiotics studied here, mecillinam, aztreonam and cefotaxime, represent 251 different β -lactam sub-classes and show differing stability, with mecillinam being 252 particularly unstable. However, we find that all of them degrade over timescales that 253 are significantly shorter than a typical bacterial growth assay, suggesting that MIC and 254

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other assays should be interpreted carefully. In particular, our results suggest that the 255 characteristic form of bacterial growth curves in the presence of β -lactams, in which 256 initial growth suppression is followed by concentration-dependent "regrowth", may occur 257 because, over time, the antibiotic degrades below a threshold concentration, allowing 258 surviving (antibiotic-sensitive) cells to proliferate. In this simplified picture, whether or 259 not growth is observed in a MIC assay would depend on whether the assay duration was 260 long enough for the concentration to decay below the growth threshold. Our results hint, 261 then, that apparent MIC values measured for β -lactams may reflect some convolution of 262 the study design (duration of assay vs degradation time) with the physiological response 263 of the bacteria to the antibiotic. Since the antibiotic dosage regimen in a clinical 264 scenario may be quite different to that in a microbiological assay (e.g. antibiotic may be 265 administered continuously through an IV line), our results suggest that care is needed in 266 translating the results of MIC assays for β -lactams into clinical scenarios. 267

While our study focused on standard microbiological growth media (MOPS-based 268 media and LB), it would also be interesting to measure antibiotic stability in media that 269 are more typical of infections, such as urine or tissue culture medium. Recent work 270 suggests that antibiotic susceptibility can be significantly altered in tissue culture 271 medium compared to standard bacterial growth media [43]; it would be interesting to 272 know if the same is true for antibiotic degradation. If β -lactam degradation is indeed 273 rapid under conditions that are realistic of clinical infections, this could be a significant 274 factor in determining antibiotic dosage protocols. 275

Materials and methods

Antibiotics

Antibiotic stock solutions were as follows: mecillinam (Sigma-Aldrich), 3 mg/ml in sterile water; cefotaxime (Fisher-Scientific), 10 mg/ml in sterile water; aztreonam (Cambridge Bioscience), 25 mg/ml in DMSO. Antibiotic solutions prepared by dilution of the stock solutions in water were filter sterilised using 0.22 μ m membrane filters (MillexGP).

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Bacterial strains

MIC (minimum inhibitory concentration) assays to determine the antibiotic 284 concentrations of interest were performed using Escherichia coli strain MG1655. 285 Bioassay measurements were performed using E. coli strain RJA002 [44], which is a 286 derivative of MG1655 carrying a chromosomal yellow fluorescent protein 287 (YFP)/chloramphenicol resistance reporter. The reporter is under the control of the 288 constitutive λP_R promoter, and was made by P1 transduction from strain MRR of Elowitz et al. [45]. Growth curves for RJA002 in the presence of the relevant β -lactam 290 antibiotics were found to be indistinguishable from those obtained for the wild-type 291 MG1655 strain (see supplementary material S3 Fig A and B). 292

Microbiological growth media

Luria-Bertani (LB) medium was made in-house using components purchased from 294 Fisher-Scientific, and its pH was 7.0. MOPS rich defined medium with glucose (referred 295 to here as MOPSgluRDM) is a version of Neidhardt's MOPS defined medium 296 supplemented with nucleotides, amino acids and vitamins [22]. It was prepared in-house 297 following the protocol developed by the E. coli Genome Project (University of 298 Wisconsin) [46] to make EZ Rich Defined Medium (RDM). In this protocol, EZ RDM is 299 assembled from four components (10x MOPS base medium, $0.132M K_2 HPO_4$, 10x 300 ACGU (containing nucleotides) and 5x EZ supplement (containing amino acids and 301 vitamins) - for details see below). Each component was made, sterilised and stored as 302 single use aliquots. The complete medium was assembled just prior to use. Carbon 303 source was also added at this stage. The in-house MOPS media was compared with 304 commercially available MOPS media (Teknova), and found to support the same growth 305 dynamics and doubling times for E. coli MG1655 in MOPSgluRDM (doubling time 306 34 ± 1 minutes) as well as in MOPSgluMIN (MOPS media without added amino acids, 307 nucleotides or vitamins; doubling time 103 ± 2 minutes) (S1 Fig). 308

