

Eastern Illinois University

## The Keep

---

Plan B Papers

Student Theses & Publications

---

1-1-1965

### Selection and Classification of Books and Periodicals Appropriate for a Basic Women's Physical Education Departmental Library

Kay W. Metcalf

Follow this and additional works at: [https://thekeep.eiu.edu/plan\\_b](https://thekeep.eiu.edu/plan_b)

---

#### Recommended Citation

Metcalf, Kay W., "Selection and Classification of Books and Periodicals Appropriate for a Basic Women's Physical Education Departmental Library" (1965). *Plan B Papers*. 442.  
[https://thekeep.eiu.edu/plan\\_b/442](https://thekeep.eiu.edu/plan_b/442)

This Dissertation/Thesis is brought to you for free and open access by the Student Theses & Publications at The Keep. It has been accepted for inclusion in Plan B Papers by an authorized administrator of The Keep. For more information, please contact [tabruns@eiu.edu](mailto:tabruns@eiu.edu).

SELECTION AND CLASSIFICATION  
OF BOOKS AND PERIODICALS APPROPRIATE FOR A  
BASIC WOMEN'S PHYSICAL EDUCATION DEPARTMENTAL LIBRARY  
(TITLE)

BY

W. Kay Metcalf

**PLAN B PAPER**

SUBMITTED IN PARTIAL FULFILLMENT OF THE REQUIREMENTS FOR  
THE DEGREE MASTER OF SCIENCE IN EDUCATION  
AND PREPARED IN COURSE

W.P.E. 510 SUPERVISION IN PHYSICAL EDUCATION  
IN THE GRADUATE SCHOOL, EASTERN ILLINOIS UNIVERSITY,  
CHARLESTON, ILLINOIS

1965  
YEAR

I HEREBY RECOMMEND THIS PLAN B PAPER BE ACCEPTED AS  
FULFILLING THIS PART OF THE DEGREE, M.S. IN ED.

7/26/65  
DATE

[REDACTED]  
ADVISER

7/29/65  
DATE

[REDACTED]  
DEPARTMENT HEAD

## CHAPTER I

### INTRODUCTION

One of the basic features of a university is its library and the value of the library depends upon the information it contains and the extent to which it can be efficiently used. The university library is usually a centralized one which may be used by people of the community as well as by all of the students and faculty of the university. It houses books, periodicals, reference materials, micro-films and other materials useful to those using it.

Why is a library collection a necessary resource in the educative process? In order for one to obtain the best education, the breadth and depth of a student's experience must be as complete as possible. Just as instruction is a part of the complete education plan, library research helps to further the process by adding supplementary knowledge.

From the centralized library in the universities has come a classification of divisions of subject matter which in turn have resulted in divisional libraries and departmental libraries. For the purpose of this study, the writer is interested in the qualities of a departmental library.

A departmental library can be a most valuable source for students and teachers in the field of education. Departmentalization makes it possible to supply supplementary materials normally available

to the students in a more accessible and convenient manner. The books or other materials are readily available for immediate use because the collection is placed in a convenient location for those who make the greatest use of it.<sup>1</sup> Free and open access to all materials is implicit in the departmental plan. With this freedom students tend to become more familiar with more books and periodicals.<sup>2</sup> To summarize it may be said that the purpose of a departmental library is to supply those books which the individual user will find valuable, useful and readily available.<sup>3</sup>

The organization of university departmental libraries according to a broad subject plan is not new. The first divisional plans were put into effect at the University of Colorado and Brown University over twenty years ago. A shift to this arrangement is in the process or is being considered at many other universities, although the application of the principles of organization may vary at all of the institutions.<sup>4</sup> Since the beginnings of departmental libraries, the idea has grown more extensive. At the University of Illinois, there are twenty-three departmental libraries while Harvard has over fifty such collections.<sup>5</sup> The availability of space and materials as well as the cooperation of the various departments in the school may make a difference as to the effectiveness of library departmentalization.

---

<sup>1</sup>Louis Round Wilson and Maurice F. Tauber, The University Library (New York: Columbia University Press, 1956), p. 148.

<sup>2</sup>Ibid.

<sup>3</sup>Mary Duncan Carter and Wallace John Bonk, Building Library Collections (New York: The Scarecrow Press, Inc., 1959), p. 10.

<sup>4</sup>J. R. Blanchard, "Departmental Libraries in Divisional Plan University Libraries," College and Research Libraries, 14, (July, 1953), p. 243.

<sup>5</sup>Wilson, loc. cit.

### Purpose of the Study

The purpose of this study was to compile a representative list of books and periodicals that should be included as a basic departmental library for undergraduate study in Women's Physical Education at Eastern Illinois University. The selections were to include books and periodicals that would provide at least one good source for each aspect considered important in activity and professional courses of the Women's Physical Education Department.

So that the selections would be of most aid to the student, it was the writer's purpose to arrange and to categorize the listing of materials in such a way that they would be of most value as a reference and as a study aid. To achieve the latter purpose, materials were categorized according to the following general areas:

1. A general classification of areas within the field of Physical Education:

Sports -- individual, dual and team

Gymnastics

Dance -- modern, social, folk and square

Body Mechanics and Conditioning

Organization and Administration of the Physical  
Education Program

History and Principles of Physical Education

Teaching of Physical Education -- elementary and  
secondary

Kinesiology

Physiology of Exercise

2. The inclusion of a list of periodicals helps to make available current materials in the field of physical education.

3. It was also felt that the study should include an annotated bibliography indicating the general scope and content of the selections.

4. A classification of books and periodicals making available a ready-reference index to the various activities or area of knowledge was also included.

#### Delimitations of the Study

The writer is aware of the close relationship of physical education to health education, recreation and safety. However, in order to establish a limit on the scope of the study and the number of books that are available in these areas, physical education was selected as the area to be covered. The area of safety was included in the study only as it pertained to the specific activity.

The final selection was intended to be a representative sampling of references and not an exhaustive list of books and periodicals.

The references that were selected were chosen in relation to the Women's program of physical education at Eastern Illinois University. The list was not designed for the Men's department of physical education except in such cases where men's and women's activities were similar in nature of content.

The list was designed to include materials for those activity and theory courses now being offered in the major curriculum of Women's Physical Education at Eastern Illinois University. Also the study was restricted primarily for the use of undergraduate women majors in physical education.

### Definitions of Terms

As a means of clarifying various terms and statements included in the study, the author wishes to define the following words as they were used in the study.

