


 River Research
and Applications

Seasonal Effects of a Hydropeaking Dam on a Downstream Benthic Macroinvertebrate Community

Journal:	<i>River Research and Applications</i>
Manuscript ID	RRA-18-0337.R2
Wiley - Manuscript type:	Research Article
Date Submitted by the Author:	n/a
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Keywords:	large river, river health, seasonality, Northern Great Plains, biotic index, hydropower dam, benthos

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3 1 **Seasonal Effects of a Hydropeaking Dam on a Downstream Benthic Macroinvertebrate**
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6 **Community**
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10 4 **Running head: Hydropeaking effects on benthic macroinvertebrates**
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24 10 **Acknowledgements**
25

26 11 This research was supported financially by the Natural Sciences and Engineering
27
28 12 Research Council and SaskPower. We thank Stephen Srayko, Jay Sagin, Kate Prestie, Michela
29
30 13 Carriere, Renee Carriere, Solomon Carriere, Derek Green, Kristin Painter, and David Janz for
31
32 14 their countless hours of assistance in the field and the lab. Kyla Bas provided the R scripts to run
33
34 15 CCA, and Marcy Bast, Bob Brua, Christy Morrissey, John-Mark Davies and two anonymous
35
36 16 reviewers provided helpful comments on earlier versions of this manuscript.
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42 18 **Abstract**
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44 19 As more hydroelectric dams regulate rivers to meet growing energy demands, there is
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46 20 ongoing concern about downstream effects, including impacts on downstream benthic
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48 21 macroinvertebrate (BMI) communities. Hydropeaking is a common hydroelectric practice where
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50 22 short-term variation in power production leads to large and often rapid fluctuations in discharge
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52 23 and water level. There are key knowledge gaps on the ecosystem impacts of hydropeaking in
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3 24 large rivers, the seasonality of these impacts, and whether dams can be managed to lessen
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5 25 impacts. We assessed how patterns of hydropeaking affect abundance, taxonomic richness and
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7 26 relative tolerance of BMIs in the Saskatchewan River (Saskatchewan, Canada). Reaches
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9 27 immediately (<2km) downstream of the dam generally had high densities of BMIs and
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11 28 comparable taxonomic diversity relative to upstream locations but were characterized by lower
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13 29 ratios of sensitive (e.g. Ephemeroptera, Plecoptera, Trichoptera) to tolerant (e.g. Chironomidae)
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15 30 taxa. The magnitude of effect varied with seasonal changes in discharge. Understanding the
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17 31 effects of river regulation on BMI biodiversity and river health has implications for mitigating
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19 32 the impacts of hydropeaking dams on downstream ecosystems. While we demonstrated that a
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21 33 hydropeaking dam may contribute to a significantly different downstream BMI assemblage, we
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23 34 emphasize that seasonality is a key consideration. The greatest differences between upstream and
24
25 35 downstream locations occurred in spring, suggesting standard methods of late summer and fall
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27 36 sampling may underestimate ecosystem-scale impacts.
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35 38 **Keywords:** hydropower dam, benthos, large river, river health, seasonality, Northern Great
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37 39 Plains, biotic index
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42 **Introduction**

43
44 42 At present, a large majority of the world's river systems have at least one dam
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46 43 somewhere along their length (Nilsson et al., 2005), with more planned for the future (Zarfl et
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48 44 al., 2015). The effects of dams on rivers have been well documented over the last several
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50 45 decades, from changes in river thermal (Olden & Naiman 2010; Phillips et al., 2015) and flow
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52 46 regimes (Poff et al., 2007) to altered biological assemblages (Poff & Zimmerman, 2010) and
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3 47 water quality (Phillips et al., 2016). While it is a clean, renewable energy source compared to oil,
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5 48 gas, and coal burning, hydroelectric power generation also creates environmental impacts
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8 49 (Rosenberg et al., 1997). Hydropeaking, where rapid changes in discharge are used by
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10 50 hydroelectric facilities to produce power during daily peak demand, has recently become a focus
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12 51 for understanding effects on instream benthic macroinvertebrate communities (Jones 2013a;
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14 52 Jones 2013b; Armanini et al., 2014; Kennedy et al., 2016), but the impacts of hydropeaking
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17 53 operations are generally less well known compared with the other dam impacts described above.
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19 54 Benthic macroinvertebrates (BMIs) have been widely recognized as indicators of
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21 55 ecosystem integrity due to their wide tolerance spectrum to a variety of environmental
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24 56 disturbances (Bonada et al., 2006). Sensitive taxa such as most mayflies (Ephemeroptera),
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26 57 stoneflies (Plecoptera), and caddisflies (Trichoptera) tend to decrease in abundance and diversity
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28
29 58 in impacted rivers, while relatively tolerant taxa, including many chironomid species and
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31 59 oligochaetes, remain. Several metrics have been developed that use BMIs to quantify aquatic
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33 60 health, including the percentage of Ephemeroptera, Plecoptera, and Trichoptera (%EPT), the
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35 61 ratio of EPT to Chironomidae (EPT/C), and the Modified Hilsenhoff's Biotic Index (BI; Plafkin
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38 62 et al., 1989 in Mandaville, 2002). These metrics are often used in assessing the health of
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40 63 wadeable streams and small rivers but are rarely applied to large river systems (Jackson et al.,
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42 64 2010). The EPT/C metric has long been used for evaluating the effects of general environmental
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45 65 disturbances (Karr, 1991; Hannaford & Resh, 1995). However, it is uncertain if the BI metric can
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47 66 indicate physical stress from hydropeaking, as its calculation uses taxa tolerance values that were
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49 67 developed for organic pollution. Studies are needed to test if BI can act as a general metric of
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51 68 disturbance.
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3 69 Large rivers in the North American Great Plains naturally experience predictable
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5 70 fluctuations in discharge and depth throughout the year, rising with snowmelt and mountain
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7 71 runoff in the late spring and returning to baseflow by late summer (Poff, 1996). Dams regulate
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10 72 these fluctuations, often attenuating flood conditions by discharging less water over a longer
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12 73 period than the natural spring meltwater surge. Despite knowledge that patterns in BMI diversity
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14 74 and abundance are seasonally dependent (Linke et al., 1999), studies that have examined the
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16 75 impact of hydropeaking dams on BMI communities (e.g. Jones, 2013a,b) are often conducted
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18 76 during the late summer, presumably to capture the highest diversity and later life stages of BMIs.
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20 77 This sample design does not capture the univoltine BMIs that develop and emerge in the spring
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22 78 and early summer, such as winter stoneflies and many mayfly species. How seasonal variations
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24 79 in flow overlaid by hydropeaking affect BMI life histories is poorly characterized.
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28 80 Here we assessed the potential effects of a daily hydropeaking dam on downstream BMI
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30 81 communities by comparing five downstream locations with three upstream reference locations
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32 82 sampled monthly during the ice-free season in 2014. We hypothesized that the BMI assemblages
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34 83 immediately downstream of the dam are affected by the hydropeaking operations and that river
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36 84 health, as calculated using BMI metrics such as EPT/C and BI, is compromised at these locations
37
38 85 through a combination of abrupt changes in flow, considerable fluctuations in water level, and
39
40 86 repeated wetting and drying of the riverbed (Kennedy et al., 2016). We also examined the
41
42 87 potential for seasonal variation in effects by evaluating BMI assemblages across five months that
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44 88 varied considerably in flow conditions. Given the large number of extant dams, the common use
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46 89 of hydropeaking, and ongoing dam construction in many regions (Zarfl et al., 2015),
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48 90 understanding the effects of hydropeaking is a key step towards better understanding the costs
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50 91 and benefits of alternative flow management regimes (Jones, 2014).
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93 Methods