The MOPS base medium consisted of: MOPS buffer (40mM, pH 7.4 with KOH), 309 4mM Tricine (source of iron), 10μ M iron sulphate, 9.5mM ammonium chloride, 310 0.276mM potassium sulphate, 0.5μ M calcium chloride, 0.525mM magnesium chloride, 311 50mM sodium chloride, 29nM ammonium molybdate, 4μ M boric acid, 0.3μ M cobalt 312

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chloride, 96nM copper sulphate, 0.812μ M manganese chloride, 98nM zinc sulphate, 313 1.32mM dipotassium phosphate, sterile H2O and K₂HPO₄. The resulting MOPS growth 314 medium has a buffering capacity from pH 6.2 to 8.0 [22] and was supplemented with 315 glucose to a final w/v of 2%. The EZ supplement consists of the following amino acids 316 (concentrations listed are those in the complete MOPSgluRDM media): 0.8mM alanine, 317 5.2mM arginine, 0.4mM asparagine, 0.4mM aspartic acid, 0.1mM cysteine, 0.6mM 318 glutamic acid, 0.6mM glutamine, 0.8mM glycine, 0.2mM histidine, 0.4mM isoleucine, 319 0.8mM leucine, 0.04mM lysine, 0.2mM methionine, 0.4mM phenylalanine, 0.4mM 320 proline, 10mM serine, 0.4mM threenine, 0.1mM tryptophan, 2mM tyrosine, 0.6mM 321 value. Vitamins are added to the EZ supplement: namely thiamine HCL, calcium 322 pantothenate, p-aminobenzoic acid, p-hydroxybenzoic acid, and 2,3 –dihydroxybenzoic 323 acid each at a final concentration of $10\mu M$. The ACGU supplement consists of 0.2mM324 adenine, 0.2mM cytosine, 0.2mM uracil, 0.2mM guanine. 325

In this work, where needed, MOPSgluRDM was adjusted to pH 6.5 by gradually adding 1M HCl. The final volume of 1M HCl added was 2-3% of the total volume.

Raman spectroscopy

Raman spectra were measured for samples of mecillinam in MOPSgluRDM at pH 7.4 or 329 6.5, at a concentration of 3 mg/ml. Measurements were taken at various timepoints over 330 several days. One to two independent spectra were obtained at each timepoint. Spectra 331 were also measured for samples of MOPSgluRDM only; these were obtained as averages 332 of three independent measurements. The Raman spectra were obtained using a high 333 contrast Coderg triple spectrometer set at a resolution between five and six 334 wavenumbers across the recorded spectral region. The excitation source was an argon 335 ion laser operating at 488 nm with plasma lines removed by a prism spectrometer to 336 produce approximately 1W pure laser light though the cell. The sample cuvette was 337 fitted into a copper block with 4 holes at right angles to let the beam through and allow 338 right-angle Raman collection (S2 Fig). The copper block was temperature controlled to 339 better than 0.1°C with a Eurotherm controller in P.I.D. mode and maintained at 37°C. 340 To reduce the time taken per scan, allowing better time resolution, spectra were 341 recorded only in the range $0-1800 \text{ cm}^{-1}$. Following data acquisition, difference spectra 342

were obtained by subtracting the (averaged) MOPSgluRDM spectra for a given 343 timepoint from those of the mecillinam-MOPSgluRDM samples at the same timepoint, 344 using Origin software. The resulting difference spectra were then cross-referenced with 345 the standard mecillinam spectrum available in Biorad's KnowItAll software. Using peak 346 height relative to the background signal (10-20 wavennumbers away from the peak), 347 peaks were identified which showed clear decay over time. These peaks were assigned 348 using Biorad's KnowItAll software, combined with a literature survey [47–55]. One peak 349 of interest was determined (see Fig 4C): 1278 cm^{-1} (thought to be due to twisting of 350 C-N-C [47], or twisting of the CH₂ group [55])). The peak at 1278 cm⁻¹ was identified 351 as important as a Biorad's KnowItAll database search of possible mecillinam 352 degradation products (e.g. penicilloic acid [16]) demonstrated that these degradation 353 products generally are not expected to have a peak at 1278 cm^{-1} . In summary this 354 peak is thought to be linked to the amidine bond found in mecillinam (Fig 1 A). The 355 background signal used for the 1278 cm^{-1} peak was the average signal from 1261 -356 1266 cm^{-1} . 357

