

Estimation of bladder contractility from intravesical pressure-volume measurements.

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1 Introduction

2 To void completely the bladder must generate sufficient intravesical pressure to overcome
3 outflow tract resistance and sustain this to allow complete voiding. However, the bladder
4 may generate excessively large pressures that can impact on upper tract integrity or may
5 exhibit an underactive phenotype, resulting in incomplete bladder emptying.¹ There is a
6 clinical need to identify the causes of abnormal voiding to allow proper management of these
7 conditions and identify people at risk if being considered for surgery to improve voiding. In
8 particular, men who require relief from voiding lower urinary tract symptoms (LUTS) may
9 not benefit from surgery if impaired bladder contractility is the cause. Likewise, women may
10 be at risk of voiding difficulty after surgery to treat stress urinary incontinence, even if there
11 were no prior voiding LUTS.

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13 A rise of detrusor pressure results from increased bladder wall tension generated by
14 contracting detrusor smooth muscle. However, several lower urinary tract properties
15 contribute to voiding: the magnitude of urethral resistance; the strength and duration of
16 detrusor smooth muscle contraction; and initial bladder volume which by Laplace's Law is an
17 inverse function of detrusor pressure. Of fundamental interest is whether or not impaired or
18 enhanced detrusor muscle contractile function contributes to abnormal voiding. Several
19 urodynamic-based definitions of bladder contractility have been defined, e.g. a bladder
20 contractility index (BCI)², Watts factor³ and bladder outlet relation,⁴ but these are also
21 influenced by outflow tract properties. Furthermore, such parameters are poorly validated in
22 women. Therefore, it is desirable to define a gender-neutral urodynamic-based parameter
23 that reflects physiological bladder contractility.

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3 25 Smooth and cardiac muscle exhibit a property that contractile strength depends not only on
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5 26 resting fibre length but also on an intrinsic inotropic state. The latter is an alteration of
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7 27 contractile performance independent of resting length and physiologically is defined as a
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9 28 change of contractility: this term therefore has a specific meaning for isometric (muscle
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11 29 tension developed at constant length) or isotonic (muscle shortening at constant load)
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13 30 contractions. Changes of contractility have been demonstrated in the intact heart and isolated
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15 31 cardiac preparations⁵⁻⁷ and evaluated in the bladder.^{8,9} To identify patients with reduced
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17 32 cardiac contractility (heart failure), it was important to identify parameters independent of
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19 33 preload and afterload, as these affect muscle fibre length and contractile strength.⁵ The
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21 34 usefulness of indices derived from the rise of isovolumetric ventricular pressure (P) in the
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23 35 cardiac cycle to define cardiac contractility is validated, especially from a plot of $(dP/dt).P^{-1}$ as
24
25 36 a function of P itself.^{10,11} These indices are the extrapolated fits of this relation to: a) the y -axis
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27 37 $(dP/dt).P^{-1}$ -axis) which represents maximum velocity of muscle shortening, v_{CE} ; b) the x -axis
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29 38 (P -axis) which represents maximum isovolumetric pressure, P_0 . The indices reflect the action
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31 39 of positive and negative inotropic agents and thus changes to cardiac contractility. However,
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33 40 this analysis has not been applied to smooth muscle-lined organs. We used urodynamic
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35 41 recordings of bladder contractile function to obtain a practical measure of true bladder
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37 42 contractility based on the above cardiac principles and how this may be used to understand
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39 43 different disorders of bladder function.
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3 45 Materials and Methods

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5 46 *Data collection.* Anonymised data were obtained from 49 patients attending the urodynamic
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7 47 clinic at Southmead Hospital, North Bristol NHS Trust. Inclusion criteria were patients listed
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9 48 for routine or video urodynamics and with voided volumes greater than 100 ml. Pressure
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11 49 readings on both abdominal and intravesical lines were obtained following ICS guidelines.¹²
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14 50 Exclusion criteria were: evidence of a bladder diverticulum which would prevent a constant-
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16 51 volume contraction (four); voiding achieved mainly with additional abdominal straining
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18 52 (five), leaving 40 records (21 male, 19 female patients) for analysis. Data were anonymised
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21 53 and collected according to standard departmental protocols as part of urodynamic testing.
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23 54 Ethical approval was obtained from the regional research ethics committee.
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28 56 *Urodynamic measurements in subjects.* Subjects emptied their bladder before urodynamics.
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30 57 An Aquarius urodynamics system (Laborie; Mississauga, Canada) used water-filled catheters
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32 58 to record infused volume as a function of time and values of abdominal and intravesical
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34 59 pressures to obtain calculated detrusor pressure, P_{det} , in accordance with ICS Good
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36 60 Urodynamics Practices.¹² Flow during voiding was measured directly. Analogue
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38 61 measurements were digitised at 50 kHz and stored on the urodynamics system computer.
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41 62 For all other aspects, the manufacturer's default values were used for data acquisition, namely
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43 63 0.8 seconds delay time added to the pressure trace to align it with the flow-meter recording.
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46 64 Data were retrieved from these files at 0.05 kHz for subsequent analysis. Figure 1A, B shows
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48 65 the different measurements made from urodynamic recordings. Derived indices were: the
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50 66 maximum rate of P_{det} change during isovolumetric contraction, dP_{det}/dt_{max} ; isovolumetric
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52 67 contraction duration from 20% to 80% ΔP_{isv} (t_{80-20}); bladder contractility index (BCI;
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54 68 $P_{det}Q_{max}+5Q_{max}$) and bladder outflow obstruction index (BOOI; $P_{det}Q_{max}-2Q_{max}$).
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3 70 *Smoothing pressure traces.* P_{det} measurements were made during isovolumetric bladder
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5 71 contractions, between the onset of a rise of detrusor pressure and the beginning of flow, Q
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7 72 (Figure 2A). The base-line (pre-contraction) value of P_{det} was subtracted from values during
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9 73 contraction, henceforth called P . The dependent variable in the final analysis, $(dP/dt)/P^{-1}$ –
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11 74 see supplementary material - is significantly influenced by artifactual pressure fluctuations
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13 75 and P -data were smoothed by calculating running averages (RA), equation 1, with $n=10, 20,$
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15 76 50 or 100, i.e. averaging occurred over 0.2, 0.4, 1.0 or 2.0 s:

