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Complete List of Authors:	Liu, Ke-di; University of Cambridge, Department of Biochemistry Acharjee, Animesh; University of Cambridge, Biochemistry Hinz, Christine; Cambridge University, Liggi, Sonia; University of Cambridge, Department of Biochemistry and Cambridge Systems Biology Centre Murgia, Antonio; University of Cambridge, Department of Biochemistry Denes, Julia; University of Cambridge, Department of Biochemistry Gulston, Melanie; University of Cambridge, Department of Biochemistry Wang, Xinzhu; University of Cambridge, Biochemistry Chu, Yajing; University of Cambridge, Department of Biochemistry West, James; University of Cambridge, Department of Biochemistry Glen, Robert; University of Cambridge, Department of Chemistry Roberts, Lee; University of Cambridge, Biochemistry Murray, Andrew; University of Cambridge Griffin, Julian; University of Cambridge, Department of Biochemistry

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The consequences of lipid remodelling of adipocyte membranes being functionally distinct from lipid storage in obesity

Ke-di Liu^{1, 2}, Animesh Acharjee^{2,3,4,5}, Christine Hinz¹, Sonia Liggi¹, Antonio Murgia,¹ Julia Denes¹, Melanie K Gulston¹, Xinzhu Wang^{1, 2}, Yajing Chu^{1, 2}, James A. West², Robert C Glen^{6, 7}, Lee D. Roberts^{1,2}, Andrew J. Murray⁸, and Julian L. Griffin^{1, 2, 7 *}

¹ Department of Biochemistry & Cambridge Systems Biology Centre, University of Cambridge, Tennis Court Road, Cambridge, CB2 1GA, U.K.

² MRC, Human Nutrition Research, Elsie Widdowson Laboratory, 120 Fulbourn Road, Cambridge, CB1 9NL, U.K.

³ College of Medical and Dental Sciences, Institute of Cancer and Genomic Sciences, Centre for Computational Biology, University of Birmingham, B15 2TT, UK

⁴ Institute of Translational Medicine, University Hospitals Birmingham NHS, Foundation Trust, B15 2TT, UK

⁵ NIHR Surgical Reconstruction and Microbiology Research Centre, University Hospital Birmingham, Birmingham B15 2WB, UK.

⁶ Department of Chemistry, University of Cambridge, Lensfield Road, CB2 1EW, Cambridge, United Kingdom.

⁷ Section of Biomolecular Medicine, Department of Metabolism, Digestion and Reproduction, Imperial College London, Exhibition Road, South Kensington, London, UK.

⁸ Department of Physiology, Development and Neuroscience, University of Cambridge, Cambridge, U.K.

* Corresponding author. Tel.: +44 (0)1223 764922; E-mail: jlg40@cam.ac.uk.

Abstract

Obesity is a complex disorder where the genome interacts with diet and environmental factors to ultimately influence body mass, composition and shape. Numerous studies have investigated how bulk lipid metabolism of adipose tissue changes with obesity, and in particular how the composition of triglycerides (TGs) changes with increased adipocyte expansion. However, reflecting the analytical challenge posed by examining non-TG lipids in extracts dominated by TGs, the glycerophospholipid (PL) composition of cell membranes has been seldom investigated. PLs contribute to a variety of cellular processes including maintaining organelle functionality, providing an optimised environment for membrane-associated proteins and as pools for metabolites (e.g. choline for one-carbon metabolism and for methylation of DNA). We have conducted a comprehensive lipidomic study of white adipose tissue in mice who become obese either through genetic modification (*ob/ob*), diet (high fat diet) or a combination of the two using both solid phase extraction and ion mobility to increase coverage of the lipidome. Composition changes in seven classes of lipid (free fatty acids, diglycerides, TGs, phosphatidylcholines, lyso-phosphatidylcholines, phosphatidylethanolamines, and phosphatidylserines) correlated with perturbations in one-carbon metabolism and transcriptional changes in adipose tissue. We demonstrate that changes in TGs that dominate the overall lipid composition of white adipose tissue are distinct from diet-induced alterations of PLs, the predominant components of the cell membranes. PLs correlate better with transcriptional and one-carbon metabolism changes within the cell, suggesting the compositional changes that occur in cell membranes during adipocyte expansion have far-reaching functional consequences. Data is available at MetaboLights under the submission number: MTBLS1775.

Keywords: white adipose tissue, one-carbon metabolism, DNA methylation, phosphatidylcholine, lipidomics, mass spectrometry.

Introduction

Adipose tissue is the largest energy storage organ in the body. The tissue also has a complex role in regulating whole-body metabolism, including being an endocrine organ secreting adipokines (e.g. leptin, adiponectin, IL-6, TNF α)¹ which impact on multiple functions including appetite and energy balance, and which contribute to systemic inflammation, insulin sensitivity and angiogenesis²⁻⁴. Increased adiposity may result in the accumulation of toxic lipid species which impair normal cellular functions (termed lipotoxicity), innate immune responses in adipose tissue and systemic inflammation, which combined with ectopic fat storage produces dysfunction in the liver, muscle, gut and pancreas⁵⁻⁷. Thus, how fat is stored in adipose tissue has an important impact on whole body metabolism.

However, it is not only the total fat storage capacity which has an impact on adipose tissue health, but also the lipid composition in terms of classes of lipids stored, and degree of unsaturation and chain length of these lipid species⁸. Membrane phospholipids (PLs) typically contain a high proportion of saturated fatty acids which make the bilayer relatively rigid, in turn having consequences for protein function and membrane transport⁹. Increased abundance of monounsaturated (MUFA) and polyunsaturated (PUFA) fatty acids within PLs can increase the fluidity of membranes, improving insulin sensitivity and the recruitment of proteins such as Glucose Transporter 4 (GluT4). Conversely, depletion of total ω -3 long chain PUFAs are associated with hepatic insulin resistance, enhanced sterol regulatory element-binding protein 1c (SREBP-1c) and decreased peroxisome proliferator-activated receptor alpha (PPAR α) activity, favouring lipogenesis over fatty acid (FA) oxidation¹⁰. The lipid composition of the cell membrane also has an important role in inflammation¹¹. For example, the interaction of ω -6 fatty acids with ω -3 fatty acids found in the cell membrane determines the production of lipid mediators, including eicosanoids, which have important consequences for inflammation¹².

There are three major origins for the FAs used as lipid building blocks: (i) lipids derived from the diet, (ii) *de novo* lipogenesis (DNL) in liver and adipose tissue whereby carbohydrates are converted to saturated FAs, and (iii) enzymatic modifications (desaturation, elongation and oxidation of the FA). SREBP1 and leptin have activating and inhibitory

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3 effects on the expression of lipogenic genes involved in the conversion of carbohydrates to
4 FAs such as fatty acid synthase (FASN) and acetyl-CoA carboxylase (ACC)¹³. In turn,
5 elongation and desaturation of FAs are controlled by essential enzymes like long-chain fatty
6 acid elongase 6 (ELOVL6) and stearoyl CoA desaturase-1 (SCD-1, $\Delta 9$ desaturase), both of
7 which are also SREBP-1c targets¹⁴. A change in the set point control of Insig1/SREBP1
8 facilitates lipogenesis and availability of appropriate levels of FA unsaturation through
9 SCD-1 expression^{9,15}.

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16 Besides being influenced by hormones and adipokines, expression of lipid metabolising
17 genes can also be altered through epigenetic mechanisms. Epigenetic and
18 chromatin-modifying proteins have been found to contribute to adipogenesis and
19 maintenance of mature adipocytes through PPAR γ ¹⁶. Furthermore, methylation of the genes
20 encoding PPAR α and the glucocorticoid receptor have been shown to be decreased when
21 maternal protein is restricted, with this mechanism having a long term impact on systemic
22 metabolism¹⁷. In addition, methylation of the gene encoding the melanocortin-r receptor is
23 associated with long term exposure to a high fat diet¹⁸. There are also important mechanistic
24 and metabolic reasons to associate changes in the composition of diets to higher proportions
25 of FA intake with epigenetic modifications of DNA. S-adenosyl methionine (SAM) is mainly
26 derived from methionine via the enzyme methionine adenosyltransferase, an enzyme which is
27 part of the choline and one-carbon (1-C) pathway and hence altered by increased
28 consumption of phosphatidylcholines (PCs)¹⁹⁻²¹. A sufficient SAM concentration is also
29 required to establish the normal ratio of phosphatidylethanolamine (PE) to PC in the cell²²
30 providing another link between total PL metabolism and epigenetic modifications.

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42 In this study we have investigated how metabolic composition (lipidome and metabolome)
43 of adipose tissue is influenced in both diet and genetic induced models of obesity. We
44 describe how adipose tissue attempts to maintain the composition of the PL fraction in the
45 face of obesity, but ultimately this produces a range of physiological changes including
46 altered membrane fluidity, altered transcriptional profiles and alterations in the methylation
47 status of the cell which may explain the dysfunction induced in white adipose tissue (WAT)
48 during obesity.

49 50 51 52 53 54 **Methods**

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3 **Animals and diets:** Five-week old male *ob/ob* mice and their wild type (C57B1/6J, WT)
4 controls were purchased from a commercial breeder (Harlan UK). Mice were housed in a
5 temperature- and humidity-controlled facility, with a 12-h: 12-h light-dark cycle and access
6 to water ad libitum. Mice (n=10/age group/genotype) fed on regular chow diet (Caloric
7 content: 11.5% fat, 26.9% protein, 61.6% carbohydrate) (RM1, Special Diet Services,
8 Witham, Essex, UK) were sacrificed at the age of 2-months, 4-months, 10-months and
9 14-months. A separate group of mice were switched to a custom-produced high fat diet
10 (Caloric content: 55% fat, 29% protein, 16% carbohydrate; fatty acid composition: 27%
11 saturated fatty acid, 48% mono unsaturated fatty acid and 25% poly unsaturated fatty acid)
12 (diet code: 829197; Special Diet Services, Witham, Essex, UK) at different stages for various
13 lengths of time and were sacrificed at the age of 2-months (3-week high fat feeding),
14 4-months (12-week high fat feeding) and 10 months (12-week high fat feeding). This diet has
15 been previously shown to be obesogenic in mice ²³. Mice were euthanised by carbon dioxide
16 asphyxiation, and upon cessation of peripheral signs WAT was rapidly dissected, snap frozen
17 with liquid nitrogen, and stored at -80°C until further analysis. All animal procedures were
18 performed under a project license and approved by the UK Home Office and University of
19 Cambridge Animal Welfare Ethical Review Board.
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32 **Sample Pre-treatment**

