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UPenn Green Living Certification

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Green Living Certification

Penn Green Campus Partnership

Penn's umbrella organization for environmental sustainability

We are the Seen Campus Partnership

Green Living Certification: Overview

What is Green Living?

Certifies and rewards residents living in on-campus residential buildings for making day-to-day choices that reduce their environmental footprint



Green Living Certification: Overview

Program Goals

Educate applicants on the impact of their actions

Influence applicants to change certain behaviors to lessen their environmental footprint

Reward residents for making environmentally friendly living choices

Reduce the University's environmental footprint and contribute towards the *Climate Action Plan* goals

Becoming Certified



Green Living Certification: Steps to Certification

Qualtrics Survey

Green Living Certification Application

Introduction

The individual decisions students make on a daily basis, even if seemingly small, play an important role in the University's sustainability initiatives. Penn's Green Campus Partnership seeks to recognize these choices and provide students with an opportunity to reflect on their environmental impact by offering the Green Living Certification program—an environmental certification available for students living on campus.

Establishing greener lifestyles creates a tangible, positive impact on our campus. By offering Green Living Certification, we hope students will be inspired to take further steps towards improving the health of our environment and to provide a model for others to do the same.



Green Living Certification: Steps to Certification

Qualtrics Survey

Green Living Certification Application

Instructions

1. Make sure your dorm room and habits comply with the 5 Required Actions.

2. Fill out this survey in accordance with how many Optional Actions you qualify for

Optional Actions are organized into five categories and are assigned a corresponding number of points based on a combination of environmental impact, difficulty of implementation, and cost. There are 100 total points available.

Your total number of points from the Optional Actions section will determine which level of certification you have achieved.

 Submit your completed form. If your total score exceeds 25 points, you will receive the levelappropriate prize(s) and the Green Living Certified sticker.

Your room may be subject to a room inspection, so be sure to fill out the application correctly and honestly.

 To achieve a higher level of certification, try completing additional actions by changing your behaviors, then repeat steps 1-3.

We strongly encourage roommates and sulternates to apply for and work towards Green Living Certification together, though each resident is certified individually.

Your input is valuable during this first year of the program. Please send any comments or suggestions to our Green Living manager at PennGreenLiving@gmail.com.

The preceding instructions are very important. Please check the box below if you have read them carefully.

A)Required Actions

B)Optional Actions

- 1. Waste Minimization & Recycling
- 2. Energy & Water
- 3. Transportation
- 4. Purchasing
- 5. Involvement at Penn

Green Living Certification: Steps to Certification

Waste Minimization & Recycling

I regularly use reusable shopping bags instead of paper or plastic bags. (1 point)

Plastic bags are non-biodegradable products of the petroleum industry and contaminate water, land, and air during production and disposal. Paper bags actually require more energy than plastic bags to produce and recycle, and they contribute to forest degradation.

Yes (1 point)

I have conducted a waste audit of my personal trash and recycling to see what items are incorrectly disposed of and what steps can be taken to reduce waste. (3 points)

Knowing what you throw away and recycle can be enlightening. You will see what items are being disposed of and which you have the most of. After your waste audit, you can adjust your purchasing and disposal habits to reduce waste, increase recycling, and minimize improper sorting. <u>Click here</u> to see what is recyclable.

Yes (3 points)

I reduce the waste I produce by buying items that are not individually packaged. (2 points)

Packaged products often create large amounts of waste. Buying items that come in one large package or container instead of individual packages and buying large-volume beverages instead small bottles or cans serve to reduce the amount of waste going to landfills.

Yes (2 points)

I have conducted a waste audit of my personal trash and recycling to see what items are incorrectly disposed of and what steps can be taken to reduce waste. (3 points)

Knowing what you throw away and recycle can be enlightening. You will see what items are being disposed of and which you have the most of. After your waste audit, you can adjust your purchasing and disposal habits to reduce waste, increase recycling, and minimize improper sorting. <u>Click here</u> to see what is recyclable.

Yes (3 points)

The following is an example of a waste audit of items found in a trash can and a recycling bin. We see that soiled paper and food should not be in the recycling while paper, metal and plastic should not be in the trash. We also see that there are large quantities of plastics. This person could be more conscious about buying products that create this much plastic waste.



Green Living Certification: Steps to Certification

Energy & Water

I have control over my thermostat I follow the temperature guidelines laid out in the table below. (3 points)

29% of residential electricity consumption in the U.S. in 2011 is comprised of air conditioning and space heating¹⁰. For every degree you raise the temperature in winter, energy costs climb by 6%^[10]. Consider layering to stay comfortable rather than primarily relying on your thermostat.

