

1 **The evolutionary relationship between beak shape, mechanical advantage,**
2 **and feeding ecology in modern birds**

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32 **ABSTRACT**

33 **Extensive research on avian adaptive radiations has led to a presumption that beak**
34 **morphology predicts feeding ecology in birds. However, this ecomorphological**
35 **relationship has only been quantified in a handful of avian lineages, where associations**
36 **are of variable strength, and never at a broad macroevolutionary scale. Here, we used**
37 **shape analysis and phylogenetic comparative methods to quantify the relationships**
38 **between beak shape, mechanical advantage, and two measures of feeding ecology (feeding**
39 **behaviour and semi-quantitative dietary preferences) in a broad sample of modern birds,**
40 **comprising most living orders. We found a complex relationship, with most variables**
41 **showing a significant relationship with feeding ecology but little explanatory power, for**
42 **example, diet accounts for less than 12% of beak shape variation. Similar beak shapes**
43 **are associated with disparate dietary regimes, even when accounting for diet-feeding**
44 **behaviour relationships and phylogeny. Very few lineages optimize for stronger bite**
45 **forces, with most birds exhibiting relatively fast, weak bites, even in large predatory taxa.**
46 **The extreme morphological and behavioural flexibility of the beak in birds suggests that,**
47 **far from being an exemplary feeding adaptation, avian beak diversification may have**
48 **been largely contingent on trade-offs and constraints.**

49

50 **Keywords:** birds, beak shape, feeding ecology, diet, mechanical advantage, adaptation

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55 **1. Introduction**

56 In birds, a strong link between the shape of the beak and dietary habits is assumed as a
57 truism (e.g.: Gill 1995), likely arising from the central role that the study of Darwin’s finches
58 played in the conception (Darwin and Wallace 1858; Darwin 1859) and further development
59 of natural selection in evolutionary theory (e.g. Lack 1940; Hamilton and Rubinoff 1963;
60 Schluter and Grant 1984; Grant and Grant 1993, 2002, 2006; Lamichhaney et al. 2018).
61 However, feeding selective pressures do not necessarily produce a simple match between beak
62 phenotype and ecology. For instance, pleiotropic interactions during development might
63 impose restrictions to trophic selection (Lieberman 2011), or ‘specialized’ beak phenotypes
64 might be retained if they are efficient for processing non-favoured resources, particularly if the
65 favoured resource is periodically limited (i.e. Liem’s paradox; Liem 1980; Tebbich et al. 2004).
66 Furthermore, in addition to feeding and foraging, birds use their beaks for a plethora of other
67 tasks, such as preening (Moyer et al. 2002; Clayton et al. 2005), vocal modulation (Podos 2001;
68 Herrel et al. 2009), thermoregulation (Tattersall et al. 2009; van De Ven et al. 2016) and water
69 balance (Greenberg et al. 2012), tool use (Weir et al. 2002; Wimpenny et al. 2009; Laumer et
70 al. 2017), nest construction (Hansell 2000), and as a display structure (Navarro et al. 2009).
71 This functional and behavioural flexibility implies that multiple selective pressures likely
72 played important roles in shaping beak evolution. Understanding the relative importance of
73 trophic adaptation to beak morphological diversification in modern birds is therefore vital to
74 understanding avian evolution, and to make accurate ecological inferences in extinct taxa
75 (Lauder and Thomason 1995; Rubega 2000).

76 Although the main patterns of beak shape evolution at a broad macroevolutionary scale
77 in birds have been effectively characterized (Cooney et al. 2017), the extent to which such
78 patterns are related to feeding ecology, or to biomechanically relevant traits such as the
79 mechanical advantage of the jaws, remains largely unexplored. Besides Darwin’s ground

80 finches (e.g. Grant and Grant 2006), quantitative evidence evaluating the link between feeding
81 ecology and beak shape in birds is limited to a handful of avian clades (Rubega 2000). These
82 few studies have found strong associations in several families of passerines (Gosler 1987;
83 Benkman 1988; Price 1991; Peterson 1993; Bardwell et al. 2001), anseriforms (Olsen 2017),
84 and a few charadriiforms (Barbosa and Moreno 1999), but weak associations among birds of
85 prey (Bright et al. 2016). Biomechanical modelling is similarly limited taxonomically, but in
86 Darwin's finches, it has been shown that skull and beak shapes are adapted to the mechanical
87 demands of feeding (Soons et al. 2010; Soons et al. 2015).

88 Here, we use geometric morphometrics (GM) to quantify beak shape variation and its
89 relationship with feeding ecology in a broad sample of birds. Shape analysis based on GM
90 provides the analytical tools to partition the sources of beak shape evolutionary variance, as
91 well as to test the strength and pattern of correlation with independent variables (Monteiro,
92 1999; Rohlf and Corti, 2000; Marugán-Lobón et al., 2013). Ecology is characterised by three
93 components of feeding: we quantify the mechanical advantage (MA) of the jaws as a functional
94 trait related to the ability to transfer force or movement through the skull system (high MA
95 describes efficient force transfer, low MA defines less efficient force transfer but faster jaw
96 movement (1); tabulate biological role by documenting use of the beak during feeding (2); and
97 recompile detailed semi-quantitative dietary data (3) for each of the studied species. We use
98 multivariate statistics and phylogenetic comparative methods to test for correlations between
99 these variables, while also accounting for the effect of size (i.e. evolutionary allometry) on beak
100 shape, force transfer, and diet.

101

102 **2. Material and methods**

103 **2.1. Database, trophic information, and phylogenetic hypothesis**

104 Our study includes 175 species from 94 families of extant birds, encompassing 38 of
105 the 39 living orders, excluding only Mesitornithiformes, a Madagascan clade of three species
106 (Hackett et al. 2008; Del Hoyo et al. 2017) (SM. Table 1). A maximum clade credibility
107 phylogeny of the 175 species was generated using TreeAnnotator (Rambaut and Drummond
108 2013) from a population of 10,000 “Hackett’s backbone ‘stage 2’ trees” downloaded from
109 www.birdtree.org (Jetz et al. 2012) (Fig. 1). Branch lengths were set equal to ‘Common
110 ancestor’ node heights.

111 The feeding autecology (the presumed main biological role of the beak) of each species
112 was characterized using two sources of ecological information, namely, semi-quantitative
113 dietary preferences, and the use of the beak during feeding (UBF) (Fig. 1). The dietary data for
114 each species were sourced from EltonTraits 1.0 (Wilman et al. 2014). This data was coded as
115 a matrix of estimations of the relative importance of ten main dietary categories translated from
116 species-level dietary descriptions in the literature (Fig. 1, SM. Table 1) to the overall diet of
117 each species. These estimations were coded as bins of 10 units of percentage (i.e. 0, 10, 20,
118 30...100%) (Fig.1, SM. Table 1). A detailed description of the specific food items included in
119 each category is included in the metadata archives in Wilman et al. (2014). To obtain a
120 Euclidean representation of this non-continuous data we calculated a symmetric
121 similarity/distance matrix (Euclidean distances) from the original 175 (species) x 10 (dietary
122 items) matrix to conduct Principal Coordinates Analysis (PCoA) in PAST v.3.15 (Hammer et
123 al. 2009) and used the scores from the PCoA for downstream analyses (following Legendre
124 and Anderson 1999).

