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PII: S0008-6223(13)01094-4

DOI: <http://dx.doi.org/10.1016/j.carbon.2013.11.034>

Reference: CARBON 8545

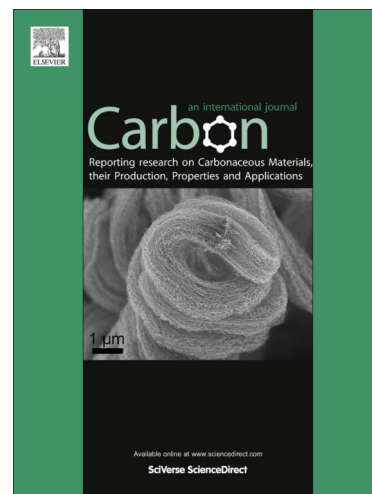
To appear in: *Carbon*

Received Date: 5 September 2013

Accepted Date: 14 November 2013

Please cite this article as: Kunowsky, M., Garcia-Gomez, A., Barranco, V., Rojo, J.M., Ibañez, J., Carruthers, J.D., Linares-Solano, A., Dense carbon monoliths for supercapacitors with outstanding volumetric capacitances, *Carbon* (2013), doi: <http://dx.doi.org/10.1016/j.carbon.2013.11.034>

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1 **Dense carbon monoliths for supercapacitors with outstanding**  
2 **volumetric capacitances**

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1

**Abstract**

2 A commercially available dense carbon monolith (CM) and four carbon monoliths  
3 obtained from it have been studied as electrochemical capacitor electrodes in a two-  
4 electrode cell. CM has: i) very high density ( $1.17 \text{ g cm}^{-3}$ ), ii) high electrical conductivity  
5 ( $9.3 \text{ S cm}^{-1}$ ), iii) well-compacted and interconnected carbon spheres, iv) homogeneous  
6 microporous structure and v) apparent BET surface area of  $957 \text{ m}^2\text{g}^{-1}$ . It presents  
7 interesting electrochemical behaviors (*e.g.*, excellent gravimetric capacitance and  
8 outstanding volumetric capacitance). The textural characteristics of CM (porosity and  
9 surface chemistry) have been modified by means of different treatments. The  
10 electrochemical performances of the starting and treated monoliths have been analyzed  
11 as a function of their porous textures and surface chemistry, both on gravimetric and  
12 volumetric basis. The monoliths present high specific and volumetric capacitances ( $292$   
13  $\text{F g}^{-1}$  and  $342 \text{ F cm}^{-3}$ ), high energy densities ( $38 \text{ Wh kg}^{-1}$  and  $44 \text{ Wh L}^{-1}$ ), and high  
14 power densities ( $176 \text{ W kg}^{-1}$  and  $183 \text{ W L}^{-1}$ ). The specific and volumetric capacitances,  
15 especially the volumetric capacitance, are the highest ever reported for carbon  
16 monoliths. The high values are achieved due to a suitable combination of density,  
17 electrical conductivity, porosity and oxygen surface content.

## 1 1. Introduction

2 Electrochemical capacitors, also called supercapacitors or ultracapacitors, are energy  
3 storage devices with interesting properties (*e.g.*, short discharge times, high power  
4 densities and long cycle life) that are useful for a large number of applications [1-5].  
5 Because their main drawback is the low energy density, today's intense research efforts  
6 continue to improve this property [3-5]. Thus, new types of carbon electrodes are being  
7 tested (*e.g.*, carbon monoliths [4,6-15]) and new attempts, to further increase and  
8 control their porosity (pore size distributions and surface chemistry) are going on [4,7-  
9 9,13,16-19]. Another challenge is to scale up production, in order to provide more  
10 favorable economical feasibility [20,21].

11 Carbon monoliths consist of a three-dimensional network of linked carbon particles,  
12 having well connected micro-, meso- and macroporosity [16,22-26]. This characteristic  
13 has led to some useful applications of carbon monoliths for gas storage systems. For  
14 example, for on-board fuel storage (*i.e.*, of H<sub>2</sub> and CH<sub>4</sub>) [27,28] or for safe  
15 transportation (*e.g.*, of volatile organic compound, carbon dioxide or dangerous  
16 compounds) [28-30]. Moreover, carbon monoliths show high electrical conductivity,  
17 which comes from the easy movement of charge carriers within individual carbon  
18 particles and through the border of adjacent particles. Compared to compacted powder  
19 pellets monoliths show higher electrical conductivity, which results from the better  
20 contact between adjacent particles [10]. Both characteristics, network porosity and  
21 electrical conductivity, account for the application of carbon monoliths as  
22 supercapacitor electrodes.

23 Although carbon monoliths have been prepared for long time [15,16,22-26,31-38],  
24 *e.g.*, as carbon aerogels or xerogels, only in the last 3-4 years they have been studied as  
25 electrodes in their current form, *i.e.*, as an entire piece of carbon [8-14,17,18,23,39-43].  
26 Cells of supercapacitors made of carbon monoliths as electrodes have a number of  
27 advantages over those made of compacted powder pellets. They reach higher  
28 capacitances, lower resistances and shorter response times (*i.e.*, faster charge/discharge  
29 of the cell) [10]. The three-dimensional character of a monolith causes that its thickness  
30 affects the electrical response of the cell. Longer monoliths are better for improving the  
31 cell energy and shorter monoliths are better for improving the cell power [40,41].

32 The main drawback of carbon monoliths is their low density (typically less than 0.5-  
33 0.6 g cm<sup>-3</sup>) which leads to low volumetric capacitances (usually less than 100-150 F cm<sup>-3</sup>)

1 <sup>3</sup> in aqueous electrolytes and less than 50-100 F cm<sup>-3</sup> in organic ones) [4,8,9-11,14,22-  
2 26,40-43].

3 The present study reports the electrochemical performances (*i.e.*, capacitances, power  
4 densities and energy densities) of a commercial dense carbon monolith [28,29,44] and  
5 of four additional monoliths prepared from it. The results are discussed on both,  
6 gravimetric and volumetric basis. Oftentimes, the electrode performances are reported  
7 only on gravimetric basis, *i.e.*, the usually called specific capacitance, but results  
8 expressed on volumetric basis are more important from an application point of view  
9 [21]. The starting monolith presents excellent performances *e.g.*, high gravimetric and  
10 outstanding volumetric capacitances. In order to delve into the understanding of this  
11 exceptional behavior, four modified monoliths have also been studied. One monolith  
12 (CM-N<sub>2</sub>) was obtained by heat-treatment of the starting monolith CM in a N<sub>2</sub> flow at  
13 1073 K, to change the surface chemistry, while preserving the surface characteristics  
14 (surface area and porosity). Another monolith (CM-Ar) was obtained by heat-treatment  
15 of the starting CM monolith in an Ar flow at 2273 K to strongly modify both, surface  
16 chemistry and porosity. Two other monoliths were obtained by heat-treatment in a N<sub>2</sub>  
17 flow at 1073 K, similar to CM-N<sub>2</sub>, followed by subsequent activation at this temperature  
18 in CO<sub>2</sub> flow during 24 h or 48 h (CM-24 and CM-48), the activation treatment allowing  
19 the change of the surface chemistry and surface characteristics at the same time. The  
20 densities and electrical conductivities of the monoliths are measured and discussed on  
21 the basis of the applied treatments.

22

## 23 **2. Materials and methods**

24 The starting carbon monolith was produced by ATMI Adsorbent & Gas Technology  
25 from pyrolysis of a PVDC (polyvinylidene chloride) copolymer [28,29,44]. It is  
26 commercially available with a cylindrical shape of 9 cm in diameter and 2 cm in height  
27 (BrightBlack<sup>TM</sup>, ATMI Adsorbent & Gas Technology), as it is shown on the left hand  
28 side in Figure 1a. From it, smaller cylindrical monoliths were cut out, having 10 mm in  
29 diameter and 16 mm in height (see Figure 1a, middle). These monoliths (CM) were  
30 used to prepare two heat-treated monoliths (CM-N<sub>2</sub> and CM-Ar) and the two activated  
31 monoliths (CM-24 and CM-48).

