

1 **Control of autochthonous spoilage lactic acid bacteria in apple and orange juices by**
2 **sensorially accepted doses of *Citrus* spp. essential oils combined with mild heat treatments**

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4 **Running title:** *Citrus* oil and heat to preserve juices

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28 **Abstract**

29 This study assessed the compromised acceptance threshold (CAT) and rejection threshold (RT)
30 of *Citrus lemon* (CLEO) and *Citrus reticulata* essential oil (CREO) in apple and orange juices.
31 The efficacy of CLEO and CREO concentrations below the RT were evaluated alone and
32 combined with mild heat treatment (MHT) (54 °C, up to 12 min) to inactivate the autochthonous
33 spoilage bacteria *Lactobacillus brevis*, *Lactobacillus plantarum* and *Leuconostoc*
34 *mesenteroides* in apple and orange juices. The CAT of CLEO and CREO varied from 0.15 to
35 0.17 µL/mL in orange and apple juices. The RT of CLEO was approximately 0.58 µL/mL in
36 apple and orange juices, and the RT of CREO was 0.68 µL/mL in both juices. When CLEO and
37 CREO were assayed alone, the highest concentration (0.50 µL/mL) decreased counts of all
38 strains approximately 2 log₁₀ CFU/mL after 12 min of exposure to 54 °C. All concentrations of
39 CLEO or CREO in combination with MHT acted synergistically against *L. brevis*, *L. plantarum*
40 and *L. mesenteroides*. Decreases in counts varied with the strain, CLEO and CREO
41 concentrations, juice type and exposure time to the combined treatment. CREO was more
42 effective than CLEO in combination with MHT against the strains in apple and orange juices.
43 Effective combinations of CLEO or CREO with MHT to control the autochthonous spoilage
44 bacteria did not compromise the quality parameters (°Brix, pH and titratable acidity) that
45 characterize unsweetened juices. These results indicate CLEO or CREO at concentrations
46 below the sensory RT in combination with MHT as a feasible technology to control
47 autochthonous spoilage bacteria in fresh fruit juices.

48

49 **Keywords:** Essential oils, heat treatments, sensory threshold, lactic acid bacteria, fruit
50 beverages.

51

52 **Practical Application**

53 The present study provides novel information concerning the efficacy of sensorially accepted
54 doses of CLEO and CREO combined with MHT against autochthonous spoilers in fruit juice.
55 The valuable synergistic effects that can be observed when combining CLEO and CREO with
56 MHT reveal a feasible preservation technology and alternative to traditional treatments that are
57 successful because they help reduce treatment intensity, thereby avoiding adverse effects on the
58 sensory, physicochemical and nutritional properties of these products.

59

60 **Introduction**

61 Fresh fruit juices are appreciated and consumed worldwide because of their refreshing
62 properties, nutritional value and health-promoting components (Singh et al., 2015). However,
63 the contamination of fruit juices with lactic acid bacteria naturally present in the fruit may result
64 in loss of nutrients and undesirable sensory alterations (Snyder & Worobo, 2018; Guerrouja,
65 Sánchez-Rubiob, Taboada-Rodríguezc, Cava-Rodac, & Marín-Iniestab, 2016).

66 *Lactobacillus* spp. and *Leuconostoc* spp. are common genera of the lactic acid bacteria
67 population found in raw fruits (Di Cagno et al., 2011); therefore, they are easily transferred to
68 juices (Jay & Anderson, 2001). Species of these genera are well-known spoilage bacteria in raw
69 juices because they produce metabolic end-products such as lactic acid, diacetyl, CO₂, ethanol,
70 and acetic or formic acid that generate off-flavor and off-odor (Basak, Ramaswamy, & Piette,
71 2002; Jay & Anderson, 2001). Spoilage microorganisms are classically inactivated in fruit
72 juices by high temperatures (72 to 82 °C for 0.3 to 15 s) or antimicrobial agents (e.g., benzoic
73 and sorbic acids and sulfur dioxide) (Vally, Misso, & Madan, 2009). However, high
74 temperatures destroy heat-sensitive nutrients such as vitamins compromising fruit juice
75 freshness (Hu, Zhou, Xu, Zhang, & Liao, 2013).

76 The use of essential oils (EOs) obtained from *Citrus lemon* (CLEO) and *Citrus*
77 *reticulata* (CREO) has been considered to preserve fruit juices because of their activity against

78 juice-related bacteria (Espina, Somolinos, Lorán, Conchello, García-Gonzalo, & Pagán, 2011;
79 Espina, Somolinos, Ait Ouazzou, Condón, García-Gonzalo, & Pagán, 2012; Espina, García-
80 Gonzalo, & Pagán, 2014a). Both CLEO and CREO are generally recognized as safe for use in
81 foods and beverages (U.S. Code of Federal Regulations 8008-56-8 for CLEO and 8016-85-1
82 for CREO). However, the strong flavor and taste characteristic of most EOs have limited the
83 use of EOs as preservatives in fruit juices. The effective concentrations of EOs against spoilage
84 and pathogenic microorganisms typically exceed the sensory rejection threshold (RT) (Almeida,
85 Barbosa, Tavares, Barbosa Filho, Magnani, & De Souza, 2018).

86 The combined use of *Citrus* spp. EOs with mild heat treatment (MHT) may be an
87 alternative approach for use as antimicrobials in fruit juices (Calo, Crandall, O’Bryan, & Ricke,
88 2015; Espina et al., 2012). The efficacy of *C. sinensis* EO and CLEO in combination with MHT
89 against the pathogen *Escherichia coli* O157:H7 in apple (Espina et al., 2012) or orange (Espina
90 et al., 2014a) juice was previously reported. However, the concentrations evaluated in those
91 studies, alone or in combination with MHT, did not consider the sensory threshold of the tested
92 EOs in the juices. No previous studies assessed whether concentrations sensorially accepted for
93 CLEO or CREO are effective, alone or in combination with MHT, to inactivate the
94 autochthonous spoilage bacteria in juices.

95 Therefore, this study was performed to i) determine the sensory thresholds of CLEO and
96 CREO in apple and orange juices, ii) isolate and identify spoilage lactic acid bacteria from the
97 autochthonous microflora and iii) assess the efficacy of CLEO and CREO concentrations below
98 the sensory threshold rejection, alone and combined with MHT, to inactivate the selected
99 autochthonous spoilage bacteria.

