### Pharmaceuticals and Personal Care Products in the Environment and at Home

Proper Medicine Disposal

### Common PPCPs

- Caffeine
- Ibuprofen
- Antibacterial soap
- Estrogens







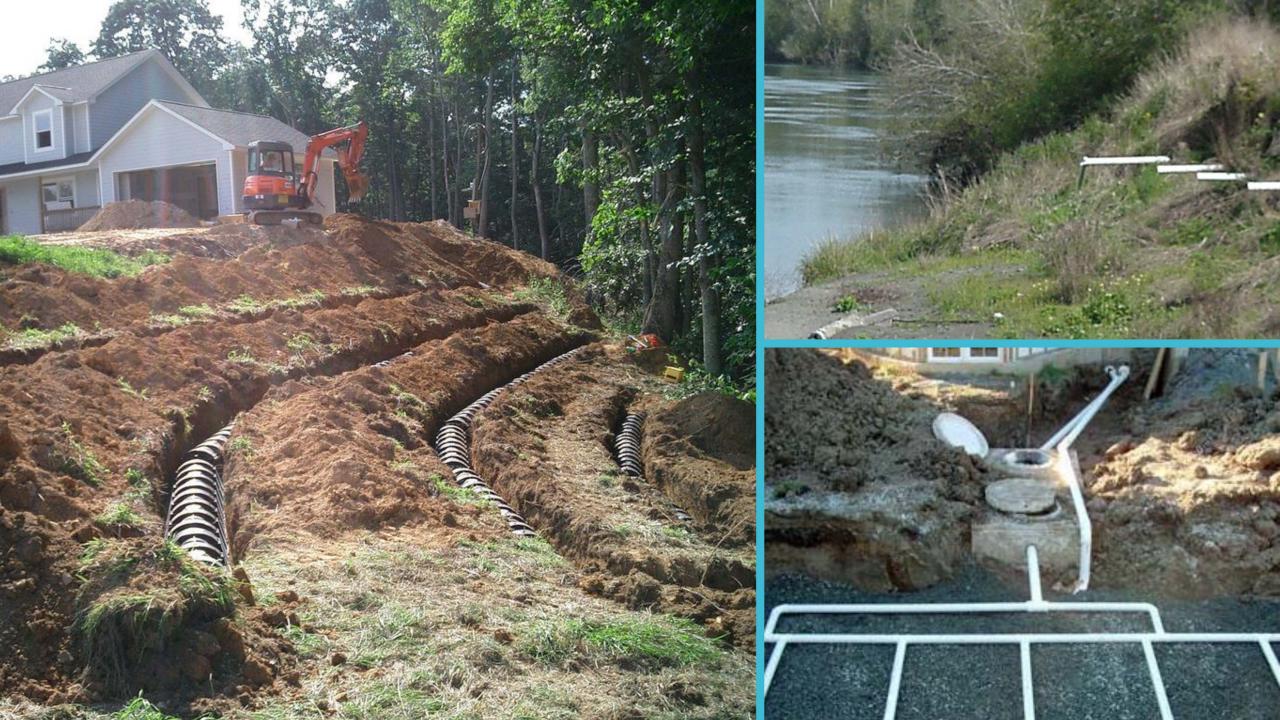


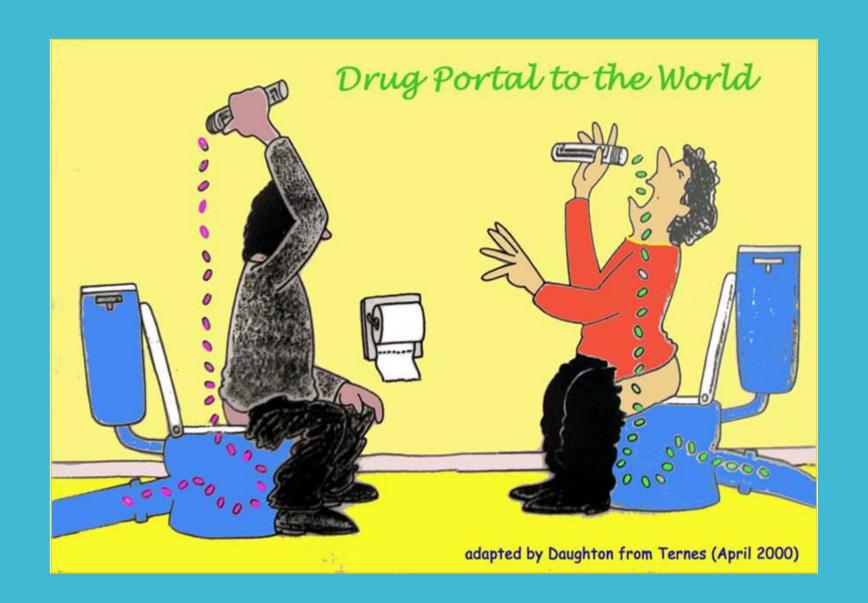


- Environmental effects of PPCPs
- Negative consequences of improper disposal of pharmaceuticals
- Steps to share with patients and clients to ensure proper disposal of unwanted medicines









