



1 **Arctic Ocean and Hudson Bay Freshwater Exports: New Estimates from 7**
2 **Decades of Hydrographic Surveys on the Labrador Shelf**

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16 ABSTRACT

17 While reasonable knowledge of multi-decadal Arctic freshwater storage variability exists, we
18 have little knowledge of Arctic freshwater exports on similar timescales. A hydrographic
19 time series from the Labrador Shelf, spanning seven decades at annual resolution, is here
20 used to quantify Arctic Ocean freshwater export variability west of Greenland. Output from a
21 high-resolution coupled ice-ocean model is used to establish the representativeness of those
22 hydrographic sections. Clear annual to decadal variability emerges, with high freshwater
23 transports during the 1950s and 1970s–80s, and low transports in the 1960s, and from the
24 mid-1990s to 2016, with typical amplitudes of 30 mSv ($1 \text{ Sv} = 10^6 \text{ m}^3 \text{ s}^{-1}$). The variability in
25 both the transports and cumulative volumes correlates well both with Arctic and North
26 Atlantic freshwater storage changes on the same timescale. We refer to the "inshore branch"
27 of the Labrador Current as the Labrador Coastal Current, because it is a dynamically- and
28 geographically-distinct feature. It originates as the Hudson Bay outflow, and preserves
29 variability from river runoff into the Hudson Bay catchment. We find a need for parallel,
30 long-term freshwater transport measurements from Fram and Davis Straits, to better
31 understand Arctic freshwater export control mechanisms and partitioning of variability
32 between routes west and east of Greenland, and a need for better knowledge and
33 understanding of year-round (solid and liquid) freshwater fluxes on the Labrador shelf. Our
34 results have implications for wider, coherent atmospheric control on freshwater fluxes and
35 content across the Arctic and northern North Atlantic Oceans.

36 **1. Introduction**

37 The North Atlantic Ocean is important both to regional and to global climate variability on
38 multi-decadal timescales: as heat is released near-surface at high latitudes from ocean to
39 atmosphere, water becomes denser, sinks, and closes the Meridional Overturning Circulation
40 by returning south at depth, as popularised by Broecker (1991). In high latitudes, density is
41 mainly controlled by salinity (Carmack, 2007), and it has long been recognised that dense
42 water formation rates are sensitive to freshwater inputs by their impact on stratification
43 (Manabe and Stouffer, 1995). Knowledge of freshwater fluxes into the North Atlantic
44 remains essential to understanding the overturning circulation.

45 The Arctic Ocean is a substantial freshwater reservoir, receiving inputs from precipitation,
46 oceanic inflows and river and melt-water run-off. It is a source of freshwater, which is
47 exported to the subpolar North Atlantic (Carmack 2000; Haine et al., 2015; Carmack et al.,
48 2016). The Arctic Ocean freshwater export rate is substantially modulated by changing
49 internal rates of freshwater storage and release, and is known to vary on decadal timescales
50 and longer (Polyakov et al. 2008). Over the past two decades it has been increasing by
51 $600\pm 300 \text{ km}^3 \text{ yr}^{-1}$ (Rabe et al. 2014).

52 Partly as a consequence of Arctic Ocean exports, the northern North Atlantic freshwater
53 budget also varies on decadal timescales and is characterised by periodic dilution events
54 (Curry and Mauritzen 2005). Periods of unusually low salinity in the 1970s, 1980s and 1990s
55 have been called “Great Salinity Anomalies” (Dickson et al. 1988, Belkin et al. 1998, Belkin
56 2004), and have been explained as the result of anomalously high Arctic freshwater exports,
57 whether ice (Häkkinen and Proshutinsky 2004) or liquid (Karcher et al. 2005), and periods of
58 lower Arctic salinity are associated with a saltier North Atlantic (Peterson et al. 2006).
59 Sundby and Drinkwater (2007) associate periods of both positive and negative salinity

60 anomalies with varying seawater volume fluxes in and out of the Arctic Ocean. Thus the
61 Arctic and Atlantic freshwater budgets are linked.

62 There is now a large and growing body of knowledge quantifying multi-decadal, interannual
63 and even seasonal changes in freshwater storage in the Arctic (Polyakov et al. 2008, Giles et
64 al. 2012, Polyakov et al. 2013, Rabe et al. 2014, Proshutinsky et al. 2015, Armitage et al.
65 2016), reinforced by understanding of regional changes in wind forcing that cause ocean spin-
66 up and spin-down, particularly of the Beaufort Gyre, that lead to increased freshwater
67 restraint within, or release from, the Arctic Ocean (Proshutinsky and Johnson 1997, Häkkinen
68 and Proshutinsky 2004, Köberle and Gerdes 2007, Proshutinsky et al. 2009, Lique et al. 2009,
69 Giles et al. 2012, Rabe et al. 2014, Proshutinsky et al. 2015), with increasing understanding of
70 the role of changing sea ice conditions in modulating ocean spin-up and spin-down (Giles et
71 al. 2012, Tsamados et al. 2014, Martin et al. 2016).

72 We know that the freshwater budgets of the Arctic and Atlantic Oceans are related on decadal
73 timescales (Proshutinsky et al. 2002, Peterson et al. 2006), and we are interested to learn
74 whether freshwater storage changes in the two oceans are reflected in inter-ocean freshwater
75 flux changes. For example, we might expect that an increase in Arctic freshwater storage
76 would correspond to a restraint in Arctic freshwater export, and therefore to a decrease in
77 Atlantic freshwater storage, and vice-versa. However, while long-term observations now
78 exist at both main Arctic export gateways (Fram Strait: Rabe et al. 2013; Davis Strait: Curry
79 et al. 2014), and balanced pan-Arctic freshwater budgets are beginning to emerge (Tsubouchi
80 et al. 2012, 2018), those observations do not yet capture multi-decadal variability. Therefore
81 quantification of links between variations in freshwater storage and fluxes remains elusive (cf.
82 Haine et al. 2015).

83 The impact of Arctic storage changes on oceanic freshwater export, the separation of the
84 export into the pathways east and west of Greenland by which it reaches the North Atlantic,
85 and the relative importance of liquid (seawater) versus solid (sea ice) phases remain unclear.
86 For example, Häkkinen (1993) and Karcher et al. (2005) attribute the Great Salinity Anomaly
87 (Dickson et al. 1988) to the export of sea ice through Fram Strait, east of Greenland. Karcher
88 et al. (2005) also describe the importance of the export west of Greenland to a 1990s North
89 Atlantic low salinity event. Prinsenberg and Hamilton (2005) observed the export through the
90 Canadian Arctic Archipelago to be the largest sink of Arctic liquid freshwater. Lique et al.
91 (2009) suggested in a model study that there may be countervailing changes in freshwater
92 export between east and west sides of Greenland, but as yet there is no supporting
93 observational evidence (see also Aksenov et al. 2010).

94 Our aim in this study is to determine whether a multi-decadal record of seawater properties on
95 and near the eastern Canadian (Labrador) shelf can be used to generate new knowledge of
96 Arctic freshwater exports west of Greenland. It has long been known (Smith et al. 1937;
97 Kollmeyer et al. 1967) that the seas off the Labrador coast are comprised of three
98 components: the recirculating West Greenland Current, the cold Arctic waters of the Baffin
99 Island Current, and the fresh outflow from Hudson Bay through Hudson Strait. With these
100 three sources, the naming convention of the "Labrador Current" is an over-simplification, so
101 we refer below instead to the Labrador Current System.

102 Perhaps the best-known feature of the Labrador Current System is the Cold Intermediate
103 Layer (CIL; Petrie et al. 1988), in which the cold and relatively fresh waters overlying the
104 eastern Canadian continental shelf are capped in summer by a thin, seasonal, warm layer, and
105 are separated from the warmer, higher-density waters of the continental slope region by a strong
106 density front. The CIL is present in all years and throughout most (or all) of the year. Its
107 cross-sectional area (or regional volume), bounded by the 0 °C isotherm, is regarded as a robust

108 index of regional ocean climate conditions. Significant interannual variability in the area of the
109 CIL is highly coherent from the Labrador Shelf to the Grand Banks. Colbourne et al. (1995)
110 quantified its area using three different isotherms (-1 , 0 and 1 °C), and although the average
111 area varied with definition, the interannual variability remained relatively insensitive. Annual
112 updates of the CIL time series are available in the International Council for the Exploration of
113 the Sea Report on Ocean Climate – <https://ocean.ices.dk/iroc/>.

114 From this position, the paper is structured as follows. Having presented our data, model and
115 methods (Section 2), we then use our model to refine our understanding of the Labrador
116 Current System (section 3). We apply the new understanding to our data in section 4, and in
117 section 5 we summarise and discuss future prospects.

118 **2. Data, Model and Methods**

119 The physical properties of the seas off Labrador and Newfoundland have been studied since
120 the early 20th Century (Colbourne 2004). The first observations of the Labrador Current
121 were carried out by the *Marion* and *General Green* expeditions from 1928 to 1935 (Smith et
122 al. 1937) in support of the International Ice Patrol that was formed in 1913 and carried out by
123 the US Coast Guard. Since the early 1950s, most regional ocean measurements were carried
124 out along standardized stations and sections by the International Commission for the
125 Northwest Atlantic Fisheries in support of fish stock assessment (Templeman 1975). In this
126 study we focus on one particular section – the Seal Island section (Colbourne et al. 1995).

127 We choose the Seal Island section because is the northernmost of the standard sections. It
128 extends from the Labrador coast across the shelf break and into the deep Labrador Sea (Figure
129 1). While measurements in the vicinity of the Seal Island section exist from the 1920s, we
130 choose to begin at 1950, when the number and location of section stations was first
131 standardised. Therefore we analyse sections occupied between 1950 and 2016 (inclusive),

132 one section per year, from the summertime occupation (made in July or August), which has
133 the longest continuous record: 60 of those 67 years provide useful temperature and salinity
134 measurements. Records are available from other months in the calendar year, but they are
135 shorter and/or discontinuous. This approach also avoids any aliasing of the seasonal cycle.
136 For reference we show the full data distribution by year and month in Figure S1.

137 The Seal Island section originally comprised 9 standard stations. All profiles originally
138 measured temperature by reversing thermometer; some also measured salinity by titration.
139 The section was extended to 14 stations (Table A1, Figure 1) from 1993, by which time,
140 measurements were made electronically by CTD, the instrument that measures continuous
141 profiles of conductivity (and hence salinity), temperature and depth. The data accuracy, their
142 temporal and geographical distribution, and our quality control procedure are described in
143 Appendix A. Figure 2 (a–d) shows mean sections of temperature, salinity, density and
144 geostrophic velocity (referenced to zero at the bottom) for summertime (July–August) 1995–
145 2010, where the date range is chosen for comparison with model means in section 3 below.
146 Figure S2 shows decadal mean property sections spanning 1950–2016, for reference. The
147 temperature section is characterised by a warm surface layer (up to 8 °C) and a subsurface
148 minimum (<0 °C: the CIL) that stretches from the coast (at 0 km on the section) to the shelf
149 edge at ~200 km, while offshore, the water is warmer (3–4°C) and more uniform below the
150 surface. Salinity has a different structure to temperature. Close to the coast, sloping
151 isohalines form a fresher (<32.5), wedge-shaped feature that is thickest next to the coast and
152 tapers offshore. The fresh surface layer (<20 m) reaches as far east as the shelf edge at ~200
153 km from the coast. Over most of the shelf the isohalines are fairly horizontal; salinity
154 increases to 34 at the seafloor. At ~200–250 km a strong salinity front means the isohalines
155 rapidly shoal before flattening at 20–40 m, with typical surface values of 32–33. Salinity is an
156 order of magnitude more important than temperature for the control of density over the

157 Labrador shelf (Figure 2): a temperature range of 6 °C equates to ~0.6 kg m⁻³ in density,
158 while a salinity range of 6 equates to ~5 kg m⁻³ in density. Temperature is still a valuable
159 water mass tracer.

160 The Nucleus for European Modelling of the Ocean (NEMO) is a widely-used framework for
161 oceanographic modelling that performs well in the northern high latitudes: e.g. Jahn et al.
162 (2012), Lique and Steele (2012), Bacon et al. (2014), Marzocchi et al. (2015), Aksenov et al.
163 (2016). NEMO uses the primitive equation model Ocean Parallelisé (OPA 9.1; Madec and
164 the NEMO team 2016) coupled with the Louvain-la-Neuve sea ice model (LIM2; Fichefet
165 and Morales Maqueda 1997). The sea ice model uses Elastic-Viscous-Plastic rheology
166 (Hunke and Dukowicz 1997) with numerical implementation on a C-grid (Bouillon et al.
167 2009). The ocean model is discretised on a tri-polar C-grid with two northern poles (in
168 Siberia and Canada) and the geographical South Pole. Its bathymetry is derived from the
169 ETOPO2v2 global relief Earth Topography (National Geophysical Data Center 2006), with
170 patches from the International Bathymetric Chart of the Arctic Ocean (Jakobsson et al. 2008)
171 in the Arctic. In the deep ocean the model bathymetry utilises the Smith and Sandwell (1997,
172 2004) 1/2 minute-resolution database, which is derived from a combination of satellite
173 altimeter data and shipboard soundings and is continuously updated. For the continental
174 shelves the model bathymetry is updated from the General Bathymetric Chart of the Oceans
175 (e.g. Becker et al. 2009) dataset.