- A. Divisional Library -- refers to two or more subjects united to form a library. An example of subjects might be Health, Physical Education and Recreation.
- B. Departmental Library -- materials maintained for one or more departments of a college. Usually the collections are attached to a specific department of instruction such as Physical Education.
- C. Centralized Library -- the basic library of a university housing materials for all departments of the school.
- D. Cross-reference -- a notation or direction at one part of a work referring to pertinent information at another part of the work.<sup>1</sup>

---

<sup>1</sup>Webster's Third New International Dictionary of the English Language, Philip Babcock Gove, editor (Springfield, Massachusetts: G. & C. Merriam Company, 1961)

## CHAPTER II

### REVIEW OF LITERATURE

In the search for related literature in connection with departmental libraries the writer was unable to find any previous studies on the subject of the study. However, in an attempt to establish the guidelines that would indicate the direction the study should take, various sources were utilized. An extensive study was made of the existing Physical Education Departmental Library at the University of Illinois. The procedure followed in its establishment was studied as well as its content. The content of the library was very inclusive due to the fact that an unlimited amount of money was allocated for this library and unlimited materials had been purchased. The procedure in selecting materials for the departmental library consisted of the recommendations of the physical education instructors at the University of Illinois and that of the librarian in the physical education library.

Interviews with the physical education librarian and the library science librarian at the University of Illinois as well as the reference librarians at Eastern Illinois University were conducted. From these interviews the writer was able to obtain a clearer concept of how the departmental library could complement the centralized library.



A study was then made of the Women's Physical Education major curriculum at Eastern Illinois University. After the determination of areas to be included, a study was made of texts currently in use in the physical education theory classes at Eastern Illinois University and the University of Illinois, the new books (1964-1965) in the field of physical education and the books that were included in an office collection of the Women's Physical Education Department at the University of Illinois.

The examination of these sources and the personal interviews made it possible for the author to establish guidelines for the study.

## CHAPTER III

### PROCEDURE

The purpose of this study was to compile a list of reference books and periodicals suitable for a departmental library arranged in such a manner that it could be used as a convenient and accessible source by undergraduate students in women's physical education.

The first step taken was the determination of possible materials available. The sources utilized for this information were: Eastern Illinois University Library, The University of Illinois Library, interviews with reference librarians and departmental librarians and lists of published materials.

A choice was then made as to the general areas and specific areas to be included within the content of the materials selected. The general areas that were chosen were: sports, gymnastics, dance, body mechanics and conditioning, organization and administration of the physical education program, history and principles of physical education, teaching of physical education, kinesiology, and physiology of exercise. Within each of the general areas a sub-division was made of the specific activities and areas to be included in the study.

- I. Sports
  - A. Individual
    - 1. Aquatics
    - 2. Archery
    - 3. Bowling
    - 4. Golf
    - 5. Track and field
  - B. Dual
    - 1. Badminton
    - 2. Tennis
  - C. Team
    - 1. Basketball
    - 2. Field Hockey
    - 3. Soccer
    - 4. Softball
    - 5. Speedball
    - 6. Volleyball
- II. Gymnastics
  - A. Apparatus
  - B. Stunts and tumbling
- III. Body Mechanics and Conditioning
- IV. Dance
  - A. Folk and Square
  - B. Modern
  - C. Social
- V. Organization and Administration of the Physical Education Program
- VI. History and Principles of Physical Education
- VII. Teaching of Physical Education
  - A. Elementary
  - B. Secondary
- VIII. Kinesiology
- IX. Physiology of Exercise

Following the selection of general areas and their sub-divisions, the facets of the specific activities that were considered of importance were selected. Those parts chosen as they pertained to each activity were: necessary equipment used, a brief history of the sport, the basic

rules of the sport, the skills involved (individual and team), the strategy of the game, the teaching technique, safety as it pertains to each activity, and choreography. For the specific aspects included for each activity see Table I on page 11.

A selection was then made of the actual books and periodicals that should be included in the representative departmental library in physical education. The list is a representative collection of sources. In some instances the material in several books was thought to be of equal value as a reference source. However, in these cases the book that was more recent in publication was selected.

A card file was compiled of the selected books. A card for each book naming the title, author, place of publication, publishing company, date of publication and the price of the book was completed. A brief annotation of the book was then written. The primary value of the annotation was to make the content of the book known immediately. For the list of titles and authors of the books selected for an undergraduate departmental library in Women's Physical Education at Eastern Illinois University, see Appendix A.

The list of periodicals was then compiled. An alphabetical list (Appendix B) and a classified list were both considered of importance. The periodicals were classified according to the headings: scientific, professional, specific activity or popular. (Appendix C) This composite represents current materials in the field of physical education.

The annotated bibliography of books (Appendix D) includes the author, title, place of publication, publishing company, date of publication, cost of the book and a brief annotation.

TABLE I  
IMPORTANT ASPECTS FOR EACH ACTIVITY

Activity	Chore- ography	Equip- ment	His- tory	Rules	Skills	Tech- niques
Archery		X	X	X	X	X
Aquatics			X	X	X	X
Badminton		X	X	X	X	X
Basketball		X	X	X	X	X
Bowling		X	X	X	X	X
Dance	X	X	X		X	X
Field Hockey		X	X	X	X	X
Golf		X	X	X	X	X
Gymnastics		X	X		X	X
Soccer		X	X	X	X	X
Softball		X	X	X	X	X
Speedball		X	X	X	X	X
Tennis		X	X	X	X	X
Track and Field		X	X	X	X	X
Volleyball		X	X	X	X	X

Following the completion of the selection of books and periodicals, a system was devised for cataloging the materials for practical use. An alphabetical system was used for classification. Also a cross-reference of books was used in the cataloging system. The system is illustrated on Page 13.

## ILLUSTRATION

### CATALOGING SYSTEM FOR BOOKS SELECTED

Administration of Physical Education (See Organization and Administration  
of Physical Education)  
Apparatus (See Gymnastics)  
Aquatics  
Archery  
Badminton  
Basketball  
Body Mechanics and Conditioning  
Bowling  
Choreography (See Dance)  
Conditioning (See Body Mechanics and Conditioning)  
Dance      Folk and Square Dance  
            Modern Dance  
            Social Dance  
Dual Sports (See specific sport)  
Elementary Physical Education (See Teaching of Physical Education, elementary)  
Equipment (See specific sport)  
Exercise (See Physiology of Exercise)  
Folk Dance (See Dance, Folk and Square)  
Golf  
Gymnastics  
History and Principles of Physical Education  
History of Sports (See specific sport)  
Hockey--Field  
Individual Sports (See also specific sport)  
Kinesiology  
Modern Dance (See Dance, Modern)  
Organization and Administration of the Physical Education Program  
Physiology of Exercise  
Principles of Physical Education (See History and Principles of Physical  
Education)  
Rules (See specific sport)  
Safety (See specific sport)  
Science of Physical Education (See Kinesiology and Physiology of Exercise)  
Scoring (See specific sport)  
Secondary Physical Education (See Teaching of Physical Education, Secondary)  
Skills (See specific sport)  
Soccer  
Social Dance (See Dance, Social)  
Softball  
Speedball  
Square Dance (See Dance, Folk and Square)  
Strategy (See specific sport)  
Stunts and Tumbling (See Gymnastics)  
Swimming (See Aquatics)  
Teaching of Physical Education, Elementary and Secondary  
Team Sports (See also specific sport)  
Technique (See specific sport)  
Tennis  
Tumbling (See Gymnastics)  
Track and Field  
Volleyball

## CHAPTER IV

### SUMMARY AND CONCLUSIONS

A departmental library would be a valuable and useful reference for students. The accessibility of materials in the field of Physical Education would serve as an aid to the students as a series of study helps or sources.

