

Combel Editorial is an imprint of Editorial Casals, SA
Editorial director: Noemí Mercadé
Editor: Iván Barreto
Translator: Sarah Clarck
Collection design: Estudi Miquel Puig
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Casp, 79 – 08013 Barcelona
combeleditorial.com
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Jaume Copons and Liliana Fortuny, authors represented by IMC Agencia Literaria. Salvador Macip represented by Asterisc Agents.

First edition: May 2020

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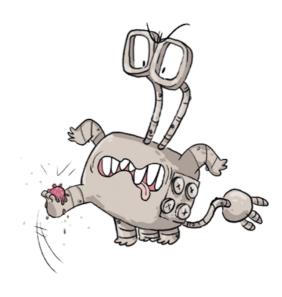
This project would not have been possible without the help of Alex Tovar, Eulàlia Sariola, Montse Bartuí, Jaume Ferrer Ferran, Anna Canyelles, Santi Gonzalo, Carolina Clapés, Josep Ferrer, Mont Soler, Blanca Barba, Isabel Martí, Carlota Torrents, Xavier de la Cruz, Santi Cerni, Miquel Puig and the effort of Combel and their team.

100% of the proceeds from this book will be donated to the Kids Corona project at the Sant Joan de Déu Hospital.

A benefici de:







JAUME COPONS & LILIANA FORTUNY
SALVADOR MACIP
TONI HERNÁNDEZ
ELENA ROTTIER

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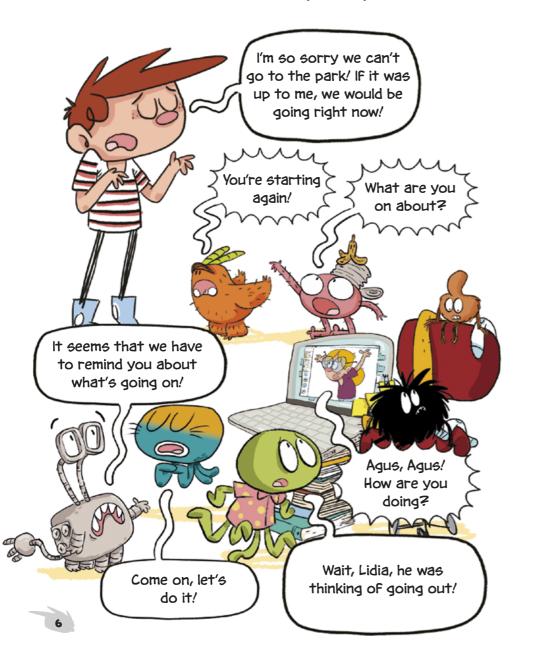
Lidia said she would never forget the look on my face when I found out that being in lockdown didn't mean staying at home just for two or three hours. I thought she was exaggerating.



We were locked up at home because of the darned coronavirus. I was longing to go to the park with Lidia and the monsters, and I also wanted to go and visit my Grandpa. I wanted to go to school and I wanted... I wanted to go anywhere! But the reality was that I was locked up at home with ten monsters... Ten mon-



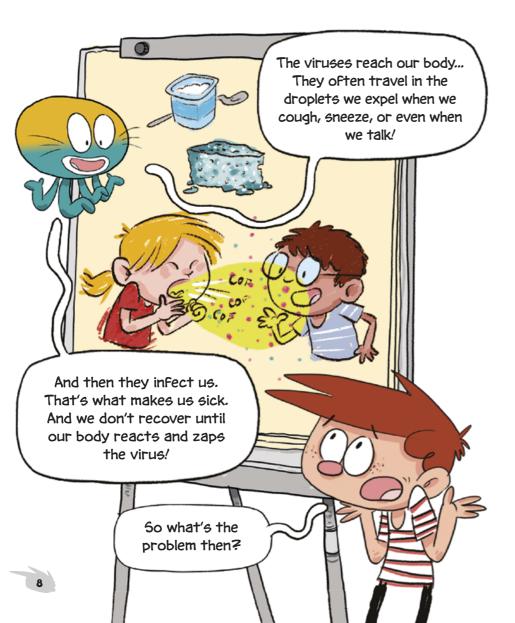
What a life! And I also felt bad for my friends, the monsters, because they couldn't go to the park. The truth is though that they understood better than anyone that we had to stay at home. It was them who had to remind me every few days.

