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1 **Water-saving traits can protect wheat grain number under progressive soil drying at**
2 **the meiotic stage: a phenotyping approach**

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11 **Keywords:** *Triticum aestivum* L., conservative and non-conservative water use, water-use
12 efficiency, shoot phenotyping, seed set, antitranspirant, stomatal conductance

13 **Running title:** Water-saving strategies at wheat meiosis

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30 **Abstract**

31 In wheat, water deficit during meiosis of pollen mother cells greatly reduces seed set and grain
32 number. A promising option to avoid grain losses and maintain wheat productivity under water
33 stress is to exploit conservative water-use strategies during reproduction. In this work two
34 cultivars known to be adapted to different environments were studied. Water stress, with or
35 without a polymer spray known to reduce stomatal conductance, was applied to both cultivars
36 just prior to meiosis. Two experiments were carried out in a phenotyping platform to 1) assess
37 and validate daily non-destructive estimation of projected leaf area and to 2) to evaluate
38 different water-use (WU) strategies across the meiotic period and their effect on physiology
39 and yield components.

40 Gladius displays an elevated breakpoint (BP) in the regression of WU against fraction of
41 transpirable soil water (FTSW) for both daily and night-time WU suggesting higher
42 conservative whole-plant response when compared to Paragon. At the same time, Gladius
43 maintained flag leaf gas-exchange with a significant reduction at ~0.2 FTSW only, suggesting
44 an uncoupled mechanism of WU reduction that optimized the water resource available for flag
45 leaf gas-exchange maintenance. Under progressive soil drying, seed set and grain number of
46 tillers stressed at GS41 were significantly reduced in Paragon ($P < 0.05$) thus leading to lower
47 grain yield and grain number reduction at plant level than Gladius. Polymer-induced reduction
48 of transpiration is potentially useful when applied to the non-conservative stressed Paragon,
49 maintaining higher FTSW, water-use efficiency and RWC during the progressive soil drying
50 treatment. This lead to better seed set ($P < 0.05$) and grain number maintenance ($P < 0.05$) than
51 in the stressed Paragon control.

52 We conclude that the different conservative traits detected in this work, protect grain
53 development around meiosis and therefore maintain grain number under water limiting
54 conditions. Additionally, non-conservative genotypes (often with a greater expected yield
55 potential) can be protected at key stages by reducing their water use with a polymer spray.
56 Thus, future efforts can integrate both crop breeding and management strategies to achieve
57 drought-resilience during the early reproductive phase in wheat and potentially other cereals.

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63 **Introduction**

64 Grain yield reduction due to lack of water resources is a primary problem in many species of
65 cereals. Grain number and grain weight (the primary yield-determining components in wheat)
66 are affected by water stress, depending on the magnitude, duration and the phenological stage
67 at which the stress occurs (Barnabás et al. 2008; Farooq et al. 2014). In particular, early
68 reproductive phases are highly sensitive stages in wheat (Saini and Westgate 1999; Ji et al.
69 2010) and water stress leads to high yield losses mainly by decreasing the grain number
70 following limited seed set (Ji et al. 2010; Onyemaobi et al. 2017). Pre-reproductive stage water
71 stress (e.g. at tillering or during differentiation of the floral meristem) can reduce grain number
72 due to reduction in total spike number and in spikelet number per spike (Ji et al. 2010).
73 However, seed set reduction following water stress later in development is primarily due to
74 sensitivity in reproductive structures of the cleistogamous floret, and is particularly evident
75 during meiosis in pollen mother cells (Saini 1997; Ji et al. 2010; Weerasinghe et al. 2016),
76 commonly accepted to occur at Growth Stage 41 (GS41). Depending on the magnitude of stress
77 and the growing conditions, reduction of soil water availability at meiotic stages reduces grain
78 number or seed set from 30% up to 50% (Weerasinghe et al. 2016; Onyemaobi et al. 2017).
79 Although recent work shows that genotypic variation is also present for sensitivity to water
80 restriction of female organ development (Onyemaobi et al. 2017), there is longstanding
81 evidence that several environmental stresses drastically affect the male gametophyte leading to
82 pollen sterility (Bingham, 1966; Ji et al. 2011; Lalonde et al. 1997; Ji et al. 2010). One
83 mechanism involves degradation of the tapetum, leading to damage at the anther layers and
84 associated with reduction of starch accumulation of the pollen grains (Saini et al. 1984). Even
85 moderate water stress (i.e. without a reduction in spikelet water potential) (Saini and Westgate,
86 1999) can induce pollen sterility, suggesting potential involvement of hormone-derived signals
87 (e.g. abscisic acid, ABA) that modify sugar metabolism (Morgan 1980; Westgate et al. 1996;
88 Oliver et al. 2007). Therefore, soil water conservation strategies are of primary importance
89 during the meiotic stages for grain number determination and yield maintenance under reduced
90 soil water availability.

91 Water-use strategies determine the efficacy of a crop to optimize water resource utilisation
92 under disadvantageous environments. So-called non-conservative phenotypes are mostly
93 advantageous when water resources are not scarce and yield potential can be achieved (Blum,
94 2009). Under more severe water stress conditions, rain-fed crops rely on stored soil water and,
95 therefore, conservative phenotypes are preferable owing to their slower use of available water

96 (Rizza et al. 2012; Tuberosa 2012; Nakhforoosh et al. 2016). For instance, there is evidence of
97 a significant yield benefit when genotypes with early decrease in transpiration (i.e. when soil
98 moisture is still significantly available) are grown under rain-fed conditions (Sinclair and
99 Muchow 2001). This suggests that, during cyclic periods of water scarcity, this conservative
100 behaviour can avoid the onset of water stress until the next rain event (Schoppach and Sadok
101 2012). Although genotypic variation has been already shown for the conservative strategies
102 proposed above (Schoppach and Sadok 2012), there are few reports linking these strategies to
103 critical growth stages when yield components, such as grain number, are determined. Both
104 morphological and physiological factors can substantially contribute to the phenotypic
105 response to water deficit and therefore affect grain yield production (Tuberosa 2012). For
106 example, variation in water loss through stomata (physiological trait) combined with variation
107 in the total leaf area devoted to transpiration (morphological trait) synergistically determine the
108 balance between non-conservative and conservative phenotypes (Nakhforoosh et al. 2016).
109 Responses of stomata to environmental cues (Lawson and Blatt 2014), stomatal sensitivity to
110 drought-induced signals (Jia and Davies 2007), stomatal density (Hetherington and Woodward
111 2003) and stomatal pore length (Franks and Beerling, 2009) determine the rate of physiological
112 regulation through stomatal conductance per unit of leaf area of the plant at a given
113 environmental condition. Total leaf area (Nakhforoosh et al. 2016), canopy architecture
114 (Wilson et al. 2005) and root traits (de Dorlodot et al. 2007) are morphological factors that
115 contribute to total plant water loss.

116 Thus, a complex interplay between physiology, morphology, genetics and environment
117 determines the whole-plant response to stress but the degree of damage that can occur at a
118 yield-determining stage such as meiosis is critical. Understanding how soil moisture is depleted
119 could avoid i) seed set reduction during the early reproductive phase and ii) maintain water
120 availability during the grain filling stage and iii) avoiding the onset of the terminal stress. This
121 approach could permit selection of genotypes with elevated resilience to water stress at critical
122 stages and allow the mechanisms underlying the yield protection to be further exploited both
123 in crop breeding and crop management.

