

1 Ultrastructural Defects in Stereocilia and Tectorial Membrane in ageing mouse and human
2 cochleae

3 Anwen Bullen¹, Andrew Forge¹, Anthony Wright¹, Guy P Richardson², Richard J Goodyear²,
4 and Ruth Taylor¹

5 ¹UCL Ear Institute, University College London, WC1X 8EE, UK

6 ²Sussex Neuroscience, School of Life Sciences, University of Sussex, Falmer, Brighton,
7 BN1 9QG, UK

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20 Corresponding Author: Dr Anwen Bullen

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26 **Abstract (250 words)**

27 The ageing cochlea is subject to a number of pathological changes likely to play a role in the
28 onset of age-related hearing loss (ARHL). Although ARHL has often been thought of as the
29 result of the loss of hair cells, it is in fact a disorder with a complex aetiology, arising from
30 changes to both the organ of Corti and its supporting structures. In this study, we examine
31 two ageing pathologies that have not been studied in detail despite their apparent
32 prevalence; the fusion, elongation and engulfment of cochlear inner hair cell stereocilia, and
33 the changes that occur to the tectorial membrane, a structure overlying the organ of Corti
34 that modulates its physical properties in response to sound. Our work demonstrates that
35 similar pathological changes occur in these two structures in the ageing cochleae of both
36 mice and humans, examines the ultrastructural changes that underlie stereocilial fusion, and
37 identifies the lost tectorial membrane components that lead to changes in membrane
38 structure. We place these changes into the context of the wider pathology of the ageing
39 cochlea, and identify how they may be important in particular for understanding the more
40 subtle hearing pathologies that precede auditory threshold loss in ARHL.

41

42 **Significance Statement (100 words)**

43 Understanding the aetiology of ARHL is vital to effective prevention and therapy. Potential
44 therapeutic approaches often focus on correcting a single or narrow range of pathological
45 changes (for example, degeneration of hair cells or afferent synapses) but do not address
46 other cochlear pathologies. The significance of this work is the detailed description of
47 additional pathological changes that have been poorly appreciated in the literature to date,
48 but are likely to have significant effects on hearing in ageing. This work will help to inform a
49 more rounded picture of the causes of ARHL, and encourage broader approaches to
50 prevention and therapy.

51

52 **Introduction**

53

54 Loss of hair cells from the organ of Corti occurs progressively with age in humans (Wright,
55 1982; Wright et al., 1987), and is considered a major factor underlying age-related hearing
56 loss (ARHL). Progressive age-related hair cell loss also occurs in the vestibular sensory
57 epithelia of humans and is thought to underlie the balance dysfunction, dizziness and vertigo
58 that affects older people (Rauch et al., 2001). Age-related loss of cochlear hair cells and
59 progressive hearing impairment with features similar to those of human ARHL have been
60 shown in a variety of animal species including mice, gerbils, rats, guinea pigs and rhesus
61 monkeys. Typically, outer hair cells (OHCs) which form part of the cochlear active amplifier
62 but do not themselves transmit sound impulses to the auditory nerve, suffer proportionally
63 greater losses than inner hair cells (IHCs), which are responsible for the detection and
64 transmission of sound stimuli to the brain. These patterns seem to be preserved across
65 species (Coleman, 1976; Engle et al., 2013; Keithley and Feldman, 1982; Kusunoki et al.,
66 2004; Tarnowski et al., 1991; Wright, 1984; Wright et al., 1987). ARHL is often considered to
67 be characterised by increase in auditory thresholds initially to sounds of high frequency, and
68 spreading progressively to include successively lower frequency hearing that corresponds to
69 hair cell loss in a pattern, initiated and most extreme in the basal end of the cochlea and
70 progressively encompassing more apical regions. However, a comprehensive study of age-
71 related hearing loss of the UK population (Davis, 1995) showed that reduction in auditory
72 thresholds at the lowest frequencies as well as high frequencies, and a similarly extensive
73 study of hair cell losses with ageing in humans (Wright, 1982) revealed a corresponding
74 progressive loss of hair cells from the cochlear apex as well as from the base (Legan et al.,
75 2014; Wright, 1982). The age-related death of hair cells has been associated with
76 mitochondrial dysfunction, free radical production and stimulation of apoptosis pathways
77 (Yamasoba et al., 2007).

78 Correlated with hair cell loss is the retraction and loss of spiral ganglion afferent nerve fibres,
79 which synapse with IHCs (Bao and Ohlemiller, 2010), but recently it has been recognised
80 that loss of afferent synaptic connections to inner hair cells may progress in the absence of
81 any obvious hair cell loss or injury and without causing any recordable increase (decrement)
82 in auditory thresholds. Such “synaptopathy” is now considered to be an important early age-
83 related pathology. Evidence of this phenomenon has been identified in both humans and
84 animals (Gleich et al., 2016; Kujawa and Liberman, 2015; Parthasarathy and Kujawa, 2018;
85 Sergeyenko et al., 2013; Wu et al., 2018) and the neuronal loss may be selective, affecting
86 first fibres with low thresholds and high spontaneous rates of activity (Schmiedt et al., 1996).
87 These losses have been suggested to correlate with some of the early and more subtle
88 signs of ARHL that precede auditory threshold shifts such as difficulties with discriminating
89 speech in noise (Parthasarathy and Kujawa, 2018).

90 Changes also occur during ageing to the structures that surround and support the function of
91 the organ of Corti, particularly the stria vascularis. This pathology manifests as structural
92 changes, including a thinning of the stria identified in both humans (Suzuki et al., 2006) and
93 animals (Ichimiya et al., 2000). At the ultrastructural and molecular level, marginal cells of
94 the stria vascularis show mitochondrial degradation (Thomopoulos et al., 1997), retraction of
95 their interdigitating processes (Gratton et al., 1996) and a reduction in the expression of the
96 sodium-potassium pump that is vital for maintaining the high positive ‘endocochlear potential’
97 in the cochlear fluid that bathes the apical surface of the organ of Corti and is vital for its
98 function (Schmiedt, 1996). Age-related loss of cells of the spiral ligament that may impact
99 cochlear homeostasis has also been noted (Hequembourg and Liberman, 2001).

100 Ageing is a multifactorial process, affecting various tissues and cells in different ways, so it is
101 unsurprising that there are deleterious effects at a variety of sites in the inner ear which
102 together may contribute to the recordable age-related functional deficits in hearing and
103 balance. In this paper we present data from our ageing studies in mice and humans,
104 showing effects of ageing at two crucial sites that have not been examined in detail

105 previously: stereocilia and the tectorial membrane. Defects to these structures are likely to
106 affect the precision of sound encoding within the organ of Corti, and are potential
107 candidates for the causes of ARHL that occur prior to loss of auditory thresholds.

108

109 **Methods and Materials**

110 **Animals**

111 Inner ear tissues were obtained from male CBA/Ca mice aged between 10 weeks and 32
112 months. A single sex of mice was used to enable fair comparison of all samples, as there are
113 known differences between sexes in the severity of age related hearing loss (Guimaraes et
114 al., 2004). With the exception of electron tomography, which was performed on only a small
115 number of representative samples, at least 6 animals at 6-8 months, 12 months, 17-19
116 months, 23-26 months and 30-32 months were examined, one ear from each animal
117 prepared by one of the processing procedures outlined below and the other for a different
118 one. All procedures involving the use of animals were approved by UCL Animal Ethics
119 committee and performed with authority of a project licence from the British Home Office.

120 Animals were sacrificed by carbon dioxide inhalation according to schedule 1 procedures.

121 Auditory bullae were isolated and the inner ear tissues fixed by direct perfusion. Fixative was
122 gently injected via an opening at the apex of the cochlea, through a rupture of the round
123 window and opening the oval window. For scanning and transmission electron microscopy
124 the fixative was 2.5% glutaraldehyde in 0.1M cacodylate buffer with 3 mM CaCl_2 , and for
125 immunolabelling was 4% paraformaldehyde in phosphate buffered saline (PBS). The intact
126 cochleae were decalcified in 4% EDTA for 48 hours at 4°C. Both left and right ears were
127 used for examination, and this was selected randomly.

128

129 **Auditory brainstem responses (ABR)**

130 Male mice were anaesthetised using intraperitoneal ketamine (Vetalar™; Pfizer UK Limited,
131 0.01 ml/g of 10 mg/ml) and medetomidine (Domitor, Orion Corporation, Finland, 0.005 ml/g
132 of 0.1 mg/ml) and placed in a soundproof booth (Industrial Acoustic Company Ltd). Body
133 temperature of the animals was maintained using a homeothermic blanket maintained at
134 37°C. Subdermal needle electrodes (Rochester Electro-Medical) were inserted at the vertex
135 (active), mastoid (reference) and with the ground needle electrode in the hind leg.
136 Recordings were obtained using TDT system 3 equipment and software (Tucker-Davis
137 Tech., Alachua FL). Click stimuli and tone pips at 8,12,24,32 and 40 kHz, were presented at
138 80 dB SPL and then in decrements of 10 dB, and from the responses recorded the auditory
139 threshold was determined by the lowest sound pressure level at which the ABR waveform
140 could be recognised. If no response was detected at the maximum stimulus level (80dB), a
141 threshold of 90dB was recorded for subsequent graphical representation.

142

143 **Statistics**

144 As ABRs were performed on the same groups of male mice as they aged (with animals
145 sacrificed for cochleae analysis at each time point), ABR data was compared using a
146 repeated measures ANOVA with Greenhouse-Geisser correction to account for violations of
147 sphericity where required. Sphericity determined by Mauchly's test. P-value and corrected
148 degrees of freedom are reported. Calculations were carried out in SPSS (SPSS version 26,
149 IBM, New York, USA, SCR_002865).

150

151 **Transmission Electron Microscopy and Electron Tomography of mouse inner ears.**

152 Fixed, decalcified cochleae were post-fixed and stained with osmium tetroxide and uranyl
153 acetate, before dehydration through a graded series of ethanols and embedding in an Epon
154 resin. Samples for electron tomography were incubated in a solution of 0.1% tannic acid in
155 0.1M cacodylate buffer before post-fixation and staining.

156 Sections of the entire intact inner ear were cut at several different depths through the
157 cochlea and sections for examination were collected at each of these depths. Following
158 initial examination by light microscopy of 1 μm thick sections stained with toluidine blue, for
159 routine TEM, serial 100 nm thick sections were collected at each depth through the cochlea
160 and placed on uncoated copper grids, stained with lead citrate and uranyl acetate and
161 imaged at 80 kV in a JEOL JEM-1200 EX II transmission electron microscope. For electron
162 tomography 200 nm sections on formvar-carbon coated copper grids were stained similarly
163 and 10nm gold particles were applied as fiducial markers. Sections were imaged in a JEOL
164 JEM-2100 microscope operating at 200 kV. Dual axis tomogram tilt series were collected at
165 1° increments for an axis of -60 to $+60^\circ$ and a pixel size of 0.371nm.

166 **Electron Tomography Reconstruction**

167 Reconstruction of electron tomography datasets was carried out using etomo, part of the
168 IMOD programme suite (Kremer et al., 1996). Tomograms were reconstructed using
169 weighted back projection with an applied SIRT-like filter equal to 5 iterations. Segmentation
170 was carried out using the 3DMOD programme. For drawn objects contours were manually
171 drawn or traced using assisted (livewire) segmentation at Z-axis intervals of 1.85 nm.
172 Microtubules were modelled using point modelling with representative tubes. Isosurface
173 rendering was carried out using the isosurface tool included in the IMOD package and were
174 rendered across the complete Z-axis of the reconstructed images (excluding surface gold
175 particles).