The selection of books and periodicals represents only a beginning departmental library. The addition of new material, as it is published, would help to build a more comprehensive and valuable collection. A library should always be built from day to day and kept up to date so as to be of the most value to those using the library. Also the addition of other reference and library materials could be included.

The study was limited to a list of books and periodicals appropriate for a basic Women's Physical Education Departmental Library at Eastern Illinois University. For the library to be put into effect, a study of the amount of space needed, adequate facilities, the operation of the library and a budget allowing for various materials would be necessary.



## APPENDIX A

BOOKS CLASSIFIED ACCORDING TO THE ACTIVITY OR AREA

## APPENDIX A

## BOOKS CLASSIFIED ACCORDING TO THE ACTIVITY OR AREA

Administration of Physical Education (See Organization and Administration of Physical Education)

Apparatus (See Gymnastics)

## Aquatics

American Red Cross -- Life Saving and Water Safety  
 American Red Cross -- Swimming and Diving  
 Gundling, Beulah -- Exploring Aquatics Art  
 Official Aquatics Guide -- AAHPER  
 Smith, Hope M. -- Water Sports

See also Individual Sports

Ainsworth, Dorothy S. -- Individual Sports for Women  
 Vannier, Maryhelen and Holly Beth Poindexter --  
 Individual and Team Sports for Girls and Women

## Archery

Hodgkin, Adrian Eliot -- The Archer's Craft  
 Hougham, Paul C. -- The Encyclopedia of Archery  
 Niemeyer, Roy K. -- Beginning Archery  
 Official Archery-Riding Guide -- AAHPER

See also Individual Sports

Ainsworth, Dorothy S. -- Individual Sports for Women  
 Miller, Donna Mae and Katherine L. Ley -- Individual  
 and Team Sports for Women  
 Vannier, Maryhelen and Holly Beth Poindexter --  
 Individual and Team Sports for Girls and Women

## Badminton

Davidson, Kenneth R. and Lealand R. Gustanson -- Winning Badminton  
 Jackson, Carl H. and Lester A. Swan -- Better Badminton  
 Official Tennis-Badminton Guide, AAHPER

See also Individual Sports

Ainsworth, Dorothy S. -- Individual Sports for Women  
 Miller, Donna Mae and Katherine L. Ley -- Individual  
 and Team Sports for Women  
 Vannier, Maryhelen and Holly Beth Poindexter --  
 Individual and Team Sports for Girls and Women

## Basketball

Bell, Mary M. -- Women's Basketball  
 Lawrence, Helen B. and Grace I. Fox -- Basketball for Girls and  
 Women  
 Official Basketball Guide -- AAHPER  
 Teague, Bertha F. -- Basketball for Girls

## APPENDIX A (continued)

## Basketball (continued)

See also Team Sports

- Blake, O. William and Anne M. Volp -- Lead up Games to Team Sports
- Meyer, Margaret H. and Marguerite M. Schwarz -- Team Sports for Girls and Women
- Miller, Donna Mae and Katherine L. Ley -- Individual and Team Sports for Women
- Vannier, Maryhelen and Holly Beth Poindexter -- Individual and Team Sports for Girls and Women

## Body Mechanics and Conditioning

- Broer, Marion R. -- Efficiency of Human Movement
- Lee, Mabel and Miriam M. Wagner -- Fundamentals of Body Mechanics and Conditioning
- Prudden, Bonnie and Dorothy Stull -- Fitness Book
- Scott, M. Gladys -- Analysis of Human Motion
- Wallis, Earl L. and Gene A. Logan -- Figure Improvement and Body Conditioning through Exercise.

## Bowling

- Official Bowling-Fencing-Golf Guide -- AAHPER
- Wene, Sylvia -- The Women's Bowling Guide
- Wilman, Joe -- Better Bowling

See also Individual Sports

- Ainsworth, Dorothy S. -- Individual Sports for Women
- Miller, Donna Mae and Katherine L. Ley -- Individual and Team Sports for Women
- Vannier, Maryhelen and Holly Beth Poindexter -- Individual and Team Sports for Girls and Women

## Choreography (See Dance)

## Conditioning (See Body Mechanics and Conditioning)

## Dance

Folk and Square

- Hall, J. Tillman -- A Complete Guide to Social, Folk and Square Dancing
- Harris, Jane A., Anne Pittman and M.S. Waller -- Dance a While: Handbook of Folk, Square and Social Dance
- Kraus, Richard G. -- Folk Dancing; A Guide to Schools, Colleges and Recreation Groups
- Owens, Lee -- American Square Dances
- Shaw, Lloyd -- Cowboy Dances, A Collection of Western Square Dances

## APPENDIX A (continued)

## Dance (continued)

## Modern

- H'Doubler, Margaret Newell -- Dance; A Creative Art Experience  
 Horst, Louis and Carroll Russell -- Modern Dance Forms in Relation to the Other Modern Arts  
 Lockhart, Aileene -- Modern dance; Building and Teaching Lessons  
 Radir, Ruth Anderson -- Modern Dance  
 Rogers, Frederick Rand -- Dance; A Basic Educational Technique

## Social

- Hall, J. Tillman -- A Complete Guide to Social, Folk and Square Dancing  
 Harris, Jane A. -- Dance a While -- Handbook of Folk, Square and Social Dance  
 Heaton, Alma and Israel Heaton -- Ballroom Dance Rhythms  
 Hostetler, Lawrence A. -- The Art of Social Dancing  
 Shaw, Lloyd -- The Round Dance Book: A Century of Waltzing  
 White, Betty -- Teen-Age Dancebook

Dual Sports (See specific sport)

Elementary Physical Education (See Teaching of Physical Education, Elementary)

Equipment (See specific sport)

Exercise (See Physiology of Exercise)

Folk Dance (See Dance, Folk and Square)

## Golf

- Finsterwald, Dow and Larry Robinson -- Fundamentals of Golf  
 Official Bowling-Fencing-Golf Guide -- AAHPER  
 Rehling, Conrad H. -- Golf for the Physical Education Teacher and Coach

See also Individual Sports

- Ainsworth, Dorothy S. -- Individual Sports for Women  
 Miller, Donna Mae and Katherine L. Ley -- Individual and Team Sports for Women  
 Vannier, Maryhelen and Holly Beth Poindexter -- Individual and Team Sports for Girls and Women

## Gymnastics

- Cotteral, Bonnie and Donnie Cotteral -- The Teaching of Stunts and Tumbling  
 Horne, Virginia Lee -- Stunts and Tumbling for Girls  
 Hugher, Eric -- Gymnastics for Girls  
 Ladue, Frank and Jim Norman -- This is Trampolining  
 Laken, Newton C. and R. J. Willough -- Complete Book of Gymnastics  
 Official Gymnastics Guide -- AAHPER