100

101 **Materials and methods**

102 *EOs and chemical composition*

103 CLEO and CREO extracted through steam distillation were purchased from Indulleida
104 S.A. (Lleida, Spain). The constituents of CLEO and CREO were identified using gas
105 chromatography coupled to mass spectrometry (CG-MS) using a chromatography model
106 CGMS-QP2010 (Ultra Shimadzu, Kyoto, Japan). GC-MS analysis was performed under the
107 following conditions: an RTX-5MS capillary column (30 m × 0.25 mm x 0.25 μm); program
108 temperature 60-240 °C (3 °C/min); injector temperature 250 °C; detector temperature 220 °C;
109 carrier gas helium adjusted to 0.99 mL/min speed; ionizing energy 70 eV; and mass range (m/z)
110 40-500. Samples were co-injected with the homologous series of n-alkanes (C8-C20). Each
111 component was identified by comparing its mass spectra with the NIST/EPA/NIH Mass
112 Spectral Database (National Institute of Standards Technology, Norwalk, CT) and FFNSC1.3
113 (Flavour and Fragrance Natural and Synthetic Compounds). The retention index (RI) of each
114 constituent was determined by the Kovats method by co-injection of the homologous series of
115 n-alkanes (C8-C20) (Adams, 2001). The EO constituents were quantified after normalizing the
116 areas of each detected constituent and expressed as a percentage of area (%).

117

118 *Preparation of juices*

119 Apple (*Pyrus malus*) and orange (*Citrus sinensis*) fruits were purchased from a local
120 wholesale distributor (João Pessoa, Brazil). To minimize variation among the fruits used to
121 produce the juices, the fruits were selected for uniformity in size, form, color, and appearance
122 and for absence of mechanical injuries and visible signs of infection. To prepare the juices, the
123 fruits were surface disinfected by a 5 min immersion in a sodium hypochlorite solution (0.15
124 μL/mL, pH 7.2), washed with sterile distilled water and dried for 30 min in a biosafety cabinet.
125 Apple juice was prepared by mixing 100 g of apple pulp (aseptically peeled) with distilled water
126 (1:2 w/v) using a domestic blender (for 3 min), and orange juice was extracted from ripe fruit

127 using a domestic squeezer. The juices were stored in 50 mL aliquots at -20 °C, and when
128 required, an aliquot was thawed under refrigeration (4 ± 0.5 °C) and used for subsequent assays.

129

130 *Isolation and identification of the autochthonous isolates*

131 To isolate the autochthonous spoilage lactic acid bacteria, 25 mL of each fresh juice
132 prepared as described was dispensed into 225 mL of sterile saline solution (NaCl 0.85 g/100
133 mL), homogenized (3 min) at room temperature and serially diluted (10^{-1} to 10^{-5}). Subsequently,
134 100 μ L of each dilution was inoculated onto de Man, Rogosa and Sharpe (MRS) agar (HiMedia),
135 MRS agar supplemented with cysteine hydrochloride (0.05 g/100 mL) and M17 agar (HiMedia)
136 to isolate species belonging to the genera *Lactococcus* (30 °C), *Lactobacillus* (37 °C), and
137 *Bifidobacterium* (37 - 41 °C), respectively. The plates were incubated anaerobically using an
138 Anaerobic System AnaeroGen, (ASA; Oxoid) for 48 - 72 h (Garcia et al., 2016).

139 At least five autochthonous colonies with different morphologies were isolated in each
140 specific medium at the proper temperature for each genus and maintained under refrigeration
141 (4 ± 0.5 °C). Each isolate was subjected to analyses of Gram staining, morphology, catalase
142 production and motility using standard procedures (APHA, 2015). Isolates presumptively
143 identified as lactic acid bacteria (nonmotile, catalase negative, Gram-positive cocci or rods)
144 were stored at -20 °C in MRS broth containing glycerol (15% v/v) for further studies.

145 The isolates were identified at the species level as previously described (Guo, Kim, Nam,
146 Park, & Kim, 2010). Genomic DNA was extracted using a Genomic DNA extraction kit
147 (Promega Corporation, Wisconsin, USA) according to the manufacturer's instructions. To
148 amplify the 16S rRNA gene sequences, the following primers were used: 27F, 5-
149 AGAGTTTGATCCTGGCTCAG-3, and 1492R, 5-GGTTACCTTGTTACGACTT-3. PCRs
150 were conducted in a volume of 50 μ L under the following conditions: initial activation at 94 °C
151 for 2 min, denaturation at 94 °C for 30 s; annealing at 55 °C for 1 min, extension at 72 °C for 1

152 min, and a final cycle at 72 °C for 10 min. PCR products were purified using a DNA purification
153 kit (Invitrogen, Germany) and sequenced using the 27F and 1492R primers in a sequencing
154 reaction using an ABI Prism™ BigDye™ terminator cycle sequencing reaction kit (Applied
155 Biosystems, USA). The resulting 1465 bp sequences were analyzed using the Pregap4 and Gap4
156 tools in the STADEN 1.6 software. Partial 16S rRNA sequences were compared to those
157 available in the National Center for Biotechnology Information (NCBI) GenBank database
158 using the Local Alignment Search Tool (BLAST) (Guo et al., 2010). Only query sequences
159 with similarity >97% were considered for bacterial identification.

160

161 *Test strains and inoculum preparation*

162 Stock cultures were maintained in cryovials with MRS broth containing glycerol (15 g/100
163 mL) at -80 °C. Each inoculum was obtained by preparing suspensions in sterile saline solution
164 (NaCl 0.85 g/100 mL) from overnight cultures grown anaerobically (ASA) in MRS broth at 37 °C
165 for 18 h to reach stationary growth phase (time determined considering the data of growth behavior
166 assays of the test strains). Cells were harvested using centrifugation (4500 g x 15 min, 4 °C),
167 washed twice and resuspended in sterile saline solution to obtain standard cell suspensions with
168 an optical density (OD) at 625 nm (OD₆₂₅) of 0.8. These suspensions provided viable counts of
169 approximately 8 log₁₀ colony forming units per milliliter (CFU/mL) for all strains (Leite et al.,
170 2016). A final concentration of 7 log₁₀ CFU/mL of the test strains was used in the juices to provide
171 a number of viable cells suitable for measuring the log₁₀ reduction during the treatments.

172

173 *Minimum inhibitory concentration (MIC) of CLEO and CREO*

174 The MIC of CLEO and CREO against *L. brevis*, *L. plantarum* and *L. mesenteroides* was
175 determined using a microdilution in broth assay (CLSI, 2015) with minor modifications. The
176 stock emulsions (32 µL/mL; pH 5.6 ± 0.1) of CLEO and CREO were prepared by directly

177 adding EOs in MRS broth (HiMedia) containing Tween 80 (1%, v/v; Sigma–Aldrich, USA) as
178 an emulsifier, followed by vigorous shaking using a vortex for 5 min. Using this method, the
179 prepared emulsions presented droplet sizes characteristic of macroemulsions (Kale & Deore,
180 2017; Friedman, Henika, & Mandrell, 2002). At the assayed concentration (1%, v/v), Tween
181 80 did not present inhibitory effects against the test strains used in the study. Two-fold serial
182 dilutions from the stock emulsion were added to the wells of a 96-well microtiter plate to
183 provide final concentrations of CLEO or CREO in a range of 16 to 0.13 $\mu\text{L}/\text{mL}$. Then, 50 μL
184 of the bacterial suspension prepared in MRS broth was added to each well (resulting in final
185 viable counts of approximately 7 log CFU/mL). Each microplate included positive (inoculated)
186 and negative (non inoculated) controls. The microtiter plates were covered with a lid and
187 incubated anaerobically (ASA) at 37 °C for 24 h. The MIC of CLEO or CREO was confirmed
188 as the lowest concentration capable of inhibiting visible bacterial growth (Sousa Guedes et al.,
189 2016). The MIC was defined as the highest concentration to be tested in assays for the
190 determination of sensory thresholds.