125 The use of the beak during feeding (UBF), was categorised by applying a simple
126 dichotomous key (SM. Fig. 1) to published observations of foraging and feeding behaviour of
127 each of the studied species (Del Hoyo et al. 2017). This allowed us an alternative means to
128 subdivide feeding autecology given that dietary categories at such a wide phylogenetic scale

129 often include very different foraging and feeding behaviours. For instance, the Atlantic puffin
130 (*Fratercula arctica*) and the osprey (*Pandion haliaetus*) both feed almost entirely on fish
131 (Wilman et al. 2014; Del Hoyo et al. 2017), but while the former feeds by underwater pursuit-
132 diving and grabs individual fish directly with the beak, the latter plucks fish from the water
133 with the talons, and uses the beak instead to tear off chunks of meat before consumption (Del
134 Hoyo et al. 2017). The UBF categories for these examples are therefore scored as
135 ‘Grabbing/gleaning’ and ‘Tearing’ respectively (SM. Table 1). Every species in our dataset
136 except the American flamingo (*Phoenicopterus ruber*, a specialized filter feeder) fits in to one
137 of five categories (tearing, cracking/biting, pecking/grazing, grabbing/gleaning, and probing;
138 Fig. 1; SM. Fig. 1).

139

140 **2.2. Beak shape and size**

141 The skull of each species (without the rhamphotheca, the corneal sheath that covers the
142 bony beak, which is commonly missing in museum specimens) was photographed in lateral
143 view (SM. Table 1), and the complete outline of the beak was digitized using a set of 3 fixed
144 landmarks and 2 curves (Fig. 2), the latter comprising 50 evenly-spaced semilandmarks (25
145 along the dorsal profile of the bill (culmen), and 25 the left dorsoventral edge of the beak
146 (tomium)). The landmarks and semilandmarks were digitized in tpsDig2 (Rohlf 2006). The
147 Minimum Bending Energy sliding method (Bookstein 1996, Bookstein 1997) was used to slide
148 the semilandmarks in tpsRelw (Rohlf 2010), as this is more reliable when morphological
149 variation is large (Perez et al. 2006; Fernández-Montraveta and Marugán-Lobón 2017). Shape
150 data (i.e. Procrustes coordinates) was extracted using a full Procrustes fit and imported to
151 MorphoJ (Klingenberg 2008), PAST v.3.15 (Hammer et al. 2009) and the R package geomorph
152 v. 3.0.6 (Adams et al. 2018), where all the subsequent analyses were performed. Preliminary
153 analyses revealed that slender, straight beaks are consistently associated with higher values of

154 log-centroid size (CS; SM. Figure 3, SM. Table 5). This is undesirable as it may erroneously
155 exaggerate allometric effects particularly when, variance is very skewed towards one direction,
156 impeding our ability to reliably test for allometry using centroid size (Bookstein, 1991). Beak
157 allometry was therefore assessed using species-average body mass data (BM) taken from
158 Wilman et al. (2014).

159

160 **2.3. Biting mechanical advantage**

161 Mechanical Advantage (MA) is a metric derived from lever mechanics (e.g. Uicker et
162 al. 2011) and a well-established functional trait describing the trade-off between bite force
163 transmission and jaw closing speed during biting in vertebrates (e.g., Westneat, 1994;
164 Anderson et al. 2008; Sakamoto 2010). Given the same force input, a high MA indicates a
165 relatively more forceful bite; low MA indicates a relatively less forceful but faster bite. MA is
166 calculated as the ratio of the length of the in-lever divided by the length of the out-lever (Uicker
167 et al. 2011) and was determined for each species' skull at two different bite points (Fig. 2). The
168 in-lever arm here is defined as the orthogonal distance from the mandibular articular facet of
169 the quadrate (the fulcrum) to the intersection point with the midline of the fossa temporalis
170 between the postorbital and zygomatic processes of the skull, where the midline of the adductor
171 mandibulae group lies, which is the main adductor muscle group in modern birds (i.e. *m.*
172 *adductor mandibulae externus medialis/superficialis* (*m. AMEM/S*), Sustaita 2008;
173 Lautenschlager et al. 2014)(Fig. 2).

174 The out-lever arms are defined as the linear distance from the articular facet of the
175 quadrate to the tip of the bony beak (i.e. landmark 1; anterior out-lever) or to the midpoint on
176 the tomial curve bisecting landmarks 1 and 3 (posterior out-lever; Fig. 2). This approximates
177 the mechanics of avian jaw closure as a 2D, third-class lever system, although the three-
178 dimensional lever system is often more complex than this (Olsen and Westneat 2016). Lever

179 arm measurements were taken for each species using ImageJ (Rasband 1997). As anterior and
180 posterior MA values (as defined here) show a strong correlation (SM. Fig. 2), for simplicity
181 we only used anterior MA for all the subsequent analyses.

182

183 **2.4. Statistics**

184 A Principal Component Analysis (PCA) on the Procrustes shape data was performed in
185 MorphoJ to explore the main patterns of beak shape variation. We mapped the phylogeny onto
186 the PC scores in MorphoJ using the weighted squared-change parsimony method (Maddison
187 1991) to visualize changes in beak shape along the phylogeny (i.e., in the terminals and internal
188 nodes). The phylogeny was also mapped over the anterior MA values to visually explore the
189 changes in MA in MorphoJ using the weighted squared-change parsimony method. Anterior
190 MA values were also mapped as isoclines over the PC1-3 phylomorphospace plots using the
191 software MATLAB (Grant et al. 2008).

192 We used phylogenetically informed (Phylogenetic Generalized Least Squares, PGLS)
193 regressions to test for potential correlations between our trophic data, MA, size, and beak shape
194 variation using the R package geomorph v. 3.0.6 (Adams et al. 2018). Specifically, we tested
195 six pairwise relationships (Fig. 2): 1) beak shape variation and log-BM, to test if beak shape
196 variation is allometric; 2) MA and log-BM, to test if MA variation is allometric; 3) the
197 relationship between beak shape and MA; 4) the relationship between beak shape and dietary
198 preferences; 5) the relationship between MA and dietary preferences; and 6) the relationship
199 between BM and dietary preferences. PGLS regressions with dietary preferences as the
200 independent variables also included UBF categories as a factor to account for the complex
201 relationship between the dependent variables (i.e., beak shape, MA and log-BM), dietary
202 preferences (i.e., matrix of diet), and feeding behaviour (i.e., UBF categories).