176 **Scanning Electron Microscopy of mouse inner ears.**

177 Organs of Corti and utricular maculae and cristae were dissected from the fixed, decalcified
178 inner ears, post-fixed in OsO_4 and processed through the thiocarobohydrazide-Os-repeated
179 procedure (Davies and Forge, 1987) before dehydration in an ethanol series, critical point
180 drying and sputter coating with platinum. Samples were examined in a JEOL 6700F SEM
181 operating at 5kV by secondary electron detection.

182 **Scanning Electron Microscopy of Resin Sections**

183 Samples were prepared as for transmission electron microscopy. Sections of 100 nm
184 thickness were collected on Kapton tape in an automatic tape ultramicrotome (ATUM) (RMC,
185 USA) as described previously (Bullen, 2019). Sections on tape were mounted on conductive
186 carbon tape on silicon discs, coated with 12 nm of carbon and examined in a JEOL 6700F
187 SEM operating at 5kV by backscattered electron detection. Image montages (~100 images)
188 were automatically collected, stitched and normalised by SEM Supporter software (System
189 In Frontier, Japan).

190 **Immunohistochemical labelling of frozen sections of mouse ears**

191 Paraformaldehyde fixed, decalcified intact cochleae were incubated overnight at 4°C in 30%
192 sucrose solution, embedded in low-temperature-setting agarose (Sigma), oriented and
193 mounted on specimen support stubs using OCT and then frozen. Frozen sections were cut
194 at 15 µm and collected on polylysine coated slides (Polysine™, VWR). Tissue was
195 permeabilised in 0.5% Triton in PBS for 20 minutes and the sections then incubated in
196 blocking solution (10% goat serum in PBS with 0.15% Triton X-100). Tissue was incubated
197 in primary antibody overnight at 4°C rinsed thoroughly in several changes of PBS and then
198 incubated with appropriate secondary antibody conjugated to a fluorophore for 90 minutes at
199 room temperature. A fluorescent phalloidin conjugate was added at 1 µg/ml to the secondary
200 antibody solution. Samples were mounted on to slides using Vectashield with DAPI (Vector
201 Laboratories) to label nuclei and examined and imaged on a Zeiss AxioImager widefield
202 microscope. The primary antibodies used were a rabbit polyclonal to mouse α -tectorin
203 (TECTA) (Legan et al., 2014), a rabbit polyclonal to chick β -tectorin (TECTB) (R7, (Knipper
204 et al., 2001) and a rabbit polyclonal to mouse carcinoma and embryonic antigen-related cell
205 adhesion molecule 16 (CEACAM16) (Zheng et al., 2011).

206 **Human tissue: Scanning electron microscopy of organ of Corti**

207 From an archive of samples prepared for *electron microscopy* during the 1980's, organs of
208 Corti from individuals with no known auditory pathology prior to death were *re-examined*.
209 The archive contained 30 samples; 22 male and 8 female; mean age 56.8; age range 17-81.
210 Female samples: mean age 55.3, age range 26-76. Male samples: mean age 56.5, age
211 range 17-81. Procedures were performed in accordance with the UK legislation in force at
212 the time; in the UK in the 1980's, the standard hospital post-mortem form allowed for
213 removal of tissues other than for the purposes of transplantation provided the relatives'
214 consent had been obtained. Appropriate consent was obtained for all samples used in this
215 study. Within 40 minutes of death a tympano-meatal flap was raised and the stapes
216 removed. An angulated blunt needle was used to perforate the round window membrane
217 and 5 ml of 2.5% glutaraldehyde/2% formaldehyde in 0.1 M sodium cacodylate buffer with 2
218 mM calcium chloride at pH 7.25 was gently perfused through the cochlea. The two windows
219 were sealed with Plasticine. A small cube of the temporal bone containing the labyrinth was
220 then removed and placed in fresh fixative. The delay between death and removal of the
221 labyrinth was never more than eighteen hours. The bones were then re-perfused with the
222 glutaraldehyde/formaldehyde fixative and left for twenty-four hours before re-perfusion with
223 buffer then perfusion with 1% OsO₄. The two windows were again sealed and the specimen
224 was left for two hours. The osmium was washed out with buffer then 50% ethanol and the
225 specimen was dissected under 50% alcohol to reveal the membranous labyrinth. The stria
226 vascularis was removed as was the tectorial membrane. The spiral lamina was dissected in
227 segments from apex to base; photographed then stored in 70% ethanol. The specimens
228 were dehydrated in an ethanol series before critical point drying from liquid CO₂. The
229 specimens were mounted on stubs using Araldite glue and then sputter coated with gold and
230 palladium. Re-examination was of images taken after the original processing of the samples,
231 or re-examination of samples as required. Re-examination of the samples was carried out on
232 a JEOL 6700F SEM, operating at 5kV and using secondary electron detection. The samples
233 did not show significant degradation when compared to archive images.

234 **Human Temporal Bone Sections**

235 Haematoxylin-eosin stained serial sections were taken from the archive of human temporal
236 bone sections at the UCL Ear Institute. Accompanying medical notes were used to identify
237 samples from patients whose recorded auditory deficits were ascribed to “presbycusis”. 3
238 male subjects with a presbycusis diagnosis were selected and examined along with 3 age
239 and sex matched controls with no reported hearing deficit.

240

241 **Results**

242 **Stereocilial fusion, elongation and internalisation are common features of ageing in** 243 **both the mouse and human inner ear**

244 CBA/Ca mice, unlike some other mouse strains, do not exhibit an accelerated loss of
245 hearing with age. Fig. 1a shows auditory brainstem response (ABR) as a measure of hearing
246 in a cohort of ageing CBA/Ca mice. The mice show loss of threshold with increasing age,
247 particularly evident at the low frequency (apical) and the high frequency (basal) ends of the
248 cochlea. The organs of Corti of 6-8 month old mice appeared normal: there was no obvious
249 hair cell loss and hair bundles on both inner and outer hair cells (IHC, OHC) appeared intact
250 (Fig. 1b-c). At approximately 12 months of age, there was no significant loss of OHC. The
251 hair bundles of IHC scattered along the organ of Corti showed fusion of stereocilia (Fig. 1d).
252 OHC hair bundles did not show fusion defects. At 18 and 24 months and later, although
253 there was no obvious significant loss of IHC, even at 30 months of age, fused stereocilia
254 persisted and became more prevalent (Fig. 1e-l). Fusions involved a variable number of
255 stereocilia from doublets to an encompassing of almost the entire stereociliary bundle and
256 appeared to be initiated in the longest row (Fig. 1j,l). Stereocilia were also often significantly
257 elongated above the height of the longest stereocilia of the apparently unaffected hair
258 bundles on adjacent IHC (Fig. 1k). Such “giant” stereocilia became more numerous and
259 more elongated with age. Quantification of samples where a large region of the organ of

260 Corti was available at appropriate angles showed that at 6 months there were no fused or
261 giant stereocilia observed, and no inner hair cell loss (n= 4 mice). By 12 months 8% of total
262 IHC had evidence of stereocilial fusion, but no giant stereocilia were observed (n= 3 mice).
263 By 24 months 20% of total IHC showed stereocilial fusion, and of these fusions 30%
264 contained giant stereocilia. Giant stereocilia were only present on cells that also showed
265 evidence of fusion. Giant stereocilia were also twice as common at the apical end of the
266 cochlea as they were at the base (n= 5 mice). These observations indicate that following
267 fusion of their stereocilia, IHC survive intact and the fused stereocilia continue to elongate.
268 With increased age, there was increasing loss of OHC, but fusion of OHC stereocilia like that
269 observed in IHC was not seen, suggesting that at least in OHC, stereociliary fusion is not an
270 indicator of hair cell degeneration and incipient death.

271 Samples of the human organ of Corti from a 26 year old individual showed intact, normal
272 appearing hair bundles on IHC and OHC across the cochlea (Fig. 2a-c). However in organs
273 of Corti from elderly individuals (aged between 60-70), in addition to the expected loss of
274 hair cells, fused and elongated stereocilia and evidence of their internalisation was apparent
275 on some scattered IHC. Stereocilia become internalised into the apical cytoplasm,
276 apparently through fusion of the stereociliary membrane with the apical plasma membrane
277 (Fig. 2d-h insets and red arrows). Unlike in the mouse, giant, fused stereocilia were very
278 occasionally evident on OHC (Fig. 2g). A comparison between mouse and human IHC
279 shows the similar patterns of stereocilial fusion observed between the two species (Fig. 2h-
280 i).

281 As we have previously reported (Taylor et al., 2015), fusion and elongation of stereocilia with
282 ageing is also a feature of hair cells in vestibular sensory epithelia. In mice fusion of
283 stereocilia in the absence of any obvious hair-cell loss was evident in utricular maculae and
284 cristae by 12 -18 months (Fig. 3a). By 24 months, loss of hair cells was evident by their
285 reduced density and patches where hair cells were entirely absent, whilst on remaining hair
286 cells there was significant elongation of fused stereocilia (Fig. 3b,c). The fusion involved not

287 only the stereocilia but the kinocilium also became incorporated into the fused hair bundle.
288 Similar fusion and elongation of stereocilia incorporating the kinocilium was also observed in
289 the utricular maculae and cristae of elderly people (Fig. 3d,e) (Taylor et al., 2015). The
290 presence of 'giant' fused stereocilia in IHC of the organ of Corti and hair cells of vestibular
291 organs indicates that the addition of actin monomers to the stereocilia continues even after
292 they are fused.

293 Internalisation of the stereocilia was more clearly defined in sections of IHC prepared for
294 TEM, where seemingly intact stereociliary actin-filament bundles were enclosed beneath the
295 apical plasma membrane, displacing the cuticular plate which became detached from the
296 membrane (Fig. 4). Thin sections also showed that the cell bodies of IHC with fused, and
297 internalised and/or giant stereocilia were intact with no obvious other signs of damage or
298 degeneration (Fig. 4a,b,d,e), and that afferent terminals synapsing with these cells were
299 mostly intact and not swollen (Fig. 4a,d). However, there were vesicles present in the region
300 of the fusion, these vesicles appeared to be double membraned, and in some cases to have
301 vesicular contents suggesting they may represent autophagic vesicles (Fig. 4d-e).

