# Altered white matter microarchitecture in Parkinson's disease: A voxel-based metaanalysis of diffusion tensor imaging studies

Running title: Brain microstructural abnormalities in PD

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### Abstract

This study aimed to define the most consistent white matter (WM) microarchitecture pattern in Parkinson's disease (PD) reflected by fractional anisotropy (FA), addressing clinical profiles and methodology-related heterogeneity. Web-based publication databases were searched to conduct a meta-analysis of whole-brain diffusion tensor imaging studies comparing PD patients with healthy controls (HC) using the anisotropic effect size-signed differential mapping. A total of 808 PD patients and 760 HC coming from 27 databases were finally included. Subgroup analyses were conducted considering heterogeneity with respect to medication status, disease stage, analysis methods and the number of diffusion directions in acquisition. Compared with HC, PD patients had decreased FA in the left middle cerebellar peduncle, corpus callosum, left inferior frontooccipital fasciculus and right inferior longitudinal fasciculus. In subgroup meta-analyses of medicated patients, early stage patients, voxel-based analysis and acquisition with < 30 diffusion directions, most of the main results remained unchanged. The subgroup meta-analysis of medication-free patients showed FA decrease in the right olfactory cortex. The cerebellum and corpus callosum, associated with the typical motor impairment, showed the most consistent FA decreases in PD. Medication status, analysis approaches and the number of diffusion directions have an important impact on the findings, needing careful evaluation in future meta-analyses.

**Keywords**: Parkinson's disease; diffusion tensor imaging; fractional anisotropy; meta-analysis; anisotropic effect size–signed differential mapping

## Introduction

Parkinson's disease (PD) is the second most common neurodegenerative disease [1]. Clinically, PD is characterized by progressive motor symptoms such as bradykinesia, rigidity, resting tremor and postural instability, and various non-motor symptoms [2]. The pathophysiology of PD has yet to be fully elucidated and there are no preventative or curative treatments. Recently, psychoradiology (<u>https://radiopaedia.org/articles/psychoradiology</u>) is emerging as the study of brain diseases through a variety of non-invasive imaging techniques. Diffusion tensor imaging (DTI), a widely used magnetic resonance imaging (MRI) technique to visualize and measure the diffusion of water, is particularly useful because of its high sensitivity to changes in white matter (WM) integrity [3]. Fractional anisotropy (FA), the most commonly used DTI parameter, is positively associated with WM anisotropy, and can detect microstructural abnormalities of WM at very early stages [4, 5].

Many DTI studies of PD have identified decreased FA in various brain regions, including corpus callosum [6-9], cerebellum [8, 10-12], and superior and inferior longitudinal fasciculus [9, 10], but others have found no significant FA differences between PD patients and healthy controls (HC) [13-15]. These discrepancies may be attributable to factors such as small or heterogeneous study samples and methodological differences. To gain insight into the pathophysiology a meta-analysis has a better chance of detecting consistent regions of FA alterations in PD.

Earlier reviews and meta-analyses confirmed that symptoms of PD are a result of degeneration of the substantia nigra [16-18]. Although the pathologic process is mainly attributed to disruptions in the nigrostriatal dopamine system, previous neuroimaging studies in PD have focused on the substantia nigra using a seed-point method. By examining pre-defined regions of interest, some important cerebral alterations may have been missed. To overcome region placement preference bias, we chose a widely-used whole-brain method to analyze the WM changes in PD. Previous DTI meta-analyses [19] did not directly test the hypothesis of WM changes in PD patients compared with HC, and confounding factors such as medication status, disease stage and methodological differences were not fully considered. A comprehensive meta-analysis is needed to explore the WM microstructure abnormalities and to investigate the effects of symptom severity and other clinical characteristics on regional WM alterations.

The aim of this meta-analysis was to define the most consistent WM microstructural changes, reflected by FA, in PD patients using published whole brain DTI studies. To reduce the effects of heterogeneity, several subgroup analyses were conducted. Meta-regression analyses were used to evaluate the influence of clinical and demographic characteristics.

#### **Materials and Methods**

#### Data sources, study selection, and quality assessment

This retrospective study was approved by the local institutional review committee. In accordance with the Preferred Reporting Items for Systematic Reviews and Meta-Analyses (PRISMA) statement [20], a comprehensive search of studies published before May 14<sup>th</sup> 2018, was conducted

in the PubMed, Web of Science, and Embase databases using the keywords "Parkinson" OR "Parkinson's disease" OR "PD"; AND "diffusion tensor" OR "diffusion tensor imaging" OR" DTI". The references of these studies and relevant review articles were checked for additional relevant studies. Studies that satisfied the following conditions were included in the meta-analysis: (i) patients were diagnosed with idiopathic PD; (ii) FA was compared between patients and HC; (iii) three-dimensional coordinates (Montreal Neurological Institute [MNI] or Talairach) were reported for the whole-brain FA analysis; (iv) significant results were reported using thresholds for significance corrected for multiple comparisons or uncorrected with spatial extent thresholds; and (v) the study was published as an original article (not as a letter or abstract) in a peer-reviewed English-language journal. Datasets were excluded if they explicitly included patients diagnosed with comorbid neurological or psychiatric diseases (e.g. cognitive impairment or depression) [21]. To avoid sample overlaps: (1) for longitudinal studies, only baseline data were included [21]; (2) for studies reporting both on- and off-state results, only off-state datasets were included [21]; (3) for multiple studies using the same patient group, only the largest sample was included. Finally, the meta-analysis included 27 datasets from 24 studies with 808 PD patients (429 men and 379 women) and 760 HC (393 men and 367 women) (Figure 1).