## APPENDIX A (continued)

## History and Principles of Physical Education

Nash, Jay Bryan -- Physical Education; Interpretations and Objectives

Nixon, Eugene White and Lance Flanagan and Florence S. Frederickson -- Introduction to Physical Education

Rice, Emmett Ainsworth, John L. Hutchison and Mabel Lee -- A Brief History of Physical Education

Van Dalen, Deabold B., Bruce L. Bennett and Elmer D. Mitchell -- A World History of Physical Education

Williams, Jesse Feiring -- Principles of Physical Education

Zeigler, Earle F. -- Philosophical Foundations for Physical, Health and Recreation Education

## History of Sports (See specific sport)

## Hockey--Field

Lee, Josephine T. -- Field Hockey for Girls

Mackey, Helen T. -- Field Hockey

Official Field Hockey-Lacrosse Guide -- AAHPER

Pollard, Marjorie -- Playing Hockey by a Team of Internationals

Pollard, Marjorie -- Your Book of Hockey

## See also Team Sports

Blake, O. William and Anne M. Volp -- Lead up games to Team Sports

Meyer, Margaret H. and Marguerite M. Schwarz -- Team Sports for Girls and Women

Miller, Donna Mae and Katherine L. Ley -- Individual and Team Sports for Women

Vannier, Maryhelen and Holly Beth Poindexter -- Individual and Team Sports for Girls and Women

## Individual Sports

Ainsworth, Dorothy S. -- Individual Sports for Women

Miller, Donna Mae and Katherine L. Ley -- Individual and Team Sports for Women

Vannier, Maryhelen and Holly Beth Poindexter -- Individual and Team Sports for Girls and Women

## See also specific sport

## Kinesiology

Scott, M. Gladys -- Analysis of Human Motion

Wells, Katherine F. -- Kinesiology

## Modern Dance (See Dance, Modern)

## APPENDIX A (continued)

## Organization and Administration of the Physical Education Program

- Hughes, W. M., Esther French and Nelson G. Lehsten --  
Administration of Physical Education for Schools and  
Colleges
- Mathews, Donald K. -- Measurement in Physical Education
- Meyers, Carlton and T. Erwin Blesh -- Measurement in Physical  
Education
- Scott, M. Gladys and Esther French -- Measurement and Evaluation  
in Physical Education
- Voltmer, Edward Frank -- Organization and Administration of  
Physical Education

## Physiology of Exercise

- Karpovitch, Peter V. -- Physiology of muscular Activity
- Rathbone, Josephine Langworthy -- Corrective Physical Education

## Principles of Physical Education (See History and Principles of Physical Education)

## Rules (See specific sport)

## Safety (See specific sport)

## Science of Physical Education (See Kinesiology and Physiology of Exercise)

## Scoring (See specific sport)

## Secondary Physical Education (See Teaching of Physical Education, Secondary)

## Skills (See specific sport)

## Soccer

- Hupprich, Florence L. -- Soccer and Speedball for Girls
- Official Soccer-Speedball Guide -- AAHPER

## See also Team Sports

- Blake, O. William and Anne M. Volp -- Lead up games  
to Team Sports
- Meyer, Margaret H. and Marguerite M. Schwarz --  
Team Sports for Girls and Women
- Miller, Donna Mae and Katherine L. Ley -- Individual  
and Team Sports for Women
- Vannier, Maryhelen and Holly Beth Poindexter --  
Individual and Team Sports for Girls and Women

## Social Dance (See Dance, Social)

## APPENDIX A (continued)

## Softball

Athletic Institute -- How to Improve Your Softball  
 Noren, Arthur T. -- Softball with Official Rules  
 Official Softball Guide -- AAHPER

## See also Team Sports

Blake, O. William and Anne M. Volp -- Lead up games  
     to Team Sports  
 Meyer, Margaret H. and Marguerite M. Schwarz --  
     Team Sports for Girls and Women  
 Miller, Donna Mae and Katherine L. Ley -- Individual  
     and Team Sports for Women  
 Vannier, Maryhelen and Holly Beth Poindexter --  
     Individual and Team Sports for Girls and Women

## Speedball

Hupprich, Florence L. -- Soccer and Speedball for Girls  
 Official Soccer-Speedball Guide -- AAHPER

## See also Team Sports

Blake, O. William and Anne M. Volp -- Lead up games  
     to Team Sports  
 Meyer, Margaret H. and Marguerite M. Schwarz --  
     Team Sports for Girls and Women  
 Miller, Donna Mae and Katherine L. Ley -- Individual  
     and Team Sports for Women  
 Vannier, Maryhelen and Holly Beth Poindexter --  
     Individual and Team Sports for Girls and Women

Square Dance (See Dance, Folk and Square)

Strategy (See specific sport)

Stunts and Tumbling (See Gymnastics)

Swimming (See Aquatics)

## Teaching of Physical Education

## Elementary

Andrews, Gladys -- Creative Rhythmic Movement for Children  
 Schon, Elizabeth L. -- Physical Education Methods for  
     Elementary Schools  
 Van Hagen, Winifred, Genevieve Dexter and Jesse Feiring Williams --  
     Physical Education in the Elementary School

## Secondary

Cowell, Charles Clarence and Hilda M. Schwehn -- Modern  
     Principles and Methods in Secondary School Physical  
     Education  
 Davis, Elwood Craig -- Toward Better Teaching in Physical  
     Education

## APPENDIX A (continued)

## Teaching of Physical Education (continued)

## Secondary (continued)

Miller, Arthur G. and M. Dorothy Massey -- A Dynamic  
Concept of Physical Education for Secondary  
Schools

Vannier, Maryhelen and Hollis F. Fait -- Teaching  
Physical Education in Secondary Schools

## Team Sports

Blake, O. William, and Anne M. Volp -- Lead up games to  
Team Sports

Meyer, Margaret H. and Marguerite M. Schwarz -- Team Sports  
for Girls and Women

Miller, Donna Mae and Katherine L. Ley -- Individual and  
Team Sports for Women

Vannier, Maryhelen and Holly Beth Poindexter -- Individual  
and Team Sports for Girls and Women

## Technique (See specific sport)

## Tennis

Browne, Mary K. -- Design for Tennis

Murphy, Bill and Chet Murphy -- Tennis Handbook

Official Tennis-Badminton Guide -- AAHPER

Talbert, William F. and Bruce S. Old -- The Game of Doubles  
in Tennis

## See also Individual Sports

Ainsworth, Dorothy S. -- Individual Sports for Women

Miller, Donna Mae and Katherine L. Ley -- Individual  
and Team Sports for Women

Vannier, Maryhelen and Holly Beth Poindexter --  
Individual and Team Sports for Girls and Women