191

192 *Compromised acceptance threshold (CAT) and rejection threshold (RT) of CLEO and CREO*
193 *in fruit juices*

194 All sensory analyses were performed after approval from the Committee on Ethical
195 Research Involving Humans Beings (Federal University of Paraíba, protocol 1.125.993/2015).
196 The rejection threshold (RT) of the CLEO and CREO in the fruit juices and the compromised
197 acceptance threshold (CAT), which indicates the transition point between sensory acceptance
198 and rejection, were assessed using a previously proposed and validated methodology (Lima
199 Filho et al., 2015; 2017). For this, 50 untrained panelists (18 to 58 years old) were preselected
200 according to their interest and frequency of fruit juice consumption. Sensory tests comprised
201 five sessions of acceptance tests (Stone et al., 2012) performed in individual booths under

202 controlled temperature and light. In each session, the panelists received two samples, one of
203 which was the control sample (fruit juice without CLEO or CREO) and the other was a stimulus
204 sample (fruit juice containing CLEO or CREO at 2, 1, 0.50, 0.25, 0.13 $\mu\text{L}/\text{mL}$). Between
205 sessions, the stimulus sample was presented in ascending order of CLEO or CREO
206 concentration, and the position of the stimulus sample within each pair was randomized (Lima
207 Filho et al., 2017). Approximately 30 mL of each juice (with or without CLEO or CREO) were
208 served in white disposable 50-mL cups encoded with a random three-digit number to avoid
209 panelists to know the sample referred as control or stimulus. Panelists judged the samples using
210 a hedonic scale of nine points ranging from 1 (dislike extremely) to 9 (like extremely). A 5 min
211 interval was observed before offering a new pair of fruit juice samples. Between sessions,
212 panelists were invited to use low-salt biscuits and rinse their mouths with drinking water to
213 cleanse their palates. Panelists were allowed to freely select any of the nine points of the hedonic
214 scale that best reflected their judgments.

215 For the statistical analysis of the data as well as CAT determination in each session, the
216 *t*-test for paired samples was used to compare the hedonic scores of control and stimulus
217 samples. The obtained *t* values (Y1-axis) were graphically evaluated as a function of the EOs
218 concentrations (X-axis). The point that resulted in significant differences ($P \leq 0.05$) between
219 the control and stimulus samples was represented in the graph by a dotted line (tabulated *t*
220 value). To assess the RT of the CLEO or CREO in fruit juices, a second Y axis (Y2-axis)
221 representing the average hedonic score of the stimulus sample was inserted into the graph. The
222 transition point between the sensory acceptance and rejection of the fruit juices was represented
223 on the graph by a dashed line referring to the hedonic score 5 (category “indifferent”) (Della
224 Lucia et al., 2014). To determine the CAT and RT values, the regression models were adjusted
225 to the points of the graph (Y1-axis points= CAT; Y2-axis points= RT). From the model
226 equation, the CAT was calculated considering where the calculated *t* value became equal to the

227 standard t value ($P = 0.05$) ($Y1 =$ tabulated t value); the RT was calculated considering the point
228 where the average hedonic score for CLEO or CREO concentration became equal to
229 “indifferent” in the hedonic scale ($Y2=5$). The validity of the models generated was determined
230 from the significance of the regression coefficients ($SS_{\text{regression}}/SS_{\text{total}}$).

231

232 *Inactivation by CLEO or CREO in fruit juices*

233 To assess the inactivation of each test strain in apple or orange juice using CLEO or
234 CREO alone or in combination with MHT, the juices were centrifuged ($12,500 \times g$, 15 min,
235 $4 \text{ }^\circ\text{C}$) to separate the pulp from the remaining liquid. The supernatants were filtered using a
236 triple-cheesecloth layer and sterilized by autoclaving ($121 \text{ }^\circ\text{C}$, 1.1 atm, for 15 min). The effects
237 of concentrations of CLEO or CREO below the RT on the viable counts of each test strain in
238 the apple and orange juices were assessed for 0, 2, 4, 6, 8, 10 and 12 min. Initially, an aliquot
239 of 1 mL of the bacterial suspension ($8 \log_{10}$ CFU/mL) was inoculated in 9 mL of juices
240 containing CLEO or CREO at the desired final concentrations prepared as described above. At
241 intervals of 0 (just after homogenization), 2, 4, 6, 8, 10 and 12 min post incubation at room
242 temperature ($25 \pm 1 \text{ }^\circ\text{C}$), an aliquot of 100 μL of each mixture was serially diluted in sterile
243 saline solution (NaCl 0.85 g/100 mL). Subsequently, 20 μL aliquots of each dilution were
244 inoculated onto MRS agar using the microdrop technique (Herigstad, Hamilton, & Heersink,
245 2001). Control systems without CLEO or CREO were assayed similarly. The plates were
246 incubated anaerobically (ASA) at $37 \text{ }^\circ\text{C}$ for 24 h, and the results were expressed as \log_{10}
247 CFU/mL.

248

249 *Inactivation by CLEO or CREO in combination with MHT in fruit juices*

250 The effects of CLEO or CREO concentrations below the RT in combination with MHT
251 ($54 \text{ }^\circ\text{C}$) on the viable counts of each test strain in apple and orange juices were assessed after 0,

252 2, 4, 6, 8, 10 and 12 min of exposure. Initially, aliquots of 9 mL of fruit juice containing CLEO
253 or CREO at different concentrations were placed in a shaking bath with the thermostat set at
254 54 °C. Once the core point of each fruit juice sample reached 54 °C, an aliquot of 1 mL of
255 bacterial suspension (8 log₁₀ CFU/mL) was added to the flasks. After 0, 2, 4, 6, 8, 10 or 12 min
256 at 54 °C, an aliquot of 100 µL of each fruit juice was serially diluted in sterile saline solution
257 (NaCl 0.85 g/100 mL), and subsequently, aliquots of 20 µL of each dilution were inoculated
258 onto MRS agar as previously described (Herigstad et al., 2001). Systems without CLEO or
259 CREO were assayed similarly to evaluate the effects of MHT alone. The plates were incubated
260 anaerobically (ASA) at 37 °C for 24 h, and the results were expressed as log₁₀ CFU/mL.

261 To determine the occurrence of synergism between CLEO or CREO and MHT, the
262 results obtained in combined applications were compared to the corresponding theoretical
263 results, which described the sum of the inactivation caused by CLEO, CREO or MHT acting
264 individually (additive effect). The enhanced effects of CLEO or CLEO and MHT acting
265 simultaneously were considered synergistic effects (Arroyo, Cebrián, Pagán, & Condón, et al.,
266 2012).