203 Phylogenetic MANOVAs were conducted in the R package *geomorph* v. 3.0.6 to test for
204 pairwise differences in: 1) beak shape; 2) MA; and 3) body mass between UBF group means.
205 Because our variables are unevenly dispersed across our phylogeny (e.g., specialized
206 piscivorous taxa belong mostly within particular clades, Fig. 1), which can severely reduce
207 statistical power of linear models (Adams & Collyer, 2018), we used randomizing residuals in
208 a permutation procedure (10,000 iterations implemented in *geomorph* v.3.0.6, Adams et al.
209 2018) to assess statistical significance for all PGLS regressions and Phylogenetic MANOVAs,
210 as this has been shown to be more robust to group-clade aggregations (Adams and Collyer,
211 2018). Furthermore, because dietary preferences and UBF categories covary with each other
212 ($R^2 = 0.05547$, $F = 1.9848$, $Z = 2.2061$, $P = 0.023$; e.g., taxa who use the beak for tearing tend
213 to consume a higher percentage of vertebrates (e.g. raptors), Fig. 1) we used type II
214 (conditional) sums of squares to assess the statistical significance of those PGLS linear models
215 including both dietary preferences and UBF groups (Adams and Collyer, 2018).

216 Current implementations of PGLS regressions assume a Brownian Motion mode of evolution.
217 To test if our data meets this requirement, we compared the relative fit of the estimated
218 residuals of shape, MA, and body mass to three different models of evolution: Brownian
219 Motion, Ornstein–Uhlenbeck, and Early-Burst. We used the residuals of the PGLS linear
220 models conducted in this study and the AICc criterion to ascertain which model best fits the
221 data in each case (the one yielding the lowest AICc value). For shape data, fitting these models
222 requires reducing its dimensionality, therefore we used the first nine PCs (accounting for ~99%
223 of the variance in all the PGLS models where shape is the independent variable). Brownian
224 Motion is only preferred over the other models in the PGLS model of mechanical advantage as
225 a function of diet. For the remaining PGLS models, the Ornstein–Uhlenbeck model is
226 preferred, and only a small difference in AICc value in all the cases (except for the two PGLS
227 allometric models which are either non-significant, or significant but explain little shape

228 variance in our sample; Table 1; SM. Table 6). We therefore interpret that our data do not
229 greatly deviate from a Brownian Motion model of evolution, and thus meet the expectations of
230 the PGLS linear models. Nevertheless, these results must be taken cautiously, as recent
231 research suggests current model-fitting methods based on maximum likelihood are prone to
232 exhibit ill-conditioned covariance matrices that could lead to errors of interpretation (Adams
233 and Collyer, 2017). The implementation of more complex evolutionary models for analyses of
234 high dimensional data is not fully developed (Monteiro, 2013), therefore, it is a methodological
235 endeavour that goes beyond the scope of this paper.

236

237 Variation along shape vectors is displayed as thin-plate spline deformations of an
238 outline diagram based on the lateral beak outline of the plush-crested jay (*Cyanocorax*
239 *chrysops*, Corvidae, Passeriformes), the species which is most similar to the Procrustes mean.
240 The coefficients from the PGLS regressions with shape as the dependent variable were used to
241 calculate the beak shape differences along the regression vectors. The R code used for all the
242 analyses is provided in the Supplementary Materials.

243

244 **3. Results**

245 **3.1. Beak shape, mechanical advantage, and allometry**

246 The first three principal components (PCs) explain 92.54% of the total shape variance
247 in our sample, implying that few dimensions underlie beak shape variation. The main axes of
248 beak shape recovered in this study (Fig. 3 & 4, and Supplementary Materials) are roughly
249 equivalent to those recovered by a crowd-sourced study encompassing the 3D beak shapes of
250 more than 2,000 species of modern birds (Cooney et al. 2017), suggesting that discarding the
251 third dimension and rhamphotheca produces comparable patterns of avian beak disparity at this
252 macroevolutionary level. Namely, our PC1 describes the same lateral shape change (thin and

253 straight, to deep and down-curved). Similarly, our PC2 (thin and curved, to deep and straight)
254 and PC3 (down-curved to slightly upturned) explain similar shape changes to Cooney et al.'s
255 PCs 2 and 4. While some groups of birds cluster within restricted areas associated with deeper
256 and curved beak shapes (e.g. Accipitriformes, Strigiformes, Falconiformes, and
257 Psittaciformes), several species or clades widely diverge from their sister groups to different
258 areas of the PC-space (e.g. *Semnornis*, Piciformes; *Podargus*, Caprimulgiformes;
259 *Phoenicopterus*, Phoenicopteriformes; the family Anatidae) or to cluster within the deep and
260 curved scatter (e.g. *Carduelis*, Passeriformes; *Musophaga*, Cuculiformes; Figs. 3 & 4). PGLS
261 regression of beak shape on log-BM is not significant ($P = 0.362$) (Table 1, SM. Figure 5)
262 revealing that beak shape allometry across birds as a whole is negligible.

263 Mechanical advantage varies from low force/high speed transmission values of 0.02
264 (anterior MA) to 0.035 (posterior MA) in the Eurasian curlew (*Numenius arquata*), to more
265 forceful values of 0.44 (anterior MA) - 0.55 (posterior MA) in the Finch's pygmy parrot
266 (*Micropsitta finschii*; Figs. 3 & 5, and SM. Table 1). However, MA values are generally low,
267 and 80% of the taxa possess anterior MA values < 0.14 (Figs. 3B & 5 and SM. Table 1). Plotting
268 MA over the PC1-3 space (Fig. 3A) reveals a broad trend between shape and MA: low MA
269 values in positive PC1 (thinner, straighter beaks) and higher MA values in negative PC1
270 (deeper, more curved beaks). However, the trend is not linear, and there are islands of high
271 MA, meaning that two taxa separated by small Procrustes distances may have quite different
272 MA values. This biomechanical decoupling is particularly noticeable between tearing (i.e.
273 mostly raptors) and cracking birds (i.e. mostly parrots). For instance, the boreal owl (*Aegolius*
274 *funereus*, Strigiformes) and the hyacinth macaw (*Anodorhynchus hyacinthus*, Psittaciformes)
275 show a Procrustes distance of only 0.073 between their beak shapes but they show extremely
276 different anterior MA values (Fig. 3). Anterior MA values show a significant but weak
277 ($R^2=0.03479$, $P=0.014$) correlation with body mass (Table 1; SM. Fig. 5).

278 Although mechanical advantage data shows a statistically significant phylogenetic
279 structure ($P < 0.0001$), most internal nodes are constrained to a narrow range of relatively low
280 MA (Fig. 3B). Only two lineages clearly diverge from this: parrots (Psittaciformes), which
281 explore more than half of the upper range of MA values; and sandpipers, snipes, and phalaropes
282 (Scolopacidae), with extremely low MA values (Fig. 3B & SM. Table 1). Some pheasants (e.g.
283 *Perdix*) also exhibit high values of MA within the range of Psittaciformes, along with some
284 specialized cracking/biting passerines such as the Northern cardinal (*Cardinalis cardinalis*)
285 (Figs. 3 & 5). Clustering near the Psittaciformes with lower values of MA are mainly
286 herbivorous taxa such as the snow goose (*Chen caerulescens*), the common linnet (*Carduelis*
287 *cannabina*), the Western capercaillie (*Tetrao urogallus*), and the least seedsnipe (*Thinocorus*
288 *rumicivorus*), as well as the Andean condor (*Vultur gryphus*). The latter represents a clear
289 deviation from the general low MA values of Accipitriformes (Figs. 3 & 5), due to a ventral
290 deflection of the beak tip that shortens the out-lever of New World vultures (Cathartidae)
291 relative to the Old World vultures (Accipitridae).