94 The Saskatchewan River basin in Canada is one of North America's largest river basins
95 (405,864 km²), spanning three provinces and includes one of the largest freshwater deltas in the
96 world (Partners for the Saskatchewan River Basin, 2009). This sand-dominated river begins in
97 the Rocky Mountains of Alberta and discharges into Lake Winnipeg in Manitoba. Two main
98 branches, the North Saskatchewan and South Saskatchewan rivers, merge to form the mainstem
99 Saskatchewan River (Fig. 1). Ice cover on the river typically lasts from late November to April,
100 although this can vary annually. Two large hydro dams were commissioned along the river
101 system: the Gardiner Dam in 1967 on the South Saskatchewan River and the E.B. Campbell
102 Dam in 1963 on the mainstem of the Saskatchewan River. Together, these dams alter the
103 seasonal and daily flow regime downstream (Gober & Wheeler, 2014). The E.B. Campbell dam
104 formed the Tobin Lake reservoir, and from 1963 to 2004, this hydropeaking dam operated in
105 accordance with electricity demand, causing sudden changes in river depth downstream and
106 occasionally stranding fish. This prompted Fisheries and Oceans Canada to establish a minimum
107 flow requirement of 75 m³s⁻¹ as a way to mitigate changes in water level. However, the river
108 downstream continues to experience daily changes in discharge and depth due to hydropeaking
109 practices (Fig. 2, Fig. A1); these changes attenuate downstream but are observable as far as 60
110 km from the dam (Euteneier, 2002).

111 A total of eight locations were sampled during the ice-free season of 2014: three
112 upstream locations were chosen as reference areas, while five downstream locations were
113 selected ranging from immediately below the dam (2 km) to ~50 km downstream (Fig. 1).
114 During the study, the ratio of daily maximum to daily minimum flows released from the dam

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3 115 was 1.2 ± 0.2 in June, 1.8 ± 0.9 in July, 3.0 ± 0.9 in August and 4.6 ± 1.5 in September (Fig. 2).
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5 116 Locations were chosen knowing that hydrological impacts of hydropeaking attenuate with
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7 117 increasing distance from the dam (e.g. Moog, 1993), but the two downstream sites most affected
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9 118 by hydropeaking are DS2 and DS3 because they are wider with shallower-pitched shorelines
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11 119 compared with DS1 where the channel is narrower (Table A1, Watkinson et al. 2018). The
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13 120 furthest site downstream, DS4, experiences lessened water level variability because of
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15 121 attenuation but here the river still rises and falls approximately 1 m during summer hydropeaking
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17 122 (T. Jardine, unpublished data). Below the dam, low water levels occur in early morning after
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19 123 reduced power generation overnight, so sites DS1 to DS3 were typically sampled in order
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21 124 starting early in the day to limit sampling in the varial zone and maximize sampling in the
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23 125 permanently wetted zone. In August and September, site DS4 was sampled at both high and
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25 126 low water to test for differences in communities in the varial and permanently wetted zone at this
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27 127 location.
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33 128 Samples were taken once per month from May-September and corresponded to seasonal
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35 129 changes in flows and associated hydropeaking, as higher discharges occur associated with the
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37 130 spring freshet (May to mid-July) compared to the daily hydropeaking schedule followed later in
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39 131 the season (mid-July to September) (Fig. 2). This period constitutes the bulk of the ice-free
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41 132 season (typically from April to November), and covers the period where water temperatures
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43 133 exceeded 12°C , above which most BMI taxa can grow and complete their life cycles. The
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45 134 location immediately below the dam is in a spillway channel (hereafter labeled “SW”), a part of
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47 135 the original river channel that was bypassed during construction. This channel normally consists
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49 136 of a series of small, isolated pools with little or no flow, except when discharges from the
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51 137 reservoir exceed the capacity of the power station ($\sim 1000 \text{ m}^3\text{s}^{-1}$), at which point the spillway
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3 138 gates are opened and these pools fully connect and flow. During the months of May and June
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5 139 2014, the channel had high flow as the dam was releasing water from the spring melt, whereas
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8 140 the water returned to pools during the months of July, August, and September.
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10 141 The sampling methods in this study followed a modified kick and sweep protocol for
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12 142 large rivers as described in the Saskatchewan Northern Great Plains Ecosystem Health
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14 143 Assessment Manual (MoE & SWA, 2012). Benthic macroinvertebrates were collected using a
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16 144 standard D-frame kicknet with a 500 µm mesh and 0.3 m opening. Each sampled location was
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18 145 divided into 3 sub-locations, each 100 m apart. The first sub-location was chosen haphazardly
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20 146 and the remaining two were selected 100 m upstream from the previous. Samples were taken
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22 147 from shore to the deepest wadeable depth (1 transect per sub-location) or until 1 minute of
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24 148 sampling time elapsed. The entire contents of each sweep were preserved using 95% ethanol.
25
26 149 Macroinvertebrates were identified to genus or, when practical, to species. Saskatchewan-
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28 150 specific keys were used to identify Ephemeroptera (Webb, 2002), Plecoptera (Doddall, 1976),
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30 151 Trichoptera (Smith, 1984), and Hemiptera (Brooks & Kelton, 1967). All other taxa were
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32 152 identified using Merritt et al. (2008). Sample area was estimated using the size of the net (0.3 m)
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34 153 and the total length of each sampling transect, which was then used to estimate BMI densities.
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40 154 River health was estimated using taxa tolerance values summarized in Mandaville (2002)
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42 155 to calculate an overall BI using the following formula:
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$$45 \quad 156 \quad BI = \frac{\sum x_i t_i}{n} \quad (\text{Eq. 1})$$

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48 157 where x_i is the number of individuals of a species, t_i is the tolerance value of a species, and n is
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50 158 the total number of individuals. A low BI score indicates low levels of environmental stress
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52 159 (typically pollution) as there are more sensitive taxa present, whereas a high BI score is
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55 160 indicative of a stressed environment with a high proportion of tolerant taxa. The tolerance values
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3 161 for macroinvertebrates were originally based on their resistance to organic pollution (Plafkin et
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5 162 al., 1989, in Mandaville, 2002). In contrast, the use of EPT/C is known for its applicability to a
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7 163 variety of environmental disturbances beyond pollution (Mandaville, 2002). An EPT/C score
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9 164 was also calculated for each location, using the ratio of sensitive taxa (Ephemeroptera,
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11 165 Plecoptera, and Trichoptera) to Chironomidae (a relatively tolerant group) plus one (EPT/C+1)
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13 166 to account for areas without chironomids. To assess community diversity, a Shannon's diversity
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15 167 score was calculated for each location. BI, EPT/C and Shannon's diversity scores were
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17 168 calculated for all 3 sub-locations before calculating mean scores for the site. A series of habitat
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19 169 variables, including water quality (pH, conductivity, turbidity, total suspended solids, total
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21 170 nitrogen and phosphorus, benthic and suspended chlorophyll a, dissolved organic carbon) and
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23 171 substrate, was collected at each site on each visit (Supplementary material).