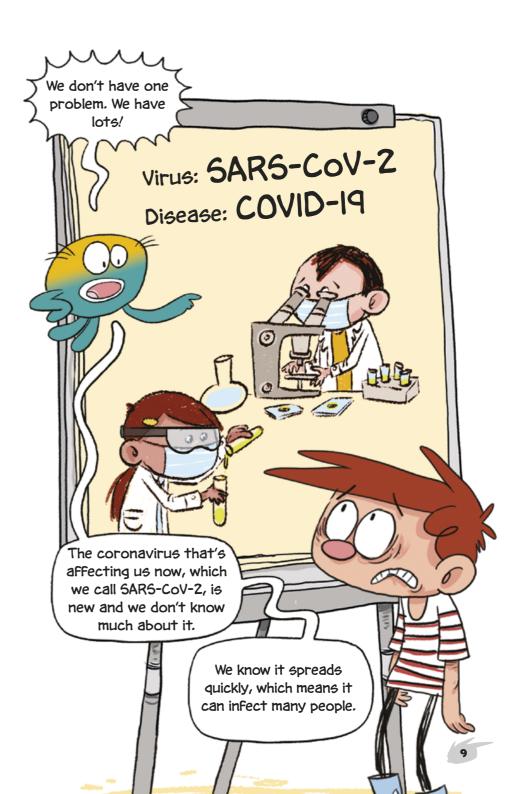


The monsters had no choice but to remind me. Ziro took out his whiteboard and they all explained it very clearly.



Ziro's explanations were interesting. It turns out that viruses are microbes that can only be seen under a powerful microscope. There are many microbes that aren't harmful to us, such as the bacteria used to produce yogurt and the fungus we use to make Roquefort cheese. But microbes also include viruses, and some of them cause colds and flu.







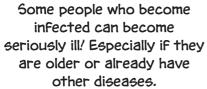


And finally, there are people who are much more badly affected by the virus and need intensive care. These are the most worrying cases!



As we've been saying, there are probably a lot of people who are passing on the coronavirus without having any symptoms themselves...

And without being aware of it!







We have to prevent many people from becoming infected at the same time, because hospitals wouldn't be able to cope and nurses and doctors wouldn't be able to treat people properly.

HOSPITAL







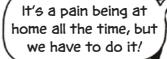
All healthcare staff are

working many hours more

And researchers and scientists need time to study the virus and find medicines to help us get rid of it, and obviously we want a vaccine!

Researchers around the world are working flat out right now. They need time and resources!





Exactly. As well as taking care of ourselves, we're protecting others!

Right, so I understood that I couldn't leave the house, but that didn't mean it wasn't hard.

And what about school?

Don't worry. They'll send you digital activities that you can do at home.

And when can I see Lidia? In person, I mean.

You're going to have to wait, but there's always the Internet. You live in the 21st century, kid!

What about Grandpa? He's old and he lives alone...

And what will I do at home all day?

I don't know... You can write, read, draw, play, help with housework, call your Grandpa, use the computer to chat with Friends... Do gymnastics, watch films, search for concerts on the Internet and tutorials on YouTube, do crafts...

Jan Cu

Your Dad's going to visit

him twice a week to take

him food and everything he

needs. And you can talk to him every day on the phone.

Agus, we're all in the same boat! Everyone's at home, but we are in it together!

Although I knew Lidia and the monsters were right, it was hard to be at home all the time. There were good times and not so good, but the conversations I had with my parents helped me a lot. Especially when I felt down.

No, Agus, it doesn't. I miss my work colleagues too. This might sound strange to you, but I miss school...