32 i) CM-N<sub>2</sub>: This monolith was obtained by heat-treatment of CM under N<sub>2</sub> flow (100 ml  
33 min<sup>-1</sup>) at 1073 K for 3 h. The heating rate was 5 K min<sup>-1</sup>. For cooling, the furnace was  
34 switched off and allowed to cool down to room temperature by convection. The N<sub>2</sub> flow

1 was also applied during the cooling run.  
2 ii) CM-Ar: This monolith was obtained by heating CM under Ar flow (100 ml min<sup>-1</sup>) at  
3 2273 K for 1 h. The heating run was under Ar flow at 5 K min<sup>-1</sup>. The cooling to room  
4 temperature by convection was also performed under Ar flow.  
5 iii) CM-24 and CM-48: These monoliths were obtained from CM according to the  
6 following treatments: Firstly, the monolith was heated, as CM-N<sub>2</sub>, from room  
7 temperature up to 1073 K under N<sub>2</sub> flow (100 ml min<sup>-1</sup>). Once that temperature was  
8 reached, the N<sub>2</sub> flow was changed to CO<sub>2</sub> (100 ml min<sup>-1</sup>), keeping the temperature at  
9 1073 K either for 24 h (CM-24) or for 48 h (CM-48). Once the activation time was over,  
10 the CO<sub>2</sub> flow was again changed to N<sub>2</sub>, and the furnace was cooled down to room  
11 temperature by convection.

12 The microstructural characterization was carried out by scanning electron microscopy  
13 (SEM) in a Jeol JSM 6500 F instrument, using the secondary electron mode. In a  
14 particular case (Figure 1d), the SEM images were obtained on the monolith embedded  
15 in a resin, which was cured and then polished.

16 Sub-atmospheric N<sub>2</sub> (at 77 K) and CO<sub>2</sub> (at 273 K) adsorption/desorption isotherms  
17 were measured in a Micromeritics ASAP 2020. Previous to the experiments, the  
18 samples were outgassed under vacuum at 523 K for at least 5 h. The Dubinin-  
19 Raduskevich equation was applied to both, N<sub>2</sub> and CO<sub>2</sub> adsorption isotherms, to  
20 calculate the micropore volumes, V<sub>DR</sub>. While from N<sub>2</sub> adsorption data the total  
21 micropore volume (V<sub>DR</sub>(N<sub>2</sub>)) was obtained, CO<sub>2</sub> adsorption data takes into account only  
22 the narrow micropore volumes (V<sub>DR</sub>(CO<sub>2</sub>)), *i.e.*, the volume adsorbed in micropores <  
23 0.7 nm. From the N<sub>2</sub> adsorption isotherms, the apparent BET (Brunauer-Emmett-Teller)  
24 surface areas (S<sub>BET</sub>) were calculated (in the range from 0.001 to 0.1 P/P<sub>0</sub>). Additionally,  
25 from non-local density functional theory (NLDFT) the pore size distributions (PSD)  
26 were obtained. In addition to S<sub>BET</sub>, other apparent surface areas have been assessed from  
27 the N<sub>2</sub> adsorption data using the most frequently used methods, *i.e.*,  $\alpha$ -plot (S <sub>$\alpha$ -plot</sub>, using  
28 the CM-Ar sample as reference), t-method (S<sub>t-plot</sub>), Dubinin-Raduskevich (S<sub>DR</sub>), and  
29 NLDFT (S<sub>DFT</sub>, taking into account pores smaller than 2 nm). The latter two methods  
30 have also been applied to CO<sub>2</sub> adsorption data.

31 The densities of the monoliths were determined at room temperature from the weight  
32 and volume of the degassed monoliths. The volume was determined from the monolith  
33 geometric dimensions, which are easily measurable due to the cylindrical shape.

34 Temperature-programmed desorption (TPD) measurements were performed in a

1 thermogravimetric device (SDT Q600, TA Instruments), coupled to a mass  
2 spectrometer (Thermostar GSD 300 T3, Balzers Instruments). A heating rate of 10 K  
3  $\text{min}^{-1}$  was used, and the maximum temperature of 1173 K was maintained constant for  
4 30 min. The experiments were carried out under a He flow of  $100 \text{ ml min}^{-1}$ . The evolved  
5 CO and CO<sub>2</sub> groups have been quantified by using calcium oxalate as a reference  
6 material.

7 The cylindrical monoliths, of 10 mm in diameter and 16 mm in height, were cut in  
8 slices of the same diameter and 1.3-1.6 mm in height (see the right hand side in Figure  
9 1a). These smaller monoliths were used as electrodes in two- and three-electrode cells.  
10 For the measurements in the former cell, two equal carbon monoliths were separated by  
11 a glassy microfiber paper (Whatman 934 AH). In the three-electrode cell (used to check  
12 the presence of pseudocapacitance by cyclic voltammetry), the carbon monolith acted as  
13 the working electrode, Hg/Hg<sub>2</sub>SO<sub>4</sub> as the reference electrode, and platinum wire as the  
14 counter electrode. In the two types of cells, 2M H<sub>2</sub>SO<sub>4</sub> aqueous solution was chosen as  
15 the electrolyte solution. Previous to the electrochemical measurements, the monoliths  
16 were infiltrated with the electrolyte solution under a vacuum of  $1.3 \times 10^{-6}$  MPa for 1.5  
17 days.

18 The electrical conductivity of the monoliths was determined by the four-probe  
19 method. The cylindrical monoliths were transformed into parallelepipedic pieces by  
20 polishing the former. The parallelepipedic pieces had dimensions of  $9 \times 8 \times 1 \text{ mm}^3$ . A  
21 commercial silver paint was chosen to get the four probes.

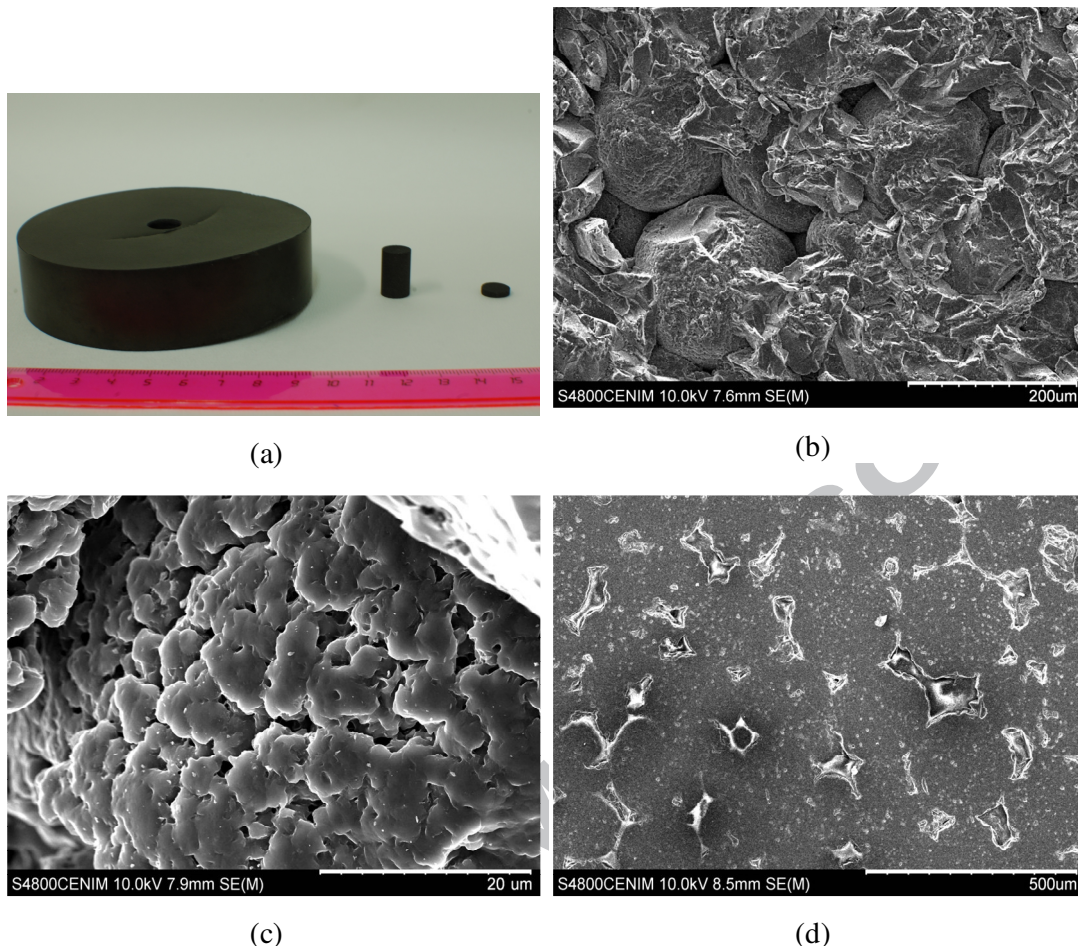
### 23 **3. Results and discussion**

#### 24 *3.1. Microstructure, density, electrical conductivity and surface oxygen content*

25 SEM images of the starting monolith CM show a carbon material formed by spheres,  
26 which are made from interconnected particles (Figures 1b and c). The spheres have  
27 diameters around 200  $\mu\text{m}$  (Figure 1b). The individual particles have sizes of ca. 10  $\mu\text{m}$   
28 (Figure 1c). The spheres are interconnected through adjacent particles (Figure 1b and d).  
29 Between adjacent spheres (Figure 1b) and adjacent particles (Figure 1c) appear voids of  
30 micrometer size, 40  $\mu\text{m}$ -size in the former case and 4  $\mu\text{m}$ -size in the latter. Moreover,  
31 the two types of voids are interconnected along the monolith bulk allowing an ease  
32 access of the electrolyte to the carbon particles.