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25
26 172 To compare upstream versus downstream communities, we used canonical
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28 173 correspondence analysis (CCA), analysis of similarities (ANOSIM), and similarity percentages
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30 174 (SIMPER). CCA was done using R (version 3.4.2; R Project for Statistical Computing, Vienna,
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32 175 Austria) with the *vegan* and *lmom* packages. The ANOSIM and SIMPER analyses were done
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34 176 using PRIMER Version 6.1.13 (PRIMER-E software, Plymouth, United Kingdom; Clarke &
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36 177 Warwick, 2001). Prior to performing these analyses, we chose to adjust the community matrix by
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38 178 removing rare taxa that had a total abundance of ≤ 5 and had an occurrence of ≤ 4 in the matrix.
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40 179 Though removal can negatively impact otherwise significant differences in a dataset (Cao et al.,
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42 180 2001), rare taxa can create 'noise' that might obscure otherwise clear patterns (e.g. Reece et al.,
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44 181 2001). Non-benthic taxa were completely removed from the dataset. Using this subset, the data
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46 182 were $\log_{(n+1)}$ transformed and used to calculate a taxa-by-taxa dissimilarity matrix using the
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48 183 Bray-Curtis dissimilarity metric, which is commonly used for analyzing BMI assemblages
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3 184 (Clarke & Warwick, 2001; Phillips et al., 2015). ANOSIM was used to compare average rank
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5 185 similarities of the benthic communities upstream and downstream of E.B. Campbell dam. To
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7 186 evaluate which taxa were most responsible for any dissimilarity between upstream and
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10 187 downstream locations, a family-level similarity percentages (SIMPER) analysis was performed.
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12 188 All tests were done separately for each month of analysis. As our main purpose was to identify
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14 189 whether hydropeaking affects the BMI assemblage downstream, the site SW was omitted from
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16
17 190 the CCA, ANOSIM, and SIMPER analyses as it was not affected by hydropeaking.
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21 192 **Results**

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24 193 A total of 67,506 individuals from 237 different invertebrate taxa were collected. The
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26 194 number of taxa at each location ranged from 13 to 53 (Fig. 3, Table A2). Mayflies were the most
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28 195 common taxa, with 17 families overall (Fig. 3, Table A2), and ranged in abundance from 2 to
29
30 196 8,816 individuals m⁻². On the whole, taxonomic richness tended to increase throughout the
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32 197 sampling season, with the greatest change shown at SW, 2 km downstream of the dam in the
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34 198 spillway channel (Fig. 3). Further downstream (8-30km from dam), richness was generally lower
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36 199 relative to sites US1 to US3 and SW. In contrast, DS4 (+53 km) was comparable to upstream
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38 200 locations.
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42 201 In addition to changes in flow regime, the biophysical environment differed below the
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44 202 dam. In the river upstream of the dam, higher turbidity, TSS, and suspended chlorophyll *a*
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46 203 concentrations were typically observed relative to downstream (Table A2). In contrast, the
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48 204 downstream reaches appeared to have more benthic chlorophyll *a* and marginally higher DOC
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50 205 values compared to upstream. Higher concentrations of benthic chlorophyll immediately below
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52 206 the dam were observed between July and September (Table A3). Total phosphorus was
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3 207 marginally higher at upstream locations, whereas pH, conductivity, and total nitrogen were
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5 208 similar among locations both upstream and downstream. Mean daily temperature appeared to
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8 209 fluctuate more at upstream locations compared to the regulated regime observed downstream
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10 210 (Fig. A2). Additionally, warmer and cooler temperatures were recorded upstream from May-July
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12 211 and August-September, respectively, relative to downstream locations (Fig. A2).

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14 212 Average BMI density ranged from 39 to 2,477 individuals m⁻² (Fig. 4). Densities at
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16 213 upstream locations were relatively similar throughout the sampling season, whereas taxa had
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18 214 sharply increased densities at locations immediately below the dam (SW and DS1; +2 and +8
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20 215 km) from July-September (Fig. 4), largely due to an increase in tolerant taxa. Further
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22 216 downstream (+21 to +53 km), densities were similar to those found upstream (Fig. 4).

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24 217 Three indices of river health showed impairment at sites immediately below the dam.
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26 218 Biotic index (BI) values were generally higher at SW (+2 km) and DS1 to DS3 (+8 to +28 km)
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28 219 (Fig. 5). Mean BI values ranged from 3.40 to 5.64 upstream of the dam across seasons and were
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30 220 higher below the dam (range 4.45 to 7.65), especially from May to July but this varied by
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32 221 location. The furthest site from the dam, DS4 (+53 km), had BI values that were within the range
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34 222 (95% confidence interval) of those observed at the upstream reaches in all months except July.
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36 223 Samples at this site taken at low and high water levels had similar BI values in August (low
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38 224 water = 5.21, high water = 4.92) but different BI values in September (low water = 7.00, high
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40 225 water = 5.74) because the latter low water sample contained only chironomids. Taxonomic
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42 226 richness at locations below the dam was comparable to those upstream (Fig. 3) but Shannon's
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44 227 diversity scores were generally higher at upstream locations compared to those immediately
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46 228 downstream of the dam, with only DS4 (+53 km) having values consistently comparable to those
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48 229 upstream (Fig. 6). Mean EPT/C+1 values were highest upstream of the dam (0.16 to 43.42 versus
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3 230 0.03 to 7.39 downstream) and, like the BI, had values comparable to the upstream reference
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5 231 locations at the location furthest from the dam (Fig. A3). In a comparison of monthly BI to
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7 232 EPT/C+1 scores, a general negative correlation was observed in the first three months of
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9 233 sampling, but not August and September (Fig. A3).
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12 234 The benthic assemblage at SW (+2 km) and DS1 (+8 km) varied from other locations,
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14 235 with high densities of tolerant taxa including amphipods and *Caenis* mayfly larvae from July-
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16 236 September. As these taxa are typically associated with lentic environments, the reach of the river
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18 237 downstream where these species were in high abundance was deemed the ‘lentic impact zone.’
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20 238 This zone extended at least 8 km downstream, and lentic taxa abundance generally decreased
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22 239 with distance from the dam. To assess whether high amphipod densities at downstream locations
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24 240 were the main influence for increased BI scores, the scores for all locations were calculated in
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26 241 the absence of amphipods. This had little effect on BI scores across all locations, indicating that
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28 242 although they were present in high densities, amphipods were not the primary driver of BI
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30 243 scores.
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35 244 Upstream and downstream locations had significantly different assemblages throughout
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37 245 all months even when including the furthest downstream location (ANOSIM, Table A3).
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39 246 Corixidae (Hemiptera), Baetidae (Ephemeroptera), Chironomidae (Diptera), and Hydropsychidae
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41 247 (Trichoptera) were among the families that contributed the most to differentiating upstream
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43 248 locations from those downstream (SIMPER, Table A3). Assemblages at upstream locations
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45 249 separated from those sampled downstream, and those found immediately below the dam formed
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47 250 distinct clusters, whereas further locations (DS4; >50 km) become more similar to upstream
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49 251 communities (Fig. 7).
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5 253 **Discussion**