176 The ocean model solves the Navier-Stokes equations using the Boussinesq approximation, in
177 which density is considered constant and is called the reference density (ρ_0), except when
178 solving the hydrostatic balance equation. In the Boussinesq approximation, mass
179 conservation reduces to the incompressibility equation, so that the model conserves volume
180 (considered also as Boussinesq mass, which is a product of volume and ρ_0) rather than mass.

181 The horizontal momentum balance is also approximated with constant ρ_0 . The hydrostatic
182 balance, described by Madec and the NEMO team (2016), uses *in-situ* density in a
183 formulation originally due to Jackett and McDougall (1995).

184 The model configuration used in the present analysis is ORCA0083 with $1/12^\circ$ mean
185 horizontal resolution. NEMO's tripolar grid amplifies resolution in high latitudes, to ca. 5 km
186 in the Labrador Sea (ORCA0083), so that it is eddy-permitting on the Labrador shelves and
187 eddy-resolving in the Labrador Sea (Nurser and Bacon 2014). In the vertical, the model
188 contains 75 levels from the surface to 5900 m, and layers increase in thickness from 1 m at
189 the surface to 204 m at the bottom; 29 levels cover the first 150 m. Partial steps in the model
190 bottom topography are used to improve model approximation of steep seabed relief near
191 continental shelves (Barnier et al. 2006). The ocean free surface is non-linear in ORCA0083
192 (Levier et al. 2007). An iso-neutral Laplacian operator is used for lateral tracer diffusion. A
193 bi-Laplacian horizontal operator is applied for momentum diffusion. A turbulent kinetic
194 energy closure scheme is used for vertical mixing. To address shallow seasonal biases in the
195 mixed layer depth simulations, the turbulent kinetic energy scheme has been modified,
196 accounting for mixing caused by surface wave breaking, Langmuir circulation and mixing
197 below the mixed layer due to internal wave breaking. To improve stability of the temperature
198 and salinity advection, a total variance dissipation advection scheme is implemented in the
199 model; see Madec and NEMO System Team (2016) for details.

200 The ORCA0083 model run starts in 1978 from climatological conditions that combine the
201 World Ocean Atlas (Levitus 1989) with the Polar Hydrographic Climatology (Steele et al.
202 2001), with ocean time step 200 s and atmospheric forcing fields obtained from the
203 DRAKKAR Forcing Set (DFS4.1) reanalysis (Brodeau et al. 2010). The sea surface salinity
204 is relaxed toward the monthly mean from the World Ocean Atlas, which has a resolution of 1°

205 latitude by 1° longitude, and is equivalent to restoring model salinity to observed in the top 50
206 m on a timescale of 180 days. Model output is typically stored as annual, monthly and 5-day
207 means. See Madec and the NEMO team (2016) and Aksenov et al. (2016) for further
208 information.

209 The model circulation in the subpolar North Atlantic was found by Marzocchi et al. (2015) to
210 be consistent with observations and so to be ‘valid and useful’. NEMO exhibits a Labrador
211 Current System in the western Labrador Sea that has a surface signature consistent with
212 satellite altimetry, when viewed both as an annual mean and on shorter timescales (5-day
213 averages; Figure 8 in Marzocchi et al., 2015). NEMO compares favorably with the small
214 number of available observed subsurface velocity sections. For example, the location and
215 speed of the modelled August 2008 Labrador Sea boundary currents were similar to those
216 observed over the same month, and also to a velocity field derived from repeated sections
217 (Hall et al., 2013). The mean total (southward) transport of the model western boundary
218 current was 35-40 Sv, in agreement with sections observed in May 2008 (40 Sv, Hall et al.,
219 2013), August 2014 (42 Sv, Holliday et al., 2018), May 2016 (32 Sv, Holliday et al., 2018)
220 and a mean over 6 sections (33 Sv, Hall et al., 2013).

221 The Montgomery potential is an exact streamfunction for geostrophic flow on surfaces of
222 constant density anomaly, and it conserves linear potential vorticity along those surfaces. The
223 geostrophic flow can be calculated from the lateral gradient of the Montgomery potential in
224 the same way as it can be found from the lateral gradient of pressure on a constant depth
225 surface. For a Boussinesq model such as NEMO, it is necessary to employ "pseudo-potential
226 density" r_B instead of potential density, and we refer to surfaces of constant r_B as "pseudo-
227 isopycnals". Aksenov et al. (2011) explain the adaptation of the Montgomery potential and
228 its projection on to the model’s pseudo-potential density surfaces. We use model (pseudo-)
229 density surfaces to backtrack flows upstream from the Seal Island measurement location in

230 order to visualise flow pathways, and we use the Montgomery potential on those surfaces to
 231 visualise geostrophic currents.

232 Freshwater fluxes (F) are calculated from seawater volume transports (V) using the anomaly
 233 of salinity with respect to a salinity reference value (S_{REF}), $F = V (S - S_{REF})/S_{REF}$. We use
 234 $S_{REF} = 35.0$ for our primary results, which is typical for subarctic regions for the limit of
 235 Atlantic-origin waters (e.g. Dickson et al. 1988, 2007; Holliday et al. 2007). Many
 236 observation-based studies use a representative Arctic salinity (34.8) as a reference, so we also
 237 use the lower value to compare with other studies, as appropriate.

238 The hydrographic data used to calculate the freshwater content (FWC) of the North Atlantic
 239 Ocean is based on the monthly mean objectively-analyzed dataset from the UK Met Office,
 240 EN4v2 (Good et al. 2013), accounting for bias using the correction by Gouretski and
 241 Resghetti (2010). The data are presented on a grid of 1° latitude x 1° longitude, span 1950-
 242 2016, and have been annually averaged before the FWC calculation following the formulation
 243 of Boyer et al. (2007) – see their detailed methods:

$$244 \quad FWC = \int_{z_1}^{z_2} \frac{\rho(T, S, p)}{\rho(T, 0, p)} \cdot \frac{S - S_{REF}}{S_{REF}} dz$$

245 where ρ is the sea-water density calculated through the non-linear equation of state
 246 (McDougall and Barker, 2011) based on EN4v2 temperature (T) and salinity (S); p denotes
 247 pressure that is at the same depth level z , and S_{REF} is the reference salinity as above, 35.0.
 248 The depth integration is over the upper 1000 m: specifically between the top 26 depth levels
 249 of EN4v2, $z_1 = 5$ m and $z_2 = 968$ m of the water column. Grid points with data of fewer than
 250 26 levels (and hence shallower than 968 m) have been masked before calculating FWC.

251 These have been used to produce annual-mean time series of averaged FWC anomaly relative
252 to climatology (1950-2016) in the North Atlantic.

253 **3. Currents off Labrador**

254 In this section, we aim first (section 3a) to establish the utility of the NEMO model. We
255 describe the model representation of the circulation and properties of the deep ocean and shelf
256 waters of the western Labrador Sea from Davis Strait to Newfoundland, and we compare the
257 model first with published measurements and then with our Seal Island data set. We need the
258 model to represent adequately the regional ocean behaviour so that we can use it (first, section
259 3b) to test the separability of the constituent parts of the circulation, which requires us to
260 introduce more efficient terminology, and (second, sections 3c,d) to test the following chain
261 of logic. If the annual mean Arctic freshwater export flux through Davis Strait is preserved
262 southwards to Seal Island; if, then, at Seal Island, the annual mean freshwater flux is
263 systematically related to the summertime mean; if, further, a single section measurement is,
264 within uncertainty, representative of the summertime mean; then a Seal Island section
265 measurement may represent the annual mean Arctic freshwater export flux west of Greenland.
266 We test continuity between Davis Strait and Seal Island for two reasons. The first reason is
267 that Davis Strait is the most convenient location south of the Canadian Arctic Archipelago
268 where all Arctic freshwater exports through the Archipelago are combined. We exclude Fury
269 and Hecla Strait: Tsubouchi et al. (2012) argue that any net throughflow there is very small
270 and much less than measurement uncertainty, as far as can be determined at present. A
271 related reason is that the net freshwater export across the width of Davis Strait, from Baffin
272 Island to Greenland, represents the total Arctic freshwater export through the Archipelago,
273 because there is no northward flow out of the Archipelago into the Arctic. We illustrate this
274 deduction by separating model freshwater fluxes across Davis Strait into three components:

275 upper-west (the Arctic export flow above 200 m), upper-east (the north-going waters above
276 200 m), and deep (the net flow below 200 m), where the depth limit approximates the
277 Labrador shelf depth and the horizontal upper division separates the mean locations of south-
278 going and north-going waters (Figure S3). We then calculate annual mean freshwater fluxes
279 in each of the three boxes, plus the total flux across the strait (Figure S4). The upper-west and
280 net freshwater fluxes through Davis Strait (means 128 ± 20 and 109 ± 26 mSv respectively) are
281 correlated $r = 0.96$, with offset 18 ± 9 mSv (upper-west larger); the other two components are
282 either small (deep segment, 9 ± 1 mSv) or contribute little to the net flux variance (east-upper
283 segment, -27 ± 9 mSv). Since our final results will depend on anomaly fluxes, it makes little
284 difference whether we use Davis Strait net fluxes or those from the upper-west side, which
285 dominates both the magnitude and the variance. Also, ultimately, at Seal Island, we will need
286 to consider the potential separability of the Hudson outflow from the Arctic export flow
287 (sections 3b,e).

288 *a. Comparison of model with measurements*

289 Model mean (1997–2007) surface velocity and salinity, and temperature at 61 m depth
290 (Figure 3) replicate the tripartite structure of the Labrador Current System noted in section 1
291 above, comprising the recirculating part of the West Greenland Current, the southwards
292 continuation of the Baffin Island Current, and the Hudson Bay outflow (Smith, 1937;
293 Kollmeyer et al., 1967). Much of the West Greenland Current follows the 2000 m isobath, as
294 shown by drifters (Cuny et al. 2002). North of Hudson Strait, the Baffin Island Current lies
295 over the 500 m isobath and follows the same trajectories in the model as measured by floats
296 (LeBlond et al., 1981). Examining the box $66\text{--}60^\circ\text{W}$, $60\text{--}63^\circ\text{N}$ in LeBlond et al. (1981, their
297 Figure 4, our Figure 3), we see (i) the same near-southward pathway around 61°W , (ii) the
298 same "C-shaped" diversion towards the mouth of Hudson Strait, and (iii) between $68\text{--}65^\circ\text{W}$,

299 the same short loop into the mouth of Hudson Strait north of Ungava Bay (Figure 3, Figure
300 S5).

301 South of Hudson Strait the continuation of the Baffin Island Current joins the recirculating
302 part of the West Greenland Current to form the Labrador Current. Lazier and Wright (1993)
303 estimated that the Labrador Current transported 11.0 Sv southwards off south-east Labrador,
304 based on an August 1988 CTD section initially referenced to a level of no motion at the
305 seafloor on the shelf and at 1500 db on the slope, then adding a barotropic correction mainly
306 derived from year-long current meter records. Despite the significant time difference, our
307 model is consistent with that estimate, giving 11.0 Sv when the same reference levels are
308 used. Transport accumulated from the outer slope to the coast, using the specifications of
309 Lazier and Wright (1993), is in close agreement with their measurements (Figure 4a, and their
310 Figure 7b).

311 The large catchment area surrounding Hudson Bay supports a fresh outflow to the Labrador
312 Shelf through and on the south side of Hudson Strait, with surface salinities below 30, inshore
313 of the 150 m isobath (Figure 3; Smith et al. 1937; Kollmeyer et al. 1967; Drinkwater 1986).
314 Our model east-going (net) outflow of 1.09 (0.13) Sv for August 2004 to August 2005 agrees
315 with the 1.0-1.2 (~0.1) Sv outflows of Straneo and Saucier (2008) for the same period. Also
316 Drinkwater (1988) find the net outflow to be ~0.1 Sv, using information from a variety of
317 sources. The model net mean (1997-2007) outflow is 0.11 Sv.