33





**Fig. 1** - (a) Photograph, showing the large monolith fabricated by ATMI Co. (left), the smaller monolith extracted from it (middle), and the slizes used for electrochemical measurements (right). (b) SEM images, showing the carbon spheres forming the monolith, (c) the carbon particles forming the spheres, and (d) the connectivity between adjacent spheres. Voids between spheres and particles are also shown.

1

2 Table 1 compiles the density, electrical conductivity, and the CO, CO<sub>2</sub>, and total O  
 3 contents of the carbon monoliths (CM, CM-N<sub>2</sub>, CM-Ar, CM-24 and CM-48). The CM  
 4 monolith has a high density (1.17 g cm<sup>-3</sup>), which agrees with the closely compacted  
 5 microstructure. This high density, as it will be commented later on, is affected by the  
 6 subsequent treatments carried out. The monolith density decreases slightly upon the  
 7 inert heat-treatments (to 1.03 g cm<sup>-3</sup> for CM-N<sub>2</sub> and to 1.07 g cm<sup>-3</sup> for CM-Ar) and  
 8 further upon the CO<sub>2</sub> activation (to 0.95 g cm<sup>-3</sup> for CM-24, and to 0.80 g cm<sup>-3</sup> for CM-  
 9 48). Nevertheless, the density of these activated monoliths is much higher than the  
 10 densities reported for other carbon monoliths (usually lower than 0.5 g cm<sup>-3</sup>) [8,11,12-  
 11 14,22-26,39,41,43] and for PVDC-based carbon powder pellets [45,46]. The good



1 **Table 1** - Densities, electrical conductivities, as well as CO, CO<sub>2</sub>, and total O contents  
 2 (TPD) for all the monoliths.

	CM	CM-N <sub>2</sub>	CM-24	CM-48	CM-Ar
Density, d (g cm <sup>-3</sup> )	1.17	1.03	0.95	0.80	1.07
Conductivity (S cm <sup>-1</sup> )	9.3	9.1	---	9.5	111
CO content (μmol g <sup>-1</sup> )	2411	1314	999	552	---
CO <sub>2</sub> content (μmol g <sup>-1</sup> )	955	657	442	196	---
O content (μmol g <sup>-1</sup> )	4320	2628	1883	915	---
O content, TPD (At.%)	6.91	4.21	3.01	1.46	---

3  
 4 connectivity between adjacent particles and adjacent spheres accounts for the high  
 5 electrical conductivity of the carbon monoliths. The starting CM shows an electrical  
 6 conductivity of 9.3 S cm<sup>-1</sup>, which is among the highest values reported for carbon  
 7 monoliths (mostly in the range of 1-10 S cm<sup>-1</sup>) [11,23,39,41,43]. The electrical  
 8 conductivity of the derived monoliths shows values (between 9.1 and 9.5 S cm<sup>-1</sup>) as  
 9 high as the starting CM within experimental error. It indicates that the heating at 1073 K  
 10 in N<sub>2</sub> or in CO<sub>2</sub> do not affect either the individual carbon particles or the contacts  
 11 between adjacent particles. Contrarily, the CM-Ar monolith shows, as expected, a much  
 12 higher electrical conductivity (111 S cm<sup>-1</sup>) due to the high temperature treatment used  
 13 (2273 K) which causes a higher structural ordering degree.

14 Finally, Table 1 also presents the oxygen surface contents (*i.e.*, amounts of CO and  
 15 CO<sub>2</sub> evolved during TPD) of all monoliths. It can be seen that CM has a considerable  
 16 amount of surface oxygen groups. Upon thermal treatments in inert flows, the oxygen  
 17 groups are significantly removed in N<sub>2</sub> (CM-N<sub>2</sub>) and are totally eliminated in Ar (CM-  
 18 Ar). Upon CO<sub>2</sub> activation, the oxygen contents of CM-24 and CM-48 further decrease  
 19 in relation to CM-N<sub>2</sub>. Such observation suggests that the CO<sub>2</sub> activation process  
 20 preferentially removes reactive oxygenated carbon atoms, rather than creating stable  
 21 oxygenated carbon atoms. This is evident considering that samples CM-24, and CM-48  
 22 did not have, as CM-N<sub>2</sub>, a soaking time of 3 h in N<sub>2</sub> and that the decrease of surface  
 23 oxygen groups increases with the activation time.

24

25

1 3.2. Textural characterization

2 The textural porosity of the starting CM monolith and the effects that the heat-  
3 treatments have on it can be seen in Table 2 and in Figure 2. The former outlines the  
4 porosity characteristics of the samples, *i.e.*, apparent surface areas and micropore  
5 volumes. The latter presents the adsorption isotherms of N<sub>2</sub> and CO<sub>2</sub>, as well as the DFT  
6 pore size distributions (PSD).

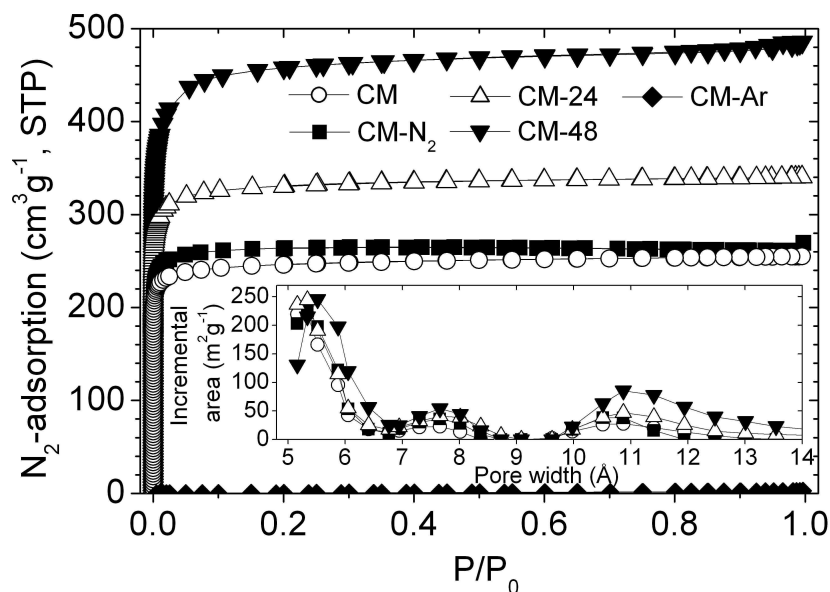
7 The N<sub>2</sub> adsorption isotherm of the starting CM monolith shows a sharp increase in  
8 adsorption, followed by a knee and a plateau (see Figure 2a). It can be observed that  
9 most of the adsorption takes place at relative pressures below 0.1. The isotherm shape  
10 (type I according to the classification of the International Union of Pure and Applied  
11 Chemistry, IUPAC [47]), reveals the microporous structure of that monolith. The PSD  
12 (inset of Figure 2a) reveals that the porosity is due to micropores smaller than 1.1 nm  
13 with a significant amount of micropores smaller than 0.7 nm. This latter observation is  
14 confirmed by the similarity of the micropore volumes assessed from N<sub>2</sub> and CO<sub>2</sub> [48]  
15 (see Table 2). Also the N<sub>2</sub> adsorption isotherms of the derived monoliths CM-N<sub>2</sub>, CM-  
16 24 and CM-48 are of type I. While CM-N<sub>2</sub> reaches the same adsorbed volume as CM,  
17

18 **Table 2** - Specific, and volumetric, BET surface areas, micropore volumes, gravimetric  
19 and volumetric capacitances.