Figure 1. Flowchart describing study selection for the meta-analysis.

Two of the authors independently rated each included study for quality and completeness using a 12-point checklist adapted from previous published meta-analyses [22] (**Table S1**), any discrepancies being resolved by a third investigator.

## Voxel-wise meta-analysis

We analyzed FA differences in WM between patients with PD and HC using anisotropic effect size–signed differential mapping (AES-SDM) (<u>www.sdmproject.com</u>), a voxel-based metaanalytic approach (See Supplementary Material). As detailed elsewhere [23-25], we extracted peak coordinates and effect sizes (e.g. t-values) of FA differences between PD patients and HC from each dataset. For each dataset, we recreated a standard MNI map of FA differences using an anisotropic Gaussian kernel, from which the mean map was generated by voxel-wise calculation, weighted by sample size, intra-dataset variability, and between-dataset heterogeneity. To optimally balance false positive and negative findings, we used the default SDM kernel size and thresholds (full width at half maximum [FWHM] = 20 mm, uncorrected p = 0.005 was used as the main threshold, peak height Z = 1, cluster extent = 10 voxels) [23, 24]; this FWHM kernel is intended to assign indicators of proximity to reported coordinates but not to smooth any image that is different in nature [25]. To allow the combination of VBA and TBSS studies, we adopted the TBSS template included in **AES-SDM** [26]. We used MRIcron software (http://www.cabiatl.com/mricro/mricron/) to visualize AES-SDM maps overlaid onto a highresolution brain image template created by the International Consortium for Brain Mapping.

### Jackknife sensitivity analysis

Following preprocessing, we performed a whole-brain voxel-based jackknife sensitivity analysis to test the robustness of the findings by iteratively repeating the analysis, excluding one dataset each time. If a brain region remains significant in all or most of the combinations of studies, the finding is considered highly replicable [23].

#### Analyses of heterogeneity and publication bias

We conducted a heterogeneity analysis using a random effects model with Q statistics to explore unexplained between-study variability in the results: heterogeneous brain regions were obtained using the default SDM kernel size and thresholds [25]. We also performed Egger's test for publication bias by extracting the values from statistically significant relevant peaks between PD patients and HC [27].

## Subgroup analyses

Several subgroup meta-analyses were conducted to analyze clinical and methodological differences between these studies. This subgroup analysis included only studies with defined clinical and methodological homogeneity, and was conducted for studies that investigated medicated and medication-free (including both medication-naïve and off-state) patients, studies that investigated early stage (Hoehn and Yahr [H&Y] stage 1-2.5) patients [28], studies where the number of acquisition diffusion directions was  $\geq$  30 and < 30 [29], and studies that used VBA or TBSS approaches.

#### **Meta-regression analyses**

We used meta-regression analyses to examine the effects of age, percentage of female patients, illness duration, H&Y stage, Unified Parkinson's Disease Rating Scale (UPDRS) Part III score, and levodopa equivalent daily dose (LEDD) of the PD patients. We decreased the probability threshold to 0.0005 and cluster extent = 10 voxels, as described previously [26]. Regression plots were visually inspected to discard the fits driven by too few studies [23, 24].

# Results

#### Included studies and sample characteristics

The meta-analysis included 24 studies [6-15, 30-43] and 3 of them included 2 independent databases [8, 13, 15], resulting in 27 datasets in all. **Table 1** summarizes the demographic, clinical, and imaging information of these studies, which provided a total of 41 coordinates of altered FA in patients with PD versus HC. Ten datasets from 8 studies and 11 datasets from 10 studies explicitly indicated patients in the medication off-state and on-state, and 1 studies included medication-naïve patients. Five studies did not provide any information about the medication status (on- or off-state) at DTI acquisition. The patients recruited in 6 datasets from 5 studies were at their early stage. The number of acquisition diffusion directions was  $\geq$  30 in 11 datasets from 10 studies, and < 30 in 16 datasets from 14 studies. Seventeen studies used the TBSS approach, 5 used VBA, 1 used whole-brain-based spatial statistics and 1 used grey-matter-based spatial statistics. Five of the 25 studies were performed on 1.5T scanners and 19 on 3T scanners. The quality scores, ranging from 9.5 to 12 (mean 10.7), demonstrated that the included studies were of high quality (**Table 1**).