267 *Modeling the survival curves of test strains in juices treated with CLEO or CREO in*
268 *combination with MHT*

269 The obtained survival curves of each test strain in orange or apple juice treated with
270 CLEO or CREO in combination with MHT were fitted to the following the Equation 1 (Mafart,
271 Couvert, Gaillard, & Leguerinel, 2002):

272

$$273 \log \frac{N_t}{N_0} = \left(\frac{t}{\delta} \right)^p \quad (\text{Eq. 1})$$

274

275 where t is the treatment time (min); N_t and N_0 are the population densities (CFU/mL) at time t
276 and time zero, respectively; and δ and p are two characteristic parameters of the equation. The

277 δ value is the time to the first decimal reduction (the time necessary to inactivate the first \log_{10}
278 cycle of the microbial population). The p value is a shape parameter dependent on the profile
279 of the survival curve: $p < 1$ for concave upwards survival curves, $p = 1$ for linear survival curves,
280 and $p > 1$ for concave downwards survival curves. Once the profile of the survival curves was
281 described by Eq. 1, the time needed to achieve a 3-log reduction (3δ value) was estimated as a
282 function of the CLEO or CREO concentration and juice type evaluated.

283

284 *Physicochemical parameters of fruit juices*

285 To assess whether the sensorially accepted concentrations of CLEO or CREO used in
286 combination with the MHT affected the physicochemical parameters of apple and orange juices,
287 samples subjected or not to combined treatments were analyzed for soluble solids content
288 ($^{\circ}$ Brix), pH and titratable acidity (TA) (CLEO or CREO and MHT) using standard procedures
289 (AOAC, 2016). $^{\circ}$ Brix was determined using a digital refractometer (model HI 96801, Hanna
290 Instruments, São Paulo, Brazil) (No. 932.12). pH values were determined using a digital
291 potentiometer (model Q400AS, Quimis, São Paulo, Brazil) (No. 981.12). TA was determined
292 using phenolphthalein as an indicator with 0.1 N NaOH, and the results were expressed in g per
293 100 mL of citric acid equivalents (No. 942.15).

294

295 *Statistical analysis and reproducibility*

296 The assays were performed in triplicate in three independent experiments. For the MIC
297 assays, the results were expressed as modal values because the MIC values were the same in
298 all repetitions. For the assays of \log_{10} reduction and physicochemical parameters, statistical
299 analyses were performed to determine significant differences ($P \leq 0.05$) using ANOVA
300 followed by post hoc Tukey's test or Student's t-test. The error bars in the figures indicate the
301 mean \pm standard deviations from the data obtained from independent experiments. For kinetic

302 analysis of the data, the least-squares criterion by the GraphPad PRISM (GraphPad Software,
303 Inc., San Diego, CA) was used.

304

305 **Results and discussion**

306 *Selection of autochthonous lactic acid bacteria test strains*

307 A total of 40 isolates of lactic acid bacteria, comprising 20 isolates from each type of
308 fruit juice, were selected for identification. Species belonging to the *Lactobacillus* genus were
309 predominant (32/40 isolates) in both juices. The following *Lactobacillus* species were identified
310 in both juices: *L. plantarum* (n=8 in apple juice; n=5 in orange juice), *L. brevis* (n=3 in apple
311 juice; n=7 in orange juice) and *L. fermentum* (n=2 in apple juice; n=7 orange juice).
312 *Leuconostoc mesenteroides* (n=8) was identified only in orange juice.

313 One strain of *L. plantarum* isolated from apple juice and one strain of *L. brevis* and one
314 strain of *L. mesenteroides* isolated from orange juice were selected as target organisms for this
315 study considering that these species commonly act as juice spoilage bacteria (Espirito-Santo,
316 Carlin, & Renard, 2015; Campos & Cristianini, 2007; Elez-Martínez, Escolà-Hernández,
317 Soliva-Fortuny, & Martín-Belloso, 2005; Basak et al., 2002).

318

319 *Chemical composition of CLEO and CREO*

320 A total of 23 and 18 constituents were identified in CLEO and CREO used in this study,
321 respectively (Table 1). The constituents detected at the highest amounts in CLEO were
322 limonene (66.47%), β -pinene (11.71%), γ -terpinene (9.29%) and sabinene (2.00%). Other
323 constituents, such as α -pinene (1.91%), myrcene (1.71%) and geranial (1.35%), were detected
324 in minor amounts. The majority constituent in the CREO was also limonene (89.38%), followed
325 by myrcene (2.05%). Previous studies also reported limonene (53.57–84.73%), β -pinene (8.23–
326 12.74%) and γ -terpinene (3.38–9.66%) as the predominant constituents in CLEO (Espina et al.,

2011; AL-Jabri & Hossain, 2018). Similarly, limonene (60.74–80.2%) and myrcene (6.7–7.43%) have been described as the majority constituents in CREO (Tao, Jia, & Zhou, 2014; Fouad & Camara, 2017). Differences in the amounts of limonene detected in CLEO and CREO could be explained by the influence of environmental conditions (e.g., altitude, temperature, rainfall and geographical distribution) on the plant source (AL-Jabri & Hossain, 2018). These findings reinforce the importance of determining the chemical characterization of EOs each time a new study is carried out because this characterization may help to determine the differences among the antimicrobial activities of EOs obtained from the same plant species (Espina et al., 2012).

336

337 *MIC values of CLEO and CREO*

338 The MICs of both CLEO and CREO against *L. brevis*, *L. plantarum* and *L.*
339 *mesenteroides* were 2 µL/mL. The antimicrobial activities of CLEO and CREO has been
340 primarily related to the high amounts of limonene in the composition of these EOs. An earlier
341 study reported strong antimicrobial efficacy of limonene (MIC 1 µL/mL) against *L. brevis*
342 DSMZ 20054 and *L. plantarum* DSMZ 2601 (Bevilacqua, Corbo, & Sinigaglia, 2010). The
343 hydrophobic characteristics of limonene and other compounds, such as γ -terpinene, terpinolene,
344 linalool and limonene, found in CLEO and CREO could perturb the bacterial cell membrane,
345 increasing its permeability and causing leakage of cellular components (Prashar, Hili, Veness,
346 & Evans, 2003; Tao et al., 2014). Synergistic interactions resulting from disturbing effects of
347 limonene on the bacterial cell membrane that could facilitate the uptake of other constituents
348 present in smaller amounts in CLEO and CREO (e.g., linalool, octanal and β -ocimene) may
349 also contribute to the antimicrobial activities of these EOs (Espina et al., 2011).