	CM	CM-N <sub>2</sub>	CM-24	CM-48	CM-Ar
$S_{\text{BET}} (\text{m}^2 \text{g}^{-1})$	957	1030	1290	1684	2.9
$S_{\text{BET}} (\text{m}^2 \text{cm}^{-3})$	1120	1061	1226	1347	3.1
$V_{\text{DR}}(\text{N}_2) (\text{cm}^3 \text{g}^{-1})$	0.382	0.415	0.517	0.674	0.001
$V_{\text{DR}}(\text{CO}_2) (\text{cm}^3 \text{g}^{-1})$	0.397	0.396	0.430	0.436	0.048
$C_{1s} (\text{F g}^{-1})$	292	241	264	291	0
$C_{s,PS} (\text{F g}^{-1})$	152	83	63	35	0
$C_{s,DL} (\text{F g}^{-1})$	140	158	201	256	0
$C_{1v} (\text{F cm}^{-3})$	342	248	251	232	0
$C_{v,PS} (\text{F cm}^{-3})$	178	85	60	28	0
$C_{v,DL} (\text{F cm}^{-3})$	164	163	191	205	0

20

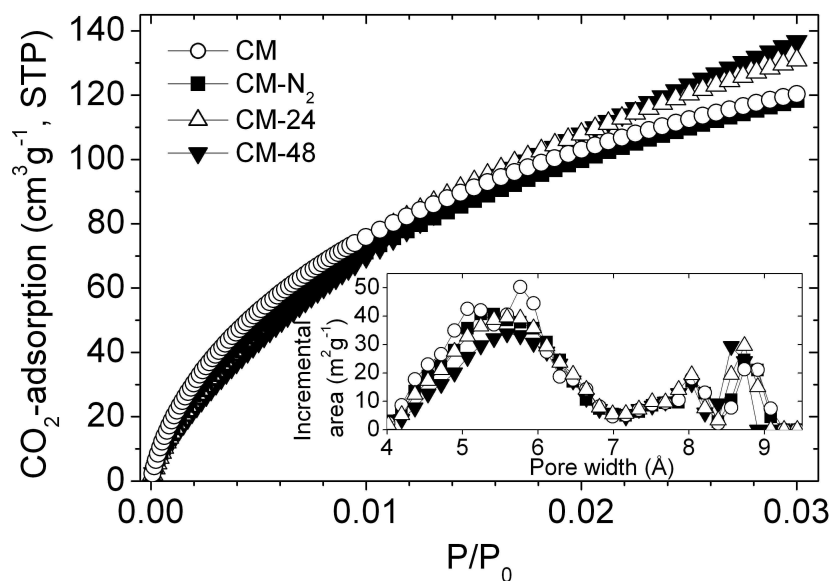
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2

3

(a)



4

5

(b)

6 **Fig. 2** - Adsorption isotherms of the monoliths studied with (a)  $N_2$  at 77 K, and (b)  $\text{CO}_2$   
 7 at 273 K. Insets: their DFT pore size distributions.

8

9 CM-24 and CM-48 show much higher adsorption capacities than CM, the adsorbed  
 10 volume increasing as the activation time becomes longer. The  $N_2$  adsorption isotherm of  
 11 the CM-Ar monolith exhibits negligible adsorption capacity; its BET surface area is of  
 12  $2.9 \text{ m}^2 \text{ g}^{-1}$ . Comparing the surface area and PSD of CM with those of CM- $N_2$ , CM-24

1 and CM-48, the following observations can be made: i) there are no differences between  
2 CM and CM-N<sub>2</sub>, pointing out similar porosity for these two samples, ii) in comparison  
3 with CM and CM-N<sub>2</sub>, the activated monoliths CM-24 and CM-48 show larger surface  
4 areas and wider micropores, the latter as deduced from the slight shift of the peak at 1.1  
5 nm. CO<sub>2</sub> adsorption isotherms and their corresponding PSDs (Figure 2b) confirm the  
6 important contribution of micropores with sizes smaller than 0.7 nm in the four  
7 monoliths.

8 These characteristics of the isotherms and PSD profiles are confirmed by the values  
9 reported in Table 2. Thus, the starting monolith CM shows a relatively large BET  
10 surface area of 957 m<sup>2</sup>g<sup>-1</sup> and micropore volumes V<sub>DR</sub>(N<sub>2</sub>) and V<sub>DR</sub>(CO<sub>2</sub>) of 0.38 and  
11 0.40 cm<sup>3</sup>g<sup>-1</sup>, respectively. Upon heat-treatment in nitrogen (CM-N<sub>2</sub>), the BET surface  
12 area and V<sub>DR</sub>(N<sub>2</sub>) slightly increase, whereas V<sub>DR</sub>(CO<sub>2</sub>) remains unaffected. The high  
13 temperature treatment in Ar (CM-Ar monolith) removed all the porosity. The heat-  
14 treatment followed by CO<sub>2</sub> activation (CM-24 and CM-48) causes a notable increase in  
15 porosity (BET surface area, V<sub>DR</sub>(N<sub>2</sub>), and V<sub>DR</sub>(CO<sub>2</sub>)), which confirms the effectiveness  
16 of the CO<sub>2</sub> activation process. CM-48 reaches the highest BET surface area (1684 m<sup>2</sup>g<sup>-1</sup>)  
17 and micropore volumes (V<sub>DR</sub>(N<sub>2</sub>) = 0.67 cm<sup>3</sup>g<sup>-1</sup> and V<sub>DR</sub>(CO<sub>2</sub>) = 0.44 cm<sup>3</sup>g<sup>-1</sup>). It is  
18 important to note that for the monoliths studied in this paper, which have a well-defined  
19 microporous character, the term “specific surface area” should be understood as an  
20 apparent specific surface area, *i.e.*, using the Barrer’s concept [49].

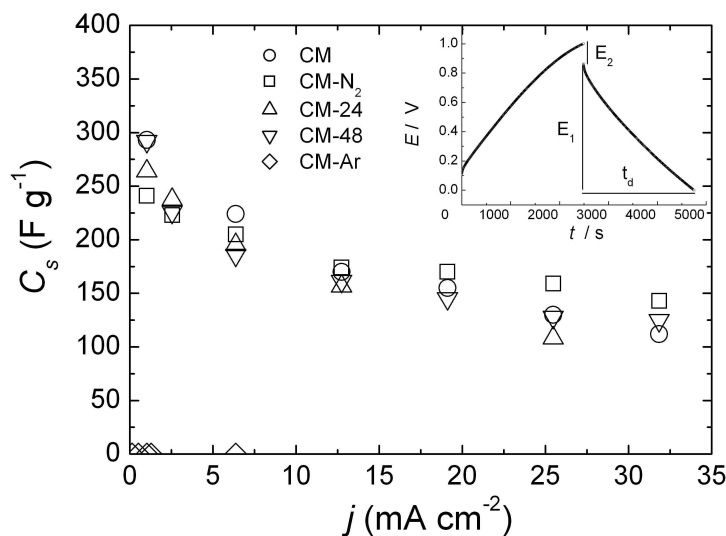
### 22 3.3. Electrochemical characterization

23 From galvanostatic measurements in a symmetric two-electrode cell (2M aqueous  
24 solution of H<sub>2</sub>SO<sub>4</sub>), the electrochemical performances of the five monoliths were  
25 measured and are discussed in the following.

26 The specific capacitances or gravimetric capacitances (C<sub>s</sub>), expressed in F g<sup>-1</sup>, were  
27 determined according to  $C_s = 2 \cdot I \cdot t_d / E_2 \cdot m$ , where I is the applied current, t<sub>d</sub> is the discharge  
28 time, E<sub>2</sub> is the voltage decrease during the discharge, and m is the weight of one  
29 monolith in the cell (see inset of Figure 3a). The volumetric capacitances (C<sub>v</sub>), *i.e.*,  
30 considering the electrode volume, are expressed in F cm<sup>-3</sup> and were calculated  
31 according to  $C_v = C_s \cdot d$ , where d is the monolith density. Hence, C<sub>s</sub> and C<sub>v</sub> are referred to  
32 the monolith weight and volume, respectively.