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34 *Intact Lipid Extraction:* Metabolites were extracted from tissue using a modified Folch
35 method ²⁴. In brief, ~20 mg frozen tissue was pulverised in chloroform-methanol (400 µl; 2:1
36 v/v) using a TissueLyser (Qiagen), then the mixture was sonicated for 10 minutes. Water (80
37 µl) was added and samples were then centrifuged (13,200 rpm, 10 min). The resulting
38 aqueous and organic layers were collected in separate glass tubes. The pellet was extracted
39 two further times and the fractions pooled. Organic extracts were dried overnight under
40 nitrogen gas, and aqueous extracts were evaporated to dryness using an evacuated centrifuge
41 (Eppendorf, Hamburg, Germany).
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49 *I-carbon metabolites:* Metabolites were extracted by a modified Bligh and Dyer (BD)
50 method ²⁵ from WAT (~50 mg frozen tissue) to separate aqueous-soluble metabolites from
51 lipids. Approximately ~50 mg frozen tissue was pulverised in methanol-chloroform (300 µl,
52 2:1 v/v) using a TissueLyser (Qiagen, West Sussex, UK). Then the mixture was sonicated for
53 10 min. Chloroform-water (1:1) was added (100 µl of each component) and samples were
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3 then centrifuged (16,600 rcf, 20 min). The resulting aqueous and organic layers were
4 collected in separate tubes. This procedure was repeated twice. The aqueous extracts were
5 evaporated to dryness using an evacuated centrifuge (Eppendorf, Hamburg, Germany).
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9 *Solid Phase Extraction (SPE) of lipid fractions:* This method was used to separate different
10 fractions of lipids from organic extracts of the intact lipids. CHROMABOND® NH₂ (3 ml,
11 500 mg) columns were washed with 10 ml methanol and then conditioned using 10 ml
12 hexane before sample application. The dried organic extract was reconstituted in 1 ml
13 n-hexane, and slowly aspirated through the column. The fraction of cholesteryl esters was
14 firstly eluted with 1 ml hexane. Then all TGs were eluted from the column using 2 ml hexane
15 – ethyl acetate (85:15, v/v). Finally, the column was continuously eluted using 1 ml
16 chloroform-methanol (2:1, v/v) and 2 ml methanol to obtain the fractions of
17 monoacylglycerides and PLs. Each fraction was dried under a flow of nitrogen in a fume
18 hood.
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27 **Gas Chromatography Mass Spectrometry (GC-MS) analysis for total Fatty Acids**

28 Total lipid extracts were derivatized by acid-catalysed esterification. Chloroform-methanol
29 (1:1 v/v; 400 µl) and BF₃-methanol (10%; 125 µl) (Sigma-Aldrich, Dorset, UK) were added
30 to the dried organic phase and incubated at 80 °C for 90 min. Water (500 µl; milliQ) and
31 hexane (1000 µl) were added and samples were vortex-mixed for 1 min. The organic layer
32 was evaporated to dryness in a fume hood, then reconstituted in hexane (1000 µl) for GC-MS
33 analysis. GC-MS analyses were made using a Trace GC Ultra coupled to a DSQ2
34 single-quadrupole mass spectrometer (ThermoScientific). The derivatized organic samples
35 were injected with a split ratio of 50 onto a 30 m x 0.25 mm x 0.25 µm TR-FAME stationary
36 phase column (ThermoScientific, Hemel Hempstead, UK). The injector temperature was set
37 to 230 °C and helium carrier gas was at a flow rate of 1.2 ml/min. The initial column
38 temperature was 60 °C for 2 min, increased by 15 °C /min to 150 °C and then increased at a
39 rate of 4 °C /min to 230 °C (transfer line =240 °C; ion source=250 °C; electron ionisation
40 =70 eV). The detector was turned on after 240 s, and full-scan spectra were collected using
41 three scans/s over a range of 50 to 650 *m/z*.
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53 GC-MS chromatograms were processed using Xcalibur (version 2.1; ThermoScientific).
54 Each individual peak was integrated and then normalized. For GC-MS data, peak assignment
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3 was based on mass fragmentation patterns matched to the National Institute of Standards and
4 Technology database of mass spectra. Identification of metabolites from organic phase
5 GC-MS analysis was supported by comparison with a FAME standard mix (Supelco 37
6 Component FAME Mix; Sigma Aldrich).
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10 **DI-MS/MS analysis of intact lipids**

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12 Initially lipid extracts were analysed using direct infusion mass spectrometry (DI-MS) as
13 described by Harshfield and colleagues²⁶. In brief, the dried organic phase in extract was
14 reconstituted in methanol/chloroform (1:1,300 μ l) with an internal standard mix (400 μ l,
15 1,2-di-O-octadecyl-sn-glycerol-3-phosphocholine,
16 1,2-di-O-phytanyl-sn-glycerol-3-phosphoethanolamine,
17 N-heptadecanoyl-D-erythro-sphingosylphosphorylcholine, C8-ceramide, undecanoic acid,
18 trilaurin and β -sitosterol acetate). 40 μ l of the solution was transferred to a glass coated well
19 plate (Plate+ TM, Esslab, Hadleigh, UK) with 160 μ l of MS-mix (7.5 mM NH₄AC IPA:
20 MeOH (2:1)), after which the plate was sealed for analysis. Samples were infused into a
21 Thermo Exactive benchtop Orbitrap (Hemel Hempstead UK), using an Advion Triversa
22 Nanomate (Ithaca US). The Exactive acquired data from 185 to 2000 m/z, with a resolution
23 of 100,000, with automatic gain control sat at 3,000,000 – initially in positive mode (1.2 kV,
24 0–1.2 minutes), then in negative mode (-1.5 kV, 1.2–2.3 minutes). The maximum filling time
25 of the trap was set at 10.00 ms in positive mode and set at 250 ms in negative mode. DI-MS
26 chromatograms were processed using Xcalibur (version 2.1; Thermo Scientific) and in-house
27 software as described in ²⁶.
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41 **UPLC-MS analysis for intact lipids**

42 Chromatography was performed on an ACQUITY UPLC System (Waters Corporation,
43 Elstree, Hertfordshire, UK) equipped with an Acquity UPLC 1.8 μ m HSS T3 column (2.1 \times
44 100 mm; Waters Corporation) coupled to a Waters Q-ToF Xevo G2 mass spectrometer
45 (Waters MS Technologies, Ltd., Manchester, UK). Column temperature was kept at 55°C.
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49 For the analysis of TGs, cholesterol esters and other neutral lipids, the desolvation gas
50 temperature was 500 °C, the capillary voltage was 3 kV and the cone voltage was 50 V. The
51 binary solvent consisted of solvent A (10 mM ammonium acetate, 0.1% formic acid) and
52 solvent B (analytical grade acetonitrile/isopropanol (1:9), 10 mM ammonium acetate, 0.1%
53 formic acid). The temperature of the sample organiser was set at 4°C. Mass spectrometric
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3 data was collected in centroid mode over the mass range of m/z 50-1200 with a scan duration
4 of 0.2 s. As lockmass, a solution of 2ng/ μ l (50:50 acetonitrile: water) leucine enkephaline
5 (m/z 556.2771) was infused into instrument at 3 μ l/min. Dried organic phase samples were
6 reconstituted in methanol-chloroform (1:1100 μ l), then diluted 20-fold further prior to
7 injection onto the column. The gradient started from 60% A/40%B, reached 100% B in 10
8 min, went back to the initial conditions in 0.1 min and remained there for a following 2 min.
9 The eluent flow rate was 0.40 ml/min.
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14 The lipids extracts were reconstituted in 200 μ l initial mobile phase
15 (isopropanol/acetonitrile/water, 2:1:1) prior to injection of 3 μ l into the column. A
16 lyso-phosphatidylcholine C17:0 internal standard (in initial mobile phase) was spiked into
17 each sample to give a final concentration of 20 μ M. The binary solvent system used was
18 solvent A (HPLC-grade acetonitrile: water 60:40, 10 mM ammonium formate) and solvent B
19 (HPLC-grade acetonitrile: isopropanol 10:90, 10 mM ammonium formate). The gradient: 0
20 min, 40% B, 2 min, 43% B, 2.1 min, 50% B, 12 min 54% B, 12.1 min, 70% B, 18 min, 99%
21 B. The eluent flow rate was 0.400 ml/min. The temperature of the sample organizer was set at
22 4°C. The electrospray source was operated in positive ion mode with the source temperature
23 set at 120°C and a cone gas flow of 50 L/h. The desolvation gas temperature was 550°C and
24 the nebuliser gas flow rate was set at 900 L/h. The capillary voltage was 2 kV and the cone
25 voltage was 30 V. Mass spectrometry data was collected in centroid mode over the mass
26 range of m/z 200–1200 with scan duration of 0.2 s. As lockmass, a solution of 2 ng/ μ l (50:50
27 acetonitrile: water) leucine enkephaline (m/z 556.2771) was infused into the instrument at 3
28 μ l/min.
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38 Tandem mass spectrometry was performed as an additional function to allow
39 fragmentation data to be collected. The MS/MS method was operated with collision energy
40 ramp starting at 20 eV and finishing at 40 eV. The data dependent acquisition method was
41 performed on a pool sample, in which the most abundant 5 peaks from a survey scan were
42 selected, and the corresponding ions were subjected to MS/MS analysis.
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46 UPLC-MS data were processed using Micromass Markerlynx Applications Manager
47 (Waters Corporation). Peaks were detected and then matched, and retention time aligned
48 across the samples. Lipid species were identified using exact mass, tandem mass
49 spectrometry data and data dependent acquisition (DDA) data.
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54 **Liquid chromatography ion mobility mass spectrometry**

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3 SPE lipid fractions were reconstituted in chloroform/methanol (1:1, v:v) and diluted with
4 isopropanol/acetonitrile/water (2:1:1, v:v:v) solution before being analysed on an Infinity II
5 UHPLC coupled to an Agilent 6560 Ion Mobility Q-ToF LC-MS (Agilent, Santa Clara,
6 USA), using a 20 min reverse-phase chromatographic separation with a C18 Acquity column
7 (1.7 μm , 2.1 \times 100 mm, Waters Ltd, UK) held at 55 $^{\circ}\text{C}$ during analysis. Chromatographic
8 separation was achieved with a solvent gradient starting from 60% solvent A
9 (water/acetonitrile 40:60, 10 mM ammonium formate in positive ion mode, 10 mM
10 ammonium acetate in negative ion mode) and 40% solvent B (isopropanol/acetonitrile 90:10,
11 10 mM ammonium formate in positive ion mode, 10 mM ammonium acetate in negative ion
12 mode), with a flow rate of 400 $\mu\text{L}/\text{min}$. Briefly, solvent A decreases from 60% to 1% in 18
13 min, back to 60% in 0.5 min, followed by 2 min equilibration time.

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22 The Dual Agilent Jet electrospray ionization source was operated at a gas temperature of 325
23 $^{\circ}\text{C}$, drying gas of 5 L/min, sheath gas temperature of 275 $^{\circ}\text{C}$, and a sheath gas flow of 12
24 L/min.

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26 Drift tube and trap funnel pressure were stable at 3.9 and 3.8 Torr, respectively, while drift
27 tube temperature was found to be stable at 23.5 $^{\circ}\text{C}$ across all acquisition runs.

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29 Data was processed with the KniMet workflow as previously described ²⁷. Lipids were
30 annotated by m/z (match to m/z) using the LMSD.