350

351 *CAT and RT of CLEO and CREO in fruit juices*

352 CLEO and CREO were evaluated in concentrations of 0.13, 0.25, 0.50, 1.0 and 2.0
353 $\mu\text{L}/\text{mL}$ to determine the CAT and RT in apple and orange juices. Fig. 1 shows the calculated t
354 values (Y1-axis) and the hedonic score (Y2-axis) as a function of CLEO and CREO
355 concentrations in the stimulus fruit juice samples (X-axis). The obtained linear models showed
356 significant regression coefficients ($P \leq 0.05$).

357 In the orange juice, the CAT of CLEO was 0.17, and the CAT of CREO was 0.15 $\mu\text{L}/\text{mL}$.
358 In the same juice, the RT of CLEO and CREO was 0.58 and 0.68 $\mu\text{L}/\text{mL}$, respectively. In the
359 apple juice, the CAT of CLEO and CREO was 0.15 and 0.16 $\mu\text{L}/\text{mL}$, respectively, while the
360 RT was 0.59 for CLEO and 0.68 $\mu\text{L}/\text{mL}$ for CREO. Consequently, apple and orange juices at
361 concentrations of 0.13, 0.25 and 0.50 $\mu\text{L}/\text{mL}$ CLEO or CREO were considered acceptable by
362 panelists ($\geq \text{CAT} < \text{RT}$). Analyses of acceptance as a function of the CLEO or CREO
363 concentration based on the angular coefficient of CLEO and CREO in apple juice or orange
364 juice showed that the increase in CLEO or CREO concentration decreased the juice acceptance
365 (Table 2).

366 The hedonic scores of juices added of CLEO or CREO concentrations referring to their
367 CAT values were “like moderately” (hedonic score 7) or “like very much” (hedonic score 8).
368 Otherwise, the hedonic scores of juices added of CLEO or CREO concentrations corresponding
369 to their RT values were “dislike very much” (hedonic score 2) or “dislike extremely” (hedonic
370 score 1).

371 A previous study reported the overall acceptance of CLEO at potentially antimicrobial
372 concentrations (20 to 200 $\mu\text{L}/\text{L}$) in three distinct matrices (tomato juice, vegetable soup and
373 poultry burgers) (Espina, García-Gonzalo, & Pagán, 2014b). According to these researchers,
374 only the lowest assayed concentration (20 $\mu\text{L}/\text{L}$) of CLEO had acceptance in tomato juice, while
375 higher CLEO concentrations were accepted in vegetable soup (200 $\mu\text{L}/\text{L}$) and poultry burgers
376 (100 $\mu\text{L}/\text{L}$). These results show that the determination of CLEO and CREO sensory thresholds

377 in the matrix proposed for incorporation results in a successful experimental approach to
378 explore their application because concentrations that exceed the RT, even though they are
379 effective against target bacteria (for example, based on MIC values), would not be applicable.

380

381 *Inactivation of the test spoilage bacteria by CLEO or CREO in combination with MHT in fruit*
382 *juices*

383 No decreases ($P > 0.05$) were observed in the counts of *L. brevis*, *L. plantarum* and *L.*
384 *mesenteroides* after 12 min of exposure to 0.13 $\mu\text{L}/\text{mL}$ CLEO or CREO in apple and orange
385 juices (Fig. 2-3). Counts of *L. brevis*, *L. plantarum* and *L. mesenteroides* decreased ($P \leq 0.05$)
386 by approximately 1 \log_{10} CFU/mL after 12 min of exposure to 0.25 $\mu\text{L}/\text{mL}$ CLEO in apple and
387 orange juices (Fig. 2). The same concentration of CREO (0.25 $\mu\text{L}/\text{mL}$) decreased ($P \leq 0.05$)
388 1.6 \log_{10} and 1.1 \log_{10} CFU/mL in the counts of *L. mesenteroides* and *L. plantarum*, respectively,
389 in both juices (Fig. 3), but it did not decrease ($P > 0.05$) the counts of *L. brevis* in apple (Fig.
390 3A1) or orange (Fig. 3A2) juice after 12 min of exposure.

391 Interestingly, 0.50 $\mu\text{L}/\text{mL}$ CLEO decreased ($P \leq 0.05$) 3.5 \log_{10} CFU/mL in the counts
392 of *L. plantarum* in apple juice and only decreased 1.1 \log_{10} CFU/mL in the counts of *L. brevis*
393 and *L. mesenteroides* in the same juice after 12 min of exposure (Fig. 2A1-C1). In orange juice,
394 0.50 $\mu\text{L}/\text{mL}$ CLEO caused decreases ($P \leq 0.05$) of 1.7 \log_{10} CFU/mL in the counts of *L.*
395 *plantarum*, 1.4 \log_{10} CFU/mL in the counts of *L. brevis* and 1.1 \log_{10} CFU/mL in the counts of
396 *L. mesenteroides* after 12 min of exposure (Fig. 2A2-C2). In apple juice, 0.50 $\mu\text{L}/\text{mL}$ CREO
397 decreased the counts of *L. plantarum* and *L. mesenteroides* ($P \leq 0.05$) by 1.5 \log_{10} CFU/mL
398 (Fig. 3B1-C1) and the counts of *L. brevis* by 1 \log_{10} CFU/mL (Fig. 3A1). Comparatively, 0.50
399 $\mu\text{L}/\text{mL}$ CREO decreased ($P \leq 0.05$) the counts of *L. mesenteroides* by approximately 2 \log_{10}
400 CFU/mL and the counts of *L. brevis* and *L. plantarum* by 1.2 \log_{10} CFU/mL in orange juice
401 after 12 min of exposure (Fig. 3A2-C2).

402 In combination with MHT, the decrease in the counts of *L. brevis*, *L. plantarum* and *L.*
403 *mesenteroides* varied with the concentration of CLEO or CREO evaluated and the time of
404 exposure. A decrease ($P \leq 0.05$) of approximately 5 log₁₀ CFU/mL was observed in the counts
405 of *L. brevis* after 12 min of exposure to 0.50 µL/mL CLEO or CREO in combination with MHT
406 in both apple and orange juices (Fig. 4). Similar results were observed after 8 min of exposure
407 to 0.50 µL/mL CREO and MHT in orange juice ($P \leq 0.05$) (Fig. 4D).

408 As observed in Fig. 4, the level of inactivation of *L. brevis* caused by the experimental
409 combined treatment was higher than that theoretically estimated by the sum of the lethality of
410 both hurdles acting individually (additive effect), indicating the occurrence of a remarkable
411 synergistic effect. The magnitude of the synergism was greater when using CREO in
412 combination with MHT. The use of CREO caused more than 2 extra log₁₀ cycles of inactivation
413 after 4 and 6 min of treatment in apple and orange juices, respectively. Similar results were
414 observed for all concentrations assayed (0.13, 0.25 and 0.50 µL/mL) of CLEO or CREO in
415 combination with MHT against *L. plantarum* and *L. mesenteroides* (data not shown). The
416 synergism observed against the test strains was probably a result of an initial sublethal damage
417 in the cell envelopes caused by MHT, which would help the hydrophobic CREO or CLEO
418 constituents (e.g., limonene, β-pinene and myrcene) cross the bacterial membranes and act
419 directly in the cell (Mañas & Pagán, 2005; Espina et al., 2011; Espina et al., 2012).