318 We compare the model with Seal Island section measurements during summertime 1995–
319 2010 (Figure 2). In temperature (Figure 2a,e), considering the 0 °C isotherm, the model CIL
320 is present and has similar lateral extent to the measurements, reaching 170-180 km offshore,
321 while the model CIL is thinner in the vertical than the measurements (~80 m vs. ~120 m
322 respectively). In salinity (Figure 2b,f), model and measurements are very similar: the

323 shallow isohaline 32.0 is at ~20 m depth in both; the deeper isohaline 34.0 is at 180-200 m
324 depth in both. The fresh coastal wedge of the Hudson Bay outflow is clear, as are the higher
325 offshore salinities of the recirculating West Greenland Current component. Realistic
326 modelled densities (Figure 2c,g) follow from realistic salinities. The two fronts separating the
327 three elements of the current system are seen in the regions of steep density gradient, and
328 result in two surface-intensified velocity jets (Figure 2d,h). Modelled horizontal density
329 gradients are slightly higher than measured so that modelled geostrophic velocities (both
330 referenced to zero at the bottom) are also higher than measured. For instance, the measured
331 peak inshore jet velocity is $\sim 25 \text{ cm s}^{-1}$ while the modelled equivalent is $\sim 35 \text{ cm s}^{-1}$. We
332 conclude that the model represents the measured regional features to a sufficiently close
333 approximation, so that we can use the model as required.

334 *b. Sources, pathways and dynamics of the Labrador Current System*

335 We next use the model to track back upstream from the Seal Island section to determine
336 whether the Baffin Island Current, the Hudson Outflow and the recirculating West Greenland
337 Current remain distinct within the Labrador Current System. At this point, we introduce some
338 new water mass terminology. The Arctic-sourced waters of the Labrador Current System that
339 derive from the Baffin Island Current we now call the Arctic Labrador Current water (LC-
340 Arctic), and the part that comprises recirculating Subpolar North Atlantic water from the West
341 Greenland Current we call the Atlantic Labrador Current water (LC-Atlantic).

342 In the model 1997-2007 mean, the three water masses – Hudson outflow, LC-Arctic and LC-
343 Atlantic waters – are separated at the Seal Island section location by pseudo-isopycnals 25.2
344 and 26.9 kg m^{-3} (Figure 2e-h). Figure 5 shows two model mean pseudo-isopycnal surfaces, r_B
345 = 25.0 and 26.5 kg m^{-3} ; where they exist is coloured, where they do not exist is grey. The
346 two plotted surfaces are close to, but lighter than, the separating densities, so that they

347 represent the spatial extent of the Hudson outflow (25.0 kg m^{-3}) and LC-Arctic waters (26.5
348 kg m^{-3}). Plotted on each surface is Montgomery potential and temperature. The Montgomery
349 streamlines (Figure 5a,c) show that the Labrador Current System components follow the same
350 pathways inferred from the surface maps of salinity and velocity (Figure 3). The Baffin
351 Island Current (LC-Arctic) carries Arctic-sourced water (Ingram and Prinsenber, 1998;
352 Tang et al., 2004), as illustrated by the continuity of the majority of the Montgomery
353 streamlines between Davis Strait and the Labrador shelf (Figure 5c), and by the sub-zero
354 temperatures on $\sigma_B = 26.5 \text{ kg m}^{-3}$ (Figure 5d). The LC-Arctic water warms on the way south,
355 but remains $<0 \text{ }^\circ\text{C}$ over most of the Labrador shelf.

356 The LC-Arctic velocity structure is mainly baroclinic, presenting strong vertical shear with
357 low ($<10 \text{ cm s}^{-1}$) bottom velocities, whereas the LC-Atlantic is more barotropic, with higher
358 velocities reaching deeper into the water column and the bottom of the slope (cf. Lazier and
359 Wright 1993). To illustrate this, we calculate the ratio of the bottom velocity to the surface
360 velocity across the model section. Figure 4 shows the absolute velocity at the Seal Island
361 section, the mean offshore limit of the LC-Arctic waters, and the velocity ratio. Across the
362 shelf, this ratio is $<25\%$ (more baroclinic), increasing across the shelf slope and through the
363 core of the recirculating Atlantic waters (LC-Atlantic) to $\sim 50\%$ (more barotropic). Figure 2
364 shows the surface positions of the centres of the model fronts.

365 We turn next to the presence and influence of the Hudson Bay outflow. The Hudson Bay
366 outflow is represented by the surface $\sigma_B = 25.0$, where the temperature is $\sim 1 \text{ }^\circ\text{C}$ warmer than
367 the LC-Arctic waters (Figure 5a,b). Between the coast and this surface, all the streamlines
368 exit the southern part of Hudson Strait; therefore the waters originate only from Hudson Bay,
369 via the Strait. The streamlines remain tightly constrained to the coast along the Labrador
370 shelf and beyond the Seal Island section, as is also shown by dynamic height derived from
371 early (1928) cross-shelf sections (Smith et al. 1937, their Figure 122). Therefore this is an

372 inshore jet with behaviour consistent with that of a buoyant coastal current, as noted for the
373 Hudson Strait outflow by Straneo and Saucier (2008), and as seen in comparable systems
374 such as the East Greenland Coastal Current (Bacon et al. 2002, 2014) and the Norwegian
375 Coastal Current (Skagseth et al. 2011). In this case, the excess buoyancy is provided by the
376 freshwater input to Hudson Bay from its surrounding catchment. Scientists familiar with the
377 region call this jet the "inshore branch of the Labrador Current" (e.g. Lazier and Wright 1998,
378 Colbourne 2004). However, we prefer here to recognise that the jet is a geographically and
379 dynamically distinct entity, and we refer to it subsequently as the Labrador Coastal Current
380 (LCC).

381 To summarise, we decompose the Labrador Current System into three water masses, Hudson
382 outflow, LC-Arctic and LC-Atlantic waters. They meet at two fronts that form the centre of
383 the LCC (Hudson outflow and LC-Arctic waters) and the western edge of the Labrador
384 Current (LC-Arctic and LC-Atlantic waters). Their characteristics remain distinct at the Seal
385 Island section, where the Arctic water fills the shelf between the two fronts, and the CIL lies
386 between the two density surfaces (Figure 2). However, the results to this point do not address
387 the possibility of exchange (i.e. mixing) between the three components of the Labrador
388 Current System, which we consider next.

389 *c. Freshwater transports and continuity*

390 We next compare the NEMO freshwater transports of the Labrador Current System
391 components at the Seal Island section to their source transports, to gain more evidence of their
392 origin, and to quantify how well those source transports are preserved downstream. We
393 examine three locations: the Seal Island transect, the Hudson Strait opening, and Davis Strait
394 (Figure 1).

395 In Hudson and Davis Straits, net freshwater export is straightforward to compute from the
396 model as coast-to-coast transects, because Hudson Bay is an enclosed basin apart from Fury
397 and Hecla Strait, excluded for the reasons stated above, and because Davis Strait collects all
398 Arctic outflows through the Canadian Arctic Archipelago, where there is no northward /
399 poleward imports from the south, through the Archipelago and into the high Arctic Ocean:
400 the West Greenland Current recirculates within Baffin Bay and the small southern basins of
401 Nares Strait. The Seal Island section terminates in the open ocean, so we distinguish between
402 the Hudson outflow, LC-Arctic, and LC-Atlantic waters as follows. The delimiting pseudo-
403 isopycnals vary with time, so they are computed for each model time step. For the coastal
404 front where the Hudson outflow and LC-Arctic waters meet, we find the location of
405 maximum surface velocity. For the shelf edge front, where the LC-Arctic and LC-Atlantic
406 waters meet, we find the maximum near-surface density gradient at the shelf edge; velocity is
407 not unambiguous, because the LC-Atlantic (further offshore) presents lower density gradients
408 but higher velocities. Therefore we select the frontal density at 25 m depth, below the
409 seasonal thermocline, to avoid bias from summer surface warming; see Figure 2. Figure 6
410 shows the model monthly and annual mean freshwater transports between 1995–2010 as time
411 series and seasonal cycles, to compare (i) the Hudson outflow at Seal Island and the Hudson
412 Strait exit, and (ii) the LC-Arctic water at Seal Island and at Davis Strait. Annual means at
413 Davis Strait are calculated January–December, and at Seal Island, with a 2-month lag, March–
414 February.

415 The long-term model mean (1995–2010) freshwater transports at the Seal Island section of the
416 Hudson outflow (45 mSv) and LC-Arctic (112 mSv) waters agree with their respective
417 sources, the Hudson Strait outflow (43 mSv) and the Davis Strait transport (109 mSv), and
418 they also agree reasonably with the 41 and 130 mSv calculated by Mertz et al. (1993), who
419 use the same data as Lazier and Wright (1993). Comparison of the model annual mean

420 freshwater fluxes at Davis Strait and Seal Island (Figure 6) provides further evidence of
421 continuity (Figure S6). The correlation between the two time series is very high ($r = 0.95$).
422 As a point of interest, we observe that modelled freshwater fluxes at Seal Island are highly-
423 dependent on seawater volume transport (and therefore velocity), while there is no systematic
424 dependence on salinity (Figure S7).

425 Two other subsidiary sources of freshwater are quantified as follows. First, surface
426 freshwater flux resulting from model surface salinity relaxation. The shelf between Hudson
427 Strait and Seal Island has length ca. 800 km and width ca. 150 km, for area $1.2 \times 10^{11} \text{ m}^2$; the
428 surface mass flux over the shelf due to salinity restoration is ca. $3 \times 10^{-5} \text{ kg m}^{-2} \text{ s}^{-1}$ (not
429 shown), for a total mass flux of $4 \times 10^6 \text{ kg s}^{-1}$, equivalent to a freshwater volume flux (out of
430 the ocean) of 4 mSv. Second, surface freshwater flux resulting from the net of precipitation
431 over evaporation (net P–E). With the same shelf area and annual net P–E of 1 m yr^{-1} (e.g.
432 Josey & Marsh 2005), equivalent to $3 \times 10^{-8} \text{ m s}^{-1}$, for a net freshwater flux (into the ocean)
433 over the shelf of 4 mSv. These subsidiary sources are negligible.

434 Howatt et al. (2018) analyse Ekman and eddy exchange of freshwater across the Labrador
435 shelf break. Working a little south of Seal Island, they diagnose the freshwater transport from
436 the shelf to the deep basins as just a few mSv. As part of their analysis, they estimate the
437 corresponding upper-ocean horizontal diffusivity as $k_h \sim 100 \text{ m}^2/\text{s}$. With a shelf width W
438 $\sim 200 \text{ km}$, the approximate timescale for eddies to transport water across the width of the shelf
439 is $W^2/k_h = 4 \times 10^8 \text{ s}$, or >10 years. The transit time down the shelf between Davis Strait,
440 Hudson Strait and Seal Island is a few months, so that there is little impact on freshwater
441 fluxes on the shelf by exchanges between on-shelf and deeper waters.

442 This evidence of continuity means that there is no significant loss offshore of on-shelf
443 freshwater, nor is the on-shelf freshwater flux significantly impacted by on-shelf transport of
444 offshore saline waters.

445 Benetti et al. (2017) show that the coastal wedge of freshwater (the Hudson outflow) contains
446 the signature of meteoric water (precipitation and riverine inputs) that is not present elsewhere
447 on the shelf, and which is found, from physical and geochemical characteristics, to originate
448 mainly from Hudson Bay. They also conclude that the mid-shelf water (our LC-Arctic water)
449 is of Arctic origin, having passed through Davis Strait, in contrast to the West Greenland
450 Current-sourced water (our LC-Atlantic) over the slope and the outer shelf. This is consistent
451 with our results.

452 We conclude that both freshwater export fluxes – the Arctic flux from Davis Strait and the
453 Hudson outflow – can be calculated at the Seal Island section.

454 *d. Summertime representativeness*

455 We have determined (section 3 above) that freshwater fluxes are preserved between the choke
456 points of Davis and Hudson Straits and the Seal Island section measurement location. We
457 now wish to determine from the model the extent to which single, summertime section
458 occupations may be representative of longer-term variability. We assume that a model 5-day
459 mean is representative of a typical expedition timescale, and that we can then estimate the
460 uncertainty inherent in a single section measurement by calculating the uncertainty of all 5-
461 day means within a specified "summertime" period.

462 We consider here the Arctic (LC-Arctic) freshwater flux; consideration of the Hudson
463 outflow will follow in section 4. We inspect the 1/12° NEMO model by comparing the
464 annual mean (January-December) freshwater fluxes with the summertime (July-August) mean

465 (Figure S8). The summertime mean was constructed from 12 sequential 5-day means
466 spanning July-August. The start month for the annual means (January) was chosen as
467 showing the highest correlation ($r=0.89$) between summertime and all 12 possible versions of
468 annual means. Mean summertime freshwater fluxes (99 mSv) are weaker than mean annual
469 fluxes (116 mSv); the offset is 17 ± 14 mSv (1 sd), likely reflecting seasonal variability in sea
470 ice export and wind velocity.

471 To assess the representativeness of the two-month summertime means in comparison with
472 typical section measurement durations, we next inspect the variability of model 5-day mean
473 freshwater fluxes within the summertime means. For the $1/12^\circ$ model, the summertime
474 standard deviation is 17 mSv, for a total (root-sum-square) uncertainty, including the summer-
475 to-annual offset, of 22 mSv. This quantification of mean offset and uncertainty between
476 freshwater fluxes calculated on a summertime "expedition" timescale (the model 5-day mean)
477 and the annual mean will be used in the measurement context in the next section.