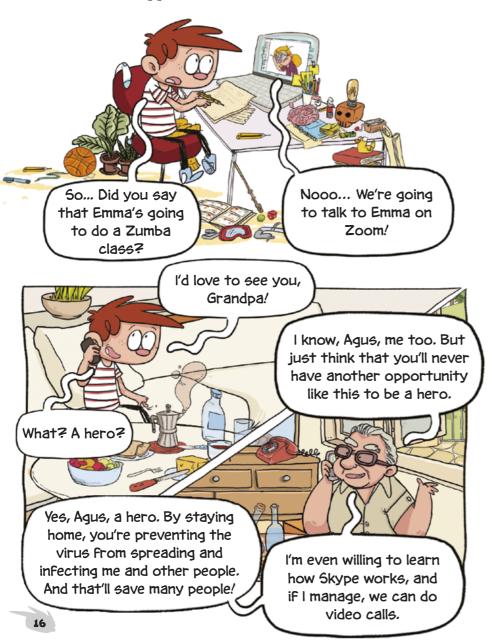
Let's see if I'm going to start enjoying learning things in the end...

Of course you like learning things.
Today you learnt how to create a blog,
you helped me with my famous rice
salad, you did karate with a YouTube
tutorial and then you're going to watch
a great film with your Mum.

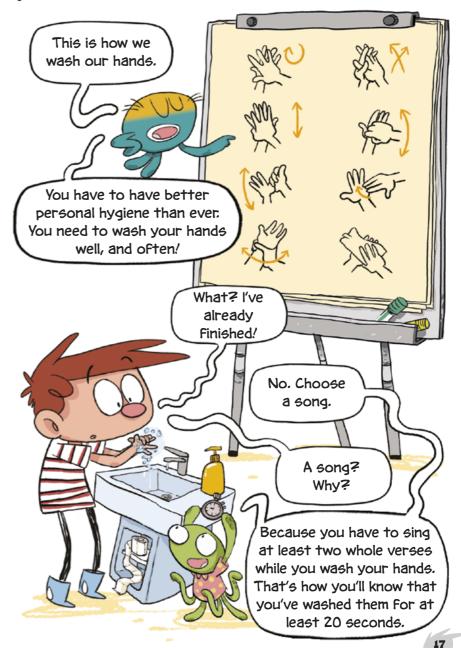
And blah, blah...

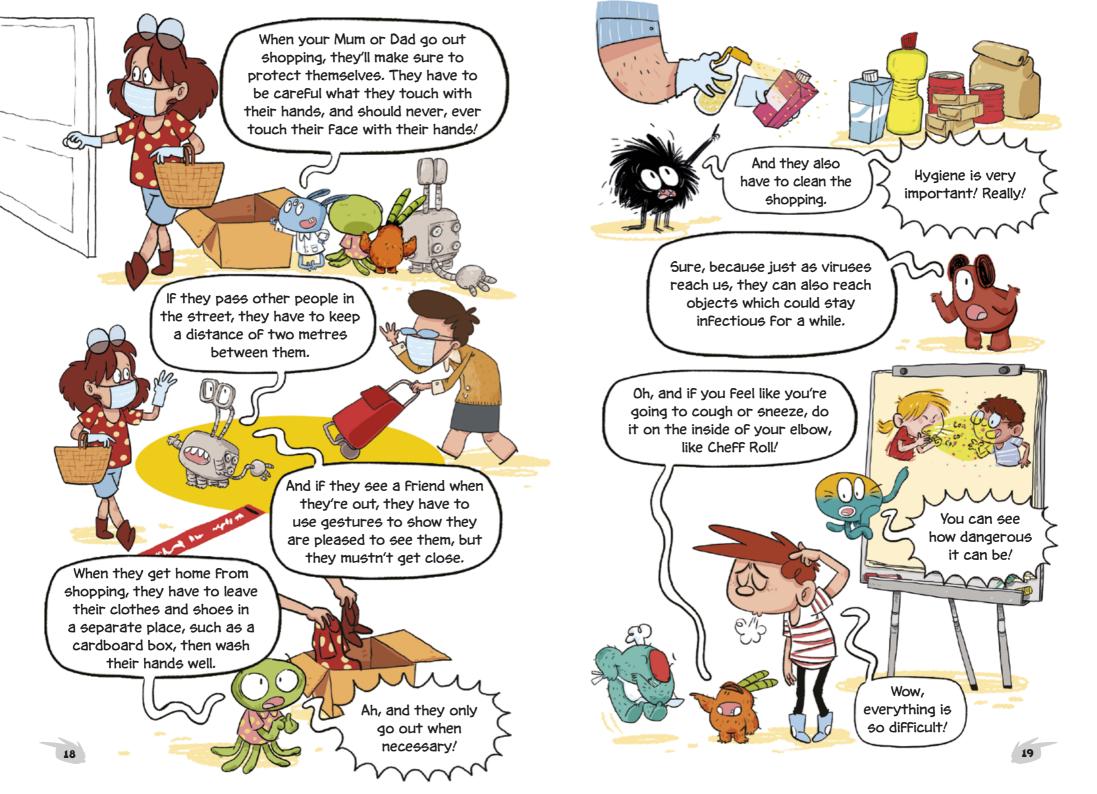
And could you learn to set the table?