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8 254 Large rivers are among the most impacted freshwater ecosystems in the world (Nilsson et
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10 255 al., 2005; Poff et al., 2007). Hydroelectric dams are common along these systems and the
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12 256 concerns of hydropeaking operations have only recently been fully addressed, despite the large
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14 257 number of dams that practice hydropeaking (e.g. Jones, 2013a; Kennedy et al., 2016). The scale
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16 258 and scarcity of large rivers like the Saskatchewan have made it difficult to quantify the effects of
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18 259 anthropological disturbances, and traditional reference condition approaches often cannot be
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20 260 applied to these systems (Phillips et al., 2015). Additionally, the majority of hydropeaking
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22 261 studies have not considered the possible effects of seasonality on benthic communities as most of
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24 262 them are conducted in the late summer months (August-September) when the extent of flow
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26 263 variation can be high and the mean daily flows relatively low. Our key findings included altered
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28 264 benthic assemblages below the dam along with increased BI and decreased EPT/C scores
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30 265 compared to upstream locations, indicative of deteriorated river health. Seasonality in
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32 266 hydropeaking was reflected in the changes to downstream BMI community tolerance, density,
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34 267 and diversity.

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39 268 Immediately downstream of the dam in the spillway channel (SW; +2 km), the benthic
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41 269 assemblage consisted mainly of tolerant taxa usually found in lentic environments (e.g.
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43 270 amphipods, *Caenis* mayfly larvae). These taxa were found in very high abundance from July-
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45 271 September after flow through this reach had ceased, but were absent from May-June samples
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47 272 when this channel was used as a spillway to accommodate high flows. Unlike the other
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49 273 downstream reaches, SW was not subjected to daily hydropeaking from July-September,
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51 274 resulting in little to no flow and much higher abundances of lentic taxa. Although it does not
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3 275 reflect daily hydropeaking, SW is still subjected to seasonal changes in flow and more likely
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5 276 reflects changes that would occur when large reservoirs are used primarily for extraction (e.g.
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8 277 irrigation supply) and only release water during extreme high flow events.
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10 278 Because amphipods have relatively high tolerance to environmental disturbances and
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12 279 were found in high densities immediately below the dam, these areas had correspondingly high
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14 280 BI values. Surprisingly, the removal of amphipods did little to change the BI scores across all
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17 281 locations, even when their numbers were in the thousands. Therefore, downstream benthic
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19 282 communities changed in composition in terms of their tolerance to disturbance and the dominant
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21 283 taxon was not solely responsible for that change. Chironomidae were also found in very high
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23 284 densities below the dam, a taxon that is highly tolerant to environmental disturbance. Amphipods
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25 285 are a mainly lentic taxon that helped define the lentic impact zone found downstream. We
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27 286 assume they were flushed downstream from the reservoir and previously isolated spillway pools
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29 287 during high flows in May and June. It is recommended that the lentic impact zone be accounted
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31 288 for in future projects and sampling designs that assess the effects of impoundments on river
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33 289 health, as its size may vary annually and seasonally. Doing so would require classifying taxa as
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35 290 lentic or lotic according to available guides (e.g. Merritt et al. 2008), determining if there are
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37 291 spatial gradients in the proportion of lentic taxa, and removing those taxa from analysis as
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39
40 292 appropriate. The macroinvertebrate community at the first riverine site downstream, DS1 (+8
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42 293 km), also consisted of high densities of taxa in the filter-feeding functional group (e.g.
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44 294 Hydropsychidae) from mid- to late summer, similar to findings in the regulated Magpie River
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47 295 system (Jones, 2013a). As proposed by Richardson and Mackay (1991), these filter-feeding
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49 296 communities are probably sustained by plankton that originated in the reservoir.
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3 297 Further downstream (>20 km from the dam), BMI abundance and diversity were much
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5 298 lower. At DS2 (+21 km) and DS3 (+28 km) in August and September, daily hydropeaking was
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7 299 most severe because of a low-pitched shoreline that results in large changes in water level. Our
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10 300 CCA shows that these two sites tend to be similar to each other yet distinct from other
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12 301 downstream sites (Fig. 7). Macrophytes, which often harbor high BMI abundance relative to bare
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14 302 substrate in deeper parts of the channel (Needham, 1934), were absent at sites between 21 and 53
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16 303 km downstream, likely due to the change in substrate (cobble and coarse gravel to sand) and the
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18 304 rapid fluctuations in water level resulting from daily hydropeaking (J. Mihalicz, pers. obs.).
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20
21 305 Bejarano et al. (2018) reviewed the effects of hydropeaking on riverine plants and concluded that
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23 306 abrupt changes in water level and flow have a marked effect on vegetation in the riparian zone.
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25
26 307 This suggests that the absence of macrophyte growth at our downstream locations is likely due to
27
28 308 hydropeaking.