478 **4. Seal Island freshwater fluxes**

479 In this section, we first calculate freshwater fluxes from the Seal Island section measurements
480 separately for Hudson outflow and LC-Arctic waters. Then we compare these fluxes with
481 other metrics – both to explore the implications of the new information, and also as a
482 consistency check, to confront our new freshwater flux estimates with related but independent
483 quantities. For context, we provide in Table 1 summertime (1995-2010) seawater transport
484 statistics for measurements and models and for both Hudson outflow and LC-Arctic waters,
485 showing that the mean transport for the Hudson outflow is $\sim 0.3 \pm 0.1$ Sv and for the LC-Arctic
486 waters is $\sim 1.1 \pm 0.3$ Sv. There is a strong implication that the (constant) transport offset
487 provided by the NEMO bottom velocities is an over-estimate; however, it does not affect our
488 assessment of variability.

489 *a. Seal Island freshwater flux calculation*

490 In section 3, we showed (i) that freshwater fluxes from the Davis and Hudson Straits were
491 adequately preserved at the Seal Island section location, and (ii) that section occupations are
492 representative of the year in which they were made. We now turn to the Seal Island section
493 measurements, and describe how we calculate the Hudson outflow and LC-Arctic freshwater
494 flux time series.

495 To identify two density surfaces to separate the two export fluxes, we approach the
496 measurement calculation differently from the model, because we lack measurements of
497 absolute velocity, and because the measurements' horizontal resolution is generally lower than
498 the models'. We revert to the original definitions of the temperature-delimited CIL, and apply
499 those limits ($-1, 0, 1$ °C) in temperature-salinity (θ - S) phase space. Figure S9 shows θ - S
500 diagrams for the whole data set and for each decade. For each occupation of the section, we
501 obtain maximum and minimum densities at each CIL limit temperature, separating Hudson
502 outflow and LC-Arctic from LC-Atlantic waters. The resulting density surfaces are illustrated
503 in Figure 2. We calculate geostrophic velocities referenced to zero velocity at the bottom.
504 For scaling and illustration, we then add a barotropic velocity correction using the NEMO
505 $1/12^\circ$ summertime (July-August) 1995-2010 mean of the bottom velocity at each station pair
506 location (see Figure 4). These barotropic velocities are fixed: we do not attempt to include
507 model temporal variability. However, the freshwater flux uncertainties that result from their
508 variability are low, at 1-2 mSv (1 sd). They add 24 mSv to the Hudson outflow and 54 mSv
509 to the LC-Arctic freshwater fluxes.

510 *b. Labrador Coastal Current and Hudson Bay*

511 If Hudson Bay only received freshwater from runoff, it would be a freshwater lake. It is
512 saline because it also receives seawater from the Arctic. So, before turning to Hudson

513 outflow freshwater fluxes, we examine Hudson Strait and Bay (excluding Fury and Hecla
514 Strait; section 3). The Hudson Bay salinity import arises from the part of the Davis Strait
515 export that enters via the north side of Hudson Strait from the east; cf. Figure 5c, nearshore
516 streamlines on $r_B = 26.5 \text{ kg m}^{-3}$. We now examine the impact of this 'diversion' of Arctic
517 freshwater exports, because it must eventually emerge again in the Hudson outflow.

518 The $1/12^\circ$ NEMO model shows that Hudson Strait supports bi-directional flow, with the north
519 side westward, supplied by the Davis Strait outflow, and south side eastward, forming the
520 Hudson outflow (figure S5, Figure 5), which is possible because the deformation radius of 5-7
521 km (Nurser and Bacon 2014) is much lower than the strait width, *ca.* 100 km. The apparent
522 magnitude of the countervailing transports reduces westwards, from *ca.* 0.5 Sv (east end) to
523 0.2 Sv (west end) through cross-strait exchanges modulated by recirculations. Relevant
524 timescales will therefore vary widely: for Hudson Bay, with volume $\sim 10^{14} \text{ m}^3$ (Jakobsson
525 2002) and seawater import 0.5 (0.2) Sv, the mean residence time is ~ 7 (25) years; for the
526 short "loop" from the Strait's eastern entrance to north of Ungava Bay, the advection
527 timescale is a few months. Nevertheless, we can simply estimate the freshwater 'diversion'
528 rate. The Davis Strait salinity near the west side is ~ 32.5 (Curry et al. 2014), so with $S_{REF} =$
529 35.0 and mean seawater flux 0.5 (0.2) Sv, the associated freshwater flux is ~ 35 (14) mSv.
530 Given the range of time lags between entry and exit, we do not attempt further refinement, but
531 treat this as an offset included in the Hudson outflow as part of the Arctic freshwater export
532 flux.

533 Turning now to the Hudson outflow, we have its freshwater flux time series (Figure 7a),
534 calculated as in section 3. We expect its freshwater burden mainly to comprise (i) the
535 'diversion' flux described above, and (ii) river and other terrestrial runoff from the Hudson
536 Bay catchment and the coast up to the Seal Island section. We note first the similarity
537 between the early 1990s Hudson outflow freshwater flux minimum and a parallel minimum in

538 Hudson Bay runoff (Déry et al. 2005, their Figure 6), so we compare the Hudson outflow time
539 series at Seal Island with the multi-decadal time series of annual mean regional runoff
540 volumes (Déry et al. 2016). Dividing the catchment into four regions – the Labrador Coast,
541 Hudson Strait (including Ungava Bay), and eastern and western Hudson (including James)
542 Bay (see Déry et al. 2016, their Figure 1) – their mean annual river runoff rates were
543 (respectively) 77, 114, 202 and 323 km³/yr, for a total ~700 km³/yr, or ~25 mSv. We expected
544 to see reducing (lagged) correlations between the two with increasing distance from Seal
545 Island, which is what we find: maximum correlations (with lag) between the four regions and
546 the Seal Island Hudson outflow were (respectively) $r = 0.45$ (1 yr), 0.45 (2 yr), 0.14 (3 yr),
547 0.29 (3 yr). The four regional runoff fluxes are summed using those lags and shown in Figure
548 7b; the overall correlation between this new runoff total and the Hudson outflow is $r = 0.48$
549 (see also Figure S10). There is an interesting preservation of the river runoff signal out of
550 Hudson Bay and down the Labrador coast, therefore, with the magnitude of the runoff signal
551 mainly determined by the two largest sources, and the variability mainly determined by the
552 two smallest ones – and those smallest ones are closest to the Seal Island section.

553 The mean Hudson outflow and runoff freshwater fluxes are 57 and 23 mSv respectively
554 (Figure 7), and the difference between them 34 mSv, nearly the same as the 35 mSv
555 'diversion' flux obtained above. Using the linear regression of Hudson outflow on total runoff
556 freshwater fluxes, we also find that for zero runoff, the Hudson outflow freshwater flux is 47
557 mSv, which is an independent estimate of the 'diversion' flux, but is more uncertain. A more
558 sophisticated analysis would include runoff seasonality and Hudson Bay and Strait dynamics
559 and timescales, but this is beyond the present scope.

560 We also speculate on the nature of the warm and fresh summertime "cap" over the CIL.
561 Myers et al. (1990) attribute it to summertime sea ice melt, but there could also be a
562 contribution from seasonal relaxation (horizontal "slumping") of the LCC isopycnals, causing

563 Hudson outflow waters to spread offshore, as seen in the East Greenland Coastal Current
564 (Bacon et al. 2014).

565 *c. Arctic freshwater exports (LC-Arctic waters)*

566 The LC-Arctic freshwater flux time series for 1950–2016, using the 0 °C definition of the
567 CIL, is shown in Figure 8a, and its uncertainty resulting from use of the three CIL definitions
568 is shown as anomalies about the record means in Figure 8b. The average LC-Arctic
569 freshwater transports for the whole time series (1950-2016) for CIL definitions –1, 0 and 1 °C
570 are 99, 137 and 162 mSv (respectively), which all include 54 mSv from the (constant)
571 barotropic offset (section 4a), but do not include either the summer-to-annual offset of ca. 22
572 mSv (section 3d) or the 'diversion' flux of 35 mSv (section 4b); therefore the long-term
573 annual mean could be as high as 194 mSv (for the 0 °C version). The different CIL-derived
574 definitions have little impact on the anomaly timeseries (Figure 8b) because the lower-density
575 surface (depths shallower than ~50 m) occurs where the stratification is stronger and
576 velocities higher, so its depth varies little, while the depth range of the higher-density surface
577 is expanded by ~100 m, but both stratification and velocities are weaker there (Figure 2). The
578 resulting uncertainty is 8 mSv (1 sd).

579 The equivalent quantity to LC-Arctic water in Curry et al. (2014) is their Arctic Water,
580 defined with temperature <2 °C and salinity <33.7, measured between October 2004 and
581 September 2010, and they plot its freshwater transport by month (their figure 9), but do not
582 calculate its mean, which we estimate to be ~90-100 mSv, and to which we add their sea ice
583 transport of 10 mSv, for total of 100-110 mSv. Our estimate for the same period and $S_{REF} =$
584 34.8 is 68 mSv (76 mSv, $S_{REF} = 35.0$); adding 57 mSv for the two offsets (as above) brings
585 our total to 125 mSv, in reasonable agreement with Curry et al. (2014); but this does indicate

586 that our analysis is robust, given that none of the three offsets (barotropic, summer-to-annual
587 and 'diversion') contains variability.

588 We cannot be certain that the apparent interannual variability in the LC-Arctic freshwater flux
589 (Figure 8) is real, given the pointwise uncertainty of ~ 20 mSv (section 3d), our lack of
590 knowledge of the 'diversion' uncertainty, and the very low apparent uncertainty of the
591 barotropic offset. However, one individual instance is probably real: the very high
592 freshwater flux in 1972 (226 mSv), which resulted from an unprecedented quantity of very
593 cold intermediate water (Templeman 1975), later interpreted as the Great Salinity Anomaly
594 reaching the region (Dickson et al. 1988). However, clear long-term (multi-annual to
595 decadal) variability, amplitude ~ 30 mSv, emerges from the smoothed time series (Figure 8, 7-
596 year running mean), with high freshwater transports during the 1950s and 1970s–80s, and low
597 transports in the 1960s, and from the mid-1990s to the present, reflected in the decadal-scale
598 expansion and contraction of the CIL (Figure S2). If we assume (conservatively) the total
599 uncertainty of the barotropic and 'diversion' fluxes to be 50% of the mean (57 mSv), therefore
600 29 mSv, and we add that (root-sum-square) to the ~ 20 mSv pointwise uncertainty, the total is
601 35 mSv, and its filtered standard error ($n=7$) is then 13 mSv; then the long-term variability is
602 likely real. We see then that the Curry et al. (2014) 2005-10 measurements were made during
603 a sustained period of low freshwater export. They also calculate freshwater fluxes for
604 (geographically more limited) measurements made in Davis Strait 1987-90, and find
605 significantly higher values – by $\sim 40\%$ – for which our new results provide clear context and
606 support.

607 We have addressed above the various offsets that contribute to the total freshwater flux in
608 order to identify and quantify the main processes that contribute to the total. Various
609 approaches to determining the net Arctic surface freshwater flux have settled on a mean value
610 of order 200 mSv, whether from data compendia (Haine et al. 2015), high-resolution ice-

611 ocean models (Bacon et al. 2015), or an annual mean derived from monthly synoptic
612 measurements (Tsubouchi et al. 2018). Given that we expect (approximately) half that total
613 to emerge through Fram Strait (de Steur et al. 2009, Spreen et al. 2009), our model-derived
614 freshwater flux offsets must be quantitatively suspect (i.e over-estimates), but with the lack of
615 long-term measurements of absolute velocities at the Seal Island section, we recognise that we
616 cannot yet substantively address their variability.

617 However, the flux anomalies (Figure 8b) are derived purely from measurements and are a
618 quantitative reflection of Arctic freshwater export variability west of Greenland, so we next
619 compare the three versions (based on -1 , 0 1 °C CIL definitions) of the anomaly fluxes and
620 confront them, and their cumulative freshwater volumes, with long-term freshwater storage
621 measurements in the Arctic and Subpolar North Atlantic Oceans (Figure 9). We note first that
622 there is little difference between the cumulative freshwater volumes derived from the 0 and 1
623 °C CIL definitions but that the -1 °C version is biased high. In all three cases, the lower the
624 defining temperature, the lower the enclosed area and the lower the seawater and freshwater
625 transports but the higher their variability as the shape enclosed becomes more complex (e.g.
626 Figure S2).