$$17 \quad 18 \quad 19 \quad 20 \quad 21 \quad 22 \quad 23 \quad 24 \quad 25 \quad 26 \quad 27 \quad 28 \quad 29 \quad 30 \quad 31 \quad 32 \quad 33 \quad 34 \quad 35 \quad 36 \quad 37 \quad 38 \quad 39 \quad 40 \quad 41 \quad 42 \quad 43 \quad 44 \quad 45 \quad 46 \quad 47 \quad 48 \quad 49 \quad 50 \quad 51 \quad 52 \quad 53 \quad 54 \quad 55 \quad 56 \quad 57 \quad 58 \quad 59 \quad 60$$

$$77 \quad RA_n = (x_1+x_2 + \dots x_n)/n, RA_{n+1} = (x_2+x_3 + \dots x_{n+1})/n, RA_{n+2} = (x_3+x_4 + \dots x_{n+2})/n, \dots \quad 1$$

78 In this analysis a value of $n=20$ was used, i.e. a value of 0.4 s running average time was
79 chosen that imposed only a 2% slowing of the pressure trace.

80
81 *Data analysis.* The supplementary data describe the rationale for estimating a contractility
82 parameter of an isovolumetrically-contracting spheroid organ. A plot of $(dP/dt).P^{-1}$ vs P yields
83 a phase loop of which the declining portion at higher P -values is described by a hyperbolic
84 function that intercepts the y -axis (i.e. at $P=0$) to yield a value for the maximum velocity of
85 contractile element shortening (v_{CE}). An increase of v_{CE} is interpreted as enhanced bladder
86 contractility. The intercept on the x -axis is the maximal isovolumetric pressure, P_0 , that would
87 have been achieved had the outflow tract not opened. A value of bladder wall tension, T_0 , was
88 calculated from the Laplace equation: $T_0=P_0.r/2$; where r is bladder radius, calculated from
89 the filling volume, V , at initiation of voiding: i.e. $r = \sqrt[3]{\frac{0.75V}{\pi}}$. Values of v_{CE} and P_0 were
90 compared to indices as measured or calculated from urodynamic traces (Figure 1) to
91 determine where the best associations were observed. For isolated pig bladders data values
92 of v_{CE} and P_0 were plotted as a function of the carbachol concentration.

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3 94 *Data presentation and statistical analyses.* Group values are represented as medians (25, 75%
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5 95 interquartiles). Associations between variables were calculated from a Spearman's
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7 96 correlation coefficient, ρ , whose significance was tested by calculation of a t -value from ρ
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10 97 using $t = \rho \sqrt{\frac{n-2}{1-\rho^2}}$, with subsequent estimation of p -values. Differences between sets were
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14 98 tested by ANOVA, with *post hoc* Bonferroni multiple comparisons. In total, 10 (see Results)
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16 99 separate hypotheses were tested for a significant association between v_{CE} or P_0 and a
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18 100 particular urodynamic variable. To minimise the chance of a spurious level of significance
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21 101 arising from these multiple tests the p -value for significance was reduced from one of $p < 0.05$
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23 102 by a correction to $p < 0.005$ (i.e. $p < 0.05/10$). A least-squares iterative fitting program
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25 103 (KaleidaGraph, Synergy Inc) was used to fit linear and non-linear functions to data sets.
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105 Results

106 *Patient urodynamic characteristics and contractility indices.* Table I shows urodynamic-
107 derived values of lower urinary tract function (figure 1). All variables were similar in males
108 and females, except: in females calculated BOOI was smaller. Values of the contractility indices
109 v_{CE} and P_0 , as well as calculated T_0 , are also shown in table 1 and were also similar in males
110 and females.

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112 *Smoothing of pressure waveforms.* Figure 2A shows an example of the rise of subtracted
113 detrusor pressure in the isovolumetric phase for an unsmoothed (P) trace and smoothed
114 $n=10, 20, 50$ or 100 (eq 1, Methods) i.e. averaging over 0.2, 0.4, 1.0 or 2.0 s for data recorded
115 at 0.05 kHz. Traces are shown as $P, P_{10}, P_{20}, P_{50}$ and P_{100} . The extent of time delay is shown
116 in Figure 2B where values of P are plotted against P_n . For no introduced time-delay the slope
117 of the line would be unity. From 28 sample traces the slopes were 1.007 [0.999, 1.104],
118 1.020 [1.000, 1.033], 1.044 [1.007, 1.083] for averaging over 0.2 ($n=10$), 0.4 ($n=20$), 1.0
119 ($n=50$) and 2.0 ($n=100$) s, respectively. Heuristically a value of $n=20$ was chosen for onward
120 analysis, which would introduce an error of 2% [0.0 - 3.3%] in traces and consequent
121 derived values of v_{CE} .