302

303 **Actin bundles do not fuse after stereocilial fusion**

304 Stereocilial fusion could have several potential effects on stereocilia structure, from fusion of
305 only the stereocilial membranes to a breakdown of the organisation of the actin bundles.
306 TEM sections through fused stereocilia appear to show that the actin bundles of the
307 stereocilia remain intact despite the fusion (Fig. 4a,b). The densely packed actin filaments
308 that normally form the rootlet are present, although they appear to be incorporated higher up
309 the shaft of the stereocilium than we would normally expect, perhaps evidence of continued
310 but dysregulated growth of the stereocilia. This is consistent with the observation from SEM
311 data that fused bundles continue to elongate, indicating that actin structures are being
312 maintained by the cell, although their growth may have become dysregulated. The plasma

313 membranes of the stereocilia do appear to fuse. Examination of fused stereocilia from a 1-
314 year old mouse IHC by electron tomography shows similarly that the actin structures
315 (visualised by isosurface rendering across a 200 nm section of stereocilia) do not appear to
316 be disrupted by the fusion (Fig. 4f-g). Stereocilial rootlets are still clearly visible and well
317 formed, and dividing lines between the actin bundles of different stereocilia are still visible,
318 suggesting the bundles themselves have remained separated, and appear similar to
319 neighbouring unfused stereocilia (Fig. 4f,g,h(ii),(iv),i(i)). However there is clear fusion
320 between the membranes of several stereocilia (Fig. 4f,h(i)). In addition, tomographic
321 reconstruction suggests that other cyto-skeletal components are also present in the fusion.
322 Unfused IHC stereocilia are rooted into the cuticular plate, and little space exists in between
323 the cuticular plate and cell membrane. However in both the tomogram and TEM sections, a
324 space has developed between the cuticular plate and cell membrane in the region of the
325 fusion (Fig. 4a,b,f-j). This space is occupied by microtubule like elements (red tubes) (Fig.
326 4g,j) as well as membranous structures (membrane cisterns) that could be divided into
327 several different types; those without visible contents which were either greater than 100 nm
328 in diameter (purple) (Fig4 g,j) or less than 100 nm in diameter (blue), those with cytoplasmic
329 contents (orange), and tubular cisternae (white) (Fig. 4f, h(iii)) (supplementary movie S1).
330 The microtubule elements appear to be reaching into the body of the stereocilial fusion (Fig.
331 4j(ii)).

332

333 **The tectorial membrane undergoes significant structural changes with ageing**

334 As well as fusion of IHC stereocilia, a remarkably consistent feature of the ageing mouse
335 cochleae was a progressive degeneration of the tectorial membrane (TM). The normal
336 characteristic appearance of the TM as described in detail elsewhere (Goodyear and
337 Richardson, 2002; Goodyear and Richardson, 2018; Hasko and Richardson, 1988) was
338 evident throughout the length of the cochleae in 6-8 month old mice. In sections for light
339 microscopy stained with toluidine blue, the TM was characteristically shaped, overlying the

340 organ of Corti and attached to the spiral limbus on its medial side, and evenly stained (Fig.
341 5a). The sections showed a core composed of parallel, radially oriented quite closely packed
342 collagen fibrils embedded within a uniform matrix, with denser regions on the upper surface,
343 at the tip and on the lower surface, particularly in the ridge comprising the Hensen's stripe
344 (Goodyear and Richardson, 2002). Subsequently, there was progressive degeneration of the
345 TM that was first apparent in the apical coil from about 12-18 months then proceeded with
346 age into the basal coil by 24-30 months (Fig. 5b-c). There was a decrease in the density of
347 toluidine blue staining of the core of the TM, and changes in shape, initially a swelling and
348 then often a thinning. As degeneration of the TM proceeded into the basal coil, it often
349 became detached from the spiral limbus and the detached membrane came to lie against
350 Reissner's membrane, this detachment also proceeded in an apex to base direction (Fig.
351 5c). The degeneration observed did not appear to be due to fixation artefacts in the tectorial
352 membrane. All TMs examined from 6-8 month mice had the same appearance as that
353 shown here (including many 6-8 month mice we have examined in the past that were not
354 included in this study). The degeneration of the TM was also remarkably consistent in all
355 ageing samples, including ageing mice we have examined for other studies. In addition, no
356 other significant fixation artefacts were apparent in the organ of Cortis of the mice examined.
357 This consistency and lack of associated fixation artefacts strongly suggests these effects are
358 not due to fixation.

359 **Changes in tectorial membrane are present in the cochleae of some humans with** 360 **presbycusis**

361 The tectorial membrane of an individual (55 years) with no known hearing deficit (Fig. 5d).
362 showed similar structure to that of young mice. However, abnormalities of the TM were
363 observed in sections of the temporal bones from two out of three individuals whose clinical
364 notes attributed a hearing loss to "presbycusis". In one from an 81 year old male, the TM
365 was remarkably thinner than normal (Fig. 5e). In the apical coil it was detached from the
366 spiral limbus and attached to Reissner's membrane. In the middle coil it was displaced

367 towards Reissner's membrane but not attached to it (Fig. 5e). In a specimen from a 71 year
368 old male, in the apical coil the TM was thinned and attached to Reissner's membrane, while
369 in the basal coil it was distorted in shape but seemingly not attached to Reissner's
370 membrane, although extracellular material exists between the two (Fig. 5f).

371 **Loss of matrix components in aged tectorial membrane**

372 TEM and electron tomography reconstructions revealed there was loss of the matrix
373 components from the core of the TM (Fig. 6), but loss of collagen fibrils was also evident.
374 The initial progression of degeneration of TM proceeded prior to any hair cell loss. Both IHC
375 and OHC were present and apparently intact in the organ of Corti beneath degenerating TM.
376 Degenerating TM was also evident in regions where there was no obvious significant loss of
377 spiral ganglion neurons (Fig. 6a-b). The TM often appeared to become "motheaten"- with not
378 only loss of matrix from the core but also apparent discontinuities in the collagen fibrillary
379 structure. In some of the oldest animals examined, 24 -30 months, the core of the TM was
380 almost entirely lost with only the initially dense fibrillary complexes on the upper and lower
381 surface and at the tip remaining (Fig. 6c-f). electron tomography was carried out on a
382 younger (1 year) specimen to ensure there would still be matrix material available to
383 examine. Isosurface reconstruction showed that even by 1 year, the matrix material has
384 begun to thin, leaving gaps in the membrane structure (Fig. 6g-h). This was evidenced by an
385 overall reduction of the proportion of the reconstruction volume containing tectorial
386 membrane components from 35% to 30%.

387 **Degeneration of tectorial membrane is associated with loss of tectorins.**

388 The major non-collagenous components of the TM are the glycoproteins TECTA, TECTB
389 CEACAM16 and otogelin (Goodyear and Richardson, 2002) (Zheng et al., 2011). To
390 establish whether the loss of protein constituents of the tectorial membrane was the cause of
391 the structural degeneration observed, immunohistochemistry for TECTA, TECTB and
392 CEACAM16 was performed. In the cochleae of mice at 6-8 months, antibodies to TECTA

393 (not shown) and TECTB labelled the TM equally intensely in all turns. The apical turn, which
394 was the first to show degradation in older mice, is shown in Fig. 7a. At 18-19 months, the TM
395 in the apical coil showed reduced labelling intensity in the core, but labelling still outlined the
396 periphery and the labelling intensity in lower turns was greater and similar to that in the 6
397 month old mice for both TECTA and TECTB (Fig. 7b,c). Progressively with age, reduction in
398 labelling intensity of the TM proceeded into lower coils and to the basal coil by 24-30 months
399 (Fig. 7b,c). The loss of both TECTA and TECTB showed the same pattern of central to
400 periphery loss and the base to apex gradient as seen in the cochleae of mice by light and
401 electron imaging. The third matrix component CEACAM16, necessary for the formation of
402 the striated sheet, showed a similar pattern of loss (Fig. 7d). Therefore, the loss of tectorial
403 membrane density observed is likely due at least in part to the loss of these proteins from
404 the TM representing a failure to maintain the matrix in older animals.

405 **Discussion**

406 Understanding the multi-factorial nature of ARHL is important to any form of effective
407 treatment for presbycusis. Although traditionally hearing loss has been measured in terms of
408 the loss of pure tone thresholds alone, more recently it has become clear that a variety of
409 other changes to hearing occur before measurable threshold loss (Barbee et al., 2018).
410 These deficits, known colloquially as “hidden hearing loss”, have been attributed largely to
411 synaptopathies affecting a sub-population of the afferent nerves contacting IHC (Kujawa and
412 Liberman, 2015). However, other changes to cochlear structure may also play a role.
413 Stereocilia and the TM are both intimately involved in the mechanical to electrical
414 transduction performed by cochlear hair cells. This study shows that fusion, elongation and
415 internalisation of stereocilia on IHC, as well as degeneration and ultimately detachment of
416 the TM from the spiral limbus are consistent features of ageing in the inner ear in mice and
417 that identical or similar phenomena occur with ageing in humans. These changes can occur
418 without significant loss of OHCs or IHCs. Consequently, the fusions and elongation of IHC

419 stereocilia and the degeneration of the TM have the potential to be contributors to early age-
420 related decrements in hearing sensitivity.

421 **Stereociliary abnormalities in IHCs**

422 Fusion of stereocilia is likely to affect the transduction of auditory signals by IHC. Sound-
423 induced movements are detected by stereocilia which pivot at their tapered bottom ends.
424 Deflections alter the tension on “tip-links” that run between the tip of each shorter
425 stereocilium to the shaft the longer stereocilium behind to open and close the
426 mechanotransduction (MET) channels located at the tips of each of the shorter stereocilium,
427 thereby modulating a K⁺ current through the hair cell and its electrical potential (Fettiplace,
428 2017). Fusion of stereocilia will likely result in reduced bundle movement due to loss of the
429 taper and increased rigidity of the fused stereocilia due to the incorporation of multiple actin
430 cores. In addition, tip-links will be lost and the number and/or distribution of MET channels
431 may be affected. The result will be loss of signal transduction and the fidelity of sound
432 transmission to the auditory nerve. However, the initial effects of a reduction of the neural
433 output from individual IHC scattered along the organ of Corti to recordable measures of
434 auditory acuity is likely to be subtle and difficult to identify by current methods.

435

436 The persistence of stereociliary abnormalities on IHC, coupled with the absence of
437 indications of damage or degeneration within the body of the IHC indicate the likelihood of
438 an age-related pathology affecting the hair bundles specifically: a “stereociliopathy”. The
439 stereocilial abnormalities shown in this study are similar to the fusion and elongation of
440 vestibular hair cells described previously (Taylor et al., 2015). This supports the concept that
441 there is a general vulnerability of hair bundle maintenance to the effects of ageing in the
442 inner ear. However, while IHCs and vestibular hair cells were strongly affected in both
443 humans and mice, OHCs were not seen to be affected in mice or other rodents (Coleman,
444 1976; Keithley and Feldman, 1982; Tarnowski et al., 1991) and there were very few

445 examples of fused stereocilia in OHCs of human samples. This may indicate stereocilial
446 maintenance or deterioration mechanisms vary between different hair cell types.

447 TEM and the electron tomography show that the paracrystalline arrays of parallel actin
448 filaments are undisturbed when fusion occurs – they do not break, disassemble or re-
449 associate with each other. Thus, while the increase in width in fused and giant, elongated
450 stereocilia that subsequently develop is likely a result of accumulation of the existing
451 filaments into the fusing stereocilia, the increase in length is presumably due to growth of the
452 actin filaments. Stereocilia grow in length during development by addition of actin monomers
453 to the apical tips of the filaments and are maintained during life by a slow turnover of actin in
454 a small compartment at that tip (Drummond et al., 2015; McGrath et al., 2017; Narayanan et
455 al., 2015; Pelaseyed and Bretscher, 2018). The elongation of stereocilia suggests therefore
456 that the machinery for trafficking actin to the tips of stereocilia is still active, providing
457 additional evidence for the “viability” of the hair cells upon which fused and elongated
458 stereocilia are present. Normally, the precise length of each individual stereocilium is
459 regulated and maintained by a complex of actin capping/depolymerising proteins that are
460 localised to their apical tips (Olt et al., 2014; Peng et al., 2009; Zampini et al., 2011). The
461 elongation of stereocilia that occurs would seem to imply that that regulation is lost, though
462 whether this is because of an age-related reduction in the expression of the relevant proteins
463 or a consequence of the effects of membrane fusions on their distribution or density would
464 need to be assessed.