Yes, our life had changed. Sometimes I felt nervous and sometimes I felt strange. The monsters told me that everyone else was feeling the same, because we were experiencing a situation that had never happened before.



Over these days we learnt how to do many things we had never done before. And we also had to take all kinds of measures to protect ourselves from the virus.

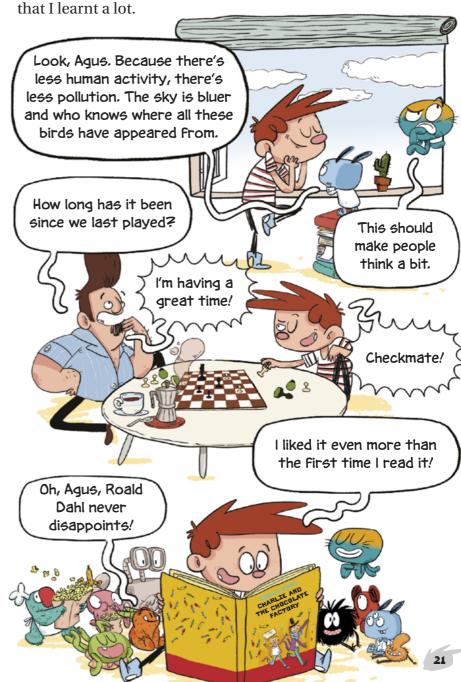


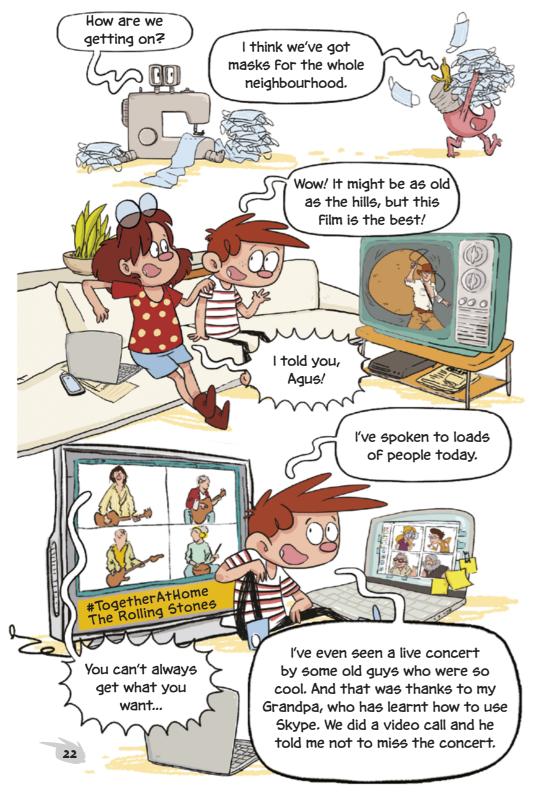


When the monsters told me that everyone had their bad moments, I didn't want to believe it. But they were right. I also noticed that my parents felt overwhelmed at times with work and the financial situation. Things weren't easy for them either. We had no other choice than to be patient with each other. But it was Lidia who really surprised me one afternoon.