124 Our hypothesis, therefore, is that water-saving strategies can sustain seed set and other yield-
125 related traits in wheat subjected to reduced water availability during meiosis. To assess the
126 effect of the total leaf area on water-use non-destructively, an experiment (Experiment 1) was
127 carried out to validate a protocol for projected leaf area estimation through imaging.
128 Subsequently (Experiment 2), we tested two cultivars both widely used as parental lines in
129 mapping populations (Maphosa et al. 2014). Gladius is adapted to a climate with generally sub-

130 optimal water supply (Maphosa et al. 2014) while Paragon (an elite UK spring wheat) is mainly
131 adapted and grown under a relatively high rainfall region. The cultivars have contrasting total
132 projected leaf area, a comparable rate of stomatal conductance at saturating light and flag leaf
133 stomatal density but potentially different stomatal sensitivity to water stress. In addition, a
134 polymer treatment well known to increase the leaf stomatal resistance to water vapour was
135 used. This treatment was applied just prior to GS41 in order to evaluate the degree of efficiency
136 of the water-saving induced strategy over meiosis at maintaining final seed set. Estimation of
137 daily and night-time plant water use, non-destructive estimation of projected leaf area through
138 imaging, physiological and yield measurements provided a morpho-physiological evaluation
139 of the contrasting water-use behaviour in relation to reduced soil water availability across the
140 meiotic stages.

141 **Materials and Methods**

142 *Experiment 1*

143 *Experimental setup*

144 Spring wheat grains (*Triticum aestivum* L., cv. Paragon) were germinated and grown in pots
145 (3.5 L, 30 pots in total) that each contained 1100 g of growing substrate (Levington F2, Fisons,
146 Suffolk, UK) on a conveyor system (Lemnatec GmbH, Pascalstraße 59. 52076 Aachen,
147 Germany) at the National Plant Phenomics Centre (NPPC) greenhouse. Plants were
148 automatically watered daily to a set target weight of 2350 g. During the experiment, plants
149 were grown at ~18/15°C day/night temperature on average and ~60% of relative humidity with
150 an average daily photon flux density of 400 $\mu\text{mol photons m}^{-2} \text{s}^{-1}$ from natural light
151 supplemented by high-pressure sodium lamps (14-hr/10-hr light–dark photoperiod) system.

152 *Calibration of projected leaf area against above ground fresh and dry weight.*

153 At GS12 (second leaf unfolded, BBCH wheat growth scale) (Lancashire et al. 1991) until GS69
154 (flowering completed), plants (n=3) were analysed weekly. Initially, plants were imaged in the
155 conveyor system from three sides with RGB cameras and then immediately the above ground
156 biomass was harvested and weighed (fresh weight, g). Samples were then oven-dried at 80°C
157 for 48h and weighed again (dry weight, g). The projected leaf area (cm^2) was estimated from
158 the images as number of green pixels segmented from each image and scaled to a calibration
159 standard. To assess the validity of the projected leaf area values, the data were then plotted
160 (fresh and dry weight to image-estimated projected leaf area in cm^2) (Supplementary Fig. 1)

161 **Experiment 2**

162 *Experimental setup*

163 Spring wheat grain (*Triticum aestivum* L., cv. Paragon and Gladius) were sown on the 10th
164 October 2016 for Paragon and on the 17th October 2016 for Gladius, as two grains per 3.5 L
165 pot that all contained 1100 g of growing substrate (Levington F2, Fisons, Suffolk, UK). The
166 one-week difference in sowing date was due to the different cultivar phenology as, from
167 previous experiments in similar growing conditions, Gladius reached GS 41 (BBCH wheat
168 growth scale) (Lancashire et al. 1991) one week earlier than Paragon. Grains were germinated
169 in controlled environmental conditions at $\sim 200 \mu\text{mol m}^{-2} \text{s}^{-1}$, 14 hour day 18/15°C day/night
170 temperature, with $\sim 60\%$ relative humidity. The two cultivars were chosen as they show very
171 different total shoot biomass and are adapted to contrasting environments (Paragon, high total
172 biomass and UK-grown cultivar; Gladius, low-total biomass and Australian-grown cultivar)
173 although their flag leaves had similar stomatal density under our growing conditions
174 (Supplementary Fig. 2). One week after germination, seedlings were thinned to one per pot,
175 selecting for those with uniform vigorous growth. After two weeks, the plants were transferred
176 to a conveyor system (Lemnatec GmbH, Pascalstraße 59. 52076 Aachen, Germany) inside the
177 greenhouse of the National Plant Phenomics Centre (NPPC, Institute of Biological,
178 Environmental and Rural Sciences, Aberystwyth, UK) and grown as in Experiment 1. A liquid
179 feed (Chempak No. 2 25:15:15 NPK, 100ml/plant, Thompson and Morgan, Ipswich, UK) was
180 applied just before GS39 to all pots. The experiment was arranged in a randomized complete
181 block 2 x 2 x 2 factorial design with two cultivars (Paragon and Gladius), two levels of watering
182 regime (well-watered, WW and water-stressed, WS) and two levels of polymer application
183 (water and 0.5% v/v Vapor Gard [VG, Miller Chemical and Fertilizer LLC, Hanover, USA.
184 a.i. di-1-*p* menthene 96%] in eight blocks (n=8 for each treatment).

185 *Treatment application, available water content analysis and water-use estimation*

186 Before full flag leaf emergence (GS39), watering was applied to the pots ensuring full water
187 availability to all the plants (~ 2350 g target weight, ~ 1100 mL of available water content
188 (AWC) and a volumetric water content of $\sim 45\%$). In order to estimate plant water use (WU),
189 soil evaporation was minimized by placing 150 g of plastic beads at the top of the pot (and
190 included in the pot target weight). The beads were then kept stationary in the pot by using a
191 lightweight plastic frame fixed with three wires. The progressive soil drying treatment was
192 applied from GS41 and recorded as “days after treatment” (DAT) for both water stress and
193 chemical application (DAT 0 is the time of application). Selected plants were treated with water

194 or VG to give complete adaxial coverage in water emulsion using a hand sprayer (Peras 7,
195 Hozelock Exel, Beaujolais-France), all on the same day. WW pots were maintained at ~2350
196 g throughout the experiment. The progressive soil drying treatment was imposed to WS pots
197 in three stages: (1) from DAT 1 to DAT 4 no water was applied, (2) from DAT 5 to DAT 8
198 where pots were re-watered to 1450 g if target weight was below that value and (3) DAT 9 to
199 DAT 12 no water application. Pot weight was recorded in the evening (~20:30) and in the
200 morning (~5:30) and pots were re-watered in the morning only. Pots were fully re-watered to
201 the WW target weight on DAT 13.

202 Water content in the pot was then expressed as the fraction of transpirable soil water (FTSW).
203 Total transpirable soil water (TTSW) was calculated as the difference between the pot at 100%
204 AWC and when the transpiration of the plants was ~10% of the control plants. The FTSW
205 value for each DAT was then calculated as $FTSW = (WT_n - WT_f) / TTSW$ and WT_n represents
206 the pot weight on a given DAT and WT_f the pot weight of a stressed plant showing ~10% of
207 the transpiration of the control plants. Daily WU was estimated as the difference in weight after
208 24 hours. Daily and night WU were estimated as the difference in pot weight between the
209 evening and morning weight (night WU) and the morning and evening weight (daily WU). At
210 DAT 4 and 5, data of WU are not presented due to a technical issue where different timing of
211 pot weighing did not allow a proper comparison between DAT.