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Study	Sample (female)		Sample (female) Age		Age		Age		Age		Age		Age		Age		UPDRS-	H&Y	Duration	Medication	LEDD	Scanner	No. of	Software	Methods	Threshold	No. of	Quality Scores												
	PD	HC	PD	HC	111	stage	(years)	status	(mg/day)		directions				coordinates	(out of 12)																								
Guan et al. (2018)[30]	65 (33)	46 (25)	55.5	57.8	27.1	2.3	4.7	Off-state	NA	3.0T	15	FSL	TBSS	p<0.001, cluster-	1	11																								
Wen et al. (2018)[31]	13 (3)	61 (20)	66.66	60.19	22.46	1.69	0.55	Drug-naïve	-	3.0T	64	FSL	TBSS	based corr p<0.05, TFCE corr	0	10.5																								
Peran et al. (2018)[32]	26 (14)	(15)	63.8	66.0	19.1	<4	7.4	On-state	689	3.0T	32	FSL	VBA	p<0.01, TFCE corr	0	12																								
Rektor et al. (2018)[33]	20 (9)	21 (13)	61.9	57.9	NA	1-1.5	≤5	On-state	NA	3.0T	60	FSL	TBSS	p<0.05, TFCE corr	0	11.5																								
Acosta-Cabronero et al. (2017)[34]	25 (5)	50 (22)	63.6	63.6	16.3	2.2	6.0	On-state	748	3.0T	30	FSL	TBSS	p<0.001, uncorr	0	10.5																								
Chen B et al. (2017)[6]	18 (11)	24 (13)	62.28	62.88	17.39	NA	3.06	Off-state	NA	3.0T	25	FSL	TBSS	p<0.017, TFCE & Bonferroni	2	11																								
Chen MH et al. (2017)[11]	29 (9)	26 (7)	61.51	60.11	27.03	2.36	NA	Off-state	NA	3.0T	13	FSL	VBA	corr p<0.05, AlphaSim	3	11																								
Chiang et al. (2017)[10]	66 (43)	67 (38)	58.1	56.8	22.74	1.98	3.86	On-state	279	3.0T	13	FSL	VBA	p<0.05, 3dClusterSi	6	11																								
Kamagata et al. (2017)[42]	30 (18)	28 (18)	67.6	66.5	16.1*	2.1	6.4	On-state	NA	3.0T	32	FSL	GBSS	p<0.05, TFCE corr	2	11.5																								
Luo et al. (2017)[13]	$30^{1}$ (14)	26 (13)	53.42	54.46	25.37	1.60	2.00	Off-state	262	3.0T	25	FSL	TBSS	p<0.05, TFCE corr	0	11																								
	$30^{2}$ (15)	26 (13)	52.55	54.46	22.27	1.63	2.35	Off-state	305	3.0T	25	FSL	TBSS	p<0.05, TFCE corr	0	11																								
Zanigni et al. (2017)[35]	47 (15)	27 (15)	66.5*	55.0*	NA	2.5*	2.8*	NA	NA	1.5T	25	FSL	TBSS	p<0.0038, TFCE & Bonferroni	0	10																								
Vervoort et al. (2016)[36]	16 (7)	19 (5)	55.1	58.1	28.9	1.94	4.87	Off-state	249	3.0T	61	FSL	TBSS	p<0.05, TFCE corr	0	10.5																								
Ji et al. (2015)[7]	20 (9)	20 (10)	64.20	59.95	32*	2*	5*	Off-state	NA	3.0T	30	FSL	TBSS	p<0.05, TFCE corr	1	11																								
Vercruysse et al. (2015)[8]	$11^4$ (3)	15 (4)	68.6	68.1	36.6	3*	9.5	On-state	704	3.0T	25/40/75	FSL	TBSS	p<0.05, FDR corr	1	11.5																								

Table 1. Demographic and clinical characteristics of participants in the 24 PD studies (27 datasets) included in the meta-analysis.