31 32 33 34 35 **Determination of 1-carbon metabolites by UHPLC-SRM-MS**

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37 The aqueous component of each extract was thoroughly dried under nitrogen and
38 reconstituted in 25 μl aqueous 100 mM dithiothreitol (Sigma Aldrich, Haverhill, Suffolk,
39 UK) containing 50 μM : [U^{13}C , U^{15}N] *L*-glutamic acid and *L*-proline (Cambridge Isotope
40 Laboratories, Tewkesbury, MA, UK); *L*-leucine- d_{10} , *L*-phenyl- d_5 -alanine and
41 *DL*-homocysteine-3, 3, 4, 4- d_4 (CDN Isotopes, Pointe-Claire, QC, Canada); *L*-valine- d_8
42 (Sigma Aldrich) as internal standards. This mixture was thoroughly vortexed and sonicated
43 for 15 min. at room temperature after which a further 100 μl 10 mM ammonium acetate
44 (Sigma Aldrich) was added to the resulting solution. One-carbon cycle metabolites were
45 analysed via a targeted assay using a Thermo Quantiva triple quadrupole mass spectrometer
46 coupled to an Ultimate 3000 UHPLC liquid chromatography system (Thermo Scientific,
47 Hemel Hempstead, Herts., UK). A C18PPF column (150 \times 2.1 mm, 3 μm ; Advanced
48 Chromatography Technologies, Aberdeen, UK) was used to separate the compounds. Mobile
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3 phase A consisted of aqueous 0.1% formic acid, and mobile phase B consisted 0.1 % formic
4 acid in acetonitrile. The following gradient was used to separate the compounds: 100% A was
5 held for 1.5 min, followed by a linear increase of B from 0% to 100% over 3 min with a
6 further re-equilibration for 1.5 min to give a total run time of 6 min. The flow rate was 400
7 $\mu\text{l}/\text{min}$ and the injection volume was 2.5 μl . The mass spectrometer was operated in positive
8 ion mode with the following parameters: a spray voltage of 3.5 kV, sheath gas 50 arb.,
9 auxiliary gas 15 arb., sweep gas 2 arbitrary units, ion transfer tube temperature 350°C and a
10 vaporiser temperature of 400°C. All data were processed using Xcalibur (Thermo Scientific).
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16 17 **Measurement of DNA Methylation**

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19 DNA was extracted using the QIAamp DNA Mini Kit (Cat. no. 51304) according to the
20 manufacturer's instructions but with some modifications: ~50 mg frozen adipose tissue was
21 pulverised in 180 μl Buffer ATL using a TissueLyser (Qiagen, West Sussex, UK) with 5 mm
22 stainless steel beads for 20 s at 30 Hz. The sample was centrifuged briefly to ensure that all
23 the tissue debris was on the bottom of the tube. 20 μl proteinase K was then added to the tube
24 which was incubated for 56°C for 1 h in a shaker incubator. 200 μl Buffer AL was added to
25 the sample, then mixed again by pulse-vortexing for 15 s, and incubated at 70°C for 10 min.
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30 The concentration of DNA was measured by absorbance at 260 nm using a Thermo
31 Scientific NanoDrop 2000c UV-Vis spectrophotometer. *OneStep* qMethyl™ Kit (Catalog No.
32 D5310) was used to determine the methylation status of four genes (Lhfpl2, Rgs3, ACSL1,
33 and AKT2). *OneStep* qMethyl™ Kit were performed on a StepOnePlus™ (Cat. No. 4376600,
34 Thermo Scientific) using a Real-Time PCR System.
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40 Primers used for the four genes in the Real-Time PCR processes:

41 ACSL1_forward, TGCGGCCGCGACTCCTTAAATA

42 ACSL1_reverse, AGGGAAACGAGGCCGTGGAG

43 AKT2_forward, CGTTGCTGCCGCCAGTTCATAAAT

44 AKT2_reverse, GAGCCTCCAGGTCCGTGGTC

45 Lhfpl2_forward, ACCGGACTGAGCGACCCCTC

46 Lhfpl2_reverse, GGCAGGTGACAATGACATGACACATATT

47 Rgs3_forward, AGCCAAGTCAGGTGGAAATCT

48 Rgs3_reverse, CTCCATGGCGTCCCTGTT

Measuring the ratio of methyl-cytosine to cytosine in DNA

This method is based on Rocha *et al*²⁸. In brief, a calibration curve was constructed using a range of theoretical methylation percentages from 0.5 - 6.5% prepared by mixing DNA from *Escherichia coli* pBR322 DNA (New England Biolabs, N3033S; 0.5% methylation²⁹ and calf thymus DNA (Sigma, D4522, 6.5 % methylation³⁰.

25 mg of adipose tissue from mice were lysed in QIAzol reagent (Qiagen) using a tissue lyser to disrupt the tissue, and DNA extracted using the manufacturer's guidelines. Extracted DNA was quantified using a nanodrop, by measuring absorbances at 260 nm and 280 nm. A 10 μ L aliquot containing approximately 1 μ g of genomic DNA in a micro-vial (Agilent, cat no 22437) with 6.6 μ L Internal Standard solution containing 5 nmoles [¹³C₂, ¹⁵N₂] cytosine (Goss Scientific) and 0.16 nmoles of 5-methylcytosine (methyl-d3, 6-d1) (Qmx Laboratories Ltd) was dried in an evacuated desiccator. To hydrolyse DNA to free bases, the residue was dissolved in 20 μ L of formic acid (98%), each micro-vial sealed and heated to 150°C for 3 hours. Samples were dried overnight in an evacuated desiccator. The resulting residue was dissolved in 100 μ L ammonium acetate solution (10 mM).

All analyses were performed using a Thermo scientific UHPLC+ series coupled with a TSQ Quantiva mass spectrometer (Thermo fisher scientific, Waltham, Massachusetts, United States) with an ESI source, operated in positive ion mode. The electrospray voltage was set to 3500 V for the positive ionisation and to 2500 V for the negative ionisation. Nitrogen at 48 mTorr and 420 °C was used as a drying gas for the evaporation of the eluent solution. Liquid Chromatography was performed using an ACE Excel 2 C18 PFP (100A. 150 x 2.1 mm 5 μ) column. The column was conditioned at 30°C. The mobile phase consisted of: (A) 0.1% of formic acid water solution and (B) 0.1% of formic acid acetonitrile solution. The mobile phase was pumped at a flow rate of 500 μ L/min programmed as follows: initially kept at 100% A for 1.6 min, then subjected to a linear decrease from 100% to 70% of A over 2.4 min and to 10% A during the next 0.5 min then kept constant for 0.5 min and brought back to initial condition after 0.1 min. The injection volume used was 8 μ L. Tandem mass spectrometry fragmentation was performed to identify the analytes 5-methylcytosine (retention time = 1.1 min, positive mode, 126 \rightarrow 109) and cytosine (retention time = 0.8 min, positive mode, 112 \rightarrow 95). Results were expressed as 5-methylcytosine/ total-cytosine (mC/tC) ratio.

Microarray analysis of mouse adipose tissue

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3 RNA was extracted using the RNeasy lipid tissue kit (Qiagen GmbH, Hilden, Germany).
4 Approximately 100 mg of tissue was used per sample for RNA isolation and procedures were
5 carried out according to the manufacturer's instructions. Extracted RNA was quantified by
6 ribogreen and its purity assessed by evaluating absorbance ratios using a Fluostar microplate
7 reader (BMG Labtech). The level of degradation of each sample was assessed using a
8 bioanalyser (Agilent). Illumina Bead Station 500 (Illumina Inc., San Diego, CA, USA) was
9 used to perform transcriptomics. Approximately 25,600 transcripts were interrogated using
10 the MouseRef-8 v2.0 Expression Bead Chip, which was chosen for mouse whole-genome
11 expression profiling.
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19 **Data analysis methods**

20 Multivariate statistical analysis was performed within SIMCA 14 (Umetrics, Umea, Sweden).
21 The supervised pattern recognition tools PLS-DA, PLS, OPLS-DA and OPLS were used.
22 PLS is a regression extension of the unsupervised pattern recognition tool principal
23 component analysis (PCA) and finds the maximum covariance between predefined classes.
24 The dataset is commonly visualized using scatter plots, which summarise the observations by
25 revealing clusters and outliers in the data along the new latent dimensions in the data.
26 Loading plots for these models display the variables (metabolites in this study) responsible
27 for the clustering of the observations. The contribution of each variable to the clustering was
28 ranked using the coefficient plot. The robustness of the multivariate model generated was
29 assessed by R^2 and Q^2 . R^2 shows the percentage of variation explained in the model, whereas
30 Q^2 indicates the predictive power of the model, with $Q^2 > 30\%$ commonly associated with
31 robust models.
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40 PLS-DA was used to compare different factors like genotype, age and diet with the total
41 FAs, TGs, PCs, 1-C metabolites, transcriptomics and DNA methylation data sets. A separate
42 model was built treating genotype, age and diet as a factor (response variable) and other
43 omics data set as a factor (predictor variables). For each of the data types (for example: total
44 FAs, TGs) we selected variables based on VIP scores that estimate the importance of each
45 variable in the projection used in a PLS model. A variable with a VIP Score close to or
46 greater than 1 can be considered important in given model^{31, 32}. The selection of variables
47 was done for genotype, diet and age. O2PLS was also used to correlate between different
48 datasets. O2PLS is a generalization of PLS and in contrast to PLS and OPLS, it is
49 bidirectional (i.e. $X \leftrightarrow Y$)³³.
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Results

Total FA composition and shotgun lipid profiling of adipose tissue:

To place subsequent results in context, total FA compositions of the two diets fed to the mice (regular chow diet: RCD and high fat diet: HFD) were analysed by GC-MS (**Fig. 1**). While the RCD contained much less fat (11.5%) than HFD (55%) in composition the RCD was dominated by C18:2 (51.6%) and C16:0 (16.4%) fatty acids. The HFD included a greater relative distribution of FAs, with the proportions of C18:2 and C16:0 decreasing to 34.9% and 12.8%, respectively, while other FAs, especially C18:1 (29.4%), accounted for a greater proportion than in the RCD.

These profiles were then compared with the total FA composition in WAT of all mice across the diets and time points. There were clear differences in composition between the diet and WAT from RCD-fed wildtype mice (WT-RCD) (**Fig. 1; Supplementary Table 1 - Fatty acid changes according to diet and genotype.**). The proportion of C18:2 was decreased (two-way ANOVA, Tukey post-test, $p < 0.0001$) while C16:0, C16:1 and C18:1 ($p < 0.001$, $p < 0.05$, $p < 0.0001$, respectively) were increased in WAT relative to the RCD diet, indicative of increased DNL, SCD-1, and ELOVL6 activity. These changes were more marked for the total FA composition of RCD-fed *ob/ob* mice (OB-RCD), with the total fatty acid profile clearly exhibiting larger increases in C18:1 and decreases in C18:2 than the WT-RCD group ($p < 0.0001$ for both comparisons). Comparing OB-RCD and WT-RCD across the time course, the relative proportion of C16:0 and C16:1 were increased in younger animals (2 and 4 month), while this proportion decreased in older animals (10 and 14 month), with C18:1 becoming more dominant (two-way ANOVA, $p < 0.05$ for both comparisons).

However, for the WT-HFD mice, C16:0 and C16:1 were decreased compared with both WT-RCD and OB-RCD ($p < 0.0001$ and $p < 0.05$, respectively), whereas C18:1 and C18:2 were increased in all age groups of WT-HFD mice compared with the WT-RCD mice ($p < 0.0001$ and $p < 0.05$, respectively). These lipid changes largely reflected the FA composition of the HFD, although WT-HFD adipose tissues had slightly more C16:0 and C18:1 and less C18:2, presumably in part influenced by DNL of carbohydrate in the diet. In OB-HFD mice (**Fig. 1**), the FA composition was a mixture of dietary FAs, especially C18:2,

and *de novo* synthesized FAs (C16:0 and C18:1). Ageing was associated with more C18:1 and less C18:2 in OB-HFD mice, presumably associated with raised DNL and SCD activity. In addition, across all four diet/mouse strain combinations C18:1 accumulated while C16:0 declined with age, suggesting more FA elongation by ELOVL6 and desaturation by SCD1 in aged mice.