627 We now compare Arctic freshwater storage changes (Polyakov et al. 2013) to the (smoothed)
628 Seal Island Arctic freshwater transports (Figure 9). Long periods of high freshwater transport
629 precede long periods of low freshwater storage, with the highest correlation ($r = -0.73$) at 6-7
630 years lag. Cumulative Seal Island freshwater volumes (Figures 9 and S11) are weakly
631 correlated ($r = -0.35$) with, and precede, the same Arctic freshwater storage changes, at 7-8
632 years lag. A consistent interpretation (phrased colloquially) is that when atmospheric
633 dynamics 'open the gates', seawater is released from the Arctic, likely via both routes (west
634 and east of Greenland), but it takes some time (~ 7 years) for the drawdown to impact on
635 Arctic freshwater storage – meaning to travel from the source region (the Beaufort Gyre) to

636 the Atlantic and Nordic Seas. The 'choice' of two routes means that while rates from the
637 western route correlate well with storage, the allied volumes correlate less well. This may be
638 consistent with the analysis of Lique et al. (2009); testing of this supposition urgently
639 requires a long and consistent time series of solid and liquid freshwater exports from Fram
640 Strait.

641 Accumulating the Seal Island freshwater export anomaly generates a time series of
642 cumulative freshwater volume that agrees closely with North Atlantic freshwater storage in
643 both amplitude and phase (Figure S11); see Peterson et al. (2006), whose domain comprises
644 the Nordic Seas, the subpolar North Atlantic and the subtropical North Atlantic deeper than
645 1500 m. This is surprising, given the expected (if unquantified) contribution to total
646 freshwater export variability from Fram Strait. We note that Fram Strait lies some distance
647 from the North Atlantic proper, with the Nordic Seas buffering the freshwater export.
648 Between Fram and Denmark Straits, the Jan Mayen and East Iceland Currents (e.g Rudels et
649 al. 2002, Macrander et al. 2014) remove portions of the East Greenland Current which then
650 recirculate within the Nordic Seas. Then the source variability of their freshwater transports
651 may be obscured by surface buoyancy fluxes and by horizontal and vertical mixing imposed
652 on long timescales, perhaps resulting in local, shorter-term variability dominating eventual
653 freshwater export from the Nordic Seas into the North Atlantic. This raises questions about
654 the role of other contributions to the regional freshwater content variability, including surface
655 fluxes and ocean sources from the south.

656 Pursuing this line of enquiry further, we investigate a simpler metric than that of Peterson et
657 al. (2006) by inspecting changes in freshwater content in the Subpolar North Atlantic (Figure
658 9), which show surprisingly high correlation with our Arctic freshwater export flux anomalies
659 ($r = 0.81$ at 2 years' lag). Correlation is not causation, however. Differentiating (with respect
660 to time) the sub-polar North Atlantic freshwater content anomalies, to generate an annual time

661 series of equivalent freshwater fluxes, produces a standard deviation of 52 mSv, which is
662 nearly double our observed Arctic freshwater export value. This raises two possible
663 approaches to explanation: that other freshwater flux inputs to and outputs from the sub-polar
664 North Atlantic are (1) "flat" (i.e. invariant, or otherwise weakly varying), so that they are
665 largely absent when considering anomalies; and / or (2) also correlated in a similar manner,
666 so that they reinforce the changes brought about by the Seal Island Arctic freshwater
667 transport, to generate the observed sub-polar North Atlantic freshwater content variability.
668 Evidence to support the second option is given by Boyer et al. (2007), who show the
669 variability (annual, 1955-2005; their figure 5) in the anomaly of precipitation minus
670 evaporation (P-E) over the sub-polar North Atlantic, with a range of $\pm 3000 \text{ km}^3$, and a
671 positive correlation ($r = 0.68$) with regional freshwater content. These correlations implicate
672 large-scale (Arctic / North Atlantic) atmospheric as well as oceanic processes, but again, more
673 research is needed.

674 **5. Conclusions and future prospects**

675 We have used a 7-decade-long time series of hydrographic observations on the Labrador shelf
676 to generate a new, annually-resolved record of ocean freshwater transports, and particularly
677 transport anomalies, west of Greenland. With support from high-resolution model runs, we
678 identify the three components of the Labrador Current System, so that we can first exclude the
679 offshore, recirculating component from the North Atlantic Subpolar Gyre. We then inspect
680 the Labrador Coastal Current and demonstrate the Hudson outflow waters' direct link to
681 Hudson Bay river runoff. Finally we isolate the central component and show that it is (much
682 of) the Arctic freshwater export west of Greenland, with the remainder experiencing diversion
683 via Hudson Bay. The new time series of Arctic freshwater transports shows high export rates
684 during the 1950s and 1970s–80s, and low rates in the 1960s, and from the mid-1990s to 2016.
685 This record correlates interestingly with records of freshwater storage of similar duration for

686 the Arctic and North Atlantic Oceans, which supports, qualitatively and quantitatively, the
687 realism of our new record.

688 Our results also point towards further research requirements. First, it is clear that generation
689 of a long and consistent record of solid and liquid freshwater fluxes in both Fram and Davis
690 Straits is urgently needed, so that we may better understand what controls relative variability
691 in the two Arctic Ocean freshwater export routes east and west of Greenland. Second, better
692 understanding is needed of the physical mechanisms that not only govern storage and release
693 of freshwater within the Arctic, but also control the promotion and restraint of the transfer of
694 freshwater from the Arctic Ocean to the receiving basins (the North Atlantic and Nordic
695 Seas), and further (perhaps), the buffering of the freshwater export variability, particularly by
696 the Nordic Seas. Third, we infer an atmospheric connection between Arctic Ocean freshwater
697 storage and North Atlantic P–E, which is obscure to us at present, but given the large regional
698 scale of coherent patterns of atmospheric variability such as the Arctic Oscillation (Thompson
699 and Wallace 1998), not implausible. Fourth, better appreciation of circulation, storage and
700 timescales in Hudson Bay would likely improve the link between the catchment runoff and its
701 manifestation as part of the LCC along the Labrador shelf (cf. Ridenour et al. 2019); the
702 potential exists for the Hudson outflow to act as a "continent-scale rain gauge".

703 Fifth, there is the evident importance of the absolute circulation on the Labrador shelf. It
704 supports about half of the total Arctic freshwater export into the North Atlantic as well as the
705 runoff from the Hudson Bay catchment. To simplify the problem and for consistency, we
706 have concentrated on Seal Island summertime measurements, but there remains an
707 unexploited archive of hydrographic measurements on the Seal Island section and elsewhere
708 on the east Canadian shelf covering many years and made at different times of year, which
709 would help to elucidate the seasonal cycle. We urgently require better knowledge and
710 understanding of absolute seawater and freshwater transports and of local and remote

711 mechanisms controlling their variability here, which would likely increase the accuracy
712 (reduce the uncertainty) of our freshwater transport records. This would also be of use to the
713 Overturning in the Subpolar North Atlantic Program (OSNAP; Lozier et al. 2017, 2019),
714 which aims to monitor the mass, heat and freshwater fluxes between Greenland, Canada and
715 Scotland. Its western terminus is at *ca.* 53 °N, comprising deep-water and shelf-break
716 moorings that do not extend across the shelf. We only presently have snapshots of the
717 absolute shelf circulation (e.g Holliday et al. 2018), so the first requirement here is direct
718 (measured) knowledge of the ice and ocean seasonal cycle in terms of (spatially-resolved)
719 currents, salinities and temperatures. Ideally, technology will permit continuous monitoring
720 of the on-shelf property transports in this difficult location.

721 To conclude, we offer some thoughts about our (conventional) approach to freshwater flux
722 calculation. Bacon et al. (2015) develop a new freshwater flux framework starting from the
723 perception that the only unique and non-arbitrary ocean freshwater flux is the surface flux (P–
724 E plus runoff). Using the control volume approach and allowing variability in surface
725 freshwater fluxes and in (ice and ocean) boundary fluxes and storage of mass and salinity, a
726 surface freshwater flux expression results that is similar to the conventional oceanic one (as in
727 section 2), but with the reference salinity replaced by the ice and ocean mean salinity around
728 the ocean boundary of the control volume. This has the uncomfortable consequence that the
729 boundary mean salinity can vary with time. However, it also allows for unambiguous
730 interpretation: the surface freshwater flux (in the Arctic case) dilutes the ocean inflows to
731 become the outflows. A further refinement is given in Carmack et al. (2016, Appendix A):
732 the surface freshwater flux combines with the low salinity of the Bering Strait inflow to the
733 Arctic to dilute the inflowing Atlantic-origin waters to become the outflows. This is relevant
734 to the present Labrador case because the control volume can be defined as the ocean within
735 (poleward of) the boundary of the OSNAP section (Canada to Greenland to Scotland) plus

736 Bering Strait, for which the boundary mean salinity is ~35 – hence our choice of reference
737 salinity. However, Schauer and Losch (2019), entitled "freshwater in the ocean is not a useful
738 parameter in climate research", offer a radically different view: noting that freshwater
739 fractions are arbitrary, they recommend using instead the salinity budget. Both of these
740 approaches are demonstrably true and ought, therefore, to be compatible. The old subjects of
741 ocean freshwater fluxes and/or salinity fluxes still require development.

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750 and Oceans Canada Atlantic Zone Monitoring Program, www.meds-sdmm.dfo-mpo.gc.ca;
751 ETOPO2v2, www.ngdc.noaa.gov/mgg/global/etopo2.html; the General Bathymetric Chart of
752 the Oceans (GEBCO), www.gebco.net; and EN4, <https://www.metoffice.gov.uk/hadobs/en4/>.

753 **Appendix A:** Seal Island Section data characteristics and quality control.

754 The earliest measurements (accuracy) used bottles with reversing thermometers (0.02 °C);
755 electronic bathythermographs were introduced in the 1960s (0.2 °C), and CTDs in the late
756 1970s (0.005 °C). Salinity accuracy improved from 0.02 for bottle titrations to 0.005 for CTD
757 measurements (Colbourne et al. 1995). Standard station positions are listed in Table A1.

758 The total number of available profiles was 3905, beginning 1928. All calendar months have
759 been measured at some time, but the observations are heavily weighted towards summer
760 (meaning July and August) and November, and of these, summer provides the longer time
761 series, consistent from 1950 to present, and the higher data density. Quality control is
762 required to identify usable sections, and the steps in the process follow. The number of
763 stations remaining after each step is given in braces.

764 1. Season: select summer data only {1649}.

765 2. Time range: 1950 to present, because this period provides over 6 decades of continuous
766 data {1583}. This is also when conductivity replaced titration for salinity measurement
767 (Thomson and Emery 2014).

768 3. Exclude profiles lacking salinity {1135}.

769 4. Vertical resolution: a minimum of 4 depth points per profile is set {1110}.

770 5. Proximity to the standard section location: maximum deviation of station position from
771 the standard section is set to 15 km, except for 3 years with high station density (1985, 1987
772 and 1988), when it is set to 5 km {857}.

773 6. Removal of depth-binned profiles and replacing with original data {813}.

774 7. Removal of duplicate records (2 types): (i) duplicate files with the same information, and
775 (ii) quasi-simultaneous profiles that are either immediately repeated casts or a station sampled
776 with two different instruments, where there were 6 profile pairs, and the profile to use was
777 selected for consistency with adjacent stations {760}.

778 8. Synopticity: most sections take a week to complete, and the standard section is often
779 measured in under 5 days, yet some years present profiles over a month apart. To remove
780 instances of temporal discontinuity, we find the observation median time and disregard
781 profiles outside ± 10 days of that time {726}.

782 9. Proximity: some profile pairs lie too close to each other, so we set a minimum station
783 separation of 3 km, and consider any nearly overlying profile as a repeated station (cf. step 7).
784 This allows for moderate ship drift and is less than the shortest distance between standard
785 stations (15 km), so that section resolution may be improved with intermediate stations {679}.

786 10. Section coverage: we reject occupations of the Seal Island section with inadequate
787 coverage, meaning those with < 6 stations, and those missing the inshore and offshore ends of
788 the section {664}.

789 11. Final visual inspection: six stations were rejected. Cases included mis-recording of date,
790 bad station positions, and incomplete profiles {658}.

791 To grid the sections, we first project the stations orthogonally onto the Seal Island standard
792 line, with coordinates computed as $latitude = 0.5818 \times longitude + 85.6152$, the best fit to
793 standard station positions. Pressure is converted to depth using Fofonoff and Millard (1983),
794 and binned to 1 m depth intervals. Profiles are then gridded using linear interpolation with
795 2.5 km horizontal resolution, ensuring that no two stations are averaged together, and yielding

796 at least 5 intermediate points between the two closest standard stations. This procedure
797 generates summer sections of T, S and density for 60 of the 67 years between 1950–2016.

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1083 **Table 1.** Seawater transport statistics (Sv) at the Seal Island section for Hudson outflow and
 1084 LC-Arctic water, for 1/12° NEMO model in summertime (1995-2010) derived from 5-day
 1085 means, and for measured section geostrophic velocities, referenced to zero at the bottom
 1086 (Measured (0)) and to 1/12° NEMO model bottom velocities (Measured (NEMO)).

	Hudson outflow		LC-Arctic	
	Mean	sd	Mean	sd
NEMO 1/12°	0.28	0.08	1.19	0.32
Measured (0)	0.34	0.14	0.81	0.28
Measured (NEMO)	0.60	0.20	1.87	0.67

1087

1088 **Table A1.** Seal Island section standard station positions: original (1–9) and extended, from
 1089 1993 (10–14).