Plate reader growth

Bacterial growth measurements were performed in a Fluostar Optima plate reader, with 359 double orbital shaking at 600rpm, using Greiner flat-bottomed 96-well plates. Lids were 360 used to reduce evaporation over the course of long experiments. The lids were taped 361 onto the plate using small strips of autoclave tape on each side, allowing air to flow while 362 preventing the production of plastic dust which occurs for shaken plates with unsecured 363 lids. The optical density (OD) of each well in the plate was measured approximately 364 every five minutes. The optical density data from the plate reader was analysed using 365 custom Python code to determine growth rates and averages across replicates. A typical 366 plate setup is shown in Fig 3. Growth rates were extracted from plots of the natural log 367 of the optical density. A linear fit over a window of 10 datapoints (or 20 for very slow growth) was used. This window was moved along the $\log(OD)$ curve one datapoint at a 369 time, with a linear fit determined at each step i.e. a gradient and residual was found for 370 each window. The best-fit maximal growth rate is taken as the highest gradient with 371 the lowest residual. This is necessary as a low gradient with a good linear fit (low 372

residual) is likely to be from the stationary phase portion of the growth curve

MIC assays

Minimum inhibitory concentrations (MIC) were measured via a micro-dilution 375 protocol [56] using a Fluostar Optima plate reader in LB medium. For each antibiotic, 376 the concentration range used in the MIC assay was determined from the MIC database 377 on the EUCAST (European Committee on Antimicrobial Susceptibility Testing) website 378 (Table 2). Each MIC assay was performed in duplicate columns of a 96-well plate, with 379 each well containing 190 μ l of antibiotic-supplemented growth media. Within each 380 column, the top row contained the highest concentration of antibiotic (generally four 381 times the EUCAST MIC value), and the antibiotic concentration was diluted 2-fold 382 down the column, with the bottom well containing no antibiotic. Each well was then 383 inoculated with 10 μ l of E. coli MG1655 that were growing exponentially at OD~0.2. 384 After inoculation the plate was incubated for 22-24 hours at at 37° C with orbital 385 shaking at 600 rpm (in the plate reader). The MIC was determined by visual inspection 386 of the turbidity of the wells after incubation: the MIC was taken to be the lowest 387 concentration that showed no turbidity in either of the duplicate wells [56]. If the 388 antibiotic concentration range obtained using the EUCAST database did not result in 389 an MIC value (i.e. if all wells showed growth), then the concentration range was shifted 390 and the assay repeated until an MIC value was obtained. In each plate, at least one 391 column contained only growth medium as a control for contamination. The MICs 392 measured in this work are also listed in Table 2, and were generally slightly higher than 393 those reported in the EUCAST database. This could be due to differences in 394 measurement protocol e.g. inoculation size used (we note that EUCAST MIC data are 395 aggregated from various sources which may use slightly different protocols). 396

Table	2.	MIC	values	for	the	antibiotics	used	\mathbf{in}	this	work
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Antibiotic	EUCAST MIC range (μ g/ml)	MIC as measured in this work (μ g/ml)
Cefotaxime	0.016-0.25	0.25
Mecillinam	0.064-1	1.5
Aztreonam	0.03-0.25	0.5

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Delay-time bioassay

The delay-time bioassay measures antibiotic degradation rates by sequential bacterial 398 inoculation of identically-prepared wells in a 96-well microplate, at regular time intervals. 399 It is an adaptation of the MIC protocol that takes advantage of the fact that if an 400 antibiotic is degrading over time we should observe a change in the growth dynamics 401 between sequential inoculations. For example, if an antibiotic has a degradation half-life 402 of two hours, and a bacterial inoculum is added two hours after the plate is filled with 403 antibiotic, at what was initially a concentration of X $\mu g/ml$, the culture should exhibit 404 the growth dynamics normally associated with a concentration of X/2 μ g/ml. 405