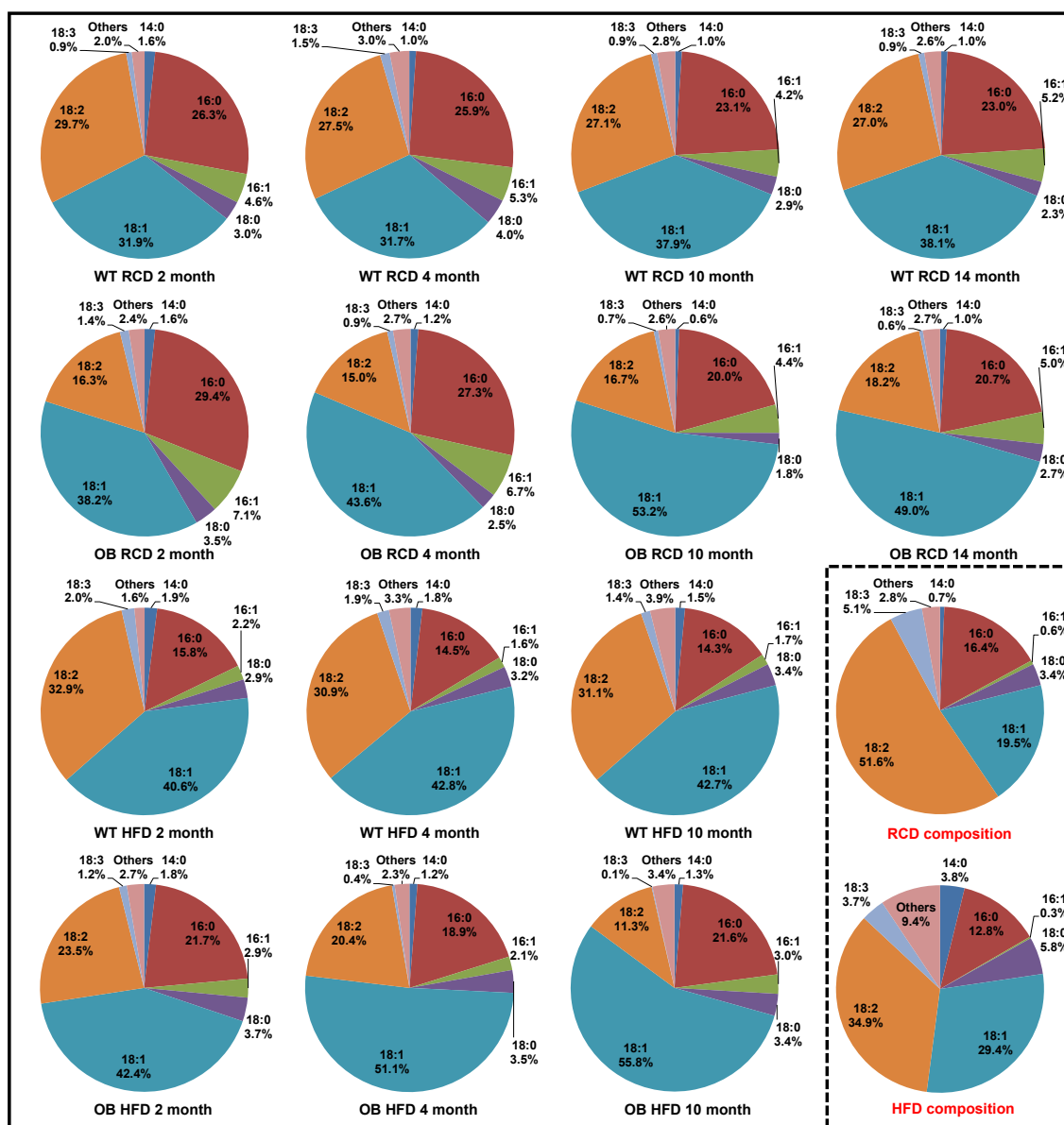


Fig 1 Total fatty acid composition in adipose tissues from *ob/ob* (OB) mice and wild-type (WT) controls aged between 2 and 14 months fed by regular chow diet (RCD) or a high fat diet (HFD), and total FA composition in the two diets.

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To complement the total fatty acid dataset, intact lipids were determined by DI-MS, with the resulting profiles dominated by neutral lipids (triglycerides (TGs), diglycerides (DGs) and sterols). The adipose tissue of *ob/ob* and WT mice fed on the RCD and HFD were readily differentiated by 2-Way Orthogonal Partial Least Squares-Discriminate Analysis (O2PLS-DA) (**Fig. 2A**, $Q^2=85\%$). From inspection of the scores plot, component 1 was largely associated with diet while component 2 was associated with the difference between the WT-RCD compared with the other three groups. This indicates that the HFD has a bigger influence on adipose tissue metabolism than genotype (component 1). Moreover, examining the associated loadings plots these classifications were most influenced by TG species across both the first and second components, while PLs were most associated with the first component. This suggests that while genotype and diet influence the profile of TGs, the PL composition was most influenced by diet rather than by genotype.

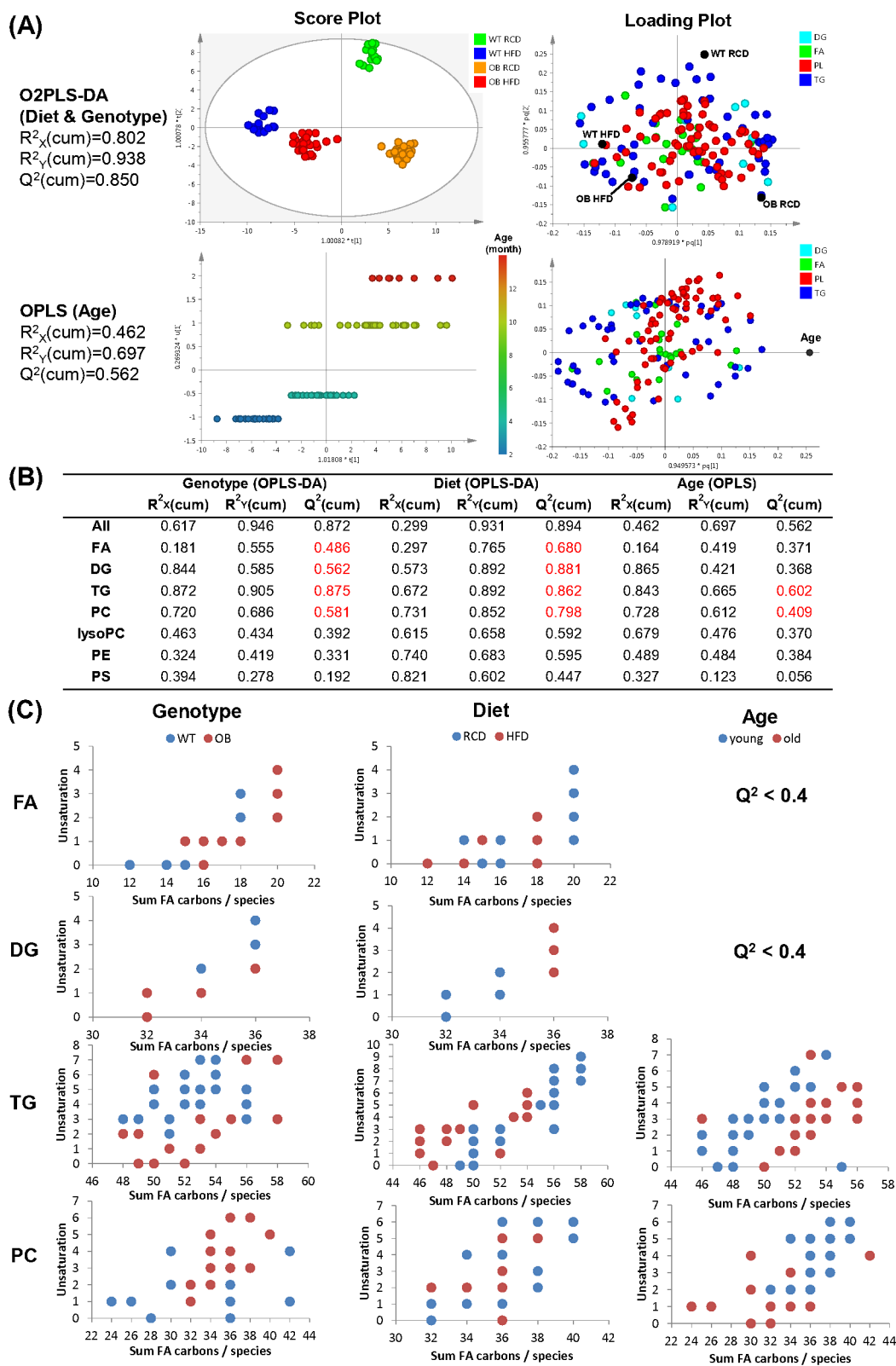


Fig 2 (A) Multivariate analysis of different adipose tissues by different factors (OB/WT, RCD/HFD, 2/4/10/14-month) using all classes of lipids measured by direct infusion mass spectrometry; (B) OPLS-DA and OPLS model for each class of lipids in adipose tissues analysed using solid phase

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3 extraction (SPE) and liquid chromatography mass spectrometry (LC-MS), and the specific lipids
4 changed the most according to these models. (C) Lipid species changed most significantly by
5 genotype/diet/age according to the models in (B).
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8 Next, we applied Orthogonal Partial Least Squares (OPLS), a multivariate regression tool
9 developed from the PLS algorithm, to model the lipid changes most associated with ageing
10 and the feeding time course regardless of genotype and diet, and while this model was less
11 robust than that for genotype and diet differences, a regression model was built (**Fig. 2A**
12 second row, $Q^2=56\%$). This regression model was largely driven by changes in TG species,
13 reflecting the dominance of this class of lipids to the total adipose tissue lipidome.
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19 Because neutral lipids dominate the lipidome of WAT, solid phase extraction (SPE) was
20 performed to pre-fractionate polar lipids (lysophosphatidylcholines (lysoPCs), PCs, PEs, and
21 phosphatidylserines (PSs)) prior to liquid chromatography (LC-) MS. In total, 157 species
22 were measured in 7 major lipid classes (FA, DGs, TGs, lysoPC, PC, PE and PS). Next, the
23 data collected using fractions from the SPE method was considered individually, and again
24 OPLS-DA and OPLS models were built to evaluate the influence of the three factors (diet,
25 genotype and age) across the study design using each of the aforementioned 7 classes of lipid
26 (**Fig. 2B**). Neutral lipids (DG and TG) and FAs were both affected by diet and genotype as
27 modelled by OPLS-DA (all $Q^2>48\%$), while for the PLs only PCs could be used to build a
28 good model to differentiate OB/WT and HFD/RCD. In terms of modelling age, only the TG
29 and PC subsets produced robust PLS models ($Q^2=56\%$ and 41% , respectively). Interrogation
30 of the corresponding loadings plots and the variable influence on projection (VIP) for these
31 OPLS-DA models identified individual metabolites responsible for the separation across
32 different diets, genotypes and ages (**Fig. 2C**).
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43 **Neutral lipids and phospholipids exhibit distinct and different changes in chain length** 44 **and unsaturation in *ob/ob* mice** 45

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48 To further examine the lipid profiles detected across the different lipid classes, the
49 relative proportions of lipids with the same total FA carbons or total FA unsaturation for the
50 seven different classes were plotted (**Fig. 3** and **Fig. 4**) to provide information about how
51 each lipid class is elongated and desaturated by genotype, diet and age interactions. The
52 16-carbon total FAs increased in all *ob/ob* groups compared with WT animals (**Fig. 3**), while
53 C18 fatty acids decreased slightly. Fatty acid side chain length also decreased in the DGs and
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TGs of *ob/ob* mice compared with WT mice, owing to increases in 32/34-carbon DGs and 50/52-carbon TGs, and decreases in 36-carbon DGs and 54-carbon TGs in most groups (Fig. 3).