212 *Tagging of the tillers at meiosis*

213 Meiosis occurs at GS41 in a large number of studies, environmental conditions and for a wide
214 number of genotypes (Weerasinghe et al. 2016; Ji et al. 2010; Onyemaobi et al. 2017). The
215 distance between the auricle of the flag leaf and the penultimate leaf (AD) is considered a
216 reliable indicator of the meiotic stage, reporting spikelet development within the culm (Morgan
217 1980). An AD between 2 and 12 cm has been considered the stage at which wheat meiosis
218 occurs in most of the literature available (Weerasinghe et al. 2016; Ji et al. 2010; Onyemaobi
219 et al. 2017). Microscopic analysis of the anthers confirmed that, for the plant material used in
220 this work (Gladius and Paragon), mature pollen grains were present in the anthers when the
221 AD was between 15 and 20 cm (Supplementary Fig. 3). Therefore, in order to assess water
222 stress damage at meiosis stage only, a variable number of tillers (between n=22 and n=34),
223 with an AD between 0 and 12 cm were tagged for all the plants on DAT-1. An additional set
224 of tillers with an AD between 0 and 12 cm were tagged at DAT 7. The average AD distance
225 for Paragon was 8.9 cm at DAT-1 and 6.1 cm at DAT 7, whereas for Gladius it was 5.7 cm at
226 DAT-1 and 4.1 cm at DAT 7.

227 *Imaging projected leaf area*

228 At DAT 0 until DAT 12 plants were imaged each night using RGB cameras to collect images
229 from three side angles of every plant. The projected leaf area (cm²) was estimated as for
230 Experiment 1.

231 *Relative water content*

232 Relative water content (RWC) for the flag leaf was calculated according to Barr and
233 Weatherley (1962). Briefly at DAT 3, 6, 9 and 12, flag leaf samples (~2.5 cm²) (n=5) were
234 collected. The fresh weight was then recorded (Fw) with a balance (Mettler-Toledo XS 205
235 Dual Range, Columbus, USA) followed by a re-hydration period in distilled water in the dark
236 at ~4°C for 4 hours (turgid weight, Tw), then oven-dried at 80°C for 12 hr and weighed the day
237 after (dry weight, Dw). RWC (%) was then calculated as: (Fw- Dw)/(Tw-Dw) x 100

238 *Gas-exchange*

239 Gas-exchange analysis was performed on the flag leaf on DAT 3 (n=5), 6 (n=5), 9 (n=6) and
240 12 (n=6) by using a WALZ GFS-3000 system (WALZ, Effeltrich, Germany) with a 4 cm²
241 cuvette ensuring saturating light for wheat (1500 μmol m⁻²s⁻¹ photon flux density).
242 Measurements were collected at 400 ppm CO₂, a cuvette temperature of 25°C, and an average
243 VPD of ~1.6 kPa. Values for CO₂ assimilation rate at saturating light (A_{max} , μmol m⁻²s⁻¹) and
244 stomatal conductance (g_s , mmol m⁻²s⁻¹) were collected. Intrinsic water-use efficiency ($iWUE$)
245 was then calculated as the ratio between A_{max} and g_s (μmol mol⁻¹). Data were recorded between
246 08.30 and 15:00.

247 *Seed-set and yield components analysis*

248 At maturity (6th of March 2017) the tagged tillers and the whole plant were hand harvested and
249 oven-dried. From each ear, grain number, grain weight was measured and thousand grain-
250 weight (TGW) calculated. Seed set was expressed as a percentage and calculated as the ratio
251 between fertile florets and the total number of potential fertile florets of the ear. Grain yield
252 (plant⁻¹) was assessed as the total grain weight per plant while grain number (plant⁻¹) was
253 calculated as the total grain number for all the fertile tillers of each plant.

254 *Statistical analysis*

255 The data were statistically analysed using Microsoft Excel and SPSS (IBM SPSS Statistics for
256 Windows, Version 24.0. Armonk, NY). Data from the polymer-treated and untreated Gladius

257 plants are presented in Supplementary Table 1 as no differences were found due to the
258 insensitivity of the yield components of the cultivar to the soil water deficit imposed in this
259 work. Therefore, a two-way analysis of variance (ANOVA) was used for cultivar x watering
260 regime analysis. In comparison, one-way ANOVA was used for WS Paragon analysis treated
261 with water or VG. In order to compare the response of the physiological traits analysed to the
262 soil available water content, RWC and gas-exchange data are plotted against the FTSW at the
263 date of the analysis. An analysis of covariance (ANCOVA, FTSW as covariate) was then
264 performed. Data were checked for normality by examining residual plots. A Tukey's test
265 ($P < 0.05$) was used for means separation. In addition, the WU data (daily and night-time) were
266 plotted against FTSW. Given the typical shape of the WU response to FTSW, the data were
267 subjected to segmented regression analysis. The method was used to 1) estimate the WU
268 breakpoint, 2) R^2 of the fitted curve and 3) the slope of the water use reduction as a result of
269 the reduced water availability treatment. When appropriate, regression was also used to test the
270 relationships between variables (linear or polynomial fit). The fraction of transpirable soil
271 water, daily WU and night-time WU data are presented as means \pm standard error of the means
272 (SEM).

273 **Results**

274 *Experiment 1*

275 *Calibration of projected leaf area*

276 A significant ($P < 0.001$) relationship between biomass measured destructively and non-
277 destructive estimation of projected leaf area was recorded (Supplementary Fig. 1). For both
278 fresh and dry weight, a power fit successfully explained the relationship. However, an earlier
279 saturation for dry weight was recorded (a more pronounced curvature of the relationship)
280 compared to the relationship between fresh weight and projected leaf area. In addition, the large
281 scattering of the data made the conversion of projected leaf area to biomass unreliable for our
282 dataset. For this reason, in Experiment 2, only the projected leaf area is presented.

283 *Experiment 2*

284 *Fraction of transpirable soil water, water use and their response to soil drying*

285 Under the water stress treatment, Paragon reduced FTSW significantly faster than Gladius due
286 to a higher daily WU (under WW $\sim 250 \text{ mL day}^{-1}$ for Paragon and $\sim 150 \text{ mL day}^{-1}$ for Gladius)
287 (Fig. 1A and B, $P < 0.001$). VG application maintained FTSW when applied on Paragon (Fig.
288 1C and D). The water stress treatment reduced plant WU in both the cultivars ($P < 0.001$ for

289 both the genotypes from DAT 3) but the reduction was more pronounced for Paragon than for
290 Gladius (Fig. 2A and B). Paragon started to reduce WU at very low FTSW values (BP at 0.35
291 of FTSW) and the slope of the reduction was high (Fig. 2C). On the contrary, Gladius showed
292 a higher WU breakpoint (0.49 of FTSW) and the slope was lower than Paragon (Fig. 2D).
293 Indeed, at DAT 12, Paragon showed evident visual water stress-induced symptoms (e.g.
294 wilting), while Gladius was almost unaffected (Fig. 2E). During the night and under well-
295 watered conditions, Paragon used ~95 mL of water while Gladius used ~55 mL on average
296 ($P=0.002$) (Fig. 3A). Under water stress conditions, the reduction in night WU was much higher
297 in Paragon (~45% of WW) than in Gladius (~30% of WW) (Fig.3A). Daily and night WU were
298 significantly correlated (Fig. 3B, $R^2=0.98$) between watering regimes and cultivars. Night-time
299 WU was reduced in Paragon and Gladius at similar FTSW values than the respective daily WU
300 (0.26 and 0.49 FTSW respectively) (Fig. 3C and D respectively).