## Tumbling (See Gymnastics)

## Track and Field

Miller, Kenneth D. -- Track and Field for Girls

Official Track and Field Guide --AAHPER

Scott, Phebe M. -- Track and Field for Girls and Women

## See also Individual Sports

Miller, Donna Mae and Katherine L. Ley -- Individual  
and Team Sports for Women

Vannier, Maryhelen and Holly Beth Poindexter --  
Individual and Team Sports for Girls and Women



## APPENDIX A (continued)

## Volleyball

Laveaga, Robert E. -- Volleyball

Official Volleyball Guide -- AAHPER

Welch, J. Edmund -- How to Play and Teach Volleyball

## See also Team Sports

Blake, O. William and Anne M. Volp -- Lead up games  
to Team Sports

Meyer, Margaret H. and Marguerite M. Schwarz --  
Team Sports for Girls and Women

Miller, Donna Mae and Katherine L. Ley -- Individual  
and Team Sports for Women

Vannier, Maryhelen and Holly Beth Poindexter --  
Individual and Team Sports for Girls and Women

APPENDIX B

PERIODICALS TO BE INCLUDED IN THE PHYSICAL EDUCATION LIBRARY

Alphabetical List

## APPENDIX B

## PERIODICALS TO BE INCLUDED IN THE PHYSICAL EDUCATION LIBRARY

## Alphabetical List

Archery	Safety Education
Athletic Journal	Scholastic Coach
Bowling Magazine	Sport and Recreation
Dance Observer	Sports Illustrated
Dance Magazine	Swimming Pool Age
Dance News	Tam and Archers' World
Dance Perspectives	Theatre Arts
Dancing Times	Today's Health
Golfing	Track and Field News
Impulse	Track Technique
International Volleyball Review	World Sports
Journal of Applied Physiology	World Tennis
Journal of Aesthetics and Art Criticism	
Journal of Health, Physical Education and Recreation	
Let's Dance	
Modern Gymnast	
Physical Education	
Physical Educator	
Professional Golfer	
Quest	
Recreation	
Research Quarterly	

## APPENDIX C

### CLASSIFICATION OF PERIODICALS

## APPENDIX C

## CLASSIFICATION OF PERIODICALS

Popular

Sport and Recreation  
Sports Illustrated  
Theatre Arts  
World Sports

Professional

Athletic Journal  
Journal of Health, Physical Education and Recreation  
Physical Education  
Physical Educator  
Quest  
Recreation  
Safety Education  
Scholastic Coach  
Today's Health

Scientific

Journal of Aesthetics and Art Criticism  
Journal of Applied Physiology  
Research Quarterly

Specific Activity

Archery  
Bowling Magazine  
Dance Magazine  
Dance News  
Dance Observer  
Dance Perspectives  
Dancing Times  
Golfing  
Impulse  
International Volleyball Review  
Let's Dance  
Modern Gymnast  
Professional Golfer  
Swimming Pool Age  
Tam and Archers' World  
Track and Field News  
Track Technique  
World Tennis

## APPENDIX D

### ANNOTATED BIBLIOGRAPHY OF BOOKS

## APPENDIX D

## ANNOTATED BIBLIOGRAPHY OF BOOKS

Ainsworth, Dorothy S., Individual Sports for Women (Philadelphia: W. B. Saunders Company, 1963), \$7.00.

Includes chapters on teaching individual sports; archery, badminton, bowling, fencing, golf, riding, swimming, tennis. Emphasis on techniques and strategy of each sport. Includes nature of game, scoring, equipment, skills, officiating and a progression.

American Association of Health, Physical Education, and Recreation, Division for Girls and Women's Sports, Official Archery-Riding Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Aquatics Guide, 1965. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Basketball Guide, August, 1965. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Bowling-Fencing-Golf Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Field Hockey-Lacrosse Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Gymnastics Guide, June 1965. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Soccer-Speedball Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Softball Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Tennis-Badminton Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Track and Field Guide, 1964-1966. New issues printed every 2 years. \$1.00.

American Association of Health, Physical Education, and Recreation, Division for Girl's and Women's Sports, Official Volleyball Guide, August, 1965. New issues printed every 2 years. \$1.00.

## APPENDIX D (continued)

American Red Cross, Life Saving and Water Safety (New York: Doubleday and Company, Inc., 1956), \$.75.

Includes personal safety in swimming, bathing places, personal safety and self-rescue in the use of a small craft, drowning and elementary forms of rescue, swimming rescue recovering a submerged victim, resuscitation, special forms of rescue and ice accident prevention and rescue.

American Red Cross, Swimming and Diving (New York: Doubleday and Company, Inc., 1938), \$.75.

Includes introduction to swimming, learning how to swim, elements of swimming, styles of swimming and diving.

Andrews, Gladys, Creative Rhythmic Movement for Children (New York: Prentice-Hall, Inc., 1954), \$10.60.

Includes creative movement experiences, movement, movement exploration, development of movement, effect of space on movement, effect of rhythm on movement, percussion and movement, ideas and movement and creativity in the school program including the music for movement and illustrations.

Athletic Institute, How to Improve Your Softball, 1953, \$1.00.

Discusses the game of softball, throwing, fielding, hitting running, pitching and defensive play of the game. Complete with diagrams.

Bell, Mary M., Women's Basketball (Dubuque, Iowa: William C. Brown Company, 1964), \$3.25.

Includes history and values of basketball, defensive skills and offensive skills, systems of defensive and offensive play, planning units of instruction and suggestions for the coach.

Blake, O. William and Anne M. Volp, Lead Up Games to Team Sports (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1964), \$3.95.

Includes illustrations of each game, names and explains lead ups for basketball, field hockey, lacrosse, soccer, speedball, speed-a-way, softball, touch football and volleyball.

Broer, Marion R., Efficiency of Human Movement (Philadelphia: W.B. Saunders Company, 1960).

Includes chapters on concepts of efficient movement, basic mechanical principles underlying efficient movement, application of basic mechanical principles to fundamental physical skills, application of the basic mechanical principles to sports and dance, and movement education. Also includes photographs.

Browne, Mary K., Design for Tennis (New York: A.S. Barnes and Company, 1949), \$3.00.

Includes discussions on skills of tennis, techniques and equipment. Special emphasis is given to the techniques.



## APPENDIX D (continued)

Cotteral, Bonnie and Donnie Cotteral, The Teaching of Stunts and Tumbling (New York: A.S. Barnes and Company, 1936), \$3.00.

A basic beginning book of the teaching of stunts and tumbling including a chapter on the history of stunts and tumbling. Includes stunts and tumbling material and demonstrations.

Cowell, Charles C. and Hilda M. Schwehn, Modern Principles and Methods in Secondary School Physical Education (Boston: Allyn and Bacon, 1964), \$9.25.

Includes chapters on the foundation of physical education, the task of the physical education teacher, foundations of teaching procedures, curriculum content, measurement and evaluation.

Davidson, Kenneth R. and Lealand R. Gustanson, Winning Badminton (New York: A.S. Barnes and Company, 1953), \$4.00.