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31 309 Water quality parameters differed substantially between upstream and downstream
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33 310 locations, especially chlorophyll *a* (benthic and suspended) and turbidity (Table A1). These
34
35 311 differences may contribute to the change in benthic assemblage composition observed below the
36
37 312 dam (Fig. 7). Higher benthic chlorophyll *a* concentrations at locations immediately below the
38
39 313 dam, likely owing to greater light penetration in clearer waters, translate to greater food source
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41 314 availability for BMIs, which may explain the dense populations of tolerant taxa found there
42
43 315 including gastropods and Caenid mayflies. Lower turbidity values downstream of the dam are
44
45 316 likely due to the loss of suspended load in the reservoir. These changes highlight how additional
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47 317 physical alterations to river habitat resulting from hydropeaking can consequently affect water
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49 318 quality and, ultimately, the biotic community (Melcher et al., 2017).
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3 319 Although literature on the effects of hydropeaking on river biota is becoming more
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5 320 common (e.g. Jones, 2014; Kennedy et al., 2016; Melcher et al., 2017), the macroinvertebrates in
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7 321 many studies are collected in late summer or early autumn. In doing so, it is probable that many
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9 322 emergent insect species are not accounted for, and thus any effects of hydropeaking on these taxa
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11 323 remain unknown. Benthic assemblages vary not only from one year to the next, but seasonally as
12
13 324 well (Peterson et al., 2017). For example, in our data set, univoltine *Isoperla* sp. stoneflies were
14
15 325 relatively common at upstream sites in May and June but were effectively absent in the
16
17 326 remaining three months. Warmer waters upstream in May could also have accelerated
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19 327 development and emergence of this taxa. As the composition of the downstream
20
21 328 macroinvertebrate communities changed from one month to the next with the emergence of some
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23 329 taxa, the overall tolerance of the community remained relatively high compared to upstream
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25 330 reaches. Yet differences were greatest in the months May to July, with all four nearest
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27 331 downstream sites falling outside the 95% confidence intervals defined by the upstream reference
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29 332 sites. This suggests that late summer/autumn sampling of BMI communities may underestimate
30
31 333 the general effects of hydropeaking. However, the high water levels that we encountered during
32
33 334 May and June meant that our sampling largely occurred in recently wetted areas at all locations,
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35 335 perhaps misrepresenting resident biota throughout the study system. The interplay between mean
36
37 336 flow conditions, changes in extent of hydropeaking, and biotic sensitivity should be considered
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39 337 in individual rivers when considering sampling design.

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41 338 Despite our best efforts, studying large rivers presents a unique set of challenges. Their
42
43 339 size can make it difficult to quantify the effects of impacts both longitudinally and laterally. In
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45 340 the present study, macroinvertebrates were sampled from one side of the river in the near-shore,
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47 341 varial zone, but not from deeper parts of the channel. Many species would not have been
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3 342 collected with our methods, and the use of other techniques and instruments would be required to
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5 343 sample them (e.g. Peterson grab sampler, Hess sampler). Taxa that are sensitive to regular
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7 344 wetting and drying are more likely to be found in deeper areas of the channel below
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10 345 hydropeaking facilities, whereas tolerant species tend to inhabit the edge habitat (Jones, 2013b;
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12 346 Kjaerstad et al., 2018). This speaks to key questions regarding sampling design to understand
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15 347 impact. Our methods may be overly sensitive, showing a greater proportion of tolerant taxa than
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17 348 if the whole channel were sampled. This can be beneficial in assessing impacts but may
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19 349 overestimate them at the ecosystem scale. In the case of the Saskatchewan River below E.B.
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21 350 Campbell, the varial zone can constitute up to one-third the wetted width (DFO 2018). As such,
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24 351 changes to the BMI community in this zone only would still constitute a considerable change to
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26 352 the overall community, even if the assemblage in the permanently-wetted zone remains
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28 353 unchanged.

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31 354 Determining river health often requires the use of several metrics to assign a score to the
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33 355 reach in question. In our assessment, BI scores for reaches in the Saskatchewan River system
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35 356 were negatively correlated with their EPT/C (Fig. A3). However, an important drawback of
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37 357 using EPT/C values is the use of specific taxa. The high densities of tolerant *Caenis* mayflies in
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40 358 August and September at downstream sites indicated healthy river conditions according to
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42 359 EPT/C, despite the BI metric suggesting otherwise (Fig. A3). Our study, in conjunction with
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45 360 others (e.g. Borisko et al., 2007), suggests that the tolerance values for organic pollution
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47 361 compiled by Mandaville (2002) for use with the Modified Hilsenhoff BI may be applicable to
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49 362 environmental disturbances more generally in aquatic systems, and that metrics considering the
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51 363 entire benthic community may be preferred when determining ecosystem integrity.

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3 364 The present study has illustrated that the hydropeaking E.B. Campbell Dam supports a
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5 365 downstream BMI assemblage that has high densities and comparable species richness relative to
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7 366 upstream, but this assemblage is shifted to one characterized by tolerant, lentic-associated taxa.
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10 367 A key piece of environmental legislation in Canada, the Fisheries Act, currently assesses impacts
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12 368 of industrial operations on aquatic environments based on their effects on fishes, namely through
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14 369 their habitat including provision of food (Fisheries Act, 1985). As a result, this legislation would
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16 370 view the increased abundances of BMIs downstream of the dam as a positive effect while
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18 371 ignoring the change in the assemblage and, more importantly, overall tolerance to disturbance.
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20 372 Despite the establishment of a minimum flow requirement in 2004, discharge and water depth
21
22 373 continue to change on a daily basis with effects apparent as far as 53 km downstream (Fig. A1).
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24 374 Hydropeaking is an important means of matching power production to power requirements;
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26 375 however, we have found evidence that hydropeaking may contribute to the alteration of
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28 376 downstream biotic communities. Minimum flow requirements have many benefits, but more
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30 377 work is required to understand how to best manage dams to better mimic the natural flow
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32 378 regime, especially in systems dominated by multiple control structures that have competing
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34 379 demands for water. Integrated systems approaches that allow trade-offs among industrial and
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36 380 ecological uses will help mitigate current impacts of hydropower and hydropeaking and maintain
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38 381 its importance as part of the renewable energy portfolio.
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3 505 **Figure legends**
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6 506 **Fig. 1:** The portion of the Saskatchewan River system sampled in this study. Blue dots indicate
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8 507 upstream (reference) reaches, red dots are downstream (test) locations, and the split dot indicates
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10 508 the sampling location immediately downstream of E.B. Campbell Dam. The inset illustrates the
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12 509 sample area's location in Saskatchewan, Canada.

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15 510 **Fig. 2:** Discharge data for the Saskatchewan River above and below E.B. Campbell Dam for
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17 511 June-December of 2014 (Environment Canada gauges 05KD007 and 05KD003). The erratic
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19 512 changes in discharge downstream of the dam are the result of hydropeaking. Data from 12:00 am
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21 513 on July 18 to 12:00 am on July 21, 2014 illustrates the daily peaks and troughs in discharge
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23 514 experienced by the river downstream due to hydropeaking (inset). Data were not available for the
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25 515 upstream gauge prior to June 10th.

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29 516 **Fig. 3:** Benthic macroinvertebrate orders present at each location (labels as in Figure 1) in the
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31 517 Saskatchewan River across the months of May to September 2014.

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34 518 **Fig. 4:** Benthic macroinvertebrate density (\log_{x+1}) across the sampling area versus the distance of
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36 519 each location from E.B. Campbell Dam, shown as a vertical dotted line, in kilometers. Distances
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38 520 upstream/downstream of the dam are depicted as negative/positive numbers, respectively. Grey
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40 521 boxes indicate the 95% CI for the upstream locations. Distances from the dam for each location
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42 522 are as follows: US1 (-210 km), US2 (-194 km), US3 (-114 km), SW (+2 km), DS1 (+8 km), DS2
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44 523 (+21 km), DS3 (+28 km), and DS4 (+53 km).

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48 524 **Fig. 5:** Biotic index scores for each location from May-September 2014 versus distance from
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50 525 E.B. Campbell Dam. Labels as in Figure 4.