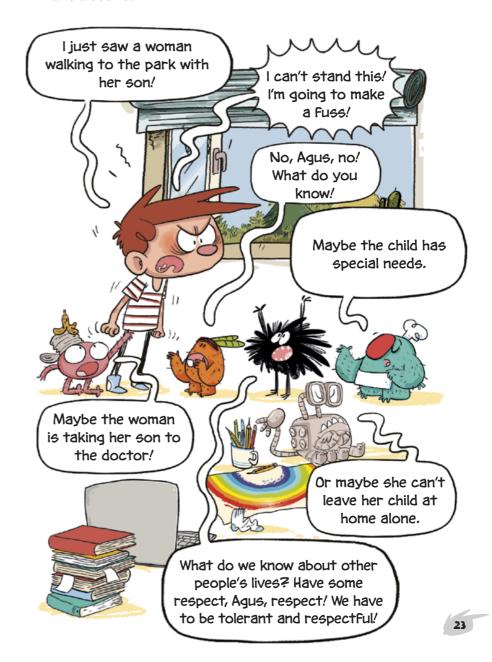
Is there no way of getting people to understand that Is there no way of getting we can't play games with our people to understand that we healthcare and that we have to have to support science and quarantee it for everybody, and research, because they work that the staff have to work in in the service of humanity? decent conditions? ... If we had understood this before, maybe we wouldn't be in this situation now. But at this rate, we're going to wreck our planet! Do we really need to have a pandemic to get us to realise this? Really? And I'm not going to carry on because I might say something rude! Lidia, I... Yes, I know. I'm right.

I know it might seem impossible, but the truth is that there were quite a few positive things during those days. And the truth is that I learnt a lot.



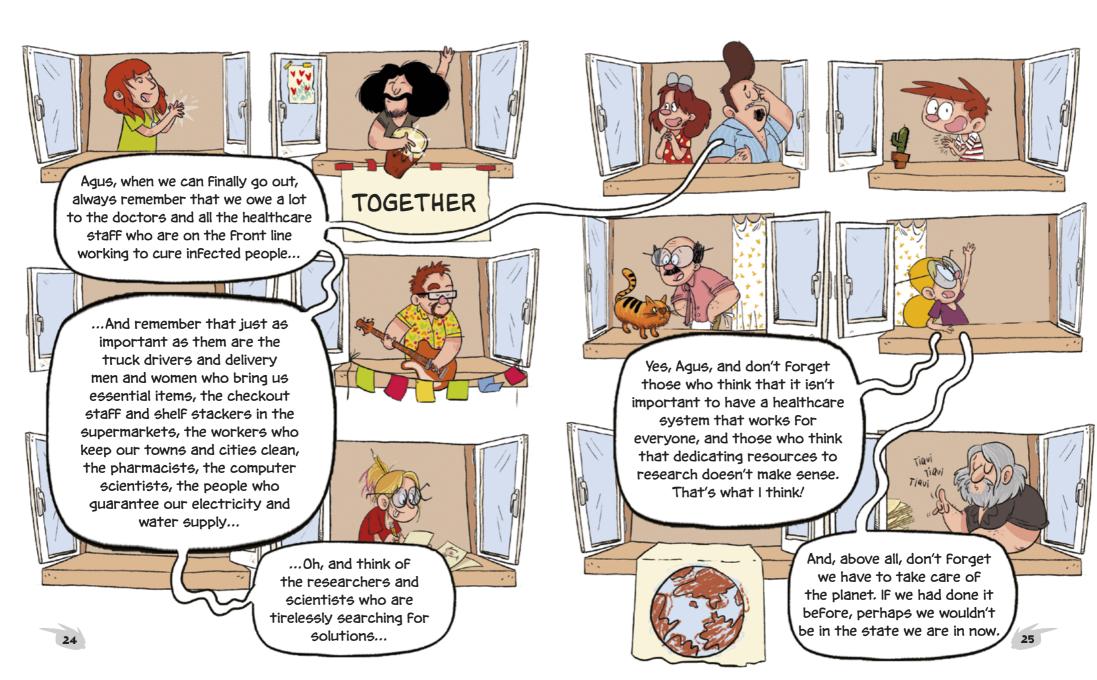


Yes, there were good things and bad things, better days and worse days. But one morning, I looked out the window and saw something that made me feel very nervous. And I was about to make a scene.