33 The dependence of C<sub>s</sub> as a function of the current density (j) is shown in Figure 3a for

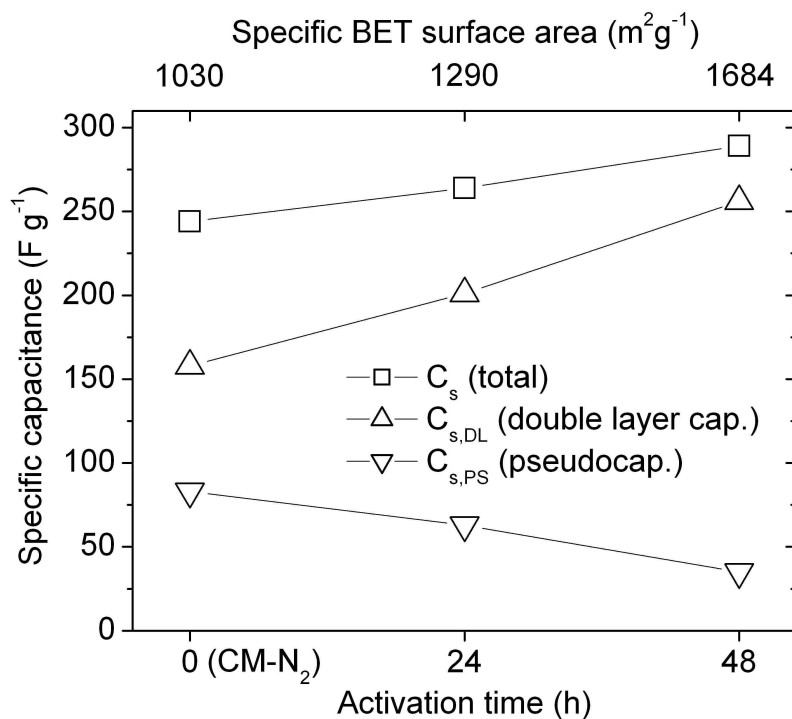
1



(a)

2

3



(b)

4

5

6 **Fig. 3** - (a) Gravimetric capacitance vs. current density for the five monoliths and (b)  
 7 gravimetric capacitances (total, pseudocapacitance and double layer capacitances) vs.  
 8 activation time for CM-N<sub>2</sub>, CM-24, and CM-48.

9

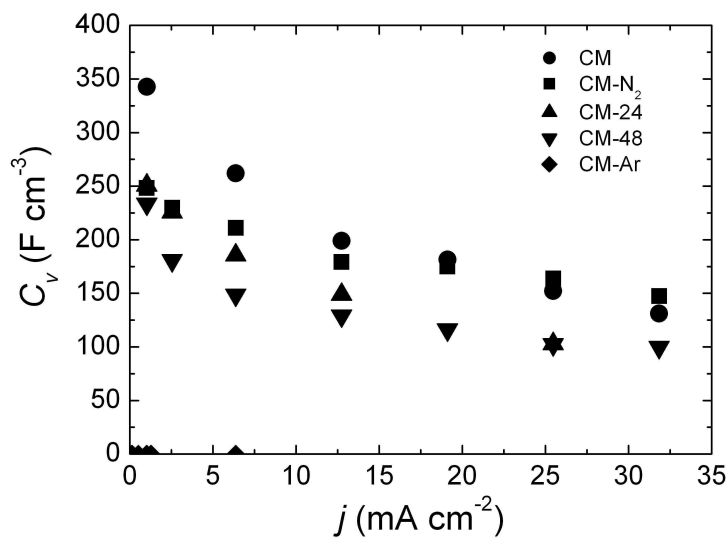
1 the five monoliths. At the low current density of  $1 \text{ mA cm}^{-2}$  (*i.e.*, in nearly steady  
2 conditions) the  $C_{1s}$  shows a value of  $292 \text{ F g}^{-1}$  for CM and values in the range  $241\text{-}292 \text{ F}$   
3  $\text{g}^{-1}$  for of the heat-treated monoliths (see Table 2). These values are higher than those  
4 reported for other carbon monoliths [4,8,9,11-14,22,23,40-43]. The monolith CM-Ar  
5 shows a negligible value of  $C_{1s}$  in accordance with its negligible surface area.  
6 Comparing the monoliths CM-N<sub>2</sub>, CM-24 and CM-48 (Figure 3b),  $C_{1s}$  increases, as  
7 expected, with CO<sub>2</sub> activation time due to the increase of the adsorption capacities (*e.g.*,  
8  $S_{\text{BET}}$  surface area), as it can be seen in the upper part of this figure. Curiously, as it will  
9 be discussed later on in Section 3.4, the starting monolith CM (not plotted in Figure 3b)  
10 presents, in relation to its  $S_{\text{BET}}$  surface area, a much higher  $C_{1s}$  (Table 2). In fact,  
11 although CM-48 has a much higher surface area than CM their  $C_{1s}$  shows the same  
12 values ( $291$  and  $292 \text{ F g}^{-1}$ , respectively). In any case, it has to be noted that the  $C_{1s}$   
13 values (between  $241\text{-}292 \text{ F g}^{-1}$ ) are comparable to the highest values reported for other  
14 carbon electrodes [3,4,8,19,20,23,50-55] and are surprisingly high, considering that they  
15 are obtained in samples having relatively low surface areas ( $S_{\text{BET}} < 1700 \text{ m}^2\text{g}^{-1}$ ). At  
16 current densities above  $1 \text{ mA cm}^{-2}$ ,  $C_s$  decreases as observed for other carbons. Because  
17 the monoliths studied in the present work have a thickness of  $1.3\text{-}1.6 \text{ mm}$ , a clear  
18 decrease of  $C_s$  is observed at higher current densities [40,41]. The decrease is associated  
19 with the presence of an equivalent series resistance (ESR) in the cell; this ESR increases  
20 as the monolith thickness does [41].

21 The volumetric capacitance ( $C_v$ ) is plotted *vs.* current density for the five monoliths in  
22 Figure 4a. At  $1 \text{ mA cm}^{-2}$  current density, the  $C_{1v}$  shows values in the range of  $232\text{-}342 \text{ F}$   
23  $\text{cm}^{-3}$  for the monoliths CM, CM-N<sub>2</sub>, CM-24 and CM-48, with a maximum value of  $342$   
24  $\text{F cm}^{-3}$  for CM. To the best of our knowledge, these volumetric capacitances are the  
25 highest reported for carbon electrodes at the time of writing [8,11,12,23,  
26 40,45,52,53,57]. These exceptionally high  $C_{1v}$  values are due to a suitable combination  
27 of high  $C_s$  and high density ( $C_v=C_s \cdot d$ ). The monolith CM-Ar shows a negligible  $C_{1v}$  in  
28 agreement with its negligible  $C_{1s}$ . At current densities above  $1 \text{ mA cm}^{-2}$ ,  $C_v$  decreases in  
29 a parallel way to that observed for  $C_s$  and already discussed.

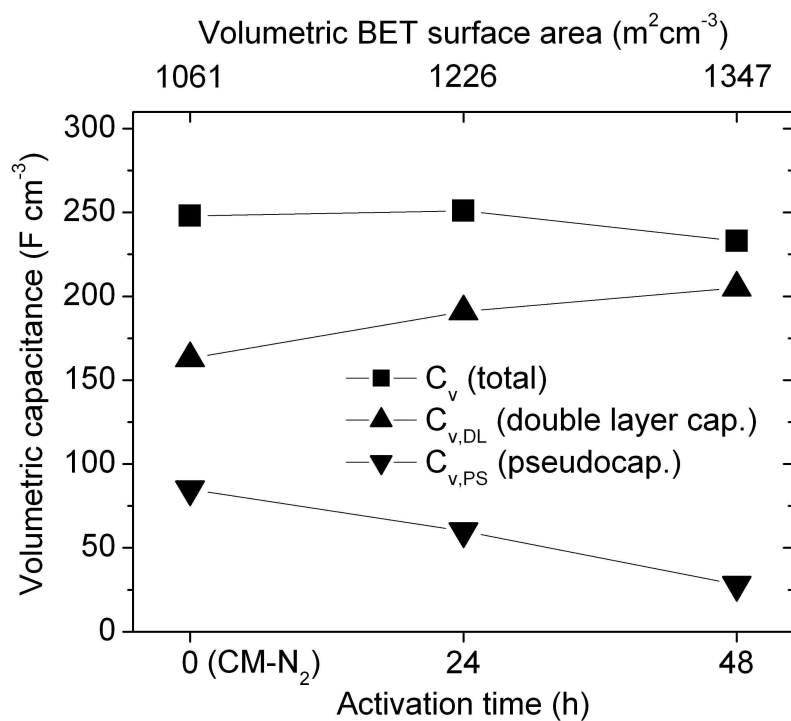
30 The effect that the activation time of the heat-treated monoliths has on their  $C_{1v}$  values  
31 (CM-N<sub>2</sub>, CM-24, and CM-48) can be observed in Figure 4b. Unlike the  $C_{1s}$  variation in  
32 Figure 3b,  $C_{1v}$  remains constant from 0 h to 24 h, around  $250 \text{ F cm}^{-3}$  and drops to  $232 \text{ F}$   
33  $\text{cm}^{-3}$  for an activation time of 48 h. Such variation with the time of activation cannot be  
34 explained by the decrease of the density (from  $1.03 \text{ g cm}^{-3}$  for CM-N<sub>2</sub> to  $0.80 \text{ g cm}^{-3}$  for



1



(a)



(b)

**Fig. 4** - (a) Volumetric capacitance vs. current density for the five monoliths and (b) volumetric capacitances (total, pseudocapacitance, and double layer capacitances) vs. activation time for CM-N<sub>2</sub>, CM-24, and CM-48.