292 PGLS regression of beak shape on anterior MA values exhibits a significant ($R^2 = 0.133$,
293 $P < 0.0001$) correlation (Fig. 5). The shape differences described by this regression vector are
294 remarkably similar to those described by PC1: thin, straight, long beaks (positive PC1) show
295 the lowest values of MA, while deep, curved beaks (negative PC1) show the highest. Deviating
296 from this general trend with much lower values of MA than predicted by the regression is the
297 majority of the tearing group, composed of the Accipitriformes; the northern crested caracara
298 (*Caracara cheriway*, Falconiformes); and Strigiformes (Figs. 1 & 5), which do not comprise a
299 monophyletic assemblage (Hackett et al. 2008; Jarvis et al. 2014; Prum et al. 2015; Fig. 1). The
300 remaining Falconiformes cluster closer to parrots than to other raptors, exhibiting higher values
301 than the rest of raptors (Fig. 5).

302 **3.2. Beak shape and feeding ecology**

303 PGLS regression of beak shape as a function of dietary preferences and UBF revealed
304 a significant but weak correlation between beak shape and overall dietary habits ($R^2=0.1156$,
305 $P=0.001$; Table 2). The effect of UBF groups in beak shape variation is also statistically
306 significant but the correlation is not strong ($R^2=0.0923$, $P=0.001$) (Table 2). Such results are
307 largely congruent with visual inspection of the PC1-3 plot, where the main dietary groups
308 overlap without any clear separation, and UBF groups exhibit only slightly clearer
309 regionalization (Fig. 4). For instance, tearing and cracking/biting birds tend to occupy the same
310 areas of the morphospace, being restricted to deep and curved shapes in the negative extreme
311 of PC1 (Fig. 4). Probing birds are restricted to the positive side of PC1, exhibiting relatively
312 thin and straight shapes. Pecking/grazing taxa are restricted to approximately 0.0 - 0.1 on PC3,
313 exhibiting relatively straight and flat beaks (Fig. 4). However, Phylogenetic MANOVA shows
314 that none of the UBF group mean beak shapes are significantly different to any others (SM.
315 Table 3) when phylogeny is accounted for.

316 Thin straight beaks tend to be associated with a higher percentage of invertebrate
317 consumption in birds, and deeper curved beaks are associated with consumption of more
318 mechanically demanding food items such as vertebrates and seeds (Fig. 6). Thin and slightly
319 curved beaks are also associated with highly piscivorous taxa (SM. Figs. 5 & 7), which together
320 with visual inspection of shape vectors associated with other axes of dietary variations
321 underlines that similar beak shapes are associated with disparate dietary regimes (SM. Figs. 5
322 & 7). Furthermore, regressions show that the relationship between beak shape and dietary
323 preferences differs between UBF groups (Table 2; SM. Figs. 6 & 7), and that while there are
324 diet-dependent allometric relationships in our data, these are not affected by UBF behavioural
325 groups (SM. Table 4).

326 **3.3. Biting mechanical advantage and feeding ecology**

327 PGLS regression of anterior MA values as a function of dietary preferences and UBF
328 groups reveal a statistically significant correlation ($R^2=0.1692$, $P=0.001$; Table 2) that is
329 stronger than the relationship between beak shape and those measures of dietary ecology.
330 Higher values of MA are consistently associated with cracking/biting taxa, and those whose
331 diets rely heavily on plant matter, with large proportions of items such as fruits and drupes,
332 seeds, bulbs, shoots, grass or leaves (Fig. 6). Phylogenetic MANOVA revealed no pairwise
333 differences between any of the groups based on MA values (SM. Table 3). We found a strong
334 significant interaction between dietary preferences and UBF groups ($R^2=0.26376$, $P=0.001$)
335 revealing that the relationship between diet and MA varies depending on the feeding behaviour
336 (Table 2; SM. Fig. 6).

337 **3.4. Body mass and feeding ecology**

338 PGLS regression of log-body mass as a function of dietary preferences and UBF groups
339 reveals a stronger correlation of body size with feeding ecology than that of both beak shape
340 and MA with feeding ecology, with dietary variations explaining as much as 25% of log-body
341 mass variation (Table 2). Visual inspection of the regression scores of log-body mass
342 associated with the first axis of diet variation (PCo1) reveal that taxa with large amounts of
343 invertebrates in their diet tend to be smaller, while some dietary groups such as scavengers tend
344 to be associated with bigger sizes (Fig. 6).

345 UBF groups are only weakly associated with log-BM and none of the UBF groups are
346 statistically different to any other in log-BM (SM. Table 2), although significant diet/UBF
347 interactions reveal that different behavioural groups exhibit different body size to diet
348 relationships (Table 2; SM. Fig. 6).

349

350 **4. Discussion**

351 Our analyses aimed to quantitatively test the common wisdom that feeding adaptation
352 is one of the main drivers of beak morphological diversification in modern birds. Our results
353 suggest that adaptation to dietary composition is not as fine-tuned as generally perceived, and
354 there is not a close to one-to-one mapping of beak shape on feeding ecology. At a broad
355 macroevolutionary scale, we found a more complex but weak overall covariation between beak
356 shape and diet, with other factors such as biting mechanical advantage and body size being
357 stronger covariates for feeding autecology. Similar beak shapes are associated with the
358 increased consumption of different food items (i.e. a one-to-many relationship between shape
359 and ecology) and the relationship between beak shape and dietary preferences is different
360 within different UBF groups, likely owing to the ecological heterogeneity of feeding behaviour
361 groups (i.e. many-to-one ecology to behaviour relationships). For instance, probing birds in our
362 sample are composed primarily of two very ecologically different groups: longirostrine waders
363 (e.g. *Numenius*, *Gallinago*, *Limosa*) and the kiwi (*Apteryx*), and anseriforms (e.g. *Aythya*, *Anas*,
364 *Cygnus*), which both use the beak during feeding as a probing tool in (mostly) soft substrates
365 (SM. Figs. 1 & 6).