465 The electron tomography in this study provides evidence of detachment of the cuticular plate
466 from the apical plasma membrane to form a “gap” of cytoplasm between the membrane and
467 the cuticular plate and the “zipping-up” of detached apical membrane from the base to the tip
468 of the stereocilium to incorporate adjacent bundles into a single fused projection. A similar
469 mechanism for formation of fused stereocilia was suggested in a previous study of ageing in
470 vestibular sensory epithelia in mice and humans (Taylor et al., 2015). Membrane inclusions
471 in the apical cytoplasmic space generated by separation of the cuticular plate from the

472 membrane could represent membrane elements trafficked during fusion of stereocilia, which
473 will require membrane remodelling. The role of the microtubules revealed by electron
474 tomography in this region is not known, but may be related to trafficking of components to or
475 from fusing stereocilia. Vesicles were often present in the cell body region close to the
476 location of internalised actin filament bundles and within the gap that developed between the
477 apical plasma membrane and the cuticular plate, particularly in cells with internalised
478 stereocilia. These vesicles were not seen in younger mice. Many of these vesicles appeared
479 to be double-membraned and similar to autophagic vesicles. This may suggest the actin
480 filaments and other components of the re-modelling hair bundle are removed by autophagy.
481 Autophagy acts to remove damaged or excess cellular material enabling the components to
482 be recycled in support of continuing cellular metabolism and synthesis and is upregulated in
483 times of cellular stress, for example to provide energy sources when cells are starved (and
484 the huge actin content in resorbed stereocilia would make a substantial meal) (Rubinsztein
485 et al., 2011). We have evidence elsewhere that the autophagic flux in IHC is much greater
486 than that in OHC (Taylor and Forge in preparation) and it is possible that autophagy plays a
487 role in the prolonged survival of IHC during ageing.

488

489 The stereociliopathy observed with ageing is similar to that described in a number of
490 conditions thought to result from a defect in the maintenance of actin-cytoskeletal
491 interactions. Fusion and internalisation of stereocilia and separation of the cuticular plate
492 from the apical plasma membrane of the hair cell has been observed in mice lacking radixin
493 (Kitajiri et al., 2004), one of the “ERM proteins” (ezrin/radixin/moesin) that act to link actin
494 filaments to the plasma membrane (Fievet et al., 2007). The phenotype develops first in
495 young adults and then progresses but does not result in hair cell loss. Similar stereociliary
496 anomalies are seen in the early postnatal organ of Corti exposed to staurosporine which
497 causes loss of phosphorylated forms of ERM proteins (Goodyear et al., 2014). Mutations in
498 the gene encoding myosin 6 also result in fusion and elongation of stereocilia in mice (Self et

499 al., 1999). Here again, the hair bundles show normal characteristics at birth but fusion and
500 elongation occurs subsequently and then progresses in severity and extent into adulthood
501 without any hair cell death occurring. In all these cases, the fusion and internalisation of
502 stereocilia appears to occur through detachment and separation of the apical plasma
503 membrane from the cuticular plate and a “zipping-up” of the membrane between the
504 adjacent stereocilia along its length from base to tip, similar to that observed for fusion of
505 stereocilia in the present work. Neither loss of radixin or staurosporine treatment caused hair
506 cell death, and their effects appeared to be specific to the hair bundle. However, both loss of
507 radixin and staurosporine exposure cause apparently similar effects on both IHC and OHC,
508 but radixin loss affects only cochlear hair cells and not those of the vestibular system (Kitajiri
509 et al., 2004). Myosin 6 may have several roles in the hair cell, but the finding of apical
510 membrane detachment in the early stages of the fusion process suggested the likelihood
511 that myosin 6 acts to anchor the apical plasma membrane to the cuticular plate and possibly
512 also maintain membrane domain composition.

513

514 Stereocilia fusion and elongation are also associated with mutations in *PTPRQ*, a receptor-
515 like inositol lipid phosphatase, required for formation during development of “shaft
516 connectors” that form links between the membranes of adjacent stereocilia. Its absence
517 results in fused elongated stereocilia in IHC of the mature organ of Corti (Goodyear et al.,
518 2003). It could be hypothesised that fusion occurs when membranes of adjacent stereocilia
519 to come into contact and that loss of *PTPRQ* and consequently shaft connectors might
520 therefore facilitate fusion. However, loss of shaft connectors in *PTPRQ* mutants does not
521 lead to direct contact of adjacent stereocilia (Goodyear et al., 2003). *PTPRQ* may act to
522 regulate and maintain local inositol phosphoinositide phospholipid composition, in turn
523 regulating rates of membrane and actin turnover. Consequently, loss of *PTPRQ* would result
524 in failure to maintain stereociliary membrane domain composition and associated
525 membrane-cytoskeletal interactions, facilitating fusion events. There is evidence that there

526 are differences between hair cell types in their susceptibility to loss of *PTPRQ* possibly
527 because in some hair cell types other phosphatases can compensate for its loss (Goodyear
528 et al., 2003). This could be a factor underlying the observed difference between IHC and
529 OHC in age-related stereociliary “fusion-competence”.

530 Although the molecular and biochemical mechanisms at work during the age-related
531 stereociliopathy are not clear, similarities with the effects of inactivation of ERM proteins,
532 loss of myosin 6, and *PTPRQ* mutations, indicate that an age-related failure to maintain
533 regulation of membrane turnover and membrane-cytoskeletal interactions within the
534 stereocilia may be a significant factor in stereociliopathy. The stereociliopathies described
535 here appeared scattered along the cochlear spiral, although there was some evidence that
536 giant stereocilia may be more common at the apex of the cochlea compared to the base.
537 The reason for this potential apex to base gradient is not clear, although it may indicate
538 differences in stereocilial maintenance and actin turnover along the length of the cochlea.

539

540 **Tectorial membrane degeneration.**

541 In addition to stereociliopathy, age-related degradation of the tectorial membrane has also
542 been identified in this study as a potential contributor to hearing deficits in humans. Recent
543 work has shown a similar TM phenotype in aging of several wild-type mouse strains, and
544 indicated that the severity of aging phenotype may be genetically determined (Goodyear,
545 2019). The TM performs several tasks (Goodyear and Richardson, 2018; Lukashkin et al.,
546 2010), but primarily maximises the sound induced movement that deflects IHC stereocilia at
547 their best or characteristic frequency. The TM is therefore responsible for enhancing both
548 auditory sensitivity and frequency selectivity. TM function depends upon its physical
549 properties, its mass and its stiffness, both of which vary systematically along the cochlea:
550 mass increases from base to apex; stiffness increases apex to base (Goodyear and
551 Richardson, 2018; Teudt and Richter, 2014). Our study reveals in mice a progressive

552 degeneration of the TM that will affect its physical properties, proceeding with increasing age
553 from the apical coils towards the base. This is apparent initially as a progressive loss of the
554 striated-sheet matrix and the two major glycoproteins of which it composed, TECTA and
555 TECTB (Goodyear and Richardson, 2018), that proceeds from the central regions of the
556 membrane towards the periphery. “Holes” appear in the body of TM and there is a
557 subsequent decrease in density of the radial collagen fibrils, such that in some of the oldest
558 animals the TM may appear as little more than an “exoskeleton” surrounding a significantly
559 reduced density of collagen fibrils. Beginning in the apical coil, the TM separates from the
560 spiral limbus eventually detaching completely and becoming associated with the
561 endolymphatic side of Reissner’s membrane. During the progressive degeneration TM
562 shape changes, sometimes appearing thinned and sometimes apparently swollen. Changes
563 in the shape of the TM suggesting changes in composition, in particular thinning of the
564 membrane, as well as evidence of separation from the spiral limbus and close association or
565 attachment with the Reissner’s membrane, were also evident in the cochleae of elderly
566 human subjects. Although the tectorial membrane remained in proximity to the hair cells at
567 the very apex of the human cochleae studied, the thinning and attachment to Reissner’s
568 membrane were most pronounced in the apical and middle coils, suggesting the possibility
569 that an age-related apical to basal progression of TM disruption along the organ of Corti,
570 similar to that seen in mice, may also occur in humans.

571 TECTA and TECTB are produced only for a short time during early development (Rau et al.,
572 1999), and the matrix is not replenished during life. CEACAM16, which interacts with both
573 TECTA and TECTB and is required for striated-sheet formation, is produced throughout life.
574 (Cheatham et al., 2014). Targeted deletion of the genes encoding TECTA (*Tecta*) (Legan et
575 al., 2000), and TECTB (*Tectb*) (Russell et al., 2007) induces loss of the striated sheet matrix
576 and hearing impairment, without any effects on hair cells. Non-syndromic autosomal hearing
577 loss in humans results from point mutations in the human homologue for TECTA (*TECTA*)
578 that are either dominant (DFNA8/12) or recessive (DFNB21) and likewise for *CEACAM16*

579 (DFNA4b and DFNB113). With loss of TECTA, TECTB is also lost. Morphologically, the TM
580 appears less dense than normal, its shape is disrupted and it separates from the spiral
581 limbus, detaching completely to become closely associated with Reissner's membrane.
582 Point mutations in *Tecta* in mice cause elevation of auditory thresholds, although the
583 different mutations result in distinctive disruptions of particular details of TM structure. Shape
584 changes and reduction in the zone of attachment with the spiral limbus were common
585 features, and in some the reduced TECTB expression and advanced detachment of the TM
586 were particularly pronounced in apical coils (Legan et al., 2014). Loss of TECTB also results
587 in loss of the striated sheet matrix, and large changes in TM cross-sectional profile in the
588 apical coil causing a loss of low-frequency hearing. However TECTA is still expressed in the
589 *Tectb*^{-/-} mice and the TM does not detach from the spiral limbus. Detailed analysis of the
590 biophysical and physiological consequences of loss of TECTB suggests it is essential for low
591 frequency hearing (Russell et al., 2007). Levels of TECTB, but not of TECTA, are slightly
592 reduced in the TM of mice carrying a targeted null mutation in *Ceacam16*. In these mice, the
593 TM remains attached to spiral limbus, but there are "holes" within the body of the TM that are
594 most pronounced in the apical coils (Cheatham et al., 2014) and similar to those seen in the
595 much older wild type mice used in the current study. Recent work has also shown that
596 CEACAM16 is required to maintain the TM structure during aging, and that its absence
597 produces an accelerated aging phenotype (Goodyear, 2019).

598 It is also possible that an age-related reduction in endocochlear potential (EP) and
599 degeneration of the stria vascularis may affect TM structure. The TM is sensitive to its ionic
600 environment, particularly calcium concentration (Goodyear and Richardson, 2018; Strimbu et
601 al., 2019). However, the stria vascularis is primarily responsible for maintaining potassium
602 ions and EP (Salt et al., 1987), and how this affects overall ion balance in endolymph is not
603 clear. It is therefore difficult to speculate on whether there are changes in the ionic
604 environment of the endolymph in which the TM is bathed contribute in any way to the
605 degeneration observed, and this was not studied in these experiments.