9

10

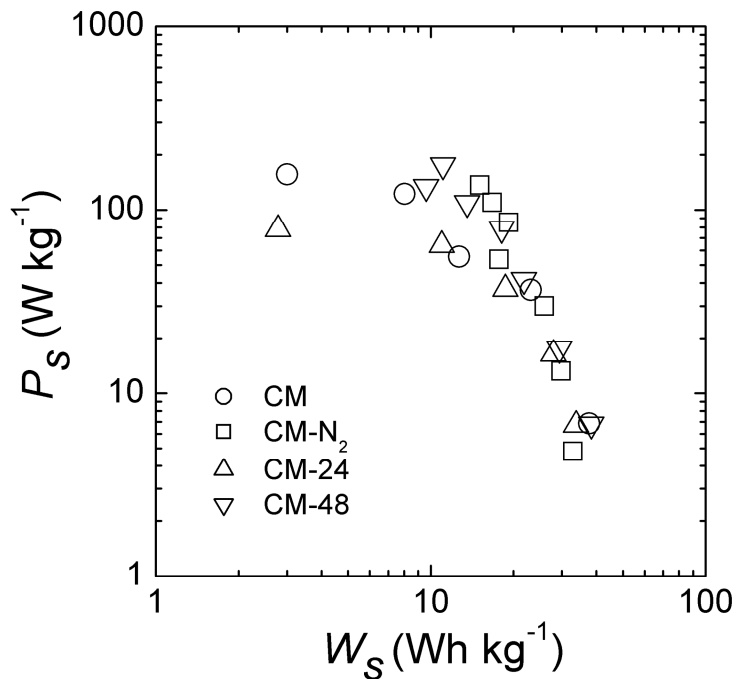
1 CM-48; *i.e.*, the decrease being of 22 %) because there is also a subsequent increase of  
 2 the apparent  $S_{\text{BET}}$  surface area (from  $1030 \text{ m}^2 \text{ g}^{-1}$  of CM- $\text{N}_2$  to  $1684 \text{ m}^2 \text{ g}^{-1}$  of CM-48;  
 3 *i.e.*, the increase being of 63%). In fact, the surface area of the monoliths expressed per  
 4 unit of volume ( $S_{\text{BET v}}=S_{\text{BET}}\cdot d$ ) increases with the time of activation from  $1061 \text{ m}^2 \text{ cm}^{-3}$   
 5 for CM- $\text{N}_2$  to  $1347 \text{ m}^2 \text{ cm}^{-3}$  for CM-48 (see Table 2 and Figure 4b). Therefore, the trend  
 6 found for  $C_{1v}$  in Figure 4b suggests, as it will be discussed in Section 3.4, that another  
 7 variable (*i.e.*, the pseudocapacitance) affects the  $C_{1v}$  values.

8 Energy densities, referred to the monolith weight ( $W_s$ ) and monolith volume ( $W_v$ ),  
 9 were calculated according to  $W_s=(1/2)\cdot C_s\cdot E_2^2$  and  $W_v=(1/2)\cdot C_v\cdot E_2^2$ , respectively, where  
 10  $C_s$ ,  $C_v$  and  $E_2$  were measured at each current density.  $E_2$  is the voltage decrease during  
 11 the discharge as shown in inset of Figure 4a. Power densities referred to the monolith  
 12 weight ( $P_s$ ) and monolith volume ( $P_v$ ) were calculated according to  $P_s=W_s/t_d$  and  
 13  $P_v=W_v/t_d$ , respectively, where  $t_d$  is the discharge time measured at each current density.  
 14 The Ragone plots of  $P_s$  vs.  $W_s$  and  $P_v$  vs.  $W_v$  are shown in Figures 5a and 5b,  
 15 respectively. It can be seen that CM, CM- $\text{N}_2$ , CM-24, and CM-48 reach energy densities  
 16 as high as  $38 \text{ Wh kg}^{-1}$  and  $44 \text{ Wh L}^{-1}$ , and power densities as high as  $176 \text{ W kg}^{-1}$  and  
 17  $183 \text{ W L}^{-1}$ . The power and energy density values for the starting monolith CM reach the  
 18 highest edge values. However, the heat-treated monolith performs better in the  
 19 intermediate range, with better ratio between power and energy density. In comparison  
 20 with results reported for other carbon monoliths in acidic electrolyte [8,11,56], our  
 21 monoliths show higher gravimetric and volumetric energy densities, due to their higher  
 22 gravimetric  $C_s$  and  $C_v$  values. However, our gravimetric power densities are lower  
 23 probably associated with higher ESR of the cell, the latter being affected not only by the  
 24 monolith thickness but also by the monolith/collector resistance. The gravimetric power  
 25 density of our monoliths could be increased if the monolith thickness would be  
 26 decreased to 100-150  $\mu\text{m}$  and the monolith/collector resistance would be lower [40]. If  
 27 the gravimetric power density is calculated according to  $P=V^2/4\cdot\text{ESR}\cdot m$ , where  $V=1 \text{ V}$   
 28 and  $m$  is the weight of one monolith, the values obtained are 146, 393, 148 and  $359 \text{ W}$   
 29  $\text{kg}^{-1}$  for the monoliths CM, CM- $\text{N}_2$ , CM-24, and CM-48, respectively.

30 Cycle life was studied at  $31 \text{ mA cm}^{-2}$  on the starting monolith CM. This monolith was  
 31 chosen because it shows the highest content in surface oxygen groups, as deduced from  
 32 TPD, hence, it is the most sensible on cycling. Interestingly, after 10,000  
 33 charge/discharge cycles the capacitance retention was 97%.

34

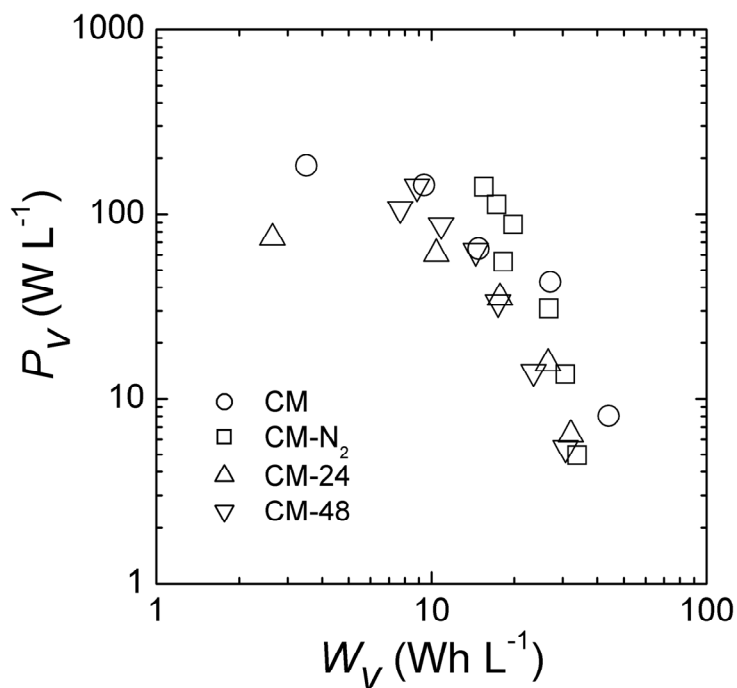
1



2

3

(a)



4

5

(b)

6

**Fig. 5** - Ragone plots with power density vs. energy density, referred to the mass (a),  
and the volume (b) of the monoliths.

