

Міністерство освіти і науки України  
Комітет з фізичного виховання і спорту МОН України  
Сумська обласна державна адміністрація  
Управління молоді та спорту Сумської обласної державної адміністрації  
Національний університет фізичного виховання і спорту України  
Тартуський університет (Естонія)  
Сумський державний університет



**ІННОВАЦІЙНІ ТЕХНОЛОГІЇ В СИСТЕМІ  
ПІДВИЩЕННЯ КВАЛІФІКАЦІЇ ФАХІВЦІВ  
ФІЗИЧНОГО ВИХОВАННЯ І СПОРТУ**

ТЕЗИ ДОПОВІДЕЙ  
ІІІ МІЖНАРОДНОЇ НАУКОВО-МЕТОДИЧНОЇ КОНФЕРЕНЦІЇ  
(Україна, Суми, 14–15 квітня 2016 року)

Суми  
Сумський державний університет  
2016

## **QUALITY PHYSICAL EDUCATION TEACHERS OF PRIMARY SCHOOLS AS PROBLEM**

Marchyk V. I., PhD, Associate Professor,  
*Krivoy Rog State Pedagogical University*  
*vmarchik@mail.ru*

With the first years of schooling the students formed a culture of motor activity and how effective it will be depends on the quality of physical education teachers of primary school.

The last few years of primary school is working on a new program "Physical Culture" for grades 1-4 is designed according to the State standard primary education (approved by the Cabinet of Ministers of Ukraine of 20.04.2011 number 462).

Teaching material distributed in the program is not for sports, and the "schools", which included exercises combined by means of motor activity: school movement with elements of gymnastics, movement (including skiing, dance moves, swimming), m 'Ball, jumping, leisure.

The program focuses on the development of thinking skills, interpersonal relations, and creative cooperation of all participants in the educational process and designed to promote systemic reforms of national education, the process of integration into the European and world educational space. That is the course material for students of fifth-ninth grade actually not accompanied by a continuation of the formation of their culture locomotors activity [2].

The literature states that the concept of «culture movements» is used only in elementary school are the first step in creating a culture of motor activity of schoolchildren. The main task of forming school students' cultural motor of the program is not provided [1].

The lack of continuity of primary and basic school is not in the various programs and fundamentally different levels of professional training of teachers in physical culture and sports.

In faculties that train primary school teachers are no legal documents on health requirements of students first and sweated and students learn.

Thus, the physical condition not imposed any requirements as to the presence of disability. There is no small number of students with chronic illnesses of varying degrees; they had more relief from physical activity when studied in school that affects their personal physical culture.

The teacher, who himself at school age never engaged in sports sections, did not take part in the competition, avoiding physical activity, has instructed the state to form the primary basis of cultural movements in primary school children! The organization, in which students and teachers dressing up, going to class, reduces the effectiveness of the lesson of physical culture. Often the teacher replaces physical education activities for lessons more "important" items.

It is evident that in elementary school and educate the lay culture of motor activity and create a positive attitude to exercise students' teachers should carry out physical training, rather than primary school teachers.

### **Literature:**

1. Formation stooping cultural motor of the students of secondary schools [Electronic resource] / Vasily stooping, Alfiya Deyneko, Helen Cherry Slobozhansky // Scientific Herald sports. - 2015. - №. 6 (50). - S. 170-173. – Access mode :

<http://journals.uran.ua/index.php/1991-0177/article/view/56785>

2. Fitness in elementary school [Eelectronic resource]. – Access : [http://mrvo.ucoz.ua/blog/fizkultura\\_v\\_pochatkovij\\_shkoli/2014-04-11-161](http://mrvo.ucoz.ua/blog/fizkultura_v_pochatkovij_shkoli/2014-04-11-161)