606
607 Therefore, it is possible to hypothesise two scenarios leading to the age related
608 degeneration of the tectorial membrane. Both immunohistochemistry and the detachment of
609 the TM from the spiral limbus in both mice and humans strongly suggests that loss of
610 TECTA is a significant factor in age-related TM degradation. This could suggest that
611 tectorins are the principle target of degradation, as these proteins are not replenished
612 throughout life. A second hypothesis is that CEACAM16 acts as a stabiliser for the tectorin
613 proteins in the striated sheet matrix, and it is a reduction or dysregulation of the production of
614 this protein with ageing that leads to degradation of the matrix and loss of the tectorin
615 proteins. Late onset hearing loss is also present in humans with mutations in CEACAM16
616 (DFNB113) indicating that this may be an important factor in age-related TM degradation
617 and hearing loss (Goodyear, 2019).

618

619 This study was limited in its human data by the limited number of samples of sufficient
620 quality and with appropriate medical history that could be included (i.e. the presence or
621 known absence of presbycusis in the older samples). However, despite this we were able to
622 demonstrate stereocilial fusion phenotypes in both sexes, although we only had suitable
623 tectorial membrane examples from males. Due to these limitations, it is difficult to say if there
624 were any sex differences between the samples as sample numbers are not sufficient. In the
625 mouse studies, male mice were used exclusively, to avoid confounding factors from the
626 different rates of ARHL between the sexes (Guimaraes et al., 2004). This does mean the
627 study is limited in examining the potential sex differences in these phenotypes. Such
628 differences may well exist, given the differing rates of ARHL between the sexes in mice, and
629 the description of these phenotypes in this study could form the basis of a future examination
630 of this question.

631

632 Age-related increases of auditory thresholds, are typically reported as beginning at high
633 frequencies progressing to involve successively lower frequencies, broadly corresponding to
634 progressive loss of OHC proceeding from the basal coil apicalwards. Age-related
635 synaptopathies are reported to occur in an apex to base pattern (Sergeyenko et al., 2013),
636 similar to the patterns of stereociliopathy and TM degradation reported here. In particular,
637 the pattern of occurrence of TM deterioration observed here suggests the likelihood of a low
638 frequency component in the early stages of ARHL and which may be contributing to so-
639 called “hidden hearing loss”. The continued deterioration progressing towards the base
640 without obvious loss of hair cells could also suggest that TM degeneration contributes to
641 age-related threshold elevations. The combination of all these factors are therefore likely to
642 contribute to the early and later stages of age related hearing loss. This raises important
643 questions for the development of future therapies, which must contend not only with hair cell
644 loss and synaptopathy but also with hair cells that are present but whose function is
645 impaired, and with the potential need to regenerate the TM. Therefore future therapeutic
646 approaches may require a holistic approach to the organ of Corti and its surrounding
647 structures to maximise their effectiveness.

648

649

650

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655

656 **Conflict of Interest Statement**

657 Authors have no known conflicts of interest to declare.

658

659 **Author Contributions**

660 AB, AF and RT had full access to all the data in the study and take responsibility for
661 the integrity of the data and the accuracy of the data analysis. Conceptualization: AB,
662 AF, RG, GR, RT and TW. Methodology: AB, AF, RT and TW. Investigation: AB, AF,
663 RT and TW Resources: AB, AF, RG, GR, RT and TW. Writing – Original Draft: AB,
664 AF and RT. Writing – Review & Editing: AB, AF, RG, GR, RT and TW. Visualization:
665 AB, AF. Funding Acquisition: AF, RT and AB.

666

667 **Data Accessibility**

668 Data available on request from the authors. Ethical and privacy restrictions may apply to
669 human data.

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833

834 **Figure legends**

835

836 **Figure 1. Stereocilia fusion, elongation and internalisation in ageing mice cochleae**

837 (a) ABR thresholds in an ageing cohort of CBA/Ca mice. Threshold increases at both the
838 high and low frequency regions are evident at 18 and 24 months. Error bars represent
839 Standard Error of the Mean (SEM). Animals per group: 6 months (n=20), 12 months (n=16),
840 18 months (n=11) and 24 months (n=6). P-values for repeated measures ANOVA (Click
841 P=0.01, df=1.416. 8kHz P=0.042, df=3. 12kHz P=0.025, df=3. 24kHz P=<0.001, df=3.
842 P=<0.001, df=3. 32kHz P=<0.001, df=3. 40kHz P=0.004, df=3. (b) Middle coil and (c) Basal
843 coil from a 6 month mouse. No evidence of inner or outer hair cell damage is present. (d-f)
844 Middle coil in (d) 12 month, (e) 18 month and (f) 24 month mice. Stereocilial fusions and
845 internalisation are present in all three (white arrows); both fusion and lost hair cells (*) are
846 more prevalent at older ages. Boxed region in (d) represents an enlargement of the
847 stereocilial fusion defined by the arrow. (g-i) (g) Apical, (h) Middle and (i) Basal coils of
848 mouse cochleae at 24 months of age. Fusions and hair cell loss are most severe in the
849 apical region. (j-l) Stereocilial defects in 24 month mice. (j) Severe stereocilial fusions and

850 internalisation. (k) Elongation of stereocilium. (l) Fusion across longest stereocilial row. Scale
851 bars (b-i and k) 10 μ m, (j and l) 1 μ m.

852

853 **Figure 2. Stereocilia fusion, elongation and internalisation in aged human cochleae**

854 All cochleae were from people who had no recorded hearing loss at time of death. (a-c):
855 apical middle and basal cochlear turns from 26 year old female. Irregularity in the rows,
856 presence of a 4th row of OHC in (c), and supernumerary OHC and IHC are evident, these
857 are characteristic of the normal human organ of Corti. Scattered loss of IHC is indicated by
858 (*), but stereocilial defects were not observed. (d-i): evidence of fusion and elongation (white
859 arrows) and internalisation (red arrows and insets) in (d) a 62 year old male, (e) a 69 year
860 old male and (f) a 60 year old female. (g) Fusion, elongation and engulfment of OHC
861 stereocilia in a 69 year old male. Fusion of OHC stereocilia was not observed in mice. (h and
862 i) Comparison of fused, elongated stereocilia in human (h, 77 year old male) and mouse (i,
863 30 months). Scale bars: a-c and g = 10 μ m, d, e, h-i = 1 μ m (inset 1 μ m), f = 2 μ m (insets
864 2 μ m).

865

866 **Figure 3. Stereocilia fusion, elongation and internalisation in aged mouse and human**
867 **vestibular tissue**

868 (a) Mouse utricular macula at 18 months. (b) mouse utricular macula at 24 months. (c)
869 mouse crista at 24 months. (d,e) Human utricular macula: Male, 70 years (d); Male 65 (e).
870 Arrows indicate fused stereocilia, elongation of stereocilia and internalisation of stereocilia.
871 In mouse, fusion of stereocilia is apparent before any significant hair cell loss, as indicated
872 by close packing and high density of hair cells (a). Fused and elongated stereocilia persist in
873 utricular maculae (b) and cristae (c) for at least 24 months by which time there is also a
874 reduced density of hair cells. Internalisation of stereocilia (red arrows) (d) as well as

875 stereociliary fusion (e) are also features of the utricular macula in ageing humans. Scale
876 bars: (a) 10 μ m, (b-e) 1 μ m.

877

878 **Figure 4. Cross sectional examination of fused stereocilia bundles**

879 (a-e) TEM cross sections of IHCs carrying fused or internalised stereocilia. (a-b) Stereocilial
880 fusions (black arrows) on IHCs from mice aged 18 months. Despite the fusions the cell
881 bodies appear normal and surrounding structures are not apparently impaired. Asterisks on
882 enlarged insets in a and d indicate intact afferent terminals synapsing with the IHC. (c)
883 Internalisation of stereocilia by the apical membrane (black arrow), 24 month mouse. (d-e)
884 Internalisation of stereocilia (black arrows) in (d) 30 month and (e) 24 month mouse. In both
885 cases the cell bodies and surrounding structures do not appear damaged. Insets show
886 vesicles present in the cytoplasm near the sites of internalisation. These vesicles appear
887 double walled, and to have contents. (f) Central section of tomographic reconstruction of
888 fused IHC stereocilia. (g) Segmented reconstruction of stereocilial fusion. Manual
889 segmentation was used for membranes and microtubules, actin filaments were rendered by
890 isosurface rendering. Light blue = cell membrane Green = Stereocilial actin Red =
891 Microtubules Purple and Blue = Membranous spheres without apparent contents (large and
892 small respectively). Orange = membranous spheres with cytoplasmic contents. White =
893 tubular cisternae. Brown= Isosurface rendering of cuticular plate. (h) Enlarged regions of
894 central slice of tomographic reconstruction showing (i) stereocilial fusion tip with continuous
895 membrane and actin filaments. (ii) Central shafts of stereocilial fusion with gaps between
896 adjacent stereocilia and actin bundles, membrane fusion and central stereocilial rootlet. (iii)
897 Cytoskeletal elements and membranous objects at the base of the stereocilial fusion. (iv)
898 Individual stereocilium not included in fusion, showing similar actin pattern. (j) Enlargements
899 from segmentation showing (i) Pattern of actin isosurface for complete 3D reconstruction of
900 stereocilial fusion. (ii) Cytoskeletal and membrane components between fusion and cuticular
901 plate. Scale bars a = 2 μ m (inset) = 1 μ m, b = 5 μ m (inset = 500nm), c = 500nm, d (left) =

902 5 μ m (right) = 500nm (inset) = 500nm, e = 2 μ m, (inset) = 200nm, f-g = 250nm, h (i-iv) =
903 100nm, j (i, ii) = 200nm. For model rotations please see supplemental movie S1.

904

905 **Figure 5. Light Microscopy of tectorial membrane degradation in cochleae of ageing**
906 **mice and humans**

907 (a-c) Tectorial membrane structure in mice. (a) 8 month old mouse showing no evidence of
908 degradation in the tectorial membrane in any coil. (b) 22 month old mouse showing 'holes' in
909 the membrane sheet, most severe in the apical coil and not present in the base (black
910 arrows). (c) 30 month old mouse showing detachment of the tectorial membrane in the
911 apical and middle coils, and evidence of detachment beginning in the basal coil (black
912 arrows); holes in the membrane can also be seen in all three coils. Complete detachment
913 from the spiral limbus and close association with Reissner's membrane is evident in the
914 apical coil (d-f) Tectorial membrane structure in ageing humans. (d) Membrane from a 55
915 year old male with no recorded hearing loss. Membrane appears as a smooth sheet. (e) In
916 an 81 year old male with reported presbycusis, membrane is thinned throughout the apical
917 and middle coils. The membrane has detached to lie along Reissner's membrane in the
918 apical and middle coils (black arrows). (f) A second male with presbycusis (71 years old)
919 shows similar thinning of the membrane and attachment to Reissner's membrane. In the
920 apical and middle coil the membrane has become attached to Reissner's membrane, while
921 in the basal coil, although the membrane is not attached, extracellular material can be
922 observed between the tectorial and Reissner's membranes. (Ap) Apical coil, (Ap/Mid) Apical
923 to Middle coil, (Mi) Middle coil, (Ba) Basal coil. Scale Bars (a-f) = 50 μ m.