7

8

1 3.4. Further look to the capacitance results: pseudocapacitance contribution

2 The two apparently conflicting results that have been noted previously are discussed  
 3 next. These are: i) The  $C_{1s}$  values of monoliths CM (292 F g<sup>-1</sup>) and CM-48 (291 F g<sup>-1</sup>)  
 4 are the same, whereas their  $S_{BET}$  surface areas are quite different (957 m<sup>2</sup>g<sup>-1</sup> and 1684  
 5 m<sup>2</sup>g<sup>-1</sup>, respectively), and ii) the different trends found for  $C_{1s}$  and  $C_{1v}$  versus activation  
 6 time for samples CM-N<sub>2</sub>, CM-24, and CM-48:  $C_{1s}$  increasing with the activation time  
 7 (Figure 3b), whereas  $C_{1v}$  slightly decreasing (Figure 4b).

8 Carbon materials can have various types of functional groups on their surface (*e.g.*, –  
 9 COOH, –CO, and others). Some of them are basic and can undergo the well-known  
 10 mechanism for the quinone/hydroquinone redox pair. Hence, they are electrochemically  
 11 active, increasing the total capacitance by the contribution of a pseudocapacitance  
 12 through faradic reactions of these groups with the electrolyte ions (*e.g.*, CO-type surface  
 13 complexes) [57,58]. The contribution of these CO-generating oxygen groups to the  
 14 capacitance has been suggested in early publications [59-61] and has been well  
 15 established in further works [62,63]. The results found in the latter works, using a large  
 16 series of KOH-activated carbons, show that the CO-type oxygen groups have a positive  
 17 contribution to the capacitance [62,63]. A very good correlation between the specific  
 18 capacitance and this type of oxygen groups has been found [62,63]. Later on, and based  
 19 on these results, attempts to analyze the pseudocapacitance contribution have been  
 20 reported [64].

21 In relation to the former point i), the unique difference between CM and CM-48 is  
 22 their different CO and CO<sub>2</sub> contents and their different oxygen contents (Table 1),  
 23 which are much higher for CM than for CM-48. Such higher content in oxygen  
 24 functionalities can explain the unexpected higher  $C_{1s}$  value of CM, in relation to CM-  
 25 48. The presence of those oxygen groups can induce reversible redox reactions with  
 26 protons of the electrolyte, and, consequently, they can add pseudocapacitance  
 27 contributions to the double layer capacitance of both  $C_{1s}$  and to  $C_{1v}$ .

28 We can expect that:

$$29 \quad C_{1s} = C_{sDL} + C_{sPS}$$

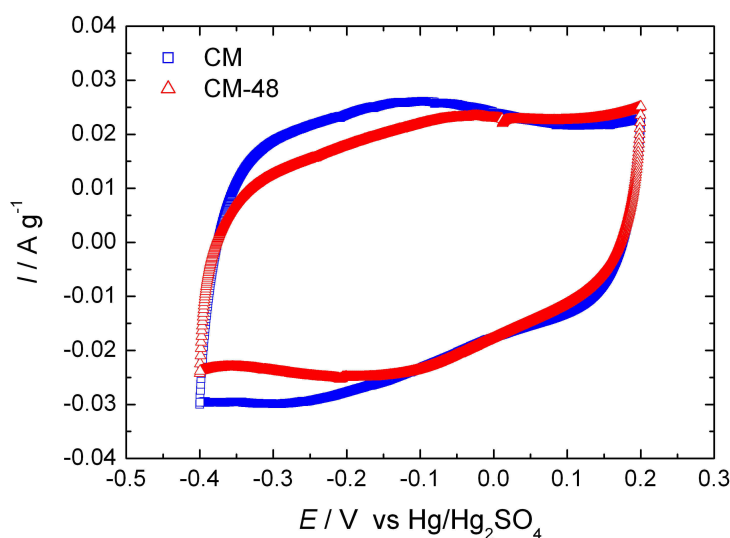
30 where  $C_{1s}$  is the gravimetric capacitance (measured at 1 mA cm<sup>-2</sup>),  $C_{sDL}$  is the double  
 31 layer capacitance due to the formation of the double layer between the electrolyte ions  
 32 and the carbon surface, and  $C_{sPS}$  is the pseudocapacitance due to the reversible redox  
 33 reactions that occur between the electrolyte ions and oxygen groups at the surface of the

1 carbon particles. Because  $C_{sDL}$  and  $C_{sPS}$  come from two different phenomena they  
2 appear as parallel processes, and, hence, the total capacitance is the summation of the  
3 two capacitances,  $C_{sDL}$  and  $C_{sPS}$  [64-68].

4 To separate the contribution of the pseudocapacitance from that of the double-layer is  
5 not a simple task, because, among other, the different oxygen groups (ketone,  
6 carboxylic acid, anhydrides, etc.) can contribute to the pseudocapacitance and their  
7 contribution could be different. In fact, papers dealing with such separation are very  
8 scarce [69] and only recently a suitable attempt has been proposed, based on the linear  
9 relationship existing between pseudocapacitance and content of CO-generating oxygen  
10 groups [64,67].

11 The presence of pseudocapacitance in the CM monolith is confirmed from the cyclic  
12 voltammetry obtained in the three-electrode cell (Figure 6). Broad peaks at ca. -0.15 V  
13 in charge and ca. -0.25 V in discharge evidence a pseudocapacitive contribution in  
14 addition to the double layer capacitance. The broad peaks are also observed for the  
15 monolith CM-48, but they are less intense. This is in agreement with the lower content  
16 of oxygenated groups in this monolith (Table 1).

17 Taking into account that the monoliths studied in the present paper are mainly  
18 microporous (with negligible amounts of larger pores), the pseudocapacitance  
19 contribution and, hence, the double layer capacitance contribution, have been assessed  
20



21

22 **Fig. 6** - Cyclic voltammeteries obtained with a three-electrode cell for the monoliths CM  
23 and CM-48. The voltage scan rate was 0.1 mV s<sup>-1</sup> in the two cases.

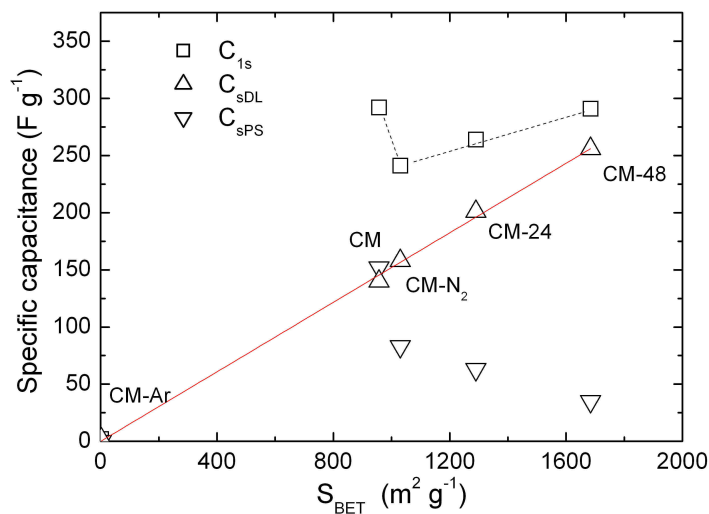
1 following the methodology described for microporous carbons elsewhere [64,67]. In  
 2 these works, the pseudocapacitance was found to depend linearly on the content of CO-  
 3 evolving groups according to the rate  $0.063 \pm 0.005 \text{ F } \mu\text{mol}^{-1}$  of CO for microbead  
 4 activated carbons [64] and according to  $0.042 \pm 0.008 \text{ F } \mu\text{mol}^{-1}$  of CO for activated  
 5 carbon nanofibers [67]. These values are close within experimental error. Because the  
 6 carbon monoliths investigated in this work are made from connected bead particles of  
 7 carbon, the value of  $0.063 \pm 0.005 \text{ F } \mu\text{mol}^{-1}$  of CO was chosen to estimate the  
 8 pseudocapacitance. Thus, the  $C_{\text{sPS}}$  of each monolith was estimated by multiplying  $0.063$   
 9  $\text{F} \cdot \mu\text{mol}^{-1}$  of CO into the CO content (Table 1). Then, subtracting  $C_{\text{sPS}}$  from  $C_{1\text{s}}$  gave  
 10  $C_{\text{sDL}}$  for each monolith (Table 2). It is worth to note that the  $C_{1\text{s}}$  value of CM and CM-  
 11 48 are the same, because their different contributions of  $C_{\text{sDL}}$  and  $C_{\text{sPS}}$  are compensated.  
 12 CM shows a significantly higher  $C_{\text{sPS}}$  value, due to its higher oxygen content. However,  
 13 CM-48 reveals a dominant  $C_{\text{sDL}}$  value, due to its large apparent surface area (Table 2).

