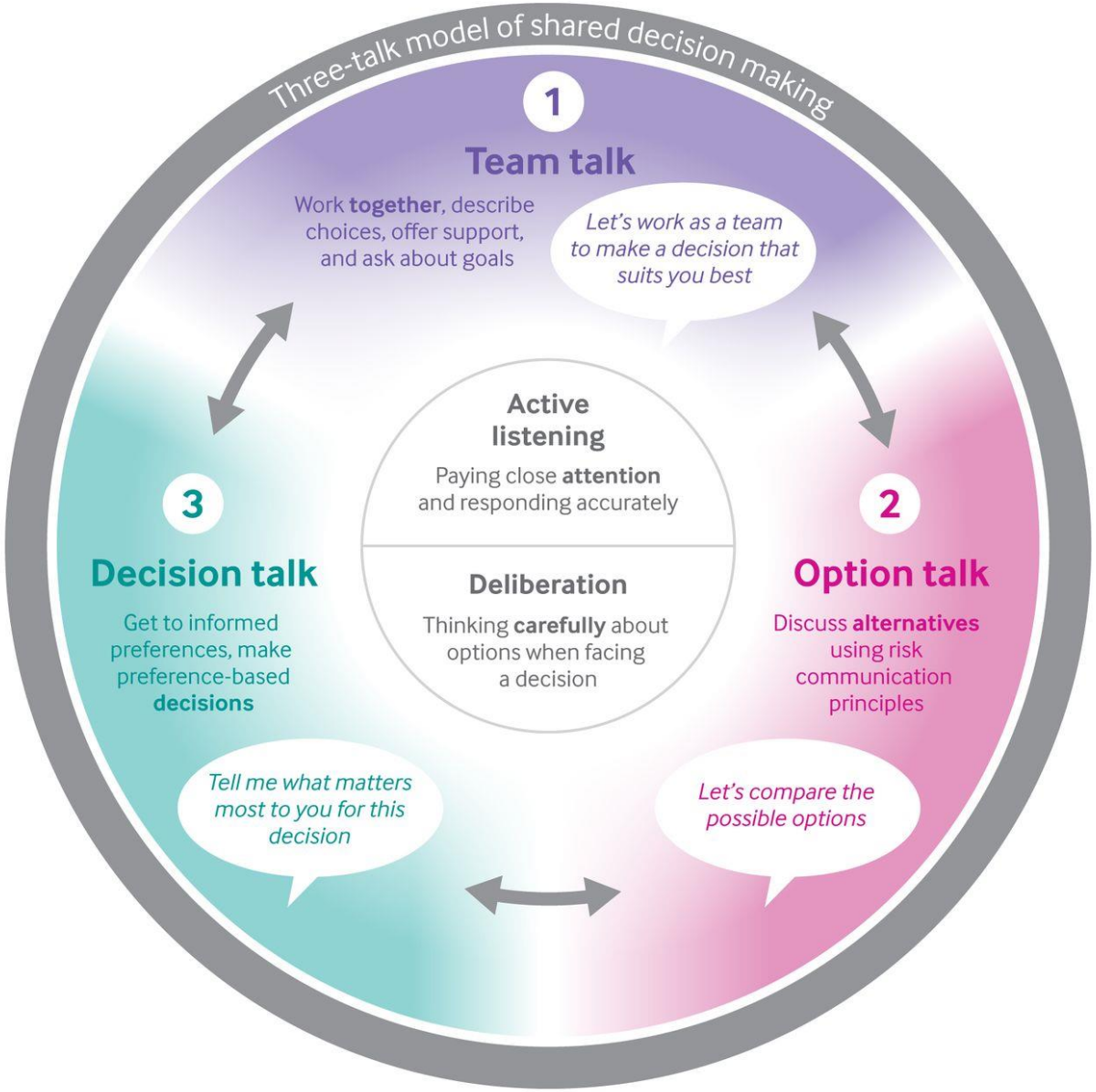Young adults' experiences of dialysis or kidney transplant choice selection