122

123 *Relation of v_{CE} to urodynamic variables.* v_{CE} values were negatively associated with age for
124 females ($p=0.03$; $n=19$; 22-85 years) but not for males ($n=21$; 22-84 years) subjects. For
125 urodynamic variables there were significant negative associations for female and male
126 subjects with t_{20-80} ($p=0.000002$ and 0.002 , respectively; $r=-0.636$ and -0.861). Positive
127 associations for females only were also shown for Q_{max} and BCI (both $p=0.002$; $r=0.668$ and
128 0.663 , respectively). There were no significant associations for other urodynamic variables,
129 i.e. ΔP_{det} , $P_{det}Q_{init}$, ΔP_{isv} , $P_{det}Q_{max}$, P_{det} time or Q time, nor the calculated index BOOI for either

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3 130 gender. Figure 3A-D shows the relationships between v_{CE} and age, t_{20-80} , Q_{max} or BCI for
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5 131 female and male subjects.
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10 133 *Relation of P_0 to urodynamic variables.* There was no association of P_0 with age for subjects of
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12 134 either gender. A different pattern of associations was observed for P_0 with urodynamic
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14 135 variables compared to v_{CE} . For female subjects no urodynamic variable showed a significant
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16 136 relationship with P_0 . For male subjects P_0 was positively associated with ΔP_{det} , $P_{det}Q_{init}$, ΔP_{isv}
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18 137 and $P_{det}Q_{max}$ (all $p < 0.00001$; $r = 0.893, 0.839, 0.917, 0.816$ respectively). P_0 was also negatively
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20 138 associated with t_{20-80} ($p = 0.005$; $r = -0.694$) and BOOI ($p < 0.0001$; $r = -0.751$), but not for P_{det} time,
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22 139 Q_{max} , Q time nor BCI. Figure 3E shows the association between P_0 and ΔP_{isv} .
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3 141 Discussion

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5 142 *Description of bladder contractility.* Transformation of the isovolumetric contraction phase
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7 143 allows calculation of bladder wall contractility from pressure urodynamic traces in patients.
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10 144 Key to the analysis is estimation of muscle contractility from the intercept of a force-velocity
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12 145 curve with the y -axis, v_{CE} , which represents the maximum, unloaded velocity of shortening.
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14 146 Developed for tension measurements in skeletal muscle,¹² the analysis of v_{CE} was then applied
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16 147 to cardiac and smooth muscle preparations.^{13,14} Its verification in isolated smooth muscle
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18 148 cells^{9,15} further demonstrated that the relationship is a general feature of muscle cells. v_{CE} is
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20 149 related to crossbridge turnover and myosin ATPase muscle activity, and positive inotropic
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22 150 interventions increase the value.¹⁴ The principle of generating force-velocity curves was
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24 151 extrapolated to isovolumetric hollow organs such as the heart, where pressure is proportional
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26 152 to tangential wall tension, and it was shown that addition of myocardial inotropic agents
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28 153 altered v_{CE} values in a consistent manner.¹¹ The method therefore generates a contractility
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30 154 index that derives from changes to the speed of contraction of the bladder wall.
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37 156 We have shown that force-velocity curves may also be generated from isovolumetric phases
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39 157 of voiding bladder contractions, and validated the approach in pig bladders (see supplement),
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41 158 showing that an inotropic agent, carbachol, altered v_{CE} . Moreover, comparison of v_{CE} values
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43 159 with urodynamic variables showed that the strongest association was with time-dependent
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45 160 variables of the isovolumetric rise of pressure, before voiding begins, i.e. the time from 20-
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47 161 80% (t_{20-80}) of this phase. We propose this interval is a superior measure of bladder
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49 162 contractility as derived from urodynamic traces. Moreover, this association was independent
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51 163 of gender, unlike the case for urodynamic variables such as BCI, which is verified only for
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53 164 men. A parallel increase of maximum isovolumetric pressure, P_0 , and contractility would be
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55 165 anticipated in an isovolumetric system but not in a voiding bladder, as in the latter the energy
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3 166 of contraction would also be dissipated in causing urine flow at the expense of a continuous
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5 167 rise of pressure. Data from an isolated, arterially perfused pig bladder validated the approach
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7 168 by showing that addition of a contractile agonist, carbachol in rising concentrations, increased
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9 169 v_{CE} , as well as both the maximum rate of increase of pressure and maximum pressure itself.
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14 171 Although there was a significant association between v_{CE} and P_0 in the human bladder these
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16 172 two derived variables measure different aspects of bladder function. Values of v_{CE} , reflecting
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18 173 different states of contractility and with units of reciprocal time, were strongly associated
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20 174 with the time course of the increase of isovolumetric pressure, as may be expected, but not
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22 175 with any urodynamic pressure parameter. P_0 is a measure of steady-state tension and is
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24 176 determined also by the number of muscle fibres recruited to enable a detrusor contraction, as
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26 177 well as the contractility of individual muscle fibres. P_0 showed stronger associations with
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28 178 pressure urodynamic indices than with time-dependent indices of isovolumetric pressure and
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30 179 is a less reliable estimation of detrusor muscle contractility itself.
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37 181 *Gender differences.* There were no gender differences in v_{CE} or P_0 , nor in individual
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39 182 urodynamic variables, except BOOI: table 1. However, there were striking differences
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41 183 between associations of v_{CE} or P_0 with urodynamic variables. For v_{CE} values, an age-
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43 184 dependent decline was present in females but not males, suggesting a decline of detrusor
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45 185 contractility with age in women. There was also a significant association of v_{CE} with Q_{max} , and
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47 186 its derived variable BCI, in females but not males: thus in males factors other than muscle
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49 187 contractility, e.g. outflow tract resistance, influence the rate of urine flow.
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55 189 *Limitations to the generation of force-velocity curves in an isovolumetric bladder.* i) Pressure in
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57 190 a hollow organ is proportional to tangential wall tension if it is truly isovolumetric and wall
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3 191 thickness is unchanging during contraction.¹⁶ Thus, patients with evident bladder diverticula
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5 192 should be excluded from the analysis, as chamber volume would change during these
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7 193 otherwise isovolumetric contractions. ii) In principle, contractility estimates are based on
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9 194 changes to muscle or wall tension. In different patients, bladder volume during isovolumetric
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11 195 contraction was not very variable and the relationship between ΔP_{isv} and calculated wall
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13 196 tension was very significant ($r=0.987$, $n=40$, $p<0.000001$). Thus, changes of isovolumetric
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17 197 pressure during voiding are proportional to those of wall tension. iii) The absolute value of
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19 198 the force-velocity curve intercept with the y -axis to estimate v_{CE} also depends on wall
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21 199 stiffness, k , and it was assumed to be unchanging during the contraction. iv) The urodynamic
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23 200 system that was used imposes an in-built delay of 0.8 s between the pressure and flow values,
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25 201 so that this final period of the isovolumetric pressure curve would be unreliable for analysis
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27 202 and was therefore not used. v) All analyses were performed on voluntary contractions - it will
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31 203 be of further interest to also analyse involuntary detrusor contractions.