301 *Projected leaf area accumulation*

302 Under well-watered conditions and from DAT 0 to DAT 12, Paragon accumulated more
303 projected leaf area than Gladius ($P<0.001$) (Fig. 4A). On the contrary, under water stress
304 conditions the reduction in projected leaf area was significant ($P<0.001$) in Paragon from DAT
305 5 but not in Gladius (Fig. 4A). While Gladius did not reduce projected leaf area during the
306 progressive soil drying treatment, a plateau in the linear accumulation was found for Paragon
307 at ~0.2 FTSW (Fig. 4B).

308 *Relative water content*

309 Along with decreasing FTSW, the RWC of both the cultivars was not statistically affected until
310 the FTSW was between 0.3 and 0.2 (Fig. 5A). However, since Paragon used a larger amount
311 of water than Gladius, the values for RWC were constantly lower in Paragon with exception
312 of DAT 3 (ANCOVA $P=0.026$). In Gladius, the reduction in RWC was significant ($P<0.001$)
313 at DAT 12 only when the FTSW was close to 0 whereas the reduction for Paragon was
314 significant from DAT 6 ($P<0.001$ at DAT 6, 9 and 12). Analysis of RWC for Paragon at DAT
315 6 and 9 treated with VG showed significant maintenance of the value compared to the untreated
316 control (Fig. 5B, $P=0.008$).

317 *Gas-exchange*

318 The rate of A_{max} under well-watered conditions was very similar for both the cultivars (between
319 25 and 30 $\mu\text{mol m}^{-2} \text{s}^{-1}$ on average) and reductions were found to be significant with decreasing
320 FTSW (Fig. 6A) and starting from DAT 9 (ANCOVA $P<0.001$ and $P=0.023$ at DAT 9 and

321 DAT 12 respectively). However in Paragon, A_{max} was lower than the control WW at FTSW
322 values of 0.2 (DAT 6, $P<0.001$) whereas significant decreases were found in Gladius at DAT
323 12 ($P<0.001$). Indeed, the ANCOVA analysis indicates a significant ($P<0.001$) interaction
324 between genotype x watering factors for A_{max} . Although not significant (ANCOVA $P=0.095$),
325 reductions in g_s were more pronounced in Paragon than in Gladius when the value of FTSW
326 reached 0.2 (Fig. 6B) accompanied with significant increases in $iWUE$ (Fig. 6C, ANCOVA
327 $P=0.022$ and $P=0.033$ at DAT 9 and DAT 12 respectively). However under severe WS
328 conditions, the $iWUE$ of Gladius was higher than Paragon by 30% (ANCOVA $P=0.033$). Foliar
329 application of VG in Paragon under water stress confirmed the reductions ($P=0.042$) in g_s
330 expected (Fig. 6E) that were accompanied by significant increases in $iWUE$ (Fig. 6F, $P<0.001$)
331 and sustained A_{max} (Fig. 6D, $P=0.005$) when compared to the control.

332 *Seed set and yield components*

333 Under well-watered conditions, Paragon shows higher grain number, grain weight and TGW
334 than Gladius (Cultivar $P<0.001$), but similar % seed set ($P=0.367$) (Fig. 7 A, B, D, E).
335 Application of water stress at meiosis in Paragon reduced grain number per ear and seed set by
336 about 50% (watering $P<0.001$) although a significant compensation in terms of TGW led to
337 only 30% reduction in grain weight per ear ($P<0.001$). In Gladius, none of the components
338 analysed were significantly affected by water stress application. Overall, WS conditions
339 significantly reduced grain yield $plant^{-1}$ and grain number $plant^{-1}$ in both Paragon and Gladius
340 ($P<0.001$) but the reduction was more pronounced in Paragon (22% and 36% respectively) than
341 in Gladius (14 and 15% respectively) (Fig. 7C and F). When VG was applied to water stressed
342 Paragon, seed set was higher by 30% (Fig. 7I, $P=0.017$) followed by significant increases in
343 grain number per ear (Fig. 7G, $P=0.048$), but a negative compensation for TGW (Fig. 7L,
344 $P=0.025$). This led to an increase in grain weight per ear for VG application under WS by 15%
345 in water stressed Paragon on average, compared to the control (Fig. 7H).

346 **Discussion**

347 In our work, the two wheat cultivars show opposite behaviour under water stress that can be
348 explained by contrasting traits: projected leaf area (morphological), water use (daily and night-
349 time; morpho-physiological) and stomatal responses to reduced water availability
350 (physiological). Our use of a transpiration modulator indicates that manipulation of stomatal
351 conductance and/or conservative behaviour are important explanatory factors for grain number
352 maintenance following soil moisture conservation. Therefore, conservative strategies led to

353 higher seed set and grain number when tillers were subjected to WS during meiosis, leading to
354 lower reductions in grain yield at the plant level.

355 *Physiological and morphological traits ensuring water stress protection at meiosis*

356 Genotypes with high WU breakpoint have a physiological advantage under cyclic stress
357 conditions due to their ability to maintain soil water content (Sinclair and Muchow 2001;
358 Schoppach and Sadok 2012). Our results indicate that Gladius has a consistently conservative
359 nature, showing a high whole-plant FTSW breakpoint and a low WU (lower projected leaf area
360 and low daily night WU). On the contrary, Paragon, a cultivar adapted to high rainfall
361 environments, displays a large daily WU and a low whole-plant FTSW breakpoint, suggesting
362 a non-conservative WU behaviour. Similar conservative responses of Gladius to reduced
363 FTSW and increased VPD were already proposed at the vegetative stage (Schoppach and
364 Sadok 2012) as well as in a recent work where the glaucousness of Gladius leaves limited the
365 leaf residual transpiration (i.e. cuticular water loss) (Bi et al. 2017). Unexpectedly, under
366 reduced water availability, Gladius significantly maintained flag leaf gas-exchange and water
367 status as compared to Paragon, revealing a non-conservative response in the flag leaf. Since
368 the flag leaf is the main source of assimilates for wheat during the key stage of stem extension
369 owing to its position at the top of the canopy (elevated light interception), our data suggest a
370 mechanism that optimizes water resources available for flag leaf gas-exchange but reduces
371 whole-plant WU at high FTSW. This apparent uncoupling of whole plant WU and flag leaf
372 stomatal conductance can explain the insensitivity of Gladius yield to progressive soil drying
373 during meiosis. The fast reduction in available water content for Paragon led to significant
374 damage with lower seed-set and grain number, suggesting that the drought may damage pollen
375 (Ji et al. 2011; Saini 1997) and affecting fertilization. However, there is a general consensus
376 that conservative genotypes may be more sensitive to heat stress due to reduced transpiration
377 and the consequent loss of evaporative cooling (Fischer et al. 1998). The uncoupled strategy
378 displayed by Gladius may reduce heat sensitivity due to the 1) high evaporative cooling in the
379 flag leaf (the main organ devoted to assimilates) and to a 2) elevated osmotic adjustment that
380 maintain gas-exchange capacity (Mart et al., 2016). Direct thermal imaging measurements
381 under combined water and heat stress would be necessary to confirm this.