420 To assess the resistance of each strain to the combined process, the survival curves were
421 fitted using Eq. 1 (Table 3), which described the survival curve profile obtained after 12 min of
422 exposure to the combined processes, independent of the spoilage bacteria, CLEO or CREO
423 concentration and juice type (apple and orange). The results demonstrate that the δ values
424 decreased when the EO concentration increased and that p values were less than 1 and varied
425 as a function of the strain and treatment conditions applied. The estimated parameters with their

426 95% confidence limits are listed in Table 3. The root mean square error (*RMSE*) and
427 determination coefficient (R^2) values indicated the goodness of fit.

428 Based on the estimated parameters obtained by Equation 1, the time to inactivate 99.9%
429 (3δ value) of the microbial population was estimated. Fig. 5 shows the relationship between the
430 \log_{10} of 3δ values and the concentration of CLEO (Fig. 5A-B) or CREO (Fig. 5C-D) for *L.*
431 *brevis*, *L. plantarum* and *L. mesenteroides* inactivation under the combined treatment in apple
432 (Fig. 5A-C) and orange (Fig. 5B-D) juices. As observed in Fig. 5, the time to cause 3-log
433 reduction (3δ) in *L. brevis*, *L. plantarum* and *L. mesenteroides* counts decreased ($P \leq 0.05$)
434 when CLEO or CREO concentrations in combination with MHT increased, independent of the
435 exposure time. An earlier study reported that the inactivation rate of *E. coli* O157:H7 in orange
436 juice increased with the increase in *C. sinensis* EO concentration in combination with MHT
437 (54-60 °C) as well as with the time of exposure to the combined treatment (Espina et al., 2014a).

438 The efficacy of CLEO or CREO concentrations combined with MHT varied between
439 the apple and orange juices. *L. brevis*, *L. plantarum* and *L. mesenteroides* showed high
440 sensitivity ($P \leq 0.05$) to the same CLEO concentrations combined with MHT in orange juice
441 (Fig. 5A-B). These results could be associated with the distinct composition of the juices
442 because the constituents of the food matrices play an important role in bacterial protection
443 against heat (Espina et al., 2014a). Similarly, food matrix components may influence the
444 antimicrobial efficacy of EOs (Gutierrez, Barry-Ryan, & Bourke, 2009).

445 CREO in combination with MHT showed higher efficacy ($P \leq 0.05$) in inhibiting *L.*
446 *brevis*, *L. plantarum* and *L. mesenteroides* (Fig. 5C-D) than that of CLEO (Fig. 5A-B) in both
447 apple and orange juices. The higher amounts of oxygenated monoterpenes (e.g., octanal,
448 linalool, decanal and α -sinensal) ($P \leq 0.05$) in CREO (7.02%) than in CLEO (4.2%) probably
449 influenced the antibacterial effects of CREO because both EOs had limonene as the major
450 constituent. The stronger antimicrobial activity exerted by CREO against *Pseudomonas*

451 *aeruginosa* ATCC 10145 than that exerted by CLEO has already been reported and was
452 putatively associated with the higher proportion of oxygenated monoterpenes in CREO than in
453 CLEO (Espina et al., 2011).

454 *L. mesenteroides* was the most susceptible ($P \leq 0.05$) to CREO and MHT in apple and
455 orange juices (Fig. 5C-D) and the most resistant to CLEO and MHT in orange juice (Fig. 5B).
456 Otherwise, *L. brevis* was the most susceptible ($P \leq 0.05$) to CLEO and MHT in orange juice
457 (Fig. 5B) and the most resistant to CREO and MHT in both juices (Fig. 5C-D). The distinct
458 susceptibility of spoilage microorganisms such as *Saccharomyces cerevisiae* (Tyagi, Gottardi,
459 Malik, & Guerzoni, 2013), *Zygosaccharomyces rouxii* and *Z. bailii* to EOs in fruit juices has
460 been reported (Tyagi et al., 2013; Karaman, Sagdic, & Yilmaz, 2016). However, no previous
461 studies have focused on the efficacy of CREO and CLEO applied alone or combined with MHT
462 against autochthonous spoilage bacteria in apple and orange juices.

463 Apple and orange juices treated with 0.13, 0.25 and 0.50 $\mu\text{L}/\text{mL}$ CLEO or CREO and
464 MHT for 12 min presented °Brix in a range of 10.56 to 10.93 (Table 4). The pH of apple and
465 orange juices varied from 3.91 to 4.06, while TA ranged from 0.15 to 1.73 (Table 4). No
466 differences were observed between the physicochemical characteristics of treated and control
467 juices (Table 4). These results are important because they show that sensorially accepted
468 concentrations of CREO or CLEO (0.13, 0.25 or 0.50 $\mu\text{L}/\text{mL}$) in combination with MHT (54 °C;
469 12 min) did not compromise the quality aspects of orange and apple juices that characterize
470 unsweetened fruit juices (Brazilian Legislation, 2016).

471

472 **Conclusion**

473 The application of doses below the RT of CLEO and CREO was not effective in
474 reducing the counts of *L. brevis*, *L. plantarum* and *L. mesenteroides* in apple and orange juices.
475 However, doses below the RT of CLEO and CREO when applied in combination with MHT

476 were effective in reducing the counts of *L. brevis*, *L. plantarum* and *L. mesenteroides* in the
477 juices up to 5 log₁₀ CFU/mL. The antibacterial efficacy of the combined treatments varied
478 among the strains, EOs and juice type. The magnitude of the synergism was greater when MHT
479 was combined with CREO than with CLEO. These results indicate that the doses of *Citrus* spp.
480 EOs, primarily CREO, below the RT in combination with MHT could serve as an alternative
481 to control autochthonous spoilage bacteria in apple and orange juices. These findings clearly
482 indicate that the determination of sensory limits is critical to determine the potential application
483 of *Citrus* spp. EOs as preservatives in fruit juices.

484

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489

490 **Author Contributions**

491 GTSP, RP and MM designed the research; GTSP and RC conducted the experiments; and GTSP,
492 RP, DB, RC, ELS and analyzed the data and performed the statistical analysis.

493

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639

640 **Table 1.** Constituents identified by CG-MS in the essential oil from *Citrus lemon* (CLEO) and
 641 *Citrus reticulata* (CREO).