Includes chapters on elementary badminton, advanced badminton (strategy, singles and men's and ladies' doubles, and mixed doubles), and organization for group instruction, clubs, and junior development.

Davis, Elwood Craig and Earl L. Wallis, Toward Better Teaching in Physical Education (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1961), \$10.60.

Includes chapters for the beginning teacher, nature of teaching, self-analysis and improvement, and the nature of the learner and motor learning. Discusses You and teaching, Your students and learning, Your purposes and values, Your program of student experiences, Your ways of teaching and future benefits.

Finsterwald, Dow and Larry Robinson, Fundamentals of Golf (New York: The Ronald Press Company, 1961), \$5.00.

Special emphasis is given to the equipment and the skill of the game.

Gundling, Beulah, Exploring Aquatics Art (Cedar Rapids, Iowa: International Academy of Aquatic Art, 1963),

Includes chapters on general information of aquatic art, a beginning movement vocabulary, a movement vocabulary for beginning intermediates, intermediates and advanced. Includes elements of choreography and performing.

Hall, J. Tillman, A Complete Guide to Social, Folk and Square Dancing (Belmont, California: Wadsworth Publishing Company, 1963), \$6.50.

Includes history of dance, values, interpretations of music for dance, teaching techniques and facilities, fundamental dance movements, elementary folk, intermediate folk, advanced folk, square dances, soft shoe and tap dancing, and social dancing.

Harris, Jane A. and Anne Pittman and M. S. Waller, Dance a While: Handbook of Folk, Square and Social Dance (Minneapolis: Burgess Company, 1964), \$6.95.

Includes history and background of dance, facilities and equipment, organization of group instruction, dance fundamentals of western square dance, round dance, folk dance, social dance, mixers and icebreakers.

H'Doubler, Margaret N., Dance; A Creative Art Experience (Madison: University of Wisconsin Press, 1957), \$4.00.

Includes cultural survey of dance, province of dance education through dance, technique and expression, Form as organic unity, Form and Content, Form and Structure, dance and music.

Heaton, Alma and Israel Heaton, Ballroom Dance Rhythms (Dubuque, Iowa: William C. Brown Company, 1961), \$4.95.

Includes introduction to dance, fundamentals of dance, American dances and Latin-American dances.

Horne, Virginia Lee, Stunts and Tumbling for Girls (New York: A. S. Barnes and Company, 1943), \$4.50

Basic book of stunts and tumbling. Includes teaching aids, individual stunts and tumbling, stunts and tumbling for partners of the same size, partners of unequal size and groups. Emphasis on beginning techniques.

Horst, Louis and Carroll Russell, Modern Dance Forms in Relation to the Other Modern Arts (San Francisco: Impulse Publications, 1961), \$5.00.

Includes modern dance forms, elements of dance, and the background of modern dance.

Hostetler, Lawrence A., The Art of Social Dancing (New York: A.L. Burt Company, 1936), \$2.00.

Chapters discussing dance position, relaxation, leading and following and various dance steps.

Hougham, Paul C., The Encyclopedia of Archery (New York: A.S. Barnes and Company, 1958), \$5.00.

A very complete list of the terms used in archery with definitions.

Hughes, Eric, Gymnastics for Girls: A Competitive Approach for Teacher and Coach (New York: The Ronald Press Company, 1963), \$5.00.

Includes an introduction to gymnastics, tumbling floor exercises, balance beam, side horse vaulting, uneven parallel bars, trampoline, competitive gymnastics. Each chapter includes values, rules, equipment, safety, teaching technique, and skill involved.

## APPENDIX D (continued)

Hughes, W. L. and Esther French and Helson G. Lehsten, Administration of Physical Education for Schools and Colleges (New York: The Ronald Press Company, 1962), \$5.50.

Includes chapters on the role of the administrator, community relationships, contemporary physical education, and coordinative responsibilities.

Hupprich, Florence L., Soccer and Speedball for Girls (New York: A.S. Barnes and Company, 1942), \$1.00

Includes history of the games, playing positions, techniques and team tactics of soccer and speedball, practicing skills, teaching and coaching.

Jackson, Carl H. and Lester A. Swan, Better Badminton (New York: A.S. Barnes and Company, 1939), \$1.00.

Includes discussions on the grip, serve, game of singles and doubles (rules and scoring and service), bird flight and return, fundamental strokes, footwork, teamwork, strategy and equipment.

Karpovitch, Peter V., Physiology of Muscular Activity (Philadelphia: W. B. Saunders Company, 1965), \$6.25.

Includes chapters on skeletal muscles, muscle training, nerve control, muscular work, oxygen in physical exertion, work, energy and mechanical efficiency, energy cost of various activities, respiration, blood composition and transportation of gases, blood circulation and heart, pulse rate, arterial and venous blood pressure, coordination of functions of various organs for muscular work, fatigue and staleness, physical work in relation to external temperature, blood type, etc.

Kraus, Richard G., Folk Dancing; A Guide to Schools, Colleges, and Recreation Groups (New York: Macmillan, 1962), \$4.95.

Includes fundamental positions, formations and skills, basic steps, teaching guides, units of instruction and various folk dances.

Ladue, Frank and Jim Norman, This is Trampolining (Cedar Rapids, Iowa: Nissen Trampoline Company, 1954), \$5.00.

Introduction to trampoline: the instructor and his duties, the student and his duties, fundamentals of trampoline, teaching techniques and lesson plans, mechanics and trampolining, mechanical analysis, advanced trampolining and competition.

## APPENDIX D (continued)

Laveaga, Robert E., Volleyball (New York: Ronald Press Company, 1960), \$3.50.

Includes history of the game, fundamentals and principles, techniques, explains the serve, the attack, defensive and offensive play, equipment, officiating, and training for competition. Also includes organization of classes.

Lawrence, Helen B. and Grace I. Fox, Basketball for Girls and Women (New York: McGraw-Hill Book Company, Inc., 1954), \$4.00.

Special emphasis is given to the history of the game. Also includes areas of sportsmanship, competition, conditioning, skills involved, prevention and care of injuries, and standards of conduct.

Lee, Mabel and Miriam M. Wagner, Fundamentals of Body Mechanics and Conditioning (Philadelphia: W. B. Saunders Company, 1949), \$4.50.

Includes the following areas: fitness, fundamentals of body mechanics and conditioning in the physical education program, conditioning exercises, activities for developing cardiorespiratory endurance, effective use of the body, teaching techniques, organization and conduct of the course, and evaluating a course of body mechanics and conditioning.

Lees, Josephine T., Field Hockey for Girls (New York: A.S. Barnes and Company, 1942), \$4.00.

Primarily for beginning players. Includes basic techniques, strokes, skills, defensive tactics, history and equipment.

Lockhart, Aileene, Modern Dance; Building and Teaching Lessons (Dubuque, Iowa: William C. Brown Company, 1957), \$3.50.

Includes warm-ups, fundamentals, forms, dance steps, patterns of movement, qualities of movement, style, evaluation, accompaniment, dance and music terminology.