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52 526 **Fig. 6:** Shannon Diversity Index scores for each location from May-September 2014 versus
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54 527 distance from E.B. Campbell Dam. Labels as in Figure 4.
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3 528 **Fig. 7:** Canonical correspondence analysis illustrating the differences in benthic
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5 529 macroinvertebrate community structure at 7 locations along the Saskatchewan River. Locations
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7 530 upstream of E.B. Campbell dam are green, downstream are red, orange, yellow, and light blue.
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10 531 Numbers in brackets represent distance upstream (negative) and downstream (positive) from
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12 532 E.B. Campbell Dam in kilometers. Turb = turbidity, TSS = total suspended solids; SChla =
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14 533 suspended chlorophyll α ; BChla = benthic chlorophyll α ; DSub = dominant substrate
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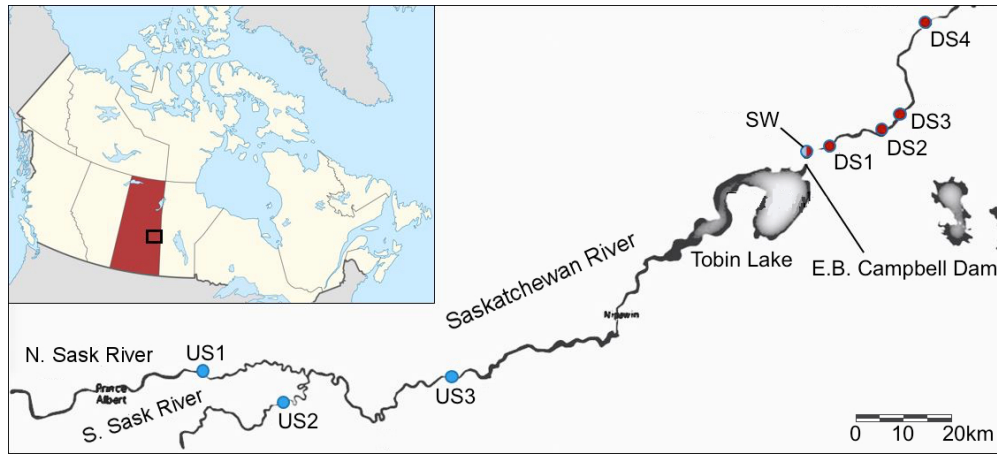


Figure 1

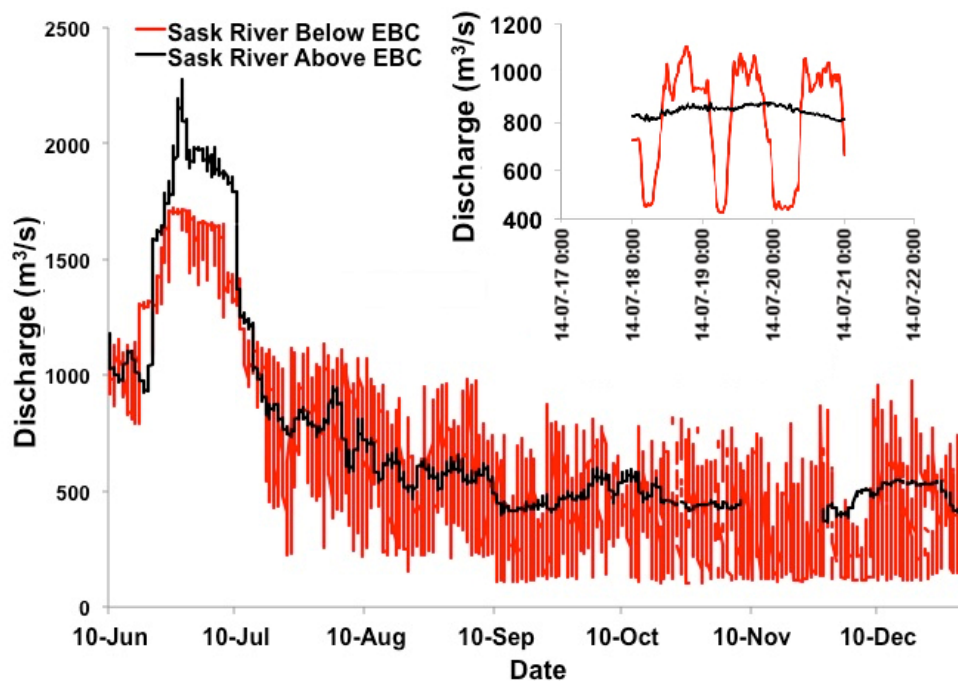


Fig. 2: Discharge data for the Saskatchewan River above and below E.B. Campbell Dam for June-December of 2014 (Environment Canada gauges 05KD007 and 05KD003). The erratic changes in discharge downstream of the dam are the result of hydropеaking. Data from 12:00 am on July 18 to 12:00 am on July 21, 2014 illustrates the daily peaks and troughs in discharge experienced by the river downstream due to hydropеaking (inset).

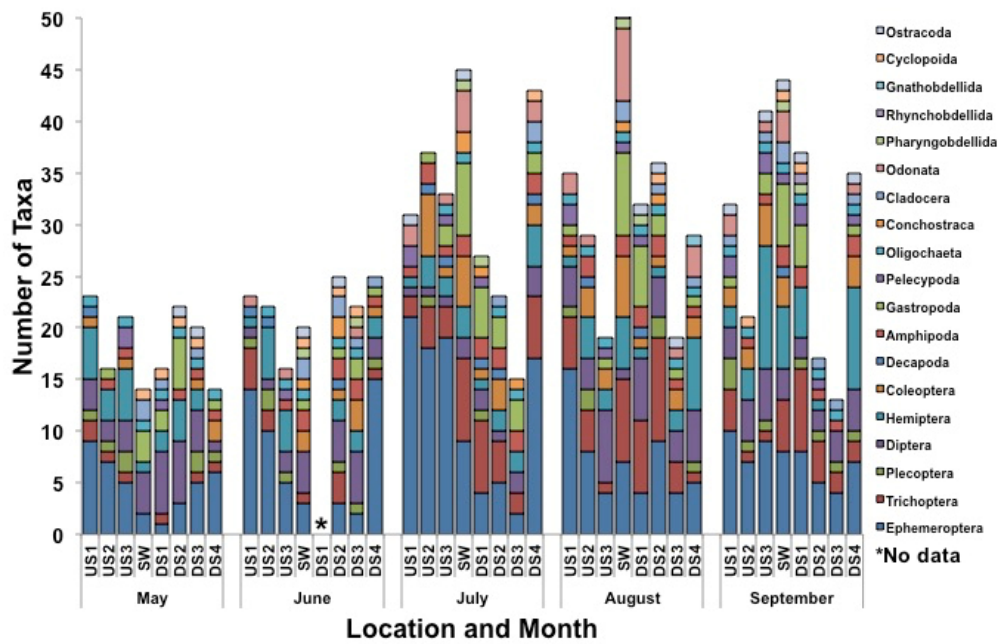


Fig. 3: Benthic macroinvertebrate orders present at each location (labels as in Figure 1) in the Saskatchewan River across the months of May to September 2014.

