A young adult kidney patient involvement group has provided valuable insights into how the research design should be conducted

Involvement of young people in a qualitative study that seeks to explore experiences of renal replacement therapy choice selection

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INTRODUCTION

- Patient and Public Involvement (PPI) promotes research questions that reflect the priorities and concerns of the relevant population.

- PPI in research can develop outcomes that are important to patients (INVOLVE, 2012; Hickey et al., 2018).

METHODS

- Involvement group meeting was set-up with 3 young adults in receipt of a kidney transplant.

- Brainstorming with researcher of potential current needs of young adults and possible research ideas.

- Research method and recruitment of participants was discussed.

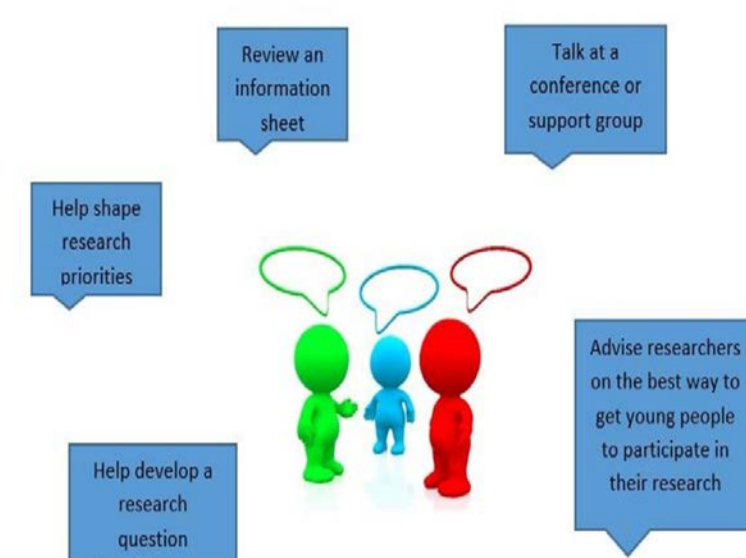- Follow-up discussions continued via email.

RESULTS

The involvement group highlighted the *emotional and psychological difficulties* experienced by young adults during treatment decision-making.

The involvement group subsequently

- firmed the research question and study objectives

- reviewed participant information sheet and consent form

- developed a poster advert and video to aid recruitment.

DISCUSSION

Research conducted will have address the question of what matters to young people with kidney disease who are making a dialysis or transplant decision.

Courtesy of PPI children's liver disease foundation

Recruitment Advert

Young Adult kidney Involvement Group and recruitment video

Carl
Vimeo.com/321959132

References
1. Hickey, G., Brearley, S., Coldham, T., Denegri, S., Green, G., Staniszewska, S et al.(2018). *Guidance on co-producing a research project.* Southampton: INVOLVE.
2. INVOLVE. (2012). *Briefing notes for researchers: involving the public in NHS, public health and social care research*. Eastleigh: INVOLVE.

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