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35 205 Conclusions. The maximum velocity of an unloaded detrusor contraction, v_{CE} , shows a very
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37 206 close association with the urodynamic 20-80% time of the isovolumetric pressure
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39 207 contraction, t_{20-80} , we propose calling the detrusor contractility parameter (DCM). v_{CE} is an
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41 208 index of muscle contractility as verified in parallel pig bladders experiments. This method
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43 209 offers considerable advantages over current urodynamic estimates of contractility such as
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45 210 BCI, which is a flow- and volume-dependent variable and verified only for men. Its
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47 211 measurement can contribute to the debate regarding the concept of bladder underactivity as a
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49 212 true decline of bladder contractile function, rather than a degradation of other changes to the
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51 213 lower urinary tract that can impact on the magnitude and extent of voiding function.

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3 215 List of abbreviations (see also legend to figure 1 for derived parameters and variables)
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5 216 P_{det} subtracted detrusor pressure
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7 217 P P_{det} - (baseline P_{det} prior to isovolumetric pressure rise).
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9 218 P_0 calculated maximum isovolumetric pressure
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11 219 v_{CE} calculated maximum velocity of contractile element shortening
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13 220 BCI bladder contractility index
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15 221 DCP detrusor contractility parameter
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17 222 T bladder wall tension
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19 223 Q flow
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21 224 BOOI bladder outflow obstruction index
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23 225 $t_{20-80\%}$ duration of 20-80% isovolumetric contraction interval
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25 226 k bladder wall stiffness
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29 228 Notes: upper case P denotes pressure, rather than lower case p as often used in urodynamics
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31 229 recordings. This is to avoid confusion with the p-value used to denote levels of statistical
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33 230 significance. Lower case v is used to denote velocity to avoid confusion with V as often used in
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35 231 urodynamics for volume.
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3 277 Figure 1. Urodynamic recordings of subtracted detrusor pressure, P_{det} , and flow, Q , from
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5 278 which variables were measured. A: recordings over the time-frame of an entire bladder
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7 279 contraction defining values of ΔP_{det} , $P_{det\ max}$, $P_{det\ time}$ and $Flow\ time$. The baseline P_{det} value is
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10 280 also shown. B: faster time scale of the rise of the P_{det} -transient defining values of ΔP_{isv} ,
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12 281 $P_{det}Q_{init}$, $P_{det}Q_{max}$ and Q_{max} . Also shown are the pressure values for 20 and 80% of ΔP_{isv} , from
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14 282 which the 20-80% P_{isv} time was calculated.
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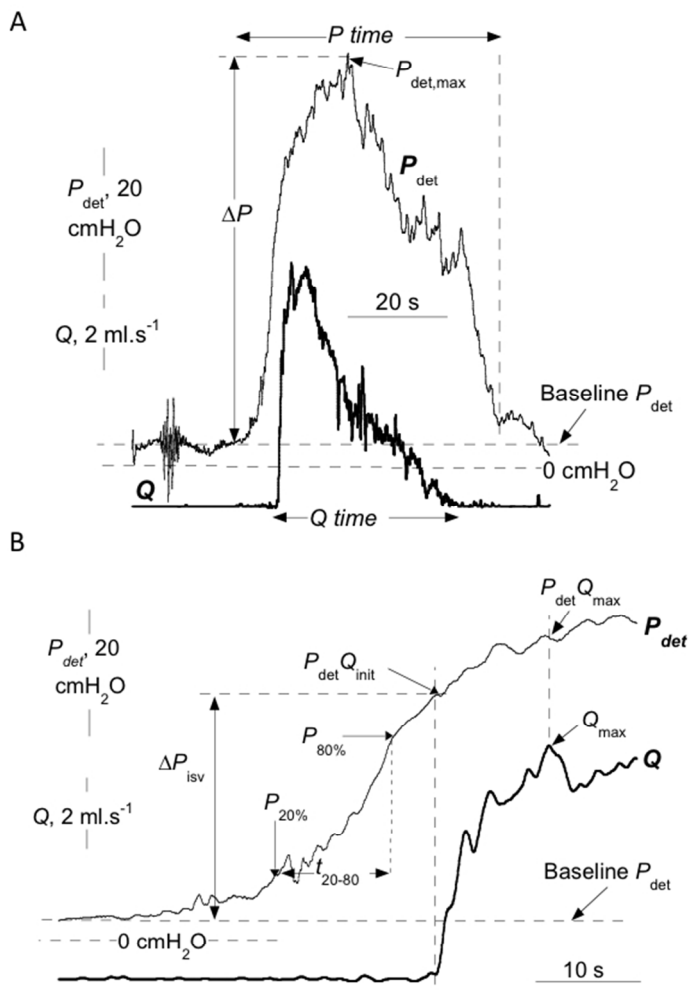
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19 284 Figure 2. Smoothing protocols of pressure rises. A: The rising phase of a voiding P_{det} -
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21 285 transient, either unsmoothed (P) or smoothed with greater running average intervals (See
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23 286 Methods, equation 1). The particular record was sampled at 50 Hz so that running averages
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25 287 over 10, 20, 50 or 100 points generated traces averaged over 0.2, 0.4, 1.0 or 2.0 s ($P_n = P_{10}$ -
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27 P_{100}). B: Plots of running averaged traces (P_n) as a function of the unaveraged trace (P). The
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29 288 line of identity is also drawn.
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34 291 Figure 3. Derived contractility measures vs urodynamic variables. Plots of v_{CE} as a function of
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36 292 age (part A); $t_{20-80\%}$ (part B); Q_{max} (part C) and BCI (part D). The relation between P_0 and ΔP_{isv}
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38 293 is shown in part E. Data are shown separately for male participants (closed squares) and
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40 294 female participants (open squares).
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46 296 Table I. Demographic and urodynamic data, and derived contractility indices, of subjects
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48 297 contributing to the study. Median data with 25, 75% interquartiles, n =number of patients
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Figure 1