14 In relation to point ii), Figure 3b compares the values of gravimetric  $C_{\text{sDL}}$  and  $C_{\text{sPS}}$   
 15 with those of total  $C_{1\text{s}}$ . In a parallel way, Figure 4b compares the values of volumetric  
 16  $C_{\text{vDL}}$  and  $C_{\text{vPS}}$  with those of total  $C_{1\text{v}}$ . In the two figures,  $C_{\text{sDL}}$  and  $C_{\text{vDL}}$  increase as the  
 17 activation time becomes longer, being in agreement with the increase of the BET  
 18 surface areas. In the two figures,  $C_{\text{sPS}}$  and  $C_{\text{vPS}}$  decrease as the activation time becomes  
 19 longer. These trends are consistent with the progressive decrease of the content of  
 20 surface oxygen groups (see Table 1). For the gravimetric capacitances, the increase of  
 21  $C_{\text{sDL}}$  dominates the decrease of  $C_{\text{sPS}}$  and, hence, the total  $C_{1\text{s}}$  increases with activation  
 22 time. For the volumetric capacitances, the decrease of  $C_{\text{vPS}}$  dominates the increase of  
 23  $C_{\text{vDL}}$ , hence, the total  $C_{1\text{v}}$  decreases on activation time. The different trends found for  
 24 the total  $C_{1\text{s}}$  and  $C_{1\text{v}}$  values in Figures 3b and 5b can be explained by the different  
 25 contributions of their double layer capacitance and pseudocapacitance, solving the  
 26 above noted discrepancies concerning the different trends of  $C_{1\text{s}}$  and  $C_{1\text{v}}$  *versus*  
 27 activation time.

28 The dependence of the gravimetric and volumetric capacitances as a function of the  
 29 apparent BET surface area is shown in Figure 7 for the five monoliths studied. The  
 30 gravimetric  $C_{\text{sDL}}$  follows a good linear correlation with  $S_{\text{BET}}$ , having a correlation factor  
 31 of 0.99993 (Figure 7a). Similar linear dependences are also obtained if other apparent  
 32 specific surface areas are taken, *e.g.*,  $S_{\text{DR}}$ ,  $S_{\text{DFT}}$ ,  $S_{\text{t-plot}}$ , etc. (see Table 3). Contrarily, in  
 33 Figure 7a the gravimetric  $C_{\text{sPS}}$  shows no correlation with  $S_{\text{BET}}$  (neither with the other  
 34 surface areas), because that magnitude only depends on the content of surface oxygen



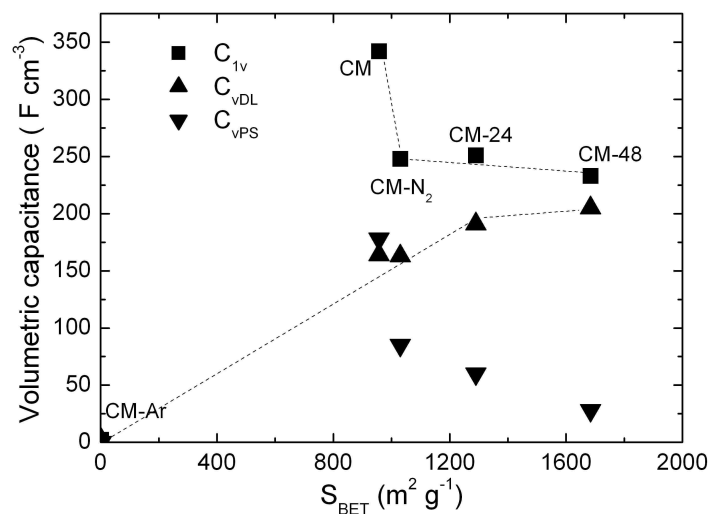
1



2

3

(a)



4

5

(b)

6 **Fig. 7** - Gravimetric capacitance (a) and volumetric capacitance (b) vs. apparent BET  
7 surface area.

8

9 groups, as already discussed. As a result the total gravimetric capacitance ( $C_{1s} = C_{sDL} +$   
10  $C_{sPS}$ ) shows no linear correlation with  $S_{\text{BET}}$  (neither with other surface areas).

11 Regarding the volumetric capacitances, the correlation of  $C_{1v}$ ,  $C_{vDL}$  and  $C_{vPS}$  with  
12  $S_{\text{BET}}$  is shown in Figure 7b.  $C_{vDL}$  shows a linear dependence with a lower correlation  
13 factor (0.98) for the monoliths CM-Ar, CM, CM-N<sub>2</sub> and CM-24. However, CM-48

1

2 **Table 3** - Apparent surface areas from the N<sub>2</sub> and CO<sub>2</sub> adsorption isotherms for all the  
3 monoliths: CM, CM-N<sub>2</sub>, CM-24 and CM-48.

Surface area (m <sup>2</sup> g <sup>-1</sup> )	CM	CM-N <sub>2</sub>	CM-24	CM-48
N <sub>2</sub> -S <sub>BET</sub>	957	1030	1290	1684
N <sub>2</sub> -S <sub>DR</sub>	1075	1166	1454	1896
N <sub>2</sub> -S <sub>α-plot</sub> *	899	914	1053	1116
N <sub>2</sub> -S <sub>t-plot</sub>	832	839	1151	1452
N <sub>2</sub> -S <sub>DFT &lt; 2nm</sub>	966	1067	1262	1625
CO <sub>2</sub> -S <sub>DR</sub>	991	989	1072	1088
CO <sub>2</sub> -S <sub>DFT &lt; 2nm</sub>	912	910	1025	1114

4 \* Using as reference the CM sample treated up to 2273 K in Ar (CM-Ar)

5

6 departs from such linear dependence. The fact that C<sub>vDL</sub> is affected by both, S<sub>BET</sub> and  
7 the monolith density, explains this observation. When the variation of the monolith  
8 density is important, the correlation of C<sub>vDL</sub> varies in line with the available volumetric  
9 surface area (S<sub>BET</sub>, m<sup>2</sup>cm<sup>-3</sup>; Table 2), not with the specific S<sub>BET</sub>. Interestingly, because  
10 C<sub>vPS</sub> depends mainly on the content of surface oxygen groups it does not depend on  
11 S<sub>BET</sub>, although obviously it affects C<sub>1v</sub>, which also shows no correlation with S<sub>BET</sub>.

12

#### 13 4. Conclusions

14 The monoliths studied in this work show a network of connected carbon particles and  
15 voids. The closely compacted structure accounts for the high density and the high  
16 electrical conductivity of the monoliths. The content of surface oxygen functionalities is  
17 higher for the starting monolith than for the monolith heat-treated in N<sub>2</sub>, and further  
18 decreases upon CO<sub>2</sub> activation as the activation time becomes longer.

19 The singular characteristics of these monoliths make them suitable electrodes for  
20 supercapacitors. Their performance in sulfuric acid medium shows high specific  
21 capacitances (as high as 292 F g<sup>-1</sup>), which can be obtained either from a significant  
22 contribution of pseudocapacitance in the starting monolith, or from a dominant  
23 contribution of the double layer capacitance upon CO<sub>2</sub> activation. Exceptionally high  
24 volumetric capacitances (as high as 342 F cm<sup>-3</sup>) are reached due to the high specific

1 capacitance and the high density of the monoliths. Furthermore, high gravimetric energy  
2 and power densities ( $38 \text{ Wh kg}^{-1}$  and  $176 \text{ W kg}^{-1}$ , respectively), and high volumetric  
3 energy and power densities ( $44 \text{ Wh L}^{-1}$  and  $183 \text{ W L}^{-1}$ , respectively) are obtained. The  
4 exceptionally good performances of the monoliths (on both, gravimetric and volumetric  
5 basis) can be related to i) their very dense structures, showing a good connectivity of the  
6 carbon particles and a high electrical conductivity, and ii) suitable porosities and  
7 surface oxygen contents which optimize the interaction between the carbon surface and  
8 the electrolyte ions.

## 10 Acknowledgements

11 The authors would like to thank A.B. García-Suarez (from INCAR, Oviedo, Spain) for  
12 performing the heat-treatment in Ar. Financial support from projects MAT2011-25198,  
13 MP1004 and PROMETEO/2009/047 is gratefully acknowledged. V.B. thanks MINECO  
14 for R&C contract.

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