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# Antiuro lithiatic effects of pentacyclic triterpenes: The distance traveled from therapeutic aspects

Devina Lobine<sup>1</sup> | Salman Ahmed<sup>2</sup>  | Michael Aschner<sup>3</sup> | Haroon Khan<sup>4</sup>   
Hamed Mirzaei<sup>5</sup>  | Mohamad F. Mahomoodally<sup>1,6</sup>

<sup>1</sup>Department of Health Sciences, Faculty of Science, University of Mauritius, Réduit, Mauritius

<sup>2</sup>Department of Pharmacognosy, Faculty of Pharmacy and Pharmaceutical Sciences, University of Karachi, Karachi, Pakistan

<sup>3</sup>Department of Molecular Pharmacology, Albert Einstein College of Medicine, Bronx, New York

New York

<sup>4</sup>Department of Pharmacy, Abdul Wali Khan University Mardan, Mardan, Pakistan

<sup>5</sup>Research Center for Biochemistry and Nutrition in Metabolic Diseases, Kashan University of Medical Sciences, Kashan, Iran

<sup>6</sup>Institute of Research and Development, Duy Tan University, Da Nang, Vietnam

Correspondence

Haroon Khan, Department of Pharmacy, Abdul Wali Khan University Mardan, Mardan 23200, Pakistan.

Email: [hkdr2006@gmail.com](mailto:hkdr2006@gmail.com)

Mohamad F. Mahomoodally, Department of

Health Sciences, Faculty of Science, University of Mauritius, 230, Réduit, Mauritius.

Email: [mohamadfawzimahomoodally@duytan.edu.vn](mailto:mohamadfawzimahomoodally@duytan.edu.vn), [f.mahomoodally@uom.ac.mu](mailto:f.mahomoodally@uom.ac.mu)

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## Abstract

Globally, approximately 12% of the population is inflicted by various types of urolithiasis. Standard treatments are available both to avert and treat urolithiasis, but with significant adverse side effects. Pentacyclic triterpenes represent a group of naturally occurring compounds which holds immense potential as therapeutic for treating kidney stone. This review aims to provide an integrative description on how pentacyclic triterpenes can effectively treat calcium oxalate urolithiasis through various mechanisms such as antioxidant, anti-inflammatory, diuretic, and angiotensin-converting enzyme inhibition. Some of the pentacyclic triterpenes which shows promising activities include lupeol, oleanolic acid, betulin, and taraxasterol. Moreover, future perspectives in the development of pentacyclic triterpenes in formulations/drugs for urinary stone prevention are highlighted. It is anticipated that compiled information would serve as a scientific baseline to advocate further investigations on the potential of pentacyclic triterpenes in urolithiasis remediation.

## KEYWORDS

antilithiatic effects, pentacyclic triterpenes, triterpene-rich plant extracts

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