924

925 **Figure 6. Tectorial membrane matrix degradation in ageing mice**

926 (a-b) Backscatter imaging of resin sections showing middle turn in (a) 2 months and (b) 18
927 months mice. Tectorial membrane (white arrows) in (b) shows the same thinning and holes

928 apparent by light microscopy. The structure of the organ of Corti (OoC) shows no obvious
929 defects and there is no obvious loss of cell bodies in the spiral ganglion (SG). (c-f) TEM
930 imaging of tectorial membrane in 24 month old mice. (c) Very little striated sheet matrix
931 remains leaving only the remains of the collagen skeleton. (d) In some samples although the
932 matrix was lost, other structural elements around the periphery of the TM were intact. (e)
933 Thinning of the membrane was also observed in mice. (f) High resolution shows the
934 presence of collagen skeleton with loss of the matrix. (g-h) Electron tomography of the
935 tectorial membrane in 2 month (g) and 12 month old mice (h). By 12 months, larger spaces
936 are appearing in the striated sheet matrix, suggesting matrix material has been lost. Scale
937 bars a-b = 50µm, c-e = 5µm, f = 500nm, g-h = 100nm. For model rotations see supplemental
938 movies S2 and S3.

939

940 **Figure 7. Immunohistochemistry of striated sheet matrix proteins in ageing mouse**
941 **cochleae**

942 Three striated sheet matrix proteins were stained by immunohistochemistry (green). (a)
943 TECTA and TECTB labelling at 6 months in the mouse cochlear apex. Strong labelling is
944 shown consistently across the tectorial membrane. (b) TECTA and TECTB labelling at 18
945 months in the apex and base of the mouse cochlea. At the apex, TECTA and TECTB has
946 been lost from the centre of the tectorial membrane but persists at the periphery. At the
947 base, staining for both proteins is consistent at 18 months and has just begun to fade at the
948 centre for TECTB. (c) TECTA, TECTB and CEACAM16 labelling at the apex and base of the
949 mouse cochlea at 24-30 months. All three proteins have been lost from the centre of the
950 tectorial membrane in the cochlear apex. There is some evidence of loss of TECTA and
951 TECTB in the centre of the tectorial membrane at the cochlear base, although CEACAM16
952 staining is more consistent. All samples were counterstained with phalloidin (magenta) to
953 identify the actin in the organ of Corti. Scale bars 50µm.

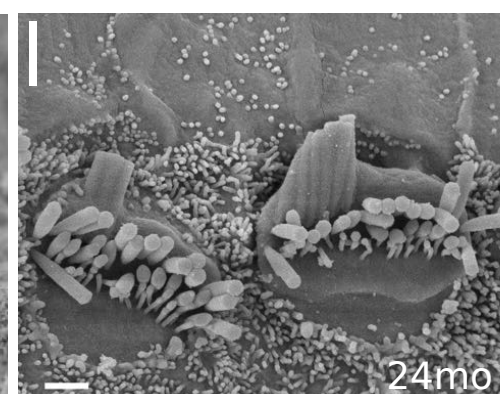
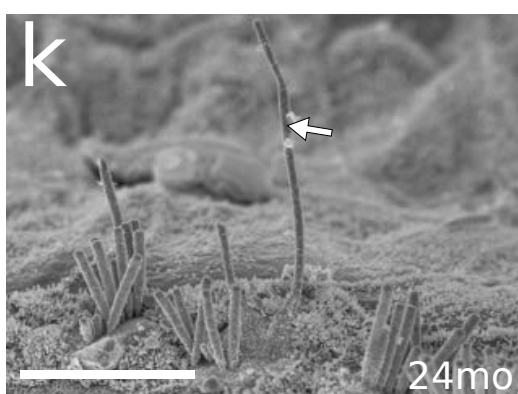
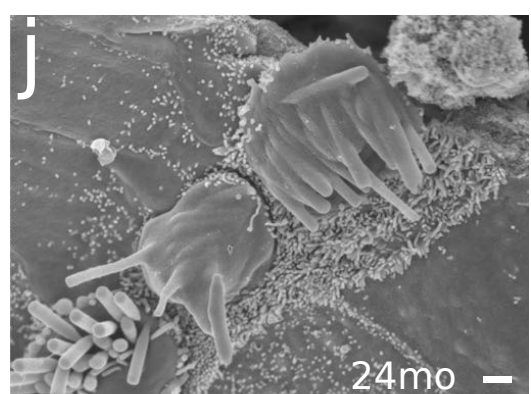
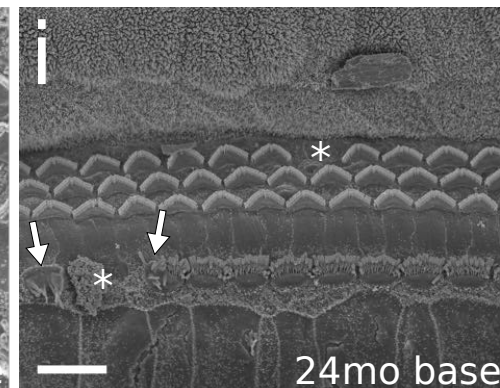
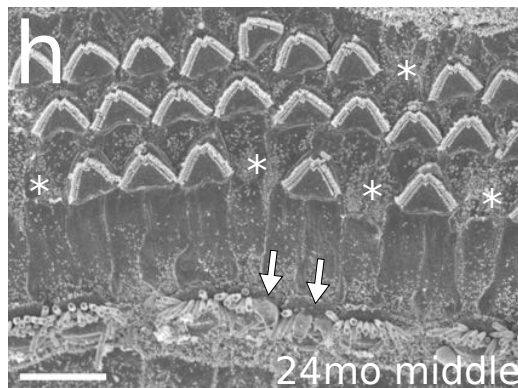
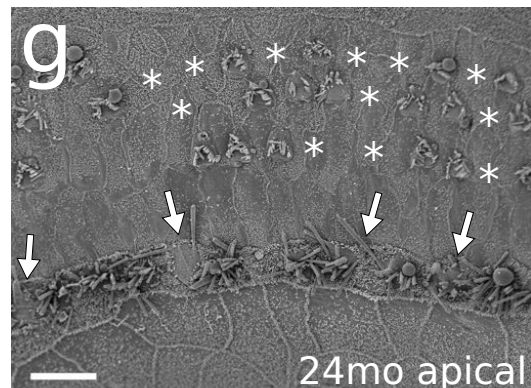
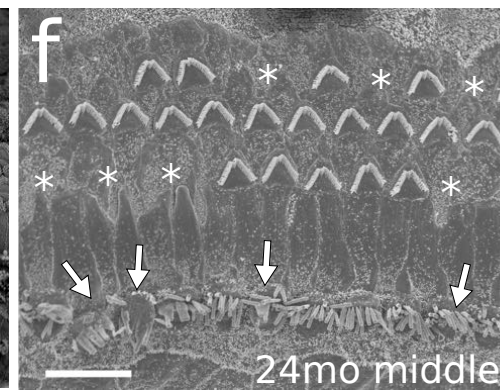
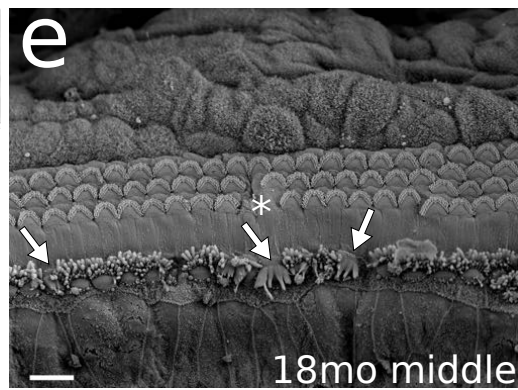
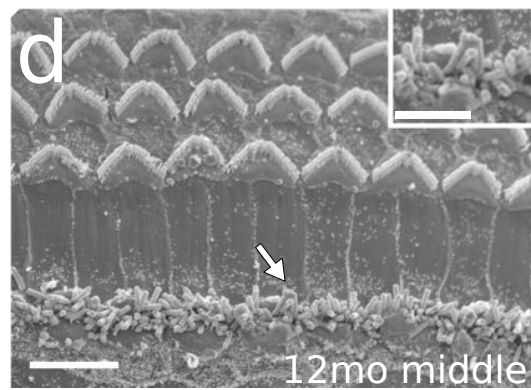
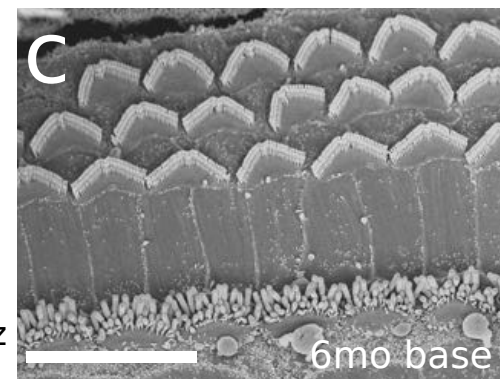
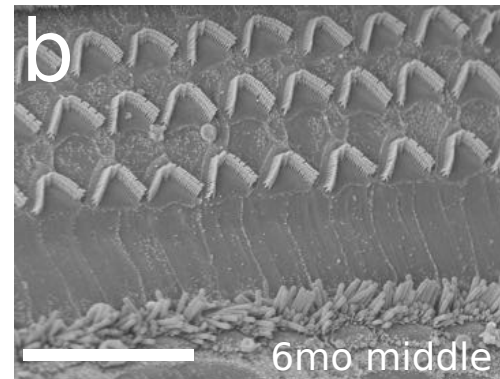
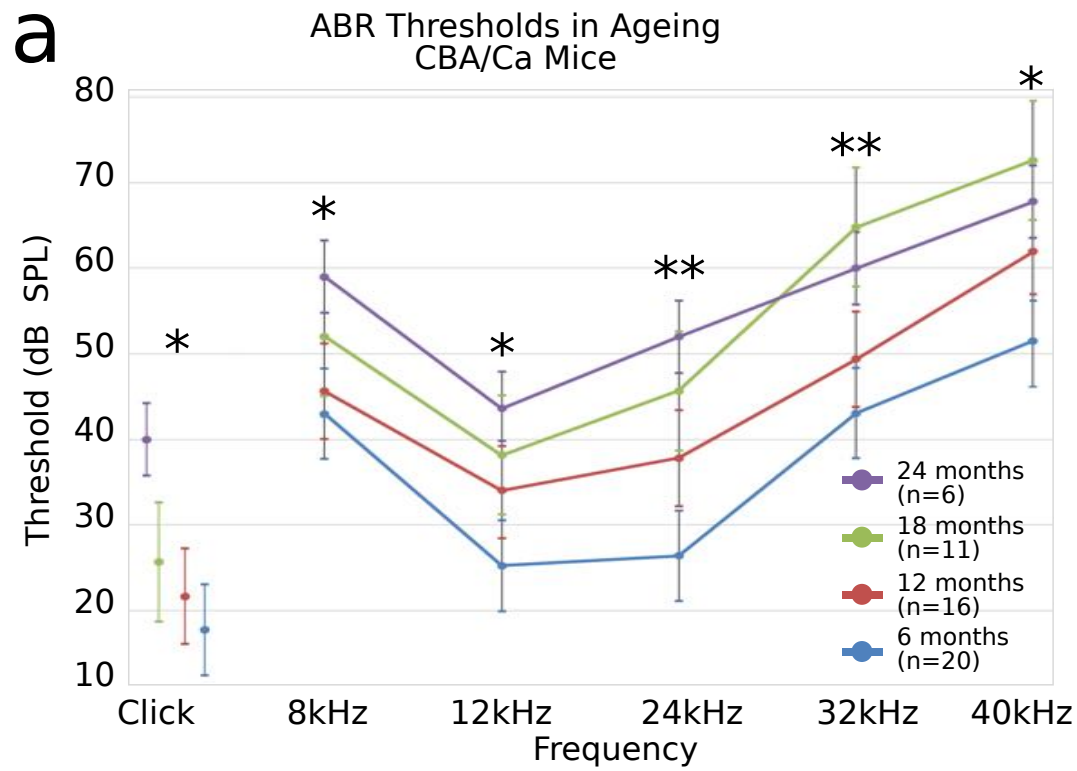
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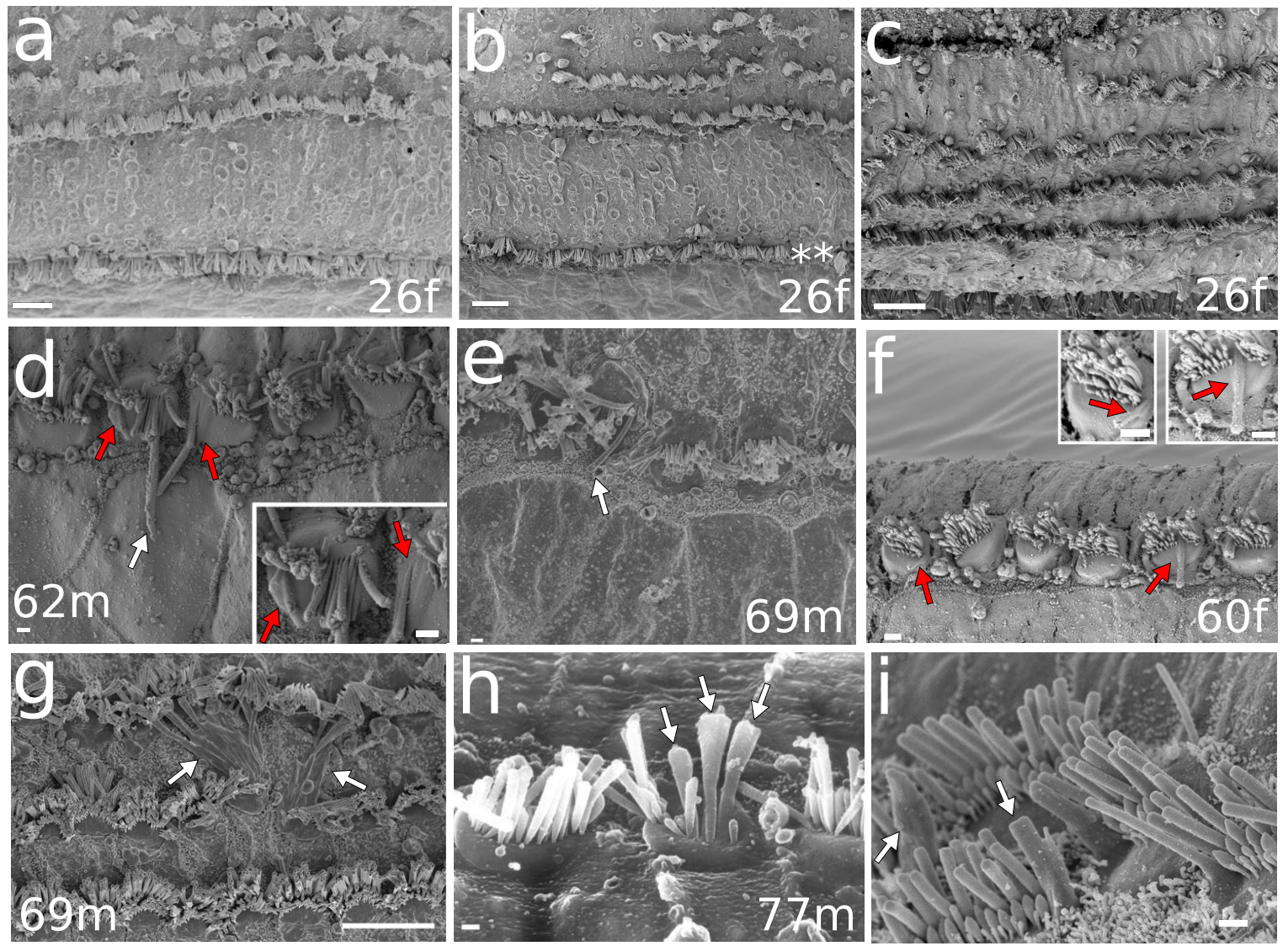
955 **Supporting Information**