382 Root traits might also help to explain this intraspecific variation for leaf gas-exchange in
383 relation to WU pattern under water limited conditions (Manschadi et al. 2006) as imaging
384 collected during the experimental period revealed different root system characteristics of the
385 two cultivars. Images of Paragon roots showed similar density in the deeper compost layer

386 compared to Gladius, but higher density in the top layer (Supplementary Fig. 4). The water
387 harvesting strategies of the cultivars therefore deserve further investigation.

388 Rawson and Clarke (1988) and Coupel-Ledru et al. (2016) suggested that low night-time WU
389 could be a target trait to improve WUE, as this should reduce water lost for no carbon gain. In
390 our work, Gladius used ~40% less water than Paragon under WW conditions while, under WS,
391 the reduction for Gladius was at higher FTSW than for Paragon. Even conservative behaviour
392 for night-time WU might therefore play a beneficial role in soil water conservation. However,
393 the night-time g_s has been also reported to be involved in enhanced nutrient availability, sugar
394 transport, architecture maintenance and potential for increased light-induced carbon gain by
395 opening the stomata pre-dawn (Caird et al. 2007), suggesting several benefits of incomplete
396 night-time stomatal closure. Further work focusing on the physiological role of night-time
397 water use is required in wheat.

398 Since grain/seed number has been negatively correlated with ABA concentration in a broad
399 range of crops (such as canola (Faralli et al. 2016), rice (Oliver et al. 2007), soybean (Liu et al.
400 2003) and wheat (Westgate et al. 1986)) when stressed during reproductive stages, there is
401 potential involvement of a conservative water use behaviour in avoiding ABA accumulation.
402 Slower soil water reduction over progressive soil drying could lead to lower ABA
403 concentration in the reproductive organs and higher final grain number output in water stressed
404 wheat (Weldearegay et al. 2012) and canola (Faralli et al. 2017a). Higher grain number has
405 also resulted from transgenic reduction of ABA accumulation in reproductive organs (Ji et al.
406 2011). Therefore, conservative water use behaviours reveal significant advantages (in terms of
407 grain number maintenance) when strong dependence on soil water occurs at the meiotic stage.
408 Taken together, the yield-insensitivity to WS of Gladius compared to Paragon at meiotic stage
409 is due to a series of water-saving strategies both morphological (low projected leaf area) and
410 physiological (low WU, capacity of gas-exchange maintenance for the flag leaf but high FTSW
411 breakpoint) that lead to soil moisture conservation and avoid detrimental stress-induced
412 mechanisms on seed set. Further analysis will help to dissect whether water-use strategies are
413 more likely supported by total leaf area/biomass, stomatal control and root-derived signals and
414 how their interaction can play a role in grain number determination under water stress at the
415 meiotic stage.

416 *Can a transient chemically-induced water-saving behaviour protect seed-set?*

417 Several studies reveal the usefulness of increasing plant water use efficiency to enhance water
418 stress tolerance (Hughes et al. 2017; Reynolds and Tuberosa 2008; Tuberosa 2012). However,

419 since crop production is a function of WU (according to the Passoura (1996) equation: $Y =$
420 $WU \times WUE \times HI$), it is axiomatic that increasing WUE by reducing WU will impact on the
421 yield potential. Thus targeted water-use strategies may provide better solutions for specific
422 environments. Minimizing WU can be achieved by reducing total leaf area albeit at the expense
423 of the crop biomass and limited yield potential (Blum, 2009). Additional drought-adaptive
424 traits (e.g, epicuticular wax) (Cossani and Reynolds 2012) have been often associated with
425 yield potential penalties (Blum 2009) following persisting reduction in yield-related
426 physiological traits throughout the growing season such as photosynthesis and radiation energy
427 gain. Therefore, targeting the reduction of leaf water-loss just before the onset of a significant
428 soil water stress event (i.e. at reproductive stages) could be a successful management tool.
429 Chemical-induced manipulation of foliar gas-exchange has been recently shown to be effective
430 in a number of crops to minimize, although never avoid completely, yield losses under water
431 stress conditions (Faralli et al. 2016; Faralli et al. 2017a; Faralli et al. 2017c; Weerasinghe et
432 al. 2016; Del Amor et al. 2010). A substantial number of factors are involved in the efficacy of
433 these management tools (stomatal distribution and density of the crop, growth stage of the
434 application, magnitude of water stress, chemical type, dose rate of the chemical and
435 environmental conditions) and therefore application should be carefully evaluated for its
436 efficacy. In wheat, application of VG at GS 41 has been shown to minimize grain number
437 losses under field conditions (Weerasinghe et al. 2016) due to maintenance of water status and
438 pollen viability. Iriti et al. (2009) and Faralli et al. (2016, 2017a) show that application of non-
439 metabolic chemicals reduced ABA concentration of different plant organs. The lower water-
440 use that optimized soil water conservation, may also have minimized ABA signalling and
441 hence avoided potential ABA-induced damage to the reproductive organs. In our experiment,
442 application of VG to the leaves sustained the AWC (thus reducing WU) from ~10 to ~100 mL
443 day^{-1} thus maintaining higher FTSW values during the progressive soil drying treatment in
444 Paragon. Gas-exchange and RWC data showed greater water status and $iWUE$ in Paragon for
445 VG treated plants compared to the control, showing A_{max} maintenance accompanied by
446 reductions in leaf water loss. Similarly, transgenic approaches showed that barley lines with
447 reduced stomatal density have lower g_s compared to the wild type for similar aboveground
448 biomass, giving higher WUE and soil moisture conservation under water stress conditions
449 (Hughes et al. 2017). Indeed, seed set was significantly higher in VG-treated than the control
450 under water stress suggesting that soil water conservation i) sustained water status, ii) reduced
451 potentially detrimental drought-induced signals at meiosis and therefore iii) maintained the
452 fertility of the floret, thereby limiting the reduction in seed-set. In addition, although the stem

453 extension phase involves a series of extremely energy-demanding processes, the possibility of
454 greater chemical manipulation of WU in wheat should be evaluated in light of the increasing
455 atmospheric CO₂ concentration that will induce greater photosynthetic efficiency (e.g. Faralli
456 et al. 2017b). Therefore, the potential surplus of assimilates may allow higher flexibility for
457 the application of water-saving crop management tools without impacting spike fertility.
458 Accordingly, the chemical-induced conservative strategy can be a successful approach to
459 sustain grain production under water-limiting conditions.

460 **Conclusion**

461 Conservative water use can protect sensitive growth stages, such as meiosis, from the stress
462 associated with reduced soil water availability. Morphological and physiological factors are
463 both involved in soil water conservation thus both should be considered in the design of
464 drought-resistant phenotypes. In particular, total leaf area and stomatal responses to progressive
465 soil drying determined together the protection of seed set over meiosis in relation to the
466 conservative and the non-conservative water use behaviour. We also demonstrate that chemical
467 intervention on non-conservative phenotypes that have intrinsically higher yield potential but
468 greater sensitivity to water stress, can increase water conservation, protecting grain number.
469 The integration of crop management with breeding could limit yield reduction under water
470 stress conditions without impacting yield potential.