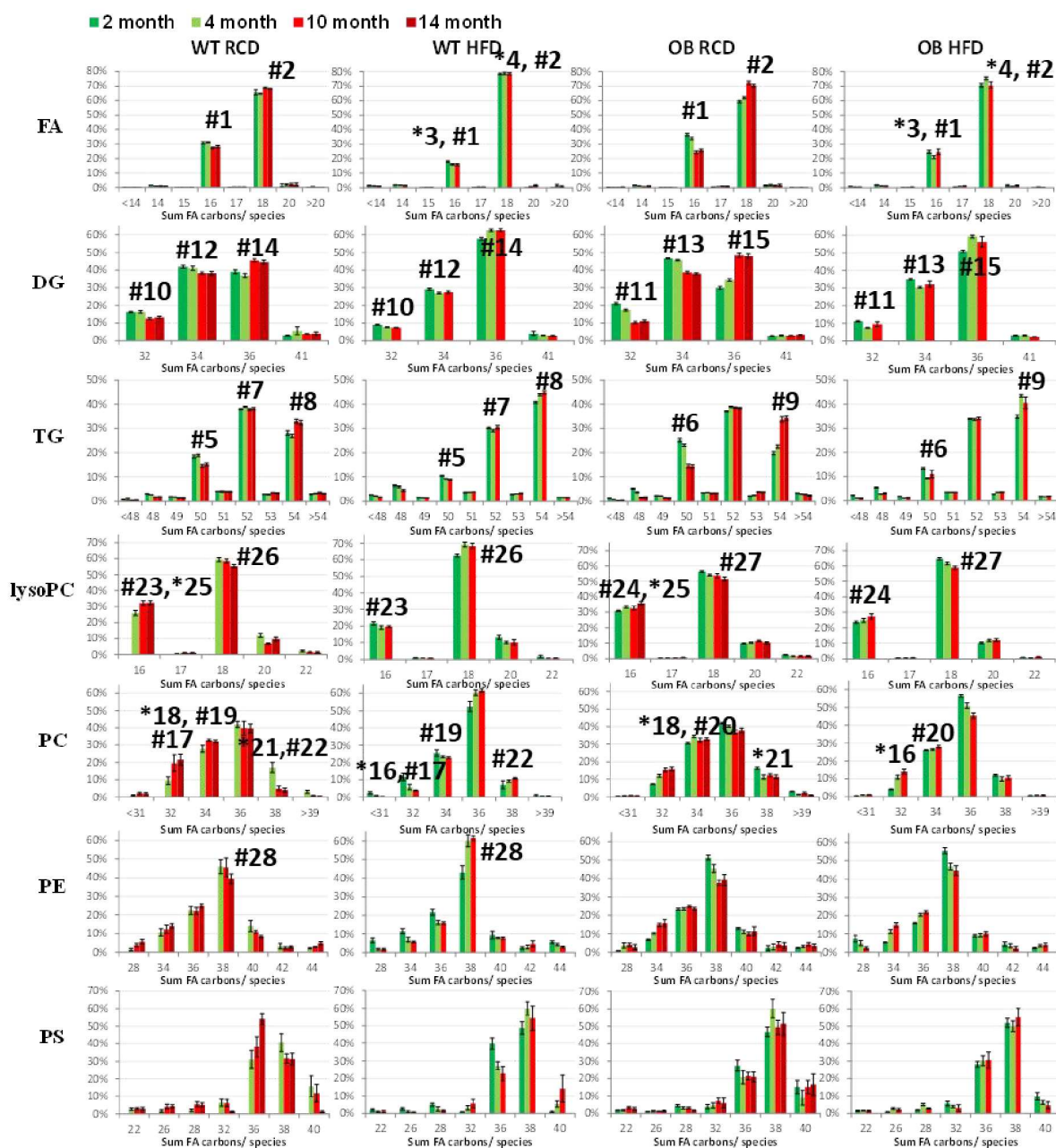


Fig 3 Fatty acid chain length varies in adipose tissues from *ob/ob* (OB) mice and wild-type (WT) controls aged between 2 and 14 months fed by regular chow diet (RCD) or a high fat diet (HFD). Significant changes ($p < 0.05$) for ANOVA tests followed by a Tukey post test for genotype (*) and diet (#) differences. Number signifies comparisons examined by post-test.

Differences in the degree of unsaturation were much more striking than the changes detected in chain length. Oleic acid dominated the profiles of *ob/ob* mice (Fig. 4, first row), with all other unsaturated fats decreased in comparison with the WT mice, while saturated fats were on the whole increased, presumably in part by increased DNL, given that the animals were on the same diet.

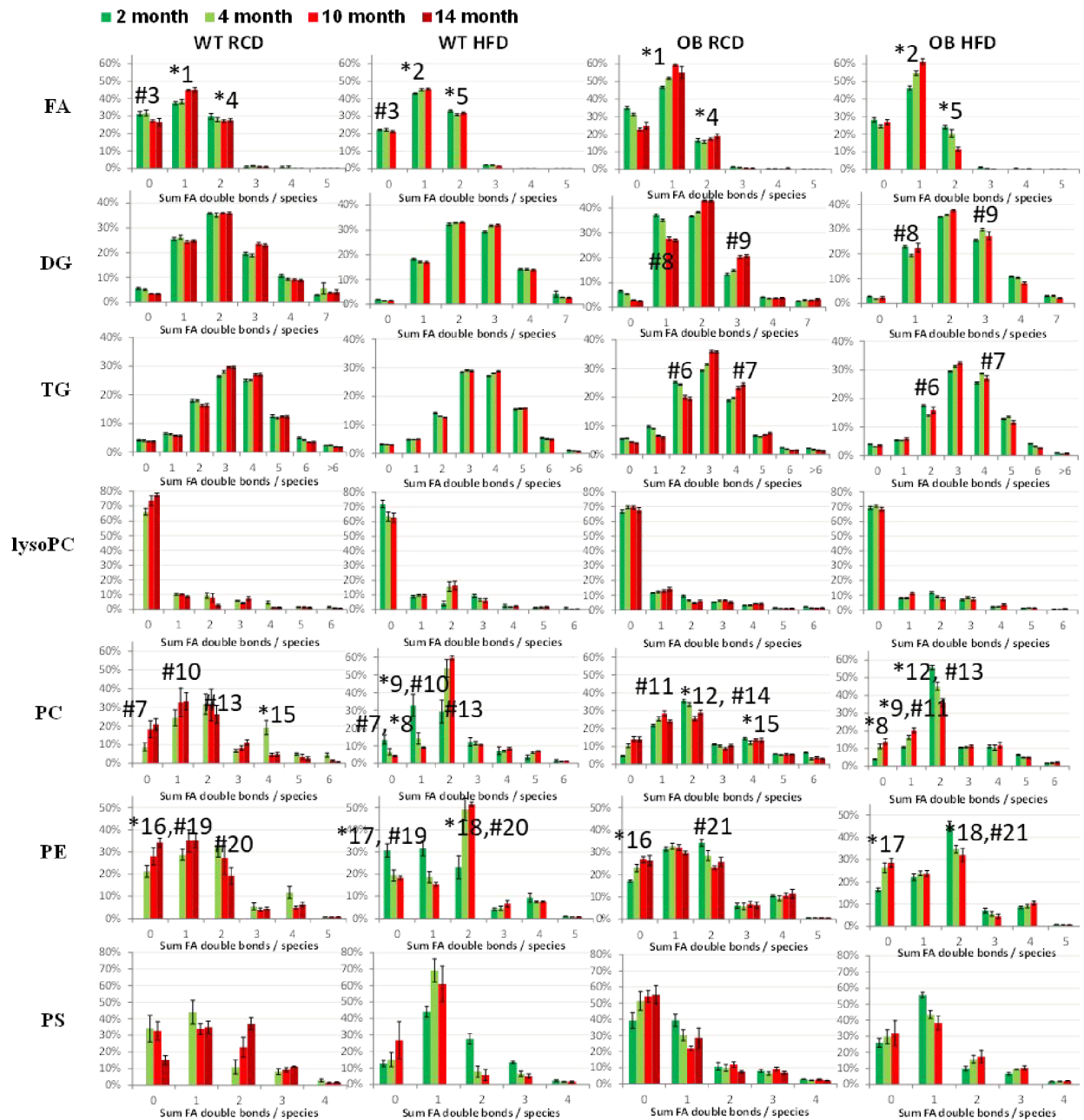


Fig 4 Fatty acid unsaturation varies in adipose tissues from *ob/ob* (OB) mice and wild-type (WT) controls aged between 2 and 14 months fed by regular chow diet (RCD) or a high fat diet (HFD).

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3 Significant changes ($p < 0.05$) for ANOVA tests for genotype (*) and diet (#) differences. Number
4 signifies comparisons performed in the Tukey post-test.
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6 While there were similarities in the differences in terms of chain length and unsaturation
7 between WT and *ob/ob* mice for the classes of FA, DG and TGs, PLs, especially PCs,
8 exhibited very different changes between WT and *ob/ob* mice. The PC fraction consisted of
9 fatty acids with slightly longer and much more unsaturated chains in *ob/ob* mice compared
10 with WT. One of the most marked changes was an increase in PCs where the degree of
11 unsaturation was more than two double bonds ($DU > 2$) in *ob/ob* mice on a RCD compared
12 with WT, and PCs with $DU = 2$ for both strains on a HFD (**Fig. 4**). Comparing profiles
13 between the TG and PC classes it was striking that despite the increase in C16:0 and C18:1
14 incorporated into neutral lipids and FAs, more highly unsaturated FAs ($DU > 2$) were
15 selectively incorporated into PCs. Furthermore, more long-chain FAs (> 18 carbons) were
16 incorporated into PEs and PSs (**Fig. 3**) compared with other lipid classes (FA, DG, TG,
17 lysoPC, PC).
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27 **HFD is the determining factor for lipid composition in mouse WAT**

28 When considering the chain lengths of TG and DG species following a HFD, both WAT from
29 WT and *ob/ob* mice were dominated by species containing more 18-carbon FA side chains
30 and less 16-carbon FA side chains (**Fig. 3**), particularly the accumulation of 54-carbon TGs
31 (mostly comprised of three 18-carbon FA chains) at the expense of 50-carbon TGs (mostly
32 composed of two 16-carbon FAs and one 18-carbon FA) and 52-carbon TGs (one 16-carbon
33 and two 18-carbon FA chains). A similar pattern was also detected for 32, 34, and 36-carbon
34 DGs. For neutral lipids there was only a modest increase in unsaturation associated with HFD
35 (**Fig. 4**).
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42 For PLs, the chain length changes of lysoPCs and PCs induced by a HFD showed a
43 reduction in the distribution of lipids, with 18-carbon lysoPCs and 36-carbon PCs dominating
44 the profiles compared with the RCD fed animals (**Fig. 3**), along with a marked reduction in
45 20-carbon FA containing species. There was also an overall increase in unsaturated fatty acid
46 side chains for both lysoPCs and PCs (**Fig. 4**).
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51 **Longer TGs and saturated PCs accumulate in WAT of aged mice**

