

Hop Bioactive Compounds: Spontaneous vs Commercial Varieties

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Introduction

Humulus lupulus L. is a species belonging to the Cannabaceae family. Hop, as it is commonly known, is a perennial, dioecious and normally diploid (2n = 20) herbaceous plant. It is in beer production that hops have their greatest economic value at the international level. In addition, Hop contains compounds that confer sedative, diuretic anti-inflammatory and antiarthritic properties [1]. In fact, the ethnobotanical uses of the dried flowers in pillows called "hop pads" have been used to combat insomnia while the dried and green hop inflorescences, were used in the Montesinho park area to treat urinary and digestive disorders [2]. Since there are spontaneous hops in a large part of Portugal, the collection and analysis of the volatile, α and β -acids component, and phenols of these hops may lead to the development of new and more fragrances, and bioactive compounds with interest in different areas, like beer production or pharmaceuticals and cosmetics. The analysis of these compounds was done in commercial and spontaneous varieties collected in the Bragança area (northeast of Portugal).

Material and Methods

Spontaneous hop samples were collected from different areas of Bragança district and were analyzed and compared with commercial varieties (Nugget, Polaris, Cascade and Chinook). Being the volatiles extracted from the female cones, leaves and pellets (used in brewing) using a Likens-Nickerson system, and analyzed by GC and GC-MS. The α and β acids, from varieties and spontaneous, were extracted and analyzed by HPLC. We extracted the phenolic compounds using a mixture of 80% ethanol and 20% water. The hop varieties used for the extraction were, for the vegetative parts: Chinook, Cascade, Polaris, Centennial, Nugget, and spontaneous plant and for the flowers: Cascade, Polaris, Nugget, Centennial, and the spontaneous. We used The Folin-Ciocalteu method was used to determined the amount of phenolic compounds [3].

Results

The results show similarity in the monoterpene component, with β -myrcene as the major compound (more than 64% in all the samples) and differences in the sesquiterpene component, e.g. of α -humulene (12% in cultivars, 0.2% in spontaneous) and trans- β -farnesene (not detected in Nugget and 9% in spontaneous, Cascade variety was detected 3.7% in cones and 4.7% in pellets, in Polaris variety were 15%). The richness of the sesquiterpene component in spontaneous clone is notable, namely in the oxygenated compounds. The higher values, of the α and β -acids component in the cultivar Nugget, is expected since is a bitter variety, due to its acids amount. The cultivars presented total values of 12.12% and 14.33% of α -acids and 3.31% and 3.99% of β , respectively, while the spontaneous clone presented 5.35% of α -acids and 4.3% of β . The results from phenols in flowers and vegetative parts, shown the flowers contained a large amounts of phenolic compounds than the same vegetative parts, with higher amounts in the spontaneous concerning the vegetative part and Polaris variety for the flowers. The composition of the extracts from vegetative parts and flowers of Cascade variety were mainly flavonols glycosides.

Table 2: Volatiles from vegetative part flower and pellets of the spontaneous and varieties