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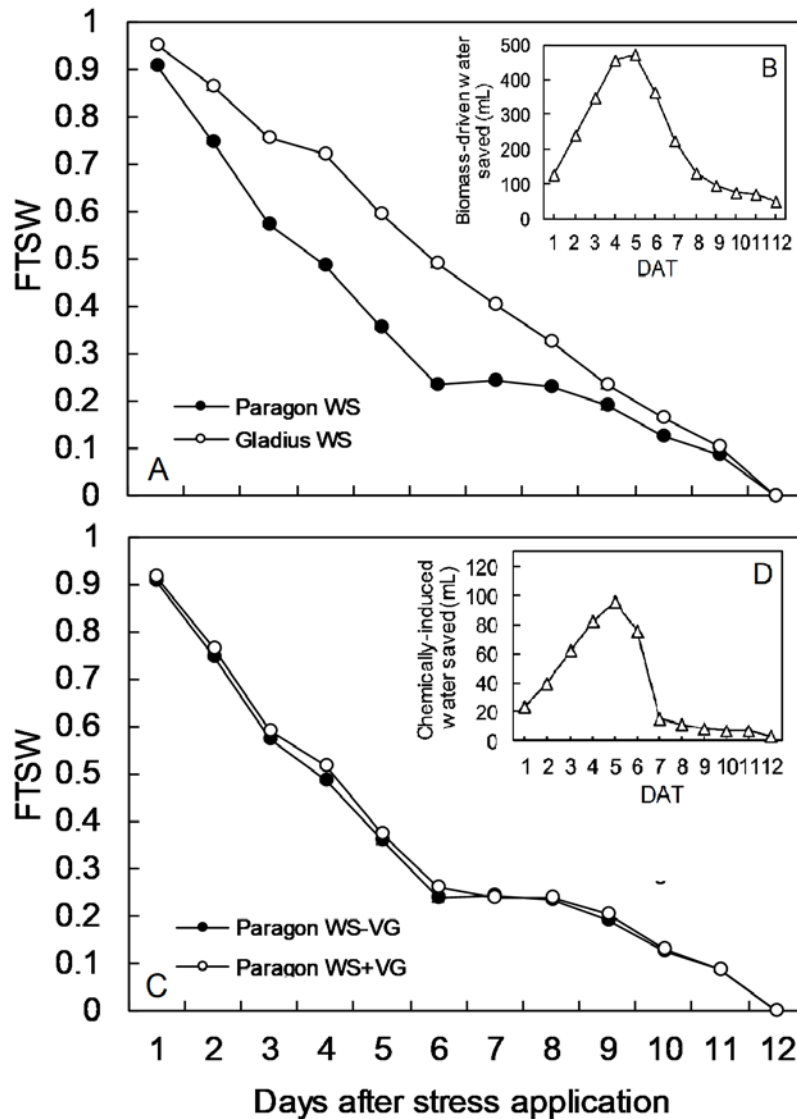
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607 **Figures**

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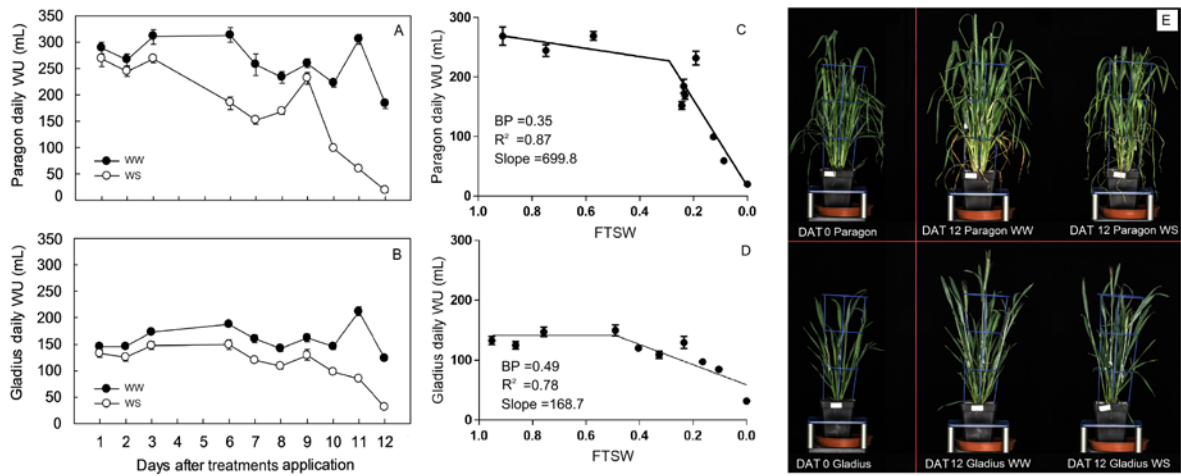
610 Figure 1. A) Experimental fraction of transpirable soil water (FTSW) under WS conditions
 611 for Paragon and Gladius from days after stress 1 (DAT 1) to DAT 12. B) Calculated daily
 612 differences in available water content (AWC, mL) between Paragon and Gladius. C)
 613 Experimental fraction of transpirable soil water (FTSW) under WS conditions for Paragon
 614 sprayed with water (-VG) or VG. D) Calculated daily differences in available water content
 615 (AWC, mL) between -VG and +VG. Error bars are standard error of the mean (P-values in
 616 the text) (SEM, n=8)

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Figure 2. Calculated daily water use (WU, mL) for Paragon (A) and Gladius (B) under both well-watered (WW) and stressed (WS) conditions from DAT 1 to DAT 12. Error bars are SEM (n=8) (P-values in the text). Daily water use (WU) expressed as a function of the fraction of transpirable soil water (FTSW) for Paragon (C) and Gladius (D) (n=8). The values for R^2 , the slope for the WU reduction and the FTSW breakpoints (BP) are indicated. E) Example of plant material (Paragon and Gladius) at DAT 0 (irrespective of the watering regime) and DAT 12 under WW and WS conditions.

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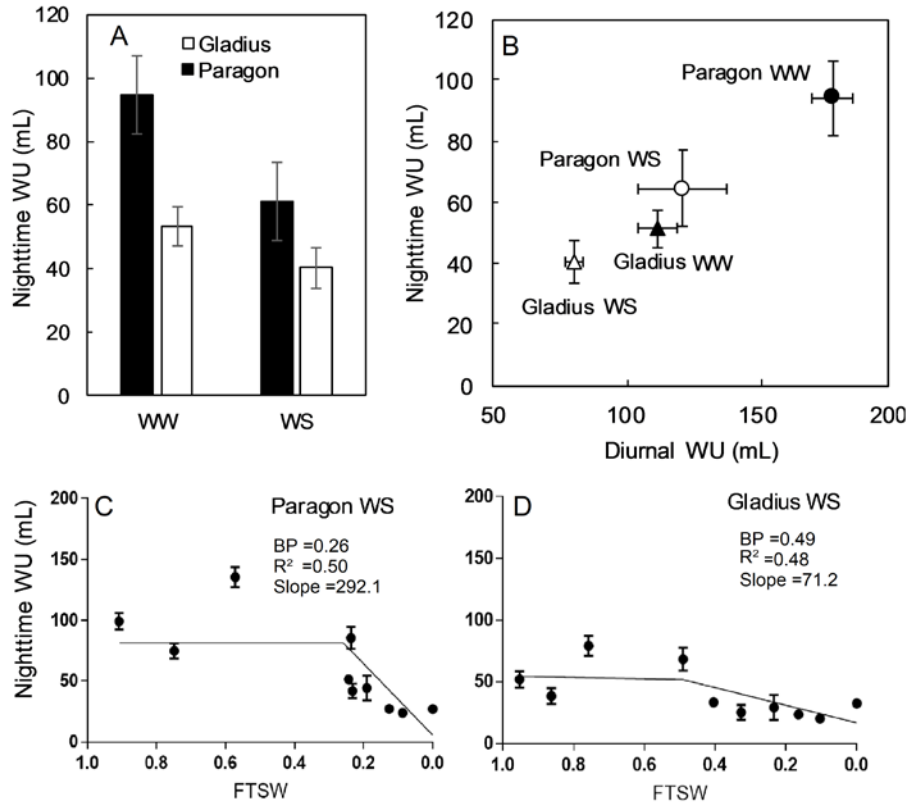
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645 Figure 3. A) Average night-time water use (night-time WU, mL) for control Paragon and
 646 Gladius under well-watered (WW) and stressed (WS) conditions ($n=8 \pm \text{SEM}$ from DAT 1 to
 647 DAT 12). Cultivar $P=0.002$, Watering regime $P=0.003$, Cultivar x watering regime $P=0.025$.
 648 B) Correlation between daily and night-time WU under WW and WS conditions for Paragon
 649 and Gladius ($n=8 \pm \text{SEM}$, $R^2=0.98$). C and D) Night-time water use (WU) expressed as a
 650 function of the fraction of transpirable soil water (FTSW) for Paragon (C) and Gladius (D)
 651 under reduced water availability conditions. The values for R^2 , the slope for the WU
 652 reduction and the FTSW breakpoints (BP) are indicated