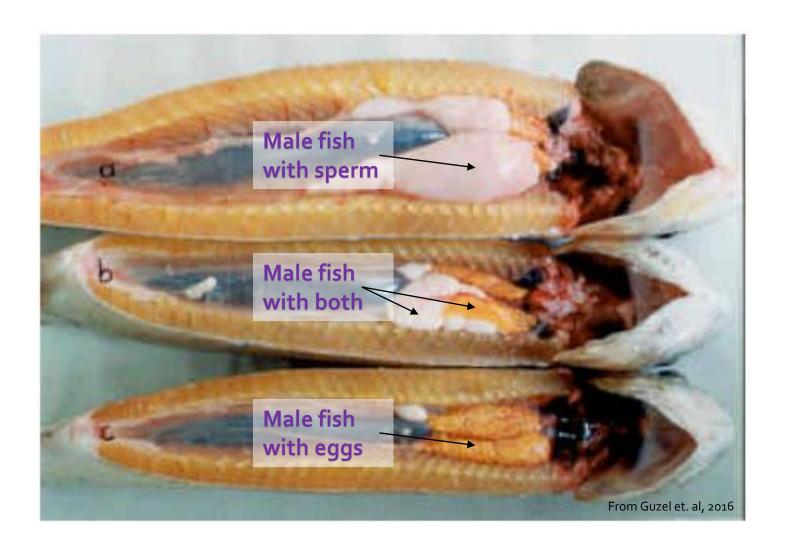


Bacteria -

Growing medium containing antibiotics

### Feminization of male fish:

Male fish exposed to estrogen compounds developed eggs in gonads















60,000 young children are treated in emergency rooms every year due to accidental medicine poisoning

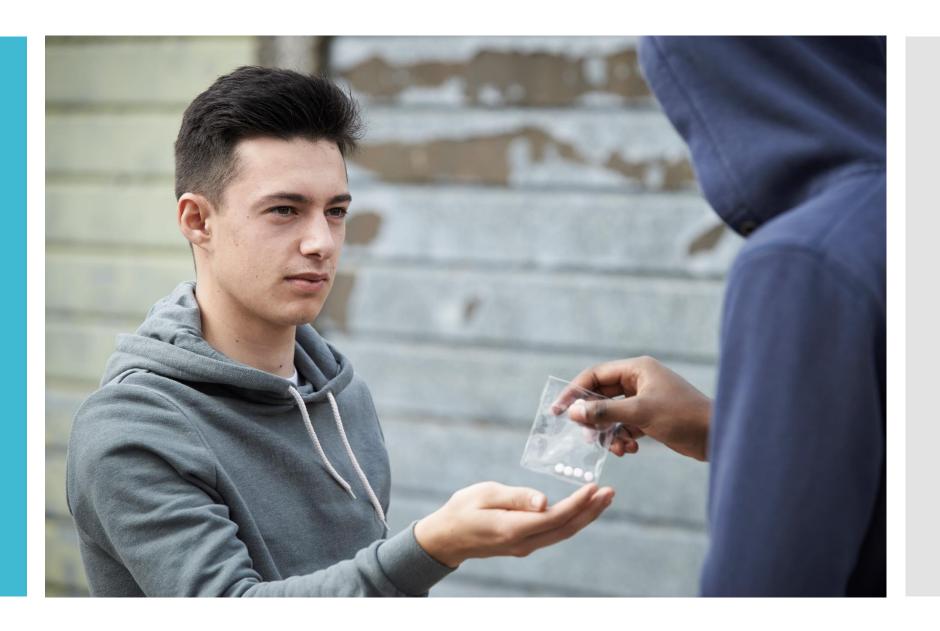


Accidental ingestion of human prescription and over-thecounter medications is the most common cause of pet poisoning





Prescription drug abuse on the rise among teens





76% of adults over age 60 use two or more prescription drugs per month





What is an unwanted medicine and why would people have them?