In the delay-time bioassay, a 96-well plate is set up as in Fig 3: 6 columns of the 406 plate are filled with 190 μ l of antibiotic-supplemented growth medium per well. Within 407 each column, the antibiotic concentration is diluted 2-fold in successive rows, and the 408 bottom row contains no antibiotic. The starting concentration is set at four times the 409 measured MIC (Table 2), therefore the third row is at the MIC. At least one additional 410 column contains growth medium only, as a control for contamination. At the start of 411 the experiment, the first 2 columns are inoculated with $10\mu l$ of a "starter" culture of 412 E. coli (strain RJA002), in the exponential phase of growth at $OD_{600} \sim 0.2$. Following 413 inoculation, the OD_{600} of the inoculated wells is ~0.01 and the final volume is 200 μ l. 414 The plate is then incubated in the plate reader at 37° C, with 600rpm double orbital 415 shaking, and OD measurements are performed at time intervals of ~ 5 min. At the same 416 time, the starter culture is diluted such that it is expected to again reach $OD \sim 0.2$ after 417 a period of 2 hours. After the plate and starter culture have been incubated for 2 hours, 418 the plate is removed from the plate reader, the next 2 columns are inoculated from the 419 starter culture, the starter culture is again diluted, and incubation (with plate reader 420 OD measurement) is continued. This process is repeated until all wells have been 421 inoculated. The plate is then incubated in the plate reader, with OD measurement, for 422 a further 16-18 hours. 423

Following data acquisition, a background subtraction is performed for each well, using the first OD reading (time zero) as a proxy for the background OD (note that the inoculum size is small enough to be below the plate reader's detection threshold). Background-subtracted OD measurements for replicate wells are then averaged, and

each set of data is time-shifted by its inoculation time, to produce a growth curve 428 starting from the time of inoculation. This results in a set of 6 growth curves, 429 corresponding to bacterial growth in medium that has been pre-incubated for 0, 2, 4, 6, 430 8 or 10 hours prior to inoculation (see Fig 4A). If the antibiotic does not degrade, these 431 curves would be identical; antibiotic degradation will cause the curves to shift with the 432 time of pre-incubation, since the antibiotic concentration experienced by the bacteria is 433 lower than the initially added concentration. 434

To quantify the extent of any shift in the growth curves, we define a threshold OD 435 value ($OD_t=0.75$ in this work), and measure the time T after inoculation at which this 436 threshold is reached. This time T increases with the antibiotic concentration, since the 437 antibiotic inhibits bacterial growth. (Fig 4B). We plot a curve of T versus 138 $\log_2(\text{antibiotic concentration})$, for each inoculation time. In this plot, degradation of the 439 antibiotic results in a change in the effective antibiotic concentration experienced by the 440 bacteria, and thus a shift to the right of the plot. The antibiotic half-life is the 441 inoculation delay required to shift the curve by one unit on the logarithmic 442 concentration axis (Fig 4B). 443

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Supporting information

- S1 Fig: Comparison of growth dynamics for in-house and Teknova MOPS media.
- S2 Fig: Raman spectroscopy set-up.
- S3 Fig: Growth curves showing regrowth for *E. coli* MG1655 and RJA002 in the presence of mecillinam or cefotaxime on various media.
- S4 Fig: Delay time assay and Raman spectra for mecillinam in MOPSgluRDM at shifted pH and temperature.
- $\bullet\,$ S5 Fig: Delay time bioassay results for mecillinam in LB at 37° C and pH 7.
- S6 Fig: Growth curves for cefotaxime in MOPS gluRDM at 37° C and pH 7.

S1 Fig. Comparison of growth dynamics for in-house and Teknova MOPS media. Plate reader growth curves for *E. coli* MG1655 in both MOPSgluMIN and MOPSgluRDM. OD refers to the optical density at 600 nm. The error bars represent the standard error of the mean between the 11 replicates for each condition.

S2 Fig. Raman spectroscopy set-up.

Diagram of the light path used to obtain the Raman spectra from a top-down perspective. The \otimes and \odot symbols represent the electric wave vector going into, and coming out of, the page, respectively. The sample is held in a cuvette within a copper block, with four holes, through which the scattered laser light can be collect (and amplified) perpendicular to the incident light. The copper block is also used to achieve temperature control of the sample.

S3 Fig. Growth curves showing regrowth for $E. \ coli$ MG1655 and RJA002 in the presence of mecillinam or cefotaxime on various media.