	Heating	Cooling
When you are in your room	68	76
/hen you are out for the day	60	85
When you are away for the weekend	55	off

Yes (3 points)

I do not have control over my thermostat

I use a drying rack instead of a machine dryer to dry my laundry. (3 points)

According to the EPA, washing and drying clothes is one of the most energy intensive chores in a household. Air-drying laundry saves energy and also helps clothes last longer[12].

Yes (3 points)

I use the cold water (aka "Bright Colors" or "Delicates") setting on the washing machine. (2 points)

Cold water cleans your clothes just as well, but uses much less energy because the water doesn't need to be heated. Heating the water accounts for 90% of a washing machine's energy usage per cycle^{[1}2].

Yes (2 points)

Green Living Certification: Steps to Certification

Transportation

I use a car-sharing service instead of owning a personal automobile (eg. Enterprise CarShare and ZipCar). (3 points)

Using a car-sharing service minimizes the number of vehicles in the city, which reduces idling and parking congestion, and provides an affordable alternative to owning a car. <u>Click here</u> to learn why car sharing is great for college students.

Yes (3 points)

I take public transportation when going somewhere not accessible via walking or biking. (2 points)

Taking public transportation reduces the number of vehicles on the road—lowering traffic congestion and noise and improving air quality. The SEPTA system has subway and trolley lines, bus routes, and regional rail services that can take you anywhere —Center City, the airport, and even New Jersey. For more information about SEPTA fares and routes, <u>click here</u>.

Yes (2 points)

I use a bicycle to get around as an alternative to using a motorized vehicle. (2 points)

Penn's very own <u>PennCycle</u> offers a variety of plans that make using a bicycle easy and affordable. You can check out Philly's extensive bike lane system going from campus to Center City <u>here</u>. Be sure to review safety tips and University policies <u>here</u>.

Yes (2 points)



Green Living Certification: Steps to Certification

Purchasing

I purchase environmentally-friendly cleaning products to reduce the use of toxic materials. (2 points)

Environmentally friendly cleaning products are less toxic, promote better indoor air quality, and use less energy in their production^[17]. Look for brands including Seventh Generation and EO Products, found in most stores alongside conventional cleaning product brands.



I seek out restaurants, food establishments, and eateries that serve local, organic, or sustainable foods. (2 points)

University City offers many options for sustainable food choices, including Picnic, Shake Shack, Sweetgreen, White Dog Café, Honest Tom's Taco Shop and more. Visit Penn's <u>Green Acorn website</u> for recommendations.



Ves (2 points)

Yes (2 points)



Many tolletries (including shampooa and oosmetics) consist largely of petrochemical ingredients, which are derivatives of natural gas or oil. Purchasing natural/organic toiletries can help you reduce your use of non-renewable fossil fuels and keep potential toxins from going down the drain. Look for brands including Desert Essence, Dr. Bronner's, and EO Products.



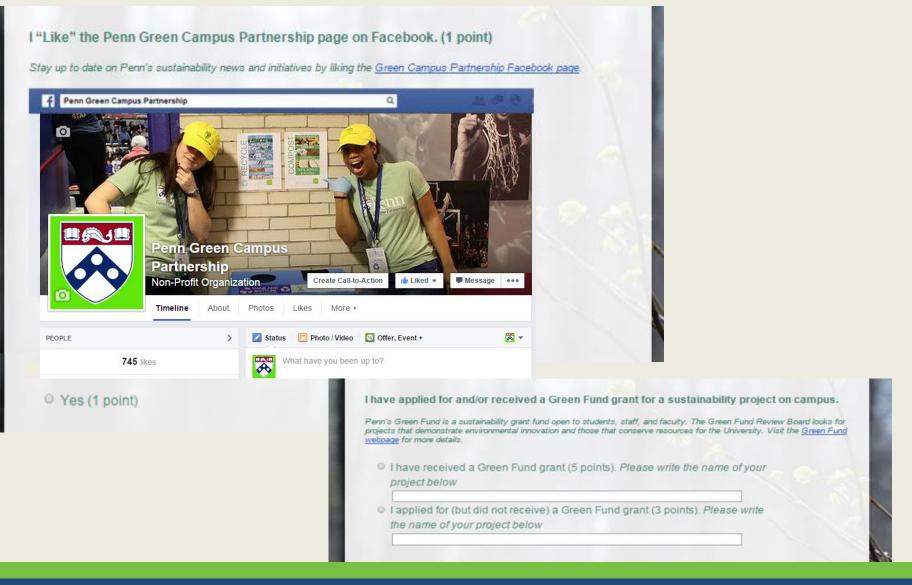
I am vegetarian, vegan, or make an effort to reduce the amount of meat and dairy I eat.

Adopting a vegan, vegetarian, or reduced-animal-product diet can have a major impact on the environment. If every American ate just one meatless meal per week, the carbon dioxide savings would be equivalent to taking half a million cars off the road annually^[10].