52 As detected by GC-MS (**Fig. 1**), lipids containing C18:1 fatty acids increased while C16:0
53 decreased with age. These ageing trends are mostly reflected in the accumulation of
54 54-carbon TGs and a decrease in 50-carbon TGs in older mice, along with similar trends in
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3 DGs (**Fig. 2C & Fig. 3**). However, PCs demonstrated a very different profile of change with
4 age compared with neutral lipids. With age PCs containing either saturated or
5 monounsaturated fatty acids accumulated in WAT of older mice.
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9 **Liquid chromatography-ion mobility-mass spectrometry provides increased resolution** 10 **of lipid species and confirms major lipid trends**

11 While the SPE strategy improved the detection of a larger number of lipid species from the
12 adipose tissue extracts compared with direct measurement of the total lipid extract, many
13 lipids were either isocratically eluted, isobaric or demonstrated a combination of the two
14 properties. Thus, the LC-MS dataset collected on all the adipose tissue samples
15 underestimates the true complexity of the data. To address this, liquid chromatography-ion
16 mobility-mass spectrometry (LC-IM-MS) was performed on the SPE fractions collected from
17 adipose tissue from 10 month old animals. As with the LC-MS dataset, the LC-IM-MS
18 dataset demonstrated that the free FA and PL fractions were largely dependent on the
19 genotype of the animals, while the neutral lipid fraction was determined by both genotype
20 and diet (**Supplementary Figure 1: PLS-DA analysis of lipidomic data**). In the PL fraction a
21 total of 71 features were significantly changed with a $p < 0.05$ and fold change > 2 and were
22 annotated according to exact mass match with the LIPID MAPS Structure Library (LMSD)
23 ³⁴. As classes of lipids, total unsaturated PLs and both total unsaturated and total saturated
24 LPLs increased in *ob/ob* mice, regardless of diet. In the neutral lipid fraction, 57 lipids
25 classified as TGs, DGs and ceramides were significantly changed with a $p < 0.05$ and fold
26 change > 2 and were annotated using the LMSD. Unlike the PL fraction, total neutral lipids
27 were altered by both genotype and diet.
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41 **One-carbon metabolism in mice changes significantly with genotype and correlates with** 42 **changes in phosphatidylcholine metabolism but not triglycerides**

43 Metabolites involved in the 1-carbon cycle were measured in WAT by LC-tandem MS
44 (LC-MS/MS). Differences between genotype and diet became more pronounced in older
45 mice, especially at 10-months (**Fig. 5A**). All WT-HFD mice contained fewer 1-carbon
46 metabolites in their adipose tissue than WT-RCD, while for *ob/ob* mice this pattern was less
47 clear.
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52 Given that choline is a central metabolite in the 1-carbon cycle, we hypothesized that
53 lipid metabolism might correlate with changes in the 1-carbon cycle. OPLS was used for data
54 integration combining different metabolite data. With this methodology, systematic variation
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3 that overlaps across analytical platforms can be separated from platform-specific systematic
4 variation to validate the correlation between the datasets. FAs, TGs, PCs and 1-C metabolites
5 were studied using this method to understand changes occurring as a result of genotype, diet
6 and age. Total FA data (as measured by GC-MS) and TG data (as measured by SPE LC-MS)
7 were correlated well ($Q^2=53\%$), as would be expected as the total FA profile detected by
8 GC-MS will be dominated by fatty acids in TGs (**Fig. 5B**). Of more note, the 1-C cycle
9 metabolite data correlated better with PCs ($Q^2=37\%$) than with total FAs ($Q^2=7\%$) and TG
10 ($Q^2=14\%$). This suggests that when PC metabolism is altered during obesity this has a
11 consequential effect on 1-C metabolism, potentially changing the supply of SAM for
12 processes such as DNA methylation. The conversion between PCs and PEs also relies on
13 SAM.
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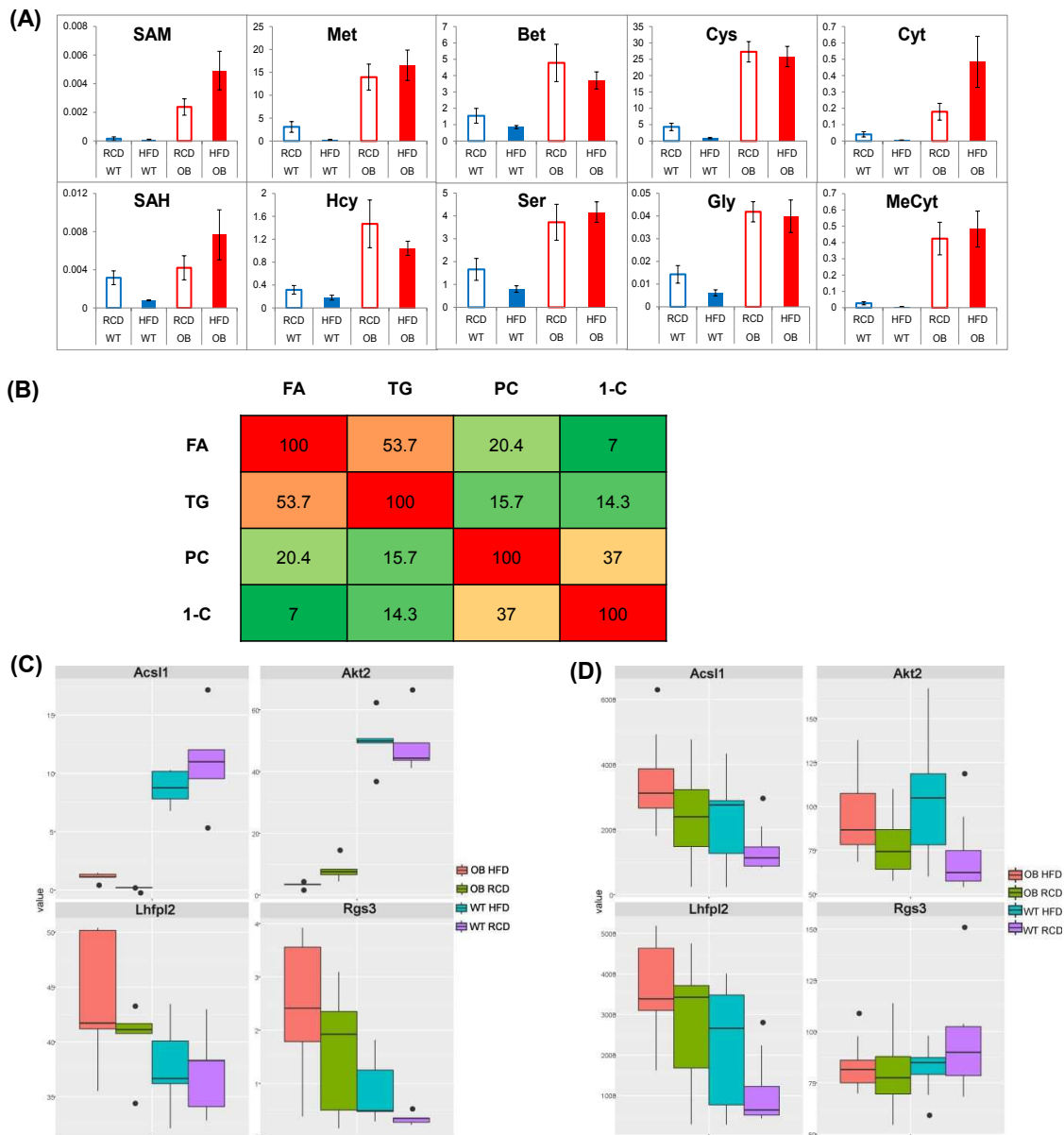


Fig 5 (A) 1-Carbon metabolites varied in adipose tissues from 10-month *ob/ob* (OB) mice and wild-type (WT) controls fed a regular chow diet (RCD) or high fat diet (HFD); (B) Correlation (Q^2_{cum} , %) of different metabolic data by O2PLS application; (C) DNA methylation and (D) expression of four genes selected from literature.

Leptin deficiency results in significant changes in DNA methylation status

As SAM provides methyl groups for DNA methylation, we also determined the methylation status of four genes which are functionally related to obesity and type 2 diabetes and known to be partly under epigenetic control – Acyl-CoA Synthetase Long Chain Family Member 1 (ACSL1), serine/threonine-protein kinase 2 (AKT2), Regulator Of G Protein Signaling 3 (Rgs3) and Lipoma HMGIC fusion partner-like 2 (Lhfp12)³⁵⁻³⁷. ACSL1 and AKT2 were

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3 much less methylated in *ob/ob* mice, while *Rgs3* and *Lhfpl2* were more methylated (**Fig. 5C**)
4 compared with WT. In *ob/ob* mice, from our LC-MS/MS analysis, there was an increase in
5 the pool of SAM for DNA methylation which may contribute to the alterations in methylation
6 status of the genome between WT and *ob/ob* mice. Interestingly, despite the large differences
7 in choline content between the RCD and HFD, the HFD had a smaller impact on 1-carbon
8 metabolites and the methylation status of the four genes examined when compared with
9 genotype changes.
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14 Expression of these four genes were also determined (**Fig. 5D**) and again genotype had a
15 major effect. There was increased expression of *Acs11* alongside reduced methylation in
16 *ob/ob* mice, but expression of *Lhfpl2* was also increased despite being more methylated in
17 *ob/ob* mice. However, the expression of *Rgs3* and *Akt2* were not significantly changed by
18 genotype. Moreover, the influence of the HFD on gene expression was much greater than its
19 effect on the methylation status, with all four genes exhibiting increased expression in
20 HFD-fed mice.
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25 Finally, to examine global methylation, DNA was extracted from adipose tissue from 10
26 month old animals (WT and *ob/ob*, RCT and HFD), digested and the ratio of methyl-cytosine
27 to cytosine calculated using LC-MS/MS (WT-RCD = 2.5%, *ob/ob*-RCD = 4.0%, WT-HFD =
28 3.1%, *ob/ob*-HFD = 6.1%). Two-way ANOVA demonstrated that genotype was associated
29 with a significant change ($p=0.001$), but not diet nor the interaction between genotype and
30 diet.
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36 **Transcriptomics analysis**

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38 To better understand what molecular changes were associated with the lipidome changes
39 detected in the two mouse strains and by the two diets, a transcriptomic study was conducted
40 to compare the differences in gene expression of adipose tissues. Raw data were subject to
41 quantile normalisation with the detection P-value threshold set to 0.01. Gene expression was
42 compared with 95% ($p<0.05$) and 99% ($p<0.01$) confidence intervals for each factor
43 (genotype, diet and age), as shown in **Table 1**, with 5341 genes found to be significantly
44 changed.
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50 Genotype resulted in the greatest number of significantly changed genes (2077
51 transcripts for the RCD at 2 months, 1086 transcripts for HFD at 2 months, 1895 transcripts
52 for RCD at 10 months, and 2063 transcripts for HFD at 10 months), while HFD had a more
53 modest impact on gene expression (2 transcripts for WT at 2 months, 311 transcripts for
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ob/ob at 2 months, 761 transcripts for WT at 10 months, and 1 transcript for *ob/ob* at 10 months). The relative increase in obesity might be a reason for this discrepancy with genotype causing a larger change than diet in the mouse study. Ageing also resulted in more transcriptional changes in *ob/ob* mice compared with controls (5 transcripts for WT on a RCD, 80 transcripts for WT on a HFD, 1079 transcripts for *ob/ob* on a RCD, and 1428 transcripts for *ob/ob* on a HFD).