Constituents	RI ^a	Percentage area (%)**		Identification ^b
		CLEO	CREO	
2-Hexanone, 3,3-dimethyl	787	0.46	0.45	RI, MS
4-Butoxy-2-butanone	603	0.36	0.35	RI, MS
α -Thujene	927	0.43		RI, MS
α -Pinene	936	1.91	0.58	RI, MS, PC
Cyclopentane, 1-acetyl-1,2-epoxy	947	0.21	0.21	RI, MS
Sabinene	975	2.00	0.70	RI, MS
β -Pinene	981	11.71		RI, MS, PC
Myrcene	990	1.71	2.05	RI, MS
Octanal	1006		0.13	RI, MS
α -Terpinene	1020	0.19		RI, MS
p-Cymene	1028	0.19		RI, MS, PC
Limonene	1033	66.47	89.38	RI, MS, PC
γ -Terpinene	1061	9.29	0.27	RI, MS
Linalool	1102	0.10	0.26	RI, MS, PC
(E)- β -Ocimene	1048	0.10		RI, MS
Terpinolene	1089	0.38		RI, MS
Decanal	1135		0.30	RI, MS
(R)-6-Octenal, 3,7-dimethyl	1155	0.14		RI, MS
(Z)-2,6-Octadienal, 3,7-dimethyl	1206	0.78		RI, MS
Nery acetate	1263	0.53		RI, MS
Geranial	1272	1.35		RI, MS
(E)-Caryophyllene	1265	0.23		RI, MS
Geranyl acetate	1285	0.37		RI, MS
β -Bisabolene	1368	0.69		RI, MS
α -cis-Bergamotene	1418	0.41		RI, MS
Butylated hydroxytoluene	1495		0.15	RI, MS
α -Sinensal	1700		0.12	RI, MS
Methyl tetradecanoate	1722		0.27	RI, MS
Hexadecanoic acid, methyl ester	1962		1.40	RI, MS
(E)-9-Octadecenoic acid, methyl ester	2126		1.05	RI, MS
Octadecanoic acid, methyl ester	2169		0.89	RI, MS
(Z,Z)-9,12-Octadecadienoic Acid, methyl ester	2189		0.44	RI, MS

642 ^a Retention index relative to n-alkanes;

643 ^b RI: Identification by Kovats index (Adams, 2001); MS: Identification by NIST/EPA/NIH; PC: Identification by
 644 authentic standards analyzed by mass spectrometry.

645 **Table 2.** Adjusted models of compromised acceptance threshold (CAT) and rejection threshold
 646 (RT) determination of *Citrus lemon* (CLEO) or *Citrus reticulata* (CREO) essential oil in apple
 647 and orange juices and their respective coefficients of determination.

Essential oil	Juice	Equation	Model	r^2
CLEO	Apple	2	$Y1 = 81.761x - 10.183$	0.95
		3	$Y2 = -3.643x + 7.1641$	0.79
	Orange	4	$Y1 = 102.19x - 15.63$	0.93
		5	$Y2 = -3.6078x + 7.0776$	0.78
CREO	Apple	6	$Y1 = 57.821x - 7.1036$	0.99
		7	$Y2 = -3.9289x + 7.655$	0.80
	Orange	8	$Y1 = 59.593x - 6.5039$	0.99
		9	$Y2 = -3.9221x + 7.6772$	0.81

648 Y1: calculated t values; Y2: mean hedonic score; X: concentration of *Citrus lemon* or *Citrus reticulata* essential
 649 oil; r^2 : coefficient of determination.

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688 **Table 3.** p and δ values estimated from the fitting of Equation 1 to experimental data in assays
689 with *Lactobacillus brevis*, *Lactobacillus plantarum* and *Leuconostoc mesenteroides* in apple
690 and orange juices treated with MHT (54 °C for 12 min) and essential oils from *Citrus lemon*
691 (CLEO) and *Citrus reticulata* (CREO).

Juice	Strain	EO*	Concentration ($\mu\text{L}/\text{mL}$)	p^{**}	δ^{***}	RMSE	R^2
Apple	<i>L. brevis</i>	CLEO	0.50	0.38 ± 0.12	0.19 ± 0.19	0.39	0.94
			0.25	0.39 ± 0.15	0.27 ± 0.38	0.43	0.92
			0.13	0.43 ± 0.14	0.43 ± 0.42	0.38	0.93
		CREO	0.50	0.54 ± 0.08	0.71 ± 0.32	0.19	0.98
			0.25	0.61 ± 0.11	1.18 ± 0.55	0.22	0.97
			0.13	0.68 ± 0.16	1.89 ± 0.93	0.25	0.96
	<i>L. mesenteroides</i>	CREO	0.50	0.57 ± 0.09	0.26 ± 0.11	0.24	0.97
			0.25	0.51 ± 0.15	0.39 ± 0.36	0.42	0.94
			0.13	0.38 ± 0.11	0.40 ± 0.33	0.17	0.98
		CLEO	0.50	0.42 ± 0.07	0.38 ± 0.22	0.17	0.98
			0.25	0.46 ± 0.05	0.72 ± 0.26	0.10	0.99
			0.13	0.48 ± 0.08	1.19 ± 0.53	0.14	0.98
	<i>L. plantarum</i>	CREO	0.50	0.50 ± 0.10	0.39 ± 0.26	0.33	0.96
			0.25	0.48 ± 0.06	0.43 ± 0.18	0.17	0.99
			0.13	0.48 ± 0.07	0.63 ± 0.29	0.17	0.98
		CLEO	0.50	0.47 ± 0.03	0.55 ± 0.12	0.08	1.00
			0.25	0.52 ± 0.03	0.99 ± 0.17	0.07	1.00
			0.13	0.64 ± 0.03	2.00 ± 0.18	0.04	1.00
Orange	<i>L. brevis</i>	CREO	0.50	0.82 ± 0.17	1.11 ± 0.47	0.23	0.98
			0.25	0.79 ± 0.19	1.40 ± 0.71	0.30	0.97
			0.13	0.71 ± 0.16	1.43 ± 0.76	0.31	0.96
		CLEO	0.50	0.50 ± 0.08	0.53 ± 0.27	0.26	0.96
			0.25	0.59 ± 0.07	0.86 ± 0.28	0.16	0.99
			0.13	0.76 ± 0.13	1.49 ± 0.56	0.24	0.98
	<i>L. mesenteroides</i>	CREO	0.50	0.31 ± 0.17	0.23 ± 0.31	0.96	0.91
			0.25	0.43 ± 0.12	0.51 ± 0.41	0.39	0.94
			0.13	0.34 ± 0.06	0.62 ± 0.28	0.30	0.95
		CLEO	0.50	0.57 ± 0.09	1.08 ± 0.47	0.18	0.98
			0.25	0.66 ± 0.11	1.93 ± 0.64	0.16	0.98
			0.13	0.67 ± 0.09	2.93 ± 0.67	0.10	0.99
<i>L. plantarum</i>	CREO	0.50	0.25 ± 0.05	0.03 ± 0.03	0.31	0.96	
		0.25	0.37 ± 0.08	0.23 ± 0.16	0.29	0.95	
		0.13	0.48 ± 0.13	0.78 ± 0.38	0.38	0.94	
	CLEO	0.50	0.50 ± 0.05	0.69 ± 0.19	0.18	0.96	
		0.25	0.51 ± 0.04	0.83 ± 0.18	0.08	1.00	
		0.13	0.52 ± 0.08	1.15 ± 0.46	0.15	0.98	

692 *EO: essential oil; ** p : shape parameter dependent on the profile of the survival curve; *** δ time to the first
693 decimal reduction; RMSE: root mean square error; R^2 : determination coefficient.