- I am a vegan (4 points)
- I am a vegetarian (3 points)
- I make an effort to reduce the amount of meat and other animal products I eat (1 point)

Green Living Certification: Steps to Certification

Involvement at Penn



Green Living Certification: Steps to Certification

Other Actions & Information

Other Sustainable Lifestyle Choices

If there is another environmentally sustainable lifestyle choice you make that does not appear on this list, tell us in the space provided below. We will review any additional choices and consider granting extra points. If there is nothing additional you would like us to consider, please write "N/A".

"I write on both sides of the paper when taking notes"

"I compost in my dorm"

"I try to work in public areas with natural light" How did you hear about Green Living Certification? (Check all that apply.)

Poster

At an event

💷 In an email

Click to write Choice 14

During Move-In

From Eco-Reps

From an RA or GA

From a friend

Word of mouth

Saw Green Living Certification stickers

Green Campus Partnership staff

Green Campus Partnership website

From Green Campus Partnership's 'Welcome New Students' webpage

Other

Green Living Certification: Steps to Certification

Completion

Green Living Certification Application

Thank you for applying for Green Living Certification! Your score is Refer to the qualifying scores below: Bronze: 25 Silver: 40 Gold: 55 If you qualify for certification, you will receive an appropriate prize and a certification sticker to put outside your room. If you have questions, comments, or suggestions, please contact PennGreenLiving@gmail.com 100%

Green Living Certification: Steps to Certification

After Becoming Certified



Green Living Certification: Steps to Certification

External Partners



sweetgreen





Metropolitan Bakery is a Green Acorn certified sustainable business, dedicated to providing local, sustainable products. Their menu features freshly created breakfast & lunch items and delicious coffee. Location: 4013 Walnut Street, Philadelphia, PA

Coupon Number:

Presented to:

Green Living Certification: Partners

Internal University Partners









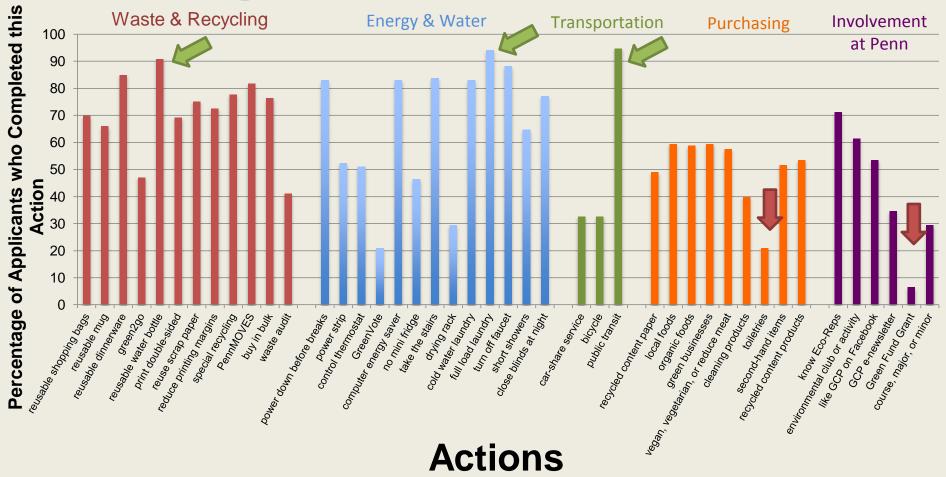
Green Living Certification: Partners

Results # of Residents Certified

2013-2014 Results	2014-2015 Results	
156 residents certified	254 residents certified	
69 Gold	97 Gold	
62 Silver	94 Silver	
25 Bronze	63 Bronze	

Green Living Certification: Results

Results Completion Rates of Each



Green Living Certification: Results

Results

2014-2015 Results

Majority heard from Eco-Reps

Certification prizes were a big motivator

78.5% agreed that applying...

83% agreed that applying...

... taught them ways to reduce their environmental impact

54% agreed that applying...

58% agreed that applying...

... caused them to change their behavior and habits

Ex: Turning off power strips, unplugging appliances, using less water, recycling more, changing light bulbs to CFLs, using reusable shopping bags Ex: Turning A/C down, taking shorter showers, unplugging electronics, using fewer paper towels, turning off lights

Evaluation & Improvements

Logistical Changes

- New prize distribution system
- Upgraded survey
 (Qualtrics) qualtrics

Providing Greater Incentives

- Added years to stickers
- Created new partnerships
- Readjusted point values

Lessons Learned

Participation driven by Eco-Reps' in-dorm promotion Partnering with local businesses mutually beneficial

Efficient delivery system is critical

Continue to evaluate and improve program

Green Living Certification: Evaluation



Green Living Certification: Evaluation

Questions?

Learn more at **bit.ly/GreenLivingAtPenn**

APPLY FOR