	$15^{5}$	15	67.6	68.1	32.5	$2.5^{*}$	7.6	On-state	461	3.0T	25/40/75	FSL	TBSS	p<0.05,	3	11.5
Agosta et al. (2014)[37]	(4)	(4)	63.9	64.0	28.3	2.4	10.0	On-state	567	1.5T	12	FSL	TBSS	p<0.05,	0	9.5
Worker et al. (2014)[14]	(7) 14 (7)	(16) 17 (8)	64.7	63.9	21.8	2.5*	6.6	On-state	NA	3.0T	64	FSL	TBSS	TFCE corr p<0.0167, TFCE & Bonformani	0	11
														corr		
Rosskopf et al. (2014)[43]	15 (4)	18 (5)	67*	66*	26#	NA	4*	NA	NA	1.5T	12	TIFT	WBSS	p<0.05, FDR corr	1	9.5
Agosta et al. (2013)[15]	$63^{6}$	42	62.54	64	22.30	1-2.5	5.65	Off-state	NA	1.5T	12	FSL	TBSS	p<0.05, TECE corr	0	9.5
	$26^7$ (12)	(17) 42 (17)	65	64	40.92	3.46	12.38	Off-state	NA	1.5T	12	FSL	TBSS	p<0.05,	0	9.5
Kamagata et al. (2013)[38]	20 (12)	20 (10)	71.6	72.7	NA	2.4	7.83	On-state	464*	3.0T	32	FSL	TBSS	p<0.05,	0	10.5
Kim et al. (2013)[39]	(12) 64 (42)	(10) 64 (42)	62.9	63.0	NA	$2^*$	5.3	Off-state	NA	3.0T	15	FSL	TBSS	p<0.05, TECE corr	0	9.5
Melzer et al. (2013)[40]	63 (20)	32 (10)	64.0	70.1	25.3	$2^*$	3.7	On-state	208	3.0T	28	FSL	TBSS	p<0.05, TECE corr	0	11
Hattori et al. (2012)[41]	32 (20)	40 (22)	75.9	76.9	20	2.7	5.8	NA	NA	1.5T	12	FSL	TBSS	p<0.05, TECE corr	0	9.5
Zhang et al. (2011)[12]	25 (14)	25 (14)	58.4	58.4	48#	1-3	6.44	On-state	NA	3.0T	12	FSL	VBA	p<0.05, cluster-	3	10.5
Kendi et al. (2008)[9]	12	13	62.1	58.0	43.7#	1.8	5.8	On-state	585	3.0T	12	SPM	VBA	based corr p<0.05,	18	11
	(7)	(5)												multiple		
														somparison		

PD, Parkinson's disease; HC, healthy controls; UPDRS, unified Parkinson's disease rating scale; H&Y, Hoehn and Yahr stage; NA, not available; LEDD, levodopa equivalent daily dose; SPM, statistical parametric mapping; FSL, functional MRI of the brain (FMRIB) software library; TBSS, tract-based spatial statistics; VBA, voxel-based analysis; TFCE, threshold-free cluster enhancement; FDR, false discovery rate; corr, corrected; uncorr, uncorrected; <sup>1</sup>, patients with tremor-dominant; <sup>2</sup>, non-tremor-dominant; <sup>3</sup>, patients without hyposmia; <sup>4</sup>, patients with freezing of gait; <sup>5</sup>, without freezing of gait; <sup>6</sup>, early and mild patients; <sup>7</sup>, moderate and severe patients; <sup>\*</sup> Median; <sup>#</sup>, UPDRS.

# FA differences in the main meta-analysis

The meta-analysis revealed decreased FA in patients with PD relative to HC, in the left middle cerebellar peduncles (MCP), corpus callosum (CC), left inferior fronto-occipital fasciculus, and right inferior longitudinal fasciculus (**Figure 2, Table 2**).



**Figure 2.** Regions showing reduced fractional anisotropy in patients with Parkinson's disease compared with healthy controls. CC, corpus callosum; IFOF, inferior fronto-occipital fasciculus; ILF, inferior longitudinal fasciculus; L, left; MCP, middle cerebellar peduncles; R, right.

	MNI coordinates		MNI coordinates					
Brain region (PD < HC)			SDM z score	P value (uncorrected)	No. voxels	Cluster breakdown (no. voxels)	Egger's test (p value)	
L middle cerebellar peduncles	-32	-54	-42	-1.412	0.000098109	221	Middle cerebellar peduncles (84)	0.107
							L cerebellum, crus I (9)	
							L cerebellum, hemispheric lobule VIIB (7)	
							L cerebellum, hemispheric lobule VIII (7)	
							L cerebellum, crus II (5)	
							L cerebellum, hemispheric lobule VI (1)	
							undefined (108)	
L corpus callosum	-22	-62	34	-1.754	~0	87	Corpus callosum (66)	0.122
							L superior longitudinal fasciculus II (11)	
							L superior longitudinal fasciculus I (4)	
							L inferior parietal (excluding supramarginal and angular) gyri, BA 7 (3)	
							L middle occipital gyrus, BA 7 (3)	
L inferior network, inferior fronto-occipital fasciculus	-36	-20	-4	-1.164	0.000784993	59	L inferior network, inferior fronto- occipital fasciculus (43)	0.126
							undefined, BA 48 (12)	
							undefined, BA 20 (4)	
R corpus callosum	26	-60	32	-1.251	0.000539660	29	Corpus callosum (29)	0.059
R inferior network, inferior longitudinal fasciculus	40	-58	-4	-1.204	0.000637770	16	R inferior network, inferior longitudinal fasciculus (12)	0.057
							Right inferior temporal gyrus, BA 37 (4)	

#### Table 2. Regional FA differences between patients with PD and HC identified by the present meta-analysis.

BA, Brodmann area; FA, fractional anisotropy; HC, healthy controls; L, left; MNI, Montreal Neurological Institute; PD, Parkinson's disease; R, right; SDM, signed differential mapping.