A, B: Identical population dynamics are observed for *E. coli* MG1655 (solid lines) and RJA002 (dashed lines). A: Population dynamics of MG1655 and RJA002 in LB with mecillinam. B: Population dynamics of MG1655 and RJA002 in MOPSgluRDM with cefotaxime. C: Regrowth is observed for *E. coli* RJA002 on LB growth medium at around 1000 minutes for mecillinam concentrations of 0.375μ g/ml up to 6μ g/ml. D: Regrowth is observed for *E. coli* MG1655 on MOPSgluCAA at around 400 minutes for mecillinam concentrations of 0.094μ g/ml- 0.375μ g/ml. E: Regrowth is observed for *E. coli* MG1655 on MOPSglycRDM (glyc signifies 20% w/v glycerol is used instead of glucose) after 600 minutes for mecillinam concentrations of 0.094μ g/ml- 0.75μ g/ml, F: Regrowth is observed for *E. coli* MG1655 on MOPSglycCAA after 800 minutes for mecillinam concentrations of 0.094μ g/ml- 0.375μ g/ml. In every panel the mecillinam concentrations displayed are listed in the legend with units of μ g/ml, and the shading represents the standard deviation between the averaged 2-4 replicates.

S4 Fig. Delay time assay and Raman spectra for mecillinam in MOPSgluRDM at shifted pH and temperature

A, B, C: Plots of time to reach OD threshold of 0.75. The red curve corresponds to the black curve (immediate inoculation) shifted by 1 \log_2 unit. The blue and green curves are for inoculations delayed by 2, 3, 4 or 6 hours. Shading around the lines is representative of the standard deviation between the two averaged replicates. A: MOPSgluRDM at 37° and pH 6.5. As the green curve (inoculation delayed by 4 hours) coincides with the red curve the half-life for mecillinam can be approximated at around 4 hours. B: MOPSgluRDM at 34°C and pH 7.4. As the blue curve coincides with the red curve the half-life for mecillinam is around 2 hours. C: MOPSgluRDM at 34° and pH 6.5. Neither the blue nor the green curve reaches the red curve, therefore the half life is greater than 6 hours. D, E: Raman spectroscopy confirms decreased degradation of mecillinam in MOPSgluRDM at 34°, pH 6.5. C: Raman spectra for the region between 1000 and 1400 wavenumbers, recorded at times 0 to 47 hours (time in hours indicated by colour as shown in the legend). Successive curves are shifted upwards for clarity. The peak of interest is highlighted by the vertical black line. E: The relative

peak height at 1278 cm⁻¹ as a function of time is fit to an exponential decay, which gives a half life of 7.8 ± 3.1 hours. The peak height at 1278 cm⁻¹ was measured relative to a stable portion of the Raman spectrum (1261 - 1266 cm⁻¹) to remove any variations due to changing background signals between timepoints.

S5 Fig. Delay time bioassay results for mecillinam in LB at 37° C and pH 7.

A: Bioassay measurements: growth curves for *E. coli* strain RJA002 in LB at pH 7.0, 37° C, for cultures inoculated at time zero (solid lines) and after a delay period of 2 hours (dashed lines). The different colours correspond to different (initial) concentrations of mecillinam, as displayed in the legend, in μ g/ml. B: Bioassay analysis - the time *T* at which the growth curves reach an OD of 0.75 is plotted as a function of the initial antibiotic concentration. The black data correspond to inoculation at time zero; the blue data to inoculation after a 2 hour delay; the green data to inoculation after a 4 hour delay; and the turquoise data to inoculation after a 6 hour delay. The red line shows the black data, shifted by one unit on the log₂ scale; since the green and turquoise data fall onto the red line, the degradation half-life is between 4 and 6 hours. In both panels A and B, the shaded areas represent the standard deviation between two replicates.

S6 Fig. Growth curves for cefotaxime in MOPSgluRDM at 37° C and pH 7.

Regrowth is only observed in a narrow cefotaxime concentration range between 0.031 and 0.125μ g/ml cefotaxime. Each curve is the average of 2-4 replicates and the shaded areas represent the standard deviation. The blue curve (0.25 μ g/ml Ctx.) shows complete inhibition of growth over time, while the orange curve (0.016 μ g/ml Ctx.) shows no inhibition.





Figure 3



Figure 4



Figure 5