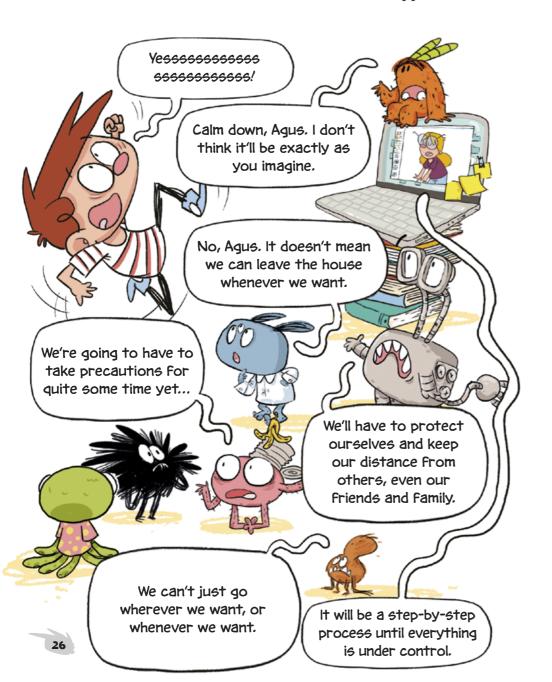


I did try to be tolerant but of course it wasn't easy. Oh, and every evening at eight o'clock we would go to the window and clap. The first day I thought that all the adults had gone mad.

But it didn't take me long to realise they were doing it to say thank you. And also I realized that we did it to make it clear that we were all at home, but all in the same boat.



And then one day everyone suddenly started talking about lifting the lockdown. They said we would be allowed to start leaving the house soon. And, of course, I had an attack of happiness.



Coming out of lockdown was a little different to what I had imagined but, nevertheless, it was as if the sun was starting to rise after a night of thunder and lightning. And we started getting ready straightaway.

MAINTAIN GOOD HYGIENE AND WAYS
TO PROTECT OURSELVES.

What is certain is that we're all going to have to use common sense to do things right.

KEEP A DISTANCE OF TWO METRES FROM OTHER PEOPLE.

BE PATIENT, BECAUSE WE'RE GOING TO HAVE TO WAIT OUR TURN AND STAY IN A QUELLE.

FOLLOW ADVICE AND SIGNS THAT TELL US WHAT WE SHOULD DO.

LOOK OUT FOR OUR OWN HEALTH AND THAT OF OTHERS.

WE SHOULDN'T EXPOSE OURSELVES
TO RISKY SITUATIONS.

LISTEN TO WHAT DOCTORS AND SPECIALISTS TELL US.

I've heard that they're going to Fine people who don't do things properly!

More than being afraid of getting a fine, we should do things because we are responsible and want to take care of ourselves and others.

You're miles away, aren't you?

What are you doing, Agus?

l was just daydreaming...

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FIND OUT MORE

FOR CHILDREN

Explaning Coronavirus to kids

If you're a parent wondering how to talk to your kids about the coronavirus, here's a video that'll help start the conversation. CBS News.

#Coronavirus Explained for Kids

How to Talk to Kids about Coronavirus? In this video, Billy explains to your kids what is Coronavirus, where it comes from, how it works and most importantly, how kids can fight against it! Lingokids.

Coronavirus explained to boys and girls

Short video from Eurac Research.

COVIBOOK

A short story created by UNICEF to help children understand the virus.

FOR ADULTS

Coronavirus disease (COVID-19) Pandemic

Information from the WHO.

Coronavirus Resource Center

Real-time map from the Johns Hopkins University.

Coronavirus (COVID-19) advice and support for parents and carers

A tool to help talk to children about what is happening. NSPCC.

THE AUTHORS

Salvador Macip is a doctor and writer. He works at the University of Leicester and the Open University of Catalonia.

Toni Hernández is a physicist, linguist and doctor in cognitive science and language. He works with the Institute of Education Sciences at the Universitat Politècnica de Catalunya.

Elena Rottier is a psychologist who specialises in mental health.





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