Loken, Newton C. and R. J. Willough, Complete Book of Gymnastics (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1959), \$10.00.

Includes history and values, calisthenics, tumbling, balancing, free exercise, trampolining, side and long horse, horizontal bar, parallel bars, rings, women's free exercise, women's vaulting, women's balance beam, women's even and uneven parallel bars, rope activities, springboard, and trampoline. Also includes a chapter on gymnastic exhibitions.

Mackey, Helen T., Field Hockey (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1963), \$7.35.

Includes chapters on the history, skills, equipment and strategy of field hockey.

## APPENDIX D (continued)

Mathews, Donald K., Measurement in Physical Education (Philadelphia: W. B. Saunders, Company, 1963), \$6.75.

Includes chapters on the approach to measurement and evaluation, test selection, analysis of test scores, measuring strength, motor fitness tests, general motor ability, sports skill testing, cardiovascular tests, nutritional measurements, evaluation of body mechanics, evaluation of social efficiency, sports and health knowledge tests, marking in physical education, and organization and administration of a measurement program.

Meyer, Margaret H. and Marguerite M. Schwarz, Team Sports for Girls and Women (Philadelphia: W. B. Saunders Company, 1965), \$6.00.

includes the value of team sports, basic drills, fundamentals of body control and footwork. The following sports are included: basketball, hockey, soccer, softball, speedball, and volleyball.

Meyers, Carlton and T. Erwin Blesh, Measurement in Physical Education (New York: The Ronald Press Company, 1962), \$6.50.

Includes understanding and measurement in teaching, extensive in the coverage of areas of measurement and application of measurement.

Miller, Arthur G. and M. Dorothy Massey, A Dynamic Concept of Physical Education for Secondary Schools (Englewood Cliffs, N. J.: Prentice-Hall, Inc., 1963), \$6.75.

Includes areas of physical education in the curriculum, physical education teachers, characteristics of growth and development of secondary school pupils, organization and administration, art of teaching physical education, program planning, unit plans and activities for the secondary physical education program.

Miller, Donna Mae and Katherine L. Ley, Individual and Team Sports for Women (New York: Prentice-Hall, Inc., 1955), \$10.00.

Methods and materials common to all activities. An explanation of the game, skills, brief history, rules, scoring, equipment, techniques and strategy included for the following sports: archery, badminton, bowling, golf, skating, skiing, tennis, track and field, basketball, field hockey, soccer, softball, speedball, and volleyball.

Miller, Kenneth D., Track and Field for Girls (New York: Ronald Press Company, 1964), \$4.00.

Includes a history on track and field, various events including the background, nature of the event and technique and also specifics about each event.

## APPENDIX D (continued)

Murphy, Bill and Chet Murphy, Tennis Handbook (New York: The Ronald Press Company, 1962), \$5.50.

Includes chapters on the strokes, skills and game strategy of tennis.

Nash, Jay Bryan, Physical Education; Interpretations and Objectives (New York: A.S. Barnes Company, 1963), \$3.50.

Includes chapters on relationships, engines of the human body, development, and adjustment to standards.

Niemeyer, Roy K., Beginning Archery (Belmont, California: Wadsworth, 1962), \$1.00.

Discussion on the history of archery, equipment, techniques rules and safety of the game.

Nixon, John E., Florence S. Frederickson, and Lance Flanagan, Introduction to Physical Education (Philadelphia: W. B. Saunders Company, 1964), \$5.00.

Includes the following areas: aims, objectives and policies of physical education, opportunities and leadership, history, scientific foundations of the physical education program and curriculum, physical and social development, leisure time and physical education, competitive sports and athletics, and evaluation and research of physical education.

Noren, Arthur T., Softball with Official Rules (New York: The Ronald Press Company, 1959), \$3.50.

Introduction and history of softball, playing the game-- skills and players, and rules and equipment.

Owens, Lee, American Square Dances (California: Pacific Books, 1949), \$3.50.

Includes two parts: Off the Floor and On the Dance Floor. Discusses the caller, music, movement and figures of square, the dances and the calls.

Pollard, Marjorie, Playing Hockey by a Team of Internationals (Harcourt: Marjorie Pollard Publications Limited)

Includes skills and strategy of each player on the hockey team. Adapted to the more advanced hockey player.

Pollard, Marjorie, Your Book of Hockey (London: Faber and Faber, 1959), \$2.20.

Special emphasis on players and their duties, also includes information about equipment, skills and rules of the game.

Prudden, Bonnie and Dorothy Stull, Fitness Book: A Picture Guide with Exercises and Reducing Plans (New York: The Ronald Press Company, 1959), \$3.50.

A twenty-four week plan explaining each exercise and including illustrations.

## APPENDIX D (continued)

Radir, Ruth Anderson, Modern Dance (New York: A.S. Barnes and Company, 1944), \$2.50.

Modern dance in relation to our culture, evaluation of dance, dance as education, group communication, approaches to creative work, various types of accompaniment, extending the dance experience of students, future directions of dance.

Rathbone, Josephine Langworthy, Corrective Physical Education (Philadelphia: W. B. Saunders Company, 1965), \$7.00.

Includes chapters on the review of anatomy and mechanics of joint action, neuromuscular basis for reconditioning, faulty development, tension, fatigue and conscious relaxation, exercise in medicine, exercise program for physical education in rehabilitation, recreation for the handicapped and administrative problems.

Rehling, Conrad H., Golf for the Physical Education Teacher and Coach (Dubuque, Iowa: William C. Brown Company, 1954), \$3.00.

Chapters include a history of golf, equipment, safety, basic shots and teaching techniques.

Rice, Emmitt Ainsworth, John L. Hutchison and Mabel Lee, A Brief History of Physical Education (New York: The Ronald Press Company, 1958), \$5.00

Includes chapters on physical education in ancient cultures, physical education from the teutonic invasions to modern society, and emphasis on physical education in the United States of America.

Rogers, Frederick Rand, Dance; A Basic Educational Technique (New York: The Macmillan Company, 1941), \$3.75.

Includes educational critiques of dance, basic methods in teaching, rhythmic activities, fundamental rhythmic techniques for the body and development and control of the body.

Scott, M. Gladys, Analysis of Human Motion (New York: F. S. Crofts and Company, 1963), \$6.00.

Includes chapters on physiology of movement, articulation of the body, muscles of the body, mechanics, analysis of activities and problems of the physical education teacher.

Scott M. Gladys and Esther French, Measurement and Evaluation in Physical Education (Dubuque, Iowa: William C. Brown Publishers, 1959), \$6.25.

Chapters discussing the purposes of evaluation and measurement, measuring tools, basic statistics, skill tests and batteries, knowledge tests and sports skill tests, evaluation of physical fitness and various other measurements and evaluations.

## APPENDIX D (continued)

Scott, Phebe M., Track and Field for Girls and Women (New York: Appleton-Century-Crofts, 1964), \$6.50.