# Jackknife sensitivity analysis

Whole-brain jackknife sensitivity analysis showed that the most robust results were obtained for FA decreases in the WM regions of the left MCP and left CC, which were preserved throughout all combinations; right inferior longitudinal fasciculus and right CC were relatively replicable, being preserved throughout all but one combination; FA decreases in the left inferior fronto-occipital fasciculus remained significant in all but two combinations (**Table 3**).

All studies but	Left middle cerebellar peduncles	Left corpus callosum	Right corpus callosum	Left inferior network, inferior fronto- occipital fasciculus	Right inferior network, inferior longitudinal fasciculus
Guan et al. (2018)[30]	Yes	Yes	Yes	Yes	Yes
Wen et al. (2018)[31]	Yes	Yes	Yes	Yes	Yes
Peran et al. (2018)[32]	Yes	Yes	Yes	Yes	Yes
Rektor et al. (2018)[33]	Yes	Yes	Yes	Yes	Yes
Acosta-Cabronero et al. (2017)[34]	Yes	Yes	Yes	Yes	Yes
Chen B et al. (2017)[6]	Yes	Yes	Yes	Yes	Yes
Chen MH et al. (2017)[11]	Yes	Yes	Yes	Yes	Yes
Chiang et al. (2017)[10]	Yes	Yes	No	No	No
Kamagata et al. (2017)[42]	Yes	Yes	Yes	No	Yes
Luo et al. (2017) <sup>a</sup> [13]	Yes	Yes	Yes	Yes	Yes
	Yes	Yes	Yes	Yes	Yes
Zanigni et al. (2017)[35]	Yes	Yes	Yes	Yes	Yes
Vervoort et al. (2016)[36]	Yes	Yes	Yes	Yes	Yes
Ji et al. (2015)[7]	Yes	Yes	Yes	Yes	Yes
Vercruysse et al. (2015) <sup>a</sup> [8]	Yes	Yes	Yes	Yes	Yes
	Yes	Yes	Yes	Yes	Yes
Agosta et al. (2014)[37]	Yes	Yes	Yes	Yes	Yes
Worker et al. (2014)[14]	Yes	Yes	Yes	Yes	Yes
Rosskopf et al. (2014)[43]	Yes	Yes	Yes	Yes	Yes
Agosta et al. (2013) <sup>a</sup> [15]	Yes	Yes	Yes	Yes	Yes
	Yes	Yes	Yes	Yes	Yes

 Table 3. Jackknife sensitivity analysis\*.

Kamagata et al. (2013)[38]	Yes	Yes	Yes	Yes	Yes
Kim et al. (2013)[39]	Yes	Yes	Yes	Yes	Yes
Melzer et al. (2013)[40]	Yes	Yes	Yes	Yes	Yes
Hattori et al. (2012)[41]	Yes	Yes	Yes	Yes	Yes
Zhang et al. (2011)[12]	Yes	Yes	Yes	Yes	Yes
Kendi et al. (2008)[9]	Yes	Yes	Yes	Yes	Yes
Total	27 out of 27	27 out of 27	26 out of 27	25 out of 27	26 out of 27

<sup>a</sup>, two datasets included. \*"Yes" indicates that the specific region of FA reduction was significant in the specific jackknife analysis; "No" indicates that the specific region of FA reduction was not significant in specific analysis.

#### Analyses of heterogeneity and publication bias

The left CC with altered FA had significant statistical heterogeneity among studies (p < 0.005; Table 4). Egger's tests for publication bias were not significant with respect to FA differences in the left MCP (p = 0.107), left CC (p = 0.122), left inferior fronto-occipital fasciculus (p = 0.126), right CC (p = 0.059), or right inferior longitudinal fasciculus (p = 0.057) (**Table 2**).

## Table 4. Regions of FA heterogeneity from the SDM analysis.

Brain region	MNI x	coordii y	nates z	SDM z score	P value (uncorrected)	No. voxels	Cluster breakdown (no. voxels)
Corpus callosum	-26	-62	32	1.911	0.000073612	12	Corpus callosum (12)

FA = fractional anisotropy; MNI = Montreal Neurological Institute; SDM = signed differential mapping

#### Subgroup analyses

The medication-free subgroup (comprising off-state [n = 10 datasets] and medication-naïve [n = 1 datasets]) included 11 datasets comprising 374 patients with PD and 328 HC. The analysis revealed FA decreases in the right olfactory cortex. The medicated group (n =13 datasets) comprised 340 patients with PD and 347 HC. The main results remained unchanged. We then used a threshold of LEDD = 400 mg/day to defined two medicated subgroups. In the LEDD < 400 mg/day subgroup analysis [n = 5 datasets], comprising 205 patients with PD and 144 HC, the main results remained unchanged; by contrast the LEDD  $\geq$  400 mg/day subgroup [n = 8 datasets], comprising 142 patients with PD and 177 HC, revealed FA increases in the bilateral CC.