366 Our results suggest that the beak is generally used as a versatile, tweezer-like clamp.
367 Mechanical pre-processing of food (i.e. tearing and cracking/biting feeding behaviours) is
368 generally associated with deep and curved beaks, which are able to accommodate
369 comparatively higher stresses than thinner, straighter beaks (Soons et al. 2010; Soons et al.
370 2015). Similarly, beaks well-suited for sensing and probing in fluid or soft soils tend to be long
371 and thin (Barbosa and Moreno 1999). While such shapes represent the ends of a clear
372 ecomorphological spectrum it is difficult to predict where a given species should fall upon it,
373 as species well-suited for performing a certain feeding behaviour may not actually use their
374 beaks in the way we would expect given their morphology (e.g. the kakapo, *Strigops*, has a
375 typically parrot-like beak well suited for cracking/biting, yet chooses to feed on soft leafy

376 vegetation rather than fruits or seeds). Most of the species studied fell between these extremes
377 in ecomorphology, using the beak for grabbing/gleaning or pecking/grazing, and exhibiting a
378 broad range of beak morphologies therein (i.e. many-to-one mapping of shape and behaviour).
379 Furthermore, the majority of bird taxa show values of anterior MA congruent with fast gapes
380 and low bite force transmission, and many of these belong to the grabbing/gleaning behavioural
381 group, which occupies virtually all of beak shape and functional space

382 We found a significant relationship between beak shape and mechanical advantage:
383 increased values of anterior MA are strongly correlated with increased beak depth/length ratio,
384 driven, in part, by shortening of the beak, and suggesting that enhanced biting force
385 transmission requires a deeper beak to accommodate higher stresses and avoid fracture (Soons
386 et al. 2010; Soons et al. 2015). However, this relationship differs between taxa, and thus
387 indicates a many-to-one relationship between shape and this functional trait. Raptorial birds
388 are interesting, as they have much lower anterior MA values than predicted by the general
389 regression. Initially this may be surprising, given the predatory nature of raptors, yet this result
390 is congruent with previous research showing that Strigiformes and Accipitriformes rely heavily
391 on talon adaptations to kill their prey (Sustaita 2008; Sustaita and Hertel 2010; Del Hoyo et al.
392 2017; Madan et al. 2017). Deep beak morphologies are, however, associated with enhanced
393 biting MA in the two taxa representing falconin falconiformes (Falconinae, Falconidae; *Falco*
394 and *Herpetotheres*). Falcons dispatch prey with their beaks rather than their talons (Sustaita
395 2008; Sustaita and Hertel 2010; Del Hoyo et al. 2017), which may explain why both falconid
396 taxa differ from the other raptors and instead follow the general regression trend for all avians.

397 The evolution of faster gapes and comparatively weaker bite force advantage happen
398 primarily within the Charadriiformes (i.e. Scolopacidae). Unique modes of cranial kinesis, such
399 as distal and double rynchokinesis (i.e., avian cranial kinesis characterized by additional
400 bending areas in the tip of the beak, and in both the tip and the base of the beak, respectively

401 (Zusi 1993; Estrella et al. 2007)), appear in this clade of mainly probing taxa, and could further
402 enhance gape speed. In contrast, comparatively slower gapes and enhanced biting force
403 transmission evolve less frequently. Parrots (Psittaciformes) are the most notable and extreme
404 example, especially when we consider that their mechanical advantage values here may be
405 underestimated, thanks to novel adductor muscles and skeletal adaptations which may enhance
406 lever efficiency in some parrots (Zusi 1993; Tokita et al. 2007). Our results suggest that dietary
407 transitions towards increased herbivory are correlated with evolutionary changes towards
408 higher anterior MA, implying that herbivory imposes higher performance demands on the beak.
409 This observation is congruent with previous ecomorphological studies on waterfowl (Olsen
410 2017)

411 The transfer of grasping and manipulation behaviours from the forelimbs to the beak in
412 bird evolution has necessitated that bird beaks be highly versatile, used in virtually every aspect
413 of their biology, not just feeding and foraging (Bhullar et al. 2016). The complex evolutionary
414 scenario demonstrated by our results suggests that diverse and multidirectional selective
415 pressures were involved in beak morphological diversification, reflective of functional and
416 behavioural multitasking. In this evolutionary context, a fast, generic grabbing tool could most
417 easily fit the required compromise of functional versatility (i.e. trade-off between varied beak
418 functions), explaining the prevalence of thin and straight beak shapes and optimization for low-
419 force transmission high-speed gapes in our sample. More nuanced relationships between
420 feeding adaptation and beak shape may be operating, with variable strength, within lower
421 taxonomic levels, in order to accommodate different macroevolutionary regimes and trade-
422 offs. For example, while a strong association between feeding ecology and beak shape
423 characterizes the diversification patterns within waterfowl (Olsen 2017), skull centroid size,
424 not diet, is a major driver of beak shape in diurnal raptors (Bright et al. 2016). Nevertheless,
425 our data support the idea that beak shape and mechanical advantage reflect the mechanical

426 demands of specific feeding and foraging strategies (Bowman 1961; Schwenk 2000). This
427 relationship may be best envisioned as a threshold rather than a one-to-one connection, with
428 certain shapes and mechanical properties critically needed to perform certain functions and
429 feeding behaviours (e.g., in order to avoid fracture). In agreement with these views, some
430 species of Darwin's finches show dietary habits and feeding strategies that are more flexible
431 than previously thought; their specialized beak phenotypes (e.g. cracking/biting) are still
432 efficient in processing many other dietary resources, which might lead to the evolutionary
433 retention of these phenotypes (i.e. Liem's paradox; Tebbich et al. 2004).

434 In conclusion, our results imply that the relationship between beak shape and feeding
435 ecology at a broad macroevolutionary scale may be more complex than usually assumed. This
436 is particularly important in fossil taxa, where trophic hypotheses are rarely testable (e.g.,
437 fossilised gut contents). In light of these results, it is important to evaluate the strength of the
438 relationships between form, functional traits, and feeding behaviour within a taxonomic
439 context, before drawing trophic assumptions based solely on beak morphology. In doing so,
440 we will open pathways for a more detailed understanding of the role of trophic adaptation in
441 shaping avian diversity.

442

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680 **Tables**

681 **Table 1. Allometric relationships between beak shape, anterior MA, and log-body mass.**
682 **Summary of the PGLS linear models for Procrustes coordinates (beak shape) and**
683 **anterior MA (functional trait) as a function of log-body mass (body size). Cells in bold**
684 **indicate statistical significance ($P < 0.05$).**

Statistic	Allometry	
	Beak shape	Anterior MA
	log-BM	log-BM
R^2	0.00559	0.03479
F	0.9727	6.2363
Z	0.37606	1.3826
P	0.362	0.014

690 **Table 2. Summary of the PGLS linear models for Procrustes coordinates (beak shape),**
691 **anterior MA (functional trait), log-body mass (body size) as a function of dietary**
692 **preferences, and UBF categories (including main effects of both independent variables**
693 **and their interaction). Cells in bold indicate statistical significance ($P < 0.05$). Effect sizes**
694 **(Z) are computed as standard deviates of the F values' randomized sampling**

695 **distributions. *P* values are calculated for the *F* values' randomized sampling**
696 **distributions.**

697

Statistic	Type II (conditional SS)								
	Beak shape			Mechanical advantage			log BM		
	Diet	UBF	Diet:UBF	Diet	UBF	Diet:UBF	Diet	UBF	Diet:UBF
<i>R</i> ²	0.1156	0.0923	0.22625	0.1692	0.0697	0.26376	0.2548	0.03927	0.21506
<i>F</i>	2.6229	4.1873	1.2837	4.7547	3.9192	1.8533	5.9806	1.8431	1.2619
<i>Z</i>	3.7041	3.8639	2.9112	3.4418	2.4523	3.0463	3.9382	1.4838	2.2405
<i>P</i>	0.001	0.001	0.002	0.001	0.005	0.001	0.001	0.042	0.01

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703 **Figure captions**

704 **Figure 1. Species-level trophic variables and phylogenetic hypothesis.** The dietary
705 preferences for each species are quantified as the proportions of 10 food items that comprise
706 taxon diet. UBF are categorical variables that reflect mechanical differences in use of the beak
707 during feeding (SM. Figure 1). Numbers correspond to clades as detailed in SM. Table 2.