Complete discussion of history, methods of teaching; explains various events with illustrations. Includes teaching suggestions and rules for each event.

Sehon, Elizabeth L., Marian H. Anderson, Winifred W. Hodgins, and Gladys R. Van Fossen, Physical Education Methods for Elementary Schools (Philadelphia: W. B. Saunders Company, 1953), \$4.50.

Includes chapters on foundations of teaching, planning the program, body mechanics, games of simple organization, team games and related activities, sports units, individual and dual games, creative rhythms, folk singing games and folk dances, social and tap dancing, physical education in the integrated program, classroom activities, playground supervision and audio-visual aids.

Shaw, Lloyd, Cowboy Dances, A Collection of Western Square Dances (Caldwell, Idaho: Caxton Printers, 1949), \$5.00.

Includes various dances explaining each dance and the call. Illustrations of the dances.

Shaw, Lloyd, The Round Dance Book: A Century of Waltzing (Caldwell, Idaho: Caxton Printers, 1949), \$5.00.

Explains waltzing, polka, waltz, special waltzes, the schottische, two-step, Viennese waltz and circle mixers. Includes history of each dance.

Smith, Hope M., Water Sports (New York: The Ronald Press Company, 1962), \$3.50.

Divided into beginners, intermediates and advanced fun games in water.

Talbert, William F. and Bruce S. Old, The Game of Doubles in Tennis (New York: Henry Holt and Company, 1956), \$4.95.

Includes rules, history, teaching techniques and skills of the game. Geared to techniques and skills for a doubles game in tennis.

Teague, Bertha Frank, Basketball for Girls (New York: The Ronald Press Company, 1962), \$5.00.

Includes conditioning, coordination and footwork, handling of the ball, passing, dribbling, shooting, rebounding, individual defense, team offense and the defense of the game.

Van Dalen, Deabold B., Elmer D. Mitchell and Bruce L. Bennett, A World History of Physical Education (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1953), \$8.50.

Includes physical education in ancient societies, middle ages and early modern times, modern Europe, United States, and other modern countries.



## APPENDIX D (continued)

Van Hagen, Winifred, Genevieve Dexter and Jesse Feiring Williams, Physical Education in the Elementary School (Sacramento, California: State Department of Education, 1951), \$6.50.

Characteristics of an adequate physical education program for elementary and activities for physical education in Grades 1-8, each explained and illustrated.

Vannier, Maryhelen and Hollis F. Fait, Teaching Physical Education in Secondary Schools (Philadelphia: W. B. Saunders Company, 1964), \$7.75.

Includes background, administrative details, activity period, extra-class program and pupil and personal assessment.

Vannier, Maryhelen and Holly Beth Poindexter, Individual and Team Sports for Girls and Women (Philadelphia: W. B. Saunders Company, 1960), \$6.50.

Orientation to sports including equipment, skills and techniques, brief history and strategy. Sports included are: archery, badminton, bowling, fencing, golf, swimming, diving, synchronized swimming, table tennis, tennis, track and field, basketball, field hockey, lacrosse, soccer, softball, speedball and volleyball.

Voltmer, Edward Frank, Organization and Administration of Physical Education (New York: Appleton-Century-Crofts, 1958), \$5.75.

Includes chapters on place of physical education in education, aims and objectives, administrative policies and activities, service program, physical education staff, school health education, physical education plant, interschool athletics, intramural athletics, student leaders in physical education, physical education class details, budget making and finance, purchase and care of equipment, public relations in physical education, legal liability for injury, office management, physical education organizations, and tests and measurements in physical education.

Wallis, Earl L. and Gene A. Logan, Figure Improvement and Body Conditioning through Exercise (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1964), \$4.95.

Includes chapters on scientific basis for fitness and form, development of the body, misconceptions about exercise, exercise and weight control, uses of exercise, and development of endurance, flexibility, strength or tone.

Welch, J. Edmund, How to Play and Teach Volleyball (New York: Association Press, 1960), \$3.75.

Included chapters on the serve, pass, setup, spike, block, recovery shots, offense, defense, conditioning, officiating, and teaching techniques.

## APPENDIX D (continued)

Wells, Katharine F., Kinesiology (Philadelphia: W. B. Saunders Company, 1961), \$5.75.

Includes chapters on anatomic fundamentals of human motion, mechanics of human motion, underlying principles of basic motor skills and application of kinesiology.

Wene, Sylvia, The Women's Bowling Guide (New York: David McKay Company, Inc., 1959), \$2.95.

Basic book including beginning to advanced skills in bowling and rules.

White, Betty, Teen-Age Dancebook (New York: David McKay Company, Inc., 1963), \$5.95.

Includes preparation for social dancing, positions, various styles and steps and explains how to organize a dance and what should be included. Complete with illustrations.

Williams, Jesse Feiring, Principles of Physical Education (Philadelphia: W. B. Saunders Company, 1964), \$6.50.

Includes sources and data of principles of physical education, physical education as education, political concepts, economical and social, nature of man, biological foundations and psychological foundations, historic role of physical education, curriculum and principles of method, guidance, and administration. Also includes evaluation.

Wilman, Joe, Better Bowling (New York: The Ronald Press Company, 1953), \$3.50.

Included fundamentals and regulations of bowling, art of getting strikes and spares. For beginning and advanced. Ladies bowling, faults and remedies.

Zeigler, Earle F., Philosophical Foundations for Physical, Health and Recreation Education (Englewood Cliffs, N.J.: Prentice-Hall, Inc., 1964), \$6.95.

Chapters on philosophy of history, orientation to philosophy, a brief history of the ideas and problems of philosophy, naturalism, experimentalism, realism, idealism, some problems in physical, health and recreation education and building a personal philosophy.

## BIBLIOGRAPHY

- Ashworth, Wilfred. Handbook of Special Librarianship and Information Work. London: Staples Printers, 1962.
- Blanchard, J. R., "Departmental Libraries in Divisional Plan University Libraries," College and Research Libraries, Volume 14, (July, 1953).
- Branscomb, Harvie. Teaching with Books: A Study of College Libraries. Chicago: Association of American Colleges, 1940.
- Danton, J. Periam. Book Selection and Collections: A Comparison of German and American University Libraries. New York: Columbia University Press, 1963.
- Lyle, Guy R. The Administration of the College Library. New York: H. W. Wilson Company, 1949.
- McCrum, Blanche Prichard. An Estimate of Standards for a College Library. Lexington, Virginia: Journalism Laboratory Press, 1937.
- Rescoe, A. Stan. Cataloging Made Easy. New York: Scarecrow Press, Inc., 1962.
- Sharp, Harold S. Readings in Special Librarianship. New York: Scarecrow Press, Inc., 1963.
- Wheeler, Joseph L. and Herbert Goldhor. Practical Administration of Public Libraries. New York: Harper and Row, 1962.
- Wilson, Louis Round and Maurice F. Tauber. The University Library. New York: Columbia University Press, 1956.