Compostos	RI	PELLETS										FLORES										
		Casca-de-2017	Casca-de-14-2017	Chinook-2017	Nugget-2017	Nugget-3(Flores)	Polaris-2(Flores)	Olivino-4(Flores)	Fernox-5(Flores)	Al-Falco-6(Flores)	França-14(Flores)	Casca-de-pellets	Centennial-C1-pellets	Chinook-C2-pellets	Casca-de-13-folhas	Casca-de-folhas	Centennial-folhas	Chinook-folhas	Nugget-14-folhas	Nugget-folhas		
Isomyl alcohol	636																					
Isomyl acetate	908																					
α -Pinene	930	0.2			0.2	3.0	0.1	0.6	0.3	0.1	0.2	0.3	0.2	0.6	0.1	0.9	0.6			0.1		
Hexanoic acid	968																					
Ethyl hexanoate	975																					
β -Myrcene	978	73.9	61.4	36.0	74.9	12.0	49.7	1.0	33.6	33.6	64.4	64.9	74.4	47.6	2.2	2.6	4.6	5.5	1.1	3.1		
Limonene	1009	0.2	0.3	0.2	0.9	1.8	2.0	3.8	9.3	5.0	0.2	0.8	0.6	9.3	14.2	12.4	20.3	20.5	7.5	14.0		
n-Octanol	1045																					
Fenchone	1050																4.1	6.7	7.7	0.4	4.4	
Phenylethyl alcohol	1064																					
Linalool	1074	0.3	1.2	0.2	0.3	1.3	1.0	1.6	1.7	1.1	0.7	0.7	1.0	0.5			2.7	5.0	4.4	3.0		
Camphor	1102																	1.4	2.1	2.2	0.2	1.3
Borneol	1134																	0.2	0.4		0.2	
Terpinenolol	1148																	1.0	2.2	1.5	1.1	
Oxenoic acid	1152																					
Ethyl octanoate	1177																					
Phenylethyl acetate	1229																					
Pulegone	1207																					
Phenyl acetate	1245																					
2-Undecanone	1275	0.3			0.2	1.0	0.3	3.6													0.9	
Carvone	1296																					
Methyl geranate	1298																					
Decanoic acid	1350																					
Ethyl decanoate	1397																					
β -Caryophyllene	1414	4.0	6.2	9.6	9.5	3.0	3.9	0.7	2.2	4.6	1.5	4.8	4.0	7.2	13.4	16.5	6.3	6.9	14.5	8.7		
β -Cedrene	1426	0.2			0.1																	
α -Humulene	1447	8.5	14.6	19.7	12.1	12.6	7.7	0.7	0.4	0.8	0.2	12.1	7.7	14.4	13.9	16.5	9.9	9.0	22.8	12.4		
trans- β -Farnesene	1455	3.7					14.7														0.3	
γ -Muurolene	1469	0.2	0.4	2.1	0.2	1.1	0.7	2.1													4.0	
Germacrene D	1474																				4.0	
Valencene	1474						2.5														7.2	
Bicyclogermacrene	1497							6.4	8.7													
γ -Cadinene	1500	0.6	0.4	2.0	0.3	2.8	0.5														3.7	
β -Cadinene	1505	0.5	0.6	3.3	0.5	1.2	0.5														4.9	
Germacrene B	1535						1.5															
β -Caryophyllene oxide	1561																					
Ethyl decanoate	1580																					
Humulone oxide	1580																					
β -Eudesmol	1620							0.4	3.2												2.7	
α -Eudesmol	1634							0.7	3.0													
Monoterpenes hydrocarbons	75.7	63.4	39.0	77.0	16.5	46.9	5.6	44.7	39.5	65.7	66.7	75.9	51.6	18.0	15.5	26.0	27.3	9.3	18.2	18.2		
Oxygen-containing Monoterpenes	0.7	1.2	0.2	0.3	3.3	1.8	5.0	14.7	3.5	0.7	2.1	4.7	1.7	11.5	16.8	34.4	28.9	1.3	19.9	19.9		
Sesquiterpene hydrocarbons	17.7	21.0	41.6	16.9	22.4	33.9	19.2	17.0	13.4	16.6	24.7	13.6	29.7	35.6	45.5	11.0	23.2	65.0	41.3	41.3		
Oxygen-containing Sesquiterpenes	0.0	0.4	0.9	0.1	0.0	1.2	7.6	2.0	3.7	2.4	0.9	0.1	0.9	5.4	8.5	8.3	4.5	3.4	5.6	5.6		
Others	0.3	1.7	0.2	0.8	1.7	1.5	4.9	0.6	0.9	3.5	0.7	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0	0.0		
	34.4	89.7	81.7	95.1	45.9	85.3	42.3	79.0	61.0	88.9	94.5	94.3	83.9	71.3	86.3	75.7	83.9	79.0	85.0	85.0		

RI - Retention index relative to n-alkanes C₈-C₁₇

Varieties
Spontaneous

Conclusion

The α and β acid and volatiles we find in the spontaneous clone had values close to the Cascade variety which may be interesting in the development of new aroma varieties. The richness of the spontaneous clone in trans- β -farnesene can be determinant to the stability of the beer, or used in cosmetic products. In the phenols the results are still preliminary, in general, flower extracts are richest in phenolic compounds with potential for further use in e.g. cosmetics.

Table 1: α , β acid results in flower, vegetative parts and pellets of varieties and spontaneous

	α acids		Total	β acids		Total
	Co-Humulone	n+ad Humulone		Co-lupulone	n+ad lupulone	
Wild clone	3,00%	4,30 %	7,30 %	4,30%	4,30%	8,60%
Nugget (flower)	2,40%	9,63%	12,20%	1,49%	1,82%	3,31%
Nugget (flower)	3,10%	11,23%	14,33%	1,86%	2,13%	3,99%
Cascade (flower)	1,451%	3,082%	4,533%	2,963%	2,671%	5,634%
Chicook (flower)	3,96%	10,447%	14,401%	2,570%	2,018%	4,588%
Cascade (pellets)	1,40%	2,69%	4,09%	3,33%	2,60%	5,93%
Chinook (pellets)	2,88%	6,37%	9,25%	1,75%	1,26%	3,01%
Centennial (pellets)	1,88%	5,19%	7,07%	1,71%	1,43%	3,14%

Table 3: Total phenol compounds express in Gallic acid 1-hydrate, in the diferente plants extracts

Sample	Total Phenolic Compounds (mg GAE/g dried plant)	
	Vegetative parts	Flowers
Cascade	2.05±0.66	10.39±2.05
Polaris	1.05±0.22	22.71±2.44
Centennial	1.65±0.38	9.68±1.61
Nugget	0.84±0.24	14.80±1.06
Chinook	1.75±0.50	-
Spontaneous	3.08±0.53	-

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