708

709 **Figure 2. Schematic overview of the main ecomorphological and functional associations**
710 **explored in this study by means of PGLS regressions and Phylogenetic MANOVA.**

711 Concepts of biological role, behaviour, performance, and structure follow Lauder (1995). 1-3
712 = position of homologous landmarks; red line = in-lever; blue line = posterior out-lever; green
713 line = anterior out-lever.

714

715 **Figure 3. Morpho-functional landscape.** A) Anterior MA values (a functional trait related
716 with bite force/gape speed transmission) overlaid as heat-map isozones over the
717 phylomorphospace of the first three Principal Components (phylogeny mapped over the scores
718 of PC1-3 by means of minimum least squares) of beak shape variation. B) Anterior MA values
719 mapped over our phylogenetic hypothesis, species labelled by use of beak during feeding
720 (UBF) category. Outlines for the extreme shapes along PC1 correspond to -0.25 and 0.25
721 scores; outlines for the extreme shapes along PC2 and PC3 correspond to scores of -0.15 and
722 0.15.

723

724 **Figure 4. Relationship between beak shape, diet, and use of beak during feeding (UBF).**
725 PC1-3 plots with species labelled by main component of diet (categorical). Convex hulls
726 indicate the morphospace occupancy of each of the use of beak during feeding (UBF) groups:
727 dark grey (filled) = cracking/biting; red (filled) = tearing; blue (filled) = probing; orange

728 (dashed) = grabbing/gleaning; green (dashed) = pecking/grazing; light grey (filled) = filtering.
729 For the purposes of visualization every species is labelled with the categories reflecting the
730 main component of diet (sourced from Wilman et al. 2014). These categories were honed from
731 the original (Willman et al. 2014) for taxa where a single food component made up $\geq 50\%$ of
732 the diet composition and no other single food component made up the remaining 50%. For
733 instance, the Eurasian sparrowhawk (*Accipiter nisus*) is estimated by Wilman et al. (2014) to
734 feed on endothermic vertebrates 100% of the time and is scored therein as ‘VertFishScav’;
735 here, it was re-scored as ‘VertEnd’ (SM. Table 1).

736

737 **Figure 5. Relationship between beak shape and function.** PGLS regression of Procrustes
738 coordinates on anterior mechanical advantage values (anterior MA). Decoupling between beak
739 shapes and mechanical advantage from the general trend is more noticeable in deep and curved
740 beaks. Grey shaded area represents the lower 20% of anterior MA values, where 80% of the
741 species fall (80 percentile indicated by grey line). Bird species labelled by UBF category.

742

743 **Figure 6. Dietary preferences and their relationships with beak shape, anterior MA, and**
744 **body size.** PGLS regression plots of the main axis of dietary variation in our sample (PCo1)
745 and regression scores for (from top to bottom): Procrustes coordinates (beak shape), Anterior
746 MA, and log-BM. Main component of diet categories are the same as Figure 3. See SM.Fig. 6
747 for the same relationships labelled by UBF group.

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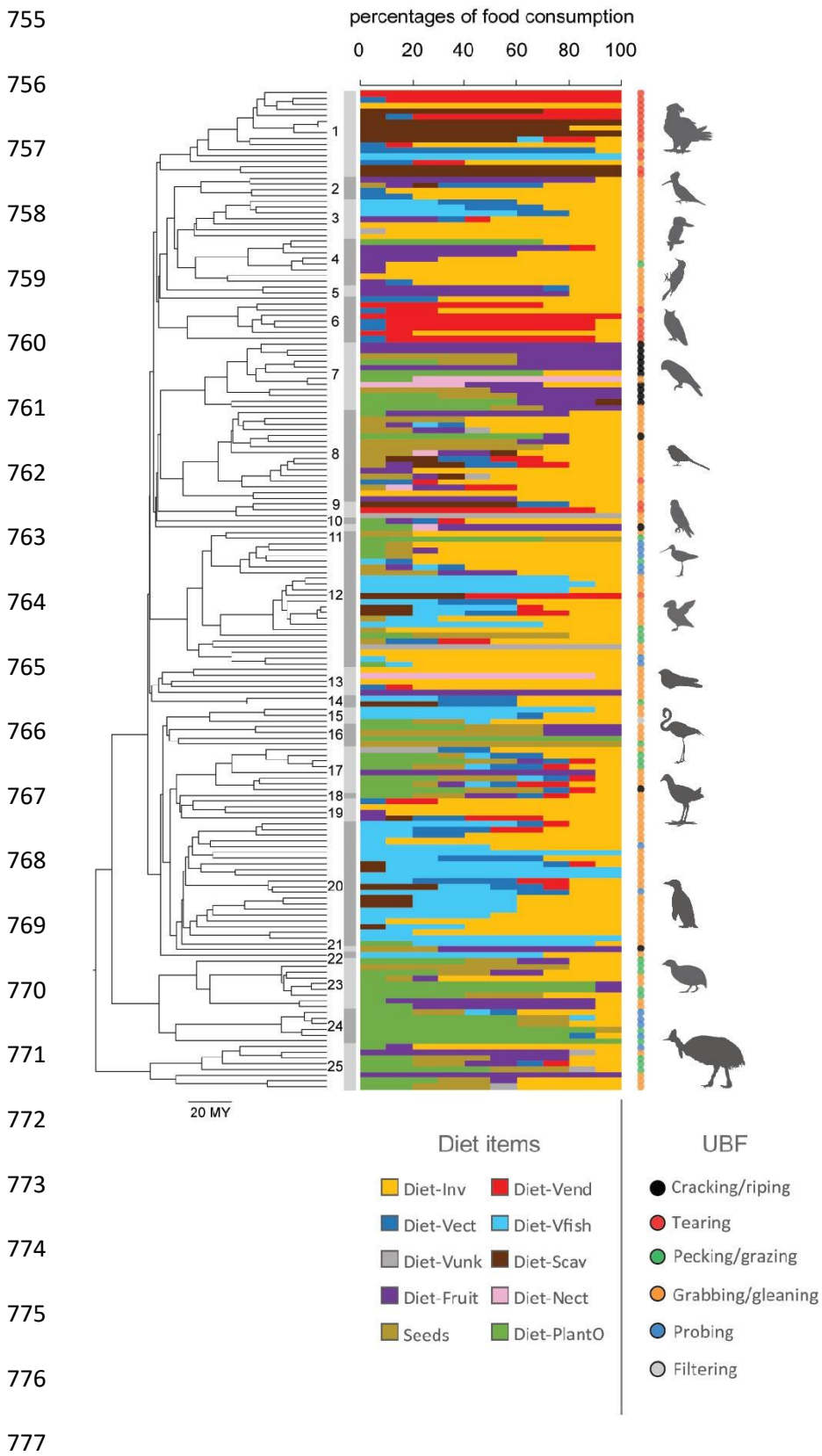
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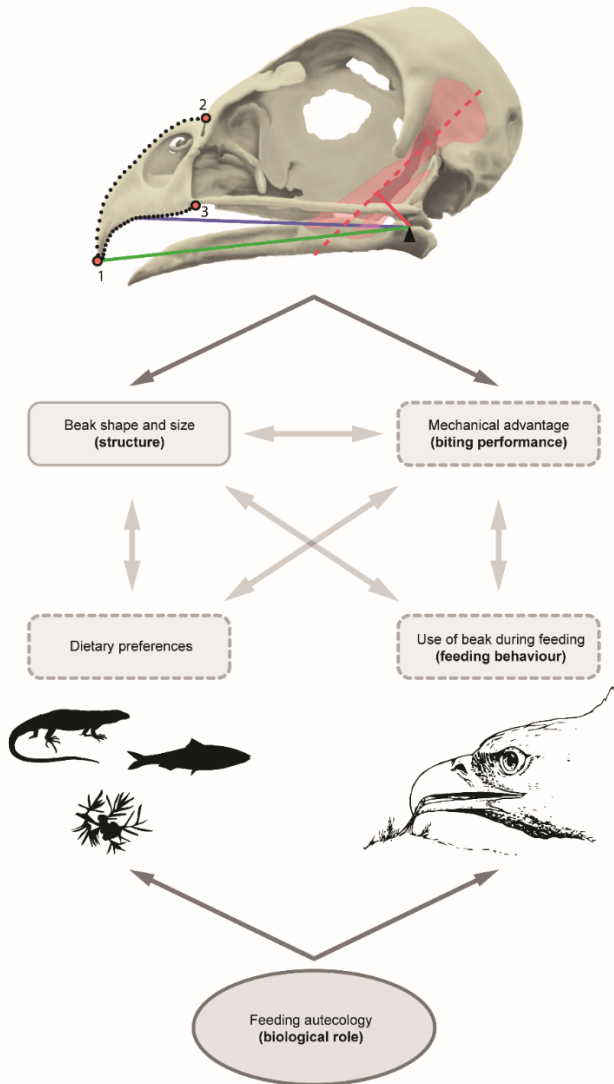
753 **Figures**