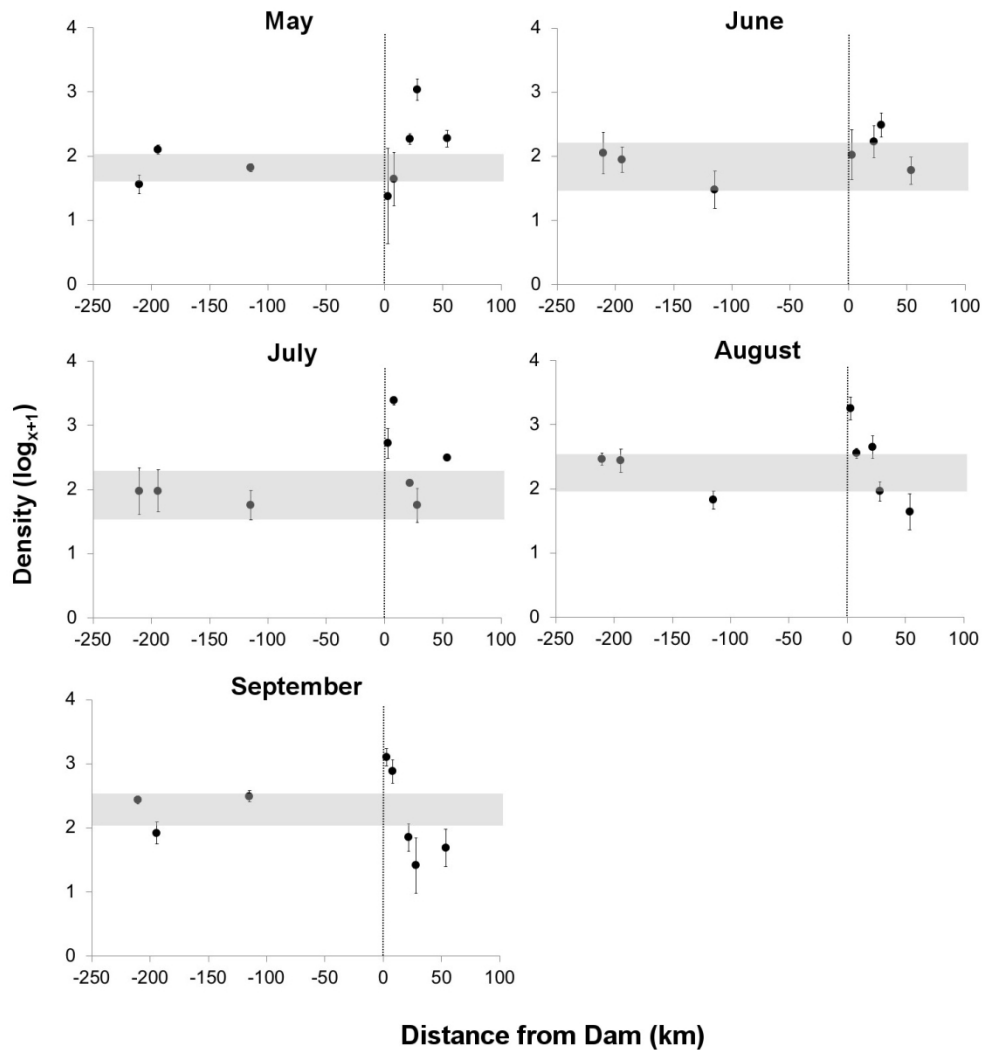


Fig. 4: Benthic macroinvertebrate density ($\log x+1$) across the sampling area versus the distance of each location from E.B. Campbell Dam, shown as a vertical dotted line, in kilometers. Distances upstream/downstream of the dam are depicted as negative/positive numbers, respectively. Grey boxes indicate the 95% CI for the upstream locations. Distances from the dam for each location are as follows: US1 (-210 km), US2 (-194 km), US3 (-114 km), SW (+2 km), DS1 (+8 km), DS2 (+21 km), DS3 (+28 km), and DS4 (+53 km).

529x564mm (72 x 72 DPI)

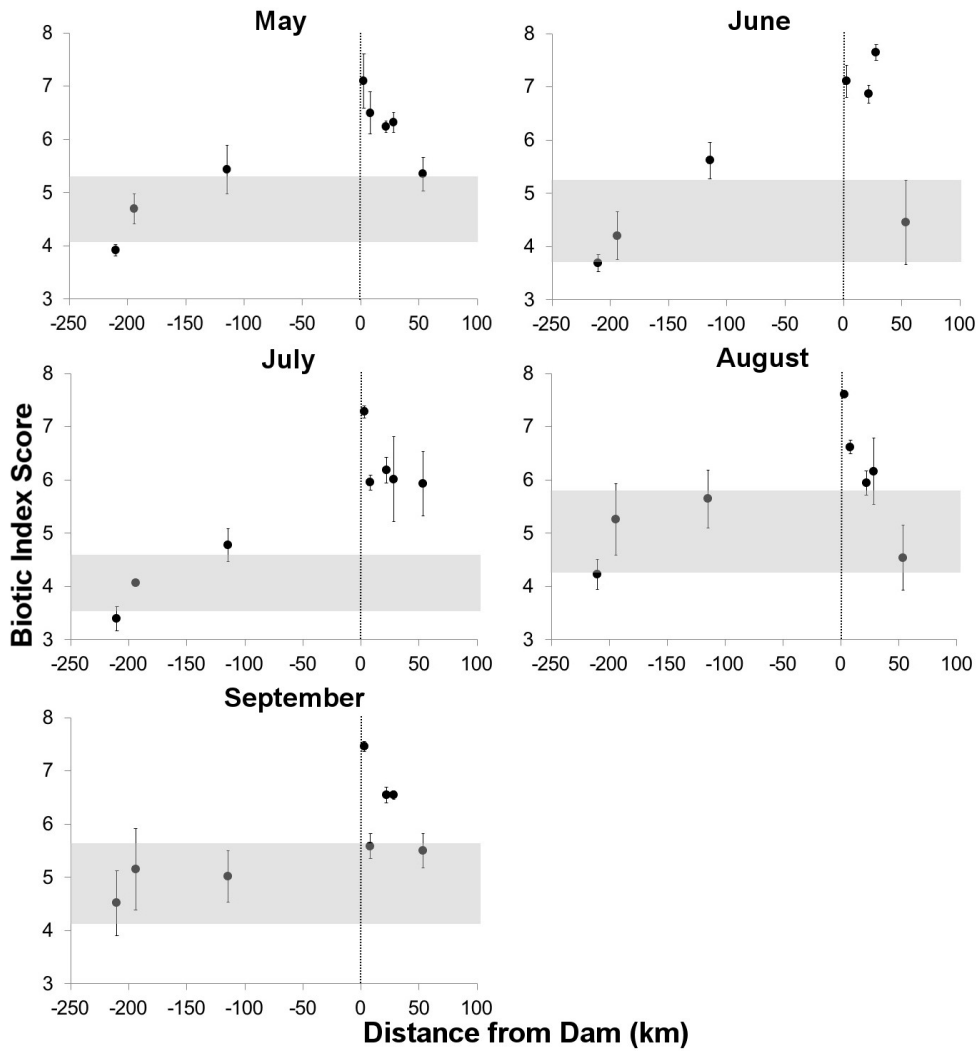


Fig. 5: Biotic index scores for each location from May-September 2014 versus distance from E.B. Campbell Dam. Labels as in Figure 4.