956 **Supporting Movie S1 – Reconstruction and model of stereocilia fusion electron**
957 **tomography from 1 year old mouse.**

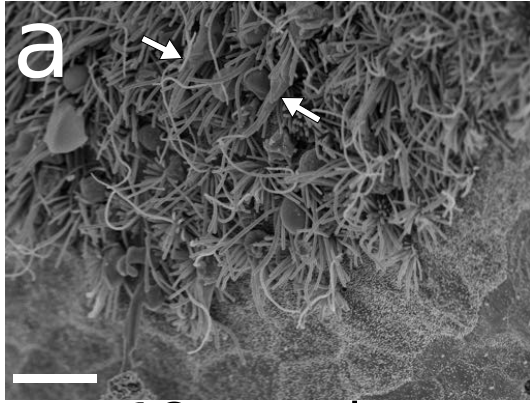
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959 **Supporting Movie S2 and S3 – Reconstruction and models of tectorial membrane**
960 **matrix in 2 month and 12 month mice.**

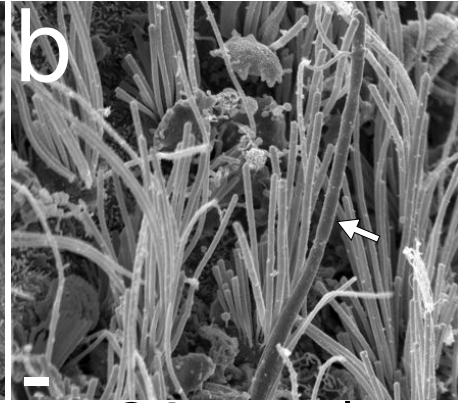




Mouse utricular macula

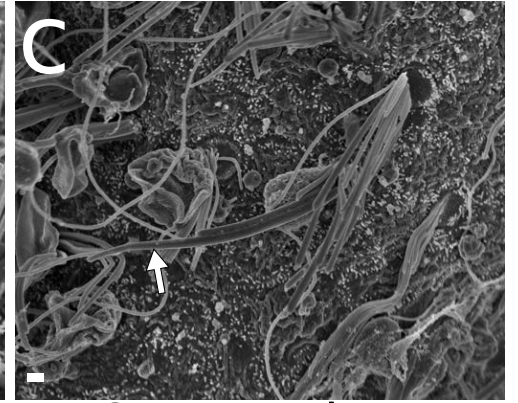


18 months



24 months

Mouse crista