In the early stage disease (n = 6 datasets) and VBA (n = 5 datasets) subgroups, the main results remained unchanged, but the TBSS (n = 20 datasets) subgroup analysis failed to detect betweengroup differences. In the < 30 diffusion directions subgroup analysis (n = 16 datasets), four of the main results remain unchanged, while the  $\geq$  30 diffusion directions subgroup (n = 11 datasets) only revealed one main result in the left inferior fronto-occipital fasciculus. Detailed results of subgroups analyses are shown in **Table 4, Figure S1-S6**.

	Brain region	MNI coor	dinates		SDM	P value	No. voxels	
	(PD < HC)	x	у	z	z score	(uncorrected)		
Medication-free patients	R olfactory cortex, BA 48	22	12	-18	-1.156	0.000049055	50	
Medicated patients	L middle cerebellar peduncles	-34	-54	-44	-1.645	0.000296830	65	
	L corpus callosum	-24	-62	28	-1.647	0.000220776	61	
	L inferior network, inferior fronto-occipital fasciculus	-36	-20	-4	-1.662	0.000196218	54	
	R corpus callosum	24	-60	32	-1.645	0.000269830	31	

Table 4. Subgroup meta-analysis of studies in PD patients compared with HC.

	R inferior network, inferior longitudinal fasciculus	42	-58	-6	-1.630	0.000318885	17
$LEDD \ge 400mg$	R corpus callosum	4	-14	26	1.122	0.000049055	146
	L corpus callosum	-22	-38	28	1.060	0.000343442	65
LEDD < 400mg	L middle cerebellar peduncles	-30	-54	-38	-1.496	0.000073612	71
	R corpus callosum	28	-62	28	-1.495	0.000073612	31
	L corpus callosum	-20	-62	32	-1.457	0.000392497	23
	L inferior network, inferior fronto-occipital fasciculus	-34	-20	-2	-1.486	0.000171721	21
	R inferior network, inferior longitudinal fasciculus	44	-54	-6	-1.481	0.000269830	12
Early stage patients	L middle cerebellar peduncles	-34	-58	-38	-1.473	0.000024557	76
	R corpus callosum	22	-60	34	-1.467	0.000098109	31
	Left middle occipital gyrus, BA 7	-30	-68	38	-1.458	0.000196218	30
	L corpus callosum	-20	-60	34	-1.465	0.000122666	20
	L inferior network, inferior fronto-occipital fasciculus	-36	-20	-4	-1.445	0.000269830	15
	R inferior network, inferior longitudinal fasciculus	42	-64	-6	-1.458	0.000196218	12
TBSS	None						
VBA	L middle cerebellar peduncles	-40	-56	-38	-2.350	~0	263
	L corpus callosum	-28	-64	26	-2.341	~0	97
	R corpus callosum	24	-58	30	-1.721	0.000515163	24
	L inferior network, inferior fronto-occipital fasciculus	-36	-20	-4	-1.667	0.001030266	12
	Right inferior network, inferior longitudinal fasciculus	44	-56	-6	-1.702	0.000662327	10
Number of diffusion di	rections ≥30						
	Left inferior network, inferior fronto-occipital	-36	-14	-10	-1.133	0.000073612	66
	fasciculus	50					
Number of diffusion di	fasciculus rections <30	50					
Number of diffusion di	fasciculus ections <30 L middle cerebellar peduncles	-32	-54	-42	-1.682	0.000024557	224
Number of diffusion di	fasciculus ections <30 L middle cerebellar peduncles L corpus callosum	-32 -28	-54 -62	-42 28	-1.682 -1.683	0.000024557 0.000024557	224 87
Number of diffusion din	fasciculus fasciculus rections <30 L middle cerebellar peduncles L corpus callosum R corpus callosum	-32 -28 26	-54 -62 -60	-42 28 30	-1.682 -1.683 -1.357	0.000024557 0.000024557 0.000343442	224 87 29
Number of diffusion din	fasciculus rections <30 L middle cerebellar peduncles L corpus callosum R corpus callosum R inferior network, inferior longitudinal fasciculus	-32 -28 26 40	-54 -62 -60 -56	-42 28 30 -4	-1.682 -1.683 -1.357 -1.334	0.000024557 0.000024557 0.000343442 0.000539660	224 87 29 16

BA, Brodmann area; HC, healthy controls; L, left; MNI, Montreal Neurological Institute; PD, Parkinson's disease; R, right; SDM, signed differential mapping; TBSS, tract-based spatial statistics; VBA, voxel-based analysis.

#### **Meta-regression analyses**

The mean age of patients, percentage of women with PD (in the whole PD group in each study), mean illness duration, mean H&Y stage, mean UPDRS-III score, or mean LEDD of patients with PD were not significantly associated with PD-related WM FA changes, at least linearly.