754 **Figure 1.**



778 **Figure 2.**

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803 **Figure 3.**

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805 **A**

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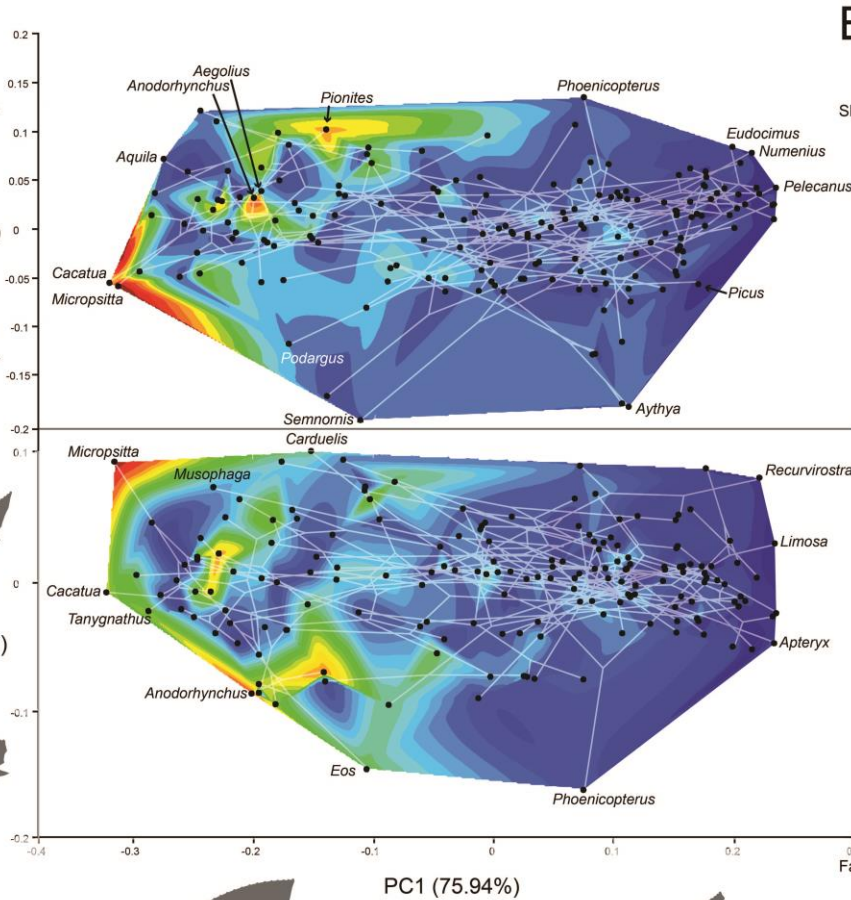
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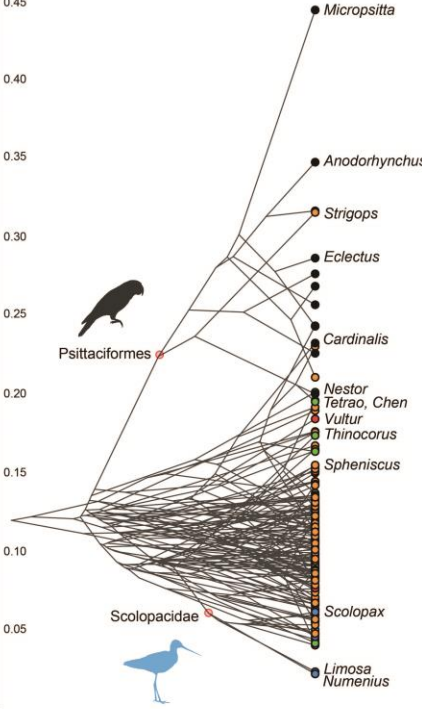
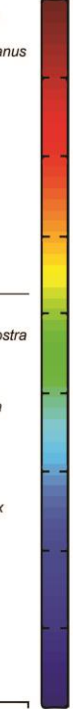
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B

Slow gape/high bite



Fast gape/low bite

UBF

- Cracking/biting
- Pecking/grazing
- Probing
- Tearing
- Grabbing/gleaning
- Filtering