# What is a medicine take-back program?

## How do I dispose of unwanted medicines?

#### **ITEMS ACCEPTED**

- Prescription medications (including controlled)
- All over-the-counter medications
- Pet medications
- Vitamins & Supplements
- Medicated ointments, lotions, creams, and oils
- Liquid medication in leakproof containers

#### **ITEMS NOT ACCEPTED**

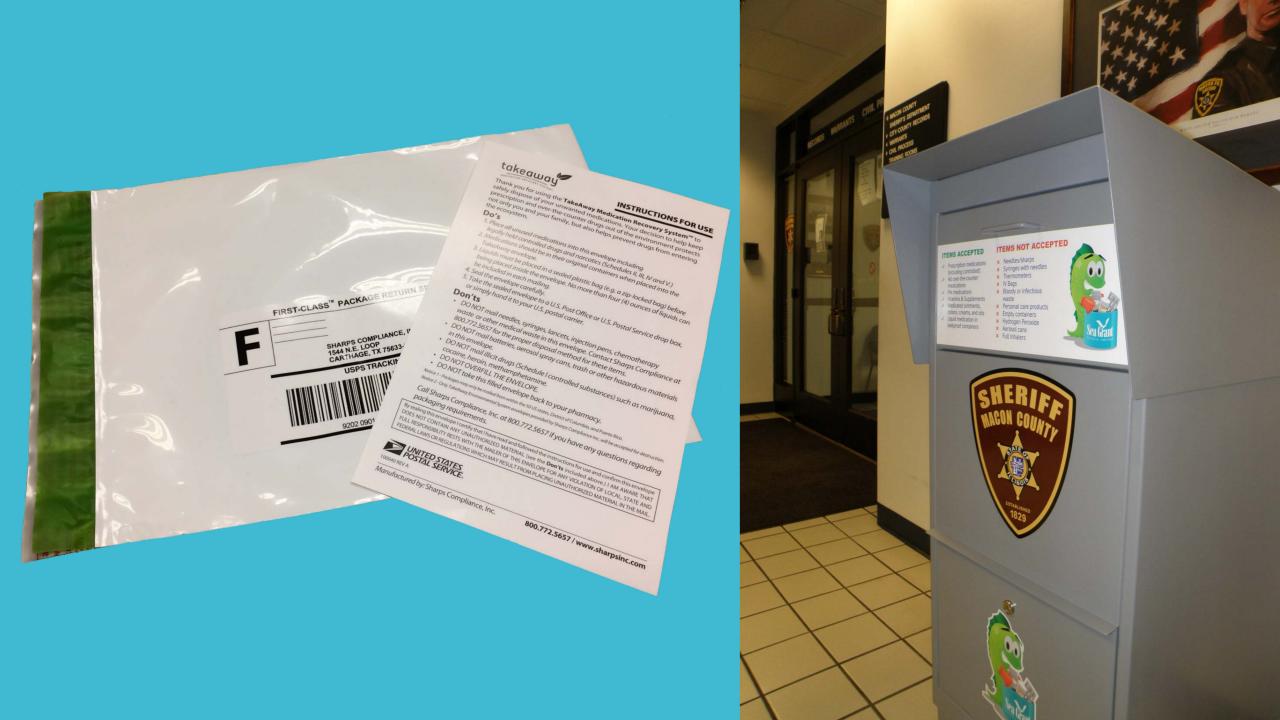
- Needles/sharps
- × Syringes with needles
- × Thermometers
- × IV Bags
- Bloody or infectious waste
- × Personal care products
- Empty containers
- × Hydrogen Peroxide
- × Aerosol cans
- × Full Inhalers



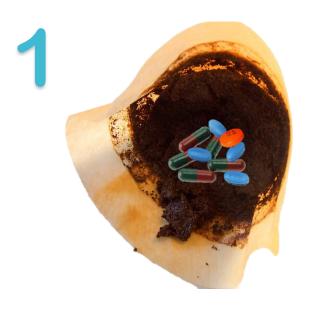
# Why can't I take medicines back to where I got them?

What happens to medicines after they have been dropped off at a take-back box or one day collection event?

# Why can't I donate my medications?



### Safe Home Disposal Steps



2



3



4



# What can healthcare professionals do?

Talk to patients and colleagues



### Talk about it at health fairs

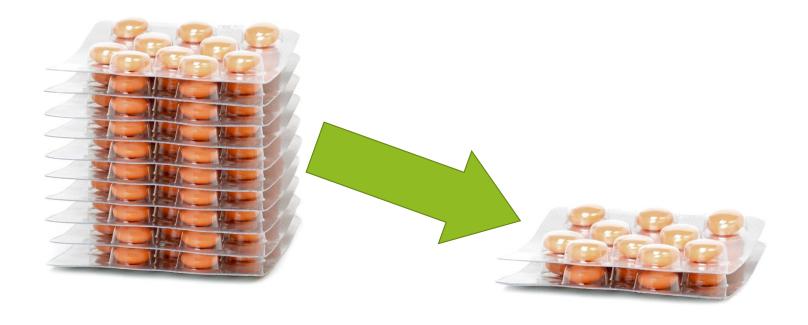


### Provide information

Start a takeback program



Reduce trial quantity as appropriate



#### More Info

- Research: istc.Illinois.edu/research/ppcps/
- Safe Disposal Programs: unwantedmeds.org

#### **Special Thanks**







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