



# Extension Sustainability

Research, Outreach, and Communication Techniques to Foster Positive Change





- Conservation Theory, CBSM Techniques
- 75% Extension, 15% Teaching, 10% Service
- Position goal: "Assist Utah citizens in reducing their environmental "footprint" through actions at the household, neighborhood, and community levels"

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## Campus

- ENVS 4700: Communicating Sustainability (core course for sustainable systems minor)
- ENVS 5570: Sustainable Living
- Sustainability Council ENVS Representative
- SOSNR Advisor
- SSO Faculty Representative
- Earth Week, Food Day





# Objectives

- Cooperative Extension
- Sustainability Demand & Popularity
- Defining Sustainability
- Extension Sustainability Initiative





# Cooperative Extension

- 1862 Morrill Act Passed 1 university in each state provides education in citizens in agricultural and mechanical fields.
- 1887 Hatch Act Passed Agricultural Experiment Stations
- 1914 Smith Lever Act Passed Established Cooperative Extension Service







- The Extension System: A Vision for the 21st Century (Extension Committee on Organization and Policy, 2002)
- Is Extension Relevant for the 21st Century? (JOE, Bull et al., 2004)
- Extension's Future: Time for Disruptive Innovation (JOE, Franz & Cox, 2012)
- A vision for relevance (NNSLE White Paper, Crosby et al., 2008)





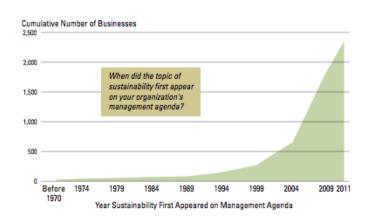
# Who cares?







- Incoming college students
- Majors, minors, and certificates in energy and sustainability-related programs
- Business sustainability: tipping point

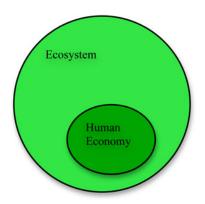






# Defining Sustainability

Brundtland Report (1987): "Sustainable development is development that meets the needs of the present without compromising the ability of future generations to meet their own needs."

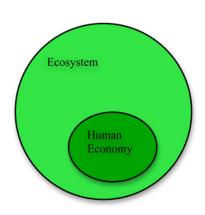






# 4 Principles

- It's a human matter, not just environmental
- Must include successful problem solving
- Natural resources is at it's base
- Must be objectively measured









- Recycling = Sustainability
- Sustainability is only for "tree-hugging hippies"
- Sustainable behaviors = Sacrifice











4 Questions

Sustain what?

■ For whom?

For how long?

At what cost?



# Extension Sustainability: Background



- Environmental Concern (Schultz): Attitudes about environment based on values.
- Value?
- Egoistic, Biospheric, Altruistic





# Terminology

- Environmentalist vs. Conservationist
  - "I am a conservationist but not a 'wild eyed' environmentalist. I believe nature's resources are for use but not abuse."
  - "I would never 'worship' land or nature, it is for providing food for people (the most important created being on Earth) it is my way of making a living. It is my gift and talent, what I was created to do to maintain a living."







- Select behaviors
- Identify barriers & benefits
- Develop strategies
- Pilot
- Broad-scale implementation and evaluation





### Attitude - Behavior

- "Is it warranted to believe that by enhancing knowledge, or altering attitudes, behavior will change? Apparently not"
  - Why not? Red Air Days





### **CBSM**

- Barrier-Benefit Analysis
  - Communication
  - Norms
  - Prompts
  - Incentives
  - Commitment
  - Removal of External Barriers

# Opening the commitment door



- Button
- Sticker
- Handshake
- Petition
- Pledge
- T-shirt
- More?





# Why effective?

- Going along with initial request: Alters the way people see themselves
- Cognitive Dissonance





# Message Framing

- Positive message framing
  - Compost
    - Save money
    - Good soil
- Vs
- Negative message framing
  - Lose money if you don't
  - Add more waste to landfill





# Extension Sustainability





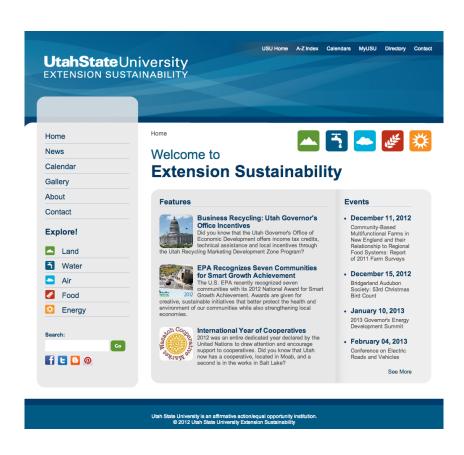






# 5. USU Extension Sustainability Present











#### Collaboration:

- Sustainability Certification Trainings
- Master's Student in Extension Sustainability
- Research-based fact sheets
- Sustainability camp curricula & delivery. Swaner
   Eco Center
- Summit





### Questions?

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