493x529mm (72 x 72 DPI)

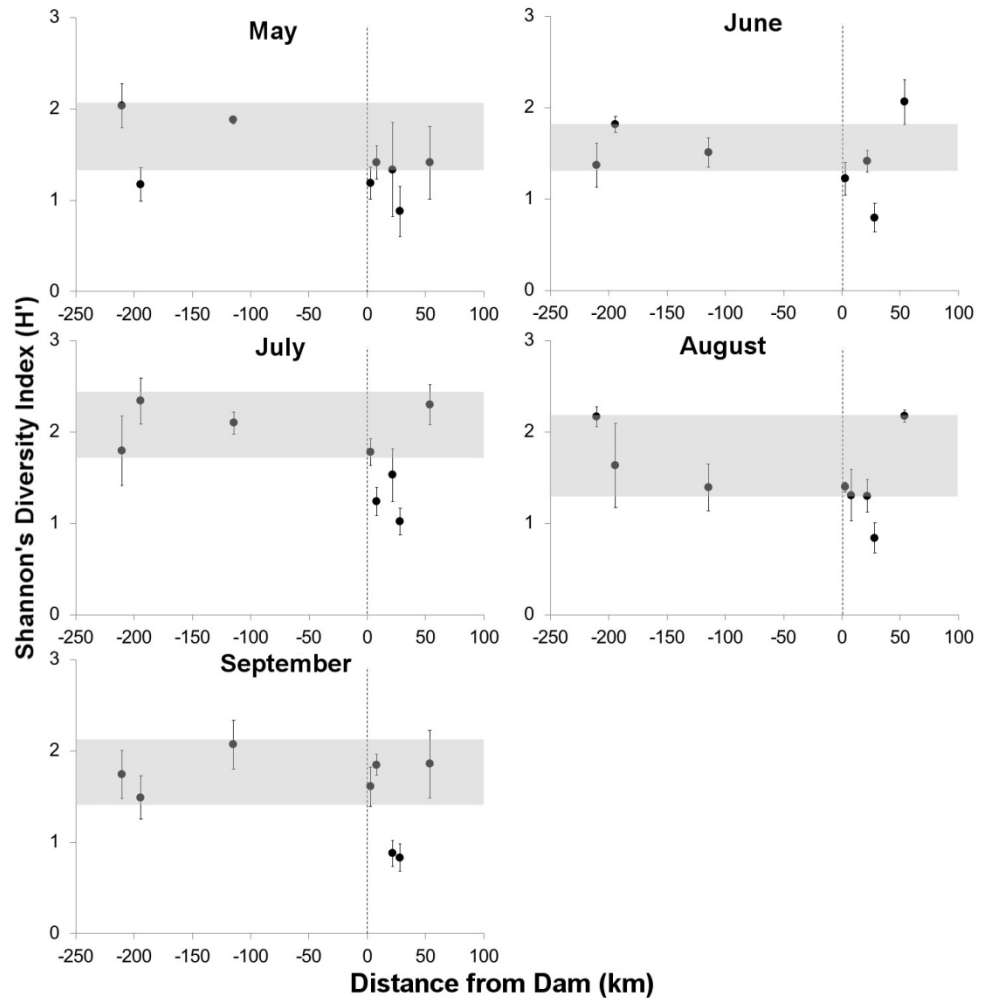


Fig. 6: Shannon Diversity Index scores for each location from May-September 2014 versus distance from E.B. Campbell Dam. Labels as in Figure 4.

529x529mm (72 x 72 DPI)

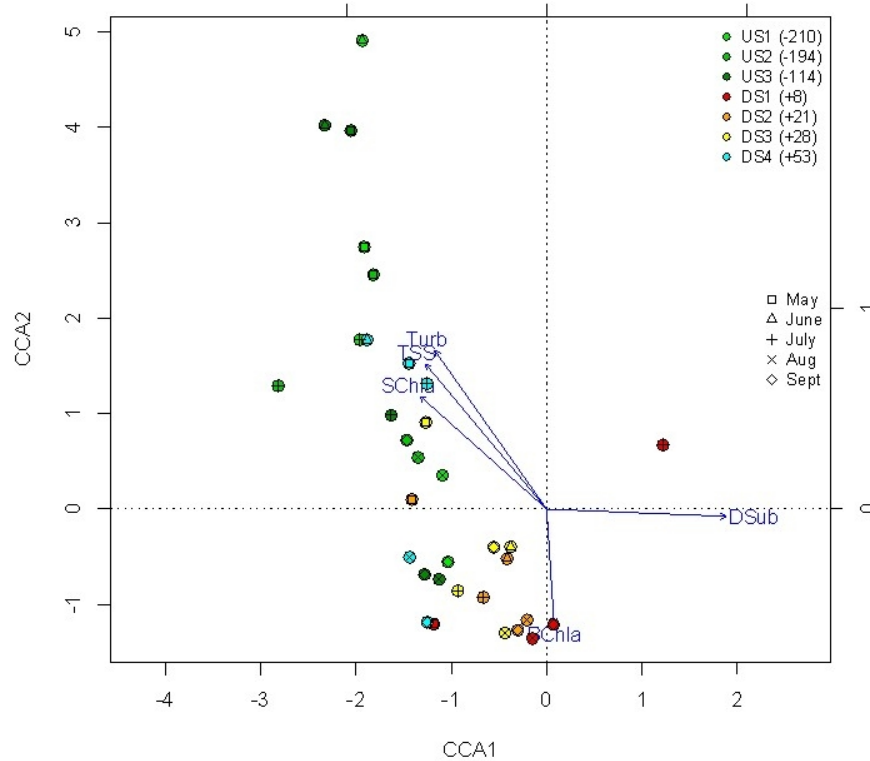


Fig. 7: Canonical correspondence analysis illustrating the differences in benthic macroinvertebrate community structure at 7 locations along the Saskatchewan River. Locations upstream of E.B. Campbell dam are green, downstream are red, orange, yellow, and light blue. Numbers in brackets represent distance upstream (negative) and downstream (positive) from E.B. Campbell Dam in kilometers. Turb = turbidity, TSS = total suspended solids; SChla = suspended chlorophyll a; BChla = benthic chlorophyll a; DSub = dominant substrate

190x254mm (96 x 96 DPI)