#### Discussion

#### The main abnormalities and their potential significance

Our pooled meta-analysis of DTI studies revealed significant WM microarchitecture alterations in patients with PD compared to HC, indicated by the decreased FA values. There was consistent FA decrease in the left MCP, CC, left inferior fronto-occipital fasciculus, and right inferior longitudinal fasciculus. Jackknife sensitivity analysis, heterogeneity analysis and Egger's tests confirmed the robustness of these findings. Although the subgroup analysis of medication-free patients did not reveal decreased FA as in the main analysis, it detected an additional cluster in the right olfactory cortex. Meta-regression analyses revealed no significant association between WM alterations and relevant demographic and clinical variables.

Given the role of the MCP as the main afferent pathway from the cortex to the cerebellum, and additional findings of diffusion changes in brainstem and pons [44], these data emphasize the role of the cortico-ponto-cerebellar loop in PD pathology. It contains afferent axons from the pontine nuclei [45] and mediates complex brain functions concerning movement and cognition. PD features motor dysfunction such as tremor, rigidity, bradykinesia, gait disturbance and postural instability [46]. Studies in patients with freezing of gait found WM abnormalities in the pontine-

cerebellar tracts [8, 47, 48] which might explain their reduced ability to recruit the cerebellum. Functional studies in PD found hypoactivation in the cerebellum during a motor task [49]. This neurodegeneration in MCP is consistent with the critical role of cerebellum for motor performance [46, 50]. Moreover, the subgroup analysis of PD patients with early stage disease detected decreased FA in MCP, an area with a significant decline in diffusivity in early PD, correlating with motor progression [51].

Being the largest WM bundle in human brain, the CC connects the bilateral cerebral hemispheres [52], so this finding, suggesting hemispheric involvement [53], is consistent with resting-state studies reporting decreased interhemispheric functional connectivity in PD [54-56]. In previous DTI studies in PD, altered FA was reported in different subdivisions of the CC, such as the genu, usually associated with cognitive impairment [37, 38, 57]. Microstructural impairment of CC has been reported in cognitively normal PD patients, which points towards an affected interhemispheric connectivity that possibly shapes the onset of cognitive deficits [58]. In our metaanalysis abnormal microstructure of the posterior CC was detected in both the pooled analysis and the subgroups of patients with early stage disease, medicated patients, VBA method and < 30diffusion directions; this is consistent with reports of a smaller posterior CC volume in PD patients [59]. Transcallosal motor fiber bundles were found to cross the corpus callosum in the posterior part [60]. The anatomic projections found in this study are compatible with previous observations that CC abnormalities are related to postural instability and freezing of gait in PD [60], which becomes more severe with motor worsening [61]. Thus, the importance of neurodegeneration of CC in PD is also reflected through its role in motor features of the disease.

The inferior longitudinal fasciculus is an associative bundle connecting the occipital and temporal lobes. Its long fibers connect visual areas to the amygdala and hippocampus, the main components of the limbic system related to emotional behavior [62]; it is involved in face recognition [63], visual perception [64], and visual memory [65]. The inferior fronto-occipital fasciculus is a ventral associative bundle connecting the ventral occipital lobe and the orbitofrontal cortex [66]. Its occipital component runs parallel to the inferior longitudinal fasciculus. On approaching the anterior temporal lobe, its fibers gather together and enter the external capsule dorsally to the fasciculus. It is involved in reading [67] and visual processing [68]. The functions of these two bundles are not yet completely understood in PD. Guan and colleagues found that the inferior longitudinal fasciculus was associated with motor impairment and global disease severity in PD [30], which has been also reported in relation to the tremor-dominant (TD) subtype of PD, indicating probably different underlying pathology between TD and other motor subtypes [69]. FA values in the inferior fronto-occipital fasciculus were negatively correlated with bradykinesia of PD [70], and it may be that disruption of this structure might contribute to freezing of gait due to impaired visuospatial processing [71]. However, a recent DTI study showed significant differences in these two bundles between patients with postural instability gait disorder and HC [72]. The role of these two bundles in differentiating white matter changes in PD motor subtypes requires further investigation. Notably, previous studies also found relationships between these two bundles and non-motor symptoms of PD, e.g. depression [73] and cognitive dysfunction [74]. Although studies with comorbid depression and cognitive dysfunction were excluded in the current meta-analysis, the potentially confounding effects cannot be completely ruled out. Although detailed depression

scales were not used in these included studies, it is known that depression is a frequent non-motor symptom of PD patients, and its prevalence can be as high as 90% [75].

Meta-analyses have been carried out on DTI studies in PD [17]. Although these earlier metaanalyses provide valuable insights into the underlying white matter pathology, differences in the region of interest (ROI) placement likely result in significant heterogeneity between studies. Relative to ROI-based analyses, coordinate-based analyses are less susceptible to errors relating to the lack of spatial distinction [76]. There is relatively poor consistency of results between the previous ROI meta-analyses and our current coordinate-based meta-analysis, and this has implications for neuroimaging meta-analyses of other disorders, such as amnestic mild cognitive impairment [76] and posttraumatic stress disorder [77]. Several factors might contribute to these differences. First, ROI studies typically report on a subset of brain regions and are likely to suffer from publication bias. Second, where seed-based d mapping uses coordinate data, the effect size is biased toward zero in brain regions where there are no significant clusters.