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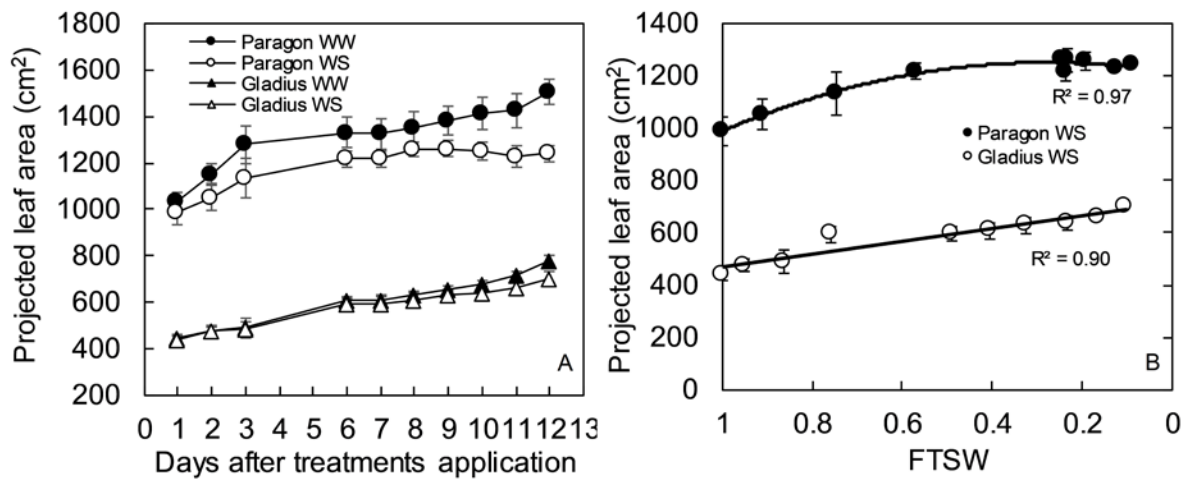
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665 Figure 4. Non-destructive estimation of projected leaf area (cm²) for Paragon and Gladius
 666 under WW and WS conditions from DAT 1 until DAT 12 (A). Data are means ± SEM (n=8).
 667 B) Projected leaf area (cm²) expressed as a function of the fraction of transpirable soil water
 668 (FTSW) for Paragon (closed circles) and Gladius (open circles). Lines were fitted with
 669 polynomial and liner regression respectively (R² values are indicated)

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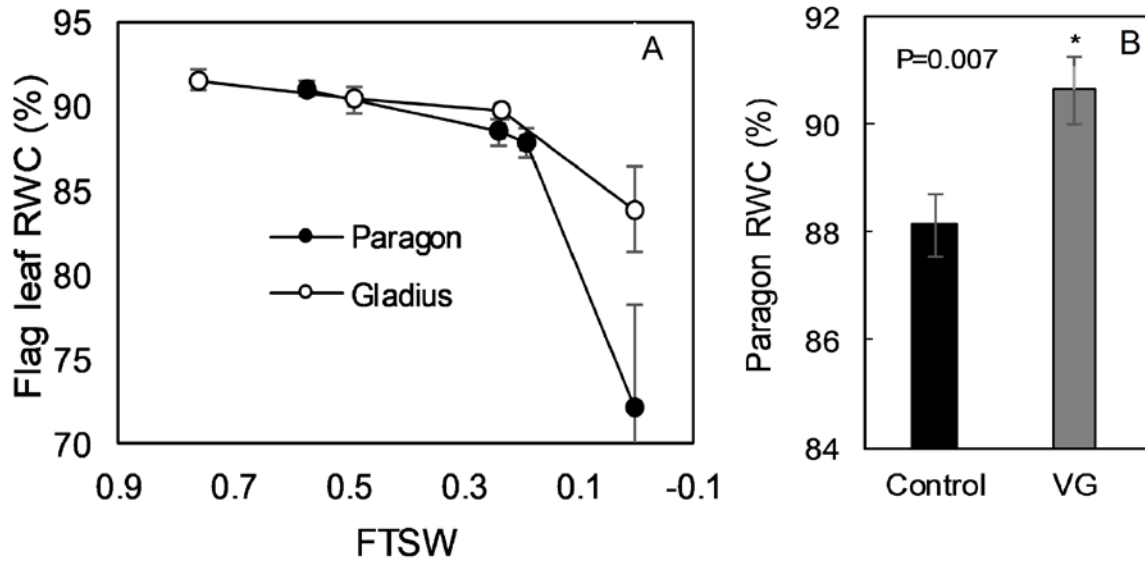
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684 Figure 5. A) Relative water content data (RWC) of the flag leaf plotted against the fraction of
 685 transpirable soil water (FTSW) for Paragon and Gladius under WS conditions. Data were
 686 collected on DAT 3, 6, 9 and 12. RWC values under WW conditions collected on DAT 3, 6,
 687 9 and 12 were 91.8% for Gladius and 92.1% for Paragon on average. Data are means for both
 688 RWC (n=5) and FTSW (n=8) \pm SEM. B) RWC data for Paragon under WS conditions and
 689 treated with water (control) and VG. Data were collected at DAT 6 and 9. Asterisks denote
 690 significant differences (P=0.007) and data are means (n=10) \pm SEM.