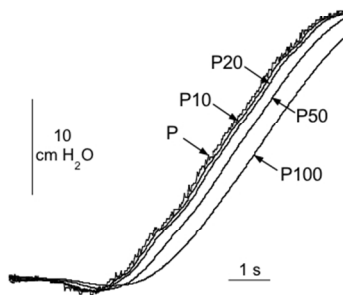


264x352mm (72 x 72 DPI)

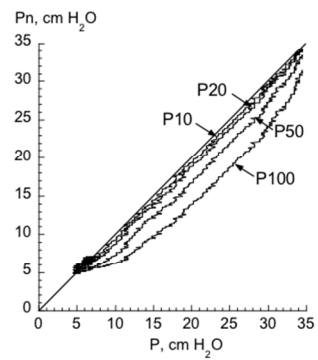
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Figure 2

A



B

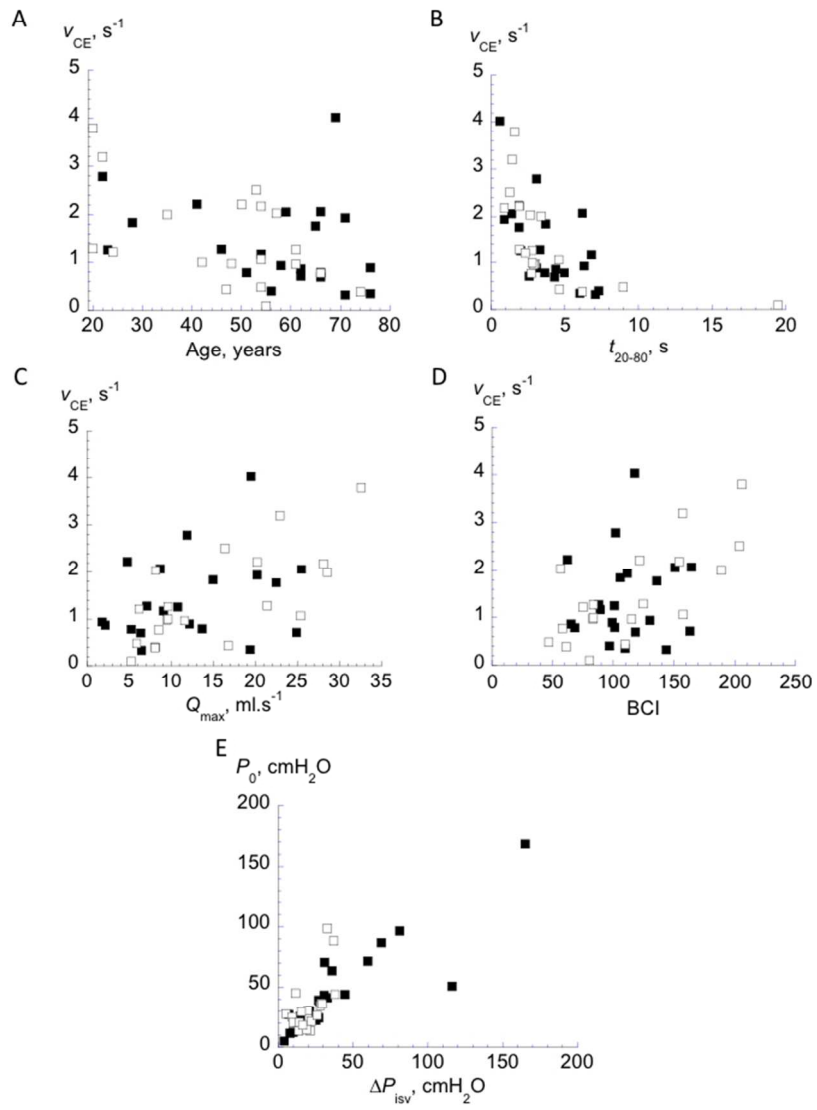


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Review

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Figure 3



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Table I. Urodynamic variables of patients contributing to the study and derived contractility indices. Median data with 25, 75% interquartiles, n =number of patients. * p <0.05 female vs male subjects