694 **Table 4.** Physicochemical parameters (average \pm standard deviation; n = 6) of apple and orange juices treated with *Citrus lemon* (CLEO) or *Citrus*
 695 *reticulata* (CREO) essential oil and MHT (54 °C; 12 min).

Juices	EO ($\mu\text{L}/\text{mL}$)	Physicochemical parameters (storage time interval)			
		Total soluble solids ($^{\circ}\text{Brix}$)	pH	Titrateable acidity (g/100 g)	
Apple	CLEO	0.13	10.82 \pm 0.11 ^{Aa}	3.92 \pm 0.02 ^{Aa}	0.15 \pm 0.03 ^{Aa*}
		0.25	10.83 \pm 0.09 ^{Aa}	3.93 \pm 0.02 ^{Aa}	0.16 \pm 0.06 ^{Aa*}
		0.50	10.81 \pm 0.13 ^{Aa}	3.92 \pm 0.05 ^{Aa}	0.16 \pm 0.07 ^{Aa*}
		Control	10.82 \pm 0.10 ^{Aa}	3.94 \pm 0.02 ^{Aa}	0.17 \pm 0.06 ^{Aa*}
Orange	CLEO	0.13	10.56 \pm 0.13 ^{Aa}	4.03 \pm 0.04 ^{Aa}	1.58 \pm 0.07 ^{Aa**}
		0.25	10.59 \pm 0.11 ^{Aa}	4.05 \pm 0.01 ^{Aa}	1.64 \pm 0.04 ^{Aa**}
		0.50	10.62 \pm 0.09 ^{Aa}	4.05 \pm 0.03 ^{Aa}	1.63 \pm 0.09 ^{Aa**}
		Control	10.61 \pm 0.12 ^{Aa}	4.06 \pm 0.03 ^{Aa}	1.68 \pm 0.03 ^{Aa**}
Apple	CREO	0.13	10.92 \pm 0.10 ^{Aa}	3.91 \pm 0.03 ^{Aa}	0.16 \pm 0.04 ^{Aa*}
		0.25	10.90 \pm 0.08 ^{Aa}	3.92 \pm 0.03 ^{Aa}	0.15 \pm 0.07 ^{Aa*}
		0.50	10.92 \pm 0.12 ^{Aa}	3.91 \pm 0.04 ^{Aa}	0.16 \pm 0.05 ^{Aa*}
		Control	10.93 \pm 0.11 ^{Aa}	3.95 \pm 0.01 ^{Aa}	0.16 \pm 0.08 ^{Aa*}
Orange	CREO	0.13	10.89 \pm 0.08 ^{Aa}	4.04 \pm 0.03 ^{Aa}	1.73 \pm 0.06 ^{Aa**}
		0.25	10.90 \pm 0.10 ^{Aa}	4.04 \pm 0.02 ^{Aa}	1.66 \pm 0.03 ^{Aa**}
		0.50	10.93 \pm 0.09 ^{Aa}	4.02 \pm 0.03 ^{Aa}	1.73 \pm 0.05 ^{Aa**}
		Control	10.92 \pm 0.11 ^{Aa}	4.03 \pm 0.04 ^{Aa}	1.69 \pm 0.02 ^{Aa**}

696 EO: essential oil; *Total acidity expressed as malic acid (g /100 g) for apple juice; **Relation of solids soluble in brin/
 697 acidity (g/100 g) of citric acid anhydrous for orange juice; Control: fruit juice not subjected to combined treatment
 698 (CLEO or CREO and MHT); Different superscript capital letters in the same row indicate significant difference ($P \leq$
 699 0.05), based on Student's t-test; Different superscript small letters in the same column indicate significant difference (P
 700 \leq 0.05), based on a Tukey test.

701 **Figure captions**

702

703 **Fig. 1.** Calculated t values (Y1 - axis) and mean hedonic scores (Y2 - axis) in the function of *Citrus*
704 *lemon* (A, B) or *Citrus reticulata* (C, D) essential oil concentration (X - axis) for apple (A, C) and
705 orange (B, D) juices. The black dashed line represents the tabulated t ($t_{\text{tab}} = 2.01$), and the black circle
706 (●) represents the compromised acceptance threshold. The gray dashed line represents a mean
707 hedonic score of 5 and the gray circle (○) the rejection threshold.

708

709 **Fig. 2.** Log₁₀ cycles of inactivation of *Lactobacillus brevis* (A), *Lactobacillus plantarum* (B) and
710 *Leuconostoc mesenteroides* (C) in apple (A1-C1) and orange (A2-C2) juices at room temperature as
711 a function of exposure time and *Citrus lemon* essential oil concentration: (●) control: 0 μL/mL; (■)
712 0.13 μL/mL; (▲) 0.25 μL/mL; (▼) 0.50 μL/mL. Data represent the means ± standard deviations
713 (error bars) of at least three independent experiments.

714

715 **Fig. 3.** Log₁₀ cycles of inactivation of *Lactobacillus brevis* (A), *Lactobacillus plantarum* (B) and
716 *Leuconostoc mesenteroides* (C) in apple juice (A1-C1) and orange juice (A2-C2) at room temperature
717 as a function of exposure time and *Citrus reticulata* essential oil concentration: (●) control: 0 μL/mL;
718 (■) 0.13 μL/mL; (▲) 0.25 μL/mL; and (▼) 0.50 μL/mL. Data represent the means ± standard
719 deviations (error bars) of at least three independent experiments.

720

721 **Fig. 4.** Survival fraction of *Lactobacillus brevis* after treatment: (●) heated at 54 °C; (■) *Citrus lemon*
722 (A, B) or *Citrus reticulata* (C, D) essential oil applied at 0.50 μL/mL; and (▲) combined treatment
723 (heat treatment (54 °C) in the presence of the EO (0.50 μL/mL) in apple (A, C) and orange (B, D)
724 juices. The figure includes the theoretical inactivation curves obtained by considering the lethality
725 caused by the heat and the EO treatment acting separately (additive effect) (□) and the fitting of

726 Equation 1 to the survival curves obtained after the combined treatments. Data represent the mean \pm
727 standard error of the mean (error bars) of at least three independent experiments.

728

729 **Fig. 5.** Relationship between the EO concentration and the log of 3δ values of *Lactobacillus brevis*
730 (\bullet), *Lactobacillus plantarum* (\blacksquare) and *Leuconostoc mesenteroides* (\blacktriangle) in apple (A, C) and orange (B,
731 D) juices and heat treated at 54 °C in the presence of *Citrus lemon* (A, B) and *Citrus reticulata* (C,
732 D) essential oils.