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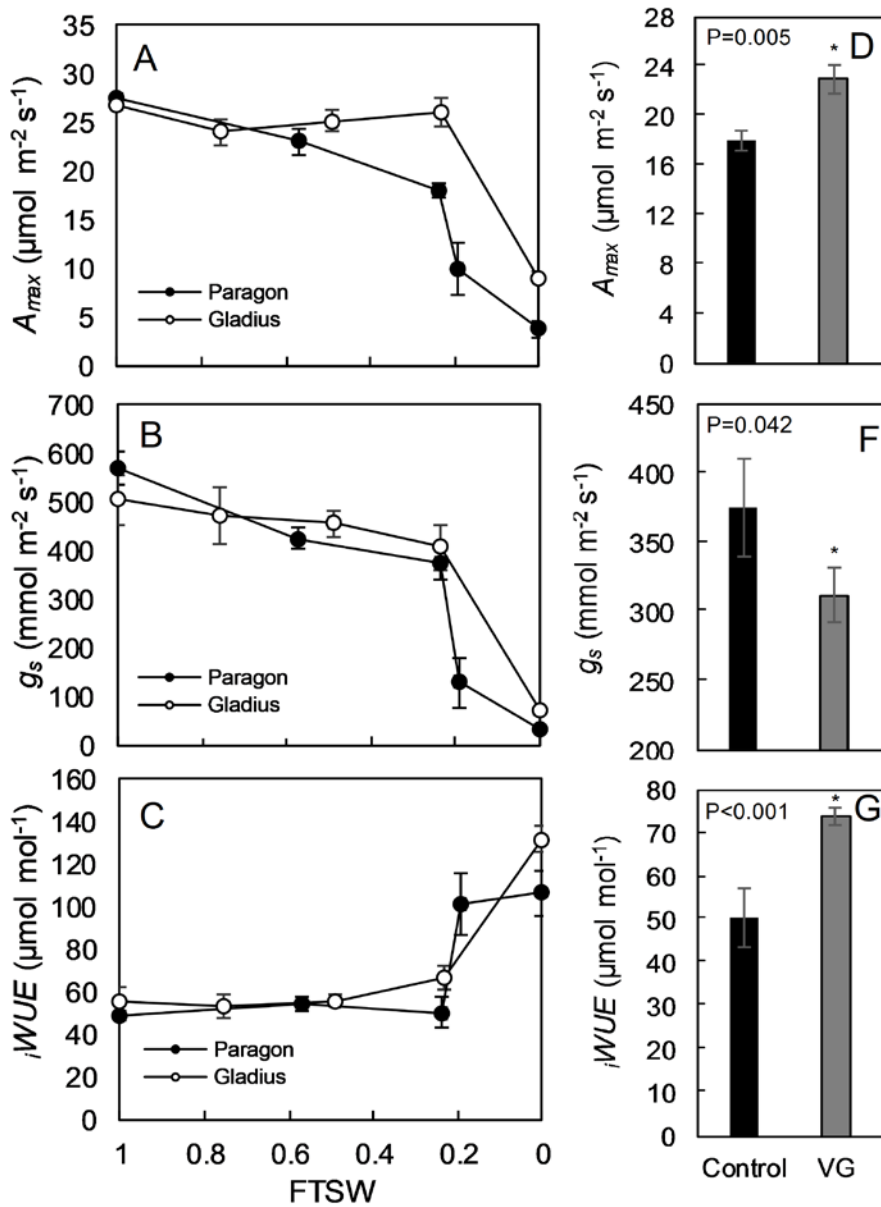
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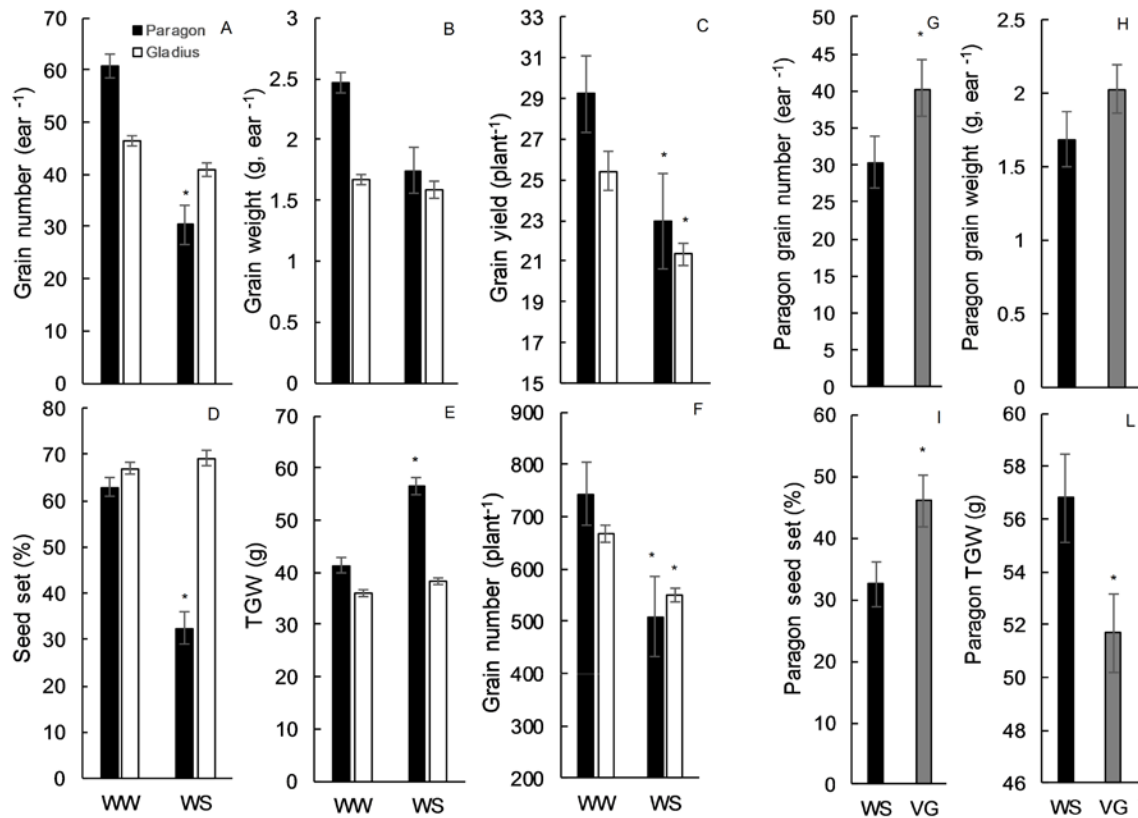
706 Figure 6. CO₂ assimilation rate at saturating light (A, A_{max}), stomatal conductance (B, g_s) and
 707 intrinsic water-use efficiency (C, $iWUE$) for Paragon and Gladius under WS conditions
 708 plotted against the fraction of transpirable soil water (FTSW). Data were collected on DAT 3,
 709 6, 9, and 12 respectively. The first data point at highest FTSW represent WW plants at DAT
 710 3. Data are means ($n=5$ for DAT 3 and 6 and $n=6$ for DAT 9 and 12) \pm SEM (P-values in the
 711 text). CO₂ assimilation rate at saturating light (D, A_{max}), stomatal conductance (E, g_s) and
 712 intrinsic water-use efficiency (F, $iWUE$) for Paragon under WS conditions at DAT 6 and
 713 treated with water (control) and VG. Asterisks denote significant differences and data are
 714 means ($n=5$) \pm SEM.

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720 Figure 7. Grain number per ear (A), grain weight per ear (B), grain yield per plant (C), seed
 721 set (D), thousand grain weight (E) and grain number per plant (F) analysis for Paragon and
 722 Gladius subjected to well-watered conditions (WW) or water stress (WS). Asterisks show
 723 significant differences between WW and WS for each cultivar (P-values in the text). Data are
 724 means (n=24 for Paragon WW, n=22 for Paragon WS, n= 33 for Gladius WW and n=31 for
 725 Gladius WS for ear-based analysis, while n=8 for grain number per plant and grain yield per
 726 plant analysis) \pm SEM. G, H, I and L) Grain number, grain weight, seed set and thousand-
 727 seed weight (TGW) for Paragon under WS conditions and treated with water (control) or VG.
 728 Asterisks show significant differences and data are means (n=22 for control WS and n=23 for
 729 VG, P-values in the text) \pm SEM.

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