Table I Transcriptomic summary of gene expression changed significantly ($p < 0.05/p < 0.01$) in adipose tissues from *ob/ob* (OB) mice and wild-type (WT) controls aged between 2 and 10 months fed by regular chow diet (RCD) and high fat diet (HFD).

Comparison	Group	Number of selected probes	Significant results at 0.05	Significant results at 0.01
WT vs. OB	RCD 2 month	15596	2511	121
	RCD 10 month	15392	2309	1122
	HFD 2 month	16413	1303	465
	HFD 10 month	15245	2539	1172
RCD vs. HFD	WT 2 month	16572	2	0
	WT 10 month	14902	878	19
	OB 2 month	15551	361	37
	OB 10 month	15566	1	0
2 month vs. 10 month	WT RCD	15347	5	2
	WT HFD	16305	84	4
	OB RCD	15308	1264	456
	OB HFD	15346	1722	726

To further explore the specific pathways regulated by the *ob/ob* genotype, HFD diet, and aging, KEGG Pathway Enrichment analysis was conducted. The inflammatory and immune system pathways dominated the up-regulated terms (**Supplementary Tables 2 and 3** showing Q-values of KEGG pathways annotating the genes significantly down regulated or up-regulated by genotype, diet or age, and genes associated with lipid metabolic pathways changed significantly ($p < 0.05$) by genotype in the RCD-2 and HFD-10 groups). Inflammation-related pathways were significantly up-regulated by the *ob/ob* genotype in all but the HFD-10 group, by the HFD diet in the WT-10 group and by aging in the OB-RCD group. Inflammation was not associated with all of the *ob/ob* and HFD comparisons, perhaps suggesting that there may be an upper level to the effect of inflammation at the transcriptional level.

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3 The *ob/ob* genotype was associated with the lysosome, phagosome, and signaling pathways
4 that play a key role in the immune system, such as toll-like receptor, nuclear factor
5 kappa-light-chain-enhancer of activated B cells (NF- κ B) and chemokine signaling pathways.
6 The KEGG pathways enriched by genes significantly up- or down-regulated by HFD diet and
7 ageing are also similar to those enriched by *ob/ob* genotype, in particular inflammatory
8 pathways and remodeling associated with organelles like the phagosome and lysosome
9 pathways. Ageing was also associated with down-regulation of peroxisome pathways and
10 metabolic pathways in general, including carbon metabolism and fatty acid metabolism.
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16 To further examine the data, we selected some genes known to be involved in the
17 pathways of DNL (FASN, desaturation (SCD-1), endoplasmic reticulum stress (XBP1,
18 EDEM1, and CARMIL3), adipose tissue remodelling (AGPAT6, MBOAT1, MBOAT2) and
19 related transcription factors (INSIG1, SREBP-1c, SREBP-2, PPAR α , PPAR γ , PPAR δ , and
20 MYC) to determine variations in expression (**Fig. 6**). The significance of these expression
21 changes is shown in **Fig. 7A**. Fasn and Edem1 increased in expression in *ob/ob* mice and
22 HFD-fed mice. Expression of remodelling genes (Agpat6, Mboat1, and Mboat2) decreased in
23 *ob/ob* and HFD-fed and aged mice, suggesting that WAT remodelling is impaired by both
24 obesity and ageing. Other significant changes included decreased expression of PPAR α in
25 *ob/ob* mice and decreased expression of Srebp2 in HFD-fed mice, representing different
26 pathways altered by genotype/diet-induced obesity. Moreover, we examined how these genes
27 are correlated with each other in terms of expression changes (**Fig. 7B**). Adipose tissue
28 remodelling genes (Mboat1, Mboat2) correlated strongly with Srebp2. Lipid metabolism
29 related genes (Fasn, Scd1, Xbp1 and Edem1) correlated with transcription factors Srebp1,
30 PPAR α , PPAR γ , PPAR δ , and Myc.
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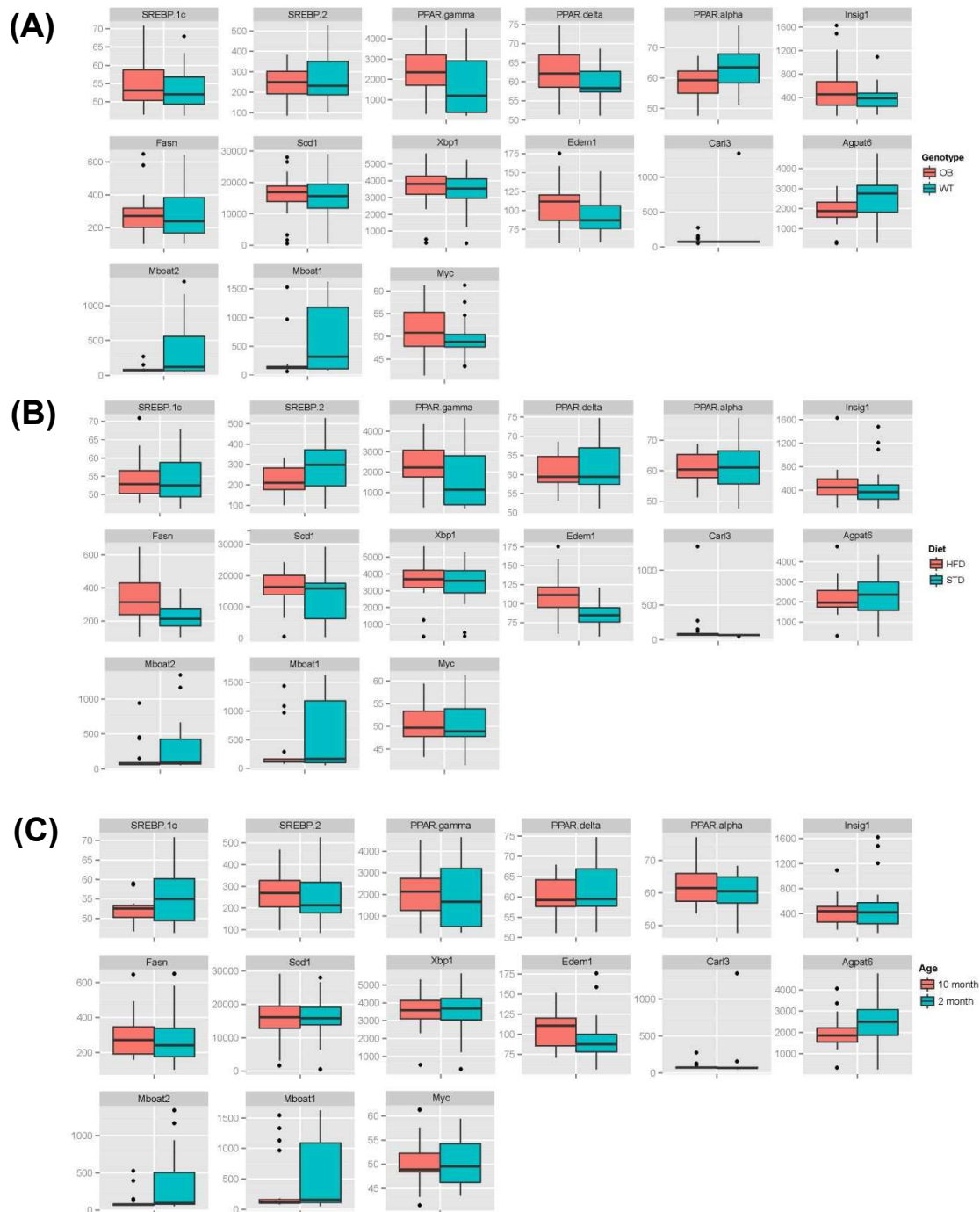


Fig 6 (A) Selected gene expression comparison between *ob/ob* (OB) and wildtype (WT) mice; (B) Selected gene expression comparison between high fat diet (HFD) and regular chow diet (RCD) fed mice; (C) Selected gene expression comparison between 2 month and 10 month old mice.

The transcriptomic patterns of *Fasn*, *Insig1*, *Insig2*, *PPAR γ* , and *Srebf1* were highly similar, and up-regulated in adipose tissue of *ob/ob* mice at the age of 2 months compared with

wild-types but down-regulated at 10 months compared with wild-type controls, up-regulated in adipose tissue of 10 month old wild-type mice during aging but down-regulated in 10 month old *ob/ob* mice compared with the younger animals. This suggests that DNL was activated by leptin deficiency in younger mice and with aging in wild-type animals, but inhibited in adipose tissue of old *ob/ob* mice. *Scd1* and *Elovl6* were regulated in similar directions with *Fasn* which may drive the lipidome remodelling detected, and was most associated with increased fatty acid chain length and degree of unsaturation in PCs.