	Station Number	Longitude (°W)	Latitude (°N)
1090	1	55.65	53.23
1091	2	55.50	53.33
1092	3	55.00	53.62
1093	4	54.50	53.92
1094	5	54.00	54.20
1095	6	53.50	54.50
1096	7	53.25	54.63
1097	8	53.00	54.78
1098	9	52.50	55.07
1099	10	55.36	53.41
1100	11	55.15	53.53
1101	12	54.78	53.75
1102	13	54.22	54.08
1103	14	53.73	54.35
1104			
1105			

1106 **Figure Captions**

1107 **Figure 1.** Main panel: study region, with key locations labelled; also James Bay (JB),
1108 Ungava Bay (UB), Fury and Hecla Strait (F&H). Solid lines show: locations of Davis and
1109 Hudson Strait sections (black) and the Seal Island section (maroon); indicative pathways of
1110 the Hudson outflow (orange), the continuation of the Baffin Island Current (yellow) and the
1111 recirculating Atlantic waters (red). Inset: Seal Island standard station positions. Selected
1112 depth contours (m) are labelled.

1113 **Figure 2.** Measured (a-d) and modelled (e-h) summertime (July-August) mean (1995-2010)
1114 sections at Seal Island; temperature ($^{\circ}\text{C}$; a, e), salinity (b, f), density anomaly (kg m^{-3} ; c, g),
1115 velocity (negative southwards; m s^{-1} ; d, h). Measured panels include maximum and
1116 minimum densities corresponding to CIL temperatures -1°C (dashed line), 0°C (solid black
1117 line) and 1°C (dotted line); modelled panels show densities derived from velocity criteria;
1118 see text for details.

1119 **Figure 3.** NEMO mean (1997-2007) surface salinity (a), temperature ($^{\circ}\text{C}$) at CIL core (61 m
1120 depth; b) and surface current speed (m s^{-1} ; c).

1121 **Figure 4.** NEMO summertime (1995-2010) mean velocities across the Seal Island section.
1122 (a) velocity (southwards negative; colours), salinity (thin black and dotted contours; contour
1123 interval 0.5, except for 35.1) and density anomaly (two contours, bold black, kg m^{-3}) versus
1124 depth; volume transport (Sv ; white) accumulated towards the coast from zero offshore. (b)
1125 ratio of bottom velocity to surface velocity (red). (c) surface (black solid) and bottom (black
1126 dotted) velocities (southwards negative; m s^{-1}). The double vertical line shows the mean
1127 offshore limit of the LC-Arctic waters.

1128 **Figure 5.** (a), (b) Montgomery potential (M , $\text{m}^2 \text{s}^{-2}$) and temperature (T , $^{\circ}\text{C}$) on the $r_B = 25.0$

1129 kg m^{-3} pseudo-density surface (respectively), illustrating the source and spatial extent of the
 1130 Hudson outflow; (c), (d) as (a), (b) for the $r_B = 26.5 \text{ kg m}^{-3}$ surface, for the LC-Arctic waters.
 1131 Grey regions show where r_B surfaces ground into the sea floor or outcrop to the sea surface;
 1132 latitude ($^{\circ}\text{N}$), longitude ($^{\circ}\text{W}$).

1133 **Figure 6.** NEMO $1/12^{\circ}$ model freshwater transports. (a) Time series of monthly (lines) and
 1134 annual (circles) means (1995–2010): Davis Strait liquid (blue, solid) and ice (blue, dotted),
 1135 and Seal Island LC-Arctic (orange) freshwater transports; Hudson Strait (green) and Seal
 1136 Island Hudson outflow (red) freshwater transports (mSv). (b) Seasonal cycles per calendar
 1137 month from data in (a) (± 1 sd), except Davis Strait liquid and sea ice combined.

1138 **Figure 7.** Seal Island freshwater flux in the Hudson outflow (a): annual (summertime)
 1139 values (+), 7-year running average (black solid), record mean 57 mSv (horizontal dashed).
 1140 Lagged sum of annual mean regional Canadian river runoff values (b): yearly values (+), 7-
 1141 year running average (black solid), record mean 23 mSv (horizontal dashed); see text for
 1142 details.

1143 **Figure 8.** Seal Island LC-Arctic measured freshwater fluxes (mSv) 1950–2016 from
 1144 summertime (Jul-Aug) sections. (a) total freshwater fluxes using 0°C CIL definition: yearly
 1145 values (+); record mean 137 mSv (dashed line); 7-year running average (black), with periods
 1146 above (below) the mean shown as blue (red) shaded areas; see text for derivation of
 1147 (constant) current offsets from NEMO. (b) freshwater flux anomalies (zero mean) for the
 1148 three CIL definitions CIL ($-1, 0$ and 1°C : key); yearly values (dashed); 7-year running
 1149 average (solid).

1150 **Figure 9.** Arctic freshwater export flux anomaly (mSv ; Seal Island LC-Arctic flux anomaly
 1151 using 0°C CIL definition, 7-year running average, as Figure 9b; black); Subpolar North
 1152 Atlantic freshwater content (FWC; km^3) anomaly (blue); Arctic FWC anomaly from

1153 Polyakov et al. (2013) as a 7-year running average (orange).

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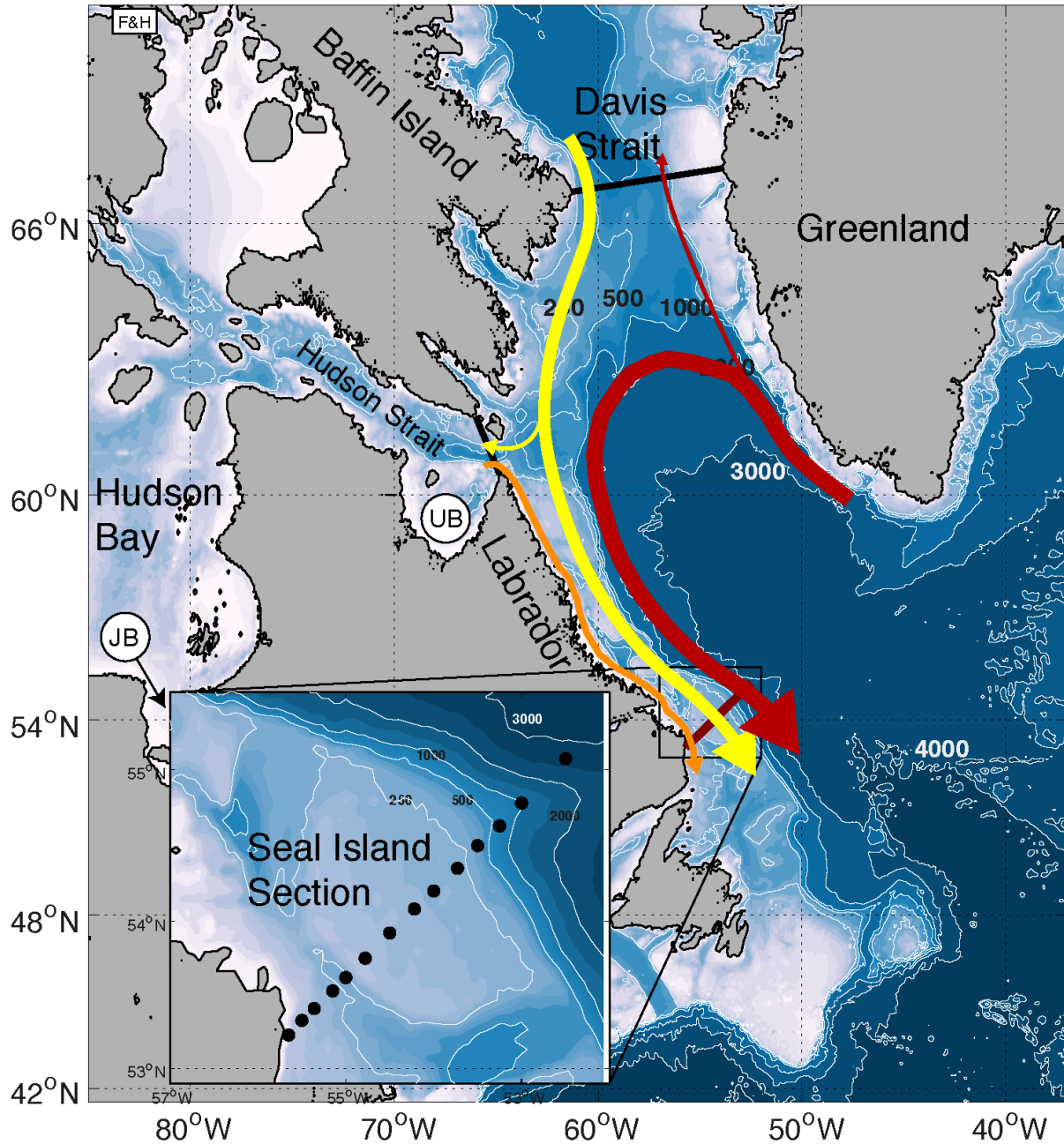


Figure 1. Main panel: study region, with key locations labelled; also James Bay (JB), Ungava Bay (UB), Fury and Hecla Strait (F&H). Solid lines show: locations of Davis and Hudson Strait sections (black) and the Seal Island section (maroon); indicative pathways of the Hudson outflow (orange), the continuation of the Baffin Island Current (yellow) and the recirculating Atlantic waters (red). Inset: Seal Island standard station positions. Selected depth contours (m) are labelled.

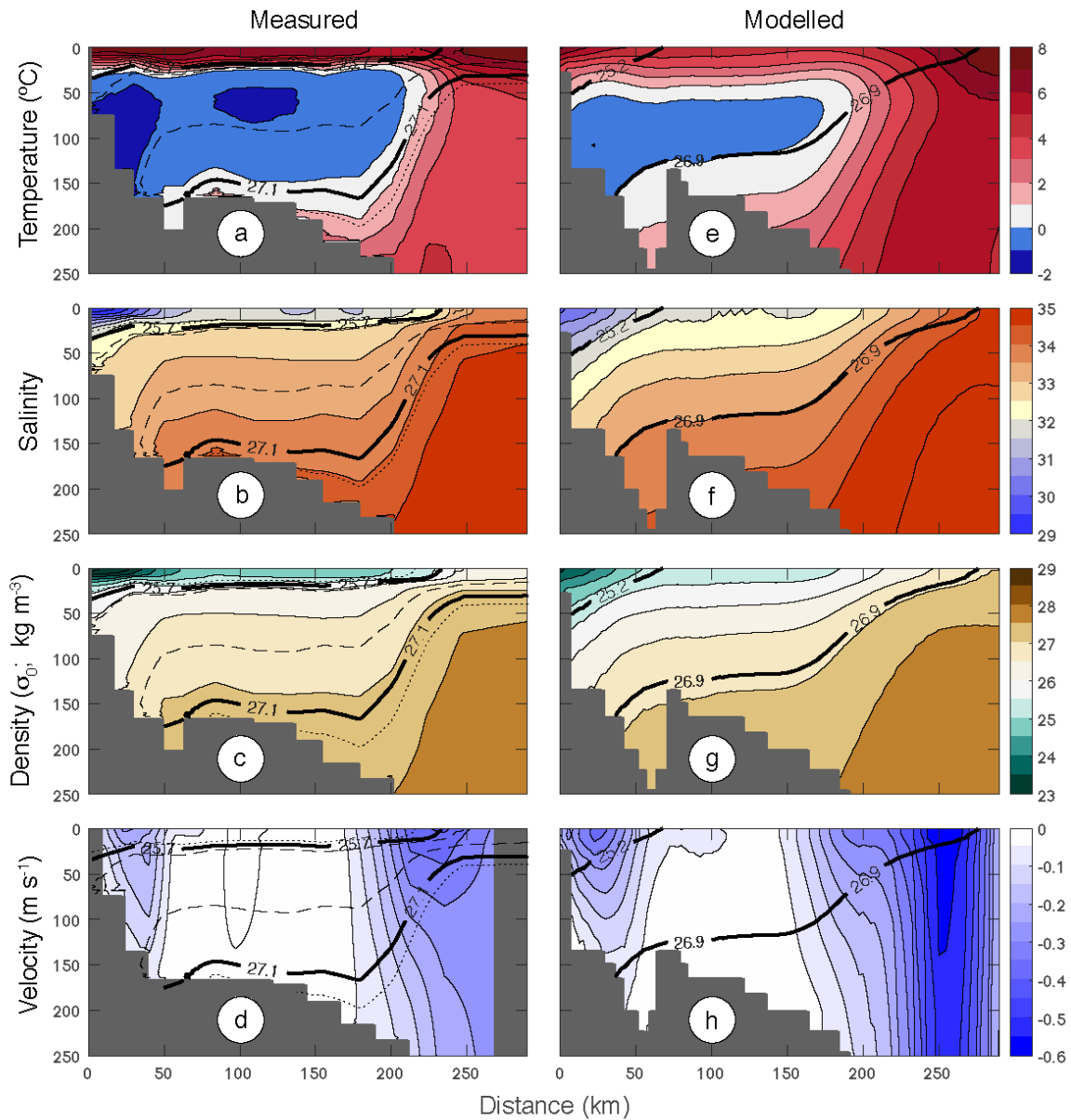


Figure 2. Measured (a-d) and modelled (e-h) summertime (July-August) mean (1995-2010) sections at Seal Island; temperature ($^{\circ}\text{C}$; a, e), salinity (b, f), density anomaly (kg m^{-3} ; c, g), velocity (negative southwards; m s^{-1} ; d, h). Measured panels include maximum and minimum densities corresponding to CIL temperatures -1°C (dashed line), 0°C (solid black line) and 1°C (dotted line); modelled panels show densities derived from velocity criteria; see text for details.

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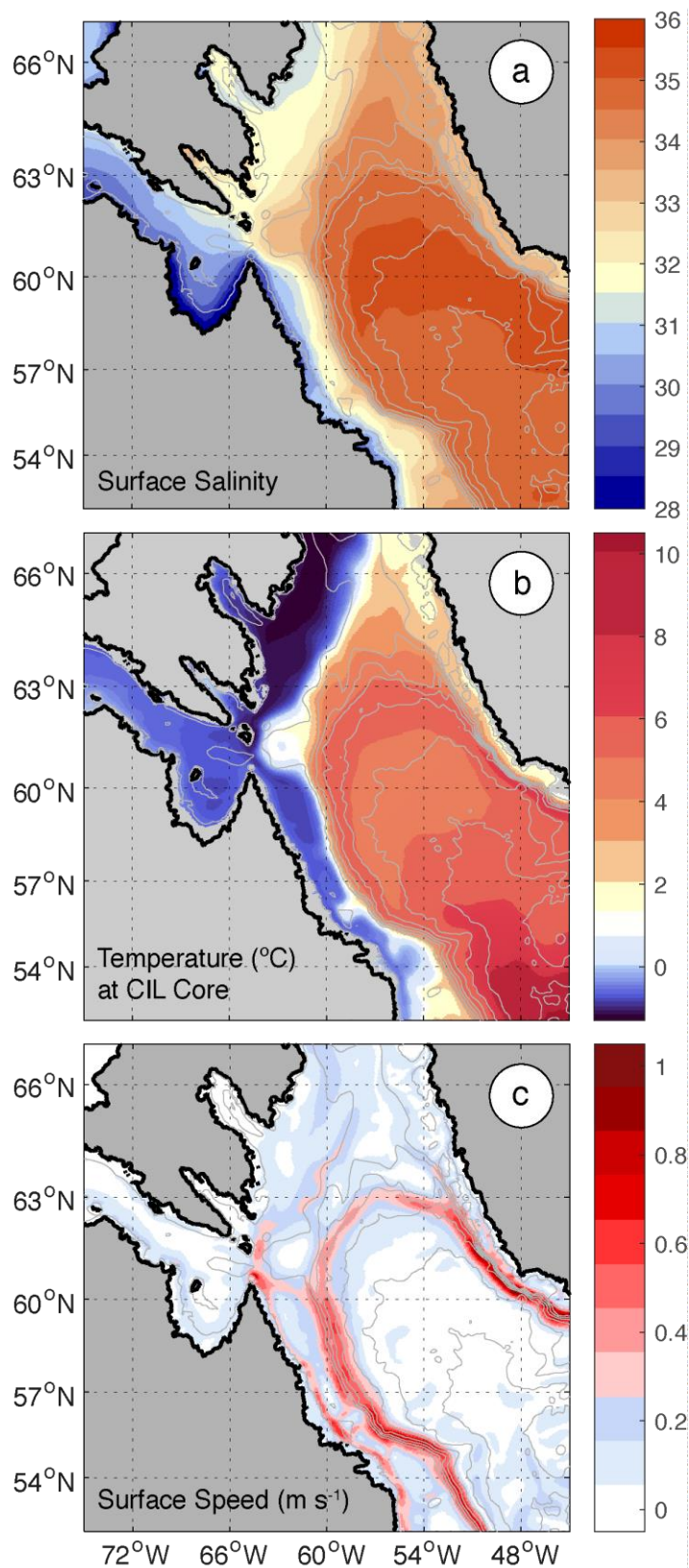


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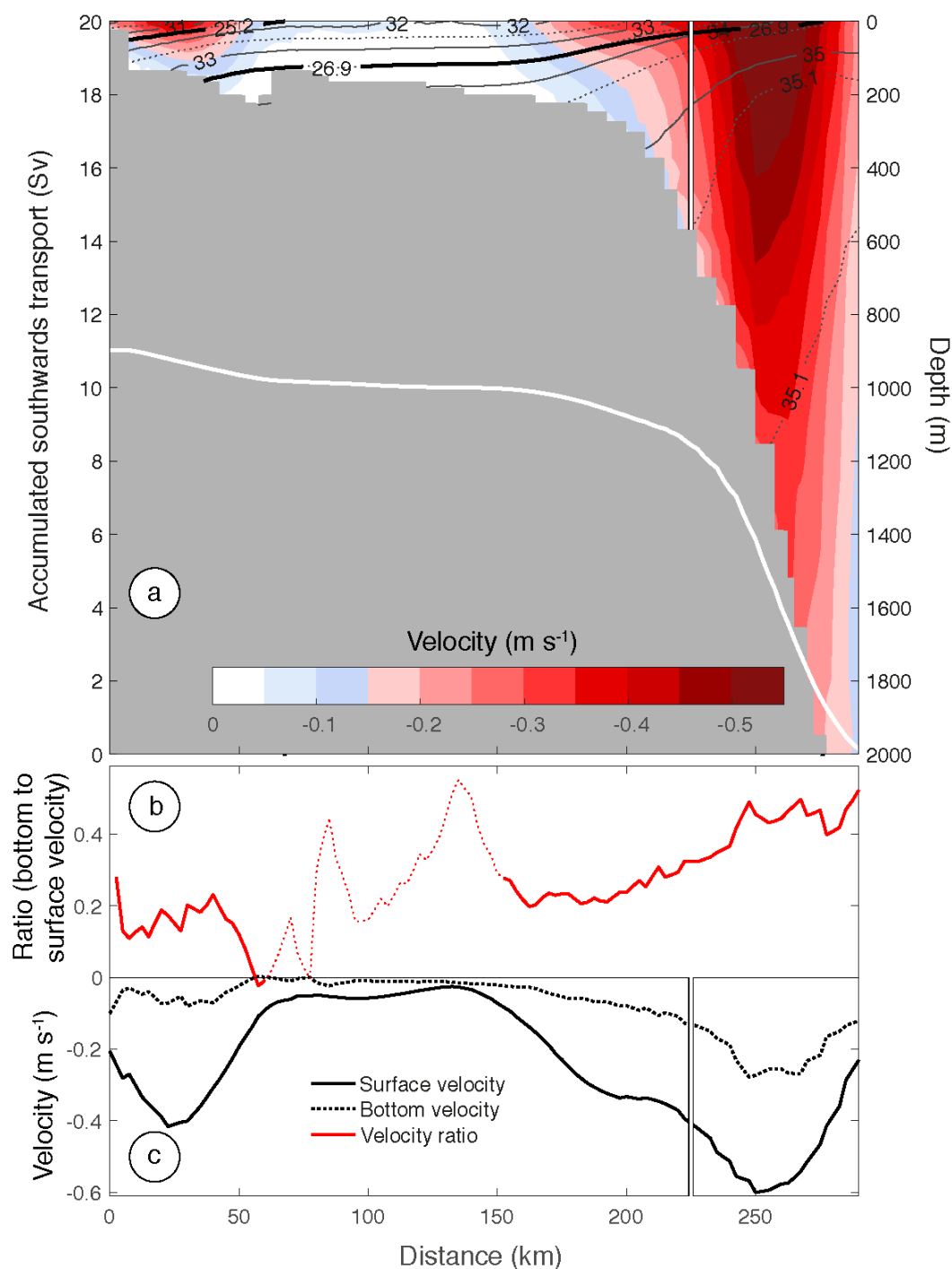


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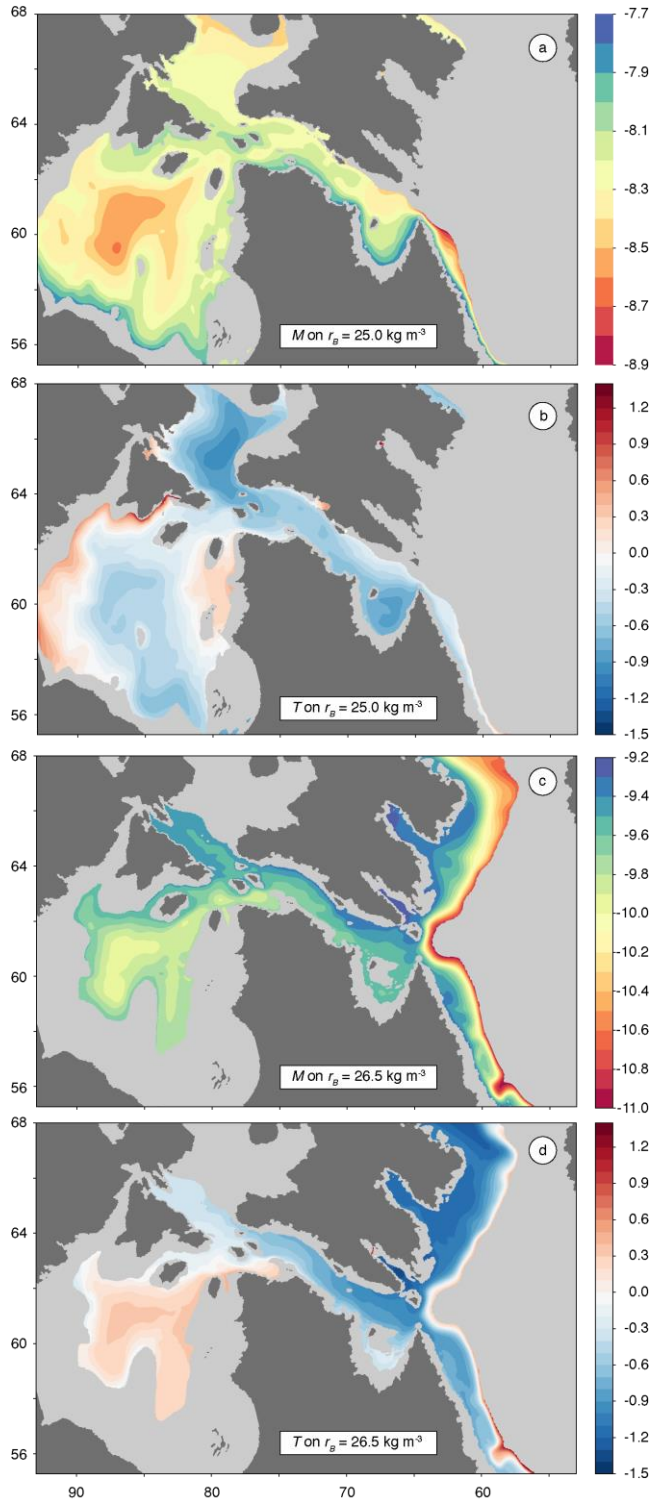


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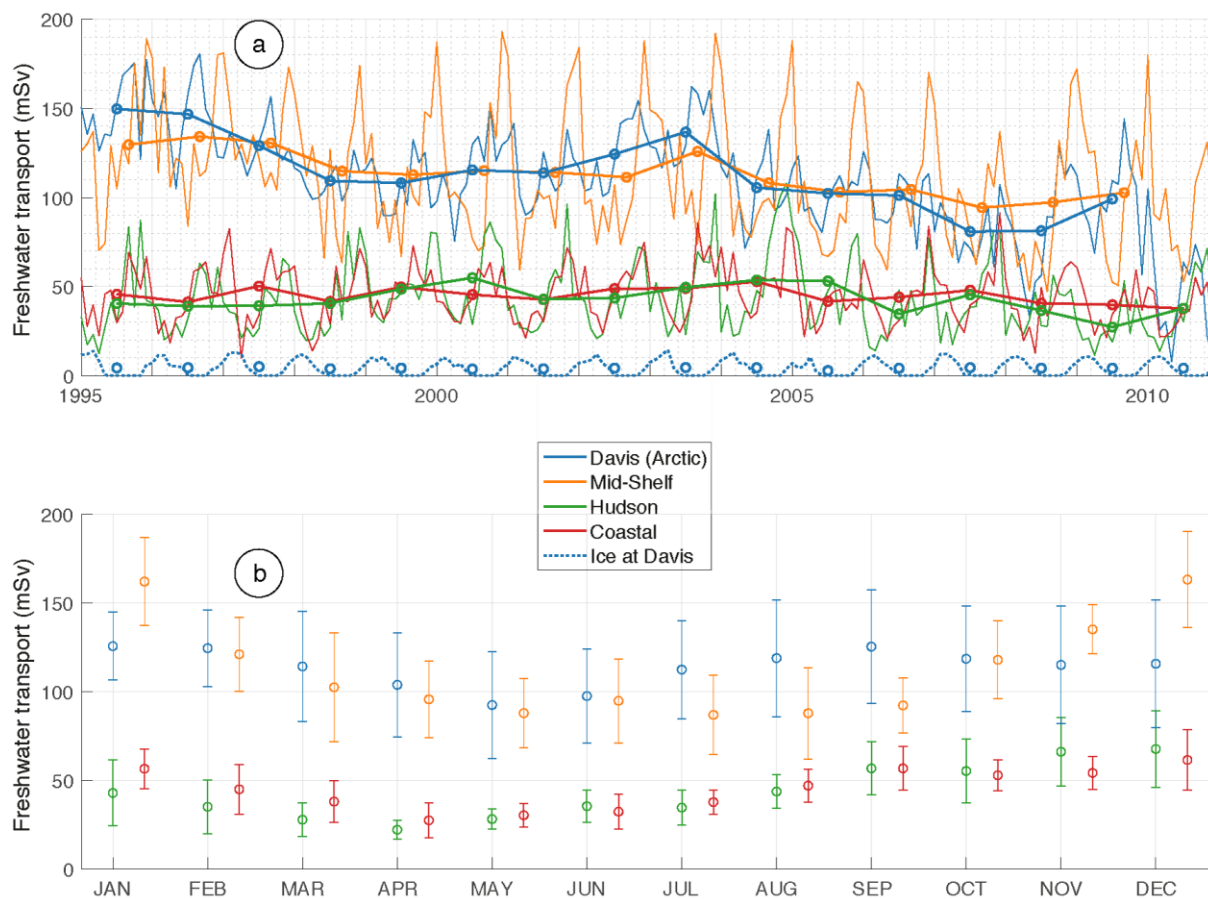


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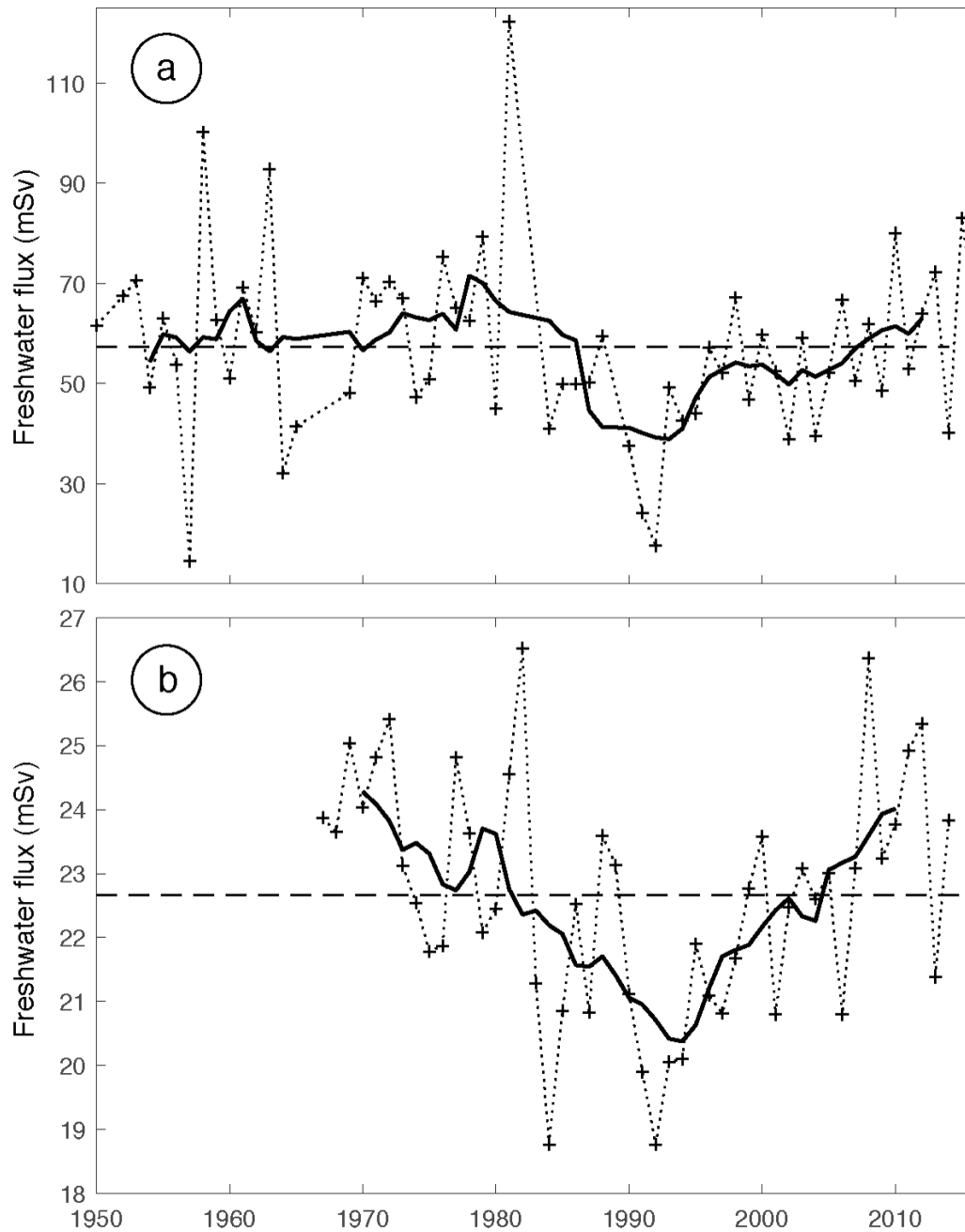


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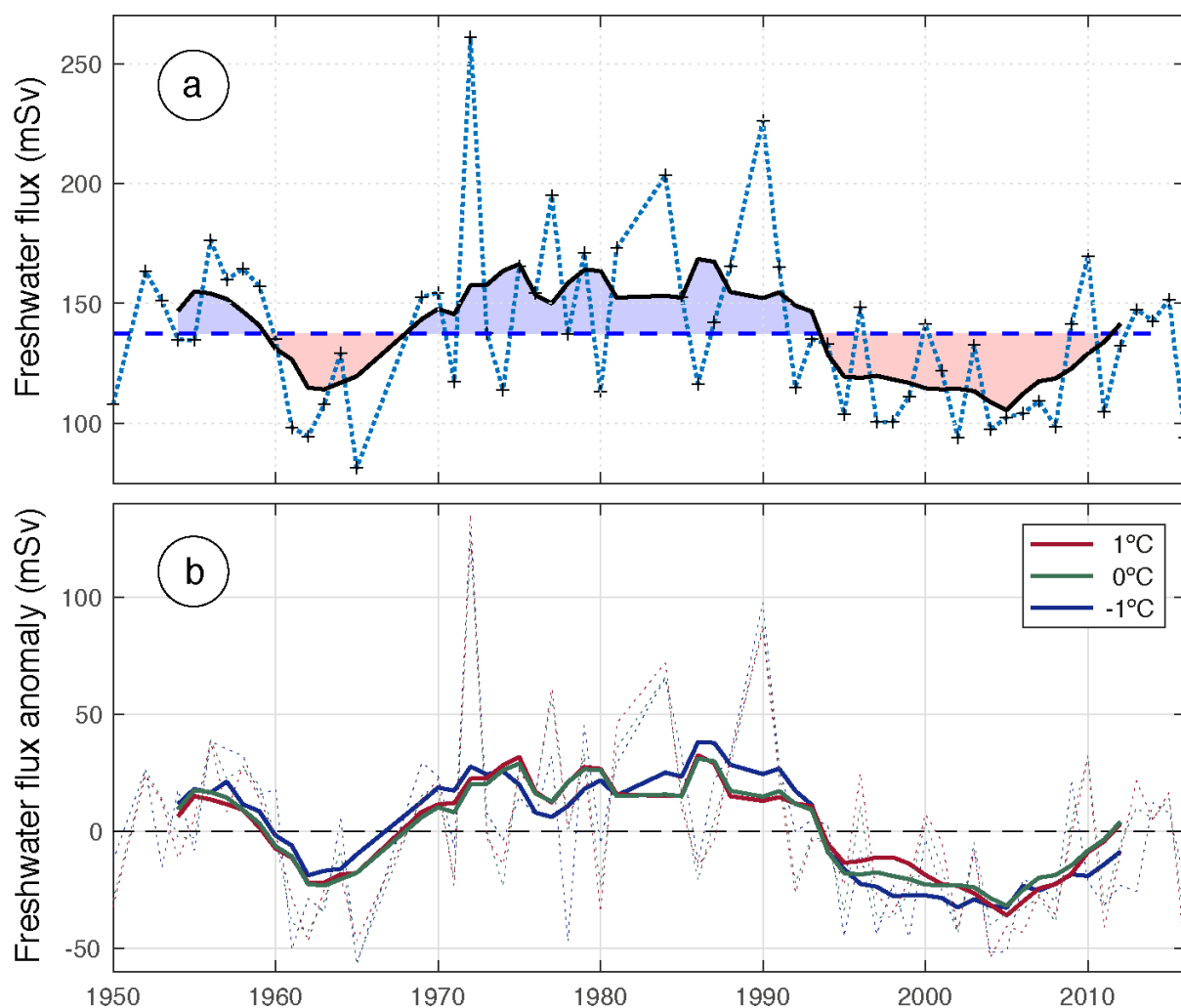


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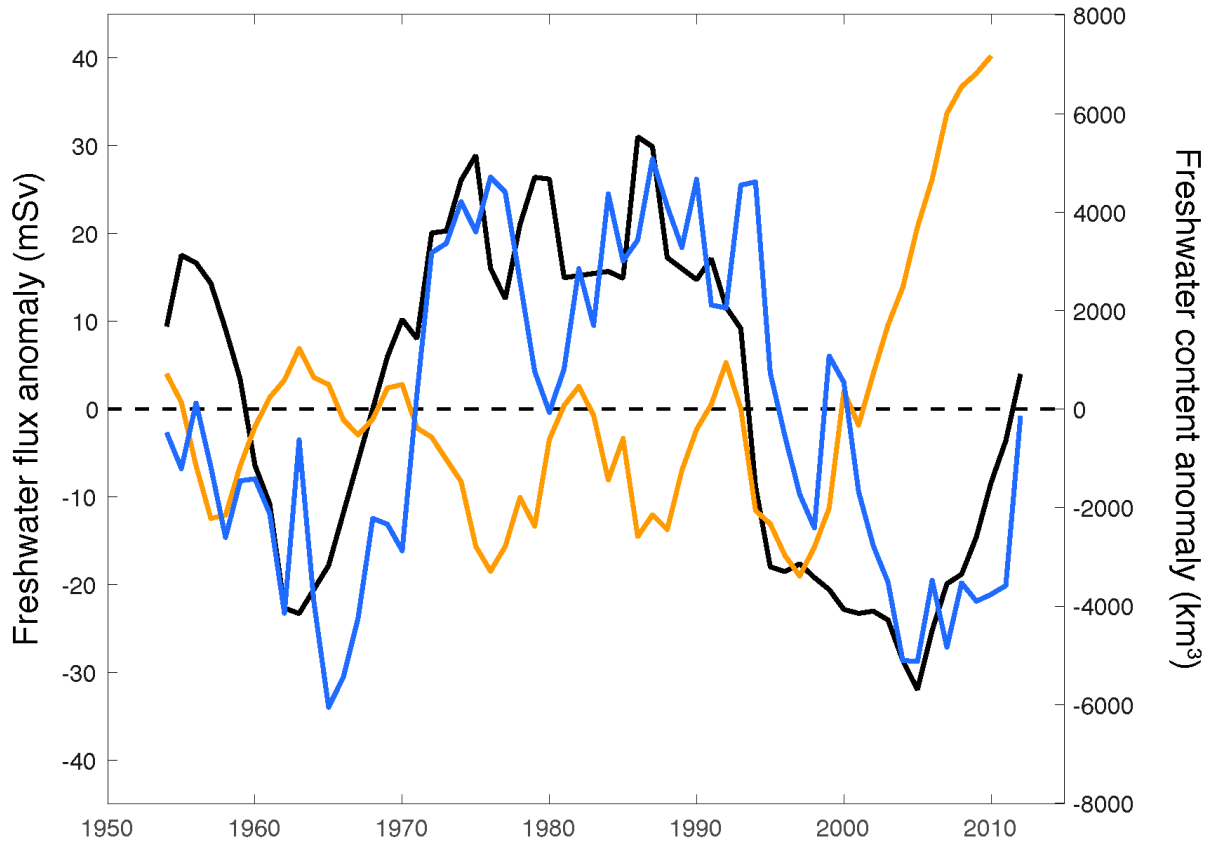


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