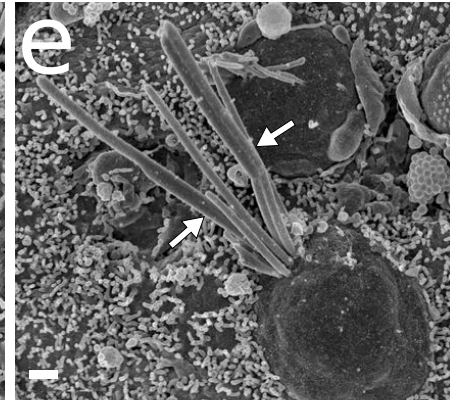


24 months

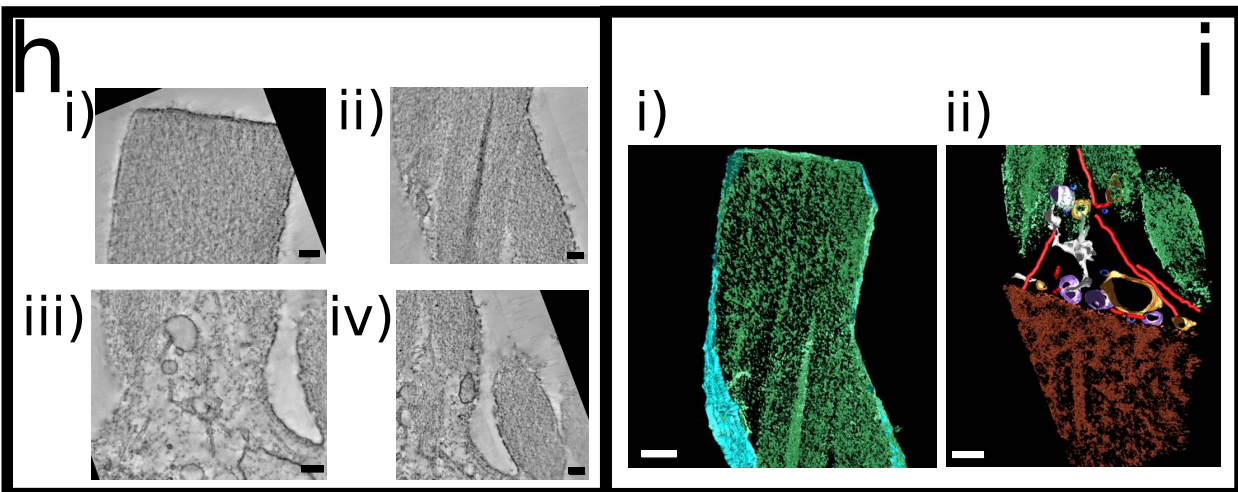
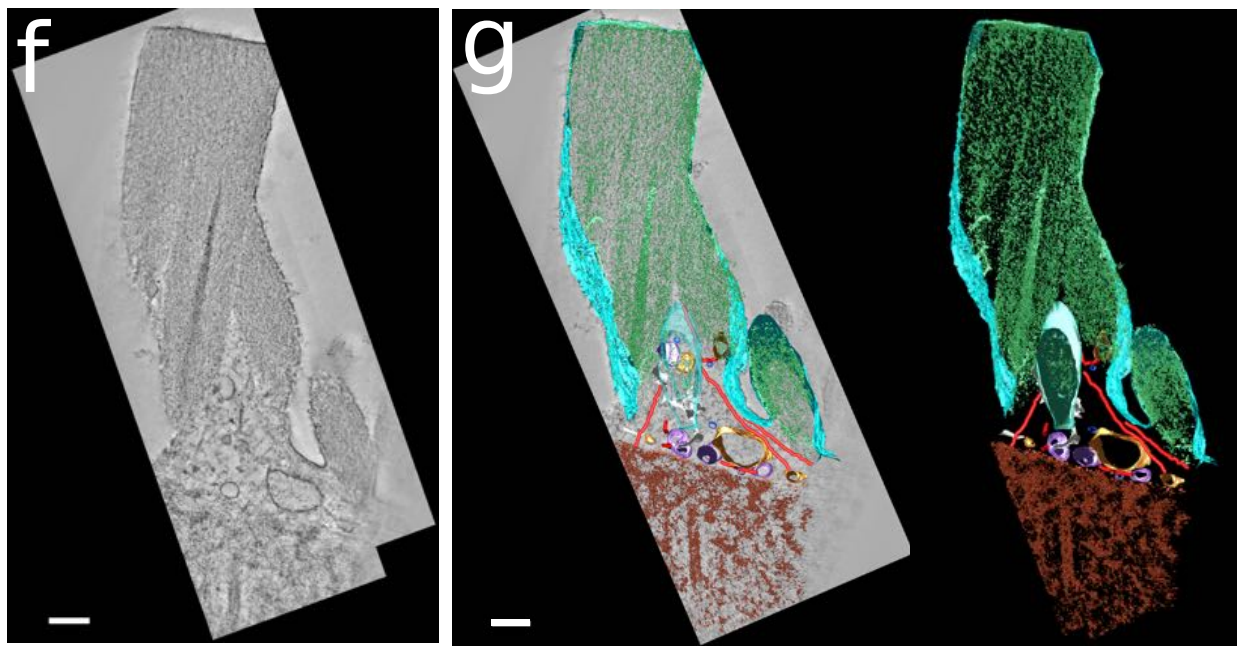
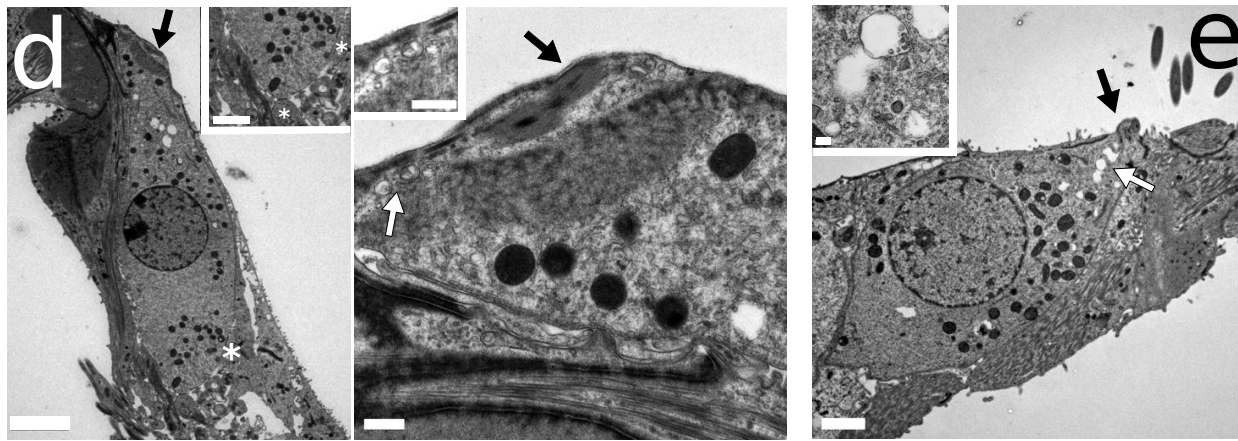
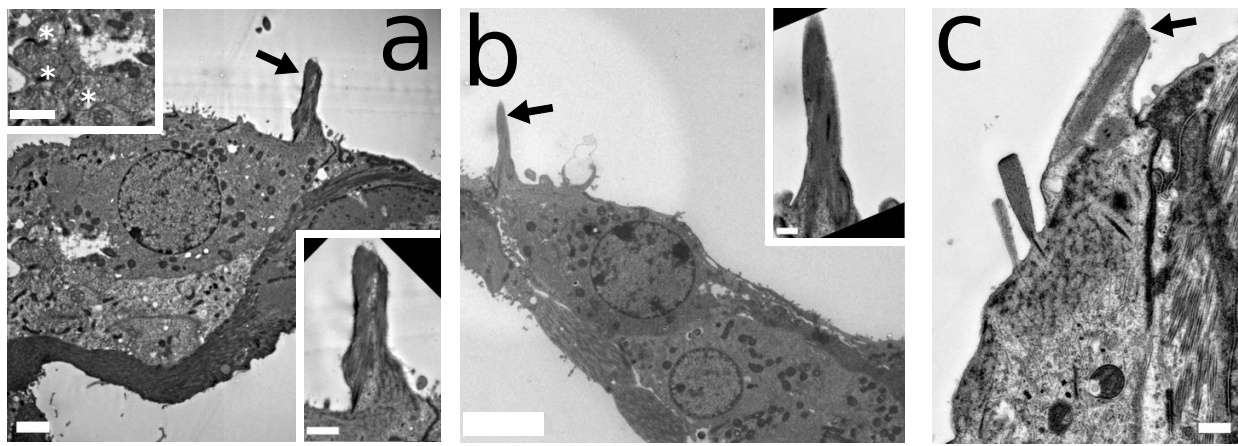
Human utricular macula



Male, 70 years



Male, 65 years

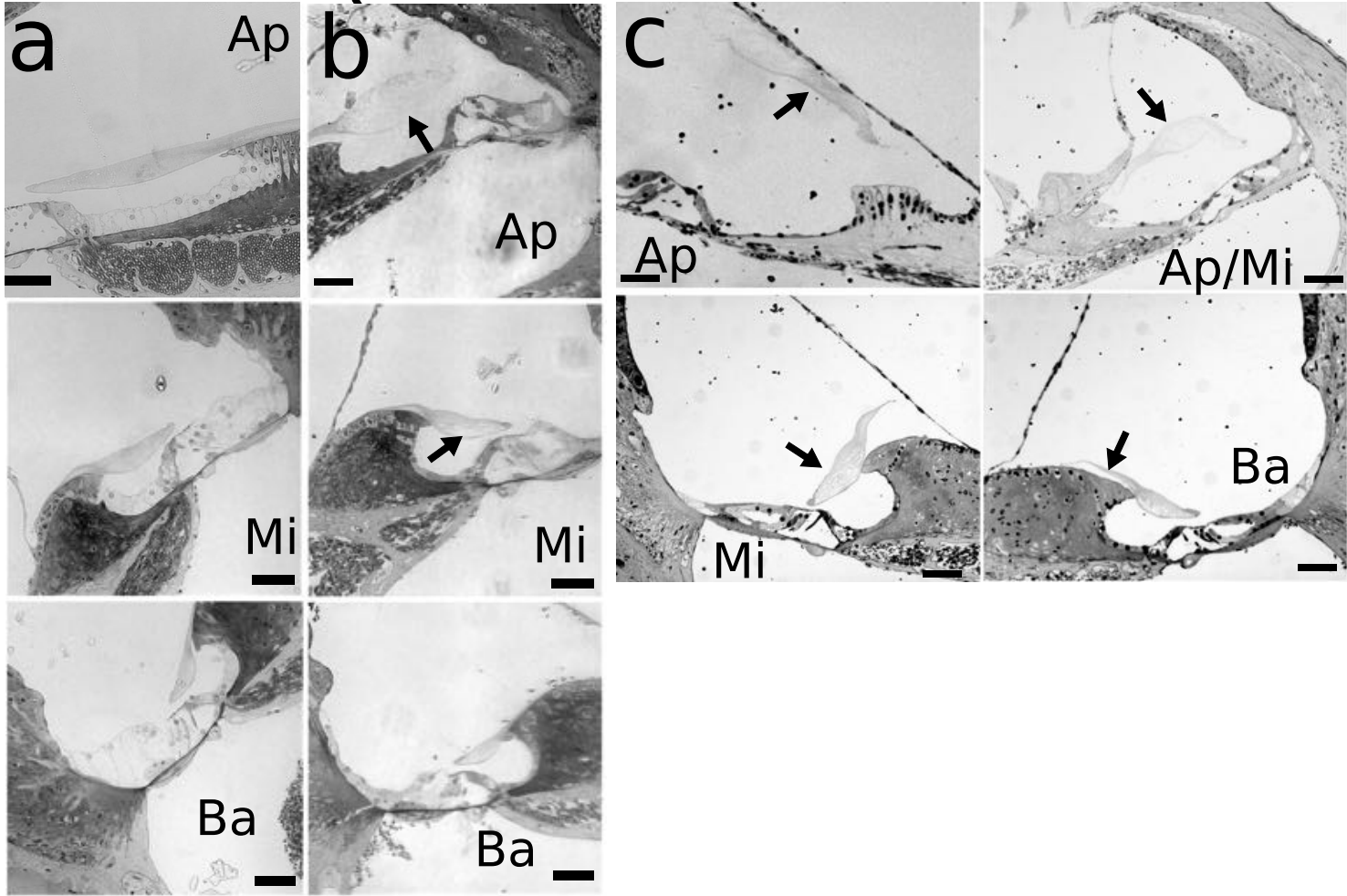


Mouse

8 months

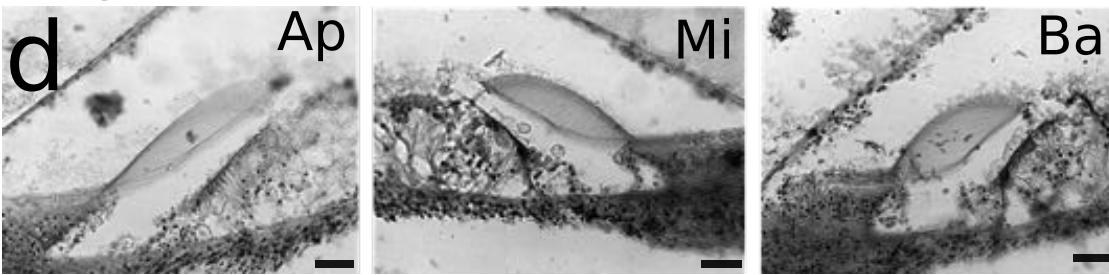
24 months

30 months

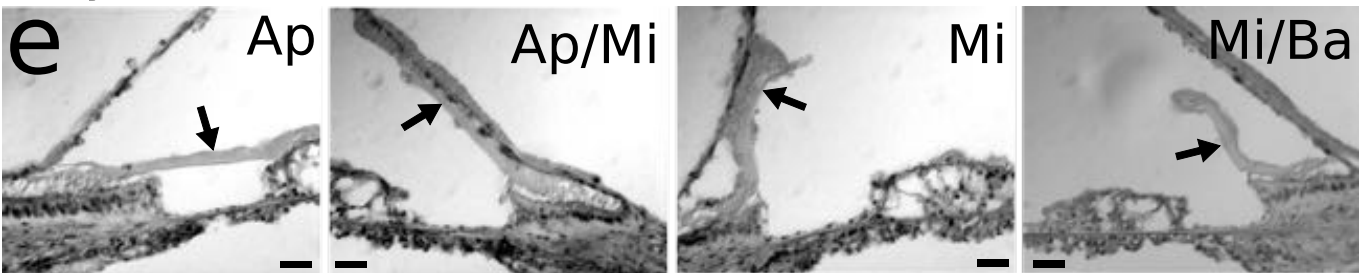


Human

55 year old male



81 year old male



71 year old male