## Subgroup analyses

The subgroup analysis of medication-free patients detected a cluster in the right olfactory cortex, which is considered an early affected site in the Braak model of temporal degeneration in PD [78]. A recent DTI study suggested that olfactory regions were particularly efficient at distinguishing drug-naïve PD patients from HC [79]. There is evidence of a strong link between olfactory discrimination and orbitofrontal cortex [80]. Decreased FA in the olfactory cortex may be related to the olfactory dysfunction which is present in ~90% of early stage PD [81]. However, we did not observe this alteration in olfactory cortex in the pooled whole-group results. The reason for this

discrepancy is unclear, although it could be that changes associated with medication may normalize, or at least obscure, the intrinsic changes in these regions. Medication exposure is an important potential confounder and understanding the effect of medications on white-matter abnormalities in patients with PD is critical for the interpretation of results. In functional MRI studies, levodopa has generally been reported to normalize altered functional connectivity in PD [82]. Medications have been also shown to affect cerebral WM, e.g. benztropine used in the treatment of tremor in PD promote re-myelination [83]. In the current meta-analysis, the main results of LEDD < 400 mg/day subgroup analysis remain unchanged, while the results of the LEDD  $\geq$  400 mg/day subgroup showed increased FA in the bilateral CC, sharing these 2 clusters with the results of the pooled meta-analysis. This observation seems to fit a 'normalization' effect. Although other diffusion MRI studies have shown that medication *per se* has little influence on WM integrity or does not alter diffusion [38, 84], nevertheless, the effect of dopaminergic medication on WM are still unclear. The differential influence of dopamine medication is likely determined by additional factors. Inter-individual differences and disease severity should also be considered. Further studies are needed specifically designed to detect the effect of medication exposure on WM changes in patients with PD.

Scan acquisition parameters also affect the FA measurements individually and in group comparisons. The minimum requirement for a qualitative DTI calculation is 6 non-collinear diffusion directions, while robust estimation of FA and tensor orientation requires at least 30 unique and evenly distributed sampling orientations [29]. DTI studies with less than 30 diffusion directions tends to overestimate FA values, which might affect group-wise differences. However,

our subgroup analysis of  $\geq$  30 diffusion directions showed the same robust FA decrease in left inferior fronto-occipital fasciculus as in the main analysis. Nevertheless, future DTI meta-analyses should consider the number of diffusion directions.

Subgroup analysis of the VBA studies revealed clusters that were identified in the pooled analysis; however, the subgroup analysis of the TBSS studies did not. This may be a methodological issue. TBSS was developed to analyze diffusion data, and it isolates the central core of WM tracts with the highest FA and reports significant clusters within that WM skeleton [85]; however, it may miss abnormalities in the peripheral WM [86]. VBA investigates the integrity of all WM voxels, including peripheral regions of WM and fiber crossings [87]. Differences in findings between the two methods are thus to be expected. Moreover, given the small number of VBA studies (n = 5), we cannot completely rule out the possibility of chance findings.

#### Limitations of this study

First, methodological heterogeneity cannot be completely excluded: it was impossible to perform analyses or subgroup analyses of all relevant variables. Second, the medication-free patients of subgroup meta-analysis were mostly medicated patients in the off-state at scanning. Clearly, the best way to minimize the effects of treatment is to study medication-naïve patients; however, this subgroup was small. Moreover, results of the subgroup meta-analysis for medication-free datasets should be interpreted with caution, considering the possible methodological differences between the studies, e.g. diffusion directions and analysis methods. Third, as is inherent in all coordinatebased methods, our meta-analysis used the coordinates from the included studies rather than the original t-statistic maps, which somewhat limits the accuracy of the results. Fourth, although we performed several subgroup meta-analyses for the early stage, VBA and different LEDD medicated datasets, the results should be interpreted with caution. The small sample size of these subgroup meta-analyses limit the generalizability of the results.

In conclusion, this meta-analysis demonstrates a consistent pattern of decreased FA in the left MCP, CC, inferior longitudinal fasciculus, and inferior fronto-occipital fasciculus. In particular, FA decreases in the MCP and CC in PD were robustly present in the sensitivity analyses. These results suggest that the altered WM microstructures in the MCP and CC may serve as a potential neuroimaging biomarker of PD. Furthermore, the subgroup analyses show that medication status, analysis approaches and the number of diffusion directions have an important impact on the findings, which should be treated with caution in future meta-analysis studies.

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### **Compliance with ethics guidelines**

Xueling Suo, Du Lei, Lei Li, Wenbin Li, Jing Dai, Song Wang, Nannan Li, Lan Cheng, Rong Peng, Graham J Kemp, and Qiyong Gong declare that they have no conflict of interest. All procedures followed were in accordance with the ethical standards of the responsible committee on human experimentation (institutional and national) and with the Helsinki Declaration of 1975, as revised in 2000 (5). Informed consent was obtained from all patients for being included in the study.

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