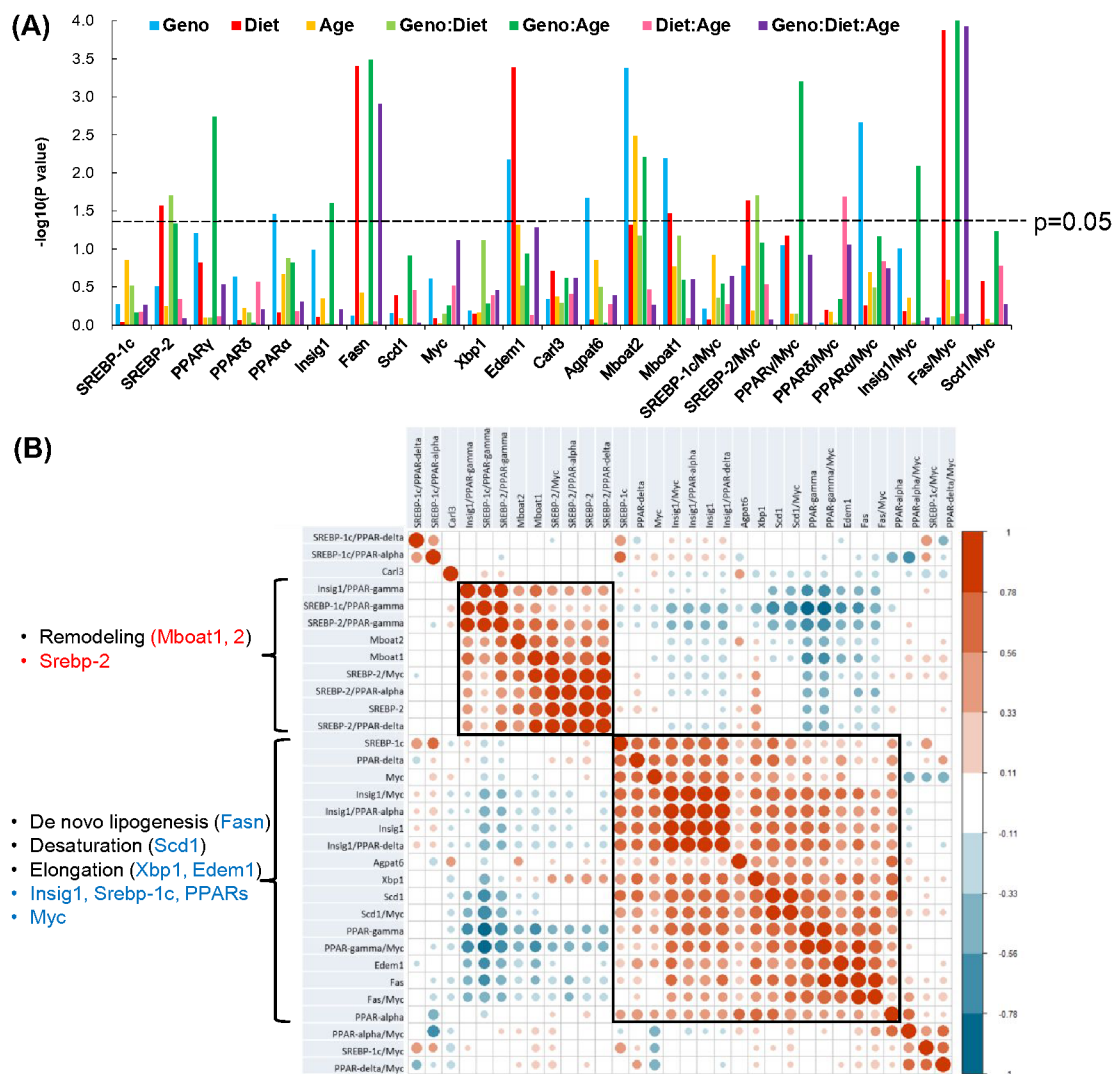


Fig 7 (A) Significance (P-value) of selected gene expression comparison in terms of genotype/diet/age groups factors; **(B)** Heatmap showing correlation of selected genes involved in de novo lipogenesis (DNL), desaturation, elongation, adipose tissue remodelling and related transcription factors.

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3 Expression of Elov11 was up-regulated by *ob/ob*, the HFD and aging, while Elov16 was
4 down-regulated significantly by HFD in the same groups, suggesting elongation of C18:0 by
5 ELOVL1 is activated to form more long chain fatty acids in adipose tissue of either old or
6 obese mice. However, further desaturation of oleate was limited as the desaturase genes
7 (Fads1 and Fads2) were down-regulated by *ob/ob*, HFD, and aging. This agrees with the
8 dominance of oleate in adipose tissue of obese and aged mice. Moreover, the expression of
9 TG biosynthesis and lipid remodelling genes (Mboat1 and Mboat2) were down-regulated by
10 obesity from either *ob/ob* or HFD.
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18 Discussion

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20 Stored lipids in adipose tissue, largely TGs, are either derived from the diet, or associated
21 with DNL and subsequent modifications. Here, both mouse strains on a RCD diet (11.5% fat)
22 demonstrated DNL activity as shown by the TG content of their WAT, with the dominant
23 components of adipose TGs being C16:0, C16:1, and C18:1, despite C18:2 being the major
24 fatty acid in the RCD. This was even more apparent in *ob/ob* mice, where leptin deficiency
25 increases appetite and led to an increased production of C18:1 oleic acid, showing concerted
26 action on ACC, FAS, SCD-1 and ELOV6, which have a higher flux than those enzymes
27 involved in subsequent fatty acid modifications. The activities of Δ^5 -eicosatrienoyl-CoA
28 desaturase and Δ^6 -oleoyl(linolenoyl)-CoA desaturase are reported to be associated with
29 hyperglycemia and non-alcoholic steatohepatitis, and palmitate can compete with omega-6
30 linoleic and omega-3 α -linolenic acids for FADS2 mediated Δ^6 -desaturation³⁸⁻⁴⁰.
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40 There are conflicting reports as to whether an increased oleate- content of WAT is protective
41 or deleterious to whole body insulin resistance^{41, 42 43}. We have reported previously⁴⁴ that
42 TGs containing fatty acids with 16-18-carbons and derived from Δ^9 desaturation, especially
43 oleate, were increased in *ob/ob* mice. In this previous study, while AdTG-*ob/ob* mice had
44 increased SCD ratios but decreased Elov16 ratios in WAT, the mice were more obese but
45 relatively metabolically healthy compared with *ob/ob* mice, while the AKT2 KO mice which
46 are lean but insulin resistant had increased Elov16 ratios but not significantly changed SCD
47 ratios compared with wildtype mice. This suggests that oleic acid production may be
48 protective for insulin resistance, but at some stage this is overwhelmed by increasing lipid
49 storage, possibly related to the decline in proportion of essential n-3 and n-6 PUFAs.
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3 While relatively increased fatty acids C16:0 and C18:1, and decreased C18:2 fatty acid
4 content was also apparent in DGs and FAs in *ob/ob* WAT, this pattern did not extend to PCs
5 which had longer and more unsaturated fatty acids, particularly highly unsaturated fatty acids
6 (HUFAs). HUFAs, in contrast to MUFAs and precursor PUFAs, are usually found in
7 membrane lipids as components of PLs where they contribute to maintenance of membrane
8 fluidity and sensitivity to hormones, and also regulate gene expression through various
9 transcription factors, such as the PPAR receptors, liver-X receptor, HNF4, and SREBP-1c
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While relatively increased fatty acids C16:0 and C18:1, and decreased C18:2 fatty acid content was also apparent in DGs and FAs in *ob/ob* WAT, this pattern did not extend to PCs which had longer and more unsaturated fatty acids, particularly highly unsaturated fatty acids (HUFAs). HUFAs, in contrast to MUFAs and precursor PUFAs, are usually found in membrane lipids as components of PLs where they contribute to maintenance of membrane fluidity and sensitivity to hormones, and also regulate gene expression through various transcription factors, such as the PPAR receptors, liver-X receptor, HNF4, and SREBP-1c⁴⁵⁻⁴⁷. The selective enrichment of PLs with HUFAs could be another protective mechanism to maintain normal function and membrane fluidity of adipocytes during large consumption of carbohydrates which in turn activates DNL.

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WAT from WT-HFD mice reflected the FA composition of the HFD, except for a moderate increase in C16:0 and C18:1, presumably due to a contribution from DNL, particularly for FAs, DGs and TGs. The pattern was also apparent for lysoPCs, PCs, PEs, and PSs, and this contributed to a decrease in the distribution of lipids in the HFD-fed mice due to domination of a relatively small number of dietary FA species. While the WT-HFD group appeared to ‘resist’ the adoption of the dietary fatty acid profile by maintaining a greater range of lipids, the OB-HFD group had the greatest reduction in lipid species compared with the other groups. This loss of diversity may have a major impact on cellular function, particularly of cell membranes. Previously we have shown⁴⁸ that myocardial mitochondrial dysfunction was detectable in the hearts of OB-HFD mice (3 month) much earlier than in OB-RCD mice (14 month) which may reflect changes in sub-cellular membrane composition induced by the HFD.

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One of the most profound changes in metabolism detected was the increase in 1-C cycle metabolites, and in particular SAM for methylation, in *ob/ob* mice on a RCD compared with wildtype mice. While a HFD decreased all 1-C metabolites in wildtype mice it produced a more complex pattern in *ob/ob* mice with less homocysteine, betaine, cysteine, and glycine but more SAM, SAH, methionine, serine, cytosine, and methyl-cytosine than OB-RCD mice. The CDP-choline pathway links choline to phosphocholine formation as well as the 1-C pathway⁴⁹. SAM can also be used to methylate PE to form PC. Moreover, SREBP-1, which is induced by insulin signalling, can interact with SAM through 1-C metabolism and lipid metabolism^{19, 50, 51}. These pathways suggest crosstalk between lipid metabolism and SAM formation. In obese mice, excess fat storage results in a greater demand for PCs to be utilized

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3 to form and enlarge membranes to support adipocyte expansion and differentiation. In *ob/ob*
4 mice the whole choline/1-carbon metabolism pathway may be activated to support PC
5 formation, in part to drive cell membrane formation. This upregulation in SAM production
6 may also alter the methylation capability for DNA and histones, explaining some of the
7 methylation changes we detected in key transcription factors, ACSL1, AKT2, Rgs3, and
8 Lhfpl2, whose epigenetic changes in WAT are known to alter systemic metabolism³⁵⁻³⁷.

14 Transcriptomic changes demonstrate that a number of lipid regulating and remodelling
15 genes were repressed by leptin deficiency, HFD, and aging including decreased expression of
16 PPAR α in *ob/ob* mice and decreased expression of Srebp2 in HFD-fed mice. Coordinated
17 remodelling of the structure and metabolism of WAT has been reported to play an important
18 role in developing insulin resistance and cardiovascular diseases⁵²⁻⁵⁴. Using correlation
19 analysis, the remodelling genes correlate well with Srebp2 while lipid synthetic genes were
20 correlated with Srebp1c and PPARs in the current study. Srebp2 regulates cholesterol
21 synthesis and sterol content of cell membranes, while Srebp1c regulates fatty acid synthesis⁵⁵.
22 Carobbio and colleagues¹⁵ showed that Insig1 mRNA expression decreased in WAT from
23 mice with obesity-associated insulin resistance and in morbidly obese humans. Insig1
24 downregulation promotes the maintenance of mature SREBP1 and facilitates DNL and FA
25 unsaturation, compensating for the anti-lipogenic effect of insulin resistance. In addition all
26 PPARs play central roles in regulating carbohydrate and lipid metabolism in WAT and the
27 decrease in PPAR α and increase in PPAR γ is consistent with a switch from fatty acid
28 oxidation to storage and elongation in WAT during increased storage of TGs⁵⁶.

40 Conclusions

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42 In the current study, we have demonstrated that on a RCD both wildtype and *ob/ob* mice
43 regulate fatty acid composition differently between storage lipids, largely TGs and DGs, and
44 the PL components of the cell membrane, presumably reflecting the importance of
45 maintaining cell membrane function. Conversely, most of the lipids stored in the WAT of
46 HFD-fed mice are assembled directly using dietary fatty acids. This has far-reaching effects
47 including alterations in 1-C metabolism, epigenetic changes and transcriptionally including
48 key transcription factors involved in coordinating lipid metabolism.
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4 **Associated Content:**
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6 **Supporting information:**
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8 **Supplementary Figure 1:** Liquid chromatography ion mobility of the adipose tissue
9 fractions collected following solid phase extraction.

10 **Supplementary Table 1:** Q-values of KEGG pathways annotating the genes significantly
11 down regulated or up-regulated by *ob/ob* genotype / HFD diet / aging factors.

12 **Supplementary Table 2:** The genes associated with lipid metabolic pathways changed
13 significantly ($p < 0.05$) by genotype in the RCD-2 and HFD-10 groups, and by aging in the
14 OB-HFD group.

15 **Supplementary Table 3:** The genes associated with lipid metabolic pathways changed
16 significantly ($p < 0.05$) by genotype in the RCD-2 and HFD-10 groups, and by aging in the
17 OB-HFD group.
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Author Contribution

JLG and AJM conceived the original study. XW and YC performed the animal study. KL, CH, JD, LDR, MKG, and JAW performed metabolomic assays. KL, JLG, AA and RCG performed bioinformatics and interpreted the data. All authors read and approved the final manuscript.

Conflict of Interest

The authors declare that they have no conflicts of interest.

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TOC Image