828 **Figure 4.**

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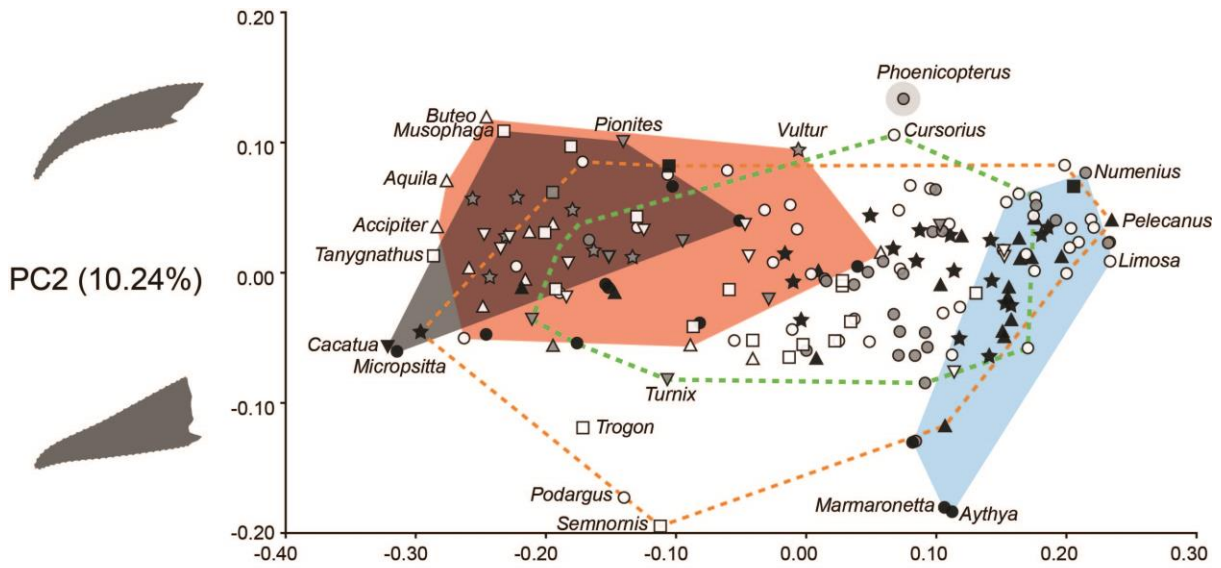
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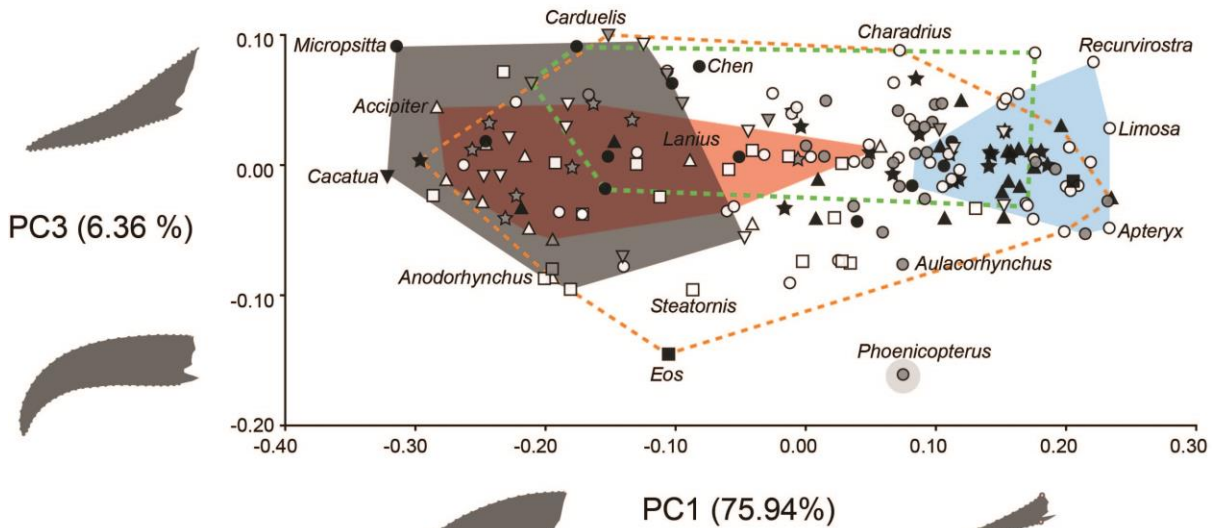
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Main Component of Diet

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- Nect
- ▼ FruitSeeds
- PlantO
- ▲ Vert.Fish
- ★ VertFishScav
- FruiNect
- ▽ Seeds
- Omnivore
- ▲ Vert.Ect
- ★ Vert.Scav
- Fruit
- ▽ PlantSeeds
- Invertebrate
- △ Vert.End

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853 **Figure 5.**

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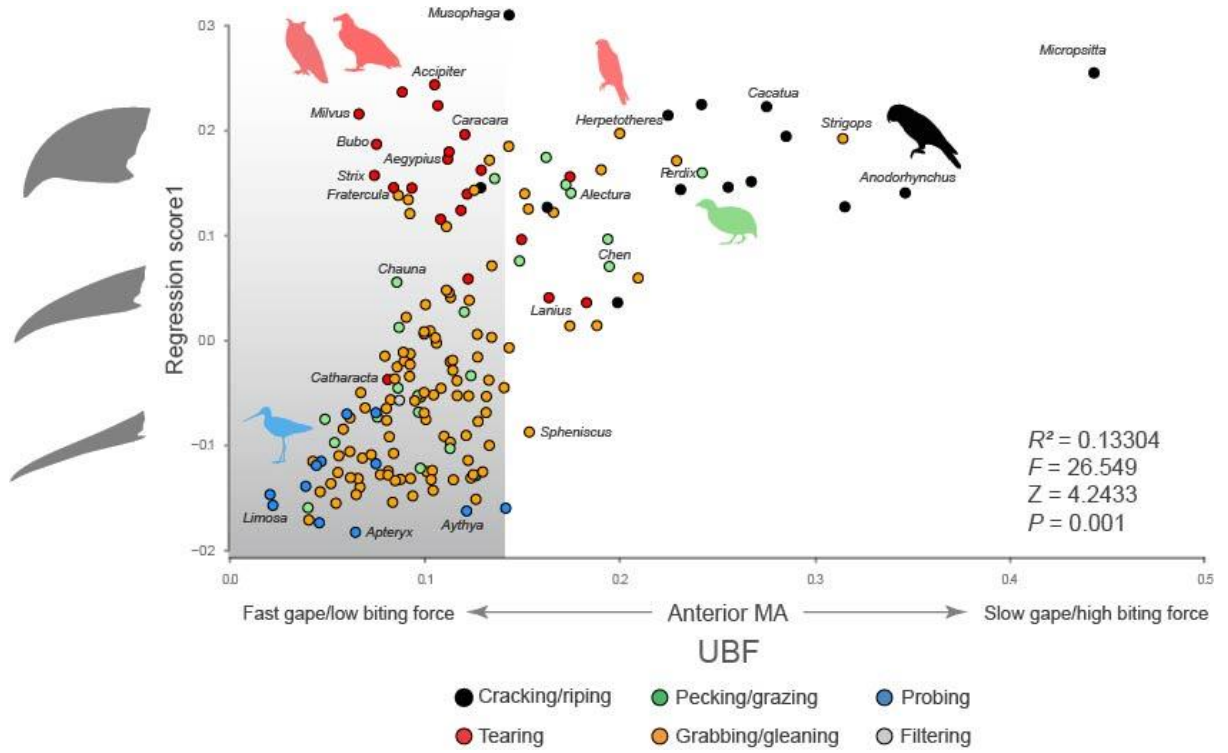
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878 **Figure 6.**

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