	All data ($n=40$)	Male ($n=21$)	Female ($n=19$)
Clinical characteristics			
Age, years	54.5 [45, 65]	62 [51, 66]	53 [39, 56]
Δp , cm H ₂ O	38.5 [20.8, 55.6]	39.3 [24.7, 60.3]	34.5 [18.0, 44.8]
$p @ Q_{init}$, cm H ₂ O	33.9 [19.7, 41.1]	34.0 [22.7, 56.7]	31.0 [17.1, 36.8]
Δp_{isovol} , cm H ₂ O	25.4 [13.8, 32.8]	27.5 [14.9, 44.5]	19.4 [13.7, 28.4]
Q_{max} , ml.s ⁻¹	11.2 [7.9, 20.2]	10.8 [6.5, 19.4]	11.6 [8.4, 22.2]
$p @ Q_{max}$, cm H ₂ O	38.1 [22.7, 48.3]	41.9 [30.7, 54.4]	35.6 [19.2, 43.6]
<i>BCI</i>	108 [84, 138]	106 [97, 130]	110 [78, 156]
<i>BOOI</i>	9.6 [-13.2, 32.3]	20.0 [-11.1, 40.1]	-0.8 [-15.5, 16.7] *
$V @ Q_{init}$, ml	250 [225, 282]	229 [203, 249]	282 [250, 313]
p duration, s	53.0 [25.9, 76.6]	52.0 [26.2, 90.0]	53.0 [29.1, 72.5]
Q duration, s	31.8 [21.7, 42.0]	28.0 [23.0, 37.0]	34.0 [19.5, 51.5]
$t_{0-100\%}$, s	8.5 [5.2, 12.0]	8.7 [4.5, 12.3]	8.1 [5.4, 11.7]
$t_{10-90\%}$, s	4.0 [2.9, 6.7]	5.2 [3.3, 7.6]	3.5 [2.7, 5.4]
$t_{20-80\%}$, s	3.0 [1.9, 4.7]	3.6 [2.0, 6.0]	2.8 [1.9, 4.0]
$dP/dt_{max, isovol}$, cm H ₂ O.s ⁻¹	6.8 [4.8, 9.8]	7.2 [4.7, 9.1]	6.8 [4.3, 10.3]
Contractility indices, voiding contractions			
V_{CM} , s ⁻¹	1.19 [0.78, 2.04]	1.17 [0.78, 1.94]	1.21 [0.87, 2.11]
p_0 , cm H ₂ O	30.2 [21.5, 44.3]	39.1 [24.6, 63.5]	27.9 [20.6, 36.4]
T_0 , N	68.9 [44.1, 89.1]	69.2 [52.2, 110.2]	59.3 [38.7, 74.3]

Supplement. Rationale of phase-loop analysis to calculate v_{CE} and P_0 .

The use of $(dP/dt).P^{-1}$ at zero load as an index of contractility follows from the Hill model for muscle contraction. A contractile, or force-generating, element (CE) lies in series with a series elastic component (SEC); the whole lying in parallel to a parallel elastic component (PEC). During an isometric contraction the rate, v , of CE shortening is equal to the rate of SEC lengthening so that: $v_{CE} = v_{SEC} = |dl_{CE}/dt| = |dl_{SEC}/dt|$; where l is the length of CE or SEC. The term v_{SEC} represents the rate of change of wall stress, s , per unit amount of stress, and is normalised to a stiffness constant for the tissue, k . Thus, $v_{CE} = v_{SEC} = \frac{ds}{dt} \cdot (k.s)^{-1}$. Laplace's Law shows that intravesical pressure, P , is proportional to wall stress under isovolumetric conditions, with an arbitrary constant, X , so that: $v_{CE} = \left(X \frac{dP}{dt} \right) \cdot (k.X.P)^{-1} = \frac{dP}{dt} \cdot (k.P)^{-1}$. A plot of $(dP/dt).P^{-1}$ as a continuous function of P throughout an isovolumetric contraction will yield a force (pressure)-velocity plot that will yield an extrapolated maximum value of v_{CE} at zero load (where the plot intercepts the $(dP/dt).P^{-1}$ axis at $P=0$) and an extrapolated maximum value of P (P_0), where the plot intercepts the P axis as v_{CE} is zero.

Several assumptions and calculations were included.

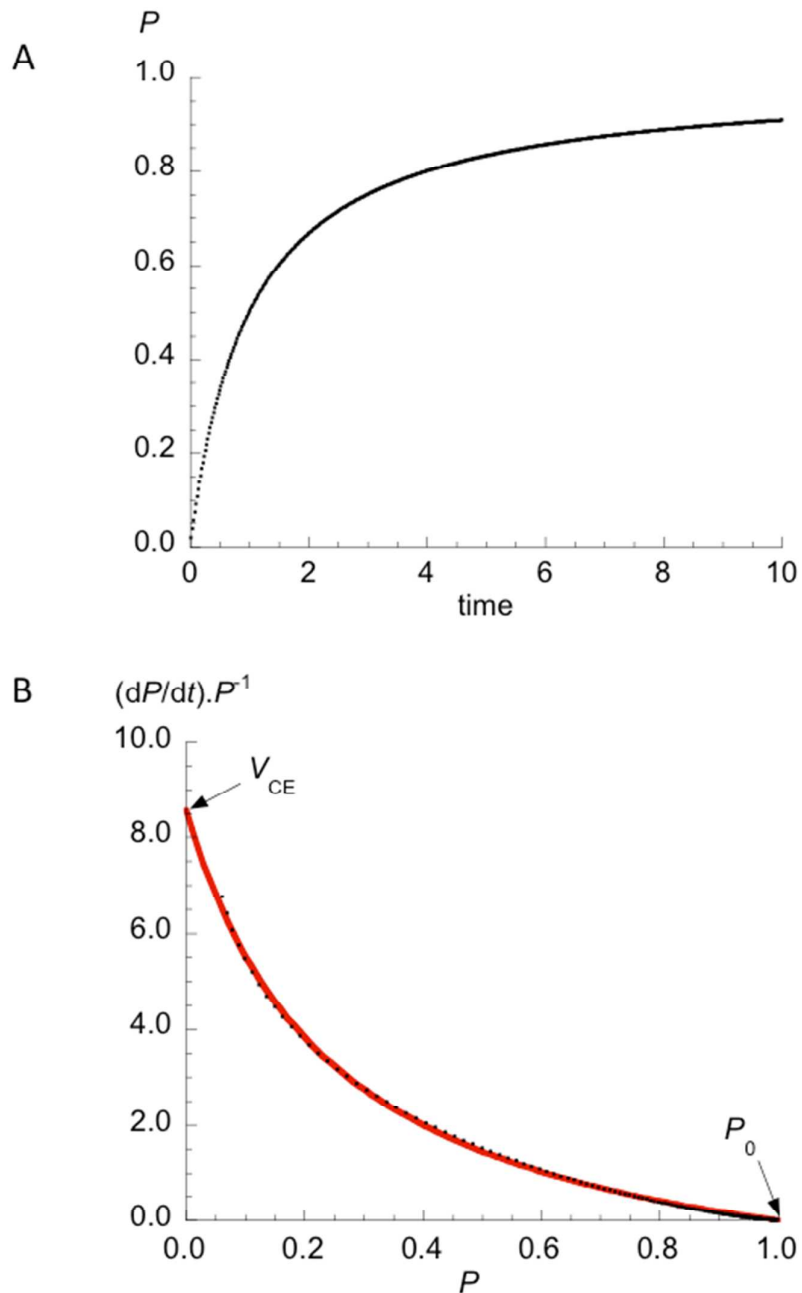
1. It is assumed that the bladder is ellipsoid or spherical during isometric contraction and the rate of intravesical pressure change by Laplace's Law is proportional to the rate of contractile element shortening
2. Contractile component tension is equal to series elastic (SEC) tension soon after activation. However, appreciation of PEC stress-strain properties is also needed as the PEC carries part of the resting tension and is only transferred to the SEC/CC fraction when CC shortening has been carried out. This may be accounted for by subtracting the absolute value of resting

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3 tension (pressure) from values during isometric contraction and this was done in the
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5 measurement presented here.¹
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8 3. The series elastic tension is scaled by a stiffness parameter, k , that is assumed to be
9
10 constant throughout. Whether k is equivalent or proportional to the reciprocal of bladder
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12 compliance during filling has not been determined and has been added to the 'limitations'
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14 section. However, this limitation will apply to any measurement of intravesical pressure
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16 during a contraction.
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21 Supplementary Figure 1 shows a modelled bladder contraction (part A) and a plot of
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23 $(dP/dt).P^{-1}$ as a function of P (Part B). The plot can be fitted by a hyperbolic function
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25 equivalent to a Hill force-velocity relationship; $(p+a)(v+b)=b(p_0+a)$. Here a and b are
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27 constants, P_0 is the maximum value when v_{CE} (equivalent to $(dP/dt).P^{-1}$) is zero and the
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29 intercept on the $(dP/dt).P^{-1}$ axis is equivalent to maximum v_{CE} .
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35 1. Urschell et al. 1970. Circulation 42 (suppl III): 111-115, 1970.
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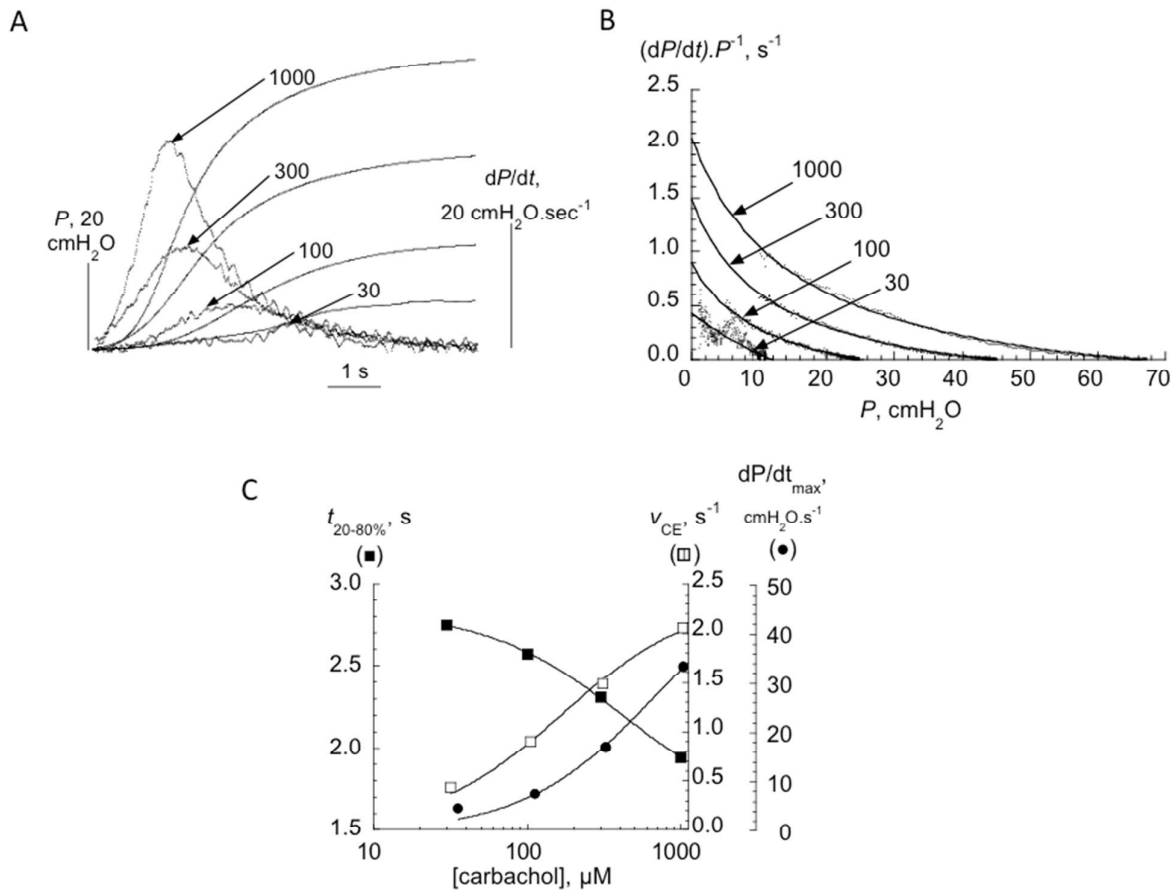
Supplementary Figure 1. Derivation of the method to estimate muscle contractility. A model contraction (part A) and a derived $(dP/dt).P^{-1}$ vs P (part B). The line in part B is fitted to the equation of the hyperbola $(p+a)(v+b)=b(p_0+a)$ and extrapolated to the P -axis and $(dP/dt).P^{-1}$ axis to yield respectively values of P_0 and v_{CE} .

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3 Validation of the analysis using an inotropic agent with isolated perfused pig bladders.

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5 Experiments used arterially perfused pig bladders to demonstrate the action of a known
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7 inotropic agent carbachol, added to the perfusate, on intravesical pressure and also on v_{CE} and
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9 P_0 . The bladder was held at constant volume to generate isovolumetric contractions, as
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11 measured in the human subjects. Pressure recordings were less prone to external
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13 interference than recordings with humans and so provided a convenient validation model.
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19 *Methods.* Female pig bladders were obtained at a local abattoir. The distal abdominal aorta
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21 and branches supplying the bladder were carefully dissected free. The bladder and associated
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23 vasculature were then excised and perfused with ice-cold Ca-free Krebs' solution at 4°C to
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25 drain blood from the organ and transported to the laboratory in cold (4°C) solution for
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27 immediate use. *Ex vivo* intravesical pressure recordings were made from arterially-perfused
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29 pig bladders at 37°C and filled to 150 ml.¹ Isovolumetric contractions were elicited by
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31 injections of carbachol-Krebs's into the perfusion-line. Digitised recordings were recorded at
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33 10 kHz and retrieved at 0.4 kHz for analysis. The composition of Krebs's solution was (mM):
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35 NaCl, 118.3; NaHCO₃, 24.9; KCl, 4.7; MgSO₄, 1.15; KH₂PO₄, 1.15; CaCl₂ 1.9; D-glucose, 11.7,
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37 gassed with 95% O₂/5% CO₂, pH 7.38 ± 0.01, 36 ± 1°C).
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45 *Results.* Pressure transients were recorded, at a constant intravesical volume of 150 ml, in
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47 response to the contractile agonist, carbachol (30-1000 µM). Supplementary Figure 2A shows
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49 superimposed rising phases of pressure transients and their first derivatives in response to
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51 carbachol. Corresponding $(dP/dt) \cdot P^{-1}$ vs P plots are in part B and show that increased
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53 contractions and dp/dt_{max} values with rising carbachol concentrations were mirrored by
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55 increases of v_{CE} and p_0 (part B). Part C shows the concentration-dependence of v_{CE} , and
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57 dp/dt_{max} . In addition, v_{CE} was inversely related to values of t_{20-80} , as in human data.
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Supplementary Figure 2. Contractility variables in the *ex vivo* pig bladder. A: Isovolumetric pressure traces from perfused pig bladder during bolus injections of carbachol (30-1000 μM): also shown are the first derivative (dP/dt) of the traces. B: plots of $(dP/dt)\cdot P^{-1}$ as a function of P for the traces in part A. C: carbachol dose-dependence of v_{CE} (open squares) and dP/dt_{max} (closed circles) and $t_{20-80\%}$ (closed squares). Lines are those of best-fit.

Reference

- 1 Parsons BA, Drake MJ, Gammie A, Fry CH, Vahabi B. Validation of a functional, isolated pig bladder model for physiological experimentation. *Front Pharmacol.* 